

ON GUARD

est. February 1980

A MAGAZINE BY THE 163d ATTACK WING

August 2018





COMMANDER'S PRIORITIES

GLOBAL MISSION READINESS

FLAWLESSLY PERFORM OUR STATE MISSION

RECRUIT, DEVELOP, AND RETAIN OUR AIRMEN

VISION

EXPERTLY TRAINED AIR NATIONAL GUARD PROFESSIONALS
PROVIDING GLOBAL MISSION CAPABILITIES AND
READINESS TO LOCAL, STATE AND NATIONAL LEADERS,
NOW AND INTO THE FUTURE

MISSION

ONE TEAM PROVIDING DEDICATED, DISCIPLINED AND
DIVERSE GUARDSMEN READY TO DEFEND OUR STATE,
NATION AND LOCAL COMMUNITIES FROM ANY THREATS
THAT COMPROMISE THE SAFETY, SECURITY AND
WELL-BEING OF OUR CITIZENS AND ALLIES

On Guard is proudly published for the members of the 163d Attack Wing and their families.

Public Affairs Office

2nd Lt. Jessica Huerta

Senior Master Sgt.

Stanley Thompson

Master Sgt. Neil Ballecer

Tech. Sgt. Joseph McKee

Tech Sgt. (CA) Greg Solman

Staff Sgt. Patrice Skyner

Staff Sgt. Cynthia Vega

Senior Airman Crystal Housman

Airman 1st Class Michelle Ulber

Special thanks to:

Kat Lange, On GUARD logo designer

The On GUARD is the official magazine of the 163d Attack Wing, March Air Reserve Base, California.

The contents of On GUARD are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Air Force or the 163d Attack Wing.

OUR MISSION

To be one team providing dedicated, disciplined and diverse Guardsmen ready to defend our state, nation and local communities from any threats that compromise the safety, security and well-being of our citizens and allies.



Wing Commander
Col. Sean Navin



Vice Wing Commander
Col. Carrie Colas



Command Chief
Chief Master Sgt.
Gilbert Sanchez

163throwback



Members of the 163d Attack Wing showcased the MQ-1 Predator at the Point Mugu Airshow, on August 7 and 8, 2010, at Point Mugu, Calif. The airshow drew a crowd of over 10000, people that weekend. (Air National Guard Photo by Senior Master Sgt. Stanley Thompson)

COMMANDERS CORNER

By Col. Martin "Bones" Louie, MC, SFS
163d Medical Group Commander

You see it on every drill weekend, and every day in between, when you are at March Air Reserve Base; the 163d Medical Group (Med Group), or as it has come to be known, the "clinic". Without a doubt, you may pass by it or pass it up, but at some point, everyone will come to the clinic.

To the casual observer, the clinic may seem to function only to process waivers and profiles. You come for annual exams, or receive immunizations, or can be "grounded" by the Docs if you are a flyer.

Is this true? Yes. But there is much more to the Med Group done to ensure our mission. In one word, okay two words; medical readiness.



To speak of how military medicine impacts all of us and the many facets of the military which have its roots in medical would be voluminous and take up much more space than available here.

So, I want to give you a brief synopsis of the essence of Medical from an inside point of view. Hopefully, old myths will be dispelled, and you will leave with an enlightened and broader perspective as well as a greater appreciation of the Med Group and its Mission.

Here is a small, focused historical vignette of the interdependence of medical operations in the military such as that in combat military medicine.

One of the earliest recorded histories of armed conflict and combat medicine was from the Greeks and Egypt around 2,000 B.C., where a crude system was utilized to care for the wounded in battle who were placed in special barracks on ships. Then the Romans in the 1st and 2nd centuries A.D. advanced combat casualty care with the development of a Legions Medical Corps, with at least 85 Roman Army Physicians and the establishment of casualty care centers called Valentudinarians.

Advancements in combat medicine continued for another millennium or so but credit goes to Dominique Jean Larrey, a French surgeon in Napoleon's Grande Armee, who initiated battlefield medicine and the use of triage for wounded combatants, regardless of rank or nationality. He established the first modern field medical evacuation system and the concept of "far forward care" wherein combat hospitals and medical support were placed close to the front lines.

The Air Force dominates the Aeromedical Evacuation system for moving patients to the next level of care. Advancements in military medical care have evolved to where we are not limited to care at the front, but can now move patients who are stabilized, versus stable, to more definitive care over long distances, i.e., Europe and the United States, in a short amount of time, i.e., in less than 24 hours. Days of moving sick or injured by litter or ambulance or ships have now evolved to the use of large transport airframes such as the C-17. The military, especially the Air Force, have specialized medical teams of Flight Surgeons, Critical Care Physicians, Flight Nurses, Flight Medical Technicians and Respiratory Therapists who make these up Critical Care Air Transport Teams.

The Aerospace Medicine program here at the Med Group gathers rich experience from the days of fighters as the F-4 Phantoms to KC-135 refuelers to our Remote Piloted Aircraft.

These historical developments are noted, and relevant aspects of Military Medicine including Flight Medicine, are embedded here at March Air Reserve Base and the 163d Medical Group. We are not unique. It is safe to say one will find the "clinics" at Air Force, Air Force Reserve or Air National Guard bases here and abroad.

Within the Medical Group we have dedicated professionals to keep the mission viable.

There are Flight Surgeons, physicians specializing in Flight Medicine; doctors of dentistry; optometry, vision care specialists; public health specialists who ensure safety from public health threats, i.e., sanitation, food borne illness, water safety or infectious disease; bioenvironmental engineering whose mission is to reduce and prevent environmental health hazards to our Airmen, i.e. radiation exposure, pollutants in water or efficiency of gas masks; nurses who care for our troops on the ground and air with the med techs that support the mission from administrative duties to giving immunizations. And not least are the small group of administrative and technician staff who man the fort on a daily basis between "drills" that keep this system honed and ready. No small task.

The methodology may have changed but the Mission remains; Medical Readiness.

We succeed because the commitment of each Airman at the Med Group is dedicated to our mission to keep you, the Air Force and Air National Guard's human weapons system medically ready to Fly, Fight and Win!

"Sustineo Alas - Keep 'em flying"

Bioenvironmental Officer Position Announcement



The 163d Medical Group is accepting packages for a drill status guardsman Bioenvironmental Engineer (AFSC 43E3A) officer position. The position is open to current Captains and below, and is a commissioning opportunity for enlisted personnel who possess a baccalaureate degree, or higher, in engineering from an engineering degree program accredited by the Accreditation Board for Engineering and Technology (ABET). Air National Guard Instruction 36-2005 and the AF Officer Classification Directory (AFOCD) has details for full eligibility. The selected candidate will attend Total Force Officer Training, if required, and the BE Officer Advanced Course at Wright-Patterson Air Force Base, Ohio.



Candidates must submit their application packages to the wing's Chief of Aerospace Medicine no later than 4 p.m. on Sep. 8, 2018. Packages must be in a single PDF file and include a letter of intent, RIP from Virtual Military Personnel Flight (VMPF), current fit test printout from the AFFMS II web application, a resume, passing Air Force Officer Qualifying Test score, and at least two letters of recommendation.



Further application details, including contact information to submit packages, was distributed to .mil email addresses Jul 24.



Senior Master Sgt. Christian Smith retires from duty with the 163d Attack Wing on July 15, 2018, March Air Reserve Base, Calif. Smith served over 20 years in the Armed Forces. (Air National Guard Photo by Tech Sgt. Julianne Showalter)

Airmen of the 163d Attack Wing reenlist into the California Air National Guard on July 15, 2018 March Air Reserve Base, Calif. The wing holds a mass reenlistment ceremony every month, conducted by many different officers. (Air National Guard Photo by Tech Sgt. Julianne Showalter)



163d Aircraft Maintenance Squadron Welcomes a New Commander



By Tech. Sgt. Julianne M. Showalter
145th Public Affairs

Retired as of June 1, 2018, Col. Edward Lamar, Jr., relinquished command of the 163d Aircraft Maintenance Squadron (163d AMXS) to Lt. Col. Christopher 'Tod' Linton. As an MQ-9 Reaper aircraft pilot and maintenance officer, Linton was hand-selected for the job for his experience in leading the unit to success during a time of transition to a newer version of the aircraft, the Block 5 variant, which debuted in combat on June 23, 2017.

"His experience as both a pilot and as a maintenance office makes him uniquely qualified to integrate maintenance and operation like nobody else has been able to do," said Lamar.

The Block 5 MQ-9 is equipped with improved electrical and communications systems which provide better software and hardware upgrades for future operations. With that, comes additional training for the maintainers.

"I know he'll help lead us to get everyone trained up on the new aircraft and make way for more missions to help out the state. He'll help guide us by using the experience he brings to the table," said Tech. Sgt. Christina Garcia, 163d AMXS.

Garcia added, "I'm excited about our new commander. I've worked with him for the past few years, and I know what he's capable of. He's very much a people person, and good at knowing what each person's role is and their strengths. He knows what needs to be done and does what it takes to accomplish it."

In addition to having the military qualifications for the job, Linton is also active within his family and is a bishop at his church. He plans to apply the same principles he uses with his family in the leadership of the unit.

"Personally, I look at it like an extension of my family, like a father. I have people that I love and care for that are doing things for our community, our state, and our nation. I need to be there to guide them and help them and provide them with the leadership they need to be successful," said Linton.

Lamar echoed this sentiment and said, "Having a solid family is super important to [Linton], and he'll apply that with people developing themselves. The mission is very important, but at the same time we're also supposed to develop as sons, daughters, brothers, sisters, husbands and wives. He gets that! He understands developing the whole person and helping his troops become the best people they can be."



Here Ye, Here Ye!

Unit members
encouraged to promote the
2018 163 ATKW/OAY
by
providing a unique
Theme which will both
recognize our nominees &
families while encompassing
the 196th 75th anniversary.

Please submit ideas to the
163d Public Affairs at
usaf.ca.163-aw.mbx.pa@mail.mil

The winner will be selected by
the 163 ATKW/OAY/committee
members.

All submissions must be recieved on or
before COB of the August UTA
Thanks

STRAIGHT TALK



THIS IS THE WING COMMANDER'S COMMUNICATION TOOL TO STAY IN TOUCH WITH THE WING. THERE ARE TWO WAYS TO VOICE YOUR OPINIONS OR CONCERNS:

1. CALL THE HOTLINE ABOVE, OR
2. SEND A PRIVATE MESSAGE TO THE 163D ATKW FACEBOOK, WHICH WILL BE FORWARDED TO THE COMMANDER

IF THE COMMANDER HAS INFORMATION TO PUT OUT, YOU CAN FIND IT ON EITHER THE WING FACEBOOK (WWW.163ATKW.ANG.AF.MIL) OR THE HOTLINE.

COMBATting TRAFFICKING IN PERSONS (CTIP)



By Lt. Col. Michael Dugas

163d Mission Support Group, Deputy Commander

What is Trafficking In Persons (TIP)?

TIP is a worldwide problem posing a transnational threat involving violations of basic humanrights. TIP is a leading source of profit for organized crime, together with drugs and weapons, generating billions of dollars. TIP affects virtually every country in the world. The Department of Defense has a zero tolerance policy for TIP.

TIP is the use of force, fraud, or coercion to compel a person to provide labor or services or commercial sex. TIP involves exploitation of all types. TIP can include elements of recruiting, harboring, transportation, providing or obtaining a person for the purpose of exploitation. The three most common forms of trafficking are: 1) Labor Trafficking, 2) Sex Trafficking and 3) Child Soldiering.

Labor Trafficking

- Labor or service compelled by force, fraud, or coercion
- Victims found in any location or industry: factories, farms, construction, restaurants, mines, or personal homes
- Children are also labor trafficking victims
- Debt bondage: using a debt to compel labor from a person

Source: United Nations, International Labor Organization, Department of State

Recent studies show the majority of human trafficking in the world takes the form of forced labor. Also known as involuntary servitude, forced labor may result when unscrupulous employers exploit workers made more vulnerable by high rates of unemployment, poverty, crime, discrimination, corruption, political conflict, or cultural acceptance of the practice. Immigrants are particularly vulnerable, but individuals also may be forced into labor in their own countries. Female victims of forced or bonded labor, especially women and girls in domestic servitude, are often sexually exploited as well. Labor trafficking can also occur within debt bondage, as women and girls are forced to continue in prostitution through the use of unlawful “debt” purportedly incurred through their transportation, recruitment, or even their crude “sale,” which exploiters insist they must pay off before they can be free. -Courtesy of Department of State

Sex Trafficking

- Commercial sex completed by force, fraud, or coercion
- Victims found in: brothels, street prostitution, escort services, or pornography
- Children sex tourism: traveling to countries to have sex with children

Source: United Nations, International Labor Organization, Department of State

Sex trafficking comprises a smaller but still very significant portion of overall human trafficking. When an adult is coerced, forced, or deceived into prostitution – or maintained in prostitution through coercion – that person is a victim of trafficking. All of those involved in recruiting, transporting, harboring, receiving, or obtaining the person for that purpose have committed a trafficking crime.

Child Soldiering

- Unlawful recruitment of children under 18 by government or nongovernment armed forces
- Children are used as combatants, cooks, servants, messengers, spies, or sex slaves
- Children are often sexually and physically abused
- Children are forced to commit atrocities against others
- 200,000-300,000 children in over 57 armed conflicts worldwide
- Average age: 15-18, but young as 7

Source: United Nations, Department of State

Child soldiering can be a manifestation of human trafficking where it involves the unlawful recruitment or use of children – through force, fraud, or coercion – as combatants or for labor or sexual exploitation by armed forces. Perpetrators may be government forces, paramilitary organizations, or rebel groups. Many children are forcibly abducted to be used as combatants. Others are made unlawfully to work as porters, cooks, guards, servants, messengers, or spies. Young girls can be forced to marry or have sex with male combatants. Both male and female child soldiers are often sexually abused and are at high risk of contracting sexually transmitted diseases.



Office of the Inspector General

Complaints Resolution

For IG Assistance please feel free to contact:

163rd Attack Wing: MSgt Rudolph Alonzo

CA JFHQ/IG:

State Air Inspector General- Lt Col Shawna Pavey

Email: shawna.pavey@us.af.mil

Phone: 916-854-3287

Assistant Inspector General- TSgt Adriana Stevens

Email: adriana.m.stevens2.mil@mail.mil

Phone: 916-854-3287



If you have a concern and are unsure if you should file a complaint, contact your local IG office for guidance. Any Air Force military or civilian member may file an IG complaint. However, many Department of the Air Force civilian complaints (e.g., discrimination, sexual harassment, and conditions of employment) must be addressed by agencies other than the IG. Anyone, including civilians with no Air Force affiliation, may file Fraud, Waste, and Abuse (FWA) complaints. Depending on the circumstances, the IG may also accept complaints from dependents or relatives of active duty members and retirees and their dependents. However, it is always best for the actual "victim" or person who witnessed the alleged wrongdoing to file the complaint.



Office of the Inspector General



Joint Force Headquarters, California

IG Functions - Assistance, Inspections, Investigations, Teaching and Training.

Assistance: When is it appropriate to seek IG Assistance? Anyone can seek IG assistance regarding any ***military related matter***; however...

- Be sure you have a problem, and not a peeve.
- Give your chain of command a chance to solve the problem.
- Be honest and don't provide misleading information to the IG.
- IGs don't set policy. If a policy/Reg is flawed, use DA Form 2028 to request change.
- IGs recommend & cannot order resolution. Only Commanders can direct & order.
- IGs help resolve issues based on facts supported by evidence.
- Don't expect instant action. IG inquiries take time.
- Be prepared to take "No" for an answer. Yes or no, IGs will always explain.
- Identify and use your supporting IG office.

Examples of issues that are not IG appropriate: Criminal allegations, Courts-martial / Non-judicial punishment, Evaluation reports, Enlisted reductions and discharge, Financial liability investigations, Adverse information in personnel records, Claims, Not a military related issue, EO/EEO, Civilian allegations of reprisal, Hazardous work conditions, Collective bargaining agreements, Appeals of adverse actions, Issues with other means of redress

Examples of issues that are IG appropriate: Pay & Allowances, Personnel Actions, Late evaluations, APFT, Ht/Weight, Medical, Command Management, Service member allegation of reprisal, Personal conduct, Violations of law, policy, procedures, or regulations, Injustice or abuse of authority, Inappropriate conduct/misconduct, Deficiency or like condition

HIGHLIGHTS FOR LODGING CHANGES EFFECTIVE JULY 2018

- **Commuting distance** is now 50 miles for Friday and Saturday night of IDT/RSD (Previously 110+ for Friday and 50+ for Saturday)
- **Single rooms** are now authorized for E-5 and above (Previously E-7+), when space and funds are available
- **Technicians & State Active Duty (SAD)** are now authorized lodging during IDT/RSD. (Previously Technicians were considered to be living within the commuting distance for RSD. During the week, same commuting rules apply.)
- **Deadline for RSD** reservations is Sunday of prior RSD with changes no later than Tuesday before the upcoming RSD
- **Walk-in reservations** – Members must make advanced reservations for RSD in order to get lodging at no expense to the member. Starting Wednesday prior to RSD = member pays. Government rate can be applied if member coordinates through the March Inn as a “walk-in”
- **Statement of Understanding** must be signed for all lodging users, then resigned after each incident (no-show, walk-in, etc.) in order to utilize lodging at no expense to the member
- **Payment Update for Duty Status Changes**
If member performs -AT/ST/MPA prior to RSD/IDT (i.e., AT on Friday prior to Saturday’s RSD), member pays using GTC and then files travel voucher via DTS for reimbursement.
If member performs AT/ST/MPA after RSD/IDT (i.e. AT on Monday after a Sunday’s RSD), unit will be direct billed via group bill.
- **Rescheduled Drill Authorization Letter** – When members perform a Rescheduled Drill (RD), they need to get a letter from their Unit Lodging POC, and submit it, with their lodging request, to the March Inn. For Rescheduled Drill requests: Lodging.Reservations@us.af.mil
- **Wing Lodging Mailbox** - For RSD lodging requests/changes, please e-mail rosters to: usaf.ca.163-aw.mbx.fss-lodging@mail.mil

Please reference AFI 34-135, September 2014, which incorporates many changes to ANG, and 163 ATKW OI 34-1, July 2018, for full details.

Q4Zero

Quest for Zero Mishaps

August 2018

Alcohol Influenced Decisions

Warmer weather provides an opportunity for outdoor activities with your family and friends. For some those activities will include the consumption of alcohol. Over the last five years, USAF sports and recreation activities mixed with alcohol have accounted for nine fatalities and one permanent disability. If you drink, do so moderately and follow the tips below to keep you safe.

- **Have a Plan** - Know where you are going and the limits of individual consumption.
- **Use a Designated Driver** - Make sure you have a safe way home. Do not drive under the influence. Use a sober designated driver; Uber, Lyft or someone you trust are examples.
- **Pace Yourself** - When you have a plan to drink, prep yourself; make sure you eat and drink water.
- **Avoid Drinking Games** - Sometimes alcohol drinking games can get out of hand, can become very competitive.
- **Alternate Alcohol and Water** - If you have a glass of water served with your alcoholic drink and drink both it will dilute the effects of the alcohol.
- **Never Leave Drinks Unattended** - There are some people that will spike your alcoholic drink, never leave it alone for someone to spike your drink.

Poor decisions influenced by alcohol;

- Consumed 14 beers; dove into shallow water; cervical fracture; paralyzed
- Dove while playing beer pong; fractured jaw; 16 Lost Workdays (LWDs); .12 BAC
- Over five rum & cokes; slid across dance floor; fractured ankle; 46 LWDs
- 12 Everclear cocktails; fell into campfire; burned legs; 11 days in hospital
- Hitched ride from car while on skate board; concussion; 59 LWDs; .217 BAC





YESTERDAY. TODAY. TOMORROW.

