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Senior Leaders Army leaders remember a hero



"Senator McCain was an unflagging supporter of our military, especially our Soldiers, Veterans, and their Families. The entire U.S. Army remains appreciative of his service, dedication, and leadership and mourns his passing."

> - Secretary & Chief of Staff, Army August 25, 2018 Washington, D.C.

On Point U.S. Army Online Conduct

The U.S. Army defines online conduct as the use of electronic communications in an official or personal capacity that is consistent with Army Values and standards of conduct. Online misconduct is a



term that describes unacceptable or improper behavior through the use of technology. Examples include, but are not limited to: harassment, bullying, hazing, stalking, discrimination, retaliation, or any other types of misconduct that undermines dignity and respect. Soldiers and DA Civilians who participate in or condone misconduct, whether in person or online, may be subject to criminal disciplinary, and/or other corrective action.



Multi-Component Readiness

Multi-component readiness is crucial to ensuring that units are ready to mobilize and deploy on short notice, fight, survive and win on the battlefield. The Army depends on both the critical and sustainment capabilities of the operational Army Reserve and the Army National Guard.

U.S. Army Forces Command names Best Warriors



During a ceremony at the Iron Mike Conference and Catering Center, U.S. Army Forces Command named their Soldier and Noncommissioned Officer of the Year. Command Sgt. Maj. Michael Grinston (left), command sergeant major, U.S. Army Forces Command, stands next to Pfc. Caden J. Emmons, XVIII Airborne Corps, FORSCOM Soldier of the Year while Staff Sgt, Ifegwu Ifegwu, XVIII Airborne Corps, FORSCOM Noncommissioned Officer of the Year, stands next to Gen. Robert B, "Abe" Abrams (right), commanding general, FORSCOM, Aug, 24, 2018 on Fort Bragg, N.C. (U.S. Army photo by Eve Meinhardt)

By Eve Meinhardt, FORSCOM Public Affairs

FORT BRAGG, N.C. - Eight noncommissioned officers and seven junior enlisted Soldiers representing units from across the U.S. Army Forces Command competed for the title of FORSCOM Noncommissioned Officer and Soldier of the Year and gave their all during the Best Warrior Competition at Fort Bragg, Aug. 17-24.

Command Sgt. Maj. Michael Grinston, command sergeant major. FORSCOM, was with the competitors throughout the week to provide motivation and support. He said that the events were designed to test the mental and physical toughness of each of the participants and that even though they were evaluated as individuals, it still showcased their skills as part of the Army team.

"The Army Best Warrior Competition builds

esprit de corps, morale ... and it really tests to see if all that training that they've done for years of their lives (puts them among) the best of the best," said Grinston. "It's very important for Soldiers to know they can test themselves physically and mentally, with probably some of the best Soldiers in the U.S. Army, to see how they come out."

While each competitor had an idea of what events testing their mettle and Soldier skills might be in store for them over the week-long competition, there was no published schedule of what the day would bring and sometimes the day's events were altered just to keep everyone on their toes. Gen. Robert B. "Abe" Abrams said that this was deliberately done to test the resiliency of the competitors.

FORSCOM in the news

FORSCOM Command Sgt. Maj. Michael Grinston, recently visited Soldiers of the 13th Expeditionary Sustainment Command at Fort Hood, Texas.



Soldiers from the 1st Stryker Brigade Combat Team, 2nd Infantry Division, recently received notice to deploy to the NTC at Fort Irwin. Calif.

Training opportunities for Army Reserve and National Guard units were highlighted during a recent First Army Training Working Group at Roc Island Arsenal, III,

Celebrating the start of the 1st Infantry Division's second century of service, the "Big Red One" recently hosted its annual Victory Week at Fort Riley, Kansas.



The 3rd Armored Brigade Combat Team, 1st Cavalry Division, recently hosted visitors fr<mark>om the L</mark>ebanese Armed Forces at Fort Hood Texas.



Meet your Army

Spc. Darren Hopes, a horizontal construction engineer with the 687th Engineer Company, 46th Engineer Battalion, is still getting use to his rank as he was officially promoted to specialist because he added a Ranger tab to his uniform. a feat few young engineers achieve.



TOP SHOTS

Here are the best photos from FORSCOM Public Affairs professionals world-wide. For more photos and information, click these photos or visit army.mil/forscom



Right Soldiers from the 1st Stryker Brigade Combat Team, 2nd Infantry Division, board a charter aircraft Aug. 25, 2018, at Joint Base Lewis-McChord, Wash. enroute to the National Training Center at Fort Irwin, Calif. as part of an Emergency Deployment Readiness Exercise. (U.S. Army photo by Staff Sgt. Samuel Northrup)

Left Staff Sgt. Ifegwu Ifegwu, representing XVIII Airborne Corps, crawls under a barbedwire obstacle during the U.S. **Army Forces Command Best** Warrior Competition at Fort Bragg, N.C., Aug. 20, 2018. (U.S. Army photo by Paul Boyce)





Above Pfc. Caden J. Emmons, representing XVIII Airborne Corps, flips a tire as part of the U.S. Army Forces Command Best Warrior Competition at Fort Bragg, N.C., Aug. 23, 2018. (U.S. Army photo by Sgt. Gin-Sophie De Bollotte)

Left Task Force Rugged Soldiers assigned to 14th Brigade Engineer Battalion at Joint Base Lewis-McChord, Wash. join a group of Redding Hotshot firefighters, August 17, 2018, in Mendocino National Forest, Calif., to cut line in the wake of an oncoming fire on Pine Mountain. (U.S. Army photo by Sgt. 1st Class Jimmy Norris)



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This week's FORSCOM PA Summarv (CAC required)



Above A radio telephone operator assists a fellow RTO from 2nd Stryker Brigade Combat Team, 2nd Infantry Division, move to avoid

enemy counterattacks during Emergency Deployment Readiness

2018. (U.S. Army photo by Staff Sgt. Kenneth Pawlak)

Exercise Courage Ready 18-02 at Joint Base Lewis-McChord, Aug. 7.