

# THE 1ST INFANTRY DIVISION POST

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FORT RILEY, KANSAS

## POWER OF THE TOWER



Instructors from the Texas National Guard and Soldiers from Headquarters Troop, 1st Squadron, 4th U.S. Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, are task focused as they lift a person in a simulated rescue.

## 'Quarterhorse' Soldiers learn ropes



Pvt. Jacob Keller from Headquarters Troop, 1st Squadron, 4th U.S. Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, concentrates on learning and tying knots in the best possible way as they would be used to save lives.

Story and photos by Staff Sgt. Adam Decker  
358TH PUBLIC AFFAIRS DETACHMENT

SLOVAKIA — Soldiers of the Chemical, Biological, Radiological and Nuclear Operations Platoon of the 1st Squadron, 4th U.S. Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, were instructed in ropes training for search and rescue operations by instructors from the Texas Army National Guard, April 11.

The ropes search and rescue was a training event during the two-week Toxic Lance exercise for the CBRN Soldiers of the 1st Sqdn. 4th. Cav. Regt, 1st ABCT, 1st Inf. Div. The training included learning rope knots and equipment to make secure 1-to-1 and 3-to-1 rope systems and then to use those systems as a team to conduct rescues.

"The Soldiers received the training well. They were having fun and taking pictures," said 1st Lt. Giovanni Valldejuli, an instructor from the Texas Army National Guard. "It was good training and if they needed to use it in a real life situation, I would feel comfortable letting them do it."

"It was really exciting getting to do something different from just another day in the motor pool," said Pvt. Jacob Keller, an assistant surveyor, CBRN Reconnaissance Platoon, HHT, 1st Sqdn. 4th. Cav. Regt., 1st ABCT, 1st Inf. Div. "This training is actually beneficial because it prepares us for real situations. I also feel like it's important to know general things like tying a simple knot."

## Melliand, Olay represent, earn honors at competition



Sgt. Jaret Melliand, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, left, and Spc. Nathan Olay, 97th Military Police Battalion, earned the titles Noncommissioned Officer and Soldier of the Quarter April 26 after four days of competition testing them and other competitors on basic Soldiering skills.

Story and photo by Will Ravenstein  
1ST INF. DIV. PUBLIC AFFAIRS

Two Soldiers walked out of a conference room in the 1st Infantry Division Headquarters Building April 26 named Soldier and noncommissioned officer of the Quarter — after four days of competition testing them on their basic Soldiering skills.

Sgt. Jaret Melliand, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, and Spc. Nathan Olay, 97th Military Police Battalion, were told they will also represent the "Big Red One" June 24 to 28 at the Best Warrior Competition at Fort Hood, Texas.

"It feels good," Melliand said. "It was definitely a good competition."

"I'm kind of relieved it's over with," Olay said. "I'm ready for the next one ... keep pushing forward for more."

The four-day competition began early April 23 and concluded April 26 with Command Sgt. Maj. Craig Bishop, 1st Inf. Div. senior noncommissioned officer, leading a five-member board.

"Day one starts off with a [physical training] test," said Sgt. 1st Class Benjamin Ewald, 1st Inf. Div., training. "We go to the range and qualify, we go to the land [navigation]

site and do day and night land nav. Day two, is going to consist of a six-mile road march in the morning, right into [Army Warrior Tasks] lanes — which is all skill level one tasks.

"Day three is ... combat-ives level one and the obstacle course," he said. "And the last day is the board with the division sergeant major and all the brigade sergeant majors."

Each candidate received points based on their performance.

"Besides the sergeant major's take on the board, the guy, or the girl, with most points is the winner of the competition," Ewald said. "This competition is a little different, because this one, they're going to go to Texas and compete as the Best Warrior Competition."

Both Melliand and Olay said they will continue to improve on their PT scores while studying their Army Warrior Tasks to better prepare themselves.

"[We're] just going to keep pushing forward," Melliand said. "Just like the sergeant major said, 'No one likes to lose.' So, we've got to keep winning — the 1st IDs going to win."

The two were also presented the Army Commendation Medal from the division and are now eligible to compete in the NCO and Soldier of the Year Competition.

## Intel team proves valuable during Allied Spirit X

Story and photo by Sgt. Thomas Mart  
358TH PUBLIC AFFAIRS DETACHMENT

HOHENFELS, Germany — Soldiers assigned to 2nd Battalion 34th Armored Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, conducted intel operations during exercise Allied Spirit X from March 30 through April 17 at the Hohenfels Training Area.

"We're making sure the capabilities [of 2nd Bn., 34th Armor Regt.] are going to be effective and can bring a lot of fight," said Warrant Officer Alan Mendoza, an all source intelligence technician assigned to 2nd Bn., 34th Armored Regt., 1st ABCT, 1st Inf. Div. "Part of being in the military intelligence company is that we have different elements in the intel."

The intelligence community is comprised of several military occupational specialties. Some that are attached to 2nd Bn.,

34th Armor Regt., 1st ABCT, 1st Inf. Div., include: human intelligence collector, signal intelligence analyst, shadow tactical unmanned aircraft system operator, all source intelligence analyst, system maintainers and geospatial intelligence imagery analyst.

"As an all source, you fuse all the different intel in sections to combine them into a clear picture of what the operational environment is going to be," Mendoza said.

As a whole, the intelligence field assesses the capabilities of the friendly and enemy forces to define how they can best use the terrain, political, military, environmental and civilian considerations and anything with relevance, to best advise unit leadership.

"It's very complex but once you start combining everything, it comes together like little pieces of pie," Mendoza said. "There are different things we try to do in a timely manner to

ensure good decisions are made to conduct safer operations anywhere we go in the world."

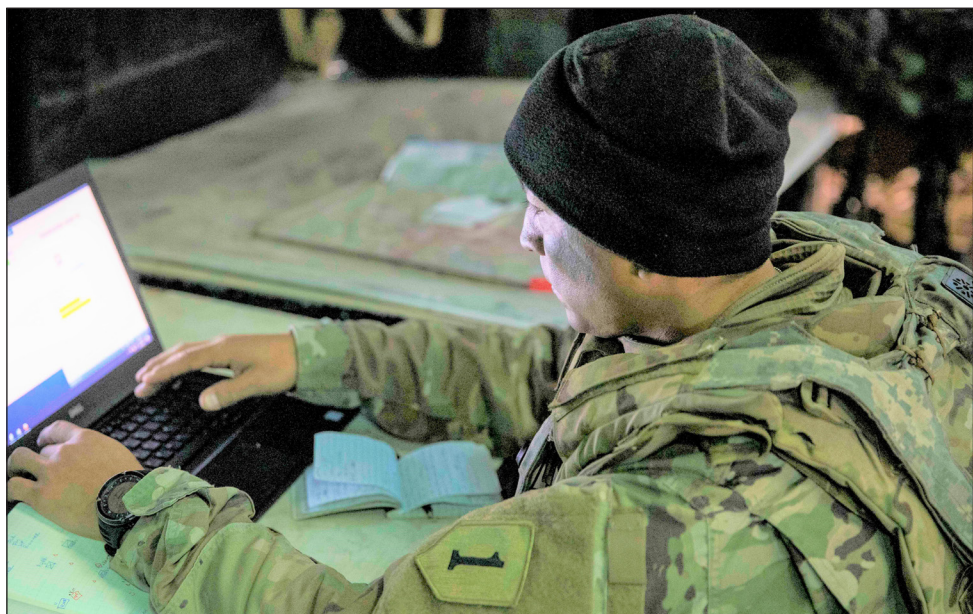
Throughout the day and night, the intelligence team monitors and intercepts different calls and reports throughout the area of operations.

"Today we are receiving a lot of [indirect fire]," Mendoza said. "Certain areas that they have identified, they are going to continue to conduct IDF."

These continuous reports are valuable in aiding the leadership on how to best defend, attack and counterattack the enemy.

"This morning we got two reports of stolen vehicles so our battalion commander wanted us to make fox holes around the perimeter and set up battle positions," said Spc. Noel Walton, an intelligence analyst assigned to 2nd Bn., 34th Armored Regt., 1st ABCT, 1st Inf. Div. "We [continually] monitor the

See TEAM, page 7



Warrant Officer Alan Mendoza, an all source intelligence technician assigned to 2nd Battalion, 34th Armored Regiment, 1st Armored Brigade Combat Team, reviews significant activity, during exercise Allied Spirit X in Hohenfels, Germany, April 8. The 1st ABCT is part of more than 6,000 U.S. regionally-allocated Soldiers in Germany, Bulgaria, Estonia, Hungary, Latvia, Lithuania, Poland and Romania, on a nine-month rotation, in support of Atlantic Resolve. Exercise Allied Spirit X includes approximately 5,600 participants from 15 nations, March 30 to April 17 at the 7th Army Training Command's Hohenfels Training Area in Southeastern Germany.

### FORT RILEY VOLUNTEER SPOTLIGHT



Connie Cronin is a volunteer with USO Fort Riley. Cronin is an active volunteer not only with the USO, but also for organizations in the surrounding communities, including the senior center, Meals on Wheels and Court Appointed Special Advocates. She can be counted on even at a moment's notice and always has a smile on her face and a solution to any problem, said Theresa Guadagno, center operations supervisor, USO Fort Riley.

"She makes sure that people are informed about the different resources and community events available to them, keeping them connected to Fort Riley and the surrounding communities," Guadagno said. "Her witty sense of humor brightens everyone's day."

For more information about volunteering on Fort Riley contact Jane Brookshire volunteer coordinator with the Army Community Service at 785-239-9974.

### ALSO IN THIS ISSUE



EVENT BRINGS OUT SUPERHEROES OF ALL AGES  
#FITFIRST

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### ALSO IN THIS ISSUE



SPC. SHELL TRIES OUT THE CAMPING OPTIONS IN KANSAS.

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# Never broken by hardship or battle



Lt. Col. Reginald White and Command Sgt. Maj. Michael Deatherage both from the 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, present Kamau Stokes, Kansas State University Men's Basketball player with the Lightning Award April 11 at K-State University.

Story and photo by 2nd Lt. Emily McGowan  
HHC, 1-7 FA BN, 2ABCT

MANHATTAN, Kan. — Lt. Col. Reginald White and Command Sgt. Maj. Michael Deatherage both from the 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, attended the Kansas State University Men's Basketball Team annual banquet, April 11.

The Wildcats celebrated a successful 2018-19 season, in which they won the Big XII Championship and appeared in the NCAA National Championship Tournament. The outgoing senior class, which includes Kamau Stokes, Barry Brown, Patrick Muldoon and Dean Wade, were recognized for their achievements. Additionally, the team presented awards to players who excelled on the court and in the classroom.

The "Lightning" Battalion's partnership with the K-State Men's Basketball team started in 2009. Ever since, the command team has attended the banquet to present the "Never Broken" Award.

"I am honored we have been able to build such a strong partnership with the Wildcats," White said. "We're thrilled to have the opportunity to recognize the hard work these student-athletes put in every day."

The award's name was coined after the Lightning Battalion's motto "Never broken by hardship or battle." The battalion adopted this motto after Marshal Ferdinand Foch, the commander of all French forces during World War I, placed it on a citation awarded to the battalion for its resilience and reliability throughout seven WWI campaigns.

The "Never Broken" Award is presented to the Wildcat who demonstrates the most resiliency and reliability throughout the season.

The Lightning Battalion command team presented the 2019 award to Kamau "Kam" Stokes.

Stokes personified resiliency this season.

His 2018 season began the same way his 2017 season ended, with a foot injury. However, Stokes refused to sit out because his team

See WILDCATS, page 7

# New Army out-processing procedures

By Amanda Ravenstein  
1ST INF. DIV. POST

A policy change has been issued concerning tier two Soldiers receiving permanent change of station orders. A tier two Soldier is private to staff sergeant, second lieutenant to captain and warrant officer to chief warrant officer two.

When a Soldier arrives at the Central Clearing Agency, 217 Custer Ave., to complete out-processing procedures, in addition to their PCS orders and the Department of the Army Form 31 — Request and Authority for Leave, a printed DA Form 5434 — Sponsorship Program Counseling and Information Sheet, is now required to receive clearing papers.

"Sponsorship isn't a brand new requirement," said Angela Martin, Chief, Military Personnel Division, Directorate of Human Resources. "Before you can get your clearing papers, that part is new. However, the requirement to have a sponsor is not something new. That's been into effect for several years."

If a Soldier does not complete the DA 5434 form before arriving at the CCA they will still have the chance to do so.

"That's why we're going to have, in the out-processing section, a computer that will have a printer attached to it," she said. "Where they could, if they had not already gone on to the [Army Career Tracker] Portal, that they can go into the ACT Portal and do sections one, two, four and five, which takes just a few minutes."

To access the ACT Portal, Soldiers go to [actnow.army.mil](http://actnow.army.mil) and sign in with their Common Access Card to reach the form.

There are few exceptions, Martin said. "Soldiers going to PCS schools," she said. "Some MOS producing schools are six months or more so they're not required to do it. Soldiers on assignment to drill sergeant or recruiter assignments aren't required to do it either."

According to the notice on [www.home.army.mil/riley/index.php/about/directorates-staff/dhr/military-personnel-services](http://www.home.army.mil/riley/index.php/about/directorates-staff/dhr/military-personnel-services), this policy change supersedes any of the information in the drop down menus on the page.

For more information on the policy change, call Central Clearing Agency 785-239-0757.

# Burning part of ensuring healthy prairie

Story and photos by Gail Parsons  
1ST INF. DIV. POST

Flames moved across the prairie feeding on dry grass and leaving behind a carpet of black, scorched land. In a few days, bright green shoots of new vegetation emerged to provide food and habitat to numerous mammals, birds and insects.

The land management ritual of burning the prairie dates back to when Native Americans lived and hunted this land.

"Native Americans knew that after a fire, the fresh green grass would attract the bison and the elk," said Steve Wahle, the wildland fire management coordinator for Fort Riley. "Prescribed burning is the greatest tool we have for managing our prairie ecosystem ... and Fort Riley's natural resources."

The burn season, which starts in late summer is coming to an end.

"We usually do not do burns after May 1 because things green up and it's harder to burn, and then too because of (ground) nesting birds," Wahle said.



ABOVE: Heat rises from a prescribed burn in Training Area 10 Alpha as fire scorches the dead, dry brush on April 15. RIGHT: Firefighters Matthew Gorewicz, left, and Tyler Belt ensure the smoldering logs are completely extinguished before they leave Training Area 10 Alpha following a prescribed burn, April 15.



The goal each season is to burn about 30,000 to 35,000 acres, which is about one-third of the installation's acreage. However, there are several fac-

tors that play into whether that is accomplished or not, such as manpower and weather.

The 2018/2019 plan called for burning 37,440 acres. As of

April 30, they were 47 percent complete with 17,515 acres burned.

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# 1 DUTY FIRST DOWNRANGE 1

PHOTOS OF THE 1ST INFANTRY DIVISION SOLDIERS FROM DOWNRANGE AS THEY MAKE THEIR MARK ON EUROPE AND AFGHANISTAN PROVING "NO MISSION TOO DIFFICULT, NO SACRIFICE TOO GREAT. DUTY FIRST."



Pvt. Vincent Gibson | 5th MPAD  
Spc. Devoy Dixon of the Company D, 3rd Assault Helicopter Battalion, 1st Aviation Brigade, 1st Combat Aviation Regiment, 1st Infantry Division, paints flower pots with residents of the Constanta Senior Center at Constanta, Romania, April 25. U.S. Army Soldiers stationed at Mihail Kogalniceanu Air Base, Romania, volunteered to spend their time with elderly locals by participating in an outreach event in celebration of Orthodox Easter at the Constanta Senior Center.



Sgt. Thomas Mort | 358th PAD  
Sgt. James Sheives, an armor crewman from 2nd Battalion, 34th Armored Regiment, 1st Armored Brigade Combat Team, prepares to survey the area before attempting to overtake a local town held by opposing forces during exercise Allied Spirit X in Hohenfels, Germany, April 13. Exercise Allied Spirit X includes approximately 5,600 participants from 15 nations, March 30 to April 17, at the 7th Army Training Command's Hohenfels Training Area in Southeastern Germany.



Sgt. Walter Carroll | 1st Inf. Div. Sust. Bde.  
Sgt. 1st Class Levi Olson, 1st Infantry Division Sustainment Brigade, trains Soldiers from the 912th Adjutant Generals Company (Human Resources), Army Reserve from Florida, in Afghanistan April 28. Olson worked with the 912th AG Co., Soldiers on different squad and team activities to prepare them for anything that could happen while on deployment



Sgt. Kris Wright | 358th PAD  
Soldiers from Battery A, 1st Battalion, 5th Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, stop to resupply their M109 Howitzers in preparation for a live-fire exercise at a range near Torun, Poland, April 16.

# User assessments let Soldiers test future generations of vehicle trainers

Story and photo by Margaret Ziffer  
USAG PUBLIC AFFAIRS

Members of Fort Riley's 2nd Armored Brigade Combat Team, 1st Infantry Division, had the opportunity to test out equipment in the running to become the Army's next generation of vehicle training simulators during the Synthetic Training Environment Cross Functional Team's User Assessment at Fort Riley's Mission Training Complex April 22 TO 26.

The Soldiers, in conjunction with peers from Fort Carson's 4th Infantry Division and Marines from both coasts, were called in to test several different vendors' prototypes for the Reconfigurable Virtual Collective Trainer — Ground, which is a modern virtual training capability representing the Army's range of wheeled and armored platforms.

"This test is what we like to call an azimuth check," said Maj. Casey Crowley, capability developer with Training and Doctrine Command Capability Manager, Integrated Training Environment. "Just getting Soldiers on the equipment and getting their feedback. Is it good enough? Are we on track? Or do we need to make some drastic changes and go in a different direction?"

Crowley explained that the Army's goal is to field the prototypes the Soldiers and Marines are testing in the first quarter of fiscal year 21. So, as users, it is important to get their feedback now in case changes need to be made.

"The technologies that we're developing and fielding are on a much more accelerated timeline than traditional acquisitions methods," said Crowley. "It is absolutely critical that at this phase we get Soldiers' feedback on if we're running in the right direction or if we need to make drastic changes before we field something that is not going to work."

The Army already has an inventory of armored and wheeled simulators; however, the

need to pursue upgrades became a priority for a variety of different reasons, including cost and time required to update existing systems.

"Existing platforms are getting old," said Crowley. "Some of the technology is dated. And because they are platform specific, if a newer variant of a vehicle is fielded, you have to upgrade all of those trainers at an immense cost, whereas if you have a reconfigurable system, the upgrades are less expensive."

"We want to figure out how to reduce the footprint and the cost of the current [Close Combat Tactical Trainer] that we use for our tank and Bradley simulators, and then also the aviation collective trainer as well," said Lt. Col. Brian Hanley, lead capabilities developer, TCM-STE.

One way to lower costs is to incorporate off-the-shelf technology into the new designs, which would reduce the cost of maintaining and updating hardware, said Hanley.

Another goal of the program was to use less hardware altogether.

"We wanted to use a software-heavy approach because by using software, it would be a lot easier for us to update," said Hanley. "And if we go to the cloud-based deployment methodology that we hope to achieve, that allows us to just update the software on the cloud and push it out and everything is updated at one time, we don't have to go from installation to installation to install those upgrades on the systems that are currently fielded."

Another goal was to create a sense of immersion for the user, which is possible because of the latest technology developments.

"The gaming industry has moved forward, so we're taking advantage of that to train Soldiers," said William Sanchez, project director and assistant program manager for STE. "Before, it used to be that we developed everything



Soldiers of Fort Riley's 2nd Armored Brigade Combat Team, 1st Infantry Division test out prototypes for the Reconfigurable Virtual Collective Trainer - Ground during the Synthetic Training Environment Cross Functional Team's User Assessment at Fort Riley's Mission Training Complex April 22 to 26. Members of 2ABCT tested out different versions of the next generation of vehicle training simulators and provided their feedback to ensure the prototypes meet all required specifications prior to being fielded. #ArmyTech #ForgeTheFuture

and they learned from it and went to develop games. But now, they move fast enough that we need to catch up to them."

Available technology allows for prototype designers to take into account the smallest details and incorporate the weather into training scenarios.

"The level of fidelity we are trying to get to achieve is, (to be) 'as accurate as possible,'" said Sanchez. "The Soldiers need to be able

to move, shoot and communicate. So a lot of the training is muscle memory. The more they train, the more repetitions they get, the safer they will be when they go to war."

Aside from saving on upgrade costs and being universally reconfigurable to simulate any ground system in the Army's inventory, another advantage of the RVCT-G is its smaller size,

See FUTURE, page 8

# Recovery dogs, handlers from US, Canada convene at Fort Riley for training

Gail Parsons  
1ST INF. DIV. POST

Whether it's the result of a crime, an accident or a natural disaster, if there is a need to find a deceased person, a dog trained to detect the slightest odor of human remains can be brought in.

"It could be a wide range of human remains," said Heather Swift, instructor with The Alliance of Search K9 Specialists, from Wichita. "You think about suicides, homicides, things like that — drownings, people getting lost. We have some folks that even do historical. So, they will go out to a potential historical grave site where maybe the graves aren't marked."

She headed up a training workshop for a group of such dogs and their handlers from around the country and one from Canada, April 26 through 28 at the Combined Arms Collective Training Facility.

"They have a lot of really good buildings, venues, things like that, here at Fort Riley," she said. "Chris [Hallenbeck, Fort Riley Emergency Management Coordinator] has been amazing helping us navigate through all the military lingo, ins and outs, paperwork, things like that."

Hallenbeck said T.A.S.K.S. has been one of Fort Riley's emergency response partners for several years.

"Heather and her team are one of our response capabilities," he said. "This is just one

of those things, she needed somewhere to train that had all the buildings and stuff and we've got the perfect spot."

While the need to call on the recovery or the search and rescue teams is not frequent, Fort Riley Police Chief Will Paskow said he is glad they are a phone call away.

"We paired up with search and rescue folks summer before last, that was the most recent time," he said. "They are certainly a valuable asset we appreciate the fact that when we have a situation, we can call them and they will show up and assist us."

## TRAINING

The main difference between human remains detection animals and bomb and drug detection dogs is the HRD dogs are privately owned.

"Most drug and bomb dogs are going to be run by police departments, the military police — those type of folks," Swift said. "All of our handlers are volunteers. So, when we come out to things like this, it's our dime. The dogs are ours; they are working dogs, but they're pets too."

Some of the dogs are cross-trained between HRD and search and recovery, but most are one or the other. Swift explained disaster dogs cannot be cross-trained, but wilderness dogs can be.

"If you have a disaster, somebody could be buried and

still alive," she said. "If you have a cross-trained dog in a disaster situation and you're doing hasty search, you're just trying to find live people to get them out and get them medical help. If you have a cross-trained dog who hits on someone (who is) deceased, underneath the rubble, then the first responders are going to start putting their energy into the deceased person rather than continuing to put energy into live people."

The methods of training an HRD dog and other detection dogs are similar. But much of the work is on the handler. They are the ones who have to learn how to guide their dog and watch for the slightest cues. The recent training exposed dogs and owners to a number of challenging scenarios.

For example, in one of the buildings, there were several areas where a slight breeze was coming through. Knowing how the air flowed was important for the handlers to guide their dogs.

In other scenarios, distractions were put in place.

"They set up some very challenging problems," Swift said. "But they also take into consideration where each and every handler and their dog is in their training."

In addition to having the dogs working the scenarios, there was classroom training that covered topics including

See SEARCH, page 6



Gus, an 8-year-old German Shepherd sniffed his way around the school house at the Combined Arms Collective Training Facility before detecting an odor and pointing it out to his handler. Dennis Schenk, from Rosholt, Wisconsin, and Gus, joined several recovery dogs for a weekend of training at Fort Riley April 25 to 27.

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Effective April 22, 2019, the Employee Benefits and Information System (EBIS) will be upgraded to the GRB Platform™. The GRB Platform™ is an enterprise system that provides Army-serviced employees with access to information regarding government wide benefit programs such as health insurance, life insurance, the Thrift Savings Plan (TSP), retirement, and more. You can review the coverage for each benefit you are enrolled in as well as other benefits you may want to take advantage of in the future. Additionally, the GRB Platform™ contains a variety of resources and tools such as benefit program documentation, fact sheets, informational videos, electronic forms, calculators, and links to external websites.

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**Common Access Card (CAC) log on only.** There is no longer a user name and password requirement.

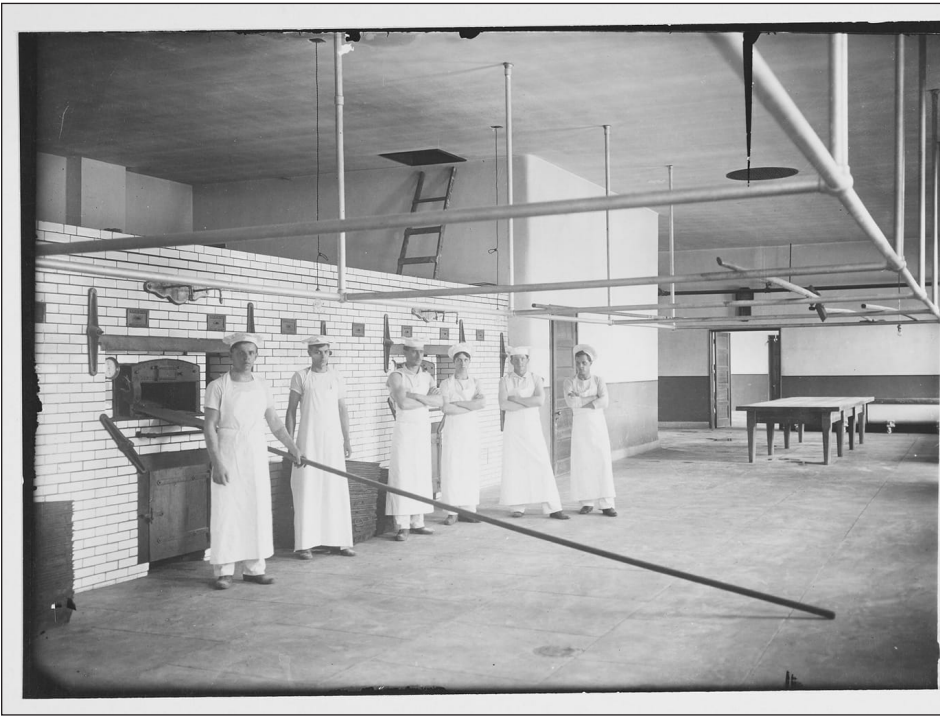
When you log in for the first time you will view a brief tutorial video about the GRB Platform.

For assistance, contact:

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DSN: 520-2222, Commercial (785) 240-2222, and Toll-Free 1-877-276-9287

## Looking Back: Building 310 served up fresh baked goods



Bakers pose for a photograph in building 310. The building was first the home of the Bakers and Cooks School and opened in 1902.

Scott Rhodes  
USAG PUBLIC AFFAIRS

Building 310, at the intersection of Holbrook and Dickman Avenues, is constructed of native limestone and opened its doors in 1902. It originally served as a bakery and was home to the Bakers and Cooks School. It was at the school

that Captain L.R. Holbrook and Commissary Sergeant Patrick Dunne created all the cook books, field ranges and field ovens that were used throughout the Army during that time period. The two men patented an early version of field oven then released their copyrights and patents to the government. Two other

similar schools at Washington, D.C and the Presidio Monterey were established and patterned after the Fort Riley school.

Today, Fort Riley's Directorate of Family and Morale, Welfare and Recreation uses the facility for various purposes including a haunted house that is set up in the around Halloween.

Courtesy photo

## Cross pistols return to company

By Gail Parsons  
1ST INF. DIV. POST

When Jennifer Hirakawa, owner of Kawa Farms and K-9 Training in Iowa, learned she would be attending canine training at Fort Riley April 26 through 28, she knew she had another mission to accomplish.

Master Sgt. Hirakawa retired from the Military Police Corps in 2012. For most of her career, she carted around with her a piece of memorabilia she had picked up in Germany.

From 1991 through 1994, she was assigned to the 287 MP Company when they were in charge of manning Checkpoint Charlie in Berlin.

After the Berlin Wall came down, all of the foreign armies were leaving. American forces would be among the last to go, she said. She was one of the last five or six MPs to leave Berlin. By the time she did, the Germans had taken ownership of the military buildings.

"They had taken all of the stuff that we left behind," she said. "It was all just in this big warehouse room."

In that room, she saw the handmade wooden cross pistols that had hung above the company entrance. They had been there to greet her every day — she couldn't walk away and leave them.

"We asked the foreman from the German construction company, what they were going to do with (the stuff in the warehouse), and he said they were going to throw it away," she said. "We asked him if we could have some of it. And he said, 'sure, take what you want.' And so, we did. The only real thing that I took was the cross."

As a young Soldier, she loved the MP Corps and that plaque was meaningful to her. For the rest of her 23-year career, those crossed pistols hung in the hallway of every house she lived in.

When she retired, it was time for them to retire as well.

"I made it my mission that someday I would send them home," she said.



Retired Master Sgt. Jennifer Hirakawa, brought a wooden cutout of the Military Police cross pistols to the 287th MP Co., April 26. The plaque had hung above the company door in Berlin when she was stationed there. When the Berlin wall came down the Army left, she took them with her. Receiving them for the 287th were 1st Sgt. Mylls Cheffey, left, and Sgt. 1st Class Benjamin Rudy.

She finally had that opportunity on April 26. While the rest of the canine group broke for lunch, she brought the cross pistols to the 287th MP Co., where there is already a spot chosen for them to be hung.

First Sgt. Mylls Cheffey was excited to have them. He has a passion for the history of the company and has for years reached out to former members looking for memorabilia to add to their mini museum.

"I've tried to reach out to people who have been in the unit because the unit has a rich history, especially in the Berlin Brigade, which was one of the last brigades to stand between East and West Germany," he said. "This company manned the famous checkpoint known as Checkpoint Charlie, and on our last rotation to Europe, we were able to meet a lot of people and reach out and get some artifacts from them. I think it's important that (we) do that."

Having the cross pistols back with the company gives new MPs a visual reminder of the proud heritage they are now part of, he said.

"It is important, not only for the organization, but for Soldiers who are in the organization to realize this unit's been around for a while and it is steeped in history," he said. "And they are going to continue to be a legacy with it."

Cheffey said he appreciated that when Hirakawa was a young MP, she had enough insight to recognize the piece of wood that was about to be discarded was more than just a thing to hang on the wall.

"It may not seem like a lot to a lot of people, but it's something that if she would have not grabbed it, it wouldn't be around, it would just be another thing in a landfill somewhere," he said. "It's important because a lot of Soldiers rallied around this item. It's something they saw on a daily basis. Now, it's back at the company and it can still be seen by the Soldiers of the 287th."

# GIVE FIRST!

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### TRAFFIC REPORT

#### ACCESS CONTROL POINT HOURS

Those with valid military ID cards, or who have an access pass or badge, wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit [home.army.mil/riley/index.php/about/visitor-info](http://home.army.mil/riley/index.php/about/visitor-info).

The Fort Riley Visitor's Control Center is open Monday to Friday from 5 a.m. to 11 p.m., weekends and federal holidays from 8 a.m. to 4 p.m.

The access control point hours are:

#### Henry:

Open 24/7.

#### Estes:

Open 5 a.m. to 7 p.m. daily. Commercial traffic is required to have an access pass or badge prior to access.

#### Ogden:

Open from 5 a.m. to 10 p.m. daily.

#### Four Corners:

Open 24/7.

#### 12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only.

Personally owned vehicles are allowed access, there is no designated personally owned vehicle lane.

Outbound traffic is not authorized. Drivers must have an installation pass or badge.

#### Grant:

Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

#### Custer Avenue Closure:

The project to repair bridge 204 which closes Custer Ave. from McCormick Road to Beeman Place is suspended due to eagles nesting in the area.

#### Trooper Drive Repairs

Trooper Drive road repairs between McCormick and the Rifle Range Road round-a-bout have started with work being performed on the side of road without traffic restrictions during the day time hours. This will allow a shortened time period required to close the road for repairs.

From 1 May until completion about 27 June, and during the hours of 7 p.m. to 5:30 a.m., the Trooper Drive ACP will be closed and Rifle Range Road ACP will be open. Traffic to and from Junction City will detour from Trooper Drive to Rifle Range Road. Residents of Colyer Manor will be detoured to Henry Gate.

Detour to the Commissary and Exchange will be from Trooper Drive to Rifle Range Road to First Street. The detour will continue on 1st Street at the intersection of Eagle Pass Road (left turn), right on Bent Spur Road, and left on Hitching Post.



#### APRIL 14

Pvt., 541th CSSB, 1st Inf. Div. Sust. Bde., speed 16 to 20 Over

Pvt., 2nd Bn., 70th Armor Regt., 2nd ABCT, 1st Inf. Div., failure to stop at a posted stop sign

Sgt, unknown unit, excessive speed

Pvt., 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., open container of alcohol

Sgt 1st Class, HHC, 2nd Bn., 70th Armor Regt., 2nd ABCT, 1st Inf. Div., speed 1 to 10 over

Sgt. 1st Class, unknown unit, speed 1 to 10 over

#### APRIL 15

Pvt., 82nd BEB, 2nd ABCT, 1st Inf. Div., speed 21 and up  
Capt., Co. B, 1st Bn. 18th Inf. Regt., 2nd ABCT, 1st Inf. Div., improper backing

Pvt., 1st Bn. 18th Inf. Regt., 2nd ABCT, 1st Inf. Div., speed 21 and up

Sgt., 2nd Bn., 70th Armor Regt., 2nd ABCT, 1st Inf. Div., T/A driver exercise due care

Sp., 541th CSSB, 1st Inf. Div. Sust. Bde., failure to stop at a posted stop sign

Pvt., Co. H, FSC, 2nd Bn., 34th Armor Regt., 1st ABCT, 1st Inf. Div., noise abatement

Pvt., Co. H, FSC, 2nd Bn., 34th Armor Regt., 1st ABCT, 1st Inf. Div., no proof of insurance

Pvt., Co. H, FSC, 2nd Bn., 34th Armor Regt., 1st ABCT, 1st Inf. Div., no license plates

Pvt., Co. A, 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., failure to use seatbelts

Sp., HHB, 1st Bn., 5th FA Regt., 1st ABCT, 1st Inf. Div., speed 11 to 15 Over

Pvt., IACH, MEDDAC, failure to use seatbelts

Pvt. 1st Class, 5th Sqdn., 4th Cav. Regt., 2nd ABCT, 1st Inf. Div., failure to use seatbelts

Pvt., Co. C, 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., no drivers license in possession

Pvt. 1st Class, HHC, 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., no drivers license in possession

Sgt., HHC, 82nd BEB, 2nd ABCT, 1st Inf. Div., expired registration

Sp., 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., no drivers license in possession

Staff Sgt., Co. A, 1st Bn. 18th Inf. Regt., 2nd ABCT, 1st Inf. Div., speed 11 to 15 over

Pvt., Co. C, 2nd Bn., 70th Armor Regt., 2nd ABCT, 1st Inf. Div., illegal use of cellphone

#### APRIL 16

Family member, wife, speed 16 to 20 over  
Pvt. 1st Class, Co. E, 1st ARB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., improper backing

Family member, wife, failure to stop at a posted stop sign

Pvt., 1st Bn. 18th Inf. Regt., 2nd ABCT, 1st Inf. Div., speed 16 to 20 over

Civilian, other than military, speed 21 and up

Family member, wife, speed 16 to 20 over  
Pvt. 1st Class, 299th BSB, 2nd ABCT, 1st Inf. Div., speed 21 and up

Family member, wife, speed 11 to 15 over

Family member, wife, no drivers license in possession

Family member, wife, speed 11 to 15 over

#### APRIL 17

Pvt. 1st Class, 2nd Bn., 70th Armor Regt., 2nd ABCT, 1st Inf. Div., speed 15 to 20

Family member, wife, speed 16 to 20 over  
Sp., 526th CSC, 541th CSSB, 1st Inf. Div. Sust. Bde., improper backing

Pvt. 1st Class, 526th CSC, 541th CSSB, 1st Inf. Div. Sust. Bde., improper backing

Pvt., HHB, 1st Bn., 5th FA Regt., 1st ABCT, 1st Inf. Div., following too close

Sp., 299th BSB, 2nd ABCT, 1st Inf. Div., speed 11 to 15 over

Sp., DIVARTY, speed 21 and up  
Sp., unknown unit, speed 11 to 15 over

Sp., 541th CSSB, 1st Inf. Div. Sust. Bde., speed 16 to 20 over

Sp., HHC, STB, 1st Inf. Div. Sust. Bde., improper turning movement

Pvt. 1st Class, STB, 1st Inf. Div. Sust. Bde., speed 1 to 10 over

#### APRIL 18

Family member, daughter, improper backing

Pvt., unknown unit, failure to use seatbelts

Capt., unknown unit, failure to use seatbelts

Sgt., unknown unit, failure to use seatbelts

Pvt. 1st Class, unknown unit, use of cell phone while driving

#### APRIL 19

Family member, wife, expired registration

Family member, wife, speed 1 to 14

Family member, wife, speed 11 to 15 over

#### OTHER CITATIONS

**APRIL 15** — failure to yield right of way, failure to stop at a posted stop sign

**APRIL 16** — no proof of insurance, expired registration, speed 15 to 20, speed 21 and up

**APRIL 17** — failure to stop at a posted stop sign, no proof of insurance, speed 1 to 10 over

**APRIL 18** — communicating a threat, no drivers license/unlicensed, expired registration, no proof of insurance, two instances of failure to use seatbelts, improper display of license plate

**APRIL 19** — Unattended vehicle

## RILEY ROUNDTABLE

What is your go-to threat when the children are not listening?



"No phone, no tablet, no TV, no electronics."

**SGT. 1ST CLASS SHONTRINA JONES**  
MIAMI, FLORIDA

Headquarters, Headquarters Battalion, 1st Infantry Division



"I don't have one. I am blessed, he will listen when I tell him. He knows 'The Voice.'"

**STAFF SGT. KELLY GREENIDGE**  
ST. CROIX

1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.



"I'll take them to kid jail."

**STAFF SGT. KATIE CAMPBELL**  
POWAY, CALIF

5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.



"Naptime – they do not like going to bed."

**KRISTA HAGUEWOOD**  
FORT RILEY, KANSAS

Wife of 1st Lt. Levi Haguewood, 82nd Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division.



"Go to bed early."

**CHIEF WARRANT OFFICER 2 DAN WHITCOMB**  
BALTIMORE, MARYLAND

82nd BEB, 2nd ABCT, 1st Inf. Div.

### THE 1ST INFANTRY DIVISION POST

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#### LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail [usarmy.riley.imcom.mbx.post-newspaper@mail.mil](mailto:usarmy.riley.imcom.mbx.post-newspaper@mail.mil).

## Police bump it up

From May 6 to 12, for the safety of families and their children, 97th Military Police Battalion and Fort Riley police will focus enforcement of speed limits in the following communities:

Pickett Place; Longstreet Road, South of AP Hill Drive; Eagle Pass; Carriage Road.

In addition to enforcement via radar, portable speed bumps will be temporarily placed.

Speed bump enforcement will continue in other communities and locations on Fort Riley; that schedule will be published on the Garrison Facebook page.

Driving is a privilege and responsibility at all times and in all locations; we depend on one another to always drive cautiously and observe all traffic laws.

## Monthly community meeting scheduled

The 1st Infantry Division and Fort Riley recently announced that senior commanders will now sponsor each neighborhood on Fort Riley.

The program is the result of February town hall sessions in which Fort Riley residents voiced concerns and discussed solutions with installation leaders. Maj. Gen. John S. Kolasheski, 1st Infantry Division and Fort Riley commanding general, directed the sponsorship program to ensure residents have access to the chain of command.

Each neighborhood will have the opportunity to select a mayor as their representative to the Fort Riley chain of command. The next scheduled meeting is for McClellan Place and Marshall Army Airfield residents, 6 to 7 p.m., May 9, at the McClellan Place Community Center, 6728 McClellan Loop.

## CIVILIAN SPOTLIGHT

**JOE GRAVES**  
OPERATIONS AND MAINTENANCE DIVISION,  
DIRECTORATE OF PUBLIC WORKS

Joe Graves, Operations and Maintenance Division, continuously provides excellent customer service to the Soldiers and civilians in need of his expertise and assistance. His dedication aids Fort Riley in maintaining infrastructure and his skilled efforts ensure that work is done efficiently and effectively.

The following Customer Comment was received on April 9 and is a testament to Grave's work ethics.

"I would like to acknowledge Joe Graves for

excellent customer service. I called in a DMO to stabilize the installation of some gym equipment that was installed by a supplier. Joe contacted me the same day to review the requirements. He provided constructive input on how to solve the issue. Within two working days, his work was complete and he set up a meeting on site to review what he had done. His work was very professional, attractive and most of all very functional. The gym equipment is now rock solid without movement. It is not only the work that I am impressed with but his customer service approach of meeting with the customer to fully understand the requirement, executing and then reviewing the work with the customer to make sure the requirement was met. Mr. Graves truly reflects professionalism and customer service, and is a very positive reflection on the Directorate of Public Works."



## Nephews learn how to stand fast – quickly

Dear Doc Jargon,

My brother is in the military and he's always using words that just don't make sense in normal conversation. Maybe it's military lingo or maybe he's just tired from all that time in the field lately.

His most recent tidbit of leveraging the English language was to last weekend when he came to visit. My husband, brother and I were sitting at the kitchen table and my two boys went racing through to the back door.

I was about to remind them not to run when my brother yelled out, "stand fast!" and the boys just stopped and stared at him. I don't know if they were afraid or if they were trying to figure out how to go faster and stand still at the same time.

Can you explain the term because my boys have been laughing all week at the funny way their uncle talks?

Slightly sarcastic sister of a Soldier

Dear Slightly,

Your brother may talk funny – but what he said makes perfect sense in the context you described. I'm betting he knows your rules about running in the house and was telling them to stand still. The term is actually used in conjunction with artillery. When the order to hold fast goes out, all action – or firing – on a position ceases immediately.

Your boys received the order to cease their action in a short military-style command.

So, the next time your brother whips out one of his military phrases, you can turn the tables and tell him to stand fast until he explains the term to you.

I hope that helps get things moving in an understanding way.

Sincerely,

Doc Jargon

Email your military lingo questions to Doctor Jargon at [doctorjargon@gmail.com](mailto:doctorjargon@gmail.com).

## Better living through military innovation: Technology gets bounced at start of World War

By Collen McGee  
USAG PUBLIC AFFAIRS

At the beginning of World War II, rubber producing countries and the supply routes between them and the United States fell into the hands of the enemy.

That was a problem. According to the American Chemical Society website, "The construction of a military airplane used one-half ton of rubber; a tank needed about one ton and a battleship, 75 tons. Each person in the military required 32 pounds of rubber for footwear, clothing, and equipment. Tires were needed for all kinds of vehicles and aircraft."

To put it bluntly, America could not defend herself without rubber.

The search for a synthetic rubber that could be produced quickly and in sufficient quantities to feed the military requirements was the catalyst that saw the U.S. government join forces

with rubber companies, petrochemical experts and university research laboratories.

Though a synthetic existed and two patents were issued in the 1920s, the existing need didn't drive production the way a war can. And, according to [www.icis.com/explore/resources/news/2008/05/12/9122056/history-of-the-synthetic-rubber-industry/](http://www.icis.com/explore/resources/news/2008/05/12/9122056/history-of-the-synthetic-rubber-industry/), the low price of natural rubber meant there was no need to come up with an alternative.

But the prices began to rise and both the Germans and the Russians were also in the synthetic rubber race. By 1940, according to the ICIS website, it was Russia who led the way with their version of a rubber substitute. Ironically, it would be Germany who would supply the U.S. with the technology in the mid-1920s for a version known as "Buna." The name came from the chemical symbols "bu" for butadiene and "na" for natrium.

From there, Standard Oil would begin producing large quantities of Butadiene from petroleum. Today, synthetic rubber accounts for more than half of the supply.

## Exchange seeking to fill retail, food jobs

The Fort Riley Exchange has immediate job opportunities for people with a passion for serving the best customers in the world.

Openings include retail positions in the Main Exchange and Express, as well as jobs at Qdoba, Taco Bell and many other restaurants in the food court.

"The Exchange is always looking for people who are enthusiastic about providing excellent customer service and have a desire to serve those who serve," said Human Resources manager Shanon Lee. "We have job options for a variety of skillsets."

The Exchange offers benefits, including paid vacation and sick leave for regular full-time and part-time associates.

Those interested in applying for Fort Riley Exchange job opportunities can visit [ApplyMyExchange.com](http://ApplyMyExchange.com) or contact the

local human resources office at 785-784-4430.

Exchange associates share a unique bond with service members — 85 percent have a connection to the military. The 123-year-old Department of Defense retailer has long been recognized for its efforts to hire veterans and military spouses.

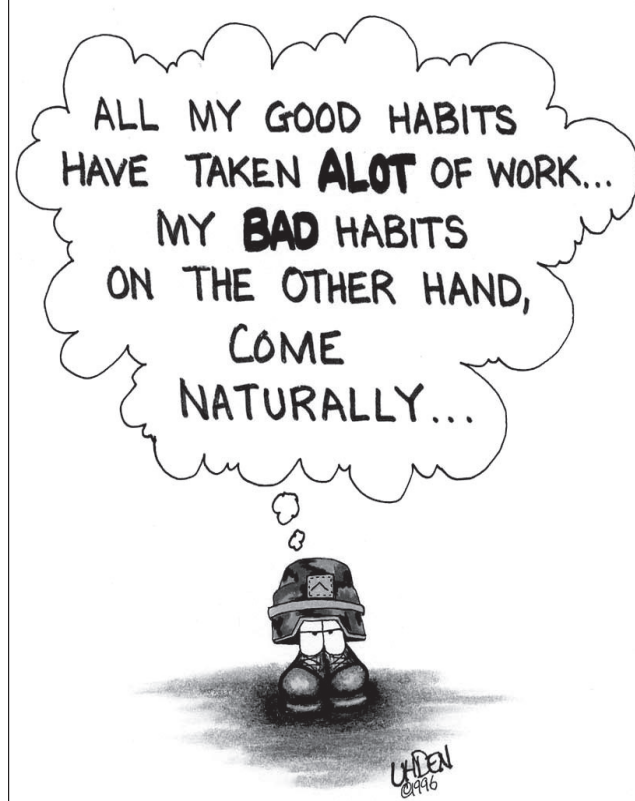
Since 2013, the Exchange has hired more than 39,000 veterans and military spouses, with a goal of hiring 50,000 by 2020.

Lee said that hiring these heroes is a priority at the Fort Riley Exchange.

**ARMY EMERGENCY RELIEF**

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# Volunteer to be a Community Mayor

**Patti Geistfeld**  
FORT RILEY PUBLIC AFFAIRS

Fort Riley is seeking housing residents to serve as community mayors. This program is open to Soldiers and spouses. The primary function of the program is to enhance the quality of life for Soldiers and families living in on-post housing. The leadership and partners at Fort Riley are committed to this goal.

"A community mayor can assist leadership and enhance the quality of life for Soldiers and families living in our housing by acting as a link between the unit sponsorship officer, garrison command, installation agencies and their neighborhood residents in the sharing of information on what's happening on the installation and within their communities," said Steve Milton, housing division chief.

How can mayors make a difference? Mayors will be able to field complaints and direct residents to the appropriate resources where they can resolve issues quickly and at the lowest level. They will serve as a go-between for residents, the Government

Housing Office and Corvias. And they can bring problems to the attention of leadership as needed. They can review policies and help guide new programs that will affect communities. The mayors will also ensure residents of their community are provided with timely and accurate information of importance.

"The Community Mayor Program will help inform residents of installation activities and create a climate of mutual concern and cooperation," said Maj. Bryce J. Gattrell, 2nd Armored Brigade Combat Team, 1st Infantry Division, and unit sponsorship officer.

Residents will still have the same paths to resolve problems as before and will not be required to work through the mayor, but this person can be a central point of contact to streamline processes and identify concerns for the community.

"By having a mayor, residents will be able to consolidate their thoughts and concerns to one representative rather than multiple inquiries from across the entire installation," Gattrell said.

Mayors will be community

members and this will provide insight and understanding of what is happening in their neighborhood.

"Mayors will actively listen to the residents, especially those that are experiencing difficulties with living conditions," said Maj. Qualon E. Craig, 1st Infantry Division Sustainment Brigade, and unit sponsorship officer. "The mayors and residents have a shared-vision and commitments for building a healthier neighborhood. A strong commitment to equality can ensure there is an intentional focus on improving underlying social and environmental conditions that shape the community."

Mayors will be registered in the Volunteer Management Information system and volunteer hours will be tracked. People who want to volunteer must live in the housing area where they would serve, have at least 18 months left on their assignment, not be slated to deploy and serve for one year.

People can also check out other volunteer opportunities when they are posted to VMIS.

# SEARCH Continued from page 3

law, the proper way to give a command, air flow; and trained final response, which is the manner that a dog alerts when it finds something.

Jennifer Hirakawa, owner and lead trainer with Kawa Farms K-9 Training in Winterset, Iowa, gave instruction about leash-handling skills.

"Most (HDR) dogs and wide-area search dogs, well, they don't work on leash," she said. "But it is imperative that ... we teach our dogs that the alert they're giving us off leash is the same alert that we need if they're on leash."

She said she ran into a situation when working a crime scene along a highway in Iowa where the importance of working on leash was clear.

Law enforcement could not shut down the highway and she was not about to let Moose, her American Black Lab, off leash. That experience made her realize the importance of training on-leash, even though it's not used as often.

"I needed to go back to my military training and bring some of the on-leash work in so that I was recognizing the dogs change of behavior and teaching my dog that, even if he's on leash, and he smells

odor, he needs to alert me," the retired Master Sgt. said referring to some of her work as a Military Police officer. "Previously to that, if we walk by something on leash, he would think, 'oh, maybe that's a training aid.'"

## IT STARTS WITH HANDLERS

The handlers who were at Fort Riley are passionate about the work they do.

"I've always wanted to help people," Swift said. "And I just happened to have a dog. That's what it is for me - just helping people."

For Hirakawa, the sentiment is the same.

"If I can bring closure to a family, it is all worth it to me," she said. "For the live-find dogs, the possibility of sending my dog out to find someone who's lost or injured somewhere and finding them in time to get them to medical care ..."

She credits her family and her 23 years in the Army with instilling the need to always give back.

"You're never done giving back," she said. "When I retired from the Army, I still didn't feel like I had given enough. I felt like there was still something that I needed to do."

With retirement came a loss of purpose. When she was in the Army, she said she had her team, her squad, her company.

"I had my peeps," she said. "Now I was by myself. Of course, I had my family, but that was different. I needed to still be part of something."

Being part of a group that helps each other learn is a vital part of the training process, which is why Joy Varady made the 22-hour drive from Ontario, Canada, with her dog Boomer, a mini poodle and golden retriever mix.

"It's hard to get this kind of training in Canada," the retired Canadian Army soldier said.

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# Fort Riley - Central Kansas Chapter



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**TEAM** Continued from page 1

[radio transmission operator], the [joint capabilities release] and we're going to start monitoring the [open source intelligence] more often."

For this exercise, a network was developed to monitor OSINT through the use of Twitter. Open source intelligence is information collected from public sources such as Twitter, Facebook and Instagram, just to name a few.

"We are going to start monitoring OSINT more often because of the reports we've been getting back," Walton said. "The civilians that are in the exercise right now tweet stuff out and help us out with reports that we're not seeing over the radio or JCR."

On the rare occasions that things slow down, the intel team stays busy by practicing their infor-

mation preparation for the battle-field steps. Allied Spirit is a premiere scenario for the intelligence team to practice and refine their craft with 24-hour, real-life situations and scenarios.

"When things are slow, we practice that, but as you can see, things are not slow right now," Walton said.

Approximately 5,630 participants from 15 nations will take

part in exercise Allied Spirit X. Nearly 1,265 participants will come from the United States and approximately 4,365 participants are scheduled to participate from allied and partner nations of Denmark, Finland, Germany, Israel, Italy, Lithuania, Moldova, Netherlands, Poland, Slovakia, Spain, Sweden, Turkey and the United Kingdom.

**Wildcats** Continued from page 2

needed him. Regardless of his injury, he was back on the court 14 days later. Stokes scored 20 points and led the Wildcats to a victory over George Mason University.

He continued to lead the team to victories through the season, while also leading the team in assists.

For these reasons the battalion presented the "Never Broken" Award to Stokes for his ability to embody the battalion's motto, 'Never broken by hardship or battle.'

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**FLAMES** Continued from page 2



Gail Parsons | POST

**Firefighters watch as the dead brush and grass in Area 10 Alpha burns as part of Fort Riley's land management burn plan.**

If the burns did not happen, the prairie would revert to woodland. It also helps reduce the incidents of wildfires starting from military training by removing a potential fuel source for the fire.

**WHERE AND WHEN TO BURN**

Every morning the National Weather Service issues a weather graph that predicts several factors such as relative humidity, temperatures, wind direction and wind speed.

Wahle studies those graphs and looks at the Haines Index, which measures the potential for dry, unstable air giving him an idea of how the fires will behave. During a recent fire at Training Area 10 Alpha, several dirt devils formed alongside the burning prairie.

"Those are a sign of an unstable atmosphere," he said. "The fire is lowering the (relative humidity) it's kind of making its own fire weather where the fire is changing how the wind blows, or how much warm air sucked up and cold air brought down."

When deciding where to burn — there are just as many factors to consider. Even though prescribed burns are carefully monitored, they can get out of control. To help mitigate a fire from spreading off post, Wahle will make sure the burn plan includes scorching an area as a fire break to ensure fuel is gone and fire cannot pass it.

He includes the training areas in the burn plan because of the risk for wildfires igniting. In the first three quarters of fiscal year 2018, they had 57 wildfires.

"Wildfires happen a lot," he said. "The fire department will respond to all wildland fires on Fort Riley. There are some times, like if the fire is in the impact area, that we can't drive the trucks in there. So basically, they do a burnout operation to kind of burn off the fields on the edges. That way, if the wind shifts, it wouldn't jump out of the impact area."

**WILDLAND URBAN INTERFACE**

The Wildland Urban Interface is where the populated areas and the prairie come into contact. There are several areas on Fort Riley where this occurs.

Wahle said they use care when doing prescribed burning in those areas, taking into consideration housing, schools and roads.

"We have to look at wind direction and not just the wind direction for that day," he said. "After you burn an area, sometimes logs and stuff still smoke. So, you want to look at a several-day period."

They try to let residents know when they will be in the area burning, but it's not always possible because of the uncertainty of weather and manning.

"We try to send out notifications a day or two before we

burn," he said. "But sometimes as forecast changes and we have to either cancel the burn or sometimes the forecast shows the wind will be too high then all of a sudden, it's a perfect day."

**HEALTH CONCERNS**

For most people, the thick, acrid smoke is an inconvenience. But there are some people who can experience difficulties.

Eric Coates, chief of industrial hygiene for the Department of Public Health, said normally, healthy people won't have issues with the smoke beyond the inconvenience.

"We get more concerned about the young and the elderly," he said. "People with respiratory illnesses such as asthma, it can really affect them. People that have something like COPD — Chronic Obstructive Pulmonary Disease, it can affect them. It affects some people's allergies. We have a lot of people that move here that never have allergies before they get to Kansas."

The concern rests on the particular matter of 10 microns and smaller, which is inhalable.

"(The Environmental Protection Agency) also looks at PM 2.5," he said. "PM 2.5 is 2.5 microns in size and smaller and that's what gets deep into the lungs. That's where people that start to have more of the issues is when the PM 2.5 is higher."

The problem is nobody can know what that level is by being around it, he said. It can be smelled and the smoke can be seen, but there's no real way to know the level.

People who do find themselves susceptible to breathing problems when the smoke gets heavy should stay indoors with the windows closed, he said.

When in a car, he recommends using the air recirculation option to prevent air coming in from the outside.

"The other thing (even for healthy people) that we caution on is (to) limit the amount of outdoor exercise to where you really exert yourself and your lungs are really working hard," he said. "Limit that outside exercise during that time when the smoke is the heaviest. We recommend if it's super smoky outside, maybe that's a good day to hit the gym, rather than going for an outside run."

Parents of small children should be alert if breathing becomes labored. They should call the pediatrician if that happens. Overall, Coates said there is not a big reason for concern.

"We did a study several years ago," he said. "We tried to go back and look during burns, did we see an uptick at the emergency room of people coming in with respiratory illnesses? We couldn't find any sort of pattern that said, 'hey, we're doing heavy burns this day. And we had (an) increase in the number of people.' It really is a small, small amount of people that will ever have issues."

**FUTURE** Continued from page 3

potentially making it more accessible to Soldiers at the unit level.

"Right now, the current technology is the Close Combat Tactical Trainer, you can see how large they are," said Crowley. "Whereas these are fitting in pelican cases."

The user assessment was meant to identify if those benefits outweighed potential drawbacks.

"It is finding the balance," said Crowley. "In those CCTTs, you feel like you're sitting in the real thing whereas this feels like a little bit more of a tabletop-type thing. Some of the different technologies, monitors, goggles, haptics: You'll see them touching buttons that aren't there. Is that good enough? Or do they need to actually be able to feel the panels, push the actual buttons?"

So far, the jury is out among the prototype testers.

"The CCTT is a lot different," said Sgt. Jeremy Seaman, squad leader in B. Co. 1-18 Inf. Regt., 2ABCT, 1st Inf. Div. "It definitely takes some getting used to, going more virtual rather than having to turn switches and all that, but it's really cool to make this training work with smaller and less equipment, so you can really focus on the mission and not all the equipment around you."

Staff Sgt. Nicholas Harris, 2ABCT, 1st. Inf. Div., said he was still an advocate of the CCTT, but saw the value in the Army's goal to take the technology in a different direction.

"I do believe that the software upgrades that they're trying to introduce will help in the long term fight, said Harris. "It goes back to muscle memory. A lot of the equipment that they're using still replicates equipment that's actually in vehicles, so it translates over and gives us that repetition we need."



Margaret Ziffer | USAG PAO

**Sgt. Jeremy Seaman, squad leader in Co. B, 1st Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, and his team test out a prototype for the Reconfigurable Virtual Collective Trainer - Ground during the Synthetic Training Environment Cross Functional Team's User Assessment at Fort Riley's Mission Training Complex April 22 to 26.**

"It's really exciting that we're doing this," said Crowley. "To see these younger generations handle the technology that we're showing them, they're really receptive to it. It is a training oppor-

tunity, but they're having a lot of fun with it, and at the same time, we are getting really good feedback from them on what's working and what we need to work on some more."



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 Riley's Conference Center is converting to a Recreation Center

**KEY DATES:**

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  - No longer accepting bookings for non-food and beverage events held after June 17
- MARCH 28**
  - Last Dinner to Go
- APRIL 30**
  - Last Lunch Buffet
- JULY 1**
  - Center temporarily closed for enhancement
- AUGUST 1**
  - Begin scheduling official FY20 meetings
- SEPTEMBER 1**
  - Begin scheduling all reservations for October
- OCTOBER 1**
  - Open as a New Multi-Functional Recreation Center!

Once the conversion is complete, the Recreation Center will still be the primary location for Town Hall Meetings, Victory Welcome Briefs, and also capable of still hosting large venues such as the Victory Banquet, etc.



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Superheroes of all ages warm up with a line dance before a 2-mile fun run on April 27. Superhero Saturday began with a pancake breakfast and morning of games at Outdoor Adventure Center.

## Super Friends Unite!

Military families experience high adventure during Superhero Saturday event

Story and photos by Gail Parsons  
1ST INF. DIV. POST

As the Month of the Military Child winds down, superheroes of all ages gathered at the Outdoor Adventure Center for a morning of games and activities on April 27.

Superhero Saturday began with a pancake breakfast and a 2-mile fun run. Ken Roynon, chief of marketing events for the Directorate of Family and Morale, Welfare and Recreation, said the day was designed to give families some fun and see what the Outdoor Adventure Center offers.

“With all the different deployments, the long hours the Soldiers are working and the different things that happen as a military family, it’s good to find time to spend together as a family,” he said. “And that’s what this sort of event creates. An opportunity for them to do something, get



Maverick Minton, 8, left, and Alexis Minton, children of Sgt. Steve Minton, Company A, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division make plates of slime at Superhero Saturday, April 27.

out of the house, be around other kids and families and enjoy their time together as a family when they get the opportunity.”

Several stations including a green screen photo area, disc golf, a bouncy house, a place to play with superhero props and a table where they could

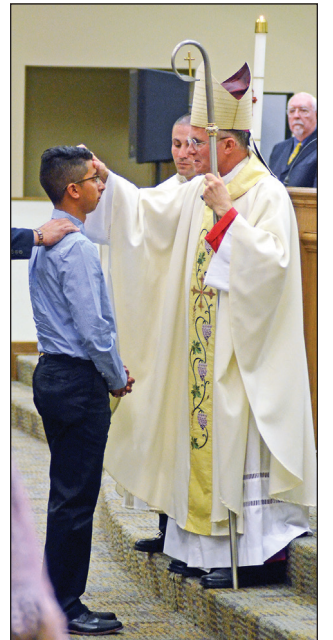
“And that’s what this sort of event creates. An opportunity for them to do something, get out of the house, be around other kids and families and enjoy their time together as a family when they get the opportunity.”

**KEN ROYNON**  
CHIEF OF MARKETING EVENTS,  
DIRECTORATE OF FAMILY AND  
MORALE, WELFARE AND RECREATION

make their own bowl of slime, were set up for children to play around with.

“We have a lot of things happening here today,” Roynon said.

See SUPER, page 10



Archbishop Timothy P. Broglio, archbishop of the Archdiocese for the Military Services, USA, performs the Anointing with Chrism for Spc. Daniel Portugal Alonso, Headquarters and Headquarters Battalion, 1st Infantry Division, during the Sacrament of Confirmation at Victory Chapel April 25 during his visit to Fort Riley.

## Fort Riley visit one of faith

Archbishop makes sure congregants, clergy have resources

Story and photo  
by Amanda Ravenstein  
1ST INF. DIV. POST

An April 25 visit from Archbishop Timothy P. Broglio, archbishop of the Archdiocese for Military Services, USA served multiple purposes. He said as the Archbishop for Military Services he is charged with overseeing pastoral care for Catholics in all five branches of the military, as well as those in hospitals and medical centers and the Department of Veterans Affairs.

“Also, for any Catholic who works for the federal government outside of the boundaries of the United States,” he said. “So, it’s about 1.8 billion Catholics. And my responsibility is basically to ensure that they have what they need to practice the faith. So that goes everywhere, from endorsing priests, to ensuring that there’s a Catholic curriculum for religious education, to training catechism.”

According to the website, [www.milarch.org](http://www.milarch.org), the Archdiocese for the Military Services,

See ARCHBISHOP, page 13

## ‘Pamper Mom with Pretty’ event celebrates Fort Riley moms

**Pamper Mom With Pretty**  
beauty event

Saturday, May 4, 2019  
Mix, Shop and pamper yourself pretty at this Moms' day-out event.

Fragrance and Skin Care Specials | Drink and Snack Demonstrations | Make-up Demonstrations

**\$5 OFF** Beauty products with a purchase of \$30 or more.  
**\$15 OFF** Beauty products with a purchase of \$60 or more with MILITARY STAR.

Coupon required. Includes Cosmetics, Fragrances, Bath and Body, Hair Care, Skin Care and Nail Products.

**MOM** receives a wristlet with any \$30 purchase of fragrance or cosmetics.

Check with your local Exchange for event times or visit [shopmyexchange.com/mommilife](http://shopmyexchange.com/mommilife)

Exchange to offer one-day deals for beauty items May 4

BY ARMY & AIR FORCE EXCHANGE SERVICE

Fort Riley military moms deserve a little extra pampering this Mother’s Day, and the Army & Air Force Exchange Service is making sure they get it.

On May 4, the Fort Riley Exchange Service is hosting a

“Military moms do so much not only for their families but also the military community.”

SOUROU KIKI | SOFTLINES MANAGER

“Pamper Mom with Pretty” beauty event. Military shoppers can enjoy deals on beauty products, including:

- \$5 off a \$30 beauty purchase (with coupon)
- \$15 off a \$60 beauty purchase with the MILITARY

STAR® card (with coupon)

- Free wristlet with a \$30 purchase of fragrances or cosmetics.

“Military moms do so much, not only for their families, but also the military community,” said Softlines

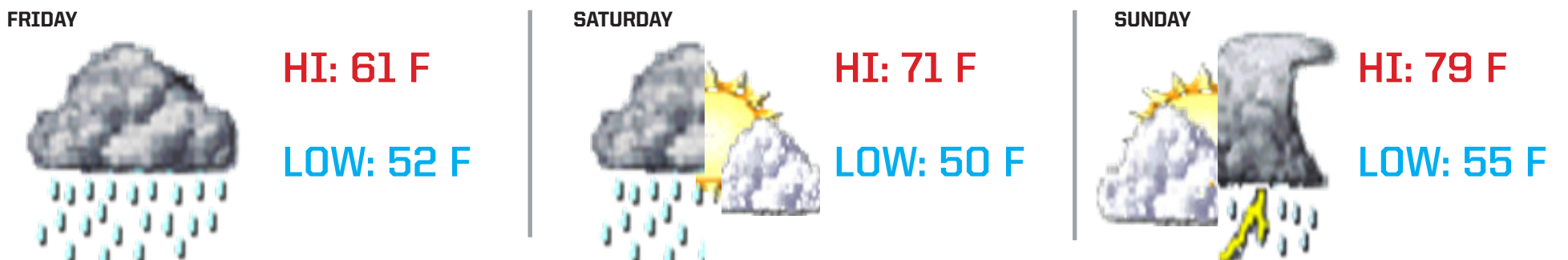
manager, Sourou Kiki. “The Exchange wanted to celebrate them with this special event.”

The coupons will be available to shoppers at the Exchange.

Coupons are valid only for the day of the event and are limited to cosmetics, fragrances, bath and body, hair care, skin care and nail products. Offers are valid in-store only.

For more information, shoppers can contact the Fort Riley Exchange at 785-784-2026.

## WEEKEND WEATHER OUTLOOK



LOCAL WEATHER OUTLOOK PROVIDED BY DETACHMENT 2, 3RD WEATHER SQUADRON, 3RD AIR SUPPORT OPERATIONS GROUP, FORT RILEY.

# FORT RILEY POST-ITS

**Katya Howle**  
 I want to add a cat or kitten to our family. Does anyone know where I can find one?

96 2 Comments

Like Comment Share

**Spc. Shell**  
 You're in luck. May 3 is Cinco de Meow at the Fort Riley Animal Shelter, 224 Custer Ave. All cat adoptions are only \$42 and if you see a pup you would like instead they are \$20 off the normal adoption fee.

Like Reply

**Katya Howle**  
 Wow, that's great I'll check it out.

Like Reply

**Fort Riley MWR**

Better Opportunities for Single Soldiers and Warrior Zone host Cuatro de Mayo, a Star Wars alternative to Cinco de Mayo. The event combines the traditional Cinco de Mayo with Star Wars Day to present an out-of-this-galaxy experience. From 5 to 7 p.m. the day includes a hot pepper eating contest, \$5 taco bar, Star Wars musical chairs, and a Star Wars movie marathon.

**USO Fort Riley**

The 2019 Military Spouse Appreciation Day activity is from 9 a.m. to 5 p.m. May 10 and stars at the Hobby Studio and USO Fort Riley, 6918 Trooper Dr. Participants will visit locations across Fort Riley and complete activities to earn entries to win prizes.

**Lets go to the movies @ Barlow Theater**

**Friday, May 3** — Shazam (PG-13) 7 p.m.  
**Saturday, May 4** — Detective Pikachu, Studio Appreciation Advance Screening – Free Admission – Rated PG. Seating is open to non-ticket holders 30 minutes prior to show time. Doors open at 12:30 p.m. and showing starts at 2 p.m.  
**Sunday, May 5** — Pet Sematary (R) 5 p.m.

Theater opens 30 minutes before first showing. For more information, call 785-239-9574. Regular Showing: \$6, children are \$3.50, children 5 and under are admitted free. 3D Showing: \$8 First Run: \$8.25, 3D; First Run: \$10.25.

Like - Comment - Share 16 13 5

**Hobby Studio**

The Hobby Studio, 6918 Trooper Dr. has several craft classes for adults and children. From 11 a.m. to 1 p.m. May 3 through 6 adults can learn how to make a bed for their dog. The cost is \$10. From 4 to 6 p.m. families are welcome to come in and make pom-pom pets for \$2 per child.

**Fort Riley MWR**

The Outdoor Adventure Center opens its zip line for the season on May 3. Two sessions are planned at 10 a.m. and noon. The cost is \$14 per person and there is a group minimum of five people. Each person must weigh at least 85 pounds to participate. Reservations are required and can be made by calling 785-239-5412.

**USO For Riley**

Make a free Mother's Day craft from 11 a.m. to 6 p.m. May 9 or 11. Parents and children can make a heart-shaped card or can paint a pot. The activities are at the Hobby Studio in the same building as the USO.

## SUPER Continued from page 9

The superhero theme remains popular with the children, he said. It gives them a chance to dress up and role play. But the children weren't the only ones having fun. Several members of Better Opportunities for Single Soldiers and others were on hand to volunteer while dressed as their favorite superhero. Superman took time to talk to several little super-boy and super-girl characters who liked seeing a bigger ver-

sion of themselves. His alter ego, Pfc. Brandon Cookeshrum, with the Warrior Transition Battalion, from Swan Quarter, North Carolina, said he likes to volunteer, especially to help with youth events. Superhero Saturday gave him a chance to play, but also let him share a subtle message. "Superman has been one of my favorite superheroes," he said. "I want to

### DID YOU KNOW?

- **Superhero Saturday** was designed to give families some fun and see what the Outdoor Adventure Center offers.

show other people that you don't have to have superpowers or be an actual superhero in order to be a superhero." For Allie Knight, wife of Staff Sgt. Joshua Knight of the 300th Military

Police Company, the heroes are the staff of DFMWR who host many events for families. She brought her three children, Mackenzie, 9, Emmett, 2, and Riley, 5.

"We've only lived here for seven months," she said. "And with my husband being gone, it seems like every weekend there's something new going on." Not only does it get her and the children out of the house, which they all appreciate; the events are either low or no cost, which is helpful to a family with three children.

<b>DININ' DEALS</b>		<b>SUNDAY</b> May 5th	<b>MONDAY</b> May 6th	<b>TUESDAY</b> May 7th	<b>WEDNESDAY</b> May 8th	<b>THURSDAY</b> May 9th	<b>FRIDAY</b> May 10th	<b>SATURDAY</b> May 11th
<b>Stacy's Restaurant</b>  118 W Flint Hills Blvd JUNCTION CITY (785) 238-3039	<ul style="list-style-type: none"> <li>• Roast Beef</li> <li>• Meatloaf</li> <li>• Chicken Dijon</li> </ul> Reg. \$9.00 Sr. Size \$8.00 Inc Tax	<b>Chicken &amp; Noodles</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	<b>Chicken Fried Steak</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	<b>Hamburger Steak</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	<b>Fried Chicken</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	<b>Swiss Steak</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	<b>Smoked Rib Plate</b> Reg. \$7.29 Sr. Size \$6.38 Plus Tax	
<b>TymeOut</b>  101 Continental Dr JUNCTION CITY (785) 238-7638 tyyger1962@hotmail.com	Proud supporters of  CLOSED	CLOSED	<b>Homemade Schnitzel ALL DAY \$10.99</b> 10:30am-8:30pm German Beer \$1.00 OFF	<b>OPEN ALL DAY</b> 10:30am-9:30pm	<b>OPEN ALL DAY</b> 10:30am-9:30pm	<b>OPEN ALL DAY</b> 10:30am-10:00pm	<b>OPEN</b> 2:30pm-10:00pm	
<b>The Cove at Acorns Resort</b>  3710 Farnum Creek Rd. MILFORD (785) 463-4000	<b>Happy Hour All Day</b> Open 11:00am-8:00pm	<b>1/2 Price Appetizers</b> Open 4:00pm-9:00pm	<b>\$2.00 OFF All Tacos</b> Open 4:00pm-9:00pm	<b>Kids Eat Free w/ Purchase of Adult Meal</b> Open 4:00pm-9:00pm	<b>Fajita Night</b> Chicken \$12 Steak \$15 Long Island Ice Tea \$5 Open 4:00pm-9:00pm	<b>Crab Legs \$22</b> Open 11:00am-10:00pm	<b>Prime Rib Special</b> \$20 for 10-oz cut \$25 for 14-oz cut Open 11:00am-10:00pm	
<b>Cracker Barrel</b>  115 N East St JUNCTION CITY (785) 762-5567	<b>Home Style Fried Chicken All Day \$9.99</b>	<b>Chicken &amp; Dressing</b> Starts at 11:00am <b>Grilled Country Porkchops</b> Served after 4:00pm	<b>Homemade Meatloaf</b> Starts at 11:00am <b>Lemon Pepper Grilled Rainbow Trout</b> Served after 4:00pm	<b>Chicken Pot Pie</b> Starts at 11:00am <b>Broccoli Cheddar Chicken</b> Served after 4:00pm	<b>Lunch &amp; Dinner Turkey &amp; Dressing</b>	<b>Fried Fish All Day \$9.99</b>	<b>Southern Fried Chicken \$9.99</b> <b>Catering Available 785.762.5567</b> Monday thru Thursday Lunch Specials from 11 am till it's gone - \$5.99	
<b>Munson's Prime</b>  426 Goldenbelt JUNCTION CITY (785) 238-1135	<b>SUNDAY BUFFET</b> 11 am - 2 pm \$15.00 per person	<b>Steak Chili \$8.00</b>	<b>TexMex Tuesday \$8.00</b>	<b>Wings Wednesdays 50¢</b>	<b>Lasagna \$8.00</b>	<b>Chef Special \$8.00</b>	<b>Lunch Special: Smoked Brisket</b> Prime Rib 5pm - Close	

**ON SALE: QUALITY GROUND BEEF FOR COOKING & GRILLING**

Check **Dinin' Deals** each Friday in the **1st Infantry Division Post** and each Sunday in **The Daily Union** for upcoming specials and coupons for your favorite local restaurants!

# Fitness starts at home with families

Kids learn early from parents exercise, getting outside fun

Story and photos by Gail Parsons  
1ST INF. DIV. POST

Parents can instill the importance of exercise in children by exposing them to activities and events, which will engage the muscles while they have fun.

Ken Roynon, chief of marketing events for the Directorate of Family and Morale, Welfare and Recreation, said DFMWR tries to develop activities, like April 27's Superhero Saturday that started with a fun run, to give families an outlet and children an active event to participate in.

"It's a great opportunity to get the kids out to get some exercise as opposed to just pushing them out the front door and telling (them) to go play in the yard, or something like that," he said. "It helps when the parents are going out with them. It creates a mentality of 'this is fun' — to get out and exercise."

Not all children had to be convinced that Superhero Saturday was worth getting up on a Saturday morning for. Mackenzie Knight, 9, daughter of Staff Sgt. Joshua Knight of the 300th Military Police Company, 97th Military Police Battalion, was there with her mother Allie Knight, her little brother Emmett, 2, and sister Riley, 5.

Mackenzie said she was looking forward to Superhero Saturday because she wanted to go for a run with her mother. But she also likes to run with a girl's running group at Seitz Elementary School during the week.

"I like that you get fun out of it and that you get exercise," she said.

When she runs it is a time for her to think, she said — mostly about food and riding her bike.

Her mother, despite having lost her voice because of allergies, didn't hesitate to bring the children out for the morning.

"I don't really like just sitting (in) the house and neither



Runners took off for a fun run at the Outdoor Adventure Center April 27 during the Month of the Military Child Superhero Saturday event.



Kyle Schardt, 7, and his father Maj. Matt Schardt, 2nd Armored Brigade Combat Team, 1st Infantry Division, brigade operations officer, were the first to cross the finishline at the Superhero Saturday fun run on April 27. After they finished they went back to encourage others.

do the kids, they like to get up and go," she said. "We saw this event was happening and got excited. It's an excuse to get out of the house and have fun."

Besides just getting the children out of the house, activities like Superhero Saturday helps teach lifelong lessons, Allie said.

"They get into a better habit of 'OK, I'm going

to work out or run and stay active and I'm going to eat healthier," she said. "It just has a rippling effect of being healthy."

By attending special events and activities, children can learn by experience that exercising can be fun. Roynon said if they pick up on those lessons early they are more likely to stick. And if parents participate with the children it

can have the added benefit of forging family bonds.

Amy Schardt and her husband Maj. Matt Schardt, 2nd Armored Brigade Combat Team, 1st Infantry Division, brigade operations officer, brought their children 7-year-old Kyle and 5-year-old Cora and their neighbor Ophelia Hibbs to the fun run.

"We're really into family fitness for sure," Amy said. "We enjoy working out as a family, doing family fitness activities and just being active. I don't think you can never be too active."

She said it is important for children to be active and if they start young, rather than sitting around watching television or playing video games, it becomes a normal part of life. But it's not just about the activity and exercise, there are other lessons children learn.

"Going (to) a running event like this — there's a sense of accomplishment at the end — when they cross the finish line," she said.

Kyle was the first one across the finish line, he said the 2-mile run wasn't difficult. When he and his father finished, they turned around and went back to cheer on his mother, sister and neighbor.

"That's how you be a good sport," he said. #FitFirst

## TUESDAY TRIVIA CONTEST



The question for the week of April 30 was: Where can I find a quick look at advisories, including road conditions and weather updates?

Answer: [home.army.mil/riley/index.php/about/directorates-staff/DPTMS-1/advisories](http://home.army.mil/riley/index.php/about/directorates-staff/DPTMS-1/advisories)

This week's winner is Timber Guymond, spouse of Sgt. Aaron Guymond, Bravo Battery, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Pictured above is Timber Guymond.

**CONGRATULATIONS TIMBER!**

## ARMY FAMILY CHILD CARE (FCC)



### Unauthorized Child Care Homes put Children at Risk

Help keep children safe.

Parents: Register your children through Parent Central Services, to ensure your provider is certified. If in doubt, call your local CYS office. Report violations to CYS immediately.

Army CYS Policy: If you provide more than ten hours of on-post childcare a week and have not been certified as a Family Child Care Provider, you may be in violation of your Housing Lease Agreement and could be jeopardizing the safety and well-being of children. Contact CYS to start the certification process to become a Family Child Care Provider.

Your Child's Home Away from Home

Report all unauthorized child care to the CYS FCC Director at 785-239-9892.

## Fort Riley VACATION BIBLE SCHOOL

28 MAY - 1 JUNE 2019 9:00 AM - 12:00 PM  
at Victory Chapel, 2560 Trooper Drive  
Ages: K - 5<sup>th</sup> grade

Registration information to come

save the date

Religious Support Office  
Victory Chapel  
2560 Trooper Drive  
785-239-0875/785-240-1443  
785-239-3359

[WWW.FACEBOOK.COM/FORTRILEY](http://WWW.FACEBOOK.COM/FORTRILEY)

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Worship Opportunities	
<b>Protestant Services</b>	
<b>Victory Chapel</b>	239-0834
ChapelXt Protestant Service	1100
Sunday Worship	1105-1200
Children's Church	1105-1200
<b>Morris Hill Chapel</b>	239-2799
Gospel Protestant Service	
Sunday School	0900
Sunday Worship	1100
<b>Main Post Chapel</b>	239-6597
Traditional Protestant Service	
Sunday Worship	1030
Children's Church	1045-1130
<b>Catholic Services</b>	
<b>Victory Chapel</b>	239-0834
Sunday Mass	0845
Sunday Catechism	0950
<b>Saint Mary's Chapel</b>	239-6597
Sunday: Confession (or by appointment)	1100
Sunday Mass	1130
Daily Mass - Mon., Wed., & Fri.	1200
<b>IACH Chapel</b>	239-7872
Daily Mass - Tue. & Thur.	1200
<b>Jewish Service</b>	
For worship and holiday observance information please contact the Senior Chaplain at 240-6268/910-273-0767.	
<b>Pagan/Wiccan Service</b>	
<b>Kapaun Chapel</b>	239-4818
Fort Riley Open Circle- SWC	
1st & 3rd Wednesday monthly	1800
<b>Homefront Heroes</b>	
Support Group for spouses of Soldiers going through deployment or reintegration	
Weekly Wednesday classes from 1830-1930 at Victory Chapel. 785-239-0875.	
Childcare provided for 6mo - 4yrs	
Youth class for 5-10yrs	
<b>Club Beyond - Faith Based Youth Program</b>	
Grades 6th - 12th, Meets Sundays	
Combined MS/HS Youth 1730-1930 at Victory Chapel 785-370-5542	
*Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it's components and it has no government status.*	
<b>AWANA</b>	
Meets Sundays, 1400-1600 at Victory Chapel 785-239-0875. 3yrs - 12th grade	
<b>Protestant Women of the Chapel (PWOC)</b>	
Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel.	
Childcare provided.	
For more information email <a href="mailto:rileywoc@gmail.com">rileywoc@gmail.com</a> or Facebook "Fort Riley PWOC"	
<b>Catholic Women of the Chapel (CWOC)</b>	
Weekly Wednesday Meeting 0900-1130 at St. Mary's Chapel.	
Childcare provided.	
For more information email <a href="mailto:fortrileywoc@gmail.com">fortrileywoc@gmail.com</a> or Facebook "Fort Riley CWOC"	
**Check for schedule over Training Holiday weekends**	

FORM MATTERS

# Pushups – Part 2

By Gail Parsons  
1ST INF. DIV. POST

Pushups are a good exercise to develop strength in the arms, enhance endurance and build muscles.

Capt. Tanner Santarelli, physical therapist at Irwin Army Community Hospital said there are many variations and modifications — but they all incorporate the pec major and minor, the triceps, biceps and deltoids.

“It’s a well-rounded exercise that we can use that targets a variety of muscles through our body,” he said.

While there is little risk of injury if the pushup is not executed properly, the benefits are minimized. Santarelli said it is a better use of time to do fewer

with proper form, than several without.

“It’s pretty easy if we are weak within our core to sacrifice form, which in return, we won’t get as quality output of the exercise that we would like,” he said.

This week Santarelli demonstrates the proper form for the close-grip push up, which will change the functionality of the exercise.

“By changing the position of the hands, you’re going to bias different muscle groups within your upper extremity,” he said. “As the hands get closer, you’re going to be more reliant on your triceps. As they extend further out, you’re going to be more reliant on your deltoids and pecs.



**HOW TO DO CLOSE-GRIP PUSHUPS**

1. Starting position: Knees are on the floor. Place hands on the floor and make a diamond with the index fingers and thumbs. “Our nose is just going to be centered within that,” Santarelli said.
2. Lift body up, keeping the back straight and the gaze is forward.
3. Bend the elbows while keeping them along the side of torso, lower the chest toward the floor;
4. Extend your elbows and push yourself up, repeat.

*Form Matters is a weekly column designed to demonstrate the proper form to use when executing different exercises to minimize the risk of injury. #FitFirst*

## NATIONAL PRESCRIPTION DRUG TAKEBACK



Photos by Amanda Ravenstein | POST

**LEFT:** Brandon French, serving as prevention coordinator, Fort Riley Army Substance Abuse Program and Spc. Corey Allen, 287th Military Police Company, 97th Military Police Battalion, watch over the collection boxes during the National Prescription Drug Takeback event at The Exchange April 26. **RIGHT:** Joan Lipsky, drops expired prescriptions into the collection box during the National Prescription Drug Takeback event at The Exchange April 26. She said she was cleaning house by helping her father clear out his old medicines.

### Fort Riley Blood Drives in May



PX Blood Drive – On the Bus

Thursday, May 2<sup>nd</sup> – Noon to 6:00 p.m.

Friday, May 3<sup>rd</sup> – 8:00 to 2:00 p.m.

Community Drive

Tuesday, May 14<sup>th</sup> – 9:00 – 3:00 p.m. @ In Processing, Bldg 208

Wednesday, 15<sup>th</sup> – 9:00 – 3:00 p.m. @ Division HQ’s

## YARD SALE LIST

Saturday is a day for deals at Fort Riley. There will be yard sales all over the installation during the annual spring post-wide yard sale. There will be sellers in the parking lots of the commissary and the Main Exchange along with those sales throughout the housing area. To help find them, here is a list of some of this year’s yard sale participants. This list is not all inclusive.

### HISTORIC MAIN POST

- 8B Forsyth Ave.
- 10 B Forsyth Ave.
- 15-B Forsyth Ave.
- 15A Forsyth Ave.
- 16B Forsyth Ave.
- 18B Forsyth Ave.
- 25A Sheridan Ave.
- 100 Schofield Circle
- 96A Schofield Circle
- 93A Schofield Circle



### COLYER FORSYTH

- 67418 Richmond St. (two families combined)
- 21317-2 Pommel St.
- 27105 Dakota Drive
- 24710-2 Chiswell Drive
- 24142-2 Winchester St.
- 26130-1 Lookout Drive
- 23143-2 Carriage St.
- 26517-1 Thunder Road

### WARNER PETERSON

- 55775-1 Lorraine Circle
- 44555-2 Woffard Drive

### MCCLELLAN

- 67361-2 Franklin Drive (will be multi-family)
- 67310-1 Sunset Drive
- 67732-2 Reed Circle
- 6769- Burnside Loop

### ELLIS HEIGHTS

- 44620-2 Roosevelt St.

### HAVE YOU SUFFERED HEARING DAMAGE FROM USING THESE?



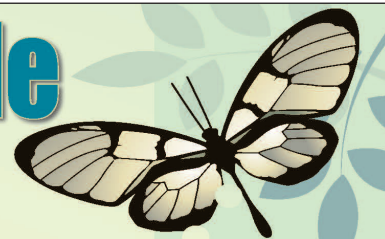
HUTTON & HUTTON LAW FIRM IS REPRESENTING MILITARY PERSONNEL WHO USED 3M DUAL PLUG EARPLUGS BETWEEN 2003 AND 2015 WHO HAVE BEEN DIAGNOSED WITH HEARING LOSS OR TINNITUS.

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# Fort Riley Post-Wide Yard Sale



**Saturday,  
May 4, 2019  
8 a.m. - Noon**

*Fort Riley Post Thrift Shop  
Bldg 267 will be open  
from 10 a.m. - 1 p.m.*



DOD ID card holders who live off-post are able to participate and need to register in advance. There is no cost. There will be two parking lots our off-post sellers can set up in; the Commissary or The Exchange. Sellers may sign up in person at customer service of either store. For more information about the spaces available to eligible off-post sellers, call the Commissary at 785-240-0459 or The Exchange at 785-784-2026 extension 206.

# ARCHBISHOP Continued from page 9

USA is the largest geographical diocese in the country, and within its bounds, those called to serve as chaplains must be prepared to undertake ministries as diverse as the regions they visit.

"First of all, chaplains are there to ensure the First Amendment rights of the men and women who serve the country and their families," Broglio said. "So, when they raise their right hand and defend the Constitution, they do not renounce the First Amendment rights, which is freedom of religion. And so chaplains are primarily there for that."

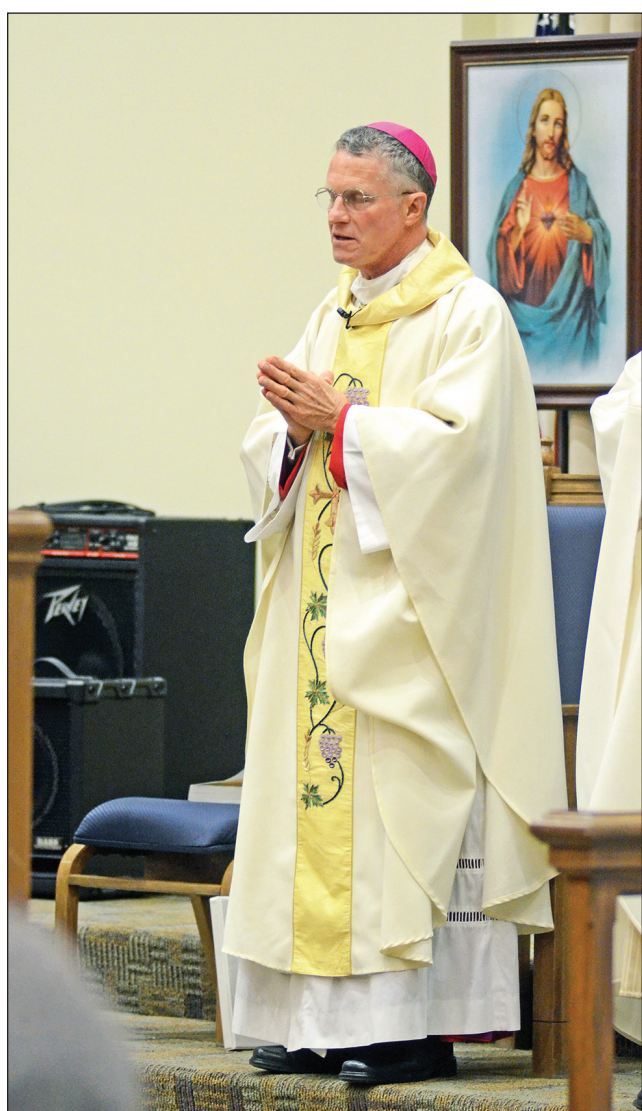
"Second, they're also what (in) the military we call force multipliers because they are sensors to know what's going on," he said. "The chaplain is one person who doesn't have to report to anyone else and so that makes him a great sounding board. He or she can certainly help the command know what's really going on. And I think that's a very positive thing. That's not strictly a religious function, but it is a moral function. That's very important."

He said his visit to Fort Riley gave him the opportunity to see how clergy are doing and to address any concerns or questions they may have. He was also happy to celebrate the Sacrament of Confirmation during his visit for the young people who were prepared for it.

"Confirmation in the Archdiocese, we usually confirm people who are in the eighth grade or 14 years of age," he said. "And it's basically a year of preparation to understand the sacraments they will receive. Now tonight, we will be confirming one Soldier. And traditionally, since they are older, (preparation) does involve some service as well but those are not things that are required because the sacrament is a gift. But it's more to help people appreciate what it is they're receiving. Since it is what we call the sacrament of Christian maturity, it means that, once you've been confirmed, you take your role of responsibility in the Catholic community. And so, service and that sort of thing also helps you prepare psychologically for that role."

### CHAPLAIN SHORTAGE

It has been documented for many years that there is a shortage of military chaplains. According to an article on [www.milarch.org](http://www.milarch.org), the shortage stems from aging chaplains retiring faster than they can be replaced. Since 9/11, the active-duty roster has dropped from more than 400 Catholic



Amanda Ravenstein | POST  
**Archbishop Timothy P. Broglio, bishop of the Archdiocese for the Military Services, USA, presided over the Sacrament of Confirmation at Victory Chapel April 25 during his visit to Fort Riley.**

"The chaplain is one person who doesn't have to report to anyone else and so that makes him a great sounding board. He or she can certainly help the command know what's really going on. And I think that's a very positive thing."

**ARCHBISHOP TIMOTHY P. BROGLIO**  
ARCHDIOCESE OF THE MILITARY SERVICES, USA

priests to fewer than 200, six percent of the Chaplain Corps. And, with 25 percent of the military being Catholic, that means those chaplains are thinly dispersed over a global faith community on a scale of one priest per 1,700 service members. Include the families of those service men and women and the number is much higher.

In addition to recruiters in the Chaplain Corps, programs have been created to bring more priests to serve in the military. One of those programs is "For God and Country," a week-long session in which a number of priests are invited to see what chaplaincy is about, said Broglio.

"We introduce them to the five branches by taking them around to the installations in the Washington military district," he said. "Getting them to talk with servicemen and women who can tell them what it means to have a priest. And that program has been very successful, I would say from each group of 10, we'd probably get six or seven that sign up."

Another program is a co-sponsored seminarian program, he said.

"So, we have 45 young men in the seminary, who are sponsored both by their home diocese or territorial diocese and by the Archdiocese for military services," he said. "And they

are committed, once they're ordained, to spend three years in a parish in their home diocese, and then come on active duty in the branch of their choice for at least five years. We hope that they'll stay for longer than that, but that's the initial commitment. And that has been very positive. We will have five priests come in through that system this year."

### CHURCH SUPPORT

Supporting the Catholic community and the priests who serve them, Broglio said the most important thing he wants the community at Fort Riley to know is that he cares about them.

"That's one of the reasons I am visiting," he said.

"The church, in general, has experienced some difficulties, but we are trying to correct those as best we can. And I think that they will be corrected by transparency and by addressing the issues as they come up. But I would urge them to live their faith and hold us accountable as well."

He said the archdiocese also does ongoing training for priests.

"So, every two years we have a convocation in which we bring all the priests together in different locations to help them be updated somewhat," he said. "We obviously require all of the training that is mandated by the Dallas Charter, the agreement dealing with young people and vulnerable adults, so that training is renewed every two years as well."

"Then, we have an archdiocese and curriculum for religious education," he said. "And we also certify the catechists so that they are at least recognized as being prepared to teach what they are called to teach for religious education."

He said the Archdiocese is trying more innovative ways to connect with the young adult ministry through a council for those people.

"They will be having a young adult retreat in June, which the Archdiocese supports," he said. "So those are all positive things that the Archdiocese tries to do for folks, in addition to the three discernment retreats that we run every year to attract young men who might be thinking about the priesthood and chaplaincy and to give it a more intense thought."

Those interested in learning more about becoming a priest with the Archdiocese of Military Services, USA, are invited to contact the Director of Vocations in Washington, D.C. by calling 202-719-3600 or email [vocations@milarch.org](mailto:vocations@milarch.org).

### HEALTHY EATING



COURTESY PHOTO

## Healthy No-Bake Apple Protein Bars

For the Performance Triad, please use the nutrient & serving size information provided below.

Recipe Analysis: 1 serving = 1 bar  
Per Serving: 134 calories; 6g protein; 4g fat, 19g carbs (3 carbs: 1 protein)  
Recipe = 0 servings of vegetables, 0.5 servings of fruit (0 vegetable per serving, 0 fruit per serving)

*\*This recipe is from The Big Man's World*

### INGREDIENTS (16 SERVINGS)

- 2 cups gluten free oat flour
- ½ cup coconut flour, sifted
- ½ cup vanilla protein powder
- 2 TBSP granulated sugar (optional)
- 1 TBSP cinnamon
- 1 tsp nutmeg
- ¼ cup almond butter
- ½ cup brown rice syrup (or maple syrup)
- ½ cup unsweetened applesauce
- 1 TBSP (or more) of dairy free milk of choice

### STEPS (40 MINUTES)

1. Line a large baking dish with greased paper and set aside.
2. In large mixing bowl, combine the flour, protein powder, granulated sweetener, cinnamon, and nutmeg into the dry and mix well. Add the unsweetened applesauce and mix until combined. The batter should be crumbly.
3. Using a spoon, add the dairy free milk of choice one spoonful at a time until a thick, firm batter is formed.
4. Transfer to lined baking dish and press firmly. Refrigerate for at least 30 minutes.

[cookpad.com/us/recipes/618764-healthy-no-bake-apple-protein-bars](http://cookpad.com/us/recipes/618764-healthy-no-bake-apple-protein-bars) #FitFirst

**Are YOU and your FAMILY READY for an EMERGENCY?**

### STOP, SMELL WAMEGO TULIPS



Beth Day | FLINT HILLS NEWS SERVICE

Those attending the Wamego Tulip Festival were delighted there were still tulips in bloom. Taking advantage of the florals for a photo op on Saturday were Ashley and Levi Frace of Fort Riley. They are the family of Staff Sgt. Brett Frace, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division.

# Pets of the Week

THESE LOVABLE PETS ARE WAITING TO BE ADOPTED....



### PET OF THE WEEK

**Meet Mia!**  
Mia is 4 years old, spayed, current on vaccines and chipped.



### BRONSON!

Its been almost 5 months since Bronson came to the Shelter - abandoned on a country road by his owner. He needs out ASAP before he gets more depressed and possibly gives up on himself. He is fully vetted and can be directly adopted.



DAISY



JESSIE



JACK



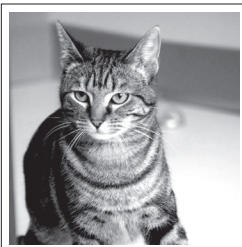
PEGGY SUE



TATER



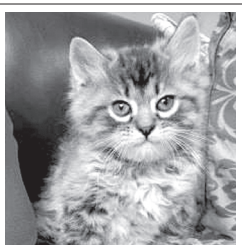
ABBIE



ZEBRA



POW POW



CHEETAH



GENE

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Inquire at Animal Shelters and make it *EASIER* for these pets to find a home!!



Photos by Amanda Ravenstein | POST

Children got to check out the new Marvel toys during the Marvel Universe Unites! event at The Exchange April 27. The event coincided with the opening of the new Marvel movie, Avengers: End Game in theaters now.

SPOTLIGHT: MEXICO



CONTRIBUTED PHOTOS

TOP: The Army Community Service monthly Multicultural Spouses session highlighted Mexico. The event featured a food sampling and fellowship for international spouses. "The Volunteers did an amazing job putting the entire program together," said Brian Bartlett the Relocation Readiness Program manager. Bartlett said there were spouses present from ten countries. The next meeting is May 23 and the featured nation will be the Philippines. Bartlett said two spouses have already come forward to give information on their culture as part of the meeting. To participate, or find out more about the spouse multicultural program, call Relocation Readiness at 785-239-5739. ABOVE: Street tacos were on the sampling menu at the April meeting for the multicultural spouse group.

# UNIVERSAL APPEAL

## KIDS FLOCK TO MARVEL UNIVERSE UNITES! EVENT



LEFT: Landon Griffith, 3, son of Sgt. Don Griffith, 526th Quartermasters Composite Supply Company, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, checks out the different action figures during the Marvel Universe Unites! event at The Exchange April 27. RIGHT: Kaiden Miller, 5, son of Sgt. James Miller, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, shows off his best Captain America pose during the Marvel Universe Unites! event.

## HOME.ARMY.MIL/RILEY

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Interested applicants can visit the commissary between 8pm and midnight

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Sunday, Tuesday, Wednesday, Thursday and Saturday

to meet and interview applicants.



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2019 MILITARY SPOUSE APPRECIATION DAY

**Friday, May 10 • 9am-5pm**  
 Start at the Hobby Studio and USO • 6918 Trooper Drive

**Honoring military spouses with fun activities across Fort Riley!**

Visit locations across Fort Riley and complete activities to earn entries into the grand prize drawing!  
 USO • Hobby Studio • ACS • Exchange Adventure Park • Victory Chapel  
 Sparetime Interactive Entertainment

Full schedule released at event check-in

**INFO:** ACS Outreach 785.239.9435

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**LEGALS**

**Legals**

**NOTICE OF AVAILABILITY DEPARTMENT OF DEFENSE DEPARTMENT OF ARMY U.S. ARMY GARRISON FORT RILEY**

Agency: Department of Army, U.S. Army Garrison Fort Riley  
 Action: Environmental Assessment, New Jefferson Elementary School, U.S. Army Garrison Fort Riley, KS  
 Summary: The purpose of the Proposed Action Alternatives is to replace the existing Jefferson Elementary School on Fort Riley, Kansas, which is administered and owned by the Geary County Unified School District (USD) 475. The Department of Defense (DoD) recently assessed its public schools on military posts for deficiencies in capacity and condition. A record of that assessment, dated July 19, 2011, and entitled Public Schools on Military Installations Priority List, ranked Jefferson Elementary School with a Q-3 rating (Poor) in the condition category. The DoD invited local school districts on the priority list to submit requests for federal funding to address facilities shortfalls. Geary County USD 475 submitted such a request. Thus, the DoD, through its Office of Economic Adjustment (OEA), proposes to help fund a Geary County USD 475 project to build a new Jefferson Elementary School to address the current elementary school's condition and functional shortfalls. This Environmental Assessment (EA) analyzes potential environmental consequences of the Proposed Action Alternatives to construct a new Jefferson Elementary School at Fort Riley. The Preferred Alternative is to construct a new Jefferson Elementary School that has a maximum occupancy capacity of 389 students, and to demolish the existing Jefferson Elementary School prior to construction of the new, replacement school. A "No Action" Alternative also is considered, and serves to illustrate the baseline condition of Fort Riley's environment. This EA analyzes the effects of each alternative to natural and cultural resources, and the sociological environment. The DoD, the Department of the Army, and the U.S. Army Garrison Fort Riley are committed to following all applicable environmental regulations while performing activities that would result from the Proposed Action. This EA was conducted in compliance with

**Legals**

the National Environmental Policy Act (NEPA), Council on Environmental Quality Regulations, 40 Code of Federal Regulations (CFR) 1500 et seq., and 32 CFR 651 (Environmental Analysis of Army Actions). Fort Riley and Geary County USD 475 would not initiate the Proposed Action until the garrison completed the NEPA process. The construction of the proposed new Jefferson Elementary School would replace the existing school that is in poor condition. Geary County USD 475 would design the proposed new elementary school to support a maximum occupancy capacity of 389 students. Project planners anticipate a modern configuration of school space that would house various functional areas: classrooms (Pre-K through 5th Grades), collaboration areas, gymnasium, cafeteria, library, mechanical systems and administration. Additionally, the construction, operation, and maintenance of the proposed new Jefferson Elementary School would contribute to the economic environment of the local community. The EA concludes the following:

1. Under the Preferred Action, Fort Riley anticipates beneficial effects to the sociological environment. Activities to construct the proposed new Jefferson Elementary School would adversely affect a number of environmental elements, but those effects would remain below thresholds considered significant. The installation anticipates minor adverse effects to infrastructure and transportation, noise, air quality, soils, flora and fauna.
2. Under the "No Action" Alternative, Geary County USD 475 would not construct the proposed new elementary school. Jefferson Elementary School would be closed, with students living within its neighborhood boundary attending another school on post. At some point in the future, Geary County USD 475, in coordination with Fort Riley, would determine whether the existing Jefferson Elementary School would be demolished, or would undergo major renovation to accommodate an anticipated influx of students that would result from an installation at full strength. A decision of No Action would not fully support elementary school education at Fort Riley, and the garrison would forego the Proposed Action's anticipated benefits to the sociological environment. Thus, the "No Action" Alternative is not preferred.

Dates: A 30 day public review and comment period commences with the publication of this

**Legals**

notice. Call 785-239-8663 or e-mail [joshua.pease.civ@mail.mil](mailto:joshua.pease.civ@mail.mil) for more information on this EA. Written comments on the EA should be submitted within the 30-day review period to Joshua Pease  
 Environmental Division  
 Directorate of Public Works  
 ATTN IMRL-PWE  
 407 Pershing Court  
 Fort Riley, KS 66442

A4514  
 May 2, 3, 5, 7, 2019

**EMPLOYMENT**

**Help Wanted**

**MUSTANGS GENTLEMEN'S CLUB WANTED:**

Security and Dancer MAKES GREAT MONEY! Experience NOT necessary! Apply in person After 7:30pm 1330 Grant ave.

The Junction City Daily Union is currently looking for a District Manager in the Circulation Department. Duties include working with carriers of all ages, delivering routes as needed, increasing circulation through sales and promotions, and assisting customers. Must be able to work independently and have strong people and communication skills. Reliable transportation required. Afternoon, Evening and Sunday hours. This is a full-time salaried position with a competitive benefits package. Applications accepted at: 222 W 6th St Junction City

The Junction City Daily Union is looking for an independent contractor for newspaper delivery in the Chapman area. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact Bonnie at (785) 776-8808, ext 260 for more information.

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**Miscellaneous**

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su | do | ku

2			3				9
		6	1			3	
	4	9					6
9	2					6	
	3						
7			8		9		4
	8		1	2			9
1	2	7	4				
					4		

Level: Advanced

What Is su | do | ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

9	3	6	8	7	4	1	5	2
5	8	2	6	3	1	7	4	9
7	4	1	9	2	5	3	6	8
8	5	7	2	9	3	6	1	4
6	2	4	5	1	7	9	8	3
3	1	9	4	6	8	2	7	5
1	7	5	3	8	2	4	9	6
4	9	3	7	5	6	8	2	1
2	6	8	1	4	9	5	3	7

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# Travel & Fun in Kansas



★ MAY 3, 2019

HOME OF THE BIG RED ONE

PAGE 16 ★

## Kansas offers several areas for camping, making memories

Story by Téa Sambuco  
1ST INF. DIV. POST

The warmth of a cozy campfire, a tug on a fishing line cast over a foggy lake, the awe of staring up at a sky full of stars and the unforgettable memories a family will make are just some of the reasons camping is loved by many across the country. Kansas is full of opportunities to get families out in nature for a fun and relaxing experience. Some of these campsites, like Acorns Resort, Ponoma State Park and Kansas City West Lawrence KOA are within a two-hour drive from Fort Riley.

"Acorns Resort is a private business located on U.S. Army Corps of Engineers land on Milford Lake," said Mike Harris, owner of Acorns Resort. Harris said families can enjoy a wide variety of activities. This summer, the resort will offer guided kayak tours, sunset pontoon boat tours, naturalist programs, kid-friendly games, rock painting, scavenger hunts, yoga,

outdoor movies and a series of live entertainment.

The resort has many other outdoor activities including hiking and fishing.

"We do have a 3.1-mile trail that circles the resort which is currently being renamed 'The Painted Rock Trail,'" he said. "There are many locations for fishing from the shore for crappie, bass and catfish (and) we offer pontoon boat rentals, kayaks, canoes and stand up paddle boards."

A camping resort would not be complete, however, without a place to spend the night.

The resort offers primitive campsites, he said, as well as ones with electricity, water, sewer and concrete pads. For those who want to feel a little more luxurious, they have cabins that sleep anywhere from four to 12 people, hotel-style rooms and "glamping" yurts.

Kelly Day with Ponoma State Park says their 490-acre park is great for families also.

"Ponoma State Park is a great family park with a lot of activities that try to incorporate everyone," she said.

Some of these activities include a swimming beach, disc golf course, archery and bird-watching.

"We hold a lot of activities throughout the year including our Retro Weekend in August and our Fireworks on the 4th of July weekend," Day said. "You can always check out what is going on in the park by checking out our Facebook pages 'Ponoma State Park-Kansas Wildlife, Parks and Tourism' or 'Friends of Ponoma State Park.'"

There are also hiking trails and great spots for fishing crappie, catfish, white bass and wiper, she said.

"We do have three trails for hiking," Day said. "The Buckbrush trail located in Burning Heart campground, the Hedge-Wood trail located at the entrance of the park, and the Rising Sun trail located in the Ah-Ket-Ah area of the park. We are working on adding to our trails throughout the park to add more scenic trails for hiking and biking. We also have the Flint Hills Trail located about a half



COURTESY PHOTO

The many activities to participate in on Milford Lake and Acorns Resort include camping, hiking, and pontoon boat rentals.

mile from the entrance to our park."

There is a variety of camping options at Ponoma State Park. Visitors have the choice of 200 primitive campsites, 142 utility campsites and cabins that can sleep from six to nine people.

"Located about an hour outside of Kansas City, the park provides a great place to slow down, relax and have a good time while taking in all the wonderful things nature has to offer," Day said.

Kansas City West Lawrence KOA combine the nature aspect of camping with some more advanced activities, such as ziplining, pedal cart rentals, gem mining and wagon rides.

"Spring, summer and fall there is always something fun to do at our KOA," said the <https://koa.com/campgrounds/kansas-city-west/activities/> website. "Year-round activities include our two playgrounds, volleyball, basketball, horseshoes, tetherball, gaga pit and bike rentals.

During the summer, our pool is open until 9 p.m. and we have themed weekend activities for children including s'mores, games, crafts, ice cream sundae parties, outdoor movies, wagon rides, tie-dye, ceramics, spin art, sandy candy and more."

The KOA campground provides different camping sites to cater to different needs. From their RV

camping option with full hookups to their cabins that sleep four to six people and their tent sites with water and electric included.

With these places, families can enjoy the great outdoors for a weekend without straying too far from home.

Soldiers and their families who are interested in camping can check out the Directorate of Family and Moral, Welfare and Recreation Outdoor Recreation Center rentals.

They have tents, camping accessories, canoes and canoe trailers, pontoon and other types of boats.

For more information about what DFMWR has available and for this seasons prices, call 785-239-2263.



COURTESY PHOTO

Left: Acorns Resort provides primitive campsites, cabins and "glamping" yurts. Bottom: Wilson lakes has several campgrounds. Fort Riley Soliders can visit the Outdoor Recreation Center to rent equipment, including Top: Camping slots are available around Milford Lake. Check in with the State Park or the U.S. Army Corps of Engineers for available primitive camping and sites for recreational vehicles.



We have more than just campers!

For a full list of Outdoor Recreation Center rentals, visit [riley.armymwr.com](http://riley.armymwr.com)



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Join Spc. Shell as he visits the Smoky Valley next week