

USS THEODORE ROOSEVELT ROUGH RIDER

AUGUST 1, 2018

ROUGH RIDERS BEGIN PIA

AFTER A MUCH NEEDED BREAK, TR ONCE
AGAIN BECOMES "SHIP-SHAPE"

HOW MUCH IS THE
LAST DRINK WORTH?

71

SERVICES
AROUND THE TR

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IC2 Phillip English chips paint with a needle gun.
Photo by MC3 Alex Perlman.

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@TheRealCVN71



TRBULLY

@BULLYTHEMOOSE



Follow

@TR-PIATEAM Day 148 of PIA safety
without an injury...

I took my hard-hat off just to get a smash.

RETWEETS

132

LIKES

865

8:49am - 23 July 2018

A THEODORE ROOSEVELT COMIC BY MC2 JIMMI LEE BRUNER



THEODORE ROOSEVELT BEGINS

P

PLANNED

INCREMENTAL

A

AVAILABILITY

Story by MC3 Alex Corona,
USS Theodore Roosevelt Public Affairs

Sailors aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) officially began Planned Increment Availability (PIA) July 15, pier side at Naval Air Station North Island, California.

PIA is a recurring part of a ship's life cycle intended to renovate and repair the ship in a variety of aspects following the wear and tear that comes from a 7-month long deployment. A ship's normal life cycle is a yard's period, followed by a work up cycle, concluded by a deployment.

Capt. Carlos Sardiello, commanding officer of Theodore Roosevelt, is pleased with the accomplishments of the crew during deployment and their eagerness to begin the current PIA period.

"We are extremely proud of the crew's accomplishments and performance on our recently completed seven-month deployment, spanning across the Arabian Gulf and the Indo-Pacific region," said Sardiello. "I'm confident that our Sailors will tackle this new phase of our ship's life cycle with the same tenacity that they have shown time and time again."

There are over 600 jobs that started this availability period, and over 150,000 man hours of work for the entire Theodore Roosevelt project team, according to Sardiello.

Completion of a work load of this magnitude is an all hands effort and is set to continue to test endurance of the Theodore Roosevelt crew.

"Sailors from every single department are contributing to the PIA teams," said Cmdr. Randy Reid, Theodore Roosevelt's chief engineer. "We have deck, vent, valve, berthing, paint, and lagging teams. You name it, and our Sailors are contributing to it."

The shipyard is only capable of doing so much work on their own, said Reid. This work needs to be done in order to

improve ship's operations and crew habitability during the time that we are no longer at sea.

"This is no different than being out at sea," said Reid. "We just have a different mission. We are going to be opening up 55 of the various tanks aboard the ship that provide fuel, store waste, and allow us to be mission capable. This will be our largest renovation ever attempted on these tanks."

Reid said he feels confident that our Sailors, in conjunction with the work of the shipyard contractors, will be able to complete all tasks in a timely manner.

"As we now officially start PIA, not only are we starting the over 600 jobs, but the shipyard will also be adding 300 more contractors to the work force," said Reid.

While all of these renovations and repairs will take care of basic ship systems, Theodore Roosevelt is receiving other upgrades as well.

"We are getting new tactical air radio, air traffic control system, and a new software delivery package, all of which will require integrated testing requirements and redoing our whole integrated ship communication network," said Cmdr. Eric Olsen, Theodore Roosevelt's combat systems officer.

It is important Sailors continue to take ownership of their spaces and report issues.

"Even though we are no longer at sea, it's still all about that day-to-day maintenance and reporting problems as Sailors see them," said Olsen. "I'm confident our Sailors will excel during this PIA period, just like they did on deployment."

"We are committed to being fully combat ready for our next deployment," said Sardiello. "Our plan is to ensure the ship is ready and our crew is fully trained, rested to support our Navy, our Joint Force, and partners and allies around the world."

How Much is the **LAST DRINK** Worth?

Story by MC2 Robyn Melvin,
USS Theodore Roosevelt Public Affairs

Since returning from deployment, USS Theodore Roosevelt (CVN 71) Sailors have racked up seven driving under the influence (DUI) cases and three alcohol-related incidents (ARI), averaging about one case per week for the ship, according to the Legal Department.

“The most common military penalty is 45 days of restriction, 45 days of extra duty, reduction in rank, and half-month’s pay, times two,” said Legalman 2nd Class Ernestine Tahanembakop, assigned to Theodore Roosevelt. “It can be worse if you don’t tell the command about your incident, and we find out on our own.”

Every week Theodore Roosevelt receives a list of all people who were in arrested in the San Diego area the week prior. If the command discovers a Sailor is on the list who did not self-report, they can be charged with not only a DUI but also with failure to report, which falls under the Uniform Code of Military Justice.

“Getting a DUI can ruin your career and be very expensive,” said Tahanembakop. “When adding up the costs for the increase in car insurance, towing and storage, DUI classes, lawyers and license reinstatement, the average cost of a DUI in the state of California is \$45,435. That does not cover money lost in wages after being dropped in rank.”

According to Chief Aviation Ordnanceman Carlos Pereira, the command Drug and Alcohol Program Advisor (DAPA) Coordinator, in addition to the legal ramifications of overdrinking it is also detrimental to your health.

“Drinking too much on a single occasion or over time can take a serious toll on your health and on your body,” said Pereira. “People who drink heavily have a greater risk of liver and heart disease, sleep disorders, depressions, stroke, bleeding from the stomach, and several types of cancer.”

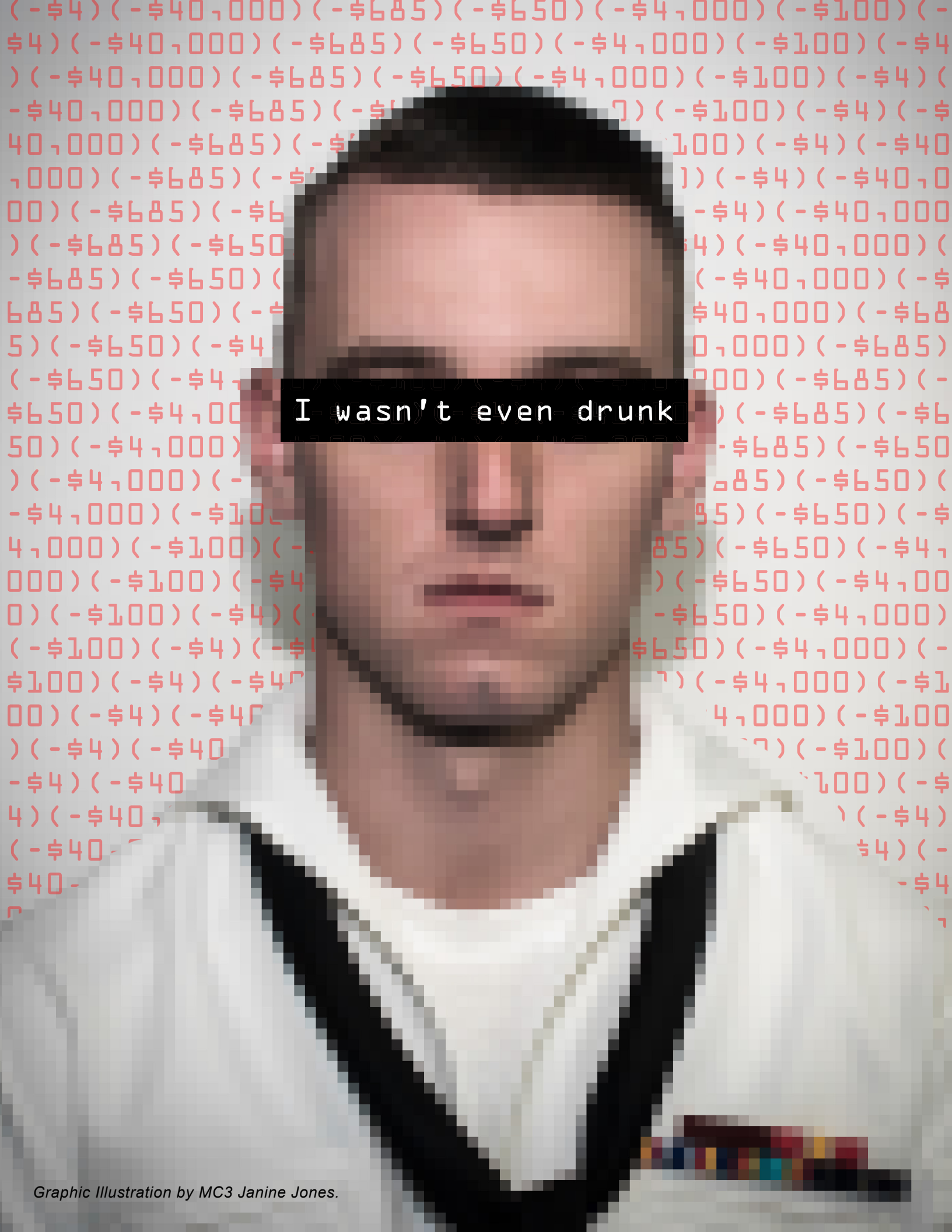
Pereira stresses that the likelihood of getting a DUI or an ARI is minimized simply by making a plan and sticking to it.

“Before going out to socialize or to an event where you will be drinking alcohol, make sure you are fully aware of your ride options and have a backup plan in place,” said Pereira. “Planning ahead can eliminate the potential of putting yourself and your shipmates in a position of risk.”

Both Pereira and Tahanembakop agree that there is no excuse for receiving a DUI because of how many programs exist to help with transportation.

“There are so many applications at your disposal,” said Tahanembakop. “Between Uber, Lyft, and the guaranteed ride program, which offers up to five free rides home, Sailors have no excuse.”

The Lyft and Uber applications are available on your smartphone for download and the guaranteed ride program can be reached by calling (619) 762-0950 for males and (619) 762-0951 for females. Another tool at a Sailors disposal is the quarterdeck. By calling and asking for help before making a bad decision, duty personnel will help to find a safe way home without legal ramifications. The quarterdeck can be reached by calling (619) 548-7074 or (619) 545-2114.



I wasn't even drunk

Ship Services

Legal

Location: 02-185-2-Q

Times: 0800-1100 1300-1400

Jdial: 5855 / 4412

Services: Notary, Power of Attorney, Court Continuance, etc

ADP

Location: 4-180-1-Q

Times: 0900-1100 1300-1500

Jdial: 5720

Services: Email/Account Help, RADM/RSUPPLY/OMMS/CTA, Sharepoint

MWR

Location: Admin: 2-102-5-Q Tickets 2-89-1-Q

Jdial: Admin: 5376 Tickets: 5364

Services: Program Information on MWR Bulletin Board at Admin Office

Dental

Location: 3-122-2-Q

Jdial: 5444

Services: Yearly Exams (Come Here First Before Base Dental)

Chaplains

Location: 03-118-8-Q

Time: 0730-1500

Services: Confidential Counseling

Postal

Location: 3-148-3-Q

Time: 0800-1000

Jdial: 5942

Services: Receiving/Sending Mail

**Fleet & Family
Support Center**

Fire Lot

Fleet & Family Services

Fleet & Family Support Center

FFSC: 619-545-6071 **Appointment line:** 866-932-6478

Monday-Friday 0730-1630

Location: NASNI- Saufley Road, Bldg 318, NAS North Island

Services: Relocation, New Parent, Deployment, Clinical Counseling,
Financial Management, Family Employment, Family Advocacy,
Transition

Navy-Marine Corps Relief Society

NMRCS: 619-545-4477 **DSN:** 619-735-4477

Monday-Friday 0730-1630

Location: NASNI- Saufley Road, Bldg 318, RM 119, NAS North Island

Services: Financial Assistance, Interest-free Loans, Scholarships



Barge Services

Medical

Location: 01-22-2

Sick Call: 0730-0830 (case by case after)

Mental Health: 0700-0900

(Email Psych Boss or HM2 Ruggs for Appt)

Pharmacy: 0730-1100

New Check-ins: 1200-1300

Preventive Medicine Services: 0730-0930

Birth Month Recall (PHA): 0830-1100

Aviation Medicine (AVR): 0730-1100

Separation: 0830-1100

Radiation Health: 0800-1100

Chaplains

Location: 2-14-3

Time: 0800-1100

Services: Confidential Counseling, Life Skills
(Wed at 1000), Roman Catholic Mass (1130)

Barbershop

Location: 1-14-2 **Jdial:** 3156 **Hours:** 0800-1100

Laundry

Location: 01-14-3 **Hours:** 0800-1100

Admin/Personnel

Location: 01-53-2 **Hours:** 0800-1145 & 1515-1900

Base Medical

Optometry: 619-532-9830

Resiliency Counselor:

Diondra.johnson.civ@cvn71.navy.mil

Audiograms: 619-545-9473

Laboratory: M-F 0830-1100 with Chit from Barge

Women's Health: 619-545-0467

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JULY IN REVIEW



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2

1. ABHAR Jasmine Anderson brushes a bolt on the flight deck. Photo by MC3 Andrew Langholf.

2. Capt. Carlos Sardiello addresses Sailors and guests during a Lesbian, Gay, Bisexual, and Transgender Pride Month. Photo by MC3 Michael Hogan.

3. ABH3 Christian Floyd uses a needle gun to chip paint off the bulkhead of the hangar bay. Photo by MCSN Bill M. Sanders.

4. AD3 Luis Guerrerolopez installs a new fuel pipe on the fantail. Photo by MCSN Bill M. Sanders.



3



4



5. Sailors watch fireworks from the flight deck during an Independence Day celebration. Photo by MC3 Michael Hogan.

6. Sailors cheer after graduating a leadership course. Photo by MC2 Anthony J. Rivera

7. LS2 Christopher Renio prepares to make an announcement over the 1MC. Photo by MC3 Alex Perlman.





DCCM Mark Geer, accompanied by his mother, goes ashore for the last time during his retirement ceremony held at The Veterans Museum at Balboa Park, San Diego. Geer's family served a combined 71 years of naval service. Photo by MC3 Andrew Langholf.





CVN 71 Summer Cookout

Friday, August 3rd

1000-1400

Heritage Park

Sand Volleyball
Bounce Houses

Beach Games

Live DJ & Food

Bring your family to enjoy the day at the beach!