

189th Airlift Wing WARRIOR



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Arkansas Air National Guard

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*ATSO training preps airmen
for deployment, pg.6-7*



Commander's Corner

By Col. Thomas D. Crimmins
189th Airlift Wing Commander

Greetings 189th Airlift Wing! As we all know, our wing has faced some serious challenges in the last month. I want all of us to remember to lean on each other and talk to your fellow Airman when needed. I encourage each of you to reach out to someone this drill and make sure that everyone is doing ok.

As you may recall, we held the Sink or Swim Competition in June to challenge the Airmen of the 189th to present innovative new ideas for us to utilize \$100K in innovation funds that were allocated to each wing by the Chief of Staff of the Air Force. Not only did we use 100% of those funds, but I requested more money from the pool of unused innovation funds and got an additional \$110K. If you've still got an idea that you'd like to present, it's not too late.

We're constantly striving to find fresh ideas to streamline processes within the wing and we've got the budget to manage it!

October is Cybersecurity Awareness Month and it is important for us to remain vigilant in observing good cyber protection habits. In this constant fight to win in every domain, our cyber detachment is forging ahead and is on the cusp of gaining its squadron designation.

As we move forward into FY19, I am pleased to say that we have gained an additional 34 AGR positions. We will continue to evaluate where these positions will best serve the needs of the wing and support our mission.

DUCIMUS - WE LEAD!



Cover photo: An airmen studies the radio communications guide for post attack recovery (PAR) team missions during the ATSO training event on September 9, 2018. More than 120 airmen assigned to the 189th AW participated in the deployment readiness training in preparation for FY19 deployments. (U.S. Air National Guard photo by Tech. Sgt. Jessica Condit)



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Living without limits: don't let disabilities define you

By Tech. Sgt. Jessica Condit
189th Airlift Wing Public Affairs

Having a disability can either define you or make you stronger. Whether a disability is physical or mental, the drive one has to be a self-sufficient adult is the key to success. This month, the Department of Labor observes National Disability Employee Awareness Month. In honor of this observance, the 189th Airlift Wing is sharing the account of Michael, who is the son of one of our 189th AW members.

"When I first started working, it was overwhelming," Michael said. "Everything seemed like an endless hallway and I couldn't see the end."

Michael explained that during the initial process, the hardest thing for him was applying for jobs online. Sorting through the websites and learning how to find exactly what he was looking for was no easy task. With the help of his family, however, Michael was able to quickly learn the ins and outs of the job search process.

"My mom and dad were there to help me with the process the whole time," he said. "It was challenging, but it also taught me how to manage my finances and other basic life skills."

Although Michael is currently employed, he is not complacent. He has goals and a plan to set everything in motion. Careful planning and guidance along the way is helping him achieve the goals he has set for

himself.

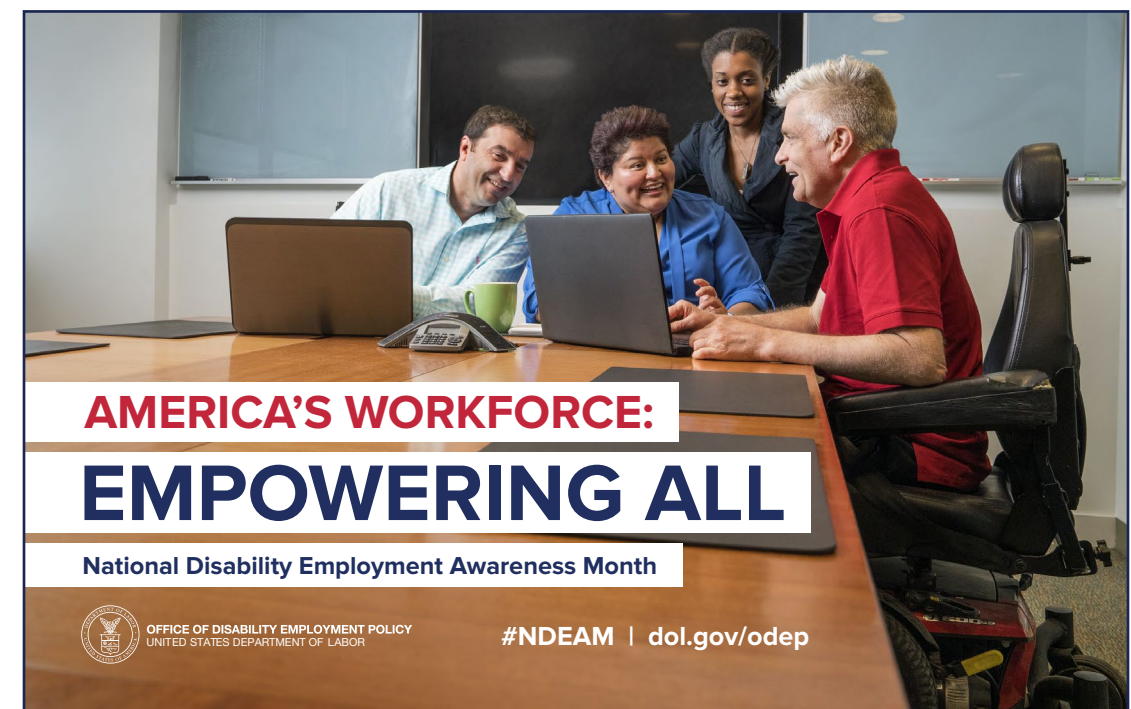
"Sometimes I have to ask myself, what do I want for my future? But I know what I enjoy," he explained. "I know I want to go to college, either for a degree in literature or gaming. I am really interested in tech work too. I know that's where the money's at. We'll see where I end up. Sometimes you don't know what the future might hold."

Michael stressed the importance of not comparing oneself to others. With all the capabilities every individual has, no person is the same. He explained that listening to one's own strengths and seeking success is inspiring in itself.

"I find inspiration everywhere," said Michael. "I found inspiration for my goals from YouTube and other online sources. It keeps me positive and helps me find comedy in inspiration too."

Michael also said to be proud of your own accomplishments, no matter what. A disability does not define you. Find new ways to succeed and overcome your struggles when you feel overwhelmed.

"I don't worry about what people say or think," he said. "Don't look back and worry about it. Move on from it and you will be happy."





189 AW team cinches base softball victory

By Senior Airman Kayla K. Edwards
189th Airlift Wing Public Affairs

After an eventful game of dynamic hitting and base running, the 189th AW men's softball team emerged victorious against the 19th AW security forces men's team, winning the Little Rock Air Force Base championship title on September 20. The team was 9-2 in the regular softball season and 4-0 in the playoffs.

Winning the championship game was no small feat for this team, which is mostly comprised of members over the age of 40.

"The average age of the players on our team is about 45 and some of the people on our team have been playing for more than 20 years," explained Coach Alex Ford. "We've got experience but we're also getting older."

Although the team members may be getting older, they don't show any signs of stopping and are still proving how well they play as a team.

The team recently participated in the 53rd Annual Air National Guard Softball Tournament, which was held in Toledo, Ohio. The 189 AW team and the coed team from the 188th Wing in Fort Smith, Ark. both went to represent the Arkansas ANG and left with two titles: 2nd place in the men's 45 and over division and 1st place in the coed championship game.

Coach Larry Scheeler also attributes the team's camaraderie to its recent winning accomplishment and overall success.

"I love hanging out with this group of guys and playing the game. We're a family, and to accomplish that team goal with a group of people who you consider your

family is the ultimate win for me," Scheeler said.

Both Ford and Scheeler acknowledged the satisfaction of playing hard and winning against opponents who are younger and sometimes, even half their ages.

"Winning the championship game against younger kids is definitely one of the best parts," Scheeler said with a smile.

The wing's team includes 189 AW airmen in every status: technicians, AGRs, drill status Guardsmen, and even a couple of retirees. The team is still looking for players who are willing to work hard and have fun. Currently the team is competing as a men's team but would like to expand to have a coed and women's team.

"We definitely encourage anyone who wants to join the team to come on out, and see what we're all about. Retirees, spouses, and dependents are welcome too," Ford stated.

The base intramural softball season starts at the beginning of the summer but the 189 AW team starts recruiting players and scheduling team practices in the spring. The team practices during UTA weekends to ensure that DSGs have an opportunity to practice with the team.

Coaches Scheeler and Ford look forward to seeing new players join the team next season and hope to continue to winning as a team and as a family.

"The best part about our team is that we're a family on and off the field," Scheeler said.



Ready to wear the OCPs? Read this infographic for more information about proper wear of the uniform and timelines for mandatory wear items.

TIMELINE

2018

1 OCT

Serviceable OCP's may be worn with current patches/badges
Airmen can purchase OCP's at the following AAFES locations: Aviano AB, Charleston AFB, Shaw AFB and MacDill AFB, Pentagon

2019

1 APR

Expansion of in-store AAFES sales locations continues

OCT

Online sales projected to be available

2020

1 JUN

Coyote brown boots mandatory
Coyote brown/tan 499 T-Shirt mandatory
U.S. Flag spice brown color criteria mandatory
Spice brown officer rank mandatory
DLA green socks/coyote brown socks mandatory

2021

1 APR

OCP Utility Uniform mandatory
All AF patches must be converted to the spice brown color criteria

BENEFITS

- The OCP works in all climates and across the spectrum of missions we perform
- Over 100,000 Airmen have been issued and/or are already wearing OCPs. This includes AFGENT, AFSOC and our AFGSC Defenders
- The OCP will bring back Air Force heraldry with unit patches
- The OCP celebrates our joint warfighting excellence and close ties with the Army

AIR FORCE OCP UNIFORM GUIDANCE

Further official wear guidance will be available soon in AFI 36-2903, Dress and Personal Appearance



ATSO training event preps Airmen for deployment

By Senior Airman Kayla K. Edwards
189th Airlift Wing Public Affairs

More than 120 Airmen assigned to the 189th Airlift Wing participated in an ATSO training event during September UTA to prepare for them an upcoming deployment cycle. The Ability to Survive and Operate (ATSO) training event provided Airmen with refresher training in chemical, biological, radiological, and nuclear defense (CBRN), unexploded ordinance identification and reporting procedures, weapons familiarization, self aid buddy care, and proper radio communications. Airmen who are postured for deployment are required to complete these blocks of training to prepare them for situations that they could encounter in a deployed environment.



Left: Senior Airman Matthew Head, 189th CES emergency management technician, watches as participants demonstrate proper wear of mission-oriented protective posture (MOPP) gear during the ATSO training event on September 9, 2018. Airmen who are in a deployable Unit Type Code (UTC) are required to complete several hours of training to maintain deployment readiness. Many members of the 189th AW have been tapped for deployment in FY19. (U.S. Air National Guard photo by Tech. Sgt. Jessica Condit) **Below:** Capt. Sarah Moody, 189th MDG nurse, demonstrates the proper lift and carry technique for a patient litter during the ATSO training event on September 9, 2018. (U.S. Air National Guard photo by Senior Airman Kayla K. Edwards)



Above: Airmen don their gloves as they suit up for mission-oriented protective posture (MOPP) level 4 during the ATSO training event on September 9, 2018. **Below:** Staff Sgt. Jayson Foster, 19th CES explosive ordinance journeyman, explains how to properly identify different types of ordinance and the amount of damage each could potentially cause during the UXO identification training block on September 9, 2018. (U.S. Air National Guard photos by Senior Airman Kayla K. Edwards)



Cloud-based Air Force learning ecosystem to give control and “21st Century speed” to Airmen

By Dan Hawkins
Air Education and Training Command Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) -- Air Education and Training Command officials announced the service’s new cloud-based learning ecosystem is currently in a beta test with four courses, with testing expected to complete in the summer of 2019 and full operational capability expected in early 2020.

The learning ecosystem will put students in control of their learning, allowing them to learn anywhere, anytime and on any device, breaking the long-held paradigm of the Air Force controlling the learning environment.

“In the past in the industrial age, when you come into the service, Airmen have been told what to learn, when to learn and how to learn it,” said Lt. Gen. Steve Kwast, AETC commander. “The learning ecosystem will put training in front of Airmen in a learner-centric way that is mobile and moves with 21st Century speed.”

Servicing about 800,000 users annually who complete up to one million courses per month, the Air Force Learning Services Ecosystem will provide a centralized data collection and distribution point for the core learning services, such as content development and delivery, student management, evaluation and testing, advanced analytics, and the Airmen Learning Record, which form the technological foundation of the service’s Continuum of Learning.

“Learning is so critical to Air Force readiness that we need a means to quantify and track it, which is what the learning ecosystem allows us to do,” said Dr. Matthew Stafford, AETC chief learning officer. “This will allow commanders at all levels to make better operational and developmental-investment decisions, enabling us to build the most effective, most innovative and most lethal multi-domain warfighters in Air Force history.”

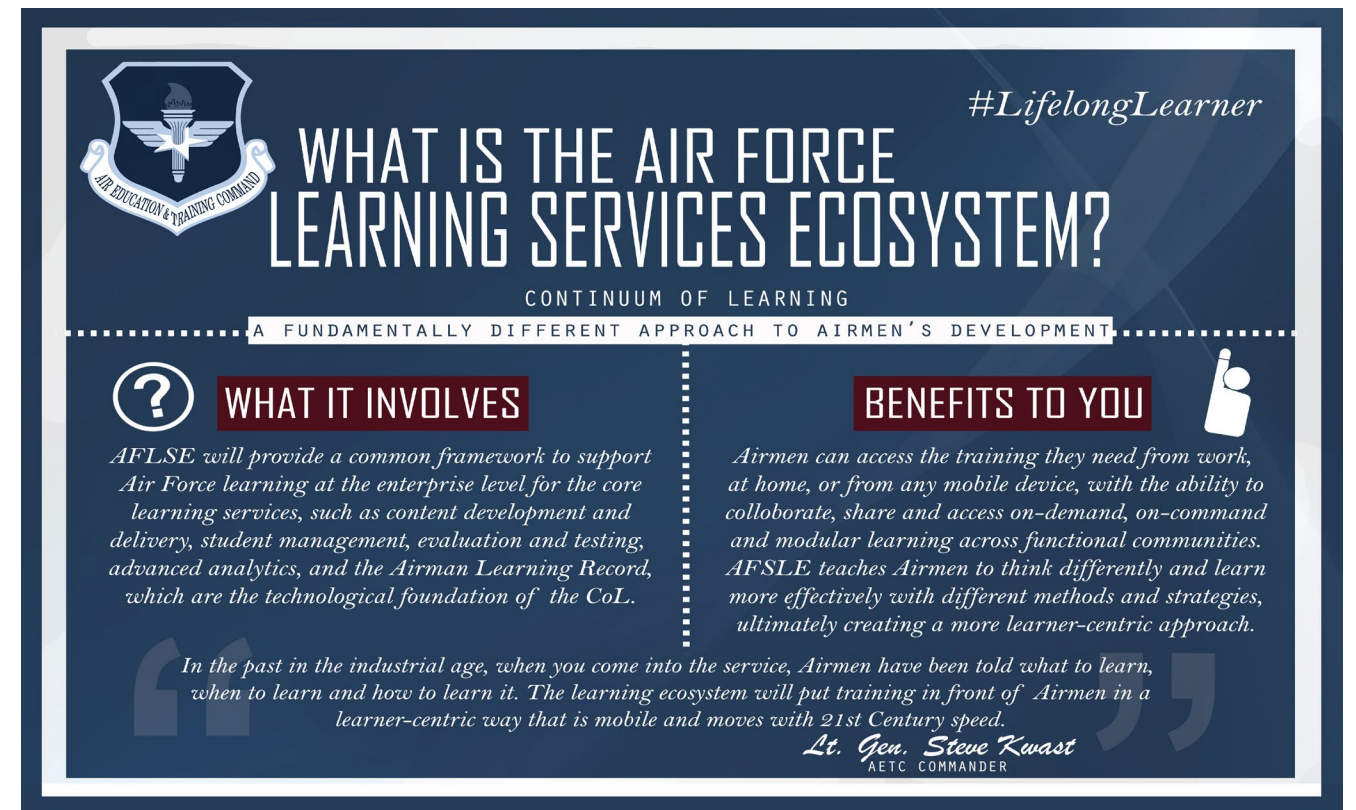
Tracking a lifetime of education and training in one place, the Airman’s Learning Record will provide a one-stop shop to record all learning, whether it occurs in a specialized training or education program, on the job or off-duty, or even training with another military service.

Currently, Airmen’s learning is documented in multiple, stove-piped learning systems, with no central tracking mechanism in place to identify competencies, which can prevent commanders at all levels from putting Airmen in the right positions to accomplish the mission.

“From the learning ecosystem, we’ll access the ALR, which is basically the collection of what Airmen know and what they can do in ways that haven’t been tracked before,” Stafford said. “Again, learning gained through education, training and experience.”

Once fully operational, the learning ecosystem will be accessible to all Airmen through both .mil and .com environments so anyone can access the training they need from work, home or any mobile device. As part of experiential learning, the intent is to provide users with an alternate two-factor authentication capability to accommodate learning on mobile devices, or “bring your own devices,” as well as mission partners who do not have a common-access card, such as the Delayed Entry Program, international partners, and dependents.

Inside the learning ecosystem, Airmen will also see integrated social and technology components as well. With the Communities of Interest section, users will have access to different social-based communities of interest based on the Airman’s Air Force Specialty Code, providing a collaborative environment for Airmen to talk with other Airmen, supervisors or instructors about learning. The technology sandbox adds the ability to test out new software, such as gaming applications, inside the ecosystem without disrupting the existing capabilities.



WHAT IS THE AIR FORCE LEARNING SERVICES ECOSYSTEM?

#LifelongLearner

CONTINUUM OF LEARNING

A FUNDAMENTALLY DIFFERENT APPROACH TO AIRMEN’S DEVELOPMENT

WHAT IT INVOLVES

AFLSE will provide a common framework to support Air Force learning at the enterprise level for the core learning services, such as content development and delivery, student management, evaluation and testing, advanced analytics, and the Airman Learning Record, which are the technological foundation of the CoL.

BENEFITS TO YOU

Airmen can access the training they need from work, at home, or from any mobile device, with the ability to collaborate, share and access on-demand, on-command and modular learning across functional communities. AFLSE teaches Airmen to think differently and learn more effectively with different methods and strategies, ultimately creating a more learner-centric approach.

In the past in the industrial age, when you come into the service, Airmen have been told what to learn, when to learn and how to learn it. The learning ecosystem will put training in front of Airmen in a learner-centric way that is mobile and moves with 21st Century speed.

Lt. Gen. Steve Kwast
AETC COMMANDER

For instructors, the learning ecosystem will provide the ability to track how well Airmen are learning a subject, or if they are struggling, allows for courses to be adapted so Airmen get the most out of their learning.

“The Air Force has come to accept that innovation for the future is going to start with Airmen,” Stafford said. “That means we have to design our learning environments differently to promote that kind of ingenuity.”

Air Force to finalize review process for non-deployable Airmen

Secretary of the Air Force Public Affairs

ARLINGTON, Va. (AFNS) -- The Air Force is finalizing details on how it will implement Department of Defense Instruction 1332.45, Retention Determination for Non-Deployable Service Members.

Until the updated policy guidance is complete in late 2018, Airmen who have been non-deployable for 12 consecutive months and their commanders will continue to follow existing procedures.

“It’s important to understand this is not an automatic separation policy. It’s a process, similar to what we already do today, that allows us to evaluate our non-deployable Airmen to determine if their continued service is compatible with and can meet the requirements the nation expects of us as an Air Force. In some cases, we’ll have Airmen who can meet those requirements and fulfill requirements without being

deployable,” said Lt. Gen. Brian Kelly, Air Force deputy chief of staff for manpower, personnel and services. “The process we create will take care of all Airmen while recognizing and ensuring we have a fair and equitable deployment process across our Air Force.”

Currently, there are approximately 1,600 active duty Airmen who are expected to be affected by the new policy. Once the guidance is published, the Air Force will begin the process of evaluating them for a retention determination, referral to the Disability Evaluation System, or initiation of administrative separation, depending on each Airman’s circumstances.

All Airmen, regardless of service component, should be aware of updates to the policy and maintain personal readiness to ensure compliance.



Little Rock Air Force Base
AIR AND SPACE SHOW

THUNDER OVER THE ROCK



Featuring **THE LARGEST SCIENCE FESTIVAL IN ARKANSAS**
27-28 OCTOBER

VANDENBERG GATE OPEN TO THE PUBLIC 8:30 AM - 4:30 PM
FOR MORE INFORMATION VISIT US ONLINE: WWW.THUNDEROVERTHEROCK.COM

FREE ADMISSION & PARKING



DOWNLOAD THE LITTLE ROCK AIR FORCE BASE MOBILE APP FOR EVENT INFORMATION

★ **U.S. AIR FORCE** ★

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Cybersecurity and you: best practices

By Staff Sgt. Keith Schalk
189th Communications Flight

The cyber domain is a resource like none other, full of wonderful features, applications and endless knowledge. The capabilities provided are endless, however, those same capabilities are equally available to those with malicious intent. Cyber attacks come in many forms and for a multitude of reasons. Those reasons range from just plain annoyance to collecting and sometimes using personal information. To protect you and your family digitally, there are few key security topics you must be familiar with: phishing emails, passwords, physical security, and finally how to access and connect to the cyber domain. The explanations below provide detailed best practice ideas to ensure digital security.

Cyber criminals use phishing emails to deceive users into revealing sensitive information. This target information includes but is not limited to usernames, passwords, and financial information. Phishing emails are effective because they appear to come from trustworthy sources such as credit card or insurance companies and banks. Several things can distinguish a phishing attempt from a legitimate email. Typos, misspellings in the body of the email or the sender's email address, and links with strings of random numbers and letters are common signs of malicious emails. Should you receive an email you think might be a phishing attempt, do not click any links or open any attachments. This action may lead you to malicious sites and the attachment could contain viruses or malware.

Protect your passwords and always have physical control of your common access card. As a user, you can be targeted simply because you have network access. When creating a password, it must be complex. Create passwords at least eight characters in length, using a combination of numbers, letters

(uppercase and lowercase) and special characters. Never use dictionary words, names, or birthdays as they are most vulnerable to attacks. Use a different password for every account credential that you create, so that if an attacker obtains one of your login credentials only one account is compromised. Lastly, change your passwords every six months at a minimum.

Physical security is equally important to keeping our sensitive information protected. Be vigilant and protect against insider threats; they can be more dangerous than hackers. Laptops, tablets and phones are extremely vulnerable to being picked up and carried away either at work or in a public setting.

Always lock your workstation if you step away from your desk and be aware of your surroundings while using any mobile device. "Shoulder surfers" try to gather information while you work simply by watching your screen. Additionally, remember to shred any sensitive documentation, eliminating the threat of "dumpster divers".

Finally, explain security threats to your family. Attackers can use online games to gain trust and manipulate access to home computer systems. Do not allow children to play games while logged into an account with administrative privileges on any system. If an attacker were to gain access to the system they can exploit these privileges and cause severe damage to the system, network and potentially anything in your home connected to that system. Download files only from trusted sources as files from the internet can introduce viruses and malware to your systems. Always have updated anti-virus protection on your devices. The Air Force offers a home use program that delivers a suite of McAfee applications to protect your home computers.

For more information about the McAfee Suite or general cyber domain security questions, contact your local communications flight.





Looking for something to do this fall? Check out what the 19th Force Support Squadron is offering in the upcoming month!

The Skills Center presents

Painting Unworked

12 October • 5 - 7:30 PM
Register by 9 October • \$25

Join us for a relaxing evening of social painting & create a lovely piece of art that beautifully reflects fall using an incredible palette of colors.

Check out the 19 FSS Skills Facebook page to see an example of the final product!

All art supplies are provided, just bring your creative spirit & your "spirits"!

987-6504

at the WALTERS COMMUNITY SUPPORT CENTER BALLROOM



20 OCTOBER 2018

FALL SHAMBLE

SHOTGUN START
AT 8 AM

REGISTER BY 17 OCTOBER

\$40 PER PERSON | 2 PERSON TEAMS

COST INCLUDES GREENS/CART FEE

at DEER RUN GOLF COURSE | 987-6825



ALPHA WARRIOR
AIR FORCE TOUR

YOU GOT THIS.

THE ALPHA WARRIOR BATTLE RIG EVENT
ALPHA WARRIOR PRO-ATHLETE FAMILIARIZATION DEMONSTRATION

2 NOVEMBER // 2 PM
AGES 13 & UP

HOSTED BY REBEKAH BONILLA & ERIC ROSENSTOCK
FROM AMERICAN NINJA WARRIOR

DEMONSTRATIONS // TIPS // COMPETITIONS
YOUTH BATTLE RIG // AGES 5-13

FIRST 100 PARTICIPANTS WILL RECEIVE AN OFFICIAL AIR FORCE ALPHA WARRIOR T-SHIRT

at the FITNESS CENTER BASKETBALL COURT | 987-7716



AMERICA'S WORKFORCE:
EMPOWERING ALL

October is National Disability Employment Awareness Month (NDEAM)—a time to celebrate the skills and talents that people with disabilities bring to America's workplaces and economy.

How will you take part? Visit dol.gov/ndeam to:

- Download or order the official NDEAM poster
- Learn ways that you and your organization can participate
- Find ready-to-publish NDEAM articles, press releases, resource toolkits and more



#NDEAM | dol.gov/odep




189TH AW NORTH POLE DEPLOYMENT CHILDREN'S HOLIDAY EVENT 2018

SATURDAY, DECEMBER 1ST
FROM 1100-1300
LOCATION: ENGINE SHOP (BLDG 140)

Kid's deployment processing line, games, cookie decorating, bounce house, crafts, and more!

For More Info Contact:
189th Airman & Family Readiness at (501) 987-5952



Warrior of the Month: Airman Jaylin Smith



Rank/Name: Airman Jaylin Smith
Unit: 189th Logistics Readiness Squadron
Guard Status: Technician
Position: Packer
Hometown: Little Rock, AR
Time on Station: 7 months
Time in Service: 1 year
Family: LaTasha, mom; Joseph, dad
Goals: Retire from the Air Force with 20+ years of service and attain the highest rank possible

Most Rewarding Part of My Job: I look forward to starting my day and knowing there's work to be done and feel relief at the end of the day when I look around the office and my desk is clear.
Why I Joined the Guard: To be close to home and help my family
Core Value: Service Before Self. I believe in getting the job done first. I will sacrifice my personal time if needed



PROMOTIONS



Congratulations promotees and PME graduates on reaching the next level in the Air National Guard. Your dedication and service to the Arkansas Air National Guard did not go unnoticed! Keep up the good work!



Congratulations to Master Sgt. Frederick Chapple for winning the Air Force Level Force Support Reserve Component SNCO of the Year Award!