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Sheppard celebrates WWII veteran's 100th birthday

By Airman 1st Class Madeleine Remillard

Army Air Corps Staff Sgt. Joe Cuba, a World War II veteran and Wichita Falls resident who turns 100 March 2, 2019, recently became a social media phenomenon after his daughter, Beverly Cuba, posted a photograph of her father holding a sign with a request for 100 birthday cards for his 100th birthday. Click for the story and photos.

Sheppard Airmen part of AETC's 2018 Outstanding Airmen of the Year

By 2nd Lt. Kayshel Trudell, Air Education and Training Command

Two Sheppard Air Force Base, Texas, Airmen were honored Feb. 26, 2019, here as part of Air Education and Training Command's 2018 winners of the Outstanding Airmen of the Year award. <u>Click for article</u>.



Women's History Month:

Marvelous 5K Event

March 9, 2019

The superhero themed fun run will start

8 a.m. at The Pavillion Center

Register at the Levitow or Pitsenbarger

fitness centers.

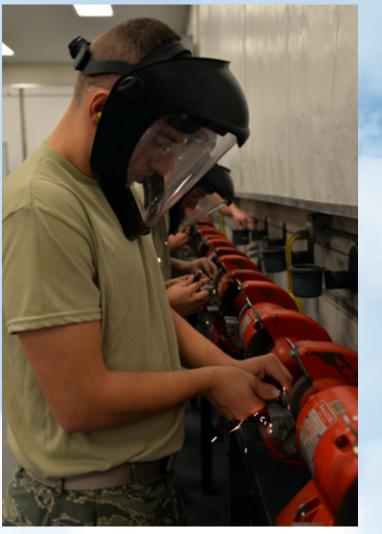
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TOS

See more at: <u>www.sheppard.af.mil</u>









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WORD ON THE TWEET

#DYK that @USAirForce planes are inspected before and after each flight to ensure they are ready at a moments notice? This #AvianoAirBase mainteWe're facing a era of renewed technological competition. We've been here before...Our #Airmen will continue to meet the challenge. @JBSA_Official #AFIMSC team will host its inaugural '#Innovation Rodeo," where eight ideas will compete to become one of the top three funded pro-



Have content for The Herd? Submit requests by close of business Wednesday.

82trwpa.1@us.af.mil

Free Bowling 10 a.m.-4 p.m., Monday-Friday South Lanes

T-Ball/Baseball/Soccer Registration Open until-March 8 Youth Center

Spring Break Camp Sign up now March 18-22

Wing Wednesday

4-11 p.m. March 6 Sheppard Club

3-D Printing Class

5 p.m. March 7 Bldg. 430

Karaoke

8 p.m. March 8 Sheppard Club

Boys Lock-in

9 p.m.-8 a.m. March 8 Madrigal Youth Center

Zipline Trip 8:30 a.m.-6 p.m. March. 9 Airman's Club





MARCH IS WOMEN'S HISTORY MONTH.

MAJ. GEN. JEANNE HOLM, FORMER DIRECTOR OF THE SECRETARY OF THE AIR FORCE PERSONNEL COUNCIL, WAS PROMOTED TO BRIGADIER GENERAL ON JULY 16, 1971, AND WAS THE FIRST WOMAN TO BE APPOINTED IN THIS GRADE IN THE AIR FORCE. HOLM WAS ALSO PROMOTED TO MAJOR GENERAL ON JUNE, 1, 1973, AND WAS THE FIRST WOMEN IN THE ARMED FORCES TO SERVE IN THAT GRADE.

SAFETY CORNER

Bicycle Safety Tips by MacKenzie Dunmeyer 82nd Training Wing Safety Office

With the warmer spring weather approaching, we will see more bicyclists on the roads. Here are a few simple guidelines to help avoid mishaps:

For Bicyclists:

- Always be seen. During the day wear clothes that will stand out. During hours of reduced visibility, wear some kind of reflective gear both on your body and on your bike.
- Ensure bicycles are equipped with a white front light visible for 500 feet and red reflectoror light clearly visible from the rear for 300 feet, during the hours of darkness.
- Always wear a properly fastened, approved (e.g., Consumer Product Safety Commission ANSI etc.) bicycle helmet. Wear it low on the forehead just above the eyebrows. The chinstrap should be firm but comfortable. Always replace your helmet when damaged.
- Always abide by all traffic laws. As a bicyclist you are considered a vehicle and you
 must abide by all traffic laws, this means stop at the stop signs, yield at yield signs
 and use your hand signals.
- Bicyclists ride near the right-hand edge of the road with the flow of traffic.
- Always look out for vehicles. You can never predict what other people will do so be more alert and always take precautions.
- Never carry another person on your bicycle unless you have the appropriate equipment. An example would be a child carrier that attaches on the seat or a copilot taxi child seat.

For Motorists:

- Remain alert at all times while out on the road. Refrain from anything that causes you to take your hands off the steering wheel or your eyes off the road.
- Treat a bicyclist as you would any other vehicle and use appropriate signals as needed.
- Never predict the actions of others. Watch for their hand signals.

Slow down around bicyclist and pedestrians. Just slowing down alone can minimize accidents. Source: AFI 91-207, paragraph 3.7.

VOLUNTEER OPPORTUNITIES

HUMANE SOCIETY OF WICHITA FALLS

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media

• For more information please contact Cheryl Miller at 940-855-4941 or email director@humanesocietyofwichitacounty.org/lf you are interested please text Paul Cancino at 915-274-9869/Stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

COWBOY TRUE, ARTS COUNCIL WICHITA FALLS AREA

• Volunteers needed for traffic and parking assistance, March 29-30 at the Woman's Forum on Speedway, 2120 Speedway Ave. in Wichita Falls.

• Contact Jerry Smyers at 940-631-2589 for more information.

FAITH REFUGE

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights; volunteer shifts are from 10:30 p.m.-2:30 a.m.
- Located at Sheppard Lodging for CQ duty and on-call for drivers and escorts. email SheppardAADD@us.af.mil

THE UPSIDE

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- · Parents can share experiences with other parents
- For more information email misti@theupsideWF.org or visit the website www.theupsidewf.org

SATURDAY BUILD DAYS

- Help build a home for a local family
- Every Saturday 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site

• Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at www.vol-habitat@habitatwf.com

WICHITA FALLS COMMUNITY ORCHESTRA

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email WFCommunityOrchestra@gmail.com or visit www.wichitafallscommunityorchestra.com

VOLUNTEER OPPORTUNITIES

PRODUCE EXPRESS BAGS

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway

• For more information email betsilujan@wfafb.org. To sign up call 940-766-2322 or email wendellgriffin@ wfafb.org

Big Brothers, Big Sisters 940-767-2447 or wfinfo@bbbstx.org Patsy's House 940-723-1646

Children's Aid Society 940-322-3141

Christmas in Action 940-696-9393

Faith Mission 940-723-5663

Faith Mission Donation Center 940-766-0705

Faith Refuge 940-322-4673

First Step 940-723-1646

Food Bank 940-766-2322

Sheppard AFB Thrift Shop 940-676-3173 or DSN 736-3173

Habitat for Humanity 940-716-9300

Boys and Girls Club of Wichita Falls and Burkburnett 940-322-2012

Read 2 Learn January Jones 940-235-1009 or jbjones@wfisd.net

Salvation Army 940-687-2051

Wichita Falls Adult Literacy Council 940-766-1954

Wichita Falls Area Food Bank 940-766-2322 terrymorton@wfafb.org

Wild Bird Rescue 940-691-0828 or paige29072@yahoo.com

Whispers of Hope 940-696-8044

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Public Affairs streamlining multimedia work order process

• Support for graphics, video and command information products will begin once an AF IMT 833 is submitted to public affairs by email to 82.trw.pav@us.af.mil. Products approved for public affairs support include still photography, motion photography, audio, video, photo and broadcast journalism products, and graphics as wells as news and feature articles to be published on the Sheppard Air Force Base public website at www.sheppard.af.mil.

• Requesters must complete items 7-12, 16-22, and 24 on the AF IMT 833. Work will not be authorized until the requester completes each field as required. This is to ensure the public affairs staff has the most accurate and descriptive information needed to successfully complete the request.

- Customers needing official photos can call the photo studio at 940-676-6620 or 940-676-2732 to schedule an appointment. An AF IMT 833 will be filled out electronically during the appointment.
- The AF IMT 833 can be downloaded <u>here</u> or by going to the Public Affairs page on the Sheppard AFB public website. Call 940-676-7239 for more information.

Sheppard Clinic Town Hall Meeting

Sheppard clinic leadership and experts will be available to answer questions on various topics Feb. 27, 3-4 p.m. at the Medical Clinic Assembly Area. Some of those topics will be the Defense Health Agency Transition, TRICARE Plus, Pharmacy Process, Access to Care programs.

Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or overage AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

Finance Office Hours

The Finance Office will be closed for training every third Wednesday of the month beginning on Jan. 16, 2019. Customer service hours on those days will be 1-4 p.m. As a reminder, customer service hours are 9 a.m.-4 p.m. Monday-Friday, with Tuesdays from 4-6 p.m. reserved for our AiT population. For more information call 940-676-4866.

Summary Court Officer

It is with deep regret that we announce the untimely demise of Senior Airman Zachary Shane Montgomery of the 80th Operations Support Squadron, Sheppard Air Force Base, Texas, 76311. Maj. David N. Andrews, duty phone 940-676-5617 or 940-676-4948, has been appointed Summary Court Officer. All claims for or against the deceased's estate must be submitted to the Summary Courts Officer, 80th OSS/ADO 940-676-5617.

Military Saves Week

During <u>Military Saves Week</u>, come by the Airman & Family Readiness Center to get your free credit score when you complete a budget and spend plan. Also, learn how to increase your credit score and qualify for a better interest rate when making large purchases. Don't forget to ask one of our financial counselors about tax-free investment options for service members that deploy to a tax-free zone. For more information, call 940-676-4358.