

Former chief
warrant of QM
regiment takes
place at CASCOM

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October 25, 2018 | Vol. 78, No. 36



DCMA director tours VSU, discusses intern program

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NEW LEADERSHIP

Godfrey replaces Wigglesworth
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commandant during Oct. 19 event

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to get sex-ed

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CASCOM CSM SPEAKS OUT

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interest goes
far beyond
dining facility

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HALLOWEEN: STAY SAFE

Fort Lee's
trick-or-treat
hours set for
Oct. 31, 6-8 p.m.

Trick or Treatment: Costume choices can say a lot about one's state of mind

Lisa Smith Molinari

Contributing Writer

I'm not sure what it says about me, but I've always gone for humorous and off-the-wall Halloween costumes.

It all started in the fall of 1978 when I was in the seventh grade. My junior high school was having a costume dance, and I was determined to make my mark on the social scene.

Like other girls my age, I laid in bed at night dreaming of cute boys asking me to dance and how that magical encounter would turn into a whirlwind middle school romance replete with love notes, locker visits and hand holding.

Heavy sigh

What I hadn't quite figured out, however, was what I needed to do to attract a young suitor. The only thing I knew was that when I did something funny, I got attention.

So, in preparation for the Halloween dance, I painted my face, hair and Puma sneakers green. I cut two holes for my legs into a white sheet and tied the ends around my neck. I stuffed the torso to create a teardrop shape and wore a crown of long green pipe cleaners.

Voila! My human onion costume was complete.

Upon entering the gym that night, I could



File Photo

Soldiers from the 244th Quartermaster Battalion strike a superhero pose prior to the start of a 2011 Halloween costume run.

see that no one had a sense of humor as sophisticated as mine. I noticed lots of tiaras and bunny ears, but no other vegetables or even fruits for that matter. I was certain the boys would be amazed at my comedic genius; it was only a matter of time before I was asked to dance.

As my tiara-wearing and bunny-eared friends were escorted away one by one, I waited ... and waited ... and waited.

Strangely, not one boy asked me to join them on the dance floor that night. Just as I began to question my strategy, the costume contest results were announced. Although I would have preferred a cute boyfriend to the Boomtown Rats album I received as a prize for winning first place in the competition, it still confirmed my sense of humor was my best asset, and I've been wearing funny costumes ever since.

I'm sure clinical psychologists would just as easily diagnose my Halloween hijinx as an unhealthy cry for attention in contrast to my interpretation of it being a show of creativity and, perhaps, confidence from the standpoint of not being so serious that you've forgotten how to have fun.

Which leaves me wondering what studies have been done on the psychology of Halloween costume selection. What does it say about a person who picks a sexy, scary, political, whimsical, heroic or funny costume?

Some say that people who dress up like hot French maids, saucy pirates and sexy cats want to express their sexuality without the consequences of violating social norms. That might be true, but it's annoying when these people sexualize things that were never sexy to begin with.

The few maids I've encountered in life were sturdy women with thick backs and calloused hands. None of them wore flouncy miniskirts, and I'm pretty sure one or two had facial hair. Although I've never met a pirate, I would imagine the real life female version would be missing teeth, eyes and limbs, and probably have horrible breath. And whoever thinks cats are sexy has never scooped out a litter box or watched one of these animals hack up a hairball.

Let's face it, people who put on sexy costumes are simply using Halloween as a pretext to strap on a push up bra, fish net stockings and pumps.

And that goes for you women, too.

Experts also claim that other costumes
SEE **TRICK OR TREATMENT**, page 15



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ON THE COVER



DCMA photo by Thomas Perry

Navy Vice Adm. David Lewis, Defense Contract Management Agency director, met with Virginia State University academic leaders and students during a campus tour Oct. 1. Lewis hopes VSU students can fill a few of his agency's 25 nation-wide internship opportunities. For more, see Page 5.

Army Logistics University welcomes Col. James J. Godfrey as commandant

T. Anthony Bell

Senior Writer/Special Projects

Fort Lee welcomed a new Army Logistics University military leader and offered a fond farewell to his predecessor during a change of commandant ceremony Oct. 19 in Green Auditorium.

Col. James J. Godfrey replaced Col. Jamal E. Wigglesworth during an event attended by Maj. Gen. Rodney D. Fogg, CASCOM and Fort Lee commanding general, as well a long list of other distinguished individuals. ALU President Michael K. Williams presided over the proceedings.

Godfrey, commissioned as an ordnance officer, comes to ALU from CASCOM's G-3/5/7 office. During his brief remarks, he thanked Fogg and Williams for the opportunity to serve as commandant and thanked his wife Leslie and other family members for their support. He also expressed a measure of gratitude for the work of his predecessor.

"You should be extremely proud of your accomplishments and the effort and hard work you've put in," he said, referring to Wigglesworth and his wife, Kay, who also was present. "It's easy to see when you walk through the halls – the professionalism and pride you see in the students are an indication of the quality of life you have influenced."

Williams, in his remarks about Godfrey, said he has an awesome responsibility before him, and with him, looks forward to showing the "wherewithal and courage to make the hard decisions and fight the necessary battles with leaders across the Army to ensure ALU students are trained and ready to sustain combat formations ... on the toughest, most lethal battlefield the world has ever seen."

Godfrey is a Central Missouri State University alum. He has served in increasingly challenging leadership capacities throughout his career to include positions as the division G-4, 1st Armored Division, Fort Bliss, Texas; and director, Sustainment Battle Lab, CASCOM.

Lauding Wigglesworth's accomplishments, Williams said the 27-year Soldier met the challenges of his position with a keen sense of awareness, temperance, consistency, fairness and "just being a downright good person who demonstrated all the qualities of a good servant-leader."

Wigglesworth took over his duties on an interim basis in January. Not knowing how long his tenure would be, Williams said the Virginia State University alum conducted himself like someone in a permanent position.

"Never once did he say or act as if this was temporary," recalled Williams. "Every day, he suited up to execute his responsibilities as commandant as if he was going to be here 10 years, not 10 months."

After the ceremony, Wigglesworth said he always gives it his best no matter the job or its duration.

"When given a mission, it's your mission," he said. "It's never temporary to me. You perform your mission until you're properly relieved. I give it 100 percent regardless of what I do."

Upon his departure, Wigglesworth said he is inclined to remember his professional staff of Soldiers and civilians, and the interaction he enjoyed with young officers just starting their careers.

"These folks are our future," he said of the latter. "To actually see them at 'ground-zero,' if you will, is really a privilege. It's reflective because I can see myself in their shoes."



T. Anthony Bell

Col. James J. Godfrey, incoming commandant, Army Logistics University, accepts the school's colors from Michael K. Williams, ALU president, during a change of commandant ceremony Oct. 19 at Green Auditorium, Bunker Hall. Godfrey, formerly director, CASCOM G-3/5/7, replaced Col. Jamal E. Wigglesworth. Wigglesworth, who served as ALU commandant 10 months, is headed to CASCOM's Capabilities, Development and Integration Directorate.

Wigglesworth's next challenge is with the Capabilities Development and Integration Directorate here where he will be involved with starting CASCOM's component of the Army Futures Command.

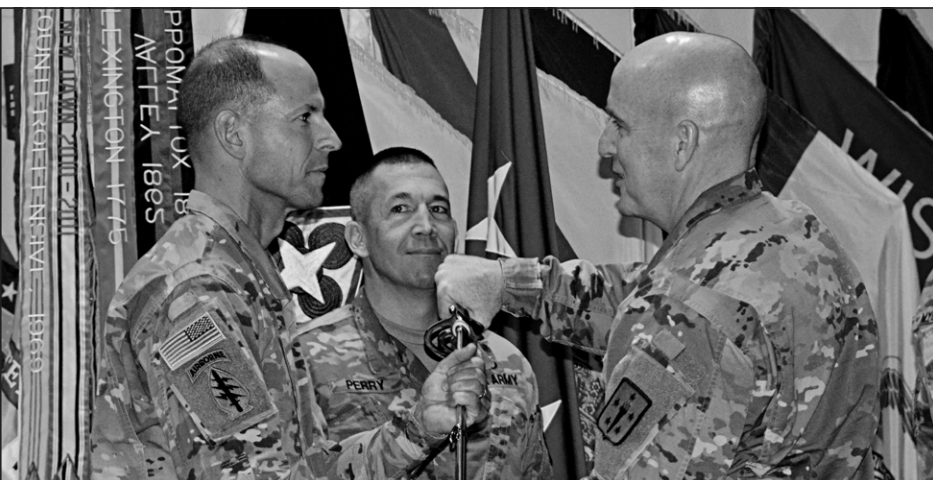
"I'm excited about it," said the Virginia Beach native. "I want to be a part of anything that's new and exciting."

Ribbon cut for new lot

Col. Matthew Hamilton, commander, 406th Army Field Support Brigade, cuts the ribbon to the new Transportation Motor Pool parking lot here along with Kelvin Mervicker and Robert Donovan of the Directorate of Public Works during a ceremony Oct. 18 at their facility. The more than \$600,000 paving program improved drainage issues and provided better organization for the government vehicles in their lot.



Amy Perry



Amy Perry

Chief Warrant Officer 5 Jonathan O. Yerby, the incoming Command CWO for CASCOC, takes a ceremonial sword from Maj. Gen. Rodney D. Fogg, commanding general, CASCOC, during a change of responsibility ceremony Oct. 16 at Wylie Hall. Yerby replaced CWO5 Richard C. Myers, the outgoing CCWO.

Top warrant officer changes at CASCOC

Amy Perry

Production/News Assistant Editor

The Command Arms Support Command team welcomed Chief Warrant Officer 5 Jonathan O. Yerby to serve as the command chief warrant officer during a change of responsibility command Oct. 17 in Wylie Hall.

Yerby – who most recently served as the regimental CWO for the Quartermaster Corps here – replaces CWO5 Richard C. Myers, who has been assigned to the Futures Command.

Maj. Gen. Rodney D. Fogg, commanding general, CASCOC and Fort Lee, oversaw the ceremony and said these two warrant officers are what is expected from warrant officers.

“They are the expert,” he said, “and they are outstanding Soldiers, leaders and technicians. They are not just one of these things; they are all three of these things. It has been my pleasure to work with both of these individuals over the past few years.”

Fogg extolled on the changes Myers has made to the WO corps over the last few years and expressed his gratitude for Myers’ work.

“He is the picture of professionalism and technical ability,” he said. “Rick Myers has made revolutionary and positive change (for

warrant officers).

“Rick, I applaud and admire your work,” Fogg continued. “It’s very tough work sometimes, but (I appreciate) what you’ve done over the last 30 years.”

Myers praised the CASCOC team for being top-notch during his speech and said he was thankful for the change to serve them.

“One thing that stands out (to be thankful for) is the opportunity to work with a group of professionals that are at the same time ordinary and extraordinary,” he said. “The people in this organization are professionals in the truest sense. They serve with the commitment to build a ready Army.”

As the command loses one great professional, Fogg said he was excited about the one following right behind.

“Yerby is a remarkable leader, warrior and technician,” he said. “He has served in the most elite military organizations on the planet and provided exceptional support for some of the most sensitive and important missions. He has the character, competence and commitment to move all our efforts to the next level.”

Yerby said he is grateful for the opportunity to serve the CASCOC and Fort Lee team.

“I will diligently work to ensure our warrant officers are the agile and innovative leaders that our Army needs to modernize and are ready to sustain combat power on the complex and multi-domain battlefield, today and tomorrow,” he said. “The Army needs the technician expertise of our warrant officers now, more than ever.”

NEWS BRIEFS

JAG Claims Service Closing Early Oct. 26

The Office of the Staff Judge Advocate, Client Services Division, will close at noon, Oct. 26. The office will reopen at 8 a.m., Oct. 29.

Traffic Disruption Notice for NCO Run

Commuters should plan for possible delays or consider alternative routes as a result of a CASCOC NCO 4-mile run Oct. 30, 5:30-7 a.m., in Williams Stadium.

While much of the run will take place along B Avenue, a designated physical training route closed to vehicle traffic from 5-7:30 a.m., the event could impact traffic flow along A Avenue.

AWM Grand Reopening

The Army Women’s Museum grand reopening ceremony is set for Nov. 2, 2 p.m., at 2100 A Ave. A Remembrance Garden rededication ceremony also is scheduled for 10:30 a.m. that day. The activities are free and open to the public.

The museum exhibit space has more than doubled adding five teaching galleries representing women’s contributions from 1775 to the post 9/11 timeframe. The museum art gallery, featuring an exhibition on the work of Sgt. Ann Tilson, a WWII Army artist, will be dedicated to the last Women’s Army Corps Command Sergeant Major Mary A. Lee Nov. 3, 11:30 a.m. For details, call 804-734-4327.

Tax Center Extends Volunteer Invite

The Fort Lee Tax Assistance Center is seeking volunteers to prepare federal and state returns throughout the 2019 tax season.

There are multiple roles for people who can gain valuable experience in preparing tax returns. No experience is necessary and all will receive free training through the IRS Volunteer Income Tax Assistance program. Administrative roles also are available. The center is scheduled to open in January and will remain open until mid-May in building 5209, 20th Street.

For details, contact Capt. Jaron Janson at 804-734-9895 or email jaron.r.janson2.mil@mail.mil.

NAF Sale Set for Nov. 6-8

Fort Lee Family and MWR will hold a NAF sale Nov. 6-8, 10 a.m. - 3 p.m., at the Regimental Community Center, 2609 C Ave. The event is open to the public and Fort Lee community.

The items for sale include televisions, recreation equipment, commercial kitchen equipment, furniture, Sustainment Prints and more. Availability is first-come, first-served. Items and costs will vary, and all sales are final. No exchanges or refunds will be allowed. It is cash and credit cards only sale. Customers will be responsible for pick-up of the purchased items. For details, call (804) 734-7195.

Chapel Choir Seeks Christmas Cantata Singers

The Fort Lee Religious Support Office is seeking singers for its community choir that will perform a holiday cantata titled “His Name is Jesus” on Dec. 9, 6 p.m., at Memorial Chapel.

No experience is necessary. Rehearsals are on Wednesdays, 7-8 p.m., at Memorial Chapel. For details, contact retired Lt. Col. Mike Wallace at mwall119@verizon.net or 850- 443-1647.

Wellness Day at Lee VTF

The Fort Lee Veterinary Treatment Facility will host a walk-in Wellness Day in support of One Health Nov. 3, 9 a.m. - 5 p.m.

Services will include wellness exams, vaccines, microchips, heartworm tests, and fecal tests. In addition, the clinic will offer a \$30 discount on wellness services Nov. 3-10. Those not registered in the system will need to bring vaccination records and other pertinent medical records. For details, call 804-734-2446.

VSU offers DCMA local source of young talent

Thomas Perry

DCMA Public Affairs

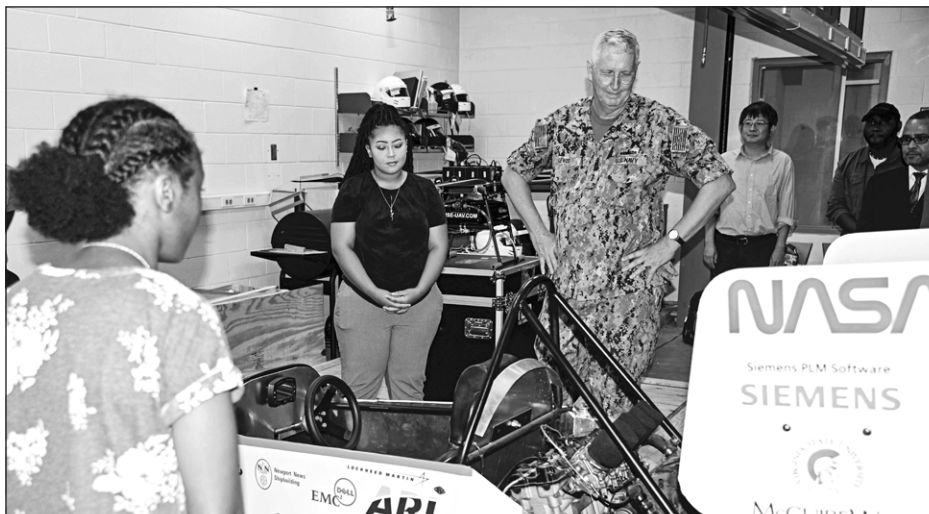
In what could be the first steps of a cross-organizational internship opportunity, Defense Contract Management Agency Director Navy Vice Adm. David Lewis toured the historic Virginia State University campus and met with academic leaders and students Oct. 1.

“We have not been over here to recruit for internships, so this is new,” said Lewis. “This is a getting-acquainted process to see if there’s something here that we could work on together. I think there is great opportunity. We have 25 intern positions to fill nationwide. So if we get one, two, or three here – that would be great. If we can’t work it out this year, we will have 25 more spots next year, but from what I saw of the school today, there is clearly an opportunity to work together.”

Driven by a Department of Defense effort to streamline acquisition and support modernization acceleration, a DCMA contingent of recruiting and equal employment opportunity professionals joined Lewis for the visit. The group hoped to establish the foundation of a regional internship pipeline, which would be supplied by VSU’s business and engineering students.

“Our students are top-notch and take any work opportunity seriously,” said Anita Coleman-Wynn, VSU’s director of Internships and Special Projects for the Office of the Provost. “They are either Dean’s List, Provost or Presidential Scholars with GPAs of 3.0 or better. Our students are committed. We make sure they get experiential learning. You’re going to get students who look at these internships as possible employment opportunities in the future, and I think you will find our students have a passion to represent VSU the way that our president wants it represented.”

The visit began in VSU President Makola Abdullah’s office, as he and Lewis discussed each’s organizational mission as well as the internships. Lewis and his team were then taken to VSU’s College of Engineering and Technology for a brief from Dr. Benedict



DCMA photo by Thomas Perry

Navy Vice Adm. David Lewis, Defense Contract Management Agency director, discusses technology-driven projects with students during a Virginia State University tour Oct. 1. These students are all members of VSU’s College of Engineering and Technology.

Uzochukwu, the VSU Department of Technology chair and associate professor.

“Today is a day of new beginnings,” said Uzochukwu. “We want to expand our partnerships. We want to expand our opportunity for students.”

That expansion is not without Defense precedent, as VSU has partnered with other DoD organizations through internships.

Uzochukwu said VSU currently has four students interning with the DoD’s Test Resource Management Center. The university also has several students with internships at Defense Logistics Agency, and two students who had internships with the Naval Sea Systems Command.

For DCMA recruiters, a key aspect of the visit involved clarifying misconceptions regarding public sector employment.

“As a federal workforce recruiter, one of the greatest challenges is overcoming the assumption that the agency and its employees are a part of the military,” said Ernest Smith, a DCMA recruiter for the east region. “However, once our mission is explained and the vital role of supporting the fighting forces and our impact on our national defense is fully understood, candidates are excited by career opportunities. College events such as the VSU visit are instrumental for introduc-

ing both professors and students to DCMA. This directly aligns with our goal of becoming known as an employer of choice.”

Young professionals looking to join DCMA’s workforce have many options in addition to internships, including the agency’s Keystone program, which is designed to develop technically-skilled, journeyman-level team members.

As a three-time intern with the Army Research Laboratory in Adelphi, Maryland, Kendall Ellison, a VSU senior majoring in Mechanical Engineering Technology, is more familiar with federal service than a typical college student. He said he would consider public sector service, especially if he could work with children.

“During my internship, I got to work with middle-school and elementary kids and teach them the positive outcomes when it comes to additive manufacturing,” he said.

Ellison said he chose VSU because he was excited to “get his hands dirty” on the many technology-driven projects offered at the university such as a fully-functioning race car and a drone.

“Since I’m a senior, I can work on senior-project design,” he said. “My task is to work on this drone, because as you can see it’s a little bit massive and the batteries can pretty

much only last from one to four hours. (But our goal) is to downsize it and find easier materials to use such as 3D printing, because additive manufacturing is the way to go now. I have been working at the Army Research Laboratory for about three years now and that was my last task to work with quadcopters and conductive filaments to make pretty much a fully 3D printed quadcopter.”

Lewis believes improving inefficiencies and enhancing workflow performance is one role potential interns could fill within his warfighter support agency.

“We live in production. That’s our world,” said Lewis. “A lot of our contracts are sole source so they’re non-competed, which provides an opportunity for things to become more efficient. Having that outside look at a company to say ‘wait a minute you have too many people here, you’re not being efficient there, you’re not being modern over here to drive down cost because there isn’t that competitive market pressure in that part of our business,’ — that is invaluable.”

Benjamin Stansfield, a VSU senior majoring in manufacturing engineering with a minor in computer science and mathematics, provided Lewis a behind-the-scenes tour of many of the Tech schools key projects. He was excited to share his team’s work and surprised by the admiral’s interaction.

“I thought it was pretty fun. Definitely not what I was expecting. I kind of expected everyone to be in uniforms and kind of strict, like you see on TV, but it was more laid back than I expected,” he said.

The Reginald F. Lewis College of Business was the final stop on the campus tour. Lewis was afforded the opportunity to speak with business students and academic leaders in an auditorium setting. He concluded his speech with a message of service.

“I would ask you all to look at government employment in general, if not at DCMA” said the 39-year Navy veteran. “It is a rewarding job. You are providing weapons and services to the warfighter, and defending the taxpayer. Sure, you could be making potato chips or

SEE **DCMA RECRUITS**, page 15

Let's talk about sex

Lesley Atkinson

KAHC Public Affairs Officer

Sex is a topic that may be uncomfortable but it is a fact of life. Whether it's a one-night thing, a new relationship or getting close with someone familiar, having the discussion of safe sex practices is important.

The staff at Kenner Army Health Clinic's Public Health Nursing department understands this and provides Soldiers and beneficiaries with a better understanding of sexually transmitted infections, prevention, human immunodeficiency virus testing, treatments and STI counseling.

The APHN concern to educate beneficiaries is elevated due to emerging issues that STIs have hit crisis levels and are on the rise in the U.S., according to new data from the Centers for Disease Control and Prevention. The data shows STIs such as chlamydia, gonorrhea, and syphilis cases hit an all-time high in 2017 with nearly 2.3 million cases reported to CDC, surpassing the total report-

ed to CDC for 2016 by more than 200,000 cases.

"No one knows why this is happening in the U.S.," said Stephen Pinkerton, a nurse practitioner in Occupational Health. "A causal relationship has not been scientifically proven. There could be numerous factors, including: decreased use of condoms, increased unprotected sexual encounters, increased testing for STIs, antibiotic resistance, recurrent or repeat infections, not performing lab tests to ensure a cure has occurred 12 weeks after treatment, public health budget cuts, the rising popularity of dating apps, or some other cause that we have not yet even considered. Whatever the reasons, the increase in these numbers is alarming. In terms of prevention and treatment, the country is getting worse, not better. This marks the fifth consecutive year of sharp increases in reports of STIs."

Today, there are more than 20 types of STIs, including genital herpes, gonorrhea, chlamydia, HIV/AIDS, HPV, trichomoniasis, and syphilis. STIs can be spread through



Stock Photo

skin to skin contact, body fluid, or both during oral, vaginal, and anal sex. Even without visible symptoms, there is still a chance of exposure to an STI.

"There are things everyone

can do to help protect their sexual health, and it's worth protecting," said Kenner's Chief of Army Public Health Nursing Maj. Jasmin Gregory. "One of the ways of protection is by wearing a condom. Condoms are

SEE **SEX EDUCATION**, page 13



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T. Anthony Bell

Senior Writer/Special Projects

Command Sgt. Maj. Michael J. Perry III has logged thousands of hours toiling over hot stoves in kitchens across the Army but gladly points out his interests went far beyond the confines of those many dining facilities.

“What I did as a young sergeant with three years in the military was strive to be the best leader I could for the Soldiers I had the privilege of leading,” said the CASCOM CSM, only the second culinary specialist to carry that distinguished title. “From that standpoint, it didn’t matter what my MOS was.”

Although he is proud to be a food service professional, Perry acknowledged long-held stereotypes paint those in his career field as too singularly focused. He’s adamant that technical skills should never overshadow one’s purpose as a Soldier.

“There are those fundamental things NCOs are expected to do for their troops regardless of MOS,” said the 44-year-old. “I just continued to concentrate on that and being technically proficient as a food service Soldier. I never lost focus on leadership as an obligation to the Army.”

Perry, who has spent 26 years in uniform, views leadership as the cornerstone of his soldierly existence, but said he was never attracted to positions of higher rank because of power, prestige or authority.

“I see myself as servant-leader who has a span of positive influence,” he said. “Leaders are going to give you one of two examples: the one to follow or the one not to follow. From my experience, the best leaders having the greatest impact weren’t necessarily the fastest, the strongest or who held the highest positions; it was truly the person, who they were, how they carried themselves and the positive influence they fostered.”

As CASCOM’s top enlisted leader, Perry’s span of influence is far greater than any of his past assignments, including his last as Sustainment Directorate sergeant major for Combined Joint Task Force - Operation Inherent Resolve in the Middle East. As part of the leadership team under Maj. Gen. Rodney D. Fogg, CASCOM and Fort Lee

CASCOM senior enlisted leader can’t be categorized by his MOS



Contributed Photos

Command Sgt. Maj. Michael J. Perry III is the 11th CASCOM CSM. He is only the second food service Soldier to hold the position.

commanding general, Perry helps oversee an organization responsible for training and leader development, sustainment doctrine and force design, and comprised of several schoolhouses and thousands of Soldiers and civilians at several installations.

“Never would I have thought, especially back in August of 1992 when I started this journey, I would serve as the CASCOM command sergeant major,” he said. “I am honored and humbled to have this opportunity, and that’s what it is, an entrusted position as a part of this command that does so much for our Army.”

Perry’s bent on servant-leadership has its beginnings in Youngstown, Ohio. The son of a former Marine and ex-Sailor, he grew up mostly in a single household, the oldest of

four children and who was fully aware of his circumstances. That cognizance would factor in his decision to join the Army.

“Although I got very good grades in school, what I didn’t want to do is burden my mother or myself with a bunch of student loans, so I looked at the military as a great opportunity to first, kind of get a good foundation in life, and second, get money for school,” he said. “My plan was to do three years then transition back to Ohio and go to college.”

Perry’s initial intent never panned out. He was confronted with such an array of life-enriching and life-altering opportunities in the Army, he found it difficult to reject. Perry went on to serve as a food service Soldier in such locales as Fort Richardson, Alaska;

Fort Bragg, N.C., and Fort Hood, Texas. His CSM assignments include the 101st Airborne Division Sustainment Brigade, Fort Campbell, Ky.; 264th Combat Sustainment Support Battalion, 3rd Expeditionary Sustainment Command, Fort Bragg; and Regimental Support Squadron, 2d Cavalry Regiment, Vilseck, Germany.

Perry’s ascension to the rank of CSM came via CSM Ken Taylor and CSM Armando Alfaro, the top enlisted leaders for the 4th Brigade Combat Team and 782nd Main Support Battalion, respectively. Alfaro recommended and Taylor approved Perry for a 782nd MSB first sergeant position after he made the E-8 promotion list. It was the kind of a boots-on-the-ground opportunity Perry savored and one very few food service

Soldiers come by.

"I'm thankful to them because if they wouldn't have looked past my MOS and just trusted what they saw in my performance and my potential to serve in that very demanding position, I wouldn't have had the opportunities I was given throughout my career," he said.

Wearing the first sergeant's diamond insignia was the biggest meal, so to speak, Perry would ever have to prepare. The health and welfare of hundreds of personnel were the main course and a plethora of accompanying issues were the side items he had to constantly consume. Perry was hungry for leadership, however, and endured 42 months during a tenure that included the loss in 2007 of one of his Soldiers during a unit deployment to Afghanistan.

"The promise I tried to make to our Soldiers and families when we deployed in January '07 was 'Bring everyone back safe,'" he remembered. "As the first sergeant, I felt like I had failed."

Perry noted his recovery from the loss was advanced after meeting the Soldier's mother, who had come to grips with her son's death and offered him messages of encouragement, comfort and compassion.

"What she said to me that day got me to that next level of never forgetting the Soldier and truly healing much better," he said.

Lt. Col. Heather M. Reilly, chief of the Commander's Initiative Group at CASCOS, was Perry's commander during the 2008-2009 timeframe following his deployment. She said his accomplishments and leadership style had lasting effects.

"Mike is a soldier's Soldier and a paratrooper's paratrooper," said Reilly, who considers Perry a friend. "He has the unique ability to stay connected to Soldiers at all ranks. He is passionate about the Army and constantly gives back as a leader through mentorship and maintains connections with all those with whom he has served."

Through the course of his career, Perry said he has cultivated a leadership philosophy that keeps him grounded to the needs of Soldiers while maintaining his focus on the big picture. He calls it "the three P's" – passion, people and personality.

"If you're a passionate leader and trying to be the best example you can for your Soldiers, people will feed off of it because they can see you're excited and passionate about serving," he said. "The next thing is to have a personality. That means being personable and humble. When you acquire that, it sets a very good example for those who see you in any capacity as a leader. The last 'P' is for people. As that passionate someone who is a servant-leader with a good personality and not someone with a 'hail me' complex, you should always factor in the human cost. Sometimes as leaders, we get so hung up on mission accomplishment, we lose sight of the impact on the organization, personnel and families."

As much as can be said about Perry the Soldier, still more can be told about Perry the family man. He and his wife of five years, Razell, have a blended family of five. Perry said he has learned to draw the lines between military service and family life, but the reality is the lines can often become blurred.

"I wouldn't be who I am as a leader if I was not who I am as a person who has tried to find the balance between being a good Soldier and a good father, husband and person," said Perry, noting he is also a man of faith. "What I will say, and I don't think it's political, that it is next to impossible as a senior leader to have balance in the sense of being equal to all things."

"We are going to have to sacrifice a lot more of our time and energy, and as a result of that, our families will as well," he continued. "The bottom line is you cannot be an effective leader if you're stuck on 50-50."

In full acceptance of his military obligations, Perry said it is imperative Soldiers "make time for those things that are important in order to do the things the Army needs" one to do. It can be as simple as going to a baseball game or spending time with the family, he said, "because the Army is going to get its time out of you during deployments and everything else."

No doubt, Perry is a pragmatist. Further, he considers himself a leadership study, not one to sit atop the pedestals of his achievements and bask in their glories. Perry offered he is

SEE **CASCOS CSM PERRY**, page 15

Focus on fundamentals at top of CSM game plan

T. Anthony Bell

Senior Writer/Special Projects

Command Sgt. Maj. Michael J. Perry III is under no illusion that his previous leadership experience has prepared him for everything.

The 11th CASCOS CSM – entrenched in his duties after a little more than 90 days on the job – helps oversee the Army's "Sustainment Think Tank," an organization that principally performs initial entry training and leadership development while shaping Army logistics-related doctrine, among several other missions.

CASCOS, layered in organizational structure with a mix of military and civilians, is sprawled across several states, and its tentacles reach from the foot Soldier all the way up to leaders at the highest level. Perry showed no indication the work ahead is intimidating but said it is daunting.

"Very little of what I've done previously has specifically prepared me for this assignment," he said. "Here, there are processes and levels of complexity that mean things do not always move or change as quickly as we want, and in some cases, as quickly as we need."

Perry has spent a considerable amount of time in the operational Army where field experiences have greatly impacted his thoughts and actions. Although there are many uncertainties surrounding his new position, he is reassured by what he knows to be his truths and what he considers as the foundation of anything worth achieving.

"I'm passionate about the fundamentals," he said. "To me, they are timeless. Our technology will change, our uniforms will change, but the one thing that doesn't – and

this is what we're trying to drive here at CASCOS – are the fundamentals."

Those elements include discipline, appearance and conduct standards, proper customs and courtesies, tradition and esprit de corps, said Perry.

"In any organization, as long as you have a strong foundation of fundamentals, you can then build upon them to achieve excellence," he said.

With an emphasis on the attributes of basic soldiering, Perry said he will continue the push to optimize training – for officers and enlisted Soldiers – geared toward field operations as recently directed by the commanding general of Training and Doctrine Command.

That goal, acknowledged Perry, will take time and energy. There are nuances and challenges at each of the schoolhouses with respect to "warriorization" and "soldierization" training for students, but Perry said he wants the institutions to begin collaborating and integrating more and sharing best practices.

"As we begin to do that, what is important to us individually becomes less important because everything is driven by what's best for the Army," said Perry.

He also wants to improve training in general. Among his stated goals is ensuring the leader-development mission is aligned with the needs of the Army and that each schoolhouse is producing the best Soldier possible.

"Sometimes, we design leader-development to get after the newest thing and keep people abreast of all the changes

SEE **CSM GAME PLAN**, page 15



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Kenner celebrates Hispanic Heritage



Contributed Photo

Kenner Army Health Clinic had a Hispanic Heritage Month Observance earlier this month with special guest speakers, Lt. Col. Nelsa Caceres-Agosto from Collective Training Development at CASCOT and Mr. Juan Tejeda from the Richmond Police Department. Both from the islands of Dominican Republic. Lt. Col. David Glad, Deputy Commander, Administration at KAHC gave both speakers a certificate of appreciation for taking their time to speak with Kenner staff. In addition, Kenner had a special visit from the Queen, Miss Hispanidad of Virginia, Yasmin Paredes. Each year, Americans observe Hispanic Heritage Month by celebrating the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. The observance began in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 31-day period starting on Sept. 15 and ending on Oct. 15.

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U.S. Army Transportation Museum

Transportation Artifact of the Month

This VH-60A Blackhawk VIP helicopter is on display at the U.S. Army Transportation Museum at Joint Base Langley-Eustis. It started its life as a standard UH-60A, arriving at Fort Campbell, Ky., in November of 1981. During its first 12 years, it served in various units within the 101st Combat Aviation Brigade. After returning from Desert Storm, the aircraft spent a few years at Fort Campbell before being selected for modification and sent to the Bluegrass Army Depot, Kentucky, where it spent two years being modified into the VIP aircraft pictured. This aircraft then spent the next 19 years flying dignitaries, heads of state and other important personnel around Washington, D.C., with the 12th Aviation Battalion. It ended a 30- year tour of duty in service to our nation with over 5,000 flight hours. Entering active service in 1979, the UH-60 became the premier transport helicopter of the Army and was seen as a more than adequate upgrade to replace the venerable and combat proven UH-1 Iroquois Huey. It was deployed for the first time to support Operation Urgent Fury on the Caribbean Island nation of Grenada in 1983.

Leadership gets flu vaccines



Dani Johnson

Maj. Gen. Rodney D. Fogg, commanding general, CASCOM and Fort Lee, and Command Sgt. Maj. Michael J. Perry, CASCOM CSM, receive their flu shots from Spc. Andrew Benavides and Pfc. Derek Uhler, both from Kenner Army Health Clinic. Those needing to get their shots can get them Oct. 27 from 10 a.m. - noon, ages 3 and older, at main entrance (by the information desk). Flu shot walk-in hours for the Pediatric clinic: Tuesdays and Thursdays starting October 16 through November 15. Extended hours walk-in times: 4-5:20 p.m. ages 6 months and above. Normal (pre-existing) walk-in times (for flu-only) are as follows: Monday, Tuesday, Wednesday and Friday, 7:30-11 a.m. and 1:15-3:15 p.m. KAHC's Occupational Health Clinic will conduct weekly flu vaccines or the DoD Civilians every Tuesday, 9-11 a.m.

SEX EDUCATION,

continued from page 6

98 percent effective in preventing pregnancy, HIV, and other STIs, if worn consistently and correctly.”

Gary Woodford, an epidemiology technician in Public Health, Preventive Health, teaches his patients “Condom Sense,” which he feels works best when it comes to selecting and handling condoms. When looking at a condom, one should observe the expiration date and ensure it is not ripped and does not look dry, brittle, stiff or sticky. The condoms should be stored at room temperature and not left in your vehicle, exposed to extreme hot and cold temperatures. Most of all, don't store a condom in a wallet where it can be damaged. Be sure to use water-based lubricants. This helps reduce friction that can cause the condom to break. Not using a condom means increasing your risk.

Although condoms are effective, they're not the only tools available to fight STIs. There are prevention medicines available to include vaccinations like Gardasil to prevent Human Papilloma Virus, or the HIV PrEP (Pre-exposure prophylaxis) which will be offered at Kenner Army Health Clinic.

“Aside from condom use, prevention medication and vaccinations, we have to talk

about sex,” said Gregory. “It's important that we have healthy open communication with our partners and even our children.”

Although many adolescents may say they know everything about sex, studies have found that many adolescents are not completely informed about sex and sexually transmitted infections.

“We understand that having the ‘sex talk’ with our children is difficult,” said Gregory. “Allow APHN to help you with that discussion. We encourage parents to schedule an appointment for STI education for teens.”

These “sex talks” are not only for teens but for those of all ages at APHN. The team is ready to give the correct vital facts.

“You have to know your status,” said Gregory. “Many STIs are asymptomatic. “The best thing you can do is get tested. No matter what the results are, you can do something about it. Some STIs are curable, most are treatable, but all are manageable. Call and schedule an appointment at the Kenner Army Health Clinic and know your status.”

Kenner also offers Self-Care classes to all incoming AIT soldiers and any unit by request.

Free male or female condoms they are available with no questions asked in Preventive Medicine on the 2nd floor at Kenner.

For more information or to schedule an appointment, call 866-533-5242.

CALENDAR

LOCAL ACTIVITIES FOR THE FORT LEE COMMUNITY

ALU Trunk or Treat | Oct. 26

The Army Logistics University Support Battalion has scheduled a Trunk or Treat celebration for Oct. 26, 6-8 p.m., in the Army Logistics University parking lot No. 5.

All service members and families are invited to the free festivities. Volunteers also are needed.

For details, call 804-765-8125 or 765-8121.

Haunted Henricus | Oct. 26-27

Participants will experience an evening of spellbinding fireside accounts and tales as storytellers relive old English and Virginia Indian legends Oct. 26-27, 7-8:30 p.m., at Henricus Historical Park, 251 Henricus Park Road, Chester.

In addition, the park will hold a special event for young children Oct. 26, 3-4 p.m. For details, call 804-318-8797. The nighttime events will include tours that are not appropriate for children under 6 years old. Registration is required.

For details, call 804-748-1611 or visit www.henricus.org.

Exchange Care Package Event | Oct. 27

The Fort Lee Exchange invites children of deployed service members to create special care packages for their deployed love ones Oct. 27, 10 a.m. - 2 p.m., at the Main Exchange.

The Exchange is partnering with the Commissary for the special event. The Exchange will supply a \$10 Commissary gift card for shoppers to buy approved items, plus a \$20 Exchange gift card to go in the care package.

For details, call 804-861-5970.

Boots-to-Business Workshop | Oct. 29-30

A free self-employment training workshop will be offered Oct. 29-30, 8:30 a.m. - 4 p.m., in the Soldier Support Center, building 3400, room 124. Registration is requested by visiting army.lee.sftap@mail.mil.

For details, call 804-734-6212.

Night at Transportation Museum | Oct. 29

The annual Night at the Army Transportation Museum celebration is set for Oct. 29, 5-8 p.m., at 300 Washington Blvd., Joint Based Langley-Eustis.

The free activity is for children, ages 12 and under, who will see the exhibits “come alive” while trick or treating through the facility.

For details, call 757-878-1115.

Resume Writing Workshop | Oct. 30

The Soldier for Life - Transition Assistance Program will host a free resume-writing workshop Oct. 30, 9 a.m. - noon, at the Soldier Support Center, building 3400, Room 126, 1401 B Ave.

Participants will receive tips on fine-tuning objectives, crafting work history, showcasing skills and more.

For registration, call 804-734-6612 or email army.lee.sftap@mail.mil.

VSU Open House at Ed Center | Oct. 30

Virginia State University Department of Technology will hold an Open House Oct. 30, 11:30 a.m. - 1 p.m., at the Fort Lee Army Education Center, building 12400, room 169.

Representatives from its Information iLogistics Technology program will share information on its fast track program - Enterprise Resource Planning.

For details, call 804-765-3300.

‘Sound of Music’ Opens Nov. 2 at Lee Theater

“The Sound of Music,” the second installment of the Lee Playhouse theater group platinum season, opens Nov. 2, 8 p.m., at the Lee Theater.

Performances are set for Fridays and Saturdays, Nov. 2, 3, 9, 10, 16, 17, 23 and 24 at 8 p.m., and Sundays, Nov. 4, 11, 18 and 25 at 3 p.m. All shows are open to the public.

Tickets are \$15 for adults and \$7 for youths.

Contact the box office at 804-734-6629 for reservations and additional information.

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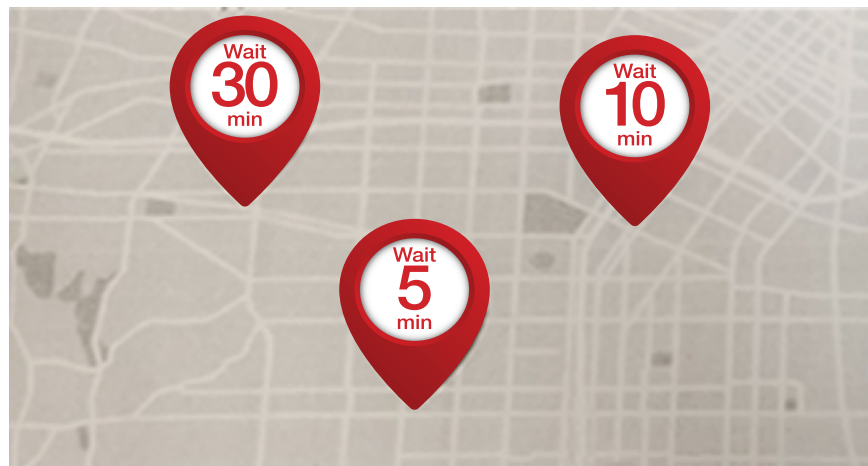
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TRICK OR TREATMENT,

continued from page 2

indicate psychological issues. People who pick scary costumes are conquering fears from childhood. Those who dress like politicians enjoy provoking conflict. Individuals who portray nuns, priests, school teachers and librarians are shy and unapproachable. Cops, firefighters, doctors, cowboys and superheroes desire to be taken more seriously. People who choose storybook or cartoon

characters like Snow White and Sponge Bob want to recapture the innocence of youth.

Apparently, any costume we pick will reveal deep-seeded narcissism, paranoia, attention-seeking, psychosis, rage disorder, gender issues or savior complex. There's no escaping it. So, unless you plan to sit at home compulsively gorging on your kids' rejected Almond Joys on Halloween night — not that I've ever done that — just put on a costume and let your freak flag fly.

DCMA RECRUITS,

continued from page 5

tennis shoes. These are perfectly honorable things to do and make. There is no sin in that, but when you are making weapons that defend America, it is a different kind of thing. To me, it's a higher calling. Probably some of

your family members are in the military — I see at least one uniform here. We put weapons in the hands of Marines, Soldiers, Airman and Sailors, and if it doesn't work that's on us. To me, that is a special responsibility. We deliver product to the warfighter, and we make sure it is right. That's our mission."

CASCOM CSM PERRY,

continued from page 9

still in pursuit of lessons to be learned and applied to the real world.

"I'm still learning and evolving as a leader," he said. "As a professional or as a person, whenever you feel you're at a point of comfort, then that's when you stop growing. Being a humble leader, I have

never allowed a position or rank to dictate whether or not I've arrived. I'm still trying, even in my current position, to learn, evolve and grow as a leader and person.

"It's all driven toward my efforts to be the best leader and example I can be for our formations."

Perry will serve as the CASCOM CSM for two years.

CSM GAME PLAN,

continued from page 9

going on, and that is very important," he said. "In my opinion, however, if our Soldiers lack the solid foundation — being disciplined, trained and conscious of our values and standards — then everything we're trying to do is being built on a shaky foundation."

Perry went on to opine and comment on a number of other issues. What follows is a condensed list:

1. The fight of the future is Large-Scale Combat Operations — "we are currently re-designing our doctrine and training to ensure we're training and developing Soldiers and leaders to survive in large-scale war."

2. Much rests on CASCOM's civilian workforce — "they are outstanding professionals who are the continuity and the subject-matter-experts of our organization."

3. Successful Soldiers are those who live

the Army Values, live the Warrior Ethos and do everything possible to be the best individual of a much larger team. "Everything we do for the Army we do because it's bigger than us."

4. Leaders — platoon sergeants, instructors, drill sergeants and company commanders — are expected to set the example and embrace the honor and privilege it is to serve as leaders.

5. Soldiers and civilians should continue to look at ways to optimize processes and practices. Time and resources savings and other improvements can never be understated.

6. The command's "easy targets" are developing training and curriculums focused on "warriorization" and making sure Soldiers are disciplined and adhering to Army standards.

7. Change in any organization starts with a change in thought processes.

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