

RUSSELL EGNOR NAVY MEDIA AWARD WINNING NEWSPAPER

# FIVE STAR



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## MAKING SAILORS SAFER: MEDICAL DEPARTMENT ORGANIZES SUPPLIES

BY MC3 ASHLEY LOWE



Hospital Corpsman 1st Class Roxana Rubio prepares tools for a general quarters drill. Photo by MCSN Sawyer Haskins.

Emergencies can get chaotic and knowing exactly where supplies and lifesaving gear are located is important for the ability to work efficiently enough to save lives.

During Dwight D. Eisenhower’s (CVN 69) preparations for sea, medical department completed their inventory and replenishment of supplies.

“Supplies are regularly inventoried and verified to work effectively according to the Navy’s standard,” said Lt. Stephen Grist, Ike’s physical therapist. “We must have accountability for thousands of items at all times.”

Medical supplies are kept in six battle dressing stations (BDS), main medical spaces, first-aid bags and approximately 140 first-aid boxes. There are also seven storerooms scattered strategically around the ship so items are accessible in the event of an emergency.

“We were walking through one of the spaces to inventory the BDS and found this old paper stuck in the wall,” said Chief Hospital Corpsman Chelsea L. Turner, one of medical department’s leading chief petty officers (LCPO). “It was goldenly discolored, showing its age. We found that it was an inventory sheet with the same NIIN (national item identification number), and a signature was still on it. It’s a reminder that this is something that’s always been done. This responsibility doesn’t change.”

Each item has an authorized medical allowance list (AMAL), which standardizes the organization of supplies and count of items that are kept on board.

“This is not just a quick inventory of a cabinet we’re talking about,” said Hospital Corpsman 1st Class Jose Tello. “We did inventories for all cabinets in

all medical spaces, and made sure that they are fully stocked and not expired.”

Logistics Specialist Third Classes Jeremy Hacker and Logistics Specialist Third Classes Kaseem Jackson helped the medical department understand how supply completes such large inventories as well as their process of tracking and ordering supplies.

“They don’t make orders like supply department does,” Hacker and Jackson agreed. “We used to get pallets unexpectedly right after we finished organizing a space and we were like, ‘where are we going to put this?’. The pallets usually had hundreds of items, and there’s so much that it’s hard to track it.”

The logistics specialists showed the corpsmen how to use numbers like NIINs and NSNs. This understanding makes it possible to update records more frequently and with better accuracy.

“If we don’t have a perfectly accurate count, we don’t realize when we run out,” said Grist. “Then the orders become a lot more emergent. In the updated database, and we’ll know we need to order more.”

Now that the system has been updated, it’s easier for supply to track larger pallets, and for medical to make smaller orders more often.

These departments’ collaboration creates a positive experience for Sailors serving temporary assigned duty (TAD) to medical.

“I enjoyed serving TAD with medical,” said Hacker. “I was an EMT before, so I understand and appreciate all that emergency response entails.”

Jackson also had a positive experience, though he had his doubts at first.

“I was worried that it would be too stressful in the beginning,” said Jackson. “It made me a better [logistics specialist], because I had to problem solve when things got confusing. They definitely leaned on me, and I showed them it’s not as hard as they thought.”

The Sailors TAD to medical were not the only ones grateful for the experience.

“We hope our better understanding of the database will help us get ahead,” said Turner. “We’ll see every month when things are ready to expire.”

This project was challenging for everyone involved, but they felt it was well worth the effort. Together, they made available more efficient medical care for all of Ike’s Sailors.

“I think pride and swagger will come with being the medical department that did the work,” said Grist.

Since the whole department is involved in the effort, everyone finds fulfillment in completing all this hard work.

“In medical, we have a lot of specialty services who are in charge of their own supplies,” said Tello. “I think everybody does find a sense of fulfillment in feeling like they’ve contributed and it’s because of them that medical is able to come to 100 percent readiness. I think each of these techs and specialists feel rewarded.”

Sailors who find themselves in medical may notice a drastic change in their surroundings.

“I think if the Sailors who’ve been on board for a long time were to come to medical and take a look at the spaces they’d see how much cleaner, more spacious, and better organized they are,” said Grist. “I think a lot of people would be impressed.”

Medical now knows more thoroughly what supplies they have and exactly where they are in case of an emergency.

“Dealing with emergencies is going to be a piece of cake for us,” said Grist. “Everyone will know exactly where everything is.”

## WASTE MANAGEMENT: AN ALL-HANDS EFFORT

BY MC3 JAMES NORKET



Machinist’s Mate 2nd Class Andrew Raburn loads a compress melting unit (CMU) in the mid-trash room. Photo by MC3 James Norket.

The waste management team aboard USS Dwight D. Eisenhower (CVN 69) processes roughly 6,000 pounds of trash a day while at sea. Whether food from the galley or paper from a work center, trash is a never-ending challenge.

The team’s 15 Sailors manage Ike’s two trash rooms 24 hours a day, seven days a week. They are personally responsible for properly disposing of trash for Ike’s nearly 3,000 Sailors.

“We take pride in what we do,” said Machinist’s Mate 1st Class Princess White, the waste management leading petty officer. “It’s not the most glorious job ever, but I believe it is an important one.”

Individual divisions are responsible for the initial sorting of trash before they bring it to one of the waste processing centers. Upon arrival, the bags are inspected and screened for content and then put into their respective machines. Ike has multiple machines to process all the trash generated onboard.

“The machines aboard Ike are necessary to mission success,” said White. “We need to ensure that we put the right trash in the right machines to keep the equipment ready to go.”

Paper, food and other similar items are sorted and put into a pulper. This machine turns all the waste into a slush-like liquid and is then collected into a

tank. All plastics are put into a plastic shredder and then into a compress melting unit (CMU). This machine heats and compacts all of the plastic waste into a round, solid puck. Metal and glass are also sent through a shredder and then into the ocean, as permitted due to their ability to biodegrade.

“There are several reasons that sorting trash is important,” said Machinist’s Mate 2nd Class William Pollard. “It not only makes it easier on us, but it also makes it easier on the machines.”

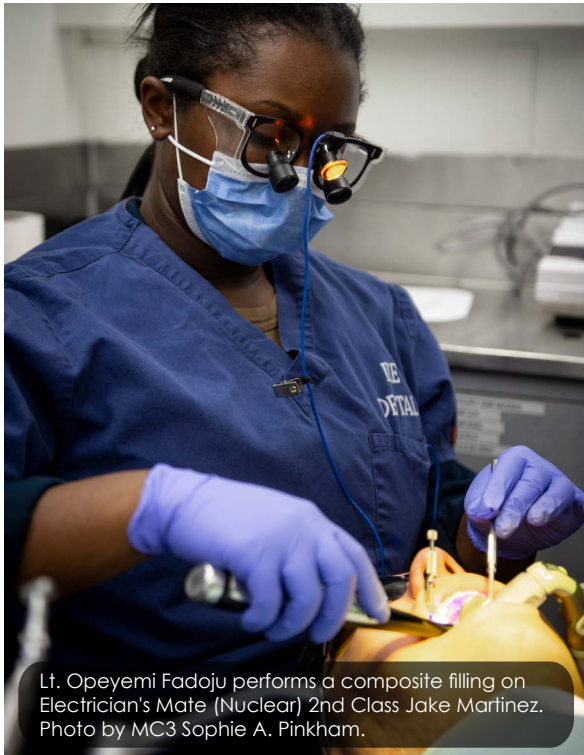
Sailors in waste management have a rough job, but the crew has the opportunity to make it a little easier for them by correctly labeling all of the bags with their name, department and J-dial.

“If people would properly sort their trash, our jobs become ten times easier,” said Pollard. “People often get frustrated with us because we turn them away, but we are just trying to do our job the right way.”

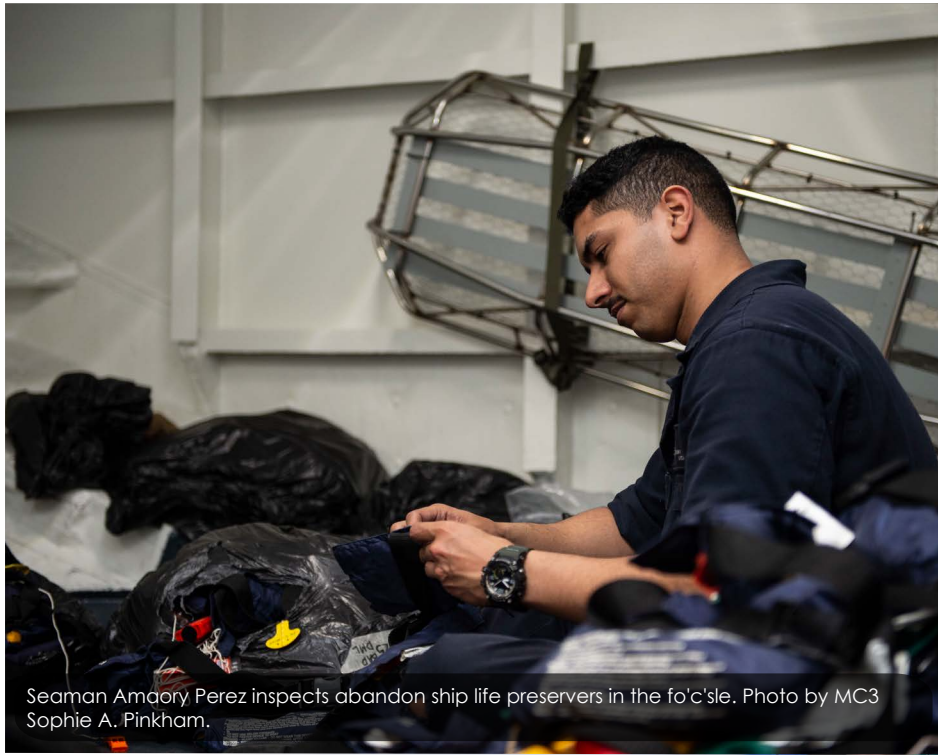
According the the U.S. Fish and Wildlife Service, there is approximately eight billion tons of trash dumped into the ocean every year. The waste management team aboard Ike is committed to minimizing Ike’s impact on the ocean.

For more information about times for turning in trash, or for questions about sorting, contact the waste management division at 5722.

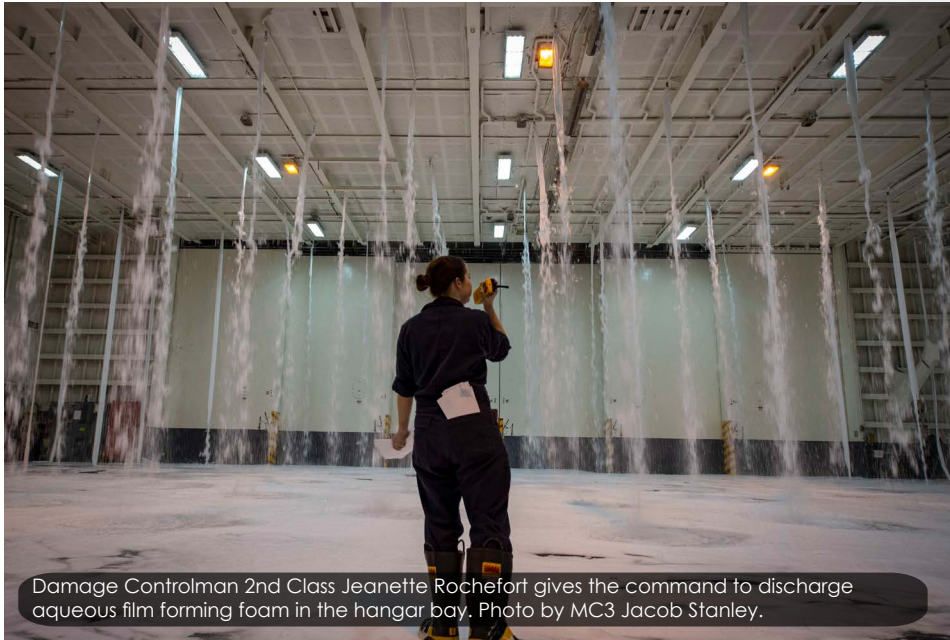




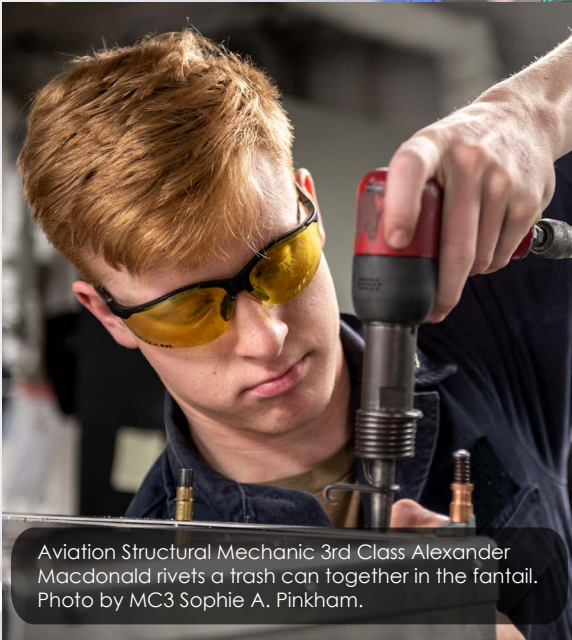
Lt. Opeyemi Fadoju performs a composite filling on Electrician's Mate (Nuclear) 2nd Class Jake Martinez. Photo by MC3 Sophie A. Pinkham.



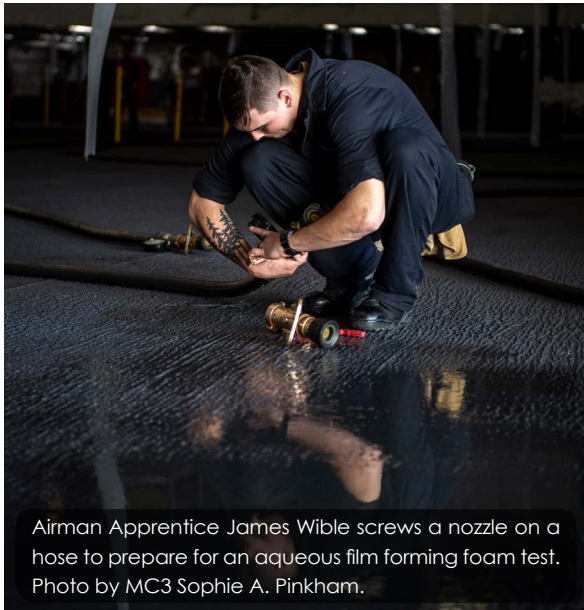
Seaman Amaory Perez inspects abandon ship life preservers in the fo'c'sle. Photo by MC3 Sophie A. Pinkham.



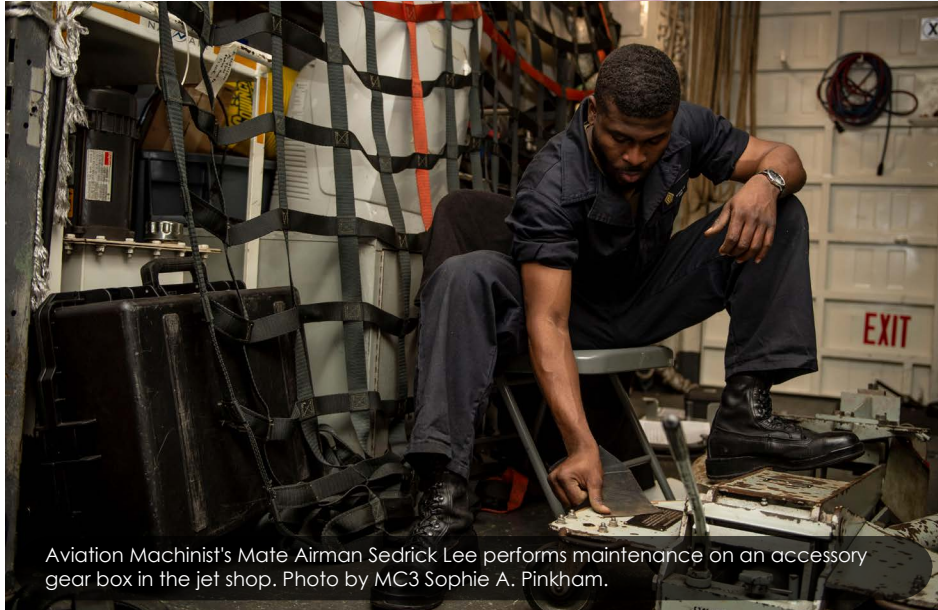
Damage Controlman 2nd Class Jeanette Rochefort gives the command to discharge aqueous film forming foam in the hangar bay. Photo by MC3 Jacob Stanley.



Aviation Structural Mechanic 3rd Class Alexander Macdonald rivets a trash can together in the fantail. Photo by MC3 Sophie A. Pinkham.



Airman Apprentice James Wible screws a nozzle on a hose to prepare for an aqueous film forming foam test. Photo by MC3 Sophie A. Pinkham.



Aviation Machinist's Mate Airman Sedrick Lee performs maintenance on an accessory gear box in the jet shop. Photo by MC3 Sophie A. Pinkham.



Aviation Boatswain's Mate 2nd Class Edward Toby operates a spotting dolly on an aircraft elevator. Photo by MC3 Kaleb Sarten.



LET YOUR VOICE BE HEARD, PARTICIPATE IN PPV HOUSING SURVEY

BY COMMANDER NAVY INSTALLATIONS COMMAND PUBLIC AFFAIRS



A Sailor walks toward Delbert Black Hall, an unaccompanied housing quarters on Naval Station Mayport. Photo by MC2 Anderson Branch.

All Sailors living in government or Private Partner Venture (PPV) housing are strongly encouraged to participate in surveys to share their overall experience about their current living conditions.

The PPV survey, which will be available April 2-30, is an opportunity for Sailors to note their likes and dislikes with PPV housing and any health or safety concerns they may with their homes, community and services provided by the privatized housing management companies.

Surveys will be conducted April 2-June 30 for Sailors living in unaccompanied housing, as well as for those living in government owned or government

leased housing, which began March 19 and runs through June 6.

“The Navy is committed to ensuring that our Sailors and their families have a quality, healthy and safe place to live,” said Vice Adm. Mary Jackson, commander of Navy Installations Command, which oversees Navy housing throughout the shore enterprise. “We have made progress in addressing the PPV housing issues, but there is a lot more work to be done. The results from this survey will help us further identify issues and resolutions. I urge all Sailors who receive the housing surveys to take a few moments of their time to fill them out.”

All three surveys are from CEL & Associates, Inc., which is an independent third party that will conduct and manage the surveys. An announcement letter will provide information to access the survey online.

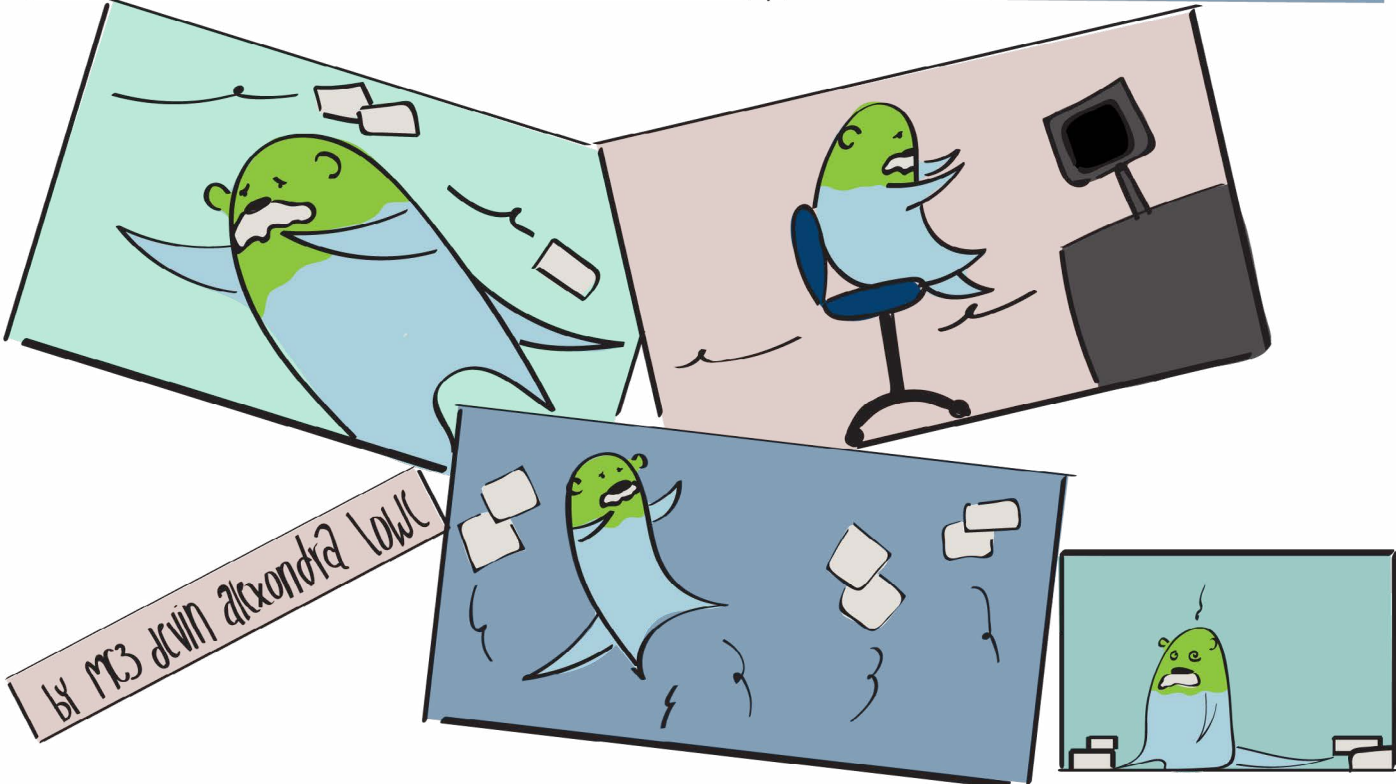
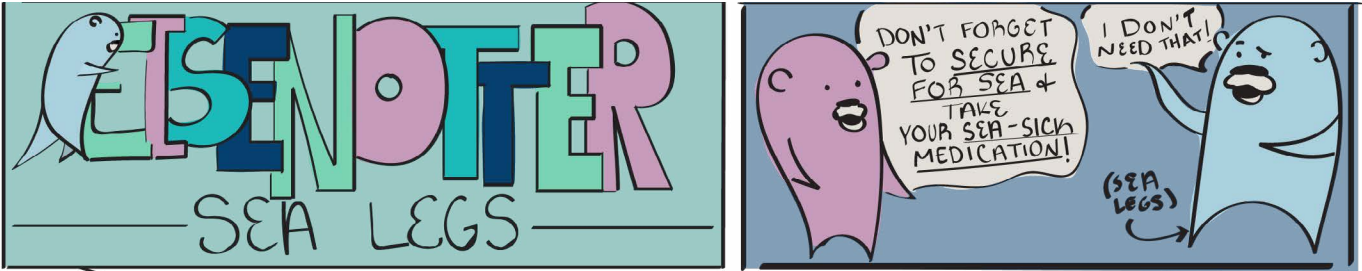
It will take approximately 10 minutes to complete the survey. Those who participate in the survey will remain anonymous unless they choose to identify themselves in the survey.

Sailors who are living in PPV housing are asked to contact their chain of command for more information or the closest Navy Housing Service Center in the event they do not receive a letter.

First Time at Sea

LNC Tara Harris

“My grandpa always joked that I was ‘just a dirt Sailor’ because I had never been out to sea. Naturally, I was excited when I got orders here because it meant I was finally going to get a chance to go see what it was like. Now I’m finally getting to experience what makes it so special: there’s more camaraderie, everyone comes together, and you get to know people better than when you just go home every day.”



NCAA Basketball Scores  
Friday, March 29

No. 2 Michigan State	def. No. 3 LSU	80-63
No. 1 Duke	def. No. 4 Virginia Tech	75-73
No. 5 Auburn	def. No. 1 UNC	97-80
No. 2 Kentucky	def. No. 3 Houston	62-58

Religious Ministries Services

Sunday Services

- 0800- Traditional Protestant Communion Servies
- 0900- Roman Catholic Mass
- 1030- Contemporary Christian Services
- 1700- The Church of Jesus Christ of Latter-day Saints
- 1900- Gospel Service

Daily Services

Monday - Friday

- 1100- Roman Catholic Mass
- 1900-2000 Daily Catholic Devotional

Monday - Thursday

- 1200-1230 Gospel Prayer Service

Friday

- 1200-1230 Muslim Prayer

The Department of Defense's policy on transgender servicemember changes April 12.

Under the new policy, Sailors will not be separated based on a diagnosis of gender identity alone. An individual diagnosed with gender dysphoria on or after April 12 will be retained if a military medical provider determines gender transition is not medically necessary to protect the health of the individual, and the member is willing and able to adhere to all standards associated with their biological sex and meet all deployability standards.

No otherwise qualified service members shall be involuntarily separated, discharged or denied reenlistment or continuation of service solely on the basis of gender identity.

Appropriate civilian attire, as outlined in the Navy Uniform Regulations, will not be determined based on gender. This means service members are permitted to live socially in their preferred gender while off duty.

Regional commanders can make more policy on this based on local conditions.

Treating all members of the IKE 5-Star Team with dignity and respect is something expected at all times. There is zero tolerance for harassment, hazing or bullying of any service Member in any form.



# SAILOR OF THE DAY



CSG 10 / N3

## OSSA QUIAVON BRAKER

FROM CHARLESTON, SOUTH CAROLINA

JOINED THE NAVY SEPTEMBER 25, 2018

REPORTED FEBRUARY 28, 2019

WANTS TO SEE THE WORLD

FAVORITE MOVIE - THE BOSS



## IKE'S MOVIE PLAYLIST

★★ SUNDAY, MARCH 31ST, 2019 ★★

## CHANNEL 5

0815: \*SAILOR OF THE DAY'S CHOICE\*  
1200:  
Rocky  
Rocky II  
Rocky III  
Rocky IV  
Rocky V  
Rocky Balboa  
Creed  
Creed II

## CHANNEL 6

0815/2015: THE DARK KNIGHT RISES  
1045/2245: INDIANA JONES AND THE KINGDOM OF THE CRYSTAL SKULL  
1315/0115: READY PLAYER ONE  
1545/0345: SOUL FOOD  
1815: THE GALLOWS

## CHANNEL 7

0815/2015: PAWN SACRIFICE  
1045/2245: CHIPS  
1315/0115: MARY POPPINS RETURNS  
1545/0345: DIARY OF A WIMPY KID: THE LONG HAUL  
1815: MINIONS

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## ON THE COVER:

(March 30, 2019) Airman Evan Kaul, from Manteca, Calif., scrubs the flight deck after a countermeasure wash down aboard the aircraft carrier USS Dwight D. Eisenhower (CVN 69). Photo by MC3 Sophie A. Pinkham.

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