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November 29, 2008

## Keeping with Thanksgiving Day traditions



Photo by Sgt. 1st Class Tami Hillis

**A Soldier cheers on the runners during the Forward Operating Base Kalsu 10K Turkey Trot on Thanksgiving Day.**



Photo by Spc. Creighton Holub

**Air Force Capt. Ulysses Linares evades Sgt. 1st Class Charles Washington's grasp during the 4th Brigade Combat Team, 1st Cavalry Division's officer vs. enlisted Thanksgiving football game on Contingency Operating Base Adder. The enlisted team defeated the officers in overtime, 12-6.**



Photo by Sgt. Allison Churchill

**Command Sgt. Maj. Eric Taylor, of Lexington, Ky., 589th Brigade Support Battalion, 41st Fires Brigade senior enlisted leader, prepares to pass the ball during the Turkey Bowl held Thanksgiving morning on Forward Operating Base Delta. The senior noncommissioned officers of the battalion beat the warrant officers 22-8.**



Photo by Sgt. Rodney Foliente

**Warhorse Soldiers and Camp Echo contractors start off their Thanksgiving morning with the 5 kilometer Turkey Trot Run here.**



# Delectable dining at the DFAC: Thanksgiving meals

(Right) Soldiers dress up to celebrate Thanksgiving at Camp Stryker Dining Facility.



Photo by Capt. Katherine O. Zyla



Photo by Sgt. Allison Churchill

Sgt. Jon Parker, of San Diego, intelligence noncommissioned officer, 41st Fires Brigade, and Capt. Brendan Barclay, of Hampton, Va., liaison officer, 1st Squadron, 10th Cavalry Regiment, 2nd Brigade Combat Team, 4th Infantry Division, toast during Thanksgiving lunch at Gunner Inn East Dining Facility at Forward Operating Base Delta.



Photo by Sgt. Rodney Foliente

Leaders from 2nd Combined Arms Battalion, 8th Infantry Regt., 2nd Brigade Combat Team, 4th Infantry Division, serve Warhorse Soldiers and Camp Echo deployment residents during a hearty Thanksgiving lunch at Camp Echo.

Photo by Spc. Tiffany Evans

(Right) Sgt. Michael Soto, of Rochester, N.Y., food service noncommissioned officer, Headquarters Support Company, DSTB, makes Bananas Foster at the Coalition Café on Thanksgiving Day.



(Background top: photo by Capt. Katherine O. Zyla) Members of the 4th Squadron, 3rd Armored Cavalry Regiment don their Cavalry hats and celebrate Thanksgiving at the dining facility at Camp Striker. (Background bottom: photo by Spc. Tiffany Evans) A chocolate eagle and 10th Mountain Division monument carved by Division Special Troop Battalion Soldiers are used to help decorate a table at the DFAC.

## THE Mountain View

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Task Force 49

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## Giving thanks through church



Photo by Spc. Creighton Holub  
Steven Mugisha, a security contractor from Uganda, leads a group of fellow Ugandans during a Thanksgiving service in Contingency Operating Base Adder's post chapel.

(Right) Chaplain (Capt.) Howard Bankston, the 27th Brigade Support Battalion's chaplain, plays the part of a bum reminding the congregation that not everyone has a lot for which they were thankful for this Thanksgiving.



Photo by Spc. Creighton Holub

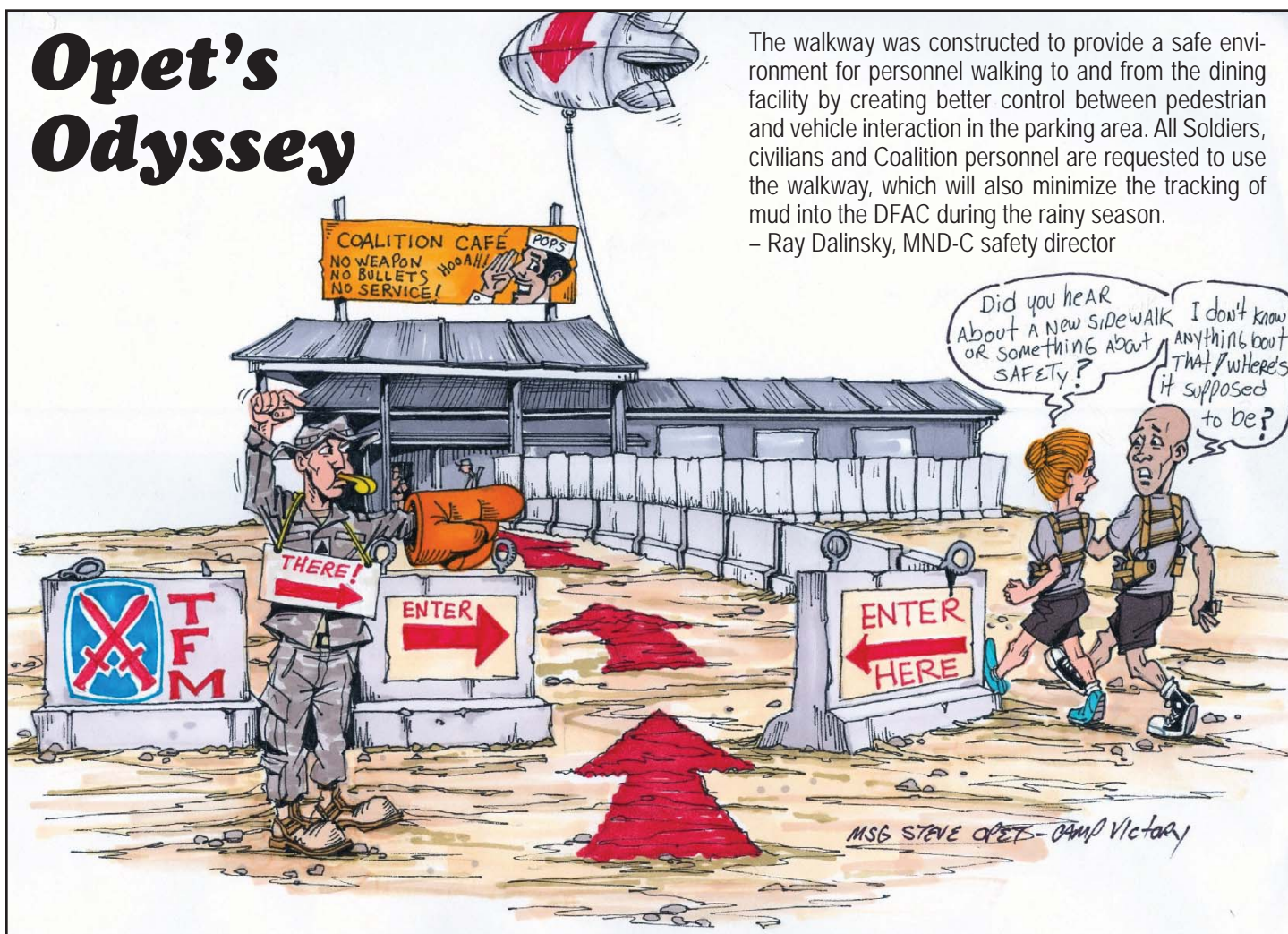
(Background) Soldiers from 2nd Brigade Combat Team, 4th Infantry Division, other military service members and contractors bow their heads with a prayer of thanks during a Thanksgiving service at Camp Echo.

Photo by Sgt. Rodney Foliente

## Opet's Odyssey

The walkway was constructed to provide a safe environment for personnel walking to and from the dining facility by creating better control between pedestrian and vehicle interaction in the parking area. All Soldiers, civilians and Coalition personnel are requested to use the walkway, which will also minimize the tracking of mud into the DFAC during the rainy season.

– Ray Dalinsky, MND-C safety director





# MND-C commanders show thanks for TF Mountain Soldiers



Photo by Spc. Justin Snyder

**Brig. Gen. Jefforey Smith, Multi-National Division – Center deputy commanding general for support, talks with Soldiers at Forward Operating Base Delta while watching the Turkey Bowl flag football championship game between the senior noncommissioned officers and the warrant officers, Nov. 27.**



Photo by Spc. Josh Lecappelain

**Brig. Gen. Jeffrey Buchanan, Multi-National Division -- Center deputy commanding general for operations, serves Soldiers at Joint Security Station Jenkins during his travels on Thanksgiving. Buchanan and other members of the MND-C command group travelled to thank Soldiers and service members for their service.**



Photo by Spc. Josh Lecappelain

**(Left) Brig. Gen. Jeffrey Buchanan, MND-C DCG-O, serves Soldiers at Joint Security Station Jenkins during his travels on Thanksgiving.**



Photo by Spc. Justin Snyder

**Brig. Gen. Jefforey Smith, MND-C DCG-S, carves and serves Thanksgiving turkey to Soldiers at the Combat Outpost Shocker dining facility Nov. 27.**

**(Background bottom left: photo by Spc. Josh Lecappelain) Brig. Gen. Jeffrey Buchanan, MND-C DCG-O, speaks to Soldiers outside the D-FAC at COP 6 on Thanksgiving Day. (Background right: photo by Spc. Justin Snyder) General Jefforey Smith, Multi-National Division – Center DCG-S, throws a pass to a Soldier at Joint Service Station 1 Nov. 27.**

## Staff Section Round-up

### Chaplain's Family Life Minute: *Surround yourself with positive friends*

Couples who stay together through adversity have friends who want them to stay together; friends with a low opinion of divorce. It has been proven time and again, divorce runs in groups. Adultery, drug and alcohol abuse, and many other behaviors do as well.

The old saying "misery loves company" is true, unfortunately. It is common for divorce to break out in an office, unit, company, neighborhood, Family or sometimes even in a church group. All it takes is one person going through a divorce and becoming bitter at their husband or wife. If they aren't seeking to reconcile, and especially if they are seeking divorce, they will look for someone to console them and keep them company.

If a couple is happily married, this doesn't provide them with the type of interaction they are seeking. They will need

someone to be free and in the same frame of mind as they are to provide them with a regular "happy hour" buddy. The last thing couples need when going through tough times in marriage is someone encouraging them to do the wrong thing. So, let us surround ourselves with friends that benefit our relationships as we "Climb to Glory"

Chaplain (Major) Paul Ramsey  
MND-C Family Life Chaplain



**MNF-1  
TF SAFE**

## HOLIDAY SAFETY

**MNF-1  
TF SAFE**

While entering the holiday season, the risk of electrical fires will rise drastically. Reduce the risk by following a few simple rules.

Electrical decorations such as lights are permitted in **COMMON AREAS** only, according the following additional rules:

- All decorations must either be designed for 220-volt systems or be used with a step-down transformer.
- Decorations must meet UL or CE standards, as indicated by imprints on the cord or plug.
- Plug decorations into surge protectors or power strips with fuses plugs and/or outlets. Do not daisy chain strips.
- All decorations must be turned off when unattended.
- All decorations must be inspected for frayed or damaged wiring on a regular basis.
- No "exterior use only" lights inside.
- Damaged bulbs must be replaced immediately.

Non-electrical holiday decorations are generally permitted in living, working and common areas, but be cautious about placing paper or other flammable items near electrical decorations, appliances or outlets.

**NOTE: In Iraq, 220-volt electrical systems are used; lights designed for 110-volt systems will not work here and create hazards!**

## MAIL CALL



**"Gunny" R. Lee Ermey**  
and  
the History Channel's  
**"Mail Call"**

will be traveling with the  
*Holiday Gift Box Program*

Delivery sponsored by  
**Commander Navy  
Installations Command**



*They are scheduled to be in  
the Multi-National  
Division – Center area of  
operation Dec. 3-9*



# Headline Round-up

## U.S. News:

Judith Markelz helped the war wounded and their Families for years by running the Warrior and Family Support Center at Fort Sam Houston, Texas, in a 1,000-square-foot room. In January 2007, Les Huffman, the president of a small commercial development firm, started volunteering and wanted to do more. Through private donations, he raised \$5 million to build and design a house-like building with a therapeutic garden, classroom, video game room and kitchen. Markelz is scheduled to receive the center's keys at Fort Sam Houston Monday. It will be the first center of its kind built on an Army post.

## Entertainment:

Playwright William Gibson died in Stockbridge, Mass., at age 94. He wrote a dozen plays, including the Tony-winning "Two for the Seesaw," but is forever known for his true-story play, "The Miracle Worker," about Helen Keller's rescue from a world of ignorance.

## Odd News:

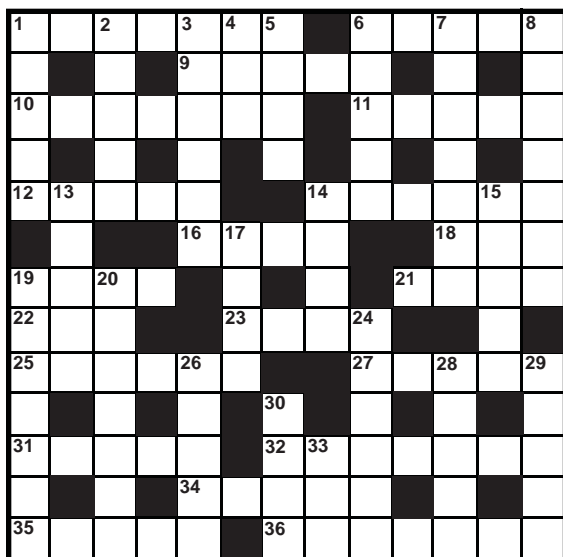
Last year, Monique White was living in a tiny motel room and looking for work, pining for the Thanksgiving of her childhood. This year, she has a home and a job, and thanks to a Craigslist posting, she served food to more than 30 strangers. She thought only four or five strangers would reply to her ad and join her and longtime partner, Doug White. Dozens replied; those laid off work, those with no family, people ashamed to take their children to a charity Thanksgiving dinner at a soup kitchen. White's boss paid for the food; nine turkeys, four hams, 16 boxes of stuffing and a dozen or so pies, while a local hotel brought over tables and chairs. A professional magician in the area performed for the children.

## Health News:

Scientists found four genetic variations that appear to determine the speed at which people burn food, a finding which could one day help doctors offer their patients more individual care. This could prove particularly useful for treating conditions strongly linked to metabolism, such as coronary artery disease, obesity and diabetes.

## Quote of the Day

*"The high sentiments always win in the end. The leaders who offer blood, toil, tears and sweat always get more out of their followers than those who offer safety and a good time. When it comes to the pinch, human beings are heroic."— George Orwell*



### ACROSS:

1. Sporting event on water
6. prisons
9. Describing undulating terrain
10. The most noisy
11. Beg
12. Hope for
14. Young swan
16. Portal
18. Anger
19. Mature
21. Corrosive liquid
22. Greek letter
23. Bottom of ear
25. Condition; state
27. Moslem God
31. Involuntary muscle movement
32. An orange
34. Swell
35. Endures
36. Hearing distance

### DOWN:

1. Sporting event for cars
2. Dutch cheese
3. On screen at movie conclusion
4. it is (abbr.)
5. Low female singing voice
6. European nomad
7. Pertaining to world seas
8. Medically calmed
13. The best
14. Six legged crustacean
15. Heather
17. Leer
19. A negative answer
20. Hill warriors from NW India
24. Spring Christian religious festival
26. Young sheep
28. Irish lake
29. The organ of life
30. \_\_\_ of Capri, Dogs, Wight
33. \_\_\_ Khan

## WHAT DO YOU MISS MOST ABOUT HOME?



Photo by Spc. Sophia R. Lopez

**"Faster internet and grass,"** said Sgt. Kelly Laird, of Dew Meadow, Idaho, a medical operations Soldier, Headquarters and Headquarters Company, 10th Mountain Division.



Photo by Spc. Sophia R. Lopez

**"Friends and Family,"** said Pfc. Brandon Vance, of Oak Harbor, Ohio, terrain analyst, Company B, 10th Mountain Division, who chose to pose this way.

# Solution Saturday

## Saturday, Nov. 22

A	B	D	O	M	E	N	A	B	A	T	E
B	A	A	A	U	R	N	D	A			
B	A	Y	D	I	M	N	O	A	R		
E			L	E	S	B	I	A	N		I
Y	E	T			E			E	A	R	N
	F		G			R		W	G		G
I	T	C	H	E	D		A	B	B	O	T
N		A	T			C			O		O
J	A	P	E			A			R	O	O
U			R	E	U	N	I	O	N		A
R	E	F	D		A	N	D		T	A	X
E		A		G	A	R	O		E		I
D	O	D	G	E		Y	A	R	D	A	R

from Puzzler's Cave: The Online Crossword Community

## Monday, Nov. 24

6	2	8	9	3	1	4	7	5
1	9	3	4	7	5	8	6	2
7	4	5	2	8	6	1	9	3
4	6	9	5	1	8	2	3	7
2	3	7	6	9	4	5	1	8
5	8	1	3	2	7	6	4	9
9	1	2	8	6	3	7	5	4
3	5	6	7	4	2	9	8	1
8	7	4	1	5	9	3	2	6

from Sudoku Easy Presented by Will Shortz

## Tuesday, Nov. 25

1	6	4	5	8	7	9	2	3
8	3	5	4	9	2	6	7	1
7	2	9	1	3	6	8	4	5
2	5	7	3	4	9	1	6	8
3	4	6	8	7	1	2	5	9
9	8	1	6	2	5	7	3	4
5	9	8	7	6	4	3	1	2
4	7	3	2	1	8	5	9	6
6	1	2	9	5	3	4	8	7

from Sudoku Easy Presented by Will Shortz

## Wednesday, Nov. 26

8	5	4	7	1	9	3	2	6
1	6	7	2	5	3	9	4	8
3	2	9	8	4	6	7	5	1
2	3	1	4	6	8	5	7	9
7	9	5	1	3	2	8	6	4
4	8	6	9	7	5	1	3	2
5	1	3	6	9	4	2	8	7
6	7	2	5	8	1	4	9	3
9	4	8	3	2	7	6	1	5

from Sudoku Easy Presented by Will Shortz

## Thursday, Nov. 27

I	C	M	I	T	S	E	V	R	A	H	T	L	L	L
A	E	R	A	I	P	O	C	U	N	R	O	C	R	O
D	L	B	S	T	U	F	F	I	N	G	F	F	C	Y
I	E	C	U	A	S	Y	R	R	E	B	N	A	R	C
N	B	I	A	E	N	I	G	N	R	C	N	T	O	G
F	R	L	P	G	P	R	T	E	M	D	C	F	U	N
R	A	H	N	N	G	I	W	U	I	U	F	T	G	I
A	T	O	O	M	I	O	L	E	R	T	Y	E	R	I
E	I	L	T	F	L	K	D	G	I	K	L	U	D	E
M	O	I	N	F	E	Y	P	E	R	I	E	R	A	H
E	N	D	Y	E	A	A	N	M	I	T	Y	R	T	
A	S	A	E	M	E	D	S	A	U	R	M	O	A	A
L	M	Y	S	I	S	U	F	T	R	P	B	S	P	G

from LiveWire Puzzles

T	E	R	R	A	R	I	U	M	O	T
R	E	U			A	M	P	L	E	
C	O	U	L	O	M	B				L
D					A	R	M	O	I	R
B	E	N	E	F	I	T		O	M	M
L			V		T		T	U	S	E
A		B	E	T	H	L	E	H	E	M
C	U	E			O		E			M
K		C		M		A	U	T	O	P
J	U	K	E	B	O	X			T	W
A		H		O		E	T	H	I	C
C	R	A	W	L			A		O	R
K		M		A	S	T	R	O	N	O

from Puzzler's Cave: The Online Crossword Community

## Friday, Nov. 28

6	4	5	2	9	7	8	1	3
8	1	3	4	6	5	2	7	9
2	9	7	3	8	1	5	4	6
3	8	1	6	7	2	9	5	4
9	5	2	1	3	4	6	8	7
4	7	6	8	5	9	3	2	1
7	3	8	5	1	6	4	9	2
5	2	9	7	4	3	1	6	8
1	6	4	9	2	8	7	3	5

from Sudoku Easy Presented by Will Shortz

### Trivia:

Male turkeys are called toms and female turkeys are called hens.

To find out the answer to each day's puzzle right away, go to:



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