



# 332nd Warrior Call

## Soldier saves a life

Story and photo by  
Maj. John Heil, 332nd  
Medical Brigade public  
affairs

NASHVILLE, TN—On  
November 17, Pfc. Dus-  
tin Hayes, 332nd Medi-  
cal Brigade Soldier, was  
awarded the Army Com-  
men-  
dation  
Medal for  
saving the  
life of six-  
year old  
Jayden  
Stine.

Hayes, a  
conven-  
ient store  
clerk at  
the Comet  
Mart in  
Bucksnort,  
TN, spent  
a normal  
October  
10 work-  
ing when  
he no-  
ticed a  
commo-  
tion near  
the gas  
pumps and proceeded  
to help.

"My children and I went  
to the Comet Mart  
where Dustin works,"  
said Carol Stine, Jay-  
den's mom, "I went in  
the store to prepay for  
gas and I came out and  
started pumping gas

while my children were  
goofing off."

"They were knocking  
on the window and  
waving to me," said  
Stine, "We kept doing it  
for a few minutes then  
all of a sudden they  
stopped I waited for a

out of his car seat,"  
said Stine, "and started  
giving him the Heimlich  
maneuver."

"He was not responding  
to it and he was reach-  
ing for me wanting me  
to pick him up," said  
Stine, "and tell him that  
he was go-  
ing to be  
OK." "I told  
him to  
hang on I  
was trying  
to help  
him."

Stine said  
she made  
several  
attempts to  
give Jayden  
the Heim-  
lich maneu-  
ver but he  
was not  
responding  
to it.

"He was  
reaching  
out to  
me," said  
Stine, "By  
this time

Jayden was turning  
blue and drooling and I  
started to panic."

Stine indicated that she  
was hollering, but that  
people that she had  
known for years must  
have thought they were  
playing and walked

minute and went to the  
driver's side and no-  
ticed that Jayden was  
choking I asked him if  
he was OK and he did-  
n't answer me."

"I immediately jerked  
open the back door of  
my van and pulled him



Pfc. Dustin Hayes is congratulated by Medical Warriors after being awarded the Army Commendation Medal on November 17 in Nashville, Tenn.

332nd Warrior Call

December 2008  
Volume 2, Issue 3

### Special points of inter- est:

- Soldiers saves a life
- CSM expects troops to  
make a difference
- Brain Injured vets and  
risks
- Chief of Staff wants  
every Soldier informed
- Battle Assembly snap-  
shots

### Inside this issue:

Class A inspection	2
postponed	
Commander's Cor- ner	3
CSM envisions in- novative Soldiers	3
Brain injuries	4
Chief of Staff hon- ors those before	5
Battle Assembly snapshots	6
What is a VA- guaranty loan	7

### Soldiers saves a life

Continued on page 2

## Soldier saves a life, continued from page 1

right by ignoring her calls for help.

She continued trying to dislodge whatever was stuck in Jayden's windpipe and get help but was unsuccessful while trying to get someone to help her.

Stine said she ran toward the store and almost made it to the door when she saw Hayes coming towards them.

"He (Hayes) immediately seen that Jayden was choking," said Stine, "and that we were panicking and he started to help us."

Stine said Hayes grabbed Jayden and started the Heimlich maneuver and was getting no response so she hollered for other people to call 911.

"Dustin continued trying everything for Jayden," said Stine, "and finally got his gum to come out." "He never gave up until Jayden started crying and was able to breathe again."

Hayes was awarded the ARCOM for meritorious service and heroics in saving the life of another. "He is a true hero said, Col. James Snyder, 332nd MED BDE commander, "and is an example for others to follow—

we are proud of him."



## Class A inspection postponed

By Mr. Stirel Harvey

The class A inspection has been postponed and tentatively rescheduled for the April 2009 battle assembly. Many Soldiers did not have the right number of accessories and some did not have uniform garments.

Saturday morning the unit signs in as normal starting at 7 a.m. and after first formation the 332nd will move into mandatory briefings. Mandatory briefings include Employer Support Guard and Reserve

issues by Carl Lambert, US Army Retired; the Code of Conduct by a JAG attorney; the Law of War by a JAG attorney, Equal Opportunity

***"The class A inspection has been postponed and tentatively rescheduled for April 2009."***

and Prevention of Sexual Harrassment by Sgt. 1st Class Stirel Harvey, and SAEDA by Capt. Golden Hand.

On Sunday the unit will start with chapel service after formation, conduct PMCS, and resume other administrative duties such as birth month audits, training meetings, and evaluation processing. In addition, the unit will conduct its family day activities followed by area beautification and final formation.

It's a joyous time of the year to be with friends and family. Be safe, don't drink and drive, buckle up and come home alive.



Associated Press

Commander—Col. James Snyder  
Public Affairs Officer—Maj. John Heil  
Contributors—  
Mr. Stirel Harvey  
Col. Roman Golash  
Command Sgt. Maj. Maureen Goodrich

The Warrior Call is published monthly in the interest of all medical personnel within the 332nd Medical Brigade. It is an unofficial publication authorized under the provisions of AR 360-81.

It is written, edited and published by the public affairs staff of the 332nd Medical Brigade, 160 White Bridge Rd., Nashville, TN 37209. Send all questions, comments and submissions to john.heil@us.army.mil

Editorial views and opinions expressed in this publication are not necessarily those of the Department

of Defense and should be addressed to the public affairs office.

Contributions (articles, photographs, cartoons) are welcomed and should be submitted to the public affairs office. With the exception of copyrighted or syndicated materials and photographs, all materials may be reprinted without permission.

## Commander's Corner

As the year draws to an end, I want to thank everyone for your dedication, commitment, and determination. Your efforts have advanced the 332<sup>nd</sup> Medical Brigade to a higher level. The Brigade is fortunate to have soldiers, such as you, who believe in our efforts to make this brigade the BEST in the U.S. Army Reserves.

We have much more work to do in achieving the respective ITRS metric standards set by ARMEDCOM and USARC. Specifically, we have to complete family care plans, reduce no shows, and reduce non-participants, and improve school attendance (i.e. NCOES and OES) in order to minimize our current Non-DMOSQ rate. We also need to increase our pass rate for the APFT and always be prepared for deployment.

This holiday season we begin by honoring our families this battle assembly (BA). You have my sincerest thanks and gratitude for your



**Col. James Snyder  
Commander**

the Brigade foundation. I SALUTE you!

December will be Chaplain Uhler's last BA with the 332nd. Take time to thank and recognize him for his outstanding military service and for providing the spiritual leadership and guidance to all of our soldiers

family members, and for your sacrifice and support of our soldiers. You truly are the heroes who serve as an integral part of

and families. He will definitely be missed and although his time with the Army has ended, I know that he will continue to serve as a spiritual leader and minister to his fellow man. Thank you Chaplain Uhler. I pray for many blessings to you and your family.

Finally, I wish you happy and safe holidays. Take a moment during this holiday season to remember and thank our fellow soldiers on duty and are in harms way throughout the world protecting and preserving our freedom.

On behalf of myself and the Command staff, Merry Christmas and Happy New Year! Remember, you are the BEST and because of this, the 332<sup>nd</sup> Medical Brigade is the BEST! Be proud of who you are and what you do in the defense of this GREAT COUNTRY, the United States of America. HOOAH!

## CSM envisions innovative force of Soldiers

The 332nd's new Command Sergeant Maj. Maureen Goodrich has served in the Army for 29 years, 15 of those years on Active duty.

Goodrich's last position was the command sergeant major with the 5501st US Army Hospital in San Antonio, Tex.

"Some of the more challenging positions that I have held," said Goodrich, "include first sergeant, ward master, 68WM6 instructor, combat medic, ambulance driver, and LPN in the Critical Care Section."

Goodrich said she has not had the opportunity to deploy yet; however, she was mobilized for seven months to Aurora, Colo., where she served as the emergency operations center Sergeant Major.

"I decided to take this position with the 332nd Medical Brigade for a couple good reasons," said Goodrich, "I wanted the opportunity to serve Soldiers in a higher capacity, which Brigade element offers; I heard many positive things about the 332nd, including a very positive reputation of the incoming commander and the combination of these two reasons made it a perfect fit for me."

"As a senior NCO advisor to the commander, I expect to assist the Soldiers, NCOs, and officers in successfully carrying out the commanders intent," said Goodrich, "I will do this through advising Col. Snyder on enlisted issues and assisting with the development of sound and effective policy for the Brigade."

"I expect Soldiers to be disciplined, trained and motivated enough to make a positive difference for themselves and their team, said Goodrich, "Soldiers must strive to communicate their needs to their leaders and expect the same in return."

"I expect NCOs to lead from the front," said Goodrich, "This means they must be proficient and caring leaders; they must train to standard and expect nothing less from their Soldiers." Goodrich said "Soldiers can expect me to be a fair leader, professional and caring, yet firm in my resolve to ensure every Soldier contributes to the success of our mission."

She envisions the 332nd as an innovative force of Soldiers, who work together to apply their talents and skills in achieving mission success.

## Brain injured vets and long-term risks

**December 04, 2008**

Associated Press

WASHINGTON - Many of the thousands of troops who suffered traumatic brain injuries in Iraq and Afghanistan are at risk of long-term health problems including depression and Alzheimer's-like dementia, but it's impossible to predict how high those risks are, researchers say.

About 22 percent of wounded troops have a brain injury, concluded the prestigious Institute of Medicine - and it urged precise steps for studying how these patients fare years later so chances to help aren't missed.

The Veterans Affairs Department, which requested the report, and the Pentagon already are taking some of the recommended steps. But a report out Thursday highlights the urgency.

"I don't think we really knew how big a hole in scientific knowledge there is about blast-induced brain injuries," said Dr. George Rutherford of the University of California, San Francisco, the report's lead researcher.

Traumatic brain injury, or TBI, is a signature injury of the Iraq war. Most do not involve penetrating head wounds but damage hidden inside the skull caused by an explosion's pressure wave. It can range from a mild concussion to severe injury. And because symptoms may not be immediately apparent, troops may not seek care.

"If you have a gunshot wound to some specific part of your brain, I can tell you the consequences,"

Rutherford said. But with blast concussions, it's not even possible to say "if you have six of these, are you six times more likely to have something bad happen to you than if you've had one?"

Returning soldiers have reported headaches, dizziness, memory loss, confusion, irritability, insomnia and depression. The military has said

sion, aggressive behavior and post-concussion symptoms such as dizziness and amnesia.

-If mild TBI caused loss of consciousness, a risk of later memory, movement and seizure problems cannot be ruled out.

The report recommends that every soldier exposed to a blast, even a

low-intensity one, be screened for TBI - and that everyone get a pre- and post-deployment brain-function test. The military has begun those steps.

It also urges the Defense Department to conduct rigorous studies and a VA-run registry of TBI patients to identify long-term risks and factors that improve or worsen outcomes, in comparison to deployed troops with non-brain injuries.

The VA said it would consider the recommendations, and it has 60 days to decide if those long-term disorders will be presumed linked to brain-injured veterans' military service.

most of the TBI-injured troops recover with treatment.

"There's clearly a whole bunch of people who have mild TBI who have no negative outcomes," Rutherford agreed.

But his committee examined decades of studies into mostly civilian injuries and found:

-Moderate-to-severe TBI is linked with later-in-life risks including Alzheimer's-like dementia, Parkinson's-like symptoms, seizures, problems with social functioning and unemployment.

-TBI in general is linked to depres-



Soldier is examined for possible brain injury



## Chief of Staff honors those who went before

Col. Roman Golash, Chief of Staff, has served in the Army for more than 32 years and 4 years active duty in the United States Air Force as an enlisted airman.

His last assignment was with 5th Army as operations officer for the Regional Emergency Preparedness Liaison Officer (REPLO) Team 5 based out of Great Lakes Naval Station, Ill. The REPLO team works with FEMA to mitigate terrorist attacks or natural disasters.

Previous to the REPLO assignment, he was mobilized with the 85th Training Support Division in Fort Sheridan, IL.

Golash' mobilization assignment consisted of training the 1-BCT 34th Infantry Division for 7 months at Camp Shelby, Mississippi.

His specific assignment as a unit assistant was to make sure that the necessary combat arms training took place for a 960 person brigade support battalion (BSB).

Daily reports were then channeled to General Honore at 1st Army headquarters. After Camp Shelby, his group returned to Fort McCoy for another 9 months where they assisted in the training of combat support and combat service support units including CSH's.

Prior to Golash' assignment to the 85th, he was the laboratory director at the 801st Combat Support Hospital. During his assignment at the 801st, He was tasked several times to go on missions to Ukraine to serve as a linguist.

"I accepted the chief of staff position because I am obligated to honor those who went before us,"

said Golash, "Every soldier has a duty to be trained but also to train the younger soldiers."

"Mentoring is the key that develops a new generation of leaders for the Army and for the Nation," said Golash, "with teamwork, I hope to make the 332nd the best medical brigade in the Army."

"Personally, my goal is to have every Soldier well informed and that every Soldier feels that he or she is a vital part of our national security and fully engaged in the training programs," said Golash, "I will do everything I can to make sure that the 332nd is ready for all contingencies."

## Soldiers awarded in November



Col. James Snyder, 332nd Commander presents the Meritorious Service Medal to Col. Kevin Carter, and First Sgt. Erik Olafson, and the Army Commendation Medal to Maj. John Heil, and Pfc. Dustin Hayes in November. Several other Medical Warriors were presented Commander's Coins for their dedication to duty during the Change of Command and Medical Symposium.



## Battle assembly snapshots



Medical Warriors maintain readiness during November drill with combatives, claymore mine training, dental readiness, and team and squad training.





## What is a VA-guaranteed loan?

### Military.com

A VA-guaranteed loan is a loan made by private lenders (such as banks, savings & loans, or mortgage companies) to eligible veterans. If you want to purchase a home, condominium or manufactured home, the VA can guarantee up to \$417,000 of the total loan -- much higher than you can get with most conventional home loans.

If you are considering refinancing an existing loan, VA offers you two options. You can either refinance to reduce your current interest rate or you can take equity out (cash-out). The "cash-out" option is limited to \$144,000.

Better yet, there is no need to worry about financing a *down payment*. The portion of the home purchase price which the buyer pays in cash and does not finance with a mortgage. on a VA loan. However certain *funding fees* Percentage of total home loan paid to the VA at time of loan closing. and closing costs Expenses (over and above the price of the property) incurred by buyers and sellers in transferring ownership of a property. Also called *settlement costs*. apply, and you must be able pay a portion of these fees upfront.

With a VA guarantee, you get a mortgage Legal document that pledges a property to the lender as security for payment of a debt. with a competitive interest rate. The lender you borrow money from is protected against loss up to the amount of the guarantee if you fail to repay the loan, and you have the flexibility to purchase a great home. Visit the Veterans Administration website for the current table of VA Funding Fees and for information on

veterans who are exempt (pay zero) from funding fees. Specifically, a VA home loan can help veterans:

Buy a home or residential condominium

Build a home

Repair, alter or improve a home

Refinance an existing home loan

Buy a manufactured home with or without a lot

Buy and improve a manufactured home lot

Install a solar heating or cooling system or other weatherization improvements

Purchase and improve a home simultaneously with energy efficient improvements

Refinance an existing VA loan to reduce the interest rate

Refinance a manufactured home loan to acquire a lot

### There are other VA Home Loan Safeguards:

The VA may suspend from the loan program those who take unfair advantage of veteran borrowers, or decline to sell a new home or make a loan to an eligible veteran of good credit because of race, color, religion, sex, disability, family status or national origin.

The builder of a new home is required to give the purchasing veteran a one-year warranty that the home has been constructed to VA-approved plans and specifications. A similar warranty must be given for new manufactured homes.

In cases of new construction completed under VA or HUD inspection, the VA may pay or otherwise compensate the veteran borrower for correction of structural defects seriously affecting livability if assistance is requested within four years of a home loan guaranty.

The borrower obtaining a VA loan **may only** be charged the fees and other charges prescribed by VA as allowable.

The borrower can prepay without penalty the entire loan or any part not less than the amount of one installment or \$100.

The VA encourages holders to **extend forbearance** if a borrower becomes temporarily unable to meet the terms of the loan.

If you plan on purchasing a home in California, you may qualify for a special Cal-Vet home loan.