



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



Link directly to the
NSASP Facebook
page on your
smart phone

INSIDE:

Students
Explore Safety
Aboard NSF
Dahlgren

Page 3

Diversity in the Military: 'Inspire those who follow us' to Shape America's Future

By **JOHN J. JOYCE**,
NSWC Dahlgren Division
Corporate Communications

Jose Lugo looked out over a packed theater and thanked God for enabling him to work and share with everyone he served with in the Navy.

The senior engineer spoke to military, government civilians and defense contractors celebrating Hispanic Heritage Month while reflecting on the 2017 theme: "Shaping the Bright Future of America."

First, Naval Surface Warfare Center Dahlgren Division (NSWCDD) Commanding Officer Capt. Godfrey "Gus" Weekes presented a certificate to Lugo recognizing his 30 years of government service.

"I want to thank all those who served as mentors throughout the years be-



U.S. NAVY PHOTO BY DAN EBERLY

Isha Renta, a National Oceanic and Atmospheric Administration meteorologist, dances to Bomba music played by Semilla Cultural (Cultural Seed) volunteers at the NSWCDD sponsored Hispanic Heritage Observance.

See **Diversity**, Page 2

NSASP Represented at Colonial Beach Bike Fest

By **BARBARA WAGNER**
South Potomac Pilot

For the second year in a row, riders from the Combat Veterans Motorcycle Association (CVMA) — many of whom are Naval Support Facility (NSF) Dahlgren and NSF Indian Head employees — converged on the fourth annual Colonial Beach Bike Fest and took part in the Colonial Beach Bike Fest Defenders of Freedom Ride. The Defenders of Freedom Ride group rallied at the National Museum of the Marine Corps on Oct. 6 in Quantico, Va. and finished at the event in Colonial Beach, Va.

The 55-mile ride helps the local chapter of CVMA collect donations for its primary recipient, Virginia Veteran and Family Support (VVFS). VVFS provides support, and monitors and coordinates behavioral health, rehabilitative, and supportive services for veterans and their families and caregivers with an emphasis on those affected by stress-related conditions or traumatic brain injuries resulting from military service.

"Last year we had a little more than 50 riders and this year we were 70 plus," Master Sgt. Jeremy Cannedy said. Cannedy was previously assigned to the 18th Space Control Squadron (SPCS) Detachment One and organized last year's ride. This year, Tech.

Sgt. Beau Dicken, also of 18th SPCS Detachment One, headed up the ride. Both riders were extremely pleased with the increased numbers of riders and feel that those numbers will continue to grow each year.

The AEGIS Training and Readiness Center (ATRC) Color Guard presented the colors for the day at the opening of the three-day event.

Cary Geddes, president of the Colonial Beach Chamber of Commerce opened the weekend's events and welcomed attendees to the event and presented the color guard.

Naval Support Activity South Potomac (NSASP) Command Master Chief Jacob Bristow was the keynote speaker for the festivities with words of support from the base for the riders and their cause and for the community of Colonial Beach.

"Service members and veterans love our country and we love each other," Bristow said. "If anyone ever doubts that point, I urge them to watch a group of motorcycles escort a fallen Sailor, Marine, Soldier or Airman to their final resting place. It's hard to describe viewing a procession with words... they just don't do it justice. It's mournful, respectful... but powerful and deeply moving."

"It's been said that Dahlgren produces the sounds of freedom as we rocket off the weapons we test every day," Bristow said. "I think though, today we are



U.S. NAVY PHOTO BY BARBARA WAGNER

Naval Support Activity South Potomac Command Master Chief Jacob Bristow stands with Tech Sgt. Beau Dicken from the Combat Veterans Motorcycle Association. The two were a part of the Colonial Beach Bike Fest. Dicken also works aboard NSF Dahlgren with 18th SPCS Detachment One.

going to say that the uniform of the day is riding gear and the sounds of freedom are the sounds of the engines and bikes that you ride today. Ride safe and God bless."

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CYBERSEC

cyber superhero

VOLUME 1 | ISSUE 2 | OCTOBER 2017

NDW PUBLIC AFFAIRS



CYBERSEC

WHEN WE LAST LEFT OUR HEROES, CYBERIA WAS ABOUT TO ANSWER THE CYBERSEC HOTLINE



CYBER SECURITY HOTLINE... WHAT'S YOUR ISSUE?



CYBERIA! DEDRICK HARRIS AT JBAB

I THINK ONE OF THE VILLAINS CYBERSEC HAS BEEN LOOKING FOR IS IN THE AREA...SENDING THE INFO TO YOUR SCREEN



KING PHISHER!



WE CAN'T DO THIS ALONE CYBERIA, THIS IS A JOB FOR THE WHOLE NDW TEAM

CYBER SECURITY TAKES EVERYONE!

ALERT! NSA ANNAPOLIS

WHAT NOW?

WHAT'S GOING ON AT NSAA?...FIND OUT NEXT TIME

VILLAIN PROFILE

KING PHISHER

TRICKS PEOPLE INTO GIVING UP PERSONAL DATA THEN EXPLOITS IT

LIKES: FAKE EMAIL AND TEXT MESSAGES THAT LOOK LEGIT

DISLIKES: STRONG PASSWORDS AND CAUTIOUS TECH USERS



OCTOBER IS CYBER SECURITY AWARENESS MONTH | SEE MORE ON NDW CYBER SECURITY

Diversity

Continued from page 1

cause without them I wouldn't be who I am here today," Lugo told the audience as he continued expressing his appreciation at the Sept. 28 event. "I would also like to point out that the Hispanic Association means a lot to me personally, and the organization means a lot to many people because it's a tool for retention."

Lugo – who served in a myriad of leadership positions and is currently the command's Combat Systems Enterprise Test and Evaluation Division's special projects officer – was one of the founding leaders of NSWCDD's Hispanic Association and continues to be a resource for those seeking a mentor or simply a word of advice.

"Be open to the possibilities, seek support, be a life-long learner, unleash your potential, be a change master, build coalitions, and don't be afraid of taking risks to achieve your goals," are top level words of advice from Lugo. "Take time to re-charge yourself, celebrate your achievements, and never forget to give back to those that make them possible, your family, your co-workers, your friends, and your community."

Lugo has been a mentor to many at Dahlgren, including Hispanics traveling long distance in their transition to Dahlgren.

"There are many challenges as Hispanics come to this part of the country where we are so isolated, even though in the past

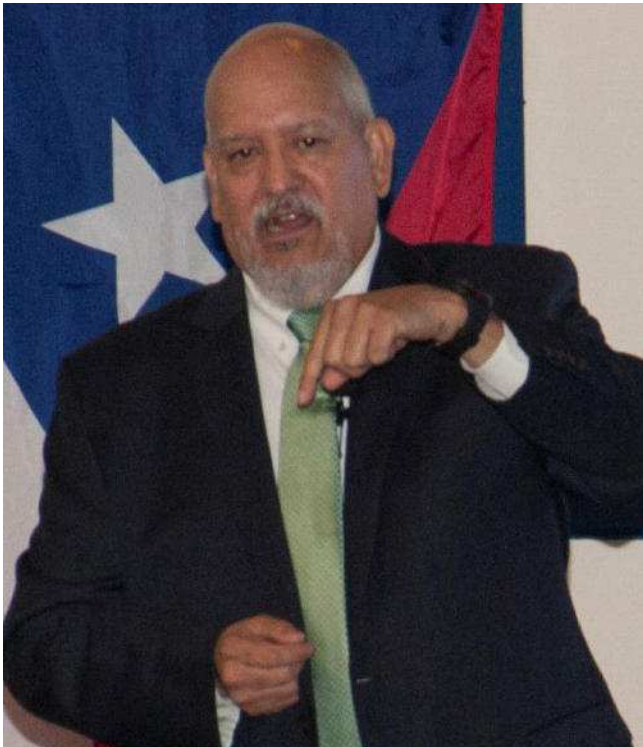
30 years I've seen it grow," said Lugo. "As we celebrate this Heritage Month, I want you all to remember that in order to shape the bright future of America, each one of us has to be a point of light. We have to brighten the day of everybody around us and we have to inspire those who follow us, and in doing so we will improve our future. I don't believe in 80 percent. I believe in doing the best that we can as a friend, as a co-worker, as a community member and as a Hispanic. The next time you see a Hispanic around you, you can shake a hand and say you welcome diversity."

Weekes, in his remarks, spoke about the impact of Hispanics upon the Navy and its diversity, citing Lugo's work at Dahlgren and Adm. David Farragut's impact as the Hispanic Sailor who devoted a remarkable 59 years of his life to naval service.

The NSWCDD commanding officer reflected on how Farragut's naval career and immortal words – "Damn the torpedoes, full speed ahead!" – has been important to his own naval career.

"Admiral David Farragut – whose father was a native of Spain – was the very first person to achieve the rank of Admiral in 1864," said Weekes. "He confronted the last Confederate stronghold in the Gulf of Mexico, Mobile Bay, leading the armada to a decisive victory."

Farragut went on to support the Union campaign at Vicksburg and was instrumental in the success of securing the Mississippi



U.S. NAVY PHOTO BY DAN EBERLY

NSWCDD Hispanic Heritage Observance keynote speaker Lance Carrington

Dahlgren Students Explore Safety Aboard NSF Dahlgren

By **BARBARA WAGNER**
South Potomac Pilot

Students from Dahlgren School aboard Naval Support Facility (NSF) Dahlgren spent the morning of Oct. 5 on a walking field trip, learning about the many facets of security found on the base that houses the school and their families.

Three groups of Kindergarten through third graders pursued answers for questions that they had formulated previously during a collaborative effort with other students and teachers. The idea was to figure out what makes the NSF Dahlgren housing community a good place to live, work and play.

"This started a conversation about safety and the people in the community that keep us safe," teacher Beth Hankins said.

Through the new Project Based Learning (PBL) forum, the four grades of students divided up the different safety facilities and first responders located on the base and began to draft the questions they had for their respective visits.

Patricia Phillips, one of the three teachers who led groups to the various, explained the concept of the course.

"It [PBL] ties in our English language arts and social studies and responds to a driving question," Phillips said. "In other words, it gives the children a real-world problem to solve."

Phillips' group visited the base's Main Gate and discussed the various ways that the police officers help control and contain the entrances on the base. On the walk from Dahlgren School to the gate, the children paused to talk about each of the road signs they encountered and instructions on how to be safe on the streets.



U.S. NAVY PHOTO BY BARBARA WAGNER

Teacher Patricia Phillips and students from Dahlgren School discuss what they learned from Cpl. Amanda Foor, a police officer with Naval Support Activity South Potomac at the Main Gate aboard Naval Support Facility Dahlgren.

At the gate, Naval Support Activity South Potomac (NSASP) Police Officer Cpl. Amanda Foor spent a few moments explaining the importance of the guarded gates and how those controlled entrances provide the first level of security for the base.

Foor demonstrated the CaC card reader and shared what information the reader provides for them.

"We have a handful of officers that come out every day and night for 12-hour shifts to help keep each of you safe," Foor said. "But that is just one aspect of our job."

Foor continued to explain that the officers conduct random vehicle inspections, as well as inspections on every truck that enters the facility.

One youngster asked about the potential of gate-runners and Foor described how the scenario would unfold, explaining that while not every situation is nefarious in nature, they must still respond as if it is.

"We have to treat every single one of them like it's the most dangerous event," Foor said. "Sometimes it was done accidentally, but we still investigate it as if it were a real threat."

Following their trip to the front gate and taking a moment to write down what they learned from the experience, the students walked to the Aquatics Center where they spoke with Becca Cloud, a lifeguard at the facility.

Cloud demonstrated the Guard Float — the red foam safety device that lifeguards use in rescue scenarios. Prior to the demonstration, the children had listed this as one of their questions: what is the "thingy" called?

The other two groups of students visited the Pass and I.D. office, the fire department, the police department and the base environmental office to learn about the importance of keeping the local environment at NSF Dahlgren in a healthy state.

At the end of the day's exploration, the children would put together a presentation to discuss what they discovered during their field trip. One group will create a PowerPoint presentation, one will author a brochure and the third group will produce a mural.

The catalyst for the day's analysis and driving question came from the housing office. There are a number of on-base housing units that are unrented. The housing office wanted to explore what aspects of living aboard NSF Dahlgren made the community such a great place to live.

NSF Dahlgren has a number of rental units available in safe, quiet neighborhoods that offer convenience to the fitness center, safe walking and biking areas, the Aquatics Center and Commissary (for those that have access). Rentals are open to Active Duty, Retirees, Department of Defense Civilians and DoD Contractors. Rental fees include housing, water, electricity, trash disposal and lawn care and 24-hour maintenance.

Diversity

Continued from page 2

River fort, Port Hudson, from the Confederates. Two Navy destroyers are named for him as well as Farragut Square in Washington, D.C.

Weekes also highlighted the contributions of Seaman Philip Bazaar. "He was the first Hispanic Congressional Medal of Honor recipient for his Navy service," said the NSWCDD commanding officer. "Seaman Bazaar was aboard the USS Santiago de Cuba, which assaulted a Confederate stronghold during the Civil War. He successfully maintained communication between the ship and crew on land."

In the Navy, more than 50,000 Hispanic sailors serve alongside approximately 16,000 Hispanic civilians; 55 million people (or 17 percent of the American population) are of Hispanic or Latino origin.

Hispanic Americans, like Admiral Farragut, have had a lasting impact on our history. Annually, Americans observe Hispanic Heritage Month from Sept. 15 to Oct. 15 to honor the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean, Central and South America.

"Our country has always drawn strength from the diversity of our people," said Weekes. "Let's continue to acknowledge and celebrate the positive influence of Hispanic Americans on shaping the bright future of our nation."

The event's keynote speaker, Lance Carrington — who retired from the Senior Executive Service (SES) after serving in that



U.S. NAVY PHOTO BY DAN EBERLY

Naval Surface Warfare Center Dahlgren Division (NSWCDD) Commanding Officer Capt. Godfrey "Gus" Weekes presents NSWCDD senior engineer Jose Lugo with a certificate recognizing Lugo's 30 years of government service before military, government civilians, and defense contractors celebrating Hispanic Heritage Month at the Naval Support Facility Dahlgren theater.

capacity as a special agent for National Aeronautics and Space Administration (NASA) and the U.S. Postal Service — encouraged the audience to pray for the residents of Puerto Rico after

Hurricane Maria devastated the island and its infrastructure, and to pray for those living in Texas, the Gulf Coast, and Florida who are recovering from Hurricanes Harvey and Irma.

He recounted his life and career which included service in the Army as a reserve chief warrant officer four. He retired from the Army reserves on Oct. 1, 2017 after more than 35 years of active duty, National Guard, and reserve service.

Carrington told the audience that he experienced subtle discrimination while growing up in south Texas which cropped up again as he ascended into the higher ranks of government civilian service.

The discrimination, however, didn't stop Carrington who remained "thankful and humble" as his mother taught him while growing up. "You have to take chances, you have to move," said the tenth Hispanic SES in the United States, "and I used the SES position to make changes," which included increased diversity at NASA.

"Hispanics come from all walks of life, all backgrounds and cultures — that's what makes it so exciting," said Carrington. "The most important thing I can say about Hispanics is the passion Hispanics have for life, for work, for anything they get involved in."

For more than nine years, Carrington — who grew up on Air Force bases in Texas, Japan and Panama while his father served as a career U.S. Air Force non-commissioned officer — volunteered with his wife, Rosario, at the Catholic Diocese of Arlington's Guadalupe Free Clinic in Colonial Beach, Va. Carrington assumed duties as the clinic's executive director, and his wife as the clinic's administrative coordinator, in July 2017. Founded in May 2004, the clinic serves the indigent and medically-uninsured population in Westmoreland County and Colonial Beach, on the Northern Neck of Virginia.

BASE HAPPENINGS

What's Going on Inside the Fenceline?
Dahlgren

Dahlgren Centennial Celebration Kickoff

Mark your calendars! We'll kickoff the countdown to Dahlgren's Centennial with an event on the Parade Field on Mon, Oct 16 at 1100. Ceremony at 1100, followed by history exhibits, lunch for sale by Gray's Landing, live music, base tours (first come, first served). This event is open to all with base access.

Price Change at Gray's Landing

Effective Oct. 1, meal prices at Gray's Landing on the Potomac Restaurant will be increasing by a dollar per meal. Anyone with base access is welcome to dine. New prices as of Oct. 1 will be:

Breakfast: \$6.50
Soup & Salad: \$7.50
Lunch: \$9.00
Dinner: \$9.00

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.-2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

Indian Head

FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Visit Us Online www.dcmilitary.com

Community Notes

*Local Events on Both Sides
of the Potomac*
Dahlgren

King George Fall Festival

The 59th Annual King George Fall Festival parade will be held on Oct. 14, RAIN or SHINE. The parade begins at the King George Smoot Library and concludes at the King George High School. Parade starts at 11 a.m. For more information about the parade, the festival and craft show that follows visit <http://www.kgfall-festival.com/schedule/>

King George County "Great Pumpkin Race" and Trunk or Treat

Oct. 20 at Barnesfield Park. Flashlight Scramble with more than \$1000 in prizes to be found, four age bracket events. Must pre-register for the the rance and/or the Trunkor Treat Event by Thursday Oct. 20 at the King George Citizen's Center or call 540-775-4686.

Caledon Art and Wine Festival

Two Days of Art and Fun! Nov. 4 -5, 10 a.m. -5 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. Enjoy a fall day at the park and see area artisans' finest offerings. Get a jump on holiday shopping. Taste wine from local wineries. A commemorative wine glass is included with the price of tasting. Great food will also be for sale. The picnic shelter, gift shop and visitor center will be open, and hay wagon rides will be available for the kids. Admission for wine-tasting is \$15 per person (21 and older — everyone must have ID to taste). The festival is free for non-tasting guests, but a \$5/vehicle parking fee applies to all. Coolers and outside food are not permitted within festival grounds.

Combat Veterans Motorcycle Association Meetings

Southern area (King George/Dahlgren/Colonial

Beach) Combat Veterans Motorcycle Association (CVMA) bike night are meeting the 4th Thursday in Fredericksburg at Brock's. If interested in CVMA, the support they provide or want to donate contact Jeremy.Cannedy@gmail.com. For more information visit <http://cvmavirginia27-2.org>

Scholarship Available For Active Duty, Spouses and Vets at UMW

UMW is offering a scholarship providing qualified active duty service members, spouses, or honorably discharged veterans the opportunity to receive a 25% military tuition scholarship for graduate degree programs: Master of Business Administration or Education and Master of Science in Geospatial Analysis. Please contact the Office of Graduate Admissions for more info at 540-286-8000 or email graduate@umw.edu.

Indian Head La Plata Fall Festival

Sunday, October 15 from 12 — 3 p.m. Family Fun For All! Petting Zoo, Trackless Train, Moon bounce, Craft and Food Vendors! Live Music by Pork Donut 12th Annual Scarecrow Festival. For more information contact the Charles County Chamber of Commerce at 301-932-6500.

Free Spay/Neuter Clinics

You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.



Aquatics Center

540-653-8088

Columbus Swim

October 1-31,

Log your laps with an Aquatics staff member and watch the ship travel around as you accumulate miles to match Christopher Columbus' voyage across the Atlantic Ocean. Open to all with base access 16 years and older. Cost: Regular Admission

Family Float Night

October 13, from 5 to 7 p.m. Bring your inflatable and float your way into the weekend! Get in the Halloween spirit with a showing of Monster House, rated PG. The pool will close at 6 p.m. if no one is present. Open to all with base access. Cost: Regular Admission

Auto Skills/Outdoor Recreation

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair, engine diagnostics, suspensions components replacement, tire mounting and balancing and general

maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour, includes one bay, tools, equipment and fluid disposal.

Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer rentals from www.NavyMWRDahlgren.com/recreation and select Outdoor Recreation Rentals.

Cannonball Lanes Bowling Center

540-653-7327

Games: Military \$3.00, Civil-

ian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00 Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Sundays, 11 a.m. – 9 p.m.

Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays, 11 a.m. – 9 p.m.

Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Wednesdays, 11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for FREE!

See **MWR**, Page 5



SOUTH POTOMAC PILOT

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www.dcmilitary.com/dahlgren

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be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

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Commanding Officer,
NSA South Potomac

Jeron Hayes

Public Affairs Officer,
NSA South Potomac

Andrew Revelos

Editor

Barbara Wagner

Staff Writer

MWR

Continued from page 5

and snowman deco mesh decorations in time for the holidays! Orders will be available for pick up in November. Cost: \$60.00

Pumpkin Carving Contest

Win a basket filled with Halloween and pumpkin goodies! Be as creative as you can carving your pumpkin and send a photo of you and your pumpkin to the DahlgrenFFR Facebook page between Oct. 20-24. Photos will be placed in an album for fans to vote Oct. 25-26. The top three pumpkins with the most likes will be notified via Messenger Oct. 27 and gifts baskets will be available for pick up at Craftech.

Sip & Paint

November 1, 6:30 – 8:30 p.m.
Location: Gray's Landing
Sip & Paint is back! This time we're bringing you the Drama Llama! Register at Craftech by Wednesday, Oct. 25. Cost: \$25.00, includes all materials and hord'ourvres

Fitness Center

540-653-8580

Visit us online at www.NavyMWRDahlgren.com/fitness-sportsto

view www.NavyMWRDahlgren.com/fitness-sportsto to view the Group Exercise schedule, 2018 Race Series schedule, upcoming classes and leagues!

Navy Birthday Nautical Mile Run

October 13, 11 a.m.
Location: NSASP Airstrip
Celebrate the Navy's birthday on October 13, 1775, and run one nautical mile (1.15 miles)! Open to all with base access. Cost: Active Duty, Free. All Others, \$5.00

Halloween Dodgeball Tournament

October 26, 4:30 p.m.
Location: Basketball Court
Dodge, duck, dip, dive and dodge! Get your team together to compete in the Halloween Dodgeball Tournament. Open to all with base access. Cost: Active Duty, Free. All Others, \$2.00

Glow Run 5K

October 27, 6 – 9:30 p.m.
Light up the night with us at The Glow Run 5K! Runners and walkers are welcome to join in for an evening filled with glow sticks, paint, great music, and an after party sure to keep you dancing through the night. First 100 registrants will receive a glow kit! Open to

all with base access. Must be 21 years old with valid ID to purchase alcohol. Please drink responsibly. Register at www.bit.ly/DahlgrenGlow or visit www.NavyMWRDahlgren.com/events. Cost: Active Duty, \$20.00. All Others, \$30.00

Maintain, Don't Gain

November 1, – January 18, 2018

Keep the extra pounds away this holiday season with a three-month incentive program. Open to all with base access. Cost: Free

Wiffle Ball

November 9, 4 p.m.
Have fun with a double elimination wiffle ball tournament! Register at the Dahlgren Fitness Center by Nov. 1. Cost: Active Duty, Free. All Others, \$5.00

General Library

540-653-7474

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays, 5 p.m.
Our S.T.E.A.M. classes are geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts. Siblings are always welcome! Cost: Free

Early Literacy at your Library

Fridays, 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Activities and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: Free

Harry Potter Party

October 28, 1 – 3 p.m.

The Hogwarts' Library of Witchcraft and Wizardry requests your presence for its Harry Potter celebration! Catch the movie Harry Potter & the Half-Blood Prince at 3:30 p.m. for FREE at the Theater. The Adult Wizard Party at the Library starts at 6 p.m. with dinner, quidditch, light up wands and trivia. Adult beverages will be available for purchase. Must be 21 years or older with valid ID. Please drink responsibly. Cost: Free

STEM Club

October 30, 5 p.m.

Explore science, technology, engineering and math! Octo-

ber's activity will be wounds! Ever wonder how your wounds heal? Make your own special effect wound. Cost: Free

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Football Tailgating

Sundays beginning at 1 p.m. Watch your favorite teams compete!

Wing Wednesday & Trivia

First and third Wednesday at 3:30 p.m. enjoy wings and a game or two of trivia.

Free Movie Friday

Second Friday of the month at 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Fourth Friday of the month at midnight enjoy a game of bowling!

Fire Pit

Oct. 14, 7 p.m.

Campfire setting with all the fixings! Bring your guitar and have a fun night around the fire.

Video Game Tournament

Oct. 17, 6 p.m.

Challenge your fellow sailors to a video game tournament.

Brown Bag Bingo

Oct. 19, 6 p.m.

Play a game of Bingo with us and win a prize!

Board Game Night

Oct. 20, 6 – 10 p.m.

Bring a friend and play a game or two!

Busch Garden's Howl-O-Scream

Oct. 22, Departs at noon

Fill your night with fright at Busch Garden's Howl-O-Scream! Cost: \$22, or FREE with military salute

Chocolate Fountain

Oct. 26, 11 a.m. – 2 p.m.

Enjoy our chocolate fountain!

Hiking at Shenandoah

Oct. 28, Departs at 9 a.m.

See the rustic fall sights while hiking the Shenandoah Valley. Cost: Free

Pumpkin Carving & Painting

Oct. 23-31

Stop by to carve and paint a pumpkin as decorations for Halloween!

See **MWR**, Page 6

NOW LIVE!

The SoMdNews App brings you the latest local, sports and community news and information from the Southern MD Newspapers, 24/7.



The free app is updated from our full website, sombdnews.com, in real time, delivering you the latest headlines. Download the app at sombdnews.com/newsapp or Scan the QRC code.



MWR

Continued from page 7



Child & Youth

CDC 301-744-4458

CYP 301-743-5456

Teen Open Recreation

Open to ages 13 — 18 from 6:30 — 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 — 12 from 6:30 — 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850

or 301-744-4648

The Book Character Pumpkin Project

Oct. 16, 9:00 a.m.

Indian Head family and

friends help make our library a very festive place this October! We are kicking off our first annual book character pumpkin contest.

Pick up and decorate a pumpkin (or gourd) as a book character or with a literary theme and drop it off at the Indian Head General Library (Bldg 620) desk for display from Oct. 16, — Oct. 24, at 5 p.m. Library staff will vote for the best literary pumpkin on October 25. Please Note: The library cannot accept carved pumpkin submissions. Only painted and/or decorated whole pumpkin submissions may be entered into the contest. Book or printed cover page of the book should accompany the pumpkin submissions. Submissions will not be accepted after Oct. 24, at 5 p.m.

S.T.E.A.M.: Light up UFOs

Oct 18, starts at 5:30 p.m.

Like Sci-Fi? Come make a light-up flying saucer or UFO using LED lights!

Trunk-OR-Treat

Oct 25, 4:30 — 7:30 p.m

Join us for frightfully fun trunk-or-treating! Enjoy games, light food, tasty treats and more!

Storybook Yoga

Thursdays from 10:30 — 11 a.m.

Let's have fun with books and get energized. Open to children and their parents, grandparents and caregivers! Cost: Free

Storytime Play Dates

Tuesdays at 10:30 — 11:30 a.m.

Parents grab a cup of coffee and mingle with other moms for play dates at the library. First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

All-Day Scary Movie Marathon

Oct. 13, All Day

It's Friday the 13th! Join us while we watch scary movies All Day. Popcorn & Drinks provided!

Mario Kart Tournament

Oct. 25

6 p.m. Snacks Provided, a prize to the winner.

Coffee & Waffle Friday

Oct. 27

All Day at the Liberty Center while supplies last!

Six Flags Fright Fest

Oct. 28

Cost: \$20 includes All-You-Can-Eat-Dinner with Ghoulish Buffet & Passes to haunted houses. If you are interested, sign up at the Liberty Center by Oct. 25. Depart Liberty 2 p.m.

Volunteers Needed for MWR Haunted House

Oct. 28

We need volunteers for our MWR Haunted House. The Haunted House is open from 11-2, Volunteers are needed to help set up/break down, scare, and much more. If you are interested sign up at the Liberty Center or Community Recreation Building.

Halloween Movie Party

Oct. 31

We are having a Halloween Movie Party at 6 p.m. at the Liberty Center. Free food, games, candy, and movies all night.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 — 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. — 1 p.m.

Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Visit online for the menu. Contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 — 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic

mic bowling at Stars & Strikes Bowling Center!

Bowling Leagues Now Forming

Leagues will be made up of mixed teams of four and substitute bowlers for the upcoming season.

Indian Head Weight House Fitness Center

301-744-4661

Navy Birthday Nautical Mile

Oct 12, 11 a.m.-12 p.m.

Celebrate the upcoming Navy Birthday with us by running a Nautical Mile! Register at the Weight House Fitness Center now through 10:30 a.m. on race day. Eligible patrons include all with base access ages 10 and older. For more information, call the WHFC at (301) 744-4661.

EODemon 5K

Oct. 24, 11 a.m.

Get your spook on as you race the haunted course through Stump Neck's creepy woods. Each runner will be given 2 flags prior to the run. Watch out for the EODemons on the course! Return in one

See **MWR**, Page 8



Classifieds

Call 301-645-0900

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MWR

Continued from page 7

piece and we will subtract 5 seconds from your time for each remaining flag. Prizes

will be awarded to the fastest two male and female runners. Race day registration will be held at the Stump Neck Fitness Center. Any participant younger than 18 must have a consent form signed by his/her parent.

The More You Know...

SafeTalk HelpRoom

SafeTalk HelpRoom, a service provided by DoD Safe Helpline, is an online community of sexual assault survivors in the military that meets to support each other in taking the next steps after a sexual assault. It's free, secure and available 24/7 – and, since May 14, there's an additional help room specifically for men. Every Sunday, between the hours of 1-3 p.m. EST, men who have gone through similar experiences can connect with one another securely, confidentially and anonymously by accessing www.safehelpline.org.

Sexual Assault Prevention and Response

If you need access to the emergency SAPR advocate please call (540) 424-0660. They are available 24 hours a day for crisis relief.

Domestic Violence Hotline

If you see abuse or suspect that someone is in danger, you should be proactive in contacting authorities. If you witness an incident, it is important that you do not put yourself in harm's way; instead, contact the authorities and allow them to handle the situation. If you or someone you know needs assistance or are the victim of domestic abuse, contact the local Fleet and Family Service Center at 540-653-1839 or 1-800-500-4947, the Domestic Violence Hotline at 1-800-342-9647 or if you are in immediate harm or danger you should call 911.

Drug and Alcohol Abuse

If you or someone you know needs assistance with drug or alcohol dependency issues, contact the NSASP Drug and Alcohol Program Advisor GM1 Muench at 540-653-2221

Suicide Prevention

Life is worth living! For someone to talk to who will understand call the 24/7 Suicide Prevention Hotline at 1-800-273-8255 and select option 1.

