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# The Real McCoy®

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Photo by Scott T. Sturkol

Garrison Commander Col. Steven W. Nott (right) provides remarks during the grand-opening ceremony June 20 for the USO Wisconsin at Fort McCoy station at Forward Operating Base Freedom.

## USO Wisconsin at Fort McCoy opens locations at FOBs

USO Wisconsin at Fort McCoy held a grand-opening ceremony June 20 at Forward Operating Base (FOB) Freedom.

The ceremony was held to commemorate USO Wisconsin at Fort McCoy's first established presence at the installation. In 2015, two new centers were opened at Fort McCoy — one at FOB Liberty and one at FOB Freedom.

Fort McCoy Garrison Commander Col. Steven W. Nott and USO Wisconsin Board President Dan Toomey of Milwaukee spoke during the presentation. Festivities also included a picnic-style lunch.

Nott said getting the USO presence at the post has been a three-year odyssey.

"It was an engagement that involved the entire garrison command group, including two command sergeants major, two U.S. Army Reserve ambassadors, and the civilian aide to the secretary of the Army," Nott said. "They all engaged over time in order to bring the message that Fort McCoy is the only federal installation within the state of Wisconsin, and (USO) really needed to have a footprint here."

USO Wisconsin Inc. is a 501(c)(3) non-profit organization. It currently operates four centers in Wisconsin that serve more than 25,000 military Families throughout the state. The USO has had a continuous presence in Wisconsin since 1943 through the global parent company, USO Inc. The two centers not at Fort McCoy are located at General Mitchell International Airport and the Military Entrance Processing Station — both in Milwaukee.

USO Wisconsin Director of Operations Elizabeth Hazlett oversees all operations in Wisconsin, including the two on-post centers. She said she's happy they are up and running.

"It's essential for us to provide services for Soldiers in our state," Hazlett said. "The fact that from here we are able to not only provide support for our service members, but also for service members from all over the country, is wonderful."

In the future, a main center for USO Wisconsin also will be located within the cantonment area.

"Right now, we are waiting for approval of a facility on the can-

tonment area," Hazlett said. "Once that is approved, we will look at the location and what we can best do with it. We'll also have to look at the troop traffic through Fort McCoy, what are the high times and the low times, and then try to staff it appropriately."

Lt. Col. Laura Howell, commander of the 718th Transportation Battalion of Columbus, Ohio, who served as mayor at FOB Freedom during the Combat Support Training Exercise, said the USO station had an immediate effect at the FOB.

"On this FOB right now, we have about 1,100 (service members) who are now being served," Howell said. "That includes Army, Navy, Air Force, Marines, a British contingent, and a Canadian contingent. We also had some German soldiers here, as well."

"I want to say how much the USO means to Soldiers," Howell said. "This is supposed to be simulating an austere environment, and it's not a simulation. For most of us, our cellphones don't work out here ... and our Internet does not work out here. So if a Soldier is here for three weeks for their annual training, this is austere, and the only way some of them can get a connection to home is through the USO. We appreciate that so much, and we, the Soldiers who train here, appreciate the USO and what they do for us."

Nott said the USO presence adds to great services already offered on post.

"This is going to be a great partnership," he said. "Fort McCoy already has (the Directorate of) Family and Morale, Welfare and Recreation services that are recognized by the Installation Management Command as being some of the best in the Army."

"Thank you USO for coming and providing quality services in an area that is most in need — especially in this training environment," Nott said.

Toomey added, "The USO Wisconsin, now that we are on Fort McCoy, it just going to get better. I thank you so much for inviting us up here."

For more information about USO Wisconsin operations at Fort McCoy, contact Hazlett by calling 608-388-2126 or by email at ehazlett@usowisconsin.org.

(Article prepared by the Fort McCoy Public Affairs Office.)

### Defense Travel System classes planned for July

Two classes on the Defense Travel System (DTS) are scheduled for July.

The first class, from 8 a.m. to 3 p.m. July 8-9, will cover DTS temporary duty (TDY) documents.

The two-day class explains how to create TDY authorizations and vouchers for active-duty, civilian, and Reserve travelers. Hands-on experience is provided in creating authorizations and vouchers using the DTS training database.

The class is for beginner and intermediate DTS users. Those interested should register by Thursday, July 2, at 3 p.m.

The second class, from 8 a.m. to 3 p.m. Wednesday, July 22, will cover the DTS-approval process and travel policy.

The class explains the steps required to approve DTS documents. Prior completion of the DTS TDY documents class is highly recommended.

The class is for reviewing or approving officials. Register by Friday, July 17, at 3 p.m.

Class sizes are limited and are open to military and Department of Defense civilian personnel. All classes will be conducted in building 50, room DL3.

To register, email name, unit, and desired class to Defense Finance and Accounting Service Lead Defense Travel Administrator Mary Jo Richmond-Stremcha at [mary.j.richmondstremcha.civ@mail.mil](mailto:mary.j.richmondstremcha.civ@mail.mil).

For more information, call 608-388-6299.

### SHARP refresher course dates set for remainder of FY 2015

Sexual Harassment/Assault Response and Prevention (SHARP) Annual Refresher Training will be held from 8 to 10 a.m. Tuesday, June 30; Thursday, July 16; Thursday, Aug. 20; and Tuesday, Aug. 25, at Army Community Service (ACS), building 2111.

The training describes the effects of sexual harassment and sexual assault, examines prevention strategies, and discusses Department of Defense sexual-assault statistics and reporting.

SHARP annual refresher training is mandatory for Soldiers and DA civilians and must be completed by Sept. 30.

Registration for the course is required and must be completed by the Monday before the desired class. To register, email ACS SHARP Point of Contact Jamie Cram at [jamie.a.cram.civ@mail.mil](mailto:jamie.a.cram.civ@mail.mil).



TRAINING

# Thousands of troops practice skills at Fort McCoy



Photo by Tech. Sgt. Joshua J. Garcia

Soldiers prepare Stryker tactical vehicles for an escort convoy during the Combat Support Training Exercise.

More than 6,000 service members from U.S. service components including Army, Air Force, and Navy (active, Guard, and Reserve) as well as British and Canadian forces combined in June to practice their military skills for the 2015 Combat Support Training Exercise (CSTX) at Fort McCoy.

The exercise is part of the larger Global Lightning exercise, in which the 78th Training Division, 75th Training Division, First Army, and 3rd Medical Training Brigade train and evaluate participating units progressing through the Army Force Generation (AFROGEN) cycle. The exercise occurred on and between seven U.S.-based installations, including Fort McCoy.

Global Lightning demonstrates the Army Reserve's commitment to hosting comprehensive training to ensure operational readiness of the Total Force. Global Lightning also contains two integrated exercises — Quartermaster Liquid Logistics Exercise (QLLEX) and Global Medic. QLLEX is an annual logistical-movement event that transports petroleum and purified water throughout the United States. Global Medic assesses the medical response



Photo by Tech. Sgt. Joshua J. Garcia

First Lt. Mark Edwards, 46th Chemical Company of Aberdeen Proving Ground, Md., operates a 50-caliber machine gun during a convoy mission in support of the exercise.



Photo by Tech. Sgt. Joshua J. Garcia

Airmen unload a C-17 Globemaster III at Sparta/Fort McCoy Airport during exercise operations.



Photo by Spc. Michael McDevitt

Spc. Ross D. Clinton, an infantryman assigned to Charlie Company, 2nd Battalion, 87th Infantry Regiment, 2nd Brigade Combat Team, 10th Mountain Division, of Fort Drum, N.Y., observes Soldiers serving as civilian role-players prior to a simulated complex convoy ambush.

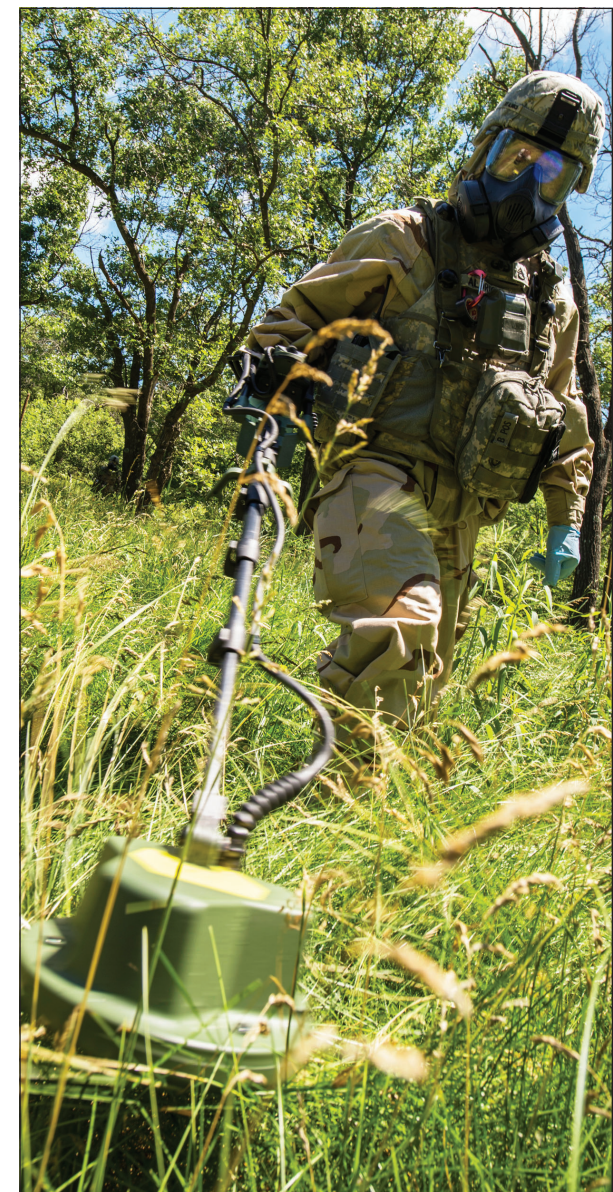


Photo by Tech. Sgt. Joshua J. Garcia

Staff Sgt. Michael Aldrich, 46th Chemical Company, scans the ground with a metal detector in search of possible explosives during a chemical, biological, radiological, nuclear, and explosive training scenario.



# during 2015 CSTX

ity and interoperability of multiple U.S. services and their foreign counterparts.

CSTX participants operated from several Fort McCoy locations on North Post and South Post. Areas used included Forward Operating Bases Liberty and Freedom; Tactical Training Bases Independence, Justice, and Patriot; and camps set up at Big Sandy Lake and Young Air Assault Strip. Many units also operated from the installation cantonment area.

(Article prepared by the Fort McCoy Public Affairs Office and the 78th Training Division.)



Photo by Tech. Sgt. Joshua J. Garcia

Two UH-60 Black Hawks fly as part of a formation over Fort McCoy during a reconnaissance mission as part of the Combat Support Training Exercise.



Photo by Spc. Jermaine Sullivan

U.S. Army Soldiers assigned to the 94th Military Police Company of Londonderry, N.H., provide security during training at a Fort McCoy Combat in the Cities site.



Spc. Waylon Colwell, 650th Regional Support Group food-service specialist of Las Vegas, helps supervise Soldiers on the food line at Fort McCoy's Forward Operating Base Liberty dining facility.

## Food-service Soldiers feed CSTX masses using Containerized Kitchen capabilities

**STORY & PHOTO BY CAPT. FERNANDO OCHOA**

311th Sustainment Command (Expeditionary)

FORT MCCOY, Wis. — Thanks to the hard work of Chief Warrant Officer 2 Trent Skinner, 650th Regional Support Group food adviser, Forward Operating Base Liberty's dining facility was one of the first facilities able to serve hot food on its first day of operation during the Combat Support Training Exercise (CSTX) here.

"This was clearly a team effort, and most of the credit goes to the young enlisted Soldiers who do the hands-on work," said Skinner. "As long as we accomplish our mission, we are happy to be here."

This food-service team comprises 14 Soldiers who were split into two shifts serving breakfast from 6 to 8 a.m. in the morning and dinner from 5 to 7 p.m. in the evening.

Meals were served at more than half a dozen field

locations on Fort McCoy for exercise participants. Some areas used the traditional military Mobile Kitchen Trailers while others used the new Containerized Kitchens.

The Containerized Kitchen is the first field kitchen to be introduced into the Army inventory since the Mobile Kitchen Trailer in 1975.

In testing, the Containerized Kitchen enabled cooks to feed more than 650 Soldiers three meals per day.

The Containerized Kitchen has running water for food and beverage preparation and for hand washing. It also can roast, grill, boil, fry, and bake foods. The serving line was protected from inclement weather.

Army food-service specialists primarily are responsible for the preparation and service of food in field or garrison food-service operations. A food-service specialist prepares food according to standard and dietetic recipes, inspects food supplies, and orders food.



## TRAINING

# McCoy site of DOD's largest multinational, joint medical exercise

FORT MCCOY, Wis. — Global Medic, the largest joint patient-movement and medical field-training exercise within the Department of Defense, found a home at Fort McCoy for most of June.

This premier medical field training event is the only joint-accredited exercise within the Army Reserve. Training is conducted in a tough, demanding, and realistic environment to develop ready and resilient service members and units in order to conserve the fighting force.

Global Medic also included operations with Combined Joint Atlantic Serpent (CJAS) for the first time. CJAS is an annual exercise hosted in rotation between the United States and United Kingdom to maintain the good practices of health-care integration developed during military operations in Afghanistan.

The inaugural U.S.-hosted CJAS seeks to sustain interoperability between U.S. and British Army personnel by exercising field medical practices while sharing equipment, protocols, and battle drills in a tactical training environment to further enhance the ability to serve as coalition forces around the globe.

Combining CJAS and Global Medic results in the single-largest field medical-training exercise within the Department of Defense with approximately 1,600 service members from 17 states and two nations participating in the exercise. CJAS and Global Medic provide Soldiers, Sailors, and Airmen an opportunity to train alongside their joint and coalition partners, learn from each other, and increase their battlefield competencies.

(Article prepared by Medical Readiness and Training Command.)



Photo by Sgt. 1st Class Lawree Roscoe Washington Jr.

**Soldiers from Company B, 1st Battalion, 106th Aviation Regiment, Illinois Army National Guard, conduct sling operations during Global Medic at Young Air Assault Strip on Fort McCoy.**



Photo by Scott T. Sturkol

**Medical personnel with the 228th Combat Support Hospital of San Antonio help a simulated patient wearing a cut suit at a field hospital set up at Fort McCoy's Forward Operating Base Liberty.**



Photo by Sgt. 1st Class Lawree Roscoe Washington Jr.

**Navy Lt. Cmdr. Bill Parthun (right), Army Maj. Thomas Torchia (center), and U.K. Chief Warrant Officer (Regimental Sgt. Maj.) Jenny Clarke work jointly to plan operations during Combined Joint Atlantic Serpent along with Global Medic at Forward Operating Base Liberty.**



## TRAINING

# RTS-Medical course trains Army nutritional-care specialists

STORY & PHOTOS BY SCOTT T. STURKOL

Public Affairs Staff

Soldiers with Alpha Company, 801st Combat Support Hospital of Fort Sheridan, Ill., studied medical dietary care at Fort McCoy's Regional Training Site (RTS)-Medical complex in early June.

The 80-hour sustainment course was for Soldiers in the 68M (nutritional-care specialist) military occupational specialty. By Army definition, 68M Soldiers perform basic dietetic functions in a hospital, clinic, or field environment. They also provide nutritional treatment and basic counseling to patients in nutrition clinics, health-promotion and wellness clinics, and classroom settings.

RTS-Medical instructor Aimee Carrington, who assisted with the course, said nutritional-care specialists also are the dietary technicians for the Army.

"Essentially, they take care of food for (medical) patients," she said.

During the course, students trained in the classroom and had hands-on training in food preparation and safety. The course builds on skills Soldiers learned in the Army Nutrition Care Specialist Course during advanced individual training (AIT).

"Here, the students also get to train in a field environment using a Containerized Kitchen, which they don't (normally) get to do at their home station," said Carrington, who is a former 68M Soldier.

Food sanitation is emphasized. Carrington said students must know the standards out-



Students in the 80-hour sustainment course for Soldiers in the 68M (nutritional-care specialist) military occupational specialty prepare a meal in a containerized kitchen at the Fort McCoy Regional Training Site-Medical complex.

lined in Army Technical Bulletin-Medical 530, Occupational and Environmental Health Food Sanitation.

"That's sort of the bible for food prepara-

tion," Carrington said. "In following the procedures outlined by the bulletin, the students learn proper food-handling techniques, how to use proper temperatures (for food preparation), and how to wash and sanitize your equipment properly."

Pvt. Fu Hongyuan, who recently completed AIT, said the course provided very good training.

"We learned how to pay close attention to (food) nutrients and safety. This also is experience I can take home with me to better prepare food safely," Hongyuan said.

Pfc. Dariah Wellington said she gained some extra skills and a greater understanding of how food directly affects the recovery of a medical patient.

"We learned to do things to make sure the dietary support for injured (service members) is top-notch," Wellington said.

"Also, setting up a Containerized Kitchen and a sanitation room is all new to me, so this was great training.

"This is a very unique career field because we have to be very versatile," Wellington said. "We have to learn how to work in the kitchen and take care of patients, and we also have to learn the clinical aspect, such as working directly in a hospital and knowing what patients need ... that will help them get better."

Maj. Spencer Taylor, assistant course instructor and dietitian with the 332nd Medical Brigade at Nashville, Tenn., said 68M sustainment training is a "valuable skills course."

"We always want to give Soldiers an opportunity and to provide them with some great training in their field," Taylor said. "The Soldiers (in this course) are relatively new in their careers, and ... they have never done a field-training event like they are doing here. They can say they learned something during this annual training that they have never experienced before."

Taylor said the training also helps military dietitians and nutritional-care specialists maintain consistency in patient care.

"We want to make sure that we are providing the same message," Taylor said.

"We all have our roles, and all roles are important, but there is definitely a common language that we need to speak when we are caring for patients."

Taylor said Fort McCoy is a great place to conduct this course. "We have great instructors with RTS-Medical here, and I think that any 68M (Soldier) who would have the opportunity to come out and get this training would benefit greatly," he said.

RTS-Medical offers one-stop training in its medical complex of buildings in the 10000 block area, according to Administrative/Executive Officer Gerry Meyer. This allows units to conduct all their training in the area, reduces travel time, and minimizes distractions.

The organization has been a tenant activity and training partner at Fort McCoy since 1991. For more information about RTS-Medical training, call 608-388-2544.



Spc. Benjamin Wood, nutritional-care specialist with the 801st Combat Support Hospital at Fort Sheridan, Ill., reviews a dietary plan for ingredients required to make a meal.



TRAINING**'Red Arrow' Soldiers build warrior skills during AT at McCoy**

Units with the 32nd "Red Arrow" Infantry Brigade Combat Team (IBCT) of the Wisconsin Army National Guard held two weeks of annual training at Fort McCoy in June. With more than 3,400 Soldiers and units based in 36 Wisconsin communities, the 32nd IBCT is the largest unit in the Wisconsin Guard. Brigade combat teams are the basic deployable combat maneuver units in the U.S. Army.

The 32nd IBCT resembles a small-scale combat division, with infantry, cavalry, field artillery, and special troops units for intelligence, signal, military police, and combat engineers. At Fort McCoy, they trained on basic Army Warrior tasks, combat and maneuver skills. They also helped Soldiers earn the Army Expert Infantryman Badge.

"Red Arrow" Soldiers operated from several locations at the installation for their training, including at the Fort McCoy Combined Arms Collective Training Facility and in a location near Forward Operating Base Freedom. Their presence at the post added to the training population that averaged more than 15,000 service members training each week in June.

(Article prepared by Fort McCoy Public Affairs Office.)



Photo by Staff Sgt. Oscar Gollaz

**Soldiers from the 32nd Infantry Brigade Combat Team of the Wisconsin Army National Guard walk together during a ruck march June 18.**



Photo by Scott T. Sturkol

**The 32nd's distinctive "Red Arrow" stands outside it's encampment set up near Fort McCoy's Forward Operating Base Freedom.**



Photo by Staff Sgt. Oscar Gollaz

**A 32nd Infantry Brigade Combat Team Soldier (right) tosses a dummy grenade June 17 at a target at a Fort McCoy range before throwing a real one as part of the evaluation process for Expert Infantryman Badge qualification.**



## TRAINING

# Army engineers complete FOB Liberty shower-facility project

STORY & PHOTO BY SCOTT T. STURKOL

Public Affairs Staff

Soldiers from the 372nd Engineer Company of Pewaukee, Wis., completed a shower-facility troop project at Fort McCoy's Forward Operating Base Liberty in mid-June.

Numerous units have worked on the project since its 2013 start. Spc. Matt Medrow, an electrician with the 372nd, said there was a lot to be done.

"We had to install all of the FRP (fiberglass-reinforced plastic) panels, sinks, and outlets; hang all the lights; and quite a bit more," Medrow said.

The Soldiers also built benches for the shower areas, installed mirrors above the sinks, and ensured the plumbing was connected and working correctly.

"Everybody has done well pitching in to get this done," said Sgt. Brittan Jacob, a plumber from the 372nd who oversaw safety on the project.

"We actually were a little surprised we were able to get as much work done as we did. Everything was flowing well at the work site."

The facility has 42 shower stalls available for use in two areas — 24 stalls for men's section and 18 stalls for women's section.

Troop Projects Coordinator Larry Morrow from the Directorate of Public Works said the work will have lasting effects.

"The shower facility will be usable year-round to help support personnel training at the complex," Morrow said.

"Completing this project has been a long time in the making, and we're glad it's now ready to support our training population."

The company commander of the 372nd, Capt. Robert Kraemer, said his Soldiers appre-



Soldiers with the 372nd Engineer Company of Pewaukee, Wis., carry a bench they built into the shower facility.

ciated the opportunity to complete a project and get a chance to build on their military occupational specialty skills.

"We have a great working relationship with

Larry, and a project like this is a great trade-off for both of us," Kraemer said.

"Our unit gets work that helps us meet collective training objectives, and (Fort McCoy)

gets good work from us that completes a project."

For more information about troop projects, call 608-388-3551.



## Road rehab

A Soldier with Alpha Company, 766th Brigade Engineer Battalion of Marseilles, Ill., uses a High Mobility Engineer Excavator (HME) — a backhoe loader developed specifically for the U.S. military — to rebuild a range road June 8 at Fort McCoy.

The work was part of a troop project to repair roads and trails on Fort McCoy's South Post.

Numerous Soldiers from the 766th used the HME, a grader, dump trucks, and several other pieces of heavy equipment to complete the repairs.

The 766th is an Illinois National Guard unit that falls under the 33rd Brigade Combat Team and specializes in supporting and conducting full-spectrum engineering operations in support of Army, joint, or coalition task-force operations.

Photo by Scott T. Sturkol



## TRAINING

# Project begins for group campsite at Pine View

**STORY & PHOTOS BY SCOTT T. STURKOL**

Public Affairs Staff

An expansion effort to build a group campsite has begun at Fort McCoy's Pine View Campground.

Construction engineers with Wisconsin National Guard, Bravo Company, 173rd Brigade Engineer Battalion (BEB), based in Onalaska, Wis., started work on the site in mid-June by constructing a new road as part of a troop project.

"Our work required the removal of 3 inches of topsoil to level-off the area," said Sgt. 1st Class Lucas Lohr, Bravo Company platoon sergeant. "We then put down a geothermal lining and 8 inches of gravel to top the road."

Located on the northeast side of the campground, the new site will offer an area where up to five recreational trailers/campers can be located together. Troop Projects Coordinator Larry Morrow of the Directorate of Public Works said further development of the site will take some time.

"We have to work with the power company to set up the electric hook-ups there, but eventually we will have water and power there to make it a fully operational site," Morrow said.

Pine View Campground opened as Trout Falls-Squaw Lake Recreation Area June 24, 1972. This is the first time a group site for other than tent camping will be available to the public. Adam Hangartner, recreation assistant at Pine View, said the new site is welcomed.

"This will be a good addition to the campground," Hangartner said. "This site will give our customers another option where a whole group can converge, set up, and enjoy their camping experience."

Sgt. Nick Bergman, 173rd BEB heavy-equipment operator, drove the grader that leveled nearly 30 dump-truck loads of gravel placed on the road. He said a good road is critical for site access.



**Sgt. Nick Bergman with the 173rd Brigade Engineer Battalion of Onalaska, Wis., operates a grader to spread gravel on a road June 16 at Fort McCoy's Pine View Campground.**

"The grader moves the gravel around to where it needs to be and helps compact it, and everything we did should make it so the road is good for a long time," Bergman said. "I think our team did a great job making the road — it

really was a team effort. Plus, it's awesome that we are able to give back to Fort McCoy with a project like this."

The project also helps the 173rd engineers, said Staff Sgt. Tylor Harlan, equipment section

squad leader. "Besides creating a project that will affect the future capabilities of the campground, we also get to hone our skills as combat engineers," he said.

Pine View Campground is open to the public. Approximately 65,000 people make use of the area annually.

In addition to camping, it also offers fishing, canoeing, swimming, miniature golf, hiking, and more.

The campground currently has 176 campsites, of which 38 are nonelectric tent sites. It also offers all the conveniences of a modern campground with showers, flush toilets, laundry facilities, an LP fill station, and picnic and playground areas (one handicapped accessible) all available on site.

Access to Pine View is from State Highway 21. Turn at the sign for Pine View Campground and Whitetail Ridge Ski Area (Gate 19) and follow the signs.

For complete details, including hours, costs, and restrictions, visit <http://mccoy.armymwr.com>, or call 608-388-3517/2619 or 1-800-531-4703.

For more information about troop projects, call 608-388-3551.



**A Soldier guides a dump-truck driver for gravel placement on the road to the new group campsite.**



## HISTORY

# Artifacts from 1910 encampment added to History Center collection

BY AIMEE MALONE  
Public Affairs Staff

Several artifacts from the early days of Fort McCoy's history recently were turned over to the installation's History Center.

The artifacts most likely are from the 1910 occupation of Camp Emory Upton, one of Fort McCoy's predecessors, said Alexander Woods, Ph.D., an archaeologist with Colorado State University's Center for Environmental Management of Military Lands under contract with Fort McCoy. Recovered during a 2013 dig on South Post, the artifacts include a three-in-one oil bottle, glass bottle stoppers, key openers for food cans, a milk glass cold-cream jar, and a brass uniform insignia for the 28th Infantry Regiment.

The dig was conducted as part of a project to survey known historical sites on the installation to evaluate their eligibility for the National Register of Historic Places. Archaeological assessments are required on sites where federal funds will be used for construction, and Fort McCoy has been surveying all of its land to both protect history and aid in future maintenance and project planning.

The Camp Emory Upton site is a good example of why such digs are important. "We went out there assuming it was a farmstead," Woods said. The 28th Infantry insignia was the first indication they were dealing with something different.

The site now is protected from development to preserve the remaining artifacts.

Remnants of early training at Fort McCoy are relatively rare. Only one pre-World War I building, a storage building constructed in 1911, remains standing today. The training sites have remained in nearly continuous use throughout the past 106 years.

More than 10,000 artifacts were



The 1st Section Gun Crew was among 10,000 troops arriving for training in August 1910 at Camp Emory Upton. Artifacts from the time period were recently recovered from the site of the camp and were added to the Fort McCoy History Center.

found during the dig. "A lot of what we found out (there was) personal artifacts, military effects, or food remains," Woods said. Many of the artifacts were cattle bones, glass bottles and shards, and food-tin fragments.

The dig also uncovered two brick structures, which Woods said were probably foundations for incinerators. The types of artifacts found, along with the presence of ash stains and the fragmented conditions of the objects, pointed to the use of the brick structures as incinerators.

"(The site) shows us a lot about

diet and how Soldiers were getting supplies, as well as a few fun little glimpses into their personal lives," Woods said. The cold-cream jar, which was found while archaeologists were digging up a privy, was a good example.

Woods said he thought the cold cream was used to treat saddle or marching sores. "It would be a smart thing for someone to have, but maybe a ... 'throw it in the latrine when you're done with it' kind of thing," he said.

"Archaeologists really like trash,"

Woods said. "It tells us a lot about people's lives, and people don't really write much about this kind of stuff. They certainly don't write about cold cream."

A number of factors helped date the site to 1910. A brass uniform insignia for the 28th Infantry Regiment was a primary clue in dating the camp, Woods said. The 28th Infantry Regiment, then based at Fort Snelling, Minn., is known to have trained at Camp Emory Upton in 1909 and 1910, according to the 1910 Unit Returns for the 28th Infantry Regiment.

Ammunition casings discovered at the site are dated between 1904 and 1908. The three-in-one oil bottles were marked with "3-IN-ONE" in raised letters and designed for cork stoppers. The lubricating oil still is used today, but this type of bottle only was manufactured from 1905-1910.

The cattle bones even helped date the site, Woods said.

When the bones were examined, it was determined the 1910 "Manual

for Army Cooks" was used to divvy up the meat. The previous edition, the 1896 manual, called for a very different method of preparing sides of beef, Woods said.

Since the main excavation site most likely was an incinerator, it's possible it contains the refuse from several encampments, Woods said. The majority of evidence points to the 1910 encampment, however.

Any artifacts spotted while on Fort McCoy or other federal properties should be left alone. It is illegal to dig for or remove artifacts from federally owned land without permission. The History Center currently is being renovated but is scheduled to reopen Sept. 11. The artifacts from the Camp Emory Upton dig will be displayed with other items illustrating Fort McCoy's history.

For more information about archaeological digs at Fort McCoy, call the Directorate of Public Works Natural Resource Branch at 608-388-4793. For more information about the History Center, call the Public Affairs Office at 608-388-2407.



Contributed photos

Three-in-one oil bottles were found in the archaeological dig on Fort McCoy.



This 28th Infantry insignia pin was found during the archaeological survey as well.



## ABOUT POST



Contributed photo

### Centershot archery

Participants in the Centershot Ministries archery program, coordinated by the Fort McCoy Religious Support Office, take aim at a target in early June. Centershot is a chaplain-sponsored program designed to teach archery and life skills while helping children develop self-esteem and character and form closer-knit families.



Photo by Karl Bugman

### 'I got it!'

Teams compete in a sand volleyball tournament across from the Rumpel Fitness Center in early June. Several co-ed teams vied for the title in an event where the games were rally scored and teams had to win two out of three games to advance. A prize was given to the top team.



Photo by Liz Weaver

### Mud run

Runners scamper through a section of the 3.5-mile course during the "Battle of the Mud" run June 6 at Fort McCoy's Whitetail Ridge Ski Area. Dozens of people participated in the run that included 12 obstacles. There also was a children's course, and the event included music, games, and concessions.



## OBSERVANCES



Photos by Liz Weaver

Participants in the Commander's 5K run take off at the start of the event in front of the Rumpel Fitness Center.

# Fort McCoy celebrates Army's 240th birthday

BY AIMEE MALONE  
Public Affairs Staff

The Fort McCoy community celebrated the 240th birthday of the U.S. Army throughout the day June 12.

The highlight of the day was the Army birthday ceremony at Constitution Park. Several hundred attended the event, which included a free lunch and a cake-cutting ceremony.

Fort McCoy community member Ethan Nott gave the invocation. The 484th Army Band of Milwaukee performed the national anthem and played live music throughout lunch. Garrison Commander Col. Steven W. Nott greeted the crowd and recounted the Army's early history.

After months of clashes between the colony militias and the British army, "it was clear that the colonies were now in full rebellion, and the second Continental Congress realized that if the colonies were to succeed, they must establish a more-professional Army with a centralized chain of command," Nott said. "Like today, the Continental Army relied upon an all-volunteer force, and, as then, our Army recognizes that its strength comes from its Soldiers."

"(In) 1775, we began a journey that would result in the best-equipped and trained military in the world," Nott said. "Our Soldiers are the most-crucial element of our national security and our strategic success, and we still rely upon a healthy dose of rugged individualism, clarity of moral purpose, and acknowledgement of American exceptionalism and our unique way of life if we are to secure freedom for future generations."

Nott called Patti Lokken, advisory board chairman at Operation Homefront of Central Midwest, to the front to give her the Patriotic Civilian Service Certificate in honor of her efforts to support veterans and provide Soldiers with unique opportunities. Lokken and Spc.



Garrison Commander Col. Steven W. Nott speaks to Fort McCoy community members about the Army's birthday.



Soldiers and other Fort McCoy community members enjoy a picnic meal provided by the Directorate of Family and Morale, Welfare and Recreation.

Jacob Lepien of the 484th Army Band then helped cut the cake to start the celebration.

Sgt. Antonio Oblitas of the 13th Battalion, 100th Regiment, came out with a group of fellow Soldiers for the cake cutting and lunch. "It's good the Army promotes these events," he

said. "It gives (us) a sense of unity."

Events started in the morning with the Commander's 5K run at Rumpel Fitness Center and a drive-thru breakfast at McCoy's Community Club. Child, Youth and School Services hosted carnival games. Free bowling

and car washes were offered throughout the afternoon.

The Directorate of Family and Morale, Welfare and Recreation organizes annual celebrations of the Army's birthday. For more information about the event, call 608-388-3200.



Members of the 484th Army Band of Milwaukee play a tune during the Army birthday picnic at Constitution Park.



## NEWS NOTES

### Tickets now on sale for Aug. 15 Army Concert

Tickets are on sale for the Aug. 15 Army Concert featuring 3 Doors Down and special guests Theory of a Deadman and We Are Harlot.

Tickets are \$40 until the day of the show. Day-of-show tickets cost \$45. Tickets can be purchased at Pine View Campground, building 8053; the Recreation Center, building 2000; and McCoy's Community Club, building 1571, at Fort McCoy.

Off post, tickets can be purchased at the Market Bar and Fox Hole Pub in Sparta, Ace Hardware in Tomah and La Crosse, and Festival Foods in Onalaska.

Tickets also can be purchased online at <http://mccoy.armymwr.com> or by calling 877-864-4969.

Volunteers are needed for the concert. Each volunteer receives a T-shirt and an invitation to Volunteer Appreciation Night at McCoy's for a free meal and beverages.

For more information about volunteering, call Karla Rynes at 608-388-4161 or email [karla.m.rynes.naf@mail.mil](mailto:karla.m.rynes.naf@mail.mil).

For updates, follow Fort McCoy MWR on Facebook at [www.facebook.com/mccoymwr](http://www.facebook.com/mccoymwr), or call 877-864-4969.

### Independence Day color run set at Pine View Campground

The 5K Red, White & Blue Color Run/Walk is scheduled for Saturday, July 4, from 10 to 11 a.m.

The run winds through hiking trails at Pine View Campground.

Color stations located throughout the course will blast runners in red and blue powder.

Old clothing is recommended as colors may stain.

The registration fee is \$15.

The first 50 to register will receive free T-shirts.

Register by 9:30 a.m. July 4 at Pine View Campground, building 8053; Rumpel Fitness Center, building 1122; and online at <https://webtrac.mwr.army.mil/webtrac/mccoymwr>.html.

For more information, call the campground at 608-388-3517.

### Pistol shoot planned July 4 at Sportsman's Range

A pistol shoot is scheduled for Saturday, July 4, from 10 a.m. to noon at Fort McCoy's Sportsman's Range.

Participants will shoot three stages of fire and be judged on speed and accuracy.

The competition is open to the public. Participants must be at least 18 years old. Refreshments, ammunition, and ear and eye protection will be available to purchase. Registration cost is \$10 for members and \$15 for nonmembers. Register by 9:45 a.m. July 4 at Sportsman's Range or Pine View Campground.

For more information, call 608-388-9162.



Photo by Scott T. Sturkol

### SAC/YC grand opening July 8

Children play outside on the playground at the new School-Age Center/Youth Center (SAC/YC), building 1792, June 16. A grand-opening ceremony for the 18,000-square-foot SAC/YC is planned for Wednesday, July 8, at 4 p.m. Members of the Fort McCoy community are invited to attend. For more information, call 608-388-4124.

### 'Feds Feed Families' food drive accepting donations

The annual "Feds Feed Families" food drive is taking donations at Fort McCoy until Aug. 31.

Most-wanted items include canned fruits and vegetables, multigrain cereals, grains, canned proteins, soup, juice, condiments, snacks, baking goods, hygiene items, paper products, and cleaning supplies.

Donated items can be dropped off at boxes at the following locations: the 88th Regional Support Command, building 60; the 181st Infantry Brigade, building 714; the Staff Sgt. Todd R. Cornell Noncommissioned Officer Academy, building 1361; Regional Training Site-Maintenance, building 1370; the U.S. Army Recruiting Command, building 1446; the Commissary, building 1537; the Exchange, building 1538; McCoy's, building 1571; the Religious Support Office, building 2675; and Regional Training Site-Medical, building 10000. For more information about the food drive at Fort McCoy, call 608-388-6028.

### 3-D archery contest scheduled July 11 at Sportsman's Range

A 3-D archery competition is set for Saturday, July 11, at Fort McCoy's Sportsman's Range. Participants can shoot the course anytime between 10 a.m. and 4 p.m. The competition is for all skill levels and open to the public.

Prizes will be awarded to first- and second-place winners in each division. Participants do not need to be present at the end of the competition to win. The registration fee is \$5 for members and \$10 for nonmembers. Bows are available to rent at the range.

For more information, call 608-388-3517 or visit <http://mccoy.armymwr.com/us/mccoy/programs/sportsmans-range/>.

### 5-stand shotgun contest July 11 at Sportsman's Range

A five-stand shotgun competition is scheduled for Saturday, July 11, at Fort McCoy's Sportsman's Range. The competition is open

from 9 a.m. to 5 p.m. Participants will shoot five birds from five stations and will go through the course twice. A prize will be awarded to the top shooter.

The competition is open to the public. Participants must be at least 12 years old, and anyone under 18 must be accompanied by an adult. The registration fee is \$35 for members and \$40 for nonmembers. Register at the range the day of the shooting.

For more information, call 608-388-9162 or visit <http://mccoy.armymwr.com/us/mccoy/programs/sportsmans-range/>.

### NASCAR Night scheduled for July 11 at McCoy's

Fort McCoy's annual NASCAR Night is Saturday, July 11. The event starts at 6 p.m. at McCoy's, building 1571.

NASCAR drivers will have their vehicles on display. The event also will feature a tire-changing contest, tricycle races, live music, and grill-your-own steaks.

For more information, call 608-388-2065.

### Retirement-planning class set for July 28 at ACS

A retirement-planning class is scheduled for Tuesday, July 28, from 8 to 10 a.m. at Army Community Service (ACS), building 2111.

The class provides attendees with informational road map for retirement goals.

It will cover investment strategies, what to do with TSP accounts after leaving federal service, and how to make the most of earned entitlements.

The class is open to military members, retirees, civilian employees, Family members, and registered Fort McCoy volunteers.

Registration is required by July 27. To register, call 608-388-3540/3505.

### Selection announced for July Book Club

The Book Club's selection for the month of July is "The Bridge over the River Kwai" by Pierre Boulle. Eligible Recreation Center patrons are encouraged to read each month's book and meet at the Recreation Center for a discussion. The Recreation Center does not provide copies of each month's book. Meetings are at 6 p.m. on the last Thursday of each month. July's meeting is Thursday, July 30. For more information, call 608-388-3213.

### Summer fishing contest runs through Sept. 7

The biggest catches of the summer will win prizes in Pine View Campground's Summer Fishing Contest, which ends Sept. 7.

Fish must be caught in Fort McCoy waters and registered the day of the catch at Pine View Campground's office, building 8053, during normal hours of operation.

For more information about the contest, call 608-388-3517.



## Recreation

**Automotive Skills Center:** Building 1763. Open Thurs. and Fri. 1-9 p.m. and Sat. 9 a.m.-5 p.m. **Closed July 3-4.** Call 608-388-3013.

**Better Opportunities for Single Soldiers (BOSS):** Meets second Thurs. of each month at 1 p.m. in building 2000. For details, call 608-388-3944.

**McCoy's:** Building 1571. Thunder Bowl Bowling Center open Mon.-Fri. 11 a.m.-10 p.m. and Sat.-Sun. 4-10 p.m. Extreme Bowling every Fri. 4-9 p.m. **Closed July 3-4.** Call 608-388-7060.

**Pine View Campground / Recreational Equipment Checkout Center:** Building 8053. Open Sun.-Thurs. 8 a.m.-6 p.m. and Fri.-Sat. 8 a.m.-9 p.m. **Closed July 3-4.** Call 608-388-2619/3517.

**Recreation Center (Recreation Center Library):** Building 2000. Open Tues.-Sat. noon-8 p.m. **Closed July 3-4.** Call 608-388-3213.

**Leisure Travel Services Office:** Open Tues.-Sat. noon-8 p.m. **Closed July 3-4.** Call 608-388-3011/3213.

**Rumpel Fitness Center:** Building 1122. Open Mon.-Thurs. 5 a.m.-8 p.m., Fri. 5 a.m.-7 p.m., and Sat.-Sun. 6 a.m.-2 p.m. **Closed July 3-4.** Call 608-388-2290.

**Indoor swimming pool, atrium, sauna and steamroom:** Open Mon.-Thurs. 6 a.m.-7 p.m., Fri. 6 a.m.-6:30 p.m., and Sat.-Sun. 9 a.m.-1:30 p.m. **Closed July 3-4.**

**Sportsman's Range:** Open Mon., Thurs., and Fri. 3-7 p.m. and Sat.-Sun. 9 a.m.-5 p.m. **Rifle range closed June 27, 28, & 29 and range closed July 2, 3, 6, & 9 for construction.** Call 608-388-9162/3517.

**Whitetail Ridge Ski Area:** Closed for the season. Call 608-388-3517/4498.

## Dining

**Fabrew Coffee Shop:** Building 1538. Open Mon.-Fri. 6 a.m.-2 p.m., Sun. 7 a.m.-2 p.m. **Closed July 3-5.**

**McCoy's:** Building 1571. ATM located inside. Catering/admin., call 608-388-2065.

**Primo's Express:** Open Mon.-Fri. 11 a.m.-9 p.m. (buffet Mon.-Fri. 11 a.m.-1 p.m.) and Sat.-Sun. 4-9 p.m. **Closed July 3-4.** Call 608-388-7673.

**Sports bar:** Open Mon.-Sat. 5 p.m.-midnight and Sun. 5-11 p.m. **Closed July 3-4.** Manager has discretion on closing time.

**Snack Avenue:** Building 1538. Located inside Express. Open Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7

p.m. **Open July 3-5 10 a.m.-5 p.m.** Call 608-269-5604 or 608-388-4343.

**Specialty Express Food Court:** Building 1538. Open Mon.-Fri. 7:30 a.m.-6 p.m., Sat. 7:30 a.m.-4 p.m., and Sun. 10:30 a.m.-3 p.m. Breakfast available 7:30-10:30 a.m. **Closed July 3-5.** Call 608-269-5615, ext. 303.

**Whitetail Ridge Chalet:** Building 8061. Closed for the season. Adult lounge and outdoor deck. Available for private parties. For information, call 608-388-3517/2260.

## Services

**Alteration Shop:** Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 9 a.m.-3 p.m. **Closed July 3-5.** Call 608-269-1075.

**Barber Shop (Exchange):** Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 10 a.m.-3 p.m. **Closed July 3-5.** Call 608-269-1710.

**Beauty Salon:** Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 9 a.m.-3 p.m. **Closed July 3-5.** Call 608-269-1075.

**Car Rental (Enterprise):** Information available at the Exchange, Building 1538. Use phone at Enterprise sign. Call 608-782-6183 or 1-800-654-3131; use the following number: CDP# 1787245.

**Car Wash:** Building 1568. Self-service and automatic bays. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Tokens also available for purchase at building 2000. Call 608-388-3213.

**Commissary:** Building 1537. Open Tues.-Sun. 10 a.m.-6 p.m. Early bird/self-checkout open Tues.-Sat. 9-10 a.m. Call 608-388-3542/3543.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open Mon.-Fri. 7:30 a.m.-4 p.m. Call 608-388-2370, 608-269-4560, or 1-800-927-6343.

**Education/Learning Center:** Building 50, Room 123. Open Mon.-Fri. 8 a.m.-4 p.m. Call 608-388-7311.

**Exchange:** Building 1538. Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7 p.m. **Open July 3-5 10 a.m.-5 p.m.** Call 608-269-5604, ext. 101 or ext. 4343.

**GNC:** Building 1538. Open Mon.-Sat. 9 a.m.-5 p.m. **Open July 3-4 10 a.m.-5 p.m.** Call 608-269-1115.

**ID Card/DEERS Section:** Building 35. Open Mon.-Fri. 7:30 a.m.-3:30 p.m. Call 608-388-4563 prior to any visit to verify the ID Section is operational.

# facilities services

This schedule is projected through **July 9, 2015.**  
**Bold, italic typeface** indicates a change since the last publication.  
**Many facilities will be closed Friday, July 3, for Independence Day.**  
**Please call facilities before visiting to verify hours.**

**IHG Army Hotels:** Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

**Launderette/Dry Cleaning:** Building 1538. Open Mon.-Fri. 9 a.m.-5 p.m. and Sat. 9 a.m.-3 p.m. **Closed July 3-5.** Call 608-269-1075.

**Laundry Facilities:** Buildings 651, 755, 1671, 1735, 1856, 2002, 2568, 2671, 2763, and 2877 open 24/7. Exclusively for use by Soldiers training on Fort McCoy pursuant to military orders. Civilian and retired military are not authorized to use these facilities. Call 608-388-3800 (Troop and Installation Support Branch, Building 490).

**Military Clothing:** Building 1538. Open Mon.-Fri. 6 a.m.-9 p.m., Sat. 7 a.m.-9 p.m., and Sun. 8 a.m.-7 p.m. **Open July 3-5 10 a.m.-5 p.m.** Call 608-269-5604, ext. 203.

**Permit Sales:** Building 2168. Open weekdays 7 a.m.-3:30 p.m. Call 608-388-3337.

**Retirement Services Office:** Building 35. Open Mon.-Tues. Thurs.-Fri. 7:30 a.m.-3 p.m. Closed Wed. Call 608-388-3716.

**R.I.A. Credit Union:** Building 1501. Open Mon.-Wed. 9 a.m.-1 p.m. and Thurs.-Fri. 9 a.m.-1 p.m. and 2-5 p.m. ATMs located in building 1501 (24/7); McCoy's, building 1571; the Exchange, building 1538; and building 51 (24/7). Call 608-388-2171.

**RV Storage Lot:** Next to Building 1763. Short- or long-term storage. Fees charged. Authorized patrons only. Call 608-388-2619/3517.

**Service Station/Express/Class VI:** Building 1538. Mon.-Fri. 6 a.m.-7 p.m., Sat. 7 a.m.-7 p.m., and Sun. 9:30 a.m.-5:30 p.m. **Open July 3-5 10 a.m.-5 p.m.** Call 608-269-5604 or ext. 4343. Pay-at

the-pump gas open 24/7. ATM located inside. Cash transactions available during Express hours.

**Visitor Control Center:** Building 35. Mon.-Fri. 5 a.m.-5 p.m. Call 608-388-4988.

## Family Support

**Army Community Service Center:** Building 2111. Open Mon.-Fri. 7:30 a.m.-4 p.m. or by appointment. **Closed July 3.** Call 608-388-3505.

**Army Substance Abuse Program:** Building 1344. Open Mon.-Fri. 7:30 a.m.-4 p.m. or by appointment. Call 608-388-2441.

**Child Development Center:** Building 1796. Open Mon.-Fri. 6:30 a.m.-5:15 p.m. **Closed July 3.** Call 608-388-3534/2238.

**Military and Family Life Consultant Program (MFLC):** Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential, with no records kept. Available Mon.-Fri. 8 a.m.-4 p.m. or by appointment. Call 608-469-1432.

**Red Cross:** Fort McCoy active-duty Soldiers and their Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313, 608-788-1000, or the installation operator at 608-388-2222 and request Red Cross assistance.

**School Age/Youth Center: Building 1792.** Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open Mon.-Fri. 6:30 a.m.-5:30 p.m. **Closed July 3.** Call 608-388-4373.

**SKIESUnlimited Instructional Program:**

Building 1668. Provides instructional classes for children and youth from infancy through the end of their senior year in high school. Children and youth are provided opportunities to explore new skills, pursue and nurture personal interests, and interact socially with others. Register at Parent Central Services 608-388-8956.

## Health Care

**Alcoholics Anonymous:** For more information, call 608-388-5955/2441.

**Fort McCoy Civilian Employee Assistance Program:** Screening and referral services for eligible civilian employees and their family members who are experiencing difficulties due to problems related to substance abuse, mental health, marital/family discord, or other problems. Call 608-388-2441/5955.

**Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP):** 24/7 Hotline 608-388-3000.

**Occupational Health Clinic:** Building 2669. Open Mon.-Fri. 7 a.m.-3 p.m. Call 608-388-2414.

**TRICARE:** TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit the TRICARE website at <http://www.tricare.mil>.

**Troop Medical Clinic:** Building 2669. Open Mon.-Fri. sick call 7-8 a.m., appointments 8 a.m.-3 p.m. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

## Worship

**Catholic:** Chapel 10, Building 1759. Mass, Sunday 9:30 a.m. Call 608-388-3528.

**Christian Fellowship Bible Study with lunch:** Building 2675. Wednesdays from 11:30 a.m.-12:30 p.m. Call 608-388-3528.

**Jewish:** Service held at Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

**Mormon:** Church of Jesus Christ of Latter Day Saints, 702 E. Montgomery St., Sparta, Wis. Sunday services 10 a.m.-1 p.m. Call 608-269-3377.

**Protestant:** Chapel 1, Building 2672. Protestant Worship on Sundays from 9:30-10:30 a.m. Fellowship follows

service and meets across the street from the Chapel in building 2675 from 10:30-11:30 a.m.

**Protestant Women of the Chapel Bible Study:** Building 2675. Open break June 1-Aug. 26. Call or text Amber Bailey at 325-280-9380.

**Spanish Language:** Worship Services in Norwalk (Catholic); Tomah (Seventh-Day Adventist). Call 608-388-3528.

Call 608-388-3528 for more information about Chapel and worship schedules in the surrounding communities. If you have an emergency, call 608-388-2266 and the On-Call Duty Chaplain will be contacted for further assistance.

## Organizations

**Adjutant General Corps Regimental Association, Spartan Chapter:** Meetings held monthly. For information, visit the group's Facebook page at <https://www.facebook.com/AGCRASpartan> or call Staff Sgt. Cassandra Ross at 251-327-8400.

**American Federation of Government Employees (AFGE), Local 1882:** Building 1411. Office hours 7 a.m.-4 p.m. weekdays. Meets second Tues. of each month at 5 p.m. at AFGE Office. Call 608-388-1882.

**American Society of Military Comptrollers:** Meets several times throughout the year. Call Maureen Richardson at 608-269-1912 or Bonnie Hilt at 316-209-2787.

**Association of the United States Army - AUSA (Robert B. McCoy Chapter):** For information on meetings, email MGRobertB.McCoy@AUSA.ORG or visit the website [www.mccoysausa.org](http://www.mccoysausa.org).

**Friends and Spouses of Fort McCoy:** Meets every third Thursday. For information, send an email to [fsofmccoy@gmail.com](mailto:fsofmccoy@gmail.com).

**Reserve Officers Association, Fort McCoy-Readiness 43:** Call David W. Alderfer (LTC-Retired) at 920-535-0515 or email [justdave49@centurylink.net](mailto:justdave49@centurylink.net).

**USO Wisconsin at Fort McCoy:** For information about services at Fort McCoy locations or to volunteer to support USO Wisconsin operations, call 608-388-2126 or email [ehazlett@usowisconsin.org](mailto:ehazlett@usowisconsin.org).

**Warrant Officers Association, Chapter 0317:** For more information, call 608-388-0576, 608-388-6500, or email [usawoamccoy@outlook.com](mailto:usawoamccoy@outlook.com).

**To report an update to information on this page, call Public Affairs at 608-388-2769.**

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Read this publication online at <http://www.mccoy.army.mil>

## 'Beat the Clock' swim challenge planned July 9 at Rumpel Fitness Center

A swim challenge pitting participants against Rumpel Fitness Center staff is scheduled for Thursday, July 9.

Patrons who beat staff members' times will receive prizes.

Participants must swim a 400-meter individual

medley, which consists of a 100-meter crawl, 100-meter back crawl, 100-meter breast stroke, and 100-meter butterfly.

The contest is open from 5 a.m. to 7 p.m. Pre-registration is not required, and there is no fee.

For more information, call 608-388-2290.

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