



July 13, 2018  
Vol. 11, No. 13

# The Real McCoy<sup>®</sup>

Published for Fort McCoy, Wis. — Proudly Serving America's Army Since 1909

## EOD Airmen train at McCoy with Exercise Audacious Warrior 2018

**STORY & PHOTOS**  
**BY SCOTT T. STURKOL**  
*Public Affairs Staff*

Nearly 60 Airmen from 10 states as well as teams of international service members who are part of explosive ordnance disposal (EOD) teams trained at Fort McCoy for 12 days in late June to early July as part of Exercise Audacious Warrior 2018.

Training also took place at Volk Field, Wis., for the EOD Airmen, said Chief Master Sgt. Edward Smith with the Wisconsin Air National Guard's 115th Civil Engineer Squadron Explosive Ordnance Disposal (EOD) Flight at Madison. Smith serves as a program chief for EOD National Guard Airmen across the country.

"This is the eighth year we're doing this training, and it has grown every year," Smith said.

Air National Guard Airmen from Oregon, Florida, Texas, Wisconsin, North Dakota, Vermont, Minnesota, Massachusetts, Delaware, and Nebraska participated in the training. The training was supported on post by the Fort McCoy Counter Improvised Explosive Device (CIED) training team that includes Shannon Frey and Adam Kodra, both with contractor Veterans Range Solutions. Kodra said his team worked with the 115th to build more than 60 training aids for the exercise.

"We also helped develop scenarios for training, and I was on hand to assist with training events," Kodra said.

Throughout the training, the EOD Airmen completed scenarios in convoy operations, populated-area responses for IEDs, and more.

"The type of training and (See **AUDACIOUS**, Page 3)



Explosive ordnance disposal Airmen with the National Guard of numerous states quickly move out of a Wisconsin Army National Guard Blackhawk helicopter June 28 at Fort McCoy as part of training in Exercise Audacious Warrior 2018.

## Colorado-based engineer unit completes post troop project during CSTX 86-18-04

**STORY & PHOTOS BY SCOTT T. STURKOL**  
*Public Affairs Staff*

More than 30 Soldiers with the 409th Vertical Construction Company of Windsor, Colo., completed a troop project to in-



Soldiers with the 409th Vertical Construction Company of Windsor, Colo., work on a troop project June 22 on post.

stall new parking lot lighting at Fort McCoy as part of training in the 86th Training Division's Combat Support Training Exercise (CSTX) 86-18-04.

The exercise took place from June 9-29 at the installation with more than 6,000 service members overall participating. The 86th held the exercise as part of the 84th Training Command. During fiscal year 2018, the 84th is hosting four CSTXs and a chemical, biological, radiological, and nuclear response exercise. CSTX 86-18-04 was the first of two CSTXs that will take place at Fort McCoy this year.

Also, according to the 84th, a CSTX is part of its Combat Support Training Program (CSTP). CSTP exercises are large-scale training exercises in which units-of-action experience tactical training scenarios specifically designed to replicate real-world missions.

Staff Sgt. Chad Spencer, noncommissioned officer in charge with the 409th during CSTX, said putting in the lighting at (See **TROOP PROJECT**, Page 2)



Photo by Scott T. Sturkol

### Sling-load ops

Students with the 89B Ammunition Supply Course, taught by the 13th Battalion, 100th Regiment at Fort McCoy, participate in sling-load training June 27. For more about the training, see Page 4.

**Inside  
This  
Edition:**

BLC students graduate under new curriculum  
Page 6



CYS uses grant to support teens  
Page 9



Fish habitat improvements planned  
Page 13



McCoy's Ten-Miler team formed  
Page 15



## NEWS

TROOP PROJECT from Page 1

building 2173 was his unit's main project for the exercise.

"Every time we worked (on the project), we had about 29 people on site," Spencer said. "It worked out very well and was good training."

The company installed several light poles, which included not only installing the poles but also all of the ground infrastructure and wiring.

"We had some challenges with heavy rain after digging all of the channels for the wiring, but we found a way to remove the water and get the work done," Spencer said.

The 409th Soldiers used various types of equipment to complete their work, including hand tools as well as a skid steer with various attachments. Throughout the time they worked on the project, the Soldiers also stayed in field conditions at a training on North Post.

"Everyone did well working together during this training," said Sgt. 1st Class Donald Ransom, platoon sergeant for the 409th.

Larry Morrow, Fort McCoy troop projects coordinator with the Directorate of Public Works, said completing troop projects is this very important to the installation and the units that complete them.

"If we didn't have these projects, many troops wouldn't get the training they need, and the post wouldn't benefit from the work they do to improve Fort McCoy training ranges and quality-of-life programs," he said.

The parking lot lighting was just one of many troop projects to take place at Fort McCoy during CSTX 86-18-04. More are planned for another CSTX taking place on post in August, Morrow said.



Soldiers with the 409th Vertical Construction Company work on installing underground wiring June 22 for light poles to be installed.



Sgt. 1st Class Donald Ransom, platoon sergeant with the 409th Vertical Construction Company, operates a skid steer with a drilling attachment at the project site.



## Picnic pavilion for DPW

Soldiers with the 284th Engineer Company work on a troop project June 22 to build a pavilion next to the Directorate of Public Works headquarters at Fort McCoy.

The project was part of training in the 86th Training Division's Combat Support Training Exercise 86-18-04.

The exercise took place from June 9-29 at the installation with more than 6,000 service members overall participating.

*Photo by Scott T. Sturkol*

## NEWS



Service members with an Eastern European military explosive ordnance disposal (EOD) team scan a hillside June 26 on Badger Drop Zone on Fort McCoy's South Post as part of training in Exercise Audacious Warrior 2018. Several foreign EOD teams participated in the training.

## AUDACIOUS

from Page 1

scenarios we have changes each year," Smith said. "It changes because we have to keep up with the latest EOD tactics, techniques, and procedures. We also change it up based on feedback we received from training in previous exercises."

The exercise is also good for the Airmen to complete their annual Air Force-specific training requirements for the EOD career field, Smith said.

"Those who train here are able to satisfy those EOD-specific training requirements that can only be done in a training environment like we have for this exercise," Smith said.

And to do the training at Fort McCoy makes sense, Smith said.

"This is an exercise that allowed them more hands-on training with the tools of their trade," Smith said. "At Fort McCoy, with the support we receive and the spaces that area available, we can add more realism to give these EOD Airmen the kind of training they need to stay on the cutting edge of readiness."

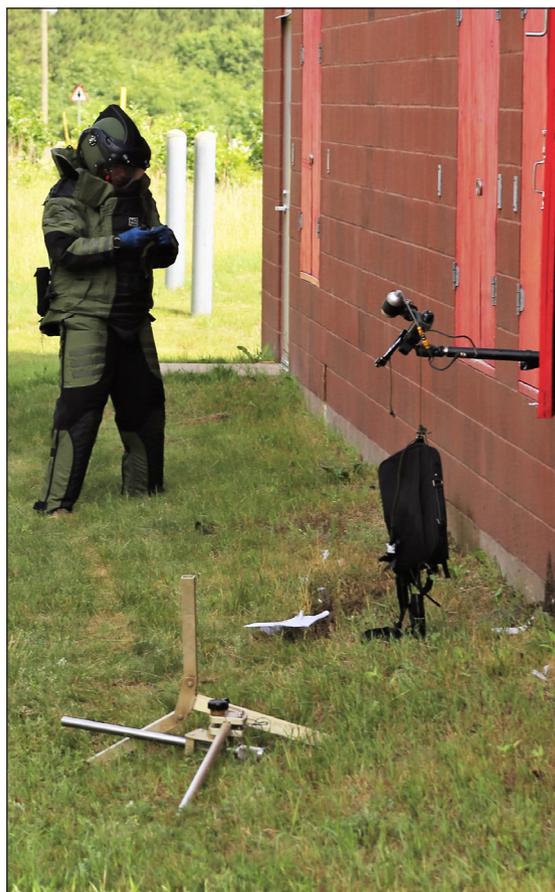
In previous years, the EOD Airmen would commute from Volk Field to Fort McCoy each day — about a 50-mile round trip each day.

"Our feedback from past training told us that many of the participants didn't like all the commute time each day, and it took away more time they could have for training," Smith said. "This year, all of the participants are staying at Fort McCoy, and it has worked out well."

Senior Master Sgt. Gilbert Holcomb, 115th EOD Flight superintendent, said the training has been good for everyone involved. "In a career field as small as ours, sharing the (tactics, techniques, and procedures) that are successful is crucial to ensuring everyone's success," he said.

EOD is one of the smallest career fields in the Air Force. Many of those who participated in the training have deployed overseas with EOD personnel from other services many times over.

Smith said he's proud of all of them. "I've been doing this a long time and it's always great to be able to do this kind of training where we can all learn from each other," he said.



An explosive ordnance disposal Airman inspects an item after it was destroyed June 22 during exercise training at the Combined Arms Collective Training Facility at Fort McCoy.



Exercise participants make their way to a training scenario June 28 at the Combined Arms Collective Training Facility after being dropped off by helicopter at the training site.

## NEWS

## 89B students build sling-loading skills for ammo at Fort McCoy

STORY & PHOTOS BY  
SCOTT T. STURKOL  
Public Affairs Staff

Dozens of students with the 89B Ammunition Supply Course (ASC) completed sling-load training June 27 at Sparta-Fort McCoy Airport as part of course training.

The ASC, taught by the 13th Battalion, 100th Regiment at Fort McCoy, is a four-week course that provides training for Soldiers who are reclassifying to the 89B military occupational specialty (MOS) — a specialty that's in high demand throughout the Army.

By Army definition, ammunition supply specialists are "Soldiers responsible for the management of ordnance to include ammunition and explosives."

Soldiers who are 89B-qualified are tasked with receiving, storing, and issuing conventional ammunition, guided missiles, large rockets, explosives, and other ammunition and explosive-related items. During the two phases of the course, the students learn all of the entry-level basics about the course, said course manager Sgt. 1st Class Douglas Dobitz.

The sling-load training is one of the last major training events during ASC.

"A sling load is used to transport munitions to remote locations or to expedite shipments in hostile locations," Dobitz said. "Being able to accomplish this is a critical task for the students as they will be responsible for this task in the future; along with this is all the associated paperwork and shipping documents."

"The components to complete a sling load include proper weighing of the load to ensure the proper aircraft is used, equipment serviceability checks, rigging to the proper standards, completion of the hookup to the helicopter, and proper use of hand and arm signals," Dobitz said. "Also, some higher-level tasks are discussed as value-added training, such as landing-zone site selection, hook-up team duties, safety considerations, and knowledge of hazards at landing zones."

The 13th, 100th is an ordnance battalion that provides training and training support to Soldiers in the ordnance maintenance MOS series. The unit, aligned under the 3rd Brigade, 94th Division of the 80th Training Command, has been at Fort McCoy since about 1995.



Students prepare to hook a load on to a Chinook helicopter during sling-load training June 27, at Sparta-Fort McCoy Airport.



A sling-loading team of Soldiers backs away from the helicopter June 27 after connecting the load with cables.



A Chinook helicopter lifts the connected load June 27 after the loading team has safely moved to an area outside the loading zone.

## NEWS

# 957th Quartermaster Company hones skills during CSTX

STORY & PHOTOS BY MAJ. BRANDON MACE

4th Sustainment Command (Expeditionary)

Throughout June, the 957th Quartermaster Company, headquartered in Denton, Texas, participated in Combat Support Training Exercise (CSTX) 86-18-04 at Fort McCoy, increasing its capabilities, combat readiness, and lethality.

The 957th is one of the Army Reserve's Ready Force X (RFX) units, which means the unit focuses on training and preparing as if it were deploying so that, if called upon, it won't require much time to mobilize.

First Lt. Gabrielle Sinnmaz, the unit's executive officer, said the Soldiers responded positively to becoming an RFX unit.

"What I'm really proud of is when the Soldiers were told we were becoming RFX, instead of questioning or straying away, they owned it," Sinnmaz said. "They want the training. They are working and learning and asking the right questions. They have been shifting to what the needs are as an RFX unit and becoming knowledgeable."

Sgt. Jason Chavez, a chemical, biological, radiological, and nuclear noncommissioned officer (NCO) with the 957th, thinks increasing readiness through RFX units is a great idea.

"We need to be more ready to deploy," Chavez said. "Units can take a long time to deploy, but if we do Ready Force the way we are doing it, everyone is training and ready. If we are called upon to deploy, we already have Soldiers ready to go."

At CSTX, unit leadership made a decision to train on Warrior Tasks and defensive operations. Sinnmaz said it was a big shift when the commander announced that they would be focusing on base defense instead of their primary mission of fuel handling.

"It's something that we don't get to practice on all the time," Sinnmaz said, "but we need to get better at these basics, like how to set up hasty base defense or a tactical command post and getting communications set up in an austere environment. We usually don't focus on it when we go out to these trainings because we usually focus on our main job of petroleum supply."

As a part of training, the unit has conducted several convoys, both with their vehicles and in simulations designed to give Soldiers a chance to respond to the kinds of threats they might face in a deployed environment. Master Sgt. Jonathan Bailiff, operations NCO, said convoy training is vital.

"I think that convoys are one of the biggest threats any unit could face," Bailiff said. "This training will absolutely help develop these Soldiers with the best experience, whether it be driving or reaction time or contact with an (improvised explosive device)."

Bailiff said he was grateful for the focus on warrior tasks and defense during CSTX. He said it was exactly what the unit needed to round out its capability and awareness.

"Ready Force means that we are trained and are absolutely ready to deploy, not only to complete the mission of our (military occupational specialty), but we also must be able to defend ourselves in our area of operation. This kind of training will get us there," Bailiff said.

Sinnmaz said she was impressed with how the unit pulled together and she is confident that the unit is in good hands, no matter what the future holds.

"Out here everyone has been great," said Sinnmaz. "We are in the field, and that can always be tough, but what I'm really proud of is seeing Soldiers in this unit constantly wanting to get better and taking responsibility for whatever happens next."

The 957th Quartermaster Company is a part of the 4th Sustainment Command (Expeditionary). The command is made up of units headquartered throughout Texas, New Mexico, Arkansas, Oklahoma, and Louisiana.



Soldiers with the 957th Quartermaster Company of Denton, Texas, prepare for a convoy June 14 during training at Fort McCoy. The unit focused on defensive operations during this exercise instead of its primary mission of fuel handling.



Master Sgt. Jonathan Bailiff, operations noncommissioned officer for the 957th Quartermaster Company, conducts a convoy briefing June 19 at Fort McCoy.

## NEWS



Students and staff at the Fort McCoy Noncommissioned Officer Academy participate in a graduation ceremony for the Basic Leadership Course (BLC) on June 22 at Fort McCoy. The graduating class was the first to complete a new BLC curriculum that provided more emphasis on six leader core competencies: readiness, leadership, training management, communications, operations, and program management.

## First BLC class under new curriculum graduates at Fort McCoy

STORY & PHOTO BY SCOTT T. STURKOL  
Public Affairs Staff

The first class of more than 150 students with a new curriculum for the Basic Leadership Course (BLC) graduated June 22 at the Fort McCoy Noncommissioned Officer (NCO) Academy.

BLC is designed to build basic leader and trainer skills needed to lead a team-size element while at the same time providing the foundation for further development along the professional military education (PME) learning continuum, said Sgt. 1st Class Kristofer L. Hellstrom, information systems technician and adviser with the academy.

“Several changes have been made to BLC,” Hellstrom said. “Not only to what is being taught but how it’s being taught. The Army is transitioning from instructors to facilitators who can utilize the experiential learning model of education. Our academy has embraced this change and has been preparing for this transition.

“And this preparation has paid off, allowing us to make the adjustment to a new curriculum two months earlier than the scheduled release of Aug. 1,” he said.

Under the new BLC course manager plan and program of instruction, there is more emphasis on six leader core competencies, Hellstrom said. These competencies are readiness, leadership, training management, communications, operations, and program management.

“More training is being given in writing, communication, and the responsibility of being a leader,” Hellstrom said. “With

this change in focus has also come an increase in personal responsibility for the new leaders. They have been given more opportunities to come and go from the academy campus, allowing them an environment more focused on academia than entry-level Soldier training.

“They are being treated as the responsible future leaders ... they are expected to become.”

Students who trained under the new curriculum enjoyed the opportunity.

“BLC is going to mold and create better leaders to lead the future of the Army,” said Spc. Rebecca Stenz with the 1157th Transportation Company of Oshkosh, Wis. “I was able to take a lot out of this course to learn and grow on an individual level as well as on a leadership level.”

Stenz said the training in counseling, Army writing, and communication are three areas “that are going to contribute to further my career and knowledge as an NCO.”

Spc. Erica Bergmann with Headquarters and Headquarters Company, 173rd Brigade Engineer Battalion of Wausau, Wis., said she enjoyed many parts of the course, such as cultural competence and counseling blocks of instruction.

“Overall, I had a very positive experience,” Bergmann said. “The student-led discussions as well as practical exercises were beneficial and forced us as students to think critically.”

Spc. Tianna Elizabeth Field with the 112th Mobile Public Affairs Detachment of Madison, Wis., said she liked being part of the first class.

“This new curriculum is great,” Field said.

“I think it gives Soldiers the opportunities to truly show

their leadership skills and show they are truly accountable and responsible.”

During the class graduation June 22, Command Sgt. Maj. Rafael Conde, 32nd Infantry Brigade Combat Team command sergeant major, was the guest speaker.

Conde congratulated academy staff for successfully implementing the new curriculum.

To the new BLC graduates, Conde said they need to be ready for the challenges ahead.

“Be prepared, rehearsed, and ready,” Conde said. “All these topics (you learned) are meant to give you a taste of what the Army expects of you. It is up to you to further your skills from here. ... We need every leader to lead by example. And as an NCO, you must live the Army values in every moment of every day.”

The BLC changes are part of the Army’s NCO 2020 initiative. According to Army Training and Doctrine Command, NCO 2020 is “a revolutionary initiative ... to develop a deliberate, data-driven process to assess the needs of tomorrow’s NCO professionals.”

The NCO Academy was activated at Fort McCoy in 1988. The academy is one of the largest tenant organizations at Fort McCoy providing institutional training with more than 1,800 students attending annually for the Battle Staff Noncommissioned Officer Course and the Basic Leader Course.

The academy’s mission is to “train and develop agile and adaptive warrior leaders and Soldiers in full-spectrum operations.”

## NEWS

# NCO Academy students enjoy Fort McCoy training environment

STORY & PHOTO BY SCOTT T. STURKOL  
Public Affairs Staff

Students attending the Fort McCoy Noncommissioned Officer (NCO) Academy's Basic Leadership Course (BLC) said the installation was a great place to train.

Dozens of BLC students graduated June 22 after several weeks of training. For many of them, their view of the NCO Academy complex and the installation is favorable.

"Fort McCoy is a good place. ... The NCO Academy facilities are top notch," said Spc. Coady Dalton with Bravo Company, 1st Battalion, 194th Field Artillery at Camp Dodge, Iowa.

Cpl. Hunter Hermes with Headquarters and Headquarters Company of the 32nd Infantry Brigade Combat Team at Camp Douglas, Wis., said his experience at the installation was good, too.

"Fort McCoy is excellent," Hermes said. "The facilities here are some of the best. Everything is close together and easy to access."

Hermes also said the NCO Academy has "great instructors" who are "all very helpful and great at teaching."

Many students highlighted in questionnaires that they appreciated Fort McCoy's central location in the state. They also liked how the NCO Academy has everything available within its complex, which includes administrative areas, barracks, classrooms, and even a dining facility.

"The teaching facilities and staff are second to none," said Spc. William Erickson with Headquarters and Headquarters Company of the 334th Brigade Support Battalion at



Students at the Fort McCoy Noncommissioned Officer Academy participate in a graduation ceremony for the Basic Leadership Course on June 22 at Fort McCoy.

Davenport, Iowa. "The classrooms always being open and barracks so close provided students the opportunity to really push themselves and excel in (training)."

Spc. Rebecca Torgrimson with Headquarters and Headquarters Company of the 321st Engineer Battalion of Boise, Idaho, liked the areas outside the academy complex, too.

"I think the proximity of the fitness center,

the exchange, McCoy's (Community Center), and the dining facility were very convenient to those of us who were without vehicles," Torgrimson said.

"The facilities are top of the line, and everything is centrally located," added Cpl. Brett Kaber with the 1158th Transportation Company of Beloit, Wis.

The NCO Academy was activated at Fort

McCoy in 1988. The academy is one of the largest tenant organizations at Fort McCoy providing institutional training with more than 1,800 students attending annually for the Battle Staff Noncommissioned Officer Course and the Basic Leader Course.

The academy's mission is to "train and develop agile and adaptive warrior leaders and Soldiers in full-spectrum operations."



## LGBT Pride Month observance

Sandy Eichel, a professional speaker, diversity and inclusion coach, and financial adviser, gives her presentation June 28 during the Fort McCoy observance of Lesbian, Gay, Bisexual, and Transgender Pride Month at McCoy's Community Center.

Eichel shared her personal story and the importance of inclusion for everyone.

Dozens of people attended the event.

Photo by Scott T. Sturkol

## NEWS

# 182nd Airlift Wing touches down at Fort McCoy



Photos by Scott T. Sturkol

An aircrew with the Illinois Air National Guard's 182nd Airlift Wing at Peoria operates a C-130 Hercules at Young Air Assault Strip on July 18, 2017, on South Post during the Patriot North 2017 Exercise at Fort McCoy.

BY MASTER SGT. TODD PENDLETON  
182nd Airlift Wing, Illinois Air National Guard

At the southern edge of Fort McCoy exists a runway with no lighting, no markings, and no pavement. It's not the ideal airfield that pilots are looking for when making a landing, but sometimes it's the only option when delivering cargo or personnel at a deployed location.

To prepare for that possibility, an Illinois Air National Guard C-130 Hercules from the 182nd Airlift Wing in Peoria, Ill., flew to Young Air Assault Strip on May 14 to train both pilots and airfield-management Airmen on how to keep the flying operations going at even the most basic of airfields.

Senior Master Sgt. Brent Bixby is the airfield-management superintendent with the 182nd Operations Support Squadron and served as the range safety officer for the day's activities.

"Once established on the range, we performed an inspection of the landing surface and aircraft movement area (taxiway). We are looking for compliance with established regulations and compliance with the established airfield survey," Bixby said.

With the help of Master Sgt. Christy Ericson and Senior Airman Britta Sindelar, the next step was to open the runway for operations.

"Once the landing and movement areas were deemed safe for aircraft operations we set up the assault panels to advise the aircraft commander of the touchdown zone. Our final piece was to ensure what we call 'Essential Services' were in place," Bixby said.

With the Fort McCoy Crash Fire Rescue crews on standby and the runway ready to accept aircraft, Lt. Col. Kevin Strauss,



An aircrew operates a 182nd Airlift Wing C-130 Hercules over the installation Dec. 1, 2017, near South Post as part of training at Fort McCoy.

an instructor pilot with the 169th Airlift Squadron, could then allow the pilots to land, taxi, and take off.

"Most large airports, including Peoria, have a concrete landing surface that is also grooved to provide better traction and water drainage. Some smaller airports that we fly to only have asphalt runways, which are slicker when wet. One of the things that makes the C-130 unique is that it can operate from unimproved landing surfaces, including dirt, gravel, (and) sand, and some modified airplanes of other units land in snow (and) ice pack," Strauss said.

Three pilots had recently finished the Pilot Checkout course at Little Rock Air Force Base, Ark., and in order to be fully certified and mission-ready aircraft commanders, they had to complete an Unimproved Landing certification.

"The new aircraft commanders training at Young (Air Assault Strip) had this exposure operating on an unimproved surface, and they will be able use this experience in the rest of their careers," Strauss said.

While the aircraft used the airfield, Bixby and his crew patrolled in the Runway Supervisory Unit truck.

"Upon each landing and take-off, we are required by regulation to check the aircraft landing and movement surface," Bixby said.

Strauss also monitored the conditions from inside the aircraft.

"Dirt doesn't seem too slippery at taxi speed, but at takeoff speed of 105 knots or 120 mph, even the smallest correction while maintaining the center of the runway can make the tires skid on the surface. The runway also starts to rut as the 110,000 pound aircraft

makes tire marks, which makes tracking even more difficult. All of our objectives were met, but we stopped our operations because the landing zone was no longer in a satisfactory condition to continue," Strauss said.

At that point, the RSU truck was driven onto the C-130 during an engine-running onload, and the aircraft returned to Peoria. Strauss said he was satisfied with the mission.

"Overall, it was great training for everyone and a fun day of flying up in Wisconsin," Strauss said.

Bixby said he was pleased with the cooperation between Airmen in the air and on the ground. "Our airfield-management philosophy allows us to support and integrate with our flying operations not as a sideline operation, but as a vital member of our training team," he said.

## NEWS

# IMCOM grant helps CYS teach teens resilience

STORY & PHOTOS BY AIMEE MALONE

Public Affairs Staff

Fort McCoy Child and Youth Services (CYS) recently received a \$10,000 Installation Management Command (IMCOM) grant to institute an Army Ready Resilient Teen Resilience program.

Throughout the 2018 summer camp, the teen program at the School Age Center/Youth Center will incorporate lessons and activities designed to teach and increase resilience.

Army children face significant challenges in their lives, including frequent moves, parental deployments, and the possibility of both mental and physical injury to a service member parent, IMCOM officials said. But Army children can also learn to use these challenges to their advantage through resilience training.

According to the grant application, the goal of the program is to help Fort McCoy teens develop a more positive outlook and learn how to cope with issues that arise in their daily lives. While resiliency is important to all members of an Army family, CYS Supervisory Program Specialist Tammie Noe, a master resilience trainer, said it is especially important for teens, who are growing more mature and preparing for adulthood.

“The point of it is to teach a common language between the military parents and their children,” Noe said. “All the Soldiers are taught resilience skills. These lessons are adapted for our youth.”

Noe said staff members also plan to work with local partners to host resiliency and communication workshops for parents and other adults who work with Fort McCoy youth.

Resiliency skills are taught a couple times each week during summer camp and cover a variety of topics, including problem solving, teamwork, counteracting negativity, and identifying character strengths.

“I think all the skills are very good life skills,” Noe said. “Last week, we learned about goal setting and how to accomplish your goals. Every single one of these skills, you can use every single day of your life.”

In the first week of the program, Fort McCoy teens participated in an activity to help them understand resiliency. The teens were given an egg and a tennis ball, then asked to throw each of them. The objective was to allow the teens to understand the difference between what it means to be resilient and what it may look like they aren't. The tennis ball provided a visual demonstration of what it means to “bounce back.”

Some of the other activities involve teamwork and creative thinking, such as attempting to get a water balloon into a bucket using only a pool noodle and some tape.

“That's all part of resilience, too — being able to adapt to changes,” Noe said.

She said her favorite activity and skill set is called “Hunt the Good Stuff.”

“It's a simple skill,” Noe said. “Each day, you find three good things. It doesn't matter what it is. It can be that you had a cup of coffee this morning and it was really good.”

“You reflect on why it was a good thing and how you can make it happen again. And it literally will change the whole dynamic of the way the group talks, just that simple skill.”

Promoting positive thinking and learning to change challenges into advantages are two important goals of the resiliency program.

“I'm hoping to eventually change (the teens') thought process to see the bigger picture,” Noe said. She said it's important for teens to learn that events that seem disastrous at first can be overcome.

SAC/YC summer camp provides youth a chance to enjoy



Students at the Fort McCoy School Age Center/Youth Center, run by Child and Youth Services, participate in a team-building exercise June 11 during summer camp. During the 2018 summer camp, teenagers are learning resilience skills to help them thrive in an Army lifestyle and prepare for the future.



Students discuss the day's resilience lesson June 11 during summer camp at the Fort McCoy School Age Center/Youth Center.



Fort McCoy School Age Center/Youth Center campers toss eggs June 11 as part of a lesson on resilience and the importance of learning to “bounce back.”

their time away from school while still promoting learning, staff members said. Activities are planned every day that focus on character and leadership development; educational support and career development; sports, fitness, and recreation; health, wellness, and life skills; and the arts.

CYS staff make use of Fort McCoy facilities during summer

camp by visiting the Rumpel Fitness Center pool, Pine View Campground, McCoy's Community Center for bowling, and more. Youth also have the chance to go on field trips throughout the summer, including water parks and museums.

For more information on CYS, call Parent Central Services at 608-388-8956.

**ADS**

## FEATURE

# This month in Fort McCoy history

## 75 years ago — July 3, 1943

An Army Silver Star Medal, the first to be awarded a Soldier at Camp McCoy, was awarded to Pvt. Charles E. Fogle, 6th Service Command Training Center, for “gallantry in action” on Guadalcanal.

The medal was awarded for his lone heroism in wiping out a machine gun nest of 10 Japanese who were sweeping the entrance to a pass with fire. An advance scout whose job was to clean the jungle of snipers before advancing troops behind, Fogle was also cited for his sharpshooting of tree-hiding Japanese.

## 60 Years Ago — July 19, 1958

The Fifth U.S. Army Radio and Television Team, came to Camp McCoy to film men undergoing annual training. Action was the word, then the camera filed that action of soldiers undergoing various phases of training such as squad tactics, in defense or attack, or the might of the artillery as they “lay in” on a target.

The team filmed Soldiers and units in the field. The film was then rushed to Kansas City, Mo., where trained technicians promptly processed it for immediate release to hometown TV stations.

This was part of the Army Information Plan to inform hometown civilians of the intense training received by all National Guard and Reserve personnel during their summer encampment at Camp McCoy.

## 50 Years Ago — July 11, 1968

Col. Joseph E. Venables, commanding officer, Camp McCoy, presented the Silver Star Medal and the Bronze Star Medal to 1st Lt. Philip J. Hallisy, range officer at Camp McCoy. Hallisy received these awards for heroism and meritorious service in Vietnam.

The Silver Star Medal was for action on June 5, 1967, when Hallisy led his platoon of 15 men from Company C, 3rd Battalion, 22nd Infantry through the jungles of South Vietnam on a reconnaissance mission. The platoon finally routed out the enemy forces and overtook the enemy position.

Hallisy received the Bronze Star Medal for his outstanding meritorious service in connection with ground operations against a hostile force in Vietnam during the period April 1967 to April 1968.

## 30 Years Ago — July 20, 1978

Soldiers of the 1138th Engineer Battalion got a “bang” out of annual training on the Range 30 demolitions range. Demolitions were one of the many highlights for their annual training at Fort McCoy. The 1138th also participated in engineering projects; the largest project involved construction of bridges. They built metal float bridges, Bailey bridges, and wooden trestle bridges.

## 20 Years Ago — July 15, 1998

Two battalions of the 14th Marine Regiment, 1,800 Marines and Sailors, got an unusual chance to train together for two weeks at Fort McCoy.

The regiment has units located throughout the continental United States; the regiment is the only Marine Reserve artillery unit in the country and, with five battalions, is also



ROTC cadets from Knox College in Galesburg, Ill., assemble and disassemble an M2 Browning Automatic Rifle on July 21, 1951, at then-Camp McCoy.

File photo

the largest reserve regiment in the Marine Corps.

The regiment's training focused on both individual and unit skills.

The basic individual military training included instruction and testing on such skills as camouflage and concealment; map reading; and nuclear, biological, and chemical techniques.

## 20 Years Ago — July 2, 1998

Activities at Fort McCoy's Pine View Recreation Area slowly returned to normal after the area was damaged by a June storm. The camping areas were closed from June 28 to July 2.

On July 2, the 47 sites on the campground's third circle were reopened; the second circle, which has 28 campsites, reopened July 10; and the first circle, with the remaining 40 sites, reopened July 17.

The beach and picnic shelter area also were reopened. The nature trail, which suffered extensive damage, remained closed.

## 10 Years Ago — July, 2008

Fort McCoy took steps to obtain a federal trademark registration to protect its intellectual property rights in the Triad logo. The Triad logo includes the unique depiction of the triangular shape of the cantonment area at Fort McCoy. Fort McCoy was the only U.S. Army installation to be laid out in such a configuration.

Federal registration of the Triad logo signifies that the U.S. Patent and Trademark Office has concluded that Fort McCoy holds the exclusive right to use the Triad logo in connection with products, services, and events.

Fort McCoy's ownership of the federal trademark registration of the Triad logo enables the installation to control how the logo is used and those who are authorized to use it.

(Article prepared by the Fort McCoy Public Affairs Office from historical archives.)

## COMMUNITY

# Installation's car wash upgraded with new equipment

The installation's car wash, located on South Headquarters Avenue on Fort McCoy's cantonment area, has many new upgrades that members of the Fort McCoy community might not know about, said Karla Rynes with the Directorate of Family and Morale, Welfare and Recreation (DFMWR).

A new Washworld Razor was installed in the automatic bay in recent months, Rynes said.

The new system has features that includes energy efficient motors that save on operating costs, sealed gearboxes that help eliminate oil changes on the system, high-quality fiberglass enclosures that withstand harsh wash-bay conditions for longer life, and more.

The new wash system also offers four types of washes through the automatic bay, including an ultimate wash for \$11, supreme wash for \$10, shine wash for \$8, and express wash for \$7. A supreme wash includes: underbody wash, triple-foaming polish, spin clean side blasters, ultimate rain shine, foam-action cleaner, spot-free rinse, and more.

"It is important to note with the new car-wash system that when you're entering the automatic bay with your vehicle, you need to center your vehicle between the reflective blue lines to avoid having the machine make contact with your vehicle," Rynes said.

"If the machine makes contact with your vehicle, it will cause the system to shut down,



*Photo by Scott T. Sturkol*

**A customer uses the car wash on the cantonment area June 14 at Fort McCoy. The installation's car wash, which is managed by the Directorate of Family and Morale, Welfare and Recreation, was recently upgraded and offers many new features.**

open the exit, and instruct you to exit the bay. So, again, it is very important to center your vehicle when entering the wash bay."

The system accepts credit cards for payment as well as cash or tokens.

"There is a token machine at the car wash, or you can purchase tokens at McCoy's Community Center in building 1571," Rynes

said.

The car wash also has a self-service bay available and two vacuums available for use, Rynes said.

"One vacuum has the capability of just vacuuming or you can shampoo your car as well," she said.

"We have three different fragrances available

for shampooing — black ice, new car, or wild cherry. The cost for the vacuum service is \$1."

More information about the car wash or about DFMWR can be found online at <https://mccoy.armymwr.com>.

*(Article prepared by the Directorate of Family and Morale, Welfare and Recreation and the Fort McCoy Public Affairs Office.)*

## Canoeing fun

Visitors to Pine View Campground canoe on Suukjak Sep Lake on June 12 at Fort McCoy.

The campground is nestled in a wooded area about a quarter mile west of Fort McCoy's cantonment area and is bounded by Suukjak Sep Lake on the east and the La Crosse River on the west and south.

The Recreational Equipment Checkout has multiple types of equipment, such as canoes, available for rent.

When members of the general public stay at Pine View Campground, they could also rent a camper, bicycle, a game set, or even a fishing pole.

*Photo by Scott T. Sturkol*



## OUTDOORS

# Continued improvements to fishing habitat planned at Fort McCoy

**STORY & PHOTOS BY SCOTT T. STURKOL**

*Public Affairs Staff*

Throughout the past decade, Fort McCoy has collaborated with the Wisconsin Department of Natural Resources and the U.S. Fish and Wildlife Service (USFWS) to improve waterways, water quality, stream structure, and more.

These are all efforts that also improve habitat for fish throughout post, and more work is planned for 2018, said Fisheries Biologist John Noble with the Directorate of Public

Works Environmental Division Natural Resources Branch.

“There will be work completed at several areas this year,” Noble said. “There has been a lot of stream-improvement work completed here in the past that has helped improve the streams and fish habitat. This year’s work will continue that effort.”

Five years ago, in 2013, work was completed on several barrier removal and stream-improvement projects along Ash Run and Tarr Creek in the Fort McCoy cantonment area, Noble said. In 2014, work was completed along Suukjak Sep Creek near Pine View Campground and along Stillwell Creek on South Post.

In 2015, a large project was completed on North Post to remove the Alderwood Dam and return the stream that fed into the dam to a more natural state. In 2017, a Wisconsin Department of Natural Resources (WDNR) crew performed additional work at the former dam area to improve stream banks.

In 2017, the West Silver Wetland Dam, which was located on Fort McCoy’s South Post near the Sparta-Fort McCoy Airport, was removed from Silver Creek. It was constructed in 1952. The structure required significant repair and was no longer beneficial.

For 2018, Noble said WDNR personnel will be back on post to complete stream-improvement work and continue bank stabilization work on Silver Creek near where the West Silver Wetland Dam once stood.

“As the improvements have been made, nature takes over,” Noble said. “Brook trout and other fish species find more places to call home, extending the range of fish utilization.”

Removal of barriers also improves fish movement and helps

reduce flooding at some of the stream areas, Noble said.

“We expect this year’s work to really pick up in July and August,” Noble said.

Many of the projects to improve streams and other waterways at the installation are funded through cost sharing with the USFWS. Fisheries Biologist Louise Mauldin of the USFWS Onalaska, Wis., office visited Fort McCoy in October 2017 to see some of the work completed on post. During that visit, she said the work at Fort McCoy has been a good investment.

“We actually have two pots of money that we have used to help out with projects at Fort McCoy,” Mauldin said. “This includes the Fish Passage Program, which helps with barrier removal, and the Driftless Area Restoration Effort Fish Habitat Partnership, which helps with stream restoration, bank stabilization, and other efforts.”

Noble said the stream-improvement projects benefit trout anglers and offer many more opportunities.

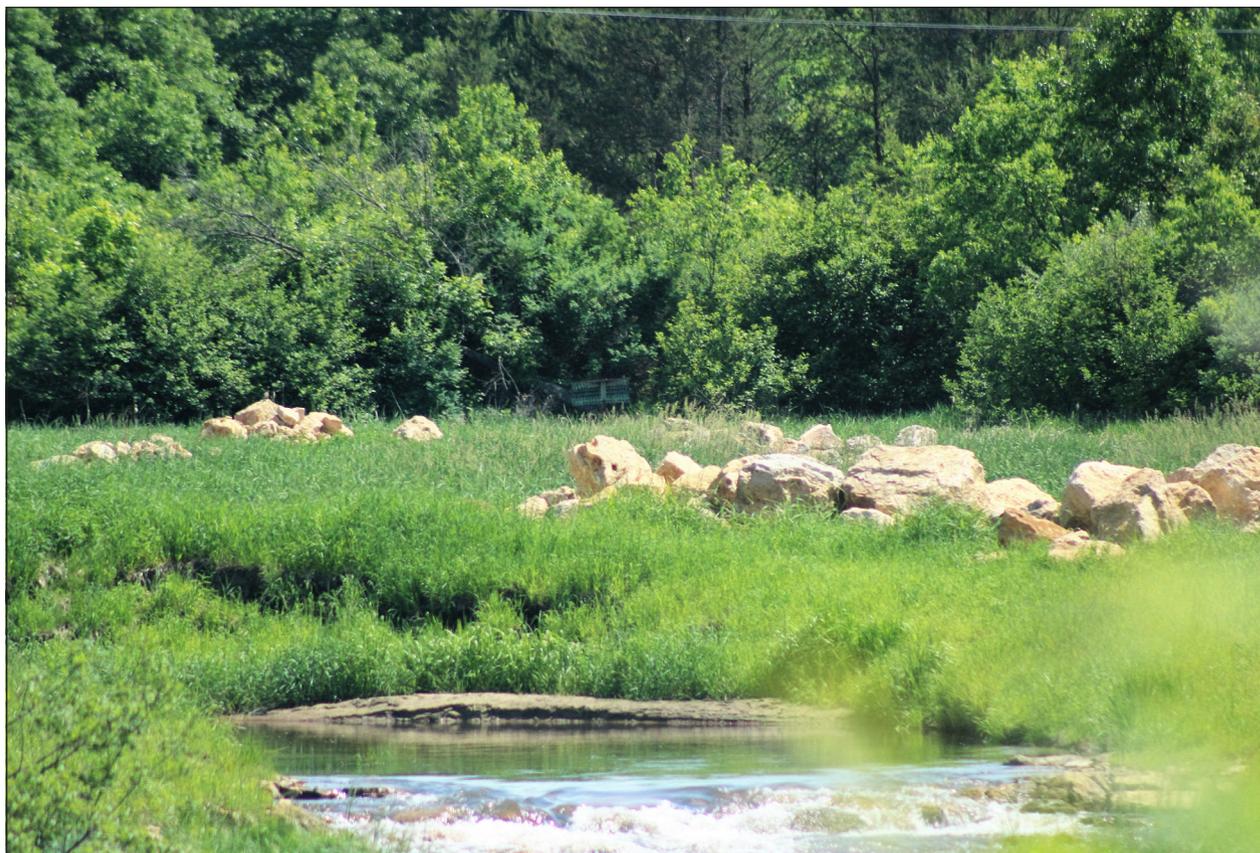
“We have some big brook trout and brown trout in our streams,” Noble said. “It’s worth the effort to walk the banks of the streams and try for some trout at Fort McCoy.”

Anglers must have the appropriate Fort McCoy permits and Wisconsin licenses to fish on post. This includes a general Wisconsin fishing license, a trout stamp if fishing for trout, and a Fort McCoy fishing permit. Learn more about fishing rules on post by visiting the Fort McCoy i-Sportsman website at <https://ftmccoy.isportsman.net>.

Once work on the 2018 projects is underway, Noble said he’ll be monitoring the progress and will also continue to look at ways to improve other areas. “We are always looking to improve our waterways,” he said.



A trout caught at Tarr Creek is shown June 21 at Fort McCoy. The trout was caught in an area where past fish habitat improvement projects were completed on post.



Piles of rocks are shown June 7 along the banks of Silver Creek on South Post at Fort McCoy. The rocks will eventually be moved along the creek bank to stabilize the banks and help create more habitat for fish in Silver Creek.

## OUTDOORS

# Summer fun: Boating safety saves lives

BY ART POWELL

U.S. Army Combat Readiness Center

When Miami Marlins pitcher Jose Fernandez and two friends died when their 32-foot boat slammed into a rock jetty off the Florida coast in 2016, it pushed boating safety into the headlines across the nation.

None of the victims were wearing a life jacket when the boat hit the jetty while traveling at a high rate of speed in the 3 a.m. accident.

“Operating a boat carries with it some of the same responsibilities as operating a motor vehicle on land,” said Pam Doty, National Water Safety Program Manager for the Army Corps of Engineers. “We see grim statistics that tell us that wearing a life jacket can save your life in a boating accident. The importance of each person in a boat wearing a life jacket can’t be underestimated.”

Coast Guard statistics from 2015 show that 78 percent of the victims in fatal boating accidents drowned. Of that group, 85 percent were not wearing a life jacket. Coast Guard data also shows that open motorboats were involved in the highest percentages of deaths on the water, 46 percent, and kayaks were second at 12 percent, followed by canoes at 11 percent.

“Kayaks and canoes, because they are much smaller than open motorboats and ride lower in the water, are more prone to rolling over, and that presents significant risk to the boater,” Doty said. “We know that operator training is important for boat operators and saves lives. Kayaks and canoes take safety concerns to the next level because they are subject to waves tipping them over, so it is important that the operator knows how to respond.”

Boating under the influence of alcohol doubles the probability of a watercraft accident and can be as deadly as drinking and driving. In fact, the use of alcohol is involved in approximately a third of all recreational boating fatalities, according to the Coast Guard.

Local law enforcement agencies and the Coast Guard work together to enforce state and federal boating laws, and penalties for boating under the influence include fines, suspension or revocation of boat operator privileges and jail time.

While the number of boating accidents and fatalities don’t come close to those recorded by automobiles, in 2015, the Coast Guard counted 4,158 accidents that involved 626 deaths, 2,613 injuries and about \$42 million dollars of damage to property as a result of recreational boating accidents.

If boaters would wear life jackets, complete a boating safety course, and not operate boats while impaired, the number of fatalities and accidents would drop.

## HERE IT COMES

### On the Water

**#DYK the U.S. Coast Guard reports that each year, hundreds of lives are lost ... thousands are injured ... and millions of dollars of property damage occurs because of preventable recreational boating accidents on U.S. waterways?**

- Life vests can save your life: 85 percent of drowning victims did not wear one
- Kayaks ride lower in the water and require more skill to operate; are you ready, or not?
- Taking a boating safety course can make you a safer operator
- Boating safety is like motoring safety
- Don't drink and drive a boat, it's against the law
- Do you know the rules of the road on the water?

**So are *YOU* ready ... or not?**  
**#Armysafety**

## READY ... OR NOT?

  <https://safety.army.mil>

## SPORTS

# Fort McCoy finalizes its Ten-Miler team roster

The Fort McCoy 2018 Army Ten Miler selection committee met June 18 to select team members for the installation.

Fort McCoy will field two teams of eight runners for the 3rd annual Army Ten-Miler that will be held at 8 a.m. Oct. 7 at the Pentagon.

“All teams contain a combination of both male and female runners (six male and two females),” said team coach Lt. Col. Mark Woommavovah with the 181st Multi-Functional Training Brigade.

“If for some reason the selected Soldier is unable to attend, we have established an alternate list of runners.”

The Army Ten-Miler is the second largest 10-mile race in the United States, according to the Army.

Each year tens of thousands of runners and spectators participate in the race.

Proceeds from the race support Army Morale, Welfare and Recreation. Team members, in addition to Woommavovah, include:

- **Maj. Tony Steinhoff**, assistant coach with the 88th Readiness Division

- **Chaplain (Maj.) Erik Spicer**, 181st

- **Capt. William “Bill” Thomson**, 1st Battalion, 310th Brigade Engineer Battalion

- **Capt. Daniel “Dan” Frantz**, 1st Battalion, 291st Brigade Support Battalion

- **1st Lt. Jerel Villanueva**, 1st Battalion, 338th (1st, 338th) Training Support Battalion

- **Master Sgt. Nicholas Vance**, Fort McCoy Noncommissioned Officer (NCO) Academy

- **Master Sgt. Benjamin “Ben” Thorstad**, 86th Training Division

- **Sgt. 1st Class Sarah Johnson**, 94th Training Division

- **Staff Sgt. Beatriz Sanchez**, 311th Expeditionary Sustainment Command

- **Capt. Adan Rivas**, 1st Battalion, 351st Brigade Support Battalion

- **Staff Sgt. Yahaira Lescana**, 1st, 338th

- **Staff Sgt. James Teague**, NCO Academy

- **Staff Sgt. Donald Flintroy**, 181st

- **Sgt. Melissa Gore**, 102nd Division

- **Private Yousif Abdelmagid**, Regional Training Site-Medical

Alternates are **Sgt. 1st Class Nicholas Gimson**, 108th Training Command, and **Capt. Alicia Mondragon**, 181st.

“Congratulations to all on your selection to the team,” Woommavovah said.

The team now holds regular practices with Rumpel Fitness Center serving as the team’s unofficial headquarters. In 2017, the Fort McCoy Ten-Miler team earned second place in the Army Reserve Mixed category.

“We’re looking for another strong performance this year as well,” Woommavovah said.

(Article prepared by the Fort McCoy Public Affairs Office and the Fort McCoy Army Ten-Miler Team.)



Two runners vying for a spot on the Fort McCoy Army Ten-Miler team participate in a time trial for the team during the Wellness Fair 5k Run in May.

Photo by Scott T. Sturkol

## 86th Training Division ‘Black Hawks’ organizes team for Army Ten-Miler

The 86th Training Division (TD), a tenant organization at Fort McCoy, is sending a team to compete in the 2018 Army Ten-Miler.

The 86th TD’s Army Ten-Miler team, known as “Team Black Hawks,” comprises Soldiers actively serving in the Army Reserve who are connected to or serving in the 86th Training Division.

The team was organized this year for advancement of Service Member amateur athletic competition and to contribute to

the esprit de corps of the 86th TD.

The team will compete in the Army Reserve Mixed Category (Male and Female USAR Service Members). Each member is participating in this event at his/her own expense.

The team does not have an official affiliation with the Department of Defense.

The roster consists of both noncommissioned officers and officers across several branches of the Army. Team organizers anticipate a team pace of about 9 minutes per

mile on race day.

This year’s Black Hawk team members are:

- **Lt. Col. Joseph Wanat**; 84th Training Command; Worcester, Mass.

- **Lt. Col. Brian Woodford**; 3TB(X); Moneta, Va.

- **Maj. Eric McGowen**, 86th TD, Elko, Minn.

- **Maj. Roger S. Paige**; 86th TD; Pensacola, Fla.

- **Master Sgt. Michael W Olson**; 86th TD; Burlington, Wis.

- **Staff Sgt. Kelsi Anderson**; 86th TD; Tomah, Wis.

- **Staff Sgt. Andrew Dailey**; 86th TD; Fitchburg, Wis.

The Army Ten-Miler is the second largest 10-mile race in the United States with an estimated 35,000 participants.

It takes place annually in Washington, D.C.

(Article prepared by Maj. Roger Paige of the 86th Training Division and the Fort McCoy Public Affairs Office.)

## NEWS NOTES

### DJ Trivia held weekly at McCoy's

McCoy's Community Center, building 1571, holds DJ trivia from 5 to 7 p.m. Thursdays.

There is no cost to enter, and advance registration is not required. The competition is open to Fort McCoy employees and their guests who are at least 18 years old.

For more information, call 608-388-4161.

### Commemorative Area open 3 dates in July

The Fort McCoy Commemorative Area will be open to walk-in visitors noon to 4 p.m. July 13 and 27 and 9 a.m. to 3 p.m. July 21.

The Commemorative Area consists of the Equipment Park, five World War II-era buildings with historical displays, the History Center, and Veterans Memorial Plaza. The History Center and World War II-era buildings contain artifacts dating from Fort McCoy's inception in 1909 up to present day.

Members of the public must present valid photo IDs at the Main Gate to get a visitor's pass. For information on visitors' passes, call the Visitor Control Center at 608-388-4988.

For more information about tours, call the Public Affairs Office at 608-388-2407.

### Iron Brigade Challenge set for July 14 at range

The Iron Brigade Challenge is scheduled for 9 a.m. to 2 p.m. July 14 at Sportsman's Range.

The event covers three courses of fire using steel reactive targets. There will be four divisions. Prizes will be awarded to the top shooter and division leaders.

Firearms are available for rent at the range, and rented firearms must use ammunition purchased at the range.

Registration costs \$20 for members, \$25 for preregistration, and \$30 the day of the event. For more information, call 608-388-3517.

### Summer Heat 5k scheduled for July 18

The Summer Heat 5k Run/Walk is scheduled for 11:30 a.m. July 18 at Rumpel Fitness Center.

Participants may dress in patriotic attire, sunglasses, and hats. Prizes will be awarded to the top runners and the best dressed.

The event is open to all authorized Directorate of Family and Morale, Welfare and Recreation patrons. There is no fee, but registration is required by 11 a.m. July 18.

For more information, call 608-388-3200.

### Ho-Chunk Gaming trip set for July 24

A bus trip to Ho-Chunk Gaming in Black River Falls is scheduled for 5 p.m. July 24

The cost is \$20 per person, which covers transportation. The bus will depart the parking



Contributed photo

### Team building

Members of the Hortonville (Wis.) High School basketball team use the Field Leader Recruiting Course on June 27 at Fort McCoy. The Wisconsin Army National Guard Recruiting and Retention Battalion, based in Madison, brought the students to Fort McCoy as a team-building event and to teach them about the Army.

lot of McCoy's Community Center, building 1571, at 5 p.m. and return at 9 p.m.

The trip is open to all Fort McCoy employees and their guests who are at least 21 years old.

Registration is required by July 13.

For more information, call 608-388-3011.

### 'Connect the Tots' play group meets July 24 on South Post

The "Connect the Tots" play group will meet at 9:30 a.m. July 24 at Patriot Park on South Post.

The play groups are for children 5 years old or younger. Through play, transitions, circle time, songs, activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their children's behavior, and become empowered to prepare the Family and children to enter school ready to learn.

ACS events are open to military members, retirees, civilian workforce, Family members, and registered Fort McCoy volunteers.

Additional play groups are scheduled for Aug. 7 and 21. For more information or to register, call 608-388-2412.

### Summer Showers skeet shoot planned for July 28

The Summer Showers 100-bird skeet shoot is scheduled for 10 a.m. July 28 at Sportsman's Range.

The competition will be four rounds of 25 targets each. A prize will be awarded to the top shooter.

Firearms are available for rent at the range, and rented firearms must use ammunition purchased at the range.

Registration costs \$30 for members, \$35 for preregistration, and \$40 the day of the event. For more information, call 608-388-3517.

### Old World Wisconsin trip scheduled for Aug. 4

A trip to Old World Wisconsin, a historical recreation site and museum in Eagle, Wis., is scheduled for 7:30 a.m. to 6 p.m. Aug. 4.

Old World Wisconsin showcases life from the 1840s through the 1910s. It features more than 60 historic structures, ranging from farmsteads to small-town villages.

The site gives visitors a hands-on approach to learning history, allowing them to help with chores, try old-fashioned crafts and trades, and play games.

Army Community Service (ACS) will do the driving and provide free transportation for the trip. Admission for military members and Family is free through the Blue Star Museums program. Admission fees for others are available online at [oldworldwisconsin.wisconsin-history.org](http://oldworldwisconsin.wisconsin-history.org).

Families may pack their own lunches or purchase food at the site.

Space is limited, and advance registration is required. ACS events are open to military members, retirees, civilian workers, Family members, and registered Fort McCoy volunteers.

For more information or to register, call 608-388-3505 or email [carrie.a.olson.civ@mail.mil](mailto:carrie.a.olson.civ@mail.mil).

### Vernon Vineyards tour set for Aug. 12

The Vernon Vineyards winery tour is scheduled for Aug. 12.

The trip will depart from McCoy's Community Center at noon and return at 6 p.m. It costs \$15 per person, which includes transportation, the tour, and wine tasting.

Dinner will be available at an additional cost.

The trip is open to all Fort McCoy employ-

ees and their guests who are at least 21 years old. Registration is required by Aug. 1.

For more information, call 608-388-3011.

### Army Arts & Crafts Contest ends Aug. 13

The 2018 Army Arts and Crafts Contest will accept submissions until Aug. 13.

Up to three submissions per artist will be accepted in each of nine categories: ceramic art, digital art, drawings, fiber art, glass art, metal and jewelry art, mixed media, paintings, and wood art.

All submissions must be original work completed within 12 months from the start of the current contest year. The contest is open to all authorized Directorate of Family and Morale, Welfare and Recreation patrons, excluding Army Arts and Crafts employees.

Visit [www.armymwr.com/programs-and-services/arts-and-crafts/2017-arts-crafts-contest](http://www.armymwr.com/programs-and-services/arts-and-crafts/2017-arts-crafts-contest) for more information.

### Commissaries celebrate 151st anniversary

As the Defense Commissary Agency observes the 151st anniversary of the commissary benefit, it reminds service members and their families that the passage of time has not diminished the commissary as their gateway to significant savings.

"Commissaries are the oldest military resale benefit," said Tracie Russ, sales director. "Although much has changed since 1867, the benefit still exists to help our service members and their families improve their quality of life by delivering significant savings on groceries."

The July 1 anniversary ties back to the official beginning of the commissary benefit on July 1, 1867, when enlisted men received the same privileges that had been available to officers since 1825 – the right to buy food at cost from their post's subsistence department warehouses.

More than a century and a half later, commissaries are still supporting military communities. The Fort McCoy Commissary is located in building 1537. Call 608-388-3542 for more information.

### New employees at Fort McCoy

New employees started working in several post organizations in June.

Welcome to the following new employees:

- Elizabeth Gruber and Tiffany Mihalpaupt — Civilian Personnel Advisory Center.
- Scott Farley, Steve Garza, Megan Gilles, Deon Hughey, Joshua Kent, Anthony Koch, Kyle Muller, Coey Oliver, April Sonnentag and Charles Stevens — other.

### Next issue of The Real McCoy

The next issue of The Real McCoy will be published July 27. The deadline for submissions to be considered for publication is noon July 17.

For more information, call 608-388-4128.

**Recreation**

**Automotive Skills Center:** Building 1763. Open 1-9 p.m. Thurs.-Fri. and 9 a.m.-5 p.m. Sat. Call 608-388-3013.

**Better Opportunities for Single Soldiers (BOSS):** Meets 4:30 p.m. third Thurs. of each month at McCoy's Community Center. Call 608-388-3200.

**McCoy's Community Center:** Building 1571. Offers books, arcade, gaming area, and bowling. Manager has discretion on closing time. Call 608-388-7060.

**Bowling Center:** Open 11 a.m.-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Extreme bowling 4-9 p.m. Fri.

**Leisure Travel Services Office:** Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

**Pine View Campground/Recreational Equipment Checkout Center:** Building 8053. Open 8 a.m.-6 p.m. Sun.-Thurs. and 8 a.m.-9 p.m. Fri.-Sat. Call 608-388-2619.

**Rumpel Fitness Center:** Building 1122. Open 5 a.m.-8 p.m. Mon.-Thurs., 5 a.m.-7 p.m. Fri., and 6 a.m.-2 p.m. Sat.-Sun. Call 608-388-2290.

**Indoor swimming pool, atrium, sauna and steamroom:** Open 6 a.m.-7 p.m. Mon.-Thurs., 6 a.m.-6:30 p.m. Fri., and 9 a.m.-1:30 p.m. Sat.-Sun.

**Sportsman's Range:** Open 3-7 p.m. Fri. and 9 a.m.-5 p.m. Sat.-Sun. Call 608-388-9162/3517.

**Tactics Paintball & Laser Tag:** Open 12:30-4:30 p.m. Mon.-Fri. Reservations available. Call 800-531-4703.

**Dining**

**Fabrew Coffee:** Building 1538. Open 6 a.m.-2 p.m. Mon.-Sat. and 7 a.m.-2 p.m. Sun. Call 608-343-6257.

**McCoy's Community Center:** Building 1571. Catering/administration, call 608-388-2065.

**Primo's Express:** Open 11 a.m.-9 p.m. Mon.-Fri., 4-11 p.m. Sat., and 4-10 Sun. Buffet (pizza, pasta, and rotating hot dishes) available 11 a.m.-1 p.m. Mon.-Fri. Call 608-388-7673.

**Sports bar:** Open 4-11 p.m. Mon.-Fri. and

4-10 p.m. Sat.-Sun. Manager has discretion on closing time.

**Snack Avenue:** Building 1538. Located inside Express. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604 or 608-388-4343.

**Specialty Express Food Court:** Building 1538. Open 10 a.m.-6 p.m. Mon.-Fri. Call 608-269-5615, ext. 303.

**Whitetail Ridge Chalet:** Building 8061. Closed for the season. Chalet available year-round for private parties. Call 608-388-3517.

**Services**

**Alteration Shop:** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Barber Shop (Exchange):** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1710.

**Car Rentals (Enterprise):** Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

**Car Wash:** Building 1568. Offers self-service and automatic bay. Open 24/7. Accepts cash, tokens, or credit cards. Token machine on site. Call 608-388-3544.

**Commissary:** Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. Early bird/self-checkout open 9-10 a.m. Mon.-Fri. Call 608-388-3542/3543.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. Call 608-388-2370, 608-269-4560, or 800-927-6343.

**Education/Learning Center:** Building 50, room 123. Open 8 a.m.-4 p.m. Mon.-Fri. Call 608-388-7311.

**Exchange:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 101 or ext. 4343.

**ID Card/DEERS Section:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Fri. Call 608-388-4563 to verify ID Section is operational.

# facilities services

This schedule is projected through **July 26, 2018**. **Bold, italic typeface** indicates a change since the last publication. Call facilities to verify hours. To report updates, call 608-388-2769.

**IHG Army Hotels:** Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

**Launderette/Dry Cleaning:** Building 1538. Open 10 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Laundry Facilities:** Buildings 651, 755, 1671, 1735, 1856, 2002, 2568, 2671, 2763, and 2877. Open 24/7. Exclusively for use by Soldiers training on Fort McCoy pursuant to military orders. Civilians and retired military are not authorized to use these facilities. Call 608-388-3800.

**Military Clothing:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

**Patriot Outfitters:** Building 1538. Open 9 a.m.-6 p.m. Mon.-Fri. and 9 a.m.-4 p.m. Sat.-Sun. Call 608-269-1115.

**Permit Sales:** Building 2168. Open 7 a.m.-3:30 p.m. Mon.-Fri. Call 608-388-3337.

**Retirement Services Office:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. Call 608-388-3716.

**R.I.A. Credit Union:** Building 1501. Open 9 a.m.-1 p.m. Mon.-Wed. and 9 a.m.-1 p.m. and 2-5 p.m. Thurs.-Fri. ATMs are located in building 1501 (available 24/7); McCoy's, building 1571; Exchange, building 1538; and IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

**Service Station/Express/Class VI:** Building 1538. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7. ATM inside. Cash transactions available during Express hours.

**Visitor Control Center:** Building 35. Call 608-388-4988 for hours.

**Family Support**

**Army Community Service:** Building 2111. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-3505.

**Army Substance Abuse Program:** Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-2441.

**Child Development Center:** Building 1796. Open 6:30 a.m.-5:15 p.m. Mon.-Fri. Call 608-388-3534/2238.

**Military and Family Life Consultant Program (MFLC):** Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. Available 8 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-469-1432.

**Red Cross:** Fort McCoy active-duty Soldiers and Family members can call 877-272-7337 for emergency assistance. For other Red

Cross services, call 800-837-6313 or 608-788-1000.

**School Age/Youth Center:** Building 1792. Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open nonschool days 6:30 a.m.-5:30 p.m. or 2:30-5:30 p.m. Mon.-Fri. For After School Program. Call 608-388-4373.

**Health Care**

**Alcoholics Anonymous:** For more information, call 608-388-5955/2441.

**Fort McCoy Civilian Employee Assistance Program:** Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/Family discord, or other causes. Call 608-388-2441/5955.

**Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP):** 24/7 hotline: 608-388-3000.

**Occupational Health Clinic:** Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. Call 608-388-2414.

**TRICARE:** TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit [www.tricare.mil](http://www.tricare.mil).

**Troop Medical Clinic:** Building 2669. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

**Worship**

**Catholic:** Chapel 10, building 1759. Mass at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675. Call 608-388-3528.

**Jewish:** Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

**Mormon:** Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta, Wis. Services from 10 a.m.-1 p.m. Sun. Call 608-269-3377.

**Protestant:** Chapel 1, building 2672. Protestant worship at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675.

**Spanish Language:** Catholic services in Norwalk at 4 p.m. Sun.; call 608-823-7906. Seventh-Day Adventist services in Tomah; call 608-374-2142.

Call 608-388-3528 for worship schedules in surrounding communities. If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

**Organizations**

**American Federation of Government Employees (AFGE), Local 1882:** Building 1411. Open 7 a.m.-4 p.m. Mon.-Fri. Meets at 5 p.m. second Tuesday of each month. Call 608-388-1882.

**American Society of Military Comptrollers:** Meets several times throughout the year. For more information, call Maureen Richardson at 608-269-1912.

**Association of the United States Army - AUSA (Robert B. McCoy Chapter):** For information on meetings, visit [www.mccoysusa.org](http://www.mccoysusa.org).

**Friends and Spouses of Fort McCoy:** Meets third Wednesday of each month. For info, email [fsofmccoy@gmail.com](mailto:fsofmccoy@gmail.com).

**Reserve Officers Association, Fort McCoy-Readiness 43:** For more information, call 920-535-0515 or email [justdave49@centurylink.net](mailto:justdave49@centurylink.net).

**USO Wisconsin at Fort McCoy:** Building 1501. Open 10 a.m.-8 p.m. Mon., Wed., Fri. and 10 a.m.-4 p.m. Sat.-Sun. For more information or to volunteer, call 414-477-7279 or email [ehazlett@usowisconsin.org](mailto:ehazlett@usowisconsin.org).

**Warrant Officers Association, Chapter 0317:** For more information, email [usawoamccoy@outlook.com](mailto:usawoamccoy@outlook.com).

GIANT VOICE EMERGENCY-NOTIFICATION SIGNALS			
CONDITION	IF YOU HEAR	THIS INDICATES	INDIVIDUAL ACTIONS
Natural Disaster	3- to 5-minute steady tone or voice announcement	Disaster imminent or in progress. Examples: Tornado, flash flood, hazardous-materials release, wildfire.	Be alert. Ensure all personnel are warned. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location. Tune in to local radio or TV stations for emergency information.
Attack	30-sec. to 5-min. wavering tone or voice announcement	Attack imminent or in progress. Examples: Vehicle bomb, terrorist action, release of biological or radioactive materials.	Be alert. Ensure all personnel are warned. Implement force-protection condition (FPCON) procedures as indicated. Take cover by evacuating to a safe location or sheltering in place. Notify supervisor of location.
All Clear	Voice announcement	Immediate threat from disaster or attack is over.	Be alert for secondary hazards. Account for all personnel. Check building. Await instructions on FPCON level. Report fires, injuries and other hazards.

**DAILY BUGLE CALLS**  
 5:50 a.m. – First Call • 6 a.m. – Reveille • 6:45 a.m. – Assembly • 7 a.m. – Breakfast • Noon – Mess Call (Dinner) • 5 p.m. – Retreat/To the Colors • 5:45 p.m. – Mess Call (Supper) • 10:30 p.m. – Tattoo • 11 p.m. – Taps

This civilian enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of The Real McCoy are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or Fort McCoy. The Real McCoy is published semimonthly using offset presses by the Public Affairs Office, Fort McCoy, WI 54656-5263, (608) 388-4128. Minimum printed circulation is 4,000.

All photos are U.S. Army photos unless otherwise credited. Everything advertised in this publication shall be made available to purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, users or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of The Real McCoy is prepared, edited, provided and approved by the Public Affairs Office at Fort McCoy. The Real McCoy is printed by the River Valley Newspaper Group, a private firm in no way connected with the Department of the Army, under exclusive



written contract with Fort McCoy. The civilian enterprise printer is responsible for commercial advertising.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army, Fort McCoy or the River Valley Newspaper Group of the products or services advertised.

Send news items to the Public Affairs Office, ATTN: (IMMC-PA), 100 E. Headquarters Road, Fort McCoy, WI 54656-5263, or call 608-388-4128 or 2769 or send e-mail to [usarmy.mccoymcom-central.list.pao-admin@mail.mil](mailto:usarmy.mccoymcom-central.list.pao-admin@mail.mil)

Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

- Garrison Commander .....Col. Hui Chae Kim
- Public Affairs Officer .....Tonya Townsell
- Deputy Public Affairs Officer.....Bill Coppernoll
- Editor.....Scott T. Sturkol
- Public Affairs Specialist .....Theresa R. Fitzgerald
- Editorial Assistant.....Aimee Malone
- Commemorative Area Caretaker .....Robin R. Michalski
- Editorial Content .....608-388-2769

Read this publication online at <http://www.mccoymil.com>

**FIREARM REGISTRATION POLICY**  
 All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.

Looking for work on the installation? Search for Fort McCoy jobs at [www.USAJOBS.gov](http://www.USAJOBS.gov).