

THE 1ST INFANTRY DIVISION POST

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★

FORT RILEY, KANSAS

Hearron receives Stalwart award

Story and photo by Téa Sambuco
1ST INF. DIV. POST

Richard Hearron, Director of the U.S. Army Garrison Fort Riley Safety Office, earned the 2018 Stalwart Award from the Installation Management Command leadership.

The Stalwart Award is given to employees who distinguish themselves as outstanding IMCOM civilians and exceed the call of duty to achieve Army and IMCOM objectives.

Before Hearron became director of garrison safety, he was a Soldier. He said he served as a 19D, a scout, and retired after 30 years of service as the 24th Infantry Division command sergeant major.

Hearron said while he enjoyed his time in the Army, he met a crossroad in life and decided to take the road leading to retirement and employment with the Garrison Safety Office.

"I knew I had this job when I was getting ready to retire," he said. "I started out on the tactical side of the house and did a deployment to Iraq with one of the brigades. I came back, and with my wife's help, made the decision to jump to the non-deployment side of the safety profession."

Hearron said at that time he assumed leadership of the Garrison safety program as well.

With a staff of five, Hearron said the GSO staff operates similar to an inspector for the Occupational Safety Health Administration. The staff conducts inspections for organizations such as Child Development Centers and playgrounds. They are also capable of tactical inspections.

He said his exceptional organization in safety for the past three to four years was a contributing factor in his receiving of the Stalwart Award.

"They really look at 'what are you doing for the future to meet the IMCOM goals and objectives?'" Hearron said.

Garrison Safety Office director
Rick Hearron

Other factors included the creation of the SafetyGo App with his team and the online collateral duty safety officer course. Additionally, Fort Riley has the lowest federal employee worker compensation cost compared to like installations.

"I am honored, I'm humble and I could sit here and tell you a thousand things the safety office does well," Hearron said. "I will also sit here and tell you it's not all because of me. I have a great staff (who) are highly trained and very professional. I enjoy what I do."

Hearron said he feels honored to be able to represent Fort Riley at the Garrison Commanders Conference in San Antonio. There he received the Stalwart award Nov. 29, as well as attended the conference and gained insight on the decision-making process for future.

Hearron said he looks forward to what each day brings while at work.

"I enjoy coming to work every morning," he said. "There are definitely some challenges out there. The job has taken me out of my comfort zone on several occasions, but I enjoy what I do. It's not about the awards, it's about taking care of Soldiers, family members, the civilian workforce and our retirees."



Will Ravenstein | POST

Matt Bollig, left, sports director of wheelchair basketball, Midwest Adaptive Sports, moves to block Staff Sgt. Joel England, Warrior transition Battalion, Irwin Army Community Hospital, Nov. 19 during the championship game of the WTB Wheelchair Basketball Tournament at Whitside Fitness Center. England and the team of WTB Soldiers fell to the WTB cadre. More on the game on page 11.

Wheelchair basketball allows Soldiers to remain competitive despite injuries

By Gail Parsons
1ST INF. DIV. POST

A fun, competitive spirit was in charge of the basketball court at Whitside Fitness Center during a Nov. 19 wheelchair basketball tournament.

Four teams, each with a professional player from Kansas City, played loose with the rules, but enjoyed the challenge of doing from a chair what many of them are accustomed to doing standing up.

Playing for the Warrior Transition Battalion Cadre was Sgt. 1st Class Andrew Maynard.

"I was an ST (Soldier in transition) myself," he said. "I had spinal fusion. After my spinal fusion was when I started playing wheelchair basketball with the Adaptive Reconditioning Program."

One of the requirements for Soldiers in the WTB is for them to participate in two ARP events a week.

"Something to get you out there doing something social and recovering," he said. "Once I returned to active duty, I became a platoon sergeant for the WTB."

He said he appreciates what the WTB does for Soldiers. Many of the ARP events allow them to retain their competitive nature despite injuries, which can sideline them from activities they enjoy.

"I am a competitive person," he said. "I enjoy competitive sports and watching these guys interact with each other, especially during wheelchair basketball, it helps them gain confidence and experience something they had never done before."

Joining him on the court was Matt Bollig, sports director of wheelchair basketball and

youth sports for Midwest Adaptive Sports, who also competes with the Kansas City Predators, one of two Kansas City teams.

Bollig started playing about five years ago after receiving an injury lifting weights in college. He went from playing football for Ottawa University in Kansas to playing wheelchair basketball for the University of Missouri and then Team USA.

He said when staff at the Wounded Warrior Project invited him to join them at Fort Riley for the tournament, he knew it would be a great opportunity to introduce people to the sport.

Nearly every professional basketball team has a wheelchair team, he said. However, since Kansas doesn't support an NBA team there's less knowledge about wheelchair basketball.

See BASKETBALL, page 8

Irwin Army Community Hospital awarded accreditation

By Jorge Gomez
IACH PUBLIC AFFAIRS

Irwin Army Community Hospital earned The Joint Commission's Gold Seal of Approval® for hospital accreditation and primary care medical home certification. The Gold Seal of Approval is a symbol of quality and an organization's commitment to meeting certain performance standards and providing safe and effective patient care.

At the ceremony to unveil the framed Gold Seal of Approval Nov. 20, Maj. Gen. John Kolasheski, 1st Infantry Division and Fort Riley commanding general, said readiness is more than just training Soldiers and equipping them for combat.

"If our Soldiers are not physically, mentally and emotionally competent, we are not ready," he said.



Maj. Gen. John S. Kolasheski, 1st Infantry Division and Fort Riley commander, and his wife Buffy, join Col. Theodore Brown, Irwin Army Community Hospital commander, and his wife Melissa, to unveil the accreditation certificates of Irwin Army Community Hospital and the Patient Center Medical Home Nov. 20. The documents are Gold Seals of Approval from The Joint Commission.

"That's where Irwin Army Community Hospital comes in ... Here (at IACH) we have a group of people who have done everything in their power to create systems that assure Soldiers receive the best care possible, as well as

their families and military retirees."

Col. Theodore Brown, hospital commander, said that when a Soldier or a family member is sick or injured, they don't have to wonder if they are getting the best care available.

"Accreditation means that a third party — a disinterested national body of medical experts — bears witness to our commitment to meet established standards of care," Brown said. "And that frees a Soldier or a family member to focus on healing."

The "Big Red One" Hospital underwent a rigorous, unannounced on-site survey June 25 through 29. During the review, a team of Joint Commission surveyors evaluated compliance with hospital standards related to several areas including: emergency management, environment of care, infection prevention and control, leadership and medication management. Surveyors also conducted on-site observations and interviews to assess how effective primary care clinicians and the interdisciplinary team work in partnership with patients to provide comprehensive, coordinated and patient-centered care.

The Joint Commission has accredited hospitals for more than 60 years. More than 4,000 general, children's, long-term acute, psychiatric, rehabilita-

tion and specialty hospitals maintain accreditation from The Joint Commission, awarded for a three-year period.

In 2013, The Joint Commission established the PCMH Certification which encourages hospitals to ensure patients receive timely and appropriate treatment. The PCMH Certification can result in increased patient satisfaction, improved patient outcomes and reduced overall costs to the healthcare system.

The Joint Commission's hospital standards are developed in consultation with health care experts and providers, measurement experts and patients. The standards are informed by scientific literature and expert consensus to help hospitals measure, assess and improve performance.

WHAT'S IN THIS ISSUE



MISSED ME

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Pathfinders, Red Cross conduct mind-body workshop

Story and photo by Andy Massanet
1ST INF. DIV. POST

The teams from the USO Fort Riley Pathfinder office and the American Red Cross joined forces to provide a mind-body workshop for Soldiers and families Nov. 15 at the USO center. The workshop, which focused on identifying depression and working through anger, was mediated by Camille Schaetzel, a marriage and family therapist and Navy retiree.

LOOKING FORWARD

On a whiteboard at the beginning of the session, Schaetzel wrote a comment by psychotherapist Rollo May: “Depression is the inability to construct a future.” Thus, the link was established between depressed persons, feelings of hopelessness, a belief there is nothing to live for and, often, thoughts of suicide. “You know, we see someone and think he has so many things and yet he commits suicide, and we wonder how someone with so much can kill himself,” Schaetzel said. “And when we are done here today, I hope you ‘get’ (understand) depression.” According to a Red Cross website dedicated to reconnection workshops for military members, <http://servicemembers.reconnection-workshops-g/>, this module is designed to help participants recognize and manage those behaviors, thoughts and feelings that could be signs or symptoms of depression. While anyone is subject to depression, it is particularly relevant to Soldiers, the website said, because of two factors; deployments to war zones, the difficulty associated with transitioning,



Camille Schaetzel, a marriage and family therapist and Navy retiree, leads the discussion during the USO Fort Riley Pathfinder and Red Cross sponsored mind-body workshop Nov. 15.

post-traumatic stress disorder, traumatic brain injury and other maladies. These things could result in a pre-occupation with the war, failure, guilt, the notion of being a burden to family, hopelessness, poor concentration or thoughts of suicide, Schaetzel said. “This is called rumination,” she said. “And service members might begin to think things like ‘my family would be better off without me.’ Suddenly, things that normally wouldn’t make sense, start making sense to them.” There are also behaviors that can come from this kind of rumination, Schaetzel said:

- Difficulty in making decisions
- High risk behaviors
- Loss of interest in activity or avoiding contact with others
- Excessive use of television, video games or pornography
- Alcohol and drug abuse

Other feelings may include; sadness, restlessness, low self-esteem, worry, feelings of guilt or worthlessness, agitation, irritability or anger.

The module featured discussions on how depression sufferers can help themselves, and loved ones. Dealing with depression in children was another topic.

WORKING THROUGH ANGER

According to the Red Cross website, this module addresses the anger that can occur when couples, families and other relatives and friends are reunited after a military deployment. Anger is a common feeling after deployment and is a natural human response. This module offers options for how to respond when faced with emotionally intense situations and events. But, while feelings of anger can be a normal response, military life is not conducive to dealing with angry feelings, Schaetzel said. “It (life in the military) does not help people manage or deal with anger,” she said. Things that may cause or exacerbate anger include shame, guilt, depression, the loss of a loved one, loss of control and the fear of embarrassment. The module on anger included in-depth discus-

sion on reintegration, ways a person handled anger in the past, understanding how anger works — mentally, emotionally and physically — how behaviors and the spoken word can either escalate or diffuse anger and anger management in both adults and children.

MORE WORKSHOPS

This was the final workshop at Fort Riley for 2018, said Crystal Bryant-Kearns, Senior Pathfinder operations manager, but more will be held in 2019. “We are tentatively looking at May and November for hosting another ARC workshop,” she said, but adds, “I believe that ARC (American Red Cross) hosts workshops throughout the year.” She encourages people to participate. “This is a free opportunity for our service members and their families to learn coping strategies in dealing with anger, stress and grief and, in today’s world,” Bryant-Kearns said, “we can all benefit from learning these techniques, and there’s no need to pay hundreds of dollars to see a therapist or counselor when you can simply attend a workshop and walk away with some reflection and tangible tools to better yourself and your relationships.” Upcoming workshops on other topics are:

- Financial Readiness, 11:30 a.m. to 1 p.m., Thursday, Dec. 6 at the USO Center. This includes a free lunch.
- Understanding Your VA Home Loan Benefit 11:30 a.m. to 1 p.m., Thursday, Dec. 13 at the USO Center. This also includes a free lunch.

Throwback uniform unveiled



Courtesy photo

A pair of Soldiers model prototypes of the Army Greens uniform. Initial fielding of the new uniform is expected to occur in the summer of 2020.

BY ARMY NEWS

WASHINGTON — The Army plans to issue a new World War II-style uniform starting the summer of 2020, as senior leaders look to sharpen the professional appearance of Soldiers and inspire others to join them. The Army Greens uniform, a version of the uniform once worn by the Greatest Generation, will now be worn by today’s generation as they lead the service into the future. “As I go around and talk to Soldiers... they’re very excited about it,” said Sgt. Maj. of the Army Daniel A. Dailey. “They’re excited for the same reasons why we wanted to do this. This uniform is very much still in the minds of many Americans.” The Army Service Uniform will revert to a dress uniform for more formal events, while the Operational Camouflage Pattern uniform will still be used as a duty uniform. The Army does not plan to get rid of the ASU or have Soldiers wear the Army Greens uniform in the motor pool, Dailey said Monday during a media roundtable at the Pentagon. “The intent is to not replace the duty uniform,” he said. “You’re still going to have a time and place to wear the duty uniform every day.” Ultimately, it will be up to the unit commander what Soldiers will wear. “It’s going to be a commander’s call,” said Brig. Gen. Anthony Potts, who is in charge of Program Executive Office Soldier, the lead developer of the uniform. “Each commander out there will have the opportunity to determine what the uniform is going to be.” The greens uniform, Potts said, will provide a better option to Soldiers who work in an office or in public areas. “What we found is that the ASU itself doesn’t really dress down well to a service uniform with a white shirt and stripes on the pants,” the general said Nov. 16 in a separate interview. In the summer of 2020, fielding is expected to start with Soldiers arriving to their first duty assignments. The uniform will also be available for Soldiers to purchase at that time. The mandatory wear date for all Soldiers is set for 2028. The new uniform will be cost-neutral for enlisted Soldiers, who will be able to purchase it with their clothing allowance. Before any of that, the greens uniform will begin a limited user evaluation within 90 days to help finalize the design. The first uniforms will go out to about 200 Soldiers, mainly recruiters, who interact with the public on a daily basis. “Every time you design a new uniform, the devil is in the details,” Potts said. The PEO Soldier teams will then go out and conduct surveys and analysis with those wearing the uniform. “What that does is that helps us fix or correct any of the design patterns that need to be corrected,” he said, “or any potential quality problems you might see with some of the first runs of new materials.” Program Executive Office Soldier worked with design teams at the Army Natick Soldier Research, Development and Engineering Center to modernize the WWII-era uniform. Some of the updates make the uniform more durable and comfortable, he said. “There will be differences,” Potts said. “Differences in materials, slight differences in design, but keeping the authentic feel of that time period and that original uniform.” The Army Uniform Board, part of the Army G-4 office, also sought and addressed feedback from the service’s first all-female uniform board. One approved change the female board recommended was the slacks and low-quarter dress shoes instead of the skirt and pumps. “It was a more comfortable uniform for them during the day,” Potts said of what he heard from female demonstrators who wore the uniform. “And they really felt like it was a very sharp uniform that they were proud to wear.” While the uniform is issued with an all-weather coat, there will be optional jackets for Soldiers to purchase and wear. An Eisenhower or “Ike” waist-length jacket will be available as well as a green-colored tanker jacket and a leather bomber jacket. Options for headgear will include the garrison cap and the beret, both of which will be issued. Soldiers will also have the option to purchase a service cap. For Soldiers who do wear the uniform, they will honor those who came before them. “This nation came together during World War II and fought and won a great war,” Dailey said. “And that’s what the secretary and the chief want to do, is capitalize on that Greatest Generation, because there’s another great generation that is serving today and that’s the Soldiers who serve in the United States Army.”

Battle of the Bulge: A victory that sealed Germany’s fate

COURTESY OF THE U.S. ARMY CENTER OF MILITARY HISTORY

Editor’s note: Dec. 16 marks the 74th anniversary of the Battle of the Bulge

In late 1944, during the wake of the Allied forces’ successful D-Day invasion of Normandy, France, it seemed as if the Second World War was all but over. But on Dec. 16, with the onset of winter, the German army launched a counteroffensive that was intended to cut through the Allied forces in a manner that would turn the tide of the war in Hitler’s favor. The battle that ensued is known as the Battle of the Bulge. The courage and fortitude of the American Soldier was tested against great adversity. Nevertheless, the quality of his response ultimately meant the victory of freedom over tyranny. Early on the misty winter morning of Dec. 16, more than 200,000 German troops and nearly 1,000 tanks launched Adolf Hitler’s last bid to reverse the ebb in his fortunes that had begun when Allied troops landed in France on D-Day. Seeking to drive to the coast of the English Channel and split the Allied armies as they had done in May 1940, the Germans struck in the Ardennes Forest, a 75-mile stretch of the front characterized by dense woods and few roads, held by four inexperienced and battle-worn American divisions stationed there for rest and seasoning. After a day of hard fighting, the Germans broke through the American front, surrounding most of an infantry division, seizing key crossroads and advancing their spearheads toward the Meuse River, creating the projection that gave the battle its name. Stories spread of the massacre of Soldiers and civilians at Malmédy and Stavelot, of paratroopers dropping behind the lines and of English-speaking German soldiers, disguised as Americans, capturing critical bridges, cutting communications lines and spreading rumors. For those who lived through 1940, the picture was all too familiar. Belgian townspeople put away their Allied flags and brought out their swastikas. Police in Paris enforced an all-night curfew. British veterans waited



Courtesy photo

American engineers emerge from the woods and move out of defensive positions after fighting in the vicinity of Bastogne, Belgium.

nervously to see how the Americans would react to a full-scale German offensive, and British generals quietly acted to safeguard the Meuse River’s crossings. Even American civilians, who thought final victory was near, were sobered by the Nazi onslaught. But this was not 1940. The supreme Allied commander, Gen. Dwight D. Eisenhower rushed reinforcements to hold the shoulders of the German penetration. Within days, Lt. Gen. George S. Patton Jr. had turned his Third U.S. Army to the north and was counterattacking against the German flank. But the story of the Battle of the Bulge is above all the story of American Soldiers. Often isolated and unaware of the overall picture, they did their part to

slow the Nazi advance, whether by delaying armored spearheads with obstinate defenses of vital crossroads, moving or burning critical gasoline stocks to keep them from the fuel-hungry German tanks, or coming up with questions on arcane Americana to stump possible Nazi infiltrators. At the critical road junctions of St. Vith and Bastogne, American tankers and paratroopers fought off repeated attacks, and when the acting commander of the 101st Airborne Division in Bastogne was summoned by his German adversary to surrender, he simply responded, “Nuts!” Within days, Patton’s Third Army had relieved Bastogne, and to the north, the 2nd U.S. Armored Division stopped en-

emy tanks short of the Meuse River on Christmas. Through January, American troops, often wading through deep snow drifts, attacked the sides of the shrinking bulge until they restored the front and set the stage for the final drive to victory. Never again would Hitler be able to launch an offensive in the west on such a scale. An admiring British Prime Minister Sir Winston Churchill stated, “This is undoubtedly the greatest American battle of the war and will, I believe, be regarded as an ever-famous American victory.” Indeed, in terms of participation and losses, the Battle of the Bulge is arguably the greatest battle in American military history.

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Ethics of holiday gift giving for government workers

Story by Téa Sambuco
1ST INF. DIV. POST

With Thanksgiving done and Christmas right around the corner, gift giving begins. However, the Army requires a level of ethics be followed when accepting gifts in a government environment.

Merriam-Webster dictionary describes “ethical” as “conforming to accepted standards of conduct.” The website www.military.findlaw.com, states ways military personnel and their families can stay within those standards of conduct.

RULES

The website gave a general rule for giving and accepting gifts. The law states Department of Defense card holders cannot accept gifts based on their official position, and they cannot accept gifts from a prohibited source.

Prohibited sources include foreign governments and entities, such as defense contractors, seeking to do business with the military. Gifts in the workplace from subordinate to superior are also regulated, but the rule is slightly lax for events such as holiday parties and weddings. A limit of \$10 per person is in effect.

EXCEPTIONS

According to www.doi.gov, “Under the ethics regulation, a gift is anything that has monetary value.” With that being said, some items are not considered gifts that can be accepted without worrying about who is offering or why.

- Modest items of food and non-alcoholic refreshments such as soft drinks, coffee and donuts, not offered as part of a meal

- Greeting cards and items of little intrinsic value such as plaques, certificates or trophies, which are intended primarily for presentation
- Prizes in contests open to the general public
- Commercial discounts available to the general public or to all government employees
- Commercial loans, pensions and similar benefits on terms available to the general public
 - Anything for which you pay fair market value
 - Anything paid for by the government
 - Free attendance provided by the sponsor of an event to which you have been assigned to present information on behalf of the agency

HOW TO DECLINE

According to an article by Walter M. Shaub, Jr. for the United States Government of Ethics website, oge.gov/web/oge.nsf/Resources/AA+Holiday+Reminder+about+the+Gift+Rules, sometimes employees find declining gifts to be awkward, usually because they are afraid to seem rude or ungrateful.

“While these are legitimate concerns,” the website read, “situations in which employees must decline gifts present opportunities to educate the public on the government’s high standards for impartiality and integrity.”

The website instructed government employees to explain they are not rejecting the generosity and the meaning of the gift, but they are unable to accept due to rules of public service.

The website includes a poem to help remember ethical gift giving and accepting.

THE HOLIDAY SEASON

The holiday season – a time for good cheer! For egg-nog, for parties, for friends to be near.
But I must be careful
Lest I accept free
a gift not permitted, no matter how wee.

Part two six three five of the 5 CFR Explains in detail the relevant bar.
It defines the term gift
To mean all things worth money.
That's NBA tickets or jars full of honey.

Some gifts may be taken but some are verboten.
The source is the key - it's the rule that I'm quotin'.
When from me or others
The source seeks some act,
I must find an exception or I could be sacked.

Even others who give can cause problems for me.
If my job prompts the giving - my position, you see.
But lucky for me,
Some exceptions exist.
They're in subpart B and should not be missed.

I can pay market value if the gift I do like,
Or I can at my option say "go take a hike."
I can always say no,
But I need not decline.
If worth twenty or less then the gift can be mine.

This exception has prompted some very loud hollers.
It says gifts are okay if worth twenty dollars.
But surely the public
Is certain to see,
I could never be bought for a sandwich and tea.

Restrictions apply so it does not suffice
to pay twenty bucks for a gift twice the price.
And in any one year
I can't use it, of course,
To go over the limit - fifty dollars per source.

For gifts that a friend or my sister might send,
The rules recognize I don't want to offend.
Regardless of value,
It only must be
That their motive to give wasn't business,
but me.

The rule's much the same in the case of my spouse
Who happens to work as she can't stand our house.
Although her employer
Is one of those sources,
I can go to their fete and avoid more divorces.

In the case of most parties, the rule's not so clear
As the agency must have an interest, I fear.
If worth more than twenty
And it's no friend true,
Then I'd better seek guidance or I could be blue.

When foreign officials are giving the gift,
The rules are less strict so I don't cause a rift.
I can take it if
Fair market value U.S.
Is three hundred fifty dollars or less.

I can give to my boss to a limit of ten -
A baseball, a cap, or a blue ballpoint pen.
If not to my boss
Or my chain of command,
To a friend I can give more without being canned.

I always look forward to my office party.
We're all in good moods and the food is so hearty.
If no arm is twisted,
Collecting is okay
To make sure that everyone has a good day.

But finally, how would these rules affect me
If I served the President as “appointee”?
I know that appointees
Must sign when they're hired
A short ethics pledge (or they risk being fired.)

The same rules apply to a person who signed
Except there's an extra gift rule that's enshrined:
No gifts from a source
Listed as “lobbyist” -
Though no friend or kin is required to be dissed.

So go forth with good cheer and know
there's no reason
To think that the gifts rules will ruin your season.

YOU CAN HELP PREVENT NEIGHBORHOOD CRIME



Neighborhood crime prevention tips

- Be alert and aware of your surroundings.
- Vary routines to be less of a target.
- Lock home and cars.
- Keep packages and valuables out of sight in cars.
- Don't put expensive gift packages — such as new electronics — at curbside for trash pickup.
- Report any suspicious activities.

If you see suspicious activity call 911.
Stay safe, let security personnel investigate.

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2018





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Riley's Conference Center Parking Lot


Free fresh Christmas trees available for active-duty Soldiers and their families, on a first-come, first-served basis.

Blue & Gold Star Families will be given priority at 7am and other families shortly after.

If trees are remaining after 9am, they will be moved to the Outdoor Adventure and Travel Center and will be available for pick up on December 3, 10am until gone.

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What should I do?

You do not need to use an alternative (e.g., bottled) water supply. However, if you have specific health concerns, consult your doctor.

What does this mean?

This is not an immediate risk. If it had been, you would have been notified immediately. However, Some people who drink water containing trihalomethanes in excess of the MCL over many years may experience problems with their liver, kidneys, or central nervous systems, and may have an increased risk of getting cancer.

What happened? What is being done?

The longer the disinfectant is in contact with the water, the more TTHM is formed. The low water usage in this area means the disinfectant has more time in contact with the water while it is in the distribution system. We are increasing our flushing schedule to reduce the water age in the system.

We anticipate resolving the problem IMMEDIATELY.

For more information, please contact:
[The Fort Riley Operations Center at \(785\) 239-2222](tel:7852392222)

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THE MONTH OF NOVEMBER IS

MILITARY Family MONTH | Staying Ready Together







Will Ravenstein | POST
Members of the 1st Infantry Division Jazz Band march down Sixth Street in Junction City Nov. 23 during the annual Christmas Parade. The band members played festive music as they marched down the street trailing behind the Commanding General's Mounted Color Guard.

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those with a valid military ID card, or who have an access pass or badge, wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit <https://home.army.mil/riley>.

The Fort Riley Visitor's Control Center is open Monday to Friday from 5 a.m. to 11 p.m., weekends and federal holidays from 8 a.m. to 4 p.m.

The access control point hours are:

Henry/Trooper/Ogden/Estes:
Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:
Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there is no designated POV lane.

Outbound traffic is not authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:
Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

FUTURE PROJECTS - STAY INFORMED
Stay up to date on all road construction projects happening on Fort Riley, download the Fort Riley app from the iOS or Google Play store.

Winter, military vehicles: don't let frost bite get your equipment

BY ARMY NEWS

FORT RUCKER, Ala. — During the winter, driving becomes more hazardous, and extreme weather can take its toll on both vehicles and drivers.

Taking appropriate steps such as conducting by-the-book preventive maintenance checks and services, and applying risk management before hitting the road could save drivers from breakdowns and potentially dangerous situations.

Climate changes have an effect on vehicles and equipment. Reliable transportation is vital to keeping Soldiers safe and accomplishing missions. Soldiers and leaders must realize highways and roads can become slick and treacherous during winter.

As road conditions deteriorate, drivers shouldn't overreact with quick starts, turns or stops. When starting, drivers should accelerate slowly while keeping the front wheels pointed straight ahead. They should also keep their speed down and increase following distances behind other vehicles. A four-second gap or more is a good interval on a slippery road.

Applying brakes with steady pressure may prevent locked wheels and skids. If the vehicle begins to skid, drivers should lightly turn into the skid and ease the foot off the gas pedal until they regain control.

Another important factor to consider before entering the winter season is vehicle preparation. Vehicle operators need to keep assigned equipment in proper running condition throughout the colder months. Vehicles should be winterized around September or early October — before cold weather sets in.

During the winter, not only should vehicles be kept fully mission capable, they also need to be winterized in an effort to avoid inconvenient or dangerous situations while traveling in inclement weather. The last thing a driver needs is a vehicle that breaks down in harsh winter weather.

As nearly any driver can attest, the cold months can be quite hard on Army vehicles. Not only does an engine re-



Scott Sturkol | Army News
Soldiers at Fort McCoy, Wisconsin, training at Operation Cold Steel II exercise prepare for a training scenario on a snowy day, April 3, 2018. Operation Cold Steel II is a validation exercise to ensure Army Reserve units and Soldiers are trained and ready to deploy on short notice as part of Ready Force X, according to the Army Reserve.

quire special attention to get it purring in freezing temperatures, the exterior and other components can take a beating as well.

Although Army vehicles are designed to operate well in all temperatures, take the following measures before the winter weather arrives:

- Perform preventive maintenance checks and services. Conduct the before, during, and after checks as prescribed by the vehicle's technical manual. Ensure scheduled maintenance is performed in accordance with the vehicle service intervals.
- Check engine coolant. Make sure the recommended coolant has the proper mix of antifreeze and water. A coolant system is not only designed to keep the engine from overheating or freezing, it's also responsible for protecting it against corrosion.
- Check the oil. Refer to the equipment manual for the vehicle-specific oil level and viscosity. When the outside temperature changes, it will influence the internal engine temperature, so make sure to use the proper oil for the conditions.
- Check battery. Have the battery checked by maintenance personnel. Ensure the battery connections are free of corrosion. A vehicle battery can die without notice.

During extreme winter temperatures, a battery's life may be reduced by 30 percent.

- Check the lights, defroster and heater. Ensure all components are operational.
- Check tire tread depth. Ensure the depth is within the measurement prescribed by the manual and the tires are serviceable to avoid hydroplaning or loss of control.
- Check tire pressure. Make sure to inflate tires to the proper pressure listed in the manual. Tire pressure is especially important during winter, as a properly inflated tire will provide better traction in wet, snowy conditions.
- Check brakes. Ensure the brake lines and hoses are serviceable and brake fluid is at the proper level.
- Check windshield wiper blades and fluid. Check the condition of windshield wiper blades and replace worn blades before driving. Also, check and fill the wiper fluid reservoir. Limited visibility while driving can be frustrating and dangerous. Precipitation and salt buildup on the windshield can wreak havoc.
- Check basic issue items. Ensure the basic issue inventory is complete and all items are in the vehicle during operation. Components of BII are designed to

help personnel during emergencies.

- Inspect tire chains. Ensure they are serviceable and crews are trained on how to properly install them.
- Carry an emergency kit. Additional items such as gloves, ice scraper, windshield washer fluid, jumper cables, first-aid kit, snow shovel and flashlight will assist during emergency situations.
- Don't be overconfident. Whether the vehicle is a four- or two-wheel drive, both will slip on ice, so drivers must be extra careful.
- Check road conditions. Know the difference between conditions. Vehicle operations may start out as green or amber but could change to red or black during your mission.

Along with these tips, it's imperative drivers heed the warning and caution statements listed in the vehicle's manual. Prior planning, winterizing vehicles^o and applying safe habits are all key components of safe driving habits.

Through proper understanding of winter driving and vehicle operations, the Army can reduce accidents. With the information and resources available in the Driver's Training Toolbox, every Soldier has the tools to drive and complete the mission safely. Visit the Driver's Training Toolbox at <https://safety.army.mil/drivertrainingtoolbox> for more information.

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RILEY ROUNDTABLE

What was the essential item you were looking for at the Exchange on Black Friday?



"Winter coat."

ALLISON GARCIA
SOLEDAD, CALIFORNIA

Wife of Sgt. Moises Garcia, 1st
Infantry Division Artillery



"75" TV on sale for \$999."

PFC. MAURICE LENNON
JAMAICA

3rd Battalion, 66th Armor Regiment, 1st
Armored Brigade Combat Team, 1st Infantry
Division



"Laptop."

PFC. DILLON NIFFER
CLARKSVILLE, MISSOURI

1st Engineer Battalion, 1st ABCT, 1st Inf. Div.



"They didn't have what I wanted here,
but I got some nice pajamas.."

ALEXA SHARR
HAGERSTOWN, MARYLAND

Wife of 1st Lt. Nick Sharr, 2nd Battalion, 70th
Armor Regiment, 2nd Armored Brigade Combat
Team, 1st Inf. Div.



"Kitchen Aide mixer, no sale here so will
look somewhere else."

SPC. ALBERT TAYLOR
FAIRFIELD, CALIFORNIA

Irwin Army Community Hospital

THE 1ST INFANTRY DIVISION POST

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For news offerings, call the Fort Riley Public Affairs Office at 785-239-3328 or DSN 856-3328, or email usarmy.riley.imcom.mbx.post-newspaper@mail.mil

LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

SAFETY CORNER

Winter holiday safety tips for home, away

By "Safety" Ron Clasberry
GARRISON SAFETY OFFICE

This holiday season, don't let the spirit of giving lull you into giving burglars, muggers and pickpockets a better chance to do their dirty work. Crooks love the holidays as much as everyone else, especially because it's an opportune time for crime.

It's also time to start planning to add festive touches to the interior or exterior of your home. Although we find holiday decorating to be a fun and festive activity, it can also be hazardous and may result in injuries. Garrison Safety Office would like for Team Riley to enjoy this time of year and not spend time recovering from a hazardous event or preventable injury, or visiting the hospital for a devastating fall or burn.

Here are some facts: According to the U.S. Consumer Product Safety Commission, 15,000 people were injured and taken to emergency rooms last November and December because of holiday decorating.

Injuries from falls were the most common cause, accounting for 34 percent of holiday decorating-related emergency room visits. Lacerations made up 11 percent of visits, and back strains made up 10 percent.

DECORATIONS ON FORT RILEY

In accordance with Fort Riley regulations seasonal decorations wired for illumination will be constructed of non-combustible materials only and will bear an approval label, such as the Underwriters Label. Such decoration will not have a switch between the outlet and the device. It shall be plugged in only during such time as a responsible adult is on the premises. In addition, potentially combustible items such as Christmas trees are prohibited within 10 feet of any exit.

Here are some tips on how to celebrate safely this holiday season:

HOLIDAY DECORATING

- Use non-flammable decorations.
- Check holiday lights annually for excessive wear, and replace strings of lights with worn or broken cords or loose bulb connections.
- Do not link more than three strands of holiday lights.
- Remember, some lights are only for indoor or outdoor use, but not both.
- Place burning candles in stable holders where they cannot be knocked down easily and never leave them unattended.
- Keep Christmas trees away from heat sources and exits.
- Only purchase live Christmas trees that are fresh and with green needles that are hard to pull from branches.
- Water live Christmas trees daily to prevent them from catching on fire.
- Never use electric lights on metallic trees.
- When using a ladder to hang decorations, always make sure the ladder is on even and solid ground, and keep three body parts in contact with the ladder at all times.
- Never run electrical cords under rugs or carpeting; it's also best to tape cords down to avoid trip hazards.

OUT OF TOWN HOLIDAY SAFETY

- Don't leave keys hidden outside your home, as burglars often know how to spot the most common hiding places.
- To make it look like someone is home, set a DVR to record shows at random times so the TV will come on.
- Use timers for lights in several different rooms and set them to come on and off at random times.
- Avoid posting any status updates or public announcements on social media sites or blogs regarding travel plans.

- Have a trusted friend or neighbor pick up your newspapers, mail or other expected deliveries.

HOLIDAY SHOPPING SAFETY

- Shop with a friend or in a group; never shop alone.
- Be alert; always be aware of your surroundings.
- Bring only the cash and credit cards you will need.
- Never keep your wallet or phone in your back pocket.
- Ladies, keep your purse closed and toward the front of your body.
- Always park and stand in well-lit areas.

ONLINE SHOPPING

- Only buy from sites that start with "https://".
- Verify the business you are buying from is legitimate by using sites like Epinions.com or BizRate.com.
- Make sure your security software is up-to-date before shopping.
- Never enter sensitive or financial information into pop-up windows on suspicious emails.
- Dedicate one credit card for all your shopping needs.
- Do not shop using public Wi-Fi, as any sensitive information you provide could be fraudulently used.
- Create complex passwords on shopping sites, combining letters, numbers and special characters.
- Turn off Bluetooth and switch to cellular before you make a purchase.

For more information on holiday safety, contact the Garrison Safety Office at, 785-240-0647. Merry Christmas and have a safe and prosperous New Year!

ASK DR. JARGON

Go ahead – stay warm, snivel gear up

Dear Doc Jargon,

During last weekend's storm, a couple of the guys in my unit got caught out on the interstate while the blizzard blew through. Since then, a lot of people are talking about dragging their snivel gear out and stashing some in their car for winter emergencies. I kind of get what snivel gear is, but I'm real curious as to why the right gear for the right weather would be called snivel gear. It almost sounds like if you use it, you're a whiner. Can you shed a little light on the term and where it comes from?

Signed,

Pvt. Warm and Sniveless

Dear Warm,

The term did start out as a descriptor for cold weather gear. The idea behind the slang was that cold-weather gear would make Soldiers stop their sniveling when the weather conditions were less than ideal. The term's meaning has since grown to include just about anything that would make a Soldier more comfortable in a field setting. It could be your pillow, a sweat rag, poncho liner – anything you pack for personal comfort. It includes military issue items and personal gear you bring with you. However, it doesn't

mean you shouldn't use it because you think it makes you look like you aren't tough. Heck, you are issued that gear for a reason. To keep you comfortable enough that your mind can stay on the job in front of you.

Additionally, hypothermia doesn't just occur when it's freezing out. If your body is tired from physical labor and you cool off from that exertion — you could have a hard time producing your own body heat from sheer exhaustion. A jacket or poncho liner just might be the simple measure of saving some of your body heat and prevent a reduction in your own core temperature. Once you are rested and warm, your recovery, provided you are healthy, is pretty quick. Stay cold and tired and you could face some of the same effects as someone out in a much colder environment. I think the key is to listen to your body — if you need extra warmth — add that liner or wear a hat. It could make you more physically resilient and that's what the cold-weather gear is really all about — sniveling is optional.

On another note, your buddies are pretty smart to ensure they have some emergency-only cold weather stuff in their cars. If they were to get stuck, run out of gas, have a mechanical problem or just have to wait out a storm, having an emergency kit will definitely make

life more comfortable and it could even be lifesaving.

- Cell phone car charger
- Drinking water
- Duct tape
- Fire extinguisher
- First aid kit
- Flashlight and extra batteries
- Foam tire sealant
- Jumper cables
- Multipurpose utility tool
- Nonperishable snacks (a Meal-Ready-To-Eat is perfect for this)
- Portable electric tire air pump
- Rags
- Rain poncho
- Reflective warning triangles or roadside flares
- Tire pressure gauge
- Tow strap or tow rope
- Blankets and extra warm clothing, hats, and gloves
- Cat litter, multi-purpose safety absorbent or sand to provide traction
- Foldable shovel
- Windshield ice scraper

Stay warm this winter,

Doc

Email your military lingo questions to Doctor Jargon at doctorjargon@gmail.com.

IMPORTANT DATES FOR OVERSEAS SHIPPING TO GUARANTEE DELIVERY BY CHRISTMAS ACCORDING TO USPS.COM

APO/FPO/DPO AE ZIPs

	090-092	093	094-098
Space Available Mail –	Nov. 27	Nov. 27	Nov. 27
Parcel Airlift Mail –	Dec. 4	Dec. 4	Dec. 4
Priority Mail –	Dec. 11	Dec. 4	Dec. 11
First-Class Mail –	Dec. 11	Dec. 4	Dec. 11
Priority Mail Express Military Service –	Dec. 18	NA	Dec. 18

AA ZIP 340

Space Available Mail –	Nov. 27
Parcel Airlift Mail –	Dec. 4
Priority Mail –	Dec. 11
First-Class Mail, letters and cards –	Dec. 11
Priority Mail Express Military Service –	Dec. 18

AP ZIP s962-966

Space Available Mail –	Nov. 27
Parcel Airlift Mail –	Dec. 4
Priority Mail –	Dec. 11
First-Class Mail, letters and cards –	Dec. 11
Priority Mail Express Military Service –	Dec. 18



The next USAG
Resilience Day
Off is

Dec.

7

HAVE A
STORY
IDEA?

Send it to usarmy.riley.imcom.mbx.post-newspaper@mail.mil or call
785-239-8854/8135.



The theme of this year's Thanksgiving dinner at Demon Diner dining facility at Fort Riley, was football. Decor and edible displays reflected the theme and food service Soldiers wore jerseys from their favorite teams. Each of the dining facilities on Fort Riley had their own decorative theme which was judged for the annual competition.



Command Sgt. Maj. Quentin Fenderson and Col. Charles Armstrong, 1st Armored Brigade Combat Team, 1st Infantry Division and Fort Riley commanding general, cuts a ceremonial cake during Thanksgiving meal service Nov. 20 at Devil's Den dining facility.



Capt. Jonathan Harnish, commander 73rd Military Police Detachment, 97th Military Police Battalion, pulls the third turkey out of the fryer Nov. 22 for a Thanksgiving meal prepared for the Soldiers who were on duty. The homemade meal put, featured holiday favorites with many items made by Soldiers or spouses not living in the barracks.



Maj. Gen. John Kolasheksi, 1st Infantry Division and Fort Riley commanding general, meets with food service Soldiers at Demon Diner dining facility Nov. 20 at Fort Riley.



Lt. Col. Courtney Sugai, 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade, commander, and Sgt. 1st Class Kenneth Ordenez, Headquarters and Headquarters Company, 541st CSSB, 1st Inf. Div. Sust. Bde., senior noncommissioned officer, serve Thanksgiving lunch to Soldiers of the 1st Inf. Div., at the Cantigny Dining Facility Nov. 21. Command teams from the 541st CSSB, 1st Inf. Div. Sust. Bde., continued the tradition of senior leaders serving Soldiers during this holiday season.



Amanda Kim Stairrett | 1st Inf. Div. Public Affairs Office
Soldiers from the 1st Infantry Division partake in Thanksgiving lunch at Demon Diner dining facility Nov. 20,



Courtesy photo
Capt. Samantha Farr, 1st Support Maintenance Company, 541st Combat Sustainment Support Battalion, 1st Sustainment Brigade, commander, and 1st Sgt. Kevin Witham, 1st SMC, 541st CSSB, 1st Inf. Div. Sust. Bde., senior noncommissioned officer, serve Thanksgiving lunch to Soldiers of the 1st Inf. Div. Nov. 21 at Cantigny Dining Facility.



Amanda Kim Stairrett | 1st Inf. Div. Public Affairs Office
Maj. Gen. John Kolasheksi, 1st Infantry Division and Fort Riley commanding general, meets with food service Soldiers at Demon Diner dining facility Nov. 20.



Courtesy photo
Lt. Col. Reginald White, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division commander, and Command Sgt. Maj. Robert Niter, 541st Combat Sustainment Support Battalion, 1st Inf. Div. Sustainment Brigade, senior noncommissioned officer, serve Thanksgiving lunch to Soldiers of the 1st Inf. Div. at the Cantigny Dining Facility Nov. 21.



Amanda Kim Stairrett | 1st Inf. Div. Public Affairs Office
Soldiers and families of the 1st Infantry Division partake in Thanksgiving lunch at Demon Diner dining facility Nov. 20.



Will Ravenstein | POST
Members of the 97th Military Police Battalion who were on duty as law enforcement officers Nov. 22 were treated to a meal provided by officers and noncommissioned officers. Once they completed their meal, they relieved Soldiers on the road for their turn.



Sgt. Michael L. K. West | 24th Press Camp
Brig. Gen. Todd R. Wasmund, 1st Infantry Division Atlantic Resolve Mission Command Element commander, Command Sgt. Maj. Craig Bishop, 1st Infantry Division command sergeant major, and Sgt. Maj. Sael Garcia, senior enlisted advisor for 1st Infantry Division Atlantic Resolve Mission Command Element, pose for a group photo with dining facility workers during Thanksgiving dinner at Poznan, Poland, Nov. 22. . Unit leaders traditionally serve their Soldiers during Thanksgiving to demonstrate service and to express appreciation.

BASKETBALL

Continued from page 1

“I wanted to raise awareness and let people know about the sport,” he said. “And to let soldiers who are eligible know that there is something out there to play and a way to be active after an injury or accident.”

Wheelchair basketball is for anyone with a lower body injury whether it’s a knee replacement, the loss of a couple of toes or an amputation. The sport is not limited to only those who rely on a wheelchair for mobility.

“Technically you cannot compete at a high level with a lower body extremity that is a permanent impairment,” he said.

Regardless of the level of a player’s mobility, once they are strapped in the chair, the rules are all the same and similar to traditional basketball.

However, the obvious challenge is moving across the court on wheels instead of feet. Bollig said beyond that “it’s just basketball.”

Maynard said he thinks there’s a little more to it. He recalled when he first starting playing, it was awkward.

“It gives you a new perspective,” he said. “It is completely different. You are sitting down shooting a basketball. The whole dynamic is different — shooting the ball is different. Controlling the wheelchair takes a lot of core mobility.”

He said he appreciated the team coming in from Kansas City to play and teach them a few things. The visit was



Will Ravenstein | POST

Sgt. 1st Class Andrew Maynard, Warrior Transition Battalion, Irwin Army Community Hospital, lines up his shot while rolling towards the net Nov. 19 at Whitside Gym.

prompted by an invitation from the Wounded Warrior Project, who the WTB asked to help with the tournament.

Corey Wright works with WWP’s Project Odyssey and previously worked with the ARP at Fort Riley so, the invitation to come back was welcomed.

He works daily to try and make sure Soldiers know of

the many opportunities available to them. While their life will change because of an injury, there is still a lot they can do.

“It’s a way to show there are other ways to live,” he said. “There are a lot of back injuries, knee injuries but you can still get out there and be active and integrate with the community.”

HOLIDAY SPIRIT

Curtis Wood, Directorate of Plans, Training, Mobilization and Security, assists with hanging decorations on the Christmas tree inside Building 500 Nov. 20 as garrison employees decorate the front lobby. U.S. Army Garrison Fort Riley will host a holiday tree lighting ceremony Dec. 6 at 5:30 p.m. to include a visit with Santa Claus inside the building.



Will Ravenstein | POST

Santa’s elves bring holiday cheer, spirit to Fort Riley

By Ellery Sedlacek
KANSAS STATE UNIVERSITY JMC STUDENT

“... their eyes lit up, they were super excited, and it was just pure joy and excitement,” said Sgt. 1st Class Bryan Ferguson, head elf for Operation Santa Claus. “It’s a good feeling.”

Fort Riley hosted its opening ceremonies to kick off the 34th Operation Santa Claus on Nov. 5. Operation Santa Claus’ mission is to provide toys to active Soldiers’ families

on post who are in financial need.

Ferguson said leadership at Fort Riley determines who gets added to the list, but Operation Santa Claus gives toys to 1,000 - 1,500 kids, ages birth to 18 years, on average each year.

“It’s just a positive thing we’re doing,” Ferguson said. “Everybody has an upbeat attitude about it, so it’s just a great program.”

Donations of cash, checks or new, unwrapped toys will be accepted until Dec. 21.

Any donations made after this date will be applied to next year’s event, said Ferguson.

Donation boxes are located throughout Fort Riley and businesses in Junction City, Ogden and Manhattan.

Ferguson said the elves are behind on the number of toys they have collected due to a pipe bursting and damaging toys in the old location of Santa’s workshop. Despite the setback, Ferguson said he is confident they will get enough toys.



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- CME 15 SPC-SFC, WO2-3 (FW), CPT (FW)
- CME 25, 94E SPC-SFC, WO2-3, CPT
- CME 35, 12Y SPC-SFC, WO2-3, CPT

Email - TM2@usapab.mil

ENABLER

- 15P, CMF 18, CMF 25, 31B, CMF 35, 36B, 42A, 51C, 68J, 68W-W1-F2, 74D, 91B, 92A-R-Y, 94E-W SGT-SFC
- 11A (Ranger), 18A, 25A, 35D, 35E, 90A, 255A/N, 350F, 351L

WO2-4, CPT/MAJ

Targeting Officers

35F SPC-SFC

Email - TM3@usapab.mil

Fort Riley Briefing Locations

Open to All Personnel

1st ID Headquarters Bldg. 580 Room 334

Wednesday, 28 Nov 1000-1100
Thursday, 29 Nov 1000-1100
Friday, 30 Nov 1100-1200

POC: TM3@usapab.mil



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Dillard's

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Debbie Clark, museum specialist, explains what some of the items in the kitchen of the Custer House are and what they were used for during docent training Nov. 14.

PROVIDING A GUIDING LIGHT

Volunteers learn docent training to give guided tours

Story and photos by Gail Parsons
1ST INF. DIV. POST.

When Soldiers and their families move onto Fort Riley, they are entering a military installation with a history stretching back to the 1850s. With the effort of museum staff and many volunteers, residents and visitors can learn what life was like in the days when the first limestone buildings were erected.

Amy Copsetta, museum support, and Debbie Clark, museum specialist guided a group of new docents from the Historical and Archaeological Society of Fort Riley through the Custer House Nov. 14.

Copsetta said having docents conduct tours is one way for members of HASFR to support the museum. Although the Custer House is closed through the winter months, people can still request tours and it is helpful to have several people potentially available to be on hand to help.

See DOCENT, page 10



Debbie Clark guides a docent training session at the Custer House on Nov. 14. Docents can help conduct tours for private groups or when the house is open.

“I like the military history here. That really excites me, and it’s something different — the pioneer era and the different way of life being out here.”

STAFF SGT. RONNIE FRAZEE | 267 SIGNAL COMPANY, 1ST SPECIAL TROOPS BATTALION, 1ST INFANTRY DIVISION SUSTAINMENT BRIGADE

Operation Santa Claus taking toys, registrations

Officials report need for items targeting teenage population

By Gail Parsons
1ST INF. DIV. POST

Operation Santa Claus is in full swing with toys coming in for the children of Fort Riley Soldiers.

“Everything’s going pretty well,” said Head Elf, Sgt. 1st Class Bryan Ferguson, 1st Battalion, 5th Field Artillery Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division. “We had a toy drop from the [1st Infantry Division Artillery] this morning (Nov. 11) from when they did their annual turkey bowl and on the

“Everything’s going pretty well. We had a toy drop from the [1st Infantry Division Artillery] this morning (Nov. 11) from when they did their annual turkey bowl and on the 28th, 1st Brigade is supposed to come through and do a pretty nice toy drop.”

SGT. 1ST CLASS BRYAN FERGUSON | 1ST BATTALION, 5TH FIELD ARTILLERY REGIMENT, 1ST ARMORED BRIGADE COMBAT TEAM, 1ST INFANTRY DIVISION

28th, 1st Brigade is supposed to come through and do a pretty nice toy drop.”

Ferguson reports the toys coming in are mostly for younger children. There is a need for gifts for the 12- to 18-year age group.

Joe Escobar, Exchange store manager, said this year’s hot items for teens are anything that has to do with gaming systems.

“One of the big things they came out with lately is the (Nintendo) Switch,” he said. “The popular game right now that is out for the Switch is Pokémon Let’s Go.”

Nintendo Switch can transform from home consoles to portable systems. Pokémon Let’s Go brings the player into Kanto — the home of the Pokémon characters where

they can vie for the title of best Pokémon trainer.

TO REGISTER

Any Soldier or spouse of a Soldier, who would like some assistance this holiday should speak to their chain of command, Ferguson said.

There are no forms to fill out or income requirements to prove. The chain of command

DID YOU KNOW?

- For the most part, **Operation Santa Claus** targets families of Soldiers E1 through E4. However, with brigade-level approval, sergeants and higher may be eligible.

is responsible for verifying need and adding the names to the list.

Leaders look at what the needs are for the families and confirm funds are tight for the holiday.

“Each situation will be different, but it will be up to the command to make that judgement,” he said.


For the most part, Operation Santa Claus tar-

gets families of Soldiers E1 through E4. However, because of any number of different situations, sergeants and higher may be eligible, but those approvals will need to be made at the brigade level.

Knowing that pride might prevent some Soldiers from stepping forward, the command can broach the subject with Soldiers they feel might benefit from Operation Santa Claus.

“If they know somebody needs help, they can definitely add them to the list without the Soldier coming forward,” Ferguson said. “A lot of time pride does get in the way, but it’s open to everyone. You shouldn’t feel bad about asking for help.”


FORT RILEY POST-ITS

**Fort Riley MWR**

Christkindl Market is Dec. 1 at Riley’s Conference Center from 9 to 3 p.m. Celebrate a holiday traditions at Fort Riley and got to the ninth annual Christkindl Market! The Christkindl Market features more than 50 vendors selling homemade items and holiday décor, fun family activities, Santa, kid’s crafts, festive food and more. Admission to the event is free and open to the public. Family activities vary in price. For more information call 785-239-2807.

**Fort Riley MWR**

Trees For Troops Dec. 1 from 7 to 9 a.m. in the Riley’s Conference Center parking lot. Free fresh Christmas trees available for active-duty Soldiers and their families, on a first-come, first-served basis. Blue and Gold Star families will be given priority at 7 a.m. and other families shortly after. For more information call 785-239-2363.

**Historical and Archaeological Society of Fort Riley**

The HASFR 35th Annual Tour of Homes, December 1 from noon to 4 p.m. See a selection of historic homes and buildings in their holiday splendor. Tickets are \$13 in advance and \$15 at the door. Check in is at the Custer House The homes can be visited in any order, at your own pace. Event is for ages 12 and up only. To purchase tickets visit www.squareup.com/store/HASFR.

Let’s go to the movies @Barlow Theater
November 30


Friday - The Nutcracker and The Four Realms (PG) 7 p.m.
Saturday - Bohemian Rhapsody (PG-13) 2 p.m. and Suspiria (R) 7 p.m.
Sunday - What They Had (R) 5 p.m.
Theater opens 30 minutes before first showing. For more information, call 785-239-9574. Regular Showing: \$6, children are \$3.50, children 5 and under are admitted free. 3D Showing: \$8 First Run: \$8.25, 3D; First Run: \$10.25

Like - Comment - Share 16 13 5

Exchange Fort Riley

Family Game event at the Fort Riley Main Exchange, Dec. 1, from 10 a.m. to 2 p.m. Try out some of the hilarious games: Connect 4 Shots, Don’t Step In It and Pie Face Cannon.

Like - Comment - Share 189 73 115

**Army Community Service**

The Family Member Community Pre-Deployment Expo is Dec. 4 from 1 to 2:30 p.m. or 6 to 7:30 p.m. at Riley’s Conference Center. Will you be separated from your Military spouse? Meet with local agencies and organizations representatives. Visit with Legal Assistance, WIC, Child and Youth Services, USO, ACS Financial Readiness and more. Open to all military families. For more information call ACS Outreach at 785-239-9435

**Christina Holliday**
November 29

I saw the big tree in front of Garrison Headquarters, does anyone know when it is going to be lit up?

97

Like Comment Share

**Spc. Shell** That would be Dec. 6 at 5:30 p.m. There is going to be a ceremony leading up to the lighting and a very special guest will be there too. They will also be announcing the winner of the holiday lawn card competition.

Like Reply

**Christina Holliday** Thank you so much Spc. Shell.

Like Reply

**Spc. Shell** You’re welcome. Be sure to dress warm.

Like Reply

DOCENT Continued from page 9

One of the volunteers taking the docent training was Staff Sgt. Ronnie Frazee, 267th Signal Company, 1st Special Troops Battalion, 1st Infantry Division Sustainment Brigade.

“I love history,” the Blairsville, Georgia, native said. “I’ve gone to the Custer House I don’t even know how many times and I love going through those walk-throughs with the docents there. So, when I saw the opportunity to work and help, I wanted to be a part of it.”

During the training, Clark and Copsetta spoke about the history of the Custer House and the artifacts in it as well as George A. Custer and his relationship to Fort Riley and the house.

“People want to see it because they are under the impression that Custer lived here, even though he didn’t,” Copsetta said. “He actually lived where quarters 21 now stands.”

She makes it a point to inform guests at the start of the free tour that Custer never lived in the house and was only on Fort Riley for about six months.

“I want to be upfront with people,” she said. “I don’t want someone to assume that he lived there and then ask me 10 minutes into the tour and find out he didn’t.”

Often people will joke about it, but some were disappointed enough to leave and not continue with the tour, she said. When she gives a

tour the Custer connection is the least of her emphasis.

“I don’t discuss him on my tour; I will admit I talk about that little piece and that’s it,” she said. “For me, this is more about the house and some of the antiques. That’s why we all end up giving a different tour.”

Some docents will talk about Custer, others will focus on the ghost stories. Some will concentrate more on what it was like living on the prairie during the time Custer did, which is what intrigues Frazee. Even though she has been through many Custer House tours and learned from each of the docents, she learned more during the training.

“The coolest was just the little things that I’ve missed on the tours,” she said. “Having to think about how the ladies’ furniture was different based off their clothing, and how much bigger the buildings were to conserve heat; just their way of life that I never really caught on the tours before. It’s like stepping back in time for a few hours.”

She finds the ghost aspect interesting but doesn’t think that will be a focus of her tours. Guests are more likely to hear how life and even the furniture was different in the 1800s compared to today.

Copsetta said the docents are free to deviate from the script they are given as long as they stay factual. When questions arise, they can’t answer, they are to simply admit they don’t know.

“My first tour of the summer I typically have the script in my hand because it’s been a while and I’m out of practice,” she said.

As docents learn more and get more comfortable, they create their own scripts, which can include corny jokes like hers does.

“My tour is exactly the same every time,” Copsetta said. “All my jokes are the exact same.”

Frazee said she is excited to start volunteering and creating her own tour because she wants to share what she has learned about Fort Riley and its history with others.

“It is amazing that this small piece of history is still standing and we can actually walk through and get a glimpse of what the times used to be like,” she said.

It was only after she arrived on Fort Riley four years ago that she started appreciating history the way she does now.

“I like the military history here,” she said. “That really excites me, and it’s something different — the pioneer era and the different way of life being out here. The way they would hunt and gather and prepare their

food is completely different. I find it very interesting.”

As a side note, she said as she was going through the training it also dawned on her that her time as a docent counts as volunteer hours, which is good for promotion points.

Besides being fun, it’s always a way for a Soldier to progress in their career, she said.

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HOLIDAY EVENTS**

Dec. 2, 2 p.m. Advent Family Workshop Catholic
Morris Hill Chapel
Dec. 3, 5 p.m. Chanukah Menorah Lighting Jewish
Main Post Chapel
Dec. 11, 6 p.m. Advent Penance Service Catholic
St. Mary's Chapel
Dec. 23, 11 a.m. Combined Protestant Worship Protestant
Victory Chapel
Dec. 24, 4:30 p.m. Holiday Wagon Ride All
Main Post Chapel
Dec. 24, 4:30 p.m. Christmas Eve Children's Mass Catholic
Victory Chapel
Dec. 24, 6 p.m. Christmas Eve Candlelight Service Protestant
Main Post Chapel
Dec. 25, 10 a.m. Christmas Day Mass Catholic
St. Mary's Chapel
Jan. 1, 2019 10 a.m. New Year's Day Mass Catholic
St. Mary's Chapel

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Call 785-409-6141

Warriors take to basketball court

Games way to show support for wounded, their families

Story and photo by Will Ravenstein
1ST INF. DIV. POST

Four teams comprised of 1st Infantry Division staff, Irwin Army Community Hospital leadership, Warrior Transition Battalion cadre and WTB Soldiers in Transition took to the basketball court Nov. 19 at Whitside Fitness Center to raise awareness for Warrior Care Month.

Capt. Harrison Morgan, WTB officer in charge of operations, orchestrated the event with other WTB staff said he was pleased with the attendance from the player and audience perspective.

“Everything went much better than expected,” he said. “We put it out to 1st ID, Chief of Staff, MEDDAC, and we were surprised by how engaged they were and who they brought with them. And, the support we’re getting from our own cadre.”

The bracketed tournament had IACH take on the WTB cadre and 1st Inf. Div., take on the Soldiers in Transition team in the first round.

With more experience playing the game, the teams from WTB were the proverbial favorites in the friendly competition.

Col. Theodore Brown, IACH commander, was on the team representing the hospital alongside Command Sgt. Maj. Ricardo Gutierrez.

“I think it was very important to see not only IACH leadership out here, but 1st Infantry Division because, many of our wounded warriors come right from 1st ID,” he said. “So, it’s great to demonstrate, in a real tangible way, our support for our wounded warriors, the WTB and all their families.”

Both teams from the WTB made it to the championship game after downing their opponents, placing IACH and 1st Inf. Div., teams in the consolation game, which IACH won.



A Warrior Transition Battalion Soldier shoots the basketball as members of the Irwin Army Community Hospital team move in for the rebound Nov. 19 at the annual Wheelchair Basketball Tournament at Whitside Gym. The WTB Soldiers fell to the WTB cadre in the championship game.

“I don’t think we should focus necessarily on the final score,” Brown said. “I think, what we do need to focus on, is that we’re one team, one purpose, duty first victory.”

Brown said this was the first time he, like some others, had competed in this type of event.

“I told Col. (Brady) Beall and the rest of the team (I’ll) definitely be doing it again,” he said. “So (I) look forward to it.”

As for the championship game, the WTB cadre defeated the Soldiers in Transition after the 15-minute game.

Staff Sgt. Gabriel Espinoza, squad leader, 1st Platoon, Company B, WTB, was a member of the cadre team and said teams knew each other well.

“We play against them during PT and stuff,” he said. “So I knew they would know our moves and then, we kind of knew their moves. So it’s a pretty good time.”

Espinoza recently returned from Hawaii with several Soldiers in Transition who competed in the Warrior Games Pacific Region Trials.

The Soldiers competed in multiple events, Espinoza said.

“They had archery, air rifle, air pistol, they had an intro to the wheelchair basketball, they did wheelchair tennis, track — different track events — the ones that could run ran,” he said. “Some did wheelchair racing 100-meters, 200-meters, 1500-meters, 800-meters.”

This was all in preparation for the Army Games in Tampa, Florida, where the best Wounded Warriors will compete.

“That was awesome because we had two guys who got two medals each,” Espinoza said. “So, it’s pretty good. One of them had only practiced air pistol two times before but he got a bronze. So really hard work by Staff Sgt. (Jeffery) Keith from Alpha Company.”

Morgan hoped those in attendance were able to speak with the Soldiers in Transition and understand more about the WTB mission.

“... or they have a better idea of actually who belongs in the WTB and they get to

see some of the professionals as an example of what their Soldiers could potentially accomplish,” he said. “If they do get injured and end up in our population, that they know their guys are going to be in good hands.”

TUESDAY TRIVIA CONTEST



The question for the week of Nov. 26 was: Where on the new website do I find an explanation of the road-condition color codes?

Answer: <https://home.army.mil/riley/index.php/about/directorates-staff/DPTMS-1/advisories>

This week’s winner is Kayla Marie Normandin, wife of Spc. Bright Cloud Deer, 82nd Engineer Battalion.

Pictured above are Kayla and Bright Cloud Deer, with their daughter, Riot.

CONGRATULATIONS KAYLA!

Worship Opportunities

Protestant Services

Victory Chapel 239-0834
ChaplineXt Protestant Service
Sunday Worship.....1100
Children’s Church.....1105-1200

Morris Hill Chapel 239-2799
Gospel Protestant Service
Sunday School.....0900
Sunday Worship.....1100

Main Post Chapel 239-0834
Traditional Protestant Service
Sunday Worship.....1030
Children’s Church.....1045-1130

Catholic Services

Victory Chapel 239-0834
Sunday Mass.....0845
Sunday Catechism.....1000

Saint Mary’s Chapel 239-0834
Confession (or by appointment).....1100
Sunday Mass.....1130
Mid-day Mass— Mon., Wed., & Fri.....1200

IACH Chapel 239-7872
Mid-day Mass— Tue. & Thur.1200

Jewish Service

For Sabbath Services please contact the Senior Chaplain at 240-6268/910-273-0767.

Pagan/Wiccan Service

Kapaun Chapel 239-0834
Fort Riley Open Circle—SWC
1st & 3rd Wednesday monthly.....1800

Family Night

Weekly Wednesday classes from 1830-1930 at Victory Chapel. 785-239-0875. Watchcare provided for birth-4yrs.

Club Beyond - Faith Based Youth Program

Grades 6th - 12th, Meets Sundays
Combined MS/HS Youth 1830-2015 at Victory Chapel
785-370-5542

Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it’s components and it has no government status.

AWANA

Meets Sundays, 1400-1600 at Victory Chapel. 785-239-0875.

Protestant Women of the Chapel (PWOC)

Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel. Childcare provided.

For more information email rileypwoc@gmail.com or Facebook “Fort Riley PWOC”

Catholic Women of the Chapel (CWOC)

Weekly Wednesday Meeting 0900-1130 at Victory Chapel. Childcare provided.

For more information email fortrileycwoc@gmail.com or Facebook “Fort Riley CWOC”

Check for schedule over Training Holiday weekends

When Dressing for the **COLD** Remember

CLEAN

Keep your clothes clean

OVERHEATING

Do not overdress

LOOSE and in LAYERS

Loose layers trap body heat

WET

Wet clothing causes rapid heat loss

APHC

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DECEMBER 14th, 10am-5pm

Stop by your community office on December 14th for free cookies, cocoa and holiday cheer!

Santa will also make his way around to visit each office at these approximate times:

- 10am-11am Leasing Center
- 11am-1pm Warner Peterson
- 2pm-3pm McClellan Place
- 3pm-5pm Colyer Forsyth

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FORM MATTERS

Hand release pushup

By Gail Parsons
1ST INF. DIV. POST

The hand release pushup is the third event on the Army Combat Fitness Test. The requirement calls for Soldiers in heavy units to perform 30 pushups; those in significant units, 20; and those in moderate, 10.

Capt. Chris Boyer, 97th Military Police Battalion Physical Therapist, said Soldiers will have two minutes to meet their requirement. “There is no resting position for this exercise,” he said. “If the Soldier stops for longer than five seconds the event is terminated.”

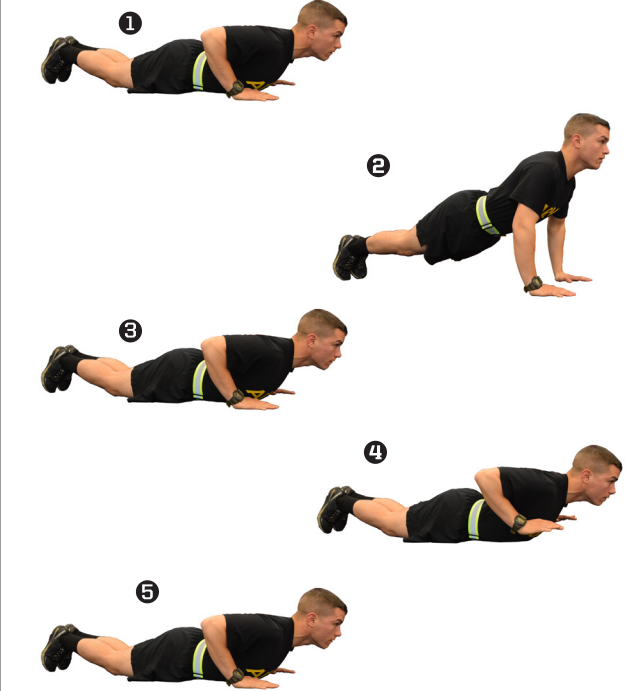
The hand release push up measures upper body strength and power. It is relevant to combat tasks like reinforcing obstacles, mov-

ing munitions and pushing up from cover during evade and maneuver.

“Even something as simple as pushing yourself up and getting ready to do the three- to five-second buddy rush — that power is really important,” he said. “Especially with the amount of (gear) we are wearing these days.”

Boyer said the hand release pushup is similar to the pushup required in the Army Physical Fitness Test. However, when done properly, it requires more pectoral contraction than a regular pushup.

Here Pfc. Austin Miller, 300th Military Police Company, 97th MP Bn., from Inverness, Florida, demonstrates the proper form when executing the hand release push up.



HAND RELEASE PUSHUP

1. Start in the down position with hands directly beneath the shoulders, within one inch of the shoulder blades. Abs, thighs and chest are touching the floor; hands are flat with the index fingers inside the outer edges of the shoulders. The feet are together or up to a boot's width apart.
2. Raise the body up until the arms are fully extended.
3. Lower the body back to the starting position.
4. Lift the hands off the ground, squeezing the shoulder blades together. There should be a visible gap between the ground and the palms.
5. Lower hands – repeat.

Form Matters is a weekly column designed to demonstrate the proper form to use when executing different exercises to minimize the risk of injury.

‘Dark Knights’ rise – to the top

Team claims annual Turkey Bowl title for third year

Story and photo by Will Ravenstein
1ST INF. DIV. POST

On Nov. 20, four of the five teams registered for the annual Turkey Bowl flag football tournament organized by Melvin Allen, intramural sports coordinator, Directorate of Family and Morale, Welfare and Recreation, competed for the honor of being named the 2018 Champion.

Allen was pleased with the turnout for the tournament.

“For it being my first year and with the brigade in the field, there is a lot going on — it’s an ever changing environment — I’m happy with what we’ve got and I hope to increase the numbers moving forward,” he said. “I think the communication gap, closing that a little more, will bring more teams out.”

Laughter and friendly banter marked the day.

“The biggest thing you will see today is the fact the teams, even the teams that didn’t win, had fun,” said Capt. Quinzel Chestnut, Headquarters and Headquarters Company, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division.

“You saw laughter and joking. This is an opportunity to break away from the stresses the Army puts you through. Which is why today is so special for everyone.”

For some, the day was a chance to build team readiness and camaraderie.

“This is great, we have kind of a large company,” said Chief Warrant Officer 2 Aaron Poynter, Special Troops Battalion, 1st Infantry Division Sustainment Brigade. “We have people from all over the company out here playing together. So,

coming up. So, the fact that we were actually able to complete it and get the three-peat is special. It’s special to us. It’s special for our leadership — Col. Bryan J. Dodd — who supports us tremendously, even more so, our Command Sgt. Major, Command Sgt. Maj. (Waylon) Petty. Their leadership and their willingness to allow us to break away from work to have moments like this means the world to us, the world to the families and the players.”

The two teams in the championship game, 3rd Bn. 66th Armor Regt., and STB, 1st Inf. Div. Sust. Bde., have a complicated history on the gridiron. Most recently the two teams battled through a three-overtime game during the regular season of the intramural football league. The two have also squared off in Turkey Bowls in prior years and during the Victory Week flag football tournaments.

The “Dark Knights” were king of the gridiron with their 27-6 final score and crowned the three-time Turkey Bowl Champions.

Earlier in the day, the Dark Knights moved through their opponents scoring more than 60 points in the two games.

Chestnut said the team has a great relationship, even though it is a mix of officers and enlisted and is a compliment to the leadership of the battalion.

“The thing is, the relationship that the leaders have on this team, cause we do have a couple of officers — but mainly enlisted — is still professional but it still does builds camaraderie,” he said. “Especially every time we share moments like this. But it starts in practice. Getting all the enlisted to come to practice on Saturday mornings so we can build that perfection as a team. It’s a tribute to our leaders internally and it’s a tribute to our battalion leadership.”



Capt. Quinzel Chestnut, Headquarters and Headquarters Company, 3rd Battalion, 66th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, tosses the ball to an open receiver downfield during the Turkey Bowl Championship Game Nov. 20.

it kind of brings the whole company together for us.”

Allen stressed that was his goal for the day.

“Morale being that ‘M’ in MWR we want the Soldiers to have a place to come out and just enjoy themselves,” he said. “They have a high stress job, so to decompress after work or a day like this where they can just come out — it benefits everybody.”

For Chestnut and his team, the day was even more special as they were the defending, back-to-back Turkey Bowl Champions looking for the three-peat.

“We’ve talked about it all year,” he said. “We knew the Turkey Bowl was

Fort Riley Family and MWR

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BLACK FRIDAY AT THE EXCHANGE



Photos by Will Ravenstein | POST
TOP: A wave of shoppers storm into the Exchange Nov. 23 for the Black Friday deals as they pop balloons containing rebates and discounts.
ABOVE: Shoppers make their way into the Exchange for Black Friday deals.



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DININ' DEALS		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stacy's Restaurant		December 2nd	December 3rd	December 4th	December 5th	December 6th	December 7th	December 8th
	118 W Flint Hills Blvd JUNCTION CITY (785) 238-3039	• Roast Beef • Meatloaf • Roast Pork Reg. \$9.00 Sr. Size \$8.00 Inc Tax	Chicken & Noodles Reg. \$7.29 Sr. Size \$6.38 Plus Tax	Pork Cutlet Reg. \$7.29 Sr. Size \$6.38 Plus Tax	Hamburger Cutlet Reg. \$7.29 Sr. Size \$6.38 Plus Tax	Fried Chicken Reg. \$7.29 Sr. Size \$6.38 Plus Tax	Spaghetti Reg. \$7.29 Sr. Size \$6.38 Plus Tax	Cook's Choice
		TymeOut			Homemade Schnitzel \$9.99 Serving German Beer 4 pm-9 pm	• Beef tips in Mushroom Gravy \$9.99 • Bison Burger \$9.99 10:30am-1:30pm 4 pm-9 pm	• Beef tips in Mushroom Gravy \$9.99 • 6oz. Steak \$8.88 10:30am-1:30pm 4 pm-9 pm	• 16oz KC Strip w/shrimp or clams \$26.99 10:30am-1:30pm 4 pm-10 pm
	101 Continental Dr JUNCTION CITY (785) 238-7638							
		Ike's Place Bar & Grill			TRIVIA NIGHT + 1/2 Price All Draft Beers, \$2 Jumbo Tacos	60¢ Wings, Voted Best in Flint Hills	Prime Rib Dinner + \$3 Premium Pints all Day	Drink Specials will vary
	416 Goldenbelt Blvd. JUNCTION CITY (785) 579-6644 ikesplacegrill.com	HAPPY HOUR ALL DAY \$2 Drafts, \$2 ⁵⁰ Margaritas, \$2 Wells \$3 kids meals	1/2 Price Boneless Tenders					
		Mon-Fri HAPPY HOUR 11am -6 pm						
		Wing It			2 for \$9.99 Country Fried Chicken Dinners	\$1 Mini Shakes in Vanilla, Chocolate, or Strawberry	\$4.99 Nachos Combo includes drink	5 BBQ Chicken Sandwiches \$9.99
	439 W. 6th Street JUNCTION CITY (785) 223-5282 wingitplace.com	Mon-Fri HAPPY HOUR 2 pm -5 pm 1/2 price drinks & slushes; \$1.00 Tacos						
		Pizza Hut						
	412 E. Chestnut St. JUNCTION CITY (785) 238-4144	All You Can Eat Supreme Lunch Buffet. Pizza, Wing-Street Wings & More! 11:30 - 1:00	\$5 Line UP Choose from Pizza, Wings, Sides and Desserts Details online or in-store	All You Can Eat Supreme Dinner Buffet. Pizza, Wing-Street Wings & More! 5:30 - 7:00	Wing Wednesday 70¢ Bone Out	All You Can Eat Supreme Dinner Buffet. Pizza, Wing-Street Wings & More! 5:30 - 7:00	Large 3 Topping, Breadsticks & Cookie \$21.99 <small>(Additional charge for Pan or Stuffed Crust) Code KW Delivery Fees & minimums required</small>	Large 1 Topping & Medium 3 Topping \$19.99 <small>(Additional charge for Pan or Stuffed Crust) Code LF Delivery Fees & minimums required</small>
The Cove at Acorns Resort		Bloody Mary & Mimosa Bar 12-4 pm Open 11:00am-8:00pm	1/2 Price Appetizers Open 4:00pm-9:00pm	\$2.00 OFF All Tacos Open 4:00pm-9:00pm	Kids Eat Free w/ purchase of Adult Meal Open 4:00pm-9:00pm	Fajita Night Chicken \$12 Steak \$15 Trivia Night Long Island Ice Tea \$5 Open 4:00pm-9:00pm	Crab Legs \$22 Open 11:00am-10:00pm	Prime Rib Special \$20 for 10-oz cut \$25 for 14-oz cut Open 11:00am-10:00pm
	3710 Farnum Creek Rd. MILFORD (785) 463-4000							
		Cracker Barrel						
	115 N East St JUNCTION CITY (785) 762-5567	Home Style Chicken All Day \$9.99	Chicken & Dressing	Meatloaf	Chicken Pot Pie	Turkey & Dressing	Fish All Day \$9.99	Chicken & Rice All Day \$9.99
		Catering Available 785.762.5567 Monday thru Thursday Lunch Specials from 11 am till it's gone - \$5.99						
		CATERING AVAILABLE Catering Available (Contact Crystal) 785-238-4800						
IHOP								
	321 E. Ash St. JUNCTION CITY (785) 238-4800							
		Munson's Prime						
	426 Goldenbelt JUNCTION CITY (785) 238-1135	Sunday Brunch \$15.00 per person Kids under 6 eat FREE 11AM TO 2PM	Steak Chili \$8.00	TexMex Tuesday \$8.00	Wings Wednesdays 50¢	Lasagna \$8.00	Chef Special \$8.00	Prime Rib 12oz \$22.00 16oz \$28.00 5pm - Close
		Contact Tim Bailey to book private events. 785-238-1135						
		ON SALE: QUALITY GROUND BEEF FOR COOKING & GRILLING						
Hot Rodz BBQ		Home of the 30 Minute Lunch In & Out in 30 minutes CLOSED		Sausage Sandwich w/ smoked cheese & 1 Side \$10.50 CLOSED	Meatloaf w/ 2 sides \$7.50	Hot Rod Sandwich w/ 1 Side \$12.50	Bowl of Smokehouse Chili & sandwich \$11.50	Beef Ribz Special ALL DAY
	1118 N Washington JUNCTION CITY (785) 209-0527 1118 N. Washington	Lunch Box Special \$6.50 Slider and chips with one side Open 10:00 am to 9:00 pm • Tuesday thru Saturday						

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Help Wanted

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- Ability to follow written and verbal instructions
 - Able to meet deadlines
 - Mad proofreading skills
 - Writing sample required
- High School Diploma or equivalent
- Computer skills (Adobe Creative Suite a plus)

Duties

Duties include, but are not limited to, office e-mail, editing and rewriting submitted items, proofreading, writing small articles, processing submitted photos. It may also include coverage of one or two night events per month. Daytime hours with some flexibility.

This position reports to the editor of

The Times and Smoke Signal.

Send resume to: beth@wamegonews.com or
Beth Day, 407 Lincoln, Wamego, KS 66547

Who Got Booked This Weekend?

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Case Manager Coordinator FT

Manhattan Rescare is seeking a qualified individual to fill the position of Case Management Coordinator in our Liberal office. The Case Manager is responsible for guaranteeing that each person on the assigned caseload receives services according to the person's support plan. The position will require frequent contact with the families and guardians for the individuals served. The position requires independence and self-direction with their work schedule. Applicants must have a minimum of Associate's degree with 2.5 years experience working with people with disabilities or a Bachelor's degree with 6 months experience working with people with disabilities. If interested, apply online at www.rescare.com then select careers, External Applicants, enter 67846 and then choose Manhattan ResCare. Manhattan ResCare Kansas is an EOE employer.

Registered Nurse

Manhattan ResCare is seeking a qualified individual to fill the Full-time position of RN at our Manhattan office. This position is responsible to provide nursing care to individuals as prescribed by the physician and in accordance with standards of nursing practices and regulations. Perform assessments of individuals in service and monitor medication administration. Must have completed post secondary education coursework to facilitate licensure as a Registered Nurse (RN) Must have a current license in good standing. Must have a valid driver's license. Ability to read, write and follow oral and written directions at a level necessary to accomplish the job. Must be able to relate positively and favorably to individual/consumer and families and work cooperatively with other associates. Must be knowledgeable of individual service Plans including understanding of clients rights, health needs and program implementation activities. Must be able to bend, stoop, push, pull, sit and walk for periods of time. Must be able to utilize proper body mechanics while lifting up to 70 pounds.



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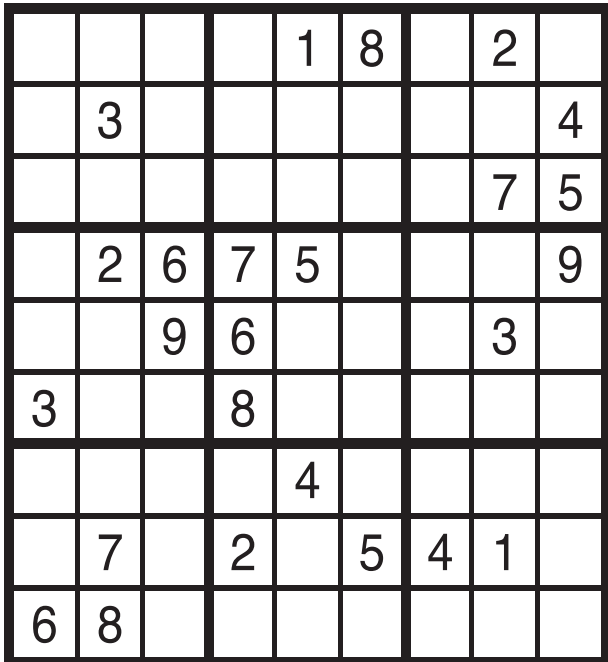
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Level: Advanced

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

5	2	3	6	9	7	4	8	1
1	8	9	4	2	5	3	7	6
6	7	4	3	8	1	5	2	9
9	5	7	1	4	2	6	3	8
2	1	6	5	3	8	7	9	4
3	4	8	9	7	6	1	5	2
4	6	2	8	5	3	9	1	7
8	9	5	7	1	4	2	6	3
7	3	1	2	6	9	8	4	5

REPORTER NEEDED



The Junction City Daily Union has an immediate opening for a reporter who can build sources and dive into local issues. Duties include general assignment, feature writing, coverage of local government boards and copy editing.

The successful candidate will have sharp reporting instincts, outstanding news judgment, an ability to report and write quickly in a fast-moving atmosphere. A curiosity about the community and its people is vital.

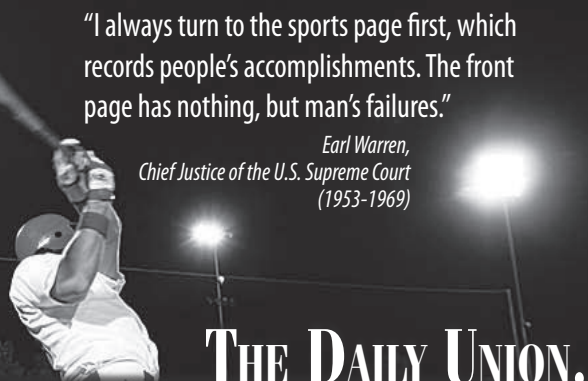
This person must have the ability to work productively in a team setting.

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Send resume with references and writing samples to Editor Shane Ersland by email at editor@jcdailyunion.com (put reporter position in the subject line)



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Earl Warren,
Chief Justice of the U.S. Supreme Court
(1953-1969)

THE DAILY UNION.

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Travel & Fun in Kansas

★ NOVEMBER 30, 2018

HOME OF THE BIG RED ONE

PAGE 16

Help Spc. Shell find the perfect Christmas tree when he visits tree farms in the area next week.

"NOT ANOTHER CHRISTMAS LETTER! THE MUSICAL"

It's that time of year again. Time to send your loved ones an overly-positive, possibly embellished and cherry-picked rundown of your year. Featuring a score written by Wichita Native Laura Bergquist, "Not Another Christmas Letter! The Musical" finds the laughter and music within holiday traditions.

Where: Great Plains Theatre, Abilene, Kansas
Times: 7:30 p.m. Dec. 7 and 8; 2 p.m. Dec. 9

Cost: \$20 to \$35

FIRST INFANTRY DIVISION BAND HOLIDAY CONCERT

Where: C.L. Hoover Opera House, Junction City
When: 7:30 p.m. Dec. 14 and 15

Cost: Free

SALINA SYMPHONY - CHRISTMAS FESTIVAL

A Christmas celebration filled with arrangements of holiday classics and fresh versions of popular carols. Share the spirit of the season with family and friends during performances by the Symphony, Iron Street Dance Company, Tamara Howe School of Dance, Salina Chorale, Kansas Wesleyan University Chorale, Salina Youth Choir and a visit from Santa Claus.

Where: Stiefel Theater, Salina, Kansas

When: 7 p.m. Dec. 15 and 4 p.m. Dec. 16

"THE NUTCRACKER"

The classic, Victorian-era story by E.T.A. Hoffman featuring Clara, the Nutcracker Prince, Dr. Drosselmeier and the Sugar Plum Fairy is a magical theatrical experience wrapped with exquisite costumes, grand sets and captivating choreography.

Where: Kansas City Ballet

When: Through Dec. 23

Check the website for ticket availability: www.kcballet.org.

"RUDOLPH THE RED-NOSED REIN-DEER"

The television classic "Rudolph the Red-Nosed Reindeer" soars off the screen and onto the stage this holiday season. Rudolph and his friends, Clarice, Hermey the Elf and Yukon Cornelius learn what makes you different makes you special.

Where: Coterie Theatre, Crown Center, Kansas City

When: Through Dec. 30

Check website for ticket availability: www.crowncenter.com

"A CHRISTMAS CAROL"

Ebenezer Scrooge, a miserly, cold-hearted creditor, continues his stingy ways on Christmas Eve. He rejects a dinner invitation and all the good tidings of the season from his nephew, Fred; he yells at charity workers; and overworks his earnest employee, Bob Cratchit. Until he is visited by the ghosts of Christmas Past, Present and Yet to Come, who show him the error of his ways until he discovers what's really worth celebrating at Christmas and beyond.

Where: Kansas City Repertory Theatre

When: Through Dec. 24

Check website for ticket availability: <https://kcrep.org>

"JINGLE BELLS, BATMAN SMELLS"

Junie B. Jones is a first grader whose enthusiastic antics have kept kids laughing and reading for more than 20 years. It's holiday time and Room One is doing a lot of happy things to celebrate — like making elf costumes and singing joyful songs. Tattletale May keeps ruining Junie's holiday glee until Junie retaliates — and then learns an important lesson about the joy of giving.

Where: City Stage, Union Station, Kansas City

When: Through Dec. 22

Cost: Friday evening shows \$9 all others \$12

Check the website for ticket availability:

<https://boxoffice.unionstation.org>

"A CHRISTMAS CAROL"

Ebenezer Scrooge sits in his counting-house on a frigid Christmas Eve. His clerk, Bob Cratchit, shivers in the anteroom because Scrooge refuses to spend money on heating coals for a fire. Later that evening, after returning to his dark, cold apartment, Scrooge receives a chilling visitation from the ghost of his dead partner, Jacob Marley, who informs Scrooge that three spirits will visit him during each of the next three nights.

The Ghosts of Christmas Past, Present and Future.

Where: C.L. Hoover Opera House, Junction City

When: Nov. 30, Dec. 1 at 7:30 p.m. Dec. 2 at 2 p.m.

Cost: \$25

First Infantry Division Band ready to share holiday spirit

By Gail Parsons
1ST INF. DIV. POST

The sights and sounds of the holiday season forge memories and bring families together. It's a time of year when the arts are in full bloom with holiday classic television shows, concerts and live theater performances.

"The arts are a substantial portion of the culture, especially around the holidays," said Sgt. Steven Wagner, 1st Infantry Division Band senior

musician and percussionist. "Anytime you think about 'Rudolph the Red-Nosed Reindeer' or 'Here comes Santa Claus,' you immediately think of all those pieces of music. Culturally, it's almost a requirement to have them. At the same time, even looking beyond the scope of music, you have multiple movies and concepts about the holiday season, so it's really a way for people to connect."

He pointed to the theme behind the classic movie "It's a Wonderful

Life" as an example. When the weather is dreary, and people are far from home, it is easy for depression to set in and for people to wonder, like George did in the movie, if anyone would miss them if they weren't around.

"You see all these stories that talk about that and it makes you think and see how people need or want you in their life even if you didn't realize it before," he said. "A lot of that music is promoting that concept of people feeling better about

themselves and about where they are in life."

The music and the movies stir up memories of family gatherings and reminds people why it's important to care about the little things in life, he said.

With family being a huge part of the holidays, the band chose Home for the Holidays as this year's theme. However, family and home can have different definitions.

"It doesn't necessarily mean whoever your birth family is," he said. "It

could be your Army family. I think that's the one thing to take away from our concert — no matter where in the world you came from, if you're in Fort Riley, Kansas, you have a family that wants you to come out and celebrate the holidays with them. That's the 1st Infantry Division Band."

The band will perform at 7:30 p.m. Dec. 14 and 15 at the C.L. Hoover Opera House, Seventh and Jefferson streets, Junction City. The free event is 75 minutes long.