

# Real McCoy

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Garrison Command Sgt. Maj. DeeAnn K. Dunstan; Directorate of Family and Morale, Welfare and Recreation Director Patric D. McGuane; retired Sgt. Maj. and Medal of Honor recipient Kenneth Stumpf; Family members Delaney and Reid Spolum; and Garrison Commander Col. Steven W. Nott cut the ribbon during the grand-opening ceremony for the new School-Age Center/Youth Center in early July.

### Grand-opening ceremony held for new SAC/YC

STORY & PHOTO BY SCOTT T. STURKOL

Public Affairs Staff

Fort McCoy's new School-Age Center/ Youth Center (SAC/YC) officially opened during a grand-opening ceremony July 8 at the facility.

The center, building 1792, was constructed by the Atlantic Marine Construction Company Inc. of Virginia Beach, Va. The more than \$7 million cost was paid with money from Army Family Covenant funds. Garrison Commander Col. Steven W. Nott said the new center is a major improvement for the installation's Child, Youth and Student Services (CYSS) program at the Directorate of Family and Morale, Welfare and Recreation (DFMWR).

"This is special," Nott said. "It's a big day (for Fort McCoy's CYSS program) and is a day that has been a long time coming. We have an Army Teen Panel member ... who has seen a great many of the school-age services out there in the Army, to include the one at (Installation Management Command) Headquarters at Joint Base San Antonio, and she has assured me that this blows them all away. We should

be very, very proud. This facility is second to none."

Until the new SAC/YC was constructed, the program had operated out of World War II-era buildings.

"This new building is a huge improvement for our programs," said CYSS Coordinator Jan Fink of DFMWR. "Everything is better and bigger in this new building compared to what we've had in the past."

The building's many new amenities include activity rooms, a demonstration kitchen, a teen room, a playground, a computer-technology lab, a homework center, an arts-and-crafts room, and a multipurpose room equipped with basketball hoops and other sports equipment.

The facility is located next to the Child Development Center (CDC), making it convenient for parents who have children in programs at both facilities and providing additional space for the Strong Beginnings prekindergarten class, Fink said.

SAC/YC Director Cori Yahnke said the center's staff has been working from the new facility since June 8, and they've enjoyed it.

"The new facility opens even more oppor-

tunities for Fort McCoy youth and Families," she said. "It gives us the opportunity to expand our programs and have more things available for all who use our facilities. With the addition of the multipurpose room, especially, we are able to plan to do more in the winter and during inclement weather."

The *SKIES*Unlimited program also has greater opportunities to expand its capabilities, Yahnke said. *SKIES*Unlimited is an acronym for "School of Knowledge, Inspiration, Exploration, and Skills," with the word "Unlimited" representing the unlimited possibilities the program can offer Army children and youth. The new SAC/YC offers two classroom areas for the program.

Nott said the completion of the project is a fulfillment of a promise. "This new School-Age Center/Youth Center is indicative of the Army's promise to take care of its Families — both Department of the Army civilians and its Soldiers," he said.

The SAC/YC offers a full program for youth in grades kindergarten through 12, and is affiliated with 4-H Club and the Boys & Girls Club of America. For details, call 608-388-4373.

UPL training offered Aug. 17-21 at Fort McCoy

Unit Prevention Leader (UPL) training, offered through the Fort McCoy Army Substance Abuse Program (ASAP) and 88th Regional Support Command, is scheduled for Aug. 17-21.

The course is required for newly assigned UPLs. Unit UPLs conduct drugtesting collections, provide alcohol and other illicit-drug training, and assist their commanders as subject-matter experts in running and maintaining drug-testing and prevention programs. The course includes training on drugs and alcohol, biochemical testing, and substance-abuse prevention. The class will be in building 1344 at the ASAP office. Class times will be sent to participants when registering. Soldiers should register by Aug. 10, but additional Soldiers will be accepted after the date if space is still available.

To register, contact Michelle Bourman by phone at 608-388-5955 or by email at michelle.l.bourman.civ@mail.mil, or Gary Talbot by phone at 608-388-0457 or by email at gary.e.talbot.civ@mail.mil.

Retiree Appreciation Day set for Sept. 11

Registration for Fort McCoy's Sept. 11 military Retiree Appreciation Day (RAD) must be received by Friday, Sept. 4. Retirees from all branches of the armed forces and their Family members are eligible to

Retiree Appreciation Day is an opportunity for all armed forces retirees, spouses, surviving spouses, and/or guests to receive updated information about retiree entitlement programs. The 2015 event will be held from 8 a.m. to 3 p.m., with sign-in for the morning speaker session starting at 7 a.m. in building 905. The Benefit Fair begins at noon in building 90.

The registration form is available online at http://www.mccoy.army.mil/Services/ACAP\_Documents/2015\_RAD\_ REGISTER.pdf. The registration form also contains a complete listing of Retiree Appreciation Day events throughout the Midwest.

Lunch is available for purchase on the installation. Photo identification is required for all personnel to access Fort McCoy. Call 800-452-0923 for details.

#### NEW

### August proclaimed Antiterrorism Awareness Month at Fort McCoy

August is proclaimed as 2015 Antiterrorism Awareness Month at Fort McCoy.

Fort McCoy Garrison Commander Col. Steven W. Nott "urges all Soldiers, civilians, and Family members; government agencies; public and private institutions; and businesses to invest in the power of prevention and vigilance, working together to make Fort McCoy a safer, stronger, more-caring community."

The vitality of the Army depends on the safety of its homes, neighborhoods, schools, workplaces, and communities.

People of all ages must be more aware of what they can do to prevent harm from terrorism.

Launched Aug. 1, 2010, the U.S. Army iWATCH program is a modern version of a neighborhood watch that focuses on the threat of terrorism.

It's designed to heighten public awareness to the indicators of terrorist activity and encourages reporting suspicious behavior or activity to the Fort McCoy police or local lawenforcement agencies for investigation.

Individual knowledge, though critical, is



not enough to thwart a possible attack.

The iWATCH program requests that people report to police suspicious behavior or activities, such as unknown individuals taking pictures of critical facilities; suspicious questioning about Department of Defense buildings, functions, and personnel; use of stolen ID cards or uniforms; and abandoned packages or vehicles.

To report suspicious activity relevant to Fort McCoy, call the police department at 608-388-2000.

In support of Antiterrorism Awareness Month, Fort McCoy will disseminate public-service announcements and other antiterrorism-awareness products, including brochures, posters, and videos.

Fort McCoy will execute random antiter-

rorism measures (RAMs) throughout August, linking these efforts to Department of the Army themes.

In addition, Fort McCoy will ensure completion of required annual Antiterrorism Level 1 Awareness Training, which is offered online at https://jkodirect.jten.mil/Atlas2/faces/page/ login/Login.seam.

In addition, classes will be offered at building 2113 Tuesday, Aug. 4; Monday, Aug. 10; Wednesday, Aug. 19; and Thursday, Aug. 27, from 10-11 a.m. by the U.S. Army Garrison Fort McCoy Antiterrorism Office. Completion of either the computer-based or face-to-face training will meet the annual Antiterrorism Level 1 Awareness refresher-training requirement.

For more information about Antiterrorism Awareness Month, antiterrorism-awareness training, reporting suspicious activity, U.S. Army iWATCH, or other antiterrorism-related issues, call the Installation Antiterrorism Office at 608-388-4719/4504.

(Article prepared by Fort McCoy Antiterrorism Office.)



Photos by Scott T Sturkol

### Airdrop at Badger DZ

(Above) An observer with the 934th Airlift Wing of Minneapolis-Saint Paul Air Reserve Station, Minn., picks up a package that was airdropped from a 934th C-130 Hercules on to Badger Drop Zone on Fort McCoy's South Post in early July. (Right) An airdrop package is released from a C-130. The 934th regularly uses the drop zone for airdrop operations, which, in turn, prepare aircrews for overseas airdrop operations. The 934th's mission is to fly C-130H aircraft, delivering both cargo and personnel. Aeromedical evacuation of patients is another facet of the wing's mission.



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### Range, training-area upgrades pave way for aerial-gunnery range

Numerous Fort McCoy ranges and training areas are being upgraded to improve training capabilities and create an aerialgunnery range, said Range Officer Mike Todd of the Directorate of Plans, Training, Mobilization and Security.

The planned aerial-gunnery range would encompass Ranges 2, 4, 26, and 29 and the north impact area.

"Work being done now is the next step toward realizing the aerial gunnery range, which will be modular and can include all of the aforementioned ranges as a single package or just a couple of them together as a single package, depending on a unit's training objectives," Todd said.

"An aerial-gunnery range also can provide a platform for maneuver units to complete a combined-arms live-fire exercise (CALFEX) at the company level or an extended convoy live-fire

exercise for all types of units.

"A (CALFEX) may include the integration of a maneuver company (light infantry, Bradley, tank, or a combination of platoons from each); mortars; artillery; helicopters; and fixed-wing aviation, such as an F-15, F-16, or A-10, all working in concert to mass effects in a more-conventional type of operation," Todd said. "There are small urban areas on these ranges, as well, to add a higher level of complexity for the units executing the

At Range 2, contractors are building five vehicle-fighting positions (VFPs). "With those being built, that will bring the total to eight VFPs that are required features as part of a multi-

purpose training range," Todd said.

Range-improvement planning, such as the Range 2 VFPs, is developed to conform to Army Training Circular (TC) 25-8 requirements. The TC provides range development and operations guidance for range planners, engineers, coordinators, and mandated range-project review boards at all levels of the Army.



A contractor uses a bulldozer to create a berm that will serve as backing for a moving armor target at a Fort McCoy range.

Upgrades continue at Range 4. A new entry-control point and a 600-foot shock-absorbing concrete (SACON) trench recently were finished, and several other projects are ongoing.

"Ranges 4, 12, and 16, are receiving a new range-operations center (tower) and associated buildings, Todd said. "This construction includes new bleachers, an ammunition-issue point, classrooms, and bathrooms. The range also has four moving infantry target (MIT) emplacements built."

MITs, and moving armor targets (MATs), are being constructed at several ranges.

"In the impact area, three MATs are being emplaced, and one other was already completed on Range 29 in May," Todd said. "There was a substantial effort to complete unexploded ordnance (UXO) clearance prior to the MAT install as well as UXO-clearance support on the install of the rest of the structures. The impact area clearance was certainly the most inten-

Todd said Ranges 2 and 26 each have 22 new MIT emplacements, while Ranges 6 and 29 each have one new MIT

The use of SACON materials for installation range projects has increased from previous years. SACON is a low-density, fiber-reinforced, foamed concrete that's used as an energy-ab-

SACON is widely used in the construction of live-fire training villages and the fabrication of target structures.

In addition to improvements at Range 4, a 200-foot SA-CON trench on Range 6 is underway, and a 600-foot SACON trench on Range 26 is scheduled for completion in the fall.

"A 600-foot SACON trench also was completed in October 2014 at Range 29," Todd said. "On Ranges 4 and 29, a SA-CON one-room building was installed, as well.

"Clearing a trench is a core task for infantry squad and platoon training," Todd said. "We have three Army light-infantry brigades and two Marine Corps infantry regiments that train here regularly, so these trench additions to the ranges are adding capability and preparing the post for future training needs."

Additional range-construction projects are planned and include a bridge over the La Crosse River at Range 2 that will connect all the areas necessary for an extended convoy live-fire training capability.

"The projected construction of the bridge is late in fiscal year 2017," Todá said.

For more information about range-improvement projects, call the Range Management Branch at 608-388-3721.

(Article prepared by the Fort McCoy Public Affairs Office and the Directorate of Plans, Training, Mobilization and Security Range Management Branch.)



A new entry-control point training area recently was completed on Range 4.

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#### NEWS

### McCoy real-property asset inventory undergoing major update

STORY & PHOTO BY SCOTT T. STURKOL

Public Affairs Staff

The Real Property Office (RPO) is updating the installation's real-property inventory (RPI).

The RPI update is a process officials say is required to make Fort McCoy's significant assets more visible to Army planners, and an essential part of the financial-management and general-ledger account reporting process of the post's Resource Management Office, said Robert Wells, the garrison commander's appointed Real Property accountable officer.

The RPI is the total of all land, buildings, and infrastructure located at Fort McCoy. "This includes buried gas lines, power lines, and parking lots — everything that is physically attached to the land is in that inventory," Wells said.

The RPO, which falls under the Directorate of Public Works Master Planning Division, acquires, manages, and disposes of the real-property assets and related real-estate interests in land and other real property, such as leases and easements used to achieve the missions of Fort McCoy, Wells said. RPI asset inspections are required every five years, with a majority of these updates having been completed in June.

Inventory accuracy also affects maintenance funding for facilities and helps the Army see all of its available assets. This year's update also sets the stage for a planned 2017 Army-level audit to verify all of the installation's assets, said Realty Specialist Stacy Boland, who helps manage more than 2,400 assets in the RPI.

The RPI is managed by changes made to RPO-accountable facilities in the General Fund Enterprise Business System, which the corresponding documentation is then filed by RPO associates into asset folders. These changes are fed into other planning and financial databases, allowing not only the Army planners to see all available assets at any given time, but the financial account reporting as well.

"Working in the Real Property Office since December, one quickly realizes how important correct and accurate data (is to) the management of the asset inventory," Boland said.

Asset folders contain the full history of an asset. For example, the asset folder for Fort



Realty Specialist Stacy Boland updates a real-property asset while working in the Real Property Office at the Directorate of Public Works Headquarters.

McCoy's oldest building — the concrete storehouse on South Post that was built in 1911 — contains drawings, maps, photos, and any records of changes that ever have taken place in the building.

"An asset has many details attached to it: measurements, what type of facility it is, a unique identification code, and more," Boland said. "One thing each asset has in common other than a facility number is a category code. Category codes and square footage drive plan-

ning and funding for the current and future projects based on certain calculations. It is imperative these codes and measurements are accurate because incorrect coding could result in underfunding of sustainment of facilities."

For the current update, and for the future audit, the RPO is using guidance received from Installation Management Command, Army Reserve Installation Management Directorate and other official sources. The guidance helps Fort McCoy's RPI match those of installations

Armywide, Wells said.

As updates to the RPI continue, there will be people out collecting documentation throughout the installation. If anyone in the Fort McCoy workforce sees a change in something that may be considered an asset, they are encouraged to report it to the RPO to have it

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For more information about Fort McCoy real property or the RPI, call 608-388-8857 or 608-388-3427.







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#### NEWS



tion Center. The center, located in building 1654, is open Monday through Thursday from 7 a.m. to 4 p.m. and Friday from 7 a.m. to 3 p.m.

## **OMDC** team delivers for Fort McCoy

#### STORY & PHOTO BY SCOTT T. STURKOL

Public Affairs Staff

Through rain, snow, sleet, or hail, the team from Fort Mc-Coy's Official Mail and Distribution Center (OMDC) "always makes their deliveries," said Administrative Services Division Chief Marie McDonough of the Directorate of Human Resources (DHR).

"The OMDC is not an official part of the U.S. Postal Service, but just like them, these folks always get the job done for Fort McCoy no matter what the weather conditions are," said McDonough, who also is the official mail manager for the OMDC.

The OMDC, located in building 1654, handles all Fort Mc-Coy's official mail. The center is open Monday through Thursday from 7 a.m. to 4 p.m. and Friday from 7 a.m. to 3 p.m.

The team meets the mail truck every day at 7 a.m., said OMDC Mail Clerk Kevin Gorzek. "From then on, our day is busy from start to finish."

The three-person team at the OMDC sorts mail and delivers interagency materials to the post's work centers. The OMDC processes approximately 52,000 pieces of outgoing mail and 220,000 pieces of incoming mail each year.

Interagency items might include event fliers from the Directorate of Family and Morale, Welfare and Recreation or issues of The Real McCoy — the post's newspaper.

"We also manage post office boxes for (single) service members who live on Fort McCoy," said Assistant Official Mail Manager Laurie Bjerke of the OMDC. "Also, our biggest mailer is the Challenge Academy — they get a lot of letters and packages for the students there."

The busiest time for the OMDC is the peak of training season (March through October), Bjerke said. During large training events, such as the Warrior Exercise and Combat Support Training Exercise, for example, the OMDC team works with unit personnel deployed to Fort McCoy to ensure they receive their mail.

"When all the units come in, they usually have a postal (point of contact) who takes care of the unit for the whole exercise," said Bjerke.

"They pick up the mail here as a whole, and then they take it back to where their operations are taking place."

Units will designate official mail orderlies, who are then trained by the OMDC staff.

"We complete training for them here when their mail orderlies come in so they know the process and what has to be done," Bjerke said. "Sometimes they'll even shadow us to learn how we process packages and mail."

McDonough said the team members not only are hardworking and dedicated, they're also committed to great customer service.

"This team works very well together," McDonough said. "They always ensure their customers receive their deliveries. They know their customers well and consistently go above and beyond to take care of them."

Gorzek said work in the OMDC is fast-paced and rewardng.

"Our garrison commander has said Fort McCoy is the best-kept secret in the Army," Gorzek said. "Working here is kind of like that — it's also a best-kept secret (for places to work). I think I have the best job in Army."

Bjerke, who has worked at the center for 32 years, said she enjoys her work, too, and she knows it makes a difference for a lot of people.

"The morale of the Soldiers is important — even in this day and age of texting, email, and more," Bjerke said. "They still want their mail, and we do our best to get it to them."

For more information on official mail policies and procedures at Fort McCoy, call the OMDC at 608-388-3205/4222.

#### **TRAINING**

### Reserve engineer battalion completes crew-served weapons qualification at McCoy



Soldiers from units associated with the Army Reserve's 389th Engineer Battalion, headquartered in Dubuque, Iowa, complete M240 weapons qualification July 10 during training at Fort McCoy's Range 34.



389th Soldiers qualify on M240 and M249 light machine guns at Range 34, which is one of Fort McCoy's mulitipurpose live-fire ranges.

STORY & PHOTOS BY SCOTT T. STURKOL
Public Affairs Staff

More than 200 Soldiers from the Army Reserve's 389th Engineer Battalion and its subordinate units participated in crew-served weapons qualification and a troop project in early July.

The 389th Soldiers used Bances 2

The 389th Soldiers used Ranges 2, 26, and 34 to complete the weapons training because of each range's multipurpose capability. The three ranges are among the more than 30 live-fire ranges at the installation.

The 389th training included familiarization and qualification training on the M240 and M249 light machine guns, M2 .50-caliber machine gun, and the MK19 and M320 grenade launchers.

"Everything went smoothly with a few exceptions, but all of our Soldiers had the opportunity to fire their weapons systems for qualification," said Sgt. 1st Class Glen Gillson, 389th operations and training noncommissioned officer. "With the mission that engineers are called (on) to do (in deployed areas), keeping current with our crew-served weapons is very important."

In addition to weapons training, a team of 389th Soldiers completed survey and design work as part of a troop project to construct a new marshaling and training area at Young Air Assault Strip (YAAS) on South Post.

Troop Projects Coordinator Larry Morrow from the Directorate of Public Works said the project is an ongoing effort that will involve several engineer units, including the 389th.

"Basically, it's going to be a 23-acre parking lot," Morrow said. "This project at (YAAS) will continue into September or October."

The 389th is headquartered in Dubuque, Iowa. Gillson said unit planners are glad they have access to an installation like Fort McCoy. He added more Soldiers will be training on post in August.

"All of Fort McCoy's ranges are well-kept and work very well for the (training) the battalion needs to complete," Gillson said. "Fort McCoy also is an awesome place to train with a very user-friendly staff that makes overcoming issues easier.

"I have trained at many different installations over the course of my 30year career, and Fort McCoy is by far the best," he said.

For more information about training at Fort McCoy, call the Directorate of Plans, Training, Mobilization and Security Training Division at 608-388-5038.

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### **ABOUT POST**



### Sign builders

Shane Nichols and Pam Jones install a solar panel on a lighted stop sign July 14 at the Fort Mc-Coy Sign Shop.

Twelve stop signs enhanced with LED lights were installed at various intersections on post to help improve traffic safety.

Both Nichols and Jones work for the installation's facility maintenance contractor, MTNT Properties Inc.

Photo by Scott T. Sturkol

### **Blood drive**

Members of the Fort McCoy community participate in an American Red Cross blood drive July 17 at McCoy's Community Club.

During each blood drive, an average of 60 pints of donated blood is collected.

According to the Red Cross, someone in the United States needs blood every two seconds. Also, more than 41,000 blood donations are needed every day, and a total of 30 million blood components are transfused each year in America.

Photo by Scott T. Sturkol



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IN ITS 50TH YEAR,

attitudes, changing needs: By the Vietnam era, a significant number of Soldiers had Families. They faced typical blems—financial, medical and personal—and the stresses of wartime service. In 1965, the Army created a structured ogram to help commanders maintain readiness by delivering services promoting Family self-reliance, resiliency and ability during war and peace: Army Community Service.



#### **LIEUTENANT COLONEL EMMA MARIE BAIRD**

Lt. Col. Emma Marie Baird is considered the mother of ACS. During her 24-year military career, she served in the Women's Army Corps, worked in Army Emergency Relief during WWII, and became the first woman assigned to the U.S. Military Academy staff. Because of her experience in AER, she was selected to create the Army's official Family assistance program in the early 1960s. After her retirement in 1968, Baird remained active with ACS programs throughout the country – especially at Fort Bliss, Texas, where she regularly volunteered her time. She passed away in 1987.



Since 1979 Exceptional Family Member Program Established as the Handicapped Dependents Program. Provides comprehensive and coordinated services to special needs Familie

mother of two boys with autism ages 4 and 1. When her husband Spc. Juan Mateo Santos moved o the Presidio of Monterey, California, EFMP and its System Navigators helped the Family find the services they needed from state and local programs and school systems. The EFMP also teaches parents and holds events like adaptive trick-or-treating for the Families, "Mrs. Moseley and her

published on November 19.

Since 1984 Financial Readiness Program Offers training and counseling on saving, debt elimination, investing and goal setting



"She assisted us with several financial issues to include travel lebts, student loans going into lefault, and a lot of other mistakes ve made when we were young. Ve've reduced our debt by over 6,000. My husband's credit scores ve improved 126 points in one ear going from 513 to 639 and are till rising. We now have over \$2,000 an emergency savings fund and orking on purchasing our first

> Spc. Justin and Barbara Boyd Fort Jackson, South Carolina

Since 1993 Army Family Team Building Trains Family members in self-reliance and helps them understand



Marie Balocki began as a volunteer the Army Family Team Building ogram in 1993. As her family nged duty stations, she continued volunteer. Today she holds the ghest civilian general schedule rank, GS-15, as executive director for the Department of Defense Office for Reintegration Programs. "I can't get across the impact that volunteering in ACS has had on my

life. The foundation that I have gotten is what has given me the confidence to apply for each step I have taken. I would not be sitting here but for the skills I acquired and the folks that nentored me along the way."

Since 2002 Employment Readiness program Serves Family members, active and reserve component Soldiers, wounded warriors, retirees and Army civilians



Forces initiative

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Stacey, the Employment eadiness Program Manager, gave ne the confidence to shoot a little nigher and apply for jobs that, t first, I thought were out of my xperience range. She told me to lunteer because that will help ne broaden my job experience and she was right! My volunteer perience is why I was offered

> Valerie Collins, Fort Polk, Louisiana

SOLDIERS, FAMILY MEMBERS, SURVIVORS, CIVILIANS AND VETERANS MORE THAN

Since 2004 Victim Advocacy Program Provides non-clinical advocacy services and support to victims of domestic violence and sexual assault

ARMY COMMUNITY SERVICE 16 MILLION THROUGH PROGRAMS AND VOLUNTEERS WILL TOUCH 15 TIMES

"THE STRENGTH OF THE NATION IS THE ARMY. THE STRENGTH OF THE ARMY IS THE SOLDIER.
THE STRENGTH OF THE SOLDIER IS THE FAMILY."
- Gen. Ray Odierno, 38th Chief of Staff of the Army

"When the day came that my husband crossed a line we could never come back from, the victim advocates at Fort Stewart, Georgia, became the only lifeline I could hold onto. Going to court with me, calling to make sure I was OK, and valiantly fighting for my rights made all the difference in me getting through it. When we got our letter approving us for Transitional Compensation, it saved our lives. My children and I now have an actual chance at regaining our lives. I had been certain everyone had completely forgotten we existed. Thank you so much for proving me wrong. Thank you so much for giving me my life back and my children a chance at happiness

Since 2008 Soldier and Family Assistance Center Supports Warriors in Transition and their Families in a consolidated facility

Since 2008 ■ Survivor Outreach Services

Fulfills the promise to honor Survivors and

let them remain part of the Army Family

**335 ACS MASTER RESILIENCE TRAINERS** 



We first heard about the SFAC hen we went to the Warrior Bragg. The SFAC set us up with nildcare during my husband's medical appointments, and ney also planned activities to nake our Family feel special. We would still be lost in the dark f it wasn't for their help and

Sgt. Christopher and Amy Robbins, Fort Bragg, North Carolina

welcome packets for new personnel. Throughout the years, Fort McCoy ACS has expanded, adding programs and staff members. The following programs are offered here:

· Army Emergency Relief, which provides emergency financial assistance to Soldiers and their Families.

or stagnated when their originators

transferred or left the service.

 Army Family Action Plan, a suggestion program to improve the quality of life for military members and their Families through direct contact with senior leadership.

 Army Family Team Building, which offers fun, interactive training sessions targeting professional-development skills.

• Army Volunteer Corps, which provides the Fort McCoy community resource library, computerized job with volunteer opportunities that insearches, and resume assistance. clude, but are not limited to, administrative work, wildlife tracking, youth tutoring, and winter ski patrol.

• Deployment Readiness, which provides support throughout the deployment cycle. Military Family Life consultants are available to reduce family distress by providing free education, information, and support to

military members and their Families. • Exceptional Family Member Program, which offers program enrollment, re-enrollment, respite care, and advocacy services for Families with exceptional Family members.

• Family Advocacy Program (FAP), which is designed to enhance relationship skills and improve Family quality Office.)

**Fort McCoy ACS stands** strong after 27 years For more than 27 years, Fort Mc- of life and dedicated to prevention,

Cov Army Community Service (ACS) education, intervention, and treathas been supporting Soldiers, civil- ment of Family violence. FAP proians, and their Families. vides Family education, support for For years, Army Families had opnew parents, and victim advocacy. erated lending closets, thrift shops, • Financial Readiness Program

and nurseries; raised funds to help the which provides training sessions with needy; assisted in emergencies; taught a practical approach to financial manand trained the inexperienced; and agement. through a grassroots understanding • Community Information Servicof the Army community, contributed es (Information and Referral), which significantly to its stability. These somaintains a resource library on site cial-service activities often disappeared and provides information on services

ACS was designed to eliminate this Relocation Readiness Program, adverse aspect and provide a flexible which provides pre- and post-move framework for the operation of a viservices, including welcome packets, able system of social services. The Fort outreach to waiting Families and for-McCoy ACS program was formed in eign-born spouses, a Lending Closet January 1988. Services originally were (for short-term use of household provided completely by volunteers, items), Newcomer Orientation, and who ran a lending closet and provided Sponsorship Training.

 Resilience Training, which is offered to Family members and civilian employees to provide real-life solutions for growing and thriving in the

and programs available to Soldiers and

face of challenges. • Sexual Harassment/Assault Response and Prevention, which reinforces the Army's commitment to eliminate sexual assault and harassment through a comprehensive program that centers on awareness and prevention, training and education,

victim advocacy, reporting options,

and individual and systemic recovery. Spouse Employment Readiness, which provides services to spouses relocating with their service members. Services include local job listings, a

> Survivor Outreach Services, which offers access to support, information, and services to the Families of fallen Soldiers.

> "The Fort McCoy ACS programs and staff support our Army Families in their goal to be Army Strong," said Becky Wapp Sawyer, director of ACS. "We look forward to being able to adapt to the needs of Army Families for generations to come."

For more information about Fort McCoy ACS services, programs, and classes, call 608-388-3505 or visit building 2111.

(Article prepared by Army Community Service and the Fort McCoy Public Affairs

Since 2002 Military Spouse Employment Partnership Launched as Army Spouse Employment, became a DoD-wide program in 2011 in support of the White House's Joining

Since 2005 Sexual Assault Response Program

Since 2004 Virtual Family Readiness Group

Since 2005 Military and Family Life Counselor Program Non-clinical, short-term counseling

Since 2005 ■ Volunteer Management **Information System** 

Since 2007 ■ EFMP Respite Care Support and relief for special needs families

STAND-ALONE SURVIVOR **OUTREACH SERVICES** CENTERS

as long as they desire.

Since 2010 ■ Master Resilience Training

2014: Total Army Strong Reaffirms Army's commitment to the total Army family and sets the foundation for a balanced system of programs and services

SMARTPHONE APPS

■ AFAP Active Issue Search

Army Family Team Building

**■** Money Matters

**■** Services Locator

2008: Army Community Covenant

Since 2009 EFMP Systems Navigators

2009: Congress declares the Year of the Military Family

#### **\$151.3 MILLION** FAMILY PROGRAMS BUDGET IN FISCAL 2013

Since 2006 Army OneSource Community Support Coordinators Builds partnerships for state and local resources for Army Families.

The stronger the family the stronger the Army, because strong families improve our combat readiness.

staff take pride in helping us with all our needs. Whether it's being an advocate or counselor, they are always there to help.

1965: AR 608-1, "Army Community Service,"

1965: First ACS Centers established

1972: First class of ACS trainees graduate

1984: Secretary of the Army John White and Gen. John A. Wickham. from the Academy of Health Sciences Ir., Chief of Staff, declare the Year of the Army Family.

Since 1978 ■ Relocation Assistance

Since 1985 ■ Installation Volunteer Coordinators

Since 1965 ☐ Community Information Services

**ACS CENTERS TODAY** 

Since 1978 ■ Budget counseling and debt Now part of the Financial Readiness Program

> Since 1978 Family Advocacy Program Launched as Army Child Advocacy Program. Domestic violence and child abuse prevention

Since 1983 ■ Army Family Action Plan

**128 PIECES OF LEGISLATION 186 ARMY & DOD POLICY CHANGES** 210 IMPROVED PROGRAMS AND SERVICES Since 1989 Relocation Readiness Program

Since 1994 ■ Transitional Compensation **Program for Abused Dependents** Temporary relief for Families of Soldiers convicted of dependent abuse

Since 1995 ■ New Parent Support Program

Since 1992 ■ Mobilization and Deployment Readiness

Since 2002 ■ Army Volunteer Corps Unites volunteers and organizations using volunteers

> Since 2004 Army OneSource Online service launched as MyArmyLifeToo, later Multi-Component Family Support Network

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THITTITITITITI GAVE 2.4 MILLION

HOURS IN FISCAL 14

TTTTTTTTTTTTTTT ACS STAFF WORLDWIDE

111

Business groups local education providers, crisis agencies

armyfrg.org mvarmvonesource.com acsstaff.org WEBSITES

### **■** Army Emergency Relief

Army Family Team Building

■ Army Volunteer Corps **Employment Readiness** 

**Exceptional Family Member Program** 

**■ Family Advocacy ■** Financial Readiness

■ Information and Referral

Mobilization and Deployment

**Soldier & Family Assistance Centers** 

**Survivor Outreach Services** 

■ Army Family Action Plan ■ Master Resilience Training **Relocation Readiness** 

Since 2001 ■ Emergency Family Assistance Centers Respond to deployments, natural disasters or catastrophic events

**PROGRAMS** 

SOLDIER & FAMILY **WAYS TO** ASSISTANCE **CONNECT CENTERS WITH ACS** 

Unit briefings, Military Family Life counselors, training, Army OneSource, Virtual Family

Readiness Group, Facebook, Twitter

**New Parent Support** Program, Respite Care, Victim Advocates

sos.armv.mil

- Gen. John Wickham, 30th Chief of Staff of the Army

# goldstarpins.org

#### **ABOUT POST**



Family Fun Day

Fort McCoy community members as well as the general public participate in Family Fun Day activities at Fort McCoy's Pine View Campground July 11. Event participants enjoyed inflatable games, a dunk tank, face painting, carnival games, animals from Grandpa Nick's Petting Farm, and more.



Swimming lessons

Youth participate in swimming lessons at Fort McCoy's Rumpel Fitness Center in early July. Swimming lessons are offered regularly at the center. For details, call 608-388-2290.



### Community softball

Contributed photo

Members of the Fort McCoy and Onalaska, Wis., softball teams stop for a photo after completing a game of Chicago-style softball (in which a 16-inch ball is used) in Onalaska. Onalaska won the game 5-4. The Fort McCoy team is composed of members from across the installation community.

WWW.MCCOY.ARMY.MIL THE REAL MCCOY, FRIDAY, JULY 24, 2015 11

### 3-gun shooting contest July 25 at Sportsman's Range

A three-gun shooting competition will be held Saturday, July 25, at 10 a.m. at Fort Mc-Coy's Sportsman's Range.

Participants will shoot three courses of fire. Each stage will be judged on speed and accuracy.

Prizes will be awarded to the top finisher in each of the following categories: open, tactical scoped, tactical irons, and heavy metal.

The event is open to all authorized users of the facility. The entry fee is \$20 for nonmembers or \$15 for members. Register at Sportsman's Range or Pine View Campground, building 8053. Shotguns, rifles, and pistols are available for rent at the range. Rented firearms must use ammunition purchased at the range.

Food and beverages will be available for purchase. For details, call 608-388-3200.

### Paws at Pine View 5K scheduled for Aug. 1

A 5K run/walk for dog owners and their pets is planned for Saturday, Aug. 1, at Pine View Campground.

The race begins at 10 a.m. Prizes will be awarded to the first-place male and female racers, in addition to the top dog. Pets must be on leashes and current on their shots.

The registration fee is \$15. The first 25 to register will receive T-shirts. Register in advance online at https://webtrac.mwr.army.mil/webtrac/mccoyrectrac.html or at Pine View Campground, building 8053. Registration also is open the day of the race from 9 to 9:30 a.m.

Dog food will be collected to donate to a local shelter; participants are encouraged to bring a donation. The race is open to the public.

For more information, call 800-531-4703.

### 50-bird trap derby scheduled Aug. 1 at Sportsman's Range

A 50-bird trap derby is planned Saturday, Aug. 1, at Fort McCoy's Sportsman's Range.

Participants can shoot any time from 10 a.m. to 4 p.m. Contestants will shoot 25 birds from the 16-yard line and 25 birds from a handicapped position. The highest scorer will win a \$40 Gander Mountain gift card. Door prizes also will be drawn throughout the day.

The registration fee is \$10 for members and \$15 for nonmembers, plus the cost of the birds. Register by 9:30 a.m. the day of the event at Sportsman's Range or Pine View Campground. For more information, call 608-388-9162.

### Badminton tournament planned Aug. 5 at Rumpel Fitness Center

A badminton tournament is planned for Wednesday, Aug. 5, at Rumpel Fitness Center, building 1122. Teams will consist of two people and may be coed. Three teams must register for the competition to proceed. The competition starts at 4:30 p.m.; any team participating must be present at that time.

#### **NEWS NOTES**



Boat rentals available

Photo by Scott T. Sturkol

Rental boats are docked at the North Flowage boat landing on Fort McCoy's North Post. The boats can be rented from the Directorate of Family and Morale, Welfare and Recreation's Recreational Equipment Checkout at Pine View Campground. Call 608-388-3517 for more information.

Register by at the fitness center by Wednesday, Aug. 5. There is no fee. Prizes will be awarded to the first- and second-place teams.

For more information, call 608-388-3213.

### Sand volleyball competition scheduled for Aug. 12

A sand volleyball tournament is scheduled for Wednesday, Aug. 12, at Rumpel Fitness Center. The tournament starts at 4:30 p.m.

Teams must have between four and six people. Teams must win two of three games to advance. The first and second games will be played to 21 points; the third game will be played to 15 points. Prizes will be awarded to the first-place team.

There is no fee. Register at the fitness center, building 1122, or online at https://webtrac.mwr.army.mil/webtrac/mccoyrectrac.html by Aug 11. For more information, call 608-388-2290.

### DTS documents class scheduled for Aug. 12-13

A two-day class on the Defense Travel System (DTS) will be offered Aug. 12-13 at Fort McCoy.

The Defense Finance and Accounting Service lead DTS administrator will conduct the sessions from 8 a.m. to 3:30 p.m. in building 50, room DL3.

The class explains how to create temporaryduty authorizations and vouchers for activeduty, civilian, and Reserve travelers. The class also provides hands-on experience in creating authorizations and vouchers using the DTS training database. Beginner and intermediate DTS users are welcome.

Registration is required by Friday, Aug. 7, at 3 p.m. Class sizes are limited. The class is

open to military members and Department of Defense civilian personnel.

To register, email your name, unit, and phone number to mary.j.richmondstremcha.civ@mail.mil.

For details, call 608-388-6299.

### Internet-safety class for Families scheduled Aug. 18 at ACS

An Internet-safety class for Families is scheduled at Army Community Service (ACS) for Tuesday, Aug. 18. The class is from 10:30 to 11:30 a.m. at ACS, building 2111. Topics include cybercrime awareness, social media, and parental controls and software.

Registration is required, as space is limited. To register or for more information, contact Jamie Cram, ACS Sexual Harassment and Assault Response/Prevention point of contact, by phone at 608-388-8989 or by email at jamie.a.cram.civ@mail.mil.

### Aug. 19 class focuses on mixed-generation workplace

A class covering how to successfully mix generations in the workplace is scheduled for Wednesday, Aug. 19.

Participants will learn how to identify the common value systems of each generation and how that affects motivation and behavior in the workplace; describe how each generation defines success and how that affects communication and relationships; and differ approaches to members of different generations while coaching, managing, and retaining employees.

The class is from 8 a.m. to noon. Registration is required by Wednesday, Aug. 12. For more information or to register, call Army Community Service at 608-388-3505.

### Tickets now on sale for Aug. 15 Army Concert

Tickets are on sale for the Aug. 15 Army Concert featuring 3 Doors Down and special guests Theory of a Deadman and We Are Harlot. Tickets are \$40 until the day of the show. Day-of-show tickets cost \$45. Tickets can be purchased at Pine View Campground, building 8053; the Recreation Center, building 2000; and McCoy's Community Club, building 8053, at Fort McCoy. Off post, tickets can be purchased at the Market Bar and Fox Hole Pub in Sparta, Ace Hardware in Tomah and La Crosse, and Festival Foods in Onalaska. Tickets also can be purchased online at http://mccoy. armymwr.com or by calling 877-864-4969.

Volunteers are needed for the concert. Each volunteer receives a T-shirt and an invitation to Volunteer Appreciation Night at McCoy's for a free meal and beverages.

For more information about volunteering, call Karla Rynes at 608-388-4161 or email karla.m.rynes.naf@mail.mil. For updates, follow Fort McCoy MWR on Facebook at www.facebook.com/mccoymwr, or call 877-864-4969.

### SHARP refresher courses offered Aug. 20, 25

Sexual Harassment/Assault Response and Prevention (SHARP) Annual Refresher Training will be held from 8 to 10 a.m. Thursday, Aug. 20, and Tuesday, Aug. 25, at Army Community Service (ACS), building 2111.

The training describes the effects of sexual harassment and sexual assault, examines prevention strategies, and discusses Department of Defense sexual-assault statistics and reporting. SHARP annual refresher training is mandatory for Soldiers and DA civilians and must be completed by Wednesday, Sept. 30. Registration for the course is required and must be completed by the Monday before the desired class. To register, email ACS SHARP Point of Contact Jamie Cram at jamie.a.cram.civ@mail.mil.

### 'Feds Feed Families' food drive continues through Aug. 31

The annual "Feds Feed Families" food drive is accepting donations at Fort McCoy and will continue through Monday, Aug. 31.

Donated items can be dropped off at donation boxes in the following locations: the 88th Regional Support Command, building 60; the 181st Infantry Brigade, building 714; the Staff Sgt. Todd R. Cornell Noncommissioned Officer Academy, building 1361; Regional Training Site-Maintenance, building 1370; the U.S. Army Recruiting Command, building 1446; the Commissary, building 1537; the Exchange, building 1538; McCoy's, building 1571; the Religious Support Office, building 2675; and Regional Training Site-Medical, building 10000.

For more information about the food drive at Fort McCoy, call 608-388-6028.

#### Recreation

Automotive Skills Center: Building 1763. Open Thurs, and Fri. 1-9 p.m. and Sat. 9 a.m.-5 p.m. Call 608-388-3013.

Better Opportunities for Single Soldiers (BOSS): Meets second Thurs. of each month at 1 p.m. in building 2000. For details, call 608-388-3944.

McCoy's: Building 1571. Thunder Bowl Bowling Center open Mon.-Fri. 11 a.m.-10 p.m. and Sat.-Sun. 4-10 p.m. Extreme Bowling every Fri. 4-9 p.m. Call 608-388-

Pine View Camparound / Recreational Equipment Checkout Center: Building 8053. Open Sun.-Thurs. 8 a.m.-6 p.m. and Fri.-Sat. 8 a.m.-9 p.m. Call 608-388-2619/3517.

Recreation Center (Recreation Center Library): Building 2000, Open Tues.-Sat. noon-8 p m Call 608-388-3213

Leisure Travel Services Office: Open Tues.-Sat. noon-8 p.m. Call 608-388-3011/3213.

Rumpel Fitness Center: Building 1122. Open Mon.-Thurs. 5 a.m.-8 p.m., Fri. 5 a.m.-7 p.m., and Sat.-Sun. 6 a.m.-2 p.m. Call 608-388-2290.

Indoor swimming pool, atrium, sauna and steamroom: Open Mon.-Thurs. 6 a.m.-7 p.m., Fri. 6 a.m.-6:30 p.m., and Sat.-Sun. 9 a.m.-1:30 p.m.

Sportsman's Range: Open Mon., Thurs., and Fri. 3-7 p.m. and Sat.-Sun. 9 a.m.-5 p.m. *Range closed July 24* and 27-31 & Aug. 3-7 and 10-13 for construction. Rifle range closed Aug. 2, 8 & 9 for construction. Call 608-388-9162/3517.

Whitetail Ridge Ski Area: Closed for the season. Call 608-388-3517/4498.

#### Dining

Fabrew Coffee Shop: Building 1538. Open Mon.-Sat. 6 a.m.-2 p.m., Sun. 7

McCoy's: Building 1571. ATM located inside. Catering/admin., call 608-388-

Primo's Express: Open Mon.-Fri. 11 a.m.-9 p.m. (buffet Mon.-Fri. 11 a.m.-1

p.m.) and Sat.-Sun. 4-9 p.m. Call 608-388-7673. Sports bar: Open Mon.-Sat. 5 p.m

-midnight and Sun. 5-11 p.m. Manager has discretion on closing time.

Snack Avenue: Building 1538. Located inside Express. Open Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7 p.m. Call 608-269-5604 or 608-388-4343.

Specialty Express Food Court: Building 1538. Open Mon.-Fri. 7:30 a.m.-6 p.m., Sat. 7:30 a.m.-4 p.m., and Sun. 10:30 a.m.-3 p.m. Breakfast available 7:30-10:30 a.m. Call 608-269-5615, ext. 303.

Whitetail Ridge Chalet: Building 8061. Closed for the season. Adult lounge and outdoor deck. Available for private parties. Call 608-388-3517/2260.

#### Services

**Alteration Shop:** Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 9 a.m.-3 p.m. Call 608-269-1075.

Barber Shop (Exchange): Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 10 a.m.-3 p.m. Call 608-269-1710.

Mon.-Fri. 9 a.m.-5 p.m. and Sat. 9 a.m.-3 p.m. Call 608-269-1075.

Car Rental (Enterprise): Information available at the Exchange, Building 1538. Use phone at Enterprise sign. Call 608-782-6183 or 1-800-654-3131; use the following number: CDP# 1787245.

Car Wash: Building 1568. Self-service and automatic bays. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Tokens also available for purchase at building 2000. Call 608-

**Commissary**: Building 1537. Open Tues.-Sun. 10 a.m.-6 p.m. Early bird/selfcheckout open Tues.-Sat. 9-10 a.m. Call 608-388-3542/3543.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open Mon.-Fri. 7:30 a.m.-4 p.m. Call 608-388-2370, 608-269-4560, or 1-800-927-6343.

Education/Learning Center: Building 50, Room 123. Open Mon.-Fri. 8 a.m.-4 p.m. Call 608-388-7311.

Exchange: Building 1538. Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7 p.m. Call 608-269-5604, ext. 101

GNC: Building 1538. Open Mon.-Sat. 9 a.m.-5 p.m. Call 608-269-1115.

ID Card/DEERS Section: Building 35. Open Mon.-Fri. 7:30 a.m.-3:30 p.m. Call 608-388-4563 prior to any visit to verify the ID Section is operational.

IHG Army Hotels: Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

Launderette/Dry Cleaning: Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and

# facilities services

This schedule is projected through Aug. 13, 2015. **Bold, italic typeface** indicates a change since the last publication. Please call facilities before visiting to verify hours.

**Beauty Salon:** Building 1538. Open Sat. 9 a.m.-3 p.m. Call 608-269-1075.

Laundry Facilities: Buildings 651, 755, 1671, 1735, 1856, 2002, 2568, 2671, 2763, and 2877 open 24/7. Exclusively for use by Soldiers training on Fort McCoy pursuant to military orders. Civilians and retired military are not authorized to use these facilities. Call 608-388-3800 (Troop and Installation Support Branch, Building 490).

Military Clothing: Building 1538. Open Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7 p.m. Call 608-269-5604, ext. 203.

**Permit Sales:** Building 2168. Open weekdays 7 a.m.-3:30 p.m. Call 608-388-

Retirement Services Office: Building 35. Open Mon.-Tues, Thurs.-Fri. 7:30 a.m.-3 p.m. Closed Wed. Call 608-388-

R.I.A. Credit Union: Building 1501. Open Mon.-Wed. 9 a.m.-1 p.m. and Thurs.-Fri. 9 a.m.-1 p.m. and 2-5 p.m. ATMs located in building 1501 (24/7); McCoy's, building 1571; the Exchange, building 1538; and building 51 (24/7). Call 608-388-2171.

RV Storage Lot: Next to Building 1763. Short- or long-term storage. Fees charged. Authorized patrons only. Call 608-388-2619/3517.

Service Station/Express/Class VI: Building 1538. Mon.-Fri. 6 a.m.-7 p.m., Sat. 7 a.m.-7 p.m., and Sun. 9:30 a.m.-5:30 p.m. Call 608-269-5604 or ext. 4343. Pay-at-the-pump gas open 24/7. ATM located inside. Cash transactions available during Express hours.

**Visitor Control Center:** Building 35. Mon.-Fri. 5 a.m.-5 p.m. Call 608-388-

#### **Family Support**

**Army Community Service Center:** Building 2111. Open Mon.-Fri. 7:30 a.m.-4 p.m. or by appointment. Call 608-

Army Substance Abuse Program: Building 1344. Open Mon.-Fri. 7:30 a.m.-4 p.m. or by appointment. Call 608-

Child Development Center: Building 1796. Open Mon.-Fri. 6:30 a.m.-5:15 p.m. Call 608-388-3534/2238.

Military and Family Life Consultant Program (MFLC): Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential, with no records kept. Available Mon.-Fri. 8 a.m.-4 p.m. or by appointment. Call 608-469-1432.

**Red Cross:** Fort McCoy active-duty Soldiers and their Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313, 608-788-1000, or the installation operator at 608-388-2222 and request Red Cross assistance.

**School Age/Youth Center:** Building 1792. Activities for youth grades kindergarten through 12. Offers afterschool, nonschool, and inclementweather care for eligible youth. Open Mon.-Fri. 6:30 a.m.-5:30 p.m. Call 608-388-4373.

SKIESUnlimited Instructional Program: Building 1668. Provides instructional classes for children and youth from infancy through the end of their senior year in high school. Children and youth are provided opportunities to explore new skills, pursue and nurture personal interests, and interact socially

#### **Health Care**

with others. Register at Parent Central

Alcoholics Anonymous: For more information, call 608-388-5955/2441.

Fort McCoy Civilian Employee Assistance Program: Screening and referral services for eligible civilian employees and their Family members who are experiencing difficulties due to problems related to substance abuse, mental health, marital/Family discord, or other problems. Call 608-388-2441/5955.

Fort McCoy Sexual Harassment/ Assault Response & Prevention (SHARP): 24/7 Hotline 608-388-3000.

Occupational Health Clinic: Building 2669. Open Mon.-Fri. 7 a.m.-3 p.m. Call 608-388-2414.

TRICARE: TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445: TRICARE for Life, 866-773-0404; or visit the TRICARE website at http://www.tricare.mil.

Troop Medical Clinic: Building 2669. Open Mon.-Fri. sick call 7-8 a.m., appointments 8 a.m.-3 p.m. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

#### Worship

Catholic: Chapel 10, Building 1759. Mass: Sunday 9:30 a.m. Call 608-388-

Christian Fellowship Bible Study with **lunch:** Building 2675. Wednesdays from 11:30 a.m.-12:30 p.m. Call 608-

Jewish: Service held at Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

Mormon: Church of Jesus Christ of Latter Day Saints, 702 E. Montgomery St., Sparta, Wis. Sunday services 10 a.m.-1 p.m. Call 608-269-3377.

Protestant: Chapel 1, Building 2672. Protestant Worship on Sundays from 9:30-10:30 a.m. Fellowship follows service and meets across the street from the Chapel in building 2675 from 10:30-11:30 a.m.

Protestant Women of the Chapel Bible Study: Building 2675. On break June 1-Aug. 26. Call or text Amber Bailey at 325-280-9380.

**Spanish Language:** Worship Services in Norwalk (Catholic); Tomah (Seventh-Day Adventist). Call 608-388-3528.

Call 608-388-3528 for more information about Chapel and worship schedules in the surrounding communities. If you have an emergency, call 608-388-2266 and the On-Call Duty Chaplain will be contacted for further assistance.

#### **Organizations**

Adjutant General Corps Regimental Association, Spartan Chapter: Meetings held monthly. For information, visit the group's Facebook https://www.facebook com/AGCRASpartan or call Staff Sgt. Cassandra Ross at 251-327-8400.

American Federation of Government Employees (AFGE), Local 1882: Building 1411. Office hours 7 a.m.-4 p.m. weekdays. Meets second Tues. of each month at 5 p.m. at AFGE Office. Call 608-

American Society of Military Comptrollers: Meets several times throughout the year. Call Maureen Richardson at 608-269-1912 or Bonnie Hilt at 316-209-2787.

Association of the United States Army AUSA (Robert B. McCoy Chapter): For information on meetings, email MGRobertB.McCoy@AUSA.ORG or visit the website www.mccoyausa.org.

Friends and Spouses of Fort McCoy: Meets every third Thursday. For information, send an email to fsofmccoy@gmail.com.

Reserve Officers Association, Fort McCov-Readiness 43: Call David W. Alderfer (LTC-Retired) at 920-535-0515 or email justdave49@centurylink.net.

USO Wisconsin at Fort McCoy: For information about services at Fort McCoy locations or to volunteer to support USO Wisconsin operations, call 608-388-2126 or email ehazlett@ usowisconsin.ora.

Warrant Officers Association, Chapter 0317: For more information, call 608-388-0576, 608-388-6500, or email usawoamccoy@outlook.com.

To report an update to information on this page, call Public Affairs at 608-

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All photos are U.S. Army photos unless otherwise credited.

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Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

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Read this publication online at http://www.mccoy.army.mil

#### 2015 Army Arts and Crafts Contest taking submissions through July 31

accept submissions through Friday, July 31.

complished artists. Up to three submissions per paintings, and wood art.

The 2015 Army Arts and Crafts Contest will artist will be accepted in each of 10 categories: ceramic art, digital art, drawings, fiber art, glass pleted after July 1, 2014. The contest is open to both novice and ac- art, metal art, 2-D mixed media, 3-D mixed media,

All submissions must be original work com-

The contest is open to all authorized Directorate of Family and Morale, Welfare and Recreation armymwr.com/recleisure/artsandcrafts/.

patrons, excluding Army Arts and Crafts employees. For complete contest rules and more information on art categories, visit http://www.