

THE 1ST INFANTRY DIVISION POST

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★

FORT RILEY, KANSAS

Honoring past, building future



Maj. Stefano Catania, Italian army Liaison Officer of the United States Army Combined Arms Center of Leavenworth, Kansas, right, and Col. Carsten Döding, German army Liaison Officer of the United States Army Combined Arms Center of Leavenworth, render a salute following the laying of wreaths at the headstones of their countrymen who died as prisoners of war at Fort Riley, Nov. 15.

Fort Riley hosts remembrance of WWII prisoners of war

Story and photos by Gail Parsons
1ST INF. DIV. POST

During a Nov. 15 ceremony at the post cemetery, wreaths were laid in memory of Italian and German World War II soldiers who died while being held as prisoner of war at Fort Riley.

The annual event is a remembrance of the POWs who lived and worked on Fort Riley between 1943 and 1946. Separated by a low stone wall from the gravesites of Americans buried at the cemetery, the headstones of 62 Germans and 11 Italians face those of their former foes.

Col. Carsten Döding, German army Liaison Officer of the United States Army Combined Arms Center of Leavenworth, Kansas, thanked Fort Riley officials for hosting the event because of the importance of not forgetting the dead, he said.

Although the POWs who are buried at Fort Riley died during World War II, Döding acknowl-

edged the recent centennial of the armistice, which silenced the weapons of World War I ending hostilities between the Allies and the German Empire.

He spoke of how the Great War was only four years but forever changed the world.

"Many of the greatest conflicts and challenges our world faces today have roots that trace back to that war," he said. "Wars cast long shadows, to include generations who did not experience them first hand. The first World War's impact on art, education, technology and in particular our cultures, is still present. Whoever you are, where ever you are, you are living in a world that has been shaped by this war."

The League of Nations was tasked with preventing another world war — but failed, he said.

During the second World War, Fort Riley was established as a site for a prisoner of war camp. It became home to about 4,500 of the 350,000 POWs who were

dispersed among 600 such camps across the country.

"Despite many wild rumors about how the allies treated the prisoners, some Germans were pleased to be captured by the Americans," Döding said.

The reality was that they would be treated well. In contrast, they feared being captured by the Soviets. Those who came to Fort Riley filled a labor void on area farms, worked on roads, in the laundry and on building maintenance projects. Prisoners earned about 80 cents a day.

When the war ended, some of the POWs chose to stay in the area to live and work, others boarded ships for home while 73 remained behind in their final resting place.

"Although they died thousands of miles away from home they are not forgotten," Döding said. "They fought for their country, convinced they were fighting for the right cause."

Today, he said, Germans know it was not the right cause.

"This peaceful site; however, where so many have found their last resting place, gives the dead back their dignity and the living a place to mourn," he said. "It is our obligation to pay our respects to them especially when their families are not able to ... For each of the white marble headstones there is a soldier who never returned to their loved ones."

"Let us never forget, that every victim has a personal story," Döding said. "Today we remember those who served their country and sacrificed their lives irrespective of nationality or ideology."

In closing he recited "The Good Comrade" written by German poet Ludwig Uhland in 1809, which reminds soldiers that the pain of losing a comrade in battle is not limited to any one trench.

I once had a comrade,
You will find no better.
The drum called us to battle,
He walked by my side,

See CEREMONY, page 7



American, Italian, Japan and German service members render a salute during the playing of taps in remembrance of the prisoners of war buried at Fort Riley during a Nov. 15 ceremony.

Future leaders visit Fort Riley

Story and photo by Amanda Ravenstein
1ST INF. DIV. POST

Participants in the Flint Hills Regional Leadership Program, now in its 26th year, visited Fort Riley Nov. 15 through 16. During the visit, the program members toured Irwin Army Community Hospital, training and flight simulators and the Custer House. They also participated in simulations on the engagement skills trainer and tried their hands on the control stick

of helicopter flight simulators. All of this was a part of what the program literature describes as servant leadership training.

"It's all about who really wants to learn about leadership, who really wants to make this region better," said Rebecca Estrella, regional program manager Service to the Armed Forces, American Red Cross. "If they have that desire ... those are the kind of people that they want."

See VISIT, page 7



Margaret Ziffer, Fort Riley Garrison Public Affairs Office, flies the CH-47 Chinook helicopter simulation over Washington, D.C., Nov. 16 during the Flint Hills Regional Leadership program visit.

Award affirms company's commitment to readiness

By Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS

An aviation company was recognized last week for its Soldiers' efforts to thwart alcohol- and drug-related incidents.

Leaders from Company C, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division, received the SABER award from Maj. Gen. John S. Kolasheski, 1st Inf. Div. and Fort Riley commanding general. SABER stands for Sober Armies Bravely Expedite Readiness, which is a program that rewards units for strict compliance of Army Regulation 600-85 within the Army Substance Abuse Program.

The SABER program is "designed to enhance the awareness of substance abuse through the spirit of friendly competition," according to information from Fort Riley's program.

See SABER, page 7

WHAT'S IN THIS ISSUE



WEATHER DOESN'T KEEP FUN OUT OF RUN

FORT RILEY'S ANNUAL GOBBLE WOBBLE WAS PARTIALLY MOVED INDOORS DUE TO WIND AND COLD WEATHER — THAT DIDN'T STOP THE FUN FROM HAPPENING

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ALSO IN THIS ISSUE



COFFEE BRINGS SPOUSES TOGETHER, ONE CUP AT A TIME

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ALSO IN THIS ISSUE



SPC. SHELL WANTED TO DECORATE HIS HOME, BUT DIDN'T KNOW HOW. SO, HE'S CHECKING OUT AREA HOLIDAY TOURS OF HOMES TO GET CREATIVE IDEAS

SEE PAGE 16

Pilot program creating expertise among attorneys

By Gail Parsons
1ST INF. DIV. POST

Using the concept of do less — achieve more, the Fort Riley Staff Judge Advocate General's office is coming to the end of a one-year pilot program designed to increase expertise among the trial counsel.

Maj. Andrew Smith, chief of military justice for 1st Infantry Division, said members of the JAG Corps were looking at courts martial across the force and noticing a decrease in the number of cases being tried. A plan was devised to restructure the way the attorneys operated, which would result in an increase in trials. Smith believes the pilot program was successful.

"Before, we were structured where a unit would have a trial counsel and (that attorney) would advise commanders on Article 15, chapters and a whole bunch of other stuff," Smith said. "Going into the courtroom was one small aspect of what they did. What we've done is create a separate team whose whole focus is trying courts martial. Their focus is going to trial."

At Fort Riley, there are four trial counselors for six military units. Their primary role is to advise the commanders. They still go to court but they are second chair to the three litigation attorneys who are becoming more versed in courtroom procedures.

The litigation attorneys are the ones who handle the motions and discovery — taking the lead in the courtroom.

"Before, everybody was a trial counsel," Smith said. "The trial counsel would work with [U.S. Army Criminal Investigation Command, formerly

Criminal Investigation Division] and advise the command. Then, after advising the command, if it was going to a court martial, they would go all the way to trial.

"You're not becoming an expert when you are doing all of this," Smith said. "Now, instead of doing 10 things you are doing five things over and over and becoming an expert."

Having the time and knowledge to delve into issues pertaining to legal tasks like motions and discovery can make the difference in the integrity of how a case is handled.

When Brig. Gen. Joseph B. Berger III, Commander, United States Army Legal Services Agency and Chief Judge, U.S. Army Court of Criminal Appeals, visited the Fort Riley Staff Judge Advocate in October, during one of his presentations he made it clear how important he felt discovery was and why the corps had developed a new eDiscovery division.

"What we discovered was that we did not have a program, we had a software tool we were using that was incomplete, at best, and only addressed a small piece of it," Berger said. "What we also found was the courts are telling us 'a failure to do complete discovery is an ethical failure' and could lead to negative ruling from the bench."

Smith said part of discovery is simply knowing the rules.

"Knowing what we have to provide (the defense), when we have to provide it and what we can't provide," he said. "We have rules as far as being an attorney and rules being military attorneys."

The litigation attorneys are involved in the cases right from

the start, they just don't advise the commanders anymore.

"Let's say, for example, we look at the blotter and Soldier 'X' was arrested for doing whatever misconduct," he said. "If it is something fairly significant that we think might eventually be a court martial, I will assign a litigator to it. That way they are getting spun up on the facts early, working with CID early and working with trial counsel ... (who) is primarily advising the command. As the case progresses (the litigation counsel) take more responsibility in the case."

In addition to increasing the expertise among the trial counsel, the goal of trying more cases has been met. From November 2016 to November 2017, Fort Riley SJA tried 16 courts martial. The following year, same timeframe, they tried 32 cases.

Smith said there were many variables in addition to expertise that lent to the decrease of cases.

"A lot of things are at play," he said. "We have readiness as a focus. While we've been at war ... a lot of times going to courts martial isn't always the most expedient for readiness. Sometimes, a lot of times maybe, there is another outcome whether that is administrative action or a chapter that might happen."

The Army was also putting a focus on trying sexual assault cases, which put some of the general crimes, like larceny, on a back burner, he said.

"We lost focus a little," Smith said. "We want to make sure we look at all crimes and domestic violence is one of the big ones that we are looking at advising commanders the right way."

Fort Riley introduces new housing pet policy



Fort Riley pets run around the large dog park Nov. 13. Corvias family housing pets must be registered and microchipped. Fort Riley Veterinarian Services offers the service. Call 785-239-3886 for information.

Story and photo by Téa Sambuco
1ST INF. DIV. POST

October introduced Fort Riley to colder weather, ghosts, goblins, candy and a new pet policy. Corvias housing released flyers announcing residents would only be allowed two pets instead of three.

Corvias program office administrator, Jasmine Crosby, said Fort Riley was following the new Army policy announced in August.

"Across the board, it's two pets," Crosby said. The new policy would ensure Fort Riley kept consistent with the Army, Crosby said. It would not have made sense

See PETS, page 8

October U.S. District Court, Courts Martial results

United States District Court at Fort Riley is part of the United States Federal Court system for the District of Kansas. The Court handles all traffic tickets issued to Soldiers and civilians that occur on Fort Riley and all criminal actions against civilians who commit offenses on Fort Riley.

OCT. 4

Jason M. Stewart, Jr.; pled guilty to criminal damage to property. District Court sentence: \$200 fine and \$10 special assessment.

Jason M. Stewart, Jr.; pled guilty to criminal restraint. District Court sentence: \$300 fine and \$25 special assessment.

OCT. 18

Derrick C. Tucker; Junction City, Kansas, found guilty after a bench trial of speeding 85 MPH in a 40 MPH zone. District Court sentence: \$420 fine and \$30 processing fee.

use a controlled substance and nine specifications of soliciting to possess a controlled substance in violation of Articles 112a, 81 and 134, UCMJ. The military judge sentenced the accused to be confined for 15 months, and to be discharged from the service with a bad-conduct discharge. A pretrial agreement had no effect on the sentence.

On Oct. 10, at a general court-martial convened at Fort Riley, Kansas, Pfc. Tevin F. Kennedy, United States Army, was acquitted by a military panel composed of officer and enlisted members of one specification of aggravated assault with a dangerous weapon, one specification of communicating a threat and one specification of willfully discharging a firearm under circumstances to endanger human life, in violation of articles 128, and 134, UCMJ.

On Oct. 12, at a general court-martial convened at Fort Riley, Kansas, Spc. Carrera R. Anderson, United States Army, was convicted by a military judge of one specification of sexual assault in violation of Article 120, UCMJ. The military judge sentenced the accused to be confined for eight years and to be dishonorably discharged from the service.

On Oct. 25, at a general court-martial convened at Fort Riley, Kansas, Sgt. Brandon S. Lints, United States Army, was convicted by military judge, pursuant to his pleas, of two specifications of assault consummated by battery in violation of Article 128, UCMJ. The accused was acquitted of two specifications of abusive sexual contact in violation of Article 120, UCMJ. The military judge sentenced the accused to be reduced to the grade of E-2 and to be confined for 15 days.

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Priority Mail Express Military Service –	Dec. 18

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Success in Army combatives lead to fights in other venues

Story and photos by Will Ravenstein
1ST INF. DIV. POST

Soldiers from the 97th Military Police Battalion grabbed the Fort Riley Combatives title for the third year in a row during Victory Week earlier this year. Several MPs continued from that success as members of the Fort Riley Combatives Team and competed in the III Corps Combatives Tournament as part of Operation Phantom Warrior Salute Oct. 15 through 18 in Fort Hood, Texas.

Capt. Zach Bregovi and Capt. Sam Lombardo, 977th Military Police Company, 97th MP Bn., were members of the team and Bregovi won his final match in the light heavy-weight class to take first place in the tournament.

"There was competition from all the III Corps units," Bregovi said. "When we showed up for the tournament, it was a little smaller than what we were expecting. But, there was still some good competition there. We got to meet a lot of really good athletes."

Although the 97th MP Bn., is part of the 89th Military Police Brigade, out of Fort Hood, both officers were pleased to represent the "Big Red One" during the tournament.

The three-day tournament began with level-one techniques on the mat and progressed through levels two and three with the final matches taking part in a cage like those seen on TV mixed martial arts fights.

Day one is strictly grappling with the winner earning the most points throughout the match via takedowns and securing dominate positions. Tapouts do occur, which will also give the win to one of the competitors.

Day two adds more physicality to the match, Bregovi said.

"Moving into intermediate rules, which is Pankration — open hand strikes to the face, closed hand to the body, kicks are allowed at this point," he said. "Whenever you have these available (the win) can be by tapout due to strikes, tapout by submission or referee stoppage. If it goes the distance, 10-minute round, it's based on the score from four judges. Finally, whenever you go into the cage for the full set of rules it's basically a MMA fight at that point."

Both officers were invited to an outside gym to work on competing in the amateur level MMA ring. Recently, both took part in the Universal Combat League and Never Surrender MMA's battle for All Hallows Eve event Oct. 27 at the Courtyard by Marriott in Junction City, Kansas.

Though both events finish in a cage, Lombardo said the two are different.

"When you are in the cage for day three of the combatives tournament, it's a lot of unrefined, raw talent," he said. "You get a lot of guys who are just freak athletes. Somebody might be a CrossFit regional champion or someone might be a former athlete that got into this and just made it there. They don't have too much skill, but they have enough to be super dangerous."

"When you go into the MMA ring it's more refined," he added. "People are training at gyms, they have coaches in the respective areas. They have a boxing coach, jiu-jitsu coach and a wrestling coach. They are all sitting there training, how many times a week, with those coaches and it's a more refined skill-set in the MMA setting."

Bregovi said he'd rather compete in the combatives ring as a member of a team.

"For me personally, I enjoy winning for the team more," he said. "I've always been more of a team-oriented person when it comes to competing. I've always competed harder whenever something is on the line for a team. I think that at the end of the day it's a great example for our Soldiers."

When both men arrived at Fort Riley, they participated in a tournament within the 97th MP Bn. This led to an invitation to train in the combatives fight house to learn more.

"We made it to the finals and it basically became a wrestling match," Bregovi said. "We didn't know much jiu-jitsu at the time. After that we got an invitation to come to the fight house. They saw that we had wrestling backgrounds. It's easy to build off that. As soon as we actually got into that world I fell in love with it."

Bregovi said he wrestled in high school while Lombardo has wrestled through his schooling.

"I've been a wrestler my whole life from kindergarten through high



ABOVE: Capt. Zach Bregovi, 977th Military Police Company, 97th Military Police Battalion, top, places Josh Taylor into a rear naked chokehold forcing him to tapout during the 205-pound weight class match Oct. 27 at the No Surrender MMA and Universal Combat League's Battle for All Hallows Eve event in Junction City, Kansas. **RIGHT:** Capt. Sam Lombardo, 977th Military Police Company, 97th Military Police Battalion, left, places coordinated punches to Derek Newson during their 205-pound match Oct. 27 at the No Surrender MMA and Universal Combat League's Battle for All Hallows Eve event in Junction City, Kansas. Lombardo won the title belt from Newson after the referee stopped the bout in the first round due to a technical knockout from repeated strikes to the head.



school and throughout college," Lombardo said. "For me it's always different when I get to day three or when I get into the cage — it's difficult for me to switch my mindset from straight grappling to the all encompassing; punches, kicks and the grappling. It's a hard thing to transition to."

Lombardo said training overcomes that difference.

"With the proper training that we get and

the mindset going into the few weeks leading up to it," he said. "It helps when you are training and mentally preparing yourself. You are going over different techniques while standing and mixing the striking portion with the grappling portion."

Both are uncertain of when they will fight in the amateur ring again, but the competitive Soldiers said they look forward to competing again.

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ABOVE: American Legion members stand ready for Warrior Transition Battalion, Irwin Army Community Hospital, Soldiers and their families to come through to receive Thanksgiving meal items Nov. 17 during the “Big Red One” Turkey Run. **RIGHT:** Staff Sgt. Christopher Kriegshauser, WTB, right center, shakes hands with a member of the American Legion Riders after items for his Thanksgiving Day meal during the 11th annual “Big Red One” Turkey Run put on by the American Legion Nov. 17.

Story and photos by Will Ravenstein
1ST INF. DIV. POST

More than 200 Soldiers from the Warrior Transition Battalion, Irwin Army Community Hospital, and their families were treated to a special event Nov. 17 during the 10th annual “Big Red One” Turkey Run hosted by the American Legion, American Legion Auxiliary, Sons of American Legion and American Legion Riders.

American Legion posts throughout the state brought items up to give to the Soldiers and their families to make the holiday easier on them. Several of the American Legion posts used connections with businesses in their towns to secure donations while others asked members to donate items.

Each location was given one or two items, depending on what they volunteered, to bring.

“I want to personally thank everyone here,” said Lt. Col. Brady Beall, WTB commander. “All of the volunteers that have spent so many countless hours and the effort into this great event. You all have been doing this for 10 years. That is impressive and we continue to appreciate all the hard work that you do with this. You have helped over 4,500 Soldiers and that’s awesome. We really appreciate this.”

Command Sgt. Maj. Shane Short echoed his appreciation.

“I think saying thank you is not enough,” he said. “I don’t think there is a possible phrase that expresses the gratitude from me and the Soldiers that get this reward, essentially it is a reward — not necessarily the stuff but of [the American Legion member’s] time. I guess the best I can do is give my personal thanks. Not my units thanks as a CSM, but my personal thanks as a thank you for being great Americans and for supporting the Army that I’m apart of.”

The sense of giving was what backed the American Le-



American Legion members unload one of many vehicles filled with food items for Warrior Transition Battalion Soldiers and their families Nov. 17 at the 10th annual “Big Red One” Turkey Run. Soldiers and their families were provided with items to assist with Thanksgiving meal planning.

gion members drive to accomplish their goal of feeding the Soldiers and their families. For many, this was an annual trip to Fort Riley. For some, this was their first time serving the Soldiers.

“It’s overwhelming,” said Kansas District 2 commander Marri Krupco, Mound City, Kansas. “I had no idea it was this big of a thing. It’s pretty crazy. I’m pretty excited to see the families come in and collect the stuff. I’m just happy I could be here.”

That eagerness to help was seconded by Oskaloosa, Kansas, native Ross Syner.

“I don’t know what to expect,” he said. “I’m just ready to get in there and help.”

Soldiers from the WTB were given the option to sign up for the event. Each registration form asked how many

members of the family were in the house so the proper amount of food would be given to assist them. For families with fewer than five members they received one turkey and at least one of the items from the tables. For families of six or more, they received two turkeys and two items from each of the tables.

American Legion members and other volunteers assisted the families as they weaved through the room ensuring the families were taken care of. Along the route smiles, hand shakes, hugs and laughter was shared as the American Legion members at each table thanked the Soldiers and especially their families.

“This time is one that is of the greatest concern because you have Soldiers that are far away from home,” Short said.

“You’re so far away from home, to have organizations like this to reach out and help them, it’s amazing — it really is. You’re giving them a sense of family and camaraderie in the holiday season where you typically tend to lose that because everyone spreads and goes to their family.”

Any items left after the final family was served will be donated to the Kansas Soldiers Home in Dodge City, Kansas, to ensure they have everything they need for the holiday meal.

‘BRO’ SPOTLIGHT

SGT. MARC MENARD
1ST COMBAT AVIATION BRIGADE,
1ST INFANTRY DIVISION

Sgt. Marc Menard’s leadership and technical knowledge in Apache armament/electronics and avionics systems resulted in a 10-percent increase in Fort Riley’s Apache operational readiness rate and one Soldier becoming eligible for promotion.

Because of his work, he was named the lead maintenance noncommissioned officer representing the armament section and steadily made improvements to the maintenance program.

His responsibilities are typically fulfilled by a sergeant first class. He is directly accountable for property and equipment valued at more than \$2 million in preparation for deployment to United States European Command.

Menard not only impacts the technical readiness of the brigade, but he also invests in the personnel strength and leadership development of junior Soldiers to further build the team and its capabilities.



GARRISON SPOTLIGHT

HEATHER STEWART
FORT RILEY PLANS, ANALYSIS AND INTEGRATION
OFFICE

As a management analyst in the Fort Riley Plans, Analysis and Integration Office, Heather Stewart attended U.S. Army Installation Management Com-

mand-sponsored examiner training to serve as part of the Army Communities of Excellence evaluation team. During the training, Stewart impressed the IMCOM instructors with her knowledge and ability to foster teamwork within the group.

Stewart was asked to serve as an IMCOM evaluation team leader in support of the Chief of Staff of the Army competition. This was evidence of her exceptional ability to combine analytical knowledge with leadership to build a cohesive team.



TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those with a valid military ID card, or who have an access pass or badge, wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit <https://home.army.mil/riley>.

The Fort Riley Visitor’s Control Center is open Monday to Friday from 5 a.m. to 11 p.m., weekends and federal holidays from 8 a.m. to 4 p.m.

The access control point hours are:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there is no designated POV lane.

Outbound traffic is not authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

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RILEY ROUNDTABLE

If you could travel anywhere for the holidays, where would you go and why?



"California because my family is there."

BRIANNA GARCIA
LOS ANGELES, CALIFORNIA

Wife of Spc. Eric Garcia, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division



"The Mediterranean, I like the food and the crystal-clear water."

STEVE MIDRANO
MILFORD, KANSAS

Salesman, Wireless Advocates



"Germany, the beer is cheap and the people are nicer."

DAVID KLIEN
PRESCOTT, ARIZONA

Retired military, 5th Squadron, 4th Cavalry Regiment, 2ABCT, 1st Inf. Div.



"Kentucky because it's been awhile since I saw my family."

PVT. SHAWN TIRAVANTI
RICHMOND, KENTUCKY

1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div.



"Arkansas because I haven't been there in a while and I miss home."

PFC. LEVI GRIFFIS
BATESVILLE, ARKANSAS

1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div.

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SAFETY CORNER

Safety ensures a happy holiday season

By Walter L. Hill
GARRISON SAFETY OFFICE

Team Riley, according to the National Safety Council, holiday safety is an issue that burns brightest from late November to mid-January, when families gather, parties are scheduled and travel spikes. We would like for all of Team Riley to take some basic precautions to ensure your family remains safe and injury free throughout the season.

Be informed, make a plan and be prepared when traveling and celebrating for the holidays. Regardless of whether you are driving locally or preparing for a cross-country trip, driving safely is important not only for you, but for those sharing America's roadways.

In 2015, 355 people died on New Year's Day, 386 on Thanksgiving Day and 273 on Christmas Day, according to Injury Facts 2017. Alcohol-impaired fatalities represent about one-third of the totals.

- Use a designated driver to ensure guests make it home safely after a holiday party; alcohol, over-the-counter or illegal drugs all cause impairment.
- Make sure every person in the vehicle is properly buckled up no matter how long or short the distance traveled.
- Put that cell phone away; many distractions can occur while driving, but cell phones are the main culprit.
- Properly maintain the vehicle and keep an emergency kit with you.
- Be prepared for heavy traffic and possibly heavy snow.

Decorating is one of the best ways to get in a holiday mood, but emergency rooms see thousands of injuries involving holiday decorating every season.

- Spraying artificial snow can irritate your lungs if inhaled; follow directions carefully.
- Decorate the tree with your kids in mind; move breakable ornaments or those with metal hooks toward the top.
- Always use the proper step ladder; don't stand on chairs or other furniture.
- Lights are among the best parts of holiday decorating; make sure there are no exposed or frayed wires, loose connections or broken sockets and don't overload your electrical circuits.
- Plants can spruce up your holiday decorating, but keep poisonous one (including some poinsettias) out of reach of children or pets; the national Poison Control Center can be reached at 800-222-1222.
- Make sure paths are clear so no one trips on wrapping paper, decorations, toys, etc.

We've all heard it's important when choosing toys for infants or small children to avoid small parts, which might prove to be a choking hazard. Here are some additional gift-related safety tips:

- Select gifts for older adults that are not heavy or awkward to handle.
- Be aware of dangers associated with coin lithium

batteries; of particular concern is the ingestion of button batteries.

- See which toys have been recalled.

Watch out for those fire-starters, such as candles and fireplaces. Thousands of deaths are caused by fires, burns and other fire-related injuries every year and 12 percent of home candle fires occur in December, the National Fire Protection Association reports. Increased use of candles and fireplaces, combined with an increase in the amount of combustible, seasonal decorations present in many homes means more risk for fire.

- Never leave burning candles unattended or sleep in a room with a lit candle.
- Keep candles out of reach of children.
- Make sure candles are on stable surfaces.
- Don't burn candles near trees, curtains or any other flammable items.
- Don't burn trees, wreaths or wrapping paper in the fireplace.
- Check and clean the chimney and fireplace area at least once a year.

Frying turkeys continues to be exceptionally popular during the holidays. However, turkey frying can be dangerous and presents a host of safety issues, which can cause injuries to the users, by-standers or cause fire if we don't use precautions, for instance:

- Fryers not placed on a stable platform are often bumped or tipped over

when the turkey is put in or taken out, presenting a greater risk for the oil to splash or spill.

- Avoid over filling the fryer with too much oil.
- Turkeys that are not completely thawed and placed inside fryer could cause oil to splatter resulting in serious burn or a flare-up and hit the burner or flames causing a fire to engulf the entire unit.
- Don't use the fryers inside a garage, on decks or next to combustible structures.
- The oil is heated to such a high temperature for frying that the vapors could ignite, resulting in a fire.
- Avoid leaving the area once the turkey is inside the fryer.
- Avoid using the fryer during rain or high wind increases the risk of injury.

Be careful in the kitchen, ensuring small children are monitored at all times.

- Ensure you clean and sanitized utensils.
- Use a food thermometer to make sure meat is cooked to a safe temperature.
- Refrigerate food within two hours.
- Wash your hands frequently when handling food.

Team Riley, together we can travel, hunt, cook and celebrate the holiday season by maintaining situation awareness and being responsible. Enjoy the holiday season and if you have any additional questions, contact the Garrison Safety Office, 785-240-0647.

ASK DR. JARGON

What, Soldiers get pudding in the field?

Dear Doc Jargon,

My mom has been spending some time doing training out on the ranges and she said she gets to have ranger pudding out there once in a while. I will say that I think she wasn't really very excited about it and might have been pulling my leg because when I asked her if it was good or if it came in one of those pudding packs like she buys for me, she just started laughing. Can you tell me what ranger pudding is?

Signed,

Twelve-year-old pudding fan

Dear Pudding,

Your mom is putting a positive face on a hard experience. Meals out in the field under training conditions are never going to be just like those at home. She's talking about the Meals-Ready-To-Eat and what can be done to make them more appetizing.

Lots of our Soldiers are pretty inventive when it comes to how they like to eat their MREs. Some mix it all up, pour on the packet of hot sauce and down it in one big sitting. Some eat just a few specific things in a certain order throughout the day to break up the calories and keep them going all day.

Sometimes, it's like middle school lunchtime when the MREs come out. There's all kinds of trading for specific things so the meal ingredients are exactly what the Soldier wants. In fact, there are lots of sites on the internet with recipes for different MRE-based concoctions. A little search might yield you enough to make your mom a cookbook for her next field training.

I'll get you started with your first one for ranger pudding: Ranger Pudding (made to taste as close as you can get to vanilla wafers)

All ingredients are from MREs

- 1 creamer packet
- 1 sugar packet
- 1 cracker

Mix the creamer, sugar and enough water to make a paste. Either spread this on a cracker or crumble the cracker and mix it into the paste.

A chocolate version is possible when the hot chocolate packets are available.

Bon appetite,

Doc Jargon.

Email your military lingo questions to Doctor Jargon at doctorjargon@gmail.com.

Fit Nation got me ready, resilient, in shape

By Spc. Kinzie Seiler
267TH SIGNAL COMPANY, 1ST SUSTAINMENT
BRIGADE, 1ST INFANTRY DIVISION

Resiliency is a quality that a Soldier is expected to have every day. Resiliency is the ability to recover quickly from difficult situations. In October of 2017, I failed my height and weight, as well as not meeting the tape measurement requirements. This happened after I was on permanent profile for almost a year due to a lower leg injury.

Before I joined the Army, I was a long distance runner, lifted weights and was a competitor in the Junior Olympics for water polo. I never worried about keeping myself in shape because I was constantly moving during multiple sports practices.

All this stopped when I was injured. I couldn't move or run the way I was used to. Not being able to perform like I had in the past took a toll on the way I felt about myself. I had a hard time grasping that I was not the same anymore.

Being flagged for my weight made me realize I had to bounce back from this all on my own somehow, not only physically but mentally. I don't think a lot of people in the Army realize how hard it is to have to play catch up to meet a physi-

cal standard and do so while feeling like everyone is looking at you like you are a failure. At first when I was flagged for fitness standards, my mindset was not positive and I felt like I was going to fail and be kicked out of the Army.

Later on, a program reached out to me called Fit Nation. Fit Nation is run by Stafford Gosser. Gosser began working with Soldier fitness as a University of Kansas researcher. His goal was to show how exercise could improve symptoms of post-traumatic stress and to improve Soldier resiliency. Gosser now helps Soldiers get back into shape so they can pass an Army Physical Fitness Test or meet height and weight requirements.

With help from the team at Fit Nation, I did not have to do everything on my own. Every morning instead of regular PT, I would go to Fit Nation and work out. Fit Nation consists of weights, running, circuit training and much more. I also started hitting the gym after work, seeing a nutritionist and changing my diet completely.

Not only did Fit Nation help with working out, but it also educated me on nutrition and sports physiology classes. These classes helped educate everyone that getting healthy again required more than just working out.

During my time in Fit Nation, I kept myself motivated by thinking about how far I had come in the Army. I did not just want to give up. I felt that I had something to prove and I did not want to be just another lower enlisted Soldier that got kicked out for not meeting the standard. My family, husband and a few people in my company were all motivating me as well.

With the help of Gosser and his supporting coaches, I lost around 35 pounds and six percent body fat in just under a year. Not only did I make my height and weight requirement, but I also got off my permanent profile and passed my fitness test. Today, I'm proud of myself and thankful for all the help I received.

Not only is my physical health better, but my mental outlook has also improved. I feel confident I can make it through anything as long as I work hard. I also have a more positive look on life and the Army itself. I hope all Soldiers who are having trouble like I was, get the chance to go through the Fit Nation program and get the direction they need to be resilient once again.

The biggest thing I've learned is that anything is possible as long as you work hard for it. You cannot give up if you want to overcome your obstacles in life.

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Fort Riley Museums under renovation



The Cavalry Museum and the 1st Infantry Division Museum are under renovation. Temporarily, a few museum exhibits have been moved to Building 247. Building 247 will also open in January as a temporary Museum and Research Center.

Story and photos by Téa Sambuco
1ST INF. DIV. POST

Next year will bring with it big changes for the Fort Riley Museums. The 1st Infantry Division Museum, the Cavalry Museum and the artifact storage facility are under renovation, with some museum exhibits moving to at Building 247.

Supervisory Curator of the Fort Riley Museum Complex, Dr. Robert Smith, said while Building 247 is still open as the Museum Gift Shop, it will also become a temporary museum in January.

The exhibit the temporary museum will show is an updated version of the Duty First exhibit, which had been on display earlier this year at the Discovery Center, Smith said. The exhibit highlighted 100 years of the Division through the lives of five Soldiers.

The research library will also move to Building 247, he said. “We hope in January and February to have our research library set up here so we can research questions that come to us from the senior leaders and from the units here on post, but also from scholars and researchers,” Smith said. We have an agreement with the Command and General Staff College, Fort Leavenworth, Kansas, where they bring their students out to do their research here.

“We plan on being in this building for about two years. It’s going to be an extensive renovation with all three buildings,” he added.

Smith remained optimistic, but said there were a few obstacles. The main one being the move itself.

“It’s just the sheer magnitude of the move,” he said. “That’s the obstacle. We’ve been working very hard to get a museum presence back at Fort Riley. We want to be geared up and ready for the spring and summer season, so people can see some of the 1st ID and U.S. Cavalry artifacts.”

Smith said the exhibits in the temporary museum will be used to test out exhibits that will be placed in the new museums.

“In a word, they are going to be incredible museums,” he said. “They are going to be fabulous. I’m not just saying this because I’ve been involved in it. I’ve been around a lot of museums, and these are going to be two really sterling examples of 21st century museums.”

Smith said one of the exhibits in the new museums would be centered around each of the world conflicts, such as WWI and Vietnam. The exhibit would give profiles on each type of Soldier, including ethnicity, education and general height and weight.

“It’s interesting because you can track the evolution of the Soldiers,” he said.

A Research Library and classrooms will also be a part of the new museums, Smith said.

“One of our principle missions for the Army is to train and educate Soldiers,” he said. “I can go in there, put my teaching mode on and teach Soldiers the history of their units, history of the Army and things like that.”

Smith joked that his hair gets grayer every day, but he is very thankful for the museum staff, a 1st Infantry Division Soldier who volunteers at the museum, a University of Kansas intern, the 1st Inf. Div. Replacement Company and the Commanding Generals Mounted Color Guard. The move would not have been made possible without them.

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SPECIAL PRESENTATION



Will Ravenstein | POST
Pearl Harbor Chapter, Chapter 16 of the Junction City, Kansas, Disabled American Veterans, commander Ray Thompson received a check for more than \$1,500 from JROTC Cadet commander Ronni Prather and cadet Cpl. Seth Juarez Nov. 16 during the DAV meeting. The cadets bagged and carried out groceries Nov. 10 at Walmart for tips which were given to the DAV chapter in honor of Veterans Day.

Military Retirees immediately eligible for security jobs, no waiver required

STAFF REPORT

Military members who have retired within the past 180 days are now eligible to apply for one of the vacant Army Installation Management Command security guard positions at Fort Riley.

Most Department of the Army civilian positions require the retiree to have been retired more than 180 days or request a waiver to apply. In October, IMCOM Headquarters waived this requirement specifically for security guard positions. Directors and garrison commanders now have the authority to approve

the appointment of recently retired members of the Armed Forces applying for those positions.

“The 180-day waiver is a very powerful tool in our ability to timely hire recently retired service members,” said William Paskow, chief of police. “It is a positive factor for the individual, as they are eligible for federal employment immediately after retirement. Additionally, it provides the hiring agency a broader pool of qualified candidates that are eager to continue serving the nation.”

Soldiers have filled many of these positions and those are now being converted to

civilian manning. This allows more time for Soldiers to receive the training needed to be prepared for any mission, any time, in any part of the world.

“Our Soldiers spend time learning job skills, discipline, time management, teamwork, perseverance and leadership including hands-on education and field instruction,” said Col. Stephen Shrader, U.S. Army Garrison Fort Riley commander. “This all takes time and we want them to be highly trained so they can be ready to fight tonight.”

Positions for all shifts will be hired and training

will be provided to selected candidates. In addition to the 180-day waiver, additional incentives may be available for selected applicants if funds are available.

“A group retention bonus of 10 percent and a recruitment incentive up to 10 percent may be available for applicants who meet the requirements,” said Mark Dombrowski, Directorate of Emergency Services security branch chief.

For more information or to apply, visit www.usajobs.gov/GetJob/ViewDetails/513036900 or call the Civilian Personnel Advisory Center at 785-239-6004.

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CEREMONY

Continued from page 1



Gail Parsons | POST
A lone bugler plays German and Italian Taps during the Nov. 15 remembrance ceremony for the prisoners of war who died at Fort Riley.

In the same pace and step.
A bullet came a-flying,
Is it my turn or yours?
He was swept away,
He lies at my feet,
Like if he were a part of me.
He still reaches out his hand to me,
While I am about to reload.
I cannot hold onto your hand,
You stay in eternal life
My good comrade.
Following Döding's remarks, Maj. Stefano Catania, Italian army Liaison Officer of the United States Army Combined Arms Center of Leavenworth, spoke, continuing the vein of thought the poem expressed.

"If it's true that a multitude of cultural and national differences separate people from different nations and countries all over the world, it's also true there are elements of continuity across this spectrum of differences which indeed closes the existing gap among nations," Catania said. "These elements rest in the military."

In coming together to honor those who died before them regardless of what nation they fought for, soldiers share a common understanding of military values.

"The soldiers we are remembering now ... they were captured on the battlefields of Europe and Africa and buried thousands of miles away from home in the United States where they eventually were treated with dignity and respect in accordance with those same values we share as a military community," he said.

Catania closed his remarks with a prayer spoken in Italian for his countrymen who laid among other prisoner of war soldiers.

Döding and Catania then each laid a wreath at the headstone of one of their countrymen before a three-round volley was fired. A lone bugler standing at the edge of the cemetery played the German taps and the Italian taps as soldiers from all three nations rendered a salute.

VISIT

Continued from page 1

The program was created in 1992, said Jack Lindquist, executive director, Flint Hills Regional Leadership Program. A task force consisting of the Fort Riley garrison commander, Kansas State University's president, Chamber of Commerce directors from Geary, Riley and Pottawatomie Counties and the city managers from Junction City, Manhattan and Wamego was formed to construct a plan for a unified leadership program.

This program was designed to help the region work together after the many economic crises during the mid-1980s.

Since it's early inception, the number of par-

"The worker bees, the dreamers, the caretakers and the managers are all working together in a group."

Jack Lindquist

Executive director, Flint Hills Regional Leadership Program

ticipants has increased every year with the growing number of applications.

Of those who are selected to participate in the program, there is a diverse mix of people.

"We make sure that there is representation from all of the founding organizations," he said. "And obviously, we need to have representation from

all of the three counties but it's just amazing how that has worked to have different personalities and different profiles, or viewpoints and not just ways of thinking, but ways of accomplishing goals because of the different personality types.

"The worker bees, the dreamers, the caretakers and the managers are all work-

ing together in a group," he said. "So, we thrive on that collaboration."

That collaboration is where Lindquist sees tomorrow's leaders gaining the most benefit.

"This program is something that is viable for creating the leadership of the future," Lindquist said. "So (graduates) help with coming up with ideas or come up with the training itself. For skill building and activities, and case in point, tours that can help reinforce the lessons that are learned through the leadership modules and so they are helping with questions promoted into the future."

SABER

Continued from page 1

"Unit recognition capitalizes on the commitment made by unit members to avoid substance abuse."

Company C received an encased saber for the second quarter of Fiscal Year 2018 following three consecutive quarters with no drug or alcohol incidents, one hour of substance abuse training, green rating on inspector general inspections and up-to-date unit risk inventories.

Sgt. Frank Warnock and Sgt. Andrew Engling accompanied Capt. Julie Alderman and 1st Sgt. Mason Reynolds, Co. C, 601st ASB, 1st CAB, 1st Inf. Div., Nov. 16 as they accepted the cased saber from Kolasheski and ASAP representatives at "Big Red One" headquarters.

This accomplishment is something a commander, first sergeant and a unit prevention leader cannot do alone, Aaron Harrop, Fort Riley ASAP, said.

"It requires the whole unit work together to accomplish the task," he said. "This is truly a unit award."

It is a little easier for small units to earn the honor; but battalions have received the award too. A unit's success



Amanda Kim Stairrett | 1st Inf. Div. Public Affairs

Maj. Gen. John S. Kolasheski, 1st Infantry Division and Fort Riley commanding general, presents an encased saber to, from left, Capt. Julie Alderman, Sgt. Frank Warnock, Sgt. Andrew Engling and 1st Sgt. Mason Reynolds, of Company C, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Inf. Div., Nov. 16. Company C was awarded for its third consecutive quarter adhering to the Army Substance Abuse Program's Sober Armies Bravely Expedite Readiness guidelines.

typically relies on its climate. Units that win generally have a tight bond between Soldiers, good leadership and an excellent unit prevention leader, Harrop said.

"To earn the SABER itself is not a flash in the pan event," he added. "It requires a firm commitment to readiness and steadfast effort of all involved."

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Fridays-Sundays, November 30-December 22
Carriage Rides

www.mhkfestivaloflights.com



PETS

Continued from page 2

if Fort Riley had kept its policy to allow three pets, keep ‘when’ other installations only allow two.

The new policy will affect incoming residents, Crosby said. She doubted there would be any real issue; however, Fort Riley was one of the last installations to change their policy. Many incoming residents are moving from two pet installations.

She said she understands some residents see their pets as family. For that reason, Corvias decided to allow any existing residents who had three pets prior to the policy change to keep them. The only requirement was they had to have them registered by Nov. 8.

Registering a pet with Corvias consists of taking a trip to the Fort Riley Vet Services Office, Crosby said.

“They have to be microchipped and registered there,” she said. “We (then) take a picture of the pet in our office and (residents) pay a pet fee. It’s \$150 per pet and then they’re in our system and good to go.”

Being a pet owner comes with a lot of commitment, Crosby said. She recommended pet-owners-to-be not buy their pets impulsively.



Téa Sambuco | POST

Fort Riley was one of the last installations to change their pet policy that was announced in October. All incoming families with pets, if they live on post, will be limited to two pets per household.

“Stop, think about the costs of having a pet and remember the pet policy,” she said.

Dog mom of two, Mikayla Davis, wife of Spc. Robert Davis, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, said she agreed with the new pet policy.

“I think, honestly ... it wouldn’t be a bad idea,” Mikayla said as she walked her two dogs, Zeus and Miles, around the dog park.

She said she could see the policy “being a good thing” and that living off post to accommodate more pets is always a viable option.

Wounded warrior athlete gives Regional Trials a shot

Story by Sgt. 1st Class Luisito Brooks
TRIPLER ARMY MEDICAL CENTER

SCHOFIELD BARRACKS, Hawaii — Wounded warrior athletes competed in the 2018 Pacific Regional Trails shooting competition hosted by Tripler Army Medical Center’s Warrior Transition Battalion, Nov. 14.

Shooting became a medal sport at the 1976 Paralympics Games in Toronto. Competitors used air pistols and air rifles to fire a series of shots at a stationary, electronic target.

Shooting categories include air pistol, air rifle (standing), and air rifle (prone), all at a distance of 10-meters. There are 10 rings in the target, and the black circle in the middle of the board is the bulls-eye.

Staff Sgt. Jeffery Keith, assigned to the WTB at Fort Riley, Kansas, placed third in the air pistol event. He said the competition was both challenging and rewarding.

“There were so many good shooters here, so I am proud that I am heading back home with a medal that validates all the hard work,” said Keith. “I love shooting, and this showed me that I have what it takes.”

Keith, a Kansas native, said he relied on his experience as a hunter and as a Soldier on the day of the competition.

“I was a little nervous at the beginning, but after I fired that first round, I just relaxed and remembered my training,” said Keith. “All shooting is the same, so I tried my best to maintain the same site picture.”

For events like this, it couldn’t be accomplished without the coordination and support from the dedicated staff members.

Jarrett Jongema, the sports director, logistics coordinator, and safety officer for the PRT, said how it took a collective effort to ensure the event’s success and safety.

“Our number one concern, at all times, is the safety and well-being of all participants and the staff that support them,” said Jongema. “There are many events that involve some risks, but our team here did a great job at mitigating them.”

He went on to say how great it was to watch the passion and dedication of all the competitors during the trials. After the shooting event was complete, Keith gathered for pictures with the other competitors and coaches.



Courtesy photo

Staff Sgt. Jeffery Keith, Warrior Transition Battalion, Irwin Army Community Hospital, was awarded the bronze medal in air pistol during the 2018 Pacific Regional Trails shooting event hosted by the Tripler Army Medical Center’s WTB, Nov. 14, Schofield Barracks, Hawaii

“The WTBs from around the Army and these Trials offer so much for Soldiers,” said Keith. “I am thankful for the support of these Trials, and that’s something that I will never forget.”

Following the Trials, the top athletes will be selected from across the regions to progress to Army Trials, the pre-qualifying event for the Department of Defense Warrior Games.

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Caesar the Beagle, 6 months old, runs the fifth annual Fort Riley Gobble Wobble with his owner, Sgt. Moses Garcia, Headquarters and Headquarters Battery, 1st Infantry Division Artillery.

Fort Riley races into Thanksgiving week with annual Gobble Wobble run

Story and photos by Téa Sambuco
1ST INF. DIV. POST

THE FIFTH ANNUAL FORT RILEY GOBBLE WOBBLE WAS HELD NOV. 17 AT RILEY'S CONFERENCE CENTER.

"I love the gobble wobble," said Directorate of Family and Morale, Welfare and Recreation special events coordinator, Taylor Ferrarin. "It is one of my favorite things that we do ... a unique spin on a generic Thanksgiving run. It's (better than just) going out and running in the cold."

Ferrarin said, in theory, the Gobble Wobble is a 2-mile fun run where the participants consume a full Thanksgiving meal while on the course.

This year, she said, Mother Nature was not cooperating. Tables were being knocked over by the wind and it was very cold. Instead of eating the Thanksgiving meal on the course, participants would run the 2-mile track around the conference center and then enjoy their meal inside.

"We've got mashed potatoes, green bean casserole, turkey with gravy, dinner rolls and pumpkin pie," Ferrarin said.

Inside the conference center, Child and Youth Services staff hosted an obstacle course and DFMWR employees had crafts laid out for the kids.

Antonia Taylor, DFMWR recreational aide, said at her table, children could make their very own turkey puppet. She then pointed to the table next to hers and said children could decorate their own dinner bibs as well.

There was also a fierce competition of musical chairs.



Chief Warrant Officer 4 Justin Evans, Headquarters and Headquarters Battalion, 1st Infantry Division, battles his 4-year-old son, Liam Evans, for the final chair during musical chairs inside Riley's Conference Center. The event was part of activities at the fifth annual Fort Riley Gobble Wobble.

See WOBBLE, page 13

RESOURCES AVAILABLE

- The Military Caregiver Personalized Experiences, Engagement and Resources Forum Initiative, or PEER Forum was established in June 2014

Warrior care gets support via Army

PEER Forum offers caregivers venue for sharing experiences

By Mary Therese Griffin
WARRIOR CARE AND TRANSITION

ARLINGTON, Va. — It's likely at some point in life one will hear a phrase like, "two heads are better than one" or "teamwork makes the dream work". However, phrases like these all boil down to a simple four letter word — help.

This November during Warrior Care Month, the Army salutes warriors and those who support them in their recovery. Warrior Care and Transition want to highlight a program designed to specifically help and support caregivers. The Military Caregiver Personalized Experiences, Engagement and Resources Forum Initiative, or PEER Forum was established in June 2014 and championed in large part by former First Lady Michelle Obama and Dr. Jill Biden. PEER Forums provide military caregivers a forum for them to share experiences and provide each other support. According to Sandra Mason, director of Recovery Coordination Program, Defense Health Agency, PEER Forums are a confidential portal to help for all caregivers.

"Caregivers discuss a range of topics during a (PEER) Forum; however, due to the sensitive and personal nature of the topics, maintaining privacy is critical," Mason said. "We do see trends in the type of issues and discussions that happen and have noted some topics that are routinely discussed, which we have labeled as the 'Big 10', these include physical health, behavioral health, transportation, employment, financial, education and respite care, among others."

The forums are available to anyone caring for a wounded, ill or injured service member and are not restricted to family members. "Anyone who helps care for a recovering service member, in any capacity, is considered a caregiver and encouraged to participate (in a Forum)," Mason said. "That being said, caregivers are busy

See SUPPORT, page 10

Connecting with others through coffee at USO Fort Riley

Coffee Connections gives military spouses opportunity to meet

Story and photo by Téa Sambuco
1ST INF. DIV. POST

Once a month, USO Fort Riley hosts Coffee Connections, a place for spouses to meet and talk over a cup of coffee. The latest Coffee Connections was Nov. 14, at 9 a.m. at the USO building.

"Coffee Connections is a national program that USO's all over the world offer for military spouses," said center operations and programs manager, USO Fort Riley, Traci Taylor. "It's a way of bringing our military spouses together in a casual, welcoming, warm environment for conversation."

"We find that Wednesdays are a very popular day for us. A lot of moms that may not be working really like to get out."

TRACI TAYLOR | CENTER OPERATIONS AND PROGRAMS MANAGER, USO FORT RILEY

Taylor said it also serves as a way for spouses to build connections, especially during deployments. Coffee Connections is where spouses can connect with those who are going through similar situations. Post resources and pro-

gram phone numbers are also handed out.

"It means a lot to me because it's really empowering and uplifting to see these women who maybe don't have anything in common besides their service member, come together and build real, genuine friendships and grow their community beyond our doorstep," Taylor said.

Coffee Connections is kid friendly, she said. She encourages moms to come in, bring their kids and focus on building a community. The mothers who attend are also part of the reason Coffee Connections will be held on Wednesdays in 2019.


"We find that Wednesdays are a very popular day for us," Taylor said. "A lot of the moms that may not be working really like to get out."

See COFFEE, page 13



Coffee Connections is a way for spouses to meet with each other and make connections. It is held once a month at USO Fort Riley. The program also is child friendly.

FORT RILEY POST-ITS

**Fort Riley**

Fort Riley Blood Drive Nov. 28 from 12 to 6 p.m. at The Exchange.

Every two seconds someone in the U.S. needs blood, this lifesaving care starts with one person making a generous donation.


To schedule your appointment for this drive visit redcrossblood.org.

**Fort Riley Spouses Club**

Holiday Bazaar Nov. 29 from 10 a.m. to 1 p.m. at 675 Warrior Road, the clamshell building next to the hospital.

A great way to get a jump start on holiday shopping. Free and open to the public.

Donations will be accepted for Operation Santa Claus. Bring an unwrapped toy or cash to brighten the holiday for a Fort Riley child.

**Fort Riley Army Community Service**

Basic Money Management class Nov. 27 at 9 a.m. at Army Community Service, 7264 Normandy Drive.

Were you never taught how to *really* manage your money? Does it seem like you never have enough? Are you confident making financial decisions? Is dealing with money a constant stress? Take this course and learn how to better manage your money. Advance registration recommended.

For information and to register call 785-239-9435.


Let's go to the movies @Barlow Theater
November 23

Friday - Closed
Saturday - Hunter Killer (R) 5 p.m.
Sunday - Johnny English Strikes Again (PG) 5 p.m.

Theater opens 30 minutes before first showing. For more information, call 785-239-9574. Regular Showing: \$6, children are \$3.50, children 5 and under are admitted free. 3D Showing: \$8 First Run: \$8.25, 3D; First Run: \$10.25


Like - Comment - Share

16 13 5

**BOSS & The Warrior Zone**

Need a place to watch the football game? Head over to the Warrior Zone


With so many screens to watch on, you will be able to see any game. Also, with the extended hours until 10:30 p.m. during game nights, there is no need to rush out and risk missing that big play. Don't forget to check out the food and drink deals as well.

**Savvy Shopper**
November 23


Does anyone know about any Black Friday sales on post?

126 3 Comments


Like Comment Share

**Spc. Shell** Sure do. The Exchange will be opening their doors at 6 a.m. on Nov. 23 with online sales starting at 12 a.m. They have great deals on 49", 65" and 75" LG TVs and HP laptops. Check out the sales ad at shopmyexchange.com to see everything on sale.

Like Reply

**Savvy Shopper** That is awesome! You just know everything that is going on don't you?

Like Reply

**Spc. Shell** Yep. That's what I'm here for.

Like Reply

Fort Riley MWR

Know before you go. Eyster Pool will be closed until further notice for maintenance.

Like - Comment - Share

189 73 115

Market provides gift-giving ideas

By Gail Parsons
1ST INF. DIV. POST

Christkindl Markets are traditionally street markets held in the weeks leading up to Christmas. With origins in Germany, the tradition spread across the world and such markets can be found in many cities and towns, including Fort Riley.

The Directorate of Family and Morale, Welfare and Recreation staff will host the installation annual Christkindl market from 9 a.m. to 3 p.m. Dec. 1, at Riley's Conference Center.

People who have homemade craft items or home-based businesses have until the week before the market to register for a space.

Taylor Ferrarin, special events coordinator, DFMWR, said they are always looking for more craft vendors.

"One of my favorite booths that has been coming for several years is called Gourds Galore," she said. "A gentleman who makes different things out of gourds. They are pretty cool. I have a penguin gourd myself."

People can get their pictures taken with Santa or the Grinch, but Ferrarin said they are taking

precautions to make sure the two don't cause any trouble.

"We will keep the Grinch and Santa separate, in two different rooms," she said laughing.

There will be several activities and competitions such as sugar cookie decorating, face painting and a craft activity.

One of this year's competitions will be candy cane limbo. Another will challenge people to make a snowman out of random material.

As in past years, Riley's Conference Center will set up a buffet with traditional German foods for sale on an ala-cart basis.

Outside of the building, a chainsaw carver will work on six sculptures. The art will be sold through a silent auction later in the day. Also outside, Outdoor Recreation staff will host Trees for Troops where military families may pick out a Christmas tree.

Admission to the Christkindl market is free; however, there is a fee for some activities. Ferrarin said tickets can be purchased for \$1 and the activities will cost one ticket each.

For more information call 785-239-2807.

**Lunch BUFFET**
AT RILEY'S CONFERENCE CENTER
Tuesday + Wednesday
11am-2pm

**TACO Tuesday**
Chicken or Beef
Hard or Soft Shell
Salsa Bar
Rice & Beans

**PASTA Wednesday**
Pasta Main Dish
Green Beans
Focaccia
Greek Salad

Information: 785.784.1000





all for \$9.95 includes drink

Salad Bar only for just \$5.95

SUPPORT

Continued from page 9


individuals with hectic schedules, so we try to accommodate them as best as possible. There is always value in sharing information and encouraging caregivers to seek out additional local supports."

Mason says the PEER Forums, which are open to those in either the active or reserve components, are producing positive support and the benefits are clear.

"By forming small communities of support for each other, we've seen caregivers begin to flourish in their new role, and as individuals," she said. "We've seen caregivers encourage each other to go to school, look for jobs that are conducive to their schedules, become well known activists for the military community and advocate on Capitol Hill for additional support for military caregivers across the country. By helping one another, many caregivers are helping themselves and are encouraged and inspired to be the best advocate and support for their recovering service member."

One of the challenges Mason says with PEER Forums is getting the word out to caregivers. Communities across America can encourage caregivers to participate in PEER Forums.

"While caregivers provide this support willingly, they also need time for themselves and time to engage with other caregivers and the community at-large. The need for respite care is a big issue for our caregivers and the community should take note and help support," Mason said. "It is imperative that we collectively support our military caregivers, bolster their strength, give them opportunities to connect with their peers, and provide guidance and resources to help them care for themselves, as well as their service member."



U.S. ARMY

To learn more about PEER Forums and to find the one closest one, go to warriorcare.dodlive.mil/peer-forums-states/.

Pets of the Week

THESE LOVABLE PETS ARE WAITING TO BE ADOPTED....

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**CHEVY**

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Love is a four legged world.



Almost 200 people attended the Gift the Gown event at Army Community Service Nov. 18. Spouses and family members got the chance to shop for ball gowns and shoes for upcoming formal events.

'Everything under the sun' at Gift the Gown

Event included accessories, a class for military customs

Story and photos by Amanda Ravenstein
1ST INF. DIV. POST

The air was buzzing with excitement as ladies lined up outside the Army Community Service building before the doors opened for the Gift the Gown event Nov. 18.

"Gift the Gown is a national organization that provides free gowns for Military balls and proms," said Jane Brookshire, ACS installation volunteer co-ordinator. "I've got everything under the sun, even wedding gowns."

When people were let into the building, the first group of women went to the main room where they looked through available dresses. The other attendees were given the chance to sit in on a ball etiquette class or they could have snacks and drinks while waiting their turn to shop for a dress.

But a dress isn't what makes the woman. Sometimes the fear of not understanding the military customs and courtesies is a stress maker. Brookshire said



Joette Conover, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division (left), Ruthie Baker, wife of Joseph Baker, 1 Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Inf. Div. and Jane Brookshire, Army Community Service installation volunteer coordinator, celebrate after Baker said yes to her dress during the Gift the Gown event at ACS Nov. 18.

they have the cure for that too in the form of a fun, informative class.

"It's here so that we can make women excited about military balls instead of being scared

thinking that they aren't going to fit in or they don't know what to do," she said. "So, before we give them the gowns, we go through a military ball program and explain it step-by-step so that there

aren't any surprises. So, then the fear level maybe goes down and they can actually enjoy it instead of going and thinking it's going to be horrible."

Many of the people came in groups with friends or family members. Ashley McGorry, wife of Sgt. Kyle McGorry, 1st Battalion, 7th Field Artillery Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, was one of those people.

"It's my first time here and I was pleasantly surprised," she said. "I came here with one my friends, so she could find a gown. I didn't expect to find one myself, but I did."

Volunteers for the event were quick to help with choosing dresses and giving opinions on looks.

"I have great volunteers ...," Brookshire said. "They're phenomenal. We always just walk around and make sure that people aren't too hard on themselves. We are our worse critics and so I like to get women that are cheerleaders; that are here to just make other women feel excited about getting dolled up and pretty. We walk around and make it about them and make them feel how they should every day."

In total, 68 dresses were given out during the event.

TUESDAY TRIVIA CONTEST



The question for the week of Nov. 19 was: Where on the new website can I learn about the Commanding General's Mounted Color Guard?

Answer: <https://home.army.mil/riley/index.php/tenants/1st-ID/1st-inf-div-headquarters-and-headquarters-battalion/commanding-generals-mounted-color-guard>

This week's winner is Cpl. Zac Vakadewatabua, 82nd Brigade Engineering Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Pictured above is Zac Vakadewatabua.

CONGRATULATIONS ZAC!

PAWS and think before you eat

Monitoring weight is important for you and your pet. Eating a well-balanced and nutritious diet will help with maintaining a healthy weight. [Talk to your veterinarian for tips to help your pet maintain a healthy weight.](#)

Locate your local Veterinary Treatment Facility at <https://tinyarmy.mil/r/KG66/VTFs>

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<http://phc.army.mil>
1-800-222-9699
APHC Animal Health

MORE FUN COMING TO CUSTER HILL BOWLING CENTER



The Custer Hill Bowling Center is in the middle of a remodel, which when complete will add more fun for visitors. The Directorate of Family and Morale, Welfare and Recreation is adding two virtual golfing simulators, 18-hole mini 'glo' golf, multi-sport simulator and a 1950's themed dining area with an adjoining children's play area.

WWW.FACEBOOK.COM/
FORTRILEY

TIS THE SEASON

Warm up with cookies and cocoa!
DECEMBER 14th, 10am-5pm

Stop by your community office on December 14th for free cookies, cocoa and holiday cheer!

Santa will also make his way around to visit each office at these approximate times:

- 10am-11am Leasing Center
- 11am-1pm Warner Peterson
- 2pm-3pm McClellan Place
- 3pm-5pm Colyer Forsyth

Corvias Community Offices and Leasing Center
14 December, 10am to 5pm

Contact your Neighborhood Office for more details.
Look forward to seeing you there!

Corvias

Fort Riley Religious Holiday Events

02 DEC 18	1400	Advent Family Workshop	Catholic	Morris Hill Chapel
03 DEC 18	1700	Chanukah Menorah Lighting	Jewish	Main Post Chapel
11 DEC 18	1800	Advent Penance Service	Catholic	St. Mary's Chapel
23 DEC 18	1100	Combined Protestant Worship	Protestant	Victory Chapel
24 DEC 18	1630	Holiday Wagon Ride	All	Main Post Chapel
24 Dec 18	1630	Christmas Eve Children's Mass	Catholic	Victory Chapel
24 Dec 18	1800	Christmas Eve Candlelight Service	Protestant	Main Post Chapel
25 Dec 18	1000	Christmas Day Mass	Catholic	St. Mary's Chapel
01 JAN 18	1000	New Year's Day Mass	Catholic	St. Mary's Chapel

Weekend Service times follow the normal schedule

Religious Support Office, 785-239-3359

FORM MATTERS

Standing broad jump

By Gail Parsons
1ST INF. DIV. POST

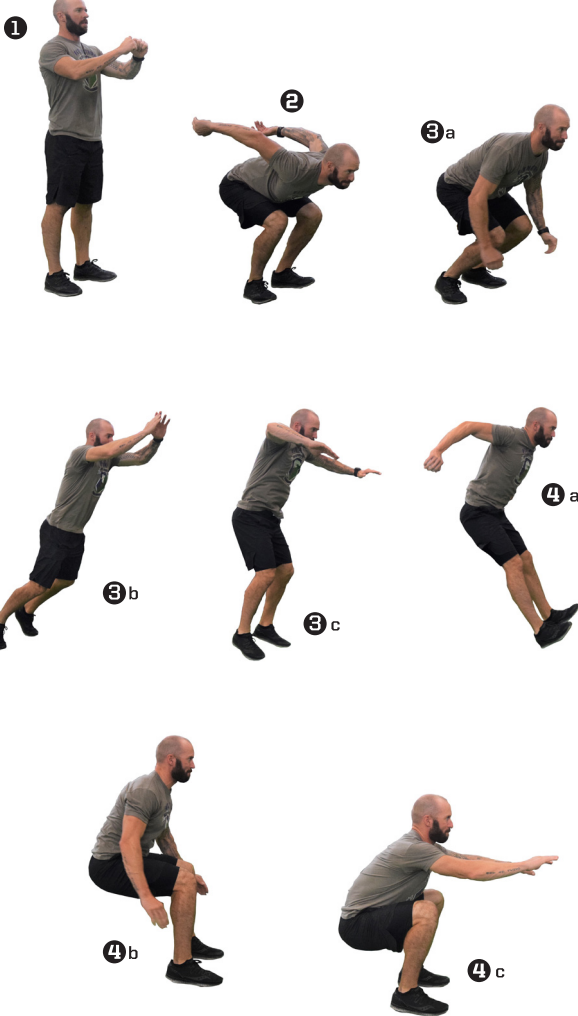
The standing broad jump exercise works on developing power out of the lower body and coordinates powerful contraction from the ankles, knees and hips.

Stafford Gosser, project lead for Fit Nation and the Physical Resiliency Working Group at Irwin Army

Community Hospital, said he likes this exercise because the lack of equipment means people can do it anywhere.

It is effective to help train the muscle groups needed in the standing power throw — the second event on the Army Combat Fitness Test:

Gosser demonstrates the proper form for this exercise:



STANDING BROAD JUMP

1. Starting position – stand erect
2. Proceed into a counter movement to maximize force production by dropping into a quarter squat as the arms go back.
- 3a. 3b. 3c. As the body extends at the hips and knees and ankles, the arms come forward providing a little more propulsion as the forward movement is executed.
- 4a. 4b. 4c. The key with this exercise is making sure to land in a nice athletic position so some of the force is absorbed. The knees bend to receive the body as it lands and the arms help stabilize and help keep the body balanced as it decelerates the movement.

Form Matters is a weekly column designed to demonstrate the proper form to use when executing different exercises to minimize the risk of injury.

WOBBLE Continued from page 9



Téa Sambuco | POST

DFMWR set up and organized the after run Thanksgiving dinner. The dinner consisted of turkey and gravy, mashed potatoes, green bean casserole, dinner rolls and pumpkin pie.

During the last minutes, the finalists Chief Warrant Officer 4 Justin Evans, Headquarters and Headquarters Battalion, 1st Infantry Division, battled his four-year-old son, Liam Evans, for the final chair. As the music stopped, Liam dove for the chair and was abruptly sat on by his father, Justin.

In the end, Liam was pronounced the winner and properly awarded.

“I won,” Liam said. “So, I got a big bag of potatoes.”

Liam and his father Justin then geared up for the 2-mile fun run around the conference center.

Other participants in the fun run included Sgt. Moses

Garcia, Headquarters and Headquarters Battery, 1st Infantry Division Artillery, and his beagle Caesar.

Garcia has run with Caesar since the beagle was six months old.

He said they both enjoyed the gobble wobble, and joked that normally, Caesar would be tired at the end of a race and Garcia would have to carry him.

Garcia and Caesar finished the fun run early and were waiting for Garcia’s wife to cross the finish line with their stroller bound baby.

“It was a lot of fun,” Garcia said. “Families (really) got to enjoy themselves in a less stressful environment.”

COFFEE Continued from page 9



Téa Sambuco | POST

From left, Melissa Lindsey, wife of Sgt. 1st Class James Lindsey, 101st Brigade Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and her daughter Caitlyn Sproul, wife of Pvt. Brian Sproul, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, are regulars at Coffee Connections.

Coffee Connections is always held at the USO center, she said. The event is free, but she does ask to spouses register in advance. This aids in planning and acquiring a headcount for coffee and giveaways

“We like to do something for the spouses, because just like the USO is the force behind the forces, so are these spouses,” Taylor said. “... We want to do anything that we can. We have donations sometimes that we give away. We have Mary Kay, and someone donated some really special handmade quilts. We try to do something special every time to get people in the door and make it a little more fun.”

Coffee enthusiast Melissa Lindsey, wife of Sgt. 1st Class James Lindsey, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and her daughter, Caitlyn Sproul, wife of Pvt. Brian Sproul, 1st Battalion, 16th Infantry Regiment, 1st ABCT, 1st Inf. Div., are regulars at Coffee Connections.

Melissa said she loves Coffee Connections because it gives her and her daughter a chance to meet different spouses.

“It’s coffee and it’s meeting people,” she said as she sipped her white mocha coffee. “That’s two of women’s favorite things.”

HOME.ARMY.MIL/RILEY

READY ARMY weather gear & wardrobe match

We need to wear different types of clothes when the weather changes. Color the pictures below then draw a line to connect each item of clothing to the correct weather picture.

www.ready.army.mil

Fort Riley Family and MWR

SURPLUS AUCTION

DECEMBER 7-16

ONLINE ONLY **EQUIP-BID.COM**

Details on viewing property before bidding and picking up items won will be listed online at equip-bid.com

OPEN TO THE PUBLIC

Must be able to access Fort Riley to pick up items won

equip-bid AUCTIONS

SERVICE DIRECTORY

Your go-to guide for products and services around the area!

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STORAGE Residential Units Commercial Units Climate Controlled Units 1838 Old Highway 40 Junction City, KS 66441 Fax: 785-238-0774 www.aaselfstorageonline.com 785-238-3477	STORAGE Taylor Made Storage 2 miles N. of Manhattan on Hwy 24 with Big Discounts for Long Term. 785-587-8777, 785-410-8969	STORAGE LANDMARK SELF STORAGE (785) 727-1604 Call Today for Move-In Specials www.landmark-selfstorage.com	THRIFT STORE Disabled American Veterans Pearl Harbor Chapter 16 THRIFT STORE 1505 N. Washington, JC Open Mon-Sat 9-5:30 Help us keep our prices low by donating your gently used items.

DININ' DEALS		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stacy's Restaurant		November 25th • Roast Beef • Smoked Pork Chop • Chicken Dijon Reg. \$9.00 Sr. Size \$8.00 Inc Tax	November 26th Baked Chicken Reg. \$7.29 Sr. Size \$6.38 Plus Tax	November 27th Chicken Fried Steak Reg. \$7.29 Sr. Size \$6.38 Plus Tax	November 28th Stuffed Green Pepper Reg. \$7.29 Sr. Size \$6.38 Plus Tax	November 29th Fried Chicken Reg. \$7.29 Sr. Size \$6.38 Plus Tax	November 30th • Liver and Onion • Roast Beef Reg. \$7.29 Sr. Size \$6.38 Plus Tax	November 31st Smoked Rib Plate Reg. \$7.29 Sr. Size \$6.38 Plus Tax
	118 W Flint Hills Blvd JUNCTION CITY (785) 238-3039			Homemade Schnitzel \$9.99 Serving German Beer 10:30am-1:30pm 4 pm-9 pm	• Beef tips in Mushroom Gravy \$9.99 • Bison Burger \$9.99 10:30am-1:30pm 4 pm-9 pm	• BBQ Pork & Brisket \$11.99 • 6oz. Steak \$8.88 10:30am-1:30pm 4 pm-9 pm	• 16oz KC Strip w/shrimp or clams \$26.99 10:30am-1:30pm 4 pm-10 pm	• Homemade Schnitzel \$10.99 • Bratwurst \$10.99 • Cordon Bleu \$11.99 2:30 pm-5:30 pm
TymeOut								
	101 Continental Dr JUNCTION CITY (785) 238-7638							
Ike's Place Bar & Grill		HAPPY HOUR ALL DAY \$2 Drafts, \$2 ⁵⁰ Margaritas, \$2 Wells \$3 kids meals	1/2 Price Boneless Tenders	TRIVIA NIGHT + 1/2 Price All Draft Beers, \$2 Jumbo Tacos	60¢ Wings, Voted Best in Flint Hills	Prime Rib Dinner + \$3 Premium Pints all Day	Drink Specials will vary	Selection of Pastas \$9.99 w/ Salad all day
	416 Goldenbelt Blvd. JUNCTION CITY (785) 579-6644 ikesplacegrill.com	Mon-Fri HAPPY HOUR 11am -6 pm						
Wing It			2 for \$9.99 Country Fried Chicken Dinners	\$1 Mini Shakes in Vanilla, Chocolate, or Strawberry	\$4.99 Nachos Combo includes drink	5 BBQ Chicken Sandwiches \$9.99		
	439 W. 6th Street JUNCTION CITY (785) 223-5282 wingitplace.com	Mon-Fri HAPPY HOUR 2 pm -5 pm 1/2 price drinks & slushes; \$1.00 Tacos						
Pizza Hut		All You Can Eat Supreme Lunch Buffet. Pizza, Wing-Street Wings & More! 11:30 - 1:00	\$5 Line UP Choose from Pizza, Wings, Sides and Desserts Details online or in-store	All You Can Eat Supreme Dinner Buffet. Pizza, Wing-Street Wings & More! 5:30 - 7:00	Wing Wednesday 70¢ Bone Out	All You Can Eat Supreme Dinner Buffet. Pizza, Wing-Street Wings & More! 5:30 - 7:00	Large 3 Topping, Breadsticks & Cookie \$21.99 <small>(Additional charge for Pan or Stuffed Crust) Code KW Delivery Fees & minimums required</small>	Large 1 Topping & Medium 3 Topping \$19.99 <small>(Additional charge for Pan or Stuffed Crust) Code LF Delivery Fees & minimums required</small>
	412 E. Chestnut St. JUNCTION CITY (785) 238-4144							
The Cove at Acorns Resort		Bloody Mary & Mimosa Bar 12-4 pm Open 11:00am-8:00pm	1/2 Price Appetizers Open 4:00pm-9:00pm	\$2.00 OFF All Tacos Open 4:00pm-9:00pm	Kids Eat Free w/ purchase of Adult Meal Open 4:00pm-9:00pm	Fajita Night Chicken \$12 Steak \$15 Trivia Night Long Island Ice Tea \$5 Open 4:00pm-9:00pm	Crab Legs \$22 Open 11:00am-10:00pm	Prime Rib Special \$20 for 10-oz cut \$25 for 14-oz cut Open 11:00am-10:00pm
	3710 Farnum Creek Rd. MILFORD (785) 463-4000							
Cracker Barrel		Home Style Chicken All Day \$9.99	Chicken & Dressing	Meatloaf	Chicken Pot Pie	Turkey & Dressing	Fish All Day \$9.99	Chicken & Rice All Day \$9.99
	115 N East St JUNCTION CITY (785) 762-5567	Catering Available 785.762.5567 Monday thru Thursday Lunch Specials from 11 am till it's gone - \$5.99						
IHOP		CATERING AVAILABLE Catering Available (Contact Crystal) 785-238-4800						
	321 E. Ash St. JUNCTION CITY (785) 238-4800							
Munson's Prime		Sunday Brunch \$15.00 per person Kids under 6 eat FREE 11AM TO 2PM	Steak Chili \$8.00	TexMex Tuesday \$8.00	Wings Wednesdays 50¢	Lasagna \$8.00	Chef Special \$8.00	Prime Rib 12oz \$22.00 16oz \$28.00 5pm - Close
	426 Goldenbelt JUNCTION CITY (785) 238-1135	Contact Tim Bailey to book private events. 785-238-1135						
ON SALE: QUALITY GROUND BEEF FOR COOKING & GRILLING								
Hot Rodz BBQ		Home of the 30 Minute Lunch In & Out in 30 minutes CLOSED	Sausage Sandwich w/ smoked cheese & 1 Side \$10.50 CLOSED	Meatloaf w/ 2 sides \$7.50	Hot Rod Sandwich w/ 1 Side \$12.50	Bowl of Smokehouse Chili & sandwich \$11.50	Beef Ribz Special ALL DAY	
	1118 N Washington JUNCTION CITY (785) 209-0527 1118 N. Washington	Lunch Box Special \$6.50 Slider and chips with one side Open 10:00 am to 9:00 pm • Tuesday thru Saturday						

Local Restaurants:

Imagine Your Dinin' Deals Here!

Contact your sales representative at 785-762-5000. Online at jcdailyunion.com

Check **Dinin' Deals** each Friday in the **1st Infantry Division Post** and each Sunday in **The Daily Union** for upcoming specials and coupons for your favorite local restaurants!

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THE DAILY UNION.



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THE DAILY UNION

Junction City

1st INFANTRY DIVISION POST

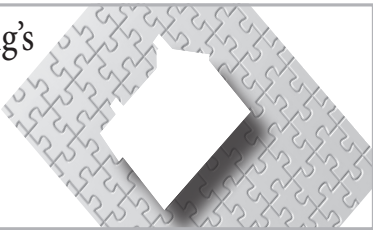
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Were you an INDUSTRIAL or CONSTRUCTION TRADESMAN and recently diagnosed with LUNG CANCER? You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 866-409-2142 for your risk free consultation.

Help Wanted 370**District Manager**

The Junction City Daily Union is currently looking for a District Manager in the Circulation Department. Duties include working with carriers of all ages, delivering routes as needed, increasing circulation through sales and promotions, and assisting customers. Must be able to work independently and have strong people and communication skills. Reliable transportation required. Afternoon, Evening and Sunday hours.

This is a full-time salaried position with a competitive benefits package.

Applications accepted at:
222 W 6th St
Junction City

You can find it in the
CLASSIFIEDS!

Help Wanted 370**Editorial Assistant**

We are offering the new position of part time editorial assistant.

Qualifications

- Ability to work independently and well with others
- Ability to follow written and verbal instructions
 - Able to meet deadlines
 - Mad proofreading skills
 - Writing sample required
- High School Diploma or equivalent
- Computer skills (Adobe Creative Suite a plus)

Duties

Duties include, but are not limited to, office e-mail, editing and rewriting submitted items, proofreading, writing small articles, processing submitted photos. It may also include coverage of one or two night events per month.

Daytime hours with some flexibility.

This position reports to the editor of

The Times and Smoke Signal.

Send resume to: beth@wamegonews.com or Beth Day, 407 Lincoln, Wamego, KS 66547

Help Wanted 370**MEDIA SALES****Will train the right person to succeed!**

We have a full time position in our advertising department.

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DO YOU HAVE:

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Our organization publishes newspapers in Junction City, Wamego, and Manhattan. We publish the 1st Infantry Division Post on Ft. Riley. Additionally, we publish magazines and three websites providing news and information to the region.

WE PROVIDE:

- Salary plus commission
- Benefits include:
medical insurance, 401K, paid vacation/holidays

Send resume and cover letter to:
sales@jcdailyunion.com

No Phone Calls Please

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Help Wanted 370

The Junction City Daily Union is looking for an independent contractor for newspaper delivery in the Chapman area. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact Bonnie at (785) 776-8808, ext 260 for more information.

The Junction City Daily Union is looking for an independent contractor for newspaper delivery in the southwest side of Junction City. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact Bonnie at (785) 776-8808, ext 260 for more information.

REPORTER NEEDED

The Junction City Daily Union has an immediate opening for a reporter who can build sources and dive into local issues. Duties include general assignment, feature writing, coverage of local government boards and copy editing.

The successful candidate will have sharp reporting instincts, outstanding news judgment, an ability to report and write quickly in a fast-moving atmosphere. A curiosity about the community and its people is vital.

This person must have the ability to work productively in a team setting.

The person must be aggressive and adept at setting priorities and reordering them as needed, particularly under deadline pressure or as circumstances change. The person should have strong writing and editing skills, and experience with Multimedia journalism is a must. We use video and social media to tell our stories.

Send resume with references and writing samples to Editor Shane Ersland by email at editor@jcdailyunion.com (put reporter position in the subject line)



su | do | ku

				9			8	
		9	4				7	
6			3			5		
		7	1					
2		6					9	
	4	8			6			2
					3			
	9		7		4			3
	3	1						5

Level: Advanced

What Is
su | do | ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

5	3	9	1	4	2	7	8	6
2	4	6	7	3	8	1	9	5
8	1	7	5	9	6	2	3	4
1	9	3	2	7	5	6	4	8
6	7	5	4	8	1	9	2	3
4	8	2	3	6	9	5	1	7
3	6	1	8	2	7	4	5	9
9	5	8	6	1	4	3	7	2
7	2	4	9	5	3	8	6	1



2018 HOLIDAY GIFT GUIDE

Shop Small Business

SPECIAL SECTION

This special publication will spotlight shopping at small town businesses for Christmas. This will highlight how shopping locally is important for our area and our local economy.

Deadline: Tuesday, November 27TH
Publishes: Sunday, December 2ND, 2018

- | | | |
|----------------|----------------|--------------------|
| • Back Page | 6 col. x 21" | \$699 (Full Color) |
| • Full Page | 6 col. x 21" | \$599 |
| • Half Page | 6 col. x 10.5" | \$349 |
| • Quarter Page | 3 col. x 10.5" | \$199 |
| • One Eighth | 3 col. x 5.25" | \$99 |

* No contract discounts. Limited spaces, first come, first available.

THE DAILY UNION.

Junction City

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Enjoy the Christmas season with the Fort Riley Tour of Homes



Courtesy photos
Fort Riley homes were decked out for the holidays at last year's Tour of Homes. This year the tour is scheduled for noon to 4 p.m. Dec. 1 and will take guests through historic main post.

Story by Téa Sambuco
1ST. INF. DIV. POST

For the 35th, the Historical and Archeological Society of Fort Riley is hosting the Tour of Homes. The Tour of Homes allows people to experience historical Fort Riley in a Christmas atmosphere.

"We have residents every year on historic main post who choose to open their homes for ticket goers to see the historical homes and get a peek into the history of the base and what it was like when it first started," said Megan Durham, HASFR Co-leader for Fort Riley tour of Homes.

"The beauty of it is that these are old historic homes," she said. "Some are 150 years old or older, but you have these very modern military families living in them. It's a very fun way to see how that is displayed. Some families choose to embrace the history and some have a very modern touch. Each home is different, so ticket goers can go in and see a variety of decorations and historical time periods of the base."

Durham said residents are allowed to decorate their homes how they want. They are encouraged to showcase the history of their home and if there are any family traditions they would like to add they can include those.

The Tour of Homes is not stroller friendly, she warned. It is recommended that no children under the age of 12 attend as it takes anywhere from 60 to 90 minutes to complete the tour.

The Tour of Homes will take place Dec. 1 from 12 to 4 p.m., tickets are \$13 if purchased in advance. On Dec. 1, they will be \$15. Tickets can be purchased on the HASFR website or at the Custer House the day of the tour.

"We hope they will take (away) a better understanding of the History of Fort Riley, the role that Fort Riley has played in the local communities and in this area, the importance of the base to the Army and the 1st Infantry Division," Durham said. "It'll be a lot of fun. At the end of the day it's fun to go into these big houses and learn more

about them and see these decorations. It's fun to see decorating styles and how other people decorate."

OTHER LOCAL HOME TOURS: ABILENE

Abilene will host its Heritage Homes Association's Holiday Homes Tour from 4 to 8 p.m. Dec. 1 and 1 to 5 p.m. Dec. 2

Julie Roller, Abilene Convention and Visitor's Bureau director said there are four homes and a church are on this year's tour. One of the homes is a cottage at 310 NE Fifth, which was built in 1905 by John L. Jacoby, a Pennsylvania native who was captured by the Confederates at Gettysburg and moved to Kansas in 1879.

Another home that provides a strong dose of old and new is the Prairie Style home at 407 N. Vine. Built in 1907, it is one of the few houses in Abilene with a remote control for the kitchen counters, Roller said.

Two homes in the 900 block of North Buckeye are on the tour this year. At 906 N. Buckeye, Ken and Donna Hansen have been incrementally restoring their large two-story Victorian-influenced home. While preserving the generous use of wood throughout the house, they have added many personal touches. At 900 N. Buckeye, Joe and Pam Sanfilippo's 1898 Victorian house is an example of a turn-of-the-century home with massive arched interior doors and beautiful woodwork.

Tickets are \$10 and available at the Abilene CVB and the Dickinson County Historical Society.

WAMEGO

Wamego Area Chamber of Commerce administrative assistant, Natalie Windham, said Wamego would be hosting a Christmas Homes Tour this year. Their event will be Dec. 8 from 10 a.m. to 4 p.m. and Dec. 9 from 1 to 4 p.m. Tickets are \$15 per person and can be purchased at any of the homes on the tour.



Courtesy photo
This home at 906 Buckeye, Abilene, Kansas is one of five buildings on this year's Holiday Homes Tour. Its current owners are restoring the two-story Victorian-influenced home. The tour will be Dec. 1 and 2.



FORT RILEY HOMES
Custer House 24 Sheridan Ave.
Bacon Hall 28 Arnold Ave.
17A Forsyth Ave.
15A Forsyth Ave.
13A Forsyth Ave.
9A Forsyth Ave.
1 Barry Ave.
5 Barry Ave.
Historic Main Post Chapel 6 Barry Ave.
Saint Mary's Chapel 3 Barry Ave.
123 Scott Place
100 Schofield Circle
99 Schofield Circle
74 Pershing Ave.

WAMEGO HOMES
2808 Cedarsprings Lane
2804 Cedarsprings Lane
910 5th St.
The Opera House on Fifth Street
5225 Onaga Rd.
328 Simmer Dr.

ABILENE HOMES
310 NE Fifth
407 N. Vine
906 N. Buckeye
900 N. Buckeye
First Baptist Church, 501 N. Spruce



Join Spc. Shell next week as he heads to the theater for some holiday shows.