



VICTORY SUSTAINED

143d Expeditionary Sustainment Command (Forward)

Special Issue

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U.S. Army photo by Maj. Sheldon Smith

Commanding General of the 143d ESC, Brig. Gen. Daniel I. Schultz, and 143d soldiers wait before the ribbon-cutting ceremony to officially open the Joint Sustainment Operations Center at the 143d's Joint Sustainment Command.



U.S. Army photo by Maj. Sheldon Smith

Lt. Col. Phyllis M. Evans, 143d Staff Judge Advocate, works at her new station in the Joint Sustainment Operations Center, ceremonially opened March 16.

Gen. Schultz cuts ceremonial ribbon

143d ESC holds ceremony for official opening of JSOC

By Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Leaders of the 143d Expeditionary Sustainment Command held a ribbon-cutting ceremony March 16 to officially open the Joint Sustainment Operations Center at the 143d's Joint Sustainment Command Headquarters here.

Maj. Stephen R. Smith, day battle captain of the 143d's Operations Section, attended the ceremony.

"The purpose of the ceremony was to officially establish operation capabilities and open our command's JSOC," Smith said.

Although 143d Soldiers had workspaces prior to the JSOC's opening, it was not always a conducive working environment.

"Previously we had limited

space and computer support where multiple users were using limited computer resources," Smith said.

"However, in our new space we have increased computer support and expanded work areas which have enhanced our capability to monitor and track sustainment and (Reception, Staging, and Onward Movement) operations."

The 143d's responsibilities in Afghanistan include managing supply and personnel movement for Afghanistan.

Command Sgt. Maj. Michael D. Schultz of the 143d organized the ceremony at the request of 143d Commanding General, Brig. Gen. Daniel I. Schultz. Both leaders participated by cutting the ribbon together.

143d Expeditionary

Sustainment Command:

Commander

Brig. Gen. Daniel I. Schultz

Command Sgt. Maj.

Sgt. Maj. Michael D. Schultz

Public Affairs Officer

Maj. Sheldon S. Smith

Victory Sustained Editor

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Kandahar Weather Forecast¹

Wednesday April 1	Thursday April 2	Friday April 3	Saturday April 4
			
77°F/50°F	71°F/50°F	75°F/50°F	75°F/57°F
Day: 30% chance of rain Night: 50% chance of rain	Clear	Scattered Clouds	Day: Partly Cloudy Night: 30% chance of rain

¹ Weather information taken from Weather Underground.com

A golden opportunity for fun

By Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Soldiers of the 143d Expeditionary Sustainment Command held a St. Patrick's Day party March 15 at the Southpark area of Kandahar Air Field, Afghanistan.

The event, organized by Capt. Anne K. Brophy of the 143d's Staff Judge Advocate Section, celebrated both St. Patrick's Day and the 143d's arrival to KAF.

"I am proud that we were able to cele-

brate with about 200 people," said Brophy. "Having a party here was a great way to allow the 143d ESC to have some social time while celebrating our arrival and one of my favorite holidays."

1st Lt. Sharif I. Faruque, commander of the 143d Headquarters and Headquarters Company; 1st Sgt. Steven Valetin, first sergeant of the 143d Headquarters and Headquarters Company; and Master Sgt. Scott R. Ferry, a non-

commissioned officer in the Reception, Staging and Onward Movement Section, also helped organize the event.

Volunteers barbecued steak, hot dogs and chicken. Other foods and drinks there included two types of cake, non-alcoholic beer, Gatorade, salad, bread and more.

Through Brophy's and Ferry's efforts, food was provided by Supreme, the KAF foodservice.

"The beer (non-alcoholic) was donated by the officers who gave \$2 each to the cause," said Brophy. "So we could all have green beer. Okay, near beer. Okay, it was in green bottles. But hey, we

were able to celebrate the holiday well."

Spc. Wesley A. Green, an intelligence analyst for the 143d Intelligence Section, said, "I had a great time, because there were so many things to do. I enjoyed watching the sumo wrestling."

Besides sumo wrestling, activities included volleyball, karaoke, golf putting, football and Frisbee tossing.

Brophy had personal reasons for organizing the party.

"Back in Chicago, my entire family celebrates St. Patrick's Day in a big way," said Brophy. "My family is in the South Side Irish Parade and everyone has parties."

Brophy said that a soldier from her prior unit arranged an Irish Parade in Baghdad, Iraq. She decided to hold a party here.

"The party was a way to keep the family tradition going," said Brophy. "I am so happy that everyone had a great time."



U.S. Army photo by Maj. Sheldon Smith

Staff Sgt. Justin W. Matarese, a noncommissioned officer of the 143d's Combat Service Support Automation Management Office, rolls Pfc. Mari L. Machado, a soldier of the 143d's Staff Judge Advocate Section, over Spc. Lindsay A. Canterbury, a chaplain's assistant in the 143d's Chaplain Section, during a sumo wrestling match at the 143d's St. Patrick's Day party.



U.S. Army photo by Maj. Sheldon Smith

Chief Warrant Officer 4 James M. Carr, 143d's Property Book Officer, barbecues steak at the St. Patrick's Day party while Capt. Anne K. Brophy, of the 143d's Staff Judge Advocate Section, watches.



U.S. Army photo by Maj. Sheldon Smith

1st Lt. Sharif I. Faruque, commander of the 143d's Headquarters and Headquarters Company, body slams Sgt. Maj. Thomas Curran, a noncommissioned officer of the 143d's Support Operations Section, during a sumo wrestling competition at the 143d's St. Patrick's Day party.



U.S. Army photo by Maj. Sheldon Smith

(From left to right) 1st Lt. Sharif I. Faruque; Col. Stanley E. Puckett; Col. Michael A. Mann; Command Sgt. Maj. Michael D. Schultz; Capt. Anne K. Brophy; Col. Andrew M. Barclay and Sgt. Maj. Thomas Curran of the 143d Expeditionary Sustainment Command display cakes decorated in honor of both St. Patrick's Day and the 143d's recent arrival to Kandahar Air Field, Afghanistan.



143d Soldiers to shave heads for charity

By Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Soldiers of the 143d Expeditionary Sustainment Command plan to shave their heads April 1 after the planned 143d briefings to raise money for charity.

The soldiers involved are Col. Stanley E. Puckett, a chaplain in the 143d's Chaplain Section; 1st Sgt. Steven Valentin, the first sergeant of the 143d Headquarters and Headquarters Company; Master Sgt. Robert J. Dahlem, a noncommissioned officer in the 143d's Support Operations Section; Master Sgt. Timothy M. Frey, also an nco in the 143d's SPO Section; and Staff Sgt. Justin W. Matarese, an nco in the 143d's Combat Service Support Auto-

mation Management Office Section.

An Army reservist, Frey serves the public as a policeman in Lancaster, Pa. Frey's police platoon organized a fundraiser through the St. Baldrick's Society, a non-profit organization. Although stationed in Kandahar, Frey decided to get involved.

"St. Baldrick's Society is a charitable organization that raises funds for children's cancer," Frey said. "I asked others, how much would you pay to see me with a shaved head?"

Frey's personal goal is to raise \$2,000 for the charity.

"I'm doing it in memory of an aunt who passed away three weeks ago from cancer," he said.



The Surgeon's Section

By Col. Kathryn Hall-Boyer

Leaders of the 143d Expeditionary Sustainment Command plan a program to improve the well-being of soldiers while in Theater. The Strong program is based on a program developed by the 311th ESC.

The Army's Health Promotion Regulation, AR 600-63, covers the facets of the Strong program. This regulation encompasses behavioral health, physical health, spiritual fitness and environmental health. Soldiers can choose one or all of these areas to concentrate on for improvement.

In April, the Strong Committee will concentrate on Physical Health. This begins with the command run and includes the Country Music Marathon planned for April 25.

At the marathon, many of us will compete in the relay-team event. Each Soldier should train for the distance he will perform in order to prevent injury or illness.

Fuel and water are important to good physical and mental performance. Every year, runners die while participating in a marathon. In November 2007, elite runner Ryan Shay died during the U.S. Olympic marathon trials.

Running deaths have been reported due to congenital heart disease, heart attacks, heat stroke, and from drinking too much water. All but the over drinking have occurred at much shorter distances as well. Let us all train for a healthy run and good-spirited competition.



U.S. Army photo by Pfc. Elisebet Freeburg

Roll up the Rim!

Photo and Story by Pfc. Elisebet Freeburg

Usually running late is not a good thing. But one soldier of the 143d Expeditionary Sustainment Command got a free laptop because of it.

Tim Hortons, a Canadian-based coffee chain, holds a yearly contest here at Kandahar Air Field, Afghanistan. After drinking their coffee, customers roll up their cup rim to see what is printed underneath. Possible prizes include drinks, donuts, hats, and Toshiba laptops.

Master Sgt. Jack D. Boggs is the Distribution Integration Section noncommissioned officer (night shift) of the 143d ESC. Boggs is also a regular Tim Hortons customer.

"I drink coffee morning and night," said Boggs.

The day that Boggs was running late, his friend and fellow 143d soldier, Master Sgt. Charles Dye (Material Readiness Branch) bought three coffees.

"Chuck bought one coffee for me and two for himself," said

Boggs. "He really wanted to win a Tim Hortons hat. I was running late, so he gave my coffee to someone else."

Soon after, Boggs came in the door, and Dye ended up giving Boggs one of his own two coffees.

The men were drinking coffee and visiting together when Boggs rolled up the rim of his cup and said, "Chuck, you aren't going to believe this. I won the laptop."

Even though Boggs won the laptop, Dye did get his wish.

"The next day I won a hat," said Boggs, "and I gave it to Chuck."



Master Sgt. Jack D. Boggs using his new laptop that he won through a coffee contest at the KAF boardwalk.

What's your purpose?

Photo and Story Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Capt. Dmitri V. Kostyunin, 143d Expeditionary Sustainment Command chaplain, began a weekly Bible study March 26 at the Chapel Ministry Center here.

The Thursday sessions study the book 'The Purpose Driven Life' over a period of 40 weeks.

Attendees read a chapter from the book, discuss it, and watch a corresponding video.

Kostyunin explained why he chose this book.

"Because it answers the most important questions in people's lives," he said. "Where am I from? Why am I here? Where am I going?"

The Bible study is open to everyone, not just the soldiers of the 143d.

"It is open to all who are looking for a purpose in life," Kostyunin said. "Those who are religious, and those who are not but still searching."

For more information, please contact Kostyunin or the Chaplain section.



143d Capt. Dmitri V. Kostyunin, Department of Defense civilian Brian Sykes, 143d Master Sgt. Timothy G. Osborn, and 143d Sgt. Louis A. Ramos discuss 'The Purpose Driven Life' together.

Playing desert hockey

Photos and Story By Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Sgt. Francisco N. Aponte, 143d Expeditionary Sustainment Command maintenance noncommissioned officer, and Sgt. Sean M. Sloan, 143d Materiel Readiness Branch nco, played with the Kandahar Hawks ball-hockey team in a game March 4 against visiting Team Canada at Kandahar Air Field, Afghanistan.

Aponte played hockey for eight years on both high school and college teams. While at Kandahar, he walked up to the rink as people were playing together, and was told they needed another player.

"I played with other Americans," said Aponte. "They told me there was a team."

Sloan started playing hockey when he was four years old. His experience of joining

the team in Kandahar was similar to Aponte's and happened just one day later.

"I jumped in on a practice," Sloan said. "They asked me (at the end) if I wanted to play on the team."

Playing at KAF was a new experience for both soldiers.

"I didn't even think they'd have a hockey rink here," said Sloan.

Aponte was also surprised.

"You never thought you'd come to a desert and find a hockey team," he said.

Team Canada was composed of former National Hockey League players that were visiting KAF on a morale trip for troops.

Even though they did not win, both Aponte and Sloan enjoyed their experience of playing.

"It was an awesome experience to play against Stanley Cup



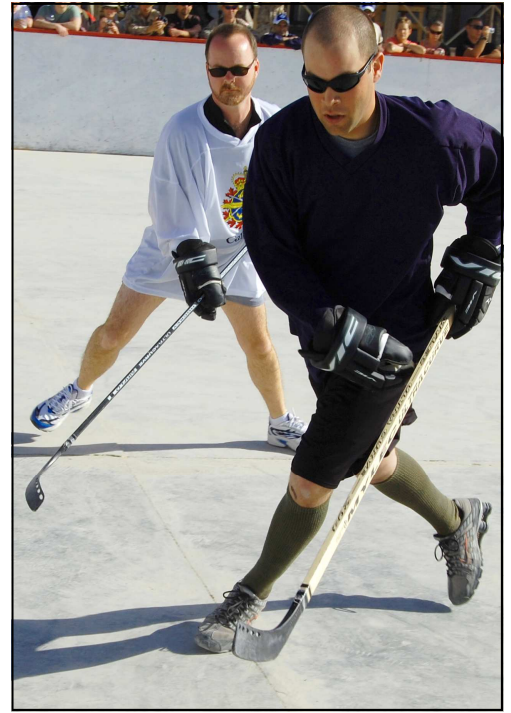
Hawks player Sgt. Sean M. Sloan of the 143d ESC poses for a photo with a Team Canada player, former NHL player Tony Currie, after the game.

winners, Hall of Famers, and NHL record holders," said Aponte.

"That was a great experience," said Sloan. "Opportunities like that are hard to come by."

Spc. Hollyann Greenwood, 143d administration specialist, volunteered to pass out mementos to Team Canada on behalf of the Hawks after the game.

"Considering the team they played against," she said. "They did really good."



Sgt. Francisco N. Aponte of the 143d ESC races after the ball with Team Canada's Lt. Cmdr. Lorne Hartwell of the Royal Canadian Navy close on his heels.



Team Canada sings their national anthem before the ball-hockey game begins.

143d ESC hosts event

By Pfc. Elisebet Freeburg

KANDAHAR AIR FIELD, Afghanistan—Soldiers of the 143d Expeditionary Sustainment



U.S. Army photo by Maj. Sheldon Smith

Keynote speaker Col. Leigh A. Coulter shares some of her experiences while showing a slide presentation.

Command hosted an event the evening of March 25 in the Morale, Welfare and Recreation (MWR) tent here in honor of Women's History Month.

Decorated 143d Intelligence Section Officer-In-Charge Col. Leigh A. Coulter spoke at the event titled 'Women Taking the Lead to Save Our Planet,' sharing her numerous experiences as a female in the military. Her experiences include commanding the 724th Military Police Battalion in Umm Qasr, Iraq; and serving as the 800th Military Police Brigade chief of staff at Camp Arifjan, Kuwait.

Col. Kathryn Hall-Boyer, 143d

command surgeon, presented a slide presentation on the history of women in the military, dating from the American Revolutionary War to the present.

Servicemembers from the Army, Air Force, and Navy attended. One such attendee was Staff Sgt. Marcella Benavidez, 143d food service noncommissioned officer.

Benavidez said the event was well organized and she enjoyed the refreshments provided.

"I found (the event) knowledgeable about how far back women were in the military," Benavidez said. "I was also impressed with Col. Coulter's accomplishments and her visual slide presentation of her deployment in the middle east."

Several women leaders of the 143d participated in the event, including assistant staff judge advocate, Capt. Anne K. Brophy; equal opportunity advisor, Master Sgt. Tracy Marshall; and chief paralegal nco, Master Sgt. Roslyn Mason.

The 143d Color Guard presented the colors and Lt. Col. Delois Watson-Brown, an officer in the 143d Intelligence Section, sang the national anthem. Col. Stanley E. Puckett, 143d chaplain, prayed the invocation.

After the Commanding General of the 143d, Brig. Gen. Daniel I. Schultz gave the closing remarks, Capt. Ronald Wells, 25th Naval Construction Regiment chaplain, concluded the ceremony with a benediction.