



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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smart phone

INSIDE:

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NSWC Dahlgren Division Wins Award for Service Disabled Veteran Owned Small Business Contracts

By **JOHN JOYCE**,
NSWC Dahlgren Division Corporate
Communications

What does a film broadcast by the British Broadcasting Corporation have in common with the success of programs sponsored by the Naval Surface Warfare Center Dahlgren Division (NSWCDD) Small Business Office?

Kris Parker, NSWCDD deputy for small business – who won a Department of the Navy (DON) Office of Small Business Programs award in May 2017 – wrote the answer on the top of a white board in his office.

It's a quote from Matthew Vaughn's film "Layer Cake," spoken by Sir Michael Gambon: "The art of good business is being a good middleman."

"The movie wasn't about the Federal Small Business Program, but I thought the quote was fitting to the fundamental purpose of the office," said Parker, recounting the 2004 motion picture he saw via BBC. "We facilitate opportunities for small business and identify companies to support those opportunities."

As a good middleman, Parker is adept at connecting small business owners and executives with opportunities they can parlay into success stories, and he enjoys it.

An important success story in fiscal year 2016 was the command's ability to award contracts to the tune of three percent, or more, of total contracted dollars



JOHN JOYCE, NSWC DAHLGREN DIVISION CORPORATE COMMUNICATIONS

Kris Parker, Naval Surface Warfare Center Dahlgren Division (NSWCDD) deputy for small business is holding the Department of the Navy Office of Small Business Program Award for NSWCDD's first-time achievement of a statutory small business goal – 3 percent of total contracting dollars to service-disabled veteran-owned small businesses.

to service disabled veteran owned small businesses.

Emily Harman, director DON Office of Small Business Programs, congratulated NSWC Dahlgren Division for its first-time achievement of this statutory

small business goal – three percent of total contracted dollars to service disabled veteran owned small businesses.

"Through your efforts, you have demonstrated the essence of our mission to promote acquisition opportunities where small business can best support the needs of our Sailors and Marines," said Harman in her letter to NSWCDD Commanding Officer Capt. Godfrey Weekes, who presented the award to Parker. "I am confident that you will be able to maintain this level of success."

Each year, the DON Office of Small Business Programs awards the Statutory Goal Achievement Award for initial achievement of a specific sub-category of Small Business.

"This is a command award, and could not have been realized without the continued leadership of NSWC Dahlgren with support from contracts and the technical departments," said Parker.

The efforts of NSWCDD leaders in creating a climate to advance small business opportunities through various small business programs and initiatives have maximized opportunities for interested small businesses, resulting in a whopping increase of more than 58 percent in the command's small business obligations between fiscal years 2012 and 2016.

Moreover, the NSWCDD acquisition and small

See **AWARD**, Page 7

International Partner Visits Dahlgren Training Command



U.S. NAVY PHOTO BY MICHAEL BOVA, AEGIS TRAINING AND READINESS CENTER / RELEASED
Mr. Lloyd Kleinman (left), CSCS International Programs training technology and tools, demonstrates to Commodore Justin Jones (middle), Commodore Training (COMTRAIN), Royal Australian Navy (RAN) and Commodore Peter Leavy (right), RAN's Australian naval attaché to the United States, the Synthetic Combat Operator Trainer (SCOT) and Visual Interactive Simulated Training Application (VISTA).

By **KIMBERLY M. LANSDALE**,
Center for Surface Combat
Systems

The Royal Australian Navy's (RAN) Commodore Training (COMTRAIN) visited the Center for Surface Combat Systems (CSCS) and one of its learning sites, AEGIS Training and Readiness Center (ATRC), co-located onboard Naval Support Activity South Potomac (NSASP), Jul. 5.

Commodore Justin Jones is responsible for all of RAN training. He visited CSCS and ATRC, accompanied by Commodore Peter Leavy, the Naval Attaché to the United States, to discuss AEGIS baseline 9C training, U.S. Navy training initiatives and to see firsthand how the U.S. Navy is training the RAN Sailors manning the new Hobart class of air warfare destroyers (AWD), which are equipped with the AEGIS combat system.

ATRC Commanding Officer Capt.

Pete Galluch and CSCS Executive Officer Cmdr. Chris Simmons welcomed Jones and provided him command overviews, a brief tour of the schoolhouse, and training demonstrations.

"Commodore Jones observed a blended learning solution that includes standard classrooms, hands-on labs, simulations, as well as computer-based and interactive courseware training," Galluch explained. "He was able to see how we have been helping his Sailors implement and execute AEGIS since the beginning of 2014."

Jones, who was appointed his current role in Nov. 2016, enjoyed his time in Dahlgren.

"I was impressed with the quality of training Sailors receive to effectively operate the AWD's AEGIS combat system," Jones said. "I also appreciated meeting with leadership to reempha-

See **VISIT**, Page 7

PRSR STD
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This Week in Navy History

July 14, 1955 — The first flight of jet-propelled Martin P6M sea-plane is completed at Baltimore, Md.

July 15, 1942 — USS Terror (CM 5), the first minelayer built as such, is commissioned. During World War II she participates in Operation Torch, the Battle for Iwo Jima, and the Okinawa Invasion, where she is struck by a kamikaze on May 1, 1945.

July 16, 1915 — The first Navy ships, the battleships USS Ohio (BB 12), USS Missouri (BB 11), and USS Wisconsin (BB 9) transit the Panama Canal, steaming from the Atlantic to the Pacific.

July 17, 1975 — U.S. Apollo (Apollo 18) and Soviet Soyuz (Soyuz 19) spacecraft dock in space, making the first manned space flight conducted jointly by the two nations. The Apollo craft remains for nine days, one hour, and approximately 28 minutes. USS New Orleans (LPH 11) later recovers the Apollo craft.

July 18, 1792 — Continental Navy Capt. John Paul Jones dies in Paris, France. A legend during the American Revolution, Jones argues for Congress establishing a United States Navy. When it fails to do so, the unemployed captain found work as a rear admiral in the Russian navy for a couple of years but eventually returns to France, where he dies. More than a century later, his body is discovered, exhumed, brought back to the United States under huge fanfare and reburied in a magnificent sarcophagus at the United States Naval Academy.

July 19, 1940 — President Franklin D. Roosevelt signs the second Naval Expansion Act.

July 20, 1969 — Former Navy pilot Neil Armstrong is the first man to set foot on the moon, saying, "That's one small step for (a) man, one giant leap for mankind." Armstrong is Commander of Apollo 11, which during its 8-day mission lands on the Sea of Tranquility. Michael Collins is the Command Module Pilot and Edwin Buzz E. Aldrin Jr. is the Lunar Module Pilot.



USS Missouri (BB-11), at left, and USS Ohio (BB-12) in the lower chambers of the Miraflores Locks, Panama Canal, Aug. 31, 1915. View looks north, with USS Wisconsin (BB-9) in the distance.

U.S. NAVY PHOTO

How Does a Turtle Cross the Road?

By **BARBARA WAGNER**
South Potomac Pilot

Very carefully. At this time of year, the number of critter casualties of the road are much higher than normal and no matter how much drivers would like to avoid the fatalities, it is inevitable. However, tips from the Department of Defense (DoD) Partners in Amphibian and Reptile Conservation's (PARC) might help aid drivers in assisting turtles in their migrations. According to PARC, encounters with vehicles on roadways can be a significant source of mortality for many species of aquatic and terrestrial turtles. Turtles may cross roads to move between sources of water, to search for locations to lay eggs and to search for breeding partners. Helping turtles cross roads is a legitimate conservation measure but should only be done when you do not put yourself or others at risk.

- Only assist if a turtle is in imminent danger of traffic and it is safe to move it. Be aware of traffic or other hazards.

- Pick up the turtle firmly with both hands across the middle of its body. DO NOT pick a turtle up by the tail.

- Place the turtle across the road in the direction it was heading. A turtle will attempt to make the crossing again if you put it back where it began.

- Turtles may bite, scratch, or defecate when handled. Be careful as some species such as snapping turtles and softshell turtles may turn their heads completely to the side to bite.



- If available use a broom, shovel, or large stick to encourage turtles that are too dangerous to handle to move out of the roadway.

- Resist the urge to move the turtle to an "appropriate area" for release. Many turtles have home ranges with burrows and other features that they need for survival. Moving them out of their home range could result in their death from predators, exposure, or other factors.

Most DOD installations have an Environmental Branch or Natural Resources Section that can provide more information about turtle conservation or how to handle turtle encounters. For Naval Support Activity South Potomac, the Environmental Division at Naval Support Facility (NSF) Dahlgren can be reached at 540-653-5071 or at NSF Indian Head at 301-744-2269.

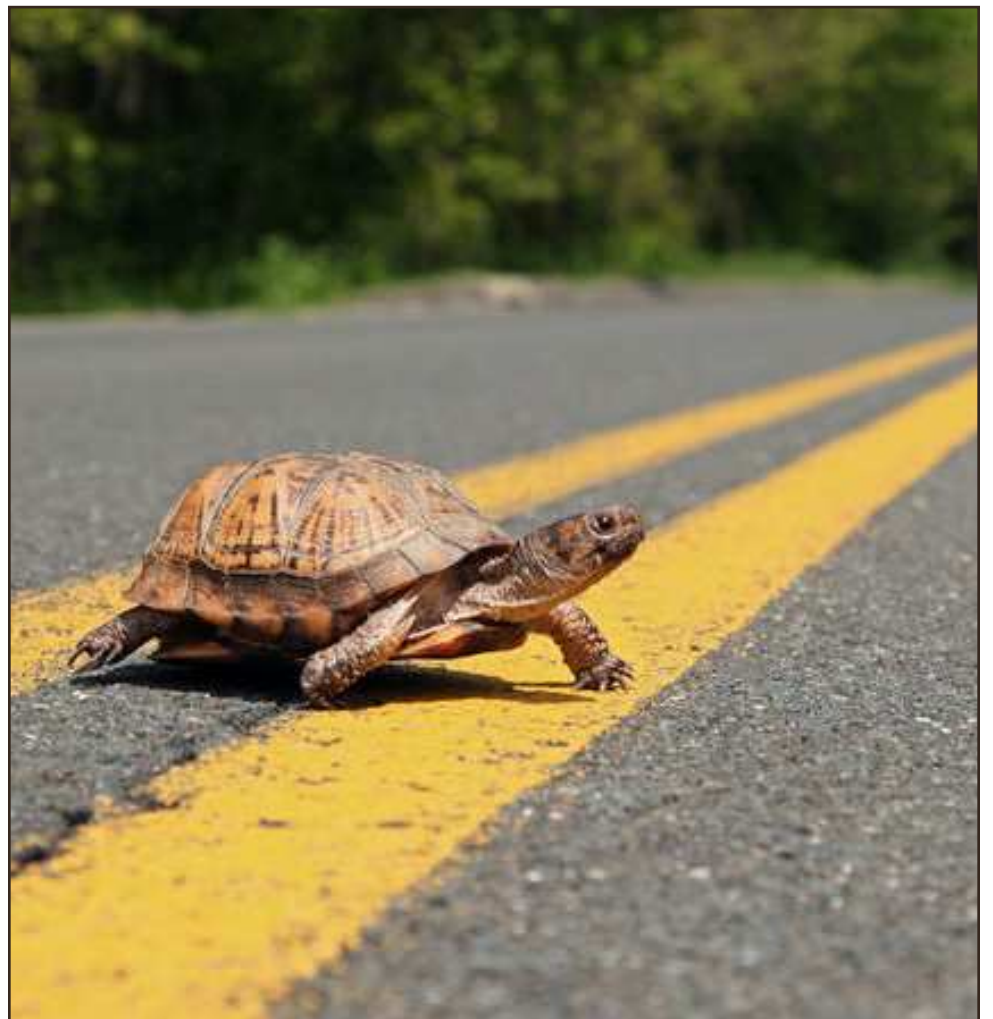


PHOTO BY PAUL J. FUSCO, DEPARTMENT OF ENERGY AND ENVIRONMENTAL PROTECTION/ WILDLIFE DIVISION

Operation Supply Drop Reaches Next Generation of Service Members

By **BARBARA WAGNER**
South Potomac Pilot

In response to a friend downrange, an Army veteran sent a care package in 2010 containing video games in an effort to provide something other than the typical care package with baby wipes, socks and chapstick. That first supply drop, codename "Firestarter," delivered Call of Duty, Guitar Hero and DJ Hero to forward-deployed troops in Iraq; from there, a mission and Operation Supply Drop (OSD) was born.

That mission has grown significantly and by 2017, the organization has benefited more than 400,000 service members, veterans and family members, as well as NATO-partnered military members.

On July 7, Sailors at the Naval Support Facility (NSF) Dahlgren Liberty Center were pleased to be a part of the program with a delivery of more than \$5,000 worth of video games, Microsoft Xbox systems, Starbucks gifts and cards. The "drop" also delivered board and card games, including the highly sought after "Disgruntled Decks," a Cards Against Humanity-type game geared towards service members. A number of Sailors were on hand to enjoy the games and snacks provided by Naval Support Activity South Potomac (NSASP) Morale Welfare and Recreation (MWR).

Stacey Scarabello, MWR marketing manager, was instrumental in bringing Operation Supply Drop aboard NSF Dahlgren.

"There was no better fit in my mind than to have them come directly to our Liberty Center and see where our Sailors spend their time playing games and watching movies while having a bite to eat and socializing with friends after their shift. The great thing about the team at OSD is that they are a mix of veterans, service members, spouses and civilians who are giving back to the military community and can relate to the interests and activities of our active duty service members stationed at NSF Dahlgren. Although the logistics and event were done in a short amount of time, OSD left behind supplies that will leave a positive impact on the Liberty Center long-term," Scarabello said.

Air Force Staff Sergeants Scott Delphia and P.J. Steblen, volunteers from OSD, arrived from Langley Air Force Base, in Hampton, Va. to present the donations to the Liberty Center. Delphia was introduced to the organization following his tour of duty in Afghanistan in 2014. The



U.S. NAVY PHOTOS BY ALICE STANTON

The Liberty Center at NSF Dahlgren was visited by Operation Supply Drop on Friday, July 7. Liberty hosted a Game Day event and to the Sailors' surprise, they played new games on new gaming consoles, and enjoyed snacks with a variety of other card and board games. After a day of gaming, Sailors received an opportunity to attend GEXCon, the largest gaming convention in Fredericksburg, Va. and talk with some of the most involved gamers in the industry.

troops previously assigned in his area of responsibility had left their X-Box game system and one game behind when they returned stateside; Delphia remembered how tough it was trying to get new gear to share and how he wanted to be able to pay it forward. On his return home, he sought ways to create a program with the same mission and it was through that process that Delphia discovered the OSD program and began volunteering. One of the factors that Delphia appreciates most about the organization is that they are providing donations of items that most young service members can enjoy.

"We truly provide the most generationally-relatable support to our service-members," Delphia explained.

Operation Supply Drop not only provides entertainment for troops downrange but also provides services such as mentoring through their Heroic Forces program. Heroic Forces programs provide necessary skills and direction to veterans with an emphasis on small groups and networking. The organization works closely with local and regional companies and service organizations to provide a resource for veterans who need to transition into the civilian workforce.

Games to Grunts, launched in partnership with GovX, provides Xbox, Playstation, Mobile, VR and PC video games to active-military, veterans and their families.

According to the OSD website, the "healing power of gaming" is something many military members understand. They state that gaming provided distraction, unit cohesion and built camaraderie downrange; it also allowed troops to stay

connected with fellow service members and friends after returning stateside.

In addition to Games to Grunts and Heroic Forces, OSD provides relief to some of the most hard-hit veterans — those who require medical assistance when they have left the field. The OSD program "Respawn" provides medically acceptable therapy through gaming, technology and innovation. OSD has been able to provide support to individual veterans, military medical facilities and Warrior Transition Battalions. According to their website, gaming is proven to positively impact recovery and directly help with cognitive processing, balance, range of motion, psychosocial interaction and overall well-being.

On hand at the presentation at the Liberty Center were Naval Support Activity South Potomac (NSASP) Commanding Officer Capt. Michael "Moe" O'Leary and Command Master Chief Jacob Bristow.

"Part of our job is to be invested in the quality of life for our Sailors," Bristow said. "To have people within the community, as well as military, invest in that for our people is good. It allows our people to see that we care about them not only during working hours but after hours as well."

O'Leary added his appreciation to the organization as well for their donations and service.

"Thank you to Operation Supply Drop for supporting our sponsored activity on base and for supporting our active duty Sailors, Airmen and Marines at NSASP"

To learn more about Operation Supply Drop, visit <https://operationsupplydrop.org>.

Indian Head Summer Internship



U.S. NAVY PHOTO BY MATTHEW POYNOR

Each year, Naval Surface Warfare Center Indian Head Explosive Ordnance Disposal Technology Division (NSWC IHEODTD) accepts U.S. Naval Academy (USNA) Midshipmen majoring in engineering, chemistry, physics or a related field for a four-week internship with command scientists and engineers. This year, the command welcomed aboard Midshipman 2nd Class Gabriel Gosney for the summer internship position. During his four-week internship, Gosney is expected to conduct well-defined technical projects under the mentorship of IHEODTD scientists and engineers. Gosney will learn about energetic materials, ordnance and weapon systems, while also honing his scientific and engineering skills.

South Potomac Energy Spark Tip



U.S. NAVY PHOTO

Did You Know?

Ceiling fans do not lower room temperature. However, they make the room feel about four degrees cooler. Circulating air helps you feel cooler like a breeze does outside. So, save energy by turning your ceiling fans off when you leave the house.

Energy Tips Courtesy of NSASP Installation Energy Manager Kathryn Simpson

BASE HAPPENINGS

What's Going on Inside the Fenceline?

**Dahlgren
DMV2Go**

DMV2Go will return to NSF Dahlgren on July 26 from 10 a.m. – 3 p.m. at the Multipurpose Room at Cannonball Lanes. Bring all necessary documents and take care of your Virginia DMV transactions and save some time!

CPOA Taco/Burrito Sale

The Chief Petty Officers Association will hold a taco & burrito sale at Second Tour Thrift Store on July 20 from 11 a.m. — 1 p.m. Get three tacos or a burrito and drink for \$7. All proceeds benefit the NSF Dahlgren CPOA. Be sure to visit Second Tour while you're getting lunch and find some "new to you" treasures!

Second Tour Thrift Store

The store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd., and is open Thursdays from 10 a.m.–2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Our Daily Bread Giveaway

The Chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the Chapel at 540-653-8297.

Indian Head

Beat the Rush! Don't Wait!

Appointments are available now for school and camp physicals for next school year. Call 301-744-4686 to schedule at Branch Health Clinic Indian Head.

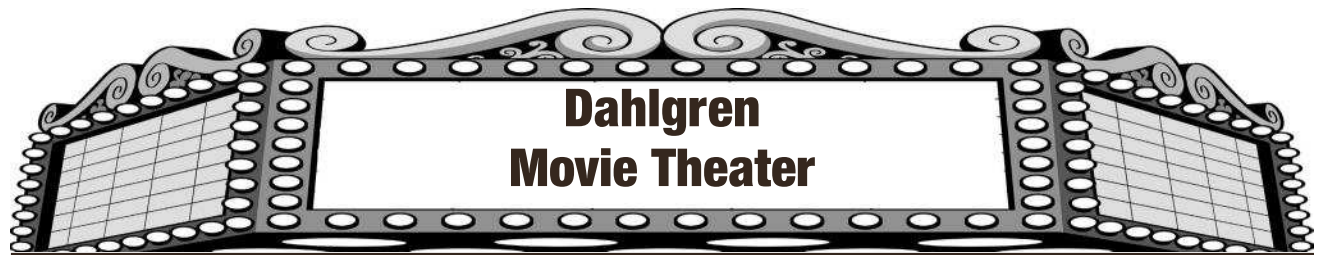
Market Fresh Bistro Now Serving Lunch

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is proudly serving Starbucks beverages and breakfast staples as well as freshly made lunch items. The facility is open Monday — Friday, 6 a.m. — 2:30 p.m.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.

Connect with the Military Community in Your Local Area

Go to
www.DCMilitary.com



Dahlgren Movie Theater

540-653-7336

Price of Shows

Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00.

E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.

*Movies shown in 3D will cost an additional \$1 to ticket price.

Friday, July 14 4 p.m. Fantastic Beasts and Where to Find Them (FREE ADMISSION) PG-13
Friday, July 14 7 p.m. The Zookeeper's Wife (FREE ADMISSION) PG-13
Saturday, July 15 4 p.m. Cars 3 G
Saturday, July 15 7 p.m. All Eyez On Me R
Sunday, July 16 2 p.m. The Mummy PG-13
Sunday, July 16 4:30 p.m. Megan Leavey PG-13
Monday, July 17 1 p.m. The BFG (FREE ADMISSION) PG
Friday, July 21 7 p.m. Cars 3 G
Saturday, July 22 4 p.m. Transformers: The Last Knight PG-13
Saturday, July 22 7 p.m. The House R
Sunday, July 23 2 p.m. Cars 3 G
Sunday, July 23 4:30 p.m. Transformers: The Last Knight PG-13

For movie listings online, visit www.NavyMWRDahlgren.com/recreation and select the Dahlgren Theater.



Aquatics Center

540-653-8088

Junior Lifeguard Program

August 7-10, 9 a.m. – 3 p.m.

Find out if you have what it takes to be a lifeguard. Learn the basic lifeguard skills and shadow guards while they work. Be prepared to swim every day! Class size is a minimum of three and maximum of 10 participants. Eligible patrons include all children, ages 10 to 14, with base access. Register at the Aquatics Center by August 2. Cost: \$150.00

Auto Skills/Outdoor Recreation

540-653-4900

Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer Rentals from www.NavyMWRDahlgren.com/recreation and select Outdoor Recreation Rentals.

Cannonball Lanes Bowling Center

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00. Shoe Rental: Military \$1.50, Civilian \$2.50.

Child & Youth

CDC I 540-653-4994 / CDC II

540-653-4342

YAC 540-653-8009

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Missoula Children's Theater July 17–21

The Dahlgren Youth Activities Center and Missoula Children's Theater welcome all children, ages 6-18, to audi-

tion for this year's production of "The Tortoise Versus the Hare"! Auditions will be held on Monday, July 17 at 9:30 a.m., at the Dahlgren Theater. Practices will run all week, after auditions close.

Community Recreation

540-653-8785

Back to School Bash

August 3, 11 a.m. – 1 p.m.

All with base access are invited for an afternoon of fun with inflatables, games, a carnival ride, video game truck, library card sign-ups and DIY chalkboards, lunch, school supplies giveaway, vendor information tables and more! Active duty military members can

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SOUTH POTOMAC PILOT

NSA South Potomac • Office: 540-653-8153 • 540-284-0129

www.dcmilitary.com/dahlgren

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non-merit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Editorial content is edited, prepared, and provided by the Public Affairs Office, NSA South Potomac. News copy should

be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

Capt. Michael O'Leary

Commanding Officer,
NSA South Potomac

Jeron Hayes

Public Affairs Officer,
NSA South Potomac

Andrew Revelos

Editor

Barbara Wagner

Staff Writer

MWR

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register online to pick-up a filled backpack at the event through Operation Homefront by visiting <http://www.operationhomefront.org/event/list> and selecting the Dahlgren event.

Kings Dominion Season Pass Sale Extended Through July 31

Purchase a Kings Dominion Gold Season Pass now through July 31 for only \$81! The Gold Season Pass includes parking, admission to Soak City and Halloween Haunt.

Bowie Baysox Tickets

August 8
The Tickets & Travel Office has free tickets to the Bowie Baysox vs Harrisburg Senators game on Tuesday, Aug. 8!

Stay to enjoy fireworks afterward. Limit 8 tickets per family. Open to all MWR eligible patrons with ID.

NDW Patriots Day at Kings Dominion

September 10, 10 a.m. – 8 p.m.

Join Naval District Washington for a private event at Kings Dominion. Military and DoD Civilian personnel will enjoy a day of exclusive access to the park, free parking and hardly any wait times! Cost: \$19/person, children ages 2 and under are free. Tickets can be purchased online at <http://kingsdominion.com/save>. Ticket prices will increase after July 31.

Craftech

540-653-1730

Craftech offers a variety of services including framing and matting, engraving on plaques, metals, glassware, leather, stone and more, embroidery, flag and shadow boxes, Tiffany style stained glass, fusing, bottle slumping and firing.

For more details, visit www.NavyMWRDahlgren.com/recreation and select Craftech.

Fitness Center

540-653-8580

Visit us online at www.NavyMWRDahlgren.com/fitness-sports to view the Group Exercise schedule, 2017 Race Series schedule, upcoming classes and leagues!

20,000 Lb. Club

July 17-21, during open hours

Lift 20,000 pounds in squat,

deadlift, bench and overhead press over the course of a week to get into the club! Open to all with base access. Cost: FREE

Beat the Heat Run

July 19, 6 a.m.

Get your 5K in early and beat the summertime heat! Open to all with base access. Rain date: July 20. Cost: Active duty, Free. All others, \$5.00

General Library

540-653-7474

Storytime at the Library

Wednesdays at 4:45 p.m. and Fridays at 10 a.m.

Play, learn, & explore together! Join us at the library for songs, stories, crafts, and playtime! Wednesday evening will be STEAM story times with fun experiments geared towards pre-school and kindergarten children. Friday story times will include baby geared songs as well as books and crafts for pre-school ages.

Summer Reading Midway Party

July 19, 5 – 7 p.m.

Stop by the library for our summer reading midway party, activities for all ages, even adults! Space is limited so please register online for each session ([http://engaged-](http://engaged-patrons.org/EventsCalendar.cfm?SiteID=6188)

[patrons.org/EventsCalendar.cfm?SiteID=6188](http://engaged-patrons.org/EventsCalendar.cfm?SiteID=6188)) Pasta dinner to be served.

Teen/Adult crafts, ages 13+: DIY book bricks (bookends or door stoppers)

Kid activity, ages 12 and under: Engineer your own working book clock! (will require parental assistance), use one of our old books or bring in your own. All ages: DIY book painting

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Ice Cream Sundae Sunday

July 16

Stop by Liberty throughout the day for an ice cream sundae to celebrate National Ice Cream Day.

Hot Dog Eating Contest

July 18, 6 p.m.

Bring your appetite to the Liberty Center for a hot dog eating contest to celebrate National Hot Dog Day!

Midnight Pool Party

July 21, 11:30 p.m.

Join Liberty for a pool party at the Dahlgren Aquatics Cen-

ter! Enjoy a game of volleyball or water polo. Floats and food will be provided!

Fire Pit

July 22, 7 p.m.

Join the campfire at the Liberty Fire pit with s'mores and hotdogs.

Domino's Pizza & Movie Night

July 25, 3:30 p.m.

Come in and enjoy free, hot and cheesy pizza at Liberty along with your favorite newest movie!



Stay Connected with your Indian Head MWR!
Indian Head Child & Youth

CDC 301-744-4458

CYP 301-743-5456

**Say it With Music
Celebrity for a Day
Summer Experience**

August 14 – 18

Registration open now!

If you can rap, sing, or write

poetry, then you can be a celebrity for a day and record your vocals using a professional recording studio! Make a CD! After you create the song, you will film a music video that will be on YouTube or Vimeo! For more information contact the Youth Activities Center at YC.NSASP-INHD.fct@navy.mil

Teen Open Recreation

Open to ages 13 – 18 from 6:30 – 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850 or 301-744-4648

Storybook Yoga

Thursdays from 10:30 to 11 a.m.

Let's have fun with books, get energized and mimic nature and the world around us using our bodies. Open to children and their parents, grandparents and caregivers! Cost: Free

MWR Crab Feast

July 15, 4 – 8 p.m.

Location: Overlook Park at the Mix House

Pack it on with us at the MWR Crab Feast held at the Mix House's Overlook Park. With scenic views of the Potomac, all you can eat food, live music, and great company, what more can you ask for? Cost: \$30 for Adults, \$10 ages 13-17, and Free under 13! For more information, call the Community Recreation Center at (301) 744-4850.

Harry Potter Birthday Party

July 17, 4:30 p.m.

Celebrate the 20th anniversary of Harry Potter and the Sorcerer's Stone being published with crafts, games, Butterbeer, and owls, too.

Maker Camp — Perler Beads

Thursday, Jul. 20, 1:30 pm

Registration is required. Please contact the Library at 301-744-4850 to register. This summer, join other budding inventors, tinkerers, and artists who enjoy creating, crafting, and learning. Join us for this great Maker Camp to keep the summer reading spirit rolling! If you haven't registered already, summer reading is open to all ages from babies to adults. Register online &

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HELP GIVE OUR MILITARY FAMILIES A HELPING HAND.

Wounded Warriors Family Support (WWFS) is an independent nonprofit organization whose mission is to improve the quality of life for our combat wounded.

Earning Charity Navigator's highest four-star rating, WWFS serves veterans and their families across the country in a variety of ways: Respite, Family Retreats, Mobility-equipped Vehicles and Veterans Welding Training.

CFC# 81534
wwfs.org



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Any of Life's Adventures

**GREAT
LOW
RATES!**

MWR

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log your reading by visiting <https://Indianhead.beanstack.org>.

DIY T-Shirt Rugs

July 26, 4-6 p.m.
Location: The Mix House
Create something out of nothing! We're reusing old t-shirts for a fun kitchen or bathroom DIY rug! If you want, bring some old tees and your imagination and meet us at the Mix House for a stress-free good time! The more the merrier! Cost: Free

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Hot Enough For 'Ya Picnic!

July 21, 6 p.m.

Come and celebrate "Hot Enough For 'Ya Day" early with us, at the Tiki Bar! Bring your shades, some sun block and a few of your friends while we enjoy some music, light fare and six NEW drink specials. It will be nothing but fun in the sun as we overlook the beautiful Potomac River sunset! Cost: Free

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Unaccompanied Active Duty Military.

Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

Party Rental

Rent Stars & Strikes for your next celebration and let us help you throw a bowling bash that your guests will

rave about! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes four private lanes, shoes, cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 – 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. – 1 p.m.

It's time to enjoy your lunch! Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you

play? Visit us online for the menu and to contact Stars & Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday, 5 – 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Red, White and Hooray!

During Open Bowl

We appreciate your service! All military members bowl one game free Friday and Saturday nights in July!

Bowling Leagues

Now Forming

Leagues will be made up of mixed teams of four and sub-

stitute bowlers for the upcoming season. Contact Stars and Strikes for pricing and information.

Indian Head Weight House Fitness Center

301-744-4661

Sprint Triathlon

Registration Open

Drop into the WHFC to register for the Sprint Triathlon, which will be held on August 4, from 7 a.m. – 1 p.m. Test your strength and endurance in a 400-meter swim, 12-mile bike ride and 2.8-mile run. Cost : \$15 for military and \$25 for all others. Registration ends July 28.

Community Notes

Local Events on Both Sides of the Potomac

Dahlgren

Lego Engineering Camp

Camp takes place at King George Middle School, July 31 – August 4th. Two sessions — Intro to STEM using Lego, 9:00 a.m.–12:00 p.m. for ages 5 – 6 and STEM Challenge using Legos 1 – 4 p.m. for ages 7 – 12 \$139 per child. Learn more at www.play-well.org and register at King George Parks and Recreation

King George Sheriff's Office National Night Out

King George National Night Out is scheduled for August 1 from 5-8 p.m. at the King George High School. The event is a family-friendly community event designed to promote law enforcement — community partnerships, drug and violence prevention, safety and neighborhood unity. Come out for an evening of food, fun and community policing.

Indian Head Shelter Animals Coming to You

The Tri-County Animal Shelter will be in your neighborhood with adoptable animals. Stop by and find your new best friend. The next special adoption day will be on July 15, at Pet Valu Brandywine (15904-A Crain Highways, Brandywine), 10 a.m.-2 p.m.

National Pet Fire Safety Day, July 15

Did you know approximately 500,000 pets are affected by fires each year?

Over 700 fires a year are accidentally started by pets. Keep your pets safe by puppy-proofing your home, keeping all electrical cords away from your pets and using flameless candles. Learn more at www.redcross.org/get-help/prepare-for-emergencies/types-of-emergencies/fire/pet-fire-safety.

Team "Handsome Dad" Alzheimer's Crab Feast

AVSI, in partnership with the Town of Indian Head and the Military Alliance Council (MAC), is sponsoring a Crab

Feast in support of finding a cure for Alzheimer's on August 5 from 1-5 p.m. at the Indian Head Village Green Pavilion. Day includes all you can eat and drink, grand prize drawing for an iPad, 50/50 raffle, cornhole tournament, raffle drawings and live music. Tickets can be purchased in advance for \$45, or \$55 at the door. For ticket contact Sheila Zattua at 301-752-0633 or 301-200-8667.

For more events on both sides of the Potomac visit www.dcmilitary.com/south_potomac_pilot

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AWARD

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business best practices promote the use of sources sought requests and industry days for competitive procurements in excess of the \$150,000 simplified acquisition threshold. These events are preceded by announcements of the effort and event, demonstrating the commitment of NSWCDD leadership to a

robust acquisition process that includes appropriate opportunities for Small Businesses. “The standard agenda for our industry days includes an overview of the technical department sponsoring the work, a detailed breakdown of the work in question and an opportunity to learn first-hand how industry may be able to provide support,” said Parker. “These unique events are consistently well attended and facilitate competition and the introduction of new companies into our market. In fiscal year 2016, four new small businesses

who participated in one of these industry day events successfully won prime awards at NSWCDD.” Additional NSWCDD outreach initiatives include face-to-face meetings and counseling sessions between Parker and small and large business entities – about 80 sessions per year, increasing the awareness of Small Business opportunities at NSWCDD, the Navy and Department of Defense at large. Annual internal small business training is also provided for all contracts personnel.

VISIT

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size the USN and RAN’s growing partnership.” CSCS’ international training is coordinated through the command’s Security Assistance and International Programs directorate. Their

mission is to provide allied forces quality training to enable them to develop ready teams capable of operations that maintain and expertly employ surface combatants. CSCS International Programs Director Dr. Darrell Tatro and CSCS International Programs Training Technology and Tools Mr. Lloyd Kleinman briefed Jones on CSCS’ current technology initiatives, including the Synthetic Combat Oper-

ator Trainer (SCOT), a personal computer (PC) based trainer used to train AEGIS operators for the U.S. Navy and military members from partner nations and Visual Interactive Simulated Training Application (VISTA), a PC-based real-time simulation of ship board equipment used to train maintenance operators for the U.S. Navy and military members from partner nations. “We demonstrated how we are currently

training U.S. and RAN Sailors, training tools we have exported to Australia, and future development initiatives that are forthcoming between our two nations,” Tatro explained. “We share a special partnership with the Royal Australian Navy and we will continue to focus on facilitating an exchange of ideas, information and training material as we progress with the AWD program.”



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