



NAVY AND MARINE CORPS PUBLIC HEALTH CENTER

PREVENTION AND PROTECTION START HERE

June 2019



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DRSi Newsletter: The Reporter

The Reporter is a monthly newsletter for military treatment facility (MTF) and shipboard public health staff, including users of the Disease Reporting System internet (DRSi). Each issue highlights monthly trainings, department updates, guidance and news to ensure timely recognition and control of infectious diseases. [Click here to learn more >>](#)

NMCPHC Update – Spring 2019 Newsletter

This edition of the NMCPHC newsletter addresses a variety of public health topics and programs. Included articles:

- NMCPHC Industrial Hygiene Conducts Health Hazard Assessment on Innovative Weaponry
- STEM Volunteers Step Out Into the Community
- Facilitating Collaboration and Networking Across DoD Public Health
- ... and more public health news! [Click here to learn more >>](#)

Health Promotion and Wellness Men's Health Toolbox

Some health concerns affect men differently than women. When men are aware of gender-specific health concerns important to them, they can take better care of themselves. Male Sailors, Marines and DoD civilians should take charge of their health and adopt healthy living habits that include eating healthy, being active, maintaining a healthy weight, managing stress, staying injury free, practicing safe sex, drinking in moderation and being tobacco free. [Click here to learn more >>](#)

Quick Hit – Go to Bed, Doctor's Orders

You go to the gym to get stronger physically, visit health care providers and eat a balanced diet to strengthen your body against injuries and illnesses, and spend time relaxing with friends to improve your mental health. However, we often forget the most important thing – getting enough sleep. [Click here to learn more >>](#)



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Hospital Ship to Depart Norfolk for Medical Mission

The U.S. Navy hospital ship USNS Comfort (T-AH 20) deploys from Naval Station Norfolk on Friday, June 14 at 8 a.m. [Click here to read more >>](#)

Navy and Marine Corps Public Health Center Announces Release of Navy Surgeon General Blue H Award Winners

The Navy and Marine Corps Public Health Center (NMCPHC) announced June 6, that 472 Navy and Marine Corps organizations received the 2018 Blue H – Navy Surgeon General’s Health Promotion and Wellness Award – the most ever. [Click here to read more >>](#)

Naval Medical Center Camp Lejeune Partners with Lenior Community College for National Stop the Bleed Day

More than 2,800 people in Onslow County have been certified on how to control bleeding during an emergency thanks in part to Naval Medical Center Camp Lejeune (NMCCL) staff and Corpsmen teaching Stop the Bleed classes at various events. [Click here to read more >>](#)

Hospital Honored for Hepatitis B Vaccine Birth Dose Rate

Naval Hospital Jacksonville has been recognized by the Immunization Action Coalition for achieving one of the highest reported rates in Florida for its work to protect newborns from hepatitis B virus infection. [Click here to read more >>](#)

Stress Relief a Touch Screen Away

Stress can come from many sources for deployed service members – intense focus on the mission, exhaustion caused by continuous exertion and too little sleep, physical pain, depressions or relationship issues. Any or all stressors can impact a service member’s mental health. What if every time the anxiety level began to rise, there were handy tools within reach? Those tools exist in the form of apps for smartphones and tablets. [Click here to read more >>](#)



NMCPHC Upcoming Education & Training

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DOEHRS-IH Training

DOEHRS-IH is a web-based application that is used to collect industrial hygiene (IH) survey information. This course is designed to teach military and civilian IH personnel, who will be actively entering data into the DOEHRS-IH application, to maneuver and organize data within their IH Program Office. [Click here to learn more >>](#)

July 15 – 19, 2019

Naval Hospital Camp Pendleton, San Diego Calif.

July 29 – August 2, 2019

Naval Dental Clinic Norfolk, Va.

August 5 – 9, 2019

NH Bremerton Health and Education Center, Wash.

Environmental Health Module DOEHRS-IH Training

DOEHRS-IH provides information needed by Occupational and Environmental Health (OEH) staff and command surgeons for reporting options to commanders regarding the reduction of health threats. [Click here to learn more >>](#)

PMA BUMED Drinking Water Course

August 19 – 23

Naval Hospital Yokosuka, Japan

DOEHRS-EH & EH Professional Development Course

August 12 – 16, 2019

Naval Hospital Yokosuka, Japan

September 16 – 19, 2019

Naval Medical Center Portsmouth, Portsmouth, Va.



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Health Promotion and Wellness Trainings

Navy and Marine Corps Public Health Center (NMCPHC) Health Promotion and Wellness (HPW) education and training programs equip leaders, health promoters, health educators, technicians, and clinicians with the skills, knowledge, tools, and materials to deliver best-practice public health programs and interventions. [Click here to learn more >>](#)

Health Promotion Advanced Training

August 20, 2019

NEPMU-2, Norfolk, Va.

Tobacco Cessation Facilitator Training

August 21, 2019

NEPMU-2, Norfolk, Va.

November 5, 2019

Norfolk Branch Health Clinic, Norfolk, Va.

ShipShape Program Facilitator Training

August 22, 2019

NEPMU-2, Norfolk, Va.

Programs and Policy Support Training

The PPS Department is part of a Tri-service group that hosts monthly training sessions for MTF and shipboard public health staff, including users of the Disease Reporting System internet (DRSi). Contact the DRSi helpdesk at usn.hampton-roads.navmcpubhlthcenpors.list.nmcpnc-ndrs@mail.mil or 757-953-0954 to add your name to our email list to be informed about upcoming trainings. [Click here to learn more >>](#)

July 30, 2019: Streptococcus

Webinar

August 27, 2019: Risk Communication

Webinar

September 24, 2019: DoD Influenza Surveillance

Webinar

October 29, 2019: Installation Drinking Water

Webinar



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Spirometry Training Course

The occupational and environmental medicine (OEM) department of NMCPHC sponsors a spirometry training course that has been approved by the National Institute for Occupational Safety and Health (NIOSH). The NMCPHC-sponsored spirometry training course is tailored to meet the occupational health needs of the Department of the Navy (DON) to include providing the course to commands inside the U.S. as well as abroad. [Click here to learn more >>](#)

June 25 (Refresher Course), 26 – 28, 2019 (Basic Course)

San Diego, Calif.

August 20 – 22 (Basic Course), 23, 2019 (Refresher Course)

Norfolk, Va.

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NMCPHC Field Activity Education & Training

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Navy Entomology Center of Excellence (NECE)

NECE offers training to DoD pest management professionals to include pesticide applicator certification (approved by the U.S. Environmental Protection Agency to satisfy federal training and certification requirements for pesticide applicators); DoD pesticide applicator recertification; operational entomology training (preparing preventive medicine personnel to establish a public health pest management program); and shipboard pest management (NECE serves as the Navy program manager for shipboard pest control). [Click here to learn more >>](#)

NEPMU-2

The mission of the NEPMU-2 education and training department is to provide fleet and staff training, leadership and management to ensure that required professional certificates for occupational, environmental and preventive medicine professionals are met throughout the Navy and Marine Corps. [Click here to learn more >>](#)

NEPMU-5

The mission of NEPMU-5's education and training department is to provide external and internal education and training, ashore and afloat, while maintaining training logistical support for deploying FDPMU teams in support of operational commanders worldwide. Services offered include CANTRAC and specialized education & training in support of Navy military and civilian personnel assigned within this unit's area of responsibility (AOR), ashore and afloat. [Click here to learn more >>](#)

NEPMU-6

The education and training department of NEPMU-6 offers courses throughout the year including (but not limited to) food safety manager's course, laboratory identification of malaria training, DoD pesticide applicator certificate refresher course, shipboard pest management training and Navy ship sanitation certificate program. [Click here to learn more >>](#)

NEPMU-7

NEPMU-7 provides force health protection courses throughout the year including (but not limited to) operational entomology training, shipboard pest management and food safety manager's/supervisor's course. [Click here to learn more >>](#)