THE

NAVAL SUPPORT ACTIVITY MID SOUTH MARCH 2019 : VOLUME 78 NO. 3

Welcome

Capt. Alonza Ross

Commanding Officer NSA Mid-South

The Navy Celebrates Women's History Month

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Naval Support Activity Mid-South Leadership



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Capt. Alonza Ross



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The Captain's Corner Capt. Alonza Ross

Having previously served as the Director of Enlisted Distribution Division at Navy Personnel Command, I have been able to experience first-hand the level of hospitality and service that NSA Mid-South delivers to the commands here.

One of my goals during my time as your commanding officer is to continue that effort in supporting each and every personnel and family on the installation so that they can focus on the important missions being carried out here in Millington, Tennessee.

Make no mistake, our mission here at NSA Mid-South has been and will continue to be supporting you. I value the work you do in supporting servicemembers around the world and ensuring the security of this great nation.

To the members of the NSA Mid-South Team, it is an honor to join your team. I look forward to working with each of you over the next few years as we continue to develop in our ability to provide quality to support to all of our tenants across every branch of service.

To Millington and the greater Memphis area, while there are no piers or runways, make no mistake that there is no better Navy town than right here in landlocked Tennessee! I appreciate the support you provide our installation and am excited to develop stronger ties working together to improve quality of life and mission readiness inside and outside of the fenceline.



- Captain Ross



MILLINGTON, Tenn. Naval Support Activity (NSA) Mid-South welcomed a new commanding officer during a change of command ceremony on February 25 in Millington, TN.

Capt. Michael S. Wathen of Evansville, Indiana, relinquished command to Capt. Alonza "Al" Ross of Ashland, Mississippi, during a traditional Navy ceremony.

The guest speaker and presiding officer for the ceremony was Rear Adm. Babette "Bette" Bolivar who served as the Commander, Navy Region Southeast during Wathen's tour.

"Captain Wathen has done a tremendous job representing the Navy in this tight knit Millington community," said Bolivar. "I am excited to welcome Captain Ross and his family to the Southeast Region team."

Ross is no stranger to the installation or the local area. He is taking command after a successful tour as Director of Enlisted Distribution Division at Navy Personnel Command on board NSA Mid-South. Ross has also previously served as the executive officer for the installations Naval Station Newport in Newport, Rhode Island, and Naval Station Guantanamo Bay, Cuba.

"Command is one of the highest levels of trust

that the Navy can place in a naval officer. I have seen first-hand how important the role of installations is in supporting warfighter capabilities and readiness," said Ross. "I am grateful for the opportunity and look forward to continuing Captain Wathen's work here in Millington."

Wathen has been the commander of NSA Mid-



Rear Adm. Babette "Bette" Bolivar, former Commander Navy Region Southeast, presents the Legion of Merit to Capt. Michael Wathen for his leadership as commanding officer during the Naval Support Activity (NSA) Mid-South change of command ceremony at the Pat Thompson Recreation Center. U.S. Navy photo by Mass Communication Specialist 2nd Class Mason Gillan/Released)

South since July 2017. He is following on to serve as the executive officer of the Naval Leadership and Ethics Center in Newport, Rhode Island.

During the ceremony Wathen was awarded the Legion of Merit award for his service to the Navy during his time as commanding officer. His accomplishments include the installation earning multiple national and international accreditations, improved performance in several inspections and assessments, and improvements to energy efficiency and resiliency.

"My time in command of Naval Support Activity Mid-South has been unbelievably rewarding. The way this community supports the installation and its service members is truly amazing. Millington is the quintessential Navy town." said Wathen. "We encountered our share of challenges, but working together we have made the Navy and the Mid-South better. I am going to miss being here."

From recruitment to retirement, the commands on board NSA Mid-South provide career support services to more than 3ooK Sailors and their families. Home to Navy Personnel Command, Bureau of Personnel, Navy Recruiting Command, and Navy Manpower Analysis Center, the missions of the tenant commands on board NSA Mid-South is to manage the Navy's most valuable asset: its people.

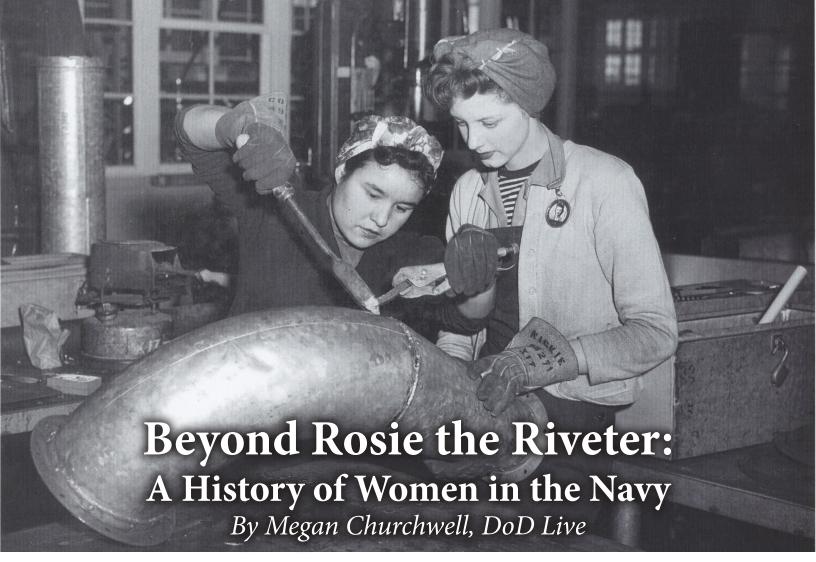
Naval Support Activity Mid-South in Millington, Tenn., is a base of the U.S. Navy. A part of the Navy Region Southeast and the Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence. More than 6,500 military, civilian, and contract personnel are assigned and work on base.



Capt. Alonza Ross, prospective commanding officer Naval Support Activity (NSA) Mid-South, delivers a speech during the base change of command ceremony at the Pat Thompson Recreation Center. U.S. Navy Photo by Mass Communication Specialist 2nd Class Mason Gillan



From left to right, Rear Adm. Babette "Bette" Bolivar, Capt. Michael Wathen, Capt. Alonza Ross, and Lcdr. Dave Mowbray salute the National Anthem during the Naval Support Activity (NSA) Mid-South change of command ceremony at the Pat Thompson Recreation Center.



When you picture women and Navy work, you probably think of 'Rosie the Riveter,' a term popularized during World War II. But the history of women in the Navy starts much earlier than this.

Women in the Early Navy (1775-1908)

Women have served in defense of our nation since the Revolutionary War. Back then, they served traditional roles within the Army such as nurses, seamstresses, and cooks. Many military posts counted on these roles to makes service members' lives tolerable. Most women associated with the Navy in its earliest years were nurses. In 1811 the first female nurses became personnel at Navy hospitals. In 1862, women served aboard the Navy's first hospital ship, Red Rover, to provide medical care to Union soldiers during the Civil War.

However, women did not become an official part of the naval service until 1908, when Congress established the Navy Nurse Corps. The first 20 nurses, called the "Sacred Twenty," broke the barriers that eventually paved the way for all women to officially enter naval service.

World War I: Arrival of the Yeomanettes (1917-1918)

Nurses remained the only women officially serving in the Navy until World War I, when the Navy's first enlisted women, known as Yeomanettes, joined the service.

On March 19, 1917, the Navy officially authorized the enlistment of women with the Naval Reserve Act, which allowed for enlistment of qualified "persons" for service, without mention of gender. The influx of women in the service was meant to help alleviate a projected shortage of clerical workers as World War I began.

Loretta Walsh of Olyphant, Pennsylvania, was recognized as the first woman to enlist. Enlisted women became known as "yeomanettes" or Yeoman(F) to distinguish them from the male sailors. Men and women in the same rank earned equal pay, a rarity in the civilian world at the time.

At the beginning, it was assumed the yeomanettes would perform only office duties. The women also ended up working as mechanics, truck drivers, camouflage designers, cryptographers,

telephone operators, translators, and munitions makers, among many other duties.

End of War; Return to Tradition (1918-1941)

Upon the end of World War I in November, 1918, there were 11,275 yeomanettes in the Navy. Within the following two years, every woman was released from active duty. Most Americans had considered the use of female employees and female recruits to be a necessary but temporary wartime measure. Women were fulfilling their patriotic duty by releasing desk-bound men for combat, but they were expected to return to more traditional roles when the men came home.

Despite this, many women continued on at the Puget Sound Navy Yard in civilian roles. Shown here is Dina Olsen. In this 1919 image, she is making gunpowder bags from gray silk. Prior to working in the Shipyard, this Norwegian immigrant earned her wages making tents and sleeping bags for prospectors during the Yukon Gold Rush. In 1905, she started working as a sail loft worker, becoming one of the first women employed at the Shipyard.

Though women would disappear from enlisted service until the next world war, they set the precedence that gave rise to the WAVES in World War II.

World War II: Welcoming the WAVES (1941-1945)

Building on the example set by World War I, women of World War II entered the Navy and our shipyards by the hundreds, as both civilians and enlisted personnel.

With many civilian jobs vacated by men headed off to war, women performed jobs that were previously reserved only for men, working as mechanics, chemists, welders, and electricians. A woman who toiled in the defense industry came to be known as "Rosie the Riveter," a term popularized by a 1942 hit song of the same name.

This time around, the Navy organized to recruit women into a separate women's auxiliary, rather than in the regular Navy. On July 30, 1942, President Roosevelt signed Public Law 689, creating the Navy's women reserve program. These women were known as Women Appointed for Voluntary Emergency Service (or WAVES, for short).

The large-scale enlistment of women into the Navy was intended again, as it had been during World War I, to alleviate anticipated clerical shortages. Like the enlistment of Yeomanettes, this military participation was seen as a necessary but temporary wartime measure. By 1945, women made up 18 percent of all naval personnel on shore duty. These women served many roles, from administrative and medical ratings to rigging parachutes, repairing aviation instruments, and much more.



MAR Women's History Month Observance at the base chapel



Mid-South Sailors Honor a Vietnam Veteran

UNION CITY, TN — After 51 years, MIA Vietnam Navy pilot Lt. Richard "Tito" Lannom finally returned home to Tennessee.

NSA Mid-South Public Affairs



Ship's Serviceman 1st Class Dennis Felicia participates in the funeral honors rifle detail during the ceremony. (Photo by MC2 Mason Gillan)



Sailors from Navy Operational Support Center Nashville buried Lannam with full military honors. (Photo by MC2 Mason Gillan)



Rear Adm. Robert T. Durand, vice-chief of information (CHINFO) presents Charlotte Shaw her husband's flag during the ceremony. (Photo by MC2 Mason Gillan)



Retired Lt. Colonel Larry Edmunson, U.S. Army, says fairwell to Lannom during his ceremony. (Photo by MC2 Mason Gillan)

Sailors assigned to Naval Support Activity Mid-South funeral honors received Lannom in Memphis on Thursday, February 28 by plane. He was then escorted to White-Ranson Funeral Home, where his family and friends hosted special ceremony at Discovery Park of America on Saturday.

Sailors from Navy Operational Support Center Nashville buried Lannom with full military honors and a military flyover that included two EA-18G Growler aircraft: one from VAQ-129 and one from VAQ-13o stationed at Naval Air Station Whidbey Island, Washington where Lannom flew the A6-A Intruder as bombardier and navigator.

51-years-ago, the plane Lannom was serving aboard as the bombardier/navigator went missing during a combat mission in Vietnam. No one knew what happened to him or his pilot. In late 2017, a Vietnamese Office for Seeking Missing Persons (VNOSMP) team excavated a crash site on the remote island of Tra Ban. Lannom's body was found, still inside his plane. He was taken to Hawaii, where DNA and evidence found at the crash site were used to officially identify his remains on September 25, 2018.

Lannom's widow, Charlotte Shaw, was in attendance, along with his nephews John Lannom and Ted Lannom.

"I wanted him to return to the home he loved."

-Charlotte Shaw, Lannom's Widow

Tennessee Gov. Bill Lee declared Saturday, March 2, as a day of mourning across Tennessee and announced that State flags to fly at half-staff in honor of Lannom's ultimate sacrifice.



MILLINGTON, Tenn. (NNS) -- It may seem out of place for Navy personnel to participate in a JROTC event that doesn't include a high school with Navy cadets. However, that is exactly what took place when over 30 sailors from Naval Support Activity Mid-South volunteered during the Shelby County Schools Annual Drill meet at Cordova High School Feb. 16.

For one sailor, that environment wasn't foreign at all. Yeoman 2nd Class Richard Bruce, a JROTC Coordinator for Navy Personnel Command Mid-South, has a vast amount of experience participating in JROTC competitions. From being a JROTC cadet himself to molding future soldiers as a drill sergeant during his time in the Army, his prior experience was useful during the planning stages.

After leaving the Army in 2005, Bruce started working for Brevard County Schools as a Reading Coach. While going through the police academy, he was asked to help out with the Space Coast Junior/Senior High School Air Force drill team. After recruiting students to the team and working extensively day after day, including working full time for the local sheriff's office, the team went to their first drill meet and won first place in color guard, inspection, and regulation

drill.

Petty Officer Bruce has taken that skill to his collateral duties on base. He is not only the Training Petty Officer for his command on base but also the Color Guard Training Petty Officer for NSA Mid-South. After being assigned to the area, Bruce knew he wanted to use these skills and experiences to help make an impact in the community.

"The first thing I wanted to do was help out the schools here," he said. "The best way to do that



"We are paving the way to show them that this is what they can be."

- Yeoman 2nd Class Richard Bruce

was to get this started. I did a lot of research on my own. I looked up a lot of instructions."

Once he researched how to get his idea off the ground, he had to network with local JROTC leaders. "Petty Officer Bruce approached Army JROTC last year, and we started planning and trying put an event together," said Army Lt. Col. Walleon Bobo, Director of Army Instruction Shelby County Schools.

"There's a lot of long-range planning that has to take place, especially when you are dealing with high school students. We've been planning heavily since the fall, and hopefully, we can keep it going for many more years."

Bruce spent more than a year planning and researching the best way for local Sailors to participate in the local JROTC program. He engaged with base legal, and Army officials, and even contacted Naval Air Station Pensacola, who host NJROTC Nationals Academic, Athletic, and Drill Championships.

Bruce's efforts paid off last year when NSA Mid-South sailors were able to volunteer in the Shelby County Schools Annual Drill Meet. This year, over 400 cadets, representing 19 schools from the Memphis area, participated in various drill competitions, including inspection, unarmed and armed drill and an individual cadet knockout round took place. Trophies were awarded for each event as well as for the overall winner of the competition.

The pressure to win, as well as the nature of competition, can be stressful for the teenage participants. JROTC is an elective, often taking up a cadet's lunchtime or after school time. And in some cases, weekends. The sacrifice these cadets make compared to other high schoolers is not lost on Bruce.

"They are going through a lot more turmoil so to speak than us active duty members because they have to drill every day. To watch these kids do what they do is an honor."

Despite NSA Mid-South being just north of Memphis, cadets do not get much exposure to Navy personnel at these competitions. The majority of Shelby County Schools are a part of Army JROTC. Seeing Sailors participate in these events and interact with the cadets is important for Lt. Col. Bobo.

"Primarily they see retired Army because we

work in the schools. It's essential they see the other branches and how they work. It gives them some potential role models to help them shape their future."

Leading up to the event, Bruce held meetings instructing his fellow Sailors on how drill competitions work, what judges should be looking for, and what to expect. Many knew what a left face or right face is, but Army specific questions and proper drill etiquette were new to them. Although they had never been involved in an event like this, they weren't intimidated by the unique experience. They embraced it.

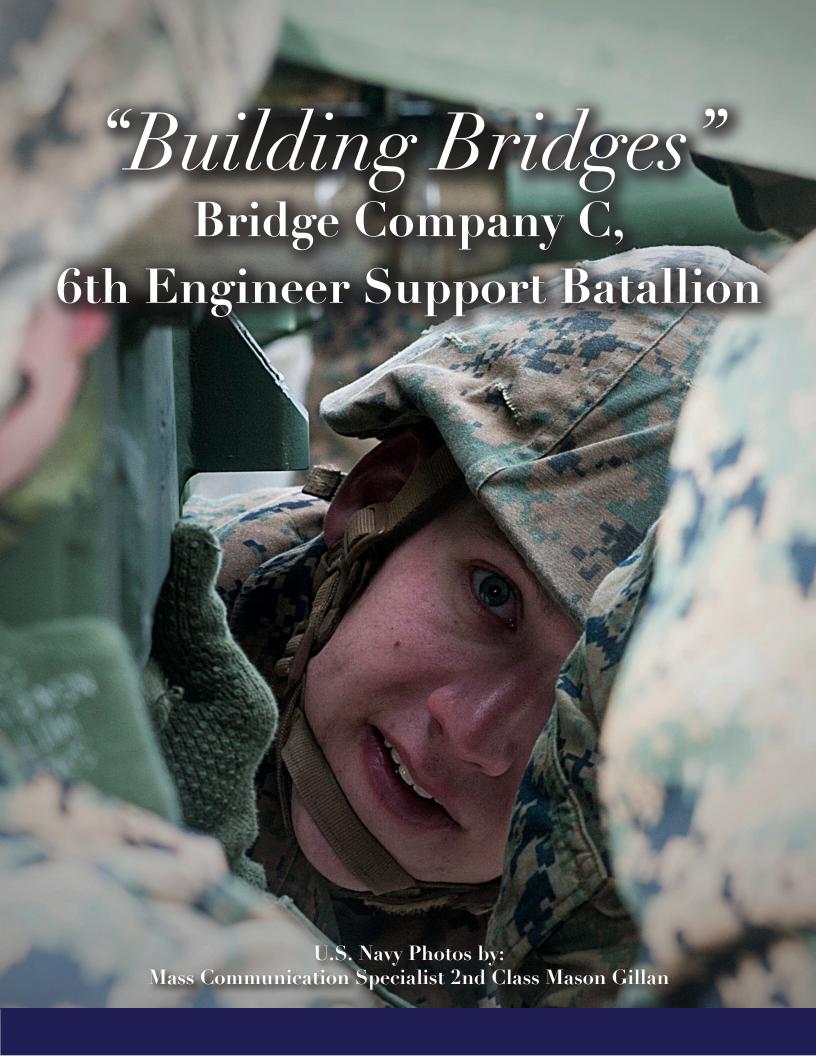
"I had a blast being a part of this competition," said Gunners Mate 1st Class Blake Quick. "I was excited when Petty Officer Bruce asked me to participate in this and would do it again in a heartbeat. In the end, though it's about making these kids into better citizens. I'm just glad I could help in a small way."

Despite wrapping up this year's event, planning has already begun for next year. Bruce is looking to attract Navy and Marine Corp drill teams outside of Shelby County, providing a more diverse drill experience beyond the Army teams. Plans are in the works to hold a drill competition on NSA Mid-South next year also. He believes that by having multiple branches compete against each other, they will be forced to step up their game and become better.

There is no telling how many of the countless cadets Bruce has had an impact on will go on to have a career in the military. But even if some do not end up in a military uniform, being part of something bigger than themselves is what Bruce values most.

"We are looking at our future Sailors, Soldiers, Marines, and Airman. These guys are putting in the work to take over for us once we retire. We are paving the way to show them that this is what they can be."







MILLINGTON, Tenn. (Feb. 8, 2019) Marines assigned to Bridge Company C, 6th Engineer Support Battalion, based in Millington, conducts improved ribbon bridging operations at Naval Support Activity Mid-South to provide essential training that enhances military readiness. Bridge Company C falls under the command of 4th Marine Logistics Group, Marine Forces Reserve.



Millington, Tenn. (NNS) On the second floor of an office building, onboard Naval Support Activity (NSA) Mid-South, and through the doors of cyber recruiting is a desk which hints at the life being lived by the occupant. Messy stacks of paper indicate the presence of a hard worker, and multiple Spartan race medals hang on the cubical walls corroborating a story of an ambitious person. A computer background displaying Grecian Islands points to a wanderlust. Finally, a compassionate and warm smile reveals the personality of Aviation Maintenance Administrationman 3rd Class Cyndra Kohfeldt.

At Navy Recruiting Command, Kohfeldt works behind the scenes, filling several vital administration roles in support of the recruiters in her department. As the departmental statistician, she helps Navy recruiting track the effectiveness of their cyber recruiting efforts.

"She is an outstanding Sailor," said, Chief Damage Controlman Joshua Maxwell, the cyberspace recruiting leading chief petty officer. "You can see her dedication to each task in the work she pushes out every day."

Since working here, she's been awarded blue jacket of the quarter, and she developed a special tool

called the cyberspace recruiter tracking tool, which improved efficiency in tracking the production data of individual recruiters.

"I really like doing data analysis and working with excel and statistics," said Kohfeldt. "It's what I'm best at. That's why I'm working on my master's [degree] in business administration from Troy University, and trying to become a supply officer."

After going to West Shore High School in Melbourne, Florida, she got a scholarship to the University of Central Florida for rowing. While she was there, she earned her bachelor's degree in psychology, because the topic had always really interested her.

"I had actually always wanted to join the Navy, but my parents really wanted me to go to college," she said. "And I did really love school. We were division one, so as an athlete I got to go all over the world, and it was a lot of fun."

During college she also lived in Managua, Nicaragua where she worked at the United States Embassy helping incoming Americans find their way around and handle issues with their international travel.



Immediately after college, Kohfeldt got a job for AmeriCorps, a network of national service programs, that each take a different approach to addressing critical community needs like increasing academic achievement, mentoring youth, fighting poverty, sustaining national parks and preparing for natural disasters.

"I worked for AmeriCorps because I really believe in that stuff," said Kohfeldt, "One thing I did was a business incubator, which gave people a space to build their own business. It's not like a corporation or another entity in coming in. Instead, it brings the community up from the roots and gives people the opportunity to build up their own economy."

It was after her time at working at AmeriCorps when she finally did what she had always wanted to do and joined the Navy. She says her reason for choosing the Navy was her love of the ocean that came from rowing and growing up in a Floridian beach town.

Kohfeldt worked her way into data analysis because she knew she was good at administration from her previous jobs. She says she hopes to go to Japan next or to some other base overseas to further explore the world. The path of Kohfeldt's life has led her to this unassuming desk where she currently sits, improving Navy Recruiting Command and the lives of those around her day-by-day while using her past experiences and diligent work ethic. She said, "Wherever I go, I just want people to see me as a hard worker. It feels like the highest compliment to me."

NRC consists of a command headquarters, three Navy Recruiting Regions, 20 Navy Recruiting Districts and six Navy Talent Acquisition Groups that serve more than 1,300 recruiting stations across the country. Their combined goal is to attract the highest quality candidates to assure the ongoing success of America's Navy.

For more news from Commander, Navy Recruiting Command, go to http://www.cnrc.navy.mil. Follow Navy Recruiting on Facebook (www.facebook. com/NavyRecruiting), Twitter (@USNRecruiter) and Instagram (@USNRecruiter).





Founded by NSPE in 1951, EWeek (February 17–23, 2019) is dedicated to ensuring a diverse and well-educated future engineering workforce by increasing understanding of and interest in engineering and technology careers.

Today, EWeek is a formal coalition of more than 70 engineering, education, and cultural societies, and more than 50 corporations and government agencies. Dedicated to raising public awareness of engineers' positive contributions to quality of life, EWeek promotes recognition among parents, teachers, and students of the importance of a technical education and a high level of math, science, and technology literacy, and motivates youth, to pursue engineering careers in order to provide a diverse and vigorous engineering workforce. Each year, EWeek reaches thousands of schools, businesses, and community groups across the U.S.





Deployed Memphis Sailor in the South China Sea

SOUTH CHINA SEA -- Yeoman 2nd Class Jalen Mathena, from Memphis, Tennessee, places mustard on a hotdog during a cookout aboard the guided-missile destroyer USS Preble (DDG 88) in the South China Sea, Feb. 28, 2019



Munford Sailor Awarded Sailor of the Quarter

CORPUS CHRISTI, Texas (Feb. 14, 2019) -- NHC Corpus Christi Sailors of the Quarter for the first quarter of the fiscal year 2019. From left, Hospital Corpsman 2nd Class (FMF) David B. Butler, of Munford, Tennessee, Sailor of the Quarter; Hospital Corpsman 1st Class (FMF) Raul M. Cervantes, of Yoakum, Texas, Senior Sailor of the Quarter; and Hospitalman Dominic Briones, of Apple Valley, California, Blue Jacket of the Quarter.



West Memphis Sailor Operates out of Pearl Harbor

PEARL HARBOR – Petty Officer 2nd Class Ryan Dorsey, native to West Memphis, Arkansas, is serving in the U.S. Navy aboard the guided-missile cruiser, USS Port Royal. operating out of Pearl Harbor, Hawaii.



Navy Welcomes Memphis Express to Mid-South Region

MEMPHIS, (Mar, 2, 2019) -- Service members from around the Mid-South worked together to present a joint-service color guard at the Memphis Express Hero's night on 2 March. Yeoman Second Class Richard Bruce, right of center, represented the Navy and NSA Mid-South. (U.S. Navy Photo by Matthew "Alex" Babot, ENS, USCG)



DoDLive

From the middle of the 19th century when women first served aboard a Navy hospital ship, to today where women serve as admirals and submariners, women have made great contributions to our Navy and have served bravely both at sea and ashore. What started as only a handful of civilian volunteers, women serving in the Navy's ranks now include more than 68,000 active and Reserve-force personnel. Let's reflect on the sacrifice and achievement of all the women who have served in or with the United States Navy – past, present and future. Please take a moment to look at this infographic that illustrates their role in our service and makes their contributions a visible part of our history.

Health & Wellness March

MONTHLY HEALTH PROMOTIONS FROM BRANCH MEDICAL CLINIC

March Healthy Eating Month

Develop healthy eating habits by consuming proper portions and using healthy cooking techniques. Consult the MyPlate Daily Checklist to calculate the number of calories and the amount of each food group that you should consume every day. Then size up your usual servings and start estimating your healthy serving portions.

Remember, fruits and vegetables have great nutritional value, can be satisfying and filling, and are low in calories!

To increase your vitamin and mineral intake, eat a variety of colorful fruits and veggies every day. Finally, add flavor to your food by using spices and mastering different cooking methods. It can not only improve the taste of your food, but increase the nutritional quality as well.



Civilians in the Spotlight Roy & Sherri Warman

Fleet and Family Support Center nominates married volunteers Roy and Sherri Warman, for their outstanding volunteer work.

FFSC Volunteers generously give their time and talent to serve the base and local community. Volunteers serve at the FFSC and in the NSA Mid-South Retired Activities Office, colocated in Building 456 with FFSC.

FFSC/RAO Volunteers ensure the RAO is manned on Tuesdays, 1000 to 1400, and on Wednesdays and Thursdays, 1000-1200. FFSC Volunteers also assist the FFSC when help is needed at special events, Information Tables on base and at community events, support for preparing class materials, and much more.

Since July of 1999, Roy Warman has served as a volutenteer within the Retired Activities Office. Roy is a former Master Chief Aviation Boatswain's Mate whose personality and experience helps him provide assistance and support to those who need it.



Roy (right) and Sherri (left) Warman serve as volunteers for the Fleet and Family Support Center at Naval Support Activity Mid-South, Millington, TN.

"Take pride in what you do. Do it well, and never stop until the job gets done."

- Roy L Warman



For the past three years, Sherri Warman has volunteered for the Fleet and Family Support Center. Sherri maintains a heart-warming attitude when she meets and greets anyone who comes her way. Her friendly demeanor is infectious to those she works alongside with.

If a client comes to the RAO (1st Floor, Bldg 456) for help at a time when no volunteer is available during regular business hours (Mon-Fri, 0730-1600), they should proceed to

the FFSC on the 3rd Floor of Bldg 456 and an FFSC Staffer will assist them.

"When working for Fleet and Family, it's all about keeping a positive attitude, and most importantly, having fun!"

- Sherri L Warman

April is Volunteer Appreciation Month and FFSC will host volunteers at an Appreciation Luncheon. Date TBA. If you would like to volunteer at the FFSC, please call: Julia Powell at 901-874-5147 or email: julia.powell@navy.mil

Retired Activities Seminar & Veterans Job Fair Saturday, September 28, 2019 NSA Mid-South Conference Center

New Pentagon MWR Program Offers Sailors Leisure Travel Savings

By: Stephen Clutter and Chief Mass Communication Specialist Brian Morales, Commander, Navy Installations Command Public Affairs

Washington, D.C. February 27, 2019 When Gas Turbine Systems Technician (Mechanical) Third Class Kayla Pomroy was considering taking leave to travel from Japan to be with family in Pennsylvania this past Christmas she checked out a new website called American Forces Travel. com.

She had heard about American Forces Travel from a family member and was impressed the moment she logged in. "The website was very easy to navigate," said Pomroy, who is stationed on the Yokosuka-based guided missile destroyer USS Stethem (DDG-63).

American Forces Travel is open to all military and military-affiliated personnel who are eligible to use Morale, Welfare and Recreation (MWR) programs. First-time users will be asked to verify their eligibility through the Army and Air Force Exchange Service (AAFES). The verification process is secure and requested information will not be retained.

Priceline Partner Network (PPN) was selected as the vendor to run the military MWR online leisure travel service, which was rolled out in late January, but was live for testing starting in November, when Pomroy booked her travel.

Pomroy, who is from Philadelphia, traveled from Tokyo on Dec 14, 2018 for two weeks of leave. Her route took her through Los Angeles, Atlanta and finally, Harrisburg, Penn., where she surprised her family when she arrived.

"The day I landed, I went straight to my neighbor's house for their holiday party, Pomroy said. "My mom had absolutely no idea that I was coming home. My neighbor asked my mom to come over early to help set up, and so she



GSM3 Kayla Pomroy gets a hug from her mother, Devon Pomroy, after surprising her with a visit from Japan. The Yokosuka-based Sailor used a new MWR travel website to book her trip.

did. When I heard the doorbell ring my stomach dropped, but it was in a good way."

When her mother walked in the door, Pomroy peeked around the corner and saw her mother in the kitchen. Then the Sailor who has been in the Navy for a little more than two years ran into her mother's arms.

"The feeling was absolutely amazing," she recounted. "There was so much emotion, but all we could do was hug and cry. My mom is my best friend so being away for even a month is hard let alone months and months and years at a time like I am."

Pomroy said she was surprised by how much she saved by using American Forces Travel.

"All the sites that I looked on the fares were well over \$1,500 most were close to \$2,000," she said. "After taxes and the protection plan I only spent \$941 on the ticket round trip to come home all the way from Japan. American Forces Travel was an extremely good deal!"

That's the kind of experience that the Navy MWR team likes to hear.

"American Forces Travel wants to provide the best value and opportunities for access to the world's most exclusive travel deals," said Leslie Gould, Navy MWR Recreation Program Manager.

Although not all savings are as good as Pomroy experienced, Priceline does at least match the best rates offered by airlines and other travel sites. "We have a best price guarantee for all product lines, not just airfare," said Debbie Phillips, Technology Manager for the Commander, Navy Installation Command's Fleet Readiness Division.

American Forces Travel is unprecedented as the only leisure travel site sponsored by the U.S. military, Gould noted. It was a result of a year-long joint service initiative among the Army, Marine Corps, Navy, Air Forces, and Coast Guard to provide exceptional deals on flights, hotels, cruises and rental cars.

Priceline was selected among many online travel agencies as the vendor because of its experience in negotiating specials deals with travel brands worldwide and their 20 years of online travel expertise.

Pomroy said she was grateful for her experience using the new American Forces Travel website.

"Coming home like that is not a moment that everyone gets to have," she noted, "but people need to savor those little moments. Because years down the road, I will look back at all the pictures and videos of surprising them and I will be so thankful that I got to do that."

Another important feature to American Forces Travel is all transactions generate a commission that will support Quality of Life programs within each service branch.

Gould notes that the American Forces Travel site is in keeping with MWR's goals to provide recreation pursuits that ultimately support resiliency, readiness, and retention.

"By providing quality and value through a leisure travel program, service members and their families can enjoy experiences and travel opportunities for rest and relaxation, which helps reduce stress and improve morale," Gould said.

American Forces Travel is currently available to all active duty, reservists and retirees from the Army, Navy, Air Force, Marine Corps and Coast Guard, as well as their eligible dependents. The verification process is currently being updated to also include civilian employees from all five services.

The site address is https://www.americanforcestravel.com/



Exclusive Savings & Benefits on:

Hotels / Rental Cars / Flights Cruises / Vacation Packages

American Forces Travel is the official leisure travel website for Morale, Welfare and Recreation (MWR). www.americanforcestravel.com



LACTATION SUPPORT

NAVAL BRANCH HEALTH CLINIC MID SOUTH

Here to provide support in:

- Working and breastfeeding
- How to get breastfeeding off to a good start
- Avoid common breastfeeding issues
- Benefits for breastfeeding



Available second Friday of every month. Call today for more information, to speak to a nurse, or to schedule a face to face visit.



MILITARY ONLESOURCE ACTIVE DUTY FREE SELF-SERVICE TAX PROGRAM

WHO IS ELIGIBLE?

Available to active-duty service members and their dependents.

WHAT DOCUMENTS DO I NEED?

- Social Security Numbers (including spouse and children)
- Child care provider tax I.D. or Social Security Number and address
- Adjusted gross income from last year's tax return (if you have a copy.
- IRS E-filing PIN (you can get one at irs.gov or call IRS at 866-704-7388)
- Income data (W-2s)
- All end-year tax documents (1099s)
- Student loan payment information
- Receipts for child care payment
- Receipts for educational expenses

WHERE DO I START?

Go to the Military OneSource website. Then login or create a user profile. http://www.militaryonesource.mil/taxprep

LOGIN AND FOLLOW THESE STEPS!

- 1. You will come to the MILTAX FILING SERVICE page. Click the icon that says, "CONTINUE TO TAX SERVICES." The page will then say, "You are about to leave the Military OneSource site," Click continue.
- 2. Once you have clicked continue you will be directed to the "H&R Block" Sign in screen.
- 3. If you have a H&R Block account, you may now sign in. If not, click on the "Create Account" icon and follow the instructions.

I AM NOW LOGGED INTO H&R BLOCK.

The H&R Block website will lead you step by step through the completion of your taxes. Once completed review all inputted data. If there are no errors, you may then submit and file your taxes.

FOR TAX HELP: Call Military OneSource at 800-342-9647.

WARNING: PROVIDED FOR INFORMATIONAL PURPOSES ONLY AND NOT INTENDED TO BE TAKEN AS SPECIFIC LEGAL ADVICE.
FOR LEGAL ADVICE IN A PARTICULAR SITUATION, ALWAYS CONSULT WITH AN ATTORNEY



901-874-5341 WEEKLY EVENTS



Phone: 901-874-5341
New to the base? How Can We Help You?
https://www.surveymonkey.com/r/C863HTP
Chapel Religious Needs Assessment



Sunday 0900 – Protestant Sunday School 1000 – Protestant Interfaith Service

> Thursday 1100 – Rosary Service 1130 – Catholic Mass

For info about other faith groups, contact Chaps Mowbray @ 874-5344.

BEGINNER GUITAR LESSONS Tuesdays from 1130-1230



Bring yours or play ours! Chapel Ceremonial Room Begins 18 Sept

CHAPEL BIBLE STUDIES



MONDAY:

1130 - Interfaith Bible Study Fellowship Hall

1130 – Battle Buddy Bible Study Chaplain Office

TUESDAY:

1830 – Evening Bible Study Old Testament Study – Front Classroom

WEDNESDAY:

1130 - Bible Study on Revelation Chapel Conference Room

THURSDAY:

1130 – Men's Study on Minor Prophets Chapel Conference Room

1200 - Women's Study on Armor of God Chapel Front Classroom

Interested in becoming a lay leader for your faith? Contact the chapel!



TOASTMASTERS

CHAPEL CEREMONIAL ROOM WEDNESDAYS at 1130



Chapel Facebook Page https://www.facebook.com/groups/1539377213057726/



NSA Mid-South Chapel Spring Activities

Volunteers Opportunities! 4th Friday of Each Month

For more information about future community relations projects, contact the base chapel at (901)874-7260.





CREDO MARRIAGE ENRICHMENT RETREAT March 29-31, 2019



KID'S FISHING RODEO – Saturday May 4th



sexual assault awareness & prevention month

april SAAPM 2019

April 1

Ribbon Tying/Proclamation Signing

Time: 0900

Location: NPC SAIL



April 1

Flag Placement

Time: Immediately following Ribbon Tying Event

Location: Front Gate Marquee

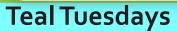






April 2

SAAPM 5K Time: 0700 Location: Splash Park



Wear Teal every Tuesday in April to support those affected by sexual assault.





Traveling Teal Shoe Display

Look for this display at various commands during the month of April.



Resource/Information Table

Throughout the base the SAPR Team will be ready to

answer questions, offer information & support.





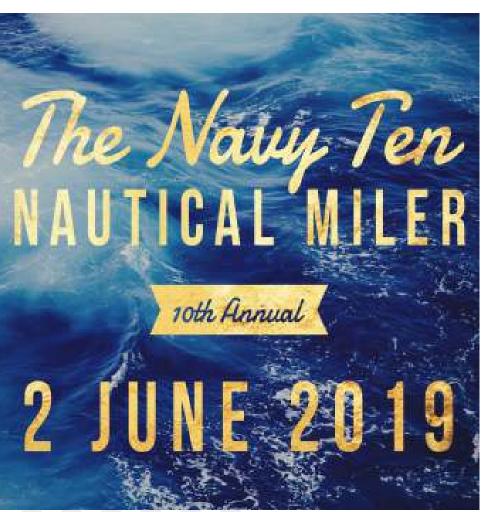
April 24

Time: 1130









EARN YOUR ANCHOR!



Registration opens November 26, 2018

www.thenavy10nm.com

Early Bird Rate 26 November – 31 January \$60

Regular Rates 1 February - 30 April \$70 1 May – 30 May \$85

Active Duty Military Rate November 26 – May 30 - \$60

www.facebook.com/Navy10nm



www.navymwrmidsouth.com | www.facebook.com/navymwrmidsouth





Ticket and Travel Office located in Ellison Community Recreation Center 901-874-5652 | Bldg. S-449 5671 McCain St.





Sexual Assault Prevention and Awareness Month (APRIL 2019) Opening Event

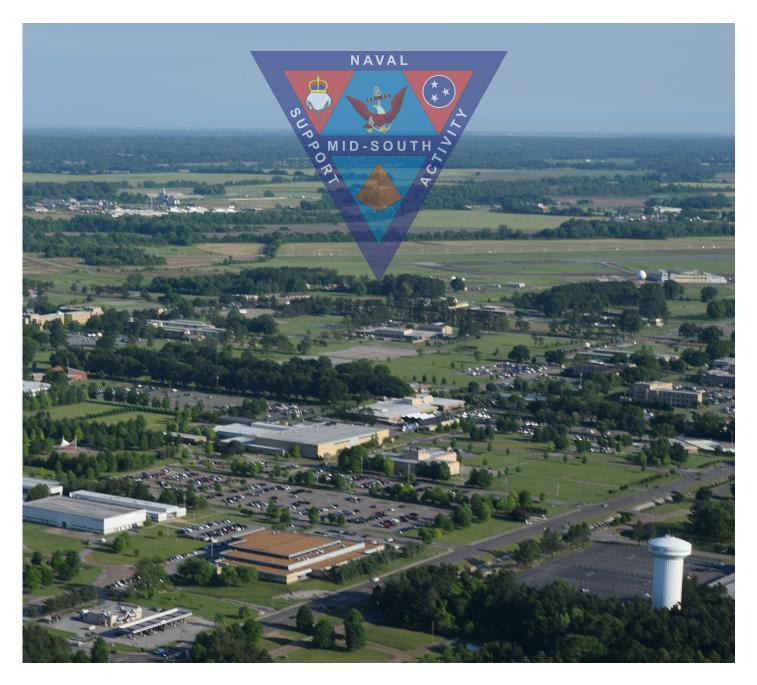


Southeast Region Ribbon Tying

Hosted by NSA Mid-South SAPR Team

The tying of ribbons represents our unified efforts to prevent sexual violence in our Navy.

For additional information, contact Cindy Stavrides at 874-7423. Join us at the Sail 01 April 2019 0900 Monday



A part of the Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.

Have a story, event, personnel, or program you would like to see featured in The Bluejacket?
Email us at mill_nsa_bluejacket@navy.mil
Submission deadline is the last Thursday of each month!