

USS THEODORE ROOSEVELT ROUGH RIDER

SEPTEMBER 4, 2018

CPO
SELECTEE
HONOR • COURAGE • COMMITMENT



CHIEF INITIATION

CHIEF SELECTS PROVE THEIR WORTH DURING
A SIX-WEEK CPO INITIATION

ABMA CONFERENCE

7

NAVY VS PADRES

|

PIA TEAM STORY

TR CONTENTS

On the Cover

Photo illustration by MC2 Alex Corona.

ABMA Conference

The Aviation Boatswain's Mate Association holds their annual conference in San Diego

3

4

Navy vs Padres

U.S. Navy Sailors play softball against retired San Diego Padres

Photos of the Month

Highlighted photos from TR's Media Department

6

8

Sailing into Motherhood

ABE3 Walton talks about her journey through the Navy

Moving into the Goat Locker

Chief Selects prove their worth during a six-week CPO indoctrination

10

STAFF

COMMANDING OFFICER
Capt. Carlos A. Sardiello

EXECUTIVE OFFICER
Capt. Pete Riebe

COMMAND MASTER CHIEF
CMDCM Andrew Frederick

PUBLIC AFFAIRS OFFICER
Lt. Cmdr. Julie Holland

ASST. PUBLIC AFFAIRS
OFFICER
Lt. j.g. Brittany Stephens

SENIOR EDITORS
MCCM Misty Flynn
MCC Jay Pugh

EDITORS
MC2 Alex Corona
MC3 Alex Perlman

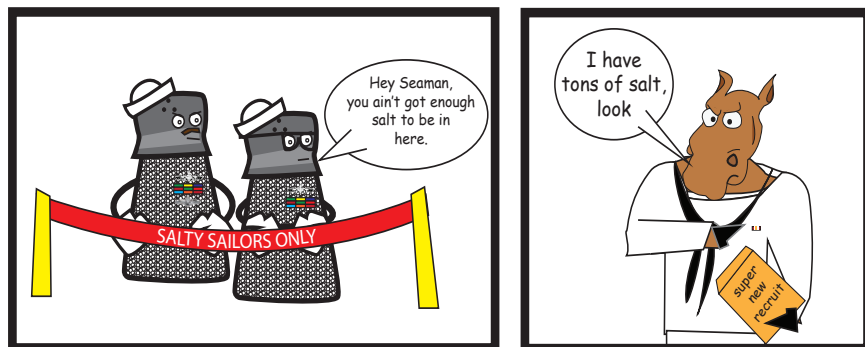
ROUGH RIDER
CONTRIBUTORS
MC2 Jimmi Bruner
MC2 Alex Corona
MC3 Michael Colemanberry
MC3 Michael Hogan
MC3 Andrew Langholf
MC3 Alex Perlman
MC3 Rebecca Winberry
MCSN Bill M. Sanders

COMMAND OMBUDSMAN
cvn71ombudsman@gmail.com

The Rough Rider is an authorized publication for the crew of USS Theodore Roosevelt (CVN 71). Contents herein are not necessarily the views of, or endorsed by, the U.S. government, Department of Defense, Department of the Navy or the Commanding Officer of TR. All items for publication in The Rough Rider must be submitted to the editor no later than three days prior to publication.

Do you have a story you'd like to see in the Rough Rider? Contact the Media Department at J-Dial 5940 or stop by 3-180-Q-Q.

CHECK US OUT ONLINE
[@TheRealCVN71](http://about.me/ussTheodoreRoosevelt)



A USS Theodore Roosevelt Comic by MC2 Jimmi Lee Bruner



ABMA

AVIATION BOATSWAIN'S MATE ASSOCIATION

CONFERENCE

Story by MC3 Michael Hogan
USS Theodore Roosevelt Media

Aviation Boatswain's Mates from the aircraft carrier USS Theodore Roosevelt (CVN 71) sponsored the 47th annual Aviation Boatswain's Mate Association (ABMA) held at the Handlery Hotel in San Diego, Aug. 6-10.

Aviation Boatswain's Mates from all over the country attended the annual conference's numerous workshops, which highlighted platform changes, technological advancements, and safety and training within the naval aviation community.

"We're synchronizing our career fields, sharing our best practices,

collaborating on innovative ideas, and boosting morale," said Capt. Carlos Sardiello, the commanding officer of Theodore Roosevelt. "Effectiveness continues to be priceless to our Navy, our nation, and our world."

With the continuous advancements in naval aviation technology attendees collaborated to maintain their effectiveness. Several of the symposium's workshops focused on the implementation of Electromagnetic Aircraft Launch Systems (EMALS) on all Ford-class aircraft carriers and several new aircraft such as the F-35C Lightning II and V-22 Osprey, which are now being introduced on aircraft carriers.

"We have Sailors from all of the various naval aircraft platforms here," said Cmdr. Kyle Caldwell, president of the ABMA. "We also have the Ford-class Sailors here to present newest technology, such as EMALS, to other naval aviation platforms. This will allow legacy Sailors to get familiar

with the direction that launching and recovery is headed for future generations."

Senior leaders within the community also used the workshops and banquets to communicate the importance of safety to the next generation of Aviation Boatswain's Mates by sharing their experiences and knowledge.

"We utilize the workshops and the groups to brainstorm how we can make everything better, and if something we're doing isn't working, implement changes to correct the problem," said Master Chief Aviation Boatswain's Mate Terry Libed, Theodore Roosevelt's Safety Department leading chief petty officer. "Ultimately, we're looking for suggestions on how to make our jobs safer for all of our Sailors."

The ABMA continues to adapt to the needs of the Navy with the various ABMA workshops and gives Sailors the opportunity to maintain maximum operational effectiveness. Looking ahead, the ABMA will continue meeting annually and circumventing the problems that face the naval aviation community in the future.



Capt. Carlos Sardiello speaks at the Aviation Boatswain's Mate Association conference in San Diego. Photo by MC3 Alex Perlman.



NAVY VS PADRES

Photo story by MC3 Andrew Langholf
USS Theodore Roosevelt Public Affairs

Sailors, stationed on board NASNI participated in a softball game against the San Diego Padres Alumni Aug. 16, at the Vice Adm. Martin Softball Fields.

“It’s an honor to represent the Navy and TR against the Padres today,” said AOC Kalani Mauga. “I think we got a good chance of winning, but we don’t want to send them home too early.”

The Padres Alumni came out to demonstrate their support for the military and gave Sailors the opportunity to show off their softball skills.

“This is our home turf, and playing in front of the people who love us,” said AC1 Elbert Embry. “It’s more incentive for me to get out there and win.”

Both sides battled valiantly, and the game ended with a tie score of ten runs each.





THIS MONTH IN REVIEW



1. ABH3 Aaron Avila cleans a padeye on the flight deck. Photo by MC3 Michael Colemanberry.

2. AO3 Colton Rutland trims bushes during a beautification event at the Montclair Neighborhood Park. Photo by MC3 Andrew Langholf.

3. Sailors disassemble an arresting gear valve. Photo by MC3 Michael Hogan.

4. Capt. Peter Riebe announces Meritorious Advancement Program results during a command picnic at Heritage Park. Photo by MC3 Alex Perlman.





5. Seaman Adrian Salsman chips non-skid off the deck. Photo by MC3 Michael Hogan.

6. QM3 Elizabeth Weil raises the national ensign. Photo by MC3 Michael Colemanberry.

7. Sailors receive a free lunch pier side during a chief selectee-hosted barbeque. Photo by MC2 Alex Corona.



SAILING into Motherhood

Story by MC3 Michael Colemanberry
USS Theodore Roosevelt Media

Aviation Boatswain's Mate (Equipment) 3rd Class Teneshia Walton may wear a hard hat while aboard the aircraft carrier USS Theodore Roosevelt (CVN 71), but off the ship she wears many different hats, being both a Sailor and a mother.

The St. Louis native was influenced to start her Navy career by joining The Naval Sea Cadet Corps (NSCC), leading to her

decision to join the United States Navy shortly after.

"I joined the Sea Cadets because I wasn't a fan of the Army ROTC program at my school," Walton said. "When I found the Sea Cadet program it sparked more of an interest to me."

Originally, she joined to travel the world and obtain a college education, but her plans changed shortly after. Her son Malik was born Jan. 2014, and life was never the same.

Walton has been at four

commands including HSC-15, Naval Base Point Loma, Navy Region Southwest and USS Theodore Roosevelt. She deployed once in her Navy career with the Roosevelt in 2017.

"My favorite part of the Navy has to be returning from deployment when I was chosen as a "first kiss" winner and I got to share that with my son," said Walton.

Walton said that her son was the biggest influence and motivation to give her the drive to accomplish her goals.

"He gives me strength, will-power to keep going, and a reason to never give up," said Walton. "When I initially joined the Navy I had no plans on

having a child, but he came when I needed him most. He's the reason I reenlisted and also the reason I'm going select reserves and not getting out completely. I want to ensure I'm able to give him the best life he deserves."

After completing her active duty service Walton plans to join the reserves and continue serving her country. This will give her the ability to be a full-time mother and move back to Texas.

One thing that Walton said she will miss most about the Navy is the comradery and connections with those she worked with.

"My favorite part of the Navy is the people I have met," Walton said. "I have great friends and made life-long relationships."

Walton said that she strives to be a better person every day not just for herself and her son, but for her shipmates and other people she comes in contact with.

"The people are what make coming to work every day enjoyable," Walton said. "It's not what I am doing, but who I am doing it with."

It is hard to catch Walton without a smile, bringing a light to those that she works with day in and day out.

"If my smile is ear-to-ear, which is all the time, it's because my mind; thinking about my son and the bright future ahead of us. The day he came into my life will be a day I will never forget."



ABE3 Teneshia Walton installs an overhead light cover. Photo by MC3 Michael Colemanberry.

PIA SAFETY PPE 101

QUICK TIPS

- DON'T BRING YOUR OWN RESPIRATOR
- CHECK SPACES FOR PROPER VENTILATION
- ALWAYS HAVE COLD OR HOT WORK CHITS
- NEARBY WORKERS MUST HAVE PROPER PPE
- WEAR A SAFETY HARNESS ABOVE 5 FEET

CHECK YOUR JOB VERSUS THE REQUIRED PPE



PAINTING
HANGAR BAYS
WEATHER DECKS
OUTDOORS

REQUIRED PPE:

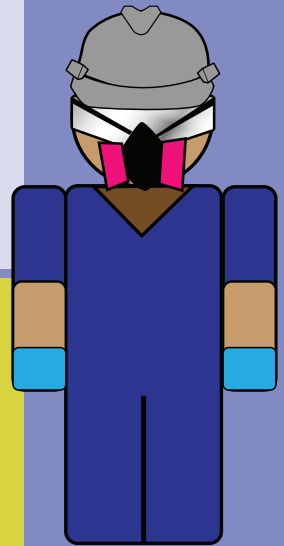
**HARDHAT
SAFETY GLASSES
LATEX GLOVES**



**SPRAY
PAINTING
& INDOORS**

REQUIRED PPE:

**HARDHAT
SAFETY GLASSES
LATEX GLOVES
RESPIRATOR**



NO SUBSTITUTES OR SHORTCUTS ALLOWED



**NEEDLE
GUNNING OR
HOTWORK**

REQUIRED PPE:

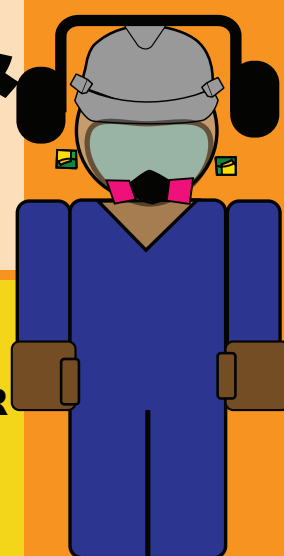
**HARDHAT
SAFETY GLASSES
WORK GLOVES
FACE SHIELD
LONG SLEEVES
DOUBLE EAR PRO
RESPIRATOR**



**DECK &
TILE**

REQUIRED PPE:

**HARDHAT
FULL-FACE RESPIRATOR
WORK GLOVES
DOUBLE EAR PRO**



MOVING TO THE GOAT LOCKER

Story by USS Theodore Roosevelt (CVN 71) Public Affairs

While the sun rises over Naval Air Station North Island, the sounds of Navy cadences echo throughout base as the chief selectees from the aircraft carrier USS Theodore Roosevelt (CVN 71) and Carrier Strike Group (CSG) 9 come one step closer to wearing gold fouled anchors. During a demanding six-week initiation process, the selectees face intense physical training sessions, leadership challenges, classroom lessons, mentorship meetings, and other activities to prepare them for their new roles as chief petty officers.

“The purpose of the Chief’s Initiation is to get selectees out of the ‘I’ mentality and into the ‘we’ mentality,” said Master Chief Andrew Frederick, command master chief of Theodore Roosevelt. “Selectees learn that everything they do from this point on represents the Mess.”

April 1, 1893 marks the official establishment of the chief petty

officer, and the years since have built an endless amount of tradition and honor embodied by the title.

The Chief Petty Officer Creed states “The goal is to instill in you that trust is inherent with the donning of the uniform of a Chief... challenge is good; a great and necessary reality which cannot mar you – which, in fact, strengthens you,” and according to Quarter Master 1st Class Kelton Gulley, a chief selectee aboard Theodore Roosevelt, the challenges of Initiation are great training tools.

“It’s very critical to go through the initiation process because it’s important to get into situations that you can learn from,” said Gulley. “It’s a character building exercise that teaches us to trust in the men and women that work alongside us.”

Adapting to the new role of a chief petty officer can be a difficult challenge. Once selected, first class petty officers will transition from managing Sailors to guiding them. As petty officers, Sailors work hard to build the best resume to stand out amongst the crowd. As chief petty officers, they will no longer work to

represent themselves but look out for the interest of the Sailors under them.

Senior Chief Information Technician Gina Myers, lead chair for this season’s chief selectees, said that the Chief’s initiation is a way to help selectees understand the dynamic of the Chief’s Mess family and how they work together to help their Sailors and the command.

“We build the mindset and introduce the unique responsibilities of the Mess to our newly selected chief petty officers,” said Myers. “Understanding how we work together as brothers and sisters is imperative to ensuring we are meeting the mission the right way while taking care of Sailors.”

This year’s selectees will complete initiation on Sept. 14 and be honored as the 125th class of chief petty officers at the pinning ceremony held at Lowry Theater.

“I know it’s going to be a greater responsibility,” said Gulley. “But my family is happy, my junior Sailors are happy, and I will continue to work hard to put them first.”



Sailors run on Breakers Beach. Photo by EMCS Wenkang Tien.

MMNC(SEL) Donavon Accettola

ABHC(SEL) Reynaldo Acuna

ETNC(SEL) Edgardo Agno

LSC(SEL) Bjay Baker

MMNC(SEL) Lisa Bielauskas

ICC(SEL) Korey Bozeman

EMNC(SEL) Ryan Brandeburg

MMNC(SEL) Erik Brazzell

ABEC(SEL) Ricky Capps

HMC(SEL) Olga Carpenter

ITC(SEL) Michael Cunningham

AZC(SEL) Charlie Davis

OSC(SEL) Phillip Epps

CSC(SEL) Jessica Garcia

ABEC(SEL) Brian Gillies

QMC(SEL) Kelton Gulley

ABHC(SEL) Paul Hall

FCC(SEL) Micaiah Herndon

HMC(SEL) Robert High

ETC(SEL) Andrew Jansen

AZC(SEL) Daniel Lopez

ABHC(SEL) Ernest Lopez

ABEC(SEL) Daniel Luna

ASC(SEL) Jonilo Maglaya

ATC(SEL) Joseph Middleton

AOC(SEL) Phillip Napolis

LSC(SEL) Joshua Pangco

MCC(SEL) Michael Russell

LSC(SEL) Viraxai Sayboun

ETNC(SEL) John Schatzle

CTRC(SEL) Nakebia Smith

ADC(SEL) Ryan Stroschein

MMC(SEL) Troy Thompson

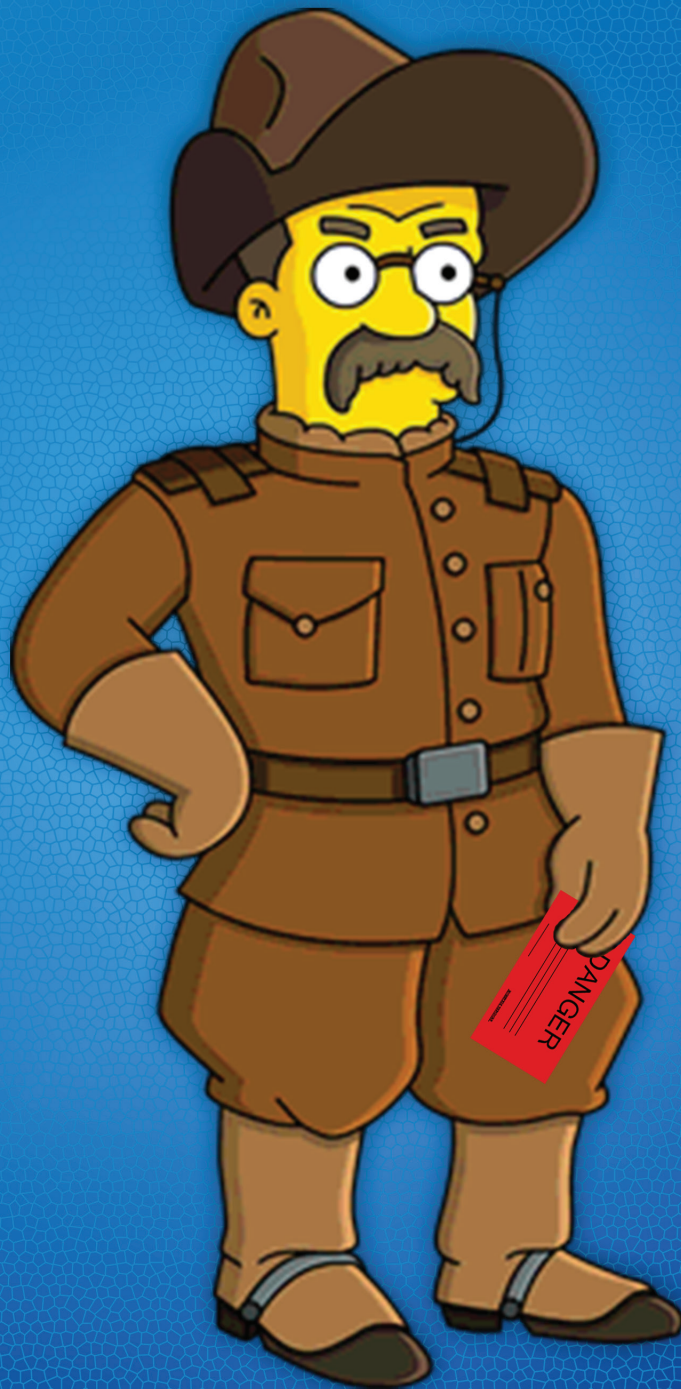
ABFC(SEL) Bryan Wehrwein

MMC(SEL) Christopher Willard

LSC(SEL) Michael Wilson

**CONGRATULATIONS TO TR'S
FY19 CPO SELECTEES!**

IF THE TAG'S RED



CHECK WITH TED

**CONTACT CWCT IN HANGAR BAY 3
J-DIAL 5046**