

# The Wildcat

The Official Quarterly Publication of the 81st Readiness Division



## The First Patch in the Army

3rd QTR FY 18

Apr 2018



### The 81st RD Breaks Ground for a new Army Reserve Facility on MacDill AFB, Florida

Story page 10



MSG Cruz assists with clean up efforts in Puerto Rico while on leave after Hurricane Maria

Story page 6



MG Jones officially assumes command during a ceremony Feb 10

Pictures page 19



## THE WILDCAT

APR 2018

THE 81ST READINESS DIVISION COMMAND PROVIDES ESSENTIAL CUSTOMER CARE AND SERVICES TO SOLDIERS, CIVILIANS AND THEIR FAMILIES IN THE SOUTHEAST REGION AND PUERTO RICO, ENABLING SUPPORTED COMMANDERS AND LEADERS TO MAXIMIZE RESOURCES AND MEET GLOBAL REQUIREMENTS.

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SFC Jeff Mullett, PAO NCOIC

Hello Wildcats!

Readiness.

Readiness is the job of the 81st Readiness Division. We have assumed a greater role in order to improve and maintain personnel and equipment readiness.

The 81st Regional Support Command became a Readiness Division October 2017. With this comes several organizational changes. These changes are designed to centralize the responsibility of readiness across the Army Reserve.

It is our responsibility as Soldiers to track and maintain our individual readiness. We have always had that responsibility, however, the Army Reserve has set up several programs run by Logistics Health Incorporated (LHI). Prior to 2008, we as Soldiers were responsible for the cost and taking the time to make sure we were medically ready. Now, LHI schedules appointments with contracted health care providers in order to meet the Soldier's health

care needs. The Reserve has also set up the pay system in order to pay Army Reserve Soldiers to set up and attend medical and dental appointments.

Soldiers are now receiving medical care and annual appointments, which the individual Soldier is not required to pay for out of their own pockets. Soldiers only need to schedule and attend their Periodic Health Assessments prior to their 12 month anniversary. The other side of the responsibility the 81st RD is responsible for: The readiness of Army equipment. The Army Maintenance Support Activities (AMSA) within the 81st's nine-state territory have the responsibility of providing periodic and service maintenance on all Army Reserve equipment within their region. The units have the responsibility of tracking and scheduling annual and periodic maintenance. The most important of which is submitting service requests for unscheduled maintenance, or damage received while using the equipment in the field.

Each of the newly aligned Readiness Divisions has these responsibilities and are working to make the Army Reserve the forward thinking, fast responding and modern force we are meant to be. It may take some time, and additional effort on many of our parts, but we are up to the task.



Ready Now!

### ON THE COVER

Military and civilian leaders perform the ceremonial groundbreaking at an event held at MacDill AFB, Fl., on 23 March. More than 100 people were in attendance. (U.S. Army photo by Sgt. H. Marcus McGill) Story Page 10



## Training Events & Programs:

### April -

07-08 Section Scheduled Battle Assembly  
08-15 Holocaust-Days of Remembrance

### May -

04-06 HHC Battle Assembly  
28 Quarterly Town Hall

### June -

No Battle Assembly Schedule



## Observances/Holidays:

### *April*

23 -Army Reserve Birthday

### *May*

28 Memorial Day

### *June*

14 - U.S. Army Birthday/Flag Day

2018





MG Kenneth D. Jones, 81st RD Commander

Wildcats,  
I want to thank you for the warm reception from the 81st to myself and my family when we arrived at the 81st Readiness Division in late December.

Over the last couple of months our staff has been very busy setting the strategic direction of the command. We have made tremendous progress, but there is much work still to be done. We are moving at the speed of war to set conditions for

the anticipated transition to a robust Readiness Division, which will improve the readiness posture of the Army Reserve.

We are also reshaping how we will communicate with strategic partners and commands in the region to create the "Effectiveness" we need across the command to build and sustain readiness.

Over the past year the Army has been focusing on improving readiness and preparing its forces in anticipation of a potential conflict. The Reserve must be ready to deploy quicker and be able to fight upon arrival in theater. Readiness of individual Soldiers and units of action is a top priority.

Moreover, I want to stress the importance of everyone owning their share of the task. This goes hand-in-hand with maintaining overall readiness, training and individual self-development.

This is why the leadership has created the Readiness Division's new motto, "Be Ready"

with the response as, "Ready Now".

As I conclude, I want to express that I am extremely thankful and blessed to be the commander of one of the greatest organizations in the Army Reserve. The Soldiers, Civilians, and Family members within the 81st Readiness Division are the finest our Nation has to offer.

There is no doubt in my mind that we will be extremely successful this year, and I look forward to visiting our units and our facilities in my travels.



**BE READY!**





CSM Levi Maynard, 81st Command Sergeant Major

These are very busy times for the 81st Readiness Division (RD) and the Army Reserve. As we move further into FY 18, increased focus is placed on readiness and the 81st RD is at the forefront of improving readiness.

We are taking steps to increase our productivity in the areas of personnel and maintenance. Our new recruiting initiative will target Soldiers

transitioning from active duty with the skill sets needed to work in our maintenance facilities and Regional Personnel Action Centers (RPAC). This initiative will also target Soldiers in the Individual Ready Reserve who are also qualified in these skill sets. Our goal is to increase output in our maintenance facilities and RPACs and increase readiness across our AOR.

Over the next few months, I need all Soldiers assigned to the 81st RD and subordinate units to ensure that they update their SGLI, get their Soldier Automated Record Brief (ARB) reviewed and certified and get enrolled in required schools. I want to take advantage of every opportunity to get all Soldiers Duty Military Occupation Qualified and attend primary military training early in the training year.

With the Army's number one priority being readiness, it is fitting that we align our motto with this priority. As such,

the 81st RD Commanding General has approved the following as our new motto, "Ready Now". Subordinate Commanders/Leaders will charge their units, sections and Soldiers to "Be Ready" and the Soldiers' response will be "Ready Now!" Ensure that all briefing slides and unit products are updated with our motto.

Lastly, the 81st RD will participate in a Joint Best Warrior Competition (BWC) with the 84th Training Command and other units in April to select our candidates to represent the command at the USARC BWC in June at Ft. Bragg. I look forward to the competition and seeing our Soldiers in action.



## THE NCO CREED

*No one is more professional than I. I am a Noncommissioned Officer, a leader of soldiers. As a Noncommissioned Officer, I realize that I am a member of a time honored corps, which is known as "The Backbone of the Army". I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the Corps, the Military Service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.*

*Competence is my watchword. My two basic responsibilities will always be uppermost in my mind – accomplishment of my mission and the welfare of my soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role. All soldiers are entitled to outstanding leadership; I will provide that leadership. I know my soldiers and I will always place their needs above my own. I will communicate consistently with my soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.*

*Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my soldiers. I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, Noncommissioned Officers, leaders!*

# What kind of vacation did you go on this year?

Story by Sgt. 1st Class Jeff Mullett

When most Soldiers go home on leave, it's to relax, or to visit family, or both, if you're lucky.

Master Sgt. Jorge Cruz, who works for the Surgeon's office at the 81st Readiness Division, took a very memorable vacation to his home in Arroyo Puerto Rico in October. The area experienced two of the worst hurricanes in recent history in September, similar in destructive power to Katrina, a category 5 storm that struck the Gulf Coast from Mississippi to Houston, Texas. Katrina was officially a category 3 storm when it made landfall, but New Orleans still hasn't fully recovered. First, the island was struck by Hurricane Irma, a storm that passed just below the southern Florida tip, and made its way north along the west



Maj. Gen. Kenneth Jones and Command Sgt. Maj. Levi Maynard traveled to Puerto Rico in November to survey the damage to 81st RD facilities. (Courtesy photo)

coast of Florida. Irma only glanced off the Puerto Rican east coast, but they experienced severe weather nonetheless. Irma passed the island on September 7, 2017, and inflicted severe damage on the Florida Keys.

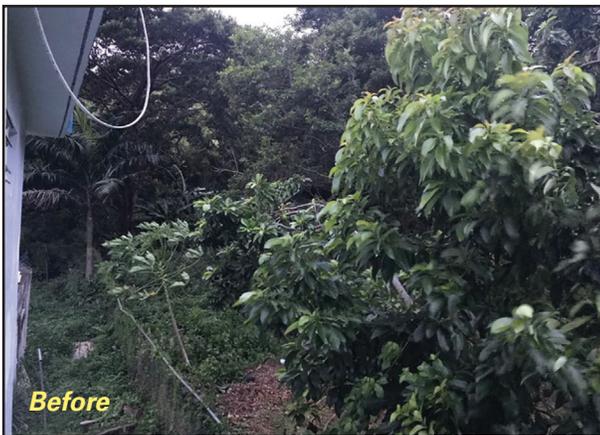
Hurricane Maria made landfall on the Island of Puerto Rico just two weeks later, on September 20, 2017. Maria was a category 4 storm with sustained winds of 155 miles per hour when it hit. The storm seemed to sit on top of the island for days. Master Sgt. Cruz made plans to fly down to his home, where his mother lives immediately after the storm blew out. He headed

down about a week later for 21 days, staying in an apartment he kept in San Juan. He had to commute from San Juan to his home in Arroyo every day, and the devastation was extreme.

"It looked like someone dropped a bomb," said Cruz. "There was no power anywhere."

He saw a lot of debris in the roadways all over the island, "It was really hard to get around," according to Cruz. Nearly everything standing had been knocked down. There were lines at the fuel points, "We had to stand in line, but it went pretty fast" Cruz said.

Cruz spent about a week helping his family with the cleanup when he heard there were workers attempting to return power to parts of the island. They were looking for Interpreters because they didn't have any with them. He reached out, and let them know he could help.



This is a before and after photo of MSG Cruz yard, the trees were nearly stripped bare





a generator with him when he traveled home the first time. "It only weighed 80 lbs, so I could take it on the plane." Master Sgt. Cruz, joined the Army National Guard in Puerto Rico in January 1991, then transferred to the Army Reserve in January 1995. He was assessed into the Active Guard Reserve program after he returned from deployment in 2009.



Nearly a month after the storms, without power and power lines were still laying in the roadways.

"I told them, if they helped my Mom first, I would help them," Cruz said, "as long as they picked me up, I would give them any help they needed." Cruz worked as an Interpreter for the workers for a little more than a week while he was on leave. It was not exactly the leave most Soldiers expect. Cruz was only one of several Soldiers who traveled to Puerto Rico after the disaster. There were many organizations who took part in the recovery, but Army Reserve Soldiers who live and work there played a big part in the recovery.

"Reserve facilities were used as collection points and staging points," according to Col. Sean McDonald, who runs the Department of Public Works for the 81st RD. Col. McDonald traveled to Puerto Rico, 27 November, to assess the damage to Reserve Facilities located on the island. As much damage as Cruz saw when he was there, by the time Col. McDonald

arrived, the vegetation, at least, seemed to have recovered. The roads however, were still clogged with debris, "They had pushed the debris off to the side of the roads," said McDonald. Recovery efforts were using the San Juan Convention Center as the headquarters for relief efforts. Toward the end of his "vacation" Cruz got the opportunity to travel to friends' homes, who lived near the center of the island, "I got the chance to visit the middle of the island, where my friends live, it was worse," he said. The town was called Naranjinto (pronounced Naran-hinto) They had to help out where they could, Cruz had the forethought to bring



The damage to the region was extensive, and due to the condition of roads, it is likely the clean up will be a long difficult one.



## Strong Bonds

Soldiers and Dependents looking for creative and relevant relationship counseling may consider the Strong Bonds program hosted by the Chaplain's Corps.

The Strong Bonds program has been around for several years, and the hosting has been distributed to all of the major commands around the Army and Army Reserve. Individuals may want to know that while the program is hosted by the Chaplain Corps, it is not conducted as a "Religious" event. So, those who may think that this is not the type of event they feel would benefit them, this is a training event directed toward a diverse audience.

This fiscal year, there is only one remaining event. Please refer to the schedule below. The dates highlighted in Red have been scheduled and filled. There is one event remaining for married couples. The event is in Mobile, AL.

Personnel who are living within the nine-state area represented by the 81st will be required to attend events within that area. This is the same for all major commands.







Events in RED are full and closed for registration			
	DATE	LOCATION	Training
Which Training Should I Attend?	2-4 Feb	Charleston, SC	Married/Singles
Singles: Soldiers who are not married. (Fiancée, girl/boyfriend, or significant others are NOT authorized.)	23-25 Feb	New Orleans, LA	Married/Singles
Married Couples: Soldiers who are married to the Spouse enrolled in DEERS. We recommend you not bringing children so you can focus on improving your marriage. However, we provide free childcare for children ages 0-6.	9-11 Mar	Nashville, TN	Married/Married
	23-25 Mar	Orlando, FL	Married/Singles
Family: Single/Married Soldiers who bring child(ren) ages 12 – 21. Married adult children are ineligible. Only Family members enrolled in DEERS aged 7 and older may participate. Children enrolled must attend ALL training sessions.	13-15 Apr	Wrightsville Beach, NC	Married/Singles
	27-29 Apr	Mobile, AL	Married/Singles
	4-6 May	Charleston, SC	Married/Family
	25-27 May	New Orleans, LA	Married/ Family
	8-10 Jun	Nashville, TN	Married/Family
	13-15 Jul	Orlando, FL	Married/Family
	27-29 Jul	Wrightsville Beach, NC	Married/Family
	10-12 Aug	Mobile, AL	Married/Family

Soldiers must live within 400 POV miles of the training location for which they register.

Soldiers may only attend one Strong Bonds Training every-other year.

Children over 12 require enrollment in a Family Event.

Free childcare is provided for all training events for children ages 0-12 upon DEERS verification.

Points of Contact

Primary: <https://strongbonds-prod.jointservicessupport.org/entry/> or usarmy.usarc.81-rsc.mesg.strongbonds, (803) 751-9621





# Revised Pre-Retirement Training Briefs



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 81 Wildcat Way, Fort Jackson, South Carolina 29207  
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States Covered: AL, FL, GA, KY, LA, MS, NC, PR, SC, TN

DATE:		CITY, STATE, ZIP
Saturday 10 February 2018	<b>Complete</b>	Nashville, TN
Saturday 24 February 2018	<b>Complete</b>	New Orleans, LA
Saturday 17 March 2018	<b>Complete</b>	Fort Knox, KY
Saturday 7 April 2018	<b>Open</b>	Memphis, TN
Saturday 21 April 2018	<b>Open</b>	Orlando, FL
Saturday 5 May 2018	<b>Open</b>	Jackson, MS
Saturday 2 June 2018	<b>Open</b>	Anniston, AL
Saturday 14 July 2018	<b>Open</b>	Jacksonville, FL
Saturday 4 August 2018	<b>Open</b>	Raleigh, NC
Saturday 25 August 2018	<b>Open</b>	Columbia, SC
Saturday 8 September 2018	<b>Open</b>	St. Croix, VI

# YOUTH SUMMER SPORTS 2018

## Registration March 5- April 27

Tee Ball Ages 3-4  
 \$25, Age 5 \$45

Coach Pitch Baseball  
 Ages 6-8 \$45

Summer Swim Team  
 Ages 5-18 \$65

## Registration March 5 - May 18

Summer Basketball  
 Ages 4 \$25 , Ages 5-15 \$45



Participants must be registered with CYS and have a current physical on file. For more information call (803)751-5040 or (803)751-7451.

# US Army Reserve invades MacDill AFB

Story by Sgt. Marcus McGill



Brig. Gen. Dion Moten was the keynote speaker for the Aviation Support Facility Ground Breaking. BG Moten is the Deputy Commander and represents the 81st Readiness Division, the command sponsoring the center. (Photo by Sgt. 1st Class Jeff Mullett)

Key leaders and military from the Tampa area gathered in MacDill Air Force Base to participate with the 81st Readiness Division (RD) to Break Ground on the Army Reserve's new Aviation Support Facility (ASF)

"This is a historic event for the Army Reserve Aviation Command. This is going to be our most modern facility in the country and it will bring [nearly two dozen] Black Hawks and more than 300 Soldiers and Civilians to MacDill. This is the place for us to be. It's the perfect community, the perfect training environment for our organization," said Brig. Gen. Scott R. Morcomb, Army Reserve Aviation Command (ARAC), Commanding General. The diverse group in attendance embodied one of the overall goals of joint operations throughout the military. "Our mission is to provide trained, equipped and ready Soldiers, leaders and units, wherever and whenever they are needed, anywhere around the world," said Brig. Gen. Dion Moten, 81st RD

Deputy Commanding General. "This facility enhances training and readiness, so our Army Reserve can be ready, lethal and capable to respond when called upon by our country."

Close to 100 people attended the ceremony, which served as an important example of the team work required to make our nation's fighting force formidable.

"MacDill Air Force Base is a base of partnerships. We have 34 mission partners right now and what I think we specialize in is readiness across the spectrum. If that is one thing that we can enable with our Army Reserve partners then we are excited to be a part of that," said Air Force Col. April D. Vogel, 6th Mobility Wing Commander.

Units from the ARAP presently operate out of the Clearwater, Fla. ASF, built in 2004. The unit has since outgrown their facility and presently leases additional hangars. The

new facility allows the Army Reserve to expand its mission to meet operational demands. Maj. David J. Stuckenberg, Sr., Director, Commanders Action Group suggested that the strong desire to remain in Florida and the strategic benefits of the new location were just some of the numerous justifications that made the decision to relocate to MacDill relatively simple.

"MacDill became the obvious choice for many reasons. It's a beautiful facility and a great base for our Soldiers and civilian staff to operate out of. It also provides training partnerships. We have people here who we have worked and deployed across the globe with for the last 17 years. It provides us a more efficient base of operations from which to continue those partnerships and to grow them as we continue to be the most capable, lethal, and



Brig. Gen. Dion Moten, 81st Readiness Division Deputy Commanding General, Brig. Gen. Scott Morcomb, Commander, ARAC and Maj. David J. Stuckenberg, Director, Commanders Action Group, MacDill Air Force Base discuss construction prior to the ground-breaking ceremony on 23 March (Photo by Sgt. Marcus McGill)

ready Reserve Aviation force on earth," Morcomb said. "Since 2001, some component of Reserve Aviation Command has been deployed worldwide. The sun never really sets on our Soldiers," he said. While the decision about where to build the new facility wasn't difficult, the project, which was started in 2015, has not been without challenges. The location was once a grenade range, that is imperative for training and had to be moved. "We needed to try to move the pieces around so that they worked for everybody. Everybody came out a winner. By moving the grenade range to its current location it is logistically easier from a training standpoint," Maj. Stuckenberg said. Hensel Phelps Construction Company is building the 92,000 square foot, \$50 million facility. Locating the facility on a military installation saves taxpayers money on land and leases while providing the Army access to base support. The new facility is expected to open in Oct. 2019. "From a tax payers standpoint I think this is win all around," said Stuckenberg. "You've got space that can be opened for other Army aviation assets. Moving the facility here will save hundreds of thousands of dollars per year. If you set that against the total project cost then I think you reach break even pretty quickly on the investment."

Many of the leaders involved touted the actual defense benefits regarding the project as well.

"It's an upgrade in the facili-



Close to one hundred people from the U.S. Army Reserve, the Air Force, Hensel Phelps Construction and local civilian government and Federal government showed up to support the new construction of the Aviation Support Facility on MacDill AFB, for the Army Reserve. (Photo by Sgt. 1st Class Jeff Mullett)

ty. You're getting a lot more efficient with the training here since it is located with the maintenance assets. Plus its at a military air field so you are getting better utilization of our air space," said Stuckenberg. Maj. Stuckenberg echoed the sentiments of Col. Vogel and Brig. Gen Morcomb regarding the importance of the cooperation among all the different groups involved with the project. All three seemed to support the idea that such

Army, for the Air Force, and for the quality of life for those nearby. From a national defense standpoint, we are a total force. There is no way that one branch of service can fight by itself, we are completely reliant on one another. So having the Army here as a part of the joint team will be a tremendous asset," he said. Today's event took about 6 months to plan. It was over in less than two hours. However, what was represented here, among the military, and it's civilian partners, was a cooperation as steeped in time and tradition as the military itself.



Col. April D. Vogel, 6th Mobility Wing Commander and Brig. Gen. Scott Morcomb, Commander, ARAC, are joined by staff from U.S. Rep. Kathy Castor's office as Brig. Gen. Dion Moten, 81st Readiness Division DCG, unveils a rendering of the new facility at the groundbreaking ceremony held here on 23 March. (Photo by Sgt. Marcus McGill)

teamwork is a major theme when it comes to the strength of our Armed Services. "I really think this is a win for the community holistically, for the Army Reserve, for active

"What a great showing. We had community partners here leaders here we had folks from USAA, the Tampa Bay Rays, lawyers. That shows you that the community supports everything that goes on, on this base. That was nice to show the Army that you already have support from the community," said Vogel.



# Strong Bonds Serves up Skill Sets for Singles and Couples

Story and Pictures by Sgt. Marcus McGill



Chaplain (Maj.) Robert Farmer is the Strong Bonds coordinator for the 81st RD.

There is a common misconception that Strong Bonds events like the ones held here from Friday Feb 23 to Sun Feb 25 are intended for married couples only. More than 30 Soldiers and spouses from multiple units in the 81st Readiness Division may have walked away with a little different perspective after the investment they made this weekend while in, "the Big Easy."

Capt. Lorenzo Richardson, 803rd Quartermaster Co., Opelika, Al. and his wife Nakesha were among twelve couples who attended this weekend's event. As part of the training, they worked with the other couples and Strong Bonds staff to learn more about things like effective communication, different personality styles, and managing expectations in relationships. Capt. Richardson is in a unique position to speak to the value of Strong Bonds for a variety of Soldiers as he has attended as a single Soldier and again after getting mar-

ried. Richardson says he finds the experience so valuable that he would like to see it become required training. "For us personally, it helped a whole lot just as far as the growing process. You're not gonna remember everything, but you bring back tools with you," said Richardson. After leaving the training, participants are equipped with means to manage differ-

ent issues that might come up in every day relationships. "We will definitely go back and look at some of these things," he said. He attended his first event as a single Soldier in Atlanta, Ga., some time in 2012. He attended an event in February of 2016 in New Orleans. After getting married on December 9, 2016, both Richardsons admitted that some of the challenges facing many first year married couples were very real with them. They credit Strong Bonds for providing some of the tools that helped them overcome their own challenges. "The communication part is something they harped on a lot," said Nakesha. "We used that quite a few times." She says that now that they are married this experience may be even more applicable to their everyday lives and that getting away like this offered a renewal opportunity. "It's refresher training now," Capt. Richardson added. "We are two different per-



Married couples participate in fun and informative counseling designed to enhance relationships through communication.



Couples are given resources and helpful contacts to take home with them.

sonalities and we expect different things from each other. Sometimes expectations won't always be met so we have to learn to communicate, and know what to let go," added Mrs. Richardson.

Staff Sgt. Natalie Dampeer is an instructor with the 9th Battalion, 108th Regiment from Decatur, Ga., who attended the singles event. She arrived with the exceptional perspective of being a single mother as well.

"When it comes down to it, a lot of the stuff that we learn here can be translated into a single person's life," she said. "Like how they deal with family relationships, how they deal with personal relationships, or intimate relationships. You don't have that partner who is there to support you like a married person, so to me, as a single person, this training is absolutely necessary."

Dampeer says that when you come to Strong Bonds you take away a lot of valuable information that helps you deal with many different situations.

"If you are single with a child,

this is even more essential because you learn how to navigate those concepts and still focus on being a Soldier. It is good training, and a lot of people don't know about it," she said.

Dampeer and Capt. Richardson both expressed the need for Soldiers to learn more about the opportunities that Strong Bonds offer.

"I talked to three friends before coming and they said they had never been because they didn't know about it," said Dampeer. "I tell people, I guarantee you if you go to the training you will find it beneficial."

Capt. Richardson says he feels that many Soldiers might not realize how valuable or how easy it is to do a Strong Bonds event.

"I try to encourage Soldiers to come. I think one of the reasons why some of the junior enlisted Soldiers don't actually go is because of things like DTS and the whole process of doing something they don't really know how to do," he said. "I believe a lot of them, if they get that first experience and see how good

it is, then they will be more encouraged to come back, just like us. We really enjoyed the first one we attended."

He repeatedly described their value from a training standpoint and added, "The Army is actually paying them."

There were eight staff members who worked the event, and according to Dampeer, they actually went a long way to alleviate some of those concerns troops might have with attendance. She has also attended multiple events and said that Strong Bonds staff is very accommodating.

"Strong Bonds makes it absolutely easy to do. They do a lot of it. Communication is very organized and I knew coming here that I would have assistance for DTS."

Richardson echoed, "...that's a great benefit by having that DTS assistance here."

Sgt. Dwan Contreras is a religious Affairs NCO with the 81st Readiness Division. She served as a staff member for this event and she dispelled one of the other myths regarding these occasions.

"This program is led by chaplains but the classes are nonreligious in nature. Any Soldier of any faith can come to the training and not feel uncomfortable or obligated to adhere to any specific religious doctrine," said Contreras. "That's one of the biggest misconceptions is that it is strictly centered on a specific religion. The training is about relationships."

Staff Sgt. Dampeer says that "get-aways" like this are valuable on many levels.

"It is an escape," she said. "Everybody needs that break-away for some type of clarity. It takes you out of your element and puts you somewhere different with different types of people. This can be a retreat where you find the

answers to questions that you need and to refresh you. You can get your focus back. It's like a reset."

She says that coming to a second event was an easy decision for her and echoed Richardson's sentiments regarding the value of attending multiple events.

"This was a refresher," she said. "The first time I came I was very stressed."

She credits Strong Bonds with helping her recognize her stress levels and says that part of the reason she wanted to come back was to see if things had changed for her.

"Things that used to bother me don't bother me anymore, I am far less stressed. It was very valuable to come through and have different instructors this time."

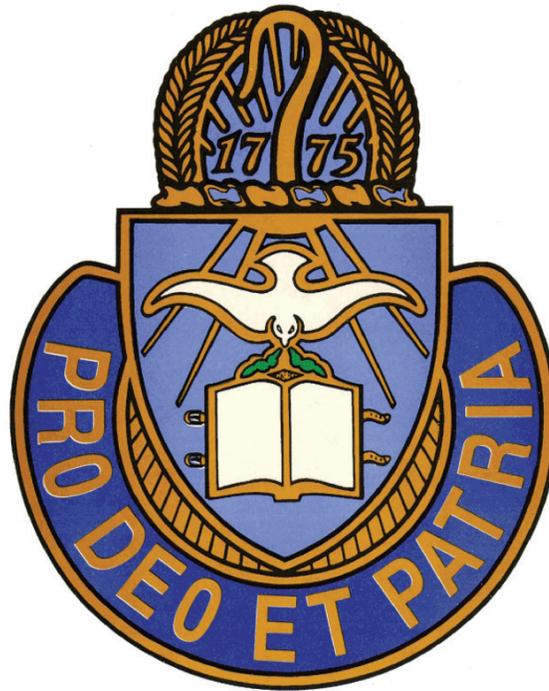
Capt. Richardson went on to describe the manner in which such training can benefit leaders as well. While he has taken a lot out of the two sessions he has attended with his spouse that has helped their relationship, he claims the training has helped him deal with Soldiers as well.

"I have dealt with real situations as a commander, thoughts of suicide, Soldiers calling me out of the blue, dealing with family issues, marital issues or problems with kids. These are real world situations I have dealt with. If they come here they might learn tools on how to handle these types of situations," said Capt. Richardson. "As a leader, you can learn how to deal with these issues when your Soldiers look to you for that comfort and that leadership."

Mrs. Richardson expressed that there was more going on

here than just between those who showed up together. She claimed that one of the positives of the event was actually found among the other attendees.

"It's beneficial too because you're dealing with military families who are going through the same things. The wives can relate, the husbands can relate. It's particularly for military families. It's



not like its open for people who might not understand the military aspect of it," added Mrs. Richardson. Staff Sgt. Dampeer was one of two singles in attendance who were able to bring their child with them. According to her, the training can be valuable for the children who accompany parents even though they aren't going through it themselves.

"This is a time for me and him to bond. He knows that other kids are going through the same stuff, that other kids' mommies have to leave some time too. He bonded with the other kid that was here. This training was absolutely neces-

sary," Dampeer said.

According to their website, Strong Bonds was formed in 1997 due to the recognition of the vital role of family support in the execution of the Soldier's mission.

"The program's success has led to increased funding, expansion Army-wide, and more training options.

New programs now meet Soldiers at different phases of the relationship cycle. Specific training is offered for the Single Soldier, Couples, Families with children, and all Soldiers and Families facing deployment.

Strong Bonds is fully-funded and Chaplain-led with the support of the Commanding Officer. Soldiers and their Families attend with others in the unit who share the same deployment cycle. During the training, Soldiers and Families participate in small group activities that reveal common bonds and nurture friendships. This shores up spousal support at home, which can be vitally important while the Soldier is away. In addition, Soldiers and Families

gain awareness of community resources that can assist with concerns about health and wellness, even crisis intervention."

If the reaction from both Dampeer and the Richardsons is any indication, Strong Bonds is not only making a difference in Soldiers' lives, but should see continued growth.

"I definitely plan on attending more events," said Dampeer.





# DTS FLASH BULLETIN

DTS Travel Operations, DFAS Indianapolis



## TOPIC: WARNING — DTS Phishing Attempt

### PLEASE DISTRIBUTE TO ALL DTS USERS FOR THEIR AWARENESS.

Defense Travel System Users have reported receiving a NEW phishing email. The eMail message advises the traveler that they were not paid correctly for their last TDY period.

#### Extract of the phishing eMail message.

From: noreply@defensetravel.osd.army  
[mailto:noreply@defensetravel.osd.army]  
Sent: Wednesday, February 28, 2018 8:48 AM  
To: Traveler, Joseph CIV USARMY  
<joseph.traveler.civ@mail.mil

Subject: [Non-DoD Source] Defense Travel System Refund Notification

Dear joseph traveler,

Due to a system error you were not paid correctly for your last temporary duty travel. We are contacting you to correct your account information.

A refund process was initiated but could not be completed due to errors in your current unit information.

REF CODE: 0572

COPY AND PASTE THE LINK BELOW TO UPDATE YOUR INFORMATION:

<http://defensetravel.osd.army/?720c3cee7182ee131b68eee35ef77f2995a4pjc>  
(Note: This link has been changed to preclude use)

After your information has been validated, you should get a refund to your bank account within 3 business days.

Thank you for your service and we apologize for any inconvenience.

Defense Travel System  
Fort Belvoir, VA

#### How YOU can tell this is a phishing attempt.

1. The correct DTS email address is: [box-name@defensetravel.osd.mil](mailto:box-name@defensetravel.osd.mil) (not .army) Consider all other addresses as suspicious, especially those ending in .army or .com.
2. Traveler name in the message salutation is not formatted (capitalized) properly. The name should reflect: Dear **Joseph Traveler**
3. The link provided in the phishing message does not correspond to a DoD "secure" message server. All DoD secure servers begin with **https:** for any official link from DoD.
4. DTS would never solicit information directly from a traveler. Should it ever occur, DTS would advise the traveler to update the user information in the DTS application versus providing an external link to update records.
5. Messages from Non-DoD sources are always suspect to being fraudulent. Addressees need to ensure they know **who** is sending them a message.

#### Your defensive actions include:

- Delete the phishing eMail message.
- DO NOT copy & paste the provided link to access the phishing site. You could compromise your personal PII data.
- DO NOT forward the phishing eMail message.

## For More Information / References

For additional information on this topic, please eMail your concerns or questions to: [dfas.indianapolis-in.jft.mbx.in-army-dts-inquiries@mail.mil](mailto:dfas.indianapolis-in.jft.mbx.in-army-dts-inquiries@mail.mil)

## USAR Guidance

<b>MR3A</b>	All current IMR deficiencies resolvable >72 hrs but <31 days; timeframe allows for treatment of abnormal screening tests	<b>DRC3</b> – Dental Class 3 <b>DL6</b> – Temp (T3/4) Profile <31 days	Not Available	Eligible except LAD-90 units
<b>MR3B</b>	Most Serious IMR Deficiencies not resolvable >30 days	<b>DL1</b> – Profile Code F/V/X or P3/4 not in e-Profile, no board <b>DL2</b> – In MAR2, not completed <b>DL3</b> – in MEB/PEB, not completed <b>DL4</b> – Temp (T3/4) Profile >30 days <b>DL5</b> – Pregnant <b>DL7</b> – in MEB/PEB, not completed <b>Other</b> – HIV positive Soldiers; Soldiers in COAD/COAR status; Soldiers hospitalized or on convalescent leave	Not Available	<b>(case-by-case)</b> P3/4 non-adjudicated profile not eligible
<b>MR4</b>	Soldier status unknown for Dental and PHA due to overdue exams	<b>DRC4</b> – Dental Class 4, Exam Overdue <b>PHA</b> – Periodic Health Assessment Overdue	Available	Not Eligible

As continued, TPU Soldiers who are MRC4 are not authorized to attend Inactive Duty Training (IDT) or Annual Training (AT) until they produce verification of being compliant with Medical and Dental or resolved their MRC4 status. All Commanders, are authorized flexibility to implement this policy over a 90- day grace period as of the date of Policy. Specifically for AGRs, Soldier who are MRC4 are not authorized passes or Days of No Scheduled Activity (DONSA) until they produce documentation for compliancy.

It is imperative Commanders counsel all Soldiers ( TPU, AGR, or IMA ) at the 12- month point of expiring assessment, to make them aware of their failure to become compliant within in the next 90- days.

-CAR MRC4 Policy Memo 20July17

## FY18 Influenza Vaccination Program

Beginning 1 Oct 17, all eligible Army Reserve (AR) Soldiers will receive the annual influenza vaccination during the FY18 flu season in order to ensure the health of the Army Reserve force. Command Teams have the capability to monitor Vaccinations through MEDPROS and the Commander Strength Management Module (CSMM).

Executing Operation:

- In- clinic Flu vouchers can be requested in AVS
- Walk-In vouchers for Walgreens
- Civilian Record (Updated in MEDPROs by Staff)
- IMM Group Events (81<sup>st</sup> Share Point)



We'll be in touch.

The RHRP Scheduling Center at LHI will contact you as soon as your dental treatment appointment is ready to be scheduled.

Answer when you see our number on your caller ID.

1-800-666-2833

1-877-437-6313 1-608-783-7560

**DON'T MISS OUT! IF SEEKING TREATMENT ON YOUR OWN, YOU MIGHT EXPECT TO PAY:**

**\$110 - \$300 per filling**

Average cost of an amalgam filling

**\$140 - \$400 per tooth**

Average cost of tooth extraction

**\$500 to \$1000**

Average cost of a root canal

**\$1000 +**

Average cost of a full set of dentures

# You are Eligible for Dental Readiness Dental Care

Take advantage of services provided at no cost to you through the Reserve Health Readiness Program (RHRP) under the Army Selected Reserve Dental Readiness System (ASDRS)

Approved treatment plans can include:

- Restorations that fix large cavities in need of fillings.
- Endodontics when root canal treatment is needed.
- Extractions for problematic teeth that need to be removed.

Why use RHRP under ASDRS?

- Dental treatment can be costly. While this is not a complete dental benefit program, authorized care given by RHRP under ASDRS is provided at no cost to the Service member.
- The care you will receive will stop the progression of your Class 3 dental condition.
- The RHRP office will work with you to find the closest-possible network dental provider.

What treatment is not offered through RHRP under ASDRS?

- Cosmetic dentistry, crowns, bridges, implants, orthodontics, etc.
- Routine teeth cleaning.
- Other non-authorized dental treatment.

Can I use my own provider?

- You are able to use your own dental provider, however the costs will not be covered under ASDRS. At your own expense, your dental provider can complete treatment and a DD2813 form. You can submit the completed DD2813 form to your unit or to [HistoricalUpdates-Dental@logisticshealth.com](mailto:HistoricalUpdates-Dental@logisticshealth.com).

## Here's how it works:



A Class 3 condition is identified during your annual dental exam.



RHRP Scheduling Center contacts you to schedule dental treatment.

WATCH CALLER ID: 1-800-666-2833



You attend appointments at a dental office near your preferred location.



Your Class 3 condition is resolved and you meet your dental readiness requirements.



## ARMEDCOM – Ready & Resilient Operation Reserve Care



Operation Reserve Care (ORC) will be open for PHAs, Dental Readiness Exams, Comprehensive Vision Exams, Over 40 EKGs, Immunizations, Audiograms and HIV blood draws for ALL Army Soldiers within the Fort Bragg area. Services will be provided at the Acute Care Clinic at Womack Army Medical Center during the following hours:

Friday 02 March 1800-2000  
Saturday 03 March 0700-2000  
Sunday 04 March 0700-1600

Soldiers must complete part I of their PHA (via AKO) prior to arriving. They also need to bring with them any supporting medical documentation or civilian provider notes, immunization records and their CAC Card.

Additional Services will be provided on

02-04 Mar	01-03 Jun	07-09 Sep
06-08 Apr	06-08 Jul	
04-06 May	03-05 Aug	

POC: CPT Tiffany Glass (910) 432-8915 or [tiffany.a.glass.mil@mail.mil](mailto:tiffany.a.glass.mil@mail.mil)  
or  
Mr. John Fejerang (910) 907-8898 or [john.a.fejerang.civ@mail.mil](mailto:john.a.fejerang.civ@mail.mil)





# Suspicious Activity Reporting Indicators and Behaviors

Tools for  
Analysts and  
Investigators

## Behaviors

## Descriptions

Defined Criminal Activity and Potential Terrorism Nexus Activity	
<b>Breach/Attempted Intrusion</b>	Unauthorized personnel attempting to enter or actually entering a restricted area, secured protected site, or nonpublic area. Impersonation of authorized personnel (e.g., police/security officers, janitor, or other personnel).
<b>Misrepresentation</b>	Presenting false information or misusing insignia, documents, and/or identification to misrepresent one's affiliation as a means of concealing possible illegal activity.
<b>Theft/Loss/Diversions</b>	Stealing or diverting something associated with a facility/infrastructure or secured protected site (e.g., badges, uniforms, identification, emergency vehicles, technology, or documents {classified or unclassified}), which are proprietary to the facility/infrastructure or secured protected site.
<b>Sabotage/Tampering/Vandalism</b>	Damaging, manipulating, defacing, or destroying part of a facility/infrastructure or secured protected site.
<b>Cyberattack</b>	Compromising or attempting to compromise or disrupt an organization's information technology infrastructure.
<b>Expressed or Implied Threat</b>	Communicating a spoken or written threat to commit a crime that will result in death or bodily injury to another person or persons or to damage or compromise a facility/infrastructure or secured protected site.
<b>Aviation Activity</b>	Learning to operate, or operating an aircraft, or interfering with the operation of an aircraft in a manner that poses a threat of harm to people or property and that would arouse suspicion of terrorism or other criminality in a reasonable person. Such activity may or may not be a violation of Federal Aviation Regulations.
Potential Criminal or Non-Criminal Activities Requiring Additional Information During Vetting	
<i>Note: When the behavior describes activities that are not inherently criminal and may be constitutionally protected, the vetting agency should carefully assess the information and gather as much additional information as necessary to document facts and circumstances that clearly support documenting the information as an ISE-SAR.</i>	
<b>Eliciting Information</b>	Questioning individuals or otherwise soliciting information at a level beyond mere curiosity about a public or private event or particular facets of a facility's or building's purpose, operations, security procedures, etc., in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Testing or Probing of Security</b>	Deliberate interactions with, or challenges to, installations, personnel, or systems that reveal physical, personnel, or cybersecurity capabilities in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Recruiting/Financing</b>	Providing direct financial support to operations teams and contacts or building operations teams and contacts; compiling personnel data, banking data, or travel data in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Photography</b>	Taking pictures or video of persons, facilities, buildings, or infrastructure in an unusual or surreptitious manner that would arouse suspicion of terrorism or other criminality in a reasonable person. Examples include taking pictures or video of infrequently used access points, the superstructure of a bridge, personnel performing security functions (e.g., patrols, badge/vehicle checking), security-related equipment (e.g., perimeter fencing, security cameras), etc.
<b>Observation/Surveillance</b>	Demonstrating unusual or prolonged interest in facilities, buildings, or infrastructure beyond mere casual (e.g., tourists) or professional (e.g., engineers) interest and in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person. Examples include observation through binoculars, taking notes, attempting to mark off or measure distances, etc.
<b>Materials Acquisition/Storage</b>	Acquisition and/or storage of unusual quantities of materials such as cell phones, pagers, radio control toy servos or controllers; fuel, chemicals, or toxic materials; and timers or other triggering devices, in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Acquisition of Expertise</b>	Attempts to obtain or conduct training or otherwise obtain knowledge or skills in security concepts, military weapons or tactics, or other unusual capabilities in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Weapons Collection/Discovery</b>	Collection or discovery of unusual amounts or types of weapons, including explosives, chemicals, and other destructive materials, or evidence, detonations or other residue, wounds, or chemical burns, that would arouse suspicion of terrorism or other criminality in a reasonable person.
<b>Sector-Specific Incident</b>	Actions associated with a characteristic of unique concern to specific sectors (e.g., the public health sector), with regard to their personnel, facilities, systems, or functions in a manner that would arouse suspicion of terrorism or other criminality in a reasonable person.

<http://nsi.ncirc.gov>

rev. 02/16

# The 81st Readiness Division

Welcomes



## MG Kenneth D. Jones and Family

### 81st RD Commanding General



Maj. Gen. Kenneth Jones was officially welcomed to the 81st Readiness Division in an Assumption of Command Ceremony held in the Darden Auditorium during Battle Assembly, 10 February. The 81st welcomed MG Jones in December, and followed with an official ceremony for all Soldiers and civilians available to attend.  
(Photos provided by 81st RD Public Affairs)



MG Kenneth Jones is officially welcomed as the new 81st Readiness Division commander  
(Photos by Sgt. 1st Class Jeff Mullett)



CPT (P) Latoya Kearns' son and Husband participate in her promotion to Major, 5 January  
(Photos by Sgt. 1st Class Jeff Mullett)



Brig. Gen. Dion Moten visits with members of Public Private Partnership during a job fair in Mobile, Al. 26 January 2018.  
(Photos by Lt. Col. Kristian Sorensen)



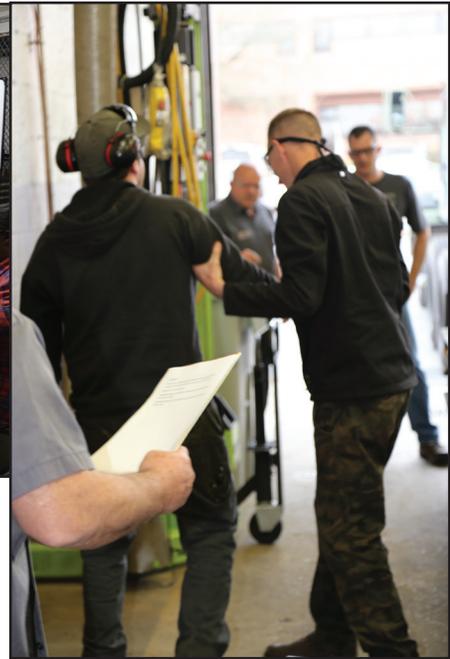
CW3 Lorien Mickelson receives her end of tour award, job well done!  
(Photos by Sgt. 1st Class Jeff Mullett)



Soldiers and Civilians from Louisiana attended a Retirement Services Briefing in New Orleans, 25 February (Photo by Sgt. Marcus McGill)



Area Maintenance Support Activity (AMSA) 122 in Charlotte, NC, conducts a Safety Standown in order to review safety standards and procedures.  
(Photo by Sgt. 1st Class Jeff Mullett)



Staff and Soldiers were given a knowledge test by local law enforcement during a "Gang" Awareness briefing 7 February. Sheriff Lt. Rafael Gonzalez with the Gang Task Force receives a certificate of appreciation from DES Supervisor Laura Steele.  
(Photos by Sgt. 1st Class Jeff Mullett)





The 81st RD hosted the DOL Supervisor's Workshop 15 March (Photos by Sgt. 1st Class Jeff Mullett)



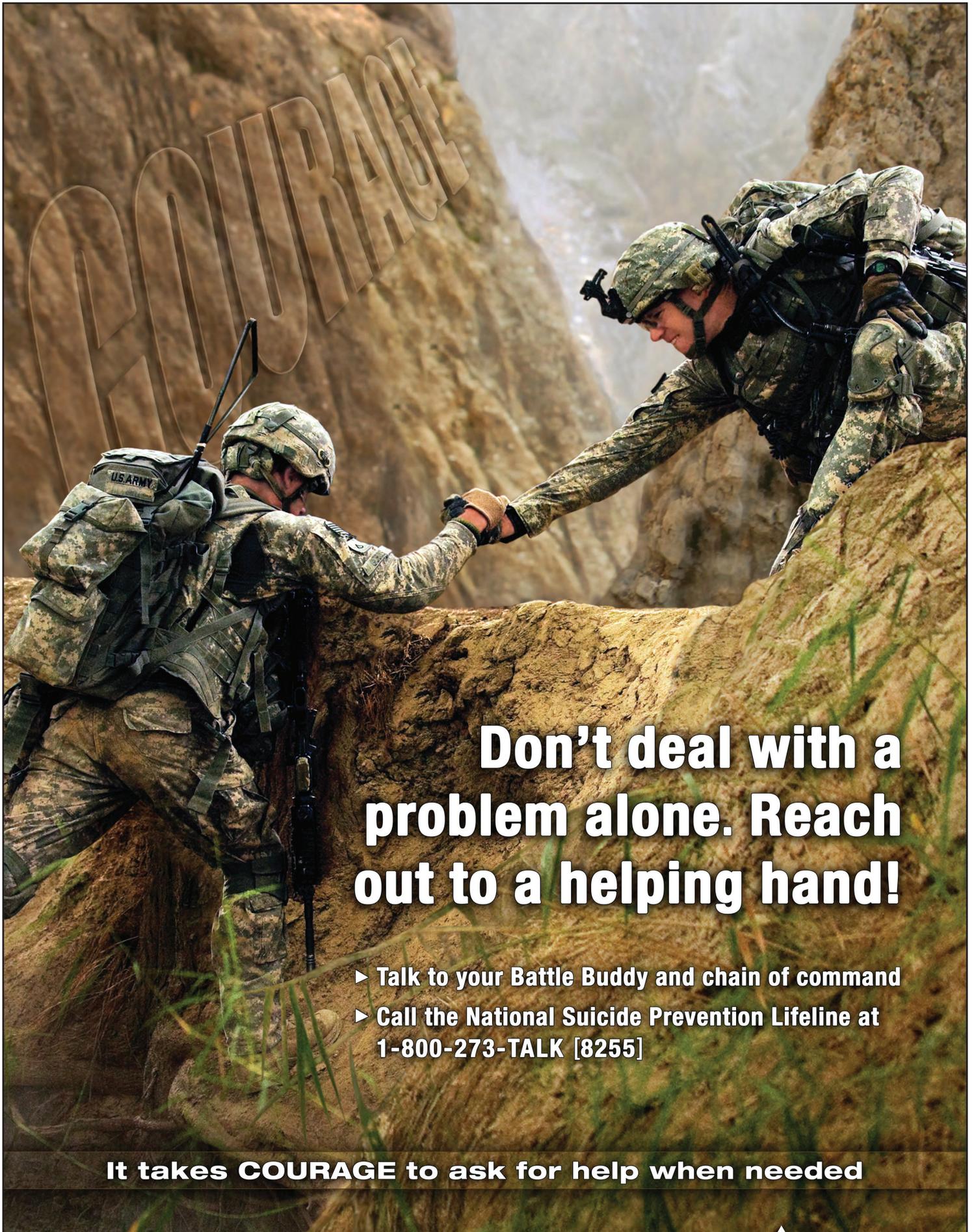
SGM Jerome Harris, 81st Human Resource NCOIC and Mr Steven Trice, Human Resource Specialist, receive recognition from the 3D Medical Command for support of deployment efforts (Photos by Sgt. 1st Class Jeff Mullett)



Cpt. (P) Nicholas Dolezal is sworn in as Major during his promotion ceremony 1 March. Maj. Dolezal is joined by his wife Kristen, and two of their three children Ashton and Abigail (Photos by Sgt. 1st Class Jeff Mullett)



# 81st Readiness Division



# Don't deal with a problem alone. Reach out to a helping hand!

- ▶ Talk to your Battle Buddy and chain of command
- ▶ Call the National Suicide Prevention Lifeline at 1-800-273-TALK [8255]

**It takes COURAGE to ask for help when needed**

# Women's History Month, the Nursing Corps (March)

By Mr. H. Allen Skinner, 81st RD Historian

February 2nd marks the 117th anniversary of the inclusion of the Nurse Corps (Female) as a permanent part of the Army Medical Department. The history of Army nursing goes much further back in time. The Army Nursing Corps was officially established on 2 February 1901.

Prior to the American Civil War, the Army made no permanent provision for skilled nurses, so nursing duties were usually performed by women volunteers, or Soldiers detailed as orderlies. Just before the Civil War, Congress first authorized the enlistment of male hospital stewards for the care of ill and injured Soldiers. Stewards earned a monthly salary of \$30 (as compared to \$21 per month for a private) with extra pay to compensate for the "laborious and loathsome duties they have to perform, and in consideration of their frequent exposure to contagious dis-

eases".

During the war, female civilian nurses were organized by volunteer organizations like the U.S. Sanitary Commission, and contracted to work at rear area hospitals at \$12 per month. Basic requirements included over the age of 30, no bows, curls or hoop skirts, and clothing was limited to black or brown dresses to hide bloodstains. During the war some 3200 women served as Union Army contract nurses, while an unknown number of



Men and women have served in the role of medical support since before the Civil War. (Courtesy Photo)



Hospital Field, 1st Division, 7th Army Corps, Camp Columbia, Havana Cuba 1899

Southern women served as volunteer nurses in Confederate hospitals.

After the Civil War, the Army lost interest in retaining women nurses, although women were employed as housekeepers and laundresses. Outside the Army, the experiences of the war showed that professional nurses should become an established part of community health care. By the 1890s, nursing had evolved into a scientifically based, acceptable profession for women. Early advances in germ theory led to the introduction of methods of sterilization and the prevention of infections. By the Spanish American War, the acute need for qual-





*Nurses serving near the battlefields during WWI, just over a decade after the Nursing Corps was formed*

ified nurses led to a resumption of contracting. Contract nurses were paid \$30 per month, as compared to an average private pay of \$18 per month.

Both men and women were contracted, but only men were allowed to serve outside of the United States. The restriction on women was softened somewhat when 32 black females, then considered immune to yellow fever, were employed as nurses in the pestilential Cuban theater. Other women, nuns and trained nurses employed by the Red Cross, were sent to Puerto Rico and Cuba where they performed exceptional service in ministering to sick Soldiers. Eventually, some 1100 contract nurses served in overseas theaters during the war, with 15 of the women nurses dying due to disease. The experiences of the Span-

ish-American War pointed to a need for a permanent Nurse Corps establishment in the Army, which led to the law passed on 2 February 1901. Candidates were rigorously vetted, and only the best were appointed for a three year term in the Nurse Corps, a Reserve of the Army. By World War I, the Army had 403 nurses on active duty, with a further 170 reserve nurses. During the war 21,408 nurses were inducted into service, with more than 10,000 deployed to serve

overseas. In collaboration with the Red Cross, 50 base hospitals were organized by mobilizing the staffs of major university hospitals into national service.

When America declared war in April 1917, six mobilized nurse units were among the first to deploy to France, to begin immediate support to French and British combat units. All Army nurses were volunteers appointed into service by The Surgeon General, but only as paid civilians with no military status or training. Each was required to be a single white female citizen of the United States, between 25 and 35 years of age, and a graduate of an approved nursing school. Despite their civilian status, Army nurses worked long hours in close proximity to the front. The brutality of the war meant nurses had to master new skills, which included anesthesia nursing, trauma teams and treatments for gas exposure. By November 1918, three Army nurses had



*Nurses weren't isolated to working in the operating room during WWII*

been wounded by shellfire and a further 272 died from disease. In recognition of their invaluable performance during the war, the Nurse Corps was renamed the Army Nurse Corps, and members were granted relative ranks from 2d Lieutenant to Major, and pay was increased, but still half that of

a comparable ranked officer. In September 1939, the Army had on 625 nurses on active duty, by the end of World War II 59,000 nurses were inducted into the Army, with roughly 32,500 serving overseas. Army nurses were issued regular fatigue uniforms, and beginning in

1943 underwent a six week military orientation that included physical fitness, drill, gas warfare, and bivouac skills. Relative ranks were introduced for Lieutenant Colonel and Colonel, and pay and allowances were made comparable to Regular officers. Overseas, Army nurses were assigned to hospital ships, flying ambulances and hospital trains, as well as field, evacuation and general hospitals. Army nurses served on beachheads from Anzio to North Africa to the Philippines, with 16 nurses killed due to enemy action, while 1600 more were decorated for meritorious service and bravery under fire.

Major innovations pioneered by Army nurses included air evacuation, recovery wards and front-line surgery. In 1947, nurses were authorized permanent commissioned rank in the Army Nurse Corps, and during the Korean Conflict, an estimated 1502 nurses served in the-



Army Nurses working in unstable regions of Vietnam

ater. During the war, nurses advanced the concept of the Mobile Army Surgical Hospital (MASH) and effective protocols and treatments for tuberculosis and cold weather injuries. Korea also saw the first integration of black nurses into previously all-white medical units, the use of rotary wing medical evacuation, and early experiments in renal dialysis. The next decades saw an increased professionalism in the Army Nurse Corps, with the Army Student Nurse Program and the Walter Reed Institute of Nursing particular high points. Involvement in Vietnam saw the refining of med-

ical evacuation and intensive care nursing specialties, and a greater focus on specialization within the Army Nurse Corps. Nurses performed clinical research in theater, and male nurses joined the Corps for the first time. Nine Army Nurses died in Vietnam, with 1LT Sharon Lane, killed

as a result of an enemy rocket attack on 8 June 1969 on the 312th Evacuation Hospital at Chu Lai. During Operations Desert Shield/Storm some 87,000 Army Medical Soldiers were on active duty. More than 23,000, about 55% from the Reserve Component, were deployed to Southwest Asia, a number that included 2,265 nurses. Since 9/11, hundreds of Army nurses have

served in Operations Iraqi Freedom and Enduring Freedom, with nine dying in the line of duty: 3 who died when Major Nidal Hassan opened fire at a Fort Hood processing center on 5 November 2009; 4 from combat related wounds; and 2 from non-combat causes while deployed in theater. Today more than 11,000 male and female Soldiers serve in the Army Nurse Corps. Compared to 1918, 35% of Active and 28% of Reserve nurses are males.



# Celebrating 110 years



+ TRIAGE +



**THEN** // Within the Enlisted Reserve Corps, **15,000** Soldiers served in the Medical Department during World War I. **One-third** of the nearly **90,000** Reserve officers mobilized during the war were medical doctors.

**NOW** // **Fifty-nine percent** of the Total Army's medical capabilities reside in the Army Reserve.



**SHARP**  
SEXUAL HARASSMENT/ASSAULT RESPONSE & PREVENTION

**I AM THE FORCE BEHIND THE FIGHT.™**

I Am Committed to Stopping Sexual Harassment and Sexual Assault.

I Am Living the Army Values.

I Am Protecting the Members of My Team.



**I AM STRONG**

OUR COUNTRY...  
OUR FUTURE...



**YOUR VOTE... IT COUNTS!**

HELP KEEP OUR COUNTRY AND OUR ARMY STRONG. EXERCISE YOUR RIGHT TO VOTE.



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# ***81st Readiness Division (RD) Formal CAO/CNO Classroom Training***

~Training Dates FY 2018~

<u>DATE</u>	<u>HOSTING UNIT</u>	<u>LOCATION</u>
April 11-13	1st MSC	Ft. Buchanan, PR
April 25-27	81st RD	Ft. Jackson, SC
May 9-11	81st RD	Ft. Jackson, SC
May 16-18	841st EN BN	Lake Park, FL
June 6-8	160th MP BN	Tallahassee, FL
June 20-22	81st RD	Ft. Jackson, SC
July 11-13	81st RD	Ft. Jackson, SC
July 18-20	84th Tng Cmd	Fort Knox, KY
August 8-10	290th MP BDE	Nashville, TN
August 21-23	81st RD	Ft. Jackson, SC
September 5-7	81st RD	Ft. Jackson, SC

CAO/CNO training is a Formal 3-day classroom Training, effective April 2015. Upon successful completion, you will be provided a Certification of Completion. This Certificate will be valid for one year. Prior to the expiration of your certificate, you are required to go online and take the re-certification course.

**POINT OF CONTACT –  
CAO / CNO GENERAL EMAIL  
AFTER HOURS 803-312-2455  
[USARMY.USARC.81-RSC.MBX.CASOPS@MAIL.MIL@MAIL.MIL](mailto:USARMY.USARC.81-RSC.MBX.CASOPS@MAIL.MIL@MAIL.MIL)**



## **FY 18 EVENT DATES & LOCATION**

- 20 - 22 APRIL
- 15 - 17 JUNE
- 17 - 19 AUGUST
- 21 - 23 SEPTEMBER

***Omni Hotel & Resorts***

***1500 Masters Blvd., Championsgate, FL 33896***

# Take the Right Tools to Retirement

Story and photos by Sgt. Marcus McGill

Over 100 service-members and spouses attended a retirement services briefing here on Saturday, February 24. Even more significant than the number of those who attended, might just be the amount of important information that was disseminated.

Col. Clifton Sawyer, 377th Theatre Support Command, Belle Chase, LA, says he has been in the military for over thirty years and that prior to today's event he would rate his knowledge regarding retirement benefits at about a one or two out of ten.

"Anything that can be done to help raise the awareness level for all of the Soldiers is hugely important, because they just don't know, I had no idea," he said. Sawyer says that he feels as though much of the information he received prior to today has been less about

retirement benefits and more geared to deployments and other issues impacting current service members.

"I got my 20-year letter 15 years ago but never received information to attend one of these. I found out about this one because a friend had been before and he was on the email list. I don't feel like there's enough emphasis for Soldiers in general once they approach their 20 years to make sure that we get all the information," he said.

He claims that a major issue Soldiers need to educate themselves on is what do between the time of their re-

tirement and the age at which their full benefits kick in. Misinformation is another concern. Sawyer pointed out the emphasis that briefers placed on speaking to the right people to get the right information.

"I think it would have been very beneficial had my Unit Administrator been sitting in this class. That way, when people ask about these things, the Administrators would have knowledge that



The 81st Readiness Division hosted the Retirement Services brief in New Orleans 24-5 Feb. Mr. Randy Urban is one of the national resources the program uses to assist future retirees with their options.

could help their Soldiers. We hear about seminars that pop up every now and then but more needs to be done at the unit level to spread the word," he said.

The event lasted all day, from about 7:30 am until 4:00 pm but isn't designed for attendees to remember every little detail that is delivered. The hope is that they leave with tools to point them in the right direction.

"I was very glad with all the information that was given and with the contacts. I have several pages of notes that help me personally. If I could get all that, I think it's going

to help everybody to some extent," said Sawyer.

He added that the Service Members themselves weren't the only ones who needed the information. "We need to know our benefits also," said his wife, Renee. "It's a whole family thing, the children, we are all involved in the retirement."

Randy Urban is a Thrift Savings Plan Training and Liaison Specialist based out of Washington, D.C. He explained the purpose of the briefings isn't for people to be told what to

do, rather to explain all that they might be able to do. "I am part of the training staff and we go to events like this all over the country, that's what we're all about, just educating and helping participants understand what their options are," he said.

He said these events aren't something that future retirees can afford to pass up on.

"There's a lot of little nuances that you

might not be thinking about. Even if you have a good understanding of the basic options, it's always good to brush up on that knowledge and any changes that might have occurred," he said.

Urban even suggested that attending multiple events might be beneficial.

"These plans are always evolving, you might have gone to an event two or three years ago, but things have changed and improved in the plan," he said.

He shared Col. Sawyer's concern regarding misinformation and stated that often time people will rely on what

they are told by people who attend different events or hold different positions. The mistake, he says, lies in the belief that it's the same for everyone.

He pointed out that much of what is covered at these events is applicable to all those in government service and not limited just to the military. Some of the plans for a retiring Soldier are very similar to what his Congress person might have available. "These kind of events provide good information and help to clear up any types of misconceptions. I think these are terrific events," he said. Things are constantly changing and education is the most important instrument in knowing what is out there. Even the briefers said they are constantly refreshing themselves as policies change. "These kind of events are great because, over time, when you are in the military, there is a lot of miscommunication. You always have that guy who got out before you that tries to explain the way things are," said Brian Cassidy, Sight Lead Benefits Adviser for the Veterans Administration, Keesler Air Force Base, Biloxi Mississippi. He echoed Urban's thoughts regarding how rapidly infor-



Maj. Latoya Kearns takes a very active roll in assisting and explaining programs.

mation might be changing. "One of the things that's happening, especially with the VA is stuff is constantly changing, we have to be up to date on our information," he said. "A briefing that you might have been to 5-6 months ago, there could be new information out." Cassidy uses his own military separation as an example of the value of these events. "When I got out, I didn't know every benefit that I might be eligible for. That's what we tell people, I am going to give you a brief overview of everything that you might be eligible for. I say might because everybody's

different," he said. Cassidy suggested that retirement services information is for troops at every level. "These events are good because there's a lot of times I get people from high ranking

officers to high ranking Non Commissioned Officers that didn't even know that they might be eligible for certain benefits. That's why I think that these should be mandatory for anybody that's getting out," he said. He warned that those who attend these events still have work to do to prepare for their retirement. "It's going to be up to them at the end," he said. "I am just giving them the tools, that's the way I look at it." Col. Sawyer said that he plans to use this event to better prepare for his pending retirement. For those who have given so much to our country, there is very much out there for them to receive after their careers have ended. "I didn't know very much," said Sawyer. "I've got a laundry list of stuff that I will follow up on. From VA stuff to the Tricare. I had no idea how insurance covered and no idea about some of what VA had to offer. There was something that every one of the briefers had that helped me personally."



Program organizers and supporting consultants are available at all times to assist personnel during the briefings.

## Does your unit have an Additional Duty Safety Officer?

Unit readiness starts with safe operations. Additional Duty Safety Officers are knowledgeable in on- and - off duty risk management process and they ensure that their commands recognize and address workplace hazard awareness, identification, and reporting.

The USARC Safety Office in coordination with the 81st Readiness Division will be sponsoring

Additional Duty Safety Officer training 14 May- 18 May 2018 at Pinellas Park, Florida.

For further information contact Tameica Turner, [tameica.l.turner.civ@mail.mil](mailto:tameica.l.turner.civ@mail.mil) or 803-751-3060.



## CALLING ALL MOTORCYCLE RIDERS!!

As the weather warms motorcycles will become more visible on our roadways. But did you know The Army Progressive Motorcycle Program (PMP) requires all Soldiers who own or operate motorcycles to complete four separate training events at specific time intervals defined in Army Regulation 385-10: the Motorcycle Safety Foundation Basic Rider Course (BRC), Basic Rider Course 2 (formerly Experienced Rider Course) or Military Sport Bike Rider Course, motorcycle refresher training, and sustainment training. Required follow-on training must be completed within 12 months of completing the BRC, and sustainment training is required every five years. Refresher training is only required if a rider has been deployed more than 180 days.

For more information please contact Sylvester Chisolm, [sylvester.s.chisolm.civ@mail.mil](mailto:sylvester.s.chisolm.civ@mail.mil) or 803-751-9790.



# CHRA CPAC Fort McCoy Star

Special Issue

**Notice**

## Annual Weingarten Notice: Bargaining Unit Employees' Right to Representation

*Organizations with a recognized labor union are required to annually inform employees of their right to request union representation under the Weingarten right. Please distribute the attached information to all your employees.*

### **Weingarten Notice**

In accordance with the requirements of 5 USC 7114(a)(3), this is to advise bargaining unit employees that: An exclusive representative of an appropriate unit in an agency shall be given the opportunity to be represented at any examination of an employee in the unit by a representative of the agency in connection with an investigation if - (a) the employee reasonably believes that the examination may result in disciplinary action against the employee; and (b) the employee requests representation.

Additional information regarding "Weingarten" rights can be obtained in the HQDA Civilian Personnel Management Policy and Guidance Library (formerly known as "PERMISS") on the Army Civilian HR MilSuite page at:

<https://www.milsuite.mil/book/thread/186495>. Remember, this Weingarten" right applies only to bargaining unit employees. Also, as this is a statutory right, it applies even if you do not have a collective bargaining agreement.

*Article submitted by Labor/Management Employee Relations Division, Fort McCoy CPAC*





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**CCIU Web Page**  
<http://www.cid.army.mil/701st.html#sec6>

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"DO WHAT HAS TO BE DONE"

CPF 0002-18-CID361-9H

## Do You Know Where Your Personal Fitness Device Is? Our Adversaries Probably Do!

In the cyber world there are many vulnerabilities that safety minded users should be aware of. Some have already been written about in previous [Cybercrime Prevention Flyers](#). But recent mass media reporting has focused attention on the vulnerabilities of fitness devices.

The fitness device's vulnerability is due to it being location aware. Location aware describes a device that knows where on the planet it is – often within a few feet. That's how devices calculate your fitness activities; where you run, how far you run, how fast you run, your heart rate, and other measurements.

But it's not just fitness devices that have vulnerabilities, it's any electronic device that is location aware. Most location aware devices record location data and allow users to upload the location data to a remote site, such as an app on your phone or website, for further analysis. Some devices are always connected and always sending data to a remote site. Sometimes you might not even be aware of that.

The vulnerability, you see, is that some website owners sell your location data, along with thousands of others' location data, to third parties. And those third party vendors might very well resell the data to yet other vendors. If your location data gets into the hands of a bad actor, you're vulnerable.

With location data from a location aware device, someone can formulate a pretty accurate picture of your life patterns. Or a child's life patterns. Or a Soldier's life patterns.

*"Where available, location-based services may use GPS, Bluetooth, and your IP Address, along with crowd-sourced Wi-Fi hotspot and cell tower locations, and other technologies to determine your devices' approximate location." (Actual, unattributed Terms of Service)*

An adult's most frequently observed location will undoubtedly be home or a workplace, a child's most frequently observed location will likely be home and school. A Soldier's will likely be home and their duty assignment.

Identifying the Soldier's workplace is particularly troubling when the Soldier is deployed and location data used by our adversaries could reveal where the Soldier is deployed. Under some circumstances, location data could reveal the paths of patrols, troop and equipment movements, and places the Soldier frequents. If the location is clandestine, the outcome of our adversaries having that information could be beyond devastating.

The purpose of this flyer is not to tell you to stop using location aware devices. They have value. The purpose of this flyer is to raise awareness and help you understand the threats posed by location aware devices. You can decide if your use of the device is worth it.



# THE 81<sup>st</sup> RD IG UPDATE



## Understanding the Army's Policy on Corrective Training



Corrective training is an effective tool all Army leaders can use to correct minor deficiencies during the course of their daily duties. When used correctly and fairly, corrective training allows everyone, from the most junior Army leader to the most seasoned general officer, to help teach their fellow Soldiers “what right looks like” and correct a deficiency. However, company commanders must ensure that all corrective training conducted in their unit is in accordance with Army Regulation (AR) 600-20 (Army Command Policy, 6 November 2014.)

One of the most effective administrative corrective measures is extra corrective training or instruction (including on-the-spot correction). For example, if a Soldier appears in an improper uniform, a leader may require them to correct it immediately; if a Soldier fails to properly maintain their accommodations, a leader can require they immediately undertake corrective actions. If a leader believes a simple on-the-spot correction will not be adequately address a deficiency, they may require the Soldier to undergo additional corrective training directly related to the shortcoming. Soldiers can be required to attend corrective training and take corrective actions after normal duty

hours, but such activities should only continue until the leader believes the Soldier has overcome the training deficiency or has adequately applied the appropriate corrective measures.

Leaders at all levels must ensure that they and their subordinates do not use corrective training in an oppressive manner (e.g., 30 minutes of intense physical training after final formation is **not** considered appropriate corrective training for littering in the company area) or to evade the procedural safeguards applying to imposing non-judicial punishment. Commanders who encourage or tolerate improper corrective training within their unit are in violation of AR 600-20 and can be subject to allegations of regulatory misconduct. Company commanders should have an active plan to monitor corrective training within their company and make it very clear to both their subordinate leaders and Soldiers that improper corrective training will not be tolerated. Army leaders are encouraged to refer to AR 600-20 or contact their local IG if they have any questions related to the proper use of corrective training.

This information is derived from the FY18 Company Leaders’ Inspector General Handbook.

### 81st Readiness Division

**Commander**  
MG Kenneth Jones

**Deputy Commander**  
BG Dion Moten

**Command Sergeant Major**  
CSM Levi Maynard

**Chief of Staff**  
Mr. Peter Quinn

### IG Points of Contact

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# 81st Readiness Division Wildcats Never Quit!

81st Readiness Division

UNITED STATES ARMY RESERVE  
81st READINESS DIVISION  
WILDCATS

81st Readiness Division  
@81stwildcats

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Respond faster to turn on the badge

4,649 likes +14 this week  
and 4 other friends

4,579 follows

See Pages Feed  
Posts from Pages you've liked as your Page

130 were here 0 this week

4,724 post reach this week

Community See All

Gerald Ostlund and 4 other friends like this or have checked in

Invite Friends

4,649 people like this

4,579 people follow this



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