



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



Link directly to the NSASP Facebook page on your smart phone

INSIDE:

NSWC FCU Hosts Food Drive at Dahlgren

Page 10

Installation Development Plan Takes Shape

By **BARBARA WAGNER**
South Potomac Pilot

According to Lt. Gen. Russel Honore (Ret.), a U.S. Army General best known as the “Category 5 General” for his striking leadership style in coordinating military relief efforts in post-hurricane New Orleans, “Leadership is working with goals and vision; management is working with objectives.”

It was in that spirit that leadership from both sides of the Potomac - Naval Support Facility (NSF) Dahlgren and NSF Indian Head - gathered Aug. 23-24 for a Visioning Workshop to shape the future of each installation.

The workshop, part of a process to fulfill a mandate set forth by the Undersecretary of Defense to update all installation master plans by October, 2018, was facilitated by AECOM, an international planning, design and engineering firm in their office located outside the NSF Dahlgren fence line.

The event brought together leaders from the installation command, Naval Support Activity South Potomac (NSASP), major tenants from both NSF Dahlgren and NSF Indian Head, N-code leadership and other stakeholders to discuss what the future facilities, land and environment looks like for the bases, charting a course that looked ahead to 2038.

This particular workshop is almost at midpoint in a year-and-a-half-long process that began in February of this year. With recent turnovers in military leadership at NSASP



COURTESY PHOTO BY AMY KIM, AECOM
Stakeholders and tenants from NSF Dahlgren and NSF Indian Head took part in a two-day visioning workshop designed to help shape an Installation Development Plan for the command.

and major tenant commands, the process paused briefly during the summer months. New NSASP Commanding Officer Capt. Michael O’Leary attended the workshop and

See **Workshop**, Page 3

DoD, Industry and University UxS Experts Convene at Navy Technical Exchange

By **JOHN J. JOYCE**,
NSWC Dahlgren Division
Corporate Communications

Dr. Dylan Schmorow could have hunkered down at his office to think big thoughts and read scientific papers rather than taking a trip to spend two days at the Navy’s Unmanned Systems Integration Workshop and Technical Exchange Meeting, Aug. 22-23.

Schmorow, however, would not miss out on the chance to collaborate, share ideas, and ponder bigger thoughts than he could ever think alone.

Neither would his colleagues — 135 scientists, engineers and technologists in DoD, industry, and academia — all passionate about sharing their accomplishments, challenges, successes, and information on technological advancements in unmanned systems integration.

“It’s a great way to be inspired,” said Schmorow, listing the participants gathered to cross-pollinate ideas and make connections on a variety of collab-

orative joint service, government and industry unmanned system integration efforts. “The Marine Corps and NAVAIR (Naval Air Systems Command) are here as well as folks from Dahlgren who are really the leaders in this area, in addition to other military services and the intelligence communities.”

In all, 31 unmanned systems experts from the public and private sectors presented 18 briefs at the event.

“The true value of the annual unmanned systems integration workshop is the opportunity to network and to be exposed to a wide variety of unmanned systems problems and possible solutions,” said Ajoy ‘AJ’ Muralidhar, Naval Surface Warfare Center Dahlgren Division (NSWCDD) chief engineer for Electromagnetic and Sensor Systems and co-organizer of the event. “No one organization has all the answers but through sharing and teaming we can advance integration of unmanned systems into the Fleet in a rapid fashion.”

As participants showcased their



U.S. NAVY PHOTO BY JOHN J. JOYCE, NSWC DAHLGREN DIVISION
CORPORATE COMMUNICATIONS

Navy scientist Charles Miller and mathematician Jessica Hildebrand perform pre-flight checks on the SCAPEGOAT chemical, biological, and radiological (CBR) detection system.

See **Conference**, Page 4

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Indian Head CDC Staff Recognized for Dedicated Service

By **BARBARA WAGNER**
South Potomac Pilot

Naval Support Facility (NSF) Indian Head encompasses many difficult, dangerous and technically-complex missions. There is, however, a facility that employs about 60 workers who have a delicate and equally complex mission that will change the world forever — the NSF Indian Head Child Development Center. Their mission is to mold and shape generations of young minds and hearts that will reflect the kindness, compassion and dedication that they receive at the CDC long into the future. Naval Support Activity South Potomac (NSASP) leadership had the opportunity to acknowledge those workers Aug. 24 by recognizing the lengths of service for 21 outstanding employees whose mission it is to care for, feed and nurture the children of NSF Indian Head.

NSASP Executive Officer Cmdr. Robert Lusk, Command Master Chief (CMC) Jacob Bristow, Installation Program Integrator Thomas Stanley and Fleet and Family Readiness and MWR Director Jim Feldman toured the CDC to get a

feel for the program's day-to-day operation and then presented awards and pins to the caregivers. Cecelia Kitson, director of Child and Youth Programs (CYP) at NSF Indian Head provided insight on the activity and was also on hand to congratulate staff.

"Childcare is a field where you must love what you are doing every day," Kitson said. "This isn't a job, it's a calling, and we are professionals. We aren't babysitters — we have a curriculum, and they [the children] learn through activities... they learn through play and our providers are dedicated to that end."

Lusk agreed with the summation and acknowledged the importance of having such dedicated professionals providing care for NSF Indian Head's youngest members. Knowing that their children are in good hands allows other members of the NSF Indian Head community to commit to their challenging missions without worrying about their children.

"We are so fortunate to have such dedicated civilians supporting our South Potomac families, who essentially devoted their lives to our children and our community," Lusk said.

Many of the providers recognized had more than 25 years of government service and a number of them have remained throughout their careers at the facility. Some of the newer team members — acknowledged for more than five years of service — are taken under the wings of those seasoned veterans to garner insight in the field. Lusk was impressed with the dedication of those senior providers.

"It's essential to recognize government employees at all intervals of service, especially those who have 20-plus years supporting their nation. The level of commitment and dedication they have demonstrated through their years of service to the government is impressive," Lusk added. "However, the fact that the majority of the recipients have devoted their entire careers to the NSF Indian Head CDC is truly admirable."

Kitson, speaking on behalf of her staff, thanked those who were on hand to recognize their teamwork and dedication.

"It can be hard if you don't have support, but when you do, it makes a big difference — it's a morale lifter," Kitson explained. "We're not

just here to come to work every day; [we care] about what we do, raising the military children and the civilian children. It lets them [the staff] know that their job truly is worthwhile."

A hearty congratulations and many thanks to the dedicated professionals at the NSF Indian Head CDC for their service and care for the youngest family members at Indian Head.



U.S. NAVY PHOTOS BY BARBARA WAGNER
Dianna Brown



Italia Burns



Melanie Conover



Sacoilya Daniel



Erica Ford



Jewel Goodman



Violet Grimes



Lisa Groenwoldt



Bessie Jenkins

The following employees of the NSF Indian Head Child Development Center were recognized for their length of service but are not pictured:

**Kena Coby
Lois Davis
Eboni Gross**

**Sarah Hagensick
Robin Peaper
Shameka Shorter**



Doneka Neal



Latisha Neal



Denette Renfroe



Brittany Reid



Sarita Shrestha



Ofelia Simon



Joanne Simmons



Amy Stoltz



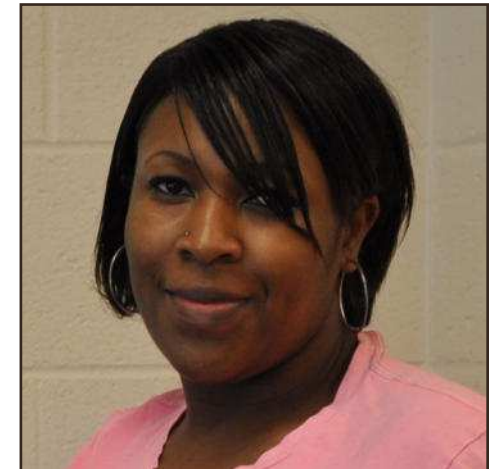
Bridget Walton



Latrice Whitfield



Amos Washington



Shuntaye Washington

Workshop

Continued from page 1

reflected on the importance of the process.

"This is a great way to move forward... we are talking through what everyone's requirements are, and we are putting rigor into our proposals," O'Leary said. "As dollars continue to be tight, we are better able to defend all of our recommendations and are able to squeeze the most out of our dollars."

According to Rita Jaget Ellis, an AECOM project manager and facilitator at the meeting, while the installation master planning - process is a strategic event that is done approximately every five years, the new format of meetings brings together the subject matter experts from

the base with the facilitators and planners at AECOM to create a collaborative document that is flexible and organic.

"It used to be that the master plan was prepared in somewhat of a vacuum," Ellis explained. "A group of people would go out and gather information and submit a draft of what was interpreted. When people come together in a workshop... collaborating and talking about what the issues are, they begin to understand the other person's opinions, missions and consider sharing resources."

Lynne Keenan, NSASP community planning liaison officer, agreed with Ellis's summation.

"This was the first time we've done this specific type of plan," Keenan said. "I think we've found a way to make this formula work. We've figured out something that works for our cus-

tomers and our implementers. The way we did it before wasn't as focused. The way this project was scoped, we end up with three very, very targeted plans and then one that is high-level planning for the whole base."

Keenan went on to explain that with the new approach, the ability to focus on one targeted area and execute a portion of the plan is much easier.

"It's an interactive document that gives us the opportunity to do things in-house or hire a contractor for a small piece of it without having to wait five years," Keenan said. "[It is] much more adaptable."

Keenan shared that the more than 30 attendees established focus areas: the airfield and Building 1200 at NSF Dahlgren, and areas around the front gate and on the restricted side at NSF.

Ellis concluded that ultimately the Installation Development Plan is not only a tool for the decision makers at the installation level but for senior leadership to have an overall picture of each installation in the region.

"With the lack of funding right now it's incredibly important to maximize the existing resources at every installation," Ellis said. "Prioritizing what the missions' requirements are and what the future potential is for an installation, including what the expected or known changes are that could produce growth or shrinkage. At NSASP (Dahlgren and Indian Head), we are definitely talking about growth."

The group will meet again in the coming months to continue the discussion and work towards executing the vision and way ahead.

BASE HAPPENINGS

What's Going on Inside the Fenceline?
Dahlgren

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd. and is open Thursdays from 10 a.m.–2 p.m. for all shoppers with base access. 'Like' on Facebook @Dahlgren-SecondTour

Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

Indian Head

FFSC Relocated at NSF Indian Head

The Fleet and Family Support Center has relocated at NSF Indian Head. FFSC is now located in the Mix House, Bldg D-324 on the top level, room 1.

Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday – Friday, 6 a.m. – 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Conference

Continued from page 1

technologies, they learned about new approaches to challenging technological problems and influenced each other's vision of the future.

"The vision of the future here is really the removal of the burdens of technology through a lot of novel capabilities in artificial intelligence," said Schmorow, chief scientist at Soar Technology. "It's about removing the burdens of technology where I'm interacting with a ton of things. I want my computer partners, robots, and autonomous agents to be seen as partners and to be teammates when we're engaging in any activity. If it's strategic decision making, I might have a cognitive agent. A platoon leader will have robots. I want that seamless interaction. I see a lot of folks at this workshop and conference focused on human-machine teaming and human-machine computer symbiosis."

The NSWCDD-sponsored event ignited intense human-to-human interactions on unmanned systems and artificial intelligence technologies that are expected to result in reduced total ownership costs, maximum use of commercial off-the-shelf technologies, and advanced autonomy to allow reduced operator workload.

"In a world of declining budgets and increasing missions, everybody in government needs to share knowledge and experience," said Charles Dischinger, National Aeronautics and Space Administration (NASA) discipline deputy for human factors. "At NASA, we're concerned about automation, human-automation interaction, and teaming. The Department of Defense is ahead of NASA in terms of experience with these efforts in the operational environment. We do a lot of human-automation interaction but it's bits and pieces whereas DoD is spread all over the map in terms of the different interactions they have."

Unmanned system technologies developed across DoD include NSWC Panama City's efforts in unmanned and autonomous systems supporting submarine and submersible hydro-acoustic and propulsor research, torpedo defense, mine countermeasures, amphibious warfare, and special operations surveillance and reconnaissance.

Dischinger and two NSWC Panama City engineers who work on unmanned systems for Navy programs, including the Littoral Combat Ship, compared notes at the event and intend to continue their collaboration in the future.

Louis Lee — one of the NSWC Panama City engineers who met with Dischinger — presented a brief to the audience entitled, "National Unmanned Systems Shared Resource Center Lessons Learned from Unmanned Underwater Vehicle Sensor Integration".

In effect, the briefs are a response to the DoD vision for ongoing development, fielding, and employment of unmanned systems as outlined in its Unmanned Systems Integrated Roadmap 2013-2038. The roadmap discusses investments in technology to enhance capability and reduce cost.

"The Joint Staff will continue to support unmanned systems when they fulfill joint requirements and are effective and affordable," the roadmap states. "Unmanned systems must provide capabilities more efficiently through modularity and interoperability; be more effective through greater automation and greater performance; be more survivable with improved and resilient communications, development for anti-permissive environments, and more security from tampering; and take the 'man' out of unmanned. Currently personnel costs are the greatest single cost in DoD, and unmanned systems must strive to reduce the number of personnel required to operate and maintain the systems. Great strides in autonomy, teaming, multi-platform control, tipping, and cueing have reduced the number of personnel required, but much more work needs to occur."

Although John Canning retired after a long career as an NSWCDD combat systems engineer, he is still working to save lives with unmanned technologies.

"I have been pursuing for years and years, beginning in late 2002, the autonomous use of weapons," said Canning who presented a brief entitled, "SPHINX Substance Detection Technology and Unmanned Systems Integration."

Canning's startup company, SPHINX Ventures Inc., is developing an autonomous unmanned system coupled with SPHINX (Short Pulse High Intensity Examination) technology that detects explo-

sives and drugs in real time. "When you're talking about explosives, you don't want to be that close," said Canning, adding that an unmanned system provides, "all sorts of standoff range."

Meanwhile, NSWCDD scientist Ben Wheeler — who helped organize the Dahlgren conference — joined senior leaders from the Army gathered at Fort Benning, Ga., on August 22, for the Maneuver Robotics and Autonomous Systems demonstration. Wheeler demonstrated the Dahlgren-developed technology called the Autonomous Remote Engagement System (ARES) for Army officials at the event. Mounted on an Army autonomous vehicle, ARES controlled a Picatinny Lightweight Remote Weapons Station and fired live rounds at targets.

"The opportunity to integrate and demonstrate technologies such as ARES as part of joint DoD unmanned system efforts is key for Dahlgren," said Wheeler. "It's key for all DoD to continue building new relationships and collaborations to enable better, faster, and more capable unmanned systems development — a core mission of our unmanned systems conference."

The Army's Fort Benning demonstration revealed the realm of the possible using repurposed experimental systems or technology. For instance, surrogates such as the Humvee and M113 Armored Personnel Carriers were used as low-cost mobility platforms.

Similarly, the NSWCDD Unmanned Systems Integration Workshop and Technical Exchange Meeting explored the integration of unmanned systems, rather than the technologies of the systems themselves.

The event focused on integrating unmanned systems with platforms such as aircraft, ships, and ground vehicles as well as with other systems such as payloads, weapons, and sensors. Briefers also discussed unmanned systems integration with regard to humans, covering operator interaction, human-robot interfaces, controllers, trust issues, and training. Integrating a universe of fast-developing unmanned systems technologies into the multiple missions of Navy warships may require as much art as science or engineering, but the effort promises to bring an elegant evolution and expansion of capabilities.



SOUTH POTOMAC PILOT

The South Potomac Pilot Newspaper is published weekly by APG Media of Chesapeake, LLC. 29088 Airpark Drive Easton, MD 21601 a private company in no way connected with the U.S. Navy, under exclusive written contract with Naval District Washington.

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Editorial content is edited, prepared, and provided by the Public Affairs Office, NSA South Potomac. News copy should

be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

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www.dcmilitary.com/dahlgren

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Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer Rentals from www.NavyMWRDahlgren.com/recreation and select Outdoor Recreation Rentals.

See What Your Dahlgren MWR has Happening Today!

Aquatics Center

540-653-8088

Open Rec Swim

New Open Rec Swim hours begin Tuesday, Sept. 5, weekdays from 3 to 6 p.m. and Saturdays from noon to 3 p.m. Cost: Active duty/retired military, FREE. DoD Civilian, \$5.00. Contractors/guests, \$6.00. Children 5 years and younger, FREE.

Fall Swim Lessons

September 5 – 28
Parent and Child, Level I, II, III and IV age groups are available for swim lessons Tuesdays and Thursdays. Minimum enrollment of 3 participants per class. Cost: Military, \$45.00. All Others, \$50.00.

**Auto Skills/
Outdoor Recreation**

540-653-4900

Tire Service Maintenance Class

September 12, 11 a.m. – 1 p.m.
Keep your tires properly maintained through the fall months. Learn the warning signs to detect a problem before it occurs. Open to all with base access. Cost: Free

**Cannonball Lanes
Bowling Center**

540-653-7327

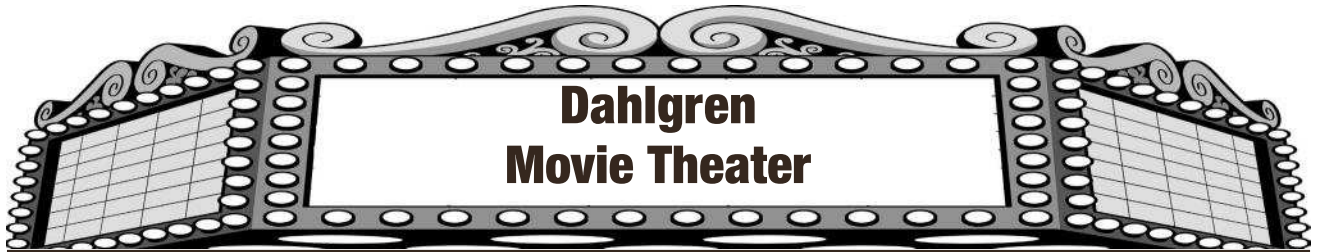
Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00
Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Sundays, 11 a.m. – 9 p.m.
Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays, 11 a.m. – 9 p.m.



**Dahlgren
Movie Theater**

540-653-7336

Cost of Show

Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00. E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.
*Movies shown in 3D will cost an additional \$1 to ticket price.

- Friday, Sept. 1 7 p.m.** **War for the Planet of the Apes PG-13**
- Saturday, Sept. 2 4 p.m.** **Valerian and the City of a Thousand Planets PG-13**
- Saturday, Sept. 2 7 p.m.** **Atomic Blonde R**
- Sunday, Sept. 3 2 p.m.** **The Emoji Movie PG**
- Sunday, Sept. 3 4:30 p.m.** **Spider-Man: Homecoming PG-13**
- Friday, Sept. 8 7 p.m.** **Atomic Blonde R**
- Saturday, Sept. 9 4 p.m.** **The Nut Job 2:Nutty by Nature PG**
- Saturday, Sept. 9 7 p.m.** **The Dark Tower PG-13**
- Sunday, Sept. 10 2 p.m.** **The Glass Castle PG-13**
- Sunday, Sept. 10 4:30 p.m.** **Valerian and the City of a Thousand Planets PG-13**

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.

Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

**Buy a Game, Get a Game
Wednesdays**

Wednesdays from 11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for Free!

All-U-Can Bowl Fridays

Fridays from 7 p.m. – 11 p.m.
Join us every Friday for a two hour, all you can bowl special! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 p.m. – 11 p.m.

Enjoy music and lights while bowling!

Child & Youth

CDC I 540-653-4994 / CDC II 540-653-4342

YAC 540-653-8009

Military Child Care Open Enrollment

There's a new way to re-

quest care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit

See **MWR**, Page 6

"You hear the words 'cancer free,' and as much as the diagnosis knocked you off your feet, those words, they knock you off your feet again. It makes me appreciate the care and the doctors and the gift and the skills they have, and that I received.

If you live in this area, there is no reason to go anywhere else. There are amazing doctors and amazing talent right here."

Regional Cancer Center at Montross
15394 Kings Highway, Montross

Mary Washington Healthcare
Cancer.mwhc.com



Here for | Ellen.

Here for You.

MWR

Continued from page 5

unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Community Recreation

540-653-8785

Community Recreation Trips

Neptune Festival at Virginia Beach, VA September 30

Worry free driving! Departs at 7 a.m. and returns at 10 p.m. Ride round trip with us for only \$20. Register at the Tickets & Travel office by Sept. 18. culture

DIY Holiday Porch Sign

September 20, 5:30 – 7 p.m. in the Multipurpose Room. Get your home fall ready with this DIY holiday porch sign! All supplies are included. Register with Tickets & Travel by Sept. 13. Cost: \$15.00

Universal Orlando Resort Military Salute

U.S. Service Military members get four days for the price of one! Valid for purchase by eligible service members in-

cluding active duty, retired military service members, DoD civilians and/or spouses. Offer will be available for purchase through Dec. 28 and must be used by Dec. 31. Purchase now at the Tickets & Travel office.

Go City Cards

One person, one card, multiple opportunities! Go City Cards and Explorer Passes include admission to multiple attractions for one low price! Save up to 55% on theme parks, tours, museums and more versus paying at the gate. You choose attractions as you go from cities such as Boston, Chicago, D.C., Las Vegas, Los Angeles, San Diego, Orlando, Oahu, Miami and more.

NDW Patriots Day at Kings Dominion

Sunday, September 10
Join Naval District Washington for a private event at Kings Dominion. Military and DoD Civilian personnel will enjoy a day of exclusive access to the park, free parking and hardly any wait times! Tickets can be purchased online at Kingsdominion.com/save

Craftech

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Craftech.

Fitness Center

540-653-8580

Visit us online at www.NavyMWRDahlgren.com/fitness-sports to view the Group Exercise schedule, 2017 Race Series schedule, upcoming classes and leagues!

Chiefs vs. Chiefs Select Softball Game

September 1, 2 p.m. Rain Date: September 8

Location: Duke Field

Join us at Duke Field for a Chiefs vs. Chiefs Select baseball game! Cost: Free

Fruit & Veggie Trivia

September 12 & 26

How well do you know your fruits and vegetables? The Fitness Center will display three fruits and three vegetables the week of Sept. 12 and 26 to test your fruit and veggie knowl-

edge. A winner will be drawn on Fridays to win a prize. Cost: Free

Race Series Wrap Up 5K & Race Series Awards

September 13, 11 a.m.

Join us at the Dahlgren Fitness Center for the final run of the Dahlgren race series! Recognition awards will be given out after the race. Rain date: September 14. Cost: Active duty, Free. All others, \$5.00

General Library

540-653-7474

S.T.E.A.M. Pre-School Literacy Classes

Wednesdays at 5 p.m.

Our S.T.E.A.M. classes are geared toward pre-school and kindergarten aged children. They will develop their literacy skills as well as engage in the arts. Siblings are always welcome! Cost: Free

Early Literacy at your Library

Fridays at 10 a.m.

The Dahlgren General Library offers early literacy sessions for your baby and child, with songs, books, and activities that encourage early literacy development. Activities and crafts will be geared toward babies and children under age 5. Siblings are always welcome to attend. Our Friday story times are a great way to meet other caregivers in the area. Cost: Free

One-on-One Computer Help

September 5, 3 – 5 p.m.

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: Free

Paws for Reading

September 12, 3:45 – 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companions. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library.

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Football Tailgating Sundays

at 1 p.m. Enjoy great food while you watch your favorite football compete!

D.C. Touring Day

September 2, Van departs at 10 a.m. Spend the day in D.C. and take advantage of our GoCards to enjoy at least 3 attractions at a fraction of the cost!

Pajama Day

September 5, Stay comfy with us at the Liberty Center in your pjs!

Wing Wednesday & Trivia

September 6 & 20, 3:30 p.m. Come eat free wings provided by Gray's Landing while you play a round or two of trivia.

Free Movie Friday

September 8, 10 p.m. Join us at the Base Theater, Enjoy a free movie, candy, drink, and popcorn on us!

Fire Pit

September 9, 7 p.m. Join the

campfire at the Liberty Fire pit with s'mores and hot dogs

Patriots Day Kings Dominion

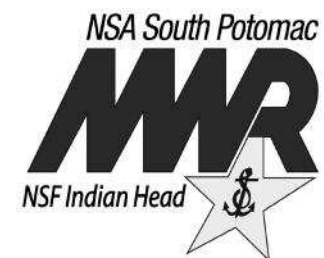
September 10, Van departs at 10 a.m. NDW has Kings Dominion booked for the whole day! Enjoy the amusement park with your fellow sailors. Cost: \$9.50

Video Game Tournament

September 12, 6 p.m. Celebrate National Video Game day with a video game tournament.

Paint Night

September 14, 6-10 p.m. Show off your painting skills at Liberty!



Stay Connected with your Indian Head MWR!

Indian Head Child & Youth

CDC 301-744-4458

CYP 301-743-5456

Teen Open Recreation

Open to ages 13 – 18 from 6:30 – 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850 or 301-744-4648

Storybook Yoga

Thursdays from 10:30 – 11 a.m.

Let's have fun with books, get energized and mimic nature and the world around us using our bodies. Open to children and their parents, grandparents and caregivers! Cost: Free

Shakes & Skates Day

Sept. 7, 4:30 – 8:30 p.m.

Let's kick-off the school year with a...ROLL and some tasty shakes. Bring your own skates or borrow ours! Skating rink opens at 4:30 pm until 8:15 pm. Makes this a fun family affair!

All Day Play-Doh

Sept. 15, 10 a.m. – supplies run out

September 16 is National Play-Doh Day. This is an opportunity for everyone, wheth-

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NSWC Federal Credit Union
www.nswcfcuonline.org

*Annual Percentage Rate (APR) may vary depending on individual credit history and underwriting terms. All Credit Union loan programs, rates, terms and conditions are subject to approval and may change at any time without notice. Promotional rates are only available for new auto loan applications received in the month of September of 2017. Regular rates and terms will apply for applications received after September 30, 2017. Maximum loan term 60 months. New autos are defined as purchases or rollovers for select model years with less than 20,000 miles. Monthly payment per \$1,000 financed for 60 months is approximately \$17.64 at 2.24% APR. Refinances of existing loans with NSWC FCU do not qualify for this offer. Contact the Credit Union or visit www.nswcfcuonline.org for complete details. Federally insured by NCUA.

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MHIC# 130246

Offer based on 20 squares of roofing with free upgrade to Timberline HD architectural shingles. Cannot be combined with any other offer.

MWR

Continued from page 6

er a child or simply young at heart, to celebrate this iconic modeling clay. We will have Play-Doh available for everyone between 10 am-5 pm. Drop-in to make your own colorful Play-Doh (pre-made, just add food color and take home, while supplies last) or hang-out to play and a creation to display.

Scinetellers presents Pirates Lost at Sea!

Sept. 19, 5:00 p.m.

Ahoy! Set sail with us on a thrilling action-packed adventure about a crew of quirky pirates marooned on a desert island. With mutiny and high-tide looming, they must rescue their salty captain and find a way to build a new ship before all hope is lost . at sea! Explore the incredible science behind clouds, combustion, air pressure and more. Do not miss this refreshing nautical

tale with a twist! All ages.

Peace Day: Tie Dye Shirts & Lava Lamps

Sept. 21, 5:30 p.m.

September 21 is known as the International Day of Peace! We are going hippie style with tie dye shirts and throwing in a STEAM activity of lava lamps. PLEASE NOTE: Registration is highly recommended for this event. Please indicate t-shirt size when registering.

Banned Book coasters

Sept. 27, 5:30 p.m.

Come celebrate Banned Books Week (September 24-30) by making easy DIY coasters to hold your drinks. PLEASE NOTE: Registration is highly recommended. Limited supplies and space!

Storytime Play Dates

Tuesdays at 10:30 – 11:30 a.m.

Parents grab a cup of coffee and mingle with other moms for play dates at the library. First 10 minutes will be a story, song, and a rhyme followed by free play time. For Toddlers and Preschoolers.

Pocono Whitewater Rafting in Pa.

Saturday, Sept. 2

Call 301-744-4850 for details and pricing.

Renaissance Festival in Crownsville, Md.

Saturday, Sept. 23, 9 a.m.

Call 301-744-4850 for details and pricing.

Build Your Own Burger Day

Sept. 18, 11 a.m.-1p.m.

Drop-in during your lunch break to grab a hamburger and add on the delicious toppings. It's Five Guy but with an MWR twist.

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration and let us help you throw a bowling bash that your guests will rave about! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 – 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. –1 p.m. It's time to enjoy your lunch! Take a break from the office and unwind with a game or two of bowling!

Want a quick bite while you play? Visit us online for the menu and to contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 –10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Bowling Leagues

Now Forming

Leagues will be made up of mixed teams of four and substitute bowlers for the upcoming season. Contact Stars and Strikes for pricing and information.

Indian Head Weight House Fitness Center

301-744-4661

Navy-Air Force Half-Marathon

Race Date: Sept. 17, starts at 7:00 a.m.

Online Registration Closes Sept. 10. Late registration will be accepted at

packet pickup. Start/Finish Location: Washington Monument, 2 15th Street NW Washington, DC 20024. Race Distance: 13.1 Miles and 5 Miles Level: Beginner – Advanced Register at <http://www.navyhalf.com/> registration

Navy Youth Swim Test

To attain full access to the Aquatics facility, including slides, diving board and other recreational activities, all youth, 17 and under, must successfully pass the Navy Youth Swim test. Must be able to tread water for a minimum of 60 seconds, jump into the deep end of the pool and return to the surface, swim one pool length (minimum 25 feet) unassisted and without rest using a recognizable swim stroke for the entire distance and exit the pool unassisted. For more information contact the Aquatics Center at 301-744-4616 or the Fitness Center at 301-744-4661. Adult Swim Clinic

Visit Us Online www.dcmilitary.com

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FIGHT FOR
ALZHEIMER'S
FIRST
SURVIVOR.**



At the Alzheimer's Association Walk to End Alzheimer's®, people carry flowers representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest fundraiser to fight the disease. Register today at alz.org/walk.



Walk to End Alzheimer's
Charles County
La Plata Town Hall
September 30 | 8:30 am

**JOIN THE
FIGHT FOR
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SURVIVOR.**



At the Alzheimer's Association Walk to End Alzheimer's®, people carry flowers representing their connection to Alzheimer's — a disease that currently has no cure. But what if one day there was a flower for Alzheimer's first survivor? What if there were millions of them? Help make that beautiful day happen by joining us for the world's largest fundraiser to fight the disease. Register today at alz.org/walk.



Walk to End Alzheimer's
Southern Maryland
Asbury Solomons
September 16 | 8:30 am

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NSWC FCU Hosts Food Drive at Dahlgren

By **BARBARA WAGNER**
South Potomac Pilot

Feds Feed Families, a program designed to bolster local food bank supplies during critical summer months when donations typically drop and need increases, got a boost locally from the NSWC Federal Credit Union, which hosted a "drive-thru donation" program at the Naval Support Facility (NSF) Dahlgren Parade Field on Wednesday, Aug. 23.

Last Wednesday's drive garnered almost 700 pounds of canned and non-perishable foods. That total was added to the nearly 1,767 pounds collected across the base during the annual drive. Proceeds benefit the Dahlgren Chapel for the Chapel Pantry that serves the local NSF Dahlgren community.

The program is coordinated locally through the Dahlgren Chapel and Navy Chaplain Lt. Joshua Okwori on NSF Dahlgren and runs from June 1 to Aug. 31.

Since 2009, through the generosity of Federal employees and Department of Defense service members, the Feds Feed Families Food Drive has collected nearly 69.8 million pounds of food for those in need. Last year alone, more than 12.5 million pounds were donated and provided to food banks and pantries. Of that, the Navy and Marine Corps team contributed over 1.5 million pounds. The Department of the Navy (DoN) was by far the largest Department of Defense donor. The Feds Feed Families campaign was established in response to the "United We Serve



U.S. NAVY PHOTO BY BARBARA WAGNER

Employees from around Naval Support Facility Dahlgren turned out to donate nonperishable foods during the NSWC Federal Credit Union "drive-thru donation" food drive on Aug. 23.

Act" signed by President Obama in 2009, calling on Americans to contribute to the nation's economic recovery by serving their communities.

While typical suggested donations for the Feds Feed Families drive consist of canned and non-perishable goods such as canned or dried

beans, peanut butter, canned meats like tuna or chicken and grains and rice, this year, a new aspect was added to the program encouraging employees to take advantage of a process known as gleaning or clearing the fields of unused produce. Organizations such as the Society of St. Andrew

can provide information for interested volunteers on gleaning opportunities in their area. Volunteers can pick, sort and deliver the fresh produce to food banks, churches and other food providers. Any other donations of perishable goods can be made directly to the local food banks. These types of fresh food offerings are important because a healthy diet includes fresh fruits and vegetables; items that can be difficult to come by for hard-working families who, despite their best efforts, struggle with food insecurity.

The latest estimates from the U.S. Department of Agriculture (USDA) show that in 2016, food insecurity impacted 19 percent of American households at some point during the year. Food insecurity is defined by lacking access to enough food for an active, healthy life for all household members. Even with the assistance that USDA provides, food insecurity is a reality for 50 million Americans and is a very real problem that Federal employees can help address in urban and rural areas alike. Each year, millions of Americans turn to food banks and food pantries for emergency food assistance. During summer months, demand increases significantly, and donations decline as many families with children who participate in reduced and free lunch programs at school are home during daytime hours over the summer.

If you were unable to participate during the Feds Feed Families campaign, the Chapel Annex located on Sampson Road accepts donations year-round.

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Community Notes

Dahlgren Volunteer for Day of Remembrance

Volunteers are needed Sept. 9 from 8:30 a.m. – noon at the Historic Congressional Cemetery at 1801 E. Street SE in Washington D.C. Volunteers will receive T-shirts and lunch. Weather questions call 202-543-0539 and listen to the recording. Email olivia.hunter@navy.mil for info.

Combat Veterans Motorcycle Association Meetings

Combat Veterans Motorcycle Association (CVMA) bike night meet the 4th Thursday in Fredericksburg at Brock's. If interested in CVMA, the support they provide or want to donate contact Jeremy. Cannedy@gmail.com. For more information visit <http://cvmavirginia27-2.org>

Indian Head La Plata Summer Concert Series

The weekly concerts take place Friday evenings on the lawn at La Plata Town Hall from 7-9 p.m. The Sept. 8 is the Dr. Robert Band – Classic Rock with an emphasis on the works of the Beatles.

Community Environmental Outreach

The Department of Public Works is hosting an environmental outreach event on Sept. 23 from 9 a.m. to noon in the Regency Furniture Stadium parking lot (11765 St. Linus Drive, Waldorf). Backyard composting and rain barrel workshops, as well as free document shredding, are available. Advance registration for workshops is required. Charles County Government and the University of Maryland Extension staff are offering one-hour workshops for rain barrels and composting. The first rain barrel and compost bin workshops begin at 9:30 a.m.

Shred Event

Free, secure, on-site shredding services available from 9 a.m. to Noon. Up to five boxes (per vehicle) of personal documents for shredding and recycling. Charles County residents only. For more information, call the Department of Public Works' Environmental Resources Division, 301-932-3599 or 301-870-2778.

Compost Bin Workshop

Participants will learn the

basics of home composting. Registrants receive a free plastic GEOBIN or get instructions on making a wire bin at home. Registration Deadline: Sept. 18. For info call Department of Public Works' Environmental Resources Division, at 301-932-3569 or Luke Gustafson at 301-934-5403.

Rain Barrel Workshop

Take home a rain barrel and learn proper in-home installation techniques, practical uses and how to reduce the impact of runoff on local waterways. Become eligible for a storm water remediation fee credit. Registration Deadline: Sept. 18 For info call Erica Hahn at 301-396-5237 or Jackie Takacs at 240-393-6508. For registration forms and info visit www.CharlesCountyMD.gov/Outreach

Kayak Tours Available at Mallows Bay Park

Paddle through the World War I Ghost Fleet while observing the park's unique wildlife and historic and cultural features. Tours led by an experienced guide. Fee includes introductory kayak lesson, guided tour, tandem kayak (two-per-

son), paddle, and a personal floatation device. 8 years of age and older. Ages 8-17 must be accompanied by an adult. Morning Tours: 9 a.m. – noon \$75/person Afternoon Tours: 1 p.m. – 2:30 p.m. \$45/person Register On-Line at www.CharlesCountyParks.com. For more info call 301-932-3470.

Free Spay/Neuter Clinics

You may qualify for free altering of pets. Call Paw Prints Animal Hospital at 301-885-0263 or Humane Society of Charles County at 301-645-8181 for more details.

Volunteers Needed at the Tri-County Animal Shelter

The shelter is in need of volunteers, ages 14 and older, to assist with caring for the many animals at our facility. Call the shelter at 301-932-1713 for additional information and volunteer paperwork.

Town of Indian Head Car Show

Join with other car enthusiasts on Sept. 10, from 9 a.m. – 3 p.m. at the Village Green at Indian Head for a day of beautiful cars, lunch and a host of other events including a 9/11 memo-

Public Notice

Naval Support Facility Indian Head

Do you have any information about the historical use or disposal of radiological material at Naval Support Facility Indian Head (NSFIH)?

The U.S. Navy is conducting an assessment at naval installations, including NSFIH and the Stump Neck Annex, regarding the historical use and disposal of general radioactive materials (G-RAM). Examples of G-RAM include radioluminescent personnel markers, deck markers, electron tubes, thoriated welding rods, certain types of engine exciters, thorium lenses, radioisotopes used in laboratories, and depleted uranium counterweights. Individuals with information about the historical use or disposal of radiological material at NSFIH or the Stump Neck Annex are invited to provide input and share recollections. To participate in an interview or provide other relevant recollections, contact 844-236-0390 or email (HRA_IndianHead@aecom.com) with contact information. All information provided will be considered in the preparation of an assessment report for NSFIH. All comments, including personal information, provided as part of this assessment are subject to Freedom of Information Act and may be made publicly available at any time.

rial service, a Health Fair and the day will also be a Veterans Appreciation Day and raffles. Registration for cars is \$20.00 and registration forms

National Day of Remembrance Volunteers Needed

Volunteers are needed Sept.

9 from 8:30 a.m. to noon at the Historic Congressional Cemetery at 1801 E. Street SE in Washington D.C. For weather questions call 202-543-0539 or Naval District Washington Regional Community Service Program at 202-433-6854 or email olivia.hunter@navy.mil.



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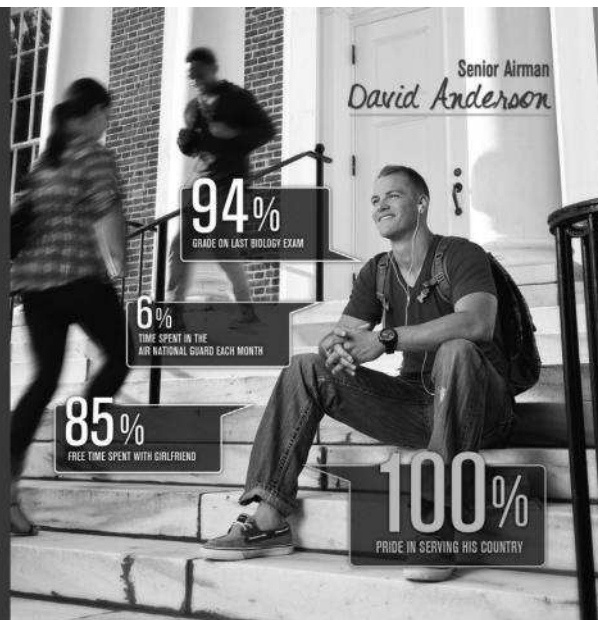
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