

ALASKA POST

FREE

an edition of the
FAIRBANKS
Daily News - Miner

The Interior Military News Connection

RECYCLED
Recycled material
is used in the
making of our
newsprint

Vol. 9, No. 25

Fort Wainwright, Alaska

June 15, 2018

BOSS, 12th Annual Armed Services YMCA Combat Fishing Tournament

Sgt. Logan Hagga
Fort Wainwright BOSS President

The 12th Annual ASYMCA Combat Fishing Tournament took place in Seward, Alaska on May 24, 2018.

More than 200 Active, Reserve, and National Guard Servicemembers currently stationed in Alaska took to the water at 6 a.m., on an overcast day, all vying for a chance to have the largest catch of the tournament.

Those that set out at that morning not only had to battle in the competition, they had to battle the weather and the waves throughout the day.

An event that started off as two boat captains volunteering their time 11 years ago, has since grown to that of 27 boats this year.

In this year's event, participants had to be in the military grades of between E1 and E5 and for a first time participate, a registration fee of \$25. Those that competed had the chance to win some awesome

See BOSS on page 6



Soldiers and Airmen participating in the BOSS program stop for a group photo during their trip to Seward, Alaska for the 12th Annual Armed Services YMCA Combat Fishing Tournament. The Better Opportunities for Single Soldiers program, or BOSS. (Photo by Spc. Erika Hemmintger)



Fort Wainwright's Army birthday run

On Thursday, June 14, we celebrated the 243rd birthday of the U.S. Army, and at 6:30 a.m., Soldiers of Fort Wainwright formed up and took the roads for the Army Birthday Run. Leading the nearly mile long formation was Maj. Gen. Mark J. O'Neil (center) U.S. Army Alaska commander. Army Birthday Run can be found on Fort Wainwright's Facebook video, at <https://www.facebook.com/FortWainwrightPAO/videos/1803286933024853/>. (Photo by Brian W. Schlumbohm, Fort Wainwright Public Affairs)

How overseas COLA is calculated

Overseas Cost of Living Allowances

Overseas COLA is intended to equalize purchasing power so that members can purchase the same level of goods and services overseas as they could if they were stationed in Contiguous United States. Overseas COLA is calculated by comparing the prices of goods and services overseas with average prices for equivalent goods and services in CONUS. The result of this price comparison is an index that reflects a cost of living. Members will only receive a COLA if the costs are higher in an overseas location. If prices in CONUS are rising at a greater rate than those overseas, a member's Overseas COLA will decrease, and vice versa. However, if prices rise or fall at the same rate, a member's Overseas COLA will stay the same.

Two surveys determine the relative cost of living overseas compared with CONUS:

- Living Pattern Survey - asks service members where (what outlets) they shop and what percentage of goods they purchase locally, at the Commissary/Exchange, and from the internet. Service members can have a direct impact on Overseas COLA indexes by participating in the LPS
- Retail Price Schedule or Market Basket Survey) - annually captures prices of approximately 120 goods and services based on outlets identified in the Living Pattern Survey.

Find out more, at www.defensetravel.dod.mil/site/cola.cfm

Community partnership saves lives

Brandy Ostanik
Medical Department Activity – Alaska, Public Affairs

Blood and blood products are needed every day across our country, overseas and in our local community. In fact, according to the American Red Cross, someone in the United States needs blood every two seconds. For many Army medical treatment facilities, these blood needs are met by the Armed Services Blood Program to ensure a safe, potent blood supply for patients. However, this is not always the case.

Madigan Army Medical Center is our primary supplier for blood and blood products," says Maj. Matthew Cooley, officer in charge of laboratory services at Medical Department Activity - Alaska, "but we are different because we're on sort of a logistical island due to our location and we cannot always get support from Madigan. Then the time it takes to reach out to other ASBP centers is not always feasible while still providing high-quality care to our patients."

To ensure adequate blood supplies at all times, MEDDAC-AK has built a strong partnership with the Blood Bank of Alaska, a civilian collection agency, which provides blood and blood products to MEDDAC-AK when necessary. The partnership not only benefits



Bobbette Brown, a medical technologist at Medical Department Activity – Alaska pulls a unit of blood from a blood storage refrigerator at Bassett Army Community Hospital. MEDDAC-AK blood drives netted 330 units of blood in 2017, potentially saving 990 lives in Alaska. (Photo by Brandy Ostanik, Medical Department Activity – Alaska, Public Affairs)

See PARTNERSHIP on page 3

WEEKEND WEATHER

Friday



Partly cloudy with a high of 64 and a low of 47.

Saturday



Mostly cloudy with showers a high of 63 and a low of 49.

Sunday



Overcast with rain high of 69 and a low of 51.


VS




Softball Game

June 21 from 9-11am
Growden Park, Fairbanks
Spouses are Welcome to Play!



Register to participate online at <https://mlbplayball.leagueapps.com/events/692095-army-fort-wainwright-vs-air-force-eielson-afb-softball-game>

Contact (347) 998-2049 or kerline.batista@mlb.com for more information.

69530354

Tanana Valley Farmer's

TRICARE Retiree Dental Program ends

Staff Report
TRICARE

WHAT'S HAPPENING?

The TRICARE Retiree Dental Program will end December 31, 2018.

TRDP enrollees will have an opportunity to enroll in the Federal Employees Dental and Vision Insurance Program, with coverage effective January 1, 2019.

FEDVIP offers benefits similar to the TRDP and a choice of carriers and plan options. You'll have the ability to select from a number of nationwide, international and regional dental carriers, including Delta Dental. Delta Dental has proudly served the TRDP military retiree community for the last 20 years.

WHEN DO I NEED TO TAKE ACTION?

To avoid any disruption in coverage, you'll need to select a new plan during the Federal Benefits Open Season, which runs from November 12, 2018, through

December 10, 2018, for coverage effective January 1, 2019.

There is nothing you need to do to disenroll from the TRDP, as that will happen automatically at year's end.

WHY CHOOSE A DELTA DENTAL FEDVIP PLAN?

We make it easy to take care of your oral health with great benefits, affordable rates, and a large network of dentists nationwide. The same Delta Dental team you have known and trusted for your TRDP dental coverage also supports our FEDVIP plans.

In FEDVIP, Delta Dental offers a choice between two great plans to meet your needs.

The Standard Plan option offers quality care at a low premium and a per person in-network maximum of \$1,500.

The High Plan option offers greater coverage and an increased per person in-network maximum of \$30,000.

The odds are your dentist is already in-network.

Check our FEDVIP dentist directory to find out.

Visit www.providers4you.com/fedvip.

Preventive care is critical to your overall health and shouldn't cost you anything. That's why it's 100 percent covered under Delta Dental's FEDVIP plans when you visit an in-network dentist.

HOW DO I GET MORE INFORMATION?

Visit <https://tricare.benefeds.com/InfoPortal/indexAction> for more details about the transition and to sign up for email updates. Check out <https://feds.deltadentalins.com/fedvip/index.php> to learn more about Delta Dental's FEDVIP plans. Benefits and rates information for 2019 will be available in October 2018.

Remember, no one has a smile like you. And no one can keep it healthy like us. Military retirees and their families have trusted their smiles to Delta Dental for 20 years.

MEDDAC Minute

Brandy Ostanik

Medical Department Activity – Alaska,
Public Affairs

IMPORTANT PHONE NUMBERS

24 Hour Nurse Advice Line:
1-800-874-2273 Opt. 1
Appointment Line: 361-4000
Behavioral Health: 361-6059
Benefits Advisor: 361-5656
Immunizations: 361-5456
Information Desk: 361-5172
Patient Advocate: 361-5291
Pharmacy Refills: 361-5803
Referral Center: 361-1810
Tricare On-Line:
www.tricareonline.com
Health Net Federal Services:
www.tricare-west.com,
1-844-866-9378

PERFORMANCE TRIAD TIP

Sleep is critical for mental and emotional health. Your ability to perform tasks significantly declines after just a few nights without getting quality sleep. Less than 5 percent of the population can sustain performance on less than 7 to 8 hours of sleep per 24 hours.

FAMILY FUN RUN

Join us for a family friendly 5K run/walk at 10 a.m. June 16, at Bassett ACH to celebrate Men's Health Month. With food trucks, giveaways and bounce house, it's sure to be a hit with the entire family. Race day registration begins at 9 a.m. or can be done online at <https://runsignup.com/Race/AK/FortWainwright/MensHealth5K>.

DO YOU KNOW JOE?

We want to hear from you and starting June 20 the Joint Outpatient Evaluation System will be randomly mailed to beneficiaries requesting input on appointment satisfaction. Your responses will assist MEDDAC-AK leadership to improve services and your overall experience. Look for your envelope in the mail.

A GREAT PLACE TO WORK

MEDDAC-AK has job openings for both clinical and non-clinical positions here at Fort Wainwright. To view job openings go to www.usajobs.gov.

IMMUNIZATIONS

The immunizations clinic at Bassett ACH is open on a walk-in basis Monday through Friday 7:30 a.m. to 3:45 p.m. for all beneficiaries.

TRICARE ONLINE REMINDERS

TRICARE makes it easy to receive a reminder for upcoming appointments. Beneficiaries who have their cell phone number in their TRICARE profile will receive a reminder text 48 hours and two hours prior to their appointment.

TOBACCO CESSATION

Ready to quit tobacco? Let our tobacco cessation educators assist you. Classes are offered weekly at Preventive Medicine (Bldg. 4077) for beneficiaries. Upcoming June classes include 23 and 26 from 9 to 11 a.m., and July 12 from 6 to 8 p.m. To register, or for more information on class content and future dates, call 361-4148.

NEED LAB RESULTS?

No need to come into Bassett ACH or call into your provider. You can get lab results, schedule medication refills, schedule appointments and more through TRICARE Online. Go to www.tricare.mil to log in or create an account.

NEW SERVICE

Did you know you can see a specialist right here at Bassett urinary incontinence, overactive bladder, pelvic organ prolapse and fecal incontinence WITHOUT a referral from your PCM? Call 361-4000, option 4, option 1, option 1 to request an appointment with Dr. Christa Lewis.

Symptoms -
Stress Urinary Incontinence: leakage of urine with cough/laugh/sneeze/exercise

Overactive Bladder: urinary urgency, frequency, urgency incontinence; not being able to make it to the restroom in time

Pelvic Organ Prolapse: vaginal bulge/pressure/feeling like sitting on a ball. Noticing vaginal tissue at or beyond the vaginal opening

Fecal Incontinence: leakage of stool

Weekly Financial Tips: Summer trips

Ryki Carlson
Survivor Outreach Services
Support Coordinator

As summer arrives and children get out of school, vacation becomes a priority. The problem is how to get the most out of those precious days off. Here are some avenues to help you plan a wonderful getaway, whether you are planning for a weekend or longer.

Plan your trip.

Whether you are driving or flying, it's important to plan your trip. You can use AAA's site even if you aren't a member. They can provide a list of campgrounds, events and attractions on your route. Or consider your official state and travel website for finding great sites to see, maps, things to do, and planning help. If you are traveling to an adjoining country, ensure you know the travel documents needed. To get a complete list and tips on international travel visit <http://travel.state.gov>.

Budget your trip.

Budgeting can help you figure out where to go. Ensure you calculate the cost of gas, tolls, hotels, and ferry cost (both ways). Packing a cooler for drinks and snacks along the way can save you money and figure in the cost for coffee stops along the way. To help you calculate the cost of fuel check out www.costtodrive.com or find the best fuel prices at www.gasbuddy.com.

Consider national parks.

An annual pass is available to members of the military free of charge, while Senior citizens over the age of 62 can get a lifetime pass for only ten dollars. The annual pass provides access to more than 2,000 national parks, wildlife refuges, as well as standard amenity fees (day use fees) at national forests. For a complete list by state visit www.nps.gov.

Visit local events.

Wherever you plan on going, check out the local chamber of commerce or state tourism website for local events. Quite often these events are free and

filled with local flavor.

Talk to your bank or credit card holder.

Before you leave on your vacation, call your bank or credit card holder and explain that you will be going out of the area for a certain number of days and where. This will help prevent them from freezing your debit or credit card while you are vacationing. Find out if your credit or debit card has a foreign transaction fee before you go, otherwise it could be quite a shock when you open your monthly statement.

Picking a place to stay on your trip.

Consider the Armed Forces Vacation Club if you looking to visit for a week. They offer great deals for military personnel and their families. Visit www.afvclub.com for all the details. Another wonderful source is your state tourism website for places to stay.

Currency

Depending on your destination, you may need to convert currency. Many foreign countries, accept the U.S. dollar as form of payment. However, the exchange rate is usually less on the local economy. Talk to your bank or credit union to exchange money prior to your trip.

Take a car trip.

If you are traveling by car, ensure you take breaks on your trip. The National Highway Traffic Safety Administration recommends drivers take a scheduled break every two hours. Here are a few items that you should have in the car for those "just in case" moments:

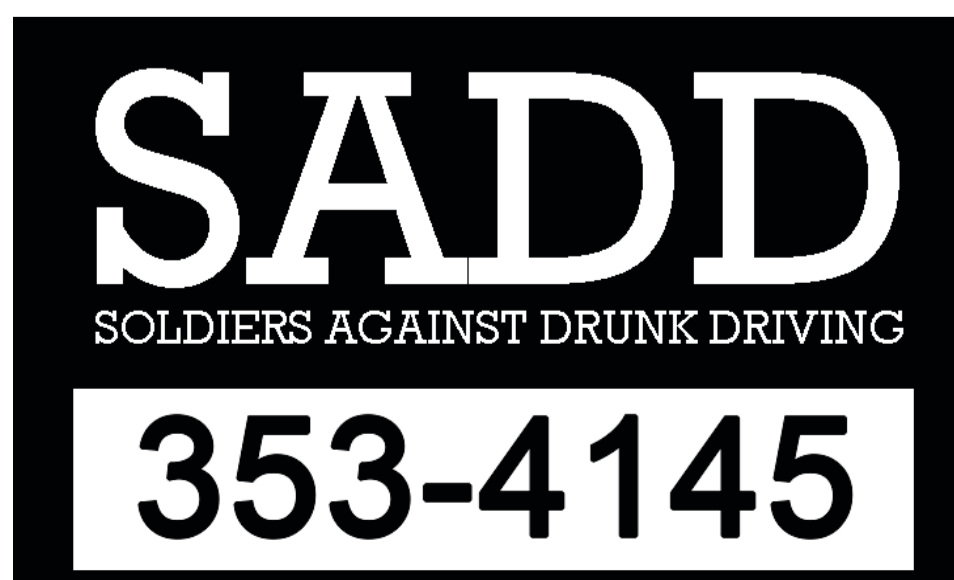
- A first aid kit
- Jumper cables
- Bottled water
- Fruit and/or snacks
- Garbage bags to collect the trash
- A blanket for the spur-of-the-moment picnics at rest area – and naps
- Jump ropes and balls, so energetic little travelers can tire themselves out at rest stops.

Parents magazine offers a great

article for traveling with children at www.parents.com/fun/vacation/ideas/traveling-with-kids-ultimite-guide/.



Fort Wainwright Police: 353-7535



ALASKA POST

The Interior Military News Connection

EDITORIAL STAFF

Garrison Commander
Col. Sean Fisher

Acting PAO/Command Information/Sr. Editor
Brian Schlumbohm

**Community Relations/
Media Relations**
Dani O'Donnell

Staff Writer/Editor
Daniel Nelson

Staff Writer/New Media
Brady Gross

The ALASKA POST is authorized by Army Regulation 360-1 and is published by the Fairbanks Daily News-Miner, a private firm in no way connected with the U.S. Army, and is under exclusive written contract. Contents of the ALASKA POST are not necessarily the official views of, or endorsed by, the Department of the Army. The editorial content of this publication is the responsibility of the U.S. Army Garrison Alaska Public Affairs Office. The ALASKA POST welcomes responsible comments from its readers and will publish letters, articles or photos submitted at least one week prior to the next publication. The ALASKA POST reserves the right to edit or reject submissions. All submitted material will become official Army property unless otherwise indicated. To advertise call (907) 459-7548. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. The Editorial office is located on Fort Wainwright, building 1047 #1; Mailing address is Public Affairs Office, 1046 Marks Road, Fort Wainwright, AK 99703. Call 353-6779 or 353-6760, or send emails to usarmy.wainwright.imcom-pacific.list.pao@mail.mil. The ALASKA POST – The Interior Military News Connection

History Snapshot: Bethel, Alaska 1943

L. Amber Phillippe
Fort Wainwright Landscape Historian

For Soldiers serving in far flung outposts, anything could be a comforting reminder of home and connectivity to others. Signs like this one at Bethel, were not uncommon across military bases during World War II and even more recently.

If you have any stories or photographs to share with the Cultural Resources Management program please call, (907) 361-9329 or email laurel.a.phillippe.ctr@mail.mil.



(Photo courtesy of Levi Ballard)



14TH ANNUAL CHARITY GOLF TOURNAMENT

Friday, June 29, 2018
Chena Bend Golf Course
Ft. Wainwright
8:00 a.m. Shotgun Start

Event Sponsor:

AlaskaUSA
Federal Credit Union

Prizes

- Hole In One Opportunities!
- Team Prizes 1st-3rd
- Men & Women's Longest Drive
- Door Prizes
- Many other giveaways!

Entry Fee:

\$500 per 4 person Team

All proceeds help fund ASYMCA programs assisting local Military Personnel and their Families.

For registration, sponsorship, volunteer opportunities, or other information please call 353-5962.

The ASYMCA is a fully 501(c)3 non-profit organization that does not generate membership fees, but relies solely on the generous support of donors to provide 20+ programs & services for the military in Alaska.

For registration, sponsorship, volunteer opportunities, or other information please call 353-5962.



Bassett Army Community Hospital presents
Sports & School Physical Clinic
May 23, June 5, July 11, July 24, August 1 and August 14 2018
4 p.m. to 6 p.m.
APPOINTMENTS STRONGLY ENCOURAGED
call 361-4000 to schedule

- Bring any special school forms to appointment with patient/parent portion completed.
- If available, bring immunization records to the appointment.
- Medical issues will NOT be addressed unless they are directly related to the physical.
- Ages 3 to 18

District summer learning program open house

Sharice Walker
Fairbanks North Star Borough School District Public Relations Director

On Thursday, June 14, the 21st Century Community Learning Center's Elementary Academy of Science and Technology (EAST) is hosting an open house with program demonstrations to share what students learn during the summer academy.

The open house with hands-on demonstrations and student presentations will run from 5:30 to 6:30 p.m., at Ryan Middle School.

Teachers from area schools are teaching; coding, video game design, movie production, science of fitness, science of cooking, chemistry in art, sewing, and much more. The EAST

program is serving 90 students during the month of June with a full-day program exploring STEM and keeping students' minds engaged.

Students entering 3rd through 6th grade who attended the regular 21st CCLC After School Programs were invited to attend EAST. This program is supported through a 21st CCLC grant, Federal Program support, Fairbanks North Star Borough School District support, and donations through Bright Futures Fairbanks. For more information, call Courtney Havrilek, EAST Coordinator, at (907) 590-378, email,

at courtney.havrilek@k12northstar.org. Or call Julie Wild-Curry, Public Relations Director, at (907) 452-2000 Ext.11251, email, at julie.wild-curry@k12northstar.org.

PARTNERSHIP

Continued from page 1

Soldiers and their families, but the local civilian community as well.

Throughout 2017, MEDDAC-AK sponsored four, two-day, blood drives at Bassett Army Community Hospital and an additional two at Fort Greely Army Medical Home in Delta Junction.

"These MEDDAC-AK sponsored blood drives brought in over 330 units of blood," said Cooley. "Potentially saving up to 990 lives in the interior of Alaska."

While MEDDAC-AK only needed 20 units out of the 330 donated, the MEDDAC-AK leadership believes these drives make the organization a strong community supporter.

"Helping out our community and our community partners is important," said Cooley. "Whether the blood is going to a military member or a civilian, it's helping to save a life, and that's what is important."

"Additionally, being so far removed from ASBP partners and not knowing when we will have an event where we need a large quantity of blood quickly, it is imperative we have a system in place

and our partnership with the Blood Bank of Alaska is that system."

The MEDDAC-AK sponsored blood drives not only bring in units of blood, but it also brings in new blood donors and makes it easier for past donors to give.

Abby Fett, a health systems specialist who has worked at Bassett ACH for eight years is one such donor. "I've known the importance of giving blood for many years," says Fett. "My sister suffers from ulcerative colitis and has needed blood transfusions on several occasions. My family is thankful to those who donated so she could receive the blood she needed and now by bringing the Alaska Blood Bank mobile van here where I work, I can easily give to help someone else in need. You just never know when the blood you give will end up saving someone's life. I feel good about that."

Cooley agrees. "More people than you would

imagine will end up needing blood or blood components such as platelets, plasma and clotting factors derived from blood during their lifetime," says Cooley. "Traumas are what many people believe blood donations are used for and while that is true, there are many other life-giving uses for blood and blood products."

According to the ASBP, blood donations are also used for issues such as cancer and leukemia patients undergoing treatment, those suffering from sickle cell anemia, burn patients and can even assist in sustaining a premature infant's life.

"No matter where my blood is going, or who it is going to, I will keep giving," says Fett. "I'm proud to be a small part in MEDDAC-AK's efforts to saving lives in Alaska."

Weekly Events

June 15 – 22

15

Father's Day Celebration

June 15
5 to 7 p.m.

Let Dad know just how awesome a guy he is with laser tag, wood working, and family activities!

Last Frontier Community Activity Center, building 1044
Call 353-7755, registration recommended

15

Youth Sports & Fitness Registration

June 1 through 29

Summer is just getting started, but the Youth Sports & Fitness Fall Season Registration period is halfway over! The season runs July 30 through September 29, and will include Flag Football, Soccer, Archery, Fat Tire Biking, Cheerleading, and Rock Climbing. The hardest part will be choosing a sport!

Youth Sports & Fitness, building 1045 basement
Call 353-7713

15

B.O.S.S. Brand Activation Team Application Period

June 15 through 24

B.O.S.S. and the Fort Wainwright Family and MWR Marketing Team are partnering with the University of Alaska Fairbanks Community Technical College to create the "Ready and Resilient Leadership - Military Marketing" course. Earn college credits while learning how to be a marketer. This course is open to B.O.S.S. eligible Soldiers.

B.O.S.S., building 1045, Suite 31
Call 353-7648, application and registration required

19

Tuesday Night Trivia

June 19
7 to 8 p.m.

Bring your buddies to the Warrior Zone every Tuesday and team up for Tuesday Night Trivia! Play with friends or challenge each other to see who will walk away the smartest. Winning teams will receive prizes.

Warrior Zone, building 3205
Call 353-1087

JOIN B.O.S.S. AND
**BECOME A
FUTURE
MARKETER**

LEARN MARKETING // EARN UAF COLLEGE CREDITS

**GRAPHIC DESIGN – PLANNING AND MANAGEMENT
COORDINATION – ASSISTANCE – SOCIAL MEDIA**

Get a full introduction to marketing concepts such as sponsorship, planning, creating, executing, auditing, coordinating, and directing a comprehensive marketing campaign

Apply: June 11 – 24

Interviews: June 18 – July 6

For more information visit: wainwright.armymwr.com

Apply online at myarmyonesource.com

*Available to Single Service Members, Singles with Dependents, and Geo-Bachelors.

For more information, contact B.O.S.S. at (907) 353-7648

www.wainwright.armymwr.com
@WainwrightMWR #WainwrightBOSS



BOSS

Continued from page 1

prizes.

Prizes included gold-plated gold pans for the top five largest fish caught, a mystery fish, the smallest fish reeled in, and the 'Chummer of the Year'. This year's largest fish was a Halibut that weighed 90.7 lbs with the smallest fish weighing a whopping .4 pounds. You read that right; four tenths of a pound. Everyone that competed walked away with a prize, donated by the sponsors of the event. There were also 20 cash prizes and Fort Wainwright servicemembers walked away with \$1,250 of it.

In total, 11 servicemembers, ten Soldiers from Fort Wainwright and one Airmen from Eielson Air Force Base took the opportunity to head with the BOSS program on a three day trip from May 23 thru 25. Those in attendance had the opportunity to take in the sites of Alaska, bond with those that attended trip, and meet with old friends. The fishing tournament started at 6 a.m., with all boats lining up at a starting line. A whistle signaled the event's start, as every boat captain had already picked



BOSS group participates in the 12th Annual ASYMCA Combat Fishing Tournament in Seward, Alaska. other military servicemembers made the trip through participating in the Fort Wainwright Better Opportunities for Single Soldiers program, or BOSS. (Photo by Sgt. Logan Hagga, BOSS Program President)

With rough seas, some captains decided to change their game plans in order to avoid bad weather. Vessels returned back to the fishing docks in Seward around 2 p.m. to weigh and fillet the days catch. After the fish were turned in, each participate was invited to a banquet to celebrate the day.

Alaska's Hobo Jim provided the entertainment, as participates had the chance to unwind and share their experiences, and find out who caught the largest fish.

sealed and brought back. Catches included Halibut, Rock Fish, and Sea Bass. Spc. Jacob Smith of A Company, 1st Battalion, 24th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division was recorded to have the largest catch of the group by reeling in a 45.8 lb. Halibut.

All those attending agreed, that it was a great time and experience, and wished they were able to attend the next Annual ASYMCA Combat Fishing Tournament in 2019.

For those that are not familiar with the BOSS program, the acronym stands for, Better Opportunities for Single Soldiers.

Those that are single, single with dependents, or geo-bachelors may attend BOSS events. There are bi-monthly BOSS meetings held on the first & third Thursday of the month at the Warrior Zone, building 3205 on Fort Wainwright, starting at 1:30 p.m.

Meetings are open to anyone who would like to attend. Those that would like to find out more about upcoming BOSS events can view events on the MWR website. Like the Fort Wainwright BOSS Facebook page, or text WainwrightBOSS to (206) 929-4040, in order to receive text messages of upcoming events.

If you missed this fishing trip and are interested, BOSS will be holding multiple fishing trips this year. The BOSS program has teamed up with Family and MWR Outdoor Recreation to host a Chena River King Quest, with three separate trips running from June 30 thru July 2. Cost for a trip is \$30 with space limited to four fishers per

trip.

BOSS will also be hosting two Seward Halibut Trips. First being from July 6 thru 9, and the second trip being held over Labor Day Weekend from Aug. 31 thru Sept. 3. This trip will consist of one day of chartered fishing from the Seward Military Resort. This trip requires a memo to be submitted for registration, and the cost will be \$145. BOSS and ODR have also teamed up for a Clearwater Silver Salmon Fishing trip, slated for Sept. 29, with a cost of \$30, and a maximum of four participates. If you are interested in signing up for any BOSS event or would like more information, call (907) 353-7648.



12th Annual ASYMCA Combat Fishing Tournament Banquet in Seward, Alaska. Military servicemembers made the trip, participating in the Fort Wainwright Better Opportunities for Single Soldiers program, or BOSS. (Photo by Sgt. Logan Hagga, BOSS Program President)

their game plan of where the best fishing spot was located; the boats ranged in distances from 30 minutes to two hours in different directions to find the best spot.

Even though none of those that attend with BOSS brought in one of the top five largest fish, BOSS participants reeled in some weight.

After the fish were filleted, a total of over a hundred pounds were vacuum



Airman Andrew Briggs with his halibut, both participated in the 12th Annual ASYMCA Combat Fishing Tournament in Seward, Alaska. (Photo by Spc. Erika Hemmintger)

IN BRIEF

FINANCE TIP

Did you know that if you take leave during a TDY you need to have your leave authorized in LeaveWeb?

NUTRITIONAL TIP

Be a healthy role model. Show by example; let your child see that you like to munch on raw vegetables.

SUMMER READING PROGRAM

The Eielson AFB Library's Summer Reading Program began June 7, and will continue through July 28. This program is open to all ages. Please call 377-3174 for more information.

OUTDOOR RECREATION SUMMER RESERVATIONS

Book your summer escape with Outdoor Recreation! Bear Lake Family Camp and Birch Lake, and Valdez are now open for summer reservations. Call 377-1232 to make yours! Don't miss out on the summer fun!

CLEP TEST PREP

Are you preparing to take a CLEP (college level placement test) to earn credits toward your CCAF? The Eielson Library holds CLEP Prep every Wednesday at 10 a.m. You can take a practice test before your real one, with immediate results! Space is limited, so call ahead, or call for questions at 377-3174.

PIANO LESSONS

Piano lessons are available at the Eielson City Center. If you or your child have ever wanted to learn to play piano, now's your chance! Call 377-2642 for more information and to sign up

for lessons.

STORYTIME AT THE LIBRARY

The Eielson library holds story time every Thursday from 10 to 11 a.m. for children ages 5 and younger. Come out and enjoy listening to themed story's read by the Library staff or volunteers! Call 377-3174 for more information.

MEDICAL GROUP OFFERS SLEEP ENHANCEMENT CLASS

The 354th Medical Group provides sleep enhancement education classes on Tuesdays from noon to 1 p.m. The class is four weeks long and begins the first Tuesday of every month. For any questions or to register for the class, please call 377-6354.


EIELSON CHAPEL SERVICES

The Eielson Air Force Base Chapel team offers a variety of services. Your Chaplain Corps offers Catholic and Protestant worship services each week and our multi-faith worship center can support the needs of other faith groups. For more information, call us at 377-2130.

Catholic Community:
Religious Formation, 9 a.m., Sundays
Catholic Mass, 10:30 a.m., Sundays
Sacrament of Reconciliation by appointment

Protestant Community:
Contemporary Service, 9 a.m., Sundays
Kids Church, 9 a.m., Sundays
AWANA, 4 to 6 p.m., Sundays
Jr./Sr. High Youth Service, 6 p.m., Wednesdays

Successful Educational Transitions

are  a military dependent?

Enrolled in
K - 12?

and

Transferring
to a public or
a DoD school?

If you answered yes to all of the above the Compact may be help to help you

Eligibility Placement Military **SUBJECT EDUCATION** COMPACT Learning Interstate Course
PCS (06) **MIC3** | **MILITARY INTERSTATE CHILDREN'S COMPACT K-12 COMMISSION GRADUATION**
Enrollment Placement **STUDENT DEVELOPMENT** Lesson Group



Visit www.mic3.net for more information or contact: **MICHAEL CAMPBELL, School Liaison Officer**
michael.p.campbell12.naf@mail.mil
(907) 353-9377

Army Secretary Esper announces 'Army Vision' for 2028

David Vergun
Army News Service

A new "Army Vision" spells out how the Army intends to prepare for possible warfare against near-peer competitors such as China and Russia, while simultaneously conducting irregular warfare, said the service's secretary.

"Within a day or so, the Army Vision for 2028 will be rolled out," said Mark T. Esper, speaking at the Brookings Institute, June 5, where he discussed in detail how the Army plans to grow and adapt over the next decade to an ever-changing threat environment.

To meet that threat, the Army needs to grow the active force to at least half a million, Esper said, adding that there will be similar growth inside the Army National Guard and Army Reserve.

Growing the force will require both the retention of existing Soldiers and the addition of new ones, Esper said. For now, he said the Army is meeting its retention goals -- an indication that Soldiers in uniform today are happy with the work they are being asked to do, and with the opportunities the Army provides to them.

Getting new Soldiers on board through recruiting efforts, however, remains a challenge, he said. That may be a symptom of a private sector economy that is doing well and that has a low unemployment rate. Still, Esper said he thinks the Army should be able to make its recruiting goals.

One tool that may in the near future help the Army attract and retain more talent into service is the Integrated Personnel and Pay System-Army. The new personnel system has been designed

to include, among other things, new tools that will make it easier to identify the unique talents Soldiers bring to the force, and help commanders make use of those talents when they need them most.

The new system factors in the knowledge, skills, behaviors, and preferences of Soldiers and makes assignments accordingly, Esper said. And when coupled with more flexible career models, it will enable the Army to better attract, identify, develop, and place Soldiers in career paths that keep them interested in service over the long term.

To better prepare Soldiers for the high-end fight, the Army is extending One Station Unit Training, or OSUT, to 21 weeks for some combat arms Soldiers. Additionally, the Army is instituting a new physical fitness test that will better indicate a Soldiers combat readiness, he said.

These high-quality Soldiers need to be led by smart, thoughtful, and innovative leaders of character who are comfortable with complexity and capable of operating from the tactical to the strategic level, he said.

The Army wants courageous and creative leaders like it had in World War II, he said, leaders like those who led U.S. Soldiers onto the beaches of Normandy. On June 5, 1944, exactly 74 years ago today, U.S. Soldiers were just hours from crossing the English Channel, Esper reminded the audience.

The Army that landed on the beaches of Normandy, June 6, 1944, is alike in certain ways with the Army of today, he said.



Secretary of the Army Dr. Mark T. Esper outlines the U.S. Army Vision at Brookings Institute, Washington, D.C., June 5, 2018. (Photo by Daniel Torok, U.S. Army)

They fought in a joint/combined, multi-domain battle, with close air and naval gunfire support. That same kind of warfare, combined with cyber and space, is what the Army Vision calls for, Esper said.

In addition to multi-domain battle, the Army will increasingly rely on robots in the air and on the ground for movement, firepower and sustainment. "Robotics and artificial intelligence can fundamentally change the nature of warfare," he said, adding that whoever gets there first will dominate on the battlefield.

To get there first, the Army is putting

resources into research and development, he said. Cross-functional teams are at work developing the Army's six modernization priorities: long-range precision fires, next generation combat vehicle, future vertical lift, an expeditionary network, air and missile defense and Soldier lethality.

Facing a potential peer threat, the Army no longer has the luxury of time, the secretary concluded. That's why the Army must be ready to go at a moment's notice, and that's what the Army Vision lays out -- so that America's Soldiers are always prepared for the battlefields of today and tomorrow.

VETERANS CAN SHOP ONLINE EXCHANGE

The Exchange, the Department of Defense's oldest and largest military retailer opens to all honorably discharged Veterans of all United States Armed Forces: Air Force, Army, Navy, Marines and Coast Guard as well as the Air Force Reserve, Army Reserve, Navy Reserve, Marine Corps Reserve, Coast Guard Reserve and National Guard with a lifelong, online military exchange shopping benefit. Find out more, at <https://www.shopmyexchange.com/veterans>.

SEASONAL FIRE HYDRANT FLUSHING

Beginning the week of May 21, Doyon Utilities will begin the seasonal flushing of water mains on Fort Wainwright. Fire hydrants on post will be opened and flushed to scour the pipes and refresh the water distribution systems, insuring quality drinking water for our customers. Flushing will occur daily between 10 a.m. and 2 p.m., Monday thru Friday, until June 29. Customers may notice some intermittent discoloration in the water which is not harmful and should clear up quickly during the flushing process.

If you have any questions regarding this schedule or problems with the water service that doesn't clear up, call 455-1571. Doyon Utilities would like feedback on its performance of utility-related services. Take a moment to tell us about your experience with Doyon Utilities by completing the Customer Outreach Survey found at <http://doyonutilities.com>.

One-year free upgrade for military spouses to LinkedIn Premium

Daniel Savage
Head of Military & Veterans Programs at LinkedIn

Faced with frequent moves and deployments, military spouses have a unique challenge when it comes to growing their careers - in fact, they are four times more likely to be unemployed than their civilian counterparts. In order to help set them up for success, re-skilling and re-training are key as well as identifying remote and flexible work options.

To help solve this pressing challenge, LinkedIn is expanding our military and veterans program to include military spouses through a new partnership with the U.S. Department of Defense's Spouse Education and Career Opportunities program. Beginning this July, we'll provide one year of LinkedIn Premium to every military spouse during each of their moves to new installations to help their career transitions, and once again upon conclusion of military service.

This will include free access to our online library of more than 12,000 LinkedIn Learning courses, including our newly-launched learning path designed to help military spouses succeed in flexible, freelance, or remote work opportunities. We'll be working to foster this community through the DoD's growing military spouse LinkedIn group, as well as directing employers to this community as a top source of talent.

Our active servicemembers and veterans are surrounded by a dedicated community of spouses serving right alongside those who wear our nation's uniform. With more than 650,000 military spouses of active duty servicemembers, and with the average military family moving to a new installation every 2-3 years, an estimated 220,000 military spouses are economically displaced every year. But these military spouses have

soft skills that make them valuable to potential employers: they are resilient, resourceful, adaptable, and enterprising - not to mention adept at navigating uncertainty.

We introduced our program to support US military servicemembers and veterans through their transition from military to civilian life seven years ago. While our focus began with offering a one-year upgrade to LinkedIn Premium, over the years we've expanded to include access to LinkedIn Learning, custom online training, extensive partnerships with government agencies and nonprofits that serve veterans, and tools for companies seeking to hire veterans. Today, more than 2.4 million active servicemembers and veterans comprise one of the most active and engaged communities on LinkedIn - outpacing nonveterans in everything from network size to a host of soft skills and tech skills.

Today, we're renaming our veterans program to now be known as our Military and Veterans Programs to be inclusive of the important community of military spouses. We're also re-launching our veterans portal to include career resources for military spouses and will be continually updating the newly re-named linkedin.com/military as new resources and partnerships are developed. Moving forward, through our partnership with the US Department of Veterans Affairs, we will also be exploring ways to bring LinkedIn Premium to the spouses of those killed on active duty, as well as the caretakers of wounded veterans.

Our Microsoft Military Affairs partners also shared today that as part of their commitment to the military spouse community, they will launch a pilot program to provide spouses with technology skills training beginning in September. We are excited to set out on this journey and can't wait to see the great things the military spouse community can accomplish.

