

## DOD announces overhaul to Defense Travel System in contract award

**Staff Report**  
 Defense Media Activity,  
 Department of Defense

The Department of Defense announced last week that it is taking steps to replace the “aging and inefficient” Defense Travel System, according to a press release.

In the Aug. 16 statement, DOD said it selected defense contractor SAP Concur to develop a business travel system prototype to replace DTS. The \$9.3 million contract is expected to produce a system that will substantially lower the cost of airline tickets and help over 2 million service members and civilians save more than 10 million labor hours that they spend annually on booking business travel.

SAP Concur expects to complete the prototype within 24 months.

“We have a responsibility to ensure our resources are used in the most efficient and effective manner, and given this specific project has such a wide ranging



Soldiers assigned to the 3rd Squadron, 2nd Cavalry Regiment prepare for departure aboard an aircraft at the Nuremberg Airport, Germany, July 26, 2018. The Department of Defense announced in August 2018 a contract award aimed at overhauling the Defense Travel System. (Photo by 1st Lt. Ellen Brabo, U.S. Army)

and deep impact -- reforms with results like these are crucial,” said Chief Management Officer John H. Gibson in the release. “I’m proud of the work we’re executing through the Reform Management Group and initiatives like this from the Information Technology Reform Team.”

The Department of Defense spends \$9 billion annually on travel, with temporary duty travel comprising approximately 70 percent of all department travel vouchers.

As part of the DTS overhaul, DOD will also mandate the use of lower-cost, non-refundable airline tickets in markets

without pre-negotiated fares. The contract also plans for a prototype capability to adopt commercially-available travel processes using information technology solutions, the release adds.

Overall, DOD aims for the new system to reduce costs and administrative burdens

on travelers and administrative officials alike. The prototype must also meet the department’s audit readiness requirements, improve customer satisfaction, and align to commercial/industry best practices.

## Women’s Equality Day

**Staff Report**  
 Deputy Chief of Staff, Army  
 G-1

The nation’s annual observance of Women’s Equality Day on August 26th commemorates the addition of the 19th Amendment to the U.S. Constitution in 1920, which guaranteed women the right to vote.

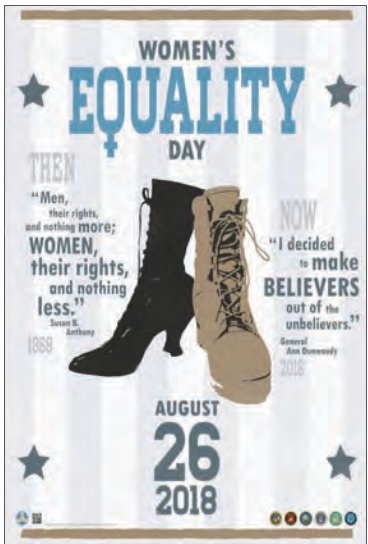
This action marked the culmination of the long struggle by women to gain an equal voice in their government. The women’s suffrage movement in America began in 1848, when the first women’s rights convention was held in Seneca Falls, New York, led by Lucretia Mott and Elizabeth Cady Stanton.

The 19th Amendment is a testament to the courage and tenacity of the women and men who challenged the nation to live up to its founding principles.

The U.S. Army celebrates Women’s Equality Day by recognizing the service of women to the nation since 1775 and who remain an invaluable and essential

part of the Army.

The Army recognizes not only the significance of women’s contributions, but also the value of diversity and inclusion.



As the Army shapes the future force, it will ensure that every individual has the opportunity to maximize his or her potential. The military has made many strides to eliminate barriers to service, and remains committed

to the idea that every American is entitled to equal treatment and opportunity. Army leaders continue to develop, foster and sustain a culture that allows women the opportunity to pursue their goals, to grow personally and professionally and to have the prospect of succeeding and prospering free from discrimination.

The Army is dedicated to ensuring equality for all of its members. Women play vital roles in the Army as Soldiers and Army Civilians and are critical members of the Army team. Female Soldiers make up 17.4 percent of the Army and are able to serve in any military occupation as long as they qualify and meet the specific required standards.

The legacy of the brave women who have served, and will continue to serve in the U.S. Army further inspire Americans to strive for equality.

Read more online, at Women in the Army, <https://www.army.mil/women/history/?st>.

## U.S. Army’s Criminal Investigation Command announces new, digital Crime Tips System



**LaToya Graddy**  
 U.S. Army Criminal Investigation Command

The Army community and American public now have the ability to use their computers and smartphones to submit tips about crimes, suspicious activity or threats to the U.S. Army’s Criminal Investigation Command (CID) via a new digital crime tips system.

The CID crime tips system recently transitioned to a web-based and smartphone app submission method. The public can access the system via any Internet-connected device by visiting, <http://www.cid.army.mil/>. In addition to the web interface, the app is for submission of tips and is available for free download from the Apple Store and Google Play at <http://www.p3tips.com/app.aspx?ID=325>.

According to CID’s implementation project manager, Special Agent Christopher L. Adams, the new system provides users a safe, secure and anonymous method to report criminal activity and security threats without concerns of retaliation or fear. He explained that whenever a person submits a tip online, the completed form is securely transferred directly to Army CID through a Secure Sockets Layer connection, which means that the tips are

**See CRIME on page 3**

### Women’s Army Auxiliary Corps (WAAC)

With war looming, U.S. Rep. Edith Nourse Rogers of Massachusetts introduced a bill for the creation of the Women’s Army Auxiliary Corps in May 1941. Having been a witness to the status of women in World War I, Rogers vowed that if American women served in support of the Army, they would do so with all the rights and benefits afforded to Soldiers. Spurred on by the attack on Pearl Harbor on Dec. 7, 1941, Congress approved the creation of WAAC on May 14, 1942. President Franklin D. Roosevelt signed the bill into law on May 15, and on May 16, Oveta Culp Hobby was sworn in as the first director. WAAC was established “for the purpose of making available to the national defense the knowledge, skill, and special training of women of the nation.”

#### WEEKEND WEATHER

**Friday**



Cloudy and rain with a high of 54 degrees and a low of 44.

**Saturday**



Partly cloudy with a high of 62 degrees and a low of 44.

**Sunday**



Cloudy with light rain, high of 56 degrees and a low of 45.

#### HUNTING SEASON ON MILITARY LANDS

Alaska Army and Air Force commands have worked hard to ensure information on approved hunting areas are shared as widely and timely as possible. Information of this year’s available and restricted lands are available on the USARTRAK iSportsman website, at <http://usartrak.isportsman.net>. Those age 16 and older choosing to recreate on military lands must register for a free Recreation Access Permit, which can be obtained online at the iSports-man website, or at one of three kiosk locations: Fort Wainwright Visitors Center, Fort Greely Visitors Center and the Fort Wainwright Natural Resource Office. The iSportsman website also provides up-to-date regulations and information on recreating activities, including wood cutting, bear baiting, bird watching, fishing, hunting and trapping.



# Nutrition Corner: Vitamin E

**Brandy Ostanik**  
Medical Department Activity – Alaska, Public Affairs

Did you know that vitamin E is a protective antioxidant compound, defending our bodies from the harmful effects of free radicals? This, in turn, keeps us at lower risk for many cancers. Some research has suggested that this special nutrient can also play an important role in the prevention of heart disease when sufficient quantities are consumed. Even further research is currently evaluating the long term role that vitamin E plays in a variety of other chronic diseases including macular degeneration, dementia, Parkinson’s Disease, and Amyotrophic Lateral Sclerosis (ALS). Although no consensus has been reached in the majority of these fields, it is clear that vitamin E is a vital piece in the ‘puzzle’ of good health, and

consumption of plenty of vitamin E-rich foods is one of the best ways to make sure we aren’t missing out.

For more information about vitamin E, health implications, and recommended intakes of this valuable nutrient, check out this article by the Harvard School of Public Health: <http://www.hsph.harvard.edu/nutritionsource/vitamin-e/>.

**FEATURED FOOD:**  
Olives! Believe it or not these tasty morsels are actually stone fruits, and they have a colorful past for sure. There are numerous types of olives and they vary dramatically in genetic variety, place of origin, and curing process. Olives can be oil-cured, brine-cured, dry-cured, or water-cured, and this process will ultimately contribute to the olive’s flavor, texture, and appearance. Not only are olives a versatile player in our culinary arsenal - able to act as

a condiment, a garnish, part of a sauce, salad, entrée, or even a cocktail – but they are also loaded with nutrients that provide important benefits to human health - one of these important nutrients just happens to be vitamin E! Olives are a great source of this essential antioxidant. If you’re searching for a zesty food that can boost your body’s resistance to harmful toxins and leave your taste buds and tummy satisfied, look no further than the amazing olive.

**RECIPE SPOTLIGHT:**  
Olive and Sun-Dried Tomato Tapenade with Endive Leaves

**YIELD:**  
Serves about 12 – intended as an hors d’oeuvre

**INGREDIENTS:**  
1 jar (7 ounces) sun-dried tomatoes

packed in olive oil  
3 (8-ounce) cans of pitted black olives, drained  
Extra-virgin olive oil  
3 heads endive (about 1/2 pound)

**PREPARATION:**  
Combine the olives, jar of sun-dried tomatoes (including the additional olive oil with which it was packed) into a food processor and blend until well mixed but with small chunks. Add more extra-virgin olive oil as needed to reach desired consistency. Transfer mixture to a serving bowl. Serve immediately at room temperature, or store for 2-4 days in the refrigerator.  
Gently separate leaves of endive and wash with cold water. Allow to air dry or use a soft paper towel to pat dry.  
Display the appetizer with tapenade in a dish in the center of a platter, endive leaves neatly placed around the center dish, and a small serving spoon.

# MEDDAC Minute

**Brandy Ostanik**  
Medical Department Activity – Alaska, Public Affairs

**IMPORTANT PHONE NUMBERS**  
Emergency: 911  
24 Hour Nurse Advice Line: 1-800-874-2273 Opt. 1  
Appointment Line: 361-4000  
Behavioral Health: 361-6059  
Benefits Advisor: 361-5656  
Immunizations: 361-5456  
Information Desk: 361-5172  
Patient Advocate: 361-5291  
Pharmacy Refills: 361-5803  
Referral Center: 361-1810  
Tricare On-Line: [www.tricareonline.com](http://www.tricareonline.com)  
Health Net Federal Services: [www.tricare-west.com](http://www.tricare-west.com)  
1-844-866-9378

**PERFORMANCE TRIAD TIP**  
Curious to know how many calories your body burns while at rest? Is your metabolism fast, normal or slow? Make an appointment with the Army Wellness Center for metabolic testing. After testing you will receive results as well as strategies for reaching your health goals.

**TRAINING HOLIDAY CLOSURE**  
The Walk-In Clinic will be closed Aug. 31, for the training holiday. A limited number of appointments will be available by calling 361-4000.

**TOBACCO CESSATION**  
Ready to quit tobacco? Let our tobacco cessation educators assist you. Classes are offered weekly at Preventive Medicine, building 4077, for beneficiaries. Upcoming classes include Sept. 4 and 25, from 9 to 11 a.m. To register, or for more information on class content and future dates, call 361-4148.

**HANDLING FOOD**  
Anyone serving food on post, including bake sales, must have a valid food handler’s card. The card, valid for one year, can be obtained from Preventive Medicine, building 4077, adjacent to Bassett ACH. The Food Handler’s course slides can be found and studied on our website, at [www.alaska.amedd.army.mil/Preventive\\_Med/Preventive\\_Medicine.htm](http://www.alaska.amedd.army.mil/Preventive_Med/Preventive_Medicine.htm). After reviewing the slides, a proctored

test must be taken and passed with a 70 percent or better. Call 361-5182 for test times and more information.

**IMMUNIZATIONS**  
The immunizations clinic at Bassett ACH is open on a walk-in basis Monday through Friday, 7:30 a.m. to 3:45 p.m. for all beneficiaries.

**SAVE TIME AND TRAVEL WITH SECURE MESSAGING**  
Want instant access to your healthcare team? Request an appointment, check labs, ask questions, get forms filled out and more. Scan the QR link or go to <https://app.relayhealth.com/Patients/Registration.aspx> to register. You will have access to your team within 1 business day.

**24 HOUR NURSE ADVICE**  
Not sure if you need to come into the emergency room or make an appointment? Beneficiaries can all our Nurse Advice Line to talk to a registered nurse 24 hours a day, seven days a week for advice about immediate health care needs. Call 1-800-TRICARE (874-2273.)

# Did you know

**Brandy Ostanik**  
Medical Department Activity – Alaska, Public Affairs

Have you ever wondered about the origins of the statue outside Bassett ACH? “Beneath our Flag”, handcrafted with aircraft aluminum, was created by Athabascan artist James S. Grant Sr. Grant passed away from cancer before finishing the sculpture when family and friends stepped in to see the piece to completion. The following video shows Grant and others working on the piece. <https://www.youtube.com/watch?gl=SN&hl=fr&v=VM1ZubSmBhU>.



# Weekly Financial Tips: Driving into winter

**Ryki Carlson**  
Survivor Outreach Services Support Coordinator

With the autumn right around the corner and the weather that accompanies it, it’s important to ensure your car is ready. Routine and preventative maintenance can save you high repair costs later and prevent headaches during your everyday travels.

**READ THE OWNER’S MANUAL**  
Regardless of the vehicle you drive, your regular maintenance schedule is inside it.

**CHECK THE LIGHTS**  
Seeing where you are going or being seen, will greatly decrease your chance of an accident. Replace bulbs or inspect the wiring to ensure complete safety. Ensure you check the fuse box; often a fuse blows and can be replaced quickly with minimal costs.

**CHECK FLUIDS**  
Check your fluid levels every time you fill up or check them weekly. Checking them on a regular basis will help your car run better and longer. Check your owner’s manual for specifics for your engine oil, transmission fluid, power steering fluid, and cooling system fluids.

**MAINTAIN TIRES**  
Check your tires not only for proper inflation, but also for wear. You can improve your gas mileage by around 3.3 percent if your tires are properly inflated. The way your tires wear is a good indicator of other parts for your care. Abnormal wear patterns are often caused by the need for simple tire maintenance or front end alignment. Tires should be inspected at every opportunity; every time you fill up is a good rule of thumb.

Learning to read early warning signs of trouble can prevent wear that shortens tire life or indicates the need for having other parts of the car serviced. Visually examine all four tires. Feel the tread by hand to detect wear such as feathering. Feathering is a condition when the edge of each tread rib develops a lightly rounded edge on one side and a sharp edge on the other. By running your hand over the tire, you can usually feel the sharper edges before you’ll be able to see them. Check all four tires for proper inflation with a pocket type pressure gage. Your recommended tire pressure is shown inside your driver’s door frame usually. Have tires rotated in accordance with your maintenance manual.

**REPLACE WIPER BLADES**  
Having an unclear view invites accidents. Ensure you can see the road and other drivers by replacing your wipers when they are worn and filling up your wiper fluid when low. Invest the time in defogging your windows before you start your trip too.

**CHECK AND REPLACE AIR FILTERS**  
Replacing a clogged air filter can improve your car’s gas mileage as much as 10 percent. Your car’s air filter keeps impurities from damaging the inside of your engine. Not only will replacing a dirty air filter save fuel, it protects your engine. Don’t forget to ask local parts stores for your military or student discount when purchasing filters.

**ENSURE YOUR BATTERY IS IN GOOD SHAPE**  
A thorough inspection of the cables, the fluid levels, and the terminals can prevent you from being stranded. Check your owner’s manual for the prescribed

maintenance. If your batter is over three years old, consider having it tested by a certified automotive repair facility, may parts stores will check the battery for FREE.

**INSPECT AND GET YOUR TIMING AND SERPENTINE BELTS WHEN NECESSARY**  
If they’re worn out, get them replaced before they fail. If you wait and those belts do fail, you’ll break down, and the damage belt can damage other accessories making the repair more costly.

**INVEST IN AN EMERGENCY KIT FOR YOUR CAR OR CREATE ONE**  
Invest in an emergency kit for your car or create one. Here are some of the basics that should be included: Flashlight with new batteries every 6 months, snowbrush, tire chains/cables, work gloves, sand bag, cold weather clothes, jumper cables, non-perishable food, tow strap, ice scraper, flares, first aid kit, a blanket or sleeping bag to keep warm if you are stuck without heat, and small shovel.

# ALASKA POST

## The Interior Military News Connection

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# The Chaplain’s Corner

**Chaplain (Lt. Col.) Paul Fritts**  
Fort Greely

“What is truth?” has been a hot topic of discussion on all media platforms recently. Humankind has wrestled with this question since... well, probably since there have been humans. It’s a useful question insofar as a person is interested in using it to sharpen her or his ability to think critically. I’m less convinced of the question’s utility when the purpose of an argument is merely to win the argument, rather than to elevate the conversation among all those on the journey toward “truth.”

In the Phaedo, one of Plato’s most widely studied dialogues, he writes: “The partisan, when he is engaged in a dispute, cares nothing about the rights [truth] of the question, but is anxious only to convince his hearers of his own assertions.” I think Plato has the right of it.

I consulted a couple of dictionaries on their definition of truth. Webster’s Ninth New Collegiate Dictionary lists a

number of definitions, no doubt owing to the complexity of the subject. Toward the bottom of the list is this definition: “truth is fidelity to an original or to a standard.” I like that definition. My old college Dictionary of Philosophy (Angeles, 1981) provides, unsurprisingly, several pages of different definitions and theories of truth.

Here’s one definition: “The view that a statement (proposition, idea, thought, belief, opinion) is true if what it refers to (corresponds to) exists. That to which it truly corresponds is called a fact.” In other words, what is factual must also be true. By the way, one definition of fact according to Webster’s is, “a piece of information presented as having objective reality.”

For those who consider themselves “Christian,” what does it mean to embrace “truth” as a people of faith? Faith has more to do with a trusting belief in what is not factual than with a demonstrable, objective reality. Which brings me back to that first definition of truth: “fidelity to a standard.” The hard

part for humanity, of course, is agreeing upon the standard. Generally speaking, however, Christians accept the Bible as the source of our standard for truth (not necessarily for what is factual).

In Paul’s letter to the Ephesians, he describes believers who are mature in the faith as evidence of unity in the church. Consequently, mature Christians “will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming.

Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ” (Ephesians 4:14-15). Mature Christians continue their growth – and help others grow in faith as well – by speaking truth in love, not by verbally clubbing opponents into submission for the sake of proving a point. Speaking truth in love is the biblical standard to which Christians are faithful.



**Chaplain (Lt. Col.) Paul Fritts**

The Fort Greely Chapel community is open and accessible to everyone in the Delta Junction/Fort Greely community -even non-military. We are a traditional, protestant Army chapel service meeting on Sundays at 10 a.m., with a weekly Communion observance. Interested? Please call 907-873-4397 to arrange for gate access. “Like” our chapel Facebook page by searching “Fort Greely Chapel” or use your web browser to go to <https://www.facebook.com/FGAChapel>.

For God and Country,  
Chaplain Fritts

## CRIME

Continued from page 1

encrypted, entirely confidential and completely anonymous. Users can also attach images, videos and documents with their tips.

“This new system is the ideal solution for ‘tipsters’ to report criminal activities or suspicious activity anonymously. Tips received will be seamlessly assigned to various units for further investigation.

Additionally, persons providing anonymous tips will have the ability to communicate with the CID Agents,” Adams said. “After submitting a tip, a tip reference/ID number is created that allows the tipster to create a password to check the status of the submitted tip or check on the status of a reward – if applicable. So do not misplace your ID number, as it will be needed to check on the status of your tip.”

There is also the multi-language feature for global use that allows tips to be auto-converted into English

on the backend regardless of what language they were submitted. Tips will be responded to in English and auto-translated back to their source language during the two-way dialog process.

According to Christopher Grey, CID’s spokesman, the previous methods of reporting a crime to CID will remain in effect until the new Crime Tips System is fully implemented.

“It is critical for people to say something when they see something and it literally can mean the difference between someone receiving the justice

they deserve or victimizing another innocent person,” Grey said. “Although we prefer people with information to use the new digital Crime Tips system, they can still report a crime through our current methods until these methods are phased out within the next 60 days: contact your local CID office, contact 1-844-ARMY-CID (844-276-9243) or email CID at [Army.CID.Crime.Tips@mail.mil](mailto:Army.CID.Crime.Tips@mail.mil).”

# Western Arctic National Parklands News Release

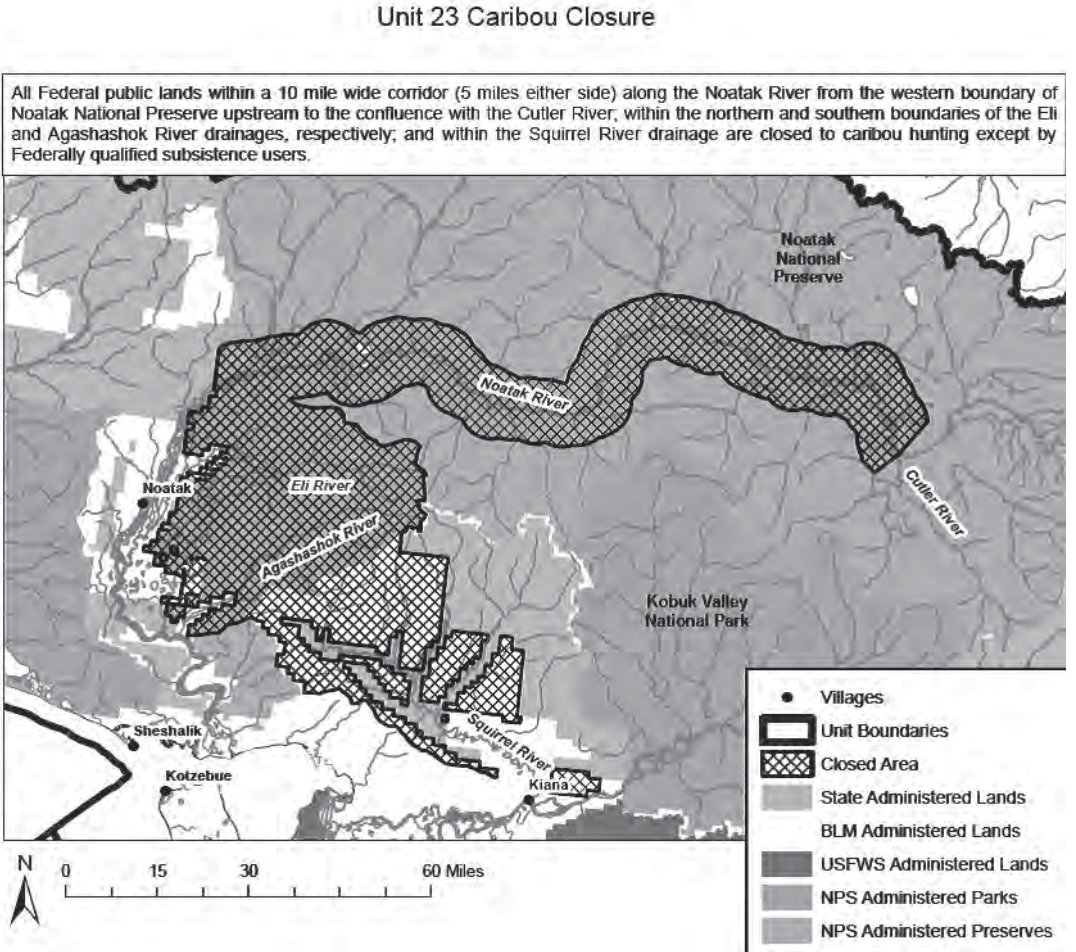
## Federally managed lands within a portion of Noatak National Preserve and BLM Lands within the Squirrel River drainage are closed to caribou hunting by Non-Federally qualified users

**Brandy Ostanik**  
Medical Department Activity – Alaska, Public Affairs

Due to administrative delays in the Federal Rule Making Process, the Federal Subsistence Board (Board) has approved temporary delegated authority to the Superintendent of Noatak National Preserve and the Federal land manager for Bureau of Land Management (BLM) to issue special actions enacting changes to Federal Subsistence Regulations adopted by the Board at its April 2018 regulatory meeting. This delegation of authority is established pursuant to 36 CFR 242.10(d)(6) and 50 CFR 100.10(d) (6).

Pursuant to this temporary delegated authority, the Superintendent for the Noatak National Preserve in Unit 23 (see map) is issuing an emergency special action to close Federal public lands within a 10 mile wide corridor (5 miles either side) along the Noatak River from the western boundary of Noatak National Preserve upstream to the confluence with the Cutler River; within the northern and southern boundaries of the Eli and Agashashok River drainages, respectively, to caribou hunting by all except Federally qualified subsistence users. This emergency special action is effective immediately and will also expire in 60 days or when the 2018-2020 Federal Subsistence Wildlife Regulations

are published in the Federal Register, whichever occurs first. Simultaneously, the BLM land manager in Unit 23 (see map) is issuing an emergency special action to close Federal public lands within the Squirrel River drainage to caribou hunting by all except federally qualified subsistence users. This special action is effective immediately and will expire in 60 days or when the 2018-2020 Federal Subsistence Wildlife Regulations are published in the Federal Register, whichever occurs first. Adopting this closure in a portion of Unit 23 implements the decision made by the Federal Subsistence Board at its April 2018 regulatory meeting and represents a reasonable compromise to address the complex issue of user conflicts in the area and the difficulty Federally qualified subsistence users have been having harvesting caribou as a result of these conflicts. This emergency special action to enact this



partial closure is also consistent with recommendations from the Northwest Arctic, Seward Peninsula, and Western Interior Alaska Subsistence Regional Advisory Councils. Information on Notatak National

Preserve may be found on the web at: <https://www.nps.gov/noat/index.htm> and additional information on the Federal Subsistence Management Program may be found on the web at [www.doi.gov/subsistence](http://www.doi.gov/subsistence).

**iREPORT**

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Fort Wainwright Police: 353-7535

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# USARPAC Conducts Joint Force Reintegration Training

**Staff Sgt. Justin Silvers**  
U.S. Army

For any Soldier, Sailor, Marine or Airman, being separated from your unit during operations, and subsequently from your family and friends, can be a harrowing and distraught experience.

That is why U.S. Army Pacific, in conjunction with its sister services, the Navy and the Air Force, used its resources to rescue and reintegrate personnel during reintegration training July 30, 2018.

The reintegration training also coincided with the largest naval exercise in the world, Rim of the Pacific (RIMPAC).

The reintegration process is broken down into three phases, which helps people who have been isolated or detained transition back into their normal duties with minimal physical or emotional complications, and is the final step in personnel recovery operations. USARPAC's role in the

training was to provide phase II reintegration support, and is designated as the supported command for phase II for the entire Pacific region.

During Phase I reintegration, returnees go through medical triage, meet with a Survive, Evade, Resist and Escape psychologist, or a reintegration team chief, who describes the reintegration process and receive briefs to collect time sensitive information. Phase II and phase III of reintegration expand on the medical care provided during phase I, and includes intelligence and SERE briefs, additional time for Soldiers to decompress, as well as public affairs and legal support.

Chief Warrant Officer 5 Bryon Mccrary, the USARPAC personnel recovery program manager, described the reintegration process in detail.

"Each reintegration phase

**See TRAINING on page 6**



Tripler Army Medical Center, HAWAII -- Maj. Scott Ostrander, a physician with Tripler Army Medical Center, examines Staff Sgt. Liam Spitzer, a Survive, Evade, Resist and Escape specialist with the 22nd Training Squadron, during reintegration training July 30, 2018, at Tripler Army Medical Center. Reintegration training is a three-phase process that helps people who have been isolated or detained transition back into their normal duties with minimal physical or emotional complications. Spitzer was simulating the role of a coalition pilot who was the prisoner of a state sponsored terrorist organization during the training. Ostrander was a part of the joint, U.S. Army Pacific led, phase II reintegration team (Photo by Staff Sgt. Justin Silvers, U. S. Army)

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## TALES FROM TFTA:

RECLUSIVE TRAPPERS, GOLD RUSH TRAILBLAZERS, AND TRAINING EXERCISES! THIS TALK IS PART OF AN ONGOING ARMY PROJECT TO DOCUMENT THE EXTENSIVE HISTORY OF THE TANANA FLATS TRAINING AREA, WHICH WILL CULMINATE IN A SMALL PUBLICATION. COME SEE THE PRELIMINARY RESEARCH AND LEARN ABOUT THE CREATION OF THE TRAINING AREA IN 1940, ON THE COLD WEATHER TRAINING MISSIONS CONDUCTED BETWEEN 1947-1991, PREHISTORIC ARCHAEOLOGY, AND MORE!

PRESENTED BY PIERCE A. BATEMAN  
HISTORIAN AT FORT WAINWRIGHT

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Oktoberfest

WITH COUNTRY ARTIST  
CRAIG MORGAN

SEPTEMBER 1  
OUTDOORS @ THE WARRIOR ZONE

EVENT OPENS AT 4 P.M.  
MUSIC STARTS AT 5:30 P.M.

18+ OKTOBERFEST AFTER PARTY  
AT THE WARRIOR ZONE, 8 P.M.  
FAMILY-FRIENDLY BOWLING PARTY  
AT NUGGET LANES BOWLING CENTER, 8 P.M.

Concert is open to the public.  
After Parties are open to DoD ID Cardholders and their authorized guests.  
Must be 21+ to purchase or consume alcohol. Please drink responsibly.

PROST!

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# Weekly Events

## August 24 – 31

- 24

**Youth Sports & Fitness Registration**  
August 24 through 31

Are you thinking of signing your child up for the winter sports and fitness season? Don't wait any longer! The deadline to register for sports such as basketball, swimming, wrestling, and cheer is Aug. 31! Parent Central Services, building 1049 #2. Call 353-7713, registration required.
- 25

**Army Entertainment Esports: Street Fighter V Tournament**  
August 25, 1 to 8 p.m.

Play 1v1 against other Fort Wainwright Soldiers and make it to the top for your chance to win a sweet prize package that includes an all-inclusive trip to compete on the Twitch stage at PAX West in Seattle! Don't want to play? Cheer on your buddies, enjoy free food, and win awesome prizes! At the Warrior Zone, building 3205, [www.wainwright.armymwr.com](http://www.wainwright.armymwr.com), registration required.
- 25

**Chena Bend Open**  
August 25 and 26

The Chena Bend Open isn't just for club members. Anyone is welcome to participate in this 2-day golf outing that showcases the best golfers in the area! Prizes awarded to the top players. Grab your clubs and head out on the greens! Chena Bend Clubhouse and Golf Course, building 2090 Call 353-6223, registration required.
- 26

**Women in the Wilderness: Mountain Biking from UAF to URSA Major Distillery**  
August 26, 9 a.m. to 2 p.m.

Ladies! Let's get another bike ride in before summer ends. Coast through the UAF trails before we head down the hill to our destination of URSA Major, where we can gather and enjoy a round of specialty cocktails at URSA Major Distillery. Outdoor Recreation Center, building 4050 Call 361-6349, registration required.



TRAINING

Continued from page 4

provides a level of physiological and psychological care, decompression, intelligence, and SERE debriefings,” said Mccrary. “Phase I and II each conclude with a decision point of returning a service member to duty, or to continue forward in the process to the next Phase. Since every individual’s experience is different, (the decision) is based on the individual’s need for additional care or debriefings.”

The exercise began with four U.S. Airmen assuming the role of prisoners who were captured by a state sponsored terrorist organization. Each Airman had their own unique story, and simulated injuries sustained while they were prisoners. After the Airmen were rescued, they were transported

to the U.S. Navy’s USS Carl Vinson, where they received Phase I reintegration support. Lt. j.g. Matt Maynard, an Intel officer with 3rd Fleet Maritime Air Operations with a background in SERE, was part of the phase I training, and said while phase I offered good training opportunities, there was always room for improvement. “Phase I went well overall, with the amount of people involved from the Carl Vinson, I think they did well, (but) I think they need to know more,” said Maynard. “They need to know more of what they’re responsible for and how to get better at that, but not having as much experience doing this (compared to the Tripler Army Medical Center team), I think it was still effective training.” Following the phase I reintegration training on the USS Carl Vinson, the Airmen were transported by helicopter to Tripler Army Medical Center on

Fort Shafter, Hawaii, where USARPAC Soldiers led the phase II reintegration training. There, the Airmen were transported to a secure wing of the hospital, where they were evaluated by medical personnel to determine the need for continued medical support, as well as received debriefings from Army and Air Force personnel. Mccrary, who has been involved in personnel recovery for nearly 18 years, described the goal of this year’s exercise. “The focal areas for this year’s exercise were medical, intelligence and SERE debriefings, security and movement within the TAMC complex, and patient management (administrative and phase I-II transfer), and we were successful in those efforts.” Mccrary also highlighted the significance of personnel recovery and the reintegration process.

“There is motto which resides both in the Warrior Ethos and the Soldiers Creed that states, ‘I will never leave a fallen comrade,’ and on the POW flag, you will find in bold letters, ‘You are not forgotten,’ said Mccrary. “These simple mottos imply support of our Soldiers on and off the battlefield and they inspire confidence to those who provide us (the military) the national treasure of their sons and daughters. The PR process is built on the premise that if you are missing, we will find you and maximize efforts to bring you home. Once home, you and your Family will be cared for to the best of our ability. It’s about loyalty, duty, and honor... this mission inspires trust from those who serve, and those whom we serve; the American public.” The next goal for the reintegration training will incorporate an operations center for robust event management, with future exercises planned in the late fall or early spring.

Military OneSource benefits extended to vets, families for full year after

Staff Report  
Defense Media Activity  
Department of Defense

Eligibility for Military OneSource benefits has been extended from the current 180 days to 365 days after separation or retirement from military service to ensure all service members and families have access to comprehensive support as they transition to civilian life, Defense Department officials announced Monday.

This change goes into effect immediately, in accordance with the John S. McCain National Defense Authorization Act for fiscal year 2019 that President Donald J. Trump signed Monday.

Military OneSource provides information, resources and support for active-duty, National Guard and Reserve service members, their families and survivors. Provided at no cost, Military OneSource gives exclusive access to programs, tools, and benefits designed to help ensure service members and their families are mission-ready and able to thrive in both their military and post-military

lives. “Each person is unique, and so is each military-to-civilian transition,” said. A.T. Johnston, deputy assistant secretary of defense for military community and family policy. “We want all of Military OneSource’s resources to be there when someone needs them -- whether it is a day, a week or many months after their transition to civilian life.”

**WIDE RANGE OF SERVICES**  
As a DOD program, Military OneSource offers a wide range of services designed exclusively for the military community. Services include help with relocation, tax support, financial planning, and health and wellness coaching, as well as confidential nonmedical counseling and specialty consultations for spouse employment, education, adoption, elder care, special needs and much more.

“Military OneSource is powered by people with extensive knowledge and training in meeting the needs of our military community, many of whom have also served or lived in military families,”

explained Lee Kelley, program director of the Nonmedical Counseling Program Office within military community and family policy. “We’re dedicated to providing expert, proven, and practical support and information to our service members and their families to help them achieve their goals and live their best military life.” Military OneSource services are accessible 24/7. Service members and family members can call Military OneSource at 800-342-9647 or go to the Military OneSource website, at <https://www.militaryonesource.mil/>. To explore additional benefits that may be available through the Department of Veterans Affairs, go to <https://explore.va.gov/>.



Task Force Shadow Soldiers conduct a Forward Armament and Refueling Point operation, as well as a mobile Tactical Operation Center setup, in Bagram, Afghanistan, Aug. 4, 2018. (Photo by Capt. Kristoffer Sibbaluca, U.S. Army)

Afghanistan peace process shows promise, Resolute Support Army commander says

Terri Moon Cronk  
Defense Media Activity  
Department of Defense

The peace process in Afghanistan has shown progress since the first cease-fire in 17 years took place in June, the commander of NATO’s Resolute Support mission and U.S. forces in Afghanistan told Pentagon reporters yesterday.

Speaking from Afghanistan via teleconference, Army Gen. John W. Nicholson called the response to the cease-fire overwhelming. “For the first time in 17 years, the Afghan people, the Afghan security forces and the Taliban all celebrated Eid al-Fitr together in peace,” he said, referring to the Muslim holiday that marks the end of the monthlong Ramadan fast.

The first cease-fire unleashed the Afghan people’s desire for peace and an end to violence on a national and unprecedented scale, the general added. “And numerous groups across Afghanistan -- the People’s Peace Movement, religious [scholars], civil society, youth activists, women’s groups -- are all calling for peace,” he said. Nicholson emphasized that any negotiations over the political future of Afghanistan will be between the Taliban and the Afghan government. “This must be an Afghan-led, Afghan-owned peace process, with Afghans talking to Afghans. And the U.S. is prepared to support, facilitate and participate in these discussions,” Nicholson told reporters.

**TALIBAN PROGRESSION**  
Officials also have seen a clear progression in the Taliban’s public statements, including a Feb. 14 letter to the American people and the group’s recent message marking the Eid al-Adha religious holiday, in which Taliban Emir Hibatullah Akhundzada acknowledged for the first time that negotiations will ensure an end to the war, the general said.

“There is an unprecedented opportunity for peace right now, and Afghan President Ashraf Ghani is working to take advantage of it,” Nicholson said. “He offered a second cease-fire on Aug. 19, and while this first cease-fire was in response to the [body of religious scholars’] call for peace, this second call represents the entirety of Afghan society.” The general told reporters that Ghani said the cease-fire potentially could last till Nov. 20, the birthday of the prophet Mohammad. “However, the cease-fire will only occur if the Taliban reciprocate, and only for as long as the Taliban participate in the cease-fire,” Nicholson said. “And so far, we have not heard if the Taliban will accept or reject the cease-fire, and we’re prepared for either case. And like the first cease-fire, this only applies to the Taliban. Our other counterterrorism operations will continue.”



**FIGHTING AND TALKING**  
Therefore, he noted, forces are fighting and talking. “The Taliban are fighting ... to increase their leverage in the negotiation and to maintain their cohesion,” the general said. “Now, militarily speaking, they made two attempts this year to seize provincial capitals. They both have failed. In 2016, you remember, there were eight attempts to seize provincial capitals.” Such attacks in cities bring great hardship on the Afghan people, Nicholson said, adding that the Taliban repeatedly claim not to cause civilian casualties, but “their actions show otherwise.” The general, who is retiring soon, acknowledged the courage of the Afghan security forces and the Afghan people who fight terrorism every day. “[They] do this on our behalf for the entire world,” he said. “It’s been an honor to serve alongside them for six years, and I thank them for their hospitality.”

# BUILD YOUR SAVINGS ARSENAL

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This training meets the mandatory financial readiness training requirement under the National Defense Authorization Act 2016, USARPAC OPORD 16-03-056, March 2016 and HQDA EXORD 087-16, December 2015, and DoDI 1342.22 Military Family Readiness, April 2017.



For more information, contact Army Community Service at (907) 853-9459

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# The Army Vision

The United States Army is the most lethal and capable ground combat force in history. It has proven this in multiple conflicts, across a broad spectrum of operations, in various locations around the world, defending the Nation and serving the American people well for over 240 years. The key to this success has been the skill and grit of the American Soldier, the quality of its Leaders, the superiority of its equipment, and the ability of the Army - Regular, National Guard, and Reserve - to adapt to and dominate a complex and continuously changing environment as a member of the Joint Force.

As we look ahead, near-peer competitors such as China and Russia will increasingly challenge the United States and our allies in Europe, the Middle East, and the Indo-Pacific region. At the same time, we should expect these countries’ arms, equipment, and tactics to be used against us by others, including threats such as North Korea and Iran, failed states, and terrorist groups. Our adversaries’ ambitions and the accelerating pace of technological change will create challenges and opportunities for the Army’s battlefield superiority.

Meanwhile, the many demands on the Nation’s resources will put downward pressure on the defense budget in the future, forcing the Army to continue making difficult choices about how it spends scarce dollars to meet national objectives and compelling us to become ever more efficient. A continued commitment to strengthening our alliances and building partnerships will help offset these challenges.

The Army Mission -our purpose -remains constant:

To deploy, fight, and win our Nation’s wars by providing ready, prompt, and sustained land dominance by Army forces across the full spectrum of conflict as part of the Joint Force.

The Army mission is vital to the Nation because we are a Service capable of defeating enemy ground forces and indefinitely seizing and controlling those things an adversary prizes most - its land, its resources, and its population.

Given the threats and challenges ahead, it is imperative the Army have a clear and coherent vision of where we want to be in the coming years so that we retain our overmatch against all potential adversaries and remain capable of accomplishing our Mission in the future.

As such, the Army Vision-our future end state-is as follows:

The Army of 2028 will be ready to deploy, fight, and win decisively against any adversary, anytime and anywhere, in a joint, multi-domain, high-intensity conflict, while simultaneously deterring others and maintaining its ability to conduct irregular warfare. The Army will do this through the employment of modern manned and unmanned ground combat vehicles; aircraft, sustainment systems, and weapons, coupled with robust combined arms formations and tactics based on a modern warfighting doctrine and centered on exceptional Leaders and Soldiers of unmatched lethality.

To achieve our Vision, the Army must meet the following objectives in the coming years:

### MAN

Grow the Regular Army above 500,000 Soldiers, with associated growth in the National Guard and Army Reserve, by recruiting and retaining high quality, physically fit, mentally tough Soldiers who can deploy, fight, and win decisively on any future battlefield.

### ORGANIZE

Ensure warfighting formations have sufficient infantry, armor, engineer, artillery, and air defense assets. Units from brigade through corps must also have the ability to conduct sustained ground and air Intelligence, Surveillance, and Reconnaissance; Electronic Warfare; and cyber operations to shape the battlefield across all domains. Aviation, additional combat support, and robust logistical support must be readily available to units.

### TRAIN

Focus training on high-intensity conflict, with emphasis on operating in dense urban terrain, electronically degraded environments, and under constant surveillance. Training must be tough, realistic, iterative, and dynamic. Continuous movement, battlefield innovation, and leverage of combined arms maneuver with the Joint Force, allies, and partners must be its hallmarks. This training will require rapid expansion of our synthetic training environments and deeper distribution of simulations capabilities down to the company level to significantly enhance Soldier and team lethality.

### EQUIP

Modernize the force by first reforming the current acquisition system and unifying the modernization enterprise under a single command to focus the Army’s efforts on delivering the weapons, combat vehicles, sustainment systems, and equipment that Soldiers need when they need it. This modernization includes experimenting with and developing autonomous systems, artificial intelligence, and robotics to make our Soldiers more effective and our units less logistically dependent.

### LEAD

Develop smart, thoughtful, and innovative leaders of character who are comfortable with complexity and capable of operating from the tactical to the strategic level. We will build a new talent management-based personnel system that leverages the knowledge, skills, behaviors, and preferences of its officers and noncommissioned officers. This system, when coupled with more flexible career models, will enable the Army to better attract, identify, develop, and place these leaders to optimize outcomes for all.

To achieve and sustain these objectives given the uncertainty of future budgets, the Army must continually assess everything we do, identifying lower value activities to discontinue and ways to improve what we must do, in

order to free up time, money, and manpower for our top priorities. Trusting and empowering subordinate leaders will facilitate both reform and greater performance.

In all these efforts, we will ensure that our Soldiers, civilian workforce, and their Families enjoy the professional opportunities and quality of life they deserve. From the top down we must also remain committed to the Army Values. The Army is at its best when we work and fight as one team, and our Army Values, coupled with our Warrior Ethos, will guide and serve us well as we face the challenges ahead.

Since 1775, the United States Army has proven itself absolutely vital to protecting the American people, safeguarding the Nation, and advancing our interests abroad. This fact remains true today. Our ability to do so will be even more critical in the future as threats continue to emerge and evolve, becoming ever more dangerous and more complex. To remain ready to accomplish our Mission of fighting and winning the Nation’s wars, the Army must fulfill the future Army Vision outlined herein. We are confident that with the right leadership, the proper focus, sufficient resources, and sustained effort the U.S. Army will achieve our Vision, remain the world’s premier fighting force, and serve the Nation well for decades to come.



Mark A. Milley  
General, United States Army  
Chief of Staff



Mark T. Esper  
Secretary of the Army

## Current Fort Wainwright photography studio information

**Head and Shoulders:**  
Friday’s by appointment through the online Visual Information Ordering Site (VIOS) starting at 8:20 a.m.

**Passport Photo:**  
Monday thru Wednesday’s by appointment through VIOS Starting at 1 p.m.  
A civilian shirt is required for all Passport Photo’s.

**Department of the Army Photos:**  
Monday thru Thursday mornings by appointment through VIOS starting 9 a.m.

**Visual Information Ordering Site website:**  
Visit the <https://www.vios-west.army.mil> website to schedule an appointment.  
Once in VIOS select Fort Wainwright, then fill out a 3903 work order form to connect to the DA photo calendar in order to reserve an appointment. Cancellations must notify the photo studio, 48 hours prior to an appointment or be considered a “NO SHOW”.

**DA Photo Tips:**  
The Soldier should have their uniform inspected by their unit before the appointment and be in uniform ready to be photographed at the appointment time. Army Regulation 670-1 should be used to check correct placement of ribbons, insignia, etc. Dressing rooms are available if you would like to

bring your uniform and change at the studio. Photos are taken vertically, at ¾ length from top of head, which means you need your pants or skirt but not your shoes. Soldiers must wear shoulder crests as per AR 640-30, 29 MAR 2017. Leadership tabs, blue disks and infantry ropes are not allowed for DA photos. Unit citations are authorized only if you were in the unit when it was awarded. The photographer is not responsible for the Soldier’s uniform. Para 5-g of AR 640-30 “prohibits photographers, soldiers, or anyone providing assistance to the Soldier while taking the official photograph from stuffing, clipping, or otherwise changing or altering the appearance of the uniform to make it fit properly.” Check AR 640-30 Photographs for Military Personnel Files, at [https://armypubs.army.mil/epubs/DR\\_pubs/DR\\_a/pdf/web/ARN3976\\_AR\\_640\\_30\\_Final.pdf](https://armypubs.army.mil/epubs/DR_pubs/DR_a/pdf/web/ARN3976_AR_640_30_Final.pdf)

**Most Common Mistakes**  
Placement of the nametag  
It should be centered between the top of the pocket and the top of the button. Also looks better if pinned through the coat and not just through the pocket flap.

**Placement of badges**  
“Combat and special skill badges are worn...1/4 inch

above the ribbons or the top of the pocket, one above the other, with ½ inch between badges, or they are worn on the pocket flap as described in paragraph 29-16” ( pg. 298 of AR 670-1).  
If you have an Iraqi or Afghani ribbon  
It should have at least one star on it (one star per campaign, not tour of duty).

**Pointers**  
Starch your shirt heavily under the tie and don’t wear a T-shirt to lessen extra wrinkles.  
If you don’t need a belt, don’t wear it –buckles sometimes stick out.  
A long sleeve shirt causes less problems with getting the sleeves to look nice.  
Take a picture of yourself with a cell phone – check to see how your ribbons look.  
Write your name somewhere inside your uniform before you take it for cleaning or alterations. Check to make sure you’re getting the correct jacket back.  
If you took it to be cleaned or pressed, check to make sure you have all your buttons – or better yet, take them off yourself before you take it for cleaning.

For more information on Department of the Army official photo support, contact Søren Melchior, Studio photographer, at 361-6268, or email, at [erik.s.melchior.ctr@mail.mil](mailto:erik.s.melchior.ctr@mail.mil).



# NURSE ADVICE LINE

**Call the Nurse Advice Line:**

- Toll-free phone number:**  
1-800-TRICARE  
(1-800-874-2273), option 1
- Hours:** 24 hours a day,  
7 days a week
- Areas served:** Continental  
United States, Alaska,  
and Hawaii

