

The Interior Military News Connection



August 3, 2018 Fort Wainwright, Alaska Vol. 9, No. 32

# Medal of Honor recipient visits Alaska

Airman 1st Class Eric M. Fisher 354th Fighter Wing Public Affairs

Retired U.S. Army Master Sgt. Leroy Petry, a Medal of Honor recipient, visited service members in Alaska to speak about his time as a Ranger, his Medal of Honor and the importance of using mental health resources available to all military members.

On July 26, 2018, Petry visited Eielson to share his personal experiences about what his life was like after losing his right hand while throwing away a detonating grenade from his comrades in Afghanistan.

During his presentation, he stressed the importance of service members looking out for one another and reaching out those around them to make sure they're okay. He heavily emphasized that it's the responsibility of Airmen to care of one another.

"I went to a Department of Defense and Veteran's Affairs suicide prevention convention and I found out that we have all the resources under the sun to help everyone," said Petry. "The problem is that a lot of people don't know where to find those resources. They think they're isolated. So the question is, how do we find these people when they're sitting at home alone?'

Petry said it can be as simple as giving them a call to ask how they're doing, or stopping by and checking on them, making sure they're doing okay.

He reminded Airmen about the services offered to military members and their families, and how important it is that we take advantage of them. "A lot of times [people] have so much pride that

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Retired U.S. Army Master Sgt. Leroy Petry, a Medal of Honor recipient, introduces himself to Airmen from the 354th Fighter Wing, July 26, 2018, at Eielson Air Force Base, Alaska. Petry visited Alaska to speak with service members at both Fort Wainwright and Eielson. (Photo by Airman 1st Class Eric M. Fisher, 354th Fighter Wing Public Affairs)

## U.S. Army Garrison Alaska announces **Environmental Assessment availability**

**Jerry Guo** 

U.S. Army Garrison Alaska NEPA Coordinator

On July 25, the Army announced the availability of the Tanana Flats Training Area (TFTA) Winter Trail Environment Assessment (EA) and Draft Finding of No Significant Impact (FNSI) for public review and comment.

and Draft FNSI is an excellent opportunity limited year-round. In summer, aircraft for our community to learn about the proposed winter trail construction project, review the winter trail's anticipated impacts, and discuss concerns related to the project.

The TFTA is located south of the Richardson Highway from Fort Wainwright, and contains areas integral to fulfilling the military mission of Fort Wainwright. The Blair Lakes Range

or boats are needed for access. In winter, access is expanded by constructing an ice bridge over the Tanana River every other year and traversing the Bonnifield Trail. However, the freeze depth of the Tanana River crossing varies significantly from year to year, which restricts the operational season and impairs planning. Winter access is also limited by problems such as the ice bridge being susceptible

> to collapse and requiring constant maintenance. The current winter operational access period is February and March.

In comparison, the proposed winter trail, which begins at the terminus of the Tanana River Bridge near Salcha, Alaska and forks before the Clear Creek Assault Strip, can allow access as early as October under appropriate weather conditions.

The primary use of the winter trail would be to reach TFTA facilities in a more consistent and safe manner. The presence of the winter trail can cut down on travel time to the Blair Lakes area, as well as the number of stream crossings. In addition, the winter trail can reduce safety concerns by steering crossings away from sections of the Bonnifield Trail that pass through Alpha Impact Area, which require unexploded ordnance

surveys.

p.m.

The Directorate of Public Works Environmental Division worked with U.S. Army Alaska Range Control and the Eielson Air Force Base 354th Civil Engineer Squadron to lay out the trail in a manner that minimizes environmental

See ENVIRONMENT on page 3

## Retiree Appreciation Day, this Saturday Retiree 🮒 Appreciation 🎖



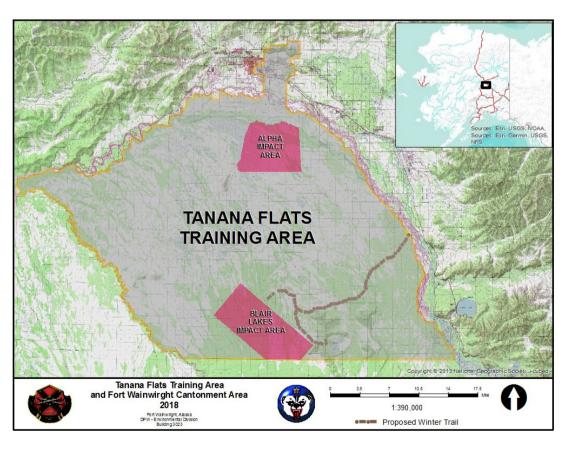
Wainwright. The day's activities begin at 9 a.m., with the Posting of the Colors, and opening remarks. Guest speaker session will begin at 10 a.m.

An Information/Health Bazaar is planned throughout the day as well the opportunity to win many door prizes from local businesses.

The information bazaar provides retirees and veterans an opportunity to speak with representatives from a variety of state, federal, retiree, and veterans organizations regarding services available to you and your family.

The Dining Facility, will be offering brunch to retirees and their families for \$6.25 per person from noon to 1 p.m. The bowling alley and golf course will be offering discounts for retirees throughout the day.

If you have any questions, or would like to RSVP, please call Steven Schack at (907) 353-2095.



The TFTA Winter Trail EA and Draft FNSI evaluates the United States Army Garrison Alaska proposal to construct a winter trail approximately 29 miles in length and 40 feet wide in the TFTA from the Tanana River Bridge to the Clear Creek Assault Strip and Blair Lakes hills. The public comment period for this EA

Complex (BLRC) and surrounding training areas such as Clear Creek Assault Strip, Blair Lakes upland areas, Clear Creek Butte and Salmon Loaf provide Soldiers with effective training environments that simulate realistic scenarios. Due to the lack of a connected road system, access to the TFTA is

## **WEEKEND WEATHER**

## FORT WAINWRIGHT COMMISSARY RESET

**Friday** 



Mostly cloudy with a high of 70 degrees and a low of 52.

Saturday

Cloudy with a high of 68 and a low of 52.



Rain with a high of 59 degrees and a low of 52. The Fort Wainwright Commissary will close earlier than normal on Sunday Aug. 5, at 4 p.m., and remain closed thru Tuesday, Aug. 7. During this time it will undergo a "reset" as part of the Defense Commissary Agency's ongoing effort to enhance the shopping experience. The commissary will re-open Wednesday, Aug. 8, for normal operating hours of 9:30 a.m. to 7

**Religious Support Operations** 

# The Chaplain's Corner

#### Chaplain (Lt. Col.) Paul Fritts Fort Greely

July 30, 2018 is my 30th wedding anniversary with my awesome bride,

For those of you who weren't around in 1988 (or choose to forget 1988), the average cost of a new house was \$91,600, average monthly rent was \$420, and the average price of a new car was \$10,400.

It cost \$.91 to put a gallon of gas in your stylish new Ford Taurus. A movie ticket to see Rain Man or Die Hard cost \$3.50, a postage stamp cost \$.24, and milk was about \$1.89 a gallon.

Your new Lotus spreadsheet cost \$299, and you could print that fancy spreadsheet on a \$189 dot matrix printer, using your snazzy Logitech mouse just purchased for \$89.99, and be the envy of your neighbors by running it all on your top of the line IBM PC with a

30 megabyte hard drive, monochrome monitor, and a whopping 512 kilobytes of RAM for \$1,249.00!

I have 30 years of great memories to celebrate. And Karen made sure we would never forget this singularly

important date in our lives by having July 30, 1988 engraved on the inside of our wedding bands.

The gold will not tarnish or erode. The inscription is protected on the inside of the ring and will not

become obscured by normal scuffs and scratches. Even if one of us were to lose our wedding band, it would still be nearly impossible to forget our wedding anniversary.

A marriage is like a covenant. When God made his covenant with his chosen people, the prophet Jeremiah

records: "This is the covenant I will make with the people of Israel after that time," declares the Lord. "I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people" (Jeremiah 31:33).

> Just like Karen and I have a marriage license we can perceive with our minds, and wedding ring inscriptions indelibly engraved in gold and on our hearts, God wants his people to remember

his covenant with our minds and hearts.

Our lives are busy. We sometimes forget important obligations. But while dates, times, and locations for soccer practice, play dates, camping, hunting, and fishing trips aren't inscribed in gold, they are rarely forgotten. Why?

It's time well spent when we all

remember to spend a few minutes out of our day or week to look for God's inscription on our hearts. It's there. It's important. It's eternal.

The Fort Greely Chapel community is open and accessible to everyone in the Delta Junction/Fort Greely community -- even non-military. We are a traditional, protestant Army chapel service that offers weekly Communion.

If you'd like to check us out, please call or text me at (203) 600-9874 or email at paul.d.fritts.mil@mail.mil to arrange for gate access. You can also "Like" our chapel Facebook page by searching "Fort Greely Chapel" or use your web browser to go to https://www. facebook.com/FGAChapel.

For God and Country, Chaplain Fritts

# **MEDDAC** Minute

## **Brandy Ostanik**

Medical Department Activity -Alaska, Public Affairs

#### IMPORTANT PHONE NUMBERS

Emergency: 911 24 Hour Nurse Advice Line: 1-800-874-2273 Opt. 1 Appointment Line: 361-4000 Behavioral Health: 361-6059 Benefits Advisor: 361-5656 Immunizations: 361-5456 Information Desk: 361-5172 Patient Advocate: 361-5291 Pharmacy Refills: 361-5803 Referral Center: 361-1810 Tricare On-Line: www.tricareonline.com Health Net Federal Services: www.tricare-west.com 1-844-866-9378

### PERFORMANCE TRIAD TIP

Do you practice mindful eating? Mindful eating takes the concept of mindfulness and applies it to why, when, where, what and how you eat. This means being aware of both physical and emotional feelings connected to eating. Mindfulness may help you to avoid overeating. First bites may be the most satisfying, and additional bites many not be as pleasurable. This can help with portion control.

## SCHOOL IS FAST APPROACHING

Be ready for the start of school and skip the last-minute rush by getting school and sport physicals Aug 14, from 4 to 6 p.m., at Bassett ACH. The event is for youth three to 18. Physicals are good for one full year. Please bring any school forms and shot records if available. Make your appointment today by calling 362-4000.

## TRICARE PHARMACY

Tricare Online now offers an enhanced Prescription Refill service. Eligible beneficiaries, who receive care at a military hospital or clinic, can access all active prescriptions with status information and receive email and text notifications for refill requests. Visit TOL Prescription Refill, at www. tricareonline.com.

#### PATIENT PORTAL IMPROVED

Access is now easier and quicker with TRICARE Online's newly redesigned Patient Portal. Check out the changes: www.tricareonline.com.

#### WELLNESS CENTER APPOINTMENTS

The Fort Wainwright Wellness Center is open for appointments. With health assessments, nutrition information, stress management services and physical fitness programs beneficiaries will find tools to take small but important steps to a healthier future. To make an appointment or to inquire about services call 361-2234.

## ANONYMOUS OR NOT

Sometimes being anonymous is not a good thing. When filling out Interactive Customer Evaluation forms, leaving contact information helps us to better serve our beneficiaries. Many times the issue is something we can easily fix, but without contact information we are not able to remedy the situation. Giving us a name and number allows us to contact the beneficiary and correct the problem on the spot.

## SAVE A TRIP TO THE ER

Not sure if you need to come into the emergency room or make an appointment? Beneficiaries can call our Nurse Advice Line to talk to a registered nurse 24 hours a day, seven days a week for advice about immediate health care needs. Call 1-800-TRICARE (874-2273).

# Weekly Financial Tips: Back to school

#### Ryki Carlson

Survivor Outreach Services Support Coordinator

With classes just around the corner, it's important to be proactive in getting your children ready for school. The following tips can help you avoid overspending.

- 1. Begin with a list. Knowing what supplies and school clothes that are needed eliminates the chance of purchasing something you already own. Compare the list to what you already have and cross off any items you currently own. Not all school supplies or clothes have to be new. Stick to the schools district's list of required supplies and avoid the fancy stuff.
- Start looking for bargains. Review the advertisements for upcoming deals. If you don't read the paper, check out www.spoofee.com for weekly flyers. Know which stores will match prices to further increase your savings. Also check your reward card for savings.
- Visit the dollar store. You may be surprised by the selection of paper products and other supplies you can find there.
- Set ground rules and dollar limits for clothes shopping. Before you begin, inventory your child's clothes. Purchasing only the items need, will help you stay in budget. Choose clothes that will give your children room to grow. Solid, neutral colors and basic styles are ideal because they allow your child to mix and match. Remember to use coupons or promotion codes to reduce your overall costs.
- 5. Follow your favorite stores. Back-to-school clothing sales can be dizzying. Track your favorite retailers' deals by following them on social media sites and their reward cards. Then use these coupons in conjunction with sales to really get the biggest savings.
- Shop the clearance rack. Snagging clearance summer t-shirts and tanks can be layered over solidcolor thermal long-sleeved shirts or

worn under sweatshirts through the winter months.

- Check out local garage sales, thrift stores, and consignment shops. These places require a bit of time, but the bargains can be astonishing. Thrift stores and yard sales can save you hundreds of dollars by getting deals on designer name-brands for just a few dollars.
- Swap, don't buy. Connect with other parents to trade items you no longer need for supplies you can use. Swapping can include clothes, school supplies, and even text books.
- 9. Purchase the right backpack. If you know your child is likely to overstuff their backpack, opt for a smaller one. Kids shouldn't carry more than 20 percent of their own weight on their backs. Any pack should have wide, padded straps. Some companies, like Outdoor, offer a lifetime warranty on their backpacks, which means if it wears out you send it back for a new
- 10. Don't overspend on technology. Homework can almost be impossible to do these days without a computer and access to the internet. If you are looking at a laptop/tablet consider a refurbished one or check out deals at www.tigerdirect.com or www.newegg. com. Remember that many stores price match, even with online stores.
- 11. Track down the right calculator. Consider calling the school and ask if they have a student loan program for calculators. Most schools have these to loan out, but only in limited supplies.
- 12. Teach important money lessons during the process. Back-to-school season lends itself to having truthful discussions with your children about money, budgeting and needs versus wants. Depending on their ages and maturity levels, you could negotiate back-to-school budgets with your kids and allow them to manage these budgets entirely.

## Family Readiness Group **TRAINING OPPORTUNITIES**



## KEY CALLER

Key Caller training provides participants with the information critical to understanding and performing the key caller role effectively and efficiently. Topics include the FRG phone tree, the key caller's role and responsibilities, key caller resources, and tips for success

August 14, 5 - 6 p.m.



## INFORMAL FUNDS CUSTODIAN (TREASURER)

Treasurer training allows participants to identify resources needed to financially operate an FRG. Learn about various forms of funding, bank accounts, the roles and responsibilities of an FRG Treasurer, fundraising, donations and solicitation. August 14, 6 - 7 p.m.



## CASUALTY RESPONSE (CARE) TRAINING

Being ready for a mass casualty, while scary, is necessary. Learn how to handle the pressure and know what to do in an emergency situation with help from Army Community Service.

August 15, 1 - 4 p.m.



## COMPREHENSIVE FRG LEADER TRAINING

The FRG Leader training guides new volunteers in all aspects of running a successful FRG. This course covers rules & regulations, management of volunteers, and how to communicate with unit FRG members. This course also covers knowledge in both the Key Caller and Treasurer roles



# **ALASKA POST**

The Interior Military News Connection

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usarmy.wainwright.imcom-pacific.list.pao@mail.mil The ALASKA POST - The Interior Military News

Connection



# Nutrition Corner: Eating local, farmers markets

Brandy Ostanik Medical Department Activity – Alaska, Public Affairs

Did you know that farmers markets can be a convenient and economical way to procure healthy food for your family? The idea of the farmers market is centuries old, but the value of this idea has shifted somewhat through the ages.

As industrialization lead to mass production of food stuffs, retail markets and specialized groceries flourished; these operations allowed for a shopper to go one place for several kinds of goods that had come from a variety of producers and through a middle man (the grocer); this was more convenient for everyone at the time. As the technologies of the modern day food system developed over the past century, they allowed for quick, inexpensive production and transport of food. This resulted in further separation between

the producer and the consumer, without a substantial increase to the final price of the food item.

In general, this scenario means that the average farmer does not necessarily sell goods directly to the person who eats it. But this same modern industry has also created a market with less variety. And in specifically remote places, where the cost of food transport does create an added cost and burden on food quality (read: Alaska), some of the primary benefits of retail food shopping become less applicable. Local farmers markets have grown in popularity over the past 10-20 years, as consumer interest in this country and around the world has shifted toward freshness and quality.

The trend is bringing farmers back into direct contact with the final consumer, to offer more local flavor and variety. In some cases, such as those where remote location drives up even retail food cost, consumers can experience the advantage of these markets without a significant change in cost; and for at least a few wonderful weeks during the summer, this happening all the way up here in Fairbanks, Alaska!

And believe it or not, the benefits of farmers markets stretch beyond your kitchen, dining room table, and pocket book; these enterprises benefit the farmer too. When the farmer avoids selling to a wholesaler they are able to achieve a higher profit margin, and focus energy on quality, service, and longevity of the farm. Communities benefit too, as the farmers markets are a great venue for generating interest in local businesses, connecting the rural and urban populations of a given area, and bringing people together to highlight responsible use of shared resources.

Fairbanks is home to the Tanana Valley Farmer's Market, located at the corner of College Road and Caribou Way. Here you can see for yourself the unique products of local farmers, processors, and crafters.

For more information about your local farmers' market check out this website: http://tvfmarket.com/

Featured Food(s):

These are just a few of the produce items that you will find in season here in the interior of Alaska and can often purchase from your local farmers market.

Fresh and dried Herbs – rosemary, oregano, savory, thyme, sage, dill, tarragon, basil

Berries – raspberries, blueberries

Broccoli and Cauliflower Cabbage

Carrots

Beans and Peas Potatoes

Radishes

Zucchini

Turnips Tomatoes

..... And so many more!

## **ENVIRONMENT**

Continued from page 1

impact.

For instance, the winter trail would be constructed after the ground has frozen with only the above-ground vegetation being hydro-axed. This leaves the ground surface intact and reduces permafrost subsidence and erosion concerns.

The vegetation then acts as a protective insulation to permafrost underneath the trail, adding further stabilization. Once adequate snowfall accumulates on the trail, vehicles are used to compact the snow, and road graders would be used to provide a smooth grade to the trail surface and fill ruts or depressions.

By constructing the trail in this manner and only using it during the winter, the aim is to reduce the rutting and erosion that increase yearly maintenance activities.

To understand the environmental impacts of constructing the winter trail, several resource areas were analyzed. These resource areas include cultural resources, biological resources, geology and soils, water resources, land use, traffic and transportation systems, and hazardous materials and hazardous waste.

For each of these resource areas, a detailed analysis of environmental consequences under the scenarios of no action alternative and preferred alternative (construction of the proposed winter trail) is available in the TFTA Winter Trail EA.

There are several ways to access the TFTA Winter Trail EA and Draft FNSI. One method is through Fort Wainwright's National Environmental Policy Act (NEPA) website, located at <a href="https://www.wainwright.army.mil/index.php/about/environmental/national-environmental-policy-act-nepa">https://www.wainwright.army.mil/index.php/about/environmental/national-environmental-policy-act-nepa</a>

In addition, the EA and Draft FNSI are available at the Noel Wien Library, located at 1215 Cowles Street, Fairbanks, Alaska.

Through August 25, 2018, comments on the EA and Draft FNSI can be submitted to Mr. Matthew Sprau, Directorate of Public Works, Attn: IMFW-PWE (Sprau), 1046 Marks Road, Fort Wainwright, AK, 99703, fax: (907)361-9867; or by email, at matthew.h.sprau.civ@mail.mil.

"It was an honor and privilege to be your commander for the past two years," said Mineau.

"Thank you for making the past two years absolutely the highlight of my 24-year Air Force career."

The change of command was marked with the ceremonial handover of the 354th FW guidon from Mineau to Bishop, which represented a symbolic, military tradition dating back to the 18th century.

"As Icemen, we stand at the end of a long blue line of pioneering Airmen," said Bishop, who recalled the accomplishments of Airmen like Carl "Ben" Eielson and the 354th Fighter Group of World War II. "Each of us shares a direct link with these Airmen. We stand on the shoulders of giants. Each of us is now responsible for pioneering the future."

Bishop joined the Iceman team with his wife and four children from Luke Air Force Base, Ariz., where he served as the 56th Operations Group commander.

"As we look at the world today, we are at the frontier in many respects. We are charged with becoming a more resilient, lethal, and innovative joint force while also building relationships with our allies and partners," said Bishop. "As Icemen, this charge is baked into our DNA. Every day we prove that it's possible for resilient Airmen and their families to thrive

## U.S. ARMY GARRISON ALASKA NOTICE OF AVAILABILITY

# Tanana Flats Winter Trail Environmental Assessment and Draft Finding of No Significant Impact

The Army announces the availability of an Environmental Assessment (EA) and Draft Finding of No Significant Impact (FNSI) that analyzes the potential environmental impacts associated with the construction and operation of a winter trail in the Tanana Flats Training Area (TFTA).

Environmental Impacts were analyzed for two action alternatives: (1) Proposed Action (constructing and operating the winter trail), and (2) the No Action Alternative. The Proposed Action offers a safe and consistent means of accessing the Tanana Flats Training Area during winter months in order to facilitate training missions and logistical support.

The project-specific analysis provided in the EA describes potential environmental impacts from the selection of the Proposed Action.

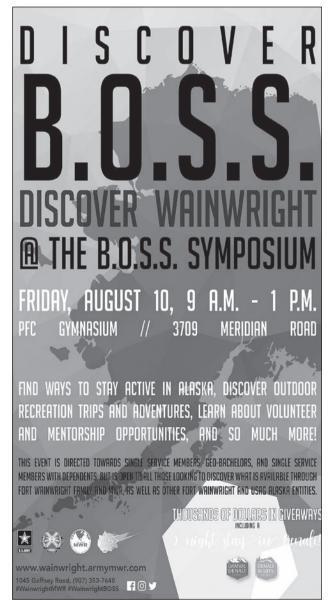
This EA demonstrates that the Proposed Action would not significantly impact the environment and supports a FNSI. Consequently, an environmental impact statement is not needed.

Copies of the EA and Draft FNSI are available for review beginning on July 18, 2018, which marks the beginning of a 30-day public comment period. The EA and Draft FNSI are also available for review at the Noel Wien Library, 1215 Cowles Street, Fairbanks, AK as well,

at https://www.wainwright.army.mil/index.php/about/environmental/nationalenvironmental-policy-act-nepa.

Written comments on the EA and Draft FNSI must be received no later than August 18, 2018. Please submit comments to Mr. Matthew Sprau, Directorate of Public Works, Attn: IMFW-PWE (Sprau), 1046 Marks Road, Fort Wainwright, Alaska, 99703, fax: (907) 361-9867; or by email: *matthew.h.sprau*.

Additional information can be obtained by contacting Mr. Brian Schlumbohm, Public Affairs Office, 1060 Gaffney Road, 5900, Fort Wainwright, Alaska 99703; telephone (907) 353-6779, email: brian.w.schlumbohm.civ@mail.mil.



## WARRIOR

#### Continued from page 1

we put on a mask and tell everyone that things are great," said Petry. "When I lost my hand, I knew I'd never be able to go back to being a ranger; I couldn't jump out of planes or fast rope out of helicopters. I [had] to talk to a lot of friends, a lot of people I trusted and some of my care providers. I knew a lot of [what was talked about] is kept secret, so I didn't feel bad talking to them. In fact, I talk to three psychologists now."

By speaking to military members on these topics, Petry hopes to challenge the stigma that seeking mental health assistance is harmful to a service member's career.

"I think what Sgt. Petry is doing is helping to change what people think of mental health," said Staff Sgt. Morgan Dougherty, the 354th Medical Group Alcohol and Drug Abuse Prevention and Treatment program noncommissioned

officer in charge. "Many people think that young Airmen are the most at risk category and they need the most help. But NCOs, senior NCOs and officers also need it. One of the things he showed was that you're able to use mental health services regardless of your rank and still go back to work once you've been helped."

Through his speaking engagements, Petry strives to improve the lives of military members, their families and veterans alike by encouraging them to reach out to help people around them and also to reach out for help when they

## Fort Wainwright Family & MWR



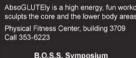


Wrestling 5-13 yrs \$65





U.S. Army retired Master Sgt. Leroy Petry, 2008 Medal of Honor recipient, arrived on Fort Wainwright, July 25. Taking time to visit various areas on Fort Wainwright he gave two speaking sessions with Soldiers, civilians and family members at the Northern Lights Chapel. Providing insight into his own personal experiences and those he's had with others. All in bringing about a better understanding of behavioral healthcare options and breaking down the walls of stigma of asking for help for our military. (Photo by Brian W. Schlumbohm, U.S. Army Garrison Alaska Public Affairs)



Soldiers: don't miss out on thousands of dollars in

Physical Fitness Center, building 3709 Call 353-7223

Chena Bend Clubhouse & Golf Course, building 2090 Call 353-6223, registration required

# Fort Wainwright Fire Department Open House

(Photos by Brady Gross, U.S. Army Garrison Alaska Public Affairs)





The Fort Wainwright Fire Department held an open house on Saturday July 28 that included various information stations and demonstrations on site. Different vehicles and department resources were on display for families and children to interact with and the Fire Department also showcased tools like the "Jaws of Life," which is used to pull apart a vehicle in order to free endangered people trapped inside. The department even had all their protective gear and clothing pulled out for visitors to look at and opened up all the compartments on their fire trucks to explain what life-saving resources they can bring to emergencies as needed.





# Know your School Liaison officer

**Staff Report** 

Fort Wainrwight School Liaison

The Fort Wainwright School Liaison transitions, the SLO provides Officer (SLO), Michael Campbell provides Soldier and Family readiness during relocation and educational transitions. Information and resources are provided to every Soldier during installation in-processing and out-processing. The SLO helps build relationships and facilitate communication for youth education and school issues for local public, private and home school districts.

School aged children at Fort Wainwright account for 16.4 percent of the Fairbanks North Star Borough School District student population.

Specializing in education information and educational resources about local options and school districts, after-school programs and care, youth leadership programs, home school resources, interprets transfer records and graduation requirements, and supports college and career readiness preparation.

Community education and informational forums are provided to empower families to advocate for their children. The SLO navigates educational challenges at public schools through the Military Interstate Children's Compact Commission (MIC3) - which allows for uniform treatment as military children transfer between school districts across our

School districts are provided many professional development opportunities to include a Military Culture Course for Educators to better respond to military students and their families.

The SLO provides local support for the US Army Alaska (USARAK) School Partnership Program (SPP), where 11 Army Units are partnered

with 12 Fairbanks North Star Borough School District Schools. The SPP goal is to improve citizenship and the educational experience of students through exposure to positive role models, tutoring of academic studies and unit sponsorship.

Comprehensive education and transition information is located at https://wainwright.armymwr.com/ programs/school-support-services, and by connecting with the Fort Wainwright SLO at Murphy Hall, building 1045 Gaffney Road, Room 22, call 353-9377 and/ or email at michael.p.campbell12.naf@mail.mil.

#### Fairbanks North Star Borough School District Start of Year Kindergarten Schedule 2018-2019

School	August 16	August 17	August 20	August 21
Anderson	Individual meetings – no regular classes		Regular Schedule 7:50 am - 2:20 pm	
Anne Wien	Individual meetings – no regular classes		Regular Schedule 8:30 a – 3:00 pm	
Arctic Light	Partial Day - 8:30 Individual meeting			Regular schedule 8:30 am - 3:00 pm
Barnette	Individual meeting	s – no regular classes	8:15 – 11:00am (1/2 students) 12:00 – 2:45pm (1/2 students)	Regular schedule 8:15 am – 2:45 pm
Denali	Individual meetings - no regular classes		Regular Schedule 8:30 am – 3:00 pm	
Hunter	Individual meeting	s – no regular classes	Regular Schedule 8:35 am – 3:15 pm	
Joy	Individual meeting	s – no regular classes		Regular schedule 8:30 am - 3:00 pm
Ladd	Individual meetings – no regular classes Regular Sche		Regular Schedule	9:00 am – 3:30 pm
Midnight Sun	Individual meetings - no regular classes		Regular Schedule 9:00 am - 3:30 pm	
Nordale	Individual meeting	s – no regular classes	Partial Day 8:30 – 11:00 am	Regular schedule 8:30 am - 3:00 pm
North Pole	Individual meeting	s - no regular classes	Regular Schedule 9:00 am – 3:30 pm	
Pearl Creek	Individual meeting	s – no regular classes	Regular Schedule 9:00 am – 3:30 pm	
Salcha	Regular Schedule starts August16 9:00 am -3:30 pm			
Ticasuk Brown	Individual meeting	s – no regular classes	Regular Schedule 9:00 am – 3:30 pm	
Two Rivers	Regular Schedule starts August16 9:00 am -3:30 pm			
University Park	Regular Schedule starts August16 8:45 am -3:15 pm			
Weller	Partial Day	Partial Day	Regular Schedule	– 8:30 am – 3:00 pm
Woodriver	Individual meetings – no regular classes			Regular schedule 9:00 am - 3:30 pm



#### NEW STUDENT REGISTRATION 2018-2019

School	Date	Times	
All Elementary Schools	August 2 & 3	9:00 am - 3:00 pm contact schools for specific times	
Ben Eielson Jr/Sr High	August 7 & 8	8:00 am – 2:00 pm Call 372-3110 X 30521 for an appointmen	
Effie Kokrine Charter	By application (application available online)  www.k12northstar.org/effiekokrine		
Hutchison High	By application (application available online) www.k12northstar.org/hutchison		
Lathrop High	August 6, 7, 8, 9 & 15	Call 456-7794 to schedule an appointment	
North Pole High	August 6, 7, & 8	8:00 – 11:00 am & 12:00 – 2:30 pm	
North Pole Middle	August 7, 6, 8, 9, & 10	10:00 am – 2:00 pm	
Randy Smith Middle	August 6, 7, & 8	9:00 am – noon & 1:00 – 3:00 pm	
Ryan Middle	August 3 & 6	9:00 am – noon & 1:00 -3:30 pm	
Star of the North Charter (CEC and North Pole Campus)	By application (application available online) www.k12northstar.org/starofthenorth		
Tanana Middle	August 9	9:30 am – 3:30 pm	
West Valley	August 6, 7, & 8	8:00 am – 2:30 pm by appointment Call 479-4221, ext. to schedule a appointmen	

Elementary and middle school students should bring last year's report card, shot record and proof of residence Kindergarten and 1st graders should also bring copy of birth certificate. High school students should bring shot record, transcript and proof of residence

# CYS Supports Soldier and Family Readiness

Staff Report

Child & Youth Services

Army Child & Youth Services recognizes the challenges of our Soldiers and their Families, and helps Army Families meet their parental challenges and maintain their mission readiness through Department of Defense certified and nationally accredited programs and services.

Children must be registered to receive services on the installation. Registration is free, and childcare costs are based on Total Family Income. Registration is completed at:

## **Parent Central Services**

Building 1049 Chena Road #2, (907) 353-7713 Email: usarmy.wainwright.imcom.list.dfmwr-cyss-

Serves children ages 4 weeks to 18 years One-stop location to register for hourly care, part/ full day care, preschool programs (age 4 by Sep 1), records transfer, parent education classes, babysitter

training, and referral services for Families. Includes CYS Parent Advisory Board, non-traditional outreach services, and Kids on Site program.

Visit MilitaryChildCare.com for care options, services, and to waitlist for full-day or part-day programs.

## Family Child Care

Building 1049 Chena Road #1, (907) 353-6266 Serves children ages 4 weeks to 8 years

Certified providers provide child care in their homes, which meet safety, fire and health standards. Providers undergo professional training in infant/child CPR, first aid, child guidance techniques and developmentally appropriate activities, and follow USDA food program nutritional guidelines.

## Child Development Center 1

Building 4024 600th Street, (907) 361-4190 **Child Development Center 2** 

Building 4176 600th Street, (907) 361-9056 Both locations serve children ages 6 weeks

through 5 years; fees based on Total Family Income. Developmentally appropriate learning center for children to learn through play and exploration. Fullday, part-day, and hourly care options available. Follows USDA food program nutritional guidelines.

Accredited by the National Association for the Education of Young Children (NAEYC).

## School Age Center

Building 4166 Neely Road, (907) 361-7394 Serves children in grades pre-kindergarten through 6; fees based on Total Family Income. Services include before and after school care; full, part-day and hourly care. Programming activities inspire curiosity, promote collaboration and encourage critical thinking through Five Service Areas: Education Support & Career Exploration; Character and Leadership Development; Health, Wellness and Life Skills; Sports, Fitness and Recreation; and The Arts. 4H, Boys & Girls Clubs of America, and CHARACTER COUNTS!, affiliates, and follows USDA food program nutritional guidelines. Accredited by the Council on Accreditation.

## **Youth Center**

Building 4109 Neely Road, (907) 361- 5437 Serves Youth in grades 6 through 12. Accessible, affordable, quality program options include technology, and the Five Service Areas: Character and Leadership Development; Education Support and Career Development; Health, Wellness, and Life Skills; Sports, Fitness, and Recreation; and The Arts. 4H, Boys & Girls Clubs of America, and CHARACTER COUNTS!, affiliates, and follows USDA food program nutritional guidelines

## **Youth Sports & Fitness**

Building 1045 Gaffney Road, (907) 353-7482 Serves children ages 3 to 18 years. Developmentally appropriate team and individual physical sports, competitions, skill building clinics, and nutrition and health classes to develop life-long healthy habits; provided by trained CYS employees and volunteer coaches. 4-H, Boys & Girls Clubs of America, and CHARACTER COUNTS!, affiliates. Accredited by the National Alliance of Youth Sports.



## **Army Futures Command Location Announcement**

### **Staff Report**

**Army Futures Command** 

What is it?

Austin, Texas, has been selected as collaboration between major Army the home of the Army's new Futures commands. Command, a location where the Army is better postured to be near innovative and scheduled to re-align include: Army agile industrial and academic institutions, Capabilities Integration Center and where the command can inculcate the (ARCIC); Capability Development culture needed to develop the innovation and and synergy required to lead our Army's modernization efforts. Futures Command labs (TICMs will remain with will identify and develop new prototypes and technologies, and deliver them to warfighters faster than ever. While the modernization cross-functional teams are scheduled to re-align include: already aligned under Futures Command, three sub-organizations are scheduled to be Engineering Command (RDECOM) established over the next several months and Army Materiel Systems Analysis before the command is fully established in Activity (AMSAA).

#### **ORGANIZATION**

addition to the command headquarters, Army Futures Command doing? will include sub-organizations designed to maximize subject matter expertise and subordinate organizations efficiency. The teams are as follows:

- Futures and Concepts development needs opportunities.
- Development Combat develop and conceptualize solutions for identified needs and opportunities.
- Systems will refine, Army have planned? Combat engineer, and produce developed solutions.
- experimentation, teaming, agility and rapid feedback to enable the both with equipment and how to best environment. employ it to improve warfighting capabilities for our Soldiers. The CFTs are aligned against the Army? Army's six modernization priorities and includes two additional crosscutting CFTs designed to support Vehicle, Future Vertical Lift, Army Network, Air and Missile Defense, Soldier Lethality, Precision Navigation and Timing, Synthetic Training Environment.

## **STRUCTURE**

Sub-organizations will transition to Army Futures Command from other Army

organizations prior to full operating capacity. These sub-organizations are expected to remain in their current locations, which will help facilitate continued and direct

TRADOC organizations currently Integration Directorates (CDIDs) and associated battle TRADOC); and TRADOC Analysis Center (TRAC).

AMC organizations currently Research, Development,

CFTs will report to the Army Futures Command.

What has the Army done / is

Army Futures Command's expected to remain at their current locations where they can easily will partner with their former parent identify and prioritize capability organizations. Overall, this change will reform the Army's industrialage modernization system to achieve unity of effort, greater efficiency, and increased accountability.

What continued efforts does the

The Army looks forward to working with innovators, academia, Cross Functional Teams (CFTs) use and business in an environment where ideas and solutions can be developed rapidly to meet the Army to rapidly develop solutions demands of the current operating

Why is this important to the

Futures Command will lead the Army's force modernization efforts by determining its strategic direction these efforts: Long-Range Precision and maintaining accountability for Fires, Next Generation Combat modernization solutions. This new four-star command will complement other Army's four-star headquarters -- Forces Command, Training and Doctrine Command and Army Materiel Command -- and is scheduled to reach full operational capability on July 1, 2019.

## **Current Fort Wainwright** photography studio information

#### **Head and Shoulders:**

Friday's by appointment through the online Visual Information Ordering Site (VIOS) starting at 8:20 a.m.

#### **Passport Photo:**

Monday thru Wednesday's by appointment through VIOS Starting at 1 p.m. A civilian shirt is required for all Passport Photo's.

**Department of the Army Photos:** Monday thru Thursday mornings by appointment through VIOS starting 9 a.m.

#### **Visual Information Ordering** Site website:

Visit the https://www.vios-west. army.mil website to schedule an appointment.

Once in VIOS select Fort Wainwright, then fill out a 3903 work order form to connect to the DA photo calendar in order to reserve an appointment. Cancellations must notify the photo studio, 48 hours prior to an appointment or be considered a "NO SHOW".

### **DA Photo Tips:**

The Soldier should have their uniform inspected by their unit before the appointment and be in uniform ready to be photographed at the appointment time.

Army Regulation 670-1 should be used to check correct placement of ribbons, insignia, etc. Dressing rooms are available if you would like to bring your uniform and change at the studio.

Photos are taken vertically, at 3/4 length from top of head, which means you need your pants or skirt but not your shoes. Soldiers must wear shoulder crests as per AR 640-30, 29 MAR

Leadership tabs, blue disks and infantry ropes are not allowed for DA photos.

Unit citations are authorized only if you were in the unit when it was awarded.

The photographer is not responsible for the Soldier's uniform. Para 5-g of AR 640-30 "prohibits photographers, soldiers, or anyone providing assistance to the Soldier while taking the official photograph from stuffing, clipping,

or otherwise changing or altering the appearance of the uniform to make it fit properly."

Check AR 640-30 Photographs for Military Personnel Files, at https://armypubs.army.mil/ epubs/DR\_pubs/DR\_a/pdf/web/ ARN3976\_AR\_640\_30\_Final.pdf

#### **Most Common Mistakes**

Placement of the nametag It should be centered between the top of the pocket and the top of the button. Also looks better if pinned through the coat and not just through the pocket flap.

#### Placement of badges

"Combat and special skill badges are worn...1/4 inch above the ribbons or the top of the pocket, one above the other, with 1/2 inch between badges, or they are worn on the pocket flap as described in paragraph 29-16" (pg. 298 of AR 670-1).

If you have an Iraqi or Afghani ribbon

It should have at least one star on it (one star per campaign, not tour of duty).

Starch your shirt heavily under the tie and don't wear a T-shirt to lessen extra wrinkles. If you don't need a belt, don't wear it -buckles sometimes stick

A long sleeve shirt causes less problems with getting the sleeves

to look nice. Take a picture of yourself with a cell phone - check to see how

your ribbons look. Write your name somewhere inside your uniform before you take it for cleaning or alterations. Check to make sure you're getting the correct jacket back. If you took it to be cleaned or pressed, check to make sure you have all your buttons – or better yet, take them off yourself before

you take it for cleaning. For more information on Department of the Army official photo support, contact Søren Melchior, Studio photographer,

at 361-6268, or Email, at

erik.s.melchior.ctr@mail.mil.

## Alaskan emergency managers assist Hawaii volcano response

## Jeremy Zidek

Division of Homeland Security and Emergency Management, Public Information officer

Eight Alaskan Emergency Managers deployed to Hawaii to help those affected by the Kilauea volcanic eruption. Seven Division of Homeland Security and Emergency Management personnel and one representative of the Salvation Army Alaska travelled to Hawaii to fulfill an Emergency Management Assistance Compact request. Currently, three DHS&EM

personnel are deployed in support of Hawaii.

The EMAC request, issued by the State of Hawaii, is part of an agreement among states and territories of the U.S. that allows for a state to request resources from others in the compact to fill needs during a disaster.

"The individuals that deployed to Hawaii have a skill set that takes years to develop," said DHS&EM Director Mike Sutton. "While Hawaii's climate and geography are vastly different from Alaska, the problems caused by disasters are similar.

Our DHS&EM staff have

successfully utilized their skills to help the Hawaiians impacted by the eruption."

DHS&EM's Claude Denver coordinated the state's effort to support local community shelters on the Big Island of Hawaii. "Hawaii, like many places in Alaska, has a limited amount of housing. The challenge is to provide shelter for people in their communities so they can continue work, access their property, and receive material and emotional support from their community, friends, and family.'

The DHS&EM personnel deployed helped communities document the scope of the disaster, assisted with training for local government officials, worked with volunteer organizations, helped develop temporary housing plans, and

completed other emergency management related activities.

"Safety and taking care of people was the State of Hawaii and local governments' top priority," said DHS&EM **Emergency Management** Specialist John Ramsey. "One of our roles was to help track county government emergency response costs, and then help them process the federal disaster reimbursement paperwork. This ensures local governments, with limited money, will have the money to help the people affected by the eruption.'

The EMAC process has been used by the State of request

assistance from other states. In 2013, more than 15 EMAC deployed personnel assisted with the 2013 Spring Floods.

All fifty states, the District of Columbia, the U.S. Virgin Islands, and Puerto Rico are members of EMAC.

