



Stay safe this summer

Community members share tips on Page 2A.

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THE FRONTLINE



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Serving the Fort Stewart and Hunter Army Airfield communities • www.stewartfrontline.com

JULY 20, 2017

FRONT PAGE BRIEFS

Garrison Super Saver Program

Are you interested in winning \$500? If so this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a garrison Civilian employee and submit the best idea for saving the Garrison money, you will win \$500. Submit your idea on the Super Saver Nomination Form on the Team Stewart web page under Garrison, Resource Management Office. Submit your idea to usarmy.stewart.usag.list.dhr-workforce@mail.mil.

Job Fair offered

A job fair is slated on Fort Stewart, Aug. 9, 10, from 11 a.m. to 3 p.m. at Club Stewart. Free for military personnel, Reserve and National Guard members, veterans and spouses. Check out job opportunities, continuing education opportunities and business ownership opportunities. Register now at RecruitMilitary.com/FortStewart.

Back-to-school screenings

School may be out for summer, but it's never too late to think about the upcoming school year. Tricare beneficiary Pediatric patients will have the opportunity to get school/sports physicals. **Winn:** 8 a.m. until noon Aug. 5, by appointment only at Winn Army Community Hospital.

Tuttle AHC: Tricare beneficiary Pediatric patients can get school/sports physicals 8 a.m. until noon July 15 and Aug. 12, by appointment only at Tuttle Army Health Clinic. To make an appointment please call 912-435-6633.

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Photo by Sgt. Sgt. John Onuoha

Troopers of 6th Squadron, 8th Cavalry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division demonstrate how to connect a canteen to an M51 gas mask during chemical, biological, radiological and nuclear training, July 11, at Fort Stewart. The training improves and maintains combat readiness and builds Troopers' confidence when fighting in a chemical, biological, radiological and nuclear environment. See more on Page 3A.

Army launches campaign to get Soldiers hired

Special to the Frontline

The Army's Soldier for Life – Transition Assistance Program is hosting a Hire a Soldier Campaign from July 10 – Aug. 11 on SFL-TAP's Facebook and Twitter pages.

The campaign aims to inform transitioning Soldiers on ways to market themselves for civilian careers and offers companies interested in hiring veterans the opportunity to share advice and network.

Several events online are taking place during the course of the campaign, including a Twitter Chat, several Wednesday Facebook Live guest speakers, and a contest for the public to submit their best advice for a transitioning Soldier.

"SFL-TAP is helping transitioning Soldiers connect with more opportunities in the civilian sector," retired Col. Walter Herd, director of SFL-TAP said.

This is the first time SFL-TAP is hosting an online social media campaign. The campaign connects Soldiers, industry, and veterans to transition tips in preparation for employment opportunities. All are encouraged to tag their posts with the hashtag (#HireaSoldier) and follow it during the course of the campaign for updated information, as well as events.

Now through Aug. 3, SFL-TAP is accepting submissions for a Facebook contest on transition advice for Soldiers. All individuals with transition experience are welcome to submit a short narrative on their personal advice for transitioning Soldiers. Guidelines for submission can be found at https://www.facebook.com/pg/ArmySFLTAP/photos/?tab=album&album_id=1478244455548286. On Aug. 4, Sgt. Maj. of the Army Daniel Dailey, will announce the winner live on Facebook.

On Aug. 3, SFL-TAP is hosting a Twitter Chat to bring transitioning Soldiers and industry together to discuss best practices for resume writing and job seeking. The Twitter Chat will use the hashtag (#HireaSoldier). The event will take place noon Eastern.

See SFL _____ Page 8A

188th welcomes new commander



Photo by Sgt. 1st Class Stephanie Widemond

Col. Steven N. Cho, incoming commander, accepts the colors from Maj. Gen. Todd B. McCaffrey, commanding general First Army Division East, formally assuming command of the 188th Combined Arms Training Brigade during a change of command ceremony at Marne Garden. See story on Page 2A.



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188th CATB welcomes new commander

Sgt. 1st Class Stephanie Widemond
188th CATB Public Affairs

Colonel Matthew Fath, outgoing 188th Combined Arms Training Brigade commander, passed the colors to the host of the change of command, for the last time as he bid farewell to the unit that he helped navigate through the Bold Shift transition during his tenure. The Bold Shift initiative transformed how First Army managed its pre-mobilization of guard and reserve units. It called for a virtually a complete restructuring of personnel, focusing more on technical expertise. Before Bold Shift, 188th had mostly infantry and field artillery with combat service support battalions making up its reserve units. Now the brigade has grown to include military police, air defense artillery and engineer assets.

Fath took command of the brigade at the height of Operation Bold Shift, said Maj. Gen. Todd B. McCaffrey, commanding general, First Army Division East.

"[He] build this brigade from nearly the ground up. He is without question the best trainer in Division East and his personal efforts have left an indelibly positive mark on each and every one of his reserve component partners."

Fath will serve as the J3 for Joint Task Force North, at Fort Bliss. Before signing off, he offered the brigade three pieces of advice.

"Never forget where you came from, why you joined, and always rise and fight again," he said, noting that even though perseverance is not an Army Value, it should be.

Replacing Fath is Colonel Steven N. Cho, an armor officer who came to the brigade from the 4th Infantry Division where he served as the division G-3, operations officer.

"It is pretty clear that this brigade is getting a warrior-scholar-trainer who is imminently ready to committing himself to the further advancement of this brigade," said McCaffrey. Cho began receiving an

in-brief about the functions and mission that 188th supports as a part of the Total Army Force Policy in May.

"The soldiers standing before you truly represent the total army force, with a headquarters company and eleven battalions - six active duty battalions and five reserve battalions - charged with ensuring the combat readiness of national guard and reserve units in nine states," said Cho.

Cho joined the Army in 1995 and has had a distinguished career. His awards include He holds a Master of science degree in Astrophysics from the Massachusetts Institute of Technology and has completed a National Security Fellowship to Harvard University for the US Army War College.



Photo by Sgt. 1st Class Stephanie Widemond

Commanders and sergeants major, "Present, Arms" during the change of command ceremony. The 188th Combined Arms Training Brigade is comprised of a headquarters company and eleven battalions geographically dispersed across Georgia and South Carolina.

Marne Voices Speak Out

What are some summer safety tips?



"Stay hydrated, use sunscreen and drink responsibly."

Spc. Brandon Bouillon
4-3 Avn., 3rd CAB

"Stay hydrated—if you are over 21, make sure you are drinking water as well. Be sure to use sunscreen, wear sunglasses to get rid of sun glare, and wear cooler colors to detract heat and avoid heat exhaustion."



Spc. Andrea Eide
2-3 Avn., 3rd CAB



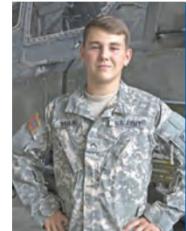
"Don't drink and boat."

Spc Solomon Peck
3-17 Cav., 3rd CAB

"Keep the house at a good A/C temperature ... wear appropriate clothing for the activity you are participating in - sunglasses and hats to cover your head and prevent heat injuries."



Sgt. Alvin Santiago
3-17 Cav., 3rd CAB



"Don't mix alcohol with heat as well as don't drink and drive. Also, make sure you wear sunblock."

Pvt. Wyatt Haskins
3-17 Cav., 3rd CAB

"No swimming in unauthorized places."



Spc. Suede Jones
2-3 Avn., 3rd CAB.

- 3RD INFANTRY DIVISION COMMANDER
SENIOR COMMANDER STEWART-HUNTER
MAJ. GEN. LEOPOLDO QUINTAS
- USAG FORT STEWART-HUNTER ARMY AIRFIELD COMMANDER
COL. JASON A. WOLTER
- HUNTER ARMY AIRFIELD COMMANDER
LT. COL. KENNETH M. DWYER

FRONTLINE

942 Dr. Ben Hall Place
suite 1087, building 1
Fort Stewart, Georgia 31314

- Garrison Public Affairs Officer
Ron Elliott
- Command Information Officer
Jim Jeffcoat
- Editorial/Design Staff
Managing Editor
Patrick M. Young
Production Manager
Maria C. Hendre
Business Manager
Kathryn Fox
- Hunter Public Affairs officer
Steven Hart
- Hunter Deputy PAO
Nancy Gould
- 3rd Infantry Division
3rd ID PAO
Lt. Col. Brian J. Fickel
3rd ID NCOIC
Master Sgt. Erick Ritterby
3rd ID reporter
Staff Sgt. Candace Mundt
- 1st ABCT NCOIC
Staff Sgt. Antonio Vincent
1st ABCT reporters
Sgt. Dean A. Gannon II
- 2nd IBCT NCOIC
Staff Sgt. Nikki Felton
- 2nd IBCT reporter
Sgt. John Onuoha
Spc. Wyatt Davis
- 3rd ID SB NCOIC
Sgt. 1st Class Benjamin Navratil
3rd ID SB reporter
Sgt. Caitlyn Smoyer
Spc. Jamie Beale
- 3rd CAB NCOIC
Staff Sgt. Kellen Stuart
- 3rd CAB reporter
Sgt. William Begley
- 3rd ID Artillery OIC
Vacant
- 50th PAD NCOIC
Sgt. 1st John Maurice Smith

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Spc. James Glover,
703rd BSB Maintainers

"I serve for my country. I serve for my family back home. I serve for the freedom of every America."

- Spc. James Glover, dental technician with 703rd BSB Maintainers, 2nd Brigade Combat Team, 3rd Infantry Division from New York City. Glover is also a volunteer team coordinator for the American Cancer Society Relay For Life race in Savannah, Ga.

THE 3RD ID CELEBRATES 100 YEARS OF SERVICE

The Third Infantry Division Celebrates 100 Years of Service to the Nation since the units founding, Nov. 21, 1917 at Camp Green, NC. Serving in World War I, World War II, Korea, the Cold War, Persian Gulf War, Operation Iraqi Freedom, and Operation Enduring Freedom, the unit has a proud heritage and a stalwart reputation as "The Rock of the Marne."

Community members can learn more about the unit's history at www.stewart.army.mil/units/history.asp?id=146, and follow the latest activities at www.facebook.com/3rd.Infantry.Division. Supporting the Marne Division since 1919, the Society of the 3rd Infantry Division, also provides additional information on their website at www.society3rdid.org.

The 3rd ID Society encourages community members to visit their web site to learn about their specially priced \$100 lifetime memberships in honor of 3ID's 100 years of service, challenge coins, Watch on the Rhine, and many others.



Photos by Sgt. John Onuoha

Troopers of 6-8 Cav., 2IBCT, 3rd ID, march in their chemical, biological, radiological and nuclear gear during CBRN training, July 11 at Fort Stewart.

Mustangs trains on newest mask

Sgt. John Onuoha
6-8 Cav., 2IBCT UPAR

Troopers of 6th Squadron, 8th Cavalry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division, trained on the Army's newest gas mask at Fort Stewart, July 11.

Soldiers must be prepared to encounter any variety of threat on the battlefield to include chemical, biological, and nuclear employment. The masks were part of a larger training event that focused on CBRN operations.

The primary purpose of the training was to make sure that everyone knew how to properly don masks and JSLIST (joint service lightweight integrated suit technology) expeditiously.

"I have never experienced MOPP (Mission Oriented Protective Posture) gear training with this

much intensity," said Pfc. Joseph Gonzalez, a cavalry scout with 6-8 CAV and participant in class. "It was fun learning something new that will help me fight efficiently and survive."

"With the upcoming brigade conversion from light to armored, this training couldn't have come at a better time," said Spc. Brandon Walker, a CBRN specialist with 6-8 CAV.

Although the Spartan Brigade will not be fielding their fleet of armored vehicles until early-2018 it did not stop 6-8 Cav troopers from teaching the proper employment of the of the armored vehicle crewman protective mask.

There are two variations of gas masks: ground troops use the M-50, and armored combat vehicle crewman use the M-51.

Spc. Walker explained, "e taught the Troopers how to assemble and use the M-51 gas mask,

decontaminate hazardous material spills and accidents, and conduct timed Chemical Biological Radiological Nuclear (CBRN) drills."

They also conducted a refresher course on how to manage and maintain protective gear in the event of a CBRN threat on the battlefield.

Walker said it was exciting to teach troops about the armored combat vehicle crewman gas mask (M-51).

"I want troopers to know that CBRN training is still very relevant," he said. "I want to make sure that my teammates on my left and right know how to fight chemical threats and use CBRN skills in combat, just in case the situation presents itself."

Pfc. Gonzalez thinks training on the M-51 improved unit readiness and is something he looks forward to doing more of in the future when they sign for their Bradley Fighting Vehicles.



Spc. Brandon Walker, a chemical, biological, radiological and nuclear specialist with 6-8 Cav., 2IBCT, 3rd ID, demonstrates the proper employment of the M51 gas mask during CBRN training, July 11, at Fort Stewart.



Troopers of 6-8 Cav., 2IBCT, 3rd ID, inspect their chemical, biological, radiological and nuclear gear during CBRN training, July 11, at Fort Stewart.



Troopers of 6-8 Cav., 2IBCT, 3rd ID, run in their chemical, biological, radiological and nuclear gear during CBRN training, July 11, at Fort Stewart.

MARNE FACES, MARNE PLACES



SPARTAN UPDATE



Photo by Spc. Wyatt Davis
Command Sgt. Maj. David E. Banks, incoming senior enlisted advisor of 3rd Battalion, 7th Infantry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division, speaks during a change of responsibility ceremony, July 7 at Cottrell Field, Fort Stewart. The ceremony was held to symbolize Banks taking responsibility of 3-7 Inf. Bn. as the new command sergeant major.



Photo by Spc. Roger Houghton
Junior noncommissioned officers with 3rd Battalion, 15th Infantry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division, stand at attention before being introduced during a NCO induction ceremony, June 30 at Fort Stewart. NCO induction ceremonies are held to celebrate enlisted Soldiers reaching a career milestone of joining the ranks of a non-commissioned officer.



Photo by Sgt. John Onuoha
Soldiers of 6th Squadron, 8th Cavalry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division, lay in the prone supported firing position while using the engagement skills trainer, June 27 at Fort Stewart. The EST is designed to build and sustain individual marksmanship using computer-generated imagery and a life-like signature from a pneumatic rifle.





Photo by Staff Sgt. Kellen Stuart, 3rd CAB Public Affairs

A portion of the Embedded Behavioral Health team on Hunter Army Airfield pose for a picture after their open house, July 10. The open house provided unit command teams on post the opportunity to see the facility and understand the resources available to their Soldiers and those who depend on them.

Taking away the stigma

Staff Sgt. Kellen Stuart
3rd CAB Public Affairs

On Hunter Army Airfield there is a unique Embedded Behavioral Health office. It is unique because it services both US Forces Command and Special Operations Command Soldiers. The office recently hosted an open house to bring in command teams from units on post to understand their role as well as understand the resources the Embedded Behavioral Health team bring to the table.

“The effectiveness of Embedded Behavioral Health hinges on the relationships built between the units and behavioral health teams,” said Dr. Jennifer Brown-Morgan from the Hunter Army Airfield Behavioral Health office. “We strive to provide increased access

to care and decrease stigma through familiarization with our services and team and the units we serve.”

The stigma associated with seeking help from a Behavioral Health office is that it has a negative impact on a Soldiers’ career, which is untrue, added Brown-Morgan.

“We’re here to take care of you before everything gets worse,” said Capt. Forest Pavel, PsyD [Doctor of Psychology] and Army behavioral health officer. “If you twist your ankle and you don’t do anything about it but continue to run on it, the next thing you know, you have tendon issues. Then there’s a stress fracture and you might be facing surgery or MEB [Medical Evaluation Board] at that point. But that’s because you didn’t go and take care of yourself.”

The Hunter Embedded Behavioral Health office has

15 personnel, civilian and military, who provide resources to individual Soldiers and command teams.

The office provides counseling, consult for psychiatry medication management, if needed, consult for family therapy, alcohol and drug counseling, as well as performance enhancement training and evaluations for specialty schools and duty such as recruiter, drill sergeant and white house duty, explained Capt. Leah Utery, LCSW [Licensed Clinical Social Worker] and Army behavioral health officer.

“As behavioral health providers we try our best to get out [to the units] but it’s particularly hard for our civilian providers to actually leave the office and go out,” she explained. “So we want commanders to feel like they can come into our clinic to ask those questions and access us because we are their resources.”

No to stress, yes to social wellness

Diane Carlton, MPH, BSN, RN
Winn ACH Army Public Health Nursing

July is Social Wellness Month! It is a great time to connect with people, and yourself. Healthy relationships are a vital component of health. Did you know that social support enhances your quality of life and provides a buffer against life events? Many life events can trigger a stress response. Stress is “wear and tear” that can impact one’s mental, physical, and emotional health. The effects of stress can either be positive or negative. On a positive side, stress can help compel you into action and sometimes add excitement to life. On the other hand, negative stress has been linked to several health issues such as high blood pressure, heart disease, depression, inability to think clearly, anxiety, obesity, and social withdrawal.

According to the National Institute of Health, healthy relationships are a vital component of health, play an important part in our social well-being, and help decrease the effects of stress on the body. People who have strong social networks tend to live longer, the heart and blood pressure respond better to stress, and enhance the immune system’s ability to fight off diseases.

Ideas for finding the right balance between stress and social wellness:

- **Work out.** Joining a gym or an exercise group allows you to meet new people while exercising.
- **Take a walk or bicycle ride.** Starting a walking or riding routine after dinner would not only give you another opportunity to be physically active, relieve stress, but it would also create more opportunities for you to meet your neighbors.
- **Volunteer.** Donate some of your time and hard work to a charity that is meaningful to you. You’ll feel good about the cause, and you’ll meet others with similar passions.
- **Choose a hobby.** Consider your interest and pursue them – you’re bound to find others with similar passions.
- **Hunt the good stuff.** Adequate sleep and choosing healthy food choices are also paramount to being your best

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Courtesy photo

self. Maintain your emotional reserves, develop supportive relationships, and pursue realistic goals that are meaningful to you. Expect frustrations, failures, and sorrows---they are life events also.

You can’t eliminate all stress from your life, but you can learn how to deal with it in a healthy way. So go ahead and grow your social network, relieve the stress, and

experience the benefits and power of engaging in social wellness. Find the balance, enjoy your life, and release the stress. If stress becomes too overwhelming, get help. Talk to a counselor, teacher, friend or medical provider.

If you would like more information, please contact Winn Army Public Health 912-435-5071.

COASTAL PSYCHOLOGY

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Save The Date

DES CORNER:**Weapons registration procedures explained**

Special to the Frontline

The Directorate of Emergency Services would like to take the time to remind Soldiers and Family Members about the process for properly registering weapons on a military installation. This policy applies to anyone that wants to bring a weapon onto Fort Stewart or Hunter Army Airfield. This applies if Soldiers want to use the POW range, store a weapon at their residence or the unit arms room.

All personnel requesting to register weapons on Fort Stewart and Hunter Army Airfield must submit an AFZP Form 2027 (Registration of Personal Firearms) to the weapons registration office. Prior to turning the form in, Soldiers and their Family Members are required to have their sponsor's unit commander endorse AFZP 2027 and provide a copy of the commander's assumption of command orders. After completing the form, turn it in at Fort Stewart at building 226 and at Hunter Army Airfield building 1286, room 154.

Upon receipt of a properly filled out AFZP 2027, the form will be processed within three business days. Part of the process includes a background records check of the registrant. When the form is

returned to the registration office the weapon(s) will be registered and the registrant will be called to obtain the registration certificate.

Please note that any of the following results identified during the background check will prohibit a person from registering a weapon, and subsequently not authorized to bring a weapon onto the installation:

- Any person convicted of a felony (Gun Control Act of 1968 (Title 18, United States Code, Section 921 et seq. (18 USC 921 et seq.), as amended in 1996 (18 USC 922)).
- Any person convicted in any court of a misdemeanor crime of domestic violence or a felony.
- Any person who is a fugitive from justice.
- Any person who has been convicted in any court of the possession, use, or sale of marijuana, dangerous or narcotic drugs.
- Any person who is presently declared as mentally incompetent or who is presently committed to any mental institution.
- Any civilian or Family Member under the age of 18 is prohibited from the use of firearms, unless accompanied and supervised by a parent or legal guardian over the age of 18.

Marne Pride in action for 3rd IDJuly 10 -
July 16

As part of the 3rd Infantry Division's Marne Pride Anti-Driving Under the Influence Campaign which began Sept. 1, 2011, the Frontline is keeping up with how Marne Soldiers at Fort Stewart-Hunter Army Airfield are doing in the campaign by publishing this chart showing how units are faring and how much more attention leaders should give on the subject of DUIs. Following is a reminder of that pledge:

I will drive safely. I will operate the vehicle safely and follow all laws and safety rules. I will wear my seat belt at all times. I will not use a cell phone to talk or text message while driving.

I won't drive if I am impaired. I will not drive after drinking or using any chemical that would alter my ability to drive safely (including certain prescription drugs).

I won't get in the car with an unsafe driver. I will not ride with someone who is impaired because of alcohol or drugs (legal or not), or with someone I know is aggressive behind the wheel. I know that I can

call someone for a ride any time I feel that I need to get out of an unsafe situation.

I will respect your rules. I will drive within the boundaries we've discussed.

I will call you. If I need a ride home I can count on someone in my chain of command to either pick me up or make arrangements to have me picked up, no questions asked and without retribution.

I agree to live and abide by this pledge.

Commanders and Leaders:

I will be there for you. I/ We will ensure, that if called upon, we will either arrange for transportation or personally provide you a safe ride home, even if you have broken every rule that we have agreed to follow, we will make sure you get home safely.

I will be a good role model and lead by example. I agree to live by the same safe driving rules we have set for you.

Additionally, all new Soldiers to the Marne Division will sign a similar pledge - keep your unit off the bottle by abiding by your pledge. **Don't drink and drive.**

LEGAL NOTICE

Anyone with debts owed to or by the estate of Pfc. Emilio M. Florez, must contact 2nd Lt. Joe Gonzalez, the Summary Court Officer for the Soldier. Florez passed away June 18. Call Gonzalez at 718-269-9447 or e-mail joe.f.gonzalez.mil@mail.mil.

Anyone with debts owed to or by the estate of Sgt Garnett Morrison, must contact 1st Lt. Brad Byrd, the Summary Court Martial Officer at (480) 748-8928 or Bradley.m.byrd.mil@mail.mil. Sgt Morrison passed away at Fort Stewart, June 25.



Photos by Pvt. Garbarino

Soldiers from 546 MP Co., 385th MiP Battalion, execute clearing a building July 13 at Fort Stewart. The exercise was conducted to provide the community better equipped personnel in real life situations.



Soldiers from 546th MP Co., 385th MP Battalion, practice clearing a building using a model July 13 at an automated shoot house on Fort Stewart. The exercise was conducted to provide the community better equipped personnel in real life situations.



Platoon sergeants from the 546th MP Co., 385th MP Battalion, demonstrate how to neutralize a threat inside a building July 13 at Fort Stewart. The exercise was conducted to provide the community better equipped personnel in real life situations.

Military Police train to prepare themselves for worldwide threats

Sgt. Joseph Truckley
50th Public Affairs Detachment

The 546th Military Police Company, 385th Military Police Battalion, conducted their annual active shooter training, at Fort Stewart, July 13.

The purpose of this training is to give Soldiers a better understanding and to prepare them to help protect the community in an active shooter situation

"This training is crucial, especially due to the recent increase in active shooter threats both state-side and abroad," said Staff Sgt. Daniel Melchiorre, a 546th MP Co., platoon sergeant, and non-commissioned officer in charge of the range; where

the training was being conducted.

During this training, Soldiers go through a crawl, walk, run phase to make sure they get the fundamentals down and get a better understanding of what they are doing.

"This training teaches the Soldiers how to respond to an active shooter situation," said Melchiorre. "It is a very intense and stressful situation and this training gives the soldiers a sense of what an active shooter situation would be like."

The Soldiers first went through a floor plan of a building, learning how to properly clear rooms and hallways.

Afterwards, they went over how to react to coming under fire, how to neutralize the threat and

secure the target.

Finally, the military police men and women combined their newly taught skills into practice - successfully clearing the location in a realistic active shooter scenario.

"The training is very positive," said Spc. Irving Cintron, a Soldier with 546th MP Co. "Reaction in a stressful environment makes every movement between you and your partner that much more vital."

"The most important thing during this exercise is communication," said Cintron. "Knowing where your partner is going to be is important to make sure that no one from your team gets hurt when and if this becomes a real situation."



Courtesy photos

Soldiers participate in a ruck-march as part of the 3-7 Inf. recon scout platoon tryouts, July 11-13 at Fort Stewart. Top Inset: administrators time Soldiers during the ruck march. Bottom Inset: Taking a rest before the next event, 27 Soldiers tried out and 23 succeeded in joining the platoon.

27 3-7th Inf Soldiers vie to be recon scouts

Spc. Wyatt Davis
2IBCT Public Affairs

Soldiers of 3rd Battalion, 7th Infantry Regiment, 2nd Infantry Brigade Combat Team, 3rd Infantry Division competed for slots within the battalion's recon scout platoon July 11 - 13, at Fort Stewart, Georgia.

Twenty-seven Soldiers tried out and 23 succeeded in joining the platoon. The tryouts were conducted on the 2nd IBCT compound and consisted of various physical assessments, an interview and an infantry knowledge test under stress.

Scouts are expected to provide the commander critical information on the battlefield and help drive the commander's decision cycle. Providing recon-

naissance and security of critical routes and objectives are some of the traditional tasks that help commanders understand the overall situation.

"We wanted the most mature, physically, and mentally fit Soldiers as possible," said Sgt. Troy Sellers, a squad leader within a 3-7 Inf. Scout platoon. "We wanted to see how the Soldiers operated under stress."

Pfc. Theron Johnson, a Soldier in 3-7 Inf. and a new member of the scout platoon said, "The hardest thing was rucking immediately after the physical fitness test. My legs were already exhausted, and that made it especially difficult."

Among the Soldiers fighting to join the scout platoon was Sgt. Ryan Mathes, a candidate who previously served with the 1st Ranger Battalion and deployed five times.

During the tryouts, Mathes was assessed for one of the scout leadership positions said, Sellers.

"He had a great background with the 1st Ranger Battalion and lots of combat experience," said Sellers. "He was one of the tougher ones that pushed through until the end."

1st Lt. Stephen Snyder, a scout platoon leader and officer in charge of tryouts, said a lot of the guys experienced time with infantry units before joining the scout platoon. Now they have to train on basic scout skills which begin in August.

"We want them to learn how an infantry platoon and company operate -- from a scouting perspective," said Snyder. "So when these guys are out conducting reconnaissance they know what to look for and what to report."

CAB Gunnery



Photo by Sgt. William Begley

Two pilots from 3rd Squadron, 17th Cavalry Regiment, 3rd Combat Aviation Brigade prepare to take on gunnery tables in an AH-64D Apache helicopter at Fort Stewart July 11. All pilots are required to pass gunnery annually.



Photo by Staff Sgt. Kellen Stuart

An AH-64D Apache helicopter returns from the gunnery tables at Fort Stewart July 11. The pilots will review their performance to continually improve at gunnery.



Photo by Staff Sgt. Kellen Stuart

An Apache helicopter fires its 30 millimeter weapon system during gunnery at Fort Stewart July 11. The gunnery gave crews time to shoot, move and communicate with leaders, observer/controllers and munitions handlers to ensure training was conducted to standard.

The Army has partnered with Partnership for Youth Success, the Benefits Administration of Veterans Affairs, Warrior Care and Transition, the National Guard, the Army Reserve Private Public Partnership, and the Department of Labor Veterans Employment and Training Services for the Twitter Chat. The following organizations also plan to participate, including Corporate Gray, First Command, G.I. Jobs, Institute for Veterans and Military Families, Recruit Military, Hiring Our Heroes, Where

Opportunity Knox, and dozens of others.
**U. S. Army Human Resources Command
 Public Affairs Office
 1600 Spearhead Division Avenue
 Fort Knox, Ky. 40122
 502-613-4416
 usarmy.knox.hrc.mbx.pao@mail.mil**

The Army is the only branch to have 24/7 services for transitioning Soldiers via phone or online through the Virtual Center, as well as at local brick-

and-mortars. SFL-TAP Centers host frequent job fairs, education fairs, hiring events, networking opportunities, employer days, and more, both nationally and internationally. For employers looking to connect with transitioning Soldiers or to learn more about local hiring events, contact the nearest SFL-TAP Center. A list of centers can be found here.

To follow the campaign on social media and to get involved, visit SFL-TAP's Facebook, Twitter, and LinkedIn.

3IDSB conducts NCO Induction



Photos by Sgt. 1st Class Ben K. Navratil

Sgt. Shanna Elizee-Francis, a financial management technician with the 24th Financial Management Support Unit and Sgt. Michael Laureano, a multichannel transmission systems operator with 414th Signal Company, both of Special Troops Battalion, 3rd Infantry Division Sustainment Brigade use a plank to get over an obstacle at the Leadership Response Course on Fort Stewart July 13. The obstacle course was the first part of a two-day noncommissioned officer induction ceremony, in which 17 new NCOs were challenged to take charge and lead troops.



Staff Sgt. Mark Proctor, a satellite systems operator with STB, 3rd IDSB, analyzes shot groups on a zero target at the Leadership Response Course on Fort Stewart, July 13.



Sgt. Lashic Patterson, an ammunition stock control and accounting specialist with HST, 3rd IDSB, helps a Soldier attach his unit awards to his Army Service Uniform during a class on uniform set-up at Fort Stewart, July 13.



Noncommissioned officers attached to STB, 3rd IDSB, work together to get across an obstacle at the Leadership Response Course on Fort Stewart, July 13.



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What's playing
at Woodruff Movie
Theatre?

Check out
page 2B



THE FRONTLINE



CHECK OUT SPORTS,
RECREATION
PAGE 7B

COMMUNITY & LEISURE

JULY 20, 2017

Teen Talk



Summer Memories

Nalona Fayson
Teen Contributor

Summer break is where a lot of memories are created and as time goes on, we tend to forget about them. Writing your most memorable and exciting memory down in a journal is what can capture your memories for a lifetime; it's also where you can tweak them a little to your liking.

As we get older our memories fade and when recollecting them, we tend to simply remember the last time we thought about that specific memory and some special parts of the moments can get lost. Not only can you journal memories, you can journal thoughts or ideas you may have that can be beneficial to you in the future. Writing is a great tool for your brain and should be used a lot more often. Write! It's good for you!



Courtesy photo



Photos by Nancy Gould

Sergeant Anastasia Proctor, lead Hunter Chapel chaplain assistant, teaches middle school children a sign for 'quiet coyote,' to maintain silence during an activity. Children, kindergarten through 5th grade, participated in this year's Vacation Bible School Program, July 10-14.



Children, kindergarten through 5th grade, participated in the 'Pluto Pass,' where they walked and balanced Pluto (a ball) around the sun (a cone), in keeping with this year's theme, Galactic Starveyors.

Vacation Bible School at Hunter Chapel

Nancy Gould
Hunter Garrison Public Affairs

More than 66 children and 40 volunteers participated in the "Galactic Starveyors" activities at the Hunter Chapel July 10-14, which included bible study, crafts, dance and music, snacks and recreation.

The motto of this year's session was "searching the visible, discovering the

invisible." The curriculum was centered around the marvels painted in the sky by the Creator where they discover the wonder among all wonders -- that God, who created everything there is - the knowable and the unknowable, the visible and the invisible - wants a personal relationship with them. They were invited into the clubhouse and shown the God who is over the moon in love with them (Colossians 1:15-16).



Children get encouragement from Charles Archer, Hunter Chapel education director, to join the dancing and music in the chapel during a Galactic Starveyors' video.



Children, kindergarten through 5th grade, participated in the 'Saturn Ring Tick Tack Toe,' in keeping with this year's theme, Galactic Starveyors.

Good Eats



I Can't Believe it's Not Potato Salad!

Ingredients

- One large head cauliflower, chopped (Produce aisle)
- One and a half, cups of fat-free mayonnaise (Aisle 10)
- A half cup fat-free sour cream (Aisle 14)
- Three tablespoons of creamy Dijon mustard (Aisle 10)
- A half envelope dry ranch dressing/dip mix (Aisle 10)
- Two tablespoons of fat-free non-dairy liquid creamer (Aisle 7)
- Salt (Aisle 10)
- One cup of red onion, diced (Produce aisle)
- Two celery stalks, diced (Produce aisle)
- Six hard-boiled egg whites, chilled and chopped (Aisle 14)
- Three tablespoons of seasoned rice vinegar (Aisle 11)
- A quarter cup of chives, chopped (Produce aisle)
- Two tablespoons fresh dill, chopped (Produce aisle)
- Two tablespoons of chopped fresh parsley (Produce aisle)
- Paprika for serving (optional) (Aisle 10)

Fort Stewart is cooking light

Sara Lopez
Division Health Promotion

The Fort Stewart Community Health Promotion Council rolled out the Cooking Light initiative. The goal of the initiative is to encourage community members to eat healthier

by providing healthy recipes and nutrition tips. Weekly recipes will be featured in the commissary, the Frontline and the Marne Health website.

Community members are encouraged to submit their own healthy recipes to be considered for use in the Cooking Light initiative to MarneHealth@gmail.com.

Preparation: 35 min. Inactive preparation: 3 hours

- Place cauliflower in a large microwave-safe bowl and pour a third cup water over it. Cover and microwave until soft, 6-8 minutes. Once the bowl is cool enough to handle, drain any excess water if needed. (Cook's note - alternatively, prepare cauliflower on the stove in a metal steamer pot.)
- Put two cups cauliflower in a blender or food processor and set the rest aside. Add the mayonnaise, sour cream, Dijon mustard, ranch dressing/dip mix, non-dairy creamer, and a quarter teaspoon of salt. Puree or pulse until blended. Don't worry if the puree isn't completely smooth. Set aside.
- Add remaining chopped cauliflower, add the onion, egg whites, chives, dill, two tablespoons parsley, and rice vinegar to the bowl. Add the pureed mixture and lightly stir to coat.
- Chill for several hours before serving. Garnish with paprika and additional parsley, if using.

Nutritional Information

(2/3 cup) Calories: 97 | Fat: 1 grams | Protein: 4.5 grams | Carbohydrates: 17 grams



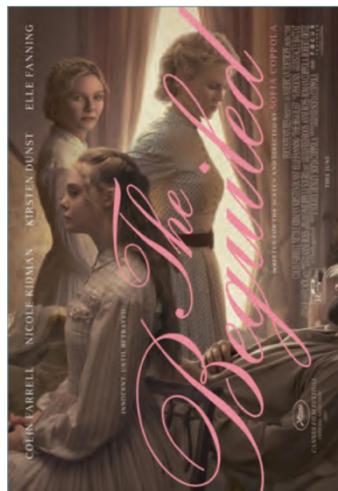
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Reel Time Theaters



The Book of Henry (PG-13)

Friday, July 21 – 6 p.m.
Saturday, July 22 – 3 p.m.
(Naomi Watts, Jaeden Lieberher, Jacob Tremblay)
With instructions from her genius son's carefully crafted notebook, a single mother sets out to rescue a young girl from the hands of her abusive stepfather.



The Beguiled (R)

Friday, July 21 – 9 p.m.
Saturday, July 22 – 6 p.m.
(Nicole Kidman, Kirsten Dunst, Elle Fanning)
At a girls' school in Virginia during the Civil War, where the young women have been sheltered from the outside world, a wounded Union Soldier is taken in. Soon, the house is taken over with sexual tension, rivalries, and an unexpected turn of events.

Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel or substitute showings as needed. For more information, call 912-767-3069 or go to www.shopmyexchange.com/reel-time-theaters/Ft-Stewart-1031126.

Stewart-Hunter Exchange celebrates 122 years with host of savings

Lailanie Johnson
AAFES Public Affairs

In 1895, the War Department issued General Order 46 directing commanders to establish an exchange at every post. Since then, exchanges have faithfully served alongside service members wherever they are called to serve. Today, whether at Kuwait or Keesler, troops and their Families know the

Army & Air Force Exchange Service is there.

On July 25, Exchanges all over the world and shopmyexchange.com will mark the exchange system's 122nd anniversary with in store and online exclusive savings including 50 percent off select women's apparel, up to \$200 off select computers, 40 percent off select luggage, up to \$175 off select Samsung washers and dryers and

much more. Additionally, any food purchase at participating Exchange restaurants made with a MILITARY STAR card will be discounted 15 percent.

"To say that this benefit has been around for 122 years is a testament to the loyalty of generations of military shoppers," said Fort Stewart-Hunter Army Airfield Exchange General Manager, Amanda Hartfield. "July 25th

is our annual opportunity to celebrate and thank them for their service and for making the Exchange their first choice."

Military shoppers can help the installation Exchange celebrate 122 years of Family serving Family. Weeklong celebration. There will be giveaways, food and drink tastings and specials throughout the Main Exchange building 71.

DHR recognizes employees, names Gomillion as Employee of the Quarter

Andrea Everett
DHR Admin Service Division

Nearly one hundred Directorate of Human Resources employees attended the DHR All-hands Update, April 27; which includes employee recognition for significant accomplishments and the Employee of the Quarter ceremony.

The event was held at the Fort Stewart Army Education Center Auditorium and served as a platform to share information regarding upcoming events, cover key topics of interest, and to boost morale.

The garrison command team, including the Garrison Commander Col. Jason A. Wolter and Command Sergeant Major Martin M. Conroy, were on-hand to help recognize employees and present awards.

The DHR Director, Tom Allmon, Wolter and Conroy, recognized new and departing employees; individuals receiving time in service awards; people who earned the Commander's Award for Civilian Service; individuals who participated in the Leadership Southeast Georgia and Leadership Liberty; and announced nominees and the final winner for DHR EOQ employee.

New arrivals included Darrick Menzie; Lisa Pokorny; and Megan Page. Kristine Harding was the only depart-

ing employee this quarter.

Two employees received achievement awards including Barry Norris and Jeffrey Lee.

The Civilian years of service awards went to Marimer Castelow for 10 years of service; Sylvia Vasquez for 10 years; and Margaret Prescott for 30 years.

David Southerland and Chakiris "Chuck" Moss were recognized for attending the Leadership Southeast Georgia course; and Olga "Tia" Garrett for attending the Leadership Liberty course.

Personnel nominated for the DHR Employee of the Quarter were Brenda Green, Monica Johnson, Stephan Huber, Marvin Gomillion, Tina Hysaw, Terry Davis, Walter Ellis, and Anndrea Wells.

Gomillion earned the 3rd Quarter fiscal year 17 DHR Employee of the Quarter award.

Allmon nominated Gomillion because of his outstanding performance of his duties as an administrative assistant, his technical expertise and highly professional attitude is instrumental in the success of the Directorate of Human Resources and the Garrison's mission.

It was noted Gomillion continues to provide superior support and a caring attitude to all customers he encounters. The winner of the DHR EOQ receives a \$250 cash award along with a certificate and a 24-hour time off award. The next DHR EOQ is scheduled for Oct. 19.



Courtesy Photos

Fort Stewart-Hunter Army Airfield Garrison Command Sgt. Major Martin Conroy stands with DHR Employee of the Quarter, Marvin Gomillion, and Garrison Commander Col. Jason Wolter, April 28.



The garrison command team, including the Garrison Commander Col. Jason A. Wolter (Left) and Command Sgt. Maj. Martin M. Conroy (Right), were on-hand to help recognize employees and present awards, April 27, at the Fort Stewart Education Center. Personnel nominated for the DHR Employee of the Quarter were Brenda Green, Monica Johnson, Stephan Huber, Marvin Gomillion, Tina Hysaw, Terry Davis, Walter Ellis, and Anndrea Wells.

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'15 Chrysler 200 Limited Sedan.....	\$245/mo
'15 Ford Escape SE SUV.....	\$251/mo
'15 Jeep Compass Sport.....	\$251/mo
'14 Ford Fusion SE Sedan.....	\$256/mo
'16 Mazda Mazda3 i Sport.....	\$257/mo
'15 Chevrolet Malibu LT Sedan.....	\$266/mo
'16 Jeep Compass Sport SUV.....	\$270/mo
'15 Toyota Camry SE Sedan.....	\$272/mo
'16 Dodge Grand Caravan AVP Minivan.....	\$275/mo
'16 Chevrolet Malibu LTZ 1LZ.....	\$275/mo
'13 Buick Lacrosse Leather Sedan.....	\$275/mo
'13 Chrysler 300 Sedan.....	\$279/mo
'17 Jeep Patriot Latitude SUV.....	\$281/mo
'11 Chevrolet Traverse LZ SUV.....	\$281/mo
'16 Toyota Camry Sedan.....	\$281/mo
'14 RAM 1500 Express Truck.....	\$287/mo
'15 Chevrolet Cruze LTZ RS Sedan.....	\$294/mo
'15 Dodge Journey SXT SUV.....	\$295/mo
'15 Honda Accord LX Sedan.....	\$295/mo
'16 Mitsubishi Outlander SUV.....	\$299/mo
'15 Nissan Sentra SR Navigation Sedan....	\$307/mo
'14 Dodge Charger SXT Sedan.....	\$319/mo
'17 Jeep Renegade Latitude SUV.....	\$324/mo
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July 10

Benjamin Samuel Boyce, a boy, 10 pounds, 9 ounces, born to Sgt. Christopher Scott Boyce and Courtney Boyce.

Pablo Ronaldus-Magnus Martinez, a boy, 8 pounds, 10 ounces, born to Staff Sgt. Giovanni Martinez-Pepalta and Spc. Chelsea Lynn Martinez.

July 11

Mila Jane Culley, a girl, 7 pounds, 11 ounces, born to Spc. John William Culley and Tasia Bonea Culley.

Kinsley Juliette Onyegbuchulam a girl, 7 pounds, 7 ounces, born to Pfc. Matthew Nwanne Onyegbuchulam and Kimberly Louise Johnson.

July 12

Isabelle Vera Aldridge, a girl, 9 pounds, 9 ounces, born to Staff Sgt. Reuben Aldridge and Clarissa Aldridge.

Mar'Tiana Queen Margaret Campbell, a girl, 7 pounds, 9 ounces, born to Spc. Martin Jameel Campbell and Destiny Yanee Campbell.

July 13

Westlyn Rose Randolph, a girl, 6 pounds, 10 ounces, born to Staff Sgt. Matthew Scott Randolph and Kelsey Nicole Randolph.

July 14

Blayde Easton Freeman, a boy, 6 pounds, 14 ounces, born to Spc. Tommy B. Freeman and Jade Aliyah Freeman.

Damien Gonzalez, a boy, 7 pounds, 6 ounces, born to Sgt. 1st Class Moises Gonzalez Jr. and Nicole Gonzalez.

July 14

Declan Alexander Rice, a boy, 4 pounds, 11 ounces, born to 1st Lt. Dylan Rice and Gabrielle Rice.

July 15
Morgan Isabelle Randall, a girl, 8 pounds, 3 ounces, born to Staff Sgt. Nicholas K Randall and Kimberly Alyson Randall.

July 16
Leannon Louise Grantham, a girl, 8 pounds, 3 ounces, born to Sgt. Michael Lee Grantham and Tina Louise Grantham.



Winn Briefs

WTU Clinic move planned

The Warrior Transition Unit Clinic will move from building 357 into Winn Outpatient Clinic Aug. 8 and 9. The move is to improve access to care to the clinic's patients. Ancillary services (Radiology, Laboratory, Physical Therapy, Pharmacy, etc.) will be located within walking distance. Sick call will be 8 until 9 a.m. Aug. 8 at building 357; and Aug. 9 in the new clinic space located within Winn ACH.

Back-to-school screenings

School may be out for summer, but it's never too late to think about the upcoming school year. Tricare beneficiary Pediatric patients will have the opportunity to get school/sports physicals for the 2017/2018 academic year:

Winn: 8 a.m. until noon Aug. 5, by appointment only at Winn Army Community Hospital.

Tuttle AHC: Tricare beneficiary Pediatric patients can get school/sports physicals 8 a.m. until noon Aug. 12, by appointment only at Tuttle Army Health Clinic. Please ensure all necessary paperwork is brought to appointments. To make an appointment please call 912-435-6633.

Save the Date: 7th Annual Baby Expo

It was a success! Believe it or not, the time has

rolled around for the 7th Annual Winn ACH Baby Expo, which is slated from 10 a.m. until 2 p.m., Aug. 12 at Fort Stewart's Club Stewart. This event is free and open to the public in the surrounding communities. Mothers and fathers who are expecting or recently became new parents are welcome to attend. There will be tons of give-a-ways, gift basket drawings, many vendors and much more.

Mosquito surveillance under way

USA MEDDAC Environmental Health is conducting weekly mosquito surveillance on Hunter Army Airfield and Fort Stewart, through Sept. 29. Trapped mosquitoes will be used to determine if mosquito control is needed (via Department of Public Works) and tested for disease causative agents (Chikungunya, Dengue, Eastern Equine Encephalitis, West Nile, and Zika). Feel free to request that we set up a trap near you, as we make our rounds at www.surveymonkey.com/r/XDWHF2.

TRICARE portal available

Tricare Online lets those who use the MTF the ability to view personal health information, get advice on minor medical issues, test results, and make appointment requests. Visit TOL Patient

Portal at www.TRICAREOnline.com. TOL Patient Portal Customer Service is available 24/7/365 days a week by calling 800-600-9332. TOL step-by-step FAQ's Brochure is at <https://info.health.mil/agency/mhs/csc/Source%20Documents/TOL%20Patient%20Portal%20Secure%20Messaging%20Brochure.pdf>.

Preparing for a Natural Disaster

There is no way to predict when a natural disaster may strike or what form it may take (e.g., hurricane, fire, tornado, flood), but know that TRICARE will be there during a time of crisis. For more information, visit https://www.tricare.mil/~media/Files/TRICARE/Publications/FactSheets/Disaster_FS.pdf.

Winn Health Tip of the Week:

Do you know the signs of skin cancer? It is as easy as the ABCs.

- A. Asymmetrical-Does the mole/spot have an irregular shape with two parts that look different?
- B. Border-Is the border irregular or jagged?
- C. Color-Is the color uneven?
- D. Diameter-Is it bigger than the size of a pea?
- E. Evolving-Has the mole/spot changed during the past few weeks or months?

Congressman Buddy Carter visits Winn, analyzes readiness

Zach Rehnstrom
Winn ACH Public Affairs

Congressman Buddy Carter, who serves Georgia's 1st District, and Georgia Rep. Al Williams, visited Winn Army Community Hospital July 5. The purpose of this visit was to learn about the capabilities of Winn ACH and how the hospital continues to provide high quality healthcare services in support of the Stewart-Hunter community by facilitating Soldier readiness to maintain a ready medical force. Rep. Carter focused in on Winn's effort to achieve Level IV Trauma Center designation, and the importance of his visit.

"I'll know what the needs are, what the strengths are, and what we need to be focusing on in Congress," Carter said. "This is extremely important, it's extremely important to this base, but this base is extremely important to our military, and to our national readiness."

During his visit, Carter met with nationally recognized Soldiers and Civilians. U.S. Army Medical Department Activity-Fort Stewart Soldier, Sgt. Joseph Drumgold, the 2016 U.S. Army MEDDAC- Fort Stewart NCO of the year, was one of the five Soldiers and Civilians who were introduced to the visiting congressman.

"Being recognized was a great experience; it was pretty cool to meet a Congressman, especially one from our district," Drumgold said. "We also got to show him how the hospital is as a unit, and how we're ready to serve the community at Winn Army Community Hospital in Fort Stewart, Georgia in any capacity."

Winn Commander, Col. Christopher Warner, highlighted his respect and admiration for the Soldiers and staff who work tirelessly to provide highly reliable, safe, high-quality healthcare.

"We're very proud of the outstanding committed staff

we have here at Winn Army Community Hospital," Warner said. "We wanted to highlight some of those outstanding folks, both our Civilians that have been here for an extended period of time and are committed to the success of the organization, and those who have achieved national level success."

After his introduction, Carter received a first-hand look at Winn's mission of medical readiness.

"This facility is funded by the tax payers' dollars and approved by congressional funds," Warner said. "To see the investment they've made, and see the benefits that it's giving both in the readiness that it's helping to contribute to the military forces here, as well as, the ready medical force that it's producing to support the Army if called upon abroad, but also to supporting this community, being a resource to the entire area."

In an effort to highlight how Winn stays medically ready, Warner and Winn leadership guided Carter on a tour of the medical treatment facility, to include the Out-Patient Pharmacy, the Liberty Wing, Primary Care, Physical Therapy, the Emergency Department, and finished the visit in the Mother/Baby unit.

"The improvements that they have made are significant," Carter said, speaking about the leadership and staff at Winn. "I think it serves their population very well. [I am] very impressed with the maternity unit. When you hear about Winn, that's the first thing you hear about is Labor and Delivery, and of course the new emergency

room. I know it's going to serve the purposes and needs of this area for many years to come."

Finishing out his visit, Carter focused in on how the hospital supports several of the local universities and schools within the surrounding Coastal Georgia region through medical education.



Congressman Buddy Carter, the U.S. Representative serving Georgia's 1st District, visited Winn Army Community Hospital along with State Representative, Al Williams, July 5.

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CHAPLAIN'S CORNER

A life worth living

Capt. Andrew Alterman
9th BEB chaplain, 2 BCT

Basic Training gives new Soldiers a card that defines their values. While every Soldier adopts the Army values, some take them to heart and make them personal. Others merely remember the acronym LDRSHIP to avoid push-ups.

Values are one's judgment of what is important in life. They stem from internal drives and motivate action. Regulations are very different. They are rules maintained by an external authority. They force action, and when abused, breed rebellion. Values create internal desires. Regulations create external demands.

By nature, we long to have our desires fulfilled and rebel against the demands of others. This principle applies across all social relationships: friends, family, coworkers, leadership, and government.

James Madison said, "If men were angels, no government would be necessary. If angels were to govern men, neither external nor internal controls on government would be necessary," (Federalist Papers, Feb. 8, 1788).

If humanity desired only what was right, regulations would be unnecessary. If every human adopted common values and lived out desires that which were good, noble, and admirable, laws would be

superfluous. Living a common core of virtuous values is essential for shaping a better tomorrow.

I often tell my kids they never have to do another chore, go to school, or deal with difficult people ever again. As they stare at me in disbelief, I explain when your values give you the desire to do what is right your "have to" becomes a "want to."



Many people view God as the enforcer of regulation and religion as an endless list of arbitrary requirements. Scripture teaches that God wants his followers to experience life in the most abundant and rewarding way possible (**John 10:10**). God changes priorities and brings a new set of values. **Galatians 5:22-23** reads: "*But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. (NIV)*"

There are no laws against living a life driven by positive values. Find inspiration to

face the requirements of tomorrow by embracing the values you hold dear. Let your values be rooted in the imperishable virtues of love, joy, faith, hope, and goodness. Experience the abundant joy of a life full of meaning that comes from placing value on that which will last forever. Living by values makes living more valuable.



Chapel Schedule

Fort Stewart

Catholic	Location	Time
Sunday Mass	Main Post Chapel	9 a.m.
Weekday Mass	Main Post Chapel	11:45 a.m.

(Confession available daily and before Sunday Mass)

Protestant (Sundays)

Traditional	Marne Chapel	9:30 a.m.
Contemporary	Main Post Chapel	10:45 a.m.
Gospel Adult Sunday School	Main Post Chapel	11 a.m.
Multi-Cultural Gospel Service	Main Post Chapel	12:30 p.m.

Kids' Church (Sundays)

Kids' Church (K- 6th Grade)	Main Post Chapel	1 p.m.
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PWOC Services

PWOC (Check <https://www.facebook.com/stewartPWOC>, or email stewartpwoc@gmail.com for upcoming events.)

Hunter Army Airfield

Catholic		
Sunday Mass	Hunter Chapel	11 a.m.
Catholic CCD	Building 129	9:30 a.m.

Protestant

Sunday Service	Hunter Chapel	9 a.m.
Kids' Church	Hunter Chapel	9 a.m.
	Fellowship Hall	

PWOC (Thursday)

	Main Post Chapel	9:30 a.m.
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Religious Education Contacts
Fort Stewart Religious Education,
Bill Agnew: 912-767-9789
Hunter Army Airfield
Religious Education,
Charles Archer: 912-315-5934

Rest easy this school year

Diane Carlton, MPH, BSN, RN
Winn ACH Army Public Health

Since summer break often gets kids out of their sleep routine, starting the back-to-school schedule 1-2 weeks before school starts will help your Family's first days of transition go much smoother.

Follow these easy steps recommended by the National Institute of Health to begin healthy sleep patterns for your children now:

1. *Set the time.* If your household's standard rising time is 6 to 6:30 a.m., that means the bedtime for most school-age and teenage children will be 8 p.m. Do your best to stick to this.

2. *Turn off electronics.* To help your kids wind down, all electronics - TV, video games, computers, and cell phones - should be shut off at least one hour earlier. In addition, all electronic distractions should be removed from the child's room and from his or her access at night. This cannot be emphasized enough, as very commonly; children will stay awake well beyond what parents realize.

3. *Reserve their bed for sleeping.* While reading is great, kids should read in a separate chair or bean bag, so that the bed is used only for sleeping.

4. *Nix any caffeine.* Caffeine is a stimulant that

can keep kids up at night. It is best that children don't consume caffeine. If they do, however, it should not occur after lunchtime.

5. *Set the mood.* Another way to promote good sleep is to think about the room itself. Nightlights are okay, but otherwise, you should keep the room dark, cool, and quiet.

6. *Set the rules.* It is best to stick to your plan about the sleep schedule. Be sure to set clear limits. For example, make clear the number of stories to be read, the time for lights out, and acceptable reasons to call for parents. Let them know what the rules are, and stick with them.

7. *Practice what you preach.* Of course, one of the best ways to get your kids to adopt good sleep is to follow them yourself. Call it the back-to-school sleep plan, and everyone participates.

8. *Set next summer's hours.* When summer rolls around, do your best to stay close to the scheduled school sleep time to make the transition easier on yourself and your Family. The brain does not know it is on summer vacation.

Resetting your routines now will assure that your Family will be well rested and ready for a great new year of school. If you would like more information, please contact Winn Army Public Health 912-435-5071.

Volunteer Spotlight



Name: Victoria Vanbeverhoudt

Activity/Unit Volunteering: American Red Cross Summer Youth Program /Army Community Service (Family Advocacy Program).

Spouse's Unit: Retired Army

Hometown: Allenhurst, Ga.

Volunteer Title: Volunteer Information and Referral Specialist

Why you volunteer: I volunteer because I enjoy helping others. It is exciting and gives a productive way to spend my summer.

What do you like most about volunteering? The thing I enjoy most about volunteering is the joy I feel from helping others. It is also a learning experience for my future endeavors.



Supporting Vacation Bible School

Photo by Sgt. William Begley, 3rd CAB Public Affairs

The senior enlisted advisor for the 3rd Combat Aviation Brigade, Command Sgt. Maj. Terri Clavon dances with the children at the Vacation Bible School at Hunter Army Airfield July 12. Parents of the children were invited to watch children sing and perform the songs they had learned in Vacation Bible School.

Army Community Service



Register now for ACS classes

You asked, we listened. Online registration is now available for FRG classes through Eventbrite. Please go to <https://www.eventbrite.com/o/army-community-service-fort-stewart-hunter-aaf-12997030788>. Link is also posted on the ACS portion of the Team Stewart website.

Learn, empower yourself with ACS

ACS has many great services for Soldiers, spouses and children, yet not everyone knows we are located in five different areas. Stop by today and visit the staff on Stewart in buildings 81, 82, 86, 87 and the SFAC building 4973. The Hunter staff is located in building 1286. You'll be glad you did. Let's push ACS programs in 2017.

Like ACS on Facebook

Search for "Army Community Service, Stewart/Hunter AAF" You can get ACS Exceptional Family Member Program information by searching for "Stewart-Hunter Exceptional Family Member Program." Help our Hunter Army Airfield community get more "likes" by visiting their Facebook page. ACS publishes great information for our Soldiers and Army Families there as well. Search for Hunter Army Airfield and pass the word along.

Free Classes offered at Stewart

Following are upon request from chain of command

- Sponsorship Training
- Risk Management for Senior NCOs (E7-E9)
- FAP Commander/Senior Leader Briefing

Every Monday

Financial Planning for PCS 10 to 11:30 a.m.
ACS Stewart, building 86
*Mandatory for E-4 and Below

Free Classes offered at Hunter

Call for appointment for the following:

- Army Family Team Building Infant Massage
- FAP Commander/Senior Leader Briefing

Weekdays

Lending Closet 7:30 a.m. to 4:30 p.m.
Building 1286

Plan for July EFMP Lunch, Learn

The July EFMP Lunch and Learn Series, *Diabetes Awareness*, will be presented by Maj. Yi-Ling (Jennifer) Lee, chief nutrition care service, Winn Army Community Hospital. Bring your lunch and join us for this informative series, noon to 1 p.m. July 27, at ACS building 86. We will also conduct this as a LIVE Facebook event. Watch the ACS Facebook page for more details. For more information call 912-767-5058

Learn to live on a plan

Do you want to take control of your finances? At 9 to 11 a.m. Aug. 2, 16 and 30, the ACS Financial Readiness Team, located in building 86, will provide training on Living on a Plan. This class addresses the benefits of creating and using a budget. Participants will be guided through a practical approach to the budgeting process which will assist them in gaining better control of their own finances. For more information please call 912-767-5058/5059.

Playmorning returns

Army Community Service is proud to announce the return of Play Morning. The New Parent Support Program will restart Play Morning Aug. 3 and will continue this fun event weekly. The event will be located inside the Youth Sports and Fitness Center from 10:30 a.m. to noon. ACS Play Morning features interactive play, music and songs, stories, crafts, toys and an awesome way for parent and child to make lasting friendships. For questions or concerns please contact the ACS New Parent Support Program at 912-767-2882.

Take Real FRG command team training

The ACS Command Team Training is for company commanders and first sergeants, but also informative for brigade and battalion commanders. This course delineates the roles and responsibilities of the command team in helping the Family Readiness Group to execute the Family Readiness mission. Topics include: *Family Readiness, Mission Essential Tasks for FRGs, FRG Elements*

and Operations, Communications, Volunteer Management, FRG Funding, and Resources. Please call 912-767-1257 to register, or register at the ACS *Eventbrite* page. This is a Hunter Army Airfield training event.

Take Family Readiness Liaison training

The Family Readiness Liaison course will be conducted 9 a.m. to 4 p.m. Aug 15 in ACS building 87. The training is designed to prepare Soldiers who are appointed as FRLs to assist with the operational, logistical and administrative aspects of the FRG. As a liaison between the command and the FRG volunteer, the FRL needs to know the ins and outs of the FRG and how their role can assist both the command and volunteers. The course covers: *Leadership Management, Volunteer Management, Communication Network, Stability Support and the FRG, Non-Mission Essential Activities, and Resources*. Call 912-767-1257 to register, or register at the ACS *Eventbrite* page.

AFTB set to empower, teach Army life

Did you know Army Family Team Building is back? What is Army Family Team Building you say? AFTB is all about spouses teaching spouses about Army Life and empowering them. The team at Army Community Service and the spouse volunteer trainers will conduct *Getting to Know the Army* 9 a.m. to noon Aug. 23 in ACS building 87. During this training, spouses will learn Army acronyms, rank, customs and courtesy's because being an Army spouse is not like being a spouse in the civilian sector. Please call 912-767-1257 to register or register at the ACS *Eventbrite* page.

ACS offers CARE Team training

Readiness is our primary focus and ensuring Families are well taken care of during deployment remains paramount. ACS will be offering CARE Team training 10 a.m. to noon Aug. 24 in ACS building 87. This training will teach unit spouses how to support CARE Team operations and the roles they can fill. There will be frank discussions about injuries and catastrophic events. The time to build a CARE Team is not when an incident occurs. For more information about this valuable training, call 912-767-1257.



FMWR and Coastal Happenings

SKIES Unlimited offers summer camps

Stewart-Hunter SKIES Unlimited has a variety of ways to fill summer vacation days for CYS-registered children and youth. How do Princess Camp, Live to Dance Camp, Hip Hop Camp, or Happy Feet Camp sound? How about Summer Art-Tastic Camp? For details on scheduling, pricing and signing up, call Parent Central Services at 912-767-2312 (Stewart) or 912-315-5425 (Hunter). SKIES Unlimited also offers a variety of ongoing classes such as piano, gymnastics, Zumba Kids, Jiu-Jitsu, Dance, Tumbling and Rhythm Band. Feel free to check it out on StewartHunterMWR.com.

Back to school, community activity fairs

Community Activity Information Registration and Back to School Fairs will be held 10 a.m. to 2 p.m. July 25 at Newman Fitness Center on Fort Stewart and July 27 at Tominac Fitness Center on Hunter. Free backpacks and school supplies will be provided by *Operation Homefront* for children of active duty, E1-E6. Families must pre-register online prior to the event to receive a backpack. Supplies are limited, therefore it is on a first-registered, first-served basis. Families must pre-register at operationHomefront.net/event/list to receive a backpack. A link also can be found at StewartHunterMWR.com under *Community Events*. The fairs provide an opportunity for parents to talk with representatives from DoDEA (Stewart only), public, private and post-secondary schools to help them in preparing their children/teens for the upcoming school year. While supplies last, event sponsors 912 Living will provide rulers, Xfinity Comcast notebooks, Veterans United Home Loans scissors, Armed Forces Benefits Network pencils and Transworld Insurance crayons. Representatives of recreational and cultural activities, restaurants and local businesses of interest to the Stewart-Hunter community also participate in the fairs. For more information, call 912-767-6212.

Register for Hunter Youth Fall Soccer

Registration will continue until slots are filled for Youth Sports fall soccer at Hunter Army Airfield for ages 4-13. Participants develop skills and character while having fun, and learn from a certified NYSCA coach. Games played at Hunter Sports Complex, local YMCA and the Jewish Educational Alliance. Cost is \$25 for ages 4-5; \$45 for ages 6-13. To register, call 912-315-3659 or 912-315-5851.

Sign up for Intramural Flag Football

Register by Aug. 18 for company-level intramural football at Stewart. Interested companies should submit a letter of intent to Sports Office, building 471. There's no charge. Games will be played at Sports

Annex, building 824, at 6, 7 and 8 p.m. For more information, call 912-767-8238.

Join Schools Military Registration Day

Liberty County Schools Registration Day will be held 8 a.m. to 3 p.m. Today at the Liberty County Board of Education, 200 Bradwell St., Hinesville. Military Families can register their students, receive school and district information, class assignments and more at that location. Military parents also will be able to receive registration assistance that day at the school their children will attend. Parents are asked to bring the following to register:

- Student's Social Security Card
- Student's Birth Certificate
- Two Proofs of residence (mortgage/lease & utility bill)
- Proof of enrollment and attendance in an accredited school (report card/transcript)
- Departing school address
- Georgia certificate of ear, eye, dental and nutritional screening (Form 3300, Rev. 2013)
- Georgia Certificate of Immunization (Form 3231)

Visit StewartMWR.com under CYS and School Support Services, for a complete list of Georgia enrollment requirements.

See 'Secret Life of Pets' at Holbrook

"*Secret Life of Pets*," rated PG, will be shown Saturday as part of the Holbrook Pond "Movies Under the Stars" series. The movies are free and begin 15 minutes after sunset. Popcorn and drinks will be available for sale (cash only). Movie-goers are asked to bring their own chairs or blankets. For more information, call 912-435-9313.

'Beat the Pros' at Hunter Golf Course

Have you got the game to beat the pros at their own game? Find out in this Beat the Pros Golf Scramble event at Hunter Golf Course July 29. Shotgun start at 7:30 a.m. Here's how it works: Each player will pay the regular greens fee and golf cart fee (by category) and an additional \$20 that will be placed in the tournament prize fund. Teams of three- to four-persons and the pros will play in the scramble. Teams who might luck out and beat the pros will divide the tournament purse. The scramble is open to the public and spouses are encouraged to participate. For more information, call 912-315-9115.

Sign up youth football, cheer at Stewart

Registration is under way for youth football (ages 7-12) and cheer (ages 6-13) on Fort Stewart. Football sign-ups will be accepted until Aug. 15 or until all slots

are filled. The cost for football is \$65 per child. Cost for cheer is \$40 per child. Sign-ups for youth soccer (ages 4-13) begin Monday and accepted until all slots are filled. Soccer costs are \$20 developmental and \$40 competitive. Register at Parent Central Services. For more information, call 912-767-1428.

Jaguar tickets on sale at Leisure Travel

Tickets for all pre-season and regular season Jacksonville Jaguars home games are now on sale at the Stewart-Hunter Leisure Travel offices. Ticket prices will vary according to the game. The Jaguars play their home games at EverBank Field in Jacksonville. They will open the 2017-2018 exhibition season in Jacksonville Aug. 17 against the Tampa Bay Buccaneers and regular season play at home Sept. 17 against the Tennessee Titans. The Fort Stewart Leisure Travel Office (912-767-2841) is in the PX Furniture Mall Complex. The Hunter office (912-315-3674) is in the Hunter PX Exchange.

Long Range Shoot

Opportunity for Soldiers, Retirees, Army Civilians, and civilian guests to sight-in large caliber weapons 9 a.m. to 2 p.m. Aug. 5 at Red Cloud Range Complex-Echo (off Georgia Highway 119 North). This range is for rifles only. All weapons must be registered on Fort Stewart. Targets at 100 to 1,000 yards. Cash-only, pay-on-site fee is \$15 per two-hour block/person. Subject to cancellation due to training missions. For details, call 912-435-8061.

Get Air with BOSS at Savannah

Join other single Soldiers, GEO-bachelors/single parents for a day of fun 3 to 8 p.m. Aug. 5 at Get Air, Savannah's indoor trampoline park, featuring foam pits, basketball dunk court, dodge ball and more. It's all part of BOSS' Road Trippin' schedule. The cost is \$10 per person. Register at Leisure Travel. Coming up Aug. 19 is a BOSS Road Trip day in Jacksonville, Fla., that includes Autobahn Indoor Go-cart racing, Anheuser Bush Brewery and Dave and Busters. Spaces fill up quickly, so save yours today. For details, call 912-767-9917 or 912-271-5136.

Getting Ready for a Bundle of Joy?

Expecting? Just had a bundle of joy? Parents, new parents and soon-to-be parents are welcome at MWR and Winn Army Community Hospital's 7th Annual Baby Expo 10 a.m. until 2 p.m. Aug. 12, at Club Stewart. It's all about parenting, especially becoming parents! There will be tons of give-a-ways, education booths, a Daddy Panel, a Teddy Bear Clinic, gift basket drawings, vendors and more. Winn is partnering with Stewart-Hunter MWR in hosting the free event. Visit StewartMWR.com for more information.

Proudly SUPPORTING Our MILITARY And FIRST RESPONDERS 25% OFF WITH COUPON

CLASSIFIEDS

Items for Sale

FARM GOODS

NOW OPEN!
DASHER'S UPICK TOMATOES.
Rogers Road, Glennville,
Ga. 912-654-2475.
\$10.00 per 5 gallon bucket.

Pets & Animals

PETS

4 KITTENS, 8 WEEKS OLD. Current on shots. Looking for FOREVER, INSIDE home. 369-2321.

Jobs

DRIVERS WANTED

Drivers: SHORT HAUL Division! Excellent % based program. Great hometime!
Augusta terminal opening SOON! CDL-A, OTR exp req!
Long haul/Lease purchase avail.
Robin: 855-204-6535

HELP WANTED

DRIVERS: 1yr Experience. Benefits, Home Weekends. More miles driven, the higher the pay rate. 46 to .51 per mile. 855-971-7418

DRIVERS: Avg. \$1,100 Plus Weekly!

Monthly Bonuses! Medical, Dental, Vision & More! Excellent Equipment w/APU's Plus - Rider Program!
1yr CDL-A: 855-582-2032

BUSINESS OPPORTUNITY

LOOKING FOR A FUN WAY TO MAKE MONEY FT/PT? No selling, No Chasing. We're in the business of GIVING! Call 912-269-1890

Real Estate

FOR RENT

4BR, 2BA with Theatre room on private property. Very nice home! \$850/mo., \$850/dep. Must qualify. No pets. 912-312-1010 /368-4545.

AVAILABLE. 203 Martin St., apt. B, Hinesville, 2BR, 1BA, A/C, Heatpump, no washer/dryer hookups. Bi monthly pest control. No Pets allowed. \$550/mo., \$275/security deposit. Call Al Harris 756-5013 or 312-9714.

IN LUDOWICI two bedroom apartment. Large rooms, washer/dryer hookup. Good neighborhood. For more information call 912-545-9301, cell 318-5307.

MOBILE HOMES FOR RENT
2/3 Bedrms, 2/Baths
Springfield includes:
water, sewer, sanitation, yard maint. Central/HVAC, Rincon includes:
Central/HVAC, yard maint.
Starting at \$600.00
912-210-2562

SOUTHSIDE HOME FOR RENT: Great Space. Great Back Yard. Great Neighbors. 4BD/2BA. New Floors, Upgraded Kitchen. Appliances, Pest Control and Alarm included in rent. Deposit due upon lease and available 9/15, prorated. \$1250 per month and \$1,000 Deposit. 912.247.1053

TOWNHOUSE FOR RENT Jesup, GA: Large 2 Bedroom 2 Bath Townhouse. Quiet Neighborhood. No Pets Allowed. \$800.00 per month plus Security Deposit. Available immediately Call: 912-294-5059 to schedule an appointment.

HOLTZMAN

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Single Family Homes
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876-8886

1146 E.G. Miles Parkway
www.FortStewart.com

Transportation

CAMPERS/RVS

RV FOR SALE - 5th wheel camper 2014 Flagstaff Classic Super Lite, Model 8528 RKWS. Sleeps 4, 2 slide outs - great condition! 19K OBO 912-437-5056 (Townsend, Ga) No calls after 8 PM please.

RET

COMMERCIAL PROPERTY

SW/S McDonald Street, Ludowici \$49,900. Calling all investors! Self storage facility located in downtown Ludowici. Excellent entry level for new inventory. Steel construction, zoned C3. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

26 South Main Street, Hinesville - \$2,249/Mo. Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall, justice center, and both court house annexes as well as the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

325 West Memorial Drive \$350,000. Prime space located in the downtown overlay district. This 3400 square feet

can easily be converted to retail space or converted back to a garage. This space is centrally located between the new Armstrong campus and Fort Stewart gate 1. An EPA letter is on file. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



455 & 459 E.G. Miles Parkway. \$499,800. Listing is for 455 & 459 E.G. Miles Parkway. Prime commercial tract adjacent to Hinesville Professional Park and across from Liberty Regional Medical Center. This is 1,000 LF off of the hard corner of General Screven Way and E.G. Miles PKWY. There is also 221 ft of road frontage. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



325 General Screven Way, Hinesville. \$294,900. Office space in prime location, 2 story brick office with approximately 10 parking spaces. Building is located across the street from Bradwell High School, less than 1 mile to Fort Stewart Main Gate. MOTIVATED SELLER. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



12746 East Oglethorpe Highway, Midway - \$69,900. Excellent Commercial Opportunity near the proposed Midway City Hall. This location is convenient to I95 and Ft. Stewart zoned IC. Perfect for retail, fuel, or restaurant. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



105 General Stewart Way, Hinesville - \$199,900. (Leasing) - \$1,250/Mo Excellent office opportunity for sale or for lease. Meets all ADA requirements. Updated office on large lot. Great Counseling, Physical Therapy, Lawyer or Doctor opportunity. Convenient to Fort Stewart Gates and the New Armstrong University. Lease price \$1,250 per month. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



113 Commerce Street, Hinesville. Leasing \$1,500. Sale \$179,900. Office Opportunity located in the Central downtown Hinesville Area, adjacent to the city parking lot. Potential use as attorney's or business office. Located inside the Downtown Overlay District. It is walking distance to all city and county Municipal buildings. Only minutes away from Fort Stewart! Call to schedule your personal tour today!. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



124 South Main Street, Hinesville - \$1,320/Mo. Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall, justice center, and both court house annexes as well as the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



26 South Main Street, Hinesville - \$2,249/Mo. Lease a piece of history located in the heart of Downtown Hinesville's superb retail or office location. It is walking distance to the city hall, justice center, and both court house annexes as well as the new Armstrong campus. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



973 E Cherry Street, Jesup - \$450,000 for 4.83 acres or \$220,000 for 1 acre. Excellent retail development opportunity subject promptly wraps around the new Dollar General. Seller will sub-divide. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



230 General Screven Way, Hinesville - \$1,500,000. Excellent Net leased Investment opportunity with upside potential. Offered at a 7% cap rate on current occupancy. Located less than a mile from the main gate of Ft. Stewart, GA. Entrance located at lighted intersection. Tenants include Cicis Pizza, dental office, Jazzys Barbershop, USA Nails, and Five Star Nutrition. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



108 West Hendry Street, Hinesville. Big Box retail opportunity 1 mile to the main gate of Ft. Stewart. Curb cuts on General Screven, Hendry st, and main street. Located in the downtown overlay district. 11,429 sqft of Retail across from Liberty Square Shopping Center. Leased at \$13 NNN. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



402 West Oglethorpe Highway, Hinesville - \$799,900. Excellent Retail Development Opportunity located on US 84 inside the Hinesville Downtown Development Overlay District. This parcel is currently zoned C2 and has 2 fresh water ponds, one of which could be filled in and used for water retention. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



415 South Main Street, Hinesville - \$1,350,000. Prime commercial opportunity, lighted intersection with 20,000 VPD! Located 1 mile to Fort. Stewart main gate. Excellent Retail or Restaurant site. Former Bank of America Building. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



0 Cattle Hammock Road, Midway. \$299,900. Approximately 4.55 acres. Please schedule visit. Owner comes and goes. Call us today! Call to schedule your personal tour today!. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



0 Club Drive - \$39,900. Building Lot located in the center of town. Restricted to stick built homes. 0.44 Acres to build your dream home. City Water City Sewer. Paved Streets. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com

Country Kitchen If you are interested in having your own business, Great Rates for the 1st 6 month. Country Kitchen with convenient store. Hwy 24 and Clito Rd. Great Opportunity. Contact 843-568-6850.

HOMES FOR SALE



817 Waterfield Drive. \$129,900. Come and view this immaculate and featured loaded home! In ground pool, huge hot tub in the screened in back porch, 3 Sheds, irrigation system, energy efficient windows and magnificent landscaping all around! This home features Granite floors in bathrooms, Laminate floors in the

Master bedroom, and tile throughout the rest of the house. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



226 Bell Road NE. \$169,900. Huge lots offers privacy and a place to entertain! Outside the city limits. NO CITY TAXES, no flood insurance required. Convenient to Fort Stewart Gate 7. Open floorplan with wood laminate floors. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



2516 Cove Street - \$115,900. Immaculate 3 bedroom, 2 bath home with a 2 car attached garage, just a few miles from Ft Stewart Gate 7. Close to schools and shopping. This house has wood laminate floors, a split floor plan, large laundry room, and a plumbing routed overhead. Backyard is private and designed for entertaining. This home has a 2-year old air conditioner and a NEW ROOF! Amazing price for this bundle of joy. Come see it today and don't let it get away! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



171 Burnt Pines Road, Ludowici. Reduced to \$124,900. 3 bedroom, 2 bath home located in Burnt Pines. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmyshanken@coldwellbanker.com



383 Fox Hollow Circle, Hinesville - \$289,900. Amazing Southern living home nestled on 1.79 acres located in the heart of Hinesville. Convenient to Ft Stewart gates, the YMCA Liberty County Rec Dept. watch the deer from your sunroom and bbq on the screen porch. This home as a formal living room, dining room and family room with hard wood floors. In the kitchen ther is an island with custom wood cabinets granite counter tops and ceramic tile floors. Master bedroom is downstairs and has 2 walkin closets, jetted tub and separate shower. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmyshanken@coldwellbanker.com



1659 Tibet Highway, Ludowici - Price Reduced - \$220,000. A home in the country with workshop and room to stretch your elbows. Well kept 4 bedroom 2 bath home. This beautiful home has ceramic tile floors throughout island in the kitchen covered back porch and much much more. 10 miles from the intersection of Talmadge Road and Tibet Road. No City Taxes! No Association! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmyshanken@coldwellbanker.com



108 Oak Ridge Drive, Glennville - \$349,900. This home has an open-floor plan with a wood laminate floors. The kitchen has a breakfast bar and breakfast area. It has a double-oven, custom wood cabinets, and stainless steel appliances. It also has a formal dining room. All the bedrooms have walk-in closets and master bedroom closet was custom built. Lets talk about the great amenities this home has. An in-ground pool, fence-backyard, and covered back porch with patio is what makes this house exterior look brilliant. This house is a must see! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmyshanken@coldwellbanker.com



202 Easy Street, Hinesville. Come live life on Easy Street in this charming home. This home is close to post with a ginormous private backyard

for entertainment. Well maintained 3-bedroom 2-bath with a formal dining, gallery kitchen, and over-sized laundry room. Conveniently located near the new shopping area. Seller can vacate quickly. This home is a must see! Price \$154,900. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



256 Daisy Circle, Glennville - \$124,900. 3 beds 2 baths 1,304 sq. ft. Gorgeous home on a large corner lot. Impeccably clean. Open floorplan. Large laundry room and storage area. Detached over-sized 1-car car garage/workshop/man cave and carport. Ceiling fans throughout the house. Quite retreat. Front and back porch. This home is located outside the city limits of Glennville, easy commute to Ft. Stewart, and close to shopping area. Easy commute to Claxton, Reidsville and adjacent communities. Home is ready to be occupied and waiting for you to make it YOURS! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



632 Trevor Street, Hinesville - \$114,900. This remarkable all brick house is a must see! IMMACULATE HOME WAITING FOR YOU! It features a beautiful wood burning fireplace at the comfort of your very large and open living room with cathedral ceilings. Large bedrooms, walk in closets. Ceiling fans in all bedrooms. Freshly painted, new roof. Backyard with privacy fence for those BBQ days with the family. Located minutes from Fort Stewart gates, shopping, restaurants, schools and hospital. Let me show you your new home! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



63 Francis Marion Court, Ludowici - \$189,900. Boasting 4 large bedrooms and 2.5 baths, 2 story foyer, luxurious formal dining room with bay window and separate room opening into the kitchen. Kitchen has granite counter tops, upgraded backsplash, tile floors and stainless steel appliances. Master bedroom has upgraded master bathroom package. Just minutes from schools, shopping, and Ft. Stewart, and right outside of city limits. Perfect match for you and your family! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



526 Maxwellton Circle, Hinesville - \$199,900. This remarkable home is well-maintained and spacious with 4 bedrooms and 2 baths. Home features a formal living room and dining room, eat-in kitchen, and a foyer. Enjoy the nice fireplace in the family room during those cold Winter nights or the large fenced backyard for cook-outs during the Summer. This home also has a 5th room that can be used as an office or game room. Conveniently located minutes from schools, shopping, and Ft. Stewart! Call us today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



3334 SE Tibet Hwy, Ludowici. No City Taxes! High Fenced Yard country living at its finest. 3 Bedroom 2 bath Home. This amazing prize includes the shed/barn in the property. 15 Minutes to Ft. Stewart Gates! \$79,900. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



497 Martin Road, Hinesville - \$192,500. Immaculate home nestled in a park like setting. Located in the Martin Woods neighborhood with no Association fee. The View is very natural and gives you a feel of the outdoors. The fireplace is spectacular

and conveniently located in the living room for those cold winter nights. The backyard is fenced with a chain link and a wooded swing set. This property is 0.85 acres and conveniently located minutes from the new Oglethorpe shopping area and Fort Stewart! Schedule your personal showing today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



1239 Pineridge Way, Hinesville - \$109,900. Christy style floor plan just a few minutes to Ft Stewart gate 7. Well laid out home with no wasted space. Wood burning fireplace in the living room, walk in closet in the MB. Nice size pantry in the kitchen, fresh carpet in the living room and bedrooms. Owner will provide prospective buyers a \$1,000 credit to paint the exterior of the house. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



691 Hope Circle, Ludowici. Quiet country living off the beaten path. Well kept 3 bedroom 2 bath home. Totally fenced in nestled in the Oaks. Just 15 minutes to Ft. Stewart gates. \$99,900. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



2340 Rowe St, Hinesville. NEW NEW!!! New Roof. New Kitchen. New Floor and paint. Recently refreshed Home for you and your family. Conveniently located minutes from Ft. Stewart Gate 7. Fenced back yard storage shed, and circular driveway. Enjoy the Summer breeze on your enclosed backyard. Corner lot and much much more! Call us today to schedule your personal tour!! \$154,900. Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



719 Thornwood Way, Hinesville. \$97,500. Exquisite home features large bedrooms, master bedroom with master bath, stainless steel appliances, and ceiling fans throughout. Large chain-link fence and storage shed. This gorgeous home sits in a cul-de-sac in the Tupelo Trail Subdivision only about 5 minutes to the main gate of Fort Stewart. It is also conveniently located walking distance to restaurants and parks. Call us to schedule your own personal tour today! Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



405 King David Road. \$115,000. A great retreat! Close to businesses and other amenities. Gorgeous 3 bedroom, 2 1/2 bath, 32x72 home situated on 2 acres of land in Wayne County. This home features a dining room, huge open kitchen with a breakfast bar and eat-in area. Family room with a fireplace, spacious laundry room, huge walk-in closet, jack and jill bathroom, stocked pond, fruit trees, 3 sheds Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



847 Sagewood Dr, Hinesville. \$126,900. Recently refreshed 5 bedroom 2 bath brick home located within 5 minutes of Ft. Stewart Gate 3 and Wynn Army Hospital. The 2nd brigade area and Wright Army Airfield. Conveniently located close to schools and shopping. Living room has vaulted ceilings with a wood burning fireplace and a separate dining room. Property has an in-ground water sprinkler, rook and AC unit is less than 5 years old. New carpet, paint and appliances. AC unit was upgraded to make up for space of the enclosed garage Jimmy Shanken, Coldwell Banker Holtzman, REALTORS, 912-368-4300 or 912-977-4733 or email jimmy.shanken@coldwellbanker.com



SPORTS & RECREATION

JULY 20, 2017



Photos by Nancy Gould

Specialist Brendon Kirk, Hunter Garrison, watches Lt. Col. Ken Dwyer take a shot during the Hunter Golf Scramble, July 14.

Striving to win at life, golf

Nancy Gould
Hunter Public Affairs

It was the second time Lt. Col. Ken Dwyer, the Hunter Army Airfield Garrison commander and his four-man team took second place in a Hunter Garrison golf scramble since he became commander in June. Dwyer enjoys the monthly scrambles and the camaraderie with players but when it comes to losing the first-place trophy two-out-of-two-times, his competitive nature tells him to get out there and practice.

"I try not to take myself too seriously about most things," said the easy-going commander who received national recognition for his determination to re-learn golf after a rocket-propelled grenade took off his left hand and his left eye in Afghanistan in 2006. He spent six months in rehabilitation at Walter Reed National Military Medical Center in Maryland to heal physically and mentally before returning to his Special Forces unit and continuing the fight.

"The thing is, I don't like to lose; I'm ultracompetitive," he said. "Besides, excellence is valuable when it's not at the expense of good sportsmanship. It's under-rated these days. In the last 15-20 years children have been hearing that winning isn't important—just to get out there and have fun."

Dwyer is a big fan of 'fun' and he encourages the young players he coaches to have lots of it. But he always asks them, 'what could be more fun than winning?'"

Dwyer said he looks forward to playing the Hunter fairways often and improving his handicap of 16. In his last year at Fort Bragg, he only played three times. He doesn't blame his mediocre game to the loss of his arm or his glass eye, he blames it to not enough practice. After his 2006 injuries, amazingly, his game improved with a handicap of about 12.

To perform daily tasks, Dwyer uses a prosthesis hand, a body-powered hook that attaches to a harness that wraps around his upper body. To open and close it, he applies tension to a cable that runs along the prosthesis. When he golfs, instead of the hook, he uses a special crafted 'piece' that the golf club slides through which secures the club. After three years of practice and a lot of effort and determination, Dwyer

now works it effectively; however, he is still challenged at hitting the ball for distance.

After rehab, Dwyer had the opportunity to play in 'Troops First,' a wounded warrior tournament with Tom Watson, a professional golfer on the PGA Tour. Watson was ranked the number one player 1978 to 1982 by McCormack's World Golf Rankings. Dwyer said the pointers that Watson shared helped to turn his game around.

In 2009, Dwyer hit the ceremonial first shot at the AT&T National alongside Tiger Woods, another golf legend, and a wounded warrior in Washington DC.

Hunter's new commander strives to use his injuries to encourage others to keep pushing whenever they're frustrated and want to quit after an injury. He believes that the outcome could surprise you if you focus on what you can do.

"The biggest problem I've faced from my injuries are the limitations that others put on me."

If you want to play with the Garrison commander in the next Hunter Golf Scramble, Aug. 11, 9 a.m., on the Hunter Golf Course, contact the club manager at 912- 315-9115.

Results of the Hunter Army Airfield Garrison Scramble

First Place: 53
Chris Garlick, Daniel Krebs, Todd Garlick, Craig Prouty

Second Place: 57 (scorecard playoff)
Kenneth Dwyer, Ernie Tafoya, Brendan Kirk, Mark Germonprez

Third Place: 57
Nathan Lacey, Travis Hood, Nathan Powell

Fourth Place: 60
Nathan Turner, Thomas Pearlman, Joseph Welch, Miguel Diaz

Closest to Line: Houston Boyd
Closest to Hole: Nathan Turner
Closest to Line: Miguel Diaz
Longest Drive: Sam Ponte
Closest to Hole: Ernie Tafoya



To perform daily tasks, Dwyer uses a prosthesis hand, a body-powered hook that attaches to a harness that wraps around his upper body. To open and close it, he applies tension to a cable that runs along the prosthesis. When he golfs, instead of the hook, he uses a special crafted 'piece' that the golf club slides through which secures the club.

INSTALLATION SOFTBALL CHAMPS

CO. E, 2-3 AVN

TAKES TITLE



Photos by Sgt. Kellen Stuart, 3rd CAB

The Company E, 2nd Battalion, 3rd Aviation Regiment, 3rd Combat Aviation Brigade softball team poses for a picture after winning the championship trophy at Hunter Army Airfield July 14.



A Soldier from Co. E, 2-3 Avn, 3rd CAB, watches as his buddy is batting during the 2017 Fort Stewart/Hunter Army Airfield Championship softball game July 14. "Echo Company" took home the championship trophy with a winning score of 19 to 3 over the 135th Quartermaster Company, 87th Combat Sustainment Support Battalion, 3rd Sustainment Brigade.

Fort Stewart-Hunter Army Airfield Briefs



Education Matters

Accreditation, why is it important?

The accreditation status of a college, university, or vocational institution gives a student an indication of its general quality. It means that the school has undergone an in-depth review, met certain standards and was found worthy of approval. Accreditation is performed by independent, non-government agencies. There are two primary types of accreditation: **Regional**, which is awarded to an institution by one of six regional accrediting agencies, and **National**, which is awarded to private, sometimes for-profit schools that offer a diversity of subject matter. Specialized or professional accreditation applies to a single department or program within the institution as in health sciences, cosmetology, art and design, engineering, or law.

MyCAA available for military spouse

Military Spouse Career Advancement Account scholarship provides up to \$4,000 of tuition assistance to spouses of service members on active duty in pay grades E-1 to E-5, W-1 to W-2 and O-1 to O-2 who can start and complete their degree program while their military sponsor is on Title 10 military orders, including spouses married to members of the National Guard and reserve component in these same pay grades. For additional information contact a Military OneSource consultant at 800-342-9647.

Free tutoring services for military

Tutor.com enables eligible service and Family Members, and students (grades K-12), to connect to a tutor online at any time for one-to-one help with homework, studying and test prep at no cost. Tutoring support is available in over 40 subjects to help students complete course assignments and improve grades.

Counselor-support available

Need to reach an Army education counselor? Fort Stewart-Hunter Airfield education centers offer a one-stop email address at usarmy.stewart.usag.list.dhr-education-counselor@mail.mil and ACES on Facebook, Web at www.facebook.com/FtStewartACES.

Army Outpost Foodtruck on move

The Culinary OutPost is a Soldier-run, Soldier-focused food truck that is making its way around Fort Stewart. We are open in multiple locations from 8 to 9:30 a.m. and 11:30 a.m. to 1 p.m. We accept both SIK meals cards, and cash at a cost of only \$3.45 for breakfast and \$5.55 for lunch. Stop on by if you see us. Follow us on Twitter and Facebook at [@ftstewfoodtruck](https://twitter.com/ftstewfoodtruck) for daily locations and specials!

Come to Stewart Job Fair Aug. 9, 10

The Fort Stewart Job Fair is 11 a.m. to 3 p.m. Aug. 9 and 10 at Club Stewart. The event is free to military personnel, to include Reserve and National Guard members, veterans and spouses. Check out job opportunities, continuing education opportunities and business ownership opportunities at the fair. Register now at RecruitMilitary.com/FortStewart. Job offers expected to top 120.

Coast Guard looking for pilots

The Coast Guard aviation community is seeking fully qualified O-4's from any military branch to train up as Coast Guard pilots. Requirements include 11.5 to 19 years of service; conditional release from command with a DD Form 368; an obligation incursion of five years; and medical qualification. Applicants must pass a Class 1A Flight Physical. Coast Guard pilots and aircrews fly five types of aircraft, representing 200 airframes dispersed among 24 Air Stations. Pilots who meet eligibility criteria and successfully compete for selection can fully expect a career as a Coast Guard aviator. For More Information contact the USCG recruiting office New York, at 917-642-1213.

Use Garrison Super Saver Program

Are you interested in winning \$500? If so this program is for you! Take a look around. Is there something you see that is wasting money? Is it a problem we can solve locally? If you are a Garrison Civilian employee and submit the best idea for saving the Garrison money, you will win \$500. Submit your idea on the Super Saver Nomination Form available on the Team Stewart web page under Garrison, Resource Management Office (bottom of page is Nomination Form). Nominations are boarded with the Garrison of the Quarter Award submissions. Submit your idea to usarmy.stewart.usag.list.dhr-workforce@mail.mil for board review.

Join Sgt. Audie Murphy Club

The 3rd Infantry Sgt. Audie Murphy Club - Rock of the Marne, has its monthly meeting noon, every third Wednesday

of each month at, building 1, in the Paul R. Smith Conference Room. All current SAMC, Sgt. Morales members or NCOs interested in becoming a member, are encouraged to attend. Meetings are held to discuss past, present, and upcoming functions. It also provides a forum for members to discuss current state of the club and ideas to help improve the organization. The 3rd ID SAMC also host weekly study halls 3 p.m. Wednesday at building 159, Division Retention! For more information related to monthly SAMC meetings, please contact the SAMC President at michael.a.harter2.mil@mail.mil.

Beware of fake USAA emails

Currently malicious actors are conducting a new phishing campaign using fake USAA emails regarding user information. The emails contain a PDF file that once opened it will load MALWARE on your system and allow the attacker access to your system and the network (at work or at home). If you receive any email, phone call, or website claiming to be USAA you can send the information to USAA at abuse@usaa.com. As it goes with any suspicious email, do not open it or any attachments. Report it to your local information security officer. This threat is at work and home, so make sure your computers are patched with the latest updates and be wary of anything that does not appear legitimate.

AAFES barbers now take appointments

Exchange barber shops are now taking appointments at the following Stewart-Hunter locations: **Hunter Main Mall Barber Shop** at 912-692-0101 - Monday to Friday, 8 a.m. to 5:30 p.m., Saturday and Sunday, 10 a.m. to 4 p.m.; **Furniture Store Mall Barber Shop**, building 419 at 912-876-4080 - Monday-Friday: 10 a.m. to 6 p.m., Saturday and Sunday closed; **Stewart Main Exchange Mall Barber Shop**, building 71 at 912-876-0934 - Monday-Friday, 8 a.m. to 7 p.m., Saturday-Sunday, 10 a.m. to 6 p.m.; **Barber Shop across from Popeye's**, building 706 at 912-876-0325, Monday-Friday, 9 a.m. to 4 p.m.

PT extended to 8 a.m., drive carefully

Motorist are advised to be extra careful and don't exceed 10 miles per hour when passing troop's. With physical fitness hours now extended to 8 a.m. and most of our Civilian workforce reporting by 7:30 a.m., we need to be extremely cautious when approaching or passing Soldiers during physical training hours. This safety gram can be found at www.stewart.army.mil/info?id=409&p=0.

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