



332nd Warrior Call

Chaplain assistant inspires Soldiers

By Maj. John Heil,
332nd Medical Brigade
public affairs

NASHVILLE, TN – A usually, quiet and timid chaplain assistant answered the call to duty for the 332nd Medical Brigade and delivered powerful words of inspiration as he filled in for the Brigade chaplain on March 22 at the William F. Lyell Army Reserve Center.

Spc. Samuel Jacob, chaplain assistant, filled Chaplain (Lt. Col.) John Schroeder shoes during the

March battle assembly for the Brigade and revealed

things about himself, his faith, his commitment and his love for the Lord.

Jacob spoke about Jesus rising Lazarus from the dead and the circumstances surrounding that miracle. He talked about faith in the Lord, having patience and the importance of how the

Lord works in ways to transform people through his love.

"I didn't know he had so much to say," said Spc. Valencia Robertson, administrative specialist, "He's such



Spc. Samuel Jacob, chaplain assistant, gives inspiring sermon about the circumstances surrounding Jesus raising Lazarus from the dead. Jacob who is chaplain assistant for Chaplain (Lt. Col.) John Schroeder is studying theology with an emphasis on pastoral studies at Lee University.

a quiet individual and as soon as he opened his mouth about the Lord to share."

Sgt. Scott Garrison, chaplain section NCOIC, explained that since the chaplain is not able to travel to Nashville every battle assembly that Chaplain Schroeder allowed Spc. Jacob to fill in for

him since he has experience.

"I am studying theology with an emphasis on pastoral studies at Lee University," said Jacob, "I finish school in December and there is an associate pastoral position being held for me when I am finished."

"People have this idea of Christianity as perfection," said Jacob, "And when you have that idea of perfection you miss the whole message (of Christianity) altogether what makes it special what

makes it amazing – its grace – that song *Amazing Grace* how

sweet that sound – how you can never really grasp it unless you realize that there is nothing that we can possibly do to earn it and so that's how the message came about today."

"Jesus hasn't forgotten us and even when he is silent he is there," said Jacob,

332nd Warrior Call

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Command Sgt. Maj. corner

As a Soldier, you represent a unique part of the American culture. You live by a greater standard of excellence. You're the bearer of all things that makes America the great country that it is.

As an NCO, you epitomize excellence; you enforce the standards and values that drive us all to be the best Soldier we can be.

As a Leader, you set the standard; you define the values that are at the core of every American. You build and shape Soldiers into becoming the next generation of leaders.

Your *Leadership Attitude* can bring you more success than your *Leadership Philosophy*.

Here are some of my Leadership Attitudes that have helped me achieve my success:



Command Sgt. Maj.
Maureen Goodrich

Everyone has an important role in the unit; always make your role count

Lead within the boundaries of your rank, your realm of responsibility and within your area of accountability, or as I like say "stay in your box".

There is more nobility in being a

good Soldier than in being a poor Leader. We all learn from poor Leaders but we do our best learning from good Soldiers

Focus on the opportunities to make a change in your unit rather than on the problems; it'll open up a whole new world of challenges

Value everyone; some deserve it and some don't. Don't waste your time trying to figure out who deserves it more

Never forget how you started out as a Soldier and keep it real; your young Soldiers do

Keep your focus and keep going. Nothing can stop you when you choose to keep going, but anything can provide you with a good excuse to give up

CSM comments

Continued on page 3



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Commander's corner

Greetings Fellow Soldiers,

Readiness is imperative in order to be successful as an organization. In June, the 332nd will have command and control of all units participating in Exercise Global Medic.

Exercise Global Medic is our opportunity to ensure that when we are deployed to command medical assets in theater we will be ready.

Are you ready to meet the challenge? I challenge every Soldier, regardless of rank, to step up and meet the challenge.

Exercise Global Medic is the Army Reserves premier medical exercise, which gives us the opportunity to operate in an environment full of challenges that present real world situations in a training environment that we must identify, react to, and handle professionally.

In the Army, we train to fight like we would on the battlefield. Pro-



Col. James Snyder
Commander

viding the best possible medical care for those that step into our medical facilities is paramount, but in order to do that they must have outstanding service and support from higher command. Its imperative that we stay at the top of our game and provide outstanding support to our units so that they may successfully complete their mission.

The preceding months, you have familiarized and trained in basic Soldiering skills, personnel field skills, preventive maintenance,

situational awareness and force protection operations. This has helped each of you to prepare for this exercise. I am confident that you will make an outstanding Exercise Global Medic.

You will work with Soldiers, Airmen, civilians, Marines, and Guardsmen from across the nation. Take advantage of every opportunity to learn and show others the professional Soldier you are.

Since I have been commander, I have been impressed with the professionalism of Soldiers throughout the command.

During the exercise, the media will be there to cover medical forces. This is your opportunity to shine and show the American public the professionalism that the Army Reserves and the 332nd Medical Brigade is made of.

OOHRAH! MEDICAL WARRIORS!

CSM comments, continued from page 2

Once you have self-respect as a Leader you'll be free to earn the respect of others Understand that even in a disciplined Army, each Soldier is unique

Be fair and equitable to your Soldiers; they know what fair and equal is

Perception can be everything to your Soldier; you drive their perception by the kind of Leader you are

Support the Officers of your unit; be their partner - teach them and learn from them

Take the risks that can make you a better person; don't risk your Soldiers for your own gain

Have fun when you can; optimism can lead to optimistic thoughts and optimistic actions

Choose to put your best foot forward everyday and you'll see where it leads you.



Resilience training can reduce trauma effects

By C. Todd Lopez
Special to American Forces Press Service

WASHINGTON, March 24, 2009 – The Army can mitigate the effects of post-traumatic stress disorder by training soldiers to be more mentally resilient before combat, an Army doctor said yesterday. "You come across an event and you interpret it based on whatever strengths, weaknesses or baggage you show up in the Army with," said Army Brig. Gen. (Dr.) Rhonda Cornum, director of the Army's comprehensive soldier fitness program. "If we could improve the resilience of the people before they had some adverse event, we might very well be able to have them view it as adverse -- but not traumatic."

During a panel discussion March 23 at the Reserve Officer Association in Washington, D.C., Cornum discussed the importance of comprehensive soldier fitness -- the idea that soldiers must be both

physically and mentally fit if they are going to be their best on the battlefield.

Many soldiers who have experienced traumatic events do report PTSD-related issues, such as nightmares, but many also report positive outcomes as well -- something Cornum calls "post-traumatic growth." Those outcomes include enhanced self-confidence and leadership, personal strength, spiritual growth and a greater appreciation of life.

More soldiers could be equipped ahead of time to deal with traumatic events so they can avoid the problems associated with PTSD, she said.

"The best way to treat a death by heart attack is not CPR," she explained. "The best way is to prevent the heart attack. It's a lifestyle and culture change. And that's how we should look at mental health. Look at it with a preventative model and enhanced

health model, not a 'waiting-till-we-need-therapy' model. That's what comprehensive soldier fitness is setting out to do."

Comprehensive soldier fitness is about increasing the resiliency of soldiers by developing all the dimensions of a soldier, she said, including the physical, emotional, social, spiritual and family elements.

The Army is developing a global assessment tool to help assess all five elements of a soldier's fitness, Cornum said. The GAT is in a pilot status now and is expected to be delivered across the Army this year.

"Based on this, you get an individual training program," Cornum said. And after that, if needed, soldiers can be referred to intervention programs that can help them strengthen their fitness needs -- whether psychological or physical.

Hayes receives award from recruiting command



Capt. Lloyd Jackson presents Spc. Dustin Hayes with an award from the Army Recruiting Command on March 22 at the Reserve Center in Nashville, TN.



Spc. Dustin Hayes saved a boy's life while working at his civilian job last October. Hayes was seen by the Recruiting Command on a local news interview about his heroics and was compelled to award him.

Chief of Staff corner

Greetings Medical Warriors,

The 332nd Medical Brigade is providing the command and control (C2) for "Global Medic" at Fort Gordon. In addition, our brigade will also provide C2 for the Forward Operating Base (FOB). The FOB plans to have over 940 soldiers and each soldier needs to have meals prepared and a place to sleep. In addition the FOB is planning to provide shower facilities; we must be prepared to work in parallel in 2 different capacities, the exercise and the FOB.

This is a great opportunity for our brigade to excel. During "Global Medic" our personnel will either be involved in the training exercise or in the FOB cell. The FOB cell will have a FOB "mayor" and a



Col. Roman Golash
Chief of Staff

additional staff to provide and maintain life support systems. The exercise cell will par-

port hospitals, a logistics battalion and several smaller units.

Every soldier must be familiar



with the mission and lean forward to learn as much as possible.

ticipate in the 24/7 exercise by providing C2 for two combat sup-

Top Corner

Medical Warriors,

I am sounding the alarm – we must do consistently better with the METRICS portion of our leadership. The NCOERs/OERs have fallen below acceptable levels, and have been for some time.

First line leaders need to understand their soldiers and place their needs above the leader's own. When I mention 'their needs', I am speaking of developmental schools and courses – how many of your soldiers need military education and how many are current college students?

Do you know your soldier? How many need work and could come in to the unit for some extra money to make end meet? Are you actively pushing the leadership to help care for your soldier?



First Sgt. Erik Olafson
"Top"

How many of your soldiers have NOT passed the APFT? For 2 years? And what have you done to remedy this?

You (and I), as leaders, are judged by these statistics. Coming back to the basics of people helping people is going to serve us well. **'Mutual Aid'** is not only peer to peer assistance; it is a phrase that's held to a higher standard for our leadership - at all levels.

Camp Purple open to children of Reservists

By Capt. Judith Brown, 332nd Medical Brigade G-1

The National Military Family Association is now accepting applications for its popular Operation Purple Summer Camps. Each camp is "purple" and open to children of any uniformed service member, active duty or reserve component. This year the National Military Family Association will host military children at Operation Purple Camps in 62 locations in 37 states and territories.

These free, week-long, overnight camps are open to all military children ages 7-17. The program

aims to help military kids experience carefree fun while also learning coping skills to deal with deployment-related stress and fostering relationships with other children who know what they are going through. Operation Purple camp allows kids to gain confidence by learning to be stewards of the community and of the environment.

Find out where Operation Purple Camps are located and register today!

http://www.nmfa.org/site/PageServer?pagename=camp_locations

The Operation Purple program currently includes traditional summer camps, teen camps, teen leadership camps, family retreats, camps for families of the wounded, and day clinics in overseas locations.

If you have any questions or concerns, please contact Operation Purple directly at 1.800.260.0218 or operationpurple@nmfa.org.

G-1 Corner, Capt. Judith Brown

Army Announces Timetable to End Stop-Loss

Soldiers who remain on duty because Stop-Loss prevents them from leaving will soon receive the \$500 per month they were promised, the Army announced. Also, the number of soldiers affected by Stop-Loss will begin decreasing.

Beginning in August, the Army Reserve will no longer mobilize units under Stop-Loss; the National Guard will follow suit in September. The active Army will stop deploying Stop-Loss soldiers in January 2010.

Stop-Loss was implemented in 2001, shortly after the terrorist attacks on New York and the Pentagon, in order to maintain troop levels necessary to wage combat in Iraq and Afghanistan. To date, roughly 13,000 soldiers in the three components remain on duty under Stop-Loss.

SSNs To Be Removed From ID Cards

The Department of Defense is removing Social Security numbers from military identification cards, in order to combat identity theft. The process will take place in three phases. By now, all dependents should have received new cards without their Social Security numbers. By the end of the year, all uniformed personnel and retirees will receive new cards. Finally, barcodes will no longer contain embedded Social Security numbers by the end of 2012.

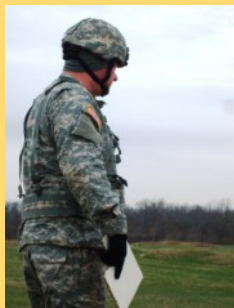
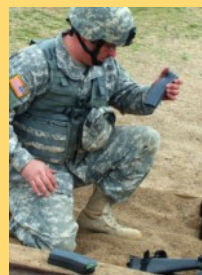
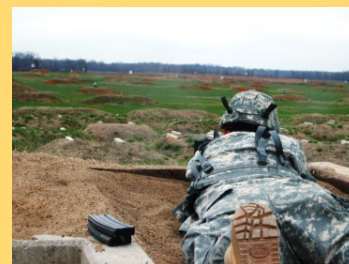
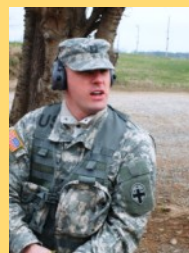
When the process is complete, only Geneva Convention cardholders will have the last four digits of their Social Security numbers available on their military identifications. Holders of ID cards will still have to provide their Social Security numbers when using the cards.

Controversial VA Plan Scrapped

The White House has canceled a plan to allow the Department of Veterans Affairs to bill private health-care providers for treatment they provide to veterans for service-connected maladies.

The plan, which had drawn heavy criticism from veterans organizations, was scrapped after members of several groups met with President Obama on March 16, and his chief of staff, Rahm Emanuel, two days later. Meanwhile, veterans' advocates are pressing the administration to support a bill pending before Congress that would allow lawmakers to approve the VA's medical-care budget a year in advance. If passed, advocates say, health care funding would be more delivered in a more predictable and timely manner.

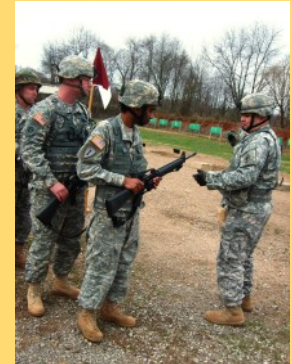
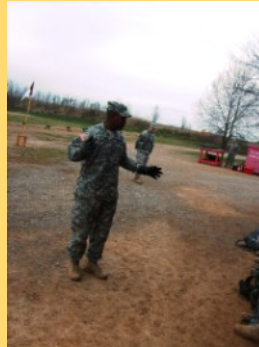
PMI pays off at Campbell ranges



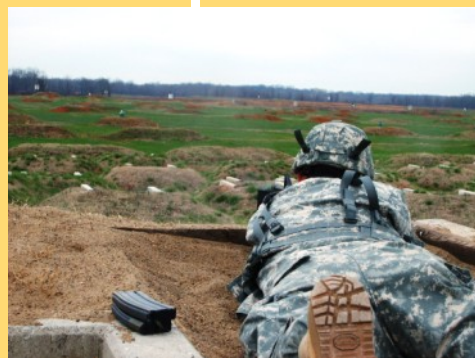
Medical Warriors of the 332nd Medical Brigade spent March 20-21 at the ranges of Ft. Campbell where Soldiers qualified on their primary assigned weapon system. Officers fired 9mm weapons on March 20, while those assigned M16 weapons fired and qualified on March 21. "Training on the multi-purpose arcade combat simulator in January paid off," said Maj. John Heil, public affairs officer, "I was impressed by how little time it took everyone to qualify."



More than 58 through ZERO by NOON



First Sgt. Erik Olafson was excited during March battle assembly when he informed his Medical Warriors that we had 58 Soldiers make it through the ZERO range by NOON. Range day went very smoothly, according to Top, who said there were no complaints, that everyone worked as a team, and everyone acted very professional.



Chaplain's corner

Our speech reflects our hearts. When we tell someone where they can go as they cut us off on I-40, we're spewing out our internal frustrations. Communication is critical in life and making sure our words are positive and encouraging is vital within the 332nd. Speech that centers on looking for the "good" in people is contagious and essential for our unit to maintain "high morale."

God's Word reminds us, "Hear and understand, not what goes into the mouth defiles a man but what comes out of the mouth, this defiles a man" (Matthew 15:10b-11). When we interact with fellow soldiers, we have a part as to how the rest of their days goes whether we like it or not.



Lt. Col. John Schroeder
Chaplain

Our speech should center on building up others and not tearing them down. When we concentrate on another soldier's "good points" (yes, everyone has at least one), we can begin to build

on those the next time we are tempted to "chew them out," or "show them the way."

Whether its section training or an SRP every soldier in the 332nd should take a moment to point out something positive in the soldiers around us. It's just a matter of taking the time to do it!!

Chaplain Assistant inspires, continued from page 1

"He doesn't expect perfection from us – he just wants faithfulness from us – faithfulness is falling down and getting back up again and walking towards Him."

"It seemed as if Jacob's was a different Soldier," said Robertson, "I never heard that chapter lesson taught like that - It was as though the Lord was speaking to him and through him just for him to teach us that lesson."

"That's the second time I have got to hear Jacob preach, said Cadet Nicole Shea, "Anytime he talks about the Lord, he is very passionate and he always approaches popular stories like the one today in a new light. It was very informative."

Soldiers from privates to colonels who listened to Jacob seemed to be inspired. After the sermon,

officers and enlisted alike approached Jacob to thank him and in-



Spc. Samuel Jacob, chaplain assistant, resigns to the back of the room to hear Sgt. Tiffany Martschink, chaplain assistant, thank him for the inspiring message. Afterwards many Soldiers came to Jacob to thank him for the inspiring message.

form him of how much his word inspired them to have more faith and love the Lord even more.

"It was powerful to see Jacob in that light," said Robertson, "The lesson was awesome."

PAO corner

The **332nd Warrior Call** is a Brigade newsletter, not just a headquarters newsletter. It's my hope that every unit would want to submit me stories.

Commanders I request that you provide me with at least one Soldier to serve as your unit public affairs representative (UPAR). You may contact me at 540-798-5395, or at john.heil@us.army.mil. What a better way to have your story told than to have it published in the newsletter?

If you have a unit story to tell or photos that you would like to see in this newsletter, please send them to me - your Warrior PAO, Maj. John Heil.

First Lady praises military women

April 8, 2009

LEARN ABOUT THE VA HOME LOAN PROGRAM

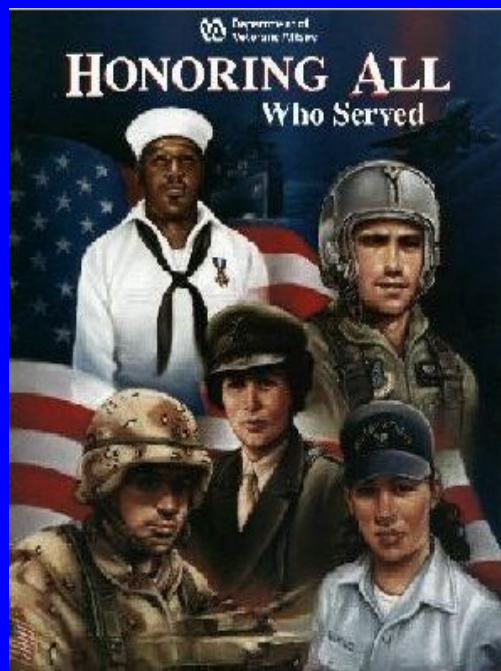
Sponsored by the Department of Veteran's Affairs and ACAP

ACS/ACAP Center/Room 101A

5661 Screaming Eagle Blvd.

Ft. Campbell, KY 42223

11:30 am to 4:00 pm



If you want information about the VA Home Loan Program, come to Fort Campbell on April 8, 2009, and learn from qualified VA representatives how you can purchase/refinance a home. Veterans and realtors are welcome.

Global Medic: Army Reserve's premier medical training exercise

Q. WHAT IS EXERCISE GLOBAL MEDIC?

A. GM IS THE ARMY RESERVE'S PREMIER MEDICAL TRAINING EXERCISE PROVIDING PARTICIPATING UNITS AN UNPARALLELED OPPORTUNITY TO PLAN, PREPARE, AND EXECUTE TRAINING AS PART OF A MEDICAL TASK FORCE IN A DEPLOYED THEATER OF OPERATIONS.



Q. WHY IS THE ARMY SPENDING SO MUCH MONEY ON AN EXERCISE WHEN WE HAVE A WAR GOING ON?

A. EVERY UNIT MUST BE READY IN THE EVENT IT IS CALLED TO SUPPORT WARTIME OPERATIONS. WE MUST TRAIN AS WE FIGHT. THIS EXERCISE PROVIDES AN EXCELLENT OPPORTUNITY FOR SOLDIERS AND UNITS TO DO JUST THAT, "TRAIN AS THEY FIGHT."



Q. WHAT UNITS HERE ARE GOING TO WAR?

A. BECAUSE OF OPERATIONAL SECURITY REASONS IT WOULD

BE INAPPROPRIATE TO DISCUSS WHO WILL DEPLOY OR SPECULATE WHO MIGHT DEPLOY; HOWEVER, EVERY SOLDIER, EVERY COMMANDER, EVERY LEADER, MUST BE PREPARED TO DEPLOY REGARDLESS OF HIS OR HER MISSION. GM IS AN EXCELLENT OPPORTUNITY FOR SOLDIERS AND LEADERS TO IMPROVE SKILLS, WHICH PREPARE THEM FOR WAR.



Q. HOW OFTEN IS GM CONDUCTED?

A. GM IS AN ANNUAL EXERCISE THAT REPLICATES ALL ASPECTS OF COMBAT SERVICE SUPPORT ON THE BATTLEFIELD AND ALLOWS UNITS TO "TRAIN AS YOU FIGHT."



Q. WHAT DO YOU EXPECT SOLDIERS TO GAIN FROM THIS EXERCISE?

A. THROUGH THIS EXERCISE SOLDIERS WILL LEARN THE IMPORTANCE OF HOW ITS UNIT MISSION IMPACTS OTHER UNIT MISSIONS. SOLDIERS WILL LEARN WHERE HIS OR HER UNIT FITS INTO THE BATTLEFIELD SCHEME.



Q.

WHAT EXPECTATIONS DOES THE ARMY HAVE FOR THE UNITS PARTICIPATING?

A1. COMMANDERS ARE EXPECTED TO FAMILIARIZE AND TRAIN SOLDIERS IN BASIC SOLDIERING SKILLS, PERSONNEL FIELD SKILLS, PREVENTIVE MAINTENANCE ON VEHICLES AND EQUIPMENT, THE MILITARY DECISION MAKING PROCESS, SITUATIONAL AWARENESS AND FORCE PROTECTION OPERATIONS.

A2. THE END STATE FOR GM IS A SAFE AND WELL EXECUTED EXERCISE DURING WHICH ALL PARTICIPANTS RECEIVE REALISTIC BATTLE FOCUS TRAINING TO PROVIDE FIT, TRAINED AND READY SOLDIERS AND UNITS.



Tickets still available!



**NASHVILLE[®]
SUPERSPEEDWAY**

NASCAR

MILITARY DAY PACKAGE
SATURDAY, APRIL 11, 2009

\$25 Adults
\$15 Children
(12 and under)

*Limit one item per customer. For Active or Retired military. Not valid with any other offer or previous purchases. Offer expires April 8, 2009.

Contact Jud Pyatt, 615-547-7217, jpyatt@dovermotorsports.com to reserve your seats or visit www.nashvillesuperspeedway.com and use the promotional code MDNS2009.

It's not too late to get your race tickets! You can do so as late as April 10. Call Jud Pyatt at 615-547-7217 ASAP tell him that you are with the 332nd Medical Brigade. Your tickets will be held at WILL CALL to be picked up on race day **Saturday, April 11.**

We are going to meet as a group to pick up tickets at NOON at WILL CALL on April 11. If you want to come early to the track that is fine. Just go to WILL CALL and pick up only your tickets. If you are going to be late, we will leave your tickets at WILL CALL for pick up. **Don't forget your military ID card!**

My cell number is 540-798-5395. Please call me if you have any questions or need assistance at the race track. **Dress is casual civilian clothes.** Boogity Boogity Boogity, Let's go racing boys!!!!

Operation Military Kids

UK COOPERATIVE EXTENSION SERVICE
UNIVERSITY OF KENTUCKY — COLLEGE OF AGRICULTURE



FREE Weekend Camp For Military Families!!



DATE: May 29 – 31, 2009

TIME: 5:00pm Friday – 4:00pm Sunday

Location: West Kentucky 4-H Camp
600 Camp Drive
Dawson Springs, KY 42408

Want to have tons of fun with your family this summer? Operation: Military Kids is offering a **FREE** weekend camp for military families! This camp is open to Kentucky families (both parents and children) from ANY branch of the military. This includes Active Duty, Reserve, and National Guard families. First priority will be given to families that have a service member who has been injured during military service. Lots of exciting programs and activities are planned. Family time will be built in for you to explore the beautiful West Kentucky 4-H Camp. Sign up to attend this camp today! Make new friends and family memories that will last a lifetime!

For more information or to
sign up for the camp, contact:

Stephanie Moses
Operation: Military Kids
Camp Coordinator
University of Kentucky
(859) 257-3072
sgmose2@uky.edu

Examples of Camp Activities:

Fishing and canoeing	Financial planning
Sewing and cooking	Scrapbooking
Digital photography	Ropes challenge
Speak Out for Military Kids	Soda bottle rockets
Stress management	Military OneSource
Swimming	Geocaching
Nature hikes	Riflery and archery
Wounded Warrior program	Parenting
Family photos and videos	Mobile Tech Lab
Tie-dying	Hero Packs

...AND MUCH MORE!!

Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.