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Photo by Canadian Armed Forces
Sgt. Devin VandeSype

WH'OKELE

FOR THE NAVY AND AIR FORCE TEAM IN HAWAII

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US Navy commences 26th RIMPAC exercise

Photo by Canadian Armed Forces Imagery Technician Cpl. Trevor Matheson

U.S. 3rd Fleet Public Affairs

Commander, U.S. Pacific Fleet, Adm. John C. Aquilino and Commander, U.S. 3rd Fleet, Vice Adm. John D. Alexander, announced June 27 the start of the world's largest international maritime exercise, the biennial Rim of the Pacific (RIMPAC), scheduled through Aug. 2 in and around the Hawaiian Islands and Southern California.

Twenty-five nations,

more than 45 surface ships and submarines, 17 national land forces, and more than 200 aircraft and 25,000 personnel are taking part in a unique training opportunity designed to foster and sustain cooperative relationships that are critical to ensuring the safety of sea lanes and security on the world's interconnected oceans. RIMPAC 2018 is the 26th exercise in a series that began in 1971.

"RIMPAC is not only the world's largest international maritime exer-

cise, it also shows that like-minded nations who value a free and open Indo-Pacific want this opportunity to improve our cooperation with each other," Aquilino said.

The theme of RIMPAC 2018 is "Capable, Adaptive, Partners." Participating nations and forces will exercise a wide range of capabilities and demonstrate the inherent flexibility of maritime forces. These capabilities range from disaster relief and maritime security operations to sea control

and complex warfighting.

The relevant, realistic training program includes gunnery, missile, anti-submarine and air defense exercises, as well as amphibious, counter-piracy, mine clearance, explosive ordnance disposal, diving and salvage operations.

Alexander emphasized the importance of building relationships among international maritime partners by conducting exercises such as RIMPAC.

"We are all maritime nations," Alexander said.

"We all prosper through trade and the majority of the trade goes through the Indo-Pacific region."

"This is an opportunity to build relationships ahead of a crisis," he said. This enables us to call our friends, partners and allies to work together to provide disaster relief, combat piracy, or a wide range of maritime contingency operations.

This year's exercise includes forces from Australia, Brunei, Canada, Chile, Colombia, France, Germany, India, Indonesia,

Israel, Japan, Malaysia, Mexico, Netherlands, New Zealand, Peru, the Republic of Korea, the Republic of the Philippines, Singapore, Sri Lanka, Thailand, Tonga, the United Kingdom, the United States and Vietnam.

"There are different uniforms, different faces and different cultures, but we share a common purpose here at RIMPAC," Aquilino said.

"I want to thank all the participating nations for sending forces to be a part of RIMPAC."

RIMPAC ship tour schedule announced

U.S. 3rd Fleet

Rim of the Pacific (RIMPAC) exercise 2018 participants, military and Department of Defense ID cardholders and their sponsored guests are welcome to tour visiting U.S. and foreign ships on Sat-

urday, July 7 from 8:15 a.m. to 4 p.m. A schedule of participating ships and locations will be made available upon entry at the gates on July 7.

For safety reasons, guests must be independently mobile and able to walk and climb ladder

wells, and should wear covered shoes (no heels or slippers). Do not carry bags on the tours, and photography will be limited to the immediate area and on board the ship during the tour as permitted by the respective ships' commanding officers.

The following ships are available for tours* Saturday, July 7:

- BAP Ferre (DM 74, Peru)
- BRP Davao Del Sur (LD 602, Philippines)
- CNS Almirante Lynch (FF 07, Chile)
- HMAS Toowoomba (FFH 156, Australia)
- HMAS Melbourne (FFG 05, Australia)
- HMAS Adelaide (L 01, Australia)
- HMCS Ottawa (FFH 341, Canada)
- HMNZS Te Mana (F 111, New Zealand)
- INS Sahyadri (F 47, India)
- JS Ise (DDH 182, Japan)
- ROKS Dae Jo Yeong (DDG 997, South Korea)
- RSS Tenacious (71, Singapore)
- Various participating U.S. ships

**Tours are subject to change.*

For more information, contact the RIMPAC Combined Information Bureau at 472-5430.



International ships participating in the 2018 RIMPAC exercise moor at Joint Base Pearl Harbor-Hickam, July 2.

U.S. Navy photo by MC1 Arthurgwain L. Marquez

Navy joins team to promote safety

Story and photo by
Bill Doughty

Navy Region Hawaii
Public Affairs

On the eve of Independence Day, Honolulu Mayor Kirk Caldwell invited Rear Adm. Brian Fort, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, to participate – along with other city and county agencies – in a safety message to the community in a press conference at Honolulu Police Department (HPD) headquarters.

Participants addressed proactive and preventative safety initiatives during the Rim of the Pacific (RIMPAC) exercise currently underway.

In a press conference attended by first responders HPD, Emergency Medical Services, the Honolulu Fire Department (HFD) and other agencies, Caldwell told local media, "Right now we have 25 nations ... 25,000 members of different armed forces ... on is-

land enjoying the best of Hawaii, something we're very proud of. We want to show aloha to the members of the military while they're here and those who are visiting."

Both Caldwell and Fort noted that many RIMPAC participants bring families.

"We want to thank the state of Hawaii for hosting the RIMPAC exercise and welcoming the sailors from all the nations," Fort said. "We actually have families who arrive here with many of the sailors ... Many will come back at the end of the exercise."

In the first week of RIMPAC, participants are able to go hiking, enjoy the beaches, compete in sporting events and join in July 4th celebrations, including those held Wednesday at Joint Base Pearl Harbor-Hickam.

In his remarks, Fort noted that all RIMPAC participants receive extensive safety briefings and cultural awareness information.

> See page A-2

RIMPAC partners share new ideas at innovation fair

MC1 Cory Asato

U.S. 3rd Fleet

Six units from five countries presented their design ideas at the inaugural innovation fair during 2018 Rim of the Pacific (RIMPAC) exercise at Joint Base Pearl Harbor-Hickam, June 30. Sailors from the Indian Navy stealth multi-role frigate INS Sahyadri (F49), Royal Malaysian Navy frigate KD Lekiu (FFG 30), Royal Australian Navy landing helicopter dock ship HMAS Adelaide (L01), Republic of Korea Navy destroyer Yulgok Yi (DDG 992), Strike Fighter Squadron (VFA) 2 and USS Halsey (DDG 97) presented innovative concepts from the deckplates geared toward improving quality of life and increasing efficiency and unit cohesion.

“The best ideas come from the folks that use it,” said Cmdr. Brett Elko, a native of Charlotte, North Carolina, and assigned to the U.S. 3rd Fleet staff. “We wanted to use the opportunity of RIMPAC, this international stage, to share ideas throughout the naval community and involve our most junior Sailors.” Each unit presented concepts such as radio-frequency identification to locate Sailors, a floating damage control bag, yoga in a shipboard environment, a shipboard food waste disposal system, and a web-enabled parking system to a panel of judges featuring representatives from the international community, deck plate leadership and a subject matter science expert from the Office of Naval Research. “RIMPAC and the inno-



U.S. Navy photo by MC2 Justin R. Pacheco
Arenas Kuliavskas, left, explains U.S. Naval Research Laboratory’s Omniglobe system to Chilean Navy Chief Petty Officers Moises Lopez, center, and Omar Mardones at the 2018 RIMPAC Innovation Fair, June 28.

vation fair has presented a unique opportunity for us,” said Royal Malaysian Navy Sub-lieutenant Chan

Jun Kwan, assigned to KD Lekiu. “I was able to board many other nations’ naval

vessels and see their damage control procedures and tools which helped me to assess the versatility of

our concept on the international stage.” The panel graded each presentation on impact, feasibility, originality and alignment with the RIMPAC theme of “Capable, Adaptive, Partners.” KD Lekiu’s concept of a floating damage control bag earned first place, INS Sahyadri earned second place with their concept of shipboard yoga and ROKS Yulgok Yi received an honorable mention with their concept of a shipboard waste disposal system. “I’m glad I was able to share our concept and perspective,” Kwan said. “Our Navy has an innovation competition similar to this annually with hundreds of submissions. The problem we are trying to address affects every ship in all navies around the world so we’re very thankful for this opportunity.”

Navy joins with mayor’s team

< From page A-1

During RIMPAC the Navy provides nearly 100 shore patrol personnel who are on duty from sundown to sunrise and who work closely with HPD in Waikiki. Command Master Chief Greg Carlson, Naval Surface Group Middle Pacific, will participate in a ride-along with HPD Friday night, July 6. Last spring, Command Master Chief Greg Vidaurri, Navy Region Hawaii, hosted captains from HPD to speak to senior enlisted leaders on Oahu. At Tuesday’s press conference Honolulu Police Chief Susan Ballard noted the strong partnership with the Navy and other services. “I want to echo what

Adm. Fort said. We really have a great relationship with the military here, whether it’s RIMPAC or it’s the other 365 days of the year,” Ballard said. Ballard urged people to help each other or, if they don’t feel comfortable getting directly involved in a situation, to call 911 so the police can respond. “For Hawaii, this is the Aloha State, so we want to show aloha not just to the military but also to each other,” she said. “So if you’re down in Waikiki and you see someone who needs help take the time to help them.” The press conference included discussion about water and fireworks safety and environmental stewardship by beachgoers.

Fort commended the partnership not only with HPD but also between the HFD and Navy Region Hawaii’s Federal Fire Department. The partnership with FedFire includes providing firefighting and emergency medical services in cooperative engagements under a mutual aid agreement. “The theme of RIMPAC is “Capable Adaptive Partners,” Fort said, “and that theme really resonates in the work we, the Region, do with the first responders and the work we do with the City and County.” The press conference was live-streamed by KHON(FOX)2 and is posted on its Facebook site.

Students help clean historic fishpond



U.S. Navy photo by ATAN Joshua Markwith

The Kamehameha Schools Kuamahi Community Education Department in Waianae conducted their inaugural service day cleanup at the Joint Base Pearl Harbor-Hickam Loko Pa’aiau fishpond at McGrew Point, June 23. The Navy partnered with Kamehameha Schools Kilohana summer program for keiki from Ewa Moku (District). It was an opportunity for the keiki to learn about this historic asset and the Navy’s commitment to the environment. A total of 45 students participated and collected approximately 25 large bags of waste.

DESRON 31 holds change of command on USS William P. Lawrence

Story and photo by
MC1 John Herman

Navy Public Affairs
Support Element
Detachment Hawaii

Commander, Destroyer Squadron (DESRON) 31 held a change of command ceremony aboard the guided-missile destroyer USS William P. Lawrence (DDG 110), June 29.

Capt. Joseph Ring relieved Capt. David Bretz as commander, DESRON 31 during the ceremony.

“You are a special breed,” said Bretz in reference to the DESRON 31 team.

“It has been an honor sailing and serving with you. Thank you and Godspeed as you continue the adventure here in Hawaii and in the Indo-Pacific region.”

After Bretz’s remarks, both officers read their orders and saluted each other, signifying the ceremonial transition of command from one leader to the next.

“Operate your ships



Capt. Joseph Ring is piped aboard the USS William P. Lawrence during a change of command ceremony at Joint Base Pearl Harbor-Hickam, June 28. Ring relieved Capt. David Bretz as the commander of Destroyer Squadron Three One aboard USS William P. Lawrence (DDG 110).

hard because our greyhounds can handle it,” said Ring upon assuming command.

“Your mission demands it. Let your officers drive

the ship. See to it that your chiefs and Sailors are world champions in everything they do.”

Rear Adm. Brian Fort, commander, Navy Region

Hawaii and Commander, Naval Surface Group Middle Pacific, served as guest speaker. He spoke in detail on the accomplishments of both officers and how

DESRON 31 team was set for success with strong leadership at the helm.

Bretz will be reporting as Commander, Naval Reserve Officer Training

Corps, Purdue University in Indiana. Under Bretz’s leadership, DESRON 31 planned, coordinated and executed several major exercises to include Cooperation Afloat Readiness and Training, Pacific Partnership and two Pacific Surface Action Group deployments in the western Pacific.

Ring had previously served as DESRON 31 deputy commodore. Prior to this, he served as the director, Joint Operations Center (J31), United States Africa Command in Stuttgart, Germany.

DESRON 31 is part of Commander, Naval Surface Force, U.S. Pacific Fleet, and comprises six Arleigh Burke-class guided missile destroyers, USS John Paul Jones (DDG 53), USS Hopper (DDG 70), USS Momsen (DDG 92), USS Wayne E. Meyer (DDG 108), USS William P. Lawrence (DDG 110), USS John Finn (DDG 113) and USS Rafael Peralta (DDG 115).

For more news, visit www.navy.mil/local/cnrh/.



U.S. Navy photo by CT2 (Maintenance) Jessy Wheeler

Capt. Madelene Means salutes Capt. Todd Gagnon during the change of command ceremony for Navy Information Operations Command (NIOC) Hawaii held at the Nob Hill Community Center on Ford Island, June 22.

NIOC Hawaii welcomes Means, bids farewell to Gagnon

CTR2 (IW)
Brooke Miller

Navy Information
Operations Command
Hawaii Public Affairs

Capt. Madelene Means relieved Capt. Todd Gagnon as commanding officer of Navy Information Operations Command (NIOC) Hawaii during a change of command ceremony held at Nob Hill Community Center on Ford Island, June 22.

Vice Adm. Timothy “T.J.” White, commander of U.S. Fleet Cyber Command/U.S. 10th Fleet (FCC/C10F) served as presiding officer for the event and Cmdr. Zachary McKeethan, executive officer of NIOC Hawaii, officiated the ceremony.

Gagnon, who has been in command since June 2016, led more than 2,000 Sailors and civilians as part of NIOC Hawaii, commander, Task Force (CTF) 1070 and the Cyber Operations Integrated Planning Element.

He directed the execution of cyber op-

erations, information operations, electronic warfare, and signals intelligence missions.

“I have been amazed by your accomplishments across this island and the Pacific. The truly sad part for me today is that no matter what happens in my career, I will never again have the privilege to work alongside such an amazing group of individuals,” said Gagnon.

Means, a designated intelligence officer, brings with her a diverse array of military and academic experience to the helm of NIOC Hawaii and CTF 1070.

She served most recently as assistant chief of staff for intelligence at commander, U.S. 7th Fleet. Means also holds a bachelor’s degree in political science from the University of Michigan, a master’s degree in global leadership from the University of San Diego, and a master’s degree in strategic studies from the Air War College.

“The Task Force 1070 team of Sailors and civil-

ians is a part of a strong warfighting legacy and once again we are making history,” Means said.

“This is a special time to be in this theater, this job, and this legacy and mission,” she continued.

For more news and information from commander, FCC/C10F visit <http://www.public.navy.mil/fcc-c10f/>, <https://www.dvidshub.net/unit/USFCC>, or follow us on Twitter @USFLEETCYBERCOM.

Nations perform in harmony



U.S. Navy photo by MC1 Jason Abrams

U.S. Navy Ensign Matthew Shea, assistant fleet bandmaster for the U.S. Pacific Fleet Band, conducts an ensemble of musicians from the Royal Australian Navy, Royal Canadian Navy, Republic of Indonesia Navy, and Pacific Fleet Band during the Rim of the Pacific exercise 2018 International Band Concert at Fort DeRussy Beach Park, July 3.

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Pearl Harbor-Hickam

Highlights



U.S. Navy photo by MC2 Justin R. Pacheco
An MH-60S Sea Hawk helicopter, assigned to Helicopter Sea Combat Squadron (HSC) 8, flies above the waters off the coast of Oahu for a photo exercise during the Rim of the Pacific (RIMPAC) exercise, July 2.



Photo by Canadian Armed Forces Imagery Technician Cpl. Trevor Matheson
A Canadian Fleet Diving Unit (Pacific) member conducts rappelling training during RIMPAC 2018 at JBPHH, July 2.



U.S. Navy photo by MC3 Natalie M. Byers
Japanese sailors make mochi during the Japanese reception aboard Japan Maritime Self-Defense Force destroyer helicopter ship JS Ise (DDH 182), as part of RIMPAC 2018 at Joint Base Pearl Harbor-Hickam (JBPHH), June 28.



U.S. Navy photo by MC3 Alexander C. Kubitza
Guided-missile destroyers USS O'Kane (DDG 77), USS Preble (DDG 88), USS William P. Lawrence (DDG 110) and USS Sterett (DDG 104) sit moored during the harbor phase of RIMPAC 2018 at JBPHH, July 4.



Navy divers, assigned to Mobile Diving Salvage Unit (MDSU) 1, dive on the USS Arizona Memorial at JBPHH, June 28 to assess necessary repairs to the memorial. MDSU-1 is one of the Navy's premier diving and salvage units that is prepared to rapidly deploy combat-ready, expeditionary warfare-capable and specialized dive teams to conduct harbor and waterway clearance, emergent underwater repairs and salvage operations in all environments.

U.S. Navy photo by MC1 Arthurgwain L. Marquez



Life & Leisure

4th of July

CELEBRATION

Stone Temple Pilots, fireworks and more highlight America's independence

Reid Tokeshi

*Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation*

A celebration that looked to be one of the biggest ever on Joint Base Pearl Harbor-Hickam lived up to the billing. Thousands of patrons, including many of the international participants here for the Rim of the Pacific exercise, attended the 4th of July Celebration at Joint Base Pearl Harbor-Hickam.

The big draw for many was the chance to see the Stone Temple Pilots perform live at Ward Field and the rockers from California did not disappoint. The band, brought over by Armed Forces Entertainment, entertained the crowd for over an hour straight. It was a mix of the hits everyone came to hear along with songs from their most recent album.

Before the concert, Ward Field and the nearby parking area offered food and beverages for purchase, as well as free activities, such as the Car Show & Shine, free games for play on the field and Pacific Roller Derby matches and demonstrations.

New this year, Morale, Welfare and Recreation set up the kid-focused activities a short walk away from the concert area. Kids – and parents – enjoyed the train ride, petting zoo and others. Xtreme Fun returned with tons of rides and inflatables for the whole family. The family area also provided the chance to find prime spots for the fireworks display at the end of the night.

Tiara Johnson and her husband Chandler, an Airman stationed at Bel-lows, brought their 18-month old daughter and liked the area specially catered for kids.

"I love it, I think it's great," Tiara said. "When we found the family section over here we liked how it was separated this time. They came two years ago and remembered it being "super crowded" with everything in one place so they appreciated how the spacing made it less crowded for everyone."

At the end of the night, the wide variety of activities meant there was something for everyone and the climactic fireworks show fittingly punctuated the evening for the 15,000 in attendance.



Patrons of the 4th of July Celebration played games, partook in activities, met farm animals and watched the Stone Temple Pilots. The evening ended with a fireworks display.

MWR photos by Theresa Valadez
USS Arizona Memorial photo by Canadian Armed Forces Sgt. Devin VandeSype

Sailors assigned to U.S. Navy guided-missile destroyer USS Halsey (DDG 97) and the Royal Canadian Navy Halifax-class frigate HMCS Ottawa (FFH 341) play a friendly match of soccer at Joint Base Pearl Harbor-Hickam, June 27.



USS Halsey, HMCS Ottawa kick off RIMPAC 2018 soccer tournament

Story and photo by
MC1 Corwin Colbert

*Navy Region Hawaii
Public Affairs*

Sailors from the guided-missile destroyer USS Halsey (DDG 97) and the Royal Canadian Navy Halifax-class frigate HMCS Ottawa (FFH

341) kicked off the Rim of the Pacific (RIMPAC) 2018 soccer tournament June 27 at Joint Base Pearl Harbor-Hickam.

The tournament ran through July 1 and allowed service members from different countries to build relations while participating in the world's largest maritime exercise.

Halsey Seaman Xavier Atkins called his first RIMPAC experience "amazing."

"RIMPAC, personally, is a great opportunity for me to meet service members from different countries," he said. "This soccer game was a lot of fun."

Ottawa quickly took charge, scoring a goal in the first few minutes. But Halsey fired back

and tied it up midway through the first half.

During the second half of the friendly match, it was all Halsey, scoring four consecutive goals to close the game winning 5-1.

Master Seaman Courtney Edwards of HMCS Ottawa said she enjoyed the chance to meet Sailors from other nations, especially on the soccer field.

"This is my second RIMPAC," she said. "It's nice to play other countries in a game we all love."

"We also had a good time with the Canadian team," Atkins said. "I recommend anyone able to be involved in these type of relation-building activities to do so."

To learn more, please visit www.cpf.navy.mil/rimpac.

USS Preble wins RIMPAC 2018 basketball tournament

MCSN Daniel Zink

U.S. 3rd Fleet

Sailors from guided-missile destroyer USS Preble (DDG 88) won the Rim of the Pacific (RIMPAC) basketball tournament during the June 30 finals with a score of 54 to 43 at Joint Base Pearl Harbor-Hickam.

Sailors assigned to Preble and the aircraft carrier USS Carl Vinson (CVN 70) made it to the finals of an international sports competition to build relationships with fellow RIMPAC participants.

“It’s great we get to experience working with foreign navies to build upon our relationships through sports,” said Engineman First Class Peten Brink, Preble team captain.

“Usually in an exercise this large it’s hard to beat the carriers, but I just told my guys to go out there and have a good time.”

Over four days, Sailors from Preble competed in a tournament that consisted of 45

teams from ships scheduled to participate in RIMPAC, representing more than 25 nations.

“Coming together with teams from different countries to compete and have fun was a great experience,” said Logistics Specialist First Class Jimmie Dunn, Carl Vinson point guard.

“RIMPAC is a great exercise for me. It’s about building relationships and coming together with Sailors from other platforms. Not everyone can get this experience. It’s a once-in-a-lifetime opportunity for some of us.”

In the semifinals, four U.S. Navy teams squared off in two games to determine the final game.

Team Preble emerged victorious in a game against guided-missile destroyer USS Sterett (DDG 104) with a final score of 47 to 37.

Simultaneously, Sailors assigned to Carl Vinson defeated the team from guided-missile destroyer USS O’Kane (DDG 77) with a final score of 45 to 37.



U.S. Navy photo by MCSN Daniel L. Zink
Engineman First Class (SW/AW) Peten Brink assigned to guided-missile destroyer USS Preble (DDG 88) faces off against Sailors assigned to the aircraft carrier USS Carl Vinson (CVN 70) in the Rim of the Pacific (RIMPAC) 2018 basketball tournament finals, June 30.



U.S. Navy photo by MC3 Kelsey J. Hockenberger
Leading Seaman Brenton Drummond, from Melbourne Victoria, Australia, assigned to Royal Australian Navy guided-missile frigate HMAS Melbourne (FFG 05), participates in a bowling tournament during RIMPAC 2018 at Joint Base Pearl Harbor-Hickam (JBPHH), June 28.



U.S. Navy photo by MCSN Darienne Slack
A sailor assigned to Royal Australian Navy guided-missile frigate HMAS Melbourne (FFG 05) tags out a Sailor assigned to guided-missile destroyer USS William P. Lawrence (DDG 110) during a 2018 RIMPAC softball tournament game at JBPHH, June 27.

Quartermaster 3rd Class Raul Santospieve, assigned to guided-missile destroyer USS Sterett (DDG 104), backhands a ball during a June 27 tennis match against Indian Navy stealth multi-role frigate INS Sahyadri (F49) during RIMPAC 2018 at JBPHH.

U.S. Navy photo by MC3 Alexander C. Kubitza



U.S. Navy photo by MC3 Omar Rubi
Fast attack submarine USS Hawaii (SSN 776) and Royal New Zealand frigate HMNZS Te Mana (F 111) Sailors participate in the 2018 RIMPAC indoor volleyball tournament at JBPHH June 27.



MY FAVORITE PHOTO

John Burns took this photo of a juvenile white-rumped shama bird, July 1. As an older adult, their tail is very long and black on top, and white underneath. They sing a lot of different and interesting songs. The birds are usually found up in the mountains or near it. They are not seen very often in the city. They are inquisitive and not shy to fly close to hikers.

Photo by John Burns
administrative support assistant
Navy Region Hawaii

Submit your favorite photo to editor@hookelenews.com



UPCOMING EVENTS
Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

- Tee off at a **free golf clinic** July 7 at 9 a.m. at Barbers Point Golf Course. Enjoy this introduction to the great game of golf. For more information, call 682-2098/2911.
- **Cosmic bowling** gets rolling at 3 p.m. July 8 and every Sunday at Naval Station Bowling Center. Join us as we turn off the light and turn on the fun for cosmic bowling in the afternoon. Also happening on Saturday nights. For more information, call 473-2574.
- **Aqua Zumba** is a new class happening from 5:30 to 6:30 p.m. July 10 and every Tuesday at Hickam Family Pool. Get a low-impact workout while keeping cool in the pool. The cost of this class is one group exercise ticket. Tickets are \$3 each and available at the Hickam Memorial and Joint Base Pearl Harbor-Hickam Fitness Centers. For more information, call 448-2384.
- Registration for **Operation Hele On** is open to deployed families beginning July 11. General registration opens July 23. Operation Hele On takes place on Aug. 17 and is an instructive mock deployment that shows the youth what their parent goes through when preparing to deploy. This is a free event. For more information, call 474-1999.
- **A teen employment workshop** takes place from 4 to 5 p.m. July 13 at the Teen Center. Learn how to prepare for your first job interview. This is a free activity and is open to teens registered with the program. For more information, call 448-1068.
- **A liberty movie night** takes place at 7 p.m. July 13 at Sharkey Theater. Single Sailors and Airmen attached to Joint Base Pearl Harbor-Hickam can enjoy a free movie and snacks courtesy of the Liberty Program. Get a free movie ticket, plus a small popcorn,



● **The Pau Hana Concert in the Park** happens from 4:30 to 7 p.m. July 13 at the Hickam Harbor waterfront. End the work week relaxing in the park and listening to live music by the Pacific Fleet Rock Band as the sun sets in the background. Snacks will also be available for purchase or bring your own snacks and blankets to enjoy the fresh air. This is a free event and is open to all base-eligible patrons. For more information, call 449-5215.

- small drink and a hot dog. Advance sign up is required and is accepted at Beeman Liberty Center. For more information, call 473-2583.
- **The abandoned vehicle and used sailboat sale** is happening from 8 a.m. to 2 p.m. July 14 at the abandoned car lot near Porter Gate. Bids close only on the day of the event. Items are sold “as is” without warranty or guarantee expressed or implied. Admission is free and is open to military Department of Defense cardholders only. For more information, call 471-9072 for automobiles and 449-5215 for sailboats.
 - **A free golf clinic** hits the greens at 9 a.m. July 18 at Barbers Point Golf Course. Enjoy this introduction to the great game of golf. For more information, call 682-2098/2911.
 - **A free golf clinic** hits the greens at 9 a.m. July 19 at Navy-Marine Golf Course. Enjoy this introduction to the great game of golf. For more information, call 471-0142.



HAWAII MEALS ON WHEELS SEEKS VOLUNTEERS

Hawaii Meals on Wheels is always looking for volunteers to make a difference in their community. Volunteers drive and deliver meals once a week, once a month, or on holidays. Volunteers can also help with other tasks such as mailings, data entry, putting together goody bags and other office-related jobs. Hawaii Meals on Wheels is dedicated to helping Oahu's elders and individuals with disabilities preserve their independence at home. The organization provides meals and regular personal interaction with clients. Contact Brad Akamu, volunteer coordinator, at 784-2756. For more information, visit <https://hmow.org/volunteer/>.

PET ADOPTION EVENT

JULY 7 — The Navy Exchange and Oahu SPCA have teamed up to bring military families monthly pet adoption events at the NEX Pet Shop. OSPCA will have dogs and cats of varying ages from 11 a.m. to 2 p.m. at the NEX Pet Shop on 4888 Bougainville Drive. This event is open to authorized patrons only. For more information, call Stephanie Lau at 423-3287.

MEET & GREET WITH KIM TAYLOR REECE

JULY 7 — NEX presents local fine art photographer, Kim Taylor Reece, for a “meet and greet” session at the Mall at Pearl Harbor, July 7 and Aug. 17. He will also be here to autograph his own pieces for authorized patrons. No purchase necessary. Event is for authorized patrons only.

MOILIILI SUMMER FEST

JULY 7 — Celebrate Obon season in historic Moiliili with Honolulu's largest bon dance and modern street festival. The family friendly Moiliili Summer Fest celebrates Moiliili and the Obon season on Saturday July 7, at 1110 University Ave., the former Varsity Theatre parking lot, from 5 to 10 p.m. Coyne Street between University Avenue and Kaialiu Street will be closed for the event and will feature more than 25 popular food trucks and mobile food vendors, keiki games, cultural activities and more. For more information, visit www.moiliilisummerfest.com.

STRESS MANAGEMENT

JULY 9 — The Stress Management class is scheduled from 1 to 4 p.m. at Military and Family Support Center Pearl Harbor. Stress is a normal psychological and physical reaction to the ever-increasing demands of life. Most people experience challenges with stress at some point during the year. Over time, high levels of stress can lead to serious health problems; that is why managing your stress is so important. Learn how stress affects our personal and professional lives, how we can decrease the stress we are experiencing, and how to interrupt the stress cycle and use relaxation techniques. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.



TIME MANAGEMENT

JULY 9 — This class is scheduled from 10 a.m. to noon at MFSC Pearl Harbor. Acquire skills to make better choices about time management and achieve your goals. Gain the personal understanding and practical skills to implement a customized framework for successful time management. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.

ACING THE INTERVIEW

JULY 10 — The Acing the Interview class is scheduled from 10 a.m. to noon at MFSC Wahiawa. Preparation and determination are keys to a successful interview. This class will provide you with the tools to be able to answer different types of interview questions and prepare you for the many interview styles that are popular today. In this interactive class participants will have an opportunity to observe and take part in mock interviews. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.

DEVELOPING SELF-ESTEEM IN CHILDREN

JULY 10 — This class is scheduled from 1 to 3 p.m. at MFSC Hickam. Did you know a parent's behavior can influence their child's thinking? Learn the “language of encouragement” and the importance of building self-esteem in children. Discover the power of mutual respect and how to understand the difference between praise and encouragement. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.

PART TIME MONEY MAKERS

JULY 11 — The Part Time Money Makers class is scheduled from 12:30 to 2:30 p.m. at MFSC Hickam. Discover creative ways to earn supplemental income. This course will cover legitimate, remote employment opportunities; local part-time, temporary and seasonal jobs; self-employment and government contracting; leveraging your hobby into a money maker and quick-start income opportunities and money saving apps. Learn to identify red flags for scams and determine your entrepreneurial risk tolerance and potential. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.

SMOOTH MOVE

JULY 12 — This class is scheduled from 8 to 11:30 a.m. at MFSC Hickam. This workshop features speakers from various departments to give you a better understanding of the permanent change of station process such as: entitlements, travel regulations, shipping your vehicle, filling out necessary paperwork, clearing quarters, researching a new base and location, and financial planning. Register at <https://jbphh.greatlifehawaii.com/support/military-family-support-center> or call 474-1999 for more information.

56TH ANNUAL HAWAII STATE FARM FAIR

JULY 14 AND 15 — The 56th annual Hawaii State Farm Fair, is scheduled at Kualoa Ranch on Saturday, July 14, 9 a.m. to 7 p.m. and Sunday, July 15, 9 a.m. to 5 p.m. The event, “What's Growin' On” is free for children and students with a valid student

ID. The cost is \$5 for the general public. In addition to exhibits, produce and plants will be available at Kamehameha Schools' country market and plant sale. There will be live animals including steer, goats, chickens, pigs and more in the 4-H Livestock Tent. There will also be entertainment, demonstrations, onstage contests, child rides, bouncers and food. Experience what a day on the farm is like, along with milking a life-sized cow (replica), a chick hatchery with live chicks and more. For more information, visit www.hawaiistatefarmfair.org.

WEST OAHU CANINE GAME DAY

JULY 14 — The Hawaiian Humane Society is hosting a free family event Saturday, July 14 from 3 to 6 p.m. at Coral Crater Adventure Park. This dog-friendly celebration features contests, food and activities. For more information, email events@hawaiianhumane.org or call 356-2225, visit <https://www.hawaiianhumane.org/caninegameday/>.

OBON DANCE & FESTIVAL - HALEIWA SHINGON MISSION

JULY 15 AND 16 — Experience the Obon Festival, brought to Hawaii by Japanese immigrants that have evolved into a social and cultural event. The festival honors ancestors that have passed on with dances and festivals across the island that are held throughout the summer. The festival is scheduled from 6 to 10 p.m. at Haleiwa Shingon Mission, located at 66-279A Haleiwa Rd.

BELLOWS FIELD BEACH PARK CLOSING FOR RIMPAC EXERCISE

JULY 20 — Bellows Field Beach Park and its campgrounds will be closed to the public from July 20 to 23 and July 27 to 30 in support of the 2018 Rim of the Pacific exercise (RIMPAC). The beach park is normally closed to the public on Tuesdays, Wednesdays and Thursdays. Five-day camping will continue to be available at other nearby city park campgrounds, including Waimanalo Bay Beach Park and Waimanalo Beach Park. Each of these campgrounds has 10 sites. Bellows Field Beach Park consists of 50 campsites offering three-day camping available from Friday afternoon until Monday morning. Reservation requests begin on the Friday two weeks prior to the camping dates at camping.honolulu.gov. Camping reservations for this site will resume for the weekend of Aug. 3. Bellows Field Beach Park is under the purview of the military, but is open for public access on weekends and holidays in an agreement with the City and County of Honolulu. For more information, call the Marine Corps Base Hawaii Community Relations Office at 257-8876.

FREEDOM FUN RUN 10K

JULY 21 — This free event is scheduled at 6:30 a.m. at Hickam Memorial Fitness Center. Registration starts at 6 a.m. For more information, call 448-2214 or visit greatlifehawaii.com.



Ocean's 8

Debbie Ocean gathers an all-female crew to attempt an impossible heist at New York City's yearly Met Gala.

*Movie schedules are subject to change without notice.

MOVIE SHOWTIMES

SHARKEY THEATER

FRIDAY — JULY 6
7 p.m. • Ocean's 8 (PG-13)

SATURDAY — JULY 7
2:30 p.m. • Solo: A Star Wars Story (PG-13)
5:30 p.m. • Ocean's 8 (PG-13)

SUNDAY — JULY 8
1:30 p.m. • Solo: A Star Wars Story (3-D) (PG-13)
4:30 p.m. • Hereditary (R)

THURSDAY — JULY 12
7 p.m. • Upgrade (R)

HICKAM MEMORIAL THEATER

FRIDAY — JULY 6
7 p.m. • Adrift (PG-13)

SATURDAY — JULY 7
3 p.m. • Free admission to a studio appreciation advance screening. Movie is rated PG-13. Tickets are available at your local exchange food court. Seating open to non-ticket holders 30 minutes prior to showtime.
6 p.m. • Adrift (PG-13)

SUNDAY — JULY 8
1:30 p.m. • Show Dogs (PG)
4 p.m. • Solo: A Star Wars Story (PG-13)

THURSDAY — JULY 12
6:30 p.m. • Action Point (R)