



THE WASHINGTON SURVEYOR

MARCH 12, 2018

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The Washington Surveyor

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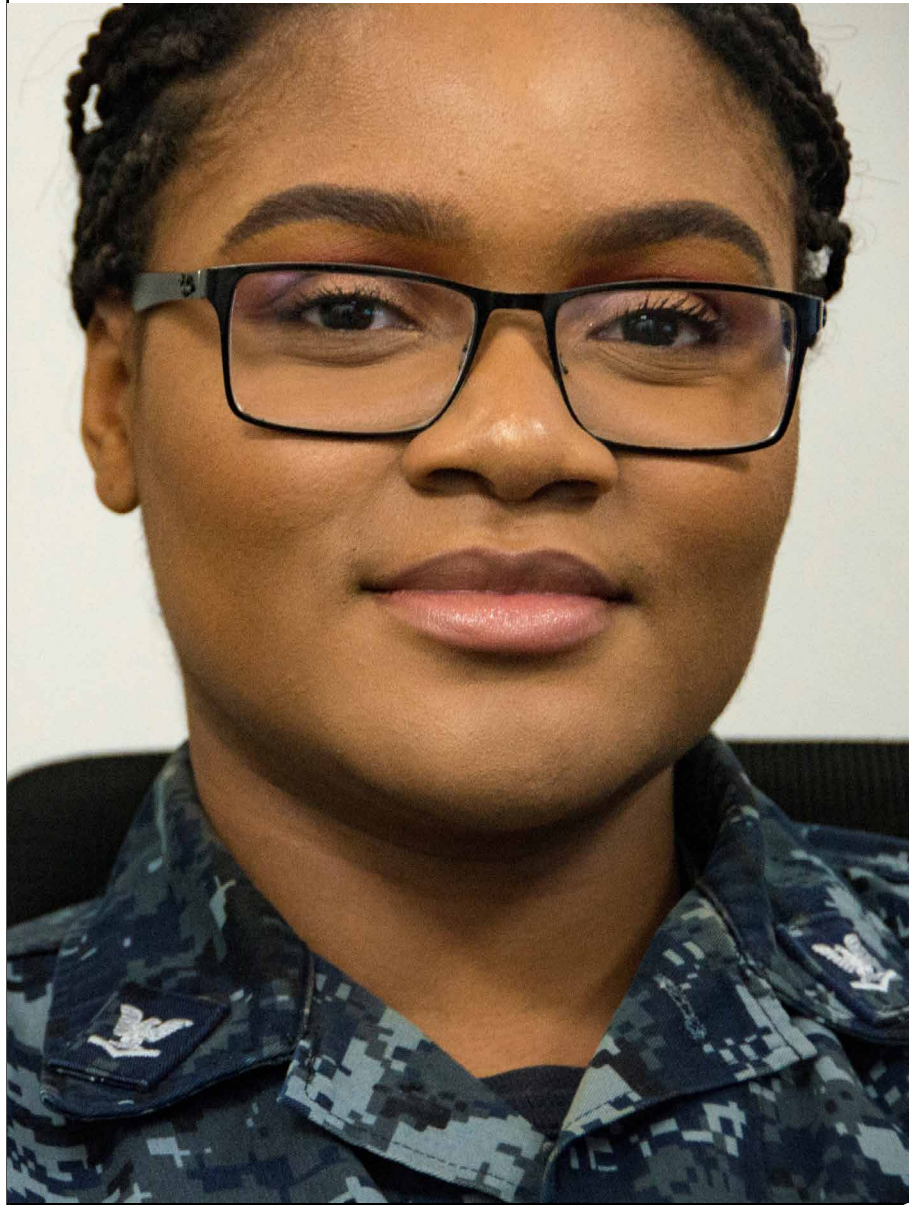
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**For comments and concerns regarding The Washington Surveyor, email the editor at jamin.gordon@cvnit.navy.mil*

SAILOR of the WEEK



PS3 Cierra Hunt

DEPARTMENT: S-4

HOMETOWN: Franklin, Virginia

FAVORITE PART OF THE JOB: "I service the service members. I help customers and deal with Navy cash."



PHOTO of the WEEK

(March 6, 2018) ASAN Jesse Purdy checks the pressure of a nitrogen tank at the Support Element Rework Facility (SERF). (Photo by MCSA Steven Young)

QUESTIONS of the WEEK

DC

Q: *What color does M-9 turn when a nerve or blister agent is detected?*

A: RED

3M

Q: *What supplemental form is used in conjunction with a work candidate/2K to illustrate a drawing?*

A: 4790/2L

SAFETY

Q: *What is a class "D" mishap?*

A: \$20,000 OR MORE BUT LESS THAN \$50,000. RECORDABLE INJURY OR ILLNESS NOT CLASSIFIED AS A CLASS A, B OR C.

DEPARTMENT

in the

SPOTLIGHT



(March 7, 2018) – PS3 Cierra Hunt (left), PS1 Salvador Murillo (center) and Ens. Shanita Williams pose for an S-4 division group photo on the FAF. (Photo by MC3 Kristen Cheyenne Yarber)

SUPPLY/S-4

By MC3 Kristen Yarber

While in refueling complex overhaul (RCOH), the Nimitz-class aircraft carrier USS George Washington (CVN 73) supply department's disbursing, or S-4 division plays a major role in the day-to-day operations of the ship, by providing a way to purchase goods offered aboard the ship.

When first getting to the ship, as a new check-in, the disbursing office should be one of your first stops.

"If you're new to the ship, it is important to check into disbursing, so that you can ensure you get your

Navy cash card," said Ens. Shanita Williams, the disbursing officer aboard George Washington.

Providing and maintaining Navy cash cards for Sailors on the ship is one of the main missions of S-4 while in RCOH. Sailors need a Navy cash card to purchase from any of the services offered by the supply department on the Floating Accommodation Facility (FAF).

"Without our division, the Sailors on the ship wouldn't be able to use the services provided on the FAF, such as the galley, the ship's store, George's Java, the vending machines or MWR (Morale Welfare

and Recreation)," said Williams. "In order to purchase anything from those places, Sailors need a Navy cash card."

In addition to providing Sailors with their Navy cash cards, S-4 also provides customer service for Sailors aboard the ship.

"One of our main responsibilities in S-4 is to keep files and accounting records for payments of government funds," said Williams. "We also maintain the automated teller machines onboard the FAF, provide customer service by answering personal financial questions as mandated by law



(March 7, 2018) PS1 Salvador Murillo, S-4 division's deputy disbursing officer, works on a computer on the FAF. (Photo by MC3 Kristen Cheyenne Yarber)

and acting as collection agents of money owed to the U.S. Treasury by Navy personnel on the ship.”

Although Personnel Specialist 1st Class Salvador Murrillo, the ship's deputy disbursing officer has only been in the S-4 division for a short while, he , says that it is an exciting place to work.

“Unlike working over at the Bank Building, you get a lot more interaction and involvement with the whole command,” said Murillo.

With the ship being in RCOH, the amount of places Sailors are able to go and get food, or grab a drink is very limited during the work day. Disbursing helps alleviate this issue by providing Sailors at the command with a Navy cash card. With their card they are able to make use of the many services provided by the supply department on the FAF.

As RCOH progresses, S-4 will continue to contribute to George

Washington's mission by equipping Sailors with necessary items for their everyday needs.



(April 12, 2017) Adm. Michelle J. Howard, commander, Allied Joint Force Command Naples and commander, U.S. Naval Forces Europe-Africa, greets Adm. Evangelos Apostolakis, chief of the Hellenic National Defense general staff, during a visit to Naval Support Activity Naples. (Photo by MC2 Jonathan Nelson)



THE TRAILBLAZER

Adm. Michelle Howard

By MC3 Kashif Basharat

It's not always easy to break barriers. It takes courage, perseverance and determination. Adm. (retired) Michelle Howard, the Navy's first female African American four-star admiral, displayed those virtues throughout her life while breaking multiple barriers.

According to the navy.mil article "Navy promotes First African-American Three-Star Officer" by Mass Communications Specialist 1st Class Phil Beaufort, a TV show about one of the military services sparked her interest in a career as an officer in the military. At age 17, Howard applied,

and was accepted to the U.S. Naval academy. She entered the academy in 1978 as a freshman, and was in only the third class which accepted women.

Howard graduated the academy in 1982 and quickly saw the potential for herself and women in the Navy.

"In the 1980s when the Navy opened the logistics ships to women, that was huge, because it allowed a lot of opportunities for women to serve at sea," said Howard in the navy.mil article by Beaufort. "Then it was just a few years later that we were engaged in Operation Desert Storm. So even though women weren't serving on

warships, women were still serving in a combat arena, and that started a national conversation. 'What is a woman's role in the military?' So coming out of that time frame, the combat exclusion law was repealed and that meant that women were going to serve on combat ships and fly combat aircraft."

After serving multiple sea tours, Howard took command of the amphibious dock landing ship USS Rushmore (LSD 47) in 1999. Doing so, she became the first African-American woman to command a ship.

In 2006, Howard passed another his-



Vice Chief of Naval Operations (VCNO) Adm. Michelle Howard addresses Sailors during an all-hands call at Navy Operational Support Center (NOSC) Atlanta. (Photo by HM2 Jeffrey J. Hanshaw)

“We are blessed to live in a time where the average citizen really appreciates their Sailors; when we walk anywhere in a uniform we get thanked.”

-Adm Michelle Howard

toric milestone when she was selected for the rank of rear admiral lower half, making her the first admiral selected from the United States Naval Academy class of 1982, and the first woman graduate of the United States Naval Academy selected for flag rank. Howard would later become the first four-star female African-American admiral in the history of the U.S. Navy in 2014.

“I would like to see our nation appreciate the importance of the Navy,” said Howard in the navy.mil article by Beaufort. “We are blessed to live in a time where the average citizen really appreciates their Sailors; when we walk anywhere in a uniform we get thanked. If I could change anything I’d like to have Americans understand who they are thanking and why. How do you convince a nation this big that they are a maritime nation? Our founding fathers got it; they understood the importance of international

commerce, and that is why they said maintain a Navy in the Constitution. And ironically enough, we are even more dependent on maintaining safe water ways now than they were then.”

Howard retired on Dec. 1, 2017. Through her career, some of the prestigious roles she held include Expeditionary Warfare Division, Office of the Chief of Naval Operations (OPNAV) staff; senior military assistant to the secretary of the Navy; chief of staff to the director for Strategic Plans and Policy, J-5, Joint Staff, deputy commander, U.S. Fleet Forces Command, deputy chief of naval operations for operations, plans and strategy (N3/N5); and the 38th vice chief of naval operations.



(Dec. 21, 2016) Adm. Michelle Howard, observes operations on the flight deck of the aircraft carrier USS Dwight D. Eisenhower (CVN 69). (Photo by MC3 Anderson W. Branch)

NJROTC INSPECTION 2018

By MC3 Trey Hutcheson



(Feb. 22, 2018) ABF1 Chao Formentera inspects student's uniforms. (Photo by MC3 Trey Hutcheson)

While in high school, many students think about what they are going to do when they graduate. Some may think about going to college, getting a job or just taking a break, while other students have been planning, and preparing for life after graduation by enrolling in the Navy Junior Reserve Officers Training Corps (NJROTC).

According to njrotc.navy.mil NJROTC teaches values, principles, and self-discipline, which promotes positive, productive behaviors and provides a support structure that is critical in helping cadets live an overall healthy lifestyle.

On Feb. 22, Sailors aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73) went to I.C. Norcom High School in

Portsmouth, Virginia for the 2018 NJROTC Area Manager Inspection. The first class petty officer association aboard George Washington was asked for volunteers to inspect NJROTC cadets. NJROTC cadets were inspected on their uniforms, professional conduct and military knowledge.

Petty officers walked from cadet to cadet scanning their uniforms from their shoes all the way to their covers.

"I think I made a very good impression of how I professionally conducted the uniform inspection," said Aviation Boatswain's Mate (Fuel) 1st Class Chao Formentera. "They [the students] were impressed on how I properly wear my inspection ready Navy Service Uniform. Most of all they loved the fact that we were able to answer all of their questions about

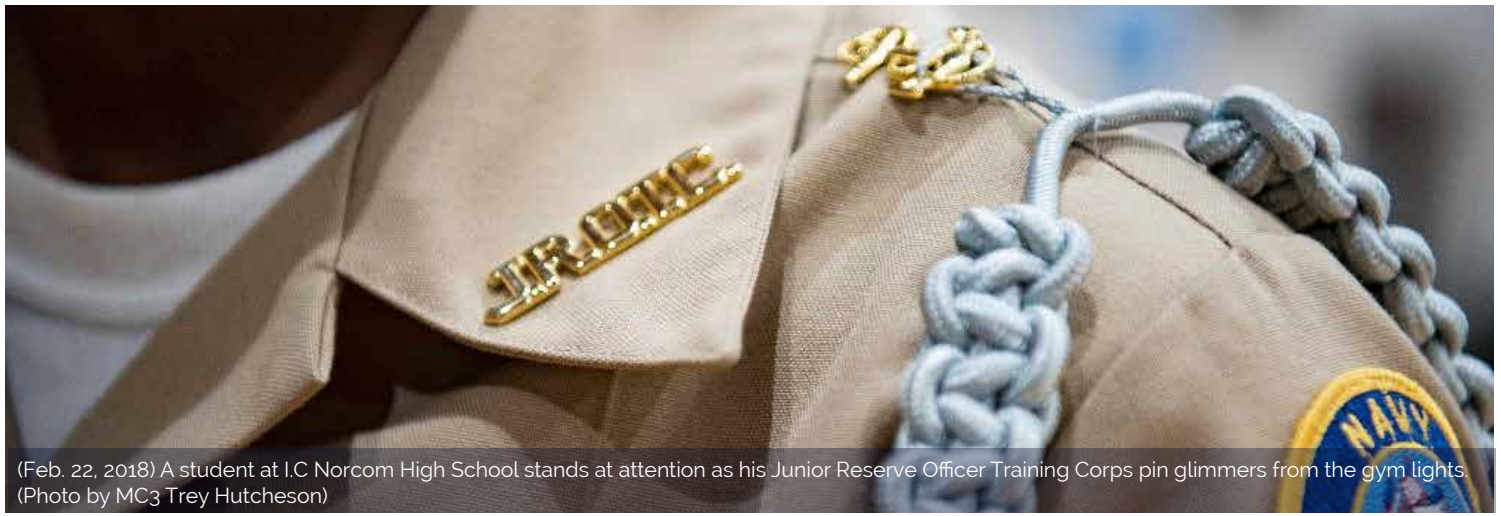
Navy life in the fleet."

Just as George Washington Sailors made an impression on the cadets of I.C. Norcom High School, the cadets also made an impression on the George Washington Sailors.

"I was impressed," said Aviation Electronics Technician 1st Class Victor Galloway. "Their Color Guard was spot on in their movements, and the cadet leadership element was impressive in their attitude, respect and professionalism. Their cadets were very respectful and their academics were very impressive. One cadet had a grade point average of 4.15 which was amazing to hear."

In addition to developing informed and responsible citizens, NJROTC also promotes higher education.

According to www.njrotc.navy.mil,



(Feb. 22, 2018) A student at I.C. Norcom High School stands at attention as his Junior Reserve Officer Training Corps pin glimmers from the gym lights. (Photo by MC3 Trey Hutcheson)

approximately 60 percent of NJROTC cadets who are graduating seniors continue to higher education.

From the students, to the program itself, NJROTC at I.C. Norcom High School has a positive reputation that speaks for itself.

“I was impressed on how well the NJROTC program teaches the students leadership skills and camaraderie,” said Formentera.

Partaking in the inspection gave Sailors a chance to give back to the community not only through time and service, but also through first-hand knowledge.

“I wanted to not only get involved with the community of Portsmouth but also provide some insight to the

“I was impressed..the cadet leadership element was impressive in their attitude, respect and professionalism.”

-ABF1 Chao Formentera

students involved with their NJROTC program,” said Galloway. “I enjoyed being there. I also hope that, in the future, I can return to the school and work with them again.”

Even though the 2018 Area Manager Inspection has ended, George Washington Sailors hope that they can return to I.C. Norcom High School to continue working closely with the students there.

The George Washington first class petty officer association would like to set up a mentorship program with I.C. Norcom High School in the future. Because of the George Washington Sailors that want to be active in the community, this goal can be easily achieved.



(Feb. 22, 2018) ABH 1 Reshawn Orr (left) and ABF1 Chao Formentera (center) inspect a student's uniform. (Photo by MC3 Trey Hutcheson)

(Feb. 28, 2018) Capt. Glenn Jamison, center, YN3 Lynnett Evans, left, Lt. Kristopher Greene, YN2 Jacob Tate, YN2 Joshua Hill and ASAN Dante Pestello, from the ship's heritage committee perform a cake cutting ceremony to conclude a Black History Month celebration. (Photo by MC2 Bryan Mai)



GW CELEBRATES BLACK HISTORY MONTH

By MC2 Bryan Mai

Black History Month, also known as National African American History Month, is an annual celebration of African Americans' achievements, and a time for recognizing the immeasurable impact they have had in the history of the United States. This year's theme from the Defense Equal Opportunity Management Institute (DEOMI) was "African Americans in Times of War."

Sailors aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73) paid tribute to the history and culture of African American service

members during its 2018 Black History Month celebration, Feb. 28.

The event was hosted by the ship's heritage committee. The celebration consisted of speeches from various Sailors regarding the impact of influential African Americans in their lives and in history.

"African Americans have been here almost since the founding of the country and they have contributed so much to American history and culture," said Information Systems Technician 1st Class Christopher McCall, a member of George Washington's heritage

committee. "I think it's important to shed light every year on what they've done to change our society such as the ones who have made strides in the military, or those that were involved in the civil rights movements."

African Americans have had tremendous influence on our society over the years ranging from areas such as music and cultural influence, to our country's military forces.

"African Americans have made milestones throughout the years, overcoming various eras in history from slavery to segregation, to Jim Crow

(Feb. 28, 2018) YN2 Joshua Hill speaks to Sailors about leaders and inspirational people in his life that have influenced him positively during a Black History Month celebration. (Photo by MC2 Bryan Mai)



laws, to even where I am standing right here and now,” said Orr. “We celebrate Black History Month to not only prove ourselves, but to show the world we exist. We celebrate Black History Month because achievements should always be recognized, regardless of the person’s ethnicity.”

Alongside the various achievements made in the cultural and societal level, African Americans have also proven to be solid leaders in the military.

“Celebrating Black History Month is a way for me to dig into my heritage and see what the leaders before me have done,” said Yeoman 2nd Class Joshua Hill, a member of George Washington’s. “I see many successful leaders looking back into the past, and see what has

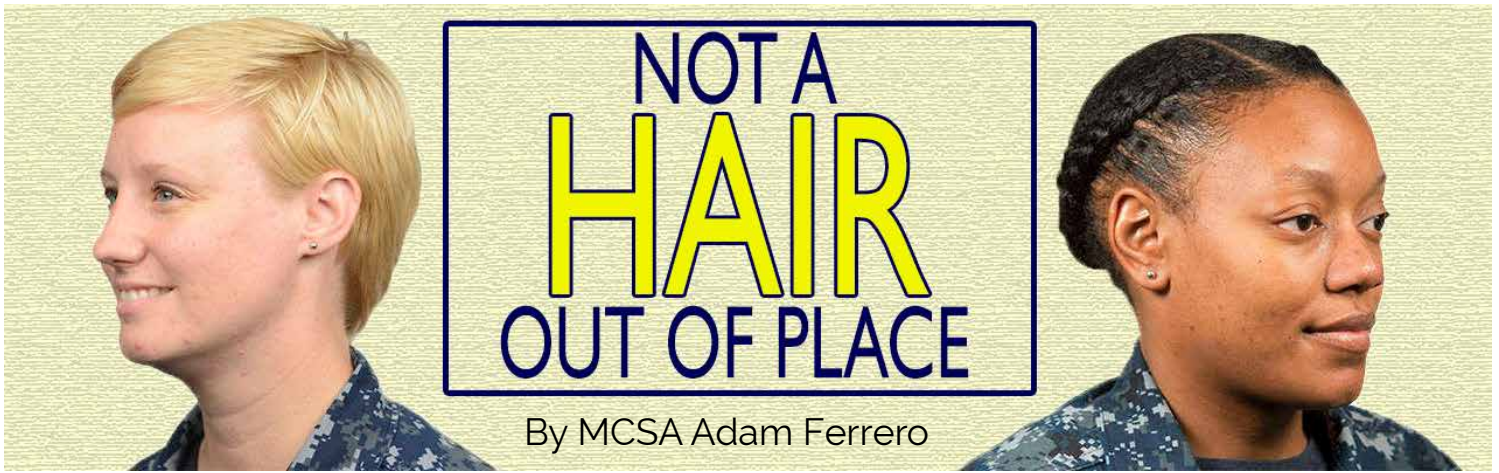
worked for other successful leaders, and try to replicate that. So, in turn, I look at my leaders and see what works and what doesn’t work and see what moves our people forward and try to apply it to my day-to-day life.”

African Americans have struggled throughout history for equality and civil rights, and many people today do not understand what they have gone through as a race.

“Celebrating Black History Month is important for us to not only recognize the historic leaders of the black community, but to help us be better stewards of the rights and privileges that we have gained throughout the years,” said Lt. Kristopher Greene, quality assurance and airspeed officer of

the Aircraft Intermediate Maintenance Department aboard George Washington. “Quite too often, when we think of the accomplishments of African Americans, we take for granted the sacrifice of those who have gone before us in pursuit of freedom for all Americans. We shouldn’t wait until February every year to reflect back on how far we have come, not only as a race of people, but as a nation. Because you see, black history is also American history.”

The celebration was concluded with a formal cake cutting with Capt. Jamison and several Sailors from the heritage committee.



The United States Navy has a long history of regulations and policies regarding how Sailors wear their hair. For reasons ranging from field safety to uniformity and professionalism, these policies are outlined by Navy Personnel Command (NPC), and the Navy enforces them throughout the entire fleet.

“Strict hair regulations make it so people aren’t getting distracted from looking at hair,” said Personnel Specialist 1st Class Shavaughn Hunter, lead petty officer of the personnel department aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73). “Also, we’re on a ship, so we don’t want our hair getting caught in hatches or scuttles. When we have drills, or if there’s a casualty, we don’t want our hair getting in the way, and possibly causing another casualty because our hair is too long.”

There are grooming standards for men and women alike, but for female Sailors, the policies on hair are much longer, covering a far wider variety of hair criteria.

“I look at the NPC website because they’ll often update different things that have changed with the uniforms and hair regulations in general,” said Chief Personnel Specialist Tiffany Jordan, lead chief petty officer of the George Washington personnel department. “A lot of females have questions about it. Things do change, and there can be misunderstandings or misinterpretations, so you have to look it up.”

According to the Navy Personnel Command website, hairstyles and

haircuts shall present a professional and balanced appearance, and appropriateness of a hairstyle shall be evaluated by its appearance when headgear is worn. Hairstyles will not interfere with the proper wearing of headgear, protective masks or equipment. Hair is not to protrude from the opening in the back of the ball cap, except when wearing a bun hairstyle.

The Navy Personnel Command website also says that lopsided and extremely asymmetrical hairstyles are not authorized. Angled hairstyles will have no more than a 1-1/2 inch difference between the front and the back length of hair. Layered hairstyles are authorized provided layers present a smooth and graduated appearance.

With a vast number of possible hairstyles, it can sometimes be easy for Sailors to wear their hair in a way that accidentally puts them outside of regulation.

“We run into this more often with younger Sailors,” said Jordan. “They’ll try to maneuver their way around policies because it’s not in black and white. Often times, we’ll go and see what the hair policy does address, and if there are questions, you can reach out to NPC or the policy writers for clarification. In unclear circumstances, just be professional and make sure it’s not faddish.”

While the current list of acceptable hairstyles is not all-inclusive, it currently lists and defines buns, twists, two or more braids or corn rows as allowed. Some examples of hairstyles not allowed are ponytails, pigtailed, braids that are widely

spaced and, or protrude from the head, and locks or dreads.

“Before I get my hair done, if it’s something that could possibly be out of regs, I always show a picture to my chief,” said Hunter. “I’ll say, ‘Hey, I want to get this done. Is this going to be acceptable or not?’ Also, when I go to get my hair done, I always let the people know that I’m in the military, and it has to be done a certain way. Normally they’re accommodating because they know how the rules work.”

While hairstyle is a major part of these policies, there are other variables as well.

“One of the most common issues I see is hair coloring,” said Jordan. “The policy says you can have natural hair colors such as blonde, red, brown and black. You have Sailors though whose natural hair color is completely opposite, like someone with dark hair who wants to dye it red, and then that gives their hair a tint that doesn’t look professional.”

The Navy Personnel Command website says that hair, wigs, or hair extensions must be of a natural hair color, such as blonde, brunette, brown, red, gray or black. Hair extensions must match the current color of hair. Wigs, hairpieces and extensions shall be of such quality, and fit so as to present a natural appearance and conform to the grooming guidelines.

If Sailors see that they are out of regulations, or that a fellow Sailor is, it’s important to correct it, even if doing so might make them feel uncomfortable.

“I tell my junior Sailors all the time that if they see somebody that’s out of regs, or

if they aren't sure if that person is within policy to go ahead and talk to that person. Ask them about it, and double-check the policy. It can be difficult to ask, especially if it's a more senior Sailor, but at the end of the day we're all Sailors, and we all follow the same policies."

Sometimes, preventing someone from going outside regulations is as simple a matter as helping keep fellow Sailors informed.

Hunter said that when she hears about policy changes affecting Sailors that

she often puts it out on Facebook, since oftentimes it's where a lot of people tend to get their information most quickly.

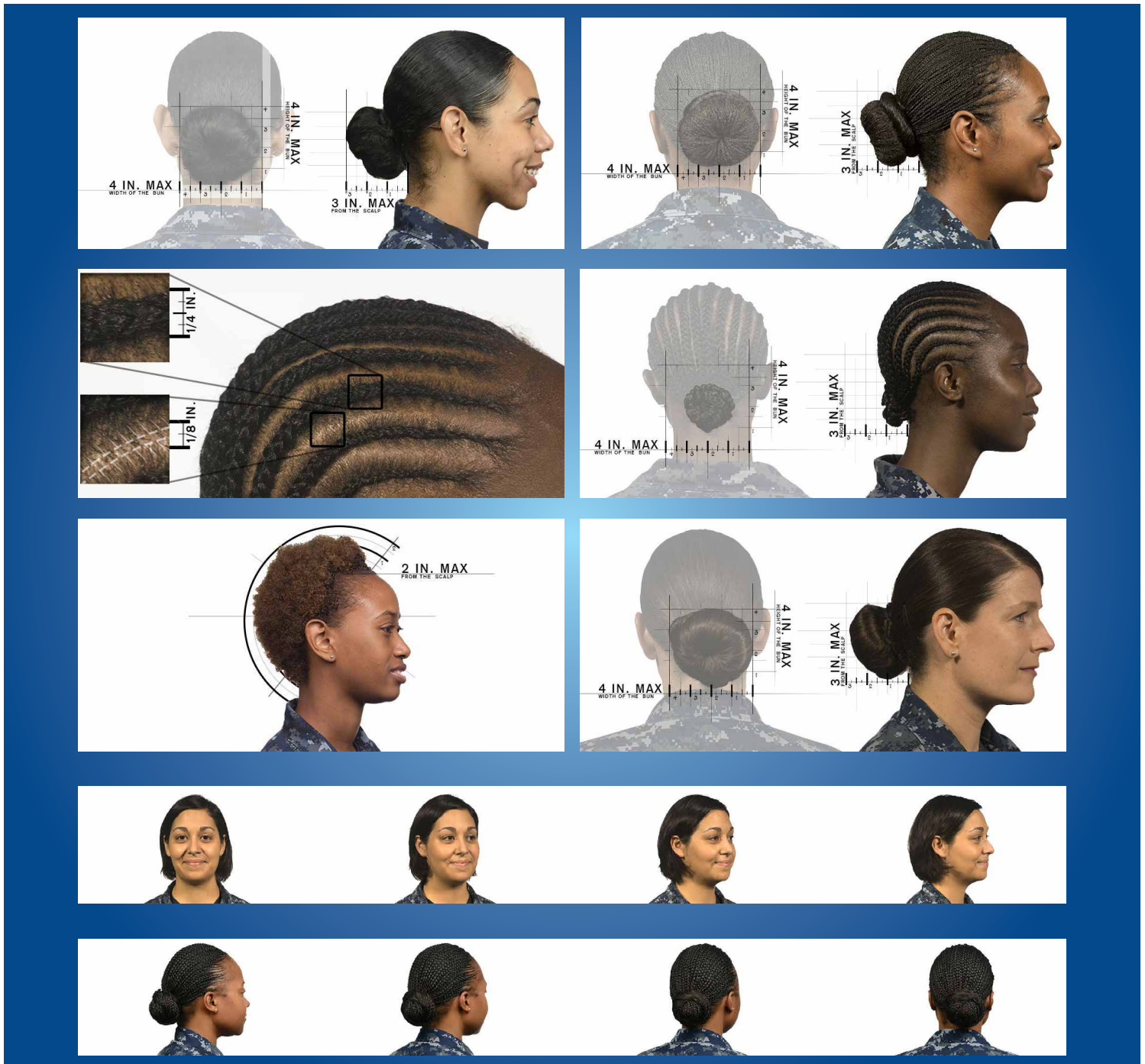
For female Sailors who may have been struggling with keeping their hair regulation-friendly, the Defense Media Activity created an online hair viewer for the All Hands Magazine website, which displays photographic examples of numerous regulation hairstyles, giving Sailors something visual to reference if needed.

Regardless of rank, U.S. Navy Sailors

are all individual parts of one fleet.

Keeping to a strict grooming policy may seem like a lot of work, but it allows Sailors, and by extension, the fleet, to maintain an appearance of professionalism that keeps them mission-ready.

For more information on grooming standards, visit the Navy Personnel Command website at www.public.navy.mil, and to see the All Hands Magazine online hair viewer, visit www.navy.mil/ah_online.



Photos courtesy of All Hands Magazine

Historic First: F35B Lands on Wasp, Launching Era of Increased Navy-Marine Corps Sea-based Capabilities in Indo-Pacific

From Amphibious Force 7th Fleet Public Affairs

EAST CHINA SEA (NNS) -- A detachment of F-35B Lightning II's with Fighter Attack Squadron 121 (VMFA-121) arrived aboard the amphibious assault ship USS Wasp (LHD 1) March 5, marking the first time the aircraft has deployed aboard a U.S. Navy ship and with a Marine Expeditionary Unit in the Indo-Pacific.

The F-35B, assigned under the Okinawa-based 31st Marine Expeditionary Unit, will provide a robust set of sea-based capabilities that will enhance Navy-Marine Corps expeditionary operations. The aircraft is equally capable of conducting precision strikes inland, supporting Marines inserted ashore or providing air defense for the Expeditionary Strike Group.

"Pairing F-35B Lightning II's with the Wasp represents one of the most significant leaps in warfighting capability for the Navy-Marine Corps team in our lifetime," said Rear Adm. Brad Cooper, commander, Expeditionary Strike Group 7. "This 5th generation stealth jet is extremely versatile and will greatly enhance and expand our operational capabilities."

VMFA-121 Pilots are scheduled to conduct a series of qualification flights on Wasp over a multi-day period. Following qualifications, the F-35B's and 2,300 Marines that make up the 31st MEU will deploy aboard ships of the Wasp Expeditionary Strike Group for follow-on operations in the Indo-Pacific region as part of a routine patrol to strengthen regional alliances, provide rapid-response capability and advance the 'Up-Gunned ESG' concept.

The 'Up-gunned ESG' is a U.S. Pacific-fleet initiated concept that aims to provide lethality and survivability to a traditional three-ship amphibious ready group by integrating multi-mission surface combatants and

F-35B into amphibious operations. By adding these enabling capabilities, the amphibious force can more effectively defend against adversarial threats in the undersea, surface and air domains, as well provide offensive firepower to strike from the sea.

The 31st MEU is the only forward-deployed MEU in the region. The F-35B serves as one airframe within a multitude of air capabilities of the MEU's Air Combat Element. Air, ground and logistics forces make up the MEU's Marine Air-Ground Task Force (MAGTF), a composite of capabilities that allow the MEU, in partnership with Navy amphibious ships, to conduct a wide-range of missions from crisis response to disaster relief.

"This is a historic deployment," said Col. Tye R. Wallace, 31st MEU Commanding Officer. "The F-35B is the most capable aircraft ever to support a Marine rifleman on the ground. It brings a range of new capabilities to the MEU that make us a more lethal and effective Marine Air-Ground Task Force."

Multi-mission guided-missile destroyers USS Dewey (DDG 105), with embarked Helicopter Maritime Strike Squadron (HSM) 35 "Magicians," and USS Sterett (DDG 104), with embarked Helicopter Maritime Strike Squadron 49 "Scorpions," are scheduled to support a range of operations and training with the Wasp Expeditionary Strike Group for varying stretches during the patrol.

The arrival of the F-35B culminates testing and shipboard structural modifications on Wasp that began in 2013. Wasp completed an overhaul in 2017 and subsequently departed Norfolk to forward-deploy to Sasebo, Japan, as part of a Department of Defense effort to



(Mar. 5, 2018) An F-35B Lightning II with Marine Fighter Attack Squadron (VMFA) 121 touches down on the amphibious assault ship USS Wasp (LHD 1), marking the first time the aircraft has deployed aboard a U.S. Navy ship and with a Marine Expeditionary Unit in the Indo-Pacific region. (Photo by MC3 Michael Molina)

place the most advanced capabilities in the Indo-Pacific.

"Deployment of the versatile F-35B enhances the full range of Expeditionary Strike Group capabilities with one of the world's most technologically-advanced air warfare platforms," said Capt. Colby Howard, Wasp commanding officer. "With the specific upgrades Wasp has received, the Navy Marine Corps team in the Pacific is better positioned than ever before to support our commitment to the security of Japan and the Region."

The Wasp ESG is on a routine patrol in the Indo-Pacific, providing U.S. 7th Fleet a rapid-response capability in the event of a contingency and working with partners and allies to increase combined capacity for regional security.

Seventh Fleet, which celebrates its 75th year in 2018, spans more than 124 million square kilometers--stretching from the International Date Line to the India/Pakistan border and from the Kuril Islands in the North to the Antarctic in the South.

Seventh Fleet's area of operation encompasses 36 maritime countries and 50 percent of the world's population with between 50-70 U.S. ships and submarines, 140 aircraft and approximately 20,000 Sailors in the 7th fleet.

CVN-73 HEALTH/WELLNESS



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- Identify best practices for building resilience and for stress mitigation
- Further develop skills and strategies that help navigate stress and build resilience
- Identify resources available to help with stress issues

USS GEORGE WASHINGTON CELEBRATES

Women's History Month

Capt. Joy Hancock

One of the
first women to
become a U.S.
Navy officer

