



SOUTH POTOMAC PILOT

NEWS AND INFORMATION FOR THE NAVAL SUPPORT ACTIVITY SOUTH POTOMAC DEFENSE COMMUNITY



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INSIDE:

Mornings are
brighter at NSF
Indian Head
with Bistro
opening!

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Scarlet Response begins, CBIRF responds to the call

By **SGT. TERENCE BRADY**
United States Marine Corps

Marines and Sailors with Chemical Biological Incident Response Force (CBIRF) traveled to Guardian Centers, a training facility in Perry, Georgia, to participate and conduct Exercise Scarlet Response 2017.

Scarlet Response is an annual exercise with a focus of developing the skills of the elements of CBIRF while integrating with each other in simulated disaster scenarios. The exercise, which goes from March 20 – 25, is the largest annual event for CBIRF, and it tests the unit's capabilities to react and respond to threats and disasters such as nuclear detonations.

During the first two days of the exercise, the Marines from CBIRF trained in their specific jobs, such as decontamination, with sources available at the training facility.

"The way we prepare for events like Scarlet Response and real world incidents is we set up our full site, which is two tents-one ambulatory, one non ambulatory-and a force protection line for CBIRF responders and first responders alike," said Sgt. Robert Grodzicki, a decontamination section leader with CBIRF. "We also just finished the advanced decontamination course at guardian centers.

"They threw all kinds of wound patterns and stuff like that so that we can provide better care to the casualties that we receive."

After they completed the job-specific training, they began to rotate into different specialties in CBIRF,



U.S. MARINE CORPS PHOTO BY SGT. TERRANCE BRADY

Cpl. Alexander Sutter, left, and Cpl. Vincent Leon, both Marines with Chemical Biological Incident Response Force, fix plywood into a 12-foot trench at Guardian Centers in Perry, Ga., March 20, 2017, during Exercise Scarlet Response 2017. The exercise, which goes from March 20 – 25, is the largest annual event for CBIRF, and it tests the unit's capabilities to react and respond to threats and disasters such as nuclear detonations.

and eventually integrate each other's skills.

"The way we work with the other sections hand-in-hand in CBIRF is the extraction platoon brings us casualties, the identification detection platoon provides us with information so that we understand how to appropriately decontaminate casualties that we received,"

said Grodzicki. "Medical is with us to provide what help we need with the casualties we're presented with upon completion of decontamination to the medical tent."

The Marines develop a better understanding and ap-

See **CBIRF**, Page 2

IAMD WTIs Re-Blue, Bring Latest Tactics Back to Surface Fleet

By Mass Communication
Specialist 1st Class
TIMOTHY WILSON,
Naval Surface and Mine
Warfighting Development
Center (SMWDC)
Public Affairs

More than 40 Warfare Tactics Instructors (WTI) around the fleet gathered Naval Support Facility (NSF) Dahlgren, Va., March 6-10, to undergo "re-blue" or requalification training — an annual regrouping of the best of the best to share and refresh their tactical knowledge and proficiency.

The WTIs underwent four days of the new Integrated Air and Missile Defense (IAMD) re-bluing curriculum at the Naval Surface and Mine Warfighting Development Center's (SMWDC) IAMD Division. This inaugural event was launched to ensure WTIs remain current and familiar with the latest developments in the fast-paced challenging and lethal arena of IAMD.

"Naval aviators must requalify an-



U.S. NAVY PHOTO BY PETTY OFFICER 1ST CLASS TIMOTHY WILSON

Forty-six graduates of the Integrated Air and Missile Defense (IAMD) Warfare Tactics Instructor (WTI) school met at Naval Support Facility (NSF) Dahlgren, Va., to attend the first annual IAMD WTI re-blue requalification training this week. The re-blue training provides IAMD WTIs an opportunity to receive additional tactical knowledge and share critical combat air and missile defense skills gathered over the previous year.

nually in their assigned aircrafts; SEALs maintain regular qualification standards for marksmanship, combat swimmer skills and parachuting. Our WTIs, needed to adopt a similar cul-

ture of rigorous self-assessment to be able to fight and win in the maritime domain," said Rear Adm. John Wade, commander of SMWDC. "WTIs are the tactical center of gravity for the Surface

Navy. Everything they do is to support sea control, and increase the lethality and tactical proficiency of our Surface Forces through advanced training and tactical development. This year's re-blue is a demonstration of us as a community becoming tougher and becoming more offensive to maintain our competitive edge in a competitive environment."

During the re-blue, WTIs were equipped with fresh tactical knowledge to maintain fleet credibility by learning new critical combat air/missile defense skills.

"Tactical knowledge is perishable since tactics, techniques and procedures are constantly evolving to counter agile and proficient adversaries," said Capt. Jim Jones, director of IAMD Division at SMWDC. "IAMD Warfare Tactics Instructors are trained to remain curious, humble, forceful, tactful and credible; and these periodic re-

See **Tactics**, Page 7

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Market Bistro Makes Mornings Brighter at NSF Indian Head



U.S. NAVY PHOTO BY BARBARA WAGNER

A Frappé and a smile! Market Fresh Bistro Barista Megan Hardee serves HM2 Jamal Porter his beverage during the first day of business at the Market Fresh Bistro located inside the Naval Support Facility Indian Head Community Recreation Center. The Bistro is opened now from 6 a.m. – 2:30 p.m.

By **BARBARA WAGNER**
South Potomac Pilot

Mornings just got a little brighter on Naval Support Facility Indian Head as the Market Fresh Bistro at the Community Recreation Center began serving patrons on Monday March 27. Starbucks beverages including coffees, teas, lemonades along with delicious blended drinks are available for purchase. For your morning repast, Market Fresh Bistro offers favorites like muffins, scones and bagels to tempt your tastebuds.

Anthony “Ziggy” Ziegler and his teammates Megan Hardee and Elana Gamble opened the shop at 6 a.m. and by 9 a.m. more than 60 patrons had stopped in for their morning’s favorite pick-me-up. The Market Bistro is opened from 6 a.m. until 2:30 p.m. Monday through Friday and will soon add to their menu selections to provide more breakfast offerings and healthy new alternatives for lunch as well. The grand opening will take place on April 18.



U.S. NAVY PHOTO BY NICHOLE GUERIN

Anthony Ziegler serves one of many patrons that came by on the first day of business at the Market Fresh Bistro located within the Naval Support Facility Indian Head Community Recreation Center. Ziegler and his staff have been preparing for the official opening that will take place on April 18.

A Blooming Good Time Had at NSF Dahlgren YAC for Family Garden Day

By **BARBARA WAGNER**
South Potomac Pilot

Youth and parents alike enjoyed a little spring time planting on Mar. 18 at the Naval Support Facility (NSF) Dahlgren Youth Activity Center (YAC) where they spent time planting flowers and vegetables and learned about gardening, fresh flower arranging and other garden related topics from local expert and florist Dawn Gates.

Gates is no stranger to the YAC, having worked previously having previously worked at Mason’s Florist. She provided a hands-on demonstration creating fresh flower arrangements. Gates demonstrated and allowed them to try their hands at cutting a variety of flowers using floral

shears. They discussed the importance of the length of the flower stem in regards to the size of their vase and the amount of the water inside. Gates explained the importance of keeping the flower leaves out of the water as well.

The children were also able to put together a “Chia head”, similar to those seen on television. They planted grass seeds inside and will have the joy of watching the “hair” grow out over time.

Following those fun tasks the children were able to plant flowers and various houseplants in decorative buckets. Gates demonstrated the correct way to pull the flowers out of the pods and the proper depth and soil to plant the seeds.

Youngsters enjoyed decorating plant-

ers crafted from two liter soda bottles and planting a variety of vegetables including cucumbers, tomatoes, onions, squash, peppers, carrots and potatoes in the planters. Gates explained that while the buckets were good starter locations for the vegetables that they planted, most of them would need to be replanted when the plants become too large for the containers.

“Everyone had a great time,” Takeema Bowen, YAC director said. “We had seven participants and everyone really enjoyed their time. We have invited Dawn to come back during the summer to work with us on another project. Everyone is looking forward to learning more from her and enjoy another day of gardening.”



COURTESY OF DAHLGREN YOUTH ACTIVITY CENTER

Seven gardeners of all ages came out for the NSF Dahlgren Youth Activity Center Family Garden Day on Mar. 18. From left to right: Jelly Manning, Tekeema Bowens, and siblings Jordyn and Taj.

CBIRF

Continued from page 1

preciation for each other’s skills, according to Cpl. Gerardo Cuevas, an extractor with CBIRF.

“We got Marines who are not extractors and we brought them into our world and showed them what to do,” said Cuevas. “It’s important because I get to appreciate [the units] more than before and I get to assist the unit and be a better tool for the unit. Instead of just picking up a casualty I can make ways for other Marines to pick up other casualties and support them.”

Guardian Centers provides CBIRF with resources and a site that allows them to test their skills in ways not available to them normally, according to Sgt. Cody Bennett, a Marine with Technical Rescue Platoon.

“This week we’re doing deep trench [training], which we don’t have the opportunity to do that

often because our trenches in Maryland are eight-feet deep instead of 12 feet,” said Bennett. “It allows us to go off our own baseline and exceed what were used to working with and what were capable of doing.”

Grodzicki added that the exercise presents the unit an opportunity to train in large sustained operations with role players to act as casualties.

“Some of them have small acting backgrounds so they can make it as realistic for my Marines as possible so when something happens in real life we’re better prepared,” said Grodzicki.

The Marines will apply the cross training and lane training they performed in the preliminary days to conduct a 12-hour field op, testing their skills further in realistic scenarios.

“The way I see cross training is the way I see the Marine Corps in general: every Marine is a rifleman,” said Cuevas. “Every Marine is [expected] to pick up a rifle and go into combat. It’s the same way with CBIRF. At the end of the day, we all have to be able to pick up the job.”



U.S. MARINE CORPS PHOTO BY SGT. TERENCE BRADY

Marines with Chemical Biological Incident Response Force extract a casualty from a destroyed car in the aftermath of a simulated disaster March 22, 2017, during Exercise Scarlet Response 2017. The disaster is part of a 12-hour field event where CBIRF will work together to extract and provide services to victims and casualties of a disaster, including decontamination and medical care.

CO's Corner — Women's History Month

By **NSASP COMMANDING OFFICER
CAPT. MARY FEINBERG**

Throughout the month of March, we have had the opportunity to reflect on the accomplishments of women, both civilian and military, and honored the advancements that women have made that have benefited us all. Throughout our military's history and most certainly the Navy's history, women have played a critical role in forming what is the most powerful Navy globally with the most diverse missions and the largest area of responsibility.

As the month draws to a close, I am reminded of the women I have encountered throughout my Naval career who have served as inspiration for many, including me. When I first started my flight training and subsequent first P-3 flying tour, there weren't many women in the community that had forged the way. I am grateful to those women across the fleet who have provided the benchmark for those of us who now have the privilege to serve as mentors for future generations of Naval excellence.

Although we recognize that we have yet to attain complete equality, we have come a long way since the '60's when both of my parents



served in the Navy. At that time, women were honorably discharged when they found out they were pregnant. My mother was one of the women who had to step away from her Navy career to raise a family. Today, we recognize the invaluable service that women provide across the fleet and across our armed services, and are striving for better solutions to allow for the



flexibility of family and service. The two are not mutually exclusive.

In the 50's, women comprised less than two percent of our armed forces. As of 2016, 100 percent of the Navy's billets are open to females and we see women fulfilling billets as Naval aviators, Naval base and Naval air station commanders, submariners, as well as members of the elite Blue Angels.

While today nearly 20 percent of the Navy's active and reserve staff are female, we are still working towards the goal of 25 percent that was

established in 2015 through efforts spearheaded by the Vice Chief of Naval Operations at the time, Adm. Michelle Howard.

That 25 percent is an important number — it represents the tipping point for women that will integrate fully into the Navy's workforce. We see female representation rise in many ratings considered non-traditional for women, like aviation ordnancemen and operational managers, and that shift can only succeed in enhancing our service.

Unlike previous eras, where women often times functioned in the shadows, performing at the same level as their male counterparts without the recognition due them, today's Navy recognizes all Sailors, including females, for their outstanding accomplishments, and I am encouraged that the idea of "Hidden Figures" is something from another generation.

Across the Naval Support Activity South Potomac command, we see that the mission cannot be completed without both our male and female counterparts. A diverse Navy workforce is a strong workforce and I want to ensure that we as a command continue to extend that inclusiveness to all Sailors as we honor those who have paved the way and offer mentorship to the next generation of U.S. Navy Sailors.

DOSC Second Tour Thrift Store

Last Day to Apply for Scholarship/Charitable Donation Apr. 1



U.S. NAVY PHOTO BY BARBARA WAGNER

The Dahlgren Officers' Spouses' Club (DOSC) Second Tour Thrift Store located on Sampson Ave. is bursting with bargains! Easter outfits for the children (and yourself) along with attractive home decor abounds. The funds raised through the sales at the Thrift Store benefit DOSC scholarships and charitable donations awarded each year. Apr. 1 is the final day for students to apply for the Dahlgren Officers Spouses' Club (DOSC) annual Rosemarie Blades Honorary Scholarship and for non-profit organizations to apply for a charitable donation from the DOSC. For more information, application and guidelines for applying please visit their website at <http://dahlgrenosc.webs.com/scholarshipsandcharities.htm>

A Richmond Tradition - Running with the Troops

5K
RUN-WALK OF REMEMBER
SATURDAY APRIL 22, 2017

Chip Timed! **6th Annual** **PRIORITY AUTOMOTIVE**

**April 22nd, 2017
Saturday @ 8 am**

Virginia War Memorial & Hollywood Cemetery

Units

Run in formation and compete for the Priority Automotive Spirit Cup. (must register your unit to participate)

Command Run

Register five runners from your Command - lowest combined time wins! (limited to first five Command Run Teams)

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To register or with your questions, please contact
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BASE HAPPENINGS

What's Happening Inside the Fenceline?
Dahlgren

Women's History Month Observance

Meet the women who broke barriers as a hidden figure in the U.S. Navy. Ms. Raye Montague, a retired engineer will be the keynote speaker on Apr. 4 at Dahlgren Base Theater from 9:30 – 10:30 a.m. For more information contact Marcella A. Bushrod at 653-4015.

DOSC 2017 Charitable Donations Deadline April 1

The Dahlgren Officers Spouses' Club is accepting requests from non-profit organizations for funding. DOSC operates Second Tour Thrift Store and all proceeds are given back to the community. To apply, send a description of how your organization serves the community and/or local military, and how the organizations will benefit. Mail entries to DOSC, Attn: Charities Committee, 722 Sampson Rd., Dahlgren, VA 22448. *Entries must be postmarked by April 1. For more info, call 443-521-6146.*

VITA Appointments Available

Volunteers at the Fleet and Family Support Center offer free tax preparation assistance to active duty and retired military and family members. For appointments call 540-653-1839.

Second Tour Thrift Store

The Second Tour Thrift Store offers a wide assortment of quality used items at incredibly low prices. The store is located at 722 Sampson Rd., and open Thursdays from 10 a.m.–2 p.m. for all shoppers with base access. 'Like' on Facebook @DahlgrenSecondTour

Our Daily Bread Giveaway

The chapel provides a bread and baked goods giveaway, with donations from Walmart at the Chapel Annex on Tuesdays beginning at 11 a.m. For any questions contact the chapel at 540-653-8297.

Indian Head

Market Fresh Bistro Now Open

The Market Fresh Bistro at the Naval Support Facility (NSF) Indian Head Community Recreation (ITT) and General Library is now opened and is proudly serving Starbucks beverages and breakfast staples. The facility opens at 6 a.m. and will close at 2:30 p.m.

USO Little Patriots Playgroup

Come to the USO for fun, music, storytime and friendship on Apr. 5 at 10 a.m. For children five and younger and their parents/caregivers.

Bakery Bonanza at the USO

The USO is offering a free bread and baked goods giveaway, with donations from local grocery stores on Apr. 6 from 9 a.m. to 1 p.m. Pick from a wide selection of bread, cakes, cookies, muffins, pies and more.

To publish information on your event or program under "Base Happenings," contact Andrew Revelos at 540-653-6012 or email Andrew.revelos1@navy.mil.



Aquatics Center

540-653-8088

Private Pool Parties

Keep summer going with private pool parties and book your get-together at the pool! Contact the Aquatics Center to make a reservation.

Underwater Easter Egg Hunt

April 8, 11:30 – 1 p.m.

Join us at the Aquatics Center and dive into an underwater Easter egg hunt! Open to all with base access, ages 4 – 10. Registration is required by Apr. 3 and children must be able to swim to attend. Regular admission applies.

American Red Cross Lifeguard Training

April 10 – 14

All are invited to take Lifeguard, First Aid & CPR/AED training! Participants must pass a pretest before continuing this class. Pretest includes swimming 300 (without stopping), showing proper strokes, freestyle and breast-stroke, swimming 50 yards (20 of those yards with a 10lb weight), keeping face above water, in 1 minute 40 seconds or less, and tread water for 2 minutes without using hands. Open to all with base access, 15 years of age and older. Register at the Aquatics Center by April 3. Cost: \$250.00

Float Night

April 14, 5 – 7 p.m.

Bring your inflatable and float your way into the weekend. The pool will close at 6 p.m. if no one is present. Open to all with base access. Cost: Regular Admission

Auto Skills/Outdoor Recreation

540-653-4900

Outdoor Recreation offers a selection of recreation equipment for fishing, camping, picnics, sporting equipment and special events. Download the Outdoor Recreation Gear Issue & Equipment Rental price list, Moon Bounce and Travel Trailer Rentals from www.NavyMWRDahlgren.com/recreation and click on Outdoor Recreation Rentals.

Tire Maintenance Service Class

April 11, 11 a.m. – 1 p.m.

Keep your tires properly maintained. Learn the warning signs to detect a problem before it occurs. Open to all with base access. Cost: FREE

Cannonball Lanes Bowling Center

540-653-7327

Games: Military \$3.00, Civilian \$4.00. Hourly Bowling: Military \$20.00, Civilian \$25.00. Shoe Rental: Military \$1.50, Civilian \$2.50.

Sunday Special

Sundays, 11 a.m. – 5 p.m.

Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays

Tuesdays, 11 a.m. – 9 p.m.

Every Tuesday, get a lane for one hour of bowling for only TEN dollars!

Buy a Game, Get a Game Wednesdays

Wednesdays, 11 a.m. – 9 p.m.

Every Wednesday, buy one game; get the second game for FREE!

All-U-Can Bowl Fridays

Fridays, 7 p.m. – 11 p.m.

Enjoy two hours of all you can bowl! Cost: Military \$6.95/person; Civilian \$7.95/person. Both rates include shoe rental.

Cosmic Bowling

Saturdays, 7 p.m. – 11 p.m.

Enjoy music and lights while bowling!

Bowling with the Bunny

April 8, 3 p.m.

Hop on over to Cannonball Lanes after the Easter Egg-stravaganza and bowl with the Easter Bunny! Cost: \$7.50 per child, includes two games and shoe rental

Child & Youth

CDC 540-653-4994

YAC 540-653-8009

Military Child Care Open Enrollment

There's a new way to request care for School Age Care (SAC) and Summer Camps! Families can now use MCC to request care for SAC programs and Summer Camps all year long. The online system allows you to search for and submit unlimited SAC and Summer Camp requests at any time of the year without waiting for registration to begin! To register and learn more about MCC, visit MilitaryChildCare.com

Hourly Care

Location: Child Development Center and Youth Activities Center

Eligible patrons include all children 6 weeks to 12 years of age. Care is available on a day to day basis and requires advance reservations. Hourly care reservations, as well as payments for care, can be made online at <https://myffr.navyaims.com/ndwcym.html> Cost: \$4.00/hour

Start Smart

Tuesdays & Thursdays, April 18 – May 16, 4:30-5:30 p.m.

This interactive, parent-child workshop allowed children to develop and learn proper motor skills in a non-competitive environment. Start Smart will be held Tuesdays and Thursdays.

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Connect with the Military Community in Your Local Area

Go to
www.DCMilitary.com



SOUTH POTOMAC PILOT

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www.dcmilitary.com/dahlgren

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be submitted by noon on Friday to be considered for the following week's edition. All material is edited for accuracy, brevity, clarity, and conformity to regulations. To inquire about news copy, call 540-653-8153 or fax The South Potomac Pilot at 540-653-4269. Commercial advertising may be placed with the publisher by calling 301-848-0175.

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Dahlgren
Movie Theater

540-653-7336

Price of Shows
Civilian: \$5.00. Active Duty, Retired & Reserve Mil E7 & above & their family members with ID: \$4.00.
E1-E6 & below & their family members with ID: \$3.00. Children (6-11): \$2.00 Children (5 and under): FREE.
*Movies shown in 3D will cost an additional \$1 to ticket price.

Friday, March 31 7 p.m. Logan R
Saturday, April 1 7 p.m. The Shack PG-13
Sunday, April 2 4:30 p.m. The Secret Life of Pets (FREE ADMISSION) PG
Friday, April 7 7 p.m. KONG: Skull Island PG-13
Saturday, April 8 4 p.m. Trolls (FREE ADMISSION) PG
Saturday, April 7 p.m. Before I Fall PG-13
Sunday, April 9 4:30 p.m. Rock Dog PG

For movie listings online, visit www.navywmrdahlgren.com/recreation and select the Dahlgren Theater.
The Dahlgren Theater will be closed due to a scheduled power outage on Saturday, April 1 for 4 p.m. showing;
Sunday, April 2 for 2 p.m. showing; and Sunday, April 9 for 2 p.m. showing.

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days beginning April 18 – May 16 from 4:30 to 5:30 p.m. at the Fitness Center. Open to children, ages 3-5, with base access. Register by April 17, online at <https://myffr.navyaims.com/ndwcym.html> For more

information, call the Youth Activity Center at 540-653-8009. Cost: FREE

Celebrate Month of the Military Child

April 21
Celebrate Month of the Military Child with a STEAM Night and Party in the Park! Events are free and open to all with base access.
STEAM Night – 4 p.m. at the

Dahlgren School: All classrooms will be open and abuzz with STEAM challenges! The PTO book fair will be open from 4-6 p.m. for your shopping pleasure.
Party in the Park – 5 p.m. at Joy Park: Join us for a scientific celebration with STEAM demos, snacks and refreshments, music, Youth Sponsorship Hail & Farewell Ice Cream so-

cial, fun and games!

Purple Up!: Wear purple in support of the military child and receive one FREE game of bowling at Cannonball Lanes and one FREE movie admission at the Dahlgren Theater.

Community Recreation Tickets & Travel
540-653-8785

Easter Eggstravaganza
April 8, 1:30 – 3 p.m.
Egg hunt begins at 1:30 p.m.
Location: Dahlgren Parade Field (Rain Location: Fitness Center Gymnasium)
Join us for an egg hunt, a balloon artist, egg toss, crafts, USO mobile unit, pictures with the Easter Bunny and more! The egg hunt will begin at 1:30 p.m. and will be divided into age groups with prizes for the most eggs collected. Food and drinks will be provided.
Cost: FREE

Join us the same day for these Easter events!

Underwater Easter Egg-Hunt 11:30 – 1 p.m. Join us at the Aquatics Center and dive into an underwater Easter egg hunt! Open to all with base access, ages 4 – 10. Registration is required by Apr. 3 and children must be able to swim to attend. Regular admission applies.

Bowling with the Bunny at 3 p.m. Hop on over to Cannonball Lanes after the Easter Eggstravaganza and bowl with the Easter Bunny! Cost: 7.50 per child, includes two games and shoe rental.

King's Dominion Discount Tickets
Available now at Commu-

nity Rec Tickets & Travel! Tickets are valid now through Oct. 29., Cost: One Day (ages 3+) \$39.00; Two Days (ages 3+) 61.75; Gold Season Pass \$81.00; Pre-K Season Pass (must redeem by April 30) FREE for ages 3-5

Universal Orlando Military/DoD Salute Special

Universal Orlando Resort Military/DoD Salute special is available now at Community Rec Tickets & Travel office. No black-out dates. Tickets will expire in full Dec. 20 and are available for purchase through Dec. 14. Ask about 3-night vacation packages at Universal's Cabana Bay Beach Resort. Valid for active, retired military and DoD civilians.

2 Park, 3 Day Park-to-Park: Adult (ages 10+) 181.00; Child (ages 3-9) \$175.25

3 Park, 3 Day Park-to-Park: Adult (ages 10+) 220.75; Child (ages 3-9) \$215.00

Washington Nationals Tickets

Multiple discounts are available for the Washington Nationals games at Tickets and Travel! The sooner you

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Welcome to Naval District Washington

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order, the better chances are to get great seats! Skip paying taxes, processing fees or convenience fees. Food vouchers are available with most tickets. Orders are only placed on Wednesdays by special order. All orders are placed in advance and must be paid upon ordering.

Craftech

540-653-1730

Easter Bunny Embroidery

Have a name or initial custom embroidered onto a stuffed bunny at Craftech. Orders are available now through Thursday, April 13. Prices and sizes of bunnies vary along with a \$3.00 embroidery cost. Bring your own stuffed animal to be embroidered for \$6.00

Bottle Slumping & Bead Designs

April 13, 4 – 6 p.m.

Bring your empty wine bottle and we'll slump your bottle as a decorative serving plate for cheese, grapes, olives, crackers and more! Choose your bead design based on

your home décor colors. Please bring your wine bottles to Craftech by April 6 for staff to slump so they are ready to decorate. Cost: \$20.00

Fitness Center

540-653-8580

Visit us online at www.NavyMWRDahlgren.com/fitness-sportsto view the Group Exercise schedule, Race Series schedule, upcoming classes and leagues!

Celebrity Streetball

April 7

Watch the Dahlgren All-Star team take on the Celebrity Streetball players at the Dahlgren gymnasium! This event is free and open to all with base access.

3:30 – 5 p.m. Meet & Greet, includes photographs and autographs with players

5 p.m. Basketball clinic for all school aged children

6 p.m. Celebrity Streetball vs. NSF Dahlgren All-Star team

SAPR 5K

April 12, 11 a.m.

Join in the road race to support Sexual Assault Prevention and Response. Open to all with base access. Rain Date: April 13. Cost: Active Duty, Free. All Others, \$5.00

Family Basketball Skills Challenge

April 15, 9 – 11 a.m.

To celebrate Month of the Military Child, join us for a family friendly basketball skills competition course including ball-handling, passing and shooting ability. Cost: FREE

General Library

540-653-7474

Storytime at the Library

Wednesdays at 4:45 p.m. and Fridays at 10 a.m.

Play, learn, & explore together! Join us at the library for songs, stories, crafts, and playtime! Wednesday evening will be STEAM storytimes with fun experiments geared towards pre-school and kindergarten children. Friday storytimes will include baby geared songs as well as books and crafts for pre-school ages.

One-on-One Computer Help

April 4, 3 – 5 p.m.

Need help and don't know where to start? Sign up for a one on one session to work on whatever you'd like! Cost: FREE

National Library Week

April 10 – 15,

Celebrate National Library Week! All week long every

checkout transaction per day or new library card sign up will earn you an entry to win a \$50 gift card!

April 11, 4 – 6 p.m.: Petting zoo, pony rides and pictures with the Easter Bunny

April 12, 4:45 p.m.: Enjoy French toast and a special STEM storytime, engineering with eggs

April 14, 10 a.m.: Special storytime with the Easter Bunny

Paws for Reading

April 11, 3:45 – 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four-legged companions. Reading to a pet can help build confidence in young readers. Register online at <http://engagedpatrons.org/Events.cfm?SiteID=6188> and click on a selected time or call the General Library.

STEM Club: Earth Day

April 25, at 4 p.m.

Learn about saving energy and decorate your own light switch! Cost: Free

Beauty & the Beast Party

April 29, 1 – 3 p.m.

Be our guest at the General Library and enjoy crafts, snacks, games and more! Afterwards, watch a showing of the new Beauty & the Beast at the Movie Theater. A section will be reserved at the Theater for those who attend the Library party. Theater admission is required and concessions will be available for purchase.

Liberty

540-653-7277

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 single/unaccompanied active duty military.

Hiking at Caledon State Park

April 1

Van departs Liberty at 10 a.m. Join Liberty for a day out hiking the trails at Caledon State Park.

Coffee and Book Bar

April 3, 11 a.m.

Stop by the Liberty Center and enjoy one of our many books while sipping a cup of hot coffee!

Wing Wednesday & Trivia

April 5 & 19, 3:30 p.m.

Come eat free wings provided by Gray's Landing while you play an enticing game of trivia!

Root Beer Pong

April 7, 6 p.m.

Start your weekend off right with a fun game of root beer pong! There will be a prize for participants.

Food Truck Rodeo

April 8, Van departs Liberty at 10 a.m.

Join Liberty on a free trip to the Food Truck Rodeo hosted by the Spotsylvania Courthouse.

Ping Pong Tournament

April 11, 6 p.m.

Do you have what it takes? Stop by Liberty for a ping pong tournament. The winner will receive a prize!

Crawfish Boil

April 12, 11 a.m.

Not only in Louisiana can you eat crawfish....you can also eat crawfish with fixings at the Liberty Center while enjoying Cajun music and playing some outdoor games.

National Scrabble Day

April 13

Celebrate National Scrabble day at the Liberty center with a game of scrabble. Available all day.

Free Movie Friday

April 14, 10 p.m.

Enjoy a free movie, popcorn, candy, and a drink. Signup required.

Cherry Blossom Festival Fireworks

April 15

Van departs at 2 p.m.

Join Liberty for a trip to D.C. to see the cherry blossoms!

Easter Sunday

April 16

Happy Easter! Can you find the Golden egg? There will be several eggs hidden throughout the Liberty Center today, all with goodies inside! Find the golden egg and win a special surprise!



Visit us at www.navymurindianhead.com

LIKE us on www.facebook.com/IndianHeadFFR

Indian Head Child & Youth

CDC 301-744-4458

CYP 301-743-5456

Teen Open Recreation

Open to ages 13 – 18 from

6:30 – 10:30 p.m. Contact the Youth Center for more information.

Youth Open Recreation

Open to ages 5 – 12 from 6:30 – 10 p.m. Contact the Youth Center for more information.

Indian Head Community Recreation Center

301-744-4850

or 301-744-4648

Storytime and Crafts

Tuesdays from 10:30 – 11 a.m.

Join us at the Library every Tuesday for a story and a craft!

DIY: Arm Knitting

March 31, 6 p.m.

Join us for the needleless knitting where your arms do the magic! Grab your friends and get on over to Community Rec and prepare to be amazed at what an arm can do! Cost: FREE

Easter Eggstravaganza

April 1, 11 a.m. – 1 p.m.

Help the Easter Bunny find all of his eggs! Enjoy an egg hunt, music, games, crafts, pictures with the Easter Bunny and lots of fun! Egg hunt begins at 11:30 a.m. Cost: FREE.

Indian Head Globe & Anchor/ Tiki Bar

301-744-6487

Make sure to LIKE us on Facebook to see the exciting drop-in events throughout the month.

Indian Head Liberty Center

301-744-4524

The Liberty Center and all activities are for Liberty Center Patrons Only: E1-E6 Single/Unaccompanied Active Duty Military.

Cherry Blossom Festival Trip

Apr. 1

Bus departs at 9 a.m.

Join Liberty for one the area's greatest sights! Jump into Pillow Fight Day, watch the Kite Festival, take a ride in the paddle boats, and so much more! Cost: FREE

Ping Pong Tournament

Apr. 4, 6 p.m.

It's back! Come and show us what you've got! Refreshments, prizes and a good time, what more can you ask for? Cost: FREE

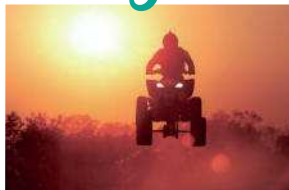
Indian Head Stars & Strikes Bowling Center

301-744-4761

Games: Military \$2.00/game; Civilian \$3.00/game; Shoe Rental \$1.00

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MWR

Continued from page 6

Party Rental

Rent Stars & Strikes for your next celebration and let us help you throw a bowling bash that your guests will rave about! Cost: 2-hour rental prices are \$60 for military and \$70 for civilians. Price includes 4 private lanes, shoes, cosmic lights and a whole lot of fun!

Open Bowling

Fridays and Saturdays, 5 – 10 p.m.

Bored on the weekends? Look no further. Stars & Strikes Bowling Center offers open bowling on Fridays and Saturdays.

Lunchtime Bowling

Wednesdays, 11 a.m. – 1 p.m.
It's time to enjoy your lunch! Take a break from the office and unwind with a game or two of bowling! Want a quick bite while you play? Visit us online for the menu and to

contact Stars and Strikes for more information.

Cosmic Bowling

2nd and 4th Saturday of the month, 5 – 10 p.m.

What glows in the dark and is too much fun to miss? Cosmic bowling at Stars & Strikes Bowling Center!

Apr. Fool's Day Bowling Special

April 1, 5 – 10 p.m.
No jokes, no hoax! Purchase your shoe rental at regular price and receive a game on us!

Indian Head Weight House Fitness Center

301-744-4661

Walk Across America

April 1, challenge runs all month long

You've been challenged to walk from Alcatraz to the White House! Swing by the WHFC for your pedometer and get those 10,000 steps in a day! Complete the journey for a slimmer waistline and a PRIZE! Cost: Active Duty-\$5; Others-\$10

Bike Safety Clinic and Ride

April 5, 11 a.m. – 1 p.m.

Race starts at noon

Learn about bike skills, safety and basic maintenance tips, bike trails and cycling clubs and events. This year we will have a special guest speaker Maize Wimbush, a top-ranked cyclist who will complete a race prep demonstration. Interested in the ride? We have a Beginners route at 10 miles, Intermediate route at 18 miles, and the Advanced route 26

miles for you to choose from! For more information, call the WHFC!

SAPR 5k

April 18, 11 a.m.

Join us in our mission to promote awareness and the prevention of sexual assault with the South Potomac Sexual Assault Prevention and Response team. Protecting our people protects our mission.

Tactics

Continued from page 1

blue gatherings help cement this.”

Jones also said the IAMD WTI Program in Dahlgren stresses the importance of humanistic factors in both combat and the school house. The teaching style is rooted in instant feedback, or high velocity learning, in an atmosphere of mutual trust, support and strenuous long hours. The school house is a place where new and seasoned WTIs may gather to comprehensively exchange thoughts and experiences while challenging each other's tactical ideas since graduating from the program.

“Refreshing our tactical currency and level of knowledge was the goal from the outset, but once again, human factors proved the most important,” said Jones. “The course is long, difficult and stressful – it is meant to be. Completing the course is a rite of passage that leads to a membership in a highly selective group identified by

the black and red IAMD WTI patch.”

According to Lt. Jacob Daniels, a WTI assigned to Center for Surface Combat Systems in Hawaii, “the re-bluing experience surpassed all expectations” and manifested an evolutionary mindset that builds on the initial WTI training.

“There have been some significant changes in how we expect to fight in the Navy,” said Daniels. “By coming together, we have been able to share the new information clearly, quickly and uniformly throughout our cadre. It is apparent just how necessary this sort of forum is to our community.”

Another advantage of this substantial training prospectus is WTIs will fortify their specific shipboard training in Threat-Centric Planning, Aegis Overland Tactics and Threat-Centric Planning for SSDS ships — with the intent of shifting the flow of operational information and tactics directly from SMWDC to the Fleet.

“The current model is molded around a ‘demand-pull’ paradigm where ships pull information from SMWDC,” said Cmdr. Jeff Heames, Operations Officer for SMWDC. “This training

has been created with the intent of proactively pushing the most relevant information to the ships before they have a need to ask.”

SMWDC plans to re-blue all its WTI programs annually to prevent the diminishment of potentially perishable warfighting skills.

“WTIs are the heart of SMWDCs approach to achieving high-velocity learning, as well as high-velocity action,” said Heames. “We gain valued perspective on Fleet challenges from the WTIs and conversely, the WTIs are brought up to speed on the latest trends from the authoritative Fleet repository of tactical information.”

With a continually developing and changing combat environment, coupled with advancing technological innovations, the need for developing cutting-edge warfare tactics is always a necessity.

“Warships operate in environments that can change rapidly, and at SMWDC, we are connected to the material and non-material solutions in place to address these changes,” said Heames. “It is vital to provide the most current information and tactics to ships on the front

lines as well as those who are preparing to deploy.”

Daniels emphasized the value of staying current, and valued the pride and professionalism of the training. He said the new information is mission-appropriate and can easily be incorporated into existing training philosophies.

“This is an exceptional program that gets better with every graduating WTI class,” he said. “The focus and effort on refining our warfare area and developing how we will fight tomorrow is absolutely incredible.”

Heames said WTIs can embark on any ship, and then effectively share their knowledge — thereby enabling unit commanders to confidently employ the latest TTPs and operational trends in any surface warfare specialty.

Heames also added, “This first re-blue adds credibility to the WTI foundation of knowledge. Empowering WTIs with mission-critical information enables them to teach other with the confidence and competence necessary to accomplish any objective — and to fight and win when necessary.”



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