HOME OF THE

THE 1ST INFANTRY DIVISION POST

FRIDAY, AUG. 31, 2018

FORT RILEY, KANSAS

Fort Riley, Manhattan sign first of its kind agreement for salt



City of Manhattan, Kansas, mayor Linda Morse and Fort Riley Garrison Commander Col. Stephen Shrader, sign an Intergovernmental Support Agreement during a ceremony held in the Manhattan city council chambers Aug. 21. The agreement allows for the joint purchase of salt for winter road clearing.

Photo and story by Kimberly Green 1ST INF. DIV. POST

In an unprecedented event, the city of Manhattan, Kansas, and the U.S. Army Garrison Fort Riley entered into a five-year commodity agreement that commits the City of Manhattan to purchase the salt that will be used on Fort Riley's roads during severe winter weather.

Manhattan City Mayor Linda Morse and Fort Riley Garrison Commander Col. Stephen Shrader signed the Intergovernmental Support Agreement Aug. 21 in Manhattan fallowing the Aug. 7 city commission meeting that gave the city the green light.

In exchange for their services, Fort Riley will pay Manhattan for procuring the salt in bulk and allow Manhattan to store their salt reserves in a building on Fort Riley, saving the city money

See PARTNERSHIP, page 7

'Pacesetter' leads the way in Special **Recruiter Assistance Program at Fort Riley**

By Sgt. 1st Class Victor Gardner 1ST INF. DIV. SUST. BDE. PUBLIC AFFAIRS

Sgt. Tyler Martin, chemical, biological, radiological, nuclear noncommissioned officer, 24th Composite Transportation Company, 1st Infantry Division Sustainment Brigade, was among the first wave of Soldiers from Fort Riley to participate of a Department of Defense initiative — the Special Recruiter Assistance Program — from June 23 through July 24 in Monson, Massachusetts, in order to provide a homegrown face to a town with possible military recruits.

The SRAP brings a total of 3,000 Soldiers to recruiting stations across the nation. Each Soldier spends 30 days supporting local outreach efforts to create awareness of the Army lifestyle and career opportunities in an area where they have lived, worked or have a significant personal tie.

According Maj. Gen. Jeffery Snow, U.S. Army Recruiting commanding general, about 50 percent of youth today admit to knowing little about their own nation's military and even struggle with naming all the services. This is where SRAP and Soldiers like Martin come

Martin learned of the opportunity to be close to home and try something that was new to him; recruiting. Or, as Martin puts it, "learning about a new person's story with every encounter."

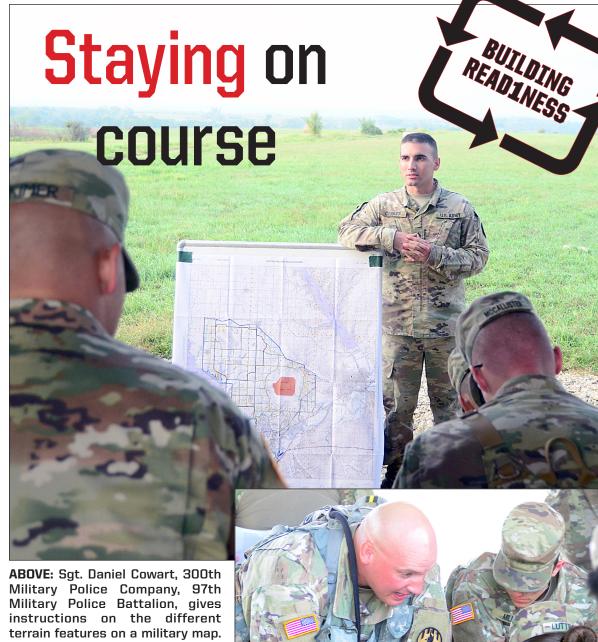
"I'm not really nervous about talking to other people but that's when we are all in the same shop," Martin said. "I really didn't know what I was getting into. I just knew that I was going to be home recruiting. I went in not knowing too much about recruiting but I decided to do it."

Martin was one of 20 Soldiers from the 1st Inf. Div. Sust. Bde. to interview with the Command Sgt. Maj. Matthew Majeski, the brigade's senior noncommissioned officer, for this opportunity. He says the turnaround time for his selection was very fast.

"I wasn't expecting much to happen but I got a call to go in and speak with (Majeski) during a four day (weekend)," Martin said. "I talked with the command sergeant major and he told all of us to stay flexible and he would be in touch.

"I didn't think much about it and when I told my wife she didn't think it was going to happen. A few days later I get a call and told I'm headed out in a few days. It was like an eight-day turnaround from the time I talked with Command Sgt. Maj. (Majeski) and me being on a flight home."

See RECRUITER page 7



INSET: Sgt. Zach Kattner, 300th MP Co., 97th MP Bn., tells Soldiers how to properly plot points on a military map. Military Police

refresh land navigation skills

Story and photos by Will Ravenstein 1ST INF. DIV. POST

The members of 1st Platoon, 300th Military Police Company, 97th Military Police Battalion, studied the Fort Riley maps before setting out on the Land Navigation Course Aug. 20.

Prior to setting out on foot, the 20 members refreshed their skills by learning the terrain features, how to properly plot points on a map using the Military Grid Reference System and confirmed their individual pace count.

The purpose of the training was two-fold, according to 2nd Lt. Clayton Gubler, platoon leader, 1st Plt., 300th MP Co.,

"First platoon just got a brand-new influx of new Soldiers, about half of my Soldiers — this is their first duty station, fresh out of basic," he said. "They just got here. We had a large influx in the last six or seven weeks. So this is really important for my noncommissioned officers and myself to train those skill-level

"It's a good learning experience from a Soldier's perspective," he added, "and it's a good starting point for my NCOs to start learning where their brand-new Soldiers are and what they need to train on — what their strengths and weaknesses are. Training like this is extremely important and very valued."

For acting 1st squad leader, Sgt. Zach Kattner, the lessons learned are important because electronics sometimes fail when they are needed the most.

See NAVIGATION, page 7

Shots Fired: Reacting to simulated active shooter

By Capt. Ed Alvarado 19TH PUBLIC AFFAIRS DETACHMENT

CAMP BONDSTEEL, Kosovo — What started as a typical morning for Soldiers of the Multi-National Battle Group-East quickly changed to a scene of confusion and panic as the sounds of gunfire echoed inside the dining facility at Camp Bondsteel, Kosovo, Aug. 23.

Though the active shooter scenario was simulated, the unannounced event displayed the importance of realistic training for bystanders and the first responders from the military policemen of the 977th Military

Police Company, 97th Military Police Battalion, from Fort Riley, and organizations at Camp

Bondsteel. "The exercise on Camp Bondsteel is testing the response capabilities of emergency responders and subordinate units to an active shooter," said 1st Lt. Anthony Sinagoga, commander of the MP Detachment and MNBG-E Deputy Provost Marshal. "The exercise has two major components eliminate an active shooter while protecting those in harm's way to test how fast emergency responders can assist, and provide care to those

injured in an attempt to preserve life."

The usage of blanks and Simunition® rounds during the exercise added to the realism of the training, Sinagoga said.

"Using Simunition" rounds creates a more realistic exercise; it allows my MP patrols to test the tactics, techniques and procedures they have for responding to a shooting incident and allows me to evaluate how they apply the training," Sinagoga, a native of Imperial, Pennsylvania, said. "The more realistic a training event can be, the more serious Soldiers will take it and prepares them if it becomes a real world event one day."

The training also demonstrated the importance of coordination with the many first response organizations on Camp

Bondsteel. "The importance of working with other entities on Camp Bondsteel is crucial to making this exercise beneficial," Sinagoga said. "Active shooters not only involve military police it involves medical units, our force protection contracting company, fire/emergency medical services and even explosive ordnance disposal. The scenario allows every unit to evaluate their part in the exercise."

See SHOOTER, page 7

WHAT'S IN THIS ISSUE



CLOUDS OF COLOR PERMIATE ARE AROUND OUTDOOR **ADVENTURE PARK AND TRAVEL** CENTER

FORT RILEY CELEBRATES BACK-TO-SCHOOL WITH RUN IN COLOR EVENT

SEE PAGE 9

ALSO IN THIS ISSUE



THE FAMILY THAT ROWS TOGETHER. **GETS WET TOGETHER.**

SEE PAGE 12

ALSO IN THIS ISSUE



SPC. SHELL TAKES THE TRIP TO **HUTCHINSON TO SEE SPACE, SALT MINES AND ACRES OF FLOWERS**

SEE PAGE 16

2 | AUG. 31, 2018 HOME OF THE BIG RED ONE

CHANGE OF COMMAND

Sgt. Wallace Bonner | 2nd ABCT
Public Affairs

ABOVE: Command Sgt. Maj. Craig A. Copridge, right, former senior enlisted advisor, 2nd Armored Brigade Combat Team, 1st Infantry Division, passes the brigade colors to Maj. Gen. John S. Kolasheski, 1st Inf. Div. and Fort Riley commanding general, who then passed the colors to Col. Anthony T. Murtha. Left: 2nd ABCT commander, during an assumption of command change responsibility ceremony at Victory Park, Fort



and said that the first division's loss was the Army's gain as Copridge heads to his next assignment at Fort Leavenworth

SOLDIERS' MONEY

Riley, Kansas, Aug. 17.

Kolacheski welcomed

Murtha as a returning

"Big Red One" Soldier

Army Community Service host weekly classes to help become financially savvy

by Kimberly Green 1ST INF. DIV. POST

"When it comes to talking about money — it is taboo," said James Wade Army Community Service financial trainer and instructor of Money Management 101.

Talking about money, or more importantly talking about how to develop a healthy relationship with money, is exactly what Wade and the other financial trainers at ACS are trying to do for Soldiers with classes like Money Management 101.

The class is offered every Wednesday morning at ACS at 9 a.m., and covers a broad range of financial topics such as basic budgeting, credit repair, investing, credit cards, personal loans and banking.

"We have a lot of Soldiers who are financially struggling, not just here at Fort Riley but throughout the military, and even though they get an eight-hour course coming out of Advanced Individual Training, a lot of Soldiers, during that time, are struggling to stay awake, and it's a lot of information to take in in one sitting," Wade said. "What we like to do [at ACS] is set up classes — various classes — that offer information on anything that has to do with a dollar sign. We highly encourage Soldiers to attend the Money Management 101 class first because that's the foundation. We start with the basics and we go from there."

Wade said his job teaching Money Management 101 is to educate Soldiers on how to identify their money goals and put them on a plan that works to make them successful which isn't always an easy task. And while military families face some financial obstacles that others don't, Wade feels having realistic financial goals is what is best for everyone regardless of whether or not they serve in the military.

"Money is neutral," he said.
"When you have financial problems within the military, you have the same types of financial problems outside."

Most Soldiers come into the military with little to no credit, and according to Wade, the sudden freedom of a steady paycheck and a predictable job leads some to make poor financial choices.

"If you're a young kid right out of high school and you get

to your new duty station, let's say that is Fort Riley, and then all of a sudden you need a car to get around," he said "So, what is the first thing that you do? You rush out and set foot on the first dealership, and next thing you know, you're not doing any type of homework, and you're getting raked over the coals financially with high interest rates and what not."

Living within one's means is an important lesson Wade teaches Soldiers who come to the class.

"It always comes back to money management," Wade said. "If a Soldier deviates from his financial lane then they are definitely digging themselves into a hole or starting to ... often times you have a young kid with a young mentality going, 'I want a cool, fast race car,' when, technically, he needs a minivan. And he doesn't think that way and he gets himself a \$700 monthly car payment, and we're talking just a car payment, not insurance, fuel or everyday living expenses. All of this adds up ... We're trying to educate them before they go out

and make these big mistakes."

Wade said most people, including Soldiers, receive no type of money management mentorship before they become adults. Their ideas on how to spend money can be very different from their roommates or future spouses. Wade believes that a Soldier's upbringing has a large part to play in how they use their money and the misuse of money can cause significant stress in their daily lives

stress in their daily lives.

"It's just that each case is unique in separate ways," Wade said, "Your financial upbringing is totally different than the way I was brought up... that's why the number one reason for divorce is money. It has been and probably always will be. Why? Because you come into a relationship with different values and beliefs, in regard to money. Not to say that one is right, or one is wrong or vice versa ... it's just different beliefs."

Where there is financial stress at home there is a problem with Army readiness and not being able to make scheduled loan payments can cause Soldiers to lose their security clearances and ultimately their jobs, Wade said.

See MONEY page 6

'Demon' Soldier wins Best Medic

By Sgt. Patrick Jubrey 1ST CAB PUBLIC AFFAIRS

Soldiers from the 1st Infantry Division competed in a four-day Fort Riley Best Medic Competition Aug. 14 to 17. The competition covered everything from medical evacuation to military mountaineering. Staff Sgt. Jeremy Leach, combat medic, Headquarters and Headquarters Company, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, came out on top as the 1st Infantry Division's best medic.

This medic competition was to see who will represent the 1st Infantry Division at the Army Best Medic Competition. In order to compete in this competition, Soldiers had to have obtained an Expert Field Medical Badge or Combat Medic Badge.

Twelve Soldiers from the "Demon" brigade qualified for the event. The CAB chose to send Staff Sgt. Leach and Staff Sgt. Richard Aguilar, flight medic, Company C, 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st CAB, to represent the brigade in the division competition.

The competition was designed to keep the medics on their toes. Anything could be thrown at them — the events weren't announced until the day they were to happen.

"In the beginning you get into a mindset of 'I'm here to win,'" Leach said. "As it goes on, you begin to get into a zombie motion where you are fatigued, but you continue to push. You are in your battle rhythm."

The events took place throughout Fort Riley.

"We were everywhere, from Camp Funston where we did a few events to ranges 2 and 3 for marksmanship, then to Medical Simulation Training Center and little bit of everywhere," Leach said.

Toward the end it was getting tougher, mentally and physically, Leach said. Fighting for first place every day was not an easy task. One of the events consisted of the medics completing a ruck march with 65-pound ruck sack.

"This was my toughest area, going four miles up hill to start," Leach said.

"It played mind games with you, thinking 'if this is the start, what else is there?"

The competition was open to enlisted and officers alike.

"Competing for the Fort Riley Best Medic team is a feat in itself," said 1st Lt. Christina Thompson, brigade medical operations officer, Headquarters and Headquarters Company, 1st CAB, 1st Inf. Div. "Medics are pushed to their physical and mental limits, and must dig deep for the intestinal fortitude and mental toughness they have spent their careers building on. All competitors walk away stronger and more competent, regardless of the outcome of the competition."

This competition was also a learning experience for the Soldiers. Leach learned from other medics competing and even more about himself during this competition.

There are situations where the medics had to become innovative.

"There definitely were moments when I was looking at other medics and I thought to myself, 'I never thought of doing it that way,'" Leach said. "We did a CBRNE lane and I saw some areas with just soldiering task that I need to work on."

Leach took first place, and Sgt. Ian Thompson from Charlie Company, 299th Brigade Support Battalion, 2nd Armored Brigade Combat Team, 1st Inf. Div., took second place. As a team they will move on to compete in the ABMC at Fort Sam Houston, Texas, Sept. 15-20, representing the "Big Red One."

"The ABMC, alongside the Expert Field Medical Badge Competition, is one of the most coveted, prestigious and revered competitions for a health care professional to attend," Thompson said. "He will be alongside the absolute best of the best medics in the United States Army. He will spend at least 72 hours straight with minimal sleep in the punishing competition that will test medical proficiency and leadership. He will be proudly representing the 1st Combat Aviation Brigade and the Division. Infantry say it is an honor he will be representing us is an understatement.'





Sgt. Elizabeth Jones | 19th PAD

Staff Sgt. Jeremy Leach, combat medic, Headquarters and Headquarters Company, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, won the four-day Fort Riley Best Medic Competition Aug. 14 through 17. Leach will represent the Big Red One at the Army Best Medic Competition at Fort Sam Houston, Texas, Sept. 15 to 20.

'BRO' SPOTLIGHT SPC. DYLAN WILLIAMS



Spc. Dylan Williams has proven himself instrumental to Company B, 601st Aviation Support Battalion, 1st Combat Aviation Brigade, 1st Infantry Division

gade, 1st Infantry Division.

Working in the platoon office, he has improved processes and increased effi-

ciency through exceptional organization and computer skills. Additionally, he recently volunteered for a Friday afternoon AH-64 engine flush.

After procuring the necessary equipment and flush cart, he continued to assist, ensuring the aircraft did not remain non-misson capable over the long weekend.

Williams enforces tough standards of discipline and already operates with the discipline and responsibility of an noncommissioned officer.

Williams' leadership, disciplined initiative, and positive attitude highlight the impact of empowered young leaders on a unit's operational success and standards.

GARRISON SPOTLIGHT JERRICA ROACH



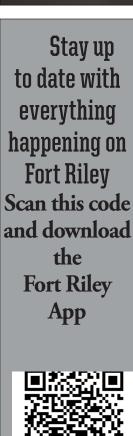
Jerrica Roach serves as an Education Services Guidance Counselor for Fort Riley.

In addition to providing first-rate education counseling to Soldiers, family members and civilians, she generates exceptional education products that reach the entire installation.

Roach composes the monthly Education Services newsletter which is distributed to Soldiers and directorates across Fort Riley.

She recently contributed her graphic arts technical skills to improve this newsletter's quality, and continues to develop other products that advertise events and programs through Education Services. Her written articles and presentations on new Tuition Assistance opportunities are briefed to all Soldiers new to Fort Riley.

Roach's selfless contribution of her time and expertise strengthens the Soldiers and families of the Big Red One, providing both immediate and lasting contributions to their opportunities during and after military service.





Precise weather information is what Fort Riley weather team provides

Story and photos by Andy Massanet 1ST INF. DIV. POST

A collection of offices alongside the Marshall Army Airfield flight line is where the Air Force, Detachment 2, 3rd Weather Squadron, ply their profession.

Commanded by Air Force Maj. Eric W. Miller, with Senior Master Sgt. Anthony Danner as the senior noncommissioned officer, the Det. 2, 3rd WS team is comprised of two officers and 30 enlisted professionals.

In these modest offices the low profile of this unit belies their comprehensive mission to support both Soldier training and garrison safety measures, Danner

"I lot of people don't know that we exist," Danner said. "Also, we're Air Force on an Army installation. But we definitely spend a 24-7 amount of effort to make sure Fort Riley is notified and aware of the weather that's coming their way. And if anybody has any questions or just curious about the processes we use, they are more than welcome to get in touch with us."

added Danner he'd just as soon the local residents on the post did call the detachment.

"We are definitely better than Accuweather, or weather.com," he said.

The mission of Det. 2, 3rd WS includes supporting flight operations, providing weather forecasting and observation teams for the Army in a tactical environment and supporting garrison efforts to mitigate the effects of major weather events.

"They, (units of the 1st Infantry Division) are doing NTC now (National Training Center at Fort Irwin, California) so we are spending a lot of time supporting that," said Staff Sgt. Daniel Webb, a staff weather forecaster. "I'd say right now its 75 percent supporting aviation. But aviation is always our biggest customer."

In an adjacent office is Senior Airman Jeffrey Stewart, the staff weather officer for the day. The phone rings.

"It's been very busy this morning," Stewart says.

It is about 10 a.m. and Stewart had already provided 11 of what Air Force weather professionals call 'dash-one briefings.

Short for Department of Defense Form 175-1, dash-ones can be given face-to-face with the aviators, or over the phone. They are flight weather briefings that give Army aviators a wide range of information: temperatures, wind speeds, precipitation, severe weather data, solar and lunar data, turbulence and icing data, freezing levels as well as technical information aviators need to fly safely.

The dash-ones are tailored to a specific flight, which may involve training in the local area or journeys across the nation.

According to Webb, the Det. 2, 3rd WS forecast team had given briefings for flights to the southwest and NTC.

"Those flights were going to New Mexico, Arizona then on the Fort Irwin,"

United States Air Force Senior Airman Jeffrey Stewart, works as the Staff Weather Officer for the day for the Air Force, Detachment 2, 3rd Weather Squadron. The Det. 2, 3rd WS team provides comprehensive weather information for both flight and ground operations, as well as garrison support.

Webb said, adding that the briefings are tailored to cover specific legs of the flight.

When it comes to support of the post, Chris Yeazell, a retired forecaster and long-time civilian at Fort Riley, said it starts daily with a 4 a.m. forecast.

'We issue a daily email at that time and it covers a 60-miles radius around Fort Riley," he said. "And we will issue that every eight hours during inclement weather."

From the point of view of the garrison, specifically the Directorate of Plans, Training, Mobilization and Security, the contributions to the overall plan for dealing with severe weather year round are invaluable.

2nd Weather "The Detachment provides 24/7/365 support to the Installation through both weather desk functions and on-call forecasters for Severe Weather Action Plan support," said Clay Nauman, Plans and Operations Chief for DPTMS. "They closely monitor severe conditions during all seasons, providing advanced warnings for weather conditions such as blizzards, ice storms, heavy rain, flash flooding, hail, severe winds and tornadoes."

That support allows for timely notification of senior leaders, Nauman said.

"Their support enables the Fort Riley Operations Center and DPTMS Range Operations to provide early notification to senior leaders, units training and individuals so decisions can be made to mitigate the impacts of the weather. The installation would not be

able to provide the level of support we do without the teamwork and assistance of the 2nd Weather Detachment.

Danner welcomes calls by post residents to the weather office. However, all are advised not to call the weather station for road conditions. That information can be received at 785-239-6562 or toll free 866-562-7319 for an automated

All other questions can be answered at the weather offices by calling 785-239-6562.

September highlights emergency planning; commissary patrons can save on critical supplies

By Kevin L. Robinson

DECA PUBLIC AFFAIRS SPECIALIST

FORT LEE, Va. - Last year was a record-setting year for bad weather in North America with 10 hurricanes - six of which were category three or higher - wreaking havoc on the millions of people caught in their

With grocery stores overrun by panic-stricken customers caught in the storms' melee, many people struggled to get muchneeded supplies. National Preparedness Month in September is a reminder of how important it is to plan for emergencies - natural or manmade - before they occur.

"A crisis can occur at any time, and National Preparedness Month reminds us to plan for an emergency before it happens," said Tracie Russ, DeCA's director of sales said. "We want

to reinforce to the military community that their commissaries and exchanges are benefits that save them money as they prepare their survival kits.

From April through Oct. 31, DeCA's severe weather preparedness promotional package is offering various items for those survival kits at reduced prices. This package includes: beef jerky and other assorted meat snacks, soup and chili mixes, canned goods, powdered milk, cereals, batteries, airtight bags, weather-ready flashlights, tape (all-weather, heavy-duty shipping and duct), first-aid kits, lighters, matches, lanterns, candles, hand sanitizer and antibacterial wipes. Specific promotional items may vary from store to store.

The theme for this year's National Preparedness Month is "Disasters Happen. Prepare Now. Learn How." The month is separated into four activities: Sept. 1 through 8 - make and practice your plan; Sept. 9 to 15 - learn lifesaving skills; Sept. 16 to 22 – check your insurance coverage; and Sept. 23 through 29 – save for an emergency.

Generally, emergency preparedness officials suggest having a disaster supply kit that includes the following items:

- Water at least one gallon daily, per person (three-day supply for evacuation, two-week supply for home) Nonperishable
- foods - canned meats, fruits, vegetables, dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola, peanut butter, and foods for infants and the elderly (three-day supply for evacuation, two-week supply for home)
- Paper goods writing paper, paper plates,

paper towels and toilet paper

- Cooking items pots, pans, baking sheets, cooking utensils, charcoal, a grill and a manual can opener
- First-aid kit including bandages, medicines and prescription medications
- materials Cleaning bleach, sanitizing spray, and hand and laundry soap
- Specialty foods diet and low-calorie foods and drinks
- Toiletries personal hygiene items and moisture wipes
- Pet care items food, water, muzzle, leash, carrier, medications, medical records, and identification and immunization tags
- Lighting accessories - flashlight, batteries, candles and matches
- Battery-powered

hand-crank radio (NOAA weather radio, if possible)

- Duct tape, scissors • Multipurpose tool
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/ lease to home, passports, birth certificates and insurance poli-
- Cell phone chargers

cies)

- Family and emergency
- contact information Extra cash • Emergency blanket

Dear Owner

- Maps of the area · Blankets or sleeping

Commissary patrons can go to commissaries.com for web links to a variety of disaster preparedness resources.

For more information about National Preparedness Month, go to Ready. gov where there are also links to more resources such as the Hurricane Seasonal Preparedness Digital Toolkit. Military families can also find information on emergency procedures specific to their service.

Crime Tips system goes digital

QUANTICO, Va. — The Army community and American public now have the ability to use their computers and smartphones to submit tips about crimes, suspicious activity or threats to the U.S. Army's Criminal Investigation Command via a new digital crime tips system.

The CID crime tips system recently transitioned to a web-based and smartphone app submission method. The public can access the system via any Internet-connected device by visiting, www.cid.army. mil/. In addition to the web interface, the app is for submission of tips and is available for free download from the Apple Store and Google Play at www. p3tips.com/app.aspx?ID=325.

According to CID's implementation project manager, Special Agent Christopher L. Adams, the new system provides users a safe, secure and anonymous method to report criminal activity and security threats without concerns of retaliation or fear. He explained that whenever a person submits a tip online, the completed form is securely transferred directly to Army CID through a Secure Sockets Layer connection, which means that the tips are encrypted, entirely confidential and completely anonymous. Users can also attach

images, videos and documents with their tips.

"This new system is the ideal solution for 'tipsters' to report criminal activities or suspicious activity anonymously," Adams said. "Tips received will be seamlessly assigned to various units for further investigation. Additionally, persons providing anonymous tips will have the ability to communicate with the CID Agents. After submitting a tip, a tip reference/ID number is created that allows the tipster to create a password to check the status of the submitted tip or check on the status of a reward — if applicable. So do not misplace your ID number, as it will be needed to check on the status of your tip."

There is also the multi-language feature for global use that allows tips to be auto-converted into English on the backend regardless of what language they were submitted. Tips will be responded to in English and autotranslated back to their source language during the two-way dialog process.

According to Christopher Grey, CID's spokesman, the previous methods of reporting a crime to CID will remain in effect until the new Crime Tips System is fully implemented.

"It is critical for people to say something when they see something and it literally can mean the difference between someone receiving the justice they deserve or victimizing another innocent person," Grey said. "Although we prefer people with information to use the new digital Crime Tips system, they

can still report a crime through our current methods until these methods are phased out within the next 60 days: contact your local CID office, contact 1-844-ARMY-CID (844-276-9243) or email CID at Army. CID.Crime.Tips@mail.mil."



Growing Community Hiring Electric Lineman

The City of Sterling (pop.2,500), located in Central Kansas along K-14/K-96, is accepting applications for an Electric Lineman. Home to Sterling College. The City of Sterling Municipal Electric Utility is known for its high standards in service delivery.

SALARY: DOQ. Competitive salary. Excellent Benefits/Retirement. Sign-

POSITION INFORMATION: Experience preferred. Will train right person. If not previously obtained, individual must complete City apprentice requirements and make progress toward journeyman. Team work, organizing, planning and receiving instruction a must. Major duties include metering, various distribution construction, equipment operation, distribution and substation maintenance and planning.

APPLY: Application, resume, and three work-related references to twall@sterling-kansas.com or P.O. Box 287, Sterling, Kansas 67579. EOE. Information about the community and application at www.sterling-kansas.com. Selected individual at the discretion of the City Manager.





ACCESS CONTROL POINT HOURS

TRAFFIC REPORT

Those with a valid DOD ID card, or who have an access pass or badge, wanting access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit www.riley.army.mil.

The access control point hours are:

Henry/Trooper/Ogden/Estes:

Open 24/7. Commercial traffic at Estes is required to have an access pass or badge prior to trying to access. **12th Street:**

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only. Although personally owned vehicles will be allowed access, there is no designated POV lane.

Outbound traffic is not authorized. Badges and passes may be issued to commercial drivers prior to access at the gate.

Grant:

Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

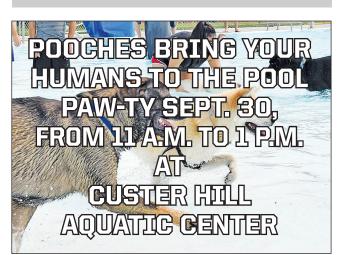
REPAIR PROJECTS

Caisson Hill Road Repair, 1st Division Rd. to Normandy Dr.: Scheduled for Sept. 4 through Sept. 7. Work to be performed during normal working hours.

Seitz Drive Repair, Huebner Rd. to Riley's Conference Center: Sept. 10 through Sept. 12. Work to be performed during normal working hours.

FUTURE PROJECTS CHECK APP FOR MORE DETAILS

The Trooper ACP will be closed Sept. 4 through 24 from 7 p.m. to 5:30 a.m. Trooper ACP will only be open from 5:30 a.m. to 7 p.m., Monday through Friday during this time.





ASK DR. JARGON

Documentary left parent seeing stars

Hello Doc Jargon:

I was watching a program on General Douglas MacArthur and the narrator referred to him as a "five-star general." My son heard this and asked me what a five-star general is. I have to plead ignorance and his father is deployed. Can you help?

Signed,

Military Parent

Dear Military Parent,

A five-star general is called general of the Army and ranks immediately above an Army general who wears four stars. He is equivalent to a Navy fleet admiral and a general of the Air Force. Someone who

earns this rank is a Soldier and leader who has gained preeminence during a time of war. He is also equal to a field marshal in European

However, the rank did not always exist in our American military structure. During the American Civil War, the four-star general grade was referred to as a General of the Army. Ulysses S. Grant was such an officer, as was William Sherman and Philip Sheridan. However, the title of General of the Army was discontinued after Sheridan's death on Aug. 5, 1888.

The rank of five-star general, or general of the Army as we now know it, was re-established by Public Law 482, 78th Congress, and approved Dec. 14, 1044

The law became permanent on March 23, 1946. Since then, there have been four generals of the Army: the first was George C. Marshall, followed by MacArthur, Dwight D. Eisenhower and Omar Bradley.

Contrary

many believe, a general of the Army is not the highest rank attainable. That would be the rank of general of the Armies of the United States, and only two men in American history have George attained it: Washington, who was posthumously awarded the honor by Congress in 1976 and John J. "Black Jack" Pershing, who was promoted to the rank after commanding U.S. forces in World War I.



Other five-star general officers in American history were Henry "Hap" Arnold, a general of the Air Force; and Chester Nimitz, William "Bull" Halsey, Ernest King and William Leahy, who were each selected as five-star fleet admirals in the U.S Navy.

Thank you for the question. I hope I didn't leave you seeing stars,

Sincerely,

Doc

Tomb has origins in World War I

David VergunARMY NEWS SERVICE

WASHINGTON -— Although there were unknown Soldiers who died on battlefields throughout U.S. history, the Tomb of the Unknown Soldier had its genesis in World War I.

In 1916, after a British army chaplain noticed a grave marked "An Unknown British Soldier," he got the idea for what would become the United Kingdom's Tomb of the Unknown Warrior. That memorial was dedicated Nov. 11, 1920, two years after the armistice that ended WWI.

The idea took hold and spread among other wartime allies, including France, Italy and the U.S. On Nov. 11, 1921, the U.S. Tomb of the Unknown Soldier was dedicated in Arlington National Cemetery.

Military historian Patrick K. O'Donnell researched the backstory to that dedication, including the stories of the Soldiers who brought the unknown Soldiers' remains to Arlington. He published his findings in the book "The Unknowns: The Untold Story of America's Unknown Soldier and WWI's Most Decorated Heroes Who Brought Him Home."

SELECTING THE UNKNOWN

On Sept. 29, 1921, the War Department ordered the selection of an unknown Soldier from those buried in France. The selection

tion process was carried out by the U.S. Quartermaster Corps, in cooperation with the French and U.S. Navy, O'Donnell said.

Three weeks later, a Quartermaster Corps team exhumed four bodies of unidentified Americans from each of four American cemeteries in France: Aisne-Maine, Meuse-Argonne, Somme, and St. Mihiel.

"Each was examined to ensure that the person had been a member of the American Expeditionary Forces, that he had died of wounds in combat, and that there were no clues to his identity whatsoever," O'Donnell said.

After mortuary preparation, the bodies were placed in identical caskets and shipping cases. The reason for this elaborate proceeding, O'Donnell explained, was to ensure that the one unknown Soldier chosen would be truly a random selection, as this unknown would represent the many other unknowns. This followed the practice used by the other allies in their own process of selecting their own unknowns.

On Oct. 23, all four caskets arrived by truck at the city hall of Chalonssur-Marne. Sgt. Edward F. Younger of Headquarters Company, 2d Battalion, 50th Infantry, American Forces in Germany, was given the honors of selecting the unknown Soldier the next day.

Younger himself had been wounded in battle and had received the Distinguished Service Cross for valor.

An elaborate ceremony

followed, O'Donnell related. Younger, carrying a spray of white roses presented by a Frenchman who had lost two sons in the war, led the procession. As the French band in the courtyard played a hymn,

Younger walked around the caskets several times before placing the roses on one to indicate his selection.

Younger then saluted the chosen unknown American, after which the U.S. and French officials came forward to pay their respects. O'Donnell noted that the roses that had been placed on the casket remained there and were later buried with the unknown Soldier in Arlington.

Following the ceremony, the casket of the unknown Soldier was carried in a horse-drawn caisson through Chalons-sur-Marne to the railroad station, where it was placed aboard a special funeral train provided by the French government and taken via Paris to Le Havre, O'Donnell said. Along the way, more French and U.S. units and dignitaries honored the unknown Soldier in an elaborate and dignified fashion.

Finally, on Oct. 25, the unknown Soldier was carried aboard the cruiser USS Olympia back to the United States. On Nov. 9, the Olympia arrived at the Washington Navy Yard. On hand to receive the body of the unknown Soldier were all the service chiefs, the secretary of war, and General of the Armies John J. Pershing, O'Donnell said.

The procession, led by the 3rd Cavalry Regiment, accompanied the horse-drawn caisson containing the unknown Soldier to the Capitol rotunda, where more honors were bestowed by dignitaries, including President Warren G. Harding, and ordinary American citizens.

On Nov. 11, eight highly decorated WWI veterans, handpicked by Pershing himself, escorted the unknown Soldier to Arlington National Cemetery, O'Donnell said.

They included five Soldiers: Color Sgt. James W. Dell, an artilleryman; Cpl. Thomas D. Saunders, a combat engineer and a Native American; 1st Sgt. Harry Taylor, a cavalryman; Sgt. Samuel Woodfill, an infantryman and Medal of Honor recipient; and 1st Sgt. Louis Razga, from the Coast Artillery Corps.

Additionally, there were two Sailors and one Marine who participated. Those included Chief Gunner's Mate James Delaney, a torpedoman; Chief Water Tender Charles Leo O'Connor; and Gunnery Sgt. Ernest A. Janson, a Medal of Honor recipient.

Pershing, the bearers, and the unknown Soldier had come "full circle," O'Donnell said. Those service men had left America's shores years earlier. While they were prepared to sacrifice themselves, they hadn't at the time fully comprehended the true cost of war. While one had paid the ultimate price, O'Donnell said, each had come home forever changed by battles won and friends lost.

Today, the Tomb of the Unknown Soldier is guarded by Soldiers of the 3rd U.S. Infantry Regiment, also know as "The Old Guard." Since 1921, two other unknown Soldiers have joined the World War I unknown Soldier: one from World War II and one from the Korean War. The selection process was similar to the first.

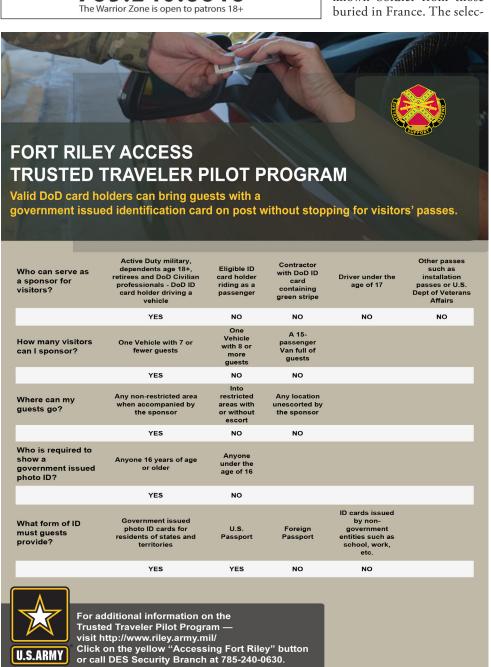
At one time, a fourth unknown, representing the Vietnam War, was entombed there as well, O'Donnell said. However, that service member was later identified as Air Force Capt. Michael J. Blassie. He was exhumed and reburied in his home state of Missouri, per his survivors' wishes.

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SAFETY CORNER

Recognizing hidden dangers to prevent accidents

By Dawn Douglas **GARRISON SAFETY OFFICE**

Team Riley, taking a common sense approach to safety can contribute to accident prevention. There are certain things we just don't do because we recognize, with 99 percent of the rest of the population, "that just isn't safe."

For example, would you cut a watermelon with a chainsaw or light a cigarette with a blow torch. That's just common sense. It's fairly obvious that safety and health hazards can exist on worksites filled with heavy machinery and equipment, where employees often are required to engage in strenuous manual

However, sometimes we fail to recognize hidden dangers when we work, for example, a job where most of the tasks are completed while sitting in a chair in a climatecontrolled office building would seem less fraught with danger. I mean, what's the worst that can happen? A paper cut?

According to data from the Bureau of Labor Statistics, 64,580 private-industry office and administrative workers suffered on-the-job injuries in 2016. Many of these injuries could have been prevented had workers or supervisors recognized the risks and implemented simple workplace modifications to help mitigate them.

What are some of dangers and steps to reduce the risk of injury in the office environment?

Slips, trips and falls are the most common type of office injury and they can be costly. In 2013, the National Safety Council reported "falls from the same level" cost \$7.94 billion and "fall to lower level" cost \$5.35 billion.

These falls were the second and third highest injury causes of disabling workplace injuries in 2011.

Slips can occur when floors or other working surfaces become slippery due to wet or oily processes. This includes floor cleaning, leaks or from materials and debris left in walkways. Uneven floor or working surfaces can lead to trips. This may include protruding nails and boards, bunched floor mats or uneven carpeting, holes or depressions in working surfaces, and also step-risers on stairs that are not uniform in height. Both slips and trips can result in falls, which can occur when ladders are not maintained properly, and when stairways and elevated working surfaces are not designed properly.

What are some ways you can prevent accidents in the office environment? There are some key ways:

• Keep the office clutter free. Boxes, files and various items piled in walkways can create a tripping hazard, according to the Occupational Safety and Health Administration.

Be certain that all materials are safely stored in their proper location to prevent buildup of clutter in walkways. Further, in addition to posing an electrical hazard, stretching cords across walkways or under rugs creates a tripping hazard, so ensure all cords are properly secured and covered.

- Watch what you step on. Standing on chairs - particularly rolling office chairs - is a significant fall hazard. Workers who need to reach something at an elevated height should use a stepladder. The Chicagobased American Ladder Institute cautions that stepladders must be fully opened and placed on level, firm ground. Workers should never climb higher than the step indicated as the highest safe standing level.
- Maintain a clear line of vision. Workers can collide when making turns in the hallways and around blind corners or cubicle walls. The National Safety Council suggests installing convex mirrors at intersections to help reduce collisions. If workers can see who is coming around the corner, collisions are less likely to occur.
- Utilize skid resistant rugs/carpets. Carpeting and other skid-resistant surfaces can serve to re-

duce falls. Marble or tile can become very slippery, particularly when wet, according to the National Safety Council. Placing carpets down can be especially helpful at entranceways, where workers are likely to be coming in with shoes wet from rain or snow.

- Close file cabinet drawers. File cabinets with too many fully extended drawers could tip over if they are not secured, the council warns. Additionally, open drawers on desks and file cabinets pose a tripping hazard, so be sure to always completely close drawers when not in use.
- Stack items safely. According to the Office of Compliance, which oversees the safety of U.S. congressional workers, proper storage of heavy items can help reduce the number of office injuries. Large stacks of materials and heavy equipment can cause major injuries if they are knocked over. The OOC recommends storing heavy objects close to the floor, and warns that the load capacity of shelves or storage units should never be exceeded.

These are just a few ways to prevent slip, trip and fall injuries in the workplace. For more tips, contact the Garrison Safety Office, 785-240-0647.

Valuing life theme of Army's priority

Dr. Joseph Carmona DEPUTY DIRECTOR, DEPARTMENT

OF BEHAVIORAL HEALTH, IACH

Each year the U.S. Army spends millions on suicide awareness and prevention, highlighting the utmost priority of saving lives. And with very good reason, suicide is a tragic fatality affecting approximately 140 Soldiers each year since 2013. More importantly, suicide has a rippling effect on the entire community.

The death of a Soldier affects the community in ways that cannot be repaired. Suicide is a scourge that touches all ranks and walks of life from young private up to a general, as the death of Maj. Gen. John Rossi taught us in 2016.

Fort Riley behavioral health providers and leaders understand the impact this has on the community and have taken a novel approach to eradicate suicide: Înstead

of language that focuses on the grimness, the conversation about suicide emphasizes the Value of Life. Instead of death, our community focus should be on promoting a culture that cherishes life.

We can talk about risk factors and protective factors ad nauseam, and most can rattle off the big ones – work stress, divorce, substance abuse etc. Yet we have not found the magic formula for predicting suicide. Perhaps the most important single factor, tying all others together, is the loss of

In the article, "There is Hope," published in 2000, psychologist American Charles Richard Snyder's definition of hope is written as, "a positive motivational state that is based on an interactively derived sense of successful (a) agency (goal-directed energy) and (b) pathways (planning to meet goals)."

Individuals without hope have lost the energy to persevere in their goals. They view life challenges as insurmountable barriers and themselves as being unable to overcome those barriers. When you hear statements such as "it'll never end," "nothing will change" and other hallmark signs of negativism, these are the hopelessness indicators to look for. If a colleague displays these indicators, have a Value of Life Discussion and do not hesitate to consult with behavioral health experts.

At Irwin Army Community Hospital, behavioral health is a 24/7 operation. You can find behavioral health assistance at any time. Behavioral health assets are integrated within every primary care clinic at Irwin Army Community Hospital and suicide is assessed at every encounter. Teams of providers are located close to the unit clinics. A dedicated state-of-the-art nine-bed inpatient unit houses the most acute cases. There are programs for families at the hospital as well as at the schools for the children. There is an intensive outpatient program as well as a specialized substance abuse program. Behavioral healthcare also extends operations into the night through licensed counselors available at the emergency room at IACH.

Over the next few weeks, experts from the department of behavioral health will be writing on topics pertinent to the Value of Life that touch on the issue of teen suicides, substance abuse and the perspective of the Soldier experience on suicide. If hopelessness underlies suicide, honest conversation about the Value of Life is the antidote. The loss of any individual's life is one too many and sometimes it takes a village to save a Soldier.

Cyber security is not just for geeks, important for everyone

In the past we've associated cyber security with select groups of people who were computer programing experts or those possessing technological skills and knowledge usually associated Ph.D. holders.

How times have changed. Today technology is infused into almost every aspect of our daily lives. From the hand-held computer we call a smart phone, the smart thermostat in our home, to the satellite linked systems used across civilian and military domains people are using technology that is networked many times a day.

We use this technology so often we rarely stop and think about its power and vulnerabilities. As a case in point we see companies advertise services on how to use your smart phone to control the lights, temperature and security of your home. When you watch these advertisements do you just think of how this can make your life better or do you also consider the potential vulnerabilities?

How about the fitness device you use? Are you aware many of these devices record your movements and upload that data to a cloud operated by the manufacture of the device? These devices are such a concern that the Department of Defense recently prohibited their use in certain outside the continental United States locations.

Cyber security is not just for geeks anymore, In fact, it is now a user responsibility. Cyber security is something everyone

can do. The counter measures you can use to protect yourself are easy to follow. Here are some recommendations to consider: · Cyber threats like a soft target. You

- can "harden" yourself by following your computers security guidelines. Keep your antivirus and computer security up to date. • Do not login to the free Wi-Fi at risky
- locations such as hotels, airports and cafes. Try to use your own encrypted "Hot Spot" when you travel. Keep in mind that travel through foreign countries comes with increased risks. Follow rules on creating strong pass
 - words. According to industry standards an eight character password takes 2-3 days hack. A 16-character password constructed using strong password rules takes 10 years to hack. Make sure you change your passwords regularly.
- Keep in mind that cyber threats use human error and human nature to

gain access. Know how to recognize a phishing email and always scan attachments. Do not automatically trust links sent to you by a friend. Cyber threats are known to spoof addresses and social media accounts as part of their social engineering tactics.

Cyber threats rely on the user to be complacent in their daily activities and will exploit any gaps they find, You, the technology user are one of the first lines of defense in defeating their efforts.

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Fort Riley Spouses Club recruiting new members with party

Photo and Story by Kimberly Green 1ST INF. DIV. POST

The Fort Riley Spouses Club held its annual membership drive Aug. 23 at the home of Maj. Gen. John S. Kolasheski Commanding General, 1st Infantry Division and Fort Riley, and his wife Buffy Kolasheski.

The family moved into their home only a month ago and are still trying to decide where to place furniture and how to organize their things, according to Buffy Kolasheski.

The lawn of the Kolasheski family was adorned with dozens of bright pink plastic flamingos. The friendly flocking was a way for members of the FRSC to say, "Welcome to the neighborhood," and is a regular sight on Fort Riley.

Moving to a new installation, whether as a first move or as a seasoned Army family, like the Kolasheskis, can be challenging and the FRSC is trying to make that transition easier for spouses.

"In our community it can be very hard in new towns to meet new people," said Darlene Sexton, first vice president of the FRSC, "That's why I initially joined when I first moved here, so I could familiarize myself with the community and the spouses are all going through the same things that we are."

Spouse mentorship is a large component of the FRSC. President Laura Childers said the antiquated spouse clubs of Army past is not how business is done in the FRSC

"Everyone is welcome," she said. Childers and Sexton said the club is open to both male and female spouses of active, reserve, guard and retired members of the U.S. Armed Forces as well as local community members, spouses of Department of Defense civilians and spouses of international service members stationed at Fort Riley regardless of their spouses' rank or time in service.

"We have that wide range of membership, too," Childers said. "We have the private's spouse up to the (Commanding General's) wife. That was our main focus when we decided to run for office last year ... We wanted people to know that we want them to come.

"We are not our husband's ranks," she added, "we are individual spouses. And we have things to share with each other ... There may be a younger spouse whose husband is having a question on something he's working on and they can say, 'Hey, what did your husband do in this case?' or, 'What did you do in this FRG capacity?' It's basically just helping with whatever questions come up in our constantly moving

Childers believes that connecting spouses is not only beneficial for individuals and families but for the Fort Riley community including the surrounding areas.

"Our basic mission is to involve the community, involve the spouses on Fort Riley to work toward earning money for the community," Childers said. "So, everything that we do is in anticipation of giving

In May of 2018 the non-profit group was able to give almost \$20,000 to local organizations that support Fort Riley and the surrounding communities, according the group's website.

Each month the club sponsors a different charity. In the past, the FRSC has raised money for The American Red Cross,

Wheels of HOPE, Operation Claus and others.

The group's next event will be the "Blood, Sweat and Cheers" obstacle course on Sept. 27 from 10 a.m. to 1 p.m. at the Junction City Athletic Training Center. The cost is



Spouses attended the Fort Riley Spouses Club's annual membership drive Aug. 23. The event was held in order to recruit new members to participate in the club's monthly charity and social events.

\$10 and will there will be a picnic style lunch.

The event will benefit the Veteran's Affairs Medical Center in Topeka. Fort Riley Spouses Club members are asking that all participants and spectators bring donations such as nonperishables, men's underwear and gift

"I do a lot of things outside of post and I have met some spouses outside and a lot of them did not realize that this was for them. That is also why I joined ... when I first moved here, it was the first time I had joined a spouse's club. I was scared but it ended up being great because it

is a great community. We come together to socialize but we also learn from each other," Sexton

For additional information on upcoming events and how to join visit the Fort Riley Spouses Club on Facebook or the website at www.fortrileyspousesclub.org.

MONEY Continued from page 2

In order to avoid the monetary stressors on a Soldier's personal and professional life, Wade would like to see every Soldier monitor their bank accounts on a routine basis, understand their transactions, set up emergency funds, live within their means and It's boring. Sometimes, seek professional money advice like the kinds offered through ACS.

"Managing your finances does not require you to be a Ph.D.," he said. "This is common sense ... Just because you don't make a lot of money doesn't mean that you have to struggle. You just have to make and live on a budget."

Wade is attempting to break down the barriers that keep Soldiers from discussing money and asking for advice when it's needed.

"No one likes to talk about money," he said "It's very intimidating. it's very embarrassing. But everybody uses money in some form or fashion every single day. Why not educate yourself? Learn how it works so that you can change yourself from working for your money to having your money work for



LT. Col Peter Gray, Professor of Military Science for Kansas State University ROTC, middle, presented Douthit Gunnery Complex Manager Fred Siebe with a plaque for outstanding support provided for pre-commissioning training spring of 2018. This builds on the partnership between Kansas State University and Fort Riley. Douthit Gunnery Complex will remain as the training base for KSU ROTC future training events.

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PARTNERSHIP Continued from page 1

as they did not previously have the storage space and would have needed to construct a new facility.

"The agreement is the first of its kind between the two agencies and represents many years of planning and coordination," Morse said in her opening remarks. "The purpose of the agreement is to reduce cost for the annual purchase of salt used in winter months for roadways in Manhattan and on Fort Riley, to improve services for our residents and to provide useful benefits to both Fort Riley and the city."

Previously, Fort Riley made its own purchases as a government entity. The agreement will now obligate Manhattan to purchase the projected 3,500 tons of salt that both Manhattan and Fort Riley will need over the next five years.

Shrader said residents of Fort Riley would not see a difference in how the streets are maintained during winter storms and, for Fort Riley, the benefits would be in fiscal savings and in continual improvement of relations between the city and the post.

"For Fort Riley, it's all about being more cost efficient," he said. "How are we taking our money and using it as efficiently as we can towards the benefit of the Soldiers, the families and the installation, and how can we be mutually beneficial to the surrounding community? We are not just looking internally. We are a part of the Flint Hills Region ... This is an example of how we can save money that can be put towards other efforts."

Shrader said now that the bureaucratic path has been cleared for these types of agreements between the city and the installation, many more opportunities to partner with Manhattan are likely. Possibilities could include sand and gravel purchases, recy-



Kimberly Green | POST

City of Manhattan, Kansas, mayor Linda Morse, Fort Riley Garrison Commander Col. Stephen Shrader and associated staff members applaud after signing the first ever Intergovernmental Service Agreement Aug. 21 in Manhattan.

cling, and aquatic related agreements. The potential benefits are not isolated to the relationship between Fort Riley and Manhattan but could expand in the future.

"This Flint Hills Region is really working with Fort Riley because we surround it," said Morse. "Junction City, Manhattan, clear down to council Grove, Abilene — we're willing and very eager to work with the Army to achieve success."

Shrader echoed the mayor's statement and expanded on just how large the scope of potential partners are for the area.

"At the end of the day, it is about the partners coming together and coming to an agreement on what is within the realm of possibilities and what makes sense," he said. "We're talking 97 different partners. The partnerships that we have with Fort Riley and the surrounding communities are everything from the Flint Hills Regional Council to Junction City, Manhattan, all seven of the surrounding counties ...

private partnerships such as the American Red Cross, the USO — this is just a handful of the partnerships that we have on the installation that tie into the community and provide capabilities to Soldiers and families that are at Fort Riley but also live in and are part of the community in Junction City or Manhattan."

Shrader said the time he spent transitioning into his position as garrison commander gave him the chance to get to know the representatives and community members from the surrounding areas before taking command.

"What is glaringly obvious to me, being new to Fort Riley and to the Flint Hills area, is the tremendous amount of synergy and capacity that exists in the local area," Shrader said. "There are a whole lot of people and a whole lot of opportunities that are focused on 'How do we make the Flint Hills better?' And to me, that is significant, and it was something that was palpable when I got here."

SHOOTER Continued from page 1

Another important aspect of the training was the fact that the Soldiers had no prior knowledge that the exercise was being conducted.

"The response is genuine," said Sgt. 1st Class Shawn Taylor, the MNBG-E provost sergeant. "It forces the Soldier to create a hasty plan on the go and doesn't allow them to predict their response and actions prior to the start of the event."

Prior to the deployment, the platoon conducted active shooter training at the Joint Multinational Readiness Center in Hohenfels, Germany, which helped the responders during the exercise, Taylor said.

"Prior to doing this exercise, I had hours and days of training, so this was muscle memory for me," said Spc.. James Mason, one of two military policemen who responded to the active shooter. "However, it's always good to train and to bring people to reality because these types of situations do occur."

The active shooter scenario is one of many



Capt. Ed Alvarado | 19th PAD

Staff Sgt. Samuel Da Giau, operations sergeant for the Multi-National Battle Group – East's Task Force MP, assumes the role of an active shooter during a simulated active shooter exercise held at Camp Bondsteel, Kosovo, Aug. 22. The training allowed the military policemen to validate and assess their tactics, techniques and procedures and ensured coordination with first response organizations through out Camp Bondsteel.

monthly force protection exercises that have been performed to include mass

casualty and suspicious package scenarios, among others.

RECRUITER Continued from page 1

Once Martin arrived at the Monson recruiting station he began learning how to speak to and with potential recruits. He was assigned to Sgt. Jason Duffy, a recruiter for the Monson station

"When I met Sgt. Duffy, he welcomed me and began to tell me about the station and what it is they do," Martin said. "He showed me the ropes. How to fill-out the information cards and gave me a bunch of business cards we went out the door to prospect. He took me over the mall and said, 'just watch what I do.' He took me around and taught me what to say and not to say. It was really fun."

Thinking back on his own experience, Martin said it was different from this vantage point as opposed to when he was recruited.

"I got to learn a whole lot of stuff that I didn't know when you're on this side (enlisting) of it," Martin said. "When you're trying to enlist you never see what's going on behind closed doors. When you're doing the recruiting system and doing the SRAP, it's like you learn a lot of stuff that you never knew before.

"I learned about meeting mission. I learned that certain (military occupation specialties) have bonuses and others don't and they (the recruiter) can see all of that. But mainly you learn about people and what they want to do later on in their careers, like go into the police force."

After a week, Duffy allowed Martin to speak to prospects on his own. Martin said he had earned the trust of Duffy and the other recruiters at the station.

"Sgt. Duffy and I would go out as a team and take turns just talking to people about military life and the benefits," Martin said. "It was more so about listening to what the person wanted and to help them. I actually found myself talking to prospects late at night, like around 9 p.m. at Walmart while I'm with my wife. But I found

it to be more than a job because I wanted to make sure the station met their mission and it was fun."

During Martin's time at the Monson recruiting station, he pulled off a feat that the station's first sergeant challenged him to do.

"When I got my initial counseling from the first sergeant, he said that he hadn't done recruiting in a while," Martin said. "But he said he could put one (recruit) in before me. Well one day a kid I had talked to walks into the station with a card in his hand and says, 'someone gave me this card a week ago and I'm here to get more information.' All the

sergeants were looking around at each other asking who it was and then I said, 'I remember you and I'm glad you came in.' The other sergeants were like how did you do that? I just smiled and since I don't know too much I let the actual recruiters take over. It was pretty cool."

Toward the end of Martin's time at the station, he said he began to really like working with the recruiters in the station. He said he enjoyed how they helped one another, and how he wanted to move into that direction.

"Man, I really enjoyed my time there," Martin said. "I would love to be a recruiter and go work back in that station."



Courtesy photo Radiological

Sgt. Tyler Martin, Chemical, Biological, Radiological, Nuclear noncommissioned officer, 24th Composite Transportation Company, 1st Infantry Division Sustainment Brigade, sets up a recruiting stand at Monson, Massachusetts, Summerfest, July 4 were he spoke with 10 potential military recruits. Martin participated in the Special Recruiter Assistance Program for 30 days.

NAVIGATION Continued from page 1



Will Ravenstein | POS

Soldiers from 300th Military Police Company, 97th Military Police Battalion, verify compass settings prior to breaking out into fire teams at the Land Navigation Course Aug. 28. The Soldiers recently arrived at Fort Riley from basic and Advanced Individual Training and the event was used as a team-building exercise according to 1st Platoon leader 2nd Lt. Clayton Gubler.

"I think it's very important," the former cavalry scout said. "For example, if a Humvee goes down or something, you still need to find your location or where you need to meet up. You have to dismount, you have to pull out that map. Especially if the Defense Advanced GPS Receiver goes down and you still have to do the mission. Electronics fail in the field all the time. I know that I've had issues with DAGRs. Phones go down especially if you are on it a lot. The best way to do it is to whip out that map and plot your points."

The training also served as a refresher for Kattner and other NCOs assigned to the platoon.

"This is my first one since I was a cav-scout," Kattner said. "I was stationed in Japan for three years. There's no land nav out there. It was strictly law enforcement. To come out here, with the Soldiers, refreshing my brain and refreshing what they learned in basic."

Gubler decided to plan this training, in part, because of the influx of new Soldiers, but the time training also allows the individual fire teams to build cohesion before heading out on any field exercises.

"Because of all those new Soldiers that I've been getting, I decided to do fire team land nav today," he said. "I feel it is just as important for those fire teams to start learning each other, learning how they work. I hope that a couple of them go out there and get lost. Getting lost and finding their way back as a team will help, hopefully, to bring them closer together so they can work better and be more effective."

Kattner echoed that sentiment with regard to training in the smaller elements.

"It gives them the opportunity to see how we operate in the field and for us to see how they operate in the field," he said. "Also (we get) to see how good they are to pick up things. You never know, one of them could be tops at land nav. This could be their calling. You never know until you are actually out here learning with them."

After each team was given their coordinates, they plotted them on the map and made their way to the starting point. Gubler informed them that while each team had 2 1/2 hours to complete the course, he offered a prize to the top team that finished the fastest while hitting all their

Gubler hopes, at a minimum, that his Soldiers build confidence in their abilities

from the training, he said.

"I hope they take away some good confidence and land navigation skills," he said. "The second most important thing they can take away is some cohesion, squad and team cohesion. That's what I'm hoping for. You can be one of the most intelligent Soldiers ever (to) navigate cross-country, but if you can't work with your fire team we will not be an effective force."



Will Ravenstein | POST
Pvt. Austin Miller, 300th
Military Police Company,
97th Military Police
Battalion, shoots an
azimuth before beginning
the Land Navigation
Course Aug. 28.

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8 AUG. 31, 2018	>>>						HOME OF TH	E BIG RED ONE
DININ' D	DEALS	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ike's Place Ba	416 Goldenbelt Blvd. JUNCTION CITY (785) 579-6644	HAPPY HOUR ALL DAY \$2 Drafts, \$2 ^{.50} Margaritas, \$2 Wells	1/2 Price Boneless Tenders	TRIVIA NIGHT + 1/2 Price All Draft Beers, \$2 Jumbo Tacos	60¢ Wings, Voted Best in Flint Hills	Prime Rib Dinner + \$3 Premium Pints all Day		Pasta Night \$9.99 w/ Salad all day
BARecighina	ikesplacegrill.com		Mon-Fri	HAPPY F	HOUR 11	а-бр	*certain rest	rictions apply
Wing I	439 W. 6th Street JUNCTION CITY (785) 223-5282	1/2 Price Slushes ALL DAY (Med or Large only)	2 for \$9.99 Country Fried Chicken Dinners	\$1 Mini Shakes	2 for \$10 Nachos (Beef or Chicken)	5 BBQ Chicken Sandwiches \$9.99		
	wingitplace.com						*certain rest	! rictions apply !
Pizza H	ut 412 E. Chestnut St. JUNCTION CITY (785) 238-4144	All You Can Eat Supreme Lunch Buffet. Pizza, Wing- Street Wings & More! 11:30 - 1:00	Large 3 Topping and Breadsticks \$16.99 (Additional charge for Pan or Stuffed Crust) Code 55 Delivery Fees & minimums required	All You Can Eat Supreme Dinner Buffet. Pizza, Wing- Street Wings & More! 5:30 - 7:00	Wing Wednesday 70¢ Bone Out	All You Can Eat Supreme Dinner Buffet. Pizza, Wing- Street Wings & More! 5:30 - 7:00	Large 3 Topping, Breadsticks & Cookie \$21.99 (Additional charge for Pan or Stuffed Crust) Code KW Delivery Fees & minimums required	Large 1 Topping & Medium 3 Topping \$19.99 (Additional charge for Pan or Stuffed Crust) Code LF Delivery Fees & minimums required
Cracker B	arrel					_		
OLD COUNTRY STORE	115 N East St JUNCTION CITY (785) 762-5567	Deli			ering Contact G			5567
Coach Coach Coach Coach NEIGHBORHOOD GRILL & BAR Coach NEIGHBORHOOD GRILL & BAR	's 720 Caroline Ave. JUNCTION CITY (785) 238-5522	Buy 1 Coach's Burger get 1 half off All Day \$2.50 tall beers	65¢ Tacos \$2.50 tall beers	Chicken Fried Steak Dinner \$10 \$2 bottles	STEAK NIGHT \$9 Steak Dinner \$2 pints	Fajitas \$9 Margaritas \$3 Specialty pints \$2.50	Ribeye Dinner \$16 \$2 Coors It pints	
Stacy's Rest	aurant	September 2nd • Roast Beef	September 3rd CLOSED	September 4th Chicken Fried	September 5th Hamburger	September 6th Fried Chicken	September 7th • Roast Beef	September 8th Cook's Choice
Stacy's	118 W Flint Hills Blvd JUNCTION CITY (785) 238-3039	• Baked Ham	CLOSED	Steak Sr. Size \$7.00 Reg. \$8.00 Inc Tax	Steak Sr. Size \$7.00 Reg. \$8.00 Inc Tax	Sr. Size \$7.00 Reg. \$8.00 Inc Tax	• Noast Beel •Liver & Onions Sr. Size \$7.00 Reg. \$8.00 Inc Tax	COOK S CHOICE
The Cove at Aco	3710 Farnum Creek Rd. MILFORD (785) 463-4000	Bloody Mary & Mimosa Bar 12-4 pm	1/2 Price Appetizers	\$2.00 OFF All Tacos	Kids Eat Free w/ purchase of Adult Meal	Fajita Night Chicken \$12 Steak \$15 Long Island Ice Tea \$5	Crab Legs \$22	Prime Rib Special \$20 for 10-oz cut \$25 for 14-oz cut
TymeO	ut 101 Continental Dr JUNCTION CITY (785) 238-7638	September 2nd	September 3rd	September 4th Homemade Schnitzel \$9.99 ServingGermanBeer Open 10:30am-1:30pm 4pm-9:30pm	September 5th Bison Burger \$9.99 Bratwurst & Sauerkraut \$9.99 10:30am-1:30pm 4pm-9:30pm	September 6th 6oz Steak \$8.88 Bratwurst & Sauerkraut \$9.99 10:30am-1:30pm 4pm-9:30pm	September 7th 8 oz Surf 'n' Turf \$19.99 16 oz KC Strip \$24.99 10:30am-1:30pm 4pm-10pm	September 8th 8 oz Surf 'n' Turf \$19.99 16 oz KC Strip \$24.99 4pm-10pm
The Donut	Hole		٨	Nore th	an Just	t Sweet	<u> </u>	
DONUT	431 W. 18th St. JUNCTION CITY (785) 579-4730			ва Crois	ONUTS AND BIKED FRESH DASSANT Sand & Soda for	wich,		
IHOO	321 E. Ash St.			i I TERIN ing Avai	: <i>IG AVA</i> Jable (Co			: ——



321 E. Ash St. JUNCTION CITY (785) 238-4800 Catering Available (Contact Crystal) 785-238-4800

Munson's Prime



426 Goldenbelt JUNCTION CITY (785) 238-1135 Sunday Brunch \$15.00 per person Kids under 6 eat FREE 11AM TO 2PM Bierocks \$8.00

TexMex Tuesday \$8.00 Wings Wednesdays

Lasagna \$8.00

Meatloaf \$8.00 **Prime Rib** 12oz \$22.00 16oz \$28.00 5pm - Close

Contact Tim Bailey to book private events. 785-238-1135

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FORT RILEY, KANSAS

PAGE 9 ★

"The superheroes we really wanted to focus on (were) the everyday superheroes we have in our own community with the Soldiers and the sacrifices they are making."

KARIGA PRATT FAMILY ADVOCATE PROGRAM SPECIALIST, ARMY **COMMUNITY SERVICES**

Tea party lets dads shine as

Superhero-themed event gives families

By Will Ravenstein 1ST INF. DIV. POST

superheroes and the Queen of Hearts floated around Riley's Conference Center Aug. 25 during the Dad's Tea Party hosted by the Directorate of Family and Morale, Welfare and Recreation staff.

The superheroes we really wanted to focus on (were) the everyday superheroes we have in our own community with the Soldiers and the sacrifices they are making," said Kariga Pratt, Family Advocacy Program specialist, Army Community Services, DFMWR. "I think it's important to shine a light on it because the work that they do often is very thankless. Just to say we support you. We're here if you needed anything and to help them make those transitions, not only from the social services, but the activities as

Dads were encouraged to dress up as their favorite hero, with several taking the oppor-

See PARTY, page 11

heroes chance to connect

Disney princesses, Marvel

tunity to impersonate Flash,

Fee-free layaway returns

Fort Riley Exchange offering service for upcoming holidays

Budget-minded Soldiers, families and retirees can start their holiday shopping early by taking advantage of Army & Air Force Exchange Service's

fee-free layaway. The Fort Riley Exchange will waive the \$3 service fee for items of \$25 or more including toys and bikes that are placed on layaway starting Sept. 1 and paid for

by Dec. 24. "The Exchange's holiday layaway plan helps Soldiers and military families keep special gifts out of sight and manage their budgets too," said Fort Riley Exchange Store Manager, Maria Berrios-Borges. "We want to make holiday shopping as stress-free as possible.

To hold items on layaway, Fort Riley Exchange shoppers are required to make a deposit of 15 percent of the purchase

Shoppers can visit customer service at their Fort Riley Exchange for program details and eligibility information.



Families toss color powder after completing the Back-To-School Run in Color on Aug. 25. The first 13 registrants won free access to the Ropes Course after the run.

COLOR ME HAPPY

Participants finish with flying colors during Back to School Run in Color

Story and photos by Téa Sambuco 1ST INF. DIV. POST

amilies ran together under a Robin's egg blue sky at the Outdoor Adventure Park and Travel Center, until they were hit in the face by colored powder Aug. 25. The Back to School Run in Color began at 8:30 a.m., with the first 13 registrants winning free access to the ropes course after

"We're giving the families a chance to come out, have some free fun and just hang out and move around some," said Jackie Goodman, youth sports director for Child and Youth Services. "This is the start of our youth sports and fitness. We're going to have quarterly runs. To get more of a running program that's free so that the kids can come out and have fun. We always try to negate costs as much as we can so they don't have to worry about that.

"This is the beginning," he added, "The next one, I think, is going to be associated with or around

See COLOR, page 13



Miya Winston, daughter of Child Youth Service coordinator Wendy Winston and student at Kansas State University, smiles as she runs through the last color station during the Back-To-School Run in Color on Aug. 25.

"We're giving the families a chance to come out, have some free fun and just hang out and move around some."

JACKIE GOODMAN | YOUTH SPORTS DIRECTOR, CHILD AND YOUTH SERVICES

Moon Lake site of most recent No Dough Dinner

USO Fort Riley spearheads event targeted toward families on Fort Rliey

Story and photo by Téa Sambuco 1ST INF. DIV. POST

The USO Fort Riley staff held a No Dough Dinner event for the families of Fort Riley Aug. 24. The event took place at Moon Lake and was supported by staff from the Directorate of Family and Morale, Welfare and Recreation.

"Tonight, we are kicking off Night at Moon Lake with our partner DFMWR by providing a No Dough Dinner," said Traci Taylor, center operations and programs manager at USO Fort Riley. "No Dough Dinner is something we do once a month for activeduty service members and their families. We're grilling burgers and hot dogs for all the folks who come out and participate in all the things that DFMWR has lined up for them tonight."

Taylor said the No Dough Dinners are a great way to bring the community together and take place on the third week of every month.



Madison Weaver, 4, pours mustard on her hot dog while her brother, 2-year-old Luke, watches. Madison and Luke Weaver attended the No Dough Dinner with their parents Aug. 24 at Moon Lake.

"No Doughs started as a way to help service members and their families at the end of the month when money might be tight, and they haven't had a chance to get to the store or are waiting on payday to come," she said. "People really look forward to this. They know it's

the third week of the month, and they come with their neighbors and their friends. It's a normal gathering — almost like a block party."

There were other supporters for the dinner besides DFMWR.

'We have a wonderful partner with Corvias," Taylor said. "We

week of the month and they come with their neighbors and their friends. It's a normal gathering — almost like a block party." TRACI TAYLOR **CENTER OPERATIONS**

"People really look forward to this. They

know it's the third

AND PROGRAMS MANAGER, **USO FORT RILEY**

are their non-profit that they have partnered with for volunteer support over an entire year, so we have Corvias people working the grill. They came out and helped us with setup and tear down, and I have some of my USO volunteers helping us out today, too."

neighbors Friends spending time together enjoying a

See DINNER, page 12

FORT RILEY POST-ITS

BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

BOSS and Warrior Zone Barbecue — Come to the Warrior Zone every Friday throughout the summer for mouth-watering barbecue.



Begins at 11 a.m. and lasts until the food is gone, so don't be late.

>>

Warrior discipleship Bible study — Second and fourth Wednesday, 7 p.m. at the Warrior Zone conference room.

Your BOSS needs representatives! To continue the great activities planned and to plan more.

In addition to the fun stuff, BOSS has your back for your career too. Several times each month the group gathers to prep you for your next board.

ARTS AND CRAFTS CENTER

Custom services at the center include: matting and framing services, laser engraving and computerized engraving and custom made wood

Hours of operation are Mondays and Tuesdays 1 to 8:30 p.m. Wednesdays, Saturdays and Sundays 9 a.m. to 4:30 p.m. — Thursdays, Fridays and holidays the center is closed. For more information call 785-239-9205.



FALLEN HERO RUN

Honor our nation's fallen service members and remember those who made the ultimate sacrifice.

Free 5K, open to the public. This is not a timed event, pets and strollers welcome.

First 500 runners will receive commemorative dog tags. For more information call 785-239-3696.

Stay up to date with everything happening on Fort Riley and in the surrounding communities.

Scan this code and download the Fort Riley App



OUTDOOR ADVENTURE PARK

Check out the disc golf course, the foot golf course, the climbing wall or zip across the air on the zip line.

Outdoor Adventure Park hours Sunday through Tuesday, 10 a.m. to 7 p.m.

Wednesday — Closed Thursday through Saturday, 10

a.m. to 7 p.m.

Visit the food truck from 11 a.m. to 1:30 p.m. weekdays and 11 a.m. to 2 p.m. weekends. The snack bar will also be available after the food truck leaves.

Book the family obstacle course and zipline tower online at webtrac.mwr.army.mil/webtrac/rileycyms.html.

BLUE STAR PROGRAM

The Directorate of Family and Welfare and Recreation offers the Blue Star Program to



members who are geographically separated from their service member. The benefits are also open to Gold Star families and Soldiers in the Warrior Transition Battalion. Discounts and events are available to those enrolled in the program. For information about eligibility, call 785-239-2172 or email bluestar@ rileymwr.com.

ANNUAL FORT RILEY DOVE HUNT

Sept 1, 10 a.m. to sunset.

There will be a pay-as-you-go practice at the Trap and Skeet Range from 10 a.m. to 4 p.m. All participants are required to be present by 4 p.m., the hunt begins at 4:45 p.m.

TACO TUESDAY AND PASTA WEDNESDAY

Stop by Riley's Conference Center for lunch 11 a.m. to

Taco Tuesday features an all-you-can-eat meal with a choice of meat, hard and soft shell tacos, salsa bar, rice, beans, salad bar and dessert.

Pasta Wednesday features pasta main dish, green beans, focaccia and Greek salad.

The buffet costs \$9.95, which includes a drinks. A salad bar only is available for \$5.95. For more information 785-

FORT RILEY REEL TIME THEATER SCHEDULE

Friday, Aug. 31 Christopher Robin (PG) 7 p.m.

Saturday, Sept. 1 Christopher Robin (PG) 2 p.m. The Spy Who Dumped Me (R) 7 p.m.

Sunday, Sept. 2 The Darkest Minds (PG-13) 5 p.m. Theater opens 30 minutes before

first showing. For more information, call 785-239-9574.

Regular Showing: \$6, children are \$3.50, children 5 and under are admitted free.

3D Showing: \$8

First Run: \$8.25, 3D; First Run: \$10.25

MONEY MANAGEMENT CLASSES

Army Community Services staff host a wide selection of classes that can help Soldiers and families alike. Popular are the money management classes will guide you through the world of personal finance. Classes are Wednesday's 9 a.m. and 1 p.m.

Call 785-239-9435 for more information and to register.

FORT RILEY LEISURE TRAVEL

Discount tickets are available for events in the surrounding area as well as major theme park destinations.

Great Wolf Lodge — Kansas City Hotel: Blackout dates apply. Water park tickets included for all guests.

B&B Junction City Gem Theater: \$30 value gift card for \$25 good for movie tickets and concessions.

Kansas City Sprint Center: Disney on Ice - Dream Big tickets for the Sept. 14 to 17 performances for \$20 to \$33 depending upon show and seats selected.

And much more!

For more information on tickets and travel packages available through the Leisure Travel Center, call 785-239-5614/4415.

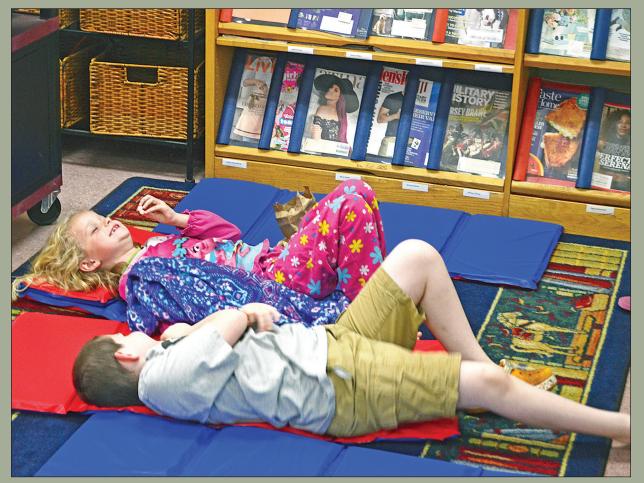
FREE AUDIO BOOKS

All military branches will get to take advantage of this service at no cost. Thousands of audiobook titles are available instantly on demand or have the CD shipped for free.

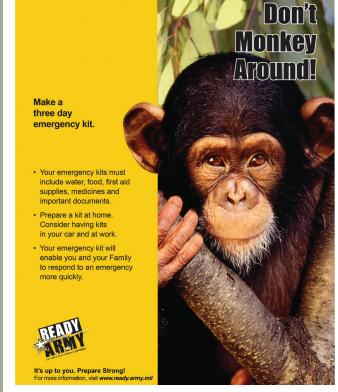
This service is open to all veterans, service members and their families residing in Kansas.

For more information, visit www.Kansas.3LeafGroup.com.

LIBRARY HOLDS MOVIE NIGHT



Dallas Marsh, 7, daughter of Sgt. Christopher Marsh, 101st Brigade Support Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and Jakob Berkman, 10, son of Celeste Berkman, Fort Riley Library assistant, Directorate of Family and Morale, Welfare and Recreation, get comfortable during the Post Library Movie Night Aug. 25. Families had the opportunity to watch "Early Man."







WWW.FACEBOOK.COM/ **FORTRILEY**

Worship Opportunities

Protestant Services	
Victory Chapel	239-0834
ChapelneXt Protestant Service	1100
Sunday Worship Children's Church	
Morris Hill Chapel Gospel Protestant Service	39-2799
Sunday School	0000
Sunday Worship	
Main Post Chapel	239-0834
Traditional Protestant Service	
Sunday Worship	1030

Catholic Services

Victory Chapel	239-0834
Sunday Mass	0845
Sunday Catechism	1000
Saint Mary's Chapel	239-0834
Confession (or by appointment)	1100
Sunday Mass	1130
Mid-day Mass- Mon., Wed., & Fri	1200
IACH Chapel	239-7872

Mid-day Mass– Tue. & Thur.1200

Jewish Service

For Sabbath Services please contact the Senior Chaplain at 240-6268/910-273-0767.

Pagan/Wiccan Service	
Kapaun Chapel	239-0834
Fort Riley Open Circle-SWC	
1st & 3rd Wednesday monthly	1800

Wednesday Family Night

Weekly classes from 1900-2000 at Victory Chapel 785-239-0875. Watchcare provided for birth-4yrs. Kick-off 12SEP18

Club Beyond - Faith Based Youth Program

Grades 6th - 12th, Meets Sundays Combined MS/HS Youth 1830-2015 at Victory Chapel 785-370-5542

*Club Beyond is a Non-Federal Entity and is not part of the DoD or any of it's components and it has no government status.3

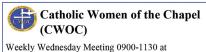
AWANA

Meets Sundays, 1400-1600 at Victory Chapel



Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel.

For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"



Victory Chapel. Childcare provided. Kick-off 5SEP18

For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"

Check for schedule over Training Holiday weekends





Fort Riley Soldiers gather to sing "Happy Birthday" to the Warrior Zone led by Warrior Zone employees Aug. 25 to celebrate the seventh anniversary of the Directorate of Family and Morale, Welfare and Recreation building. The Warrior Zone has come a long way since the original test program according to DFMWR assistant business manager Diana McGee.

Warrior Zone celebrates birthday

Seven years at current location has officials excited for the future

Story and photos by Will Ravenstein 1ST INF. DIV. POST

The staff of the Fort Riley Warrior Zone celebrated their seventh anniversary with activities, cake, ice cream and memories of what used to be.

The large facility that holds the Warrior Zone was uncertain eight years ago when Fort Riley was tasked with piloting for the new program. Warrior Zone took the old enlisted club idea and progressed it into the new century according to Diana McGee, assistant business manager.

"I've seen it progress into greatness and I've seen it go down due to situations," she said. "Overall, I never thought it would have lasted this long, especially since we are the original — test pilot. Because of our test pilot and how we did, that's when they decided to build this (facility) and make them across the board. We've got to find a way to progress and this is a good way of progressing."

The large facility offers several gaming systems including console and computer-based games. There is also a large bank of computers for Soldiers to take care of schooling or correspond with family and friends back home. For those who prefer more strategy and handson entertainment, there are



Cpl. Randy Bottomley, 5th Squadron, 4th Cavalry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, collapses from exhaustion after his sumo wrestling bout during the Warrior Zones seventh aniversary party Aug. 25.

pool tables set up and once a has become a second home month there is a poker tour-

Add in food and adult beverages and the place is perfect for Soldiers to get rid of stress and unwind according to manager Quinton Williams.

'We have everything going on," he said. "So if they need a chance to decompress, we are the place to do

HUMBLE BEGINNINGS

8067, across from Long Gymnasium. Inside there was a way for Soldiers to relax and unwind as the pilot phase progressed.

Initial scores were great and got better as the trial year finished, McGee said. So much that the new, larger facility was built for the Warrior Zone.

The staff is welcome to bring new ideas to benefit Soldiers, and Warrior Zone to many of the employees.

Everything I do at home I do here — everything I think is fun, I bring it here," Williams said. "Then we turn it into something else."

That philosophy has led to the creation of new events over time to include; Cars and Coffee, All-Day Anime, Poker Night and most recently, Dungeons and Drag-

"One of our employees is passionate about Dungeon The Warrior Zone and Dragons," Williams as originally in building said. "We got a plan together and got them started on it. Now it's one of our more popular activities we do throughout the week. It started off with four people and now there are over 20. We have to schedule it over two days just so everybody can participate."

THE FUTURE

Warrior Zone employees are looking forward to what could be — to make the place better.

"We have everything going on, so if they need a chance to decompress, we are the place to do that."

QUINTON WILLIAMS MANAGER, WARRIOR ZONE

"It's considered one of our babies if you really think about it," McGee said. "We've molded it. We've come up with ideas."

Williams said he would like to see Warrior Zone coordinate their program more with the Better Opportunities for Single Soldiers pro-

"The biggest goal right now, with this next fiscal year coming, is to coordinate more with the BOSS program," he said "They are trying to focus more on the recreation side versus the volunteer and community service side. Which is fine. Sgt. (Janette) Blunt is pushing it back toward the recreation side. She feels that her guys are getting burnt out with volunteer hours and volunteer opportunities. We are going to work on getting them involved with an activity versus working one."

Williams would also like to see Warrior Zone become something more.

"The ultimate sham station," he said. "That's what they need, a place to sham. Not go AWOL, but like fully decompress."

TUESDAY TRIVIA CONTEST



The question for the week of Aug. 28 was: September is National Preparedness Month. Where can I find information on how to be prepared for emergencies or disasters?

Answer: www.riley.army.mil/Community/ Ready-Army

This week's winner is Tiffany Helmuth, wife of Staff Sgt. Dwight Helmuth, 1st Battalion, 18th Infantry Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division.

Pictured above are Tiffany Helmuth and her daughter, Sienna.

CONGRATULATIONS TIFFANY!

Fort Riley Mass Warning and Notification System Smartphone App

The Fort Riley Mass Warning and Notification system now includes a mobile notification smartphone application.



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PARTY Continued from page 9

and Batman designs. Some wore their uniform, while others sported semi-formal attire as they spent time with their

children.

"The dads looked great. They were very, very into it," Pratt said. "They are having a lot of fun with it. I think they really enjoyed it." Once the party started the

guests were introduced to the special assortment of characters present including: Elsa, Anna, Kristof, the Queen of Hearts, Rapunzel, Elena of Avalor, Spiderman, Captain America, the Black Panther, Shuri and more.

As the characters were introduced, the children cheered for their favorite as they smiled at a chance to meet them.

Activities included temporary tattoos, decorating a memory box and building a princess castle. Building the castle was available for the families to do together there or at home later.

Six-year-old Eresma daughter Fernandez, Command Sgt. Maj. Eduardo Fernandez, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, was excited to see Elsa, she said.

"I like Elsa because she has powers," she said while building her memory box.



Will Ravenstein | POST

Command Sgt. Major Eduardo Fernandez, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, helps his daughter, Eresma, 6, with her memory box Aug. 25 at the Dad's Tea Party at Riley's Conference Center.

Eduardo Fernandez said that the event was great, as he helped separate the paper from the sticky foam for Eresma.

"It's great that they are providing a venue and all the things they are providing, arts and crafts and the princesses," he said. "It's great. It's near and it's easy to get to. It's a great event."

Along with DFMWR and ACS staff members present, Pratt said that members from the Boy Scouts of America and Girl

Scouts of the United States of America, Child and Youth Services and other community partners assisted with the event.

Pratt discussed the value of interpersonal relationships and how the partners helped offer families a way to spend time together and offer a support channel for the military children when a parent is de-

Snacks and refreshments were provided.

Captain America invited everyone to sit in the main

"It's great. It's near and it's easy to get to. It's a great event."

SGT. MAJ. EDUARDO FERNANDEZ | 2ND BATTALION, 70TH ARMOR REGIMENT, 2ND ARMORED BRIGADE COMBAT TEAM, 1ST INFANTRY DIVISION

area as he read a story to the children during which Spiderman played a trick and sneaked off with his shield and hid in the crowd. After the story was finished, the children were quick to squeal on Spiderman so Captain America could get his shield

The scene was a tribute to Spiderman stealing the shield in "Marvels Avengers: Civil

The day was a success according to Pratt as the families laughed and spent time

"I think this is one of the best [events] we had this year," he said. "Our 10th one and (it's) the best one yet. We just keep taking it up another notch every single year and I am just amazed at how staff and families come together to make this such a great outing every year."

KANSASSTATEFA



Family paddlers take to water

Fort Riley instructors host canoe trip at Geary State Fishing Lake

Story and photos by Kimberly Green 1ST INF. DIV. POST

Directorate of Family and Morale, Welfare and Recreation's Fort Riley Outdoor Recreation instructors hosted a family canoe trip to Geary State Fishing Lake Aug. 25. Geary State Fishing Lake is 10 miles south of Junction City, Kansas, on US-77, and according to stateparks.com, it has 97 acres of water for paddling.

Outdoor Recreation staff supplied transportation to and from the lake along with canoes, kayaks, paddles and personal floatation devices for the day's adventures.

Among the paddlers on the trip were families new to watersports and some with experience.

Sarah Mueller, branch chief of Outdoor Recreation, was on hand in her kayak to help the families. After giving a short lesson on different paddle strokes and safety, Mueller and her staff let the families slide their boats onto the flatwater and test out their skills.



Staff Sgt. Gabriel Espinoza, Company B, Warrior Transition Battalion, spent Aug. 25 canoeing with his wife, Arin, and daughter, Emily, on Geary State Fishing Lake. The event was organized by watercraft instructors from Fort Riley Outdoor Recreation and was free for families.

The trip wasn't meant to be difficult for the families participating but to be used as an opportunity to learn valuable canoeing skills while also enjoying the day together.

"We're just going to do a little family canoe trip here on the lake and expose them to this type of outdoor activity," she said.

Outdoor recreation attempted to host a canoe trip in July but due to lack of interest, had to reschedule for August. Staff anticipated 22 people on the trip to Geary State Fishing Lake, but in the end only eight showed.

The smaller number of water adventures did not damper staff's excitement for the trip, and instead allowed them to give one-on-one instruction to each of the paddlers during the four-hour float.

"I am passionate about outdoor recreation," Mueller said. 'I grew up in the outdoors. It's just a good quality of life program — getting people out in the air, breathing it, getting away from all of the ins and outs of the days of normal life hectic-ness."

A chance for family time is what got the Padilla family out

on the water. First Sgt. José Padilla, Headquarters and Headquarters Company, 2nd Battalion, 70th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, brought his wife, Dayni, sons, José and Yoel and daughter Yzabelle along on the trip.

"It's a chance to spend time with the family and to chitchat with the kiddos and do fun things," Danyi Padilla said.

José Padilla said that he was excited to canoe with his family.

We've never done this before — like together, so this will be fun, a new experience,"

The next canoe trip is scheduled for Saturday, Sept. 15. It will be an allday canoe trip to Wilson Reservoir in Wilson State Park and according to Mueller, the reservoir is "one of the best places to canoe in Kansas."

As with all canoe trips offered through Outdoor Recreation, all supplies and transportation to and from the lake are provided and reservations are required.

Reservations are being taken for the September trip and Mueller suggests visiting their Facebook page at www. facebook.com/rileymwr for further details.

FORM MATTERS







Athletes shine at Blue-White Scrimmage

Fort Riley, Junction City middle-schoolers work with high school players

Story and photo by Will Ravenstein 1ST INF. DIV. POST

Fort Riley Middle School athletes have been practicing their sports for the last two weeks. On Aug. 25 and 26 they showcased the lessons to family, friends, the Junction City coaches and community by taking part in the Blue-White Scrimmage and Time Trials.

Friday, the Troopers' football teams were able to get game-like action against each other and Junction City Middle School football players at Al Simpler Stadium prior to the Junction City Blue Jays taking the field.

The event allowed the student-athletes to not only interact with the high-school players, but also with their counterparts at Junction City Middle School as well, something that head coach Thomas Crubel thinks is important.

"It's really great to have these kids interact with the high-school kids, but not only that, they get to interact with Junction City Middle School as well," he said. "In a year, the eighth graders are all going to be teammates up here. So, it's really good to have a night like this to bring the community together, bring our fans, parents, community members so they can see what both programs are all about and what the high school program is all about."

While the first two weeks were focused on fundamentals, the display allowed Crubel and his coaches to see aspects of the team's process they need to im-



Five members of the Fort Riley Middle School cross country team take the start Aug. 25 at Milford State Park during the Blue-White Time Trials. The runners had the opportunity to watch the Junction City High School runners run the course before their race and interacted with the team after their race. Saturday gave all three Geary County School District teams a chance to meet each other and see what the program looks like.

prove before the first game Aug. 30, in Clay Center.

"We saw some things we need to fix," he said. "We have practice tomorrow (Saturday) then Monday, Tuesday, Wednesday and Thursday to work on those and head into our first game in Clay Center."

After their time on the field, the Troopers, along with the Junction City Middle School players joined by the Junction City Recreation League teams, completed joint stretching with the Blue Jays. After the stretching was complete, the Blue Jays led the teams in a massive breakdown near midfield before the teams were released to their parents.

The Blue Jays showed the fans and the young players what they have been working on for the last two weeks as they prepare to host Hays Friday in the season opener.

Crubel had his players sit on the visiting side bleachers to watch the Blue Jays, with instructions to watch their position on the field.

"They are going to be up there really soon, so it's important for them to see what the high school program looks like, what the coaches at the high school expect from them," he said. "I hope that they watch their position, watch what the high schooler does and how they do it. So that way they can learn and take that back up with them to the middle school."

CROSS COUNTRY

Five members of the Troopers cross country team traveled to Milford State Park on Aug. 26 to take part in the Blue-White Time Trials hosted by the Junction City High School cross country team. The runners took to the one-mile course to learn the lay of the land and to see the high school runners race.

The cross country coach, Sarah Davis, was not present as she had prior engagements, but Fort Riley and Junction City Middle Schools athletic director Brad Bascue was there to cheer on the middle school athletes from both school runs.

He said the day was important for the Troopers as it allowed them to get familiar with a course they will see this

"They are out here getting familiar with the course, we host our own cross country meet on Sept. 6," he said. "So it's good for them to get out here and see the course before our home meet."

The hills on the course offer the runners some challenges, especially the larger hill leading to the finish.

"I think it is a big mental challenge for them," Bascue said. "That's why we want to come out here before hand so they can know what to expect. I think the more that we run it, the more that it's going to help them feel confident on it."

Bascue said the opportunity for both the cross country and football teams to interact with the high school athletes is what makes Geary County Schools a great place for athletes.

"I think it's a great experience for both sides," he said. "I mean Geary County Schools — we are a seventh through 12th grade sports program. They do a great job at the high school interacting with our players as well as our kids interacting with the high school players. That was evident last night at the football scrimmage because Fort Riley and Junction City Middle Schools came out and scrimmaged. The high school kids cheered them on. It's just another way that our sporting programs can interact and work together."

GLUTES

The piriformis muscle is located in the buttocks near the top of the hip joint. Public Health Nurse Capt. Eddie Murray demonstrates a piriformis stretch, which can help ease sciatic nerve pain when it shoots down the leg.

Murray recommends this stretch after a lower body workout.

- 1. Start in a seated position with the left ankle over my right leg just above the knee.
- 2. Lay back and lift the right leg upward. Grasp the right thigh with both hands and bring the leg inward until you feel a stretch.
- 3. Keeping the shoulder blades on the ground, bend the right leg - hold for 60 seconds. Switch legs.

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DINNER Continued from page 9

meal is what builds strong communities, according to Taylor.

Stephanie Weaver, wife of Sgt. Justin Weaver, 1st Combined Arms Battalion, 63rd Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, started attending No Dough Dinners while her husband was deployed after she was invited by a friend. Stephanie was accompanied to dinner on Aug. 24 by her husband and two children, Madison and Luke, and looked forward to not having to cook that evening.

"It's a place to get together with all the family," she said.

The No Dough Dinner served as the introduction to DFMWR's event Night at Moon Lake.



Téa Sambuco | POST

Volunteers with Corvias grill hot dogs and hamburgers for Fort Riley families during the No Dough Dinner Aug. 24.

"We decided to partner up with USO Fort Riley and provide a little added entertainment for their event," said Taylor Ferrarin, Directorate of Family and Morale, Welfare and Recreation special events coordinator.

going to have a couple of bounce houses out here and some 'Moana' themed activities like crab shell decorating and a 'Moana' treasure hunt. Once the sun goes down, we're going to play the movie 'Moana' for the people who

Ferrarin said that this was not the first time the DFM-WR had hosted a Night at Moon Lake event, but the last time, was in 2015 when they showed, "A Bugs Life."

"We like to get kids outside and active," she said. "We also have fishing going on."

Ferrarin said that some of the DFMWR volunteers came to help the kids bait their hooks as well as show them how to cast the poles Fort Riley Outdoorsmen Group provided for the families.



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Eight Local Offices

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Division recognizes women's firsts

Story and photos by Sgt. Michael C. Roach 19TH PUBLIC AFFAIRS DETACHMENT

Soldiers and civilians from the 1st Infantry Division and Fort Riley took part in a Women's Equality Day commemoration hosted by 2nd Armored Brigade Combat Team, 1st Inf. Div., at Barlow Theater, on Fort Riley, Kansas, Aug. 22.

Women's Equality Day, celebrated on Aug. 26, celebrates passage of the 19th Amendment which gave women the right to vote upon its ratification in 1920.

The event's keynote speaker, Lt. Col. Julia A. Wilson, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, commander, from Corpus Christi, Texas, said she was honored to be chosen for the event.

"About six months out, we start looking at guest speakers to see if they're available, said Master Sgt. Michael Cannon, 1st Inf. Div. equal opportunity advisor, originally from Winston-Salem, North Carolina.

"We look at their credentials and see if they fit what we are looking for as a guest speaker, and then once we select three individuals, we let the brigade that is hosting pick the one they want. Then we run it up to the commanding general and staff and they determine if they're fine with that, too. Once we do that, we let the person know that they're going to be the guest speaker."

Wilson began her presentation by stating a clear purpose.

"I hope this will resonate how we must continue to insure that rights and privileges are available to all citizens equally, regardless of sex," Wilson said. "Together we rise and our history is our strength."

Wilson pointed out important benchmarks in the history of women's equality, discussing the hardships, ridicule, harassment and even imprisonment that women faced in what she dubbed a civil rights

"There are thousands of firsts for women in education, politics, science, business, sports, health care, religion, military, civil rights, judicial service, arts, journalism, writing and poetry, just to name a few," Wilson said. "The observance of Women's Equality Day not only commemorates the passage of the 19th Amendment but it also calls our attention that we must continue forward."

Shifting her focus to the history of women in the military, Wilson outlined the progress that has been made in the name of

"The history of responding to our nation's call can be traced back as far as 1775 during the Revolutionary War," Wilson said. "Women often prepared food, attended to the wounded and assisted in administrative duties."

Wilson told the story of historical figure Deborah Sampson Gannett who disguised herself as a man to fight in the Continental Army during the Revolutionary War. Gannett's sex was only discovered after she was wounded, and she served more than a year.

While entering the Army under false pretense is not something I endorse, it is the spirit of this American woman who initiated a precedent that women wanted to serve beyond administrative duties," Wilson said.

Wilson noted that in the last two years of World War I, women were permitted to officially join the military. Then, in 1944, it was made possible for women to be ap-



Spc. Aileen Solis (left), of Santa Ana, California, and Spc. Karla Hicks of Clinton, Alabama, both from 1st Battalion, 66th Armor Regiment, 2nd Armored Brigade Combat Team, 1st Infantry Division, share the stage while reciting a speech by Susan B. Anthony during the Women's Equality Day commemoration at Barlow Theater on Fort Riley, Kansas, Aug. 22. The duo preceded a musical performance by the "Big Red One" band's brass quintet.



Lt. Col. Julia A. Wilson, commander, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, from Corpus Christi, Texas, speaks at the Women's Equality Day commemoration at Barlow Theater on Fort Riley, Kansas, Aug. 22. Wilson served as the keynote speaker for the event, covering the history of the gender equality movement for women both in and out of uniform.

pointed as warrant officers and serve as band leaders and administrative specialists.

Thirty years later, aviation training for women was authorized, and in 1996, the first female cadets entered the United States Military Academy. The ban on women in combat was officially lifted in 2013 on the 20th anniversary of women being authorized to serve as combat pilots. Finally, in 2015, women were authorized to attend Ranger School.

"More than a century later, after women were first officially allowed to serve in the U.S. military as nurses, women are now eligible to enlist in branches of over 230 positions," Wilson said. "These are just miniscule snapshots in time, of successes, groundbreaking changes and the culmination of the unique challenges women in the military face; the adversity women overcame and the glass ceilings that were shattered. The last several years have been historic for women in the United States Army as well as our sister services."

For Wilson, Women's Equality Day is a time to reflect on the milestones and challenges that been marked and overcome on the path to equality.

This year marks the 98th anniversary of women in the United States winning the right to vote," Wilson said. "Women's Equality Day gives us the opportunity to reflect on the many benefits of true equality of the role of women in our lives. Women in service and government have long served us as a nation by working to clear barriers, enforce laws (and) implement new ideas and change people's attitudes."

As a culminating part of her presentation, Wilson shared a personal story about running alongside her father — whom she attributes with empowering her — during 18th Airborne Corps esprit de corps runs on Fort Bragg, North Carolina. A photo of her younger self alongside her father and the 18th Airborne Corps commander at the time showed on the screen behind her.

"I never once felt that I could not finish the run or that I did not belong alongside the men in the unit," Wilson said. "I felt honored to start and finish the run with the unit."

Col. Anthony T. Murtha, 2nd ABCT, 1st Inf. Div., commander, provided closing remarks for event.

"She really brought it home, I think for all of us, the real meaning of this day," Murtha said. "In the time that I've been in the Army ... I have seen the opportunities for our female Soldiers and our leaders expand greatly, and that will only continue to trend forward I expect. Just look in your programs, you can see some of our senior leaders who have done firsts in our Army."

Murtha presented Wilson with an award in appreciation of her efforts as keynote speaker.

"You look at Lt. Col. Wilson, who has served in combat in Iraq and Afghanistan, who has not only served our Army and our nation, but who is also a proud mother of three and grandmother of two, who has continued to serve not only her family but our Army," Murtha said. "I'm honored to serve with her."

COLOR Continued from page 9



Téa Sambuco | POST

Runners take off from the starting point on August 25 during the Back-To-School Run in Color that was held at the Outdoor Recreation Center on Fort Riley.

the glow run. February we are looking at something related to Valentine's Day and then in May, we do the America's Kids run, which is a thing with all military

Goodman said that anyone was welcome to participate, even pets.

"Running is cardio, so we can get it going and you can do it individually," he said. "It doesn't require that much instruction and you can do it on your own pace. This isn't a race; it's just get done, get finished, get

The local schools were even involved in the race.

"We have five different stations along the almost 2K course; each school that participated is going to have a booth to throw a different color," he said. "The runners get doused with a different color at each station, and the first 100 people to each station get a little packet that contains a different color, so they can throw it wherever or at whoever they want."

Goodman said he hoped the event had a positive effect on the families involved.

"Hopefully they just come and have fun," he said. "Just to de-escalate the stress that military families have. I do youth sports and I see it all the time. The Soldiers go to the field so much that the families get so stressed and tired and they don't get a lot of time together."

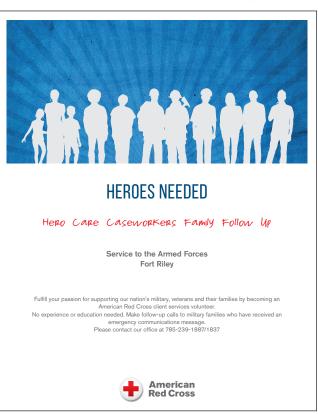
Miya Winston, daughter of CYS coordinator Wendy Winston and student at Kansas State University, also participated in the Back-to-School Run in Color.

"My first thought was 'Eww run,'" Miya said. "But once you found out there was color involved, it became a lot more fun to participate in." Miya said she believes the

run is something that brings the community together.

"It's definitely a morale booster," she said.

Miya plans on attending if CYS holds another Run in Color, and next time, she plans on wearing all white.



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Special needs topic of conference coming this September

Event at Fort Riley's Riley Conference Center open to the public

By Will Ravenstein 1ST INF. DIV. POST

The Fort Riley Army Community Services Exceptional Family Member Program staff will host the Developmental Delays, Autism and Behavioral Learning Conference Sept. 27 at Riley's Conference Center.

Check-in and welcome begins at 8:30 a.m. with the first of three presenters beginning at

"This year, Cari Ebert, (Kansas City, Missouri), is coming back again with a different topic," said Erkia Harrington, EFMP systems navigator. "She has a son who has autism. So she has lived this experience and she is also a speech language pathologist. She's a dynamic speaker — very lively. I know that we had a question come in asking if this will be just learning about autism for older kids — it's not. She's going to go across the age ranges. Participants will be able to ask her questions — anything you want to know about autism she's going to be able to tell you from a professional and a personal point-of-view."

Ebert's presentation is titled "Everything You Ever Wanted Know About Autism." She will present information and answer questions from participants.

The second presenter is Kayzy Bigler, program manager, Kansas Special Health Care Needs Program. After

DID YOU KNOW?

Latest numbers www.cdc.gov/ncbddd/ autism/data.html

- About one in 59 children has been identified with autism spectrum disorder (ASD) according to estimates from CDC's Autism and Developmental Disabilities Monitoring (ADDM) Network.
- ASD is reported to occur in all racial, ethnic, and socioeconomic groups.
- ASD is about four times more common among boys than among girls.

lunch, Bigler will present information about Individualized Education Programs in an interactive session.

"IEPs are something important," Harrington said. "When we get family members who are new to the installation and they have an IEP that came from a different state — all these questions and concerns. She is going to dig in to give an IEP 101. People will be able to ask questions. This is going to be good for parents because this is a very important topic for families that come to the installation."

Both Ebert and Bigler have experience, professional and personal, with special needs. This helps their message get relayed to the participants better, Harrington said.

"I think, for parents who are coming to attend, it's not just

this white-coat professional saying, 'Yes. This is what you need to do for your child," Harrington said. "Cari can say, 'No. This is what I've done with my own child.' I think with any experience in life, anyone that can add a personal touch makes the experience even more real. She (Bigler) also has that personal experience with IEPs as well as helping families in her professional settings."

The final presenter, Earl Robinson, Fort Riley Family Advocacy Program specialist, will explain the program BAL-A-VIS-X (Balance/Auditory/ Vision/exercises for brain and body integration). The techniques offered by the program allow a person to connect both hemispheres of the brain using small sand bags and racquetballs in a rhythmic fashion, solo or in teams.

"BAL-A-VIS-X is really cool," Harrington said. "We actually do this with our special needs awareness for childcare providers with Child and Youth Services. It's really a hit. More and more people are asking about it. It's rhythmic cross-lateral movements that get both hemispheres of the brain firing. If a child is a left-brainer, what BAL-A-VIS-X does is get the right hemisphere into practice so they can start working together.

"He also works with Soldiers that suffer from Post-Traumatic Stress Disorder," she added. "He said for these kids and those Soldiers it really helps to calm them down, get them thinking and get rid of some of that impulse control. It works on pausing some of those movements with bean-

The conference is open to everyone and is free to attend, Harrington said.

We are asking participants (to) register by Sept. 14, so we will have enough time to get awareness resources available for family members," she said. "Continuing education units are available. We will also have resource tables available. There will be some community agencies there so families can ask questions of them while they are there.'

There is no childcare provided, but Harrington said that should not be a reason not to at-

"We know that in some cases parents might have to bring their little ones," she said. "We don't want to turn anyone away. We don't want that to take place. We don't want anyone to feel unwelcomed — so just come."

With the event open to the public, Harrington asks anyone not affiliated with the military to indicate that on their registration form or to contact the EFMP office, 785-239-9435, and that information will be sent to the visitor's center to be placed on a pass list for the day.

"If you don't have a cardholder with you, you can send us your information through your registration or call and we will add you to the list to get you through the gate," she said. "They shouldn't have to check in at the visitor's center. Last year when we sent the list they just checked their ID and they were able to go through. They have to access (Fort Riley) through Henry Gate but they were able to come right through."

Harrington said that conferences like this are important deal with special needs, professionally or personally.

"Sometimes, we find families that kind of got lost in the system," she said. "They got the diagnosis but they don't know what to do or who to turn to. Now they are getting the help with the diagnosis and the tools and resources to use, and a face to call and say, 'This is going on.' Sometimes we have families have difficulties with referrals. They call us and we have really good working relationships ... having a personal contact that you can meet, I think, is so impactful for these families to come and just get connected."

Harrington said she hopes participants who come "feel more educated and empowered to be an advocate for their families and the same for professionals, to be able to assist families in their needs.'

Developmental Delays, Autism, and Behavioral Learning Conference



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Miscellaneous

270

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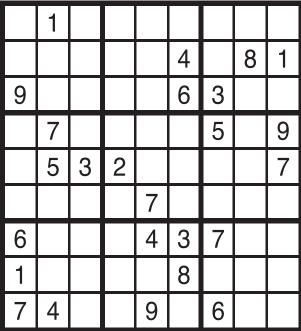
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su do ku



Level: Advanced

What Is su do ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

- Every row of 9 numbers must include all digits
- 1 through 9 in any order • Every column of 9 numbers must
- include all digits 1 through 9 in any order • Every 3 by 3 subsection of the 9 by 9 square must include all digits

1 through 9

Last Sudoku's Answers

2	7	4	6	1	8	5	9	3	
3	5	6	7	9	4	2	8	1	l
1	9	8	3	2	5	4	7	6	ı
9	6	2	4	3	7	1	5	8	l
8	4	5	1	6	2	9	3	7	ı
7	1	3	5	8	9	6	4	2	
6	3	7	9	5	1	8	2	4	
4	2	9	8	7	6	3	1	5	
5	8	1	2	4	3	7	6	9	ı

Miscellaneous 270

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Help Wanted 370

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Trial Court Clerk II: Permanent full-time position in the Eighth Judicial District, Geary County District Court. Job Description: This is court clerical work in a district court. Work involves standardized duties, which follow well-established procedures. Duties may include responsibility for a limited area of court process in a small or medium sized operation or assisting with a variety of types of processes. Supervision will normally be readily available. Work is reviewed for accuracy. Education/Experience: Graduation from high school and six months of experience in clerical work. Knowledge of modern office procedures and practices. Ability to understand the organization, operations, functions and scope of authority of the court or activity to which assigned. Preferred experience of twelve months in clerical work. Classification: Grade 12, step A, and a starting salary of \$1,040.24 bi-weekly. Position eligible for step increase to \$1,147.36 bi-weekly after 12 months. State benefit

package provided. Send required applications and resumes to Patty Aska, Clerk of the District Court, Geary County Courthouse, 138 E. 8th St., Junction City, KS 66441: (785)762-

Applications are available from Clerk of the District Court, Geary County Courthouse, 138 E. 8th St., Junction City, KS OR may be obtained off of the internet by

going www.kscourts.org/Court-Administration/Jon-Opportunities/default.aspand clicking on the "Application for Employment" link under Human Resources. Deadline: Friday, September 7 by 4:00 p.m. The Kansas Judicial Branch does not discriminate on the basis of race, religion, color, sex, age, national origin or disability, EEO/AA

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Convoy Systems is hiring Class A drivers to run from Kansas City to the west coast. Home Weekly! Great Benefits! www.convoysystems.com Call Tina ext. 301 or Lori ext. 303 1-800-926-6869

The City of Ogden, Kansas is accepting applications for the full-time position of Maintenance Worker I. Responsible for assisting in the overall maintenance of the city. Benefits include vacation/sick leave, health/dental insurance, KPERS. Pre-employment drug screen will be conducted along with background check. Must posses and maintain valid Class B Kansas Commercial Drivers License within 60 days of hire. Must posses and maintain valid ClassII Water License within 30 days of hire and Wastewater License Class I within 21 months of hire. Job description available upon request. Applications are available at City Hall, 222 Riley Avenue, Ogden, Ks 66517.

Misc For Sale

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REPORTER NEEDED



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The Junction City Daily Union has an immediate opening for a reporter who can build sources and dive into local issues. Duties include general assignment, feature writing, coverage of local government boards and copy editing.

The successful candidate will have sharp reporting instincts, outstanding news judgment, an ability to report and write quickly in a fast-moving atmosphere. A curiosity about the community and its people is vital.

This person must have the ability to work productively in a team setting.

The person must be aggressive and adept at setting priorities and reordering them as needed, particularly under deadline pressure or as circumstances change. The person should have strong writing and editing skills, and experience with Multimedia journalism is a must. We use video and social media to tell our stories.

> Send resume with references and writing samples to Editor Shane Ersland by email at editor@jcdailyunion.com (put reporter position in the subject line)







By Téa Sambuco 1ST INF. DIV. POST

Hutchinson was founded in 1871 by Indian Agent C.C. Hutchinson, according to www.britannica.com. While Hutchinson's economy is run on wheat and oilfields, the salt beds found there in 1887 also became the basis of a major industry.

Today, Hutchison is a "one-stop destination for family-fun and adventure," said the visithutch.com website. From scientific discoveries at the Cosmosphere to a rendezvous with Mother Nature at the Dillon Nature Center, Hutchison is the home of several engaging activities every family member can enjoy.

KANSAS COSMOSPHERE AND SPACE CENTER

According to www.cosmo.org, "Inspiring innovation through science education and honoring the history of space exploration," is the mission statement the Kansas Cosmosphere strives to uphold. Founded in 1962, the idea of the Cosmosphere, started with a planetarium projector and rented folding chairs set up in the poultry building at the Kansas State Fairgrounds. Now, it dominates 105,000 square-feet and has been named one of the first affiliates of the Smithsonian Institution.

The website states that visitors can experience the many attractions the Cosmosphere has to offer. The Corey Digital Dome Theater, for example, is a two-story dome with a 4k digital projector system that "creates a theater experience so vivid, you'll feel like you're part of the action."

Visitors can view various showings of the night sky in the Justice Planetarium, or jump back into the past in Dr. Goddard's Lab, an interactive show that "uses live demonstrations to take visitors on a journey through the history of rockets."

The Hall of Space offers visitors the chance to travel through time and space and features the "largest combined collection of U.S. and Russian artifacts in the world," according to the website. Included are several galleries, such as the Cold War gallery which "brings to life the Cold War standoff between the superpowers and the early drama of the Space Race." The gallery contains artifacts such as Sputnik I (flight-ready backup) and Sonic Wind II Rocket Sled.

Visitors can find more information and pricing at

STRATACA

As stated by the www.undergroundkansas.org website, salt was accidentally discovered in Hutchinson in 1887 by Ben Blanchard who was originally drilling for oil. This was the first significant salt discovery west of the Mississippi.

Today, a portion of the original mine is open to public tours, the website says.

The attraction is a combination of both the Hutchinson Salt Company and the Underground Vaults and Storage.

Underground Vaults and Storage holds millions of documents and items from all over the world as well as many original Hollywood movies.

The website says visitors are invited to "venture deep into the untold secrets of Strataca."

Grab a lighted-hard hat and take the Safari Shuttle through miles of underground tunnels that have been left untouched since the 1950s. The mines serve as a "time capsule," and everything from abandoned dynamite boxes to vintage snack wrappers have been left intact.

The salt mine has many other attractions as well, the website stated. Visitors can explore The Shaft, a transport that descends into the underground mines as well as the habitat of the oldest living organism on earth, Henry the Halophile — 250-million-year-old salt dwelling bacteria, the website says.

Those interested in taking a trip to Strataca can find more information at www.undergroundkansas.org.

DILLON NATURE CENTER

According to www.hutchrec.com, visitors to Hutchinson can "surround themselves with the beauty of the great outdoors" in a wild arboretum known as the Dillon Nature Center. The 100-acre Natural Urban Wildlife Sanctuary contains more than "300 species of woody plants, hundreds of varieties of wildflowers and native grasses, 200 species of birds and a large variety of other wildlife."

The website states that admission is free to the public, and the trails are open 8 a.m. to sunset. Visitors can enjoy fishing in the upper pond, which is stocked with catfish or trout, depending on the season.

A few trails are open to explore and all trails are under a mile in length. The Woodard Interpretive Trail Loop, three-quarters of a mile in distance, includes views such as a pond, a small prairie and gardens. Visitors to the nature center can expect to see many different types of birds, such as the Great Blue Heron and plants such as

the Sea Green Juniper.

Visitors can find more information at www.hutchrec.com.

HUTCHINSON ZOO

Hutchinson Zoo opened in 1986 with a petting zoo, a wild habitats building, a spider web play area for kids, and ponds and flowerbeds, according to www.hutchinsonzoo.org. During the first few years, the zoo added a prairie dog complex where kids can crawl through tunnels and view prairie dogs up close, as well as a Kansas Wildlife Aviary.

The website lists several more attractions for families to enjoy. Chil-

Courtesy photos | Kansas Cosmosphere
Above: The authentic Apollo 13 capsule is one of the
attractions at the Kansas Cosmosphere and Space
Center in Hutchinson. Below Left: The Cosmosphere
has many space related activities including the
Justice Planetarium. Below Right: The Titan II
Gemini Launch Vehicle at the Kansas Cosmosphere
is a replica of the ones used to propel all 12 Gemini
spacecraft into space beginning in 1964.



dren can ride a train through a native prairie landscape, as well as dig for fossils in the "Dinosaur Dig Area." The Discovery Center has a variety of animals, including the Black-footed fer-

According to the website, The Hutchinson Zoo also has many events for the public to enjoy, such as Boo at the Zoo, a non-scary trick-or-treating event and Prairie Nights where

guests can enjoy different cuisines that are created by local chefs. Visitors can find more information, including pricing and specials, at www.hutchinsonzoo.org.

KANSAS STATE FAIR

The Kansas State Fair takes place in Hutchinson each year. This year, the Kansas State Fair begins on Sept. 7 and goes until Sept. 16, according to www.kansasstatefair.com.

The "Find Your Fun at the Kansas State Fair" brochure provided on the website states that 2018 will bring new events to the Kansas State Fair, such as "Moo U" barn tours, an enclosed Butterfly Garden, a lumberjack competition and a light show and a performance provided by Street Drum Corps.

A few other eventslisted in the brochure include, KiddieLand, which contains a variety of inflatable fun stations, mazes and other kid activities. Austin Anderson and the Texas Trick Riders, standup paddle boarding and a flapjack-flippin' contest will also be new to the fair this year.

Some of the visitors will see are daily pig races and milking demonstrations. There will also be a concert every night by different bands, such as Dan+Shay and The Beach Boys. 4-H events, such as poultry and horse shows take place daily, according to the brochure.

Visitors to the Kansas State Fair can find more information and gate pricing at www.kansasstatefair.com

Courtesy photo

Visitors to the Hutchinson Zoo feed tortoises healthy snacks. The zoo sits on nine acres, has 160 animals and takes only 45 minutes to walk through and enjoy.

