



June 12, 2019

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: <https://home.army.mil/ria/index.php/contact/public-affairs>

Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Employment Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child & Youth Services](#)
- [Army Community \(ACS\)](#)
- [MWR Outdoor Recreation](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Around the Q.C.](#)

Munitions Readiness: A Focus under Multi-Domain Operations

In support of Multi-Domain Operations, the U.S. Army Materiel Command has identified seven strategic focus areas that are vital to readiness. Joint Munitions Command is nested with AMC and has incorporated these strategic support efforts into its campaign plan. Joint Munition Command's strategic support mission focuses on munitions readiness, but also supports all seven focus areas, which include: supply availability and equipment readiness; industrial base readiness; installation readiness; strategic power projection; Soldier and family readiness; and logistics information readiness. Under the Multi-Domain Operations concept, Army Materiel Command has reorganized and reshaped to ensure readiness of the Strategic Support Area, where military might is generated, projected, and sustained during the fight. Joint Munitions Command and Army Materiel Command are preparing the joint force for large-scale combat across land, sea, air, space, and cyberspace as required. Joint Munitions Command's mission is to provide the Joint Force with ready, reliable, and lethal munitions at the speed of war, sustaining global readiness. Munitions readiness is why JMC



Upcoming Dates

June 8-16: Quad Cities Museum Week, throughout greater Quad Cities
June 12: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.
June 12: Arsenal-QC Connect, Lock & Dam Lounge, 3 p.m.
June 13: Active Duty Out Processing Levy Brief, Conf. Rm. 12, Bldg. 90, 9:30 a.m. – 12 p.m.
June 13: Retirement/Retreat Ceremony, Heritage Hall, Bldg. 60, 2 p.m.
June 13: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.
June 13: RIA Veterans Network, Lock & Dam Lounge, 5 p.m.
June 13: June Bunco, Lock & Dam Lounge, 6 p.m.
June 14: 244th Army Birthday
June 14: Flag Day
June 14-17: Illinois Free Fishing Weekend
June 14: Army Birthday Run, 8-10 a.m.
June 14: Blow It Up Or Burn It Up. That's Our Job, Heritage Hall, Bldg. 60, 10-11 a.m.
June 14: Army Birthday Ball, 6-10 p.m.
June 14: MVRBC Blood Drive, CRD Room, Bldg. 60, 10 a.m. - 1:30 p.m.
June 15: Flag Retirement Ceremony, Rock Island National Cemetery, 10 a.m.
June 16: Father's Day
June 17-21: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40 p.m.
June 17: Coffee Break, ACS, Bldg. 110, 9:30-10:30 a.m.

exists. (More: www.army.mil/article/222753)

D-Day Heroes Continue To Inspire Us

Watching the dignified, elderly man enter our First Army headquarters might not have appeared remarkable to an outsider. But we knew better. The man, Henry Langrehr, was among the first Americans on French soil as the invasion of Normandy began on June 6, 1944. First Army had been tasked with planning and commanding that entire D-Day mission, perhaps the most iconic, world-changing military feat in modern history. And the fact we are headquartered on Rock Island Arsenal, less than an hour from this amazing Iowa veteran, had given us the incredible opportunity to meet a hometown hero. As he looked over our collection of World War II artifacts and weaponry, Langrehr sighed. "I remember every bit of this," he said. I'm thankful he does. (More: https://qconline.com/opinion/columnists/d-day-heroes-continue-to-inspire-us/article_8aa8e3d6-5e5b-564b-932b-866eb7f5068f.html)



GIs Remember D-Day, 75 Years Later

As the sun rose on Utah Beach June 6, 1944, the explosions were deafening. "There was all kinds of fire coming down on us," said then-Cpl. Herman Zeitchik, who served with the 42nd Field Artillery Battalion, 4th Infantry Division. He was hunkered down in a landing craft with about 30 other Soldiers. When the ramp went down, the first few to step off ended up in deep water and their heavy rucksacks pulled them under. Some Soldiers drowned, Zeitchik said. He was about the 10th to step off the ramp and found himself in shoulder-deep water, struggling to get ashore and keep his carbine dry. His holstered .45-caliber pistol was underwater. "I dragged one GI ashore," Zeitchik said. The Soldier had stumbled on the uneven sand and gone down. Zeitchik grabbed hold of his rucksack and pulled him up. Posts had been placed in the water near the shore and Germans had fastened dynamite to them. As groups of GIs waded toward these posts, the Germans watched from defensive positions and pushed down their plungers. The detonations bloodied the water. "I was one of the lucky ones," Zeitchik said. "I got on the beach as fast as I could." (More: www.army.mil/article/222834)



Technology Will Aid the Army's Future Sustainment Capabilities

The Army needs industry's help to take better advantage of today's technology, said Lt. Gen. Aundre F. Piggee, Army G-4, at a recent Association of the United States Army Institute of Land Warfare Hot Topic symposium. Over the past 50 years, industry has surpassed the military in technology advancement and capability, Piggee said. In turn, the Army continues to use outdated logistical processes to maintain some of its top technology. For example, the Army inspector general recently found outdated software on several maintenance support devices, Piggee said. To update each device, the Army has to send out a CD-ROM, a form of outdated technology, and hope that it makes it to the right people who have the proper authority to update the system. "I have an iPhone," he said. "Last week, I got a text saying that the latest iOS update was available. If I don't update my phone in a week, someone will come knocking on my door." Overall, there is an office that has complete visibility over every phone in the government.



And yet, the Army has no visibility when it comes to performing routine maintenance on a critical piece of equipment, Piggee said to emphasize his point. (More: www.army.mil/article/222717)

Army Looks to Follow Online Retailers in Modernization Overhaul

The Army must continually push innovation to meet its logistics modernization goals, leaders said recently. To help achieve that goal, the service enlisted help from one of the nation's top online retailers. During a panel discussion at an Association of the U.S. Army "Hot Topic" symposium on sustainment, May 29, Army leaders discussed with an Amazon executive how to improve speed and precision in transporting supplies. Amazon revolutionized how consumers shop with timely, expedited delivery of products worldwide. Some Army leaders wondered how much they could learn from the online retail giant? "In a word, a lot," said William Moore, assistant deputy chief of staff for Army G-4. "Especially when it comes to big data. We have a long way to go." Army leaders hope to follow Amazon's example of adapting and reinventing itself by learning from setbacks. Like Amazon, the Army has bolstered its cybersecurity capabilities while remaining user-friendly. The service recently announced that it is working on additional authentication measures that will provide Soldiers with greater options to access online resources, while still remaining secure against threats. (More: www.army.mil/article/222779)



Meet the Next Sergeant Major of the Army

The 16th sergeant major of the Army will be Command Sgt. Maj. Michael A. Grinston, the Army announced Tuesday afternoon. Grinston currently serves as the senior enlisted leader for U.S. Army Forces Command — the service's largest command and provider of expeditionary land forces. He is a combat veteran who has been awarded two Bronze Stars with Valor and who has served in every leadership position from team leader to division command sergeant major, the service said in a press release. He will succeed Sergeant Major of the Army Daniel Dailey, who has served in the role since January 2015. Grinston will be sworn into his new role during a ceremony at the Pentagon on Aug. 16, 2019. "I look forward to working with Command Sgt. Maj. Michael Grinston," Secretary of the Army Mark Esper said in the release announcing the change. "The Army is in the midst of a renaissance, and he is a great choice to carry on our readiness, modernization and reform efforts." During a six-hour firefight in Bayji, Iraq, Grinston earned one Bronze Star with Valor after braving a barrage of rocket-propelled grenades while running from vehicle to vehicle to give orders because the radios weren't working, according to a 2005 Stars and Stripes article detailing the fight. (More: www.armytimes.com/news/your-army/2019/06/11/meet-the-next-sergeant-major-of-the-army)



Keeping Soldiers in the Army May Start With Making Bases More Convenient

You may not expect it, but soldiers like farmers' markets. They also like Amazon packages delivered on time, pizza brought directly to their house and taking a Lyft home from the bar. Those options are pretty sparse for many soldiers who live on bases, and that's an issue for an Army that missed its recruiting goal last year and which is trying to retain its best talent. Carla Coulson, Army director of installation services, said the military branch needs to rethink the permeability of its bases if it wants to maintain a satisfactory quality of life for soldiers. "We need to change or we're going to continue to lose interest in serving in the military," Coulson said Monday at the Defense Communities National Summit in Washington. "We need to change on our Army installations.

People don't want to live on Army installations anymore." Coulson said that's different from decades ago, when living on base was a premium. (More: <https://federalnewsnetwork.com/army/2019/06/keeping-soldiers-in-the-army-may-start-with-making-bases-more-convenient>)

TSP Adds Details to New Withdrawal Policies

The TSP has proposed rules to carry out the upcoming changes in withdrawal options for both current and separated participants, adding some new details to the changes set to take effect September 15. Regarding post-separation withdrawals, one major emphasis is to explain the new policies regarding installment payments that will allow an account holder to elect to receive installment payments annually or quarterly in addition to the current monthly option and to change the frequency of the installment payments at any time rather than just once a year. The option to make a one-time election to change from payments calculated based on life expectancy to fixed dollar amount payments will continue, as will the policy that once a participant makes an election to receive fixed dollar installment payments, he or she may not switch to life expectancy based payments, the notice says. Also, someone receiving installment payments could stop them at any time without having to receive the remainder of the account in a final withdrawal and "may elect to receive some or all of his or her remaining account balance in the form of a single sum payment, an annuity, or a combination of these options." (More: www.fedweek.com/fedweek/tsp-adds-details-to-new-withdrawal-policies)

Visitor Control Center Hours Change

Effective June 3, the Rock Island Arsenal Visitor Control Center (VCC) hours of operation changed to the following: Monday through Friday 6 a.m. – 3:30 p.m. and Saturday and Sunday 7:30 a.m. – 3:30 p.m. Only the VCC hours have changed, there are no changes to the operations.

Rock Island Arsenal Veterans Network

The next RIA VET NET meeting is **Thursday, June 13**, 5-7 p.m., at the Lock & Dam Lounge. The purpose of the RIA VET NET is to assist transitioning veterans and their spouses find employment opportunities in the Quad Cities Area through networking. Corporate business partners scheduled to attend is HNI Corporation. Your next employment opportunity will come from your network not your resume. For more information, contact Bryan Miller at RIAVETNET@gmail.com or our check us out on LinkedIn at www.linkedin.com/in/riavetnet. No official U.S. Army endorsement is implied.

RIA 244th Army Birthday Run

All Soldiers, Sailors, Marines, Airman, Coast Guardsmen, Families, Army civilians, contractors, and friends on Rock Island Arsenal, you're invited to participate in the RIA 244th Army Birthday 5K Fun Run/Walk on **Friday, June 14**, at 6:30 a.m., beginning and ending at Quarters 1. This event will celebrate the 244th Anniversary of the Army Birthday here on Rock Island Arsenal. Civilian running attire or unit authorized physical training uniform is preferred. This event is open to all military, DOD civilians, and families past and present. This year, the U.S. Army celebrates 244 years of selfless service to our nation and honors the 75th anniversary of D-Day. The Army's greatest asset is our people, and our Soldiers stand ready to meet any challenge. The theme for the observance is "America's Army: Honoring the Call to Service from D-Day to Today." This theme allows us to celebrate and honor the accomplishments of our force. #ArmyBDay



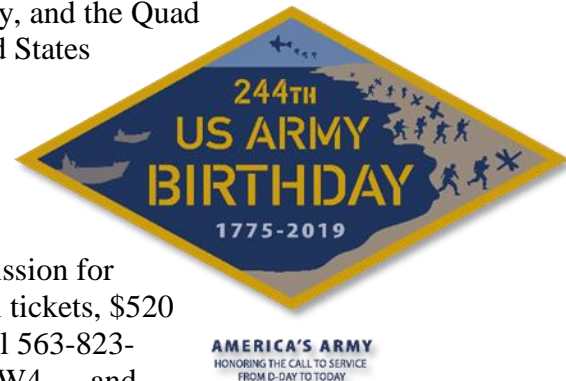
Blow It Up or Burn It Up. That's Our Job

The U.S. Army Sustainment Command Resilience team is honored to present Herschel "Woody" Williams' "Blow it up or burn it up. That's our job," as our speaker on **Friday, June 14**, in Heritage Hall, Bldg. 60, 10-11 a.m. To sign up in TEDs use keyword "Resilience Speaker." Williams is a retired U.S. Marine Corps warrant officer and U.S. Department of Veterans Affairs veterans service representative who received the United States military's highest decoration for valor - the Medal of Honor - for heroism above and beyond the call of duty during the Battle of Iwo Jima in WWII. He is the only surviving Marine to have received the Medal of Honor during WWII, and is the only surviving Medal of Honor recipient from the Pacific theater of the war. Williams had struggled with the after-effects of combat stress until 1962, when he experienced a religious renewal. He later served as chaplain of the Congressional Medal of Honor Society for 35 years. He is also a member of the Sons of the American Revolution and the Marine Corps League. His story shows us his courage, integrity, resilience, and determination that leads him to live a life full of devotion to duty, veterans and service members along with those who did not come home and the Gold Star families who sacrificed a loved one for freedom. Please mark your calendars and join us for this very special guest speaker who has an amazing story to share with us.



United States Army 244th Birthday Ball

The Rock Island Arsenal, the Association of the United States Army, and the Quad Cities Chamber, request the pleasure of your company at the United States Army 244th Birthday Ball on **Friday, June 14**, 5-11 p.m., at the Waterfront Convention Center, located at 2021 State Street, in Bettendorf. The keynote speaker will be Maj. Gen. Duane A. Gamble, Commanding General, U.S. Army Sustainment Command. The receiving line and cocktail hour will take place 5-6 p.m., with formal activities beginning at 6:30 p.m. The fee for admission for GS-13 and above, O4 and above, E9 and CW5 is \$65 for individual tickets, \$520 for a table of eight (register at quadcitieschamber.com/events or call 563-823-2669); \$55 individual rate for GS-07 – GS-12 / E8-O3 and WO1-CW4 — and \$45 individual rate for GS-06 and below / E7 and below (available to the first 100 tickets sold - contact Trish Hulett at 309-782-4421). Attire will be – military: dress mess/Army service uniform; civilian: black tie preferred. The menu will be Duet Plate:



- House salad with ranch or white balsamic vinaigrette
- Flat iron steak with demi glaze
- Salmon with lemon dill sauce
- Boursin mashed potatoes
- Petite green beans
- Rolls and butter
- Champagne toast

*Vegetarian option available upon request. Submit your vegetarian request to mhyder@quadcitieschamber.com. Those planning to attend are required to RSVP by **Thursday, June 6**. *Please note for those purchasing through the Quad Cities Chamber, if you have a seat preference, please purchase your tickets as a group. Individual seating requests will not be guaranteed. Registration and contact information can be found at

<http://member.quadcitieschamber.com/events/details/army-birthday-ball-13792>. Older than the nation it serves, the Army was established June 14, 1775. This year, the U.S. Army celebrates 244 years of selfless service to our nation and honors the 75th anniversary of D-Day. The Army's greatest asset is our people, and our Soldiers stand ready to meet any challenge. The theme for the observance is "America's Army: Honoring the Call to Service from D-Day to Today." This theme allows us to celebrate and honor the accomplishments of our force. The Army birthday is not an event or set of events, but rather a communication platform through which we heighten nationwide and Army-wide attention on the Secretary of the Army's priorities of people and values during the months of May and June. We also amplify the importance of serving our nation by celebrating the accomplishments of our Soldiers and Army civilians.

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the CRD Room (in Bldg. 60), on **June 14 & 21**. If you would like to donate at this blood drive, feel free to email shoegerl@mvrbc.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.



Charlie Corpuscle says, "Donors who coming in to give blood at the Rock Island Arsenal will be able to claim one of our blue Heroes Are Our Type shirts. All donors may call 563-359-5401 or email shoegerl@mvrbc.org.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil.

Flag Retirement Ceremony

Knights of Columbus Allouez Council #658 from Rock Island will host a Flag Retirement Ceremony conducted by their 4th Degree Honor Guard at the Rock Island National Cemetery on **Saturday, June 15**, at 9 a.m. In the past the ceremony has included the posting of the colors by the Civil Air Patrol Quad City Composite Squadron cadets, a gun salute by Vietnam Veterans of America Quad Cities Chapter 299, participation by area scouts from troops within Illowa Council, Boy Scouts of America, a main speaker, and the ceremonial burning of retired flags. The main focus of the ceremony will be how to dispose of the American Flag as a gesture of respect for what the flag represents and those who fought and died for it. The U.S. Flag Code, created in 1942, lists rules for proper display, use and disposal of the flag, but not the procedure for burning. During the ceremony anyone in attendance who is active military or a veteran is given a "field of blue" with stars to throw into the fire, while those with no military affiliation are given a stripe to burn. In the months leading up to the event, worn and unserviceable flags have been collected by veterans' organizations and active individuals from communities throughout the greater Quad-City area. For additional details about the ceremony contact Dr. Richard Phillis at 309-787-0955. To contact Cemetery staff call 309-782-2094.



CVMA 39-4 Annual Patriot Ride

On **June 15**, the Combat Veterans Motorcycle Association, Chapter 39-4 will be raising money for veterans and their families in the Quad City area. The motorcycle ride will be an all-day event and end with a silent auction, live band, gun raffle, food, and drink. The CVMA is a non-profit

organization that gives 100 percent of everything earned to veterans in need in the local area. Cost is \$20 per bike, \$10 per passenger. Ride will start and end in Davenport near the fairgrounds. Come for a great time and a beautiful ride for an incredible cause. Registration is open now. Send a message to cvma.iowa.394@gmail.com for more information.

17th Annual Illinois Motorcycle Freedom Run

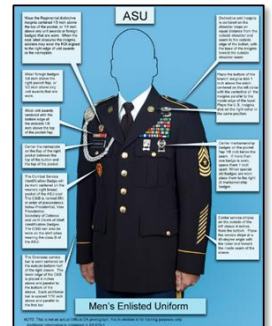
The Illinois Motorcycle Freedom Run will take place **Saturday, June 15**, at the Middle East Conflicts Wall Memorial, 200 Riverfront Dr., in Marseilles, Illinois. The event first commenced in 2003 and is the ILMFR's signature fundraising event. It is held every 3rd Saturday in June. The event features a pancake breakfast, motorcycle run, dedication ceremony and after party. This day is a celebration of freedom as we honor our fallen who made the ultimate sacrifice over the past year. The Illinois Motorcycle Freedom Run attracts thousands of gold stars, veterans and patriots each year. Donation at the Gate: \$20/person. Event Details:

- Line Up: 6 a.m. (Grundy County Fairgrounds)
- Ride Begins: 10:30 a.m. (From Grundy County Fairgrounds to the Middle East Conflicts Wall Memorial)
- Dedication Ceremony: 1 p.m. (Middle East Conflicts Wall Memorial)

Decorate bikes representing the red, white & blue; ride at your own risk, don't drink & ride. For more information: www.middleeastconflictswall.org

VIOS Schedule for June, July, and August

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **June 17-21, July 15-19, and Aug. 12-16**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site <https://vios.army.mil> for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the RIA VIOS website <https://vios.army.mil>.



Rock Island Arsenal Quarterly Retirement Ceremony

The Rock Island Arsenal Quarterly Retirement Ceremony is scheduled for **Thursday, June 20**, at 2 p.m., in Heritage Hall, Building 60.

Suicide Prevention Guest Speaker Event – "Talk Saves Lives"

Join us **Wednesday, June 26**, 10 a.m. - 11:30 p.m., in Heritage Hall, Bldg. 60, for the suicide prevention guest speaker event, "Talk Saves Lives." The Installation Prevention Team/ Suicide Prevention Task Force (IPT/ SPTF) will be hosting this guest speaker event focusing on understanding and preventing suicide. Please join us on 26 June 2019 to hear Ms. Christina Malchodi who will present a general overview on the subject of suicide including the scope of the problem, key research findings and risk and protective factors. Resource tables will also be available at the event to increase awareness of on-post and local community helping resources.



Note – with tenant organization approval, organization employees can get credit for annual Suicide Prevention training by attending this event. Register is TEDs using the following key words to search for the training – "2019 Garrison Suicide Prevention Training."

Quad Cities Navy Week Navy Band Wind Ensemble

Join us for Quad Cities Navy Week and a performance from the Navy Band Wind Ensemble on **Wednesday, June 26**, 6-8 p.m., at Schwiebert Riverfront Park in downtown Rock Island. Quad Cities Navy Week is a celebration of the United States Navy from June 24-28. Join us for a concert at Schwiebert Park as Navy Week brings its fun to Rock Island.

- Gates Open & Activities: 6 p.m.
- Big River Brass Band: 6:30-7 p.m.
- Navy Band Great Lakes: 7:15-8 p.m.

Enjoy a rousing concert by the talented Navy musicians from Navy Band Great Lakes, meet sailors from ships named for our region - USS Sioux City and USS The Sullivans, learn how to operate Navy robotics that can diffuse bombs, become a part of history with stories from sailors from the USS Constitution and more.



Thank the SEALs Welcomes Kris "Tanto: Paronto

13 Hours Speaker presents first-hand details of the attack on Benghazi with Kris "Tanto: Paronto on **Friday, July 19**, 5:30-10:30 p.m., at the Quad-Cities Waterfront Convention Center in Bettendorf. The harrowing, true account from one of the six on the ground who fought back during the Battle of Benghazi. 13 Hours presents, for the first time ever, the true account of the events of Sept. 11, 2012, when terrorists attacked the U.S. State Department Special Mission Compound and a nearby CIA station called the Annex in Benghazi, Libya. A team of six American security operators fought to repel the attackers and protect the Americans stationed there. Those men went beyond the call of duty, performing extraordinary acts of courage and heroism, to avert tragedy on a much larger scale. This is his personal account, never before told, of what happened during the thirteen hours of that now-infamous attack. 13 Hours sets the record straight on what happened during a night that has been shrouded in mystery and controversy.

Quad Cities Veterans Experience Action Center

The Quad Cities Veterans Experience Action Center, the most comprehensive Veteran resource event in the region **July 19 and 20**, at St. Ambrose University's Wellness and Rec Center, 518 Locust Street, in Davenport, 9 a.m. – 3 p.m. each day. QCVEAC is a collaboration between the Quad Cities Community Veterans Engagement Board, U.S. Department of Veteran Affairs, state, county, and local organizations, and the community. This grassroots effort will provide veterans the means to resolve any pending or new issues they may have by providing a one-stop shop where they can access in person VA and community resources over two days. This event will have a significant and lasting impact on the lives of veterans in our community. The first event of its kind in our area, the event will provide:

- VA benefits compensation and pension claims
- Wellness exams, on-site enrollment in VA health care benefits
- Social services, including caregiver support and home health care
- Mental health counseling and opioid safety education



- Homeless, low-income housing and vocational support services
- Volunteer and employment opportunities
- Vocational rehabilitation, loan guarantee and education services
- VA Mobile Vet Center
- VA National Cemetery Administration Memorial Benefits Services from community partners, including:
 - Information and referrals
 - Legal services
- Resilience and preparedness information
- And much more!

For more information call 2-1-1 or 563-355-9900.

Thank the SEALs "The Ride!"

Join Thank the SEALs **Saturday, July 20**, 9 a.m. – 5 p.m., at the Quad-Cities Waterfront Convention Center, as we celebrate our 5th year raising awareness and monies for our fallen and their families. Event kicks off at 9 a.m. with the playing of Taps followed by our guest speakers with kick stands up at 11 a.m. (times subject to change). The ride is very patriotic and we will have police and fire escorts as we travel to Mount Vernon where we will have stops at the DeWitt Memorial for a brief ceremony then onto Mechanicsville and Mount Vernon for a midway stop which will feature food and drinks provided by Lynch Ford. Our return will take us through small town America and will end at the TangledWood where there will be plenty of food and entertainment. We will be joined by five highly decorated SEALs, highly decorated Marine Recon warriors, and you the Patriots who have made this possible through your continued support as our mission continues – thank you!

Korean War Armistice 66th Anniversary Wreath Laying Ceremony

Korean War Veterans Association Quad Cities Chapter 168 will hold a ceremony to commemorate the 66th Anniversary of the Korean War Armistice and National Korean War Veterans Armistice Day on **Saturday, July 27**, at 10 a.m., at the Memorial Walkway, at the Rock Island National Cemetery. The ceremony will include a wreath laying, rifle salute, and Taps. The Korean War, which began June 25, 1950, with the North Korean army's invasion of South Korea, officially ended July 27, 1953, a day now officially recognized as Armistice Day. The signing marked the end of the longest negotiated armistice in history: 158 meetings spread over two years and 17 days. Last year's presidential proclamation stated, "Today, we honor our Korean War Veterans for their immeasurable contributions to the cause of liberty. We also salute members of the armed forces, past and present, who have maintained an allied presence on the Korean Peninsula since the 1953 armistice. Their efforts to stave off aggression are worthy of our highest respect and gratitude."



RIA AUSA Chapter Event

RIA AUSA is holding a quarterly members' appreciation event on the first Thursday of April, August, and October, on **Aug. 1** and **Oct. 3**, in the cafeteria in Bldg. 60, from 11:30 a.m. - 12:30 p.m. in conjunction with 'First Thursday.' It is RIA AUSA's way of thanking their current members and providing insights about the Army's professional association to others that may not be aware it exists. The event is free to all members and brats, chips, water, and dessert will be served.

Honor Flight of the Quad Cities

Honor Flights are free to veterans who served during a time of conflict (such as WWII, Korea and Vietnam). While there, veterans will get to see the monuments erected in their honor. The public is urged to attend the welcome home at the Quad City International Airport at 10 p.m. The next flights will be:

- **Thursday, Sept. 12**
- **Thursday, Oct. 31**

Honor Flight of the Quad Cities asks that you do not call, but wait for them to call you. Veterans are assigned slots in order of date that applications were received, with WWII and Korean veterans being given priority. For more information and photos, visit the web site at www.honorflightqc.org.

Saluting Branches V

The 5th annual Saluting Branches event will be held at Rock Island National Cemetery on **Wednesday, Sept. 18**. Arborists United for Veteran Remembrance is an opportunity for tree care professionals throughout the country to unite and do what we do best – provide exceptional tree care – to keep our veterans cemeteries safe, beautiful places for all those who visit. (More: www.salutingbranches.org/location/rock-island-national-cemetery)



Illowa Council BSA Rock Island Arsenal Heritage Camporee

Scouts in troops within the Boy Scouts of America Illowa Council – save the date for the Illowa Council BSA Rock Island Arsenal Heritage Camporee **Friday through Sunday, Sept 20-22**, on Arsenal Island. The Illowa Council and the Rock Island Arsenal invite Scouts BSA troops to camp on the Mississippi at Arsenal Island and participate in two days of fun, competition, reflection, and exploration. Activities being planned include touring of historic landmarks such as the Colonel Davenport House, the National Confederate Cemetery Memorial, visiting the Army Corps of Engineers Locks & Dam 15, the Clock Tower Building, and the Rock Island Arsenal Museum's 1,250 gun collection. Worship service will take place at the Rock Island National Cemetery. There will also be an overland navigation course featuring a "Scout Warrior" competition at the Arsenal's "Best Warrior" Soldier Skills Course. Do you have what it takes? Form patrols... practice teamwork... brush up on scout skills... dust off your compass... get physically fit... get ready for a beautiful location surrounded by history and an opportunity to meet our military service men and women. (More: www.facebook.com/events/609329586220177)



Emergency Leave Transfer Program to Assist Federal Employees Affected By November 2018 California Wildfires

If you are interested in donating annual leave, complete OPM Form 1638 and submit to the Civilian Personnel Advisory Center, Bldg. 104, no later than **Thursday, Oct. 17**. You must state on the 1638 which ELTP you are donating to. This initiative has been directed by the President. The POC is Jaime Slocum at 309-782-2430. (OPM Form 1638: https://archive.opm.gov/FORMS/PDF_FILL/opm1638.pdf)

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. — **Antonella's II:** Offering a 20% discount to all military services active or reserves, seniors and their immediate families on all menu items (must have ID). We are located at 421 river drive, in Davenport. We take reservations for large parties, please call at 563-324-9512. Our hours are Mondays – Closed; Tuesday-Wednesday 4-9 p.m.; Thursday – 11 a.m. – 2 p.m. and 4-9 p.m.; Friday-Saturday 11 a.m. – 10 p.m.; and Sundays – 11 a.m. – 8 p.m. **QC Wellness Group:** Come in for discounted chiropractic care for you, and your family. This offer is valid to all active duty, reserves, and veterans. We are located at 2220 E 53rd Street in Davenport. Call us today to book your appointment at 563-355-3100, restrictions can apply. **Sundown Mountain Resort:** Offering a military discount of 30 percent off lift tickets and rentals. Valid for active duty, Reserve, National Guard, retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. **Bayside Bistro:** Offering a 10 percent discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). **R.I.A. Federal Credit Union:** Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. **Level II Fitness:** The new state of the art gym located inside the new TBK Bank Sports Complex at 4850 BettPlex Drive, Bettendorf is offering a 30 percent discount to all Rock Island Arsenal employees on membership rates. Must show badge or paystub as proof of employment. **Golden Royal Barbershop:** We're offering \$2 off on haircuts just for military; our shop is located in Moline and 1318 4th Ave or call 309-524-4599. **Armored Gardens BBQ Restaurant:** We're offering a 10 percent discount on all food items, to all Rock Island Arsenal employees with badge; great environment, great location, amazing food – located downtown Davenport (two blocks from the Arsenal Bridge) 315 Pershing Avenue. **Veterans Barber Shop and Salon:** We're offering a 20 percent discount for military families at the salon part of the Veterans Barber Shop and Salon at 113 E Main St., Geneseo, Illinois. **Huckleberry's Pizza & Calzones:** The Original Huckleberry's Great Pizza & Calzones, 223 18th Street, Rock Island, offers all active military personnel with an I.D. a 10 percent discount on their food purchases. Dine-in or carryout available Wednesday thru Friday for lunch and dinner and for dinner on Saturday evenings. **Infinity Salon & Spa:** Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

Arsenal Traffic/Construction



Roads Reopen as Flood Water Recedes

Blunt Road and the levee area will be reopened to vehicle and pedestrian traffic effective June 10. Davenport Drive, north of the Eagle Point housing, will be reopened by Noon on **Wednesday, June 12**. Dyke Road, south of the Tank Test Track, remains closed as we drain and pump water from the east end of Rock Island Arsenal.

Closures for Parking in Lot 0L for Material Staging and Around Building 90 for Cornice Repair

Beginning on **Monday, June 10, through Friday, Oct. 4**, the Directorate of Public Works (DPW) will close parking in lot 0L for contract personnel to stage material and equipment in support of the Building 90 Cornice Repair project. DPW will also intermittently close parking, sidewalks and entrances around Building 90 for contract personnel to remove and replace the stone cornices and re-point the mortar joints. As the contractor moves around the building, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior barricades will be placed and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe passage of employees. The closures may be extended due to weather or other unforeseen issues.

Viaduct Work Affects RIA Gate Hours, Traffic

Effective April 22 through **Thursday, Aug. 1**, repair work will be done on the Rock Island viaduct. The viaduct will be closed nightly for repair work during the week from 8 p.m. until 5 a.m., Sunday night through Thursday night. The viaduct will be open for normal operations between 5 a.m. on Friday morning through 8 p.m. Sunday evening. The work includes removal and replacement of the parapet wall and street lighting. Both the Davenport and Rock Island gates will be opened at 4:30 a.m. each weekday morning for access from the Government Bridge. Traffic control measures will be placed at appropriate locations. Please use caution when traveling in or near the area.

Rock Island Viaduct Sidewalk Remains Closed to Pedestrians

"Sidewalk Closed" signs remain at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. The suggested alternative route is using the American Discovery Trail and Pedestrian Bridge, which will be the sole way for pedestrians to transit across the bridge as this summer's viaduct repairs will eliminate the sidewalks from the bridge entirely.

Building/Space Closures



Repair Road Drainage North Side of Building 230/Kingsbury Road

Effective May 20, the Directorate of Public Works began a project to repair the road drainage on the north side of Building 230/Kingsbury Road. The work includes the installation of new curb and gutter, storm sewer inlets and sidewalk. Traffic will be limited to one lane at times. Signage and barricades will be installed to denote the work area. The project is scheduled to be completed by **Friday, June 28**, dependent on the weather.

Repairs to Building 110 Northeast Entrance Steps

Effective May 1, the Directorate of Public Works began a project to repair the northeast entrance steps to Bldg. 110. The steps have been closed since last fall due to safety reasons. The project will include demolition of the current steps and installation of new steps and a handicap ramp. The project is scheduled to be completed by **Tuesday, July 9**, dependent on weather.

Courtyard, Parking, Sidewalk, and Building Entrance Closures in Support of Stone Cleaning and Treating Project

Effective May 16 through **Friday, Oct. 18**, the Directorate of Public Works (DPW) is intermittently closing courtyards, street parking, sidewalks and entrances to the buildings for contract personnel to continue cleaning the exterior stone of Buildings 60-62, 64, 66-68 and 106. As the contractor moves around the buildings, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior access will be taped off and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe egress of employees.

- Treating schedule:
 - Buildings 66-68: June 6 - July 24
 - Buildings 60-62: July 25 - Oct. 2

Rain will dictate these schedules and dates may change.

Active Duty/Reserve Zone



Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

- **June 13, Conf. Rm. 12, Bldg. 90**
- **Aug. 8, Conf. Rm. 25, Bldg. 90**

- **Oct. 10, Conf. Rm. 12, Bldg. 90**

Time: 9:30 a.m. – 12 p.m.

To register call MPD at 309-782-1526 or sign up in [TEDs](#) using keyword “Levy Brief.”

Active Duty Receive Free Admission to Quad City NightHawks Home Games

The Quad City NightHawks invite active duty military to attend their home games at the Charles D Lindberg Stadium with free admission at Augustana College in Rock Island. The Quad City NightHawks are an 11-man NFL-style football team and part of the seven-team Midwest Football Alliance with their season taking place during the spring and summer. Upcoming scheduled games include:

- **Saturday, July 6:** versus the Missouri Valley Pitbulls out of Saint Peters, Missouri, kickoff at 6 p.m.

The Quad City NightHawks will look to bounce back after a tough loss the weekend of May 25. QC enters the game with a record of 1-1 while MVP has a record of 3-1. Hope to see everyone there as the NightHawks battle to get another W. Gates will open at 5 p.m., kickoff will be at 6 p.m. For non-active duty admission is \$7 for adults, \$4 for children 6-18.



Blue Star Museums

Participating museums across the country offer free family admission for active duty military families from Armed Forces Day through Labor Day. Last year, over 680,000 military families visited Blue Star Museums. Our Chapter Directors plan special events and opportunities with museums from Alaska to Florida and points in between. We build things, create art, go on scavenger hunts and have fun together all summer long. (More: <https://bluestarfam.org/family-life/blue-star-museums>)



Safety Spotlight



**ARMY SAFE
IS ARMY STRONG**



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

<https://home.army.mil/ria/index.php/about/Garrison/safety-office>

June is National Safety Month

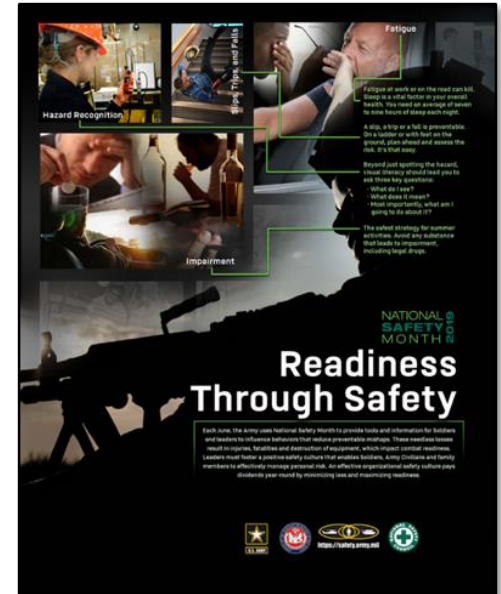
Join the National Safety Council and thousands of organizations nationwide in celebrating National Safety Month. Observed annually in June. National Safety Month focuses on reducing leading causes of injury and death at work, on the road and in our homes and communities. Topics for 2019 are Hazard Recognition, Slips, Trips and Falls, Fatigue, and Impairment.

- Week 1: Hazard Recognition
- Week 2: Slips, Trips and Falls
- Week 3: Fatigue
- Week 4: Impairment

During National Safety Month, individuals and organizations participate by making efforts to reduce the leading causes of unintentional injury and death at work, on the road, and in homes and communities. (More: www.nsc.org/work-safety/get-involved/national-safety-month)

Army to Observe National Safety Month

With the passage of Memorial Day, the deadliest months for Army mishaps - June, July and August - are here, but leaders and Soldiers have an opportunity to refocus their safety efforts with the service-wide annual observance of National Safety Month. The Army loses an average of 35 Soldiers off duty between Memorial Day and Labor Day each year, according to data from the U.S. Army Combat Readiness Center. On-duty mishaps typically spike during the summer as well; for example, more than half of Class A aviation mishaps during all of fiscal 2018 occurred between June and September. "We believe the risk here is increased exposure," said Brig. Gen. Timothy J. Daugherty, USACRC commanding general and director of Army Safety. "On duty, we're conducting more missions because the weather is conducive to operations, so there are more miles covered in motor vehicles, the aviation training pace goes up, and Soldiers are working in extreme temperatures." Off duty, they're driving more for vacations or visits home, riding motorcycles with greater frequency, and boating and swimming while the weather is nice." The special focus areas of this year's National Safety Month, sponsored by the nonprofit National Safety Council and observed each June, are hazard recognition; slips, trips and falls; fatigue; and impairment. Each of those topics is applicable to Army operations, said USACRC Command Sgt. Maj. Ernest D. Bowen, Jr. "Every Soldier should be trained to spot hazards and empowered to make on-the-spot corrections," he explained. "Slips, trips and falls are a major contributor to lost workdays for both Soldiers and Department of the Army Civilians. (More: www.army.mil/article/222766)



Upcoming Motorcycle Rider Training Dates

- Basic Rider Course (BRC): **June 18-19**
 - Two days of (classroom & motorcycle range) rider instruction.
 - Training motorcycles will be provided.
- Experience Rider Course (ERC): **June 20**
 - One day of (classroom & motorcycle range) rider instruction
 - Bring your own motorcycle to the course.
 - Course is for standard, touring, or cruiser motorcycles only.
 - No sports bikes allowed.
- Basic Rider Course (BRC): **Sept. 17-18**
 - Two days of (classroom & motorcycle range) rider instruction.
 - Training motorcycles are provided.
- Military Sport Bike Rider Course (MSBC) **Sept. 19**



- One day of (classroom & motorcycle range) rider instruction
- Bring your own sport motorcycle to the course.
- Course is for sport bikes only.
- No standard, touring or cruiser motorcycles bikes allowed.
- Students must attend all sessions and pass a written and skills evaluation in order to receive credit for the course. Who can attend? Only active duty service members or any service member on orders (IDT, AT for guard/reserve).

PPE Requirements:

- Helmet: DOT approved helmet
- Eye protection: designed to meet or exceed ANSI Z87.1
- Protective clothing: long sleeve shirt or jacket, long sturdy pants
- Footwear: sturdy over the ankle footwear/boots
- Hand protection: full-fingered gloves made from leather or other abrasion-resistant material

Students taking the ERC or MSBC must provide the following at check-in:

- Military ID
- Valid motorcycle license or permit
- BRC Card
- Valid motorcycle registration
- Valid proof of motorcycle insurance

If using a borrowed motorcycle, you must bring a signed letter from the legal owner authorizing you're use of the motorcycle. To register for a course:

- Go to <https://imc.army.mil/airs>
- Select "Northeast" from region dropdown menu
- Select "Rock Island Arsenal" from Garrison dropdown menu
- Select "Course Needed" from Courses dropdown menu
- Stoll to the correct month on the calendar to register for the course

The point of contact for the motorcycle training is Tony Kruse, Garrison Safety Office, 309-782-2314 or 1380; anthony.r.kruse.civ@army.mil.



The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. Garrison EEO office hours: 8 a.m. – 4 p.m.; 309-782-1488; Website:

<https://home.army.mil/ria/index.php/about/Garrison/equal-employment-opportunity-program>

There are no announcements at this time.

Morale, Welfare & Recreation



Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at <https://rockisland.armymwr.com> for information on all MWR programs. How is MWR doing? Tell us by going to <https://ice.disa.mil>, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

Fitness Center Closure

The Fitness Center is closed on Sundays through Labor Day.

Boom on the Rock

The Rock Island Arsenal invites the Quad Cities to come on post for Boom on the Rock on **Wednesday, July 3, 5-10 p.m.**, on the northwest shoreline, for a fun Independence Day celebration capped off with a great fireworks display over the Mississippi River. There will be a kid's activities zone which will include various bouncy house attractions and games and activities. Take a stroll through and see all the cool rides at the car cruise in or just set up your blanket and chairs in the shade and enjoy some tasty food and beverage that will be available for purchase. To kick off the event we'll have WLLR, 103.7 FM's own Pat Leuck doing a live broadcast from the event from 5-7 p.m. As darkness falls settle in to a comfy spot to watch the fireworks from what should be the primo viewing location in the Quad Cities. This event is open to the public and you'll simply need to show a valid ID for everyone in the car 16 and older. Call 309-782-5890 for more info.



Island Oasis Café and Grill

The Island Oasis Café and Grill is outside. Our hours of operation are Monday - Friday, 11 a.m. - 1 p.m. Please come out and enjoy the weather in front of Building 67. Menu will include daily specials, like the Ribeye Sandwich on Thursdays. During inclement weather we will move back indoors for the day. Look forward to seeing you there! For more information please call 309-782-4372.

New Menu at the Lock & Dam Lounge

Have you been to the Lock & Dam Lounge in Bldg. 60 lately? If not you should definitely come give it another look as we have recently rolled out our new food menu. With fan favorites like our Arsenal Burger basket and mouthwatering, hand-cut rib eye steak sandwiches paired with a side of delicious fried pickles or onion rings there's sure to be something for everyone in the family to enjoy. While you're here make sure to try a pint of Arsenal Pale Ale as this is the only place you can

get this great local craft brew. Also on tap are several craft beers from Lakefront Brewery and other local brewers for \$4 from 4-6 on Wednesdays and Thursdays. Check out the full menu on our Facebook page: www.facebook.com/LockandDamLounge and make sure to like the page to stay up to date on all the great programs and events happening here. Please call Damen at 309-782-4372 for more info.

Workforce Wednesdays and Thirst-day Thursdays at the Lock & Dam Lounge

Stop in to the Lock and Dam Lounge on Wednesdays and Thursdays, open 3-7 p.m., and take advantage of \$2 domestics, \$4 craft beers, and \$1 sodas on special from 4-6 p.m. The Lock & Dam Lounge is the only place you can get Arsenal Pale Ale and Lock & Dam Lager so gather your friends and coworkers and come see us for a round after work. Call 309-782-4372 for more info.

MWR Leisure Travel Office



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: anna.winters@us.army.mil) (website: <https://rockisland.armymwr.com/programs/leisure-travel-office>)

Planet Funk Con

Planet Funk Con is the Quad Cities premiere comics, art and entertainment convention. Featuring comics, toys, anime, games, and tournaments, and family fun. This year it will be held **June 21-23** at the TBK Bank Sports Complex. MWR Leisure Travel has one-day wristbands for \$15 and weekend for \$35, a savings of \$5 at door.

Circa Under 21 Theatre Presents: True Story- 3 Little Pigs

The Circa Under 21 Theatre presents: True Story- 3 Little Pigs on **Saturday, June 29**, doors open at 9:30 a.m. You thought you knew the story of the “The Three Little Pigs”... you thought wrong. In this hysterical and clever fractured fairy tale that twists point of view and perspective, youngsters will finally hear the other side of the story of “The Three Little Pigs.” There are two sides to every story, and when the Big Bad Wolf takes the stand in Piggsylvania’s trial of the century, he finally gets his say. But whether he’ll get a fair trial in a corrupt piggy court is anyone’s guess. Will the pigs’ splashy puppet show make a puppet out of justice, or is the wolf’s catchy song and dance about a sneeze gone wrong all razzle-dazzle? Enter the jury box and decide the fate of Big ‘n’ Bad in this musical adaptation of the hit children’s book. MWR Leisure Travel has seats available until **Saturday, June 15**.

Chicago White Sox vs. Chicago Cubs

Join us **Sunday, July 7**, to see the Chicago White Sox vs. Chicago Cubs at Guaranteed Rate Field; transportation and ticket for \$132 per person. Bus will be departing from Rock Island Arsenal Visitor Control Center, first parking lot on right. Departure time TBD. Game is at 1:10 p.m. No smoking permitted on the chartered bus. Alcohol is allowed, but no glass bottles. Coolers must be the size to fit under seats. No blocking of aisle with coolers. ½-hour stop to and from game. Sold

out bus last year, so get your seats early. For more information contact the MWR Leisure Travel Office at 309-782-5890.

MWR Taste of Chicago/Navy Pier Bus Trip

Join us for the MWR Taste of Chicago/Navy Pier Bus Trip on **Saturday, July 13**. What is the city's recipe for a fantastic food festival? Chefs and musicians, combined with entertainment for all ages and several thousand tasting servings of favorite Chicago bites. Fill up on all flavors of Chicago — from classic local dishes to specialty cuisines from ethnic neighborhood restaurants to inspired chef creations — at the annual lakefront festival Taste of Chicago. The Navy Pier currently encompasses more than fifty acres of parks, gardens, shops, restaurants, family attractions and exhibition facilities and is one of the top destinations in the Midwestern United States. \$41 per person is for is transportation only. Departing from the Visitor Control Center at 7 a.m. and departs from Chicago at 5 p.m.; deadline to sign up is **Thursday, June 13**.

Circa 21 Presents: Irving Berlin's Holiday Inn

The Circa 21 Presents: Irving Berlin's Holiday Inn on **Saturday, July 13**, doors open at 5:45 p.m. Set in 1946, the story concerns song-and-dance team Jim Hardy and Ted Hanover splitting up when Jim decides to ditch show business and run a farm in rural Connecticut. The farm, which comes complete with a wisecracking, live-in handywoman, proves less than successful. The unexpected visit of Jim's old showbiz buddies inspires him to turn it into an inn open only on holidays, featuring lavish musical entertainments. Based on the classic film, this joyous musical features thrilling dance numbers, laugh out loud comedy and a parade of hit Irving Berlin songs. Discounted seats \$49.75 available until **Saturday, June 29**, at the MWR Leisure Travel Office.

Chicago Cubs vs. Washington Nationals Trip

Join us **Sunday, Aug. 25**, to see the Chicago Cubs vs. Washington Nationals at Wrigley Field; transportation and ticket for \$129 per person. Bus will be departing from Rock Island Arsenal Visitor Control Center, first parking lot on right. Departure time TBD. Game is at 1:10 p.m. No smoking permitted on the chartered bus. Alcohol is allowed, but no glass bottles. Coolers must be the size to fit under seats. No blocking of aisle with coolers. ½-hour stop to and from game. Sold out bus last year, so get your seats early. For more information contact the MWR Leisure Travel Office at 309-782-5890.

Universal Orlando Military Salute Promotion

Universal Orlando is extending the special Military Salute Promotion offer valid for use through **Dec. 31**. Get four days for one low price:

- **Ticket Option #1:** 2-Park, 4-day Park-to-Park ticket (Universal Studios Florida and Islands of Adventure) Adult \$200, Child (3-9) \$196.
- **Ticket Option #2:** 3-Park, 4-Day Park-to-Park ticket (Universal Studios Florida, Islands of Adventure and Volcano Bay) Adult \$240, Child (3-9) \$235.75.

Limited blackout dates only for Volcano Bay on 3-Park promotional ticket option **June 14 – Aug. 18**. These tickets are available for use on any four days between now and **Dec. 31** (do not have to be used consecutive days) last day of use **Dec. 31**, when the ticket expires in full (includes all holidays) unused days will be forfeited maximum of six tickets per qualifying: Active or Retired U.S. military, National Guard, Reservists, U.S. Coast Guard, who possess a valid military photo ID, spouses of eligible service members and DOD civilians with valid ID.

Adventureland

Adventureland 2019 one-day admission tickets are on sale now! MWR Leisure Travel has discounted tickets for \$35. Adventureland Park has more than 100 rides, shows and attractions, including the new Monster steel roller coaster. Rides for all ages are available, from mild to wet-and-wild. Shows throughout the park feature a variety of family entertainment. Don't miss Iowa's newest water park, Adventure Bay. Water park admission is included with admission to Adventureland Park.

Movie Tickets

MWR Leisure Travel has discounted movie tickets. Davenport 53rd Cinema's movie ticket = \$9; Moline Great Escape movie ticket = \$9; Gift Pack \$27 (two tickets with \$10 concessionaire card)



Child & Youth Services



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff in-service day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <https://rockisland.armymwr.com/categories/cys-services>) (Facebook: www.facebook.com/RIACYSS)

Teen Resilience Program Canoe Trip

CYS and the Teen Resilience Program would like to invite your youth to our July teen canoeing trip. CYS registered teens grades 6-12 are welcome to join us on our canoeing trip down the Maquoketa River on **Saturday, July 13**, from 9 a.m. – 4 p.m. The cost of the trip is \$10 and youth must bring a water bottle and a sack lunch. We will meet at and return to the School Age Center, Bldg. 150 and be transported to the Maquoketa River via CYS bus. If your youth is interested in participating please call 309-782-6515 to register for the event. Youth must be registered with CYS and register for the event to participate. We hope your youth can join us!

Teen Resilience Program Back To School Bash

At the end of the summer CYS and the Teen Resilience Program we will be having a back to school bash and welcome to RIA party for teens. We are creating a teen council to plan this event and we would like to invite teens (grades 6-12) to participate. He/she will earn service learning hours and gain leadership, budgeting, marketing, event planning, and many other valuable skills as he/she assists us in planning this event. The planning committee will meet on the 2nd and 4th Tuesdays this summer at the school age center, beginning June 11. Please RSVP to 309-782-6515. Teens are not required to be at every meeting to participate. We hope to see your teen there!

Army Community Service



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

<https://rockisland.armymwr.com/programs/army-community-service> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: **309-912-6089**.

Discovery Time Playgroup

Summer is here and it is time to get the kids out of the house. Join Discovery Time Playgroup on Thursday mornings from 9:30-11:30 a.m. for crafts, stories, field trips, and fun. The group is open to military dependents aged 0-5 and their caregivers and meets in Moline just off the installation at Community Christian Fellowship. There is no pre-registration required and all activities are free to attend. For more information, please contact the Army Community Service Family Advocacy Program at 309-782-3049 or email Jennifer.a.kerr10.civ@mail.mil.

RIA Volunteer & AFTB Council Meeting

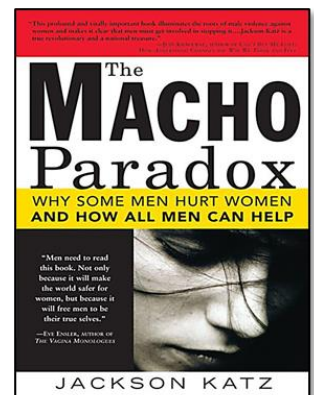
This meeting is designed to provide a platform for the installation to collaborate efforts, share information, and ideas, and discuss issues revolving around volunteering & Army Family Team Building. The meeting is held quarterly on the second Tuesday of the month. If you would like to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- **Tuesday, July 9**
- **Tuesday, Oct. 8**

The meetings will be held from 9-10 a.m. in the ACS Training Room, 1st Floor, in Bldg. 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

Gender Violence, Let's Talk About It: Family Advocacy Book Club

Interpersonal violence in our communities is persistent, unspoken and often unreported. In response, we as community members must do our part to support those experiencing assault and abuse while dismantling cultural norms that allow such actions to flourish. Join the Family Advocacy Book Club in reading Jackson Katz's "The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help." The book provokes important conversations about our culture, the military and how you can help address gender violence. All are welcome and encouraged to participate in discussion on **July 9, 16, 23 and 30** from 11 a.m. - noon in the ACS office, in Bldg. 110. Check out Katz's TED talk, titled, "Jackson Katz: Violence against women – it's a men's issue" to learn more. For more information contact Theresa O'Keefe, victim advocate, at theresa.l.okeefe2.ctr@mail.mil or 309-782-3773.



ACS Relocation Program Offering Tours of RIA Factory

The Army Community Service Relocation Program is offering a tour of the RIA factory. We will learn about the history of the factory and its current capabilities. The tour has limited seating.

- **Thursday, Sept. 19**
 - 9-10:30 a.m.
 - RSVP by **Thursday, Sept. 12**

Eligibility is only open to military who are new to the area, civilians, and their families; family members of deployed service members, and families with foreign born family members. To R.S.V.P contact ACS at 309-782-0829.



Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: robert.l.lampert.naf@mail.mil), Website: <https://rockisland.armymwr.com/programs/outdoor-recreation>

Canoes and Kayaks

Paddling season is fast approaching. Outdoor Recreation has new kayaks and a trailer available for your use. Before you can sign them out the State of Illinois requires that you complete a boater safety class. To meet this requirement there is a free online course at <http://rentalboatsafety.com>. Simply view about 15 minutes of videos covering basic canoe/kayak operation and safety then take the quiz. We will need to keep a copy of your certificate of completion on file at Outdoor Recreation. We will need a copy for everyone in your group, to include children, who will be paddling these canoes and/or kayaks. For more information please call 309-782-8630.

Cargo Trailers

Are you moving your kids back from college or changing residence? To help make this move easier Outdoor Recreation has cargo trailers available for your use. Please call 309-782-8630 for more information or to make your reservation.

Special Event Equipment

Do you have a graduation party or other special event coming up? Outdoor Recreation has party canopies, tables, chairs, charcoal grills, backyard games and bounce houses to help ensure the success and fun of your event. Please call 309-782-8630 for more information or stop by Outdoor Recreation any time Monday through Friday from 8:15 a.m. to 4 p.m. and our staff will gladly show you all of the items available.

RIA FMWR RV Storage

Outdoor Recreation currently has spaces available in the On-Post RV storage lot. Please stop by the Outdoor Recreation office in Bldg. 333 (located next to the Exchange) to sign up for a space. For more information please call 307-782-8630.

Storage Units Available for Rent

Did you know that Outdoor Recreation has storage units that are available to rent right here on the Island? If you're in need of short or long term storage, we have the solution for you. Units measure 10' x 15' and are available for \$80/month, use it for as little or as long as you have a need to store items. For your convenience we also offer automated online billing. Call 309-782-8630 for more info and to reserve your space(s) today, these available units won't last long.

Employee Assistance Program



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website <https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program> or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/pages/Rock-Island-Arsenal-EAP/124853580916835.

101 Critical Days of Summer Safety Campaign

101 Critical Days of Summer (Memorial Day through Labor Day) safety campaign is intended to remind us that we cannot afford to lose focus on safety either on or off duty. The summer season is a dangerous time of year for the Army with notable increases in off duty accidental fatalities. Festivals, road trips, swimming, fishing, hiking, boating, camping, and motorcycle riding are common outdoor activities during the summer. Intense planning often goes into making these outdoor activities a success. When planning your summer activities, remember the effects of alcohol or prescription drugs, and identify the risks associated with impairment while participating in various activities.

Always remember to make responsible decisions while enjoying your summer activities. Summer holiday celebrations often include barbeques, picnics, water sports, vacationing with family and friends, and fireworks. However, many holiday weekends can be filled with tragedy instead of celebration. The Fourth of July is one of the deadliest holidays of the year when it comes to alcohol-impaired driving crashes on our highways. According to data from the National Highway Traffic Safety Administration, during July 4th, holidays over the last five years (from 2010 to 2014), 780 people lost their lives in crashes involving drivers who had BACs of at least .08 g/dL. This summer, don't let your celebrations end in an arrest or tragedy. The consequences are serious and real. Not only do you risk injuring yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be significant and not the way you want to celebrate your summer.



Employee Assistance Abuse Program Groups

The Employee Assistance Abuse Program is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. Upcoming dates for groups offered by the Employee Assistance Program; class location is pending, employees can register in TEDs or call 309-782-0965:

- **June 19:** Real Teams, 8 a.m. – 12 p.m.

Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal.

Education/Training Review



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more: <https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services>

Deadline to Transfer GI Bill Benefits Coming This July

Soldiers with over 16 years of service who want to transfer their Post-9/11 GI Bill to a dependent must do so before July 12, or risk losing the ability to transfer education benefits. Last year, the Department of Defense implemented a new Post-9/11 GI Bill Transfer of Education Benefits, or TEB, eligibility requirement, which instituted a "six- to 16-year cutoff rule," said Master Sgt. Gerardo T. Godinez, senior Army retention operations NCO with Army G-1. Further, Soldiers who want to transfer their education entitlement must have at least six years of service, he said. All Soldiers must commit to an additional four years of service to transfer their GI Bill. However, Soldiers who are currently going through the medical evaluation board process cannot transfer GI Bill benefits until they are found fit for duty under the new DOD policy. (More: www.army.mil/article/220194)

SFL-TAP, Career, Entrepreneurship, Higher Education Tracks, Pre-Retirement

If Soldiers in your organization are within 24 months of retirement or 18 months of separation, or even just thinking about life after military service, please encourage them to sign-up and attend this vital training. Space is still available, it is open to all branches of service, Retirees (space available), veterans (180 days after separation). Soldiers can bring along their family members as well. Please spread the word, this is not a one-time check the block, transitioning members should start early as this will give more time to attend training as often as it is needed.

- Pre-Retirement Briefing, **Aug. 9** and **Oct. 25**
- SFL-TAP Workshop, **Aug. 12-16** and **Oct. 28-Nov. 1**
- Entrepreneurship (Boots to Business), **Aug. 26-27**, and **Nov. 4-5**

- Career Exploration Planning, **Aug. 28-29**, and **Nov. 6-7**

All classes will be held Bldg. 56, 1st floor, classroom 2 (Room 122), 8 a.m. start time, classrooms (same hallway as the Education Center). For more information contact 309-782-7780 or email usarmy.ria.usag.mbx.hrm-tsm@mail.mil.

Transfer of Post 9/11 GI Bill Education Benefits, DODI 1314.13 Change 1

The Office of the Secretary of Defense (OSD) released a change to the Transfer of Post 9/11 GI Bill Education Benefits (TEB) instructions, implementing new eligibility requirements in order to transfer benefits to qualifying dependents. There is no change to current provisions. Service members must have at least six years of qualifying service to apply to transfer benefits and must make a four-year commitment in the Armed Forces. However, effective **July 12**, eligibility to transfer Post-9/11 GI Bill education benefits will be limited to service members with at least six years, but not more than 16 years, of total creditable service. The intent of the changes is to align policy with 38 USC 3319, "to promote recruitment and retention in the uniformed services."



The Rock Island Commissary, www.commissaries.com/shopping/store-locations/rock-island-arsenal, and the **Exchange**, www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912, are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: www.commissaries.com/shopping/store-locations/rock-island-arsenal. For information on this and other Commissaries, visit: www.commissaries.com (Facebook: www.facebook.com/YourCommissary)

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

The RIA Commissary Open Independence Day

The RIA Commissary will be open on **Thursday, July 4**, from 10 a.m. – 6 p.m.

Exchange Shoppers Can Enjoy Special Savings June 14 in Honor of the Army's Birthday

On June 14, the United States Army turns 244 years old, and the Army & Air Force Exchange Service is celebrating by offering exclusive one-day savings. Soldiers, Airmen and military families can:

- Save 10 cents on every gallon of gas with their MILITARY STAR® card at Exchange fuel locations.

- Save 15% at Exchange restaurants with MILITARY STAR.
- Save \$10 on a purchase of \$25 or more from any Exchange mall vendor with MILITARY STAR. The coupon required for this offer can be found at the customer service desk.
- Save 20% on select tactical gear June 14 through 20. Plus save an extra 5% with MILITARY STAR on select tactical gear exclusively at ShopMyExchange.com, valid June 14 and 15. Use case-sensitive online code MILPRIDE19.

“The Exchange joins the country in wishing the Army a happy birthday,” said Exchange Director/CEO Tom Shull, an Army Veteran. “We are privileged to serve those who serve every day.” Soldiers, Airmen and military shoppers can visit their local Exchange for more details on these offers. (More: www.dvidshub.net/news/325990/exchange-shoppers-can-enjoy-special-savings-june-14-honor-armys-birthday)

Exchange Celebrates Healthy Choices in Military Communities with Summer Festivals

The military community is invited to have fun and BE FIT at the Army & Air Force Exchange’s Healthy Lifestyle Festivals. The Exchange is teaming up with the Defense Commissary Agency to highlight all the better-for-you options available on installations. (More: www.dvidshub.net/news/322238/exchange-celebrates-healthy-choices-military-communities-with-summer-festivals)

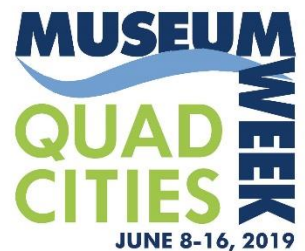


Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website: www.arsenalhistoricalsociety.org/museum) (Facebook: www.facebook.com/RIAMuseum)

Quad Cities Museum Week

On **June 8-16**, museums throughout the Quad Cities region will welcome visitors for a unique adventure filled with fun activities, significant discoveries, and exploration. Don't miss Quad Cities Museum Week and the 17 participating museums, to include the Rock Island Arsenal Museum and the Colonel Davenport House, as they present special exhibits, events, and discounted admissions. You can find all the details including times and dates at www.qcmuseumweek.com. Area museums also encourage you to tweet and post about your museum experiences on Twitter, Facebook, and Instagram. Use hashtag #qcmuseumweek.



Museum Seeking Volunteers

The Rock Island Arsenal Museum is seeking volunteers for several positions including:

- Volunteer Coordinator
- Museum Educator
- Tour and Program Coordinator
- Museum Docent/Tour Guide

To apply, visit www.myarmyonesource.com, click on "Volunteer Tools" in the upper right-hand corner and search for positions at postal code 61299. All volunteer positions are listed under RIA Museum. Please contact us with any questions; 309-782-5021.

Brown Bag Lunch & Learn - Camp McClellan, 1861-1865

Come to the Rock Island Arsenal Museum on **Monday, July 1**, 12 p.m., and discover the Civil War history of Davenport. Camp McClellan was established in 1861 to train troops for the Civil War. Located between East Davenport and downtown Davenport, more than 40,000 Iowa Soldiers were trained at Camp McClellan. The site was also the location of Camp Reynolds where captured Native Americans were held during the Civil War.

Women and World War I

Rock Island Arsenal Museum Director Patrick Allie will lead a discussion on **Saturday, July 13**, 2-3 p.m., at the Rock Island Arsenal Museum, about the experiences of women during WWI, the impact the war had on their lives, and how the war marked a turning point for women in the 20th century. Special focus will be given to the women that came to work at Rock Island Arsenal during the war and the many firsts they marked.

This Week in Rock Island Arsenal History – June 12-18

On June 12, 1917, Congress appropriated \$1,500,000 for a new proving grounds to be located on 13,000 acres of land near Savanna, Illinois. On June 13, 1871, the stone construction began on Shop D (Bldg. 61). In June 1962, radio station WHBF sponsored a luncheon in the RIA Cafeteria to commemorate the RIA Centennial Anniversary. Arthur Godfrey was the guest of honor. On June 14, 1871, Congress cited Rock Island as a government reservation according to Major D. W. Flagler's "Ordnance Memoranda No. 20, A History of the Rock Island Arsenal." On June 15, 1871, Maj. Daniel W. Flagler assumed command of the RIA. He relinquished his command on April 30, 1886. In June 1917, Miss Nellie Cue became the RIA's first forelady. She was forelady in the cloth department of the harness shop. On June 17, 1967, the Ramsey Test Track for combat vehicles was dedicated. The testing facility is 6,487 feet in length and laid out in figure-eight configuration. The track was designed to road test as many as four vehicles, weighing up to 6½ tons each, at one time. In June 1898, during the Spanish-American War, 85 men and boys cleaned and repaired 500 rifles a day in Shop D (Bldg. 62). In June 1942, Maj. Gen. L. H. Campbell, a former officer in charge of manufacturing at the RIA (1931-1935), was appointed the Army's Chief of Ordnance.



Healthbeat

A Healthy Lifestyle Is Integral To Achieving My Career Goals

Vaccinations, physical fitness tests, weight and body fat measurements – with everything the military mandates for service members to help ensure force readiness, it's easy to forget that these health and wellness requirements also benefit service members as individuals. Men, especially, may take the attitude of not doing anything beyond checking the boxes. According to the Centers for Disease Control and Prevention's annual National Health Interview Survey, men ages 18 to 65 are more likely than women to use tobacco products and drink alcohol to excess. We're also less likely than women to seek advice from health care professionals. I'll admit I haven't always been as focused as I could be on health and wellness. In the past few months, though, I've been paying

closer attention. Maintaining a healthy lifestyle is integral to achieving my career goals. I enlisted in the Navy in my mid-20s and was assigned to surgical technician training and then training to become a urology technician. My experiences have led to the desire to become an officer in the Navy Medical Corps. I'm doing everything I can to get ready to apply to the Enlisted to Medical Degree Preparatory Program, or EMDP2. Once I started digging into the program and seeing what the requirements were, it reminded me of what it means to be a sailor, and that I can't let physical fitness fall to the wayside. The program actually considers the physical fitness of candidates as part of the application process. (More: <https://health.mil/News/Articles/2019/06/04/A-healthy-lifestyle-is-integral-to-achieving-my-career-goals>)

Take Command of Your Health during Men's Health Month

Men, are you taking command of your health? Taking command of your health means making positive decisions each day that contribute to your overall physical and mental wellness. Men's Health Month is a great time to focus on taking preventive steps and making small changes to your lifestyle. You can start by getting familiar with the preventive services that TRICARE covers and health issues that more frequently affect men. According to the Centers for Disease Control and Prevention, the leading cause of death among men in the U.S. is heart disease. Some of the factors that lead to heart disease and stroke are preventable, especially with early detection and timely treatment. (More: <https://health.mil/News/Articles/2019/06/06/Take-Command-of-your-health-during-Mens-Health-Month>)

Notes for Veterans

VA Health Care Facilities to Go Smoke-Free

As part of the U.S. Department of Veterans Affairs' (VA) commitment to provide excellent health care for Veterans, the department will implement a new policy restricting smoking by patients, visitors, volunteers, contractors and vendors at its health care facilities by October. Although VA has historically permitted smoking in designated areas, there is growing evidence that smoking and exposure to secondhand and thirdhand smoke creates significant medical risks, and risks to safety and direct patient care that are inconsistent with medical requirements and limitations. Accordingly, VA's Veterans Health Administration (VHA) has collaborated with key stakeholders to update and recertify the policy to be consistent with the department's commitment to Veterans and the community. A recent VA survey revealed that approximately 85% of responding facility leadership support smoke-free campuses, and this new policy for patients, visitors, volunteers, contractors and vendors allows VA to ensure the health and well-being of VA staff, patients and the public. "We are not alone in recognizing the importance of creating a smoke-free campus," said VA Secretary Robert Wilkie. "As of 2014, 4,000 health care facilities and four national health care systems in the U.S. have implemented smoke-free grounds. This policy change coincides with additional VHA efforts to help us become the provider of choice for Veterans and the reason why Veterans will ChooseVA." (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5265)

VA Announces Final Community Care Regulations under MISSION Act

Today the U.S. Department of Veterans Affairs (VA) announced the publication in the Federal Register of two final regulations as part of its new Veterans Community Care Program under the VA Maintaining Internal Systems and Strengthening Integrated Outside Networks (MISSION) Act

of 2018. Signed into law on June 6, 2018, the MISSION Act strengthens VA's ability to deliver trusted, easy to access, high quality care at VA facilities, virtually through telehealth, and in Veterans' communities. The law makes several improvements to VA care that begin on June 6, 2019. "President Trump promised to give Veterans greater choice," said VA Secretary Robert Wilkie. "We are honoring that promise by making sure Veterans have access to timely, high-quality care, whether from our VA facilities or our community providers." A key component of the MISSION Act is a new urgent care benefit that provides eligible Veterans with greater choice and access to timely, high-quality care. With urgent care, Veterans have a new option for care for the treatment of minor injuries and illnesses, such as colds, sore throats and minor skin infections. The benefit is offered in addition to the opportunity to receive care from a VA provider, as VA also offers same-day services. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5263)

Around the Q.C.



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June 15: CVMA 39-4 Annual Patriot Ride (Quad City area) More: cvma.iowa.394@gmail.com

June 15: Micro Brew Mile and 6k Road Race (5th Avenue, Moline) More:

https://secure.getmeregistered.com/get_information.php?event_id=MTUzNjA2OTAzMTgzOTJWbTbzGwb0hGU%2F

June 16: Ride the River Bike Ride (both sides of the Mississippi River) More: www.riveraction.org

June 21-23: Planet Funk Con – Comic-Con (TBK Bank Sports Complex) More: www.planetfunkcon.com

June – TBA: Quad Cities Senior Olympics (across Quad Cities) More: www.qcseniorolympics.org

June 28-29: Tackle MS (Multiple Sclerosis) with Alex Tanney Charity Event (Monmouth, Illinois) More: www.tacklemswithalextanney.com

June 29-30: Quad City Airshow (Davenport Airport) More: www.quadcityairshow.com

July 3: Red, White and Boom! (Rock Island and Davenport) More: www.redwhiteandboomqc.org

July 4: Firecracker Run & Parade (East Moline) More: www.emmainstreet.com

July 4: Bettendorf Old-Fashioned 4th of July (downtown Bettendorf) More: www.bettendorf.org

July 5-6: Mississippi Valley Blues Festival (East Moline) More: www.mvbs.org

July 8-14: John Deere Classic PGA Tour (TPC Deere Run golf course in Silvis) More: www.johndeereclassic.com

July 8-14: Mercer County Fair (fairgrounds in Aledo) More: www.mercercountyfair.org

July 10: YouthFest 2019 (Fejervary Park, Davenport) More: www.facebook.com/events/366838400572465

July 11-13: Walcott Truckers Jamboree (Iowa 80 Truckstop, Walcott, Iowa) More: www.truckersjamboree.com

July 13: Rivers Edge Home Brew Festiv-Ale (downtown Rock Island) More: www.downtownrockisland.org

July 16-20: Rock Island County Fair (fairgrounds in East Moline) More: www.rockislandfair.org

July 19: Thank the SEALs Welcomes Kris "Tanto: Paronto (Quad-Cities Waterfront Convention Center, Bettendorf) More: www.facebook.com/events/544617385988633

July 20: Thank the SEALs "The Ride!" (Quad-Cities Waterfront Convention Center, Bettendorf) More: www.facebook.com/events/2693185040710225

July 21: Kids Ninja Adventure Run (Case Creek Obstacles, Coal Valley, Illinois) More: www.casecreekobstacles.com

July 21: Case Creek Cross Country Trail Run (Case Creek, Coal Valley, Iowa) More: www.casecreekobstacles.com

July 19-20: Quad Cities Veterans Experience Action Center (St. Ambrose University's Wellness and Rec Center) More: www.sau.edu/events

July 26-27: 48th Annual Street Fest (Downtown Davenport) More: www.downtowndavenport.com/event/street-fest

July 27: Bix 7 Run/Walk (downtown Davenport) More: www.bix7.com

July 30-Aug. 4: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: www.mvfair.com

Aug. 1-3: Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort) More: www.bixsociety.org

Aug. 3: 5k Mud Obstacle Run For Everyone (Case Creek Obstacles, Coal Valley, Illinois) More: www.casecreekobstacles.com

Aug. 8-10: Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: www.tugfest.org

August TBA: Ya Maka My Weekend (downtown Rock Island) More: www.downtownrockisland.org

Aug. 17: Floatzilla (Sunset Marina in Rock Island) More: www.floatzilla.org

Aug. 17: Quad City Symphony Riverfront Pops (LeClaire Park in downtown Davenport) More: www.qcso.org

Aug. 17: Village Wine Walk (Village of East Davenport) More: www.villageofeastdavenport.com

August TBA: World Series of Drag Racing (Cordova International Raceway) More: www.racecir.com

Aug. 22-25: Alternating Currents Festival (downtown Davenport) More: www.alternatingcurrentsqc.com

Aug. 24: Vettes on the River (LeClaire, Iowa) More: www.visitleclaire.com

Aug. 24-25: Farm Days (Village of East Davenport) More: www.villageofeastdavenport.com

Aug. 31 - Sept. 1: Rock Island Grand Prix (downtown Rock Island) More: www.rockislandgrandprix.com

Sept. 7: QCA Heritage Tractor Parade & Show (John Deere Pavilion in Moline) More: www.visitjohndeere.com

Sept. 7-8: Beaux Arts Fair (downtown Davenport) More: www.beauxartsfair.com

Sept. 13-14: Celtic Festival & Highland Games (Centennial Park in Davenport) More: www.celtichighlandgames.org

Sept. 14: Taming of the Slough (Sylvan Slough) More: www.riveraction.org

Sept. 14: Brew Ha Ha (LeClaire Park in Davenport) More: www.jayceesqc.org

Sept. 21: Quad Cities Marathon (Moline) More: www.qcmarathon.org

Sept. 21-22: Riverssance Festival of Fine Arts (Village of East Davenport) More: www.midcoast.org

Sept. 22: Quad Cities Marathon (downtown Moline) More: www.qcmarathon.org

Sept. 27-28: Hot Air Balloon Festival (Island County Fairgrounds in East Moline) More: www.quadcitiesballoonfestival.com

Sept. 29: Nancy Kapheim Memorial Classic (Rock Island) More: www.cornbelt.org/nearby_races.htm

Oct. 13: Apple Fest (downtown LeClaire, Iowa) More: www.visitleclaire.com

October TBD: Row the Miss Regatta (Mississippi River in Moline) More: www.tworiversymca.org

Oct. 24: Fright Night (Schwiebert Park in downtown Rock Island) More: www.downtownrockisland.org

Oct. 26: Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: www.lagomarcinos.com

Oct. 26-27: Boo at the Zoo (Niabi Zoo) More: www.niabizoo.com

Oct. 26: Witches Walk & Costume Parade (downtown LeClaire, Iowa) More: www.visitleclaire.com

Oct. 26: Halloween Parades (Bettendorf and Davenport)

Nov. 16-24: Quad City Arts Festival of Trees (RiverCenter in Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Festival of Trees Parade (downtown Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Lighting on the John Deere Commons (downtown Moline) More: www.lightingonthecommons.com

Nov. 24: Christmas Walk (Walnut Grove Pioneer Village) More: www.scottcountyiowa.com

Island Insight



Col. Stephen C. Marr, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor *The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 www.army.mil/usapa/epubs/pdf/r360_1.pdf by the Rock Island Arsenal-Garrison Public Affairs Office. **Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office.** Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to*



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