

What's INSIDE



Be aware this Fire Prevention Week
See page A-2



Coast Guard, Navy help victims in plane crash
See page A-4



JBPHH celebrates Hispanic History Month
See page A-7



Community, military clean fishpond together
See page B-1

“Navigator”

WHO'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

October 5, 2018

www.issuu.com/navyregionhawaii www.hookelenews.com

Volume 9 Issue 39

An MH-60R Seahawk, assigned to the “Easyriders” of Helicopter Maritime Strike Squadron 37 lands on the flight deck of the Arleigh-Burke class guided-missile destroyer USS Michael Murphy (DDG 112) Sept. 25 in the South China Sea.

Photo by MC2 Justin R. Pacheco

Protectors at sea

Navy to celebrate 243 years

Kristen Wong

Life and Leisure Editor, Ho'okele

The U.S. Navy in Hawaii celebrates the Navy's 243rd birthday this year, today through Oct. 13. This year's theme is “Forged by the Sea” (Haku 'la E Ke Kai).

“Our Navy was born as the ‘Continental Navy’ in 1775 even before our nation was created and before our Declaration of Independence and our Constitution, which all Sailors are sworn to protect and defend,” said Rear Adm. Brian P. Fort, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific.

“Today, our Navy continues to deploy to protect and promote American interests and values around the world. We continue to stand together with our allies against those who would challenge our freedom. And we continue to live by our core values: Honor, Courage and Commitment,” Fort said.

Naval Administrative Message 173/18 stated that in celebration of the birthday, the Navy will host events that strive to

build upon the Navy's relationship with the public.

Hawaii's Navy will be busy with several events this year:

- The Pacific Missile Range Facility's celebration is today at the Grand Hyatt Kauai Resort and Spa.
- On Oct. 10, there will be a special meal from 11 a.m. to 12:30 p.m. The special meal is open to military retirees, Department of Defense civilians and military family members with a valid ID card. Bring exact change to expedite time spent at the cashier stand. Meal price is \$5.60.
- On Oct. 12, there will be a Navy birthday celebration at the Pearl Harbor Visitor Center in conjunction with an extended performance by the U.S. Pacific Fleet Band.
- On Oct. 12, the Navy Exchange Mall at Pearl Harbor will host a Navy birthday celebration includes a cake-cutting ceremony, performances by the U.S. Pacific Fleet Band and giveaways.
- On Oct. 12, Navy Information Opera-

tions Command Hawaii will host its Navy ball. Rear Adm. Brian Fort, commander, Navy Region Hawaii and Naval Surface Group Mid-Pacific will be the guest speaker.

- On Oct. 13, Navy Region Hawaii is hosting a ball at Hilton Hawaiian Village in Waikiki. The ball will feature a hula and haka performance.

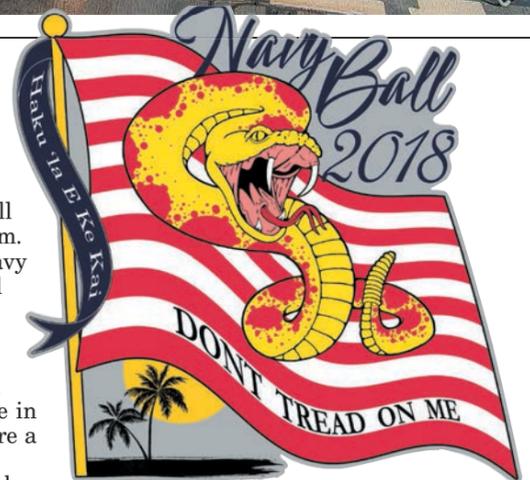
- On Oct. 15, the Pearl Harbor Rotary Club will host a Navy birthday presentation during its meeting at Oahu Country Club at 11:30 a.m. Jim Neuman, the Navy Region Hawaii historian is scheduled to speak about U.S. Navy history and legacy in honor of the Navy's 243rd birthday at a future Pearl Harbor Rotary Club meeting at Oahu Country Club.

“I wanted to be part of something more than what I was doing,” said Ensign Alyssandra Rousseve, assigned to the USS Hopper, on why she joined the Navy. “The Navy's founding to this day is based on

strong tradition and having those Navy holidays, Navy birthdays or anything to bring the crew together is important.”

Rousseve, who has been in the Navy for one year, said she also chose the Navy because of her love of the ocean.

“I love the ocean,” she said. “I love being out at sea. It's hard work but overall most Sailors enjoy the time spent out at sea. It builds character. Character building is huge. Our Sailors work hard and you've got to enjoy moments like Navy birthdays.”



First Hawaii deployment proves B-2 strategic flexibility

Story by Staff Sgt. Danielle Quilla

509th Bomb Wing Public Affairs

Three B-2 Spirits and approximately 200 Airmen completed their first deployment to Joint Base Pearl Harbor-Hickam (JBPHH), Hawaii, in support of the U.S. Strategic Command's Bomber Task Force (BTF) deployment, Aug. 15 to Sept. 27.

Though bombers regularly rotate throughout the Indo-Pacific, this marked the first deployment of B-2s to JBPHH.

“The B-2 Spirits' first deployment to JBPHH highlights its strategic flexibility to project power from anywhere in the world,” said Maj. Gen. Stephen Williams, director of air and cyberspace operations, Headquarters Pacific Air Forces.

“The B-2s conducted routine air operations and integrated capabilities with key regional partners, which helped ensure a free and open Indo-Pacific. The U.S. routinely and visibly demonstrates commitment to our allies and partners through global

employment and integration of our military forces.”

Despite the deployment taking place in the middle of hurricane season, the B-2 pilots accomplished hundreds of local and long-duration sorties and regional training. Each mission focused on displaying the bomber's flexible global-strike capability and the United States' commitment to supporting global security.

One of the key integrations involved the B-2s and F-22 Raptors assigned to the 199th Fighter Squadron, a unit of the 154th Wing under the Hawaii Air National Guard.

Like the B-2, the F-22 is virtually invisible to threats. This makes them the perfect match for escorting the stealth bomber and providing situational awareness. The training helped polish the cohesion between the pilots.

“The Bomber Task Force is a total-force integration deployment,” said Lt. Col. Nicholas Adcock, Air Force Global Strike 393rd Bomber Squadron commander. “Our active-duty and guard members worked seamlessly

together with their counterparts here in Hawaii to determine the best way for the B-2 to operate from this location in the future.”

The 154th Wing also supported the B-2 with the 203rd Air Refueling Squadron's KC-135 Stratotankers. Although the B-2 is capable of flying approximately 6,000 miles without refueling, the KC-135s provided aerial refueling for long-duration missions.

“The training with the Hawaii Air National Guard was invaluable,” Adcock said. “Together we refined and exercised multiple tactics that are crucial to the Indo-Pacific Command area of responsibility.”

In addition to air operations, the deployment also focused on hot-pit refueling. During this technique, the pilots land and continue to run the B-2's engines while fuels distribution technicians refuel the aircraft. The pilots are immediately able to take off again with a full tank and maximize the amount of time they are in the air versus on the ground. One B-2 conducted hot-pit refueling at Wake Island, a coral limestone atoll in the

mid-Pacific, west of Honolulu, Sept. 14.

Finally, weapons load crews exercised loading BDU-50s, inert 500 pound non-explosive practice bombs, into B-2 bomb bays on the JBPHH flightline.

“This weapons load is the first stepping stone to loading live munitions from this location,” said Master Sgt. Nicholas Lewis, 393rd Aircraft Maintenance Unit weapons section chief. “Furthermore, it provides pilots and load crews valuable training necessary to accomplish future BTF missions.”

From air-to-ground support, the first Bomber Task Force deployment at Hawaii has allowed each member to determine what it would take to operate the B-2 from JBPHH and execute strategic deterrence, global strike and combat support at any time.

“I am very proud of every Airman that was a member of the 393rd Expeditionary Bomb Squadron,” Adcock said. “We flew to a forward operating location that the B-2 had never operated out of and overcame numerous challenges.”

Federal Fire Department promotes awareness

Federal Fire Department

Adults and children of all ages can stop, drop and roll their way through educational fire safety booths during National Fire Prevention Week, Oct. 7-13.

The Federal Fire Department (FEDFIRE) will be holding several events on military installations throughout the week and month of October to promote this year's campaign message "Look, listen, learn. Be aware. Fire can happen anywhere."

Fire Prevention Week was established to commemorate the Great Chicago Fire in 1871 that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire began Oct. 8, but continued on and did most of its damage Oct. 9, 1871.



Photo courtesy of Gov. David Ige's office

Hawaii state Gov. David Ige signed a proclamation Sept. 28 for the 2018 National Fire Prevention Week campaign. Fire Inspector Chris Magnani and Battalion Chief Al Balderama represented the Federal Fire Department at the signing.

Since 1922, Fire Prevention Week has been observed on the Sunday through Saturday in which Oct. 9 falls.

According to the National Archives and Records Administration's Library Information Center, Fire Prevention Week is the longest running public health and safety observance on record.

FEDFIRE's Prevention Division will observe National Fire Prevention Week by informing the

public through various demonstrations on the importance of testing your knowledge of fire safety using the "Look, Listen, Learn" theme.

Adults can learn how to properly use a portable fire extinguisher and will be put to the test by competing against each other for the fastest time extinguishing a fire using the new state-of-the-art BulleX laser-driven fire extinguisher training system.

Adults can also learn how to safely extinguish a stove top fire, the leading cause of home fires annually. Children will be put to the test as well by demonstrating how to stop, drop and roll, learn the emergency contact number 911, and take photos with Sparky the fire dog.

"I have been in the fire service for over 38 years and Fire Prevention Week has always been a special time for me," said Jeffrey

Fernaays, regional assistant fire chief of prevention. "The time spent talking and interacting with the communities passing on fire safety tips and seeing the smiling faces of future firefighters. If this year's and every year's fire safety message provided by the annual Fire Prevention Week themes saves even one life from being lost in a fire, then, fire departments everywhere can say 'job well done.'"

According to the latest National Fire Protection Association research, working smoke alarms can increase your chances of survival.

Home fire sprinkler systems can also increase the probability of survival during a fire by more than 90 percent.

However, still today almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms usually because batteries are missing, disconnected or dead. A properly installed, maintained and tested smoke detector and home fire sprinkler system does in fact save lives and in some cases can minimize fire damage.

For more information about fire prevention safety tips call the FEDFIRE at 471-3303 and ask for the Prevention Division or visit www.nfpa.org and www.firepreventionweek.org.

Lane closures to affect Kamehameha Highway until Nov. 16

Honolulu Authority for Rapid Transportation

The Honolulu Authority for Rapid Transportation (HART) would like to notify area residents and businesses of alternating lane closures associated with work to upgrade the HART's utility infrastructure in the area.

Lane closures will affect Arizona Street (Halawa Gate) to Center Drive from now through Nov. 16. Intermittent overnight closures will begin Sunday to Saturday from 7 p.m. to 5 a.m. and overnight closures will take place from Oct. 19-20 from 10 p.m. to 10 a.m.

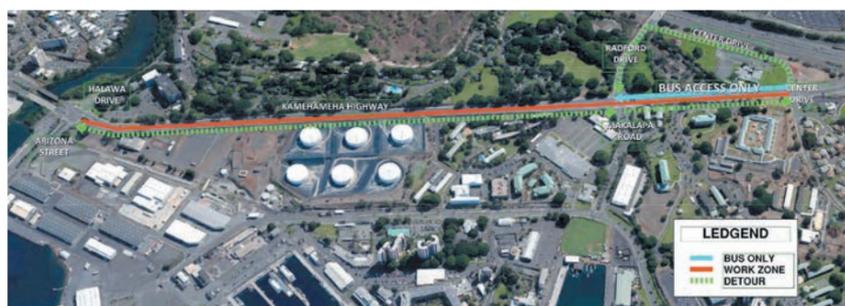
• Borchers Gate

The left-turn and

through movements from Halawa Drive onto eastbound Kamehameha Highway will be closed. Motorists will be detoured to a u-turn at Arizona Memorial Place. The left-turn from eastbound Kamehameha Highway onto Halawa Drive will be closed. Motorists will be detoured to Radford Drive and Center Drive to access westbound Kamehameha Highway.

• Halawa Gate

The left-turn and through movements from Arizona Street onto westbound Kamehameha Highway will be closed. Motorists will be detoured to Valkenburgh Street. The left-turn and from westbound Kamehameha



Highway onto Arizona Street will be closed. Motorists will be detoured to a u-turn at Arizona Memorial Place.

• Halawa Drive/Arizona Street to Radford Drive/Makalapa Road

The westbound and eastbound lanes of Kamehameha Highway will be intermittently

closed, traffic will be contraflowed. Bus stops will be relocated when necessary. Pedestrian access will be maintained. For safety, the speed limit will be reduced to 15 mph in both directions.

• Radford Drive intersection

The left-turn from Radford Drive onto eastbound

Kamehameha Highway will be closed. Motorists will be detoured to a u-turn at Arizona Memorial Place.

• Makalapa Gate

All traffic exiting Makalapa Gate must turn right onto eastbound Kamehameha Highway. Motorists will be detoured to Valkenburgh Street. The

left-turn from westbound Kamehameha Highway onto Makalapa Road will be closed. Motorists will be detoured at Center Drive to access Makalapa Gate via Radford Drive.

• Radford Drive/Makalapa Road to Plantation Drive/Center Drive

Bus only access will be allowed. All lanes of westbound Kamehameha Highway will be closed. Motorists will be detoured to Center Drive, then to Radford Drive to access westbound Kamehameha Highway.

For more information, contact the HART's 24-hour project hotline at 566-2299 or www.honolulutransit.org.

Diverse VIEWS



Submitted by David D. Underwood Jr. and Helen Zukeran

What is the best “cheap eats” place on the island?



**Master-At-Arms
Chief Petty Officer
Talia Woods**
ATG (Afloat
Training Group)
San Diego

“Cholo’s Mexican Restaurant on the North Shore. The shrimp with garlic dish is delicious.”



**Petty Officer 2nd
Class Jaquan Taylor**
CSS2 JBPHH

“Von’s Chicken. I always order the Crispy Fried Chicken, extra crispy.”



**Yeoman 2nd Class
Harley Britt**
JBPHH Admin

“W & M Bar-B-Q Burger in Kaimuki. I get the Teri burger with mayo.”



**Airman 1st Class
Isaac So**
792nd Intelligence
Support Squadron

“Liz’s BBQ by the NEX.”



**Staff Sgt. Elisa
Warren**
48th Aerial Port
Squadron

“Christine’s Diner by the airport.”



Capt. Kenneth King
352nd Cyberspace
Operations Squadron

“Aloha Subs in Wahiawa. Get a ‘Kelly Slater.’ It has papaya seed dressing (sweet), and sprouts that give it a nice crunch.”

Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com

COMMENTARY

Safety Pono Campaign in 2019

Rear Adm. Brian Fort

Commander, Navy Region Hawaii and
Naval Surface Group Middle Pacific



Adm. John C. Aquilino, the commander of U.S. Pacific Fleet, recently announced his mandatory preemptive safety stand-down guidance and expectations for fiscal year 2019.

His guidance is focused on targeting and reducing known safety concerns. I want us to look at safety as a “pono” issue — a righteous, balanced and worthy issue we take seriously throughout our region.

With PACFLT’s guidance we now have specific themes each quarter to help us sharpen our approach. Among this quarter’s (October through December) targets are alcohol awareness, holiday safety and motor vehicle safety and distracted driving prevention.

Other topics throughout the year identified by PACFLT include water safety, heat stress, suicide prevention, sexual assault prevention and response, and motorcycle safety. Each quarter there is room to customize our efforts and reinforce required operational risk management training.

Here in Hawaii, we must continue to make safety on and off duty one of our top priorities. We must be vigilant, careful and accountable, especially when operating a motor vehicle.

Pedestrians and cyclists have been hit and in some cases injured aboard Joint Base Pearl Harbor-Hickam. One is too many.

Off base, our state has seen an increase in the number of traffic-related fatalities to pedestrians, including in crosswalks, this year.

The state Department of Transportation reports that more than 28 pedestrians have been killed in crosswalks — seven times more than in 2017.

Just this past weekend a hit-and-run driver killed a man walking his dog. Another person on Oahu was killed while riding a bicycle.

This tragedy to so many families must end.

We can expect DUI checks to continue. We can expect speed traps to continue. We must do our part

to support alert, aware and patient driving and safe motorcycling.

Safety is a concern both on and off duty — especially here in Hawaii, where it’s the “101 Days of Summer Safety” year round.

Let’s plan to be safe on our beaches, in the surf, on hiking trails, on the road, and out in town at night.

It’s always a good idea to buddy-up and to stay away from potential dangers, and that specifically includes the irresponsible use of alcohol.

We continue to see police reports where excessive alcohol is a common denominator in poor judgment, especially after midnight.

Make sure you are always aware of your surroundings and be careful.

Aboard ships, on flight lines and in industrial areas within our installations we work in an inherently dangerous environment.

We must always be mindful of our environment as we make decisions — understanding the repercussions of

our actions. We must be pono in our choices, plans, and behavior. We must always take safety training seriously.

As the saying goes, “Don’t learn safety by accident.”

This is my third commentary in the past six months dedicated to safety. Last May I discussed pedestrian safety and the need to slow down, stay alert and make good decisions.

At the end of August, I discussed three accidents which occurred within our region over the summer — all failures of occupational risk management. Safety continues to be a leadership imperative for all of us.

With Adm. Aquilino’s leadership message and expectations, we can see clearly what needs to be done — not only on the deckplates but also throughout our installations, at home, at work, on base and off.

Let’s make a fiscal year 19 “new year’s resolution” to be pono in our actions and decisions. Be safe — always.

PACAF hosts Indo-Pacific air attaché forum

Story and photo by
Tech. Sgt. Zachary Vaughn

Pacific Air Forces
Public Affairs

Air attachés, security cooperation officers (SCO), and civil servants attended the U.S. Air Force Indo-Pacific Air Attaché-SCO forum at Joint Base Pearl Harbor-Hickam, Sept. 25-28.

The Air Force International Affairs office organized the forum to improve integration between air attachés and SCOs to increase efforts for strengthening alliances and partnerships within the Indo-Pacific region.

“This forum allows us to bring our attachés and SCOs together to communicate with their counterparts and find out what their issues are so they can network and use lessons learned to solve those challenges,” said Michael Shoultz, director of policy, programs and strategy, Office of the Deputy Under Secretary of the Air Force, International Affairs.

One key objective for the forum was to evaluate and support a new Pacific Air Forces (PACAF) initiative.

“All of our work building relationships with our allies and partners is going to get us interoperability, influence, access,

basing and overflight,” said Gen. CQ Brown Jr., PACAF commander. “In some cases it will be all five; in other cases, it’s just going to be influence.”

Brown mentioned PACAF’s three lines of effort for the group: supporting operational concepts for great power competition, strengthening alliances and partnerships, and increasing lethality through exercises and operations.

“It’s really about maintaining a free and open Indo-Pacific,” Brown said. “Each nation can pick whoever they want to partner with, and we’d like to be the security partner of choice.”

The forum challenged

attendees to evaluate the “why” in PACAF’s exercises and engagements with allies and partners.

“Assessing the way we do business is tough,” said Lt. Col. Andrew Cunnam, air attaché, U.S. Embassy, Canberra, Australia.

“The answer isn’t always going to be what you want to hear but gaining insight from other service members throughout the Indo-Pacific enables us to identify ways to support our senior leaders and leverage our capabilities with partner nations.”

Attachés and SCOs meet approximately every 18 to 24 months to assess and plan future efforts for



Gen. CQ Brown Jr., PACAF commander, speaks to U.S. Air Force Indo-Pacific Air Attaché and SCO forum attendees on Joint Base Pearl Harbor-Hickam, Sept. 25.

supporting partnership opportunities within the Indo-Pacific region.

“The SCOs and air attachés are an important interface between a particular country and the U.S. Air Force,” Shoultz said.

“They communicate those higher headquarters objectives, exercise opportunities, and new capability requirements.”

WHO'OKELE
FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

<p>Commander, Navy Region Hawaii Rear Adm. Brian Fort</p>	<p>Commander, Joint Base Pearl Harbor-Hickam Capt. Jeff Bernard</p>
<p>Director, Navy Region Hawaii Public Affairs Agnes Tauyan</p>	<p>Managing Editor Anna General</p>
<p>Communication Strategist Bill Doughy</p>	<p>Life & Leisure Editor Kristen Wong</p>
<p>Director, Joint Base Pearl Harbor-Hickam Public Affairs Chuck Anthony</p>	<p>Sports Editor Randy Dela Cruz</p>
	<p>Graphic Artist Michelle Poppler</p>

Ho'okele is a free unofficial paper published every Friday by The Honolulu Star Advertiser 500 Ala Moana Boulevard Suite 7-500 Honolulu Hawaii 96813, a private firm in no way connected with DoD, the U. S. Navy, Air Force or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii. All editorial content is prepared, edited, proofed and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, JBPHH, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: editor@hookelenews.com World Wide Web address: <https://www.cnic.navy.mil/Hawaii/> or www.hookelenews.com. This civilian enterprise newspaper is an authorized publication primarily for members of the Navy, Air Force and Marine Corps military services and their families in Hawaii. Its contents do not necessarily reflect the official views of the U. S. Government, the Department of Defense, the U.S. Navy, Air Force or Marine Corps and do not imply endorsement thereof. The civilian publisher, The Honolulu Star Advertiser, is responsible for commercial advertising, which may be purchased by calling (808) 521-9111.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement of the products and services advertised by the Department of Defense, the U.S. Navy, Air Force or Marine Corps, Commander, Navy Region Hawaii or The Honolulu Star Advertiser. Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source. Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu.

Mo' onions, please



U.S. Navy photo, now in the National Archives
Crew members load onions during the USS Missouri’s shakedown cruise, circa August 1944.

US returns South Korean remains



Above, the Republic of Korea Vice Minister of Defense Choo Suk Suh, right, bows for the remains of a South Korean service member during a repatriation ceremony hosted by the Defense POW/MIA Accounting Agency on Joint Base Pearl Harbor-Hickam, Sept. 27. The ceremony was held to repatriate 64 remains that were recovered during joint recovery operations but were later determined to be South Korean service members. At left, United Nations Command Soldiers carry the remains of a South Korean service member.

Photo by Marine Sgt. Jacqueline A. Clifford

Coast Guard, Sailors render aid after crash landing

MCC Matthew R. White

30th Naval Construction Regiment Public Affairs

The U.S. Coast Guard and U.S. Navy Underwater Construction Team (UCT) 2 responded and rendered aid to the passengers and crew of Air Niugini flight PX56 following its crash landing in Chuuk, Federated States of Micronesia (FSM) Sept. 28.

That morning, while working on a construction project near the airport, UCT 2 Sailors displayed their training, readiness and teamwork in dramatic fashion by instantly responding to help rescue the airline's passengers and crew, and continuing to care for the injured following their safe evacuation from the sinking aircraft.

While Construction Mechanic 1st Class John Monahan led a group of



Photo by Lt. Zach Niezgodski

Sailors from Underwater Construction Team (UCT) 2 assist local authorities in shuttling the passengers and crew of Air Niugini flight PX56 to shore following a plane crash Sept. 28.

six Sailors to the partially submerged Boeing 737 before the emergency doors had even opened, Chief Hospital Corpsman Erich Weber was on shore, set-

ting up a triage point to treat or move patients.

"As soon as we reported to the boat ramp, a boat full of patients came ashore. We triaged the

worst of the group to our vehicle, one of which was conscious but in the fetal position due to severity of injuries (and) pain," said Weber, an independent

duty corpsman assigned to UCT 2.

Back on the slowly sinking aircraft, UCT 2 Sailors entered the plane to conduct a sweep of the passenger compartment and crew areas.

Builder 3rd Class Brock Farmer needed to swim through the aircraft's interior to complete the inspection before the Sailors exited the plane, as fears arose the airliner would soon sink.

The U.S. Coast Guard flew a C-130 aircraft from Coast Guard Air Station Barbers Point, to Chuuk to medevac the patients in critical condition from flight PX56 to U.S. Naval Hospital Guam, where they received medical care.

As the immediate rescue wound down, local authorities took over control of the incident while UCT 2 Sailors regrouped and explored other ways to support the survivors and authorities at the scene.

The team was later informed that three of the critically injured passengers at the Chuuk State Hospital intensive care unit needed a blood transfusion.

After quickly canvassing the Sailors to see who had the right type of blood, three volunteers from UCT 2 rushed to the hospital where they each donated a pint of blood to the patients.

The teamwork didn't end with the initial response from UCT 2. The Coast Guard Air Station Barbers Point also sent a disaster medical assistance team, consisting of six doctors, to assist local medical officials to treat injured passengers who remained on the island.

FSM authorities have requested assistance from the U.S. Navy to recover the aircraft's flight data recorders, which may reveal the reason behind the plane's crash landing.

Pearl Harbor-Hickam

Highlights



Photo by Staff Sgt. Danielle Quilla

A U.S. Air Force B-2 Spirit deployed from Whiteman Air Force Base, Missouri, to Joint Base Pearl Harbor-Hickam, in support of the U.S. Strategic Command's Bomber Task Force deployment is parked on the flightline Sept. 26. The B-2 is a multi-role bomber with a wingspan of 172 feet capable of delivering both conventional and nuclear munitions.



Photo by MC1 Amara Timberlake

Rear Adm. Jon Kreitz, deputy director for operations, Defense POW/MIA Accounting Agency (DPAA), and Republic of Korea Capital Defense Corps Warrant Officer Won Hyeong Lee sign documents repatriating the remains of Korean service members identified by DPAA at Joint Base Pearl Harbor-Hickam, Sept. 26.



Photo by MC2 Justin R. Pacheco

SOUTH CHINA SEA — Seaman Ericjay Celino releases a pelican hook to disengage the fuel probe line from the Arleigh-Burke class guided-missile destroyer Michael Murphy (DDG 112) during a replenishment-at-sea with USNS Wally Shirra (T-AKE-8), Sept. 26.



Photo by Helen Zukeran

Families color pictures of sugar skulls during a Hispanic Heritage Month celebration at the Joint Base Pearl Harbor-Hickam Library, Oct. 3.



Adm. Philip Davidson, the commander of U.S. Indo-Pacific Command (USINDOPACOM), and Gen. Carlito Galvez, chief of staff of the Armed Forces of the Philippines, receive honors at Camp Aguinaldo, Quezon City, Philippines.

Photo by U.S. Embassy in the Philippines



A panel of summit attendees from partner and ally nations answer questions during the Adaptive Basing and Agile Combat Employment Summit at Joint Base Pearl Harbor-Hickam, Sept. 13.

Seven nations, joint partners address great power competition

Story and photo by
Tech. Sgt. Eric Donner

PACAF Public Affairs

Headquarters Pacific Air Forces (PACAF) and Headquarters Air Force co-hosted more than 140 participants from seven countries, three services, nine major commands, three centers and total force representation for an Adaptive Basing and Agile Combat Employment (ACE) Summit Sept. 10-13 at Joint Base Pearl Harbor-Hickam.

The four-day event was designed to bring together U.S. and regional partners to enhance operational concepts to ensure we maintain a competitive advantage against strategic competitors.

Opening up the event, Gen. CQ Brown, Jr., PACAF commander, spoke to the 2018 National Defense Strategy's call to be strategically predictable, but operationally unpredictable.

"With our allies and partners, we will challenge competitors by maneuvering them

into unfavorable positions, frustrating their efforts, precluding their options while expanding our own, and forcing them to confront conflict under adverse conditions," Brown said.

Participants reviewed strategic guidance, outcomes from recent war games and studies, exercise after action reports and held a variety of cross-functional working groups as an opportunity to build onto the ACE concepts of operations.

"Adaptive basing is an enterprise-level approach to force development on how to organize, train and equip the forces we provide to the combatant command," said Mark Svestka, Air Force Warfighting Integration Capability. "It is also how to actually employ the force's capability to project power into and from bases in contested and highly contested environments."

The adaptive basing concept is not new to the Air Force. However, changes in technology and the rise of near-peer

competition on the world stage has forced the need to refine the process.

"The National Defense Strategy says, 'the great power competition has returned,'" Svestka said. "We are in it, like it or not. We have to figure out ways to recapture skills that we had and that are now needed again."

Part of the strategy also calls on the need to strengthen alliances and attract new partners, providing an "asymmetric strategic advantage no competitor or rival can match," and why having coalition representation at the summit was so important.

Representatives came from Australia, Japan, the United Kingdom, Canada and Singapore to participate in discussions and keynote engagements, many of whom have also participated or observed previous ACE exercises with PACAF in the last year.

"I have read multiple post activity papers about ACE exercises," said Wing Commander Paul Murray, Royal

Australian Air Force 95 Wing executive officer.

"The summit provided good context for what it is about and more context about what we are all trying to do together. It reinforced that the (RAAF) is on the right pathway on how we become more agile with how we do business, he added."

The U.S. Marine Corps participants also added their insight on their respective unique capabilities to the summit group discussions.

"We recognize the different capabilities that our allies, partners and sister services bring to the table," said Col. Robert J. Levin, Jr., Headquarters Air Force Strategic Assessment Division chief.

"We have to include them into these discussions as we work together to generate airpower. We cannot do this all ourselves," Levin added.

The adaptive basing concept has already been put into practice in the Indo-Pacific region with the development of the PACAF ACE concept. ACE is the warfighting con-

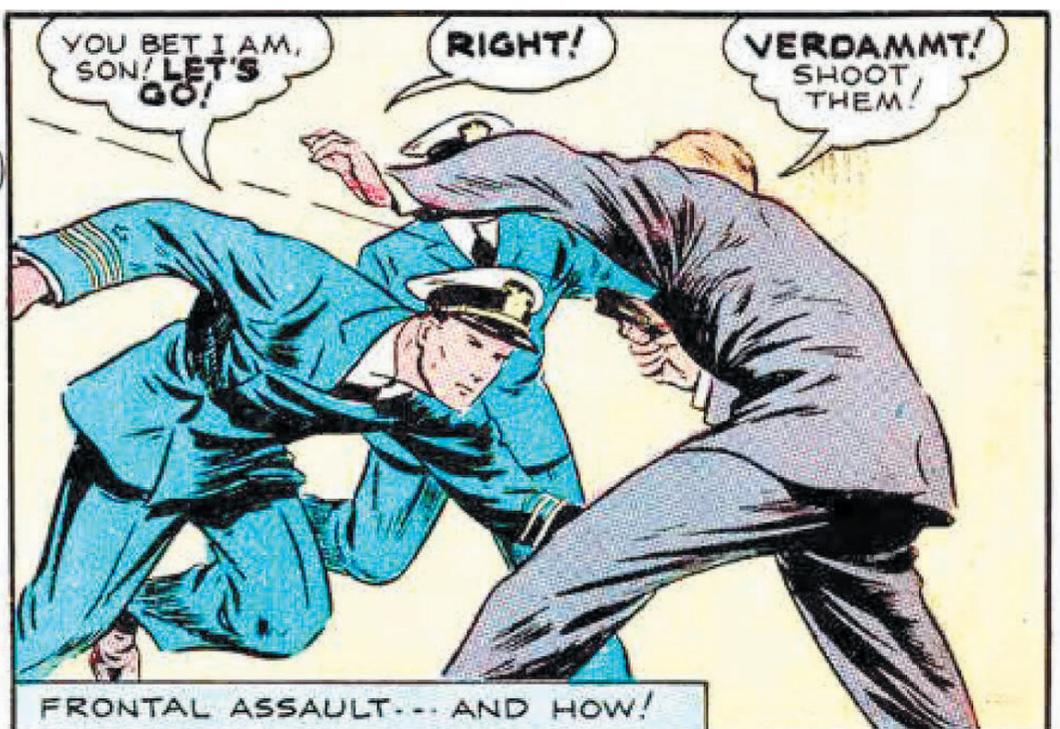
cept that PACAF is operationalizing, providing new ways to deploy and maneuver assets during a crisis or conflict in order to operate in contested environments.

"ACE is a critical concept we've been exercising in the region. This summit provided an excellent venue to further integrate our efforts with HAF, our allies, partners and joint teammates," said Brig. Gen. Mike Winkler, PACAF director of strategy, plans, and programs.

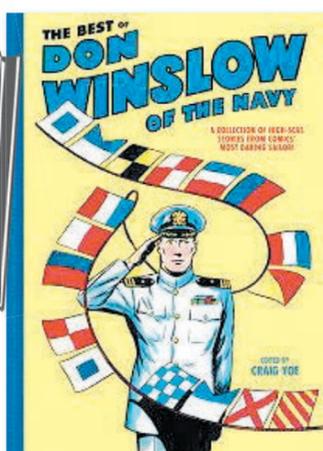
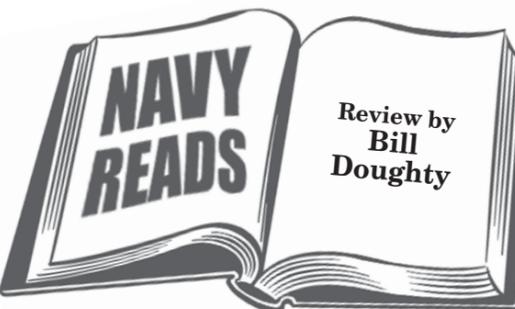
"Adaptive basing is a set of tools that a commander can employ, and ACE is using those tools to deliver combat power here in the Pacific," Levin said.

The summit concluded with a review of working group and panel discussions, a question and answer session with country representatives, and a series of action items to further development and progress on the concepts.

"At the end of the day, we are bringing new and better ways to generate combat air power with our allies and partners," Levin said.



Marvel at this Navy Superhero: Don Winslow



"The ominous perils of the spine-chilling Arctic outstretch icy talons to trap Don Winslow in an epic struggle against the elements in the Arctic Expedition!"

Don Winslow was the creation of Lt. Cmdr. Frank Victor Martinek, USNR, a former FBI agent and executive at Standard Oil and a national director and chairman of publicity for the Navy League of the United States.

One hundred years ago, in 1918, Martinek, who had been stationed in Washington D.C. decoding encrypted messages, was promoted to command the intelligence division of the U.S. Asiatic Fleet in Siberia, helping Russia, then an ally of the United States.

After reading a Popeye comic strip in a newspaper, Martinek wanted to create a serious and action-oriented character involved in intelligence work to help with Navy's recruitment efforts. His character Don Winslow would eventually serve in both the Navy and Coast Guard, and apparently in all type commands; flying aircraft, operating submarines and driving boats and ships.

At the beginning of this carefully curated compilation Yoe offers a fascinating history of the work inspired by Fawcett, Detective Comics, and Marvel in Don Winslow of the Navy.

"From time to time the Lt. Commander (Martinek) would also claim that he consciously created Don Winslow to warn of the growing threat of war, to, in his words, 'arouse America to the danger that threatened us from the Aleutians to the China sea.' In 1919, Martinek

had begun writing a series of articles for the Chicago Daily News warning of Japan's desire for world domination, but his musings were ignored or written off. On another occasion, he added, 'Unless selfishness, greed and intolerance - living by the code of I, me and mine - are destroyed and replaced by mutual understanding, faith, and fraternal helpfulness, there will continue to be wars and America must be prepared for any eventuality.'"

Martinek and a team of artists and collaborators created a hero with core values who until now was lost in the dim light of the last century.

But, as Yoe says, "Here we are at long last, ready to rectify the mistake that left Don Winslow a forgotten hero! Valor, righteousness, the intelligence, the unwavering patriotism, and selflessness of the ideal Navy man."

According to Gary Thompson, Dead Reckoning's Assistant Acquisitions Editor and Graphic Novel Lead, "This is one of the first books to come out from Dead Reckoning, the new graphic novel imprint from the Naval Institute Press. We publish fiction and nonfiction with a special focus on military history, history, and stories of the high seas. For years we have worked to develop this imprint to bring a unique voice to the graphic novel market, and to give creators a home for stories they have long thought were unwanted. With this book and the others coming out in our debut catalog, I believe we are taking the right steps to achieve that goal."

(A version of this review appears on Doughty's Navy Reads blog: <http://navyreads.blogspot.com/>)

Thank goodness for Naval Institute Press and Dead Reckoning! They have revived the nearly forgotten comic book hero from the '30s, '40s and '50s in "The Best of Don Winslow of the Navy, A Collection of High-Seas Stories from Comics' Most Daring Sailor," edited by Craig Yoe (Dead Reckoning, 2018).

Super clean, incorruptible, invincible, multi-talented and always-serious avenger Don Winslow goes on adventures against Nazis, crime lords, pirates, The Scorpion (and his sidekick "Rubberface"), Long Hair (with his elaborate comb-over pompadour and mullet), and the notorious Singapore Sal:

"The wily wench known as Singapore Sal is as slippery as an electric eel and twice as shocking! Don't miss her next encounter with Don Winslow!"

Don Winslow, usually with his Robin-like sidekick, Red Pennington,

and most often in a button-down service dress uniform tackles a sea monster, climbs Mount Everest, fights corruption, clears mines, defeats kidnappers, locks up spies, and takes on a tribe of giant super-model-like cannibalistic Amazon women:

"They say that woman is the weaker sex, but when Don Winslow and Red Pennington wind up on Amazon Island, they find it's quite a different story ... and this is it!"

Of course, how Winslow defeats the cannibals, who are about to make a meal out of Red Pennington, is cringe-worthy in its chauvinism yet revealing of the time. I won't ruin it for you but it has to do with vanity being able to bring down anyone in power.

Winslow with fists seemingly made of iron (and asbestos) can fight his way out of fires, armed enemy fighters, and even against a polar bear:

JBPHH celebrates National Hispanic Heritage Month

Story and photo by MC2 Jessica Blackwell

Navy Public Affairs Support Element
Detachment Hawaii

A National Hispanic Heritage Month observance ceremony hosted by the Pacific, Joint Forces Diversity Committee was held on Joint Base Pearl Harbor-Hickam (JBPHH), Sept. 26.

National Hispanic Heritage Month is observed from Sept. 15 to Oct. 15. "Hispanics: One Endless Voice to Enhance Our Traditions" is the theme commands are encouraged to reflect on during this year's month of celebration.

The event featured Chief Master Sgt. Carlos Rosa, Air Force senior enlisted leader for JBPHH and superintendent of 647th Air Base Group, as the guest speaker.

Rosa, who is of Puerto Rican descent, provided personal recounts of his youth and questions that have arisen throughout his life regarding his culture.

"When people find out I am Hispanic the next question is usually if I speak Spanish," Rosa said.

He shared with guests that due to his parent's negative perception surrounding Spanish speakers, they opted for him to not learn Spanish growing up.

He asked the audience to reflect on whether speaking Spanish, or lack thereof, has an impact on an individual's Hispanic culture, heritage and the perception of Hispanics.

Rosa expressed the sense of duty he feels to educate his three children about Hispanic culture and to keep passing down traditions.

Master Sgt. Josephine Santana, a diversity committee member, provided her thoughts on why events recognizing months like Hispanic Heritage Month are important.

"Events like these provide an opportunity to educate people about a particular culture," Santana said. "It can help change people's minds and perceptions about a culture."

At the conclusion of the event guests were invited to the Silver Dolphin Bistro galley to partake in a Hispanic-inspired meal and a cake-cutting event commemorating the month.



Chief Master Sgt. Carlos Rosa, senior enlisted leader for Joint Base Pearl Harbor-Hickam, and superintendent of 647th ABG, addresses the audience.

Command Master Chief James R. Schneider is piped ashore during his retirement ceremony at the USS Bowfin memorial in Pearl Harbor.

Photo by Amanda Urena



PHNSY command master chief retires

Blythe Goya

PHNSY & IMF
Public Affairs

Pearl Harbor Naval Shipyard & Intermediate Maintenance Facility (PHNSY & IMF) Command Master Chief (CMDCM) James Roger Schneider retired from the Navy after just under 29 years of dedicated service at a ceremony Sept. 21, at The USS Bowfin Memorial on Pearl Harbor.

Family members, friends and shipmates attended the ceremony to honor and bid fair winds and following seas to Schneider, whose naval career began December 1989.

Schneider, a native of Georgia, began his military career at Great Lakes, Illinois, in February 1990 and went on to Basic Enlisted Submarine School in Groton, Connecticut.

In 1990 Schneider reported aboard his first submarine USS Asheville (SSN 758) in May 1990 where he completed a western Pacific deployment. He attended Auxiliary "C" school in Charleston, South Carolina, in November 1990.

During his next sea tour aboard USS Bremerton (SSN 698), while serving as the Diver Division and Auxiliary Division leading petty officer, he was advanced to the rank of chief petty officer.

During this tour, he completed three western Pacific deployments. His next sea duty assignment was aboard USS Key West (SSN 722) where he completed two western Pacific deployments and earned the Battle "E" for Submarine Squadron Three.

"We can't do it alone. We need our shipmates and teamwork to sur-

vive in the harshest environment of the ocean," Schneider said.

Schneider, a former Navy diver, submarine warfare certified and submarine specialist joined the crew serving as the chief of the boat of USS Jacksonville (SSN 699) from August 2009 to June 2012.

During his time onboard, the command completed its first-ever western Pacific deployment and earned the Battle "E" for Submarine Squadron Three for 2010 and the Deck Seamanship "D" for 2009 and 2010.

Selected for the Command Master Chief program in 2012 he completed a successful CMC tour onboard the USS Frank Cable (AS 40). During his tenure the ship earned the 2014 Battle "E" for Commander, Submarine Force, U.S. Pacific Fleet, Capt. Greg

D. Burton, the ceremony's presiding officer, presented Schneider with the meritorious service medal for superior performance as PHNSY & IMF's command master chief from July 2015 to September 2018.

Schneider also received a traditional shadow box filled with personal awards and military keepsakes that will serve as a remembrance of his naval career, had a few words of encouragement and advice to pass onto the future leaders of the nation.

"Strive every day to do your best and be your best," Schneider expressed.

Command Master Chief Armon Owens, raised in Atlanta, has now assumed the senior enlisted position from Schneider.

For additional information about PHNSY & IMF visit www.facebook.com/PearlHarborNavalShipyard.

Life & Leisure

Community, military clean Loko Pa'aiau fishpond



Story and photos by MC1 Corwin M. Colbert

Service members and families, Ali'i Pauahi Hawaiian Civic Club members and the local community united to improve the ancient Hawaiian fishpond, Loko Pa'aiau, as part of National Public Lands Day on Joint Base Pearl Harbor-Hickam, Sept. 29.

Capt. Marc Delao, commanding officer of Naval Facilities Engineering Command Hawaii, greeted volunteers, which included students from Kamehameha Schools, representatives from Polynesian Voyaging Society and others. Kehaulani Lum, the Ali'i Pauahi Hawaiian Civic Club president, led the group in a traditional prayer, or "oli," before the event. More than 100 volunteers signed up to move 300 gray lava pavers into the area to form a stepping trail along the coastline of the pond. This event also included removal of invasive plant species.

NAVFAC Hawaii was awarded grants from the National Environmental Education Foundation and the Department of Defense Legacy Environmental Management Program for both Loko Pa'aiau fishpond and Ahua Reef Wetland.

A future cleanup at Ahua Reef is scheduled for Friday, Oct. 19 from 8 to 11 a.m. and Saturday, Oct. 20 from 8 to 11 a.m. Activities include pulling invasive weeds and trash pickup. Volunteers age 12 and older are welcome.

The wetland is located on the Hickam side of JBPHH, near Hickam Harbor and Hawaii Air National Guard. There is a parking lot with plenty of stalls. Closed-toe shoes are required. Expect to get wet and muddy — Wellington boots, long sleeves and pants are recommended. Additional items to bring include sunblock, water, a hat and snacks. Navy Natural Resources will provide tools, gloves and water refills. RSVP to Noël Dunn by email at Ashley.n.dunn.ctr@navy.mil or by phone at 224-249-2180.

Speed Demons' defense holds off Port Royal

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

USS Missouri (SSN 780) Speed Demons got three interceptions from their defense to hold off USS Port Royal (CG 73) by a score of 7-6 in an Afloat Division intramural flag football matchup that was held at Earhart Field, Joint Base Pearl Harbor-Hickam, Sept. 29.

The Speed Demons got on the scoreboard first with a touchdown and then tacked on the extra point before letting their defense go to work to secure the victory.

The win by the Speed Demons raises their record to 2-0, while Port Royal dropped its first game of the season to even its mark at 1-1.

Missouri failed to keep the chains moving forward on its first possession, but the team picked up some much needed momentum when the Speed Demons' defense came up with a big stand to turn Port Royal away.

Starting at its own 22, Port Royal moved the ball all the way down to the Missouri six-yard line.

After an incomplete pass made it second and goal-to-go from the six, Port Royal quarterback Boatswain's Mate 3rd Class Dalton Runneberg got sacked by Logistics Specialist (Submarine) 3rd Class Anthony Rodriguez all the way back to the 18.



Logistics Specialist (Submarine) 3rd Class Anthony Rodriguez is about to make a catch before running into the end zone for a touchdown. It was the only touchdown for the Speed Demons, but it was just enough for a 7-6 win over Port Royal.

Then on third down, Runneberg dropped back and aimed the ball to the corner of the end zone, only to have it picked off by Logistics Specialist (Submarine) 2nd Class Darryl Robinson to end the treat.

The interception gave the Speed Demons the ball at their own 20, where Robinson led the team's second possession on offense.

After misfiring on his first pass, Robinson connected on three of his next for tosses to put the ball at the Port Royal 22-yard line.

Facing third and two yards to go for a first down, Robinson fired a bullet into the hands of Rodriguez, who was running a crossing pattern from right to left.

Rodriguez hauled in the pass and took it all the way to

the house for a touchdown and a 6-0 advantage. Robinson added the extra point on a keeper to make 7-0 in favor of the Speed Demons.

"We started developing the short routes," Robinson said. "Once they (Port Royal) came up short, Rodriguez saw my eyes and he just went deep."

Plays similar to that seemed to be working all day long for the Speed Demons, but

misfired passes or penalties derailed Missouri's ability to pick up any more scores.

"It's all timing," Robinson explained. "Now we know what to do to continue this and go 3-0. So we just got to get out here and practice and get our timing down."

Port Royal had one more shot on offense before halftime, but Machinist's Mate, Non-Nuclear, (Submarine Auxiliary) 1st Class Nick Ortiz grabbed his first of two picks to end the first half.

In the second half, Port Royal made a comeback after Information Systems Technician 3rd Class Dre Clark stopped a Missouri drive with an interception at the Port Royal 16.

Five plays later at the Missouri 30, Runneberg ran an option down the right side of the field, before tossing the ball back to teammate Electrician's Mate 1st Class John Gee, who ran the rest of the way into the end zone. Port Royal failed on its point-after-touchdown attempt and that turned out to be the difference in the game.

On final interception by Ortiz put the game away for good in favor of the Speed Demons.

"Defense is the backbone of this team," Robinson said. "I definitely think that we're going to the playoffs. We're definitely going to win the ships and then we'll go on to the ashore teams. I'm definitely excited to play them."



Cryptologic Technician (Networks) 2nd Class John Posey high steps it into the end zone for the first of his two touchdowns.

NIOC starts slow, but finishes fast to beat WSP

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

The Navy Information Operations Command (NIOC) Hawaii Anchors struggled in the first half, but responded with a strong second half to defeat Wing Staff Agency (WSA), 23-0, Oct. 2 in a Red Division intramural flag football game at Earhart Field, Joint Base Pearl Harbor-Hickam.

With the win, the Anchors remain undefeated with a 3-0 record, while the WSA, after winning their season opener, have now dropped two games in a row.

A pregame controversy may have contributed to the Anchors' slow start in the first half, which ended with NIOC

leading by a slim margin of 7-0.

Prior to the game, a question about the eligibility of NIOC star receiver Cryptologic Technician (Collection) 1st Class Travis Daniels arose, to which the Anchors team captain Cryptologic Technician (Networks) 2nd Class John Posey graciously obliged to keep the player in question out of the lineup until the matter is resolved.

Playing without Daniels, who is the team's leading receiver, proved to be a challenge for NIOC, as the team struggled to move the ball in the first half.

NIOC did manage to score on a 41-yard drive midway in the first half, but that was all the team could muster and they went into the break clinging to a 7-0 lead.

The touchdown came on a pass from quarterback Crypto-

logic Technician (Maintenance) 1st Class Jermaine Carmentia to Posey on a 10-yard slant into the end zone.

"We do have our pregame rituals and when there were questions of our integrity and what we do and our accountability and our character, it kind of threw us off," Posey says. "But that's just an excuse. It was just adversity and we showed up and said, 'Hey guys, how do we continue to move forward?' How did we do that? We just went back to the basics. We do what we know works, we implement the things that we practice every week."

The second half turned out to be a completely different game for NIOC, who came out of halftime on fire and took the fight straight to WSP.

On NIOC's first possession in the second half, the team

started at its own 20 and quickly proceeded to move the ball into the WSP red zone at the 19.

Carmentia, on the very next play, took the ball and rolled to his left before he connected with a wide open Cryptologic Technician (Networks) 2nd Class Robert Dumlao for a touchdown that doubled the lead to 14-0 after the point after touchdown.

The WSP got the ball back, but back-to-back penalties forced the team deep into its own territory.

On first down from their won 10, WSP called a pass play, but the QB had no time to get rid of the ball, as defensive lineman Cryptologic Technician (Maintenance) 3rd Class Ryan Davis chased him out of the end zone for a safety to make it 16-0.

However the biggest play of the game was yet to come, as NIOC got the ball back at its own 20. Carmentia delivered a short 6-yard pass to Posey, who appeared to be pinned by the defense.

Instead, Posey quickly shifted lanes and gears, broke out across the field to the right sideline, before cutting it back up field for a 60-yard catch-and-run touchdown.

"All I did is what I do every practice, every game and I make sure I represent my team when I get out there," Posey said. "Yeah I may have seen a hole, I may have made them miss, but I see my own defense every week. My own defense pushes and jumps on me harder than anybody out here. That is a testament to my team. It (has) nothing to do with me."

Help prevent the flu

Naval Health Clinic Hawaii

There are things you can do to help keep you from getting sick and to prevent the spread of flu illnesses.

Steps you can take to prevent the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze or simply wear a surgical mask.
- If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.
- Put your used tissue in the waste basket.
- Clean your hands after coughing or sneezing.
- Wash with soap and water or clean with alcohol-based hand cleaner.
- Avoid touching your eyes, nose or mouth.
- Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth. Avoid close contact with people who are sick. If you develop a high fever along with moderate respiratory symptoms (cough, sore throat, runny nose, muscle aches), please contact your health care provider. If you need to visit your health care provider's office, call in advance and let them know you have symptoms of the flu. When you are sick, stay home from work, school and group activities and postpone errands. You will protect others from catching your illness. Wear a mask if you must go out in public. Do your part to keep yourself and your family, friends and coworkers from getting sick.

- Keeping healthy is no accident. Practice healthy habits by getting plenty of sleep, routine physical activity and making good food choices.
- Now is the time to develop a family emergency plan as a precaution. This should include food, medicines, face masks, alcohol-based hand cleaners and other essential supplies.

Facts about Flu Infection:

The influenza virus is spread by the tiny droplets expelled when an infected person coughs or sneezes. These respiratory droplets do not usually remain airborne as they are heavy enough to quickly fall out of the air; however, they can spread approximately 3 to 6 feet from the infected individual.

Infection can result from breathing in these droplets before they fall or by touching a surface on which the droplets landed (such as a door-knob or computer keyboard) and then touching the mucous membranes of the mouth, nose, or eyes. Depending on conditions, the virus may live for one to two days on hard surfaces.

A person infected with influenza can spread the virus in their respiratory droplets for about 24 hours before they begin to feel ill and will continue to expel the virus in respiratory secretions for about seven days after they develop symptoms (children may spread the virus for up to 10 days after the start of illness).

Call the Oahu Joint Services Flu Information Hotline at 433-1FLU to obtain information or ask questions.



Photo by MC2 Laurie Dexter

Hospital Corpsman 3rd Class Miles Wallace, assigned to Naval Health Clinic Hawaii, right, administers a flu shot to Ashley Kumnick, military family member, at Joint Base Pearl Harbor-Hickam, Oct. 1, 2015.

Get your flu shot

OCT. 10 — Beneficiaries of 15th Medical Group may come in for a flu shot Oct. 10 from 7:30 a.m. to 3 p.m. at Makai Recreation Center.

OCT. 12-13 — The Navy Exchange and Naval Health Clinic Hawaii have teamed up to provide free flu shots for authorized patrons from 10 a.m. to 2 p.m. at the NEX Mall rotunda. An ID check will be in effect.

OCT. 27 AND NOV. 3 — It's flu season once again, and it's time to get your flu shot. To help alleviate long immunization wait times during normal business hours, the Tripler Family Medicine Clinic is offering two Saturday clinics. The staff will accept walk-ins from 8 a.m. to noon. The clinic is open only to Tripler Family Medicine Clinic patients. For more information, call 433-3300.



● **The Alpha Warrior Battle Rig Competition** puts athletes to the test today from 8 a.m. to 4 p.m. at the Hickam Memorial Fitness Center. Individual and team competitions will be available so tell your friends. This is a free event and is open to all base-eligible patrons. Advance sign up is encouraged to ensure your spot in the competition. For more information, call 448-2214.

● **The Country Bar** is open for country western fun Oct. 7 at 8:30 p.m. at Club Pearl. Monday is a holiday so you have an extra night for a boot stompin' good time. Admission is free and is open to ages 18 and up. For more information, call 473-1743.

● **The Fall Craft Camp** takes place Oct. 9 to 12 from 10 a.m. to noon. There's no limit to the beauty a child can create when given some instruction and artistic freedom. Cost is \$65 for this four-day camp and is open to ages 7 and up. This class fills up fast so sign up now. For more information, call 448-9907.

● **Cookies & Canvas** gets colorful Oct. 10 from 3:30 to 5:30 p.m. at the Hickam

Arts & Crafts Center. Kids get to create a painted masterpiece while nibbling on a sweet treat. This bimonthly activity has a different painting subject each time. Cost is \$30 per person, includes all art supplies and is open to ages 7 to 14. Advance sign up is encouraged. For more information, call 448-9907.

● **The Polar Pool Party** cools things up Oct. 11 from 12:30 to 2:30 p.m. at Wahiawa Annex Pool. Chill out during the fall school break as MWR offers up free games and activities. For more information about the pool party, visit www.greatlifeohawaii.com.

● **The Dodgeball Tournament** sends balls flying Oct. 12 at 1 p.m. at Hickam Memorial Fitness Center. Get your team together for the ultimate schoolyard game. Limit six to eight players per team. For more information, call 448-2214.

● **Liberty Movie Night** takes young active duty to the movies Oct. 12 at 7 p.m. at Sharkey Theater. The Liberty program treats our single active-duty Sailors and Airmen E-1 to E-6 to a night out at the movies, including the ticket,

small popcorn, drink and a hot dog. The cost of this activity is free but you must sign up in advance at the Liberty Center. For more information, call 473-2583.

● **The Super Garage Sale** is happening Oct. 13 from 8 a.m. to noon at Richardson Field. You never know what treasures you might find at Morale, Welfare and Recreation's biannual bargain hunter's paradise. Admission is free and is open to the public. Booths are available for sellers and crafters, with a rate of \$20 to \$25 for garage sale and \$25 to \$35 for crafters and businesses. For more information about the sale, call 473-0792.

● **The biannual powerlifting competition** moves some heavy metal

beginning Oct. 13 at 8 a.m. at the Joint Base Pearl Harbor-Hickam Fitness Center. Test your limits in the squat, bench press and dead lift against other competitors. Registration is \$20 and is open to men and women in various weight classes. For more information, call 471-2019.

● **Family Night "Pumpkin Carving"** gets into the Halloween spirit Oct. 16 from 5:30 to 7 p.m. at the JBPHH Teen Center. Come hang out at the center and meet the staff, hear about upcoming events and have some fun carving together. This is a free activity and is open to all teen family members. For more information, call 448-1068.

TRICARE changes for Honolulu

Defense Health Agency

In the coming months the Defense Health Agency is implementing significant changes to the TRICARE health benefits impacting many of its 9.4 million patients worldwide.

A sizable number of these TRICARE patients — more than 152,000 — live in the Honolulu area, and DHA is working to make sure they know how to navigate the changes to their health care benefit.

During the rapidly approaching open season, which begins Nov. 12, TRICARE patients may choose which TRICARE health plan is best for themselves and their families. Additionally, retirees and their families will need to

choose a Federal Employees Dental and Vision Insurance Program dental program to continue their dental coverage.

For more information about the changes DHA is making to TRICARE, please visit www.tricare.mil/changes.

LOOK IN THE STAR-ADVERTISER FOR THE OFFICIAL BALLOT EVERY MON-WED

Star Advertiser

FOOTBALL FEVER

2018

Longs Drugs CITY MILL

Hawaii Honda Dealers

WIN A TRIP FOR TWO TO LAS VEGAS

FROM VACATIONS HAWAII AND \$500 CASH

Meet or beat the score of the winning panelist for a chance to win. Panelist picks found in the Star-Advertiser every Friday.

ONE WINNING BALLOT SELECTED EVERY WEEK

ONE WINNER WILL WIN A 70" TV AT THE END OF THE PROMOTION!



NANANANA MAKAKI'I
"Hawaiian happy-face spider"

HO'ŌKELE

PEARL HARBOR - HICKAM



COMMUNITY CALENDAR

FEDS FEED FAMILIES FOOD DRIVE

NOW — The annual Feds Feed Families food drive has officially kicked off and will run until Thursday, Oct. 18. Visit the link provided to learn more about the program. All donations will be dropped off at the Hawaii Foodbank. Box locations are at the following:

- Building 150
 - Third deck outside room 315 (chaplain's office)
 - First and third deck outside elevator
 - Second deck elevator
 - JBPHH Chapel (Inside main entrance)
- For more information, visit <https://www.usda.gov/our-agency/initiatives/feds-feed-families>, or contact Chief Religious Program Specialist Weisenberger at 473-0054.

STORIES, VOLUNTEERS NEEDED

NOW — The Love Shouldn't Hurt Open Mic Night is scheduled for Oct. 26 from 3:30 to 5 p.m. at Beeman Center, located on 711 Pierce St. Share your story live through poem, song or other talent. You may also share your story anonymously with the help of volunteers. Now through Oct. 19, drop your story or poem into any purple "Love Shouldn't Hurt" drop box located at the Military and Family Center, Silver Dolphin Bistro, the Makalapa Health Clinic or the Pearl Harbor Memorial Chapel. Volunteer to be a voice for a survivor or share your talent to shine awareness on domestic violence. To register, share your story or volunteer, email mfschawaii@navy.mil or call 474-1999.

DOD POLICY ON ELECTIONS

NOW — The Department of Defense has a longstanding and well-defined policy regarding political campaigns and elections to avoid the perception of DoD sponsorship, approval or endorsement of any political candidate, campaign or cause. The Department encourages and actively supports its personnel in their civic obligation to vote, but makes clear members of the armed forces on active duty shall not engage in partisan political activities. To mitigate the perception of endorsement or support, no candidate for civil office is permitted to engage in campaign or election-related activities while on a DoD installation or in a DoD facility. Any activity that may be reasonably viewed as directly or indirectly associating the DoD, or any component or personnel of the department, with or in support of political campaign or election events is strictly prohibited.

FIRE PREVENTION WEEK

OCT. 7-13 — Fire Prevention Week is Oct. 7-13. This year's theme is "Look. Listen. Learn. Be aware. Fire can happen anywhere." Come to the events and see fire trucks and educational booths.

• **Oct. 6 from 11 a.m. to 2 p.m.** - Fire Prevention event at Schofield Barracks Exchange

• **Oct. 6 from 9 a.m. to 4:30 p.m.** - Fourth annual Fire Prevention Week kick-off event at Honolulu Zoo

• **Oct. 12 from 4 to 10 p.m.** - National Night Out at Aliamanu Military Reservation

• **Oct. 13 11 a.m. to 2 p.m.** - Fire prevention event at Hickam Exchange

• **Oct. 20 from 4 to 10 p.m.** - Fire prevention event at Aloha Stadium University of Hawaii vs. Nevada game

• **Oct. 27 from 3 to 10 p.m.** - Boofest at Bellows Air Force Station



MONTHLY PET ADOPTION EVENT

OCT. 6 — The Navy Exchange Mall at Pearl Harbor and Oahu SPCA are bringing monthly (first Saturday of every month of 2018) pet adoption events at the NEX Pet Shop from 11 a.m. to 2 p.m. Oahu SPCA will have a range of pets from kittens, puppies to adult dogs and cats for authorized patrons to adopt. The NEX Pet Shop is located at 4888 Bougainville Drive. For more information, call Stephanie Lau, customer relations manager, at 423-3287.

CIVILIAN RESUME WRITING

OCT. 9 — This class is scheduled for Oct. 9 from 8:30 to 10:30 a.m. at Military and Family Support Center Wahiawa. This class will cover the different resume formats and the advantages and disadvantages of each. Learn how to write powerful accomplishments that help you stand out from the competition, proper formatting, common mistakes to avoid, and so much more. Note: this class targets private sector resumes only. For more information, call 474-1999 or visit <https://jb-phh.greatlifeflowaii.com/support/military-family-support-center>.

PROFESSIONAL DEVELOPMENT

OCT. 9 — This class is scheduled for Oct. 9 from 10 a.m. to noon at MFSC Pearl Harbor. Would you like to master the art of people skills and maximize the impact of your first im-

pressions? Having strong interpersonal skills can open many avenues in work and in life. This class will teach you about communication, conversation, and the value of soft skills in the workplace. For more information, call 474-1999 or visit <https://jbphh.greatlifeflowaii.com/support/military-family-support-center>.

MINDFULNESS AND SELF-CARE

OCT. 10 — This class is scheduled for Oct. 10 from 1 to 3 p.m. at MFSC Pearl Harbor. Self-care is a critical element in managing stress, preventing burnout and achieving a sense of fulfillment. Evaluate ways you can build self-care into your daily routine, be mindful through your activities and reach your fullest potential. For more information, call 474-1999 or visit <https://jbphh.greatlifeflowaii.com/support/military-family-support-center>.

EFMP COFFEE TALK

OCT. 11 — This event is scheduled for Oct. 11 from 9 to 10 a.m. at MFSC Pearl Harbor. Would you like to know more about the Exceptional Family Member Program (EFMP) over coffee? For more information, call 474-1999 or visit <https://jbphh.greatlifeflowaii.com/support/military-family-support-center>.

CONFLICT RESOLUTION

OCT. 11 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. A conflict is more than just a disagreement. It is a situation in which one or both parties

perceive a threat (whether or not the threat is real). Conflicts continue to fester when they're ignored and until we face and resolve them, they stay with us. This workshop helps people to manage conflict by examining their attitudes and behaviors when faced with conflicting situations and learning how to prevent it from escalating. For more information, call 474-1999 or visit <https://jbphh.greatlifeflowaii.com/support/military-family-support-center>.

PERSONAL RESILIENCY PROGRAMS

OCT. 12 — The next Team Building Workshops (TBW) are scheduled for Oct. 12 at Camp Erdman and Nov. 14 at Camp Erdman. The Personal Resiliency Retreat (PRR) is a time to invest in yourself. This retreat provides an opportunity for facilitating individual growth and building resiliency in an atmosphere of a trusting community. It also offers a place to decompress and re-focus, in order to better handle stress and other painful or emotional issues. The TBW is a one-day event designed to enhance resiliency and morale, and strengthen cohesion amongst individuals in commands. Specifically, this unique workshop fosters team building in a low-stress environment. During the experience, participants can expect outdoor recreational activities designed to promote healthy communication, unity, courage, and even leadership. All costs associated with the TBW are paid for by CREDO, including meals, activities, materials and lodging when applicable. The TBWs are command specific. Call 473-1434.

AUTUMN CRAFT AND VENDOR FAIR

OCT. 14 — Hickam Enlisted Spouses Club is hosting an Autumn Craft & Vendor Fair event, supporting military spouse home businesses. Shop for holiday decor, gift giving and more. The fair is scheduled for Sunday, Oct. 14, 10 a.m. to 2 p.m. at Hickam's Earhart Community Center, located on 210 Kokomalei St. (next to the Hickam Main Chapel and across the street from the Kuntz Ave shoppette and gas station). Use the parking lot at the shoppette and gas station across the street from the community center. This event is free to the military community to attend (must have base access in order to attend).

MILITARY SPOUSE JOB SYMPOSIUM

OCT. 15 — The Military Spouse Employment Symposium is scheduled for Oct. 15 from 8:30 a.m. to 2:30 p.m. at Hickam Officers' Club, located on 900 Hangar Ave. Military spouse job seekers register at hirin-gourheroes.org/events.



FIRST MAN

A look at the life of astronaut Neil Armstrong and the legendary space mission that led him to become the first man to walk on the Moon July 20, 1969.

MOVIE SHOWTIMES

SHARKEY THEATER

FRIDAY — OCT. 5
7 p.m. • A Simple Favor (R)

SATURDAY — OCT. 6
2:30 p.m. • Incredibles 2 (NDVD - Free admission) (PG)
7 p.m. • Advanced screening of "First Man," rated PG-13 free to the first 400 authorized patrons. Tickets will be distributed at 5:30 p.m. at the Sharkey Theater ticket booth. Active-duty military ID cardholders may receive up to four tickets per ID card. Retired military, military family members and Department of Defense ID cardholders may receive two tickets per ID card. Theater doors will open at 5:30 p.m.

SUNDAY — OCT. 7
1:40 p.m. • Alpha (PG-13)
3:50 p.m. • Jurassic World: Fallen Kingdom (NDVD - Free Admission) (PG-13)
6:30 p.m. • Peppermint (R)

THURSDAY — OCT. 11
7 p.m. • Peppermint

HICKAM MEMORIAL THEATER

FRIDAY — OCT. 5
7 p.m. • The Nun (R)

SATURDAY — OCT. 6
3 p.m. • Hotel Transylvania 3: Summer Vacation (PG)
5:30 p.m. • Peppermint (R)

SUNDAY — OCT. 7
2 p.m. • Alpha (PG-13)
4:30 p.m. • The Meg (PG-13)

THURSDAY — OCT. 11
6:30 p.m. • The Nun (R)