



**Feb. 27, 2019**

# Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

**Island Insight Submission:** <https://home.army.mil/ria/index.php/contact/public-affairs>

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## Arsenal Welcomes Prominent Civilian Course For First Time

The U.S. Army Sustainment Command recently hosted two iterations of the Civilian Education System

Advanced Course conducted by the Army Management Staff College here. This was the first time the course was hosted by ASC and held at



RIA. Employees from ASC, the U.S. Army Contracting Command, the U.S. Joint Munitions Command, the Civilian Human Resource Agency, and the RIA Garrison - all organizations based on the Arsenal - attended the course. Classes began on Jan. 7 and Feb. 11, respectively, with a total of 36 participants per class. The CES Advanced course was brought to Rock Island Arsenal to give employees with limited traveling capability the opportunity to attend and obtain certification. In the past, the course was only available at Fort Leavenworth, Kansas, where it is presented at the Army Management Staff College. Michael Hutchison, deputy to the commanding general, ASC, explained the importance of bringing the program to RIA. "We have a lot of newer members in our workforce, junior leaders who have young families, and they can't punch out for four weeks

## Upcoming Dates

**Feb. 25-March 1:** SFL-TAP Workshop, Bldg. 56, 1st floor, classroom 2 (Room 122), 8 a.m.

**Feb. 26:** RIA Housing Town Hall, Heritage Hall, Bldg. 60, 6-7:30 p.m.

**Feb. 27:** RIA Housing Town Hall, Arsenal Island Clubhouse Golf Veranda, 12-1 p.m.

**Feb. 27:** Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

**Feb. 28:** Newcomer's Orientation and Bus Tour, Arsenal Island Clubhouse, 8 a.m. - 5 p.m.

**Feb. 28:** Black History Month Observance, Heritage Hall, Bldg. 60, 1-2 p.m.

**Feb. 28:** Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

**Feb. 28:** Reviving Ophelia Movie Night and Discussion on Teen Dating Violence, ACS, Bldg. 110, 6-8 p.m.

**March 1:** Sponsorship Training, ACS Training Room, Bldg. 110, 12-1 p.m.

**March 1:** Advanced Résumé Class, ACS, Bldg. 110, 1:30-3:30 p.m.

**March 4:** Coffee Break, ACS, Bldg. 110, 9:30-10:30 a.m.

**March 4:** Brown Bag Lunch & Learn - Women and WWI, RIA Museum, 12-1 p.m.

**March 5:** Mardi Gras

**March 5:** Overseas Orientation, ACS Training Room, Bldg. 110, 9:30 a.m.

**March 6:** Emotional Intelligence, Class location is pending, 10 a.m. - 12 p.m.

to go to Fort Leavenworth," Hutchison said, "But they wanted to take the course, so we started harping on AMSC about coming up here to RIA." (More: [www.army.mil/article/217706](http://www.army.mil/article/217706))

### **First Army Continues To Build Momentum at Spring Commanders Forum**

With the continuing goal of building partnerships, ensuring readiness, and implementing Army Total Force policy in mind, First Army brigade commanders and command sergeants major, along with Senior Advisors to the Army National Guard, met here Feb. 20-21 for the First Army Spring Commanders Forum. The conference continued to build on ideas shared during the Fall Commanders Forum late last year. During that forum, attendees huddled in breakout sessions to drill down into ten specific areas of interest such as Physical, Mental, Emotional, and Spiritual issues in the interest of refining possible solutions. With the enthusiasm and optimism that have been his trademarks as First Army Commanding General, Lt. Gen. Thomas James Jr. encouraged attendees to be creative and to understand the vital roles they play in Army Readiness. (More: [www.army.mil/article/217750](http://www.army.mil/article/217750))



### **3D Printing Across Army Enhancing Logistics**

As 3D printing increases both in the field and at depots, the Army's Center of Excellence for Additive and Advanced Manufacturing is slated to reach initial operating capability this year at Rock Island Arsenal, Illinois. Lt. Gen. Aundre Piggee, the Army's deputy chief of staff, G-4, outlined the Army's current 3D printing capabilities at the 2019 Military Additive Manufacturing Summit and Technology Showcase Feb. 6, in Tampa, Florida. At the summit, defense, academia, and industry officials were privy to the latest additive manufacturing technologies, event officials said. The Army will leverage these improved 3D printing capabilities to bolster equipment readiness and reduce logistics burdens, Piggee said. The forum served as an opportunity to hear from military leaders and subject-matter experts on the future of additive manufacturing to support warfighter readiness and achieve operational effectiveness. (More: [www.army.mil/article/217433](http://www.army.mil/article/217433))



### **Zust Retires After 33 Years of Military Service**

A Navy Seal preparing for a parachute jump once provided Col. Jeff Zust a favorite soldier's prayer by saying, "God, I hope this works." Zust retired Feb. 22 and will spend his final day, March 15, wrapping up his service as a military chaplain after a 33-year campaign, including time as Army and Air Force Reserves chaplain. "I know this will personally affect me because I love what I do," Zust said. "But it's time for me to go." Zust grew up in the Denver and Colorado Springs, Colo., area and was affiliated with the Southwest Minnesota Synod of the Evangelical Lutheran Church in America. He also coached football and wrestling. In 1984, he was ordained at Augustana Lutheran in Denver. For five years he was at a church in Bernadotte, Minn. He said he became a chaplain because he loves to work with people. He said his military career allowed him to teach ethics and spend time on "unique tours working with simulation trainers." (More: [https://qconline.com/lifestyles/faith-and-values/zust-retires-after-years-of-military-service/article\\_c7bf6269-aa77-54c4-a30d-d87a0d13b541.html](https://qconline.com/lifestyles/faith-and-values/zust-retires-after-years-of-military-service/article_c7bf6269-aa77-54c4-a30d-d87a0d13b541.html))



## Army Needs Entrepreneurs, Says Under Secretary

The military needs innovative ideas from small businesses and entrepreneurs now more than ever, said Under Secretary of the Army Ryan D. McCarthy. McCarthy spoke Tuesday at Muster DC, an event in the nation's capital for military veterans aspiring to be entrepreneurs. "If you look at the history of the Department of Defense, we were at our best when entrepreneurs were doing business with us," he said. As an example, he cited that the first jeeps for World War II were actually designed and built by a small motor company called American Bantam in Butler, Pennsylvania. Later, the design was shared with Willys-Overland and Ford to produce the jeeps on a larger scale. DOD was at its best when small businesses brought their ideas and "partnered with big corporations to scale out those ideas," McCarthy said. (More: [www.army.mil/article/217675](http://www.army.mil/article/217675))



## Ferrari Links Today's Defense Management Decisions to Future Modernization

Decisions have serious consequences at the strategic level, said the director of the Army's Program Analysis and Evaluation Office of the Deputy Chief of Staff, G8. That's why the educational investment in Army War College students prepares them to understand, think critically, and solve problems in managing the Army's priorities of manpower, readiness, and modernization. Maj. Gen. John Ferrari spoke to the joint student body of the War College in Bliss Hall Feb. 14. Ferrari's talk corresponded with the students' Defense Management course. Ferrari illustrated his point about the consequences of defense management decisions with historical examples linked to the Battle of Kasserine Pass in World War II, Task Force Smith in the Korean War, and Desert One during Operation Eagle Claw in 1980. Defense management decisions had severe costs for soldiers in each of these operations, he said, as he urged students to learn the lessons of the past. (More: [www.army.mil/article/217520](http://www.army.mil/article/217520))



## Army SHARP, Ready and Resilient Directorate

The Army Sexual Harassment/Assault Response and Prevention (SHARP) Directorate and the Army Resiliency Directorate (ARD) have consolidated into a new SHARP, Ready and Resilient (SR2) Directorate. This merger, as approved by the Secretary of the Army, supports the Army's goal of developing ready, resilient Soldiers of character who are able to fight and win the nation's wars. The integration of the Army SHARP and Resiliency Directorates enables the Army to achieve efficiencies through the integration of functions. This merger enhances the Army's prevention capacity, while ensuring that the SR2 Directorate is better postured to focus on the necessary policies, resource, and oversight of critical programs. (More: [www.army.mil/standto/2019-02-21](http://www.army.mil/standto/2019-02-21))



## Activate the CAC PIV Certificate

The Department of Defense is planning to transition Common Access Card (CAC) authentications to use a Personal Identity Verification (PIV) certificate for authorizations rather than using the ID or email certificates. Take a moment to look at your CAC and follow the instructions below accordingly:

- CACs issued after **Feb. 24, 2018**, require no action.
- All Army users with CACs issued before **Feb. 24, 2018**, that expire after **March 31, 2019**, must activate the PIV by visiting

[https://www.dmdc.osd.mil/self\\_service](https://www.dmdc.osd.mil/self_service)

There is no requirement to obtain a new CAC for the sole purpose of having an activated PIV Certificate. If your card requires activation, it must take place prior to **March 31, 2019**. If you have any questions regarding this activation, please contact your local G6, or NEC representative. Video: <https://www.facebook.com/106845182752/posts/10156277984942753>



## Allegations of Fraud and Public Corruption

The Rock Island Fraud RA, U.S. Army CID investigates allegations of fraud and public corruption involving Army major procurement contracts. Please report fraud or suspicious activity to [usarmy.belvoir.usacids.mbx.rock-island-fra@mail.mil](mailto:usarmy.belvoir.usacids.mbx.rock-island-fra@mail.mil) or call 390-757-5808. Information may be reported in confidence.

## Ash Wednesday Service

Join us **Wednesday, March 6**, 11:30 a.m. - 12:30 p.m., in the Baylor Conference Room, Bldg. 103, 3rd Floor, for Ash Wednesday Service. Father Richard Adam will offer Catholic Mass for those on RIA wanting to participate. Protestants are welcome to attend and receive the imposition of ashes. Sponsored by the ASC/JMC/First Army Chaplains' Offices. POC is Sgt. First Class Lakeithia Thomas at 309-782-4603.



## Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the CRD Room (in Bldg. 60), on **March 8 and 15**. If you would like to donate at this blood drive, feel free to email [shoegerl@mvrbc.org](mailto:shoegerl@mvrbc.org) with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.



**Charlie Corpuscle says,** *"We have some fun incentives for blood donors at the Rock Island Arsenal in February. All donors may call 563-359-5401 or email [shoegerl@mvrbc.org](mailto:shoegerl@mvrbc.org).*


**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: [www.militaryblood.dod.mil](http://www.militaryblood.dod.mil).**

**ASU**

**Men's Enlisted Uniform**

**Callouts:**

- Head:** The headgear of the uniform is a dark blue service cap with a gold-colored emblem on the front.
- Shoulders:** The uniform features gold-colored epaulettes on the shoulders.
- Chest:** The uniform has a dark blue vest with gold-colored buttons and a dark blue shirt with a white collar and a dark blue tie.
- Medals:** The uniform features several medals and ribbons on the left chest, including the Army of Excellence Medal, the Meritorious Service Medal, and the Army of Excellence Medal.
- Rank:** The uniform features a gold-colored rank insignia on the left sleeve, indicating the rank of Sergeant Major.
- Legs:** The uniform features gold-colored stripes on the lower leg, indicating the rank of Sergeant Major.

A portrait of Dr. David A. Clark, a man with dark hair and glasses, wearing an orange shirt. He is smiling slightly and looking directly at the camera. The background is a plain, light-colored wall.

A large American flag is at the top. Below it is a circular gold medal with an eagle and the words "NATIONAL VIETNAM WAR VETERANS DAY". To the right of the medal, the text "NATIONAL VIETNAM WAR VETERANS DAY" is written in large, bold, serif capital letters, followed by "29 MARCH" in a slightly smaller font. Below this, the text "Join the Nation..." is in a script font, followed by "Thank a Vietnam Veteran" and "for Service to our Nation" in a serif font. At the bottom, there is a blue banner with the text "U.S. Armed Forces personnel with active duty service between November 1, 1955 to May 15, 1975, regardless of location of service." in white. On either side of the banner are circular emblems: the Air Force emblem on the left and the Navy emblem on the right. At the very bottom, the website "vietnamwar50th.com" is written in white.

NATIONAL  
VIETNAM WAR  
VETERANS DAY  
29 MARCH

*Join the Nation...*  
**Thank a Vietnam Veteran  
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[vietnamwar50th.com](http://vietnamwar50th.com)

law as the National Defense Authorization Act (NDAA) for Fiscal Year 2008 by President George W. Bush on Jan. 28, 2008. President Barack Obama officially inaugurated this Commemoration at the Vietnam Veterans Memorial in Washington, D.C. on Memorial Day, May 28, 2012. Congress outlined a total of five objectives for this U.S. Vietnam War Commemoration, with the primary objective being to thank and honor Vietnam veterans and their families for their service and sacrifice on behalf of the Nation, with distinct recognition of former prisoners of war and families of those still listed as missing in action. The four remaining objectives highlight the service of our Armed Forces and support organizations during the war; pay tribute to wartime contributions at home by American citizens; highlight technology, science and medical advances made during the war; and recognize contributions by our Allies. By Presidential proclamation, The U.S. Vietnam War Commemoration will continue through Veterans Day, Nov. 11, 2025.

### **Free Taxes Processed and E-filed**

The RIA Tax Center is offering free tax processing and e-filing effective Jan. 30. Call to schedule an appointment at 309-782-1894. Free tax preparation and e-filing is available to all military service members (active, reserve, and retired) and their dependents. Make sure to bring your 2018 tax paperwork. Tax Center office hours are 8 a.m. - 4 p.m., Monday through Thursday; through **April 15**. Please note that this may be the last year these services are offered through the military. If you need to access old returns on file at the RIA Tax Center, this year may be your last opportunity.

### **Taco Dinner Fundraiser for Stand Down 2019-2020**

Come on out **Wednesday, April 17**, at The Moline Viking Club, 5-7 p.m., and enjoy some amazing tacos while supporting a great cause. Money raised here will be used for the Stand Down events for 2019 and 2020. There will also be some amazing raffle items, so come out, drop some tickets in and cross your fingers you get the item you want.

### **Quad City River Bandits Need Host Families**

The Quad City River Bandits, a Houston Astros Low-A Baseball Team, is gearing up for the 2019 season and currently seeking housing for the players. This is a great opportunity to get-to-know players who may someday be playing for a Major League Baseball team. Have questions, want to learn more about hosting, think you want to apply for the program? Please contact 563-940-7679 or [lamcf8@msn.com](mailto:lamcf8@msn.com) to speak to the current host family coordinator.

### **RIA AUSA Chapter Event**

RIA AUSA is holding a quarterly members' appreciation event on the first Thursday of April, August, and October, on **April 4, Aug. 1, and Oct. 3**, in the cafeteria in Bldg. 60, from 11:30 a.m. - 12:30 p.m. in conjunction with 'First Thursday.' It is RIA AUSA's way of thanking their current members and providing insights about the Army's professional association to others that may not be aware it exists. The event is free to all members and brats, chips, water, and dessert will be served.

### **CVMA 39-4 Annual Patriot Ride**

On **June 15**, the Combat Veterans Motorcycle Association, Chapter 39-4 will be raising money for veterans and their families in the Quad City area. The motorcycle ride will be an all-day event and end with a silent auction, live band, gun raffle, food, and drink. The CVMA is a non-profit organization that gives 100 percent of everything earned to veterans in need in the local area. Cost is \$20 per bike, \$10 per passenger. Ride will start and end in Davenport near the fairgrounds. Come for a great time and a beautiful ride for an incredible cause. Registration is open now. Send a message to [cvma.iowa.394@gmail.com](mailto:cvma.iowa.394@gmail.com) for more information.



## Quad Cities Veterans Experience Action Center

The Quad Cities Veterans Experience Action Center, the most comprehensive Veteran resource event in the region **July 19 and 20**, at St. Ambrose University's Wellness and Rec Center, 518 Locust Street, in Davenport, 9 a.m. – 3 p.m. each day. Veterans Experience Action Center Services Include:



- VA benefits compensation and pension claims
- Wellness exams, on-site enrollment in VA health care benefits
- Social services, including caregiver support and home health care
- Mental health counseling and opioid safety education
- Homeless, low-income housing and vocational support services
- Volunteer and employment opportunities
- Vocational rehabilitation, loan guarantee and education services
- VA Mobile Vet Center
- VA National Cemetery Administration Memorial Benefits Services from community partners, including:
  - Information and referrals
  - Legal services
- Resilience and preparedness information
- And much more!

For more information call 2-1-1 or 563-355-9900.

## Arsenal Island Employee Local Discounts

*The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. —*

**Sundown Mountain Resort:** Offering a military discount of 30 percent off lift tickets and rentals. Valid for active duty, Reserve, National Guard, retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. **Bayside Bistro:** Offering a 10 percent discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). **R.I.A. Federal Credit Union:** Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. **Level II Fitness:** The new state of the art gym located inside the new TBK Bank Sports Complex at 4850 BettPlex Drive, Bettendorf is offering a 30 percent discount to all Rock Island Arsenal employees on membership rates. Must show badge or paystub as proof of employment. **Golden Royal Barbershop:** We're offering \$2 off on haircuts just for military; our shop is located in Moline and 1318 4th Ave or call 309-524-4599. **Armored Gardens BBQ Restaurant:** We're offering a 10 percent discount on all food items, to all Rock Island Arsenal employees with badge; great environment, great location, amazing food – located downtown Davenport (two blocks from the Arsenal Bridge) 315 Pershing Avenue. **Veterans Barber Shop and Salon:** We're offering a 20 percent discount for military families at the salon part of the

Veterans Barber Shop and Salon at 113 E Main St., Geneseo, Illinois. **Huckleberry's Pizza & Calzones:** The Original Huckleberry's Great Pizza & Calzones, 223 18th Street, Rock Island, offers all active military personnel with an I.D. a 10 percent discount on their food purchases. Dine-in or carryout available Wednesday thru Friday for lunch and dinner and for dinner on Saturday evenings. **Infinity Salon & Spa:** Located at 220 W 3<sup>rd</sup> St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18<sup>th</sup> Street in Bettendorf. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

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## Arsenal Traffic/Construction



### Repair Manhole near Building 350

On **Wednesday, Feb. 27**, the Directorate of Public Works will begin a project to repair the sanitary sewer man hole on the north east corner of Bldg. 350. The work requires demolition and installation of a new concrete station and lid. The primary area of work is at the base of the ramp. The ramp will be closed during construction. All pedestrian doors will be available for use. The work is anticipated to take approximately five working days. Completion will be weather dependent. Please use caution when traveling near the area.

### Moline River Drive Ramp Closures

Effective Jan. 8, the Illinois Department of Transportation temporarily closed the eastbound (Illinois-bound) I-74 off-ramp to River Drive. The off-ramp is anticipated to reopen on **March 5**. For approximately two weeks, there will also be intermittent 20-minute closures of the on-ramp to westbound (Iowa-bound) I-74 ramp at River Drive beginning Jan. 8 between 8:30 a.m. and 2:30 p.m. The closures are necessary to allow contractors to construct support piers and set steel girders over the ramps for the new I-74 bridge.

**Jan. 8 – March 5:** Eastbound (Illinois-bound) I-74 off-ramp to River Drive closed

The following detour routes are recommended:

- To reach eastbound River Drive, eastbound I-74 traffic should take the 7th Avenue exit, turn left (east) on 7th Avenue towards 23rd Street, turn left (north) on 23rd Street, and turn right onto River Drive.
- To reach westbound River Drive, eastbound I-74 traffic should take the 7th Avenue exit, turn right (west) onto 7th Avenue towards 19th Street, turn right (north) on 19th, 17th, 15th or 12th Streets to River Drive.

To reduce traffic backups and delays, message boards will be posted along the route and will communicate the status of the ramp closure to motorists. Motorists should use the 7th Avenue on-ramp as an alternate if backups occur. The work is part of the I-74 Mississippi River Bridge reconstruction project. Construction of the entire project is anticipated to be completed in 2021. For updates on the I-74 Mississippi River Bridge project and to get the latest construction news, visit the project website at [I74RiverBridge.com](http://I74RiverBridge.com).



## Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

## Building/Space Closures



*There are no announcements at this time.*

## Active Duty/Reserve Zone



### Military Saves Week

Military Saves is an initiative of America Saves, a partner of the U.S. Department of Defense Financial Readiness Campaign. The observance is focused on the financial readiness of military members and their Families. The theme for Military Saves Week, observed from Feb. 25 through Mar. 2, 2019, is Start Small. Think Big. The week is an opportunity for the military community to come together with federal, state and local resources, along with military banks and credit unions, to focus on debt reduction, financial management and future savings. The financial readiness of Soldiers and their Families is a priority for the Army because it has a direct effect on mission readiness. A strong financial readiness program enables Soldiers and Families to attain financial flexibility and avoid the personal and professional stressors of poor money management. It also helps them protect themselves against predatory and unscrupulous lending. (More: [www.army.mil/standto/archive\\_2019-02-25](http://www.army.mil/standto/archive_2019-02-25))

### AER Celebrates 77 Years of Assisting Soldiers, Families

In 1942, Army Emergency Relief began as a private, nonprofit organization. Since then, the organization has helped more than 3.7 million Soldiers, retirees and families receive vital financial assistance and scholarships totaling \$1.9 billion and aims to provide more assistance during their annual campaign March 1 through May 15. "It's What We Do" is this year's AER theme, which speaks to its selfless mission of helping Soldiers and their families, said Kristin James, U.S. Army Garrison Rheinland-Pfalz AER coordinator and Army Community Service Financial Readiness Program manager. "AER is a commander's tool to ensure individual Soldier readiness, which is a Soldier's ability to fight and win the nation's wars anytime, anywhere, under any conditions," she explained. "Many times, people don't know where to turn when they are going through an emergency financial crisis. Sometimes, they obtain high-interest loans that charge up to 300 percent interest. To prevent this, AER assistance is provided through interest-free loans and grants or a combination of both." (More: [www.army.mil/article/217613](http://www.army.mil/article/217613))

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## Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

- **April 11, Conf. Rm. 12, Bldg. 90**
- **June 13, Conf. Rm. 12, Bldg. 90**
- **Aug. 8, Conf. Rm. 25, Bldg. 90**
- **Oct. 10, Conf. Rm. 12, Bldg. 90**

Time: 9:30 a.m. – 12 p.m.

To register call MPD at 309-782-1526 or sign up in [TEDs](#) using keyword “Levy Brief.”



## NSC Safety Awards and Recognition

Are you looking for ways for your company to be acknowledged for its outstanding safety performance? Does your CEO lead with safety and inspire others to do the same? Has your team improved its safety performance in the last year? Do you have a remarkable individual who deserves recognition for his or her efforts in safety? Learn more about the variety of individual, team and corporate awards the Council offers. Nomination deadlines are in early March for Rising Stars, Marion Martin, Distinguished Service to Safety and Community Advancement awards.

- **Workplace and Safe Driver Awards**

Set your organization apart from your competition, and make employees proud to be part of your organization, with workplace and safe driver awards from NSC.

- **Green Cross for Safety Awards**

Green Cross for Safety Awards recognize individuals and organizations for their contributions to the advancement of safety in the workplace, on the road, and in homes and communities.

- **Robert W. Campbell Award**

Organizations that achieve business excellence by integrating environmental, health and safety management into their operations are eligible for the Robert W. Campbell Award.

- **Rising Stars of Safety Award**

Do you know a safety superstar younger than 40? Help us award the next generation of safety leaders by nominating someone for the Rising Star of Safety Award. Nominations due March 10, 2019.

- **Marion Martin Award**

The Marion Martin Award celebrates women who have achieved professional excellence on the international, national, regional or local level and have helped pave the way to success for other women in safety. Deadline for nominations is March 4, 2019.

- **Distinguished Service to Safety Award**

The DSSA, the highest honor bestowed on a safety professional by NSC, recognizes exemplary efforts and success in improving safety and health at work, on the road, and in the home and community. Submissions will be accepted through March 4, 2019.

- **Community Advancement Award**

Employers who provide exemplary off-the-job safety and health programs are eligible for the Community Advancement Award. Nominations accepted through March 15.

(More: [www.nsc.org/work-safety/get-involved/safety-awards](http://www.nsc.org/work-safety/get-involved/safety-awards))

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## Equal Employment Opportunity Focus



### RIA Black History Month Observance

First Army Equal Opportunity Office will hold a Black History Month Observance on **Thursday, Feb. 28**, in Heritage Hall, Bldg. 60, from 1-2 p.m. The guest speaker will be Brig. Gen. Kevin Vereen, deputy commanding general operations, U.S.

Army Recruiting Command. His past military assignments include serving as the executive officer to the commanding general that the U.S. Army Forces Command, Fort Bragg, North Carolina, and commandant at U.S. Army Military Police School, Fort Leonard Wood, Missouri. Vereen's military and civilian schools include the United States Army War College, and he has a bachelor's degree in Sociology from Campbell University, a master's degree in International Relations from Troy State University, and a master's degree in Strategic Studies from the United States Army War College. Vereen's military awards include the Legion of Merit with two oak leaf clusters, the Bronze Star Medal; and the Meritorious Service Medal with four oak leaf clusters. To sign up for the RIA Black History Month Observance in TEDs use keyword "RIA BHM." For additional information or accommodations please contact Sgt. First Class Charee Mayon at 309-782-9269 or Sgt. First Class Babatunde Akala at 309-782-3021. February is African American History Month, and the Army reflects upon and celebrates the tremendous contributions of African-Americans to the nation. The theme of 2019 African American Month is Black Migrations. During this observance the Army reflects on the contributions of African American Soldiers. African Americans have defended the nation since the Revolutionary War. They continue to serve the Army with great honor and distinction and built a legacy of courage and professionalism. This legacy inspired current and past generations and will continue to do so in the future. African Americans make up more than 19 percent of the Total Army and the Department of the Army Civilian Workforce. African Americans play vital roles in today's Army as Soldiers, Army Civilians and family members, and are critical members of the Army team. The Army strongly embraces diversity as a way to maximize individual talent, increase morale and greatly enhance military effectiveness. The Army finds its strength not only in its diversity, but in its ability to bring together people of different faiths, cultures, and races who share common values like duty, honor, selfless service, loyalty, and respect. The Army is confident that the myriad of talent, skills, and abilities in the





diverse force will help to meet future defense challenges and win the nation's wars. (2019 StandTo!: [www.army.mil/standto/archive\\_2019-02-04](http://www.army.mil/standto/archive_2019-02-04)) (African Americans in the U.S. Army: [www.army.mil/africanamericans](http://www.army.mil/africanamericans))

# Morale, Welfare & Recreation



## Morale, Welfare & Recreation (MWR)

Visit the MWR website at [www.rockisland.armymwr.com](http://www.rockisland.armymwr.com) for information on all MWR programs. How is MWR doing? Tell us by going to [ice.disa.mil](http://ice.disa.mil), navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

### St. Patrick's Day Lunch Buffet

Come celebrate St. Patrick's Day all week, **March 12-15**, at the Arsenal Island Clubhouse. The featured hot item for the week on our regular soup, salad & sandwich buffet will be corned beef and cabbage with potatoes. Cost is the regular \$10/person which includes your drink. Call 309-782-4372 for more info and large group seating reservations.



### New Menu at the Lock & Dam Lounge

MWR is excited to announce the rollout of our new menu at the Lock & Dam Lounge. Various appetizers, sandwiches and pizzas are now available at the Lock & Dam Lounge located in Bldg. 60. The Lounge opens Wednesdays and Thursdays at 3 p.m. with Workforce Wednesday and Thirsty Thursday specials (including \$4 craft beers, \$2 domestics and \$1 sodas) from 4-6 p.m. Gather your friends and family (it's open to the public) and come join us for drink specials and some fresh new tastes. While you're here make sure to try a pint of Arsenal Pale Ale or Lock & Dam Lager as this is the only place you can find these two tasty local brews. Call 309-782-4372 for more information.

### Easter Egg Hunt

Come join MWR on **Saturday, April 20**, 10 a.m. - 12 p.m., at Memorial Park for our 2019 Easter Eggstravaganza. The event will feature age appropriate egg hunts for children ages 1-12 as well as free keepsake photos with the Easter Bunny, bunny bingo, face painting and balloon animals, prize drawings and food and beverage available for purchase. Also this year we'll be bringing back the popular teddy bear clinic so bring your child's favorite stuffed friend to be checked out by the RIA Health Clinic staff. For more information please call 309-782-0814 or 309-782-2828.



### Run the Rock 5K/10k + Kids Run

Attention runners! Get signed up now for the Second Annual Run the Rock 5K/10K + Kids run on Armed Forces Day, **Saturday, May 18**, on Rock Island Arsenal. What better way to show your support for our military men and women than running a race on the Rock Island Arsenal on Armed Forces Day? Don't wait, register today at <https://secure.getmeregistered.com/RIARuntheRock>

## Workforce Wednesdays and Thirsty Thursdays at the Lock & Dam Lounge

Stop in to the Lock and Dam Lounge on Wednesdays and Thursdays, open 3-7 p.m., and take advantage of \$2 domestics, \$4 craft beers, and \$1 sodas on special from 4-6 p.m. The Lock & Dam Lounge is the only place you can get Arsenal Pale Ale and Lock & Dam Lager so gather your friends and coworkers and come see us for a round after work. Call 309-782-4372 for more info.

## MWR Leisure Travel Office



### Office Hours

Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: [anna.winters@us.army.mil](mailto:anna.winters@us.army.mil)) (website: <https://rockisland.armymwr.com/us/rockisland/categories/tickets>)

### Kid's Craft Night

Join us for Kid's Craft Night on **Wednesday, March 13**, 5-7 p.m., at the Lock & Dam Lounge. \$5 includes all materials – we will be creating SLIME. Let them make it somewhere other than your dining room table. Come early and check out the new menu for dinner. Drink specials at the Lock & Dam lounge. Please RSVP with payment by **March 11**.

### St. Patty's BUNCO

Join us on **Thursday, March 14**, 6-8 p.m., in the Lock & Dam Lounge for St. Patty's BUNCO. \$5 to play – get your green on and come celebrate early for St Patrick's Day. Great fun! St. Patty's Day themed door prizes. Lock & Dam Lounge will be serving Rueben sandwiches and have a new menu. Please RSVP before **March 11** through the Leisure Travel Office at 309-782-5890.

### Diamonds & Divas A Murderous Fiasco

Join us for Diamonds & Divas A Murderous Fiasco at the Circa 21 Dinner & Playhouse **Saturday, March 16**, doors open at 5:45 p.m., discounted tickets on sale until **March 3**. Actors, thieves, and egos run hilariously amok at the Cannes Film Festival in France — What could possibly go wrong? In a luxury hotel, the body of a beautiful film star lies on the floor. A hooded jewel thief breaks in and discovers her. A man bursts in and assumes the thief is the murderer. Another man enters and assumes a different story. The hotel manager arrives and attempts to make sense of all their stories. A huge film premiere is looming, a diamond necklace has gone missing, scandalous affairs are about to hit the headlines, and everyone appears to be trying to murder someone while blaming everyone else. Laugh along with the hijinks as the mystery is unraveled. Circa '21 is proud to be the first professional theatre in the U.S. to produce this madcap comedy.

### Rock of Ages

We have tickets for Rock of Ages, live, at the Adler Theatre, **Sunday, March 17**, at 2 p.m.; cost is \$68 and \$43. It's 1987 on Hollywood's Sunset Strip when a small-town girl meets a big-city rocker. As they fall in love in L.A.'s most famous rock club, "Rock of Ages" allows fans to rock out once again to their favorite '80s hits, including from Styx, Poison, Twisted Sister and Whitesnake, among many others, according to a tour release. MWR has discounted seats available until **Friday, March 1**.

### **PJ Masks Live**

MWR Leisure Travel has discounted seats for PJ Masks Live at the TaxSlayer Center, **Saturday, March 23**, at 3 p.m., on sale until **March 4**. Tickets are \$36, \$46, and \$56. This new show features preschoolers' favorite superheroes and familiar songs from the popular show along with brand new music and a whole new adventure. Catboy, Owlette, Gekko will delight fans of all ages with live performances featuring world-class production, toe-tapping tunes and a whole lot of super fun as they go into the night to save the day from the Villains along with PJ Robot who is new to the show for 2019.

### **The King & I**

We have tickets for The King & I at the Adler Theatre on **Sunday, April 7**, at 6 p.m.; cost is \$73 and \$58. Set in 1860s Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher, whom the imperious King brings to Siam to tutor his many wives and children. MWR has discounted seats available until **Friday, March 1**.

### **Surrounded and United: The Tour**

Two of Christian music's biggest names together for the first time. Michael W. Smith and Newsboys United are coming to the TaxSlayer Center on **Friday, April 19**, at 7 p.m., for Surrounded and United: The Tour. MWR Leisure Travel has tickets on sale until **March 4**; \$39.75 – Section 106, Row 7, seats 1-9, Row 9, seats 1-12; \$29.75 – Section 110, Row 115, seats 1-16.

### **Monster Jam®**

MWR Leisure Travel has discounted seats for Monster Jam® at the TaxSlayer Center, **Sunday, April 28**, at 1 p.m., available until **Tuesday, April 16**; \$28 & \$23, pit passes \$15. Monster Jam®, the unexpected, unscripted, and unforgettable family-friendly motor sport event. The 2019 season will bring a new level of high-flying, four-wheel excitement to the entire family with racing, two-wheel skills, donuts and freestyle competitions.

### **Finding Neverland**

We have tickets for Finding Neverland at the Adler Theatre, **Tuesday, May 7**, at 7:30 p.m.; cost is \$73 and \$58. Finding Neverland is a stage adaptation of the Academy Award winning film by the same name and is directed by Tony Award winner Diane Paulus. The innovative musical is overflowing with stunning visuals, laughter and an original score by composer Gary Barlow and Eliot Kennedy. The production takes the audience into the life and through the path of J.M. Barrie as he finds the courage to become a writer, and the family behind the inspiration of the classic tale about the magical world of Neverland (Peter Pan). MWR Leisure Travel has discounted seats on sale until **Wednesday, April 24**.

### **Chicago**

We have tickets to Chicago at the Adler Theatre, **Tuesday and Wednesday, May 14 & 15**, at 7:30 p.m.; cost is \$78 and \$58. There's never been a better time to experience Chicago, Broadway's razzle-dazzle smash. This triumphant hit musical is the recipient of six Tony Awards®, two Olivier Awards, a Grammy® and thousands of standing ovations. A sensational tale of sin, corruption and all that jazz, it's no surprise that CHICAGO has wowed audiences from Mexico City to Moscow, from Sao Paulo to South Africa. And now it's coming to your town. MWR Leisure Travel has discounted seats on sale until **Tuesday, April 30**.



## Movie Tickets

Need a last minute gift or stocking stuffer? MWR Leisure Travel has discounted movie tickets. Davenport 53rd Cinema's movie ticket = \$9; Moline Great Escape movie ticket = \$9; Gift Pack \$27 (two tickets with \$10 concessionaire card)

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# Child & Youth Services



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff in-service day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <https://rockisland.armymwr.com/us/rockisland/categories/cys-services>) (Facebook: [www.facebook.com/RIACYSS](http://www.facebook.com/RIACYSS))

## Youth Lock In Planning Committee

Join the Youth Lock In Planning Committee -- meetings will be held the 2nd and 4th Tuesdays each month from 5-6 p.m. at the School Age Center, Bldg. 150. To register call 309-782-6515.

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# Army Community Service



ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; visit our ACS website

<https://rockisland.armymwr.com/us/rockisland/programs/army-community-service> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: [www.facebook.com/RIAACS](http://www.facebook.com/RIAACS). 24/7 Domestic Violence Crisis Line: **309-912-6089**.

## Reviving Ophelia Movie Night and Discussion on Teen Dating Violence

February is Teen Dating Violence Awareness Month and Army Community Service's Family Advocacy Program will be hosting a movie night on **Thursday, Feb. 28**, 6-8 p.m., in the office to watch the movie "Reviving Ophelia" with a discussion to follow. The movie centers on themes of dating violence and bullying and is the viewing is open to adults and teens. For more information call the Family Advocacy Program at 309-782-3773/3049.

## The Love Connection Book Club Series

Join this book club on Tuesdays, 11 a.m. – 12 p.m., at the ACS office in Bldg. 110 as we read, discuss, and explore how to build healthy relationships with the people you love. Participants will receive a copy of the book for each month. The upcoming books are "Reviving Ophelia: Saving the Selves of Adolescent Girls" by Dr. Mary Pipher in March, May will be "The 5 Love Languages

(Military Edition)” by Gary Chapman with Jocelyn Green, and July will be *ScreamFree Marriage* by Hal Edward Runkel. To RSVP call the Family Advocacy Program at 309-782-3049/3773 or [Jennifer.a.kerr10.civ@mail.mil](mailto:Jennifer.a.kerr10.civ@mail.mil).

### **ACS Relocation Program Offering Tours of RIA Factory**

The Army Community Service Relocation Program is offering tours of the RIA factory. We will learn about the history of the factory and its current capabilities. The tours are held twice a year with limited seating.

- **Tuesday, March 12**
  - 9-10:30 a.m.
  - RSVP by **Tuesday, March 5**
- **Thursday, Sept. 19**
  - 9-10:30 a.m.
  - RSVP by **Thursday, Sept. 12**

Eligibility is only open to military who are new to the area, civilians, and their families; family members of deployed service members, and families with foreign born family members. To R.S.V.P contact ACS at 309-782-0829.

### **RIA Volunteer & AFTB Council Meeting**

This meeting is designed to provide a platform for the installation to collaborate efforts, share information, and ideas, and discuss issues revolving around volunteering & Army Family Team Building. The meeting is held quarterly on the second Tuesday of the month. If you would like to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- **Tuesday, April 9**
- **Tuesday, July 9**
- **Tuesday, Oct. 8**

The meetings will be held from 9-10 a.m. in the ACS Training Room, 1<sup>st</sup> Floor, in Bldg. 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

### **Army Volunteer Corps**

The Army Community Services' Army Volunteer Corps (AVC) is the largest volunteer program for military populations in the world. Army Community Service (ACS) manages this program on garrisons across the United States and around the world. The AVC identifies volunteer opportunities, promotes volunteerism, and connects Soldiers, Family members, civilians, retirees and community members to legitimate service organizations. The AVC strengthens and enhances volunteerism by enhancing career mobility, establishing partnerships, and promoting a life-long commitment to service. (More: [www.army.mil/standto/archive\\_2019-01-29](http://www.army.mil/standto/archive_2019-01-29))



### **Rock Island Arsenal Emergency Family Assistance Center**

After a disaster, do you know where to go? Answer – the Rock Island Arsenal’s Emergency Family Assistance Center (EFAC). For all DoD connected survivors, family members searching for loved ones, and others closely affected by the disaster. When disaster strikes, the EFAC is a one stop location of resources to assist your family in its return to normalcy. Potential Services Include:

- Legal Assistance
- Insurance Claims/Benefits
- Religious/Pastoral Care

- Housing/Temporary Lodging
- AER
- Medical / Prescription Assistance
- Translation Services
- Child & Youth Service
- Casualty Assistance
- Information & Referral
- Reunification Efforts

The primary location will be Army Community Service in Bldg. 110, 1st Floor, SE. The disaster event may dictate the location of the EFAC. Always check local media outlets for exact contact information and location of the EFAC. A virtual EFAC website will be coming soon.



### Office Hours

**Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: [robert.l.lampert.naf@mail.mil](mailto:robert.l.lampert.naf@mail.mil)) (website: <https://rockisland.armymwr.com/programs/outdoor-recreation>)**

### Outdoor Recreation Winter Equipment Rental

With the recent wintry weather, this weekend will be a great time to get out and enjoy the great outdoors and Outdoor Recreation has all the gear you'll need. Whether you're looking for the adrenaline rush of cruising the slopes of Snowstar Winter Sports Park or Chestnut Mountain Resort on skis and snowboards or the tranquility of gliding/stepping through the forest on cross country skis or snowshoes, we have the gear to get you there. Other winter time equipment like ice skates and ice augers are also available as well as skate sharpening and ski waxing/edging if you own your own gear. Call Outdoor Rec at 309-782-8630 and visit <https://rockisland.armymwr.com/programs/outdoor-recreation> for full rental equipment listing and pricing.

### Ski Waxing & Ice Skate Sharpening

Before hitting the slopes or ice rink stop by Outdoor Recreation in Bldg. 333. We can put a good coat of wax on your downhill skis or sharpen up your ice skates. For more details please call 309-782-8630.

### Winter Time Fun

The Outdoor Recreation Equipment Checkout Center in Bldg. 333 has some awesome items available for you to check out and enjoy the outdoors this winter. Downhill skis, snowboards, blade skis, cross country skis, snowshoes and ice skates are available. For more details please call 309-782-8630 or stop by to see all that is available.

### Attention Canoe & Kayak Paddlers

Each year we have to list the waterways that the Outdoor Recreation Canoes and Kayaks will be used on with the Illinois DNR. This includes waterways in Illinois, Iowa and other states. Please



contact us with suggestions of waterways you would like to be able to paddle on this year with the equipment from Outdoor Recreation. The cold winter months would also be a great time to take the required online "free" boater safety course at [www.rentalboatsafety.com](http://www.rentalboatsafety.com). This is required before you can check out a canoe or kayak. For more information and to suggest waterways please call us at 309-782-8630.

### On Post Storage Units

Outdoor Recreation has several on post storage units available for you to store your personal items. Each unit is approx. 10' x 15' and rents for \$80 per month. Don't have enough items to fill a unit? Then consider sharing a unit with your co-workers. For more details please contact Outdoor Recreation at 309-782-8630.

### Tables and Chairs

Do you have enough tables and chairs for your events and family gatherings? Outdoor Recreation has tables and chairs you can check out for all of your personal events. Call 309-782-8630 for more information or to make your reservation.

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## Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1<sup>st</sup> floor; visit our ASAP/EAP website [www.usagria.army.mil/Directorates/HR/ASAP\\_EAP](http://www.usagria.army.mil/Directorates/HR/ASAP_EAP) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, a list of our classes & groups with dates, locations, and times, is located here: [www.usagria.army.mil/Directorates/HR/ASAP\\_EAP/Classes.aspx](http://www.usagria.army.mil/Directorates/HR/ASAP_EAP/Classes.aspx). Find us on Facebook click here: [www.facebook.com/pages/Rock-Island-Arsenal-EAP/124853580916835](https://www.facebook.com/pages/Rock-Island-Arsenal-EAP/124853580916835).

### Employee Assistance Abuse Program Groups

The Employee Assistance Abuse Program is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. Upcoming dates for groups offered by the Employee Assistance Program; class location is pending, employees can register in TEDs or call 309-782-0965:

- **March 6:** Emotional Intelligence, 10 a.m. – 12 p.m.
- **March 13:** Real Colors, 8 a.m. – 12 p.m.
- **April 3:** Real Leadership, 8 a.m. – 12 p.m.
- **April 24:** Working With You Is Killing Me, 10 a.m. – 12 p.m.
- **May 15:** Emotional Intelligence, 10 a.m. – 12 p.m.
- **May 30:** Real Colors, 8 a.m. – 12 p.m.
- **June 5:** Working With You Is Killing Me, 10 a.m. – 12 p.m.
- **June 19:** Real Teams, 8 a.m. – 12 p.m.

Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal.

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## Education/Training Review



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The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more:

[www.usagria.army.mil/apps/garrisonhr/aces.cfm](http://www.usagria.army.mil/apps/garrisonhr/aces.cfm).

### Transfer of Post 9/11 GI Bill Education Benefits, DoDI 1314.13 Change 1

The Office of the Secretary of Defense (OSD) released a change to the Transfer of Post 9/11 GI Bill Education Benefits (TEB) instructions, implementing new eligibility requirements in order to transfer benefits to qualifying dependents. There is no change to current provisions. Service members must have at least six years of qualifying service to apply to transfer benefits and must make a four-year commitment in the Armed Forces. However, effective **July 12**, eligibility to transfer Post-9/11 GI Bill education benefits will be limited to service members with at least six years, but not more than 16 years, of total creditable service. The intent of the changes is to align policy with 38 USC 3319, “to promote recruitment and retention in the uniformed services.”

### Rock Island Arsenal Welcome Club Scholarships Available

The Rock Island Arsenal Welcome Club (RIAWC) scholarship applications became available on Dec. 3 online at <https://riawc.com> as well as at the RIAWC Arsenal Attic, Bldg. 60 basement, and the Army Education Center, Bldg. 56. The deadline for applications is **March 1**. The applications are open to active duty, Guard, Reserve, and retired military in the local area, as well as civilian and contractor employees on Rock Island Arsenal, and spouses and dependents of all of those individuals. The application further explains requirements. Questions can be directed to [riawcscholarship@gmail.com](mailto:riawcscholarship@gmail.com).

### Spring Success Fair

Time again to mark your calendars – the Directorate of Human Resources, U.S. Army Garrison, will host the Spring Success Fair, on **Tuesday, April 24**, 11 a.m. - 2:30 p.m., in the Heritage Hall, Bldg. 60. The intent of this event is to facilitate a bridge to employment and education, while leveraging community resource services for veterans, citizens, and transitioning Soldiers located at Rock Island Arsenal and the surrounding area. Employers may have jobs available in locations nation-wide as well as in the Quad Cities area and throughout the Midwest. This event represents a great opportunity for employers to review resumes, interview candidates, and potentially hire attendees. Please come ready; have resumes to hand out and be appropriately dressed for a possible interview. Academic institutions will have experts on hand to provide information on programs of study as well as on the GI Bill and scholarship opportunities, for both local and online classes. Veterans Service Organizations will be available to assist with resources, benefit information, and resume development. If you are an active duty, Retired service member, or eligible Family member and would like individual resume or interview training prior to attending this event, you may

contact Chris Gegenheimer, Army Community Services, at 309-782-0815, or [christopher.j.gegenheimer.civ@mail.mil](mailto:christopher.j.gegenheimer.civ@mail.mil). Any questions about the event can be directed to Shelly Mimms, 309-782-7780 or Lafayette Ausborn, 309-782-4799, or [usarmy.ria.usag.mbx.hrm-tsm@mail.mil](mailto:usarmy.ria.usag.mbx.hrm-tsm@mail.mil). This is a great career opportunity, don't let it pass you by.

### **SFL-TAP, Career, Entrepreneurship, Higher Education Tracks, Pre-Retirement**

If Soldiers in your organization are within 24 months of retirement or 18 months of separation, or even just thinking about life after military service, please encourage them to sign-up and attend this vital training. Space is still available, it is open to all branches of service, Retirees (space available), veterans (180 days after separation). Soldiers can bring along their family members as well. Please spread the word, this is not a one-time check the block, transitioning members should start early as this will give more time to attend training as often as it is needed.

- Entrepreneurship (Boots to Business), **March 18-19, June 3-4, Aug. 26-27, and Nov. 4-5**
- Career Exploration Planning, **March 20-21, June 5-6, Aug. 28-29, and Nov. 6-7**
- Pre-Retirement Briefing, **May 3, Aug. 9, and Oct. 25**
- SFL-TAP Workshop, **May 6-10, Aug. 12-16, and Oct. 28-Nov. 1**

All classes will be held Bldg. 56, 1st floor, classroom 2 (Room 122), 8 a.m. start time, classrooms (same hallway as the Education Center). For more information contact 309-782-7780 or email [usarmy.ria.usag.mbx.hrm-tsm@mail.mil](mailto:usarmy.ria.usag.mbx.hrm-tsm@mail.mil).



The Rock Island Commissary, [www.commissaries.com/shopping/store-locations/rock-island-arsenal](http://www.commissaries.com/shopping/store-locations/rock-island-arsenal), and the Exchange, [www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912](http://www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912), are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: [www.commissaries.com/shopping/store-locations/rock-island-arsenal](http://www.commissaries.com/shopping/store-locations/rock-island-arsenal). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) (Facebook: [www.facebook.com/YourCommissary](http://www.facebook.com/YourCommissary))

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: [rockisland@deca.mil](mailto:rockisland@deca.mil) and type 'Subscribe' in the subject line.

### **DeCA Rock Island Arsenal Commissary Scholarship**

DeCA Rock Island Arsenal Commissary -- Celebrate Your History – Your story. Your history. Your voice. Get inspired by the incredible story of Charles B. Hall and share your own for the chance to win a \$5,000 or \$1,000 scholarship from Coca-Cola. In celebration of the life and success of Charles B. Hall, Coca-Cola and the USO are asking you to share your story, too. Upload a photo



or short video to Twitter or Instagram telling us your story and history. Include Hashtag #ShareYourServiceStoryContest. You could win a \$5,000.00 or \$1,000.00 Scholarship from Coca Cola. Open only to authorized DeCA commissary patrons, AAFES, NEXCOM, MCX, who are 13 years or older – see full rules for exact details. Void where prohibited. Contest ends **Feb. 28** at 11:59 p.m. CT.

### **Service Members Receive 10 Percent off Tax Preparation Services with H&R Block at the Exchange**

To help navigate the first year of significant tax law changes, the Army & Air Force Exchange Service is teaming with H&R Block to offer tax preparation services to military members and their families at a 10 percent discount in select Exchange locations around the world. “The Exchange takes every opportunity to make life a little easier for Warfighters and their families,” said Air Force Chief Master Sgt. Luis Reyes, the Exchange’s senior enlisted advisor. “These professionals are military experts and well-trained to assist with Exchange shoppers’ tax preparation needs.” In addition to the discount, H&R Block at the Exchange is offering:

- A free second-look tax review program in which H&R Block reviews last year’s returns to determine whether filers are entitled to additional money that was not claimed.
- 100 percent accuracy guarantee in the event of an audit.
- In the event of an error, H&R Block will pay the penalty and interest at no additional cost to the filer.

Some locations offer year-round access and support, while others will only offer services through the 2019 tax season ending **April 15**. Military shoppers can visit [ShopMyExchange.com/hrblock](https://shopmyexchange.com/hrblock) to locate their local H&R Block office or contact their local Exchange.

### **eComm Kiosks for Rock Island Express**

Touch. Explore. Find more with the shopmyexchange.com kiosk. Because we serve the best customers in the world, we wanted to give you an extra tool to find what you need with just a touch of a screen. Available at your Rock Island Express, the shopmyexchange.com kiosk provides you with the ability to browse our huge online assortment of merchandise and experience the most convenient shopping possible. Rock Island Exchange – 333 Rodman Ave, 309-788-4940, Hrs: Mon-Fri: 7 a.m. – 6:30 p.m., Saturday: 8:30 a.m. – 6:30 p.m., Sunday: Closed.



## **Arsenal Archive**

**Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.** (website: [www.arsenalhistoricalsociety.org/museum](http://www.arsenalhistoricalsociety.org/museum)) (Facebook: [www.facebook.com/RIAMuseum](https://www.facebook.com/RIAMuseum))

### **Brown Bag Lunch & Learn - Women and WWI**

Bring your lunch to the RIA Museum on **Monday, March 4**, 12-1 p.m., and learn about the enormous and transformative effect WWI had on the women of the United States. Rock Island Arsenal Director Patrick Allie will lead a discussion of women during WWI who were entering the

workforce in never-before-seen numbers and the war permeated every aspect of their lives. Special focus will be given to the women that came to work at Rock Island Arsenal during the war and the many firsts they marked.

### **This Week in Rock Island Arsenal History – Feb. 27-March 5**

During the first week of March 1918, Col. L. T. Hillman assumed command of the RIA. In March 1875, RIA Commander Maj. D. W. Flagler ordered 288,000 lbs. of old horseshoes be salvaged as scrap iron. The recycled iron was used for the construction of some of the shop columns. In March 1932, Col. Herman Schull assumed command of the RIA. In March 1878, the RIA began construction of Shop H (Bldg. 66) & Shop I (Bldg. 110). In March 1881, construction of Shop K (Bldg. 68) began. In March 1960, RIA was engaged in research and development work with the design of the 11Smm artillery-type rocket launcher, XM70 for the U.S. Marine Corps. In March 1873, RIA Commander Major D. W. Flagler prepared a list of regulations to govern uses of and conduct on the Government Bridge from Rock Island to Davenport.



## **Healthbeat**

### **Focus on Heart-Healthy Diet Is Perfect Fit for February**

February is the month of love, so they say. For many, it's time to turn that love inward, toward your heart. Not the spiritual, emotional heart, but the blood-pumping, life-giving one. With the typical American diet and lifestyle, many people put themselves at risk for developing various heart diseases. Diets that are low in vegetables and fruits, and high in processed grains, added sugars, saturated fats and sodium are some risk factors for developing heart diseases such as unhealthy levels of fat in the blood (hyperlipidemia), high blood pressure (hypertension) and fatty deposits in the blood vessels that supply blood to the heart (coronary artery disease). The Centers for Disease and Control reports that coronary artery disease is the most common of all heart diseases. Coronary artery disease can reduce or stop blood flow to the heart, causing a heart attack, or if developed over a long period of time, leading to heart failure. The good news is that you can take action to reduce your risk of developing CAD and other heart diseases. Lifestyle changes, including increased physical activity and changing your eating habits, can go a long way in reducing your risk. (More: <https://health.mil/News/Articles/2019/02/22/Focus-on-heart-healthy-diet-is-perfect-fit-for-February>)

### **The Eyes Have It: Seven Tips for Maintaining Vision**

Eyes may be the window to the soul, as William Shakespeare reportedly said, but in the military, eyesight is essential to remain fit for duty. Here are seven tips for maintaining good eye health: Protect those peepers. "I think wearing eye protection is the most important thing anybody can do to protect their vision for the long term," said Dr. Robert Mazzoli, a retired Army colonel and an ophthalmologist at the Vision Center of Excellence, or VCE. Of the approximately 2,000 eye injuries that occur in the United States daily, he said, 90 percent would have been prevented by wearing proper eye protection. The VCE offers guidance on activities that call for wearing eye protection. In addition to obviously risky activities, such as grinding and hammering, Mazzoli said playing sports, working with bungee cords, and using household cleaning products or other chemicals are also risky. The Authorized Protective Eyewear List details items that provide the highest level of eye protection. If an injury does occur, the worst thing to do is to put pressure on the eye, Mazzoli said, such as patching it. This could lead to further injury, including loss of vision

and even loss of the eye itself. A rigid shield protects against further damage, he said. If a shield is not available, he suggested donning a pair of glasses to serve as a shield and then taping them in place before seeking immediate medical help. (More:

<https://health.mil/News/Articles/2019/02/25/The-eyes-have-it-Seven-tips-for-maintaining-vision>)

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## Notes for Veterans

### VA's Proposed Rules for Veteran Community Care Now Open for Public Comment

Today the U.S. Department of Veterans Affairs (VA) announced the publication beginning tomorrow of a proposed regulation in the Federal Register for the new Veterans community care program, including access standards. The proposed regulation would establish new rules for the Veterans community care program required by section 101 of the VA Maintaining Internal Systems and Strengthening Integrated Outside Networks (MISSION Act) of 2018. Last month, VA Secretary Robert Wilkie announced its proposed access standards for community care and urgent care provisions that will take effect in June and guide when Veterans can seek care to meet their needs under the MISSION Act – be it with VA or with community providers. (More:

[www.va.gov/opa/pressrel/pressrelease.cfm?id=5208](http://www.va.gov/opa/pressrel/pressrelease.cfm?id=5208))

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## Around the Q.C.

**Feb. 25-March 3:** Quad Cities Restaurant Week (across greater Quad Cities) More:

[www.qcrestaurantweek.com](http://www.qcrestaurantweek.com)

**March 9:** Havana Day Dreamin' 2019 (RiverCenter, Davenport) More: <https://qcph.com/>

**March 14-17:** Missouri Valley Conference Women's Basketball Tournament (TaxSlayer Center) More:

[www.mvcquadcities.com](http://www.mvcquadcities.com)

**March 15-16:** St. Patrick's Parade Weekend (throughout the QC) More: [www.stpatsqc.com](http://www.stpatsqc.com)

**March 22-24:** QCCA Flower and Garden Show (QCCA Expo Center) More: [www.qccaexpocenter.com](http://www.qccaexpocenter.com)

**March 22-24:** National Congress of Old West Shootists (Radisson Quad City Plaza) More: [www.ncows.com](http://www.ncows.com)

**April 4:** Village in Bloom: Festival of the Arts (Village of East Davenport) More: [www.villageinbloom.org](http://www.villageinbloom.org)

**April 13:** Bandits Race to Home 5K & Fun Run (Modern Woodmen Park) More:

[https://secure.getmeregistered.com/get\\_information.php?event\\_id=130823](https://secure.getmeregistered.com/get_information.php?event_id=130823)

**April 17:** Taco Dinner fundraiser for Stand Down 2019-2020 (The Moline Viking Club) More:

[www.facebook.com/events/242457716643929](https://www.facebook.com/events/242457716643929)

**May 4:** CBRC 24 Hour Run (Eldridge, Iowa) More: <http://www.cornbelt.org/r/24hr19app.pdf>

**May 11:** Quad City Youth Hockey Association Golf Outing (Hidden Hills Golf Course, Bettendorf). Additional information: [gcha.golf@gmail.com](mailto:gcha.golf@gmail.com)

**May 11-12:** Beaux Arts Fair (Figge Art Museum plaza, Davenport) More: [www.beauxartsfair.com](http://www.beauxartsfair.com)

**May 12:** Quad Cities Distance Classic (Augustana, Rock Island) More: [www.cornbelt.org/nearby\\_races.htm](http://www.cornbelt.org/nearby_races.htm)

**May 17-19:** Backwards Backwoods Yoga Retreat (Camp Liberty Lodge in New Liberty, Iowa) More:

[www.backwardsyogaiowa.com](http://www.backwardsyogaiowa.com)

**May 18:** Run the Rock 5k/10k + Kids Run (Rock Island Arsenal) More:

<https://secure.getmeregistered.com/RIARunTheRock>

**March 30:** 2019 KWQC Women's Health and Lifestyle Fair (RiverCenter) More:

[www.kwqc.com/content/news/2019-KWQC-Womens-Health-and-Lifestyle-Fair-504749171.html](http://www.kwqc.com/content/news/2019-KWQC-Womens-Health-and-Lifestyle-Fair-504749171.html)

**May 26-27:** Heritage Days (Walnut Grove Pioneer Village) More: [www.scottcountyiowa.com](http://www.scottcountyiowa.com)

**May 27:** Quad Cities Kwik Star Criterium (Village of East Davenport) More: [www.quadcitiescriterium.com](http://www.quadcitiescriterium.com)

**June 7-8:** Rhubarb Festival (Aledo, Illinois) More: [www.aledomainstreet.com](http://www.aledomainstreet.com)

**June 8-9:** 42nd Annual Tour of the Mississippi River Valley (starts in Bettendorf and moves through towns in Iowa, Illinois, and Wisconsin) More: <http://qcbc.org/tomrv>

**June 8-16:** Quad Cities Museum Week (museums around the QC) More: [www.qcmuseumweek.com](http://www.qcmuseumweek.com)

**June - TBA:** Gumbo Ya Ya (downtown Rock Island) More: [www.downtownrockisland.org](http://www.downtownrockisland.org)

**June 8-9:** Pioneer Days (Colonel Davenport House) More: [www.davenporthouse.org](http://www.davenporthouse.org)

**June 15:** CVMA 39-4 Annual Patriot Ride (Quad City area) More: [cvma.iowa.394@gmail.com](mailto:cvma.iowa.394@gmail.com)

**June 15:** Micro Brew Mile and 6k Road Race (5th Avenue, Moline) More: [https://secure.getmeregistered.com/get\\_information.php?event\\_id=MTUzNjA2OTAzMTgzOTJWbTbzGwb0hGU%2F](https://secure.getmeregistered.com/get_information.php?event_id=MTUzNjA2OTAzMTgzOTJWbTbzGwb0hGU%2F)

**June 16:** Ride the River Bike Ride (both sides of the Mississippi River) More: [www.riveraction.org](http://www.riveraction.org)

**June 21-23:** Planet Funk Con – Comic-Con (TBK Bank Sports Complex) More: [www.planetfunkcon.com](http://www.planetfunkcon.com)

**June – TBA:** Quad Cities Senior Olympics (across Quad Cities) More: [www.qcseniorolympics.org](http://www.qcseniorolympics.org)

**June 29-30:** Quad City Airshow (Davenport Airport) More: [www.quadcityairshow.com](http://www.quadcityairshow.com)

**July 3:** Red, White and Boom! (Rock Island and Davenport) More: [www.redwhiteandboomqc.org](http://www.redwhiteandboomqc.org)

**July 4:** Firecracker Run & Parade (East Moline) More: [www.emmainstreet.com](http://www.emmainstreet.com)

**July 4:** Bettendorf Old-Fashioned 4th of July (downtown Bettendorf) More: [www.bettendorf.org](http://www.bettendorf.org)

**July 5-6:** Mississippi Valley Blues Festival (LeClaire Park in downtown Davenport) More: [www.mvbs.org](http://www.mvbs.org)

**July 8-14:** John Deere Classic PGA Tour (TPC Deere Run golf course in Silvis) More: [www.johndeereclassic.com](http://www.johndeereclassic.com)

**July 8-14:** Mercer County Fair (fairgrounds in Aledo) More: [www.mercercountyfair.org](http://www.mercercountyfair.org)

**July 11-13:** Walcott Truckers Jamboree (Iowa 80 Truckstop, Walcott, Iowa) More: [www.truckersjamboree.com](http://www.truckersjamboree.com)

**July 13:** Rivers Edge Home Brew Festiv-Ale (downtown Rock Island) More: [www.downtownrockisland.org](http://www.downtownrockisland.org)

**July 16-20:** Rock Island County Fair (fairgrounds in East Moline) More: [www.rockislandfair.org](http://www.rockislandfair.org)

**July 21:** Kids Ninja Adventure Run (Case Creek Obstacles, Coal Valley, Illinois) More: [www.casecreekobstacles.com](http://www.casecreekobstacles.com)

**July 21:** Case Creek Cross Country Trail Run (Case Creek, Coal Valley, Iowa) More: [www.casecreekobstacles.com](http://www.casecreekobstacles.com)

**July 19-20:** Quad Cities Veterans Experience Action Center (St. Ambrose University's Wellness and Rec Center) More: [www.sau.edu/events](http://www.sau.edu/events)

**July 26-27:** 48th Annual Street Fest (Downtown Davenport) More: [www.downtowndavenport.com/event/street-fest](http://www.downtowndavenport.com/event/street-fest)

**July 27:** Bix 7 Run/Walk (downtown Davenport) More: [www.bix7.com](http://www.bix7.com)

**July 30-Aug. 4:** Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: [www.mvfair.com](http://www.mvfair.com)

**Aug. 1-3:** Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort) More: [www.bixsociety.org](http://www.bixsociety.org)

**Aug. 3:** 5k Mud Obstacle Run For Everyone (Case Creek Obstacles, Coal Valley, Illinois) More: [www.casecreekobstacles.com](http://www.casecreekobstacles.com)

**Aug. 8-10:** Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: [www.tugfest.org](http://www.tugfest.org)

**August TBA:** Ya Maka My Weekend (downtown Rock Island) More: [www.downtownrockisland.org](http://www.downtownrockisland.org)

**Aug. 17:** Floatzilla (Sunset Marina in Rock Island) More: [www.floatzilla.org](http://www.floatzilla.org)

**Aug. 17:** Quad City Symphony Riverfront Pops (LeClaire Park in downtown Davenport) More: [www.qcso.org](http://www.qcso.org)

**Aug. 17:** Village Wine Walk (Village of East Davenport) More: [www.villageofeastdavenport.com](http://www.villageofeastdavenport.com)

**August TBA:** World Series of Drag Racing (Cordova International Raceway) More: [www.racecir.com](http://www.racecir.com)

**Aug. 22-25:** Alternating Currents Festival (downtown Davenport) More: [www.alternatingcurrentsqc.com](http://www.alternatingcurrentsqc.com)

**Aug. 24:** Vettes on the River (LeClaire, Iowa) More: [www.visitleclaire.com](http://www.visitleclaire.com)

**Aug. 24-25:** Farm Days (Village of East Davenport) More: [www.villageofeastdavenport.com](http://www.villageofeastdavenport.com)

**Aug. 31 - Sept. 1:** Rock Island Grand Prix (downtown Rock Island) More: [www.rockislandgrandprix.com](http://www.rockislandgrandprix.com)

**Sept. 7:** QCA Heritage Tractor Parade & Show (John Deere Pavilion in Moline) More: [www.visitjohndeere.com](http://www.visitjohndeere.com)

**Sept. 7-8:** Beaux Arts Fair (downtown Davenport) More: [www.beauxartsfair.com](http://www.beauxartsfair.com)

**Sept. 13-14:** Celtic Festival & Highland Games (Centennial Park in Davenport) More: [www.celtichighlandgames.org](http://www.celtichighlandgames.org)

**Sept. 14:** Taming of the Slough (Sylvan Slough) More: [www.riveraction.org](http://www.riveraction.org)

**Sept. 14:** Brew Ha Ha (LeClaire Park in Davenport) More: [www.jayceesqc.org](http://www.jayceesqc.org)

**Sept. 21:** Quad Cities Marathon (Moline) More: [www.qcmarathon.org](http://www.qcmarathon.org)

**Sept. 21-22:** Riverssance Festival of Fine Arts (Village of East Davenport) More: [www.midcoast.org](http://www.midcoast.org)



**Sept. 22:** Quad Cities Marathon (downtown Moline) More: [www.qcmarathon.org](http://www.qcmarathon.org)

**Sept. 27-28:** Hot Air Balloon Festival (Island County Fairgrounds in East Moline) More: [www.quadcitiesballoonfestival.com](http://www.quadcitiesballoonfestival.com)

**Sept. 29:** Nancy Kapheim Memorial Classic (Rock Island) More: [www.cornbelt.org/nearby\\_races.htm](http://www.cornbelt.org/nearby_races.htm)

**Oct. 13:** Apple Fest (downtown LeClaire, Iowa) More: [www.visitleclaire.com](http://www.visitleclaire.com)

**October TBD:** Row the Miss Regatta (Mississippi River in Moline) More: [www.tworiversymca.org](http://www.tworiversymca.org)

**Oct. 24:** Fright Night (Schwiebert Park in downtown Rock Island) More: [www.downtownrockisland.org](http://www.downtownrockisland.org)

**Oct. 26:** Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: [www.lagomarcinos.com](http://www.lagomarcinos.com)

**Oct. 26-27:** Boo at the Zoo (Niabi Zoo) More: [www.niabizoo.com](http://www.niabizoo.com)

**Oct. 26:** Witches Walk & Costume Parade (downtown LeClaire, Iowa) More: [www.visitleclaire.com](http://www.visitleclaire.com)

**Oct. 26:** Halloween Parades (Bettendorf and Davenport)

**Nov. 16-24:** Quad City Arts Festival of Trees (RiverCenter in Davenport) More: [www.qcfestivaloftrees.com](http://www.qcfestivaloftrees.com)

**Nov. 16:** Festival of Trees Parade (downtown Davenport) More: [www.qcfestivaloftrees.com](http://www.qcfestivaloftrees.com)

**Nov. 16:** Lighting on the John Deere Commons (downtown Moline) More: [www.lightingonthecommons.com](http://www.lightingonthecommons.com)

**Nov. 24:** Christmas Walk (Walnut Grove Pioneer Village) More: [www.scottcountyiowa.com](http://www.scottcountyiowa.com)

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## Island Insight

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**Mark Kane, Editor** *The Army publication, Island Insight, is an unofficial publication*

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