



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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smart phone

INSIDE:

End of an Era
— Generators
Depart NSF
Dahlgren

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EASTON, MD

New Chief Petty Officers Pinned at Dahlgren



U.S. NAVY PHOTO BY ANDREW REVELO

Navy Chiefs, Navy Pride: Newly-pinned chief petty officers sing "Anchors Aweigh" at the conclusion of the Chief Petty Officer Pinning Ceremony on Sept. 15 at the Naval Support Facility (NSF) Dahlgren Parade Field.

By **BARBARA WAGNER**
South Potomac Pilot

Twelve new chief petty officers were pinned during a Sept. 15 ceremony at the Naval Support Facility (NSF) Dahlgren Parade Field. Family and friends gathered to celebrate the momentous occasion as their Sailors pinned on their anchors, received their combination covers and were piped aboard the Chiefs Mess. The ceremony followed eight weeks of rigorous preparation that they received in Chief Petty Officer (CPO) 365 Phase II training.

Master Chief Fire Controlman Shawn Harrell, senior enlisted leader of the Center for Surface Combat Systems (CSCS) and the ceremony's emcee, welcomed guests, advising them that they were not merely present for the advancement of the first class petty officers to the next rank, but to share in the most significant transition they will make in their Navy careers.

"Today, you will witness a ceremony where those recently selected to the rank of petty officer will be pinned with the insignia of their new rank," Harrell said. "This ceremony is the culmination of the weeks of training and hard work of those standing before you now."

Harrell shared with the selectees the depth of experience and expectation that each will face as they enter into the next phase of their Naval careers.

"The chief is charged with motivating Sailors," Harrell said. "It's the chief's job to create an atmosphere where that motivation is encouraged and rewarded. That motivation must come from within and it's the chief's job to figure out how to get it out. It's the chief's job to train and develop subordinates into leaders."

One of the most important and challenging tasks that a chief will face, Harrell explained, is to educate and guide junior officers.

"Junior officers are those whose trainings have been extensive on the technicalities of war but slight on the realities of deckplate leadership," Harrell said.

"It has often been said that the officers run the Navy but the chiefs make the Navy run," Harrell said. "Every commanding officer remembers their first chief. Every commanding officer was at one time that junior officer. Never forget that. Never forget the impression that you make on that young naval officer will follow

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AEGIS Training and Readiness Center Changes Leadership

By **KIMBERLY M. LANSDALE**,
Center for Surface
Combat Systems

During a change of command ceremony at the AEGIS Training and Readiness Center (ATRC), on board Naval Support Facility Dahlgren, Va., Capt. Pete Galluch turned over command to Capt. Dave Zook September 13.

Capt. Frank X. Castellano, commanding officer for the Center for Surface Combat Systems (CSCS), was the guest speaker at the event.

"Under Pete's leadership, ATRC has not only thrived but excelled," said Castellano. "He and his staff trained more than 2400 Aegis Fire Controlmen, 1700 future surface department heads, and 500 prospective commanding and executive officer students. He created a 24 hour overlapping five-shift schedule and increased FC student throughput by 25 percent. In addition, Pete and his team were instrumental in opening the new ATRC wing, an important asset for the fleet and our country, and bringing the training community together to celebrate 30 years of AEGIS on October 21, 2015."



U.S. NAVY PHOTO BY CHIEF PETTY OFFICER PHIL HASANON, AEGIS TRAINING AND READINESS CENTER

Capt. Frank X. Castellano, commanding officer, Center for Surface Combat Systems, provides Capt. Pete Galluch, outgoing commanding officer, AEGIS Training and Readiness Center (ATRC), his second Legion of Merit at the ATRC Change of Command ceremony.

Galluch explained that he had several choices where he could assume command in 2014.

"But ATRC was really the only choice for me," he said. "ATRC is arguably the premier training facility in the Sur-

face Force. It is directly connected to the fleet in the most critical ways. This schoolhouse is the foundation of the Surface Force's Integrated Air and Missile Defense readiness."

Galluch was presented his second

Legion of Merit for many of his accomplishments at ATRC. Part of the award citation extolled the captain as, "the driving force in Navy Integrated Air and Missile Defense improvement by leading stakeholders to improve and advance Integrated Air and Missile Defense initiatives across the Fleet; through his drive and inspiration, he personally moved his staff beyond outdated business practices by establishing procedural compliance standards; and he and his supply team systematically tracked thousands of AEGIS parts, returning parts valued more than 53 million dollars to the Navy Supply System."

Castellano also commented on the future of ATRC under new leadership.

"Captain Zook has not traveled far," said Castellano. "Most recently, he served as the deputy for the Naval Surface and Mine Warfighting Development Center Detachment Dahlgren, right across the street from us. As deputy, he helped deliver the critical lessons learned from combat operations in the Red Sea to the fleet and led the devel-

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Pinning

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U.S. NAVY PHOTO BY CHIEF PETTY OFFICER PHIL YEE HASANON, ATRC
The 2017 chief selectees and current chiefs with Command Master Chief Jacob Bristow at the helm stand at attention during the chiefs pinning ceremony on Sept. 15. at the NSF Dahlgren parade field.

them throughout their Naval careers. One day that junior officer may be your commanding officer.”

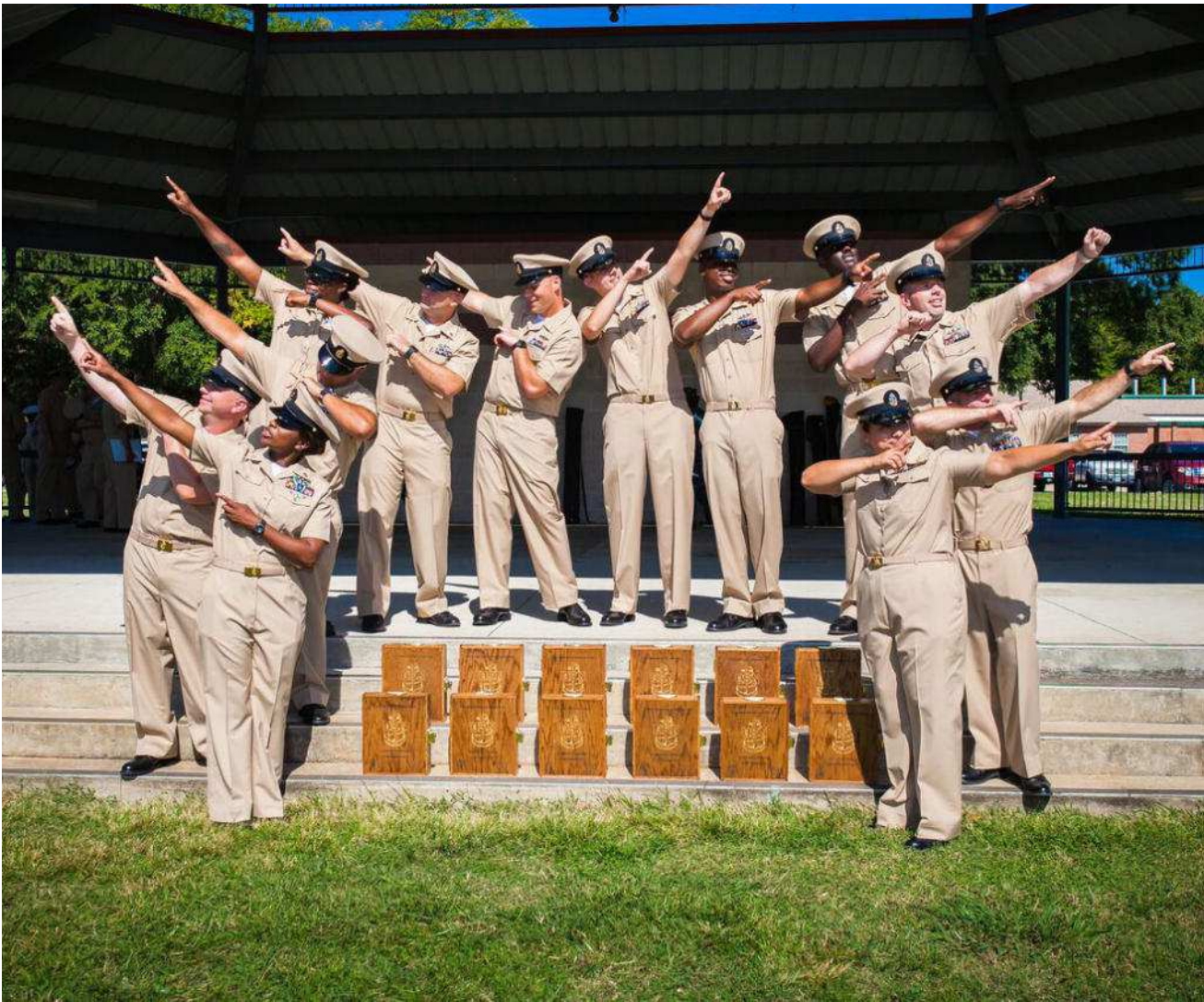
Harrell encouraged the Chiefs’ Mess to be courageous and to challenge those occurrences that they know to be wrong.

“Show courage, pick your battles wisely,” he said. “You will never have all the answers, but you will never solve problems if you don’t try. Rely on your fellow chiefs for guidance and remember — documentation beats conversation. A good chief does not earn his anchors once, but daily.”

Sharing words of advice regarding leadership, Harrell encouraged those who were about to step into this new chapter of their career to commit themselves to being a true leader.

“If you’re in charge... take charge and remember who you are,” he said. “You are about to join the rank of the chief petty officer and those who went before you. Wear your anchors with pride.”

With Harrell’s remarks concluded, Chief Cryptologic Techni-



U.S. NAVY PHOTO BY CHIEF PETTY OFFICER PHIL YEE HASANON, ATRC
The 2017 Naval Support Activity South Potomac’s class of chiefs strike a playful pose after their formal ceremony.

cian (Technical) Joshua Schroder gave a reading on the meaning of the fouled anchor, the CPO insignia, and CPO Chief’s creed was read by Senior Chief Hospitalman April Harrison.

The selectees were then called front and center to receive their anchors, assisted by family and friends, and a mentor chief presented their combination cover. In the Navy’s time-honored tradition, each new chief was piped aboard and welcomed to the ranks.

AEGIS

Continued from page 1

opment and fielding of tools and tactical guidance to address critical Combat Identification interoperability, advanced Ballistic Missile Defense Capability training and employment, and Naval Integrated Fire Control employment. I am confident Dave will bring fresh ideas and enthusiasm to ATRC and continue to be a strong leader in the surface combat systems community.”

Zook said he is honored to become part of the AEGIS community.

“At the AEGIS Training and Readiness Center, we are the forging fire to mold the most important element of our Navy’s Warfighting success, our Sailors and our team,” he said. “I look forward to leading ATRC.”

Galluch, who will assume duties later this month as the Office of the Chief of Naval Operations (OPNAV) N83 Fleet Readiness and Training branch head, praised his staff before his departure.

“You met every challenge and task,” he said. “Increasing throughput and quality simultaneously, bringing new capabilities on line while maintaining our legacy force training, and delivered an impressive record of personal development and advancement. You met your mission and gave back to the Navy the equivalent of more than twice the annual operating budget. It’s been an entire command effort. I used to brag that I went to college in a national park. As I turn over with Captain Zook, I’ll now be able to brag that I led and served at a National Treasure.”



U.S. NAVY PHOTO BY MICHAEL BOVA, AEGIS TRAINING AND READINESS CENTER / RELEASED
Capt. Dave Zook and Capt. Pete Galluch cut their cake at the AEGIS Training and Readiness Change of Command



U.S. NAVY PHOTO BY CHIEF PETTY OFFICER PHIL HASANON, AEGIS TRAINING AND READINESS CENTER / RELEASED
Capt. Dave Zook assumes command of AEGIS Training and Readiness Center (ATRC) during the ATRC Change of Command ceremony.

End of an Era — Generators Depart NSF Dahlgren

By **BARBARA WAGNER**
South Potomac Pilot

For more than two decades, generators — set in place and leased from the Seabee's Mobile Utilities Support Equipment (MUSE) unit — have weathered the elements around Naval Support Facility (NSF) Dahlgren and supported missions. These critical machines withstood numerous weather events, including run-ins with hurricanes named Irene, Sandy and Isabel. Throughout it all, NAVFAC Public Works Department (PWD) employees maintained and operated these workhorses.

In November of 2016, a number of the 2.5 megawatt generators were taken offline at Dahlgren. Since the end of August, staff from PWD along with Construction Mechanic 1st Class Joe Gugala, Construction Electrician 1st Class Luke Clemens, Construction Mechanic First Class Jeremy Tatlock and Construction Mechanic Second Class Andres Henriquez Seabees with MUSE, based in Port Hueneme, California, have been coordinating efforts to get one of the generators back to California. The generators, located at Substation Number 10, (across from Building 1470), will then be completely renovated and the unit will find a new life providing stable power elsewhere.

Gugala has worked closely with the employees of PWD to ensure that the generator at Substation Number 10 was ready to travel and praised the work ethic of the PWD staff.

"Roland 'Wendil' Crowley, Joseph 'Gene' Jackson and Ralph Spillman have been here for decades, and they are real hard-chargers," Gugala said. "The best part about them is their knowledge; it's truly invaluable."

Gugala explained that if asked, the gentlemen could trace back an entire electric line from memory and explain when and how it was installed; their expertise and knowledge were invaluable in ensuring a safe removal of the generator.

The three gentlemen have been a part of the Dahlgren family for 44, 37 and 31 years respectively. Throughout the life cycle of the generators on base, it has been their responsibility to ensure that the locomotive-sized engines were in top running order and ready to fire.

On Sept. 14, the 25-ton generator and its radiator (the length of a dump truck) along with the control skid and a muffler that is more than 8 feet long and 24 inches around were loaded with a 110-foot tall crane over the course of two days to be trucked across the country. The trip was a coordinated effort of a flag vehicle company from Oklahoma, a truck driver from Tennessee, a contractor from Georgia, Dahlgren PWD personnel and Gugala, and will take roughly a week.

Once aboard Port Hueneme, the generator will undergo a complete overhaul. The generator began its service life in the late 1950s and every 20 years or so it is completely rebuilt.

"This unit — even though it's [the engine block] from the 50s — we're going to send it out to be rebuilt," Gugala said. "We'll have it all refitted — new power packs, all new electronics, muffler — and update it from its last retrofit in the 90s."

Due to the increase in demand for electricity in and around the base, in 2011 Dominion



U.S. NAVY PHOTO BY CONSTRUCTION MECHANIC 1ST CLASS JOE GUGALA

A 2.5 megawatt generator is trucked away from NSF Dahlgren after more than 20 years of service. The Seabee Mobile Utilities Support Equipment (MUSE) unit placed the unit in 1996. The generator will make a weeklong trek to arrive at Port Hueneme, Calif., where it will be completely renovated and returned to service elsewhere.

Virginia Power began a project to provide additional power supply to support the area in King George County. The base and its surrounding area had exceeded the capacities of distribution and in 2014, a new transmission line and substation near NSF Dahlgren was completed.

Before that new line, power on the base and surrounding area was fickle, so much so that Utility Branch Head for Public Works Mark Murphy recalls that his team spent days on base, braving the weather and running the generators during 24-hour operations.

"We were at the end of the line [for power], so they brought these [generators] back around 1996," Murphy recalls. "If there was a storm coming, we'd actually stand by and turn these on ahead of the storm because we'd know we were going to lose power. All the hurricanes I can recall, we were here."

Murphy remembers just how crucial the generators were to maintaining an operational base prior to 2014, noting that many times he and his team would spend up to five non-stop days ensuring that the machines were running properly. However, with the new node in place, electricity became a much more stable utility, rendering the generators less useful to the base.

"Since the new DVP station has been in place, we've only had two hours and 41 minutes [cumulative] of power outages without the switch. Before that we'd have 20 major outages a year that spanned days," Murphy said.

For Murphy and the other PWD employees, bidding farewell to the units will be bittersweet. Many hours were spent ensuring that the equipment was maintained and functional. Taking them offline marks the end of an era.



U.S. NAVY PHOTO BY BARBARA WAGNER

Roland "Wendil" Crowley and Joseph "Gene" Jackson work to loosen the tie downs that have held the generator at Substation Number 10 for more than 20 years.

"It's a mixed blessing," Murphy said. "It's good that we don't need them anymore, but then again, once they're gone, people won't understand the history or what we did."

Murphy noted that during hurricane Isabel in 2003, Dahlgren was the only location with power for more than five days from Alexandria through the Northern Neck because of the massive generators and it was Public Works' job to keep the engines running. The generators, essentially 20-cylinder locomotive diesel-driven engines, are the same kind that are deployed to forward operating bases around the world.

"They like to run. The more load you put on them [the generators], the harder they work and the more they like it," Murphy said.

The remaining generators are scheduled to be removed from NSF Dahlgren and returned to California, where they will also be renovated and returned to duty.

Once the unit was shipped out and the termination inspection was complete, the MUSE technicians returned to Port Hueneme and are preparing to deploy again to locations worldwide to support the Department of Defense (DOD) with their advanced training, skills and critical experience.

BASE HAPPENINGS

What's Going on Inside the Fenceline?
Dahlgren

Commissary Early Closing

The Commissary will close early at 4 p.m. on Saturday, September 30, for a complete store reset. The store will re-open on Tuesday, October 2 at 9 a.m.

Price Change at Gray's Landing

Effective Oct. 1, meal prices at Gray's Landing on the Potomac Restaurant will be increasing by a dollar per meal. Anyone with base access is welcome to dine. New prices as of Oct. 1 will be:

Breakfast: \$6.50
Soup & Salad: \$7.50
Lunch: \$9.00
Dinner: \$9.00

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.–2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

Indian Head

FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Visit Us Online www.dcmilitary.com

*Local Events on Both Sides
of the Potomac*
Dahlgren

Anchor's & Ale — Pub Trivia with a Purpose

Anchor Scholarship Foundation invites you to Roma's Pizza on Sept. 26 from 7-9 p.m. for pub trivia and pizza. Tickets \$15 each includes two slices of pizza, small salad, one soda or tea, pub trivia entry and a raffle ticket. Trivia teams of four compete for first, second and third place and best team name. Proceeds benefit Anchor Scholarships for SURFACE Navy families. Purchase tickets at <https://www.eventbrite.com/e/dahlgren-anchors-ale-pub-trivia-with-a-purpose-tickets-37328206671>

King George Garden Club Annual Fall Plant Sale

The King George Garden Club's (KGGC) Annual Fall Plant Sale will be held at the King George's Farmers' Market (8246 Dahlgren Rd, K.G. 22485) on September 23, from 8:00 to noon. A variety of perennials dug from local gardens ready for fall planting, as well

as a limited number of trees, shrubs, herbs and houseplants will be available for purchase. In addition, aged goat manure from Misch's Farm; plus, free gardening advice will be offered. The King George Garden Club will also be celebrating their 25th Anniversary. For additional information, check the KGGC's facebook page or call 540-775-9688.

Stafford Regional Choral Society Recruiting Singers for SoundCHECK!

Love to sing and want a challenge? SoundCHECK, the outreach group for Stafford Regional Choral Society, is seeking talented singers. Auditions will be held on Sept. 25, 7 p.m. at St. Peter's Lutheran Church, in Stafford. Rehearsals begin mid-October and the first performance will be November 12th. For more information, contact kperr5vf@live.com or check the SRCS website at <https://www.staffordchoral.org/>.

King George Fall Festival

The 59th Annual King George Fall Festival parade

will be held on Oct. 14, RAIN or SHINE. The parade begins at the King George Smoot Library and concludes at the King George High School. Parade starts at 11 a.m. For more information about the parade, the festival and craft show that follows visit <http://www.kgfall-festival.com/schedule/>

Combat Veterans Motorcycle Association Meetings

Southern area (King George/Dahlgren/Colonial Beach) Combat Veterans Motorcycle Association (CVMA) bike night are meeting the 4th Thursday in Fredericksburg at Brock's. If interested in CVMA, the support they provide or want to donate contact Jeremy.Cannedy@gmail.com. For more information visit <http://cvmavirginia27-2.org>

Indian Head

Community

Environmental Outreach

The Department of Public Works is hosting an environmental outreach event on Sept. 23 from 9 a.m. to noon

in the Regency Furniture Stadium parking lot (11765 St. Linus Drive, Waldorf). Backyard composting and rain barrel workshops, as well as free document shredding, are available. Advance registration for workshops is required. Charles County Government and the University of Maryland Extension staff are offering one-hour workshops for rain barrels and compost. The first rain barrel and compost bin workshops begin at 9:30 a.m.

Free Spay/Neuter Clinics

You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.



Aquatics Center

540-653-8088

Columbus Swim

October 1-31

Log your laps with an Aquatics staff member and watch the ship travel around as you accumulate miles to match Christopher Columbus' voyage across the Atlantic Ocean. Open to all with base access 16 years and older. Cost: Regular Admission

age across the Atlantic Ocean. Open to all with base access 16 years and older. Cost: Regular Admission

Auto Skills/Outdoor Recreation

540-653-4900

Auto Skills features four bays and three lifts with tools and equipment for do-it-yourself automotive repair and general maintenance. Cost: Active duty, dependents, retirees \$6.00 per hour. All others, \$7.00 per hour. Includes one bay, tools, equipment and fluid disposal.

Outdoor Recreation offers a selection of recreation equipment. Download the Rental price list, Moon Bounce and Travel Trailer rentals from www.NavyMWRDahlgren.com/recreation

Cannonball Lanes Bowling Center

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00. Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Join us every Sunday, 11 a.m.

– 9 p.m. for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Every Tuesday, 11 a.m. – 9 p.m., get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Every Wednesday, 11 a.m. – 9 p.m., buy one game; get the second game for Free!

All-U-Can Bowl Fridays

Join us every Friday, 7 p.m. – 11 p.m. for a two-hour, all you can bowl special! Cost:

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SOUTH POTOMAC PILOT

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www.dcmilitary.com/dahlgren

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non-merit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

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be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

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Commanding Officer,
NSA South Potomac

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NSA South Potomac

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Editor

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Staff Writer

MWR

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Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Every Saturday, 7 p.m. –11 p.m.

Enjoy music and lights while bowling! cards

Child & Youth

CDC I 540-653-4994 /
CDC II 540-653-4342
YAC 540-653-8009

Community Recreation

540-653-8785

Taste of Frederick Food
Tours – Frederick, MD –
October 14, 7 a.m.

Three-hour guided walking tour and culinary adventure through downtown Frederick. Enjoy food and drink tastings at local restaurants and specialty shops while getting a taste of the city's history, culture and architecture. Register at Tickets & Travel by Sept. 29. Cost: Active duty military and family members, \$55.00. All others, \$65.00.

Go City Cards

One person, one card, multiple opportunities! Go City Cards and Explorer Passes include admission to multiple attractions for one low price! Save up to 55% on theme parks, tours, museums and more versus paying at the gate.

Craftech

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Craftech.

Deco Mesh Christmas Tree & Snowman Orders

Order your Christmas tree and snowman deco mesh decorations in time for the holidays! Orders will be available for pick-up in November. Cost: \$60.00

Fitness Center

540-653-8580

Visit us online at www.NavyMWRDahlgren.com/fitness-sports to view the Group

Dahlgren Movie Theater

540-653-7336

Price of Shows
Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00.
E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.

Friday, Sept. 22 7 p.m. Wind River R
Saturday, Sept. 23 4 p.m. Leap! PG
Saturday, Sept. 23 7 p.m. The Hitman's Bodyguard R
Sunday, Sept. 24 2 p.m. The Dark Tower PG-13
Sunday, Sept. 24 4:30 p.m. Logan Lucky PG-13
Friday, Sept. 29 7 p.m. The Hitman's Bodyguard R
Saturday, Sept. 30 4 p.m. Tyler Perry's Boo! A Madea Halloween (FREE ADMISSION) PG-13
Saturday, Sept. 30 7 p.m. Wind River R
Sunday, Oct. 1 2 p.m. Hotel Transylvania 2 (FREE ADMISSION) PG
Sunday, Oct. 1 4:30 p.m. Leap! PG

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.

Exercise schedule, 2018 Race Series schedule, upcoming classes and leagues!

Fruit & Veggie Trivia

September 26

How well do you know your fruits and vegetables? The Fitness Center will display three fruits and three vegetables the week of Sept. 12 and 26 to test

your fruit and veggie knowledge. A winner will be drawn on Fridays to win a prize. Cost: Free

General Library

540-653-7474

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays, 5 p.m.

Our S.T.E.A.M. classes are

geared toward pre-school and kindergarten-aged children. They will develop their literacy skills as well as engage in the arts. Siblings are always welcome! Cost: Free

Early Literacy at your Library

Fridays, 10 a.m.

The Dahlgren General Li-

brary offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Activities and crafts will be geared toward babies and children under age 5. Siblings are always

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JOIN THE FIGHT FOR ALZHEIMER'S FIRST SURVIVOR.

At the Alzheimer's Association Walk to End Alzheimer's®, people carry flowers representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest fundraiser to fight the disease. Register today at alz.org/walk.

WALK TO END ALZHEIMER'S

alzheimer's association

Walk to End Alzheimer's

Charles County
La Plata Town Hall
September 30 | 8:30 am

THE "New Car, New Adventures" LOAN

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*Annual Percentage Rate (APR) may vary depending on individual credit history and underwriting terms. All Credit Union loan programs, rates, terms and conditions are subject to approval and may change at any time without notice. Promotional rates are only available for new auto loan applications received in the month of September of 2017. Regular rates and terms will apply for applications received after September 30, 2017. Maximum loan term 60 months. New autos are defined as purchases or rollovers for select model years with less than 20,000 miles. Monthly payment per \$1,000 financed for 60 months is approximately \$17.64 at 2.24% APR. Refinances of existing loans with NSWC FCU do not qualify for this offer. Contact the Credit Union or visit www.nswcfcuonline.org for complete details. Federally insured by NCUA.

MWR

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welcome to attend. Our Friday storytimes are a great way to meet other caregivers in the area. Cost: Free

STEM Club

September 26, 4 p.m.

Learn how you can hatch your own Pokémon egg! Cost: Free

Daddy & Me Built It Party

September 30, 11 a.m. – 1 p.m.

Spend the afternoon engineering with your special guy at the Library and see what you can build together! Cost: FREE

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Football Tailgating

Sundays at 1 p.m. Watch your favorite teams compete!

Wing Wednesday & Trivia

First and third Wednesdays, 3:30 p.m. enjoy wings and a game or two of trivia.

Free Movie Friday

Second Friday of the month, 10 p.m. watch a movie on us at the Theater.

Midnight Bowling

Fourth Friday of the month at midnight enjoy a game of bowling!

Domino's Pizza & Movie Night

September 26, 3:30 p.m.

Come in and enjoy free, hot and cheesy pizza at Liberty along with your favorite new-movie!

Birthday Celebration

September 27

Put your name in the drawing for two regal movie tickets! The winner will be pulled at noon.

Six Flags America Trip

September 30, Van departs at noon

Enjoy a day out at Six Flags Amusement park. Cost: \$18.00



Stay Connected with your Indian Head MWR!

Child & Youth

CDC 301-744-4458

CYP 301-743-5456

Teen Open Recreation

Open to ages 13 – 18 from 6:30 – 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850 or 301-744-4648

Storybook Yoga

Thursdays from 10:30 – 11 a.m.

Let's have fun with books and get energized. Open to children and their parents, grandparents and caregivers! Cost: Free

Banned Book coasters

Sept. 27, 5:30 p.m.

Come celebrate Banned Books Week (September 24-30) by making DIY coasters to hold your drinks. Registration is highly recommended. Limited supplies and space!

Storytime Play Dates

Tuesdays at 10:30 – 11:30 a.m.

Parents grab a cup of coffee and mingle with other moms for play dates at the library.

First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

Renaissance Festival in Crownsville, Md.

Saturday, Sept. 23, 9 a.m.

Call 301-744-4850 for details and pricing.

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

Baltimore Comic Con

Sept 23 \$20 payment. Sign up at Liberty by Sept 20.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes,

cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 – 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. – 1 p.m.

Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Visit online for the menu. Contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 – 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Bowling Leagues Now Forming

Leagues will be made up of mixed teams of four and substitute bowlers for the upcoming season.

Indian Head Weight House Fitness Center

301-744-4661

Navy Birthday Nautical Mile

Oct 12, 11 a.m.-12 p.m.

Celebrate the upcoming Navy Birthday with us by running a Nautical Mile! Register at the Weight House Fitness Center now through 10:30 a.m. on race day. Eligible patrons include all with base access ages 10 and older. For more information, call the WHFC at (301) 744-4661.

EODemon 5K

Oct. 24, 11 a.m.

Get your spook on as you race the haunted course through Stump Neck's creepy woods. Each runner will be given 2 flags prior to the run. Watch out for the EODemons on the course! Return in one piece and we will subtract 5 seconds from your time for each remaining flag. Prizes will be awarded to the fastest two male and female runners. Race day registration will be held at the Stump Neck Fitness Center. Any participant younger than 18 must have a consent form signed by his/her parent.

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TOUR

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Kelly Strauss

540-226-1279

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NichollsAuction.com

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Help Wanted Full Time



DAHLGREN VA

JOB FAIR

Thursday, September 28th, 3 PM – 7 PM

UMW-DAHLGREN

4224 University Drive

King George, 22485

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Auctions

ON-LINE OWNERS' AUCTION

Sept. 26 - Oct. 3, 2017

Custom Made Cherry Dining Table, Polish Pottery, Yard Statuary, Furniture

On-Site Preview: Sept. 27, 1-6 p.m.

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Chestertown, MD 21620

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