



# SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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## CFC Rolls Out New Changes to Simplify Process, Promote New Avenues of Giving

By **BARBARA WAGNER**  
South Potomac Pilot

The Combined Federal Campaign of the National Capital Area (CFCNCA), the annual workplace giving opportunity for federal employees in Washington, D.C. and surrounding areas, incorporated exciting new components to the program ushered in by the Office of Personnel Management this year.

Locally, the CFC campaign kicked off at the Naval Support Facility (NSF) Dahlgren Parade Field on Wednesday, Nov. 1 as well as an event on Thursday, Nov. 2, in front of the Joint Warfare Analysis Center (JWAC). Holly Kellogg, Department of Defense loaned executive for Navy bases in the former Potomac Region, was on hand at the events to promote the changes and help donors with the signup process.

New this year, federal employees have the opportunity to support causes they care about through donating and volunteerism. Federal employees will now be able to volunteer with their charities and those hours will count for the charities when they apply for grants and other funding sources.

Kellogg said that the new volunteering rules have been a source of con-



U.S. NAVY PHOTO BY BARBARA WAGNER

**Service dogs Jackson and Morgan are always a favorite at the Annual Combined Federal Campaign Kickoff at Naval Support Facility Dahlgren. The dogs are a part of the Paws4Vets organization that provide some of the world's most highly trained Psychiatric Medical Alert Assistance Dogs at no cost to veterans.**

fusion for some. She clarified by explaining that the charities will be able to place a value on the volunteered service hours and can use those values in their applications for grants to say that they have received "in-kind" donations.

Another change for the program is a single online donation portal that streamlines the campaign and provides one central giving system for federal employees to make their pledges. The new system means electronic

giving will be available to all federal civilian, postal and military personnel. Access to online donations previously depended on whether an agency used a particular set of payroll providers. The new system will disclose all fees upfront before a donor pledges support to a charity. The new portal site is [opm.gov/showsomelovecfc](http://opm.gov/showsomelovecfc). Once an account is set up, donors can explore the various charities that are available for donation.

"The generosity of the federal community has always been inspiring and now there are even more ways to give through the CFC," said Vince Micone, Chairperson of the Local Federal Coordinating Committee that oversees the CFCNCA.

"With thousands of participating charities, the CFC includes a myriad of causes to represent the diverse interests of Federal employees. Through the campaign, Federal employees can support charities helping communities affected by natural disasters, like the recent Hurricanes Harvey, Irma and Maria, the earthquake in Mexico and the California

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## Indian Head Pigeon Coop Gives New Meaning to 'Tweet'

While most know Naval Support Facility (NSF) Indian Head to be one of the Navy's most technologically-advanced installations, with next-generation industry and knowledge, there is a little-known building that pays tribute to the early days of the facility – 1904, to be exact. Building 0 — the pigeon coop — housed what was at one time the most advanced means of rapid communication at the base, the pigeon. According to Tommy Wright, the cultural resources officer at NSF Indian Head, the lowly pigeon served a very high-ranking duty transmitting messages between the remote base and the Washington Navy Yard up to

World War II.

The base's primary mission was served well by its remote location; however, the ability to provide rapid (for the period) responses was both limited and critical, especially during times of war. Homing pigeons became a vital part of that mission and Building 0 was their home base.

Messages that needed to be sent would come from the Navy Yard and the pigeon would race home, at speeds up to 50 miles per hour to distances up to 400 miles — much faster than an automobile of that era could travel. Some could reach speeds of up to 90 miles per hour over shorter distances.

While the first telephone came online in 1896, the technology was subject to frequent equipment failures and lines were often damaged by weather and falling trees or limbs. The remote nature of the base and the fact that it only had a single telephone line assured that telephone communications were not the fastest, most reliable network. Most important communications took place by way of boat or homing pigeon.

"Communication has always been a critical need for the Navy. Although not the only means of communication, the use of homing pigeons helped bridge the gap in communicating with not only the Washington Navy Yard but



U.S. NAVY PHOTO COURTESY OF THOMAS WRIGHT, NSF INDIAN HEAD ENVIRONMENTAL DEPARTMENT

**Building 0, the first building aboard Naval Support Facility Indian Head was an active homing pigeon coop.**

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# CFC

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wildfires, as well as those that support veterans, cancer research, animal rescue, clean water and many other worthy causes,” continued Micone.

The second major change in the CFC system involves the ability to donate for federal retirees, who will now be able to make contributions in the form of monthly annuitant payments. A visit to the new portal will allow retirees to also set up recurring giving to the charities of their choice.

With the advent of the new system to make donations easier for all employees and retirees, one popular method for raising money will disappear from the 2017 CFC: cash donations at events like bake sales. Agencies still can host events to encourage giving through the CFC, but they “will focus on increasing employee awareness of CFC charities and their mission, not cash fundraising,” the guidance said.

This year’s effort will also mark the beginning of a five-year phasing out of paper-based pledging, which is intended to reduce costs and to comply with the Paperwork Reduction Act.

CFC will continue to use the highly successful “Show Some Love” theme, which highlights causes federal employees and retirees are most passionate about, along with the use of hashtag #ShowSomeLoveCFC. Key campaign promotional days are:



U.S. NAVY PHOTO BY BARBARA WAGNER

**ShelterBox USA, took part in the CFC kickoff aboard NSF Dahlgren on Nov. 1, with a display of what is included in a typical shelter box that is forward deployed to disaster and conflict zones across the globe. The organization provides incident-specific shelter boxes and volunteers to areas in greatest need.**

*Nov. 28* – #GivingTuesday: Federal employees are encouraged to join in on the global movement of giving by making an online donation on #GivingTuesday.

*Dec. 5* – International Volunteer Day: Federal employees are



U.S. NAVY PHOTO BY BARBARA WAGNER

**A number of non-profit organizations were on hand to share their services to employees aboard NSF Dahlgren at the The Combined Federal Campaign kickoff on Nov. 1 and 2. This year’s CFC campaign has a number of new changes to make donating easier.**

encouraged to expand their impact by pledging volunteer time to charities that represent their cause.

The 2017 campaign runs through Jan. 12, 2018, and members of the Federal community can donate and learn more by visiting [www.cfcnca.org](http://www.cfcnca.org).

# Coop

Continued from page 1

other installations in the area,” Wright said.

The pigeons have an innate homing ability, meaning that once released it will return to its nesting area — in this case, Building 0, the Pigeon Coop.

While the Coop had not been in use for many decades, it was still a regular stop on installation tours.

“The presence of a pigeon coop brought home the fact that Indian Head has been around for over 125 years and in the early days, communication was either done by boat traffic or carrier pigeon,” Wright explained.

In 2016, Building 0 was removed from the restricted side of the base and put under shelter to protect it from the elements, but the structure had long been off the official installation property records. Wright, along with Billy Fabey — both employees of Public Works’ Environmental Department — spent time recently renovating this gem of history as a labor of love.

“The [Coop] was showing severe signs of decay and since it had

been removed from the installation property records years ago, it was difficult to get maintenance dollars to make the necessary repairs,” Wright said.

Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division (NSWC IHEODTD) provided funds for the repairs and the two men spent several days restoring the structure. The men used rough cut boards and cedar shakes to restore as closely to the original building as they could.

“We replaced about 60 percent of the exterior material and installed a new cedar roof,” Wright said. “We kept as much original material as possible including the internal roost boxes.”

After a final coat of paint and sealant for the cedar shakes to protect the structure from the elements, the renovation was complete.

While there may never be a need for homing pigeons to relay messages across the region, Building 0 represents a significant part of the base’s history.

“The [Coop] is one of those endearing qualities that make In-



U.S. NAVY PHOTO COURTESY OF THOMAS WRIGHT, NSF INDIAN HEAD ENVIRONMENTAL DEPARTMENT

**Building 0 in progress during restoration**

See **Coop**, Page 8

# Young Anglers Enjoy Good Fishing and Fun at Stump Neck Annex



More than 30 young anglers and their parents ventured out to the annual Children’s Fishing Derby held at the pond aboard Naval Support Facility (NSF) Indian Head Stump Neck Annex. The event, a joint venture put together by Seth Berry of the Environmental Department of Natural Resources and Corey McCabe at NSF Indian Head MWR, is designed to introduce youngsters to more outdoor recreation. The pond is stocked with about 150 fish to ensure that the children are almost guaranteed a good catch. Each angler is limited to five fish a piece so that everyone has the opportunity for a good haul. Both experienced and novice fishermen enjoyed the thrill of the catch and making memories at the event.

On such a chilly morning, the attendees were grateful for the warm hot chocolate and coffee, along with tasty muffins, donuts and hot dogs that were provided by NSF Indian Head’s MWR office. The event, held from 9 a.m. to 1 p.m., allowed the young fisherman to learn more about the sport and try out new baits or explore some of the tried and true standards to catch a few trout.



U.S. NAVY PHOTOS COURTESY OF NSF INDIAN HEAD MWR



# Feasting With Your Benefit

## Remember your Commissary for Thanksgiving Savings

By **KATHY MILLEY,**  
DeCA Corporate Communications

Thanksgiving is almost here and for most of us that means family, football and an epic meal. Turkeys and pies, casseroles and cakes can cause your grocery bill to quickly spiral out of control. “If you’re in charge of the Thanksgiving spread and have a smaller budget than you would like, you’re not alone,” said Tracie Russ, the Defense Commissary Agency’s sales director. “The good news is that your commissary can help you have an amazing holiday meal on a budget.”

With these simple tips and money-saving promotions, your commissary will help you lay out a Thanksgiving spread to be proud of while not busting your budget:

- Make a list and stick to it. The commissary website has lots of holiday recipes. Go to <https://www.commissaries.com/healthy-living/recipes> and click the “Holiday” category. Use these recipes to help make your grocery list. At the store, don’t get distracted by impulse buys that can destroy your budget.
- Shop your pantry. Plan dishes around ingredients you already have on hand.
- Load commissary coupons onto your Com-



missary Rewards Card before you shop. Don’t have a rewards card yet? Pick one up at your local commissary and register it here: <https://www.commissaries.com/rewards-and-savings/rewards-card>

- Check out the savings on your commissary website. Visit <https://www.commissaries.com/rewards-and-savings/savings-center> for coupons, sales flyers and featured items.
- Get your turkey free. One of the commissaries’ largest promotions is the worldwide “Your Turkey Could Be Free” recipe/coupon booklet. Available in commissaries, this 24-page recipe booklet has coupons valued at more than \$40, and they’re good through Dec. 31. The coupons provide commissary shoppers significant savings when purchasing holiday meal essentials, with the opportunity to earn a free turkey. Look

### Commissary Holiday Hours

Thanksgiving Week	Christmas Week
Monday, November 20, 0900-1800	Monday, December 18, 0900-1800
Tuesday, November 21, 0900-1900	Tuesday, December 19, 0900-1900
Wednesday, November 22, 0900-1800	Wednesday, December 20, 0900-1800
Thursday, Thanksgiving Day, November 23, CLOSED	Thursday, December 21, 0900-1800
Friday, November 24, CLOSED	Friday, December 22, 0900-1800
Saturday, November 25, 0900-1800	Saturday, December 23, 0900-1800
	Sunday, Christmas Eve, December 24, CLOSED
	Monday, Christmas Day, December 25, CLOSED

for these booklets in your local commissary beginning Nov. 1.

- Mix do-it-yourself with store-made foods: From appetizers to apple pies, your commissary can help save you time and money with their prepared foods.
- Buy produce that is in season. Using fruits and veggies that are in season and readily available will save you money. See a list at <https://snaped.fns.usda.gov/seasonal-produce-guide>

- Take advantage of the “Celebrate the Holidays” promotion at your commissary. General Mills’ promotion features high value in-store coupons on holiday cooking and baking items. “The holidays are busy times and can be expensive,” Russ said. “Your commissary is the solution for a great Thanksgiving meal on an affordable budget.”

# NSWC IHEODTD Engineers Volunteer with Model Rocket Club Launch

By **HOLLY DODD,**  
NSWC IHEODTD Public Affairs

The fifth grade Model Rocket Club at J.P. Ryon Elementary in Waldorf, Md., launched their handmade model rockets, Oct. 27. Volunteers from Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division (NSWC IHEODTD) assisted in the facilitation of the club.

Jennifer Norris started the club in 2011 originally at Craik Elementary in Pomfret, Md., where she worked as the science teacher. Norris reached out to NSWC IHEODTD for potential volunteers and Bryan Kilikewich, an engineer in the Energetics Manufacturing department, and Dave Fuller and Joe Craven, an engineer and an engineer tech in the Systems Engineering department, became involved in the program. Years later, when Norris relocated to J.P. Ryon, she brought the club and volunteers with her.

“The program is open to all 4th and 5th graders. We run one session for each grade level every year, in the fall and spring,” said Kilikewich.

With the help of the volunteers and teaching staff, each student builds their individual model rocket over the course of three after-school gatherings. Once complete, the students put their model rockets to the test.

“[The club provides] a chance to get local students excited



U.S. NAVY PHOTO BY MATTHEW POYNOR

**Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division’s (NSWC IHEODTD) Bryan Kilikewich assists a group of J.P. Ryon Elementary School’s Model Rocket Club students fold their parachutes before packing them into the body of their rockets, Oct. 27.**

about rockets, and science in general, while giving them the opportunity to build something with their hands, see a project come together, and then watch it in action,” said Kilikewich.



U.S. NAVY PHOTO BY MATTHEW POYNOR

**J.P. Ryon Elementary School’s Model Rocket Club launches the last round of their rockets as students, teachers, family members and Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division’s (NSWC IHEODTD) volunteers look on, Oct. 27 .**

The club is funded collaboratively by the command’s internal Science, Technology, Engineering and Math program and the Charles County Board of Education.

**Call Us for Your Advertising Needs 301-921-2800**

## BASE HAPPENINGS

### Dahlgren

#### Child Development Center I Has Spaces Available!

The Dahlgren CDC I has space available for parents to enroll children. For more information on how to enroll contact the center at 540-653-4994 or stop by at 727 Sampson Road, building 437.

#### Army Vs. Navy Blood Drive

The 7th Annual Army-Navy Blood Challenge blood drive will be held at the Dahlgren Chapel Annex on Monday, Nov. 20 from 9 a.m.-1 p.m. Visit <https://www.militarydonor.com> and use sponsor code "NSF" to request an appointment. Anyone with base access can donate. Walk-ins are welcomed as well!

#### VITA Volunteers Needed

Fleet and Family Support Center is preparing for the upcoming tax season. VITA (Volunteer Income Tax Assistance) training will be held at the Fleet and Family Support Center during the week of 27 Nov — 1 Dec. (8 a.m. — 4 p.m.) If you are interested in volunteering, please contact the Fleet and Family Support Center at 540-653-1839. Volunteers are needed at both the Indian Head and the Dahlgren sites. Without volunteers, we will not be able to provide the assistance. This program is good for the volunteers who learn more about their own taxes as well as those they provide assistance to. Volunteers can be anyone with base access.

#### Price Change at Gray's Landing

Effective Oct. 1, meal prices at Gray's Landing on the Potomac Restaurant will be increasing by a dollar per meal. Anyone with base access is welcome to dine. New prices as of Oct. 1 will be:

Breakfast: \$6.50  
Soup & Salad: \$7.50  
Lunch: \$9.00  
Dinner: \$9.00

#### Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

#### Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

### Indian Head

#### FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

#### Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email [Andrew.revelos1@navy.mil](mailto:Andrew.revelos1@navy.mil).

### Dahlgren Thanks for Serving Veteran's Event

Saturday Nov. 11, "Uncle Sam" and friends will be at the King George Walmart to say "Thanks for Serving" to veterans. The event features the Battlefield Corvette Club, American Legion Post 89, a representative from the Wounded Warrior program, Therapy dogs and more! Wanda Timme, the founder of the event will be there at 7 a.m. with cake and thanks for vets, active duty and reservist, other supporters will be there from 9 a.m. -4 p.m. Come out for this very special event!

#### UMW Lecture Series: Data on the Move: Applications of Streaming Data

Nov. 14, 8 a.m. in University Hall (Room 110) Data in Motion is all about helping customers and organizations make decisions and take actions with their data fast enough to seize opportunities. The presenter is Joseph Witt; the VP of Engineering at Hortonworks. The lecture will outline the necessary components of a Data in Motion approach for large geographical distributed enterprises including flow management, stream processing, and enterprise services. The talk will detail open source software solutions foundational to collecting and processing data at extreme scale including Apache NiFi which originated from the U.S. National Security Agency. Free and open to the public, refreshments start at 8 a.m. and the lecture promptly at 8:30 a.m.

#### Teen Enrichment Network Celebration of the Performing Arts

Nov. 18, 9:45 a.m. -3:30 p.m. Join the Teen Enrichment Network for this full day of performing arts including spoken word, chorus, dance, musicians and even an open mic opportunity! For more information, contact Donald Robinson at [teenenrichment@gmail.com](mailto:teenenrichment@gmail.com), or visit [www.facebook.com/teenenrichment](http://www.facebook.com/teenenrichment)

### King George DECA Holly Jolly Market

Dec. 2, 9 a.m.

King George Farmers' Market will feature many local crafters & artisans at the DECA's 3rd Annual Holly Jolly Market. Support local business and shop local! Free parking and free admission with both indoor and outdoor booths. For additional information, contact Dee Strauss at [dstrauss@kgcs.k12.va.us](mailto:dstrauss@kgcs.k12.va.us)

#### Volunteers Needed to Place Holiday Wreaths at Arlington National

Help place Veterans' Remembrance Wreaths on the graves of our American heroes buried at Arlington National Cemetery on Saturday, Dec. 16. There is no sign-up required, and there is no age limit—simply show up if you would like to participate. We encourage families to come together. The public will be allowed entry to the cemetery at 8 a.m. Kickoff Ceremony at 9:30 a.m. It is not necessary to attend the opening ceremony to be able to place wreaths. If you would like, you can proceed to any truck in any section of the cemetery and await the 10:00 AM start. Additionally, event details will be available on this page, and on the following Facebook pages: [www.facebook.com/ArlingtonWreaths](http://www.facebook.com/ArlingtonWreaths) or [www.facebook.com/WAAHQ](http://www.facebook.com/WAAHQ)

#### KG Alert

Sign up for KG alert offered by the King George County Emergency Services to notify you of important information due to an emergency, disaster, road closure or inclement weather. To sign up for free, go to <https://www.kgalert.com/Portal.htm>

### Indian Head

#### A Community Conversation — Let's Talk About Addiction & Substance Abuse

Wednesday, Nov. 29, 9:00 a.m. — 12:30 p.m.

Not All Wounds are Visible — A Community Conversation: Let's Talk About Addiction & Substance Abuse, Registration: Pre-registration

required. Free. UM Charles Regional Medical Center, Nagula Conference Room #2 5 Garrett Avenue La Plata, Md. Register at: <https://www.charles-regional.org/news-events/event-details.cfm?eID=1348>

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#### Charles County Government Citizen Notification System (CNS)

Sign up for the Charles County Government Citizen Notification System for notification of important information. All citizens are urged to register for the new system online. Register today at [www.CharlesCountyMD.gov/CNS](http://www.CharlesCountyMD.gov/CNS).

#### Free Spay/Neuter Clinics

You may qualify for the free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

#### Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.



## SOUTH POTOMAC PILOT

**NSA South Potomac • Office: 540-653-8153 • 540-284-0129**  
[www.dcmilitary.com/dahlgren](http://www.dcmilitary.com/dahlgren)

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be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

#### Capt. Michael O'Leary

Commanding Officer,  
NSA South Potomac

#### Jeron Hayes

Public Affairs Officer,  
NSA South Potomac

#### Andrew Revelos

Editor

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Staff Writer





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Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00  
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Nov. 1-16  
Bowl three strikes in a row and enter your name into the drawing for a Thanksgiving turkey. Turkey's will be awarded to first, second and third place winners! Standard rates apply.

**Turkey Pin Decorating**  
Nov. 15, 5 p.m.  
Decorate a bowling pin and enjoy a game of bowling for only \$10.00! Open to all with base access.

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**Sunday Special**  
Sundays, 11 a.m. – 9 p.m.  
Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

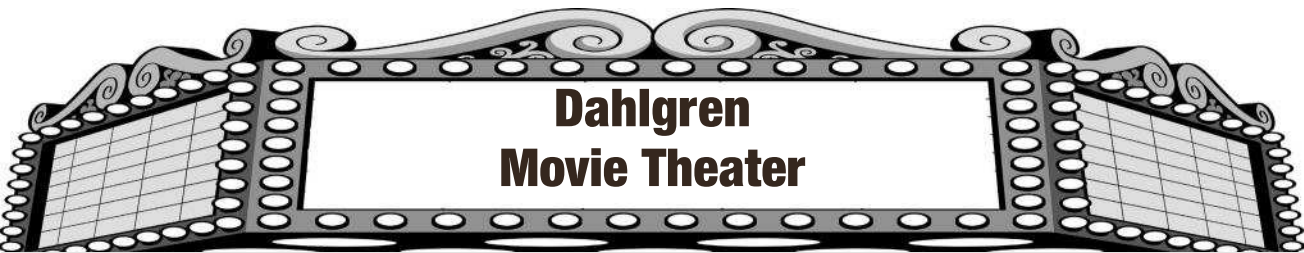
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Tuesdays, 11 a.m. – 9 p.m.  
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Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer rentals from [www.NavyMWRDahlgren.com/recreation](http://www.NavyMWRDahlgren.com/recreation) and select Outdoor Recreation Rentals.



Dahlgren  
Movie Theater

540-653-7336

Price of Shows — Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.  
\*Movies shown in 3D will cost an additional \$1 to the ticket price.

**Friday, Nov. 10 7 p.m.** ..... **Blade Runner 2049 R**  
**Saturday, Nov. 11 4 p.m.** ..... **Justice League (ADVANCED SCREENING) PG-13**  
**Saturday, Nov. 11 7 p.m.** ..... **The Foreigner R**  
**Sunday, Nov. 12 2 p.m.** ..... **The Lego Ninjago Movie PG**  
**Sunday, Nov. 12 4:30 p.m.** ..... **Happy Death Day PG-13**  
**Friday, Nov. 17 7 p.m.** ..... **Geostorm PG-13**  
**Saturday, Nov. 18 4 p.m.** ..... **The Mountain Between Us PG-13**  
**Saturday, Nov. 18 7 p.m.** ..... **Happy Death Day PG-13**  
**Sunday, Nov. 19 2 p.m.** ..... **Tyler Perry's Boo 2! A Madea Halloween PG-13**  
**Sunday, Nov. 19 4:30 p.m.** ..... **American Made R**

For movie listings online, visit [www.NavyMWRDahlgren.com/recreation](http://www.NavyMWRDahlgren.com/recreation) and select the Dahlgren Theater.  
Ask about our birthday party packages!

Wednesdays, 11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for free!

**All-U-Can Bowl Fridays**  
Fridays, 7 p.m. – 11 p.m.  
Join us every Friday for a two hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both

rates include shoe rental.

**Cosmic Bowling**  
Saturdays, 7 p.m. – 11 p.m.  
Enjoy music and lights while bowling!

**CHILD & YOUTH PROGRAMS**  
CDC I 540-653-4994 /  
CDC II 540-653-4342  
YAC 540-653-8009

**Military Child Care Open Enrollment**

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer

Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit [MilitaryChildCare.com](http://MilitaryChildCare.com)

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Veterans and all active military personnel:  
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before the holidays**



**NOVEMBER 1 -14**  
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Don't wait until Black Friday for a **GREAT DEAL** on the floor you want!

<p>N. American &amp; European Laminate</p> <p>55+ varieties from <b>69¢</b> sq ft</p>	<p> Wood-Look Waterproof</p> <p>30+ varieties from <b>99¢</b> sq ft</p>
<p>Prefinished Bamboo Flooring</p> <p>25+ varieties from <b>\$139</b> sq ft</p>	<p>Prefinished Hardwood Flooring</p> <p>130+ varieties from <b>\$189</b> sq ft</p>

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**18 or 48 Months Promotional Financing Available\***

On Purchases of \$2,000 or more made with your Lumber Liquidators credit card from November 1 - 14, 2017. \*Subject to credit approval. Minimum monthly payments required. See store for details.

# MWR

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## COMMUNITY RECREATION

540-653-8785

### TRIPS

#### NYC Rockettes Show

Nov. 18

Purchase your tickets at the Tickets & Travel office and we'll provide the transportation! Open to all with base access. Cost: \$130.00 per person

#### NYC Shopping Trip

Dec. 2

Enjoy a day of sight-seeing and shopping in New York City! Register at Tickets & Travel by Nov. 25. Cost: \$50.00

### CRAFTS & CLASSES

#### DIY Snowman Door Hanger

Nov. 16, 5 – 7:30 p.m.

Location: Multipurpose Room

Let's paint a snowman DIY porch sign! Register at Tickets & Travel by Nov. 13. Cost: \$15.00

#### Turkey Plate Painting

Nov. 14, 4 – 6 p.m.

Location: Craftech

Paint a ceramic platter just in time for Thanksgiving. The platters will be fired in our kilns ready to pick up the fol-

lowing week. Open to all with base access, ages 15 and older. Register at Craftech by Nov. 10. Cost: \$25.00

#### No Sew Fleece Blanket

Nov. 29, 4 – 6 p.m.

Location: Multipurpose Room

Get ready for the winter months with this cozy fleece blanket. Open to all with base access, ages 15 and older. Register at Tickets & Travel by Nov. 22. Cost: \$10.00

### TICKETS

#### Busch Gardens

#### Williamsburg Christmas Town Tickets

Valid select dates through Nov. 24 – Jan. 1, 2018. BGW Christmas Town 1-Day admission, \$35.50. BGW Christmas Town Fun Card, \$48.75

#### White House Christmas Ornaments

Purchase a White House Christmas Ornament keepsake honoring President Franklin D. Roosevelt at the Tickets & Travel office. Cost: \$18.50

### SPECIAL EVENTS

#### Winter Festival

Nov. 30, 6 – 8 p.m.

Location: Parade Field

Welcome winter at our annual Winter Festival featuring

holiday crafts, outdoor games, carriage rides, photos with Santa, hot chocolate bar, cookie decorating, snowball fun, music and more! This event is free and open to all with base access.

Gray's Landing will be featuring a kid-friendly holiday dinner from 3:45-5:45 p.m. for \$5.50 per child, \$9.00 per adult.

## CRAFTECH

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit [www.NavyMWRDahlgren.com/rec-recreation](http://www.NavyMWRDahlgren.com/rec-recreation) and select Craftech.

#### Dahlgren Centennial Collector Items

Order your exclusive Centennial collector items from Craftech all year long. Items include insulated travel and coffee mugs, playing cards, challenge coins, t-shirts, clocks, pens and holders, lanyards and much more!

## FITNESS CENTER

540-653-8580

Visit us online at [www.NavyMWRDahlgren.com/fitness-sports](http://www.NavyMWRDahlgren.com/fitness-sports) to view the Group Exercise schedule, 2018 Race Series schedule, upcoming classes and leagues!

### RACE SERIES

#### Turkey Trot 5K

Nov. 16, 11 a.m.

Race for a chance to win Thanksgiving goodies and even a turkey! Cost: Active Duty, Free All Others, \$5.00

Also featuring the CFC Campaign: Choose your cause and show some love today with the Combined Federal Campaign!

### SPORTS

#### Wiffle Ball

Nov. 9, 4 p.m.

Have fun with a double elimination wiffle ball tournament! Register at the Dahlgren Fitness Center by Nov. 1. Cost: Active Duty, Free All Others, \$5.00

#### Ping Pong Tournament

Nov. 20, 4:30 p.m.

Paddles ready? Join us for a double-elimination ping pong tournament. Register at the Dahlgren Fitness Center by Nov. 15. Cost: Active Duty, Free All Others, \$2.00

## INCENTIVES

### Maintain, Don't Gain

Nov. 1 – Jan. 31

Keep the extra pounds away this holiday season with a three-month incentive program. During the holidays most adults gain 1-5 pounds that they will never lose. Register at the Fitness Center between Nov. 1-17 to track your weight and receive weekly newsletter tips and helpful hints to keep that number on the scale from creeping up during the upcoming festivities. Participants who maintain their pre-holiday weight will receive a gift and be entered into a drawing for a prize. Open to all with base access. Cost: free

## AQUATICS

540-653-8088

### Family Float Night

Nov. 17, 5 – 7 p.m.

Bring your inflatable and float your way into the weekend! Follow the DahlgrenFFR Facebook page to see which movie will be featured. The pool will close at 6 p.m. if no one is present. Open to all with base access. Cost: Regular Admission

## Fall Swim Lessons

Nov. 28 – Dec. 21

Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of 3 participants per class. Cost: Military, \$45.00. All Others, \$50.00.

## GENERAL LIBRARY

540-653-7474

### Basket Weaving

Nov. 8, 5 p.m.

In honor of Native American Heritage Month, learn how to weave a fan in a similar style to those used by Native Americans in Louisiana. Cost: free

### LIBRARY SPECIALS

#### STEM Club: Structural Engineering

Every last Monday at 4 p.m.

See what new and exciting science, technology, engineering and mathematical concepts we have coming up this month! Cost: free

### Learn Japanese

Active duty only – Mondays at 2:30 p.m. All others Monday at 4:30 p.m. and Wednesday at 5:15 p.m.

Learning a new language boosts brain power, improves

See MWR, Page 7

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memory, and expands career potential. Join us at the Library as we learn Japanese! Cost: free

Paws for Reading

Every second Tuesday at 3:45 – 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companion. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library. Cost: free

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays, 5 p.m.  
Our S.T.E.A.M. classes are geared toward pre-school and kindergarten-aged children. They will develop their literacy

skills as well as engage in the arts and learning experiments. Siblings are always welcome! Cost: free

One-on-One Computer Help Tuesdays by appointment

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: free

Early Literacy at your Library

Fridays, 10 a.m.  
The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Storytime and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: free

Sensory Sensitive Saturdays

Saturdays, 1 – 3 p.m.  
The library will provide a welcoming environment for sensitive sensory learners. Cost: free

LIBERTY CENTER  
540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Football Tailgating

Every Sunday begins at 1 p.m. Watch your favorite teams compete!

**Wing Wednesday & Trivia**  
Every first and third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

Free Movie Friday

Every second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Every fourth Friday of the month at midnight enjoy a game of bowling!

Veterans Day Holiday

Nov. 10  
The Liberty Center will be open holiday hours today with food provided by Grays Landing.

Veterans Day Paintball Tournament

Nov. 11

Pair up with a few of your buddies and see which team is the best. The winning team will receive a prize!

Ladies Night

Nov. 16  
Calling all ladies! Come into the Liberty Center tonight and enjoy chick flicks and nail painting.

Brown Bag BINGO

Nov. 17, 6 p.m.  
Play a game of Bingo and win a secret surprise!

National Aquarium

Nov. 18, Van Departs 9 a.m.  
Take a trip with Liberty to the National Aquarium in Baltimore, Maryland. Cost: \$13.00

DIY Fleece Blanket

Nov. 21, all day  
Prepare for the upcoming cold winter days by making yourself a fleece blanket at the Liberty Center.

Thanksgiving Day

Nov. 23, all day  
Join us in celebrating Thanksgiving at Liberty! The Center will be open from noon to 7 p.m. and food will be provided by Gray's Landing.



Indian Head Child & Youth

CDC 301-744-4458  
CYP 301-743-5456

Teen Open Recreation

Open to ages 13 – 18 from 6:30 – 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Start Smart

October 17– November 21  
Start Smart Fall 2017 held on Tuesdays 5:30–6:30 p.m. at the Youth Center. For more information call the Youth Center at 301-743-5456.

Indian Head Community Recreation

301-744-4850  
or 301-744-4648

LIBRARY SPECIALS  
Storybook Yoga

Thursdays from 10:30 – 11 a.m.

Let's have fun with books and get energized. Open to children and their parents, grandparents and caregivers! Cost: Free

Storytime Play Dates

Tuesdays at 10:30 – 11:30 a.m.

Parents grab a cup of coffee and mingle with other moms for play dates at the library. First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

STEM Graham Cracker House

Nov. 15, 5:30 p.m.  
Do you have what it takes to be an engineer? Give it a try using graham crackers! This event

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Classifieds

Call 301-645-0900

**Apartment Unfurnished**  
**Equal Housing**  
All Real Estate advertised herein is subject to the Federal Fair Housing Act which makes it illegal to indicate any preference, limitation, or discrimination based on sex, handicap, familial status, or national origin or an intention to make any such preference, limitation, or discrimination. We will not knowingly accept any advertising for Real Estate which is in violation of the law. All persons, are hereby informed that all dwellings advertised are available on an equal opportunity basis. If you believe you have been discriminated against in connection with the sale, rental, or financing of housing, call the United States Department of Housing and Urban Development at 1-800-669-9777.

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Call 301-645-0900

**Rooms for Rent**  
**King George: 1BR 1BA** 3mi from NSWC. Shared living, kitchen, laundry. All utilities included. \$600/mo  
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RENT HIRE  
TRADE SHOP  
SWAP FIND  
TO PLACE YOUR AD  
CALL 301-645-0900**

**Help Wanted Full Time**  
  
**JOINT BASE ANDREWS  
JOB FAIR**  
**Thursday, November 16  
1000-1400**  
*The Club  
1889 Arnold Avenue  
JB Andrews MD 20762*  
**2 FREE Resume Seminars**  
*Must have appropriate  
CAC Card or military ID  
for base access*  
[www.JobZoneOnline.com](http://www.JobZoneOnline.com)  
[Janet.Giles@JobZoneOnline.com](mailto:Janet.Giles@JobZoneOnline.com)  
434-263-5102  
540-226-1473

**Help Wanted Full Time**  
  
**PATUXENT RIVER  
JOB FAIR**  
**Tuesday, November 14  
3PM-7PM**  
*Bay District VFD  
Social Hall  
46900 S. Shangri-La Dr.  
Lexington Park, MD 20653*  
**FREE Resume Seminar**  
*For new updates and  
to register/post-link  
resume*  
[www.JobZoneOnline.com](http://www.JobZoneOnline.com)  
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is open to all children with base access ages 8 and older. All supplies will be provided.

Papitam

Nov. 16, 10:30 a.m.

Our Children's room will be designed to teach children ages 2-6 about Maryland's Woodland people and culture through play and storytelling.

SPECIAL EVENTS

New York City Holiday Day Trip

Nov. 18, 5:00 a.m.

Join Community Recreation for a day trip to New York City and catch the Rockettes Christmas Spectacular at Radio City Music Hall! Tickets and transportation \$130, but if you would rather spend the day shopping then the cost is \$50. Show starts at 5 p.m. Contact

Tickets and Travel for more information (301) 744-4850.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

BOWLING SPECIALS Open Bowling

Fridays and Saturdays, 5 - 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. - 1 p.m.

Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Visit online for the menu. Contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 - 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Turkey Bowl

Nov. 16, 6:00 p.m.

Come bowl with a frozen turkey for your chance to win!

Two people per team and the first and second place winners receive turkeys! This event is free and open to all with base access 18 years and older.

Indian Head Weight House Fitness Center

301-744-4661

SPORTS Futsal League

November 8

Looking for something fun to do this winter? Join the Futsal League and fine-tune your soccer skills. Games will be played on Wednesdays beginning Nov. 8. There will be a mandatory coaches meeting on Nov. 6 at 4:30 p.m. Cost is Free for all active duty and contractors with a gym membership. Register by Nov. 2. For more information please contact (301) 744-6649

Walleyball Tournament

Nov. 13, 11:00 a.m.

Come play in our double elimination, 4-on-4 Walleyball tournament. Prizes will be awarded to the first and second place teams. Open to all with base access ages 15 and older. Free for Active Duty, \$5 for all others.

Thanksgiving Turkey Trot 8K

Nov. 15, 11:00 a.m.

The Weight House Fitness Center wants to give thanks to you for dedicating your time and energy to staying fit! Join us for a Turkey Trot around the base. First and second place male/female finishers will leave with a turkey or a pie. Open to all with base access ages 18 and older. Free for Active Duty, \$5 for all others.

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 sin-

gle/unaccompanied active duty military.

Monday Night Football

Every Monday beginning at 8:00 p.m.

Come watch your favorite football team compete.

Call of Duty Tournament

Nov. 14, 6:00 p.m.

Come join Liberty for their Call of Duty tournament. Gameplay will be on our PS4 or Xbox One systems. Snacks will be provided and a prize goes to the winner!

Poker Tournament

Nov. 15, 6:00 p.m.

Come try your hand in a game of poker. Snacks will be provided and the winner gets a prize. Don't forget to bring your poker face.

Movie and Pizza Night

Nov. 16, 6:00 p.m.

Choose a movie from our collection and enjoy free pizza!

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4.99%  
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\*Rates may vary depending on individual credit history and underwriting terms. Promotional rate of as low as 4.99% APR applies only to online applications received November 6, 2017 through December 31st, 2017. Minimum loan amount \$500, maximum loan amount \$30,000. Monthly payment per \$1,000.00 financed for thirty six months is \$29.97 at 4.99% APR. Minimum loan term is 12 months, maximum loan term is 36 months. Refinances of existing loans with NSWC FCU do not qualify for this offer. Membership eligibility required. All Credit Union loan programs, rates, terms and conditions apply and are subject to change at any time without notice. Federally Insured by NCUA.



NSWC Federal Credit Union

www.nswcfcuonline.org

Coop

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dian Head unique," Wright concluded. "Visitors who see [it] will often smile at the sight of a [Pigeon Coop] in the middle of an industrial and research and development facility and wonder why it's still here. I believe that it reminds us of the simple challenges the Navy faced during late 19th century. The [Coop] reminds visitors and station personnel of those times when communication was more of a challenge."

Wright then pondered exactly how many characters a Homing Pigeon's message could contain, perhaps more than 164 characters? The thought gave new meaning to sending a message via "tweet."

BZ to the Environmental Department team for the manpower and to NSWC IHEODTD for providing the funds to help preserve a very significant part of the base's history!



U.S. NAVY PHOTO COURTESY OF THOMAS WRIGHT, NSF INDIAN HEAD ENVIRONMENTAL DEPARTMENT  
The preserved Building 0 after Environmental Department employees completed the restoration.

