

THE 1ST INFANTRY DIVISION POST

★ www.riley.army.mil

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FORT RILEY, KANSAS



Amanda Ravenstein | Post

First Sgt. Joel Lara-Baeza, Irwin Army Community Hospital, gives the opening remarks during the Fort Riley 9/11 Commemoration ceremony Sept. 11.

Fort Riley holds 9/11 ceremony

By Gail Parsons
1ST INF. DIV. POST

Loss, sacrifice, valor, bravery, commitment – Col. Stephen Shrader, Fort Riley garrison commander, repeated those words several times during the 9/11 commemoration as he spoke of the values Americans demonstrated since Sept. 11, 2001.

“These words represent the actions of real heroes and it is for this reason we gather to remember and honor all that they represent to the past, the present and our future,” he said.

Under clear blue skies, Soldiers, civilians and retirees listened to Shrader’s words as they reflected on their memories of that fateful day, which changed the course of American history.



Amanda Ravenstein | POST

Sp. Frankie Gonzalez, left, and Sp. Zachary Brasseaux, both Soldiers from the 1st Infantry Division Sustainment Brigade, guard the wreath to be placed at the Global War on Terrorism Memorial Sept. 11 during the 9/11 Commemoration Ceremony.

“There are few among us today who cannot recall with perfect clarity where they were and what they were doing when they first learned of the attacks on the twin towers and the Pentagon,” he said. “As a relatively newly minted company commander in the 3rd Infantry Division, I stood side by side with my first sergeant in his office as we watched the second plane crash into the towers.”

He recalled the feelings of disbelief, anger and shock as he realized that the commitment they made when they joined the Army, to defend America, was going to be called upon.

He also remembered the first heroes of that day — the civilians and first responders who ran into the burning towers to rescue as many of their fellow Americans as they could.

“We were not the first to answer the call to demonstrate the resolve of America,” he said, speaking of Soldiers. “Citizens within the World Trade Center who gave every measure to help friends and employees navigate the damaged structures of 9/11 were the

See REMEMBRANCE, page 6

Ribbon cutting held for playground equipment

Story and photo by Will
Ravenstein
1ST INF. DIV. POST

Kindergarten through sixth grade students from Wakefield Elementary School rushed toward the new — to them — playground equipment Sept. 14, following a brief dedication ceremony.

Only a ribbon separated them from the fun.

“I would like to thank Col. (Stephen) Shrader, the volunteers, Corvias and the citizens and young kids that are in front of us today,” Wakefield Mayor James Tilley said at the beginning of the ceremony. “I would like to take this opportunity to thank everyone for allowing this to happen. That allows us to better our community with this playground equipment. We actually received four different sets of playground equipment.”

Tilley said there were four different sets of equipment donated to the city. Two were installed at parks, one at the Baptist Fellowship Church and the final will be installed at the Clay County Recreational Vehicle Park soon.



Col. Stephen Shrader, U.S. Army Garrison-Fort Riley commander, speaks with Wakefield first grader Katie Crerend after she presented him with a card of appreciation Sept. 14 at the ribbon cutting for the new playground equipment. The playground equipment was donated to Wakefield, along with equipment for four other parks after being removed from the Colyer Manor housing addition.

“It is just an awesome thing that Fort Riley and the housing division can give us this opportunity to, essentially, recycle

this equipment and utilize it out in the community,” he said. “Wakefield is a predominately military community whether

with the large amount of retirees, large amount of family

See PLAYGROUND, page 6

Fort Riley addresses lead paint concerns at town hall meeting

By Gail Parsons
1ST INF. DIV. POST

In August, several national media outlets ran stories highlighting issues pertaining to lead-based paint in military housing. Though there have been no housing-related lead issues here, Fort Riley was named in the articles, prompting a discussion prior to the monthly Town hall Meeting on Sept. 13.

Fort Riley has lead-based paint in 443 structures on post, which accounts for 1,180, or about one-third, of the homes on post. The homes in question are those in Historic Main Post, Colyer Manor, Warren Peterson Heights and McClellan Place.

Col. Stephen Shrader, Fort Riley garrison commander, said the issue is not a surprise. Structures built prior to 1978 generally have lead-based paint.

“That is when we banned it and since that time we have been mitigating, remediating and covering that lead based paint with non-lead-based paint,” he said. “We know there is lead-based paint in there, we have always known there is lead-based paint in there ... we have worked to mitigate, in accordance with all the federal regulations, those hazards as they relate to lead-based paint.”

When people are signing into pre-1978 post housing they receive notification about the potential hazard. They are given information from the Environmental Protection Agency and sign an addendum stating they received it.

“As long as (the paint) is encapsulated, it is not a problem,” Shrader said. “It’s when you start seeing the chipping, the scraping, the dust, paint chips falling to the floor; kids pick it up and

See TOWNHALL, page 6

WHAT'S IN THIS ISSUE

PLAYTIME FUN FOR
KIDS AND PARENTS

TWICE A WEEK PARENTS CAN LET THEIR YOUNG ONES MEET AND PLAY WITH OTHERS AT KING FIELD HOUSE

SEE PAGE 11

ALSO IN THIS ISSUE



VISIT WORKING RANCHES AND EXPERIENCE LIFE ON THE RANGE

SEE PAGE 16

ALSO IN THIS ISSUE



FAMILY GAME NIGHT AT USO FORT RILEY PROVIDES FOR ELECTRONIC-FREE, FAMILY TIME WITH A FEW GIGGLES AND LAUGHS ALONG THE WAY

SEE PAGE 10

Royals take Fort Riley Soldiers 'out to the ballgame'

Story and photos by Chad L. Simon
1ST INF. DIV. PUBLIC AFFAIRS

The Kansas City Royals invited several 1st Infantry Division and Fort Riley Soldiers to participate in pregame activities before the Royals hosted the Chicago White Sox as part of Armed Forces Night at Kauffman Stadium Sept. 11.

Spc. Zachary Cockrill, 97th Military Police Battalion, Fort Riley, was one of 10 military service members to announce the Royals starting lineup.

"I was actually very nervous," Cockrill said. "I am not very good at public speaking so it was nerve-wracking."

Staff Sgt. Samuel Kimani, 1st Infantry Division Artillery, chemical, biological, radiological, nuclear specialist, participated in a hat exchange with Ryan O'Hearn of the Royals before the first pitch.

"It gave me the opportunity to savor the moment — to realize what I have done and what I have been doing in the Army for the past 10 years — and what I am representing on this field today," Kimani said.

Spc. Rosario Brown, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Inf. Div., infantryman, stood along the third base line with the White Sox players during player announcements and the national anthem.

"It was like a dream come true," Brown said. "It was like I was a little kid again. Being next to the White Sox players ... it was just an honor to be out there with them."

The Soldiers said they appreciated the invitation from the



ABOVE: Staff Sgt. Samuel Kimani, 1st Infantry Division Artillery, chemical, biological, radiological, nuclear specialist, participated in a hat exchange with Ryan O'Hearn of the Royals before the first pitch of Armed Forces Night at Kauffman Stadium as the Royals hosted the Chicago White Sox, Sept. 11. **INSET:** Spc. Zachary Cockrill, 97th Military Police Battalion, Fort Riley, military police, was one of 10 military service members to announce the Royals starting lineup during pregame festivities at Kauffman Stadium, Sept. 11.

Royals organization to have them participate during ceremonies on the special day.

"This is a great opportunity for Soldiers to experience the gratitude that the

country shows for their service — past military members and veterans — as well remembering specifically 9/11 and what happened on that day, that we will not forget what happened," Kimani said.

The three Soldiers and their guests were given tickets to stay and watch the Royals as they beat the White Sox by a score of 6-3.

USO Pathfinder works for Soldiers as they transition

By Andy Massanet
1ST INF. DIV. POST

The USO Pathfinder Program connects the service/family member to many different opportunities through a unified network of private and public partners leveraging resources across multiple domains.

"Our number one resource is the on-post resources at Fort Riley," USO Fort Riley Pathfinder director Crystal Bryant-Kearns. That includes Army Community Service staff who can help Soldiers with financial readiness and employment readiness, she added. "We also use the Staff Judge Advocate and their legal services. We're going to refer them to Soldier for Life and their career skills program."

Bryant-Kearns refers to the Soldier for Life - Transition Assistance Program at Fort Riley which provides transition assistance services to eligible Soldiers.

The USO Pathfinders staff can also access off-post agencies if the Soldier needs further assistance.

"We'll always use our on-post resources first," Bryant-Kearns said. "But we can also help Soldiers see agencies like Kansas Works (the Kansas job service). They do a really good job with helping with resumes and prepping them with mock interviews. And we also work with Deloitte and they come in to do employment workshops for us and help with resumes and mock interviews as well."

Deloitte is a multinational consulting firm and the largest such firm in the country.

According to the USO Fort Riley website fortriley.uso.org/programs/uso-pathfinder-program the Pathfinder program offers a network of resources and services in core areas that include employment, education, benefits, family programs, housing, wellness, financial and legal.

"If you are transitioning out of military service, please contact us today so that we can help you create a successful plan on your path forward," Bryant-Kearns said.

For more information, call USO Pathfinders at 785-492-5710 or email us at ckearns@uso.org or jverschage@uso.org.

Partnership with Google, give Soldiers chance at information technology careers

By Andy Massanet
1ST INF. DIV. POST

Soldiers who have considered a career in information technology have the opportunity to train with an information technology giant: Google. The company has inked an agreement with USO Pathfinders and the partnership will provide \$2.5 million in grant money and set aside 1,000 seats in their IT training program, said USO Fort Riley Pathfinder director Crystal Bryant-Kearns.

"The program is set to officially begin Oct. 1," Bryant-Kearns said.

The program was originally announced in late August by Google Chief Executive Officer Sundar Pichai, according to a story published by the San Diego Union Tribune newspaper.

The training could lead Soldiers who complete it to entry level positions that command a median salary of \$52,000 per year, according to the Bureau of Labor Statistics. According to Vance Zimmer, a Pathfinder scout, clients have already been notified.

"We sent out the information to our clients and many have already heard about it," Zimmer said.

As a result, Bryant-Kearns added, "we have 300 clients

right now who expressed interest in this program. We sent out a mass communication to all of our clients letting them know its coming."

The Occupational Outlook Handbook, a federal publication, states that job growth in IT is projected to grow 11 percent between now and 2026.

According to additional Google literature, other advantages to this program include:

- No cost to the Soldier, so the use of the G.I. Bill resources won't be needed.
- Coursework will be a combination of on line course work using Coursera and hands on experiences, all developed by Google staff.

Coursera is an online learning platform developed by professors at Stanford University in 2012.

"You can do it (complete course work) from anywhere, even if you're down range," Bryant-Kearns said. "It's self-driven so, depending on how much you pace yourself, that will decide how soon you graduate. But if you did on average eight to 10 hours per week you could graduate in eight months."

See PATHFINDER, page 6

24th Annual Wichita Model Train Show


Wichita Toy Train Club

Sat. Sept. 22, 9am - 5pm
Sun. Sept. 23, 10am - 3pm
Cessna Activity Center
2744 George Washington Blvd
Wichita, Kansas

Exhibits, Buy, Sell, Parts & Repairs, All Gauges Z, N, HO, S, O & G
Children's Depot,
Concessions & Door Prizes

Admission: \$8 for both days. Children under 18 FREE with paid adult.

www.WichitaToyTrainMuseum.org

Fall Planting Days

15% off Shrubs
Sept. 23-29

**Trees, Perennials, Grasses
Mums, Cole Crops, Pansies
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It's All About the Music
Heritage Park - Junction City - FREE to Attend

FEATURING

Smokers Blues Band	Joyride Blues Band	Connie Hawkins and the Blues Wreckers	Old No. #5 Blues Band
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LINE-UP FOR SEPTEMBER 21

5:30 PM - 6:45 PM
Made from Scratch Blues Band

7:30 PM - 8:30 PM
Connie Hawkins and the Blues Wreckers

8:45 PM - 10:00 PM
Smokers Blues Band

LINE-UP FOR SEPTEMBER 22

12:30 PM - 1:30 PM
Santiago Brothers

2:15 PM - 3:15 PM
Yale St. Players

4:00 PM - 5:00 PM
Dirty Red and the Soul Shakers

5:45 PM - 6:45 PM
Jimmy Lewin and the King Tones

7:15 PM - 8:15 PM
Old No. #5 Blues Band

8:45 PM - 10:00 PM
Joyride Blues Band

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Awards presented to garrison employees at monthly ceremony

Story and photo by Will Ravenstein
1ST INF. DIV. POST

Col. Stephen Shrader, garrison commander, spoke highly of the civilian employees at Fort Riley prior to presenting several awards of recognition Sept. 13 in front of the U.S. Army Garrison-Fort Riley Headquarters.

"The first thing I want to say — you guys rock," he said. "I don't mean it just for the folks standing here, I mean it for every single employee we've got in the garrison. That's not just from me, that's coming from IMCOM Readiness, the CG, the chief of staff and the great folks sitting here on Fort Riley. That is kudos to everything each and every single one of you do every day of the week."

Shrader mentioned that he and Command Sgt. Maj. Andrew T. Bristow II recently returned from a garrison commander and command sergeant major's conference at Fort Drum, New York, where the Installation Management Command director, Brenda Lee McCullough, met with them to pass along her regards.

"Talking to her, she has the benefit of not having to worry about Fort Riley," he said. "That's because of the efforts of you folks standing out here today. So, awards day for the garrison is a great day for me, I get to recognize some folks and we get to grease the palms of some hands with coins and we get to hand out some certificates."

Shrader told the assembled crowd that his wife, Tiffany, had said he wasn't doing enough — so she made gifts for the employee of the month winner as an extra token of appreciation.

"I'm not going to tell you what it is — it's a surprise," he said.

With that, Orlando Perez-Santiago, Directorate of Plans, Training, Mobilization and Security was named the August Employee of the Month.

"Perez was instrumental in the execution of summer training and the life support surge of 73 off-post units with over 6,000 active and reserve Soldiers, Airmen and Marines," his nomination read. "Perez was the primary training advisor for the off-post units and flawlessly represented the units at the monthly range scheduling meetings, coordinating with 1st Infantry Division G3 (training) to ensure co-used agreements

for land or resources were completed in order to support their training needs."

Steve Crusinberry, director, DPTMS, added more background on the work Perez completes.

"So, what the citation didn't say — Fort Riley supports about 25,000 total Army partners in the guard and reserve that come here to train every year, in addition to the 1ID," he said. "That takes an entire installation to pull that off. Everybody out there has a piece of that pie, everybody. But, the point man to pull it all together is Orlando. There are commanders from 26 different states that know who Orlando Perez is."

Others nominated for Employee of the Month included: Nicole Fountain, Directorate of Family, Morale, Welfare and Recreation, Derek Moon, Directorate of Public Works and Julie Switzer, Directorate of Human Resources. Each nominee received a certificate of appreciation signed by the garrison commander and command sergeant major along with the new garrison coin that was revealed prior to the ceremony by Tim Livsey, deputy garrison commander.

FULL-SCALE EXERCISE

Twenty-six people were recognized for their efforts in planning, organizing resources and executing the full-scale exercise on Fort Riley July 11. Each received a certificate of appreciation for their work and dedication.

"As a member of this team, they assisted with the planning, development, synchronization and execution of the "all-hazards" exercise conducted at multiple sites spread across the installation," their certificates read. "Their extraordinary commitment, attention to detail, hard work and knowledge of Fort Riley and the regional partner policies, plans and procedures produced in an exceedingly realistic scenario that resulted in a highly successful training event."

Shrader added more words of appreciation.

"You can't do full scale exercises to the level of detail that we do without this standing up here," he said. "Thank you for what you do for the exercise. This year was the baby step one for me as the new guy coming in. Next year we will ramp it up a little more and put a little more iron in the fire."



Orlando Perez-Santiago, Directorate of Plans, Mobilization, Training and Security, is presented the Army Certificate of Commendation by the U.S. Army Garrison Fort Riley commander, Col. Stephen Shrader, and deputy commander Tim Livsey Sept. 13. Perez-Santiago is essential to completing training missions for National Guard, reserve and other outside units said Steve Crusinberry, director DPTMS.

DEVILS PROWL AND GAUNTLET

Two teams of employees were recognized for their work done to ensure that Soldiers of the 1st Infantry Division received the highest level of training possible during field training exercises.

The award read the multiple integrated laser engagement system contact team from DPTMS, "set 1st Armored Brigade Combat Team up for success with MILES setup and maintenance that led to some of the best training any armored brigade has received on Fort Riley."

The crew attached the MILES gear to the 1st Inf. Div., vehicles to allow them to fight with the opposing forces, simulating battle as they moved around the training areas.

"Having been a seasoned veteran of the National Training Center, both as a BLUEFOR and as a two-year OC, watching how they did MILES install — that was all replicated here at Fort Riley," Crusinberry said. "It's all because of these guys right here. It's a huge undertaking. That is not an easy thing. We are the only installation doing it, besides the National Training Center. Thank you guys for what you do, this is well de-

served. You guys keep raising the bar one-step higher."

The second group was the visual modifications team. This team applied the visuals to make Bradley Fighting Vehicles and Abrams look like other tanks and armored vehicles.

"In less than one month, the team took initiative and worked tirelessly to fabricate easy to install, visually aesthetic, modifications kits to be placed on the opposing forces vehicles during the unit force-on-force training during Gauntlet," the nomination read. "The ability to take a concept, develop, plan and execute the installation of these kits, in addition to their daily duties, was exceptional and the results far exceeded expectations and has become an enduring training enabler for future training events."

"We've got a trend going on here — we talk about the things that the combat training centers do that we are replicating here at Fort Riley," Crusinberry said. "The vismod thing is no exception either. That is an undertaking; it takes a lot of effort to get that pulled off and to do it safely. When you modify something on a vehicle, it usually means that you've done something that you aren't supposed to do.

It takes a lot of effort to make sure that is done safely and effectively and it makes all the difference in the world."

MORE AWARDS

Angela Stewart, DPTMS, received a letter of appreciation from the IMCOM Army Stationing and Installation Plan supervisor thanking the garrison for outstanding support in hosting the ASIP training on March 6 through 8.

Fred Buckley was presented the Army Achievement Medal for Civilian Service for outstanding performance while serving as the action director of human resources while assigned to the Directorate of Human Resources.

All the nominees and award winners were greeted and congratulated by the audience at the close of the ceremony.

Reconnection Workshops

Helping Military Families Readjust to Civilian Life



The American Red Cross has expanded its successful Reconnection Workshops program to include two new workshops especially designed for military children. These innovative models were designed to help children and teens learn effective coping and communication skills that are essential when a parent or other family member is deployed and/or has returned from a deployment.

- 10-4: Confident Coping
- Roger That! Communication Counts

Each of the modules is composed of two separate sections with activities designed for children (8 to 12 years old) and teens (12 to 18 years old). Reconnection Workshops are open to active duty service members, including National Guard and Reservists, as well as veterans, families and friends. To schedule or attend a workshop, please visit redcross.org/reconnectionworkshops, or email reconnection@redcross.org.

American Red Cross

Developmental Delays, Autism,
and Behavioral Learning
Conference



Everything You Ever Wanted to Know
About Autism

September 27, 2018
8:30 - 3:30 PM
Riley's Conference Center
446 Seitz Drive, Fort Riley, KS

WWW.RILEY.
ARMY.MIL

EFMP/NPSP Annual Fall Fest

October 13, 2018

10:00 AM – 12:00 PM

Army Community Service
Building 7264 Normandy Drive

Join us for arts, crafts and family fun! This event is open to families participating in the Exceptional Family Member Program (EFMP), New Parent Support Program (NPSP) & Family Advocacy Program (FAP).

All children are encouraged to wear their
Halloween costumes.

Register by October 9 by visiting <https://einvitations.afit.edu/inv/anim.cfm?i=410960&k=066042007D57>
or the Events Tab at www.facebook.com/rileyacs

For more information, call Laurie or Erika at 785-239-9435



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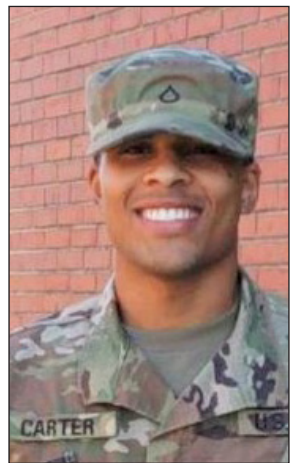
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'BRO' SPOTLIGHT PFC. JULIUS CARTER

Pfc. Julius Carter is the 1st Support Maintenance Company supply specialist in 541st Combat Sustainment Support Battalion, 1st Infantry Division Sustainment Brigade. He



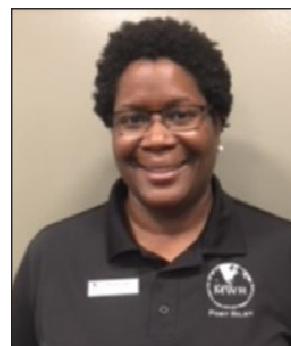
is responsible for managing the company property book and enforcing command supply discipline. He was instrumental to the turn-in or lateral transfer process for the company's excess equipment, totaling 35 pieces for the year.

He worked diligently to complete necessary administrative actions, account for the property and coordinate movement between units or ship to units outside of the division.

He displays personal discipline both professionally and personally. He continues to learn his craft, having recently completed the Global Combat Support System Army Course for supply. He also has the highest Army physical fitness test score in his platoon.

GARRISON SPOTLIGHT MONICA DAVIS

Monica Davis serves as a financial management specialist for the Directorate of Family Morale, Welfare and Recreation. Davis selflessly serves the Soldiers and family members of Fort Riley, but also her fellow employees.

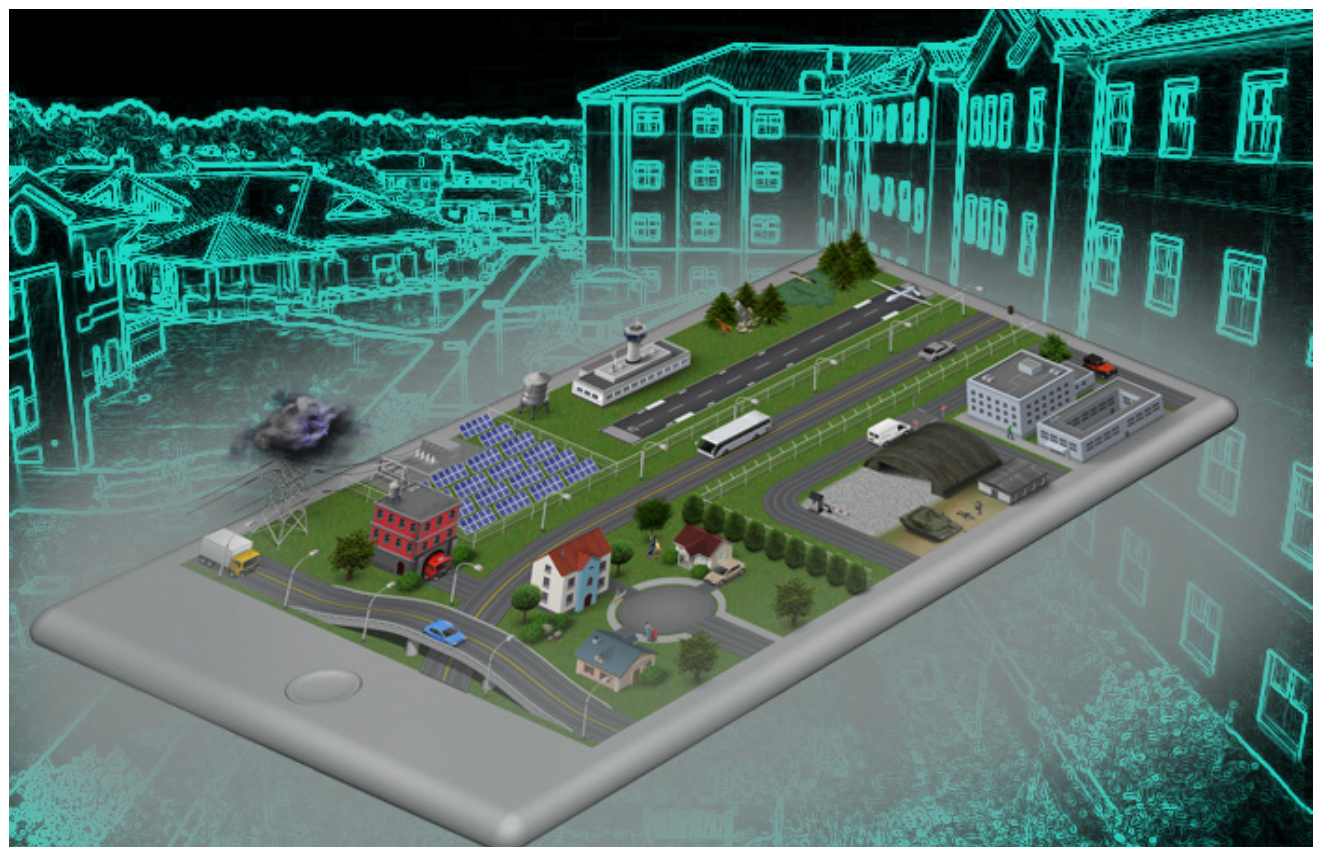


She took on extra duties when one of her coworkers was hospitalized to keep the Financial Management Branch work flowing.

During this time, Davis also accepted the task of completing the Installation Status Report and the Performance Assessment Report for the FMB.

She independently completed data research and database input, facilitating critical updates to the garrison commander. With her selfless and positive attitude and hard work ethic, Davis is a tremendous asset and contributes to the success of the FMB office, DFMWR and Fort Riley.

A modern Army needs modern installations



Courtesy photo

The Army is working to bring installations into the 21st century as part of a wider modernization plan.

Jason R. Dorvee
U.S. ARMY

— this is the reality of the world facing the Army now.

WASHINGTON — How are Army installations preparing to enhance readiness in the 21st century? That's a question that Army experts, including the Assistant Secretary of the Army for Installations, Energy and Environment and the Assistant Chief of Staff of the Army for Installation Management will present on Wednesday, Oct. 10, at 10:05 a.m. Eastern time during the Association of the United States Army's annual conference. Here, Jason R. Dorvee, liaison officer to the Assistant Secretary of the Army for Installations, Energy, and Environment, provides an overview of installation modernization in the context of the Army's wider modernization goals.

PART OF THE BATTLESPACE

According to the National Defense Strategy of 2018, "the homeland is no longer a sanctuary." Within the modern warfare concept of combined operations across all domains provided by U.S. Army Training and Doctrine Command, Army installations are now part of the battlespace. This represents a very different role for Army installations — one where the mission of the Army and the mission of installations as deployment platforms, combat training ranges and family support systems is under threat from unseen adversaries. This is not a projection of what is facing the Army of the future

POWER PROJECTION PLATFORMS

Army installations must be thought of as power projection and power support platforms. Installations are the people, facilities, services and operations supporting maintenance and logistics to assemble and deploy: Soldiers, tools, equipment and munitions that enable an overmatch advantage. Installations secure all of these Army components and ensure forces are protected during stationing and movement.

STRAIGHT FACTS

In the connected world of the 21st century, information sharing has led to accelerated innovation and the creative use of technology. From the Army's perspective, this carries both risk and opportunity, forcing the Army to reconsider the roles and responsibilities of its installations. Installations of the future will need to take full advantage of artificial intelligence, automation, sensing, advanced materials, high-powered computing and secure networks to drive the operation of cost-informed, durable platforms.

Connectivity and technology fuel the emergence of threats that have the potential to effectively disrupt operations and fix fighting forces before they are able to project power. Threats such as drones can be launched and controlled remotely as guided projectiles, while social media disruption

can cause confusion and chaos leading to misdirection. Yet, despite threats in the modern information era, installations continue to operate with industrial era technology.

WHAT CAN BE DONE TODAY?

Army installations need to take a smart cities approach with an eye toward defense. By taking advantage of opportunities now, the Army is working to bring installations into the 21st century. Developing the foundation for rapid capability development will propel Army installations into the future.

IN THE FUTURE

Services and operations on installations will be automated. Sensors will gather data for analytics that will ultimately provide a better living experience for inhabitants. Instead of separate facilities serviced by a calendar schedule, buildings will be monitored, integrated and serviced predominantly when required. Energy will be redirected to shed peak load and take advantage of pricing options and automatically adjusted to meet the demand of the mission. Water and fuel will be carefully tracked and maintained to meet requirements.

Soldiers will be connected to installations through bio sensors which track physical fitness, caloric intake and training accomplishments. Data analytics tied to facility services will provide customized readiness plans from the individual Soldier, to the unit

and to the total Army. With operations and threats that span all domains, cybersecurity will be the core element built into all of these technologies. Our installations will be secure enclaves with manned and unmanned guardians at the gate — both physical and virtual — a reflection of the new realities of this century.

THE FUTURE — TODAY

Today, the Army is working with academia and private industry to design and explore technology pilots in building management, energy monitoring, autonomous vehicles, installation access and the overall patterns of life. The outcome and utility of these pilots will be measured using an Army developed platform: Virtual Testbed for Installation Management Effectiveness, or VTIME.

The VTIME will deliver a common operating picture for installation management and will connect to similar operating platforms in areas such as maintenance, logistics, mobilization, force generation, health of the force and threats. This information will inform readiness of the Army's infrastructure to the chief of staff and give garrison commanders and other Army leaders the ability to analyze data and make decisions about weapons, maintenance, training and Soldier fitness. To create these "installations of the future" it will take serious modernization, behavioral and technological reform to become secure, prepared and lethal for the 21st century.

TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those with a valid DOD ID card, or who have an access pass or badge, wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there is no designated POV lane.

Outbound traffic is not authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

REPAIR PROJECTS

Seitz Drive Repair, Huebner Road to Riley's Conference Center: Sept. 10 through Sept. 12. Work to be performed during normal working hours.

FUTURE PROJECTS

CHECK APP FOR MORE DETAILS

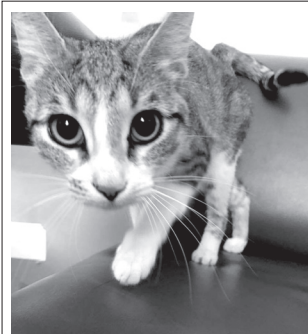
The Trooper ACP will be closed Sept. 4 through Nov. 6 from 7 p.m. to 5:30 a.m. Trooper ACP will only be open from 5:30 a.m. to 7 p.m., Monday through Friday during this time.

Pets of the Week

THESE LOVABLE PETS ARE WAITING TO BE ADOPTED....



MAMACITA



CARLIE



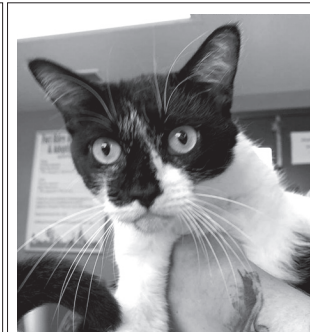
FINN



SUNSHINE



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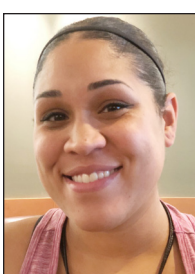
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"I miss the team sports, the team building and competitions."

**MELANIE CHRISTINE
TUCSON, ARIZONA**

Army veteran
Academy of Tucson, class of 2002



"I don't miss it because I was just ready to get out and experience the world."

**SGT. PHELECIA DAVIS
MOBILE, ALABAMA**

Headquarters and Headquarters
Company, 1st Combat Aviation Brigade,
1st Infantry Division
Davidson High School, class of 2013



"Freedom; being in school meant the weekends and after school were my personal time."

**SPC. ELI TIMMONS
HOUSTON, TEXAS**

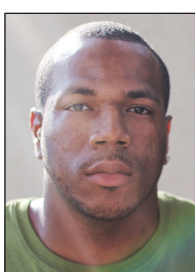
82nd Brigade Engineer Battalion, 2nd Armored
Brigade Combat Team, 1st Infantry Division
Katy High School, class of 2014



"I miss my friends, they were awesome. We used to laugh a lot and we played sports together."

**PVT. BRANDON MATHEWS
PUERTO RICO**

2nd Battalion, 70th Armor Regiment, 2nd
Armored Brigade Combat Team,
1st Infantry Division
Juan Quirindongo Morell High School,
class of 2016



"Football. Our team was really good and we won back to back state championships."

**PVT. EDWARD THOMPSON
JACKSONVILLE, FLORIDA**

1st Combined Arms Battalion, 63rd Armor
Regiment, 2nd Armored Brigade Combat Team,
1st Infantry Division
Charlton County high School, class of 2006

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The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

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Commentary

Soldier, Mexican immigrant earned Medal of Honor during WWII

By Marine Corps Staff Sgt. Jen S. Martinez

WASHINGTON — As a people, Americans come from all different walks of life. The United States has made a lot of progress in civil rights over the years as we learn more about different cultures and the backgrounds of its citizens.

Today, we pause to recognize Medal of Honor recipient Army Staff Sgt. Macario Garcia, who became the first Mexican immigrant to receive the Medal of Honor.

Garcia was born in Castanos, Mexico, in 1920. At the age of three, his family came to the United States in search of a better life and eventually settled in Sugarland, Texas, where they found work on a ranch.

Garcia spent much of his childhood missing school days to help the family with ranch work.

During World War II, Garcia, a non-American citizen with a grade school education, enlisted as an Army infantryman on Nov. 11, 1942. He said he felt a strong obligation to give back to the country he had called home for so many years.

Private Garcia landed at Normandy on D-Day with Bravo Company, 1st Battalion, 22nd Infantry Regiment, 4th Infantry Division. He was wounded during the beach landing and spent four months in recovery. He later rejoined his unit in Germany, where his actions would earn him the nation's most prestigious military honor.

On Nov. 27, 1944, Bravo Company came under fire near Grosshau, Germany. Serving as an acting squad leader, Garcia was badly wounded in the shoulder and foot. He refused evacuation and pushed on alone toward two enemy machine gun nests. With some grenades and his rifle, he wiped out the nests, killing six enemy soldiers and taking four more captive. He continued fighting with his Soldiers and was removed for medical care only after the company successfully seized its objective.

Garcia returned home as a staff sergeant in February 1945 and received the Medal of Honor from President Harry S. Truman later that year. He also received the Purple Heart, Bronze Star Medal and Combat Infantryman's Badge.

Soon after coming home, Garcia was refused service at a restaurant in Richmond, Texas, because of his ethnic background. A violent brawl ensued, and the police took a bruised and beaten Garcia to jail. He was let out the next morning, and assault charges were filed against him in the following weeks.

Garcia's case became a symbol of the Hispanic civil rights movement, and support came pouring in for his defense. Richmond County postponed the case and quietly dropped the charges against him.

Afterward, Garcia remained active in the community as an advocate for civil rights. He gained his U.S. citizenship in 1947 and his high school diploma in 1951.



Courtesy photo
President Harry Truman awards the Medal of Honor to Army Staff Sgt. Macario Garcia in 1945.

In the later years of his life, Garcia worked as a counselor at the Veteran's Administration offices in Houston.

In 1963, he went with a group of Hispanic veterans and civil rights advocates to a Houston gala, where President John F. Kennedy spoke about U.S. and Hispanic foreign policy. The event was viewed as a milestone occasion for minorities countrywide. Kennedy was assassinated the next day in Dallas.

Garcia died on Dec. 24, 1972, after he was injured in a

vehicle accident. He was buried with full military honors at Houston National Cemetery. In the early 1980s, the city of Houston renamed a street and the local Army Reserve center in his honor.

Editor's Note: Many historical records and articles reference Garcia's name spelled either as Marcario or Macario. The latter is published on his tombstone, and for this reason we have chosen to refer to him as "Macario Garcia."

ASK DR. JARGON

Why are bootstraps so important?

Hello Doc Jargon:

Why do all the senior NCOs keep saying they pulled themselves up by their bootstraps? First, that's not physically possible. Second, they keep using the term like it were a good thing. Third, my boots don't have straps and finally, they keep telling me I have to do it, too.

I'm all for taking great advice from Soldiers with more experience. But if I can't understand the term, I'm never going to achieve whatever they are talking about. I would really like to know what that term means so I can get about doing it.

**Signed,
Strapless in Second Brigade**

Dear Strapless,

The term originated with those little, looped straps on each side of

some styles of boots that were used to tug them up. You are correct about being strapless, these loops do not exist on your standard issue combat boots.

The term, "pull yourself up by the bootstraps," means to improve yourself through your own effort and hard work. It has also crossed over into the computing realm and is the root of the term, "booting up."

Programmers will load a small amount of code that will assist with getting the rest of the program going.

But for the pulling yourself up version of the language, it was first used in the 1700s as an insult from the aristocracy toward the peasant population.

After all, if you pull on yourself, you go nowhere. Back then, you needed a hand from someone in a

higher class, a patron, to help you rise above your station.

But the military is a different sort of order than society was then — and it always has been.

These days, the term is used to mean that you have to take the steps that will increase your rank and responsibility. As you know, promotions are earned through your own achievements. So, when your senior NCOs tell you to pull yourself up by your bootstraps, they are telling you that you have the responsibility for where your steps take you.

I hope you grab those figurative bootstraps and pull yourself up to your full potential.

Sincerely,

Doc Jargon

FORT RILEY HOUSING RESIDENTS PET POLICY

Only cats, non-aggressive breeds of dogs, caged animals (such as birds, hamsters, guinea pigs, rabbits, etc.) and fish are allowed in on-post housing.

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For more information see the Corvias Resident Responsibility Guide:
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PATHFINDER Continued from page 2

According to an information packet published by USO Pathfinders, "Once you complete the program you can opt in to share your information directly with top employers hiring support jobs." It adds that companies who use these skills include Bank of America, Cognizant — a multinational corporation that provides IT services - General Electric Digital, Hulu, Infosys, Intel, RICOH USA, Sprint and others.

The Google partnership is one of many that USO Fort Riley Pathfinders can use to help Soldiers successfully transition to civilian life. The programs work alongside the Soldier for Life - Transition Assistance Program, which is the official Department of Defense program established to assist Soldiers with moving forward in the civilian workforce.

"We augment what the Soldier for Life program does and serve as an additional resource for Soldiers if and when they need it," Bryant-Kearns said.

REMEMBRANCE Continued from page 1

first to show that resolve. First responders of emergency services from police, to firefighters, to EMTs like those who sit in front of you today were the first to show the resolve of the nation."

Nine first responders from several area agencies were seated to the side of the 9/11 granite memorial during the ceremony to honor those who perished.

Among them was Lt. Michael Lowe, from the Fort Riley Police Department's liaison office. He was a sergeant in the Army stationed at Fort Riley with the 1-41 Infantry on 9/11.

"We had rail headed and were sending our stuff to (National Training Center)," Lowe said. "We came back from (physical training) for the 9 o'clock formation and no one was outside. As the NCO I went inside to find out where my guys were and everyone was in the day room watching 9/11 unfold."

He said one of the difficulties many Soldiers and first responders have in any large-scale emergency situation is balancing the need to take care of their families with doing their job.

In the days and years following 9/11, millions of Americans showed their resolve to the nation by serving in the United States military.

"The sacrifice, valor, bravery, commitment and resolve

of our armed forces, to include the Soldiers of the Big Red One, have been seen and well documented in places like Samawah, Baghdad, Fallujah, Habbaniyah, Taji, Herat, Kandahar, Jalalabad and Kunar to name but a few," he said.

The sacrifice for some was the ultimate. Although there were no names of Soldiers lost from Fort Riley over the past year, those who perished since 2001 were remembered as the band played "America the Beautiful."

The only sound heard, as Shrader and 1st Sgt. Jason Schweers, Fort Riley Garrison first sergeant, laid a wreath at the base of the 9/11 monument, was the chirping of crickets and a distant bird. The crack from a rifle volley that pierced the air followed by the melancholy notes of taps driving home the somber cause for the gathering.

The ceremony closed with a benediction. Afterward, as the band continued to play, guests visited with each other and walked around the monument, some stopping to read the names of Soldiers who were stationed at Fort Riley when they died in the Global War on Terror.

Among those at the commemoration was Macey Jackson. Her husband, Corey Jackson, was in the Army Reserves and serving a mobilization at Fort Riley when he was killed

in a traffic accident two years ago.

Having only been married about five years at the time of his accident, she sat at the 9/11 ceremony feeling the heartbreak of losing a spouse.

"A lot of people don't realize the sacrifices Soldiers and their families make daily to protect us," she said. "I think it is important that people don't forget about the lives that are no longer with us. It's easy for people to hear about it and still go about their lives but there are so many family members left behind that still have to live and carry on."

For each name engraved on the monument there is a story of loss, sacrifice, valor, bravery and commitment. Lynn Peterson, owner of Peterson Monuments in Abilene, designed and built the monument with those values in mind, he said.

The two granite towers are positioned on a pentagon-shaped base and is to scale of the World Trade Center and the pentagon. From his seat in the front row of the commemoration, Peterson said he reflected on all of the lives lost and all of the individuals who have answered their country's call to service.

"On a day like this it is a time to remember — things of the past give us direction for the future," he said.

TOWN HALL Continued from page 1

put it in their mouth, you don't want to be inhaling that or ingesting that."

Generally speaking, the existence of lead-based paint is not a problem. However, anyone who lives in one of the pre-1978 homes and notices the paint peeling should call their housing office and report it. They should also take measures to ensure their children do not eat it.

OTHER SOURCES OF LEAD

Paint is not the only way children and adults are exposed to potentially high levels of lead. Water, hobbies, utensils, toys and cosmetics are but a few other potential sources.

"I myself am a huge firearms fan, an aficionado," Shrader said. "I reload my own ammo, so lead is something I have to concern myself with."

Jeff Williamson, director of the Directorate of Public Works,

spoke about the safety of the drinking water. In past years there have been isolated cases of lead found in drinking water samples.

"Those positive results come from the faucets," Williamson said. "There is no lead that comes out of our water plant. What happens is that there is a residual effect of some lead in some of the faucets. What we do is we try to immediately take those out."

In addition to testing water sources, children are tested to ensure they have not ingested lead paint. Col. Donald Robinson, deputy commander for Health and Readiness at Irwin Army Community Hospital explained the testing process.

"We test children 12 to 24 months old for blood lead and children who are 72 months and have not been screened," he said.

Between April 2012 and August 2018 more than 3,400

blood lead level tests were administered at Fort Riley. In that time, 11 children tested above the levels the Center for Disease Control and Prevention recommends. Of those 11, four lived in Fort Riley housing and seven lived off post. Of the four living on post, only one lived in a pre-1978 home believed to have lead-based paint. Upon investigation it was determined lead had been brought into the house from an outside source, Robinson said.

DID YOU KNOW?

- A brochure handed out at the discussion makes the following recommendations for people to reduce the risk of lead poisoning at home:
- Inspect and maintain all painted surfaces to prevent paint deterioration. Make sure your child does not have access to peeling paint or painted chewable surfaces.
 - Address water damage quickly and completely.
 - Use only cold water to prepare food and drinks.
 - Flush water outlets used for drinking or food preparation.
 - Clean debris out of outlet screens or faucet aerators on a regular basis.
 - Avoid using containers, cookware or tableware that are not shown to be lead free to store or cook foods or liquids.
 - Be aware of lead hazards from certain hobbies such as stained glass or that involve casting lead objects. Keep children away from your work areas.



Will Ravenstein | POST
Donald Robinson, deputy commander for health and readiness at Irwin Army Community Hospital, speaks to Fort Riley families and civilians during the town hall Sept. 12.

PLAYGROUND Continued from page 1

members working on Fort Riley, somewhere or another everyone has ties with Fort Riley in some way or another. We are truly grateful for that."

U.S. Army Fort Riley garrison commander Col. Stephen Shrader said that the eight counties surrounding the installation and the 97 community partners are essential.

"One of those key partnerships that we've got, and it's essential to the Soldiers and families, is Corvias, our residential communities initiative partners and they are the managers of all the housing across the installation," Shrader said. "They do a tremendous amount of work for the installation ... they see opportunities in the communities and give back to the communities who open their arms to the Soldiers and families."

"That is some of what got this ball rolling for this playground out here," he added, "They saw an opportunity, we were demo-ing some of our home on Fort Riley, they could give back to the communities that give so generously to Fort Riley and the surrounding area."

Shrader closed by thanking volunteers for their work.

"It does my heart good to see that we've got stuff on Fort Riley and we are recycling it and moving it to different locations," he said. "That (partnership) actually benefits the City of Wakefield."

Shrader admitted that this was his first time visiting Wakefield and that it would not be

his last after driving across the causeway into town.

He also said getting an opportunity to see the results of Fort Riley's partnerships is important.

"Standing here today in Wakefield you see the effects that the partnerships have on the surrounding communities and what it does for Fort Riley and the Soldiers and families we've got here," he said. "It's a pleasure to be out here today and actually be a part of that and watch it happen. It's not because of anything I did, it's because of the volunteerism, spirit, will and resolve of the local communities to stand up and do what's right for their community and help their fellow Americans."

After the ceremony, first grader Katie Crerend presented Shrader with a thank you card that she and her friend colored in class.

"It's super meaningful," Shrader said. "You have children that are super excited about a playground that they get to see on a day-to-day basis. When you get a whole bunch of kids that decided to put their creative and imaginative skills and put color and words to it to say thank you to Fort Riley, Corvias, the entire U.S. Army apparatus for something they contributed back to the community; it's huge."

Shrader said the card will be displayed in the garrison headquarters "as a symbol of thanks from the community of Wakefield, that little girl and her friend. It means a lot."



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Wing It  439 W. 6th Street JUNCTION CITY (785) 223-5282 wingitplace.com		1/2 Price Slushes ALL DAY (Med or Large only)	2 for \$9.99 Country Fried Chicken Dinners	\$1 Mini Shakes	2 for \$10 Nachos (Beef or Chicken)	5 BBQ Chicken Sandwiches \$9.99			
		*certain restrictions apply							
Pizza Hut  412 E. Chestnut St. JUNCTION CITY (785) 238-4144		All You Can Eat Supreme Lunch Buffet. Pizza, Wing- Street Wings & More! 11:30 - 1:00	Large 3 Topping and Breadsticks \$16.99 <small>(Additional charge for Pan or Stuffed Crust) Code 55 Delivery Fees & minimums required</small>	All You Can Eat Supreme Dinner Buffet. Pizza, Wing- Street Wings & More! 5:30 - 7:00	Wing Wednesday 70¢ Bone Out	All You Can Eat Supreme Dinner Buffet. Pizza, Wing- Street Wings & More! 5:30 - 7:00	Large 3 Topping, Breadsticks & Cookie \$21.99 <small>(Additional charge for Pan or Stuffed Crust) Code KW Delivery Fees & minimums required</small>	Large 1 Topping & Medium 3 Topping \$19.99 <small>(Additional charge for Pan or Stuffed Crust) Code LF Delivery Fees & minimums required</small>	
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Wildcat Kabob  112 Flint St GRANDVIEW PLAZA (301) 529-6166		CLOSED	MIX KABOB MEAL (2 skewers of beef and 1 skewer of chicken kabob with rice, salad, hummus, Tzatziki, a piece of bun) and Drink only 12\$+tax CHICKEN KABOB SANDWICH Tzatziki, hummus, cheese, Fries and Drink only 7\$+tax BEEF KABOB SANDWICH Tzatziki, hummus, cheese, Fries and Drink only 7\$+tax				CLOSED	CLOSED	
		We accept deliveries to 66441 • Delivery fee \$3.00 (301)529-6166 for deliveries • Hrs M-F 11AM-8PM We accept cash and card payments.							



Courtesy photo
Maj. Gen. John S. Kolasheski, 1st Inf. Div. and Fort Riley commanding general; Col. Stephen Shrader, Fort Riley commander; and the 1st Inf. Div. and Fort Riley Soldier of the Year, Spc. Zachary Cockrill, 97th Military Police Battalion led the K-State Wildcats onto the field during Fort Riley Day at Bill Snyder Family Stadium Sept. 15.

Wildcat win highlights partnership at annual Fort Riley Day football game

By J. Parker Roberts
1ST INF. DIV. PUBLIC AFFAIRS

A Wildcat 41-17 victory wasn't the only reason fans at Bill Snyder Family Stadium were cheering Sept. 15 as Kansas State University hosted its annual Fort Riley Day football game against the University of Texas at San Antonio Roadrunners in Manhattan, Kansas.

Before and during the game, Soldiers and fans honored the decade-long partnership between the 1st Infantry Division, Fort Riley and K-State with "Big Red One" Soldiers showing fans their military vehicles and equipment and service members taking part in pre-game events on the field.

"We were again honored to have the men and women of Fort Riley with us for last Saturday's football game with

the University of Texas at San Antonio," said Bill Snyder, K-State head football coach and member of the College Football Hall of Fame. "Our longstanding relationship with the fort and its Soldiers is one we deeply cherish. Every member of our program has the greatest amount of respect and appreciation for each and every one of them and their families for the great sacrifices they make to keep each of us safe."

This year, a flyover was conducted by the 1st Combat Aviation Brigade, 1st Inf. Div., in which Soldiers flew an Apache, Black Hawk and Chinook over Bill Snyder Family Stadium.

"It was fantastic," said Maj. Jonathan Spikes, commander of Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, 1st Inf. Div., who served as the air mission commander for the

flyover from the Black Hawk. "It's something that I've always wanted to do."

Spikes is no stranger to K-State. His family moved to Manhattan in the early 1990s and his father, who died last year, worked in the university's College of Education for 28 years. Spikes graduated from the K-State Army ROTC program as a distinguished military graduate in 2007 with a commission in the Medical Service Corps.

"It's a special relationship there," Spikes said of the connection between the Army installation and the university. "Growing up in Manhattan, I've seen the relationship between Fort Riley and Kansas State evolve, and it has evolved in the right direction."

"I think 1st Inf. Div. and K-State go to great lengths to ensure a mutually beneficial

partnership in our region, and I think they do a really good job of it."

Representing the "Big Red One" on the sidelines by leading the Wildcats onto the field were Maj. Gen. John S. Kolasheski, 1st Inf. Div. and Fort Riley commanding general; Col. Stephen Shrader, Fort Riley commander; and the 1st Inf. Div. and Fort Riley Soldier of the Year, Spc. Zachary Cockrill, 97th Military Police Battalion.

"Days like today give an opportunity for the military and the rest of society to grow as one," Cockrill said. "Being able to take the college football team out onto the field was very exhilarating...I was very humbled to be a part of it."

Some Soldiers from the division had a front-row seat to the game, but got even closer to the action every time K-

State scored, coming down onto the field to do a number of pushups equal to the home team's score.

"As a Soldier, being at the base right up the road, and the college being in close proximity, the community here has taken us in as their own and we're a part of the culture here," said Staff Sgt. Darian Keller, 9th Financial Support Management Unit, Special Troops Battalion, 1st Inf. Div. Sustainment Brigade, one of the Soldiers chosen to do pushups during Fort Riley Day. "It's awesome that they accept us here like that."

Keller, a football fan who had never been to a college game, volunteered for the on-field task.

First Lt. Justin Rogers, executive officer for Headquarters and Headquarters Com-

pany, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Inf. Div., has been to his share of college football games, having played for the Roadrunners in 2010, the first year of the school's program.

"This place is awesome," Rogers said. "They really love Soldiers, they really make you feel like you're a part of the team. This whole stadium, this atmosphere, it's crazy."

Rogers said he saw parallels between being on a football team and being a Soldier.

"Being a football player, you have to rely on your guys all the time, early morning workouts, film, practice," he said. "Same thing as an officer and a Soldier. You've just got to build a strong team."

"As long as you have a strong team and a strong bond, you can do anything."

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Graphic courtesy of MWR

FALL APPLE DAY FESTIVAL

Legendary apple pies only small part of recipe making up Fort Riley event

By Gail Parsons
1ST INF. DIV. POST

The highlight of the annual Fall Apple Day Festival is the apple pie, but not just any apple pie — it's made using a carefully guarded secret recipe passed down from Libbie Custer.

"Legend is, where Quarters 1 used to stand there was a grove of apple trees," said Karen McGuire, who shares the title of 2018 Pie Queen with Kelly Armstrong. "What Libbie would do is, upon the return of her husband (Bvt. Maj. Gen. George Armstrong Custer) from their extended trips, she would go pick apples and make pie to greet him with."

McGuire is the wife of Col. Jay McGuire 1st Infantry Division Sustainment Brigade, and Armstrong is the wife of Col. Chuck Armstrong, 1st Armored Brigade Combat Team, 1st Infantry Division.

The apple grove is long gone and the Historical and Archaeological Society of Fort Riley now has the apples shipped in — enough apples to make 1,500 pies.

Armstrong and McGuire said 1,500, or a little more, is the goal, which is equal to last



FILE PHOTO

Historical and Archaeological Society of Fort Riley's pie-eating contest led off the 2017 Fall Apple Day Festival Sept. 23, 2017. Officials said the final attendance figure from last year's Fort Riley event was 12,466.

"We really pull a lot from Junction City, Manhattan and all the volunteers on Fort Riley. It's really a beautiful conglomeration of people who come together to pull this off."

KAREN MCGUIRE | 2018 PIE QUEEN

year's total. At the end of the 2017 Apple Day, there were only 10 pies left.

Pies can be purchased by the slice or whole. A frozen pie is \$13 and a baked pie is \$14.

"You can buy a slice of pie for \$3, and a slice of pie with

ice cream for \$4," McGuire said. "If you happen to have someone who doesn't want apple pie, shame on them, they can just get ice cream for \$1."

Although the Pie Queens said they did not sign a blood

oath, because that would have been unsanitary, neither would divulge the secret ingredient.

"The secret is love, friendship and a lot of volunteers," Armstrong said.

See APPLE, page 10



Amanda Ravenstein | POST
Kindergartener Kaitlyn Showalter waves her flag as she participates in the Fort Riley Elementary Freedom Walk on Sept. 11.

Freedom Walk a reminder to all

Fort Riley Elementary community happy to honor first responders

By Gail Parsons
1ST INF. DIV. POST

Staff and children at several schools on Fort Riley took time in the days leading up to and following Sept. 11 to commemorate the sacrifices Soldiers and first responders made to keep America safe.

As the events of 9/11 are sensitive, the elementary schools take a less solemn approach to their activities than what was seen at the official post ceremony.

Fort Riley Elementary School students filed into the gymnasium Sept. 11. Teachers passed out small American flags while parents lined the walls.

Several of the Soldier parents took time off work to attend. They were invited to stand at the front of the room with some of Fort Riley's firefighters, who arrived in a fire truck. After everyone recited the Pledge of Allegiance, the children sang "The Star-Spangled Banner" to their guests. Their voices rang

"It was beautiful that these kids, at this age, can come together and know what we do and how important our work in the Army is so we can live together in peace."

SGT. 1ST CLASS
AMED BAMBA 1ST
COMBAT AVIATION BRIGADE,
1ST INFANTRY DIVISION

out and the facial expressions of several Soldiers showed how touched they were by the students.

Afterward, with the firefighters in the lead, staff and parents joined the children as they set out on a Freedom Walk in their school's neighborhood.

As Sgt. 1st Class Amed Bamba, 1st Combat Aviation Brigade, 1st Infantry Division, caught up with his six-year-old twin daughters, Layla and Aida, he said he found the assembly touching.

"It was beautiful that these kids, at this age, can come together and know what we do and how important our work in the Army is so we can live together in peace," he said.

Although the assembly did not focus on the events of 9/11, several students were aware of the significance of what the Freedom Walk represented.

See FREEDOM, page 11

FORT RILEY POST-ITS

Library Movie Night: Paddington 2
September 22 6:30 p.m.

LIBRARY MOVIE NIGHT
Free, family-friendly movies ... popcorn included!

View all 15 comments

Jenny Jo My kids love this movie. Can't wait
September 18 at 1:26pm .1 like

Spc Shell Paddington is a long lost cousin of mine. Glad to see him return to the big screen.
September 19 at 1:50pm .1 like

Fort Riley MWR @RileyMWR · Aug 31
Just a reminder the Custer Hill Aquatic Park has extended their summer season until September 30. Hours of operation will be as follows:
Monday- Friday 4:00 p.m.- 8:00 p.m.
Saturday- Sunday 11:00 a.m.- 8:00 p.m.

Fort Riley MWR @RileyMWR · Sep 17
Make sure to check out any of the performances at the stage on Saturday during Fall Apple Day Festival on Artillery Parade Field. #FallAppleDay

Fort Riley MWR @RileyMWR · Sep 17
Don't forget to see the Military Working Dogs on display at 10 a.m., noon and 2 p.m. in the north half of the Artillery Parade Field. #FallAppleDay



Stay up to date with everything happening on Fort Riley and in the surrounding communities.

Join the Ft Riley Colleges for an **Open House**
211 Custer Ave

SEP 25 Colleges Open House
Public - Hosted by Fort Riley- Soldier for Life - Transition Assistance Program

Tuesday, September 25 at 10 AM - 3 PM
Next Week - 63-81°F Chance of Thunderstorms

Fort Riley Education Services
211 Custer Ave & 7656 Graves Street & 7604 Parker St, Fort Riley...

fallmwr Fort Riley MWR

Fall Apple Day Festival
Saturday September 22 • 9am-4pm
Artillery Parade Field
Fort Riley, Kansas

Look forward to:
• Fun events for all ages!
• Historical reenactors in exhibits
• Military helicopter, tank displays
• Cavalry horse, military dog demos
• Inflatable, ATV rodeo
• Vendors, food and apple pie!
Free • Open to the public
No pets • No alcohol

For a full list of activities, visit riley.armymwr.com

137 likes
6 days ago

Fort Riley MWR @RileyMWR · Sep 19
Challenge yourself and your friends to complete the Obstacle Course located in Tuttle Park. #FallAppleDay

Fort Riley MWR @RileyMWR · Sep 19
Climb in, around and on military vehicles used by Soldiers from the 1st Infantry Division. Don't forget to take a ride in the HMMWVs. #awesome #HOOAH #FallAppleDay

Fort Riley MWR @RileyMWR · Sep 19
Get your grub on at one of the many food vendors. Don't forget to get your Libbie Custer apple pie while supplies last. #yummmmm #FallAppleDay

Fort Riley MWR @RileyMWR · Sep 19
Make sure to share your photos from Fall Apple Day to show your friends what they missed out on. #FallAppleDay

BOSS & The Warrior Zone
September 17

Come and get yourself a plate of the best barbecue on Fort Riley, every Friday through September from 11 a.m. until it's all gone!

Plate Prices:
1 Meat: \$6.75 2 Meat: \$9.75 3 Meat: \$12.75

Like - Comment - Share 189 73 115

Let's go to the movies @Barlow Theater
September 18

Friday - Blackkklansman (R) 7 p.m.
Saturday - Crazy Rich Asians (PG-13) 2 p.m. and The Happytime Murders (R) 7 p.m.
Sunday - Blackkklansman (R) 5 p.m.

Theater opens 30 minutes before first showing For more information, call 785-239-9574. Regular Showing: \$6, children are \$3.50, children 5 and under are admitted free. 3D Showing: \$8 First Run: \$8.25, 3D; First Run: \$10.25.

Like - Comment - Share 16 13 5

APPLE Continued from page 9

While those might not be actual ingredients, it is what it takes to uphold the decades-old, pie-making tradition.

"We really pull a lot from Junction City, Manhattan and all the volunteers on Fort Riley," McGuire said. "It's really a beautiful conglomeration of people who come together to pull this off."

The volunteers are assigned to duty stations, each of which has a different role in making the pies. This way no one person, aside from the queens, has access to the full recipe. The spices and topping are mixed up before the volunteers arrive.

It takes four days to assemble the pies and an entire day to bake a small portion of them.

In addition to the pies, the Directorate of Family and Morale, Welfare and Recreation will host three pie eating contests throughout the day.

Taylor Ferrarin, DFMWR special events coordinator,

FESTIVAL ATTRACTIONS

- Apple Pie Sales
- ATV Rides
- Cavalry Demos
- Community Health Experience
- Expo and Vendor Tent
- Fire and Rescue Display
- Food Tent and Picnic Area
- Inflatables
- Laser / MILES Range
- Laser Tag
- Military Dog Demos
- Museum Gift Shop
- Museum and Entertainment
- Obstacle Course
- Period Re-Enactors
- Pie Eating Contest
- Rock Wall
- Recreation Midway
- SKIES Unlimited
- Performance
- Static Display

said the winner of each contest will be the one who can put away a large slice of pie

first. Winners will earn bragging rights.

Throughout the event area, which is spread over several parade fields, all within walking distance of each other, there will be vendors and exhibits including Family Readiness Groups.

Each of the FRG groups will have offer some kind of apple treat, but no two FRGs will have the same item, the Pie Queens said.

The 9 a.m. to 4 p.m. event Sept. 22 will include the Commanding General's Mounted Color Guard, Military Working Dog demonstrations, a blank shooting range and an All-Terrain Vehicle obstacle course.

The 1st Infantry Division Band and Lucas Maddy, a local musician, will perform throughout the day.

Parking will be available at Riley's Conference Center and DFMWR will provide transportation by golf cart to and from the event area.

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Jewish High Holiday Schedule 2018
Services will be held at Main Post Chapel
6 Barry Ave. Fort Riley, KS

Sukkah Party at 1130
17-B Forsyth Ave. Fort Riley, KS

September 24

POC: Chaplain (COL) Shmuel Felzenberg
(785) 239-3359 or (910) 273-0767

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Worship Opportunities	
Protestant Services	
Victory Chapel 239-0834	
ChapelneXt Protestant Service	
Sunday Worship.....1100	
Children's Church.....1105-1200	
Morris Hill Chapel 239-2799	
Gospel Protestant Service	
Sunday School.....0900	
Sunday Worship.....1100	
Main Post Chapel 239-0834	
Traditional Protestant Service	
Sunday Worship.....1030	
Children's Church.....1045-1130	
Catholic Services	
Victory Chapel 239-0834	
Sunday Mass.....0845	
Sunday Catechism.....1000	
Saint Mary's Chapel 239-0834	
Confession (or by appointment).....1100	
Sunday Mass.....1130	
Mid-day Mass- Mon., Wed., & Fri.....1200	
IACH Chapel 239-7872	
Mid-day Mass- Tue. & Thur.1200	
Jewish Service	
For Sabbath Services please contact the Senior Chaplain at 240-6268/910-273-0767.	
Pagan/Wiccan Service	
Kapaun Chapel 239-0834	
Fort Riley Open Circle- SWC	
1st & 3rd Wednesday monthly.....1800	
Family Night	
Weekly Wednesday classes from 1830-1930 at Victory Chapel. 785-239-0875. Watchcare provided for birth-4yrs.	
Club Beyond - Faith Based Youth Program	
Grades 6th - 12th, Meets Sundays	
Combined MS/HS Youth 1830-2015 at Victory Chapel 785-370-5542	
Club Beyond is a Non-Federal Entity and is not part of the DoD or any of its components and it has no government status.	
AWANA	
Meets Sundays, 1400-1600 at Victory Chapel 785-239-0875.	
Protestant Women of the Chapel (PWOC)	
Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel. Childcare provided.	
For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"	
Catholic Women of the Chapel (CWOC)	
Weekly Wednesday Meeting 0900-1130 at Victory Chapel. Childcare provided.	
For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"	
Check for schedule over Training Holiday weekends	

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507 Ash (across from City Park)

Vanderbilt's
510 Lincoln Ave.

Playgroup offers relaxation

Program allows kids, parents opportunity to connect, unwind

Story and photo by Amanda Ravenstein
1ST INF. DIV. POST

On Monday and Wednesday mornings, the sound of small children playing can be heard in the racquetball court at King Field House. Walk into the room and you will see toys scattered everywhere. Children, all under the age of 3, play with those toys while their parents line the walls watching, talking and enjoying each other's company.

The program offered by Army Community Service allows parents the opportunity to have adult conversation while allowing their little ones to play in a safe environment.

"(We've been doing this) for years," Stephanie Boone, ACS New Parents Support Program RN, said. "I don't know the exact number (of years), but we actually have two different play groups that meet. This Monday group is geared for everybody up to three years old. And, as you've probably noticed, Kansas weather its either too hot or too cold much of the year to go outside much with little's, and there's not a lot of good indoor play options in this area so we meet (here) every Monday."

"Unfortunately (with) as loud as the racquetball room is," she added, "it is actually a nice place for our kids to play because it is inherently child-proof and they can run and bounce off the walls and not injure themselves or break anything. Which is important — especially with this age group."

Sarah Bennett, wife of Spc. Mitchell Bennett, 1st Infantry Division Artillery, along with their daughter, Aria, 15



The racquetball court inside Kings Field House was loaded with children and their parents Sept. 10 as the Meet and Greet Playgroup met for their weekly session. The group for children 1- to 3-years old allows parents the opportunity to have their kids play with others while being indoors in a controlled environment.

months, can be found among the many families that participate each week.

"We go to the Wednesday group too so we get out twice a week," she said. "It lets her run around for a bit and have some friends. It's great. She doesn't go to daycare or anything so she doesn't get that other children interaction on a daily basis, so I wanted her to still have some of that. It's kind of the same kids that come every week so it's her friends — so it's good."

The children work on developmental skills during this playtime.

"Our older kids are doing what is called cooperative play," Boone said. "But up until then, they do things like parallel play and mirror play. So, being exposed to different opportunities to play and playing with other kids, especially of different ages, is good. A 1-year-old does benefit from seeing that 3-year-old try the beginnings of sharing, but they also get huge opportunities to practice their fine and gross motor skills."

"If you're staying at home with a young child, you get into this thing where you're sitting around the house all day and you are just not wanting to look at the same white walls."

STEPHANIE BOONE
RN, ARMY COMMUNITY SERVICE NEW PARENTS SUPPORT PROGRAM

"Sometimes, they'll do things that you didn't quite intend, like this little basket," she added pointing to a small grocery basket, "as much as I complain about this basket for toys, they will have a lot of fun putting things in there. Which is actually a really important

grasping and coordinating of actions."

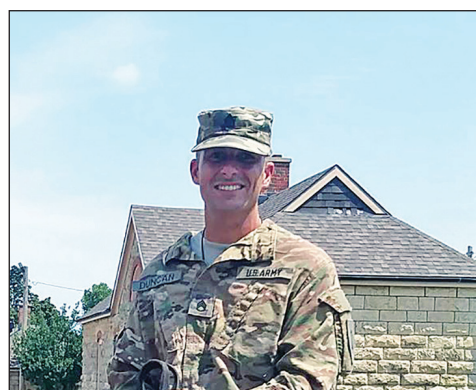
The benefit for the parents is a good aspect of the program also.

"It's really a great opportunity especially for parents with young children," Boone said. "If you're staying at home with a young child you just get into this thing where you're sitting around the house all day and you are just not wanting to look at the same white walls. Being isolated with a tiny person at home can be frustrating because you do go for long periods where the only adult you might see is the mailman dropping off the mail."

Bennett agreed saying, "(It's) more for me to get out of the house, but it's good for her too. We started coming when she was only 7-months old so it was definitely more for me then it was for her."

The groups meet Mondays and Wednesdays at 10 a.m., with the exception of holidays with a come-and-go as you are able attitude.

TUESDAY TRIVIA CONTEST



The question for the week of Sept. 18 was: What is the location and hours of operation for recycling facilities at Fort Riley?

Answer: www.riley.army.mil/Services/Fort-Riley-Services/Environmental/Recycle

This week's winner is Staff Sgt. Todd Duncan, Company E, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division.

Pictured above is Staff Sgt. Todd Duncan.

CONGRATULATIONS TODD!

Dear Owner
I am in kitty jail. Please come bail me out. P.S. I still love you.



If your pet is missing contact
MWR Fort Riley Pet Facility
224 Custer Ave. (785) 239-6183

FREEDOM Continued from page 9



Photos by Amanda Ravenstein | POST

Students, faculty and parents walk in the Fort Riley Elementary Freedom Walk on Sept. 11.

Elania Weeks, 10, sported a cast on her leg and was unable to complete the entire walk.

"I wanted to make it as far as I could," she said. "Today is 9/11 and today is the day the twin towers went down — so many people died."

Sarah Effiong, 8, was also confident in her reason for walking. Her participation was her way to honor the people who fought for her rights, she said.

"They did it for us," she said. "They should be recognized because they did it for us."

Later in the week, students at Seitz Elementary School gathered in their gymnasium.

The Sept. 14 assembly started at 9 a.m. Members of the school's partner unit, Irwin Army Community Hospital, came in and took their positions on either side of the stage.

Once the children were at "voice level zero" Principal Jodi Testa started the program by telling the children they were gathered to show appreciation to the Soldiers.

She commended the children for showing their patriotism by wearing red, white and blue clothing because it showed they are "proud to be Americans — that is what today is all about," she said.

After singing a selection of patriotic songs, the students headed out on their Freedom Walk. IACH Soldiers Spc. Nathan Dyck and Cpl. Stephanie Ford lead the way carrying the American flag and their unit flag.

Several students commented how beautiful the American flag looked with the sun shining right above it. They walked through the neighborhood and past the manicured lawns where their parents, siblings and pets cheered them on.

Among the IACH Soldiers who joined the children was Sgt. Christian Frehse. He said he liked volunteering because he likes being around



Sgt. 1st Class Chase Hamm, 2nd Armored Brigade Combat Team, 1st Infantry Division, participates in the Fort Riley Elementary School Freedom Walk with his children Zoey, left, and Jaxon on Sept. 11.

the children and is looking forward to other opportunities to help out at the school.

"This is a nice patriotic event," he said. One of the students who joined the walk was 9-year-old Ivan Velasco who knew why he was walking.

"We are doing this to represent our freedom," he said. "It is important to us just to be free and have freedom."

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Amanda Ravenstein | POST

Vendors from about 20 different food service companies showcased their foods to visitors during the Vendor Luncheon on Sept. 11.

Food vendors showcase what could be

Sysco Foods event a show of appreciation, look at future items

By Gail Parsons
1ST INF. DIV. POST

A smorgasbord provided by about 20 food vendors served more than 200 people over the lunch hour on Sept. 11.

The event, sponsored by Sysco Foods, gave vendors an opportunity to share with Soldiers, families and civilians a sampling of their foods.

As people walked into building 813 they were greeted by Kathy McLain, program sales manager for Sysco. She handed them giveaways in an insulated bag that advertised the company, and could be used to collect freebies from other vendors in the room.

Sysco is a food service distribution center, which sells food to Fort Riley's dining facilities, child development centers and the Army and Air Force Exchange Service.

"The purpose of today is to show appreciation to the families and Soldiers for what they do," McLain said.

This is the third year Sysco has hosted the event. Although this year the date coincided with the anniversary of 9/11, she said it was not intended as a commemorative activity. It served a dual purpose of giving vendors a platform to express their appreciation to the military while also showing off their products.

"Nutrition is very important for the Soldiers so when they deploy they are fit and ready to go," she said. "The military has a special menu they have to follow to make sure the Soldiers are getting the nutritional values they need."

The nutritional requirements are shared with the companies, giving them the information they need to produce products that meet Army standards.

Retired Chief Warrant Officer 5 Russell Campbell, vice president of food service operations for Robert Irvine Foods, was on hand with two types of cheesecake and samples of a baked catfish.

"Robert is very big on nutrition and health," Campbell

"It's great that we get to come out here and try all this good food. My favorite right now is the mocha iced coffee with the protein in it."

SPC. SAMANTHA CLANTON | 1ST COMBAT AVIATION BRIGADE, 1ST INFANTRY DIVISION

said speaking of celebrity chef and company owner Robert Irvine. "Both of these (cheesecakes) are low calorie, low fat; about half the calories of a regular cheesecake."

The baked catfish looked deep-fried.

"It is all farm raised, domestic and it's cleaner than a traditional catfish," he said attributing its lack of strong muddy flavor to the farming practices.

Campbell retired from the Army last year and was stationed at Fort Riley from 2006 to 2010 as a food technician with 1st Infantry Division Sustainment Brigade.

He said the company's owner often meets with Army officials at the Pentagon to discuss nutritional needs of Soldiers. From those discussions, and events such as the one on Fort Riley, they can create products with the nutritional profiles Soldiers need, and the flavors they want.

Set up next to Campbell was Katie Cunningham, military accounts specialist with Sunrise Foods. She was dishing up samples of Asian cuisine.

In addition to the military, Sunrise supplies to restaurant chains but she wants Soldiers to see what the company can offer to dining facilities on post. The intention is to provide a reason for Soldiers to stay on post for meals rather than spending dollars outside of the gate, she said.

"They are consistent products that are easy to use for the Soldiers while still keeping high quality," she said. "So instead of going to your local Asian chain we are hoping you can have a stir-fry bar or something similar right here in the dining facility."

As a company, they pursue cleaner labels, which means no artificial colors, lower sodium and healthy options.

Spc. Samantha Clanton and Pfc. Gevi Rosales, both members of the 1st Combat

Aviation Brigade, 1st Inf. Div., appreciated the quality of the Sunrise Foods flavors. As they stopped to finish off a plate of samples they said it was one of their favorites.

Both Soldiers said they generally go home for lunch.

"I usually try to stay away from going out to eat because I try to eat a little healthier — a lot of vegetables and fruits," Rosales said.

But the free part of the event caught her attention.

"It's great that we get to come out here and try all this good food," Clanton said. "My favorite right now is the mocha iced coffee with the protein in it."

She was referring to the sample of a "protein performance signature mocha" she picked up from Kevin Aschliman, business development with Crimson Cup Coffee & Tea. Aschliman was making and serving the samples as fast as they were disappearing from his table.

Although Crimson Cup is not yet on Fort Riley, Aschliman said one of the reasons he was there was to introduce the product and hopefully they will receive authorization to open a smoothie bar on post.

"We have two shops in the Pentagon and a partnership with Robert Irvine," he said. "Our big thing is to give back and support the military and hopefully as millennials are coming into the armed forces we can up the coffee game."

The old hobo coffee as the strong java made in the field is sometimes called, is on its way out, he said. Younger people coming into the Army want a quality coffee.

"This is a higher end coffee," he said. "Coffee is the number two traded commodity, behind oil, in the world. It's a massive product, there are different levels (of quality). We are a top level as is any

company that buys specialty coffee."

Crimson Cup takes their coffee production up a step by adding protein.

"In a military space, protein is a big need," he said.

Among the Soldiers and civilians who were mingling and grazing on the many samples was Capt. Nicolle Curtis, chief of the nutrition care division at Irwin Army Community Hospital and Spc. An Pham, environmental health technician with the Department of Public Health.

While enjoying the vendors' goods, they were also working. They were watching, listening and speaking to people about what they liked and didn't like.

"This (event) helps us as Public Health, to speak with managers of DEFACs, and find a way to work for the well-being of the consumers," Pham said.

Curtis said she appreciated the event because it highlighted what the manufacturers and the vendors are doing to provide healthier options to the dining facilities. Vendors were asking people to fill out surveys about their products, which they could give their companies feedback on the Soldiers opinions.

Inher 17 years in the Army, Curtis said she has seen a shift away from the dining facilities serving homestyle comfort foods. The vendors on site were striving to meet the nutritional needs and maintain flavor.

"Today we look at the science of nutrition and how it affects performance and how it improves our readiness, our ability to perform on the battlefield," she said. "If we have Soldiers who are obese or overweight, they are going to deploy and have a more likelihood of getting a musculoskeletal injury; they will have to be returned stateside and that can affect our readiness."

FORM MATTERS



Many exercises and daily activities rely on a strong back.

Weak back muscles can lead to problems like a herniated disc, said Capt. Eddie Murray, public health nurse. Here he demonstrates two variations a row.

UPRIGHT ROW

1. Stand with back straight, feet shoulder width apart and grasp the barbell with palms down and hands closer than shoulder width.
2. Keep barbell close to the body and raise it straight up to the chest, with the elbows out. Return to starting position – repeat.

DUMBBELL ROWS

1. Position one leg on the bench with the ankle at the edge and the foot hanging off. Bend forward from the waist so the upper body is parallel to the floor.
2. Lift the dumbbell so the palm is facing the body. Pull the weight straight up to the side of the chest, keeping the upper arm close to your side. Keep the back straight and torso stationary – only the arm should move. This move should be done using the back muscles, not the arms. Concentrate on squeezing the back muscle. Return to position one, repeat; repeat on opposite side of the body.



Soulis Fine Art Auction
Sept. 29, 9:30 am

Free Fine Art Evaluations
SoulisAuctions.com
816.697.3830

Thomas Berger Johnson (1890-1968)
Works by Kansas and Other Mid-West Artists

Fort Riley Post Wide Yard Sale

Saturday, October 6
8 a.m. - Noon

Fort Riley Post Thrift Shop
Bldg 267 will be open from 10 a.m. - 1 p.m.

Community Yard Sale

This will be the first year those who live off post are able to participate as sellers. Off post sellers must be DOD ID card holders and need to register in advance. There is no cost. There will be two parking lots our off-post sellers can set up in; the Commissary or The Exchange. Sellers may sign up in person at customer service of either store. For more information about the spaces available to eligible off-post sellers, call the Commissary at 785-240-0459 or The Exchange at 785-784-2026 extension 206.

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CASEY

My Yoga Journey:
I studied yoga at the Amrit Yoga Institute where I received training from Yogi Amrit Desai, one of the few remaining yoga masters that originally brought over authentic yoga teachings from India. The teachings of yoga have drastically changed my life, and my hope as a yoga teacher is to help give others the tools to transform their own. After all, "if it doesn't change your life, it's not yoga." – Yogi Amrit Desai
- Casey

If you want to be a part of this compassionate and inclusive community download the 'Mind Body App' and type in 'EastWestYogaJC'.
606 N. Washington Junction City, KS 66441
785-307-1441 www.eastwestyogajc.com

No one board at game night

USO Fort Riley event allows families to take electronic break

Story and photos by Will Ravenstein
1ST INF. DIV. POST

The sounds of laughter and conversations filled USO Fort Riley Sept. 14 at the month family game night.

The technology free event is held monthly was a pleasant surprise to Master Sgt. Donald Casey, Company B, 82nd Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, and his family who transferred to Fort Riley from Fort Leonard Wood, Missouri, just over a month ago.

"We were at Fort Leonard Wood and it's more of a quarterly thing," Casey said. "Here they do it more frequently, so we get a chance to get out with the family more. It's nice."

His wife, Trisha, and their son, Elijah, 16, joined him for a game of "I Spy" where each reviewed their game board for hidden objects listed on a game card. Whoever said "found it" first got the card. Whoever had the most cards at the end won.

"We come to all the family game nights, this one is pretty good," he said. "The fact that they put their phones down (means) no text messaging."

Retired Sgt. 1st Class James White has been volunteering with the USO Fort Riley since he was a member of 1st Sustainment Brigade, and said he was pleased with the turnout.

"We have a couple tables still empty because people are still arriving," he said. "We had some people that are on the waiting list. Generally, we don't turn anyone away. What happens is (that) we make room for them. The whole idea behind the event is to not have any computers. This is for families to bond. We try to make sure everybody is comfortable and we have enough games."

The USO provides games but that does not mean you are



Elijah Casey, 16, left, laughs as he takes another card from the pile after find the hidden token on it as Master Sgt. Donald Casey, Company B, 82nd Brigade Engineer Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division, and Trisha Casey look on in disbelief.



Caleb Figueroa, son of Staff Sgt. Adrian Baladad, 973rd Contracting Battalion, asks questions about the character on his head to figure out who he has while playing "Disney's Hedberg" with his mom and sister Sept. 14 at the USO Fort Riley.

limited to playing only those games.

"We actually have one family, one only, that brings a few of their own games," White said. "They sit down and play. We make sure we have enough games for everybody. We (also) make sure that they are family oriented, for instance — no cards, no chess, no checkers and no backgammon. These are actual board games where the families can interact with each other."

That interaction and time with family, especially with the high operational tempo on Fort Riley, is why Casey said he and

his family enjoy the opportunity to be together — without technology.

"It's family time," he said. "When I can get it, I love it."

Casey encourages anyone who has been unsure about the evening away to "give it a shot."

"It might not be everyone's flavor, but come and give it a try," he said. "You get some free food out of it too — good food, good people."

Last month, White said, the USO volunteers hosted more than 100 people on family game night. He admitted weather does affect the turnout.

"It depends on what we are serving, the climate and time of year," he said. "The biggest turnout is usually the winter months because nobody wants to be out in the cold."

White said the main purpose of the USO is to allow Soldiers and their families a place to relax and escape for a short amount of time.

"I've met some people who were new that didn't believe this place was that big and that they could come in and literally relax," he said. "During the week, we have Soldiers that come in, sit down and kick back to relax and go to sleep. That's what the USO is all about. It's for the families, Soldiers, Airmen anyone on active duty and retirees. We try to make them comfortable."

ADVISOR

Security Force Assistance Brigade
The SFAB Recruiting Team
is coming to your location!

Fort Riley- Sept. 26-27

DATE	TIME	LOCATION
26SEP18	1000-1100	Morris Hill Chapel
26SEP18	1300-1400	Morris Hill Chapel
27SEP18	1000-1100	Morris Hill Chapel
27SEP18	1300-1400	Morris Hill Chapel

The SFAB assesses Soldiers for service in more than 60 MOSs and 20 career fields. Interested Soldiers are encouraged to attend information briefs and meet with the SFAB Recruiting Team who can facilitate accession into SFAB.

READY TO JOIN? Submit DA Form 4187 and SF600 to usarmy.knox.hrc.mbx.epmd-sfab@mail.mil. For information contact: (910) 570-9975 or usarmy.bragg.forscom.mbx.g1-ag-sfab@mail.mil

Twitter: @SFAB_Recruiting
Facebook: www.facebook.com/SFABRecruiting

FORT RILEY SPOUSES CLUB

BLOOD, SWEAT AND CHEERS!
Obstacle Course & Luncheon
Thursday, September 27, 2018
10:00 AM- 1:00 PM

Charity of the Month
Veteran Affairs

Location:
Junction City Athletic Training Center
935 E 4th St, Junction City, KS 66442

Vendors
Picnic style lunch
Luncheon Cost \$10
Please Bring your own chairs

<http://www.fortrileyspousesclub.org>

HEROES NEEDED

Hero Care Caseworkers Family Follow Up

Service to the Armed Forces
Fort Riley

Fulfill your passion for supporting our nation's military, veterans and their families by becoming an American Red Cross client services volunteer. No experience or education needed. Make follow-up calls to military families who have received an emergency communications message. Please contact our office at 785-239-1887/1837

American Red Cross

VOLUNTEER-VOLUNTEER-VOLUNTEER-VOLUNTEER-VOLUNTEER

Volunteers are a vital part of any community, especially at Fort Riley, KS. There are many places to work and a wide variety of positions available. Some of the following organizations have limited childcare reimbursement available. Please feel free to use these contact numbers as a point of reference when you are ready to make a difference in the Fort Riley Community, or call, Jane Brookshire, AVCC at 785-239-9974/9435 for more details.

Army Community Service	Jane Brookshire	239-9974
Army Family Team Building	Jane Brookshire	239-9974
American Red Cross (All Medical/Dental/Vet)	Jane Brookshire	239-1887
DFMWR ACTIVITIES		
** Adventure Park		239-2363
** Arts & Crafts Bldg 6918	Marilyn Paras	239-9328
** Auto Skills Shop Bldg 7753		239-9205
** BOSS Program 7867 Normandy		239-2677
** Custer Hill Bowling Center Bldg 7485	Nicole Fountain	240-3591
** Child & Youth Services Bldg 6620	Danitta Brantley	239-4759
** Teen Center 5800 Thomas Dr	Danitta Brantley	239-4759
** Youth Sports Bldg 6620	Brittany Glascock	239-9223
** Gyms		239-2573
** Ft. Riley Library 5306 Hood Dr		239-5305
** Outdoor Recreation	Travis Engle	239-2271
** Warrior Zone Bldg 7867		240-6618
Fort Riley Historical Society	hasfrpresident@gmail.com	784-3874
The Thrift Shop	volunteering.frsc@gmail.com	587-1818
Fort Riley Spouse Club	www.scouting.org	587-1818
Boy Scouts	Facebook: jeftrileygirlsoutinformationpage	http://www.redsmo.org
Girl Scouts	Theresa Guadagno	240-5328/5326
** USO - Fort Riley	Nicole Storm	239-6183
Fort Riley MWR Stray Shelter		
** Evening and/or weekend hours available		
COMMUNITY ORGANIZATIONS		
Big Brother/Big Sister	132 N. Eisenhower Dr. Junction City	238-1650
	519 Pierre St. Manhattan	776-9575
Habitat for Humanity	811 N. Washington St. Junction City	238-3126
	727 Poyntz Ave. Manhattan	537-7545
Salvation Army	308 Poyntz Ave. Manhattan,	539-9399
FORT RILEY SCHOOLS, PTA, SITE Council, Room Parent, Special Projects		
Fort Riley Elementary		717-4450
Fort Riley Middle School		717-4500
Jefferson Elementary		717-4550
Morris Hill Elementary		717-4650
Seitz Elementary		717-6500
Ware Elementary		717-4600
POST CHAPEL		
Directors of Religious Education	Dr. Townsend	239-0875
Directors of Religious Education	Roxanne Martinez	240-1443
To volunteer at Chapels listed below contact Directors of Religious Education		
St. Mary's Chapel	Main Post Chapel	Morris Hill Chapel
Kaupana Chapel	Victory Chapel	Normandy Chapel
Hospital Chapel	Chapel Watchcare	
Protestant Women of the Chapel (PWOC)	rileypwoc@gmail.com	
Catholic Women of the Chapel (CWOC)	fortrileycwoc@gmail.com	

Please contact your Battalion for Family Readiness Group volunteer opportunities.

07/26/2018

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WiiWEDNESDAY
Every Wednesday, 6pm

POKER TOURNAMENT
Every Thursday, 6pm

ANIME CLUB
Every Saturday, 5pm
(All Day Anime First Sat of every month)

DUNGEONS AND DRAGONS
Every Sunday, 1pm

POOL TOURNAMENT
Every Friday, 6pm

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Reconnection Workshops

Helping Military Families
Readjust to Civilian Life



Reconnection Workshops is a free and confidential program from the American Red Cross that helps military members, veterans and their families returning home, to friends, jobs and their communities. Skill-enhancing modules are offered in small groups, and participants can choose from a variety of topics, such as:

- Dealing with stress
- Coping with depression
- Communicating clearly
- Learning good health habits
- Managing conflict
- Supporting children

Reconnection Workshops are open to active duty service members, including National Guard and Reservists, as well as veterans, families and friends. To schedule or attend a workshop, please visit redcross.org/reconnectionworkshops, or email reconnection@redcross.org.

American Red Cross

Fort Riley - Central Kansas Chapter



AUSA



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| BHS Construction, Inc. | KS State Bank |
| Briggs Auto Group, Inc. | Landmark National Bank |
| Builders Inc. | Manhattan Area Chamber of Commerce |
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| Central National Bank | Mathis Lueker Real Estate |
| Charlson & Wilson Bonded Absracters | Navy Federal Credit Union |
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| City of Junction City | Pottberg-Gassman-Hoffman, CHTD |
| City of Manhattan | Re/Max Destiny Real Estate |
| Community First National Bank | Reed and Elliott Jewelers, Inc |
| Crest Quarry Properties, Inc. | Shilling Construction Company, Inc. |
| Faith Furniture Store | Shop Quik Stores, LLC |
| Geary Community Hospital | Sunflower Bank |
| Geary County Board of Commissioners | The Manhattan Mercury Ultra Electronics ICE, Inc |
| Godfrey's Indoor Shooting & Archery Ranges, LLC | Upper Iowa University |
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Help Wanted 370

District Manager

The Junction City Daily Union is currently looking for a District Manager in the Circulation Department. Duties include working with carriers of all ages, delivering routes as needed, increasing circulation through sales and promotions, and assisting customers. Must be able to work independently and have strong people and communication skills. Reliable transportation required. Afternoon, Evening and Sunday hours.

This is a full-time salaried position with a competitive benefits package.

Applications accepted at: 222 W 6th St Junction City

The Junction City Daily Union is looking for an independent contractor for newspaper delivery in the Chapman area. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact Bonnie at (785) 776-8808, ext 260 for more information.

The Junction City Daily Union is looking for an independent contractor for newspaper delivery in the southwest side of Junction City. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact Bonnie at (785) 776-8808, ext 260 for more information.

The Manhattan Mercury is looking for an independent contractor for newspaper delivery in the Junction City, Clay Center, Green, and Wakefield areas. Reliable transportation, valid driver's license and insurance, and a phone number are required. Contact The Manhattan Mercury at (785) 776-8808.

Misc For Sale 530

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Help Wanted 370

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su | do | ku

	6			3				
7			4			1		
			1			5	3	
4					2		8	
			8					
9		4		6				1
		3	1	5				
5	2	9					6	
								9

Level: Advanced

What Is su | do | ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order
- Every column of 9 numbers must include all digits 1 through 9 in any order
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

6	9	4	7	3	8	1	5	2
8	5	2	1	4	9	6	7	3
1	3	7	5	6	2	8	9	4
5	7	6	3	2	1	9	4	8
9	2	1	4	8	5	7	3	6
4	8	3	6	9	7	2	1	5
7	1	8	2	5	3	4	6	9
3	6	9	8	1	4	5	2	7
2	4	5	9	7	6	3	8	1

REPORTER NEEDED

The Junction City Daily Union has an immediate opening for a reporter who can build sources and dive into local issues. Duties include general assignment, feature writing, coverage of local government boards and copy editing.

The successful candidate will have sharp reporting instincts, outstanding news judgment, an ability to report and write quickly in a fast-moving atmosphere. A curiosity about the community and its people is vital.

This person must have the ability to work productively in a team setting.

The person must be aggressive and adept at setting priorities and reordering them as needed, particularly under deadline pressure or as circumstances change. The person should have strong writing and editing skills, and experience with Multimedia journalism is a must. We use video and social media to tell our stories.

Send resume with references and writing samples to Editor Shane Ersland by email at editor@jcdailyunion.com (put reporter position in the subject line)

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Applications may be submitted at your local KansasWorks office or online at www.localjobnetwork.com - search for Camso!

JOIN US WHERE THE ROAD ENDS.



Sp. Shell starts to get ready for Halloween as he checks out area pumpkin patches and corn mazes, check back next week for all the spooky details.

Travel & Fun in Kansas

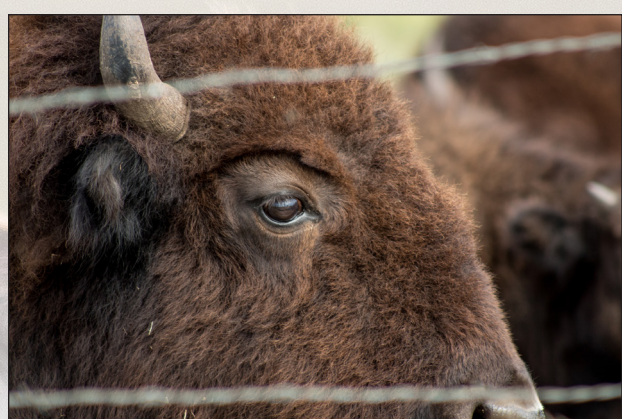
★ SEPT. 21, 2018

HOME OF THE BIG RED ONE

PAGE 16 ★

Slick off the city, ride the prairie on area ranches

Longhorn cattle roam the pasture land around the Flying W Ranch in Cedar Point. The ranch is the home to 11 dogs, 65 horses, 300 longhorn cattle, 11 buffalo and three donkeys



A small herd of bison reside at the Flying W Ranch in Cedar Point, Kansas. The herd is part of the petting zoo visitors can interact with.

Story and photos by Téa Sambuco
1ST INF. DIV. POST

According to kansalivingmagazine.com, “A rancher is more than the open range. Being a rancher is more than a horse, saddles, ropes and jeans. Ranching is his passion for being in the pasture despite a relentless sun beating down on him under the shelter of his brimmed hat.”

Ranching is a lifestyle in Kansas. People like Josh Hoy, a fifth generation rancher and owner of the Flying W Ranch, are sharing that lifestyle with the public. Today, families and individuals all over Kansas can be included in the ranching experience without owning a single cow.

FLYING W RANCH
1515 G ROAD
CEDAR POINT



Josh Hoy leads one of his 65 horses to pasture on the Flying W Ranch.

The Flying W Ranch began in 1996 when Hoy and his cousin purchased 7,000 acres, which today is home to 11 dogs, 65 horses, 300 longhorn cattle, 11 bison and three donkeys, Hoy said.

The Flying W has a guest ranch where personal cabins are available to rent and attract a few thousand temporary inhabitants every year. The cabins are furnished in a western style and include Wi-Fi.

While staying a night or two in a cabin is great, Hoy said guests can participate in many outdoor activities. The ranch offers horseback riding, fishing, hiking and the opportunity to take part in an all-day cattle drive each weekend.

There are several events scheduled throughout the year, explained Gwen Hoy, Josh Hoy's wife. One being the moonlight event, where guests eat dinner, enjoy entertainment and then go on a wagon or horseback ride



Horses roam from the corral at Flying W Ranch toward an adjoining pasture.

under the moonlight. They will be hosting stargazing in the near future where an astronomer will lead guests through an adventure of the night sky. Guests can also take a cemetery hay ride.

MOORE LONGHORN RANCH
PROTECTION

Open to the public since 1998, Moore Longhorn Ranch, according to moorelonghornranch.com, invites guests to experience the ranching lifestyle with them. Guests awake to a home-cooked breakfast, then start the day by helping saddle horses.

Guests at the Moore Longhorn Ranch, the website said, can then ride the ranch horses, monitor wildlife over the prairie, rope a calf and brand a longhorn. After supper, one can relax by the fire under a star lit night sky.

Moore Longhorn Ranch also offers cattle drives. Cattle drives may be two or three days and anywhere from 11-35 miles long. Guests sleep under the stars or inside a teepee and eat their meals from a chuck wagon.

LAZY T RANCH
2103 ZEANDALE ROAD
MANHATTAN

The Lazy T Ranch in Manhattan, “provides fun farm experiences for the whole family, with hundreds of acres of native tallgrass prairie to explore with incredible views over the Kansas River Valley and the Manhattan area,” said the lazytranchadventures.com website.

Stephen Wilson, the son of Chris Wilson, owner of the Lazy T Ranch, said the ranch is home to many festivals and events.

Following their German heritage, the Wilsons host an Oktoberfest and a Schnitzelfest, which are open to the public. Ger-

man beer and food are served, with a heavy emphasis on schnitzels during Schnitzelfest.

The Lazy T Ranch is also open to overnight guests in their bed and breakfast, Wilson said. There are six rooms for rent, averaging \$80 per night.

Among its many festivals and events, Wilson said the ranch has several fun family activities, such as laser tag and a petting zoo. Children can take home their own personal pet by picking out and stuffing a plush toy.

Perhaps one of the larger events that take place on the Lazy T Ranch, Wilson said, are weddings. There are three wedding destinations to choose from, two overlooking a valley and one which is surrounded by flowers in the spring. The Lazy T also offers wedding catering if needed and the use of their reception hall.

MORE AREA RANCHES TO VISIT:

THE RED ROCK GUEST RANCH
WWW.THEREDROCKGUESTRANCH.COM

PILGRIM RANCH RETREAT
WWW.PILGRIMRANCH.COM

GYP HILLS GUEST RANCH
WWW.GYPHILLSGUESTRANCH.COM

CIRCLE S RANCH AND COUNTRY INN
WWW.CIRCLESRANCH.COM

C&W RANCH BED AND BREAKFAST
WWW.CWRANCH.COM



Looking east over the Flint Hills from one of the fields at the Lazy T Ranch.



The Petting Zoo at the Lazy T Ranch is open to all and home to many different farm animals.