

Vicenza and Darby Military Communities

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**VICENZA** — United States Army Europe Commander Lt. Gen. Christopher G. Cavoli addresses the 2018 graduates of Vicenza High School June 11 at City Theater of Vicenza. Cavoli, an alumnus of VHS, emphasized the sense of family that comes with being a child of military parents and talked about the graduates going out into the world to find their own way to serve. (*Photo by James Brooks, USAG Italy Public Affairs Officer*)

# **Cue the lights!** West End performers to teach on Ederle

**VICENZA** — Young performers will be excited to learn that theater camp is back this year.

The Summer West End Theatre Camp begins 10 a.m. June 18 at Soldiers' Theatre on Caserma Ederle.

Exclusive West End performers from London will be teaching classes in acting, dance and singing. This is the perfect opportunity for children to improve their skills in performing arts, building their confidence on and off stage.

No experience is required, and the opportunity is open to youth ages 8 years and older. Master classes take place 10 a.m.-4 p.m. June 18-22. A final performance will showcase on June 23. Lunch is included in the cost, which is \$260.

Enroll at CYS Parent Central Services, located in Bldg. 108, or online at https://webtrac.mwr.army.mil.

# Field support battalion welcomes new commander

**Story and photo by Rabia Coombs** 405th AFSBn-Africa Public Affairs Office

**LIVORNO** — Lieutenant Col. Crystal Hills relinquished command of Army Field Support Battalion–Africa to Lt. Col. Michelle Agpalza during a change of command ceremony that took place at the Army Prepositioned Stock-2 warehouse at Leghorn Army Depot here June 1.

Colonel Rodney H. Honeycutt, commander, 405th Army Field Support Brigade, officiated the ceremony. Honeycutt acknowledged the accomplishments of the command under the leadership of Hills and the important role AFSBn-Africa continues to play throughout the African continent.

Among the distinguished leaders, logisticians, Italian allies, family members, friends and battalion personnel attending the ceremony was retired Col. Nilgun Nesbett, who was commander when Leghorn Army Depot was first designated as a battalion in 1994.



Lieutenant Col. Crystal Hills, outgoing commander, Army Field Support Battalion–Africa, passes the battalion colors to Col. Rodney H. Honeycutt, commander, 405th Army Field Support Brigade, at a change of command ceremony June 1 at Leghorn Army Depot in Livorno. Honeycutt then passed the colors to incoming commander, Lt. Col. Michelle Agpalza.

Under Hills' leadership, the battalion of the Alps," particularly the 173rd Air-

### about Father's Day

•Father's Day in the United States is celebrated the third Sunday in June — June 17 this year.

•According to Hallmark, Father's Day is the fourthlargest card-sending occasion, with 72 million cards given each year.

Father's Day was invented by American Sonora Smart Dodd, who wanted to honor her father. He was a veteran who had, as a single father, raised six children.
The first Father's Day was celebrated June 19, 1910.
The most popular Father's Day gift is a tie.

> (From https://edition.cnn.com and idealhome.co.uk)

"This is a special change of command for me. I came here today especially to see the command of this battalion going from one woman to another," Nesbett said.

successfully fulfilled its mission of receiving, maintaining, storing and issuing Army prepositioned stock, linking national logistics capabilities and providing logistics solutions to Army units "South

borne Brigade Combat Team and U.S. Army Africa, among other strategic partners.

See **NEW**, page 5

### IMCOM Europe director visits Caserma Ederle

**CASERMA EDERLE** — Installation Management Command-Europe Director Michael D. Formica visited Caserma Ederle June 8. During the visit, he had the opportunity to congratulate some garrison employees on their performance during May's full-scale exercise. Formica also recognized members of U.S. Army Garrison Italy's Fire & Emergency Services department, who recently won IMCOM Small Fire Department of the Year. The department has won the award multiple times. (Photo by James Brooks, USAG Italy Public Affairs Officer)



# **Speak Out**

By Laura Kreider and Chiara Mattirolo

### What is an activity/tradition you always share(d) with your dad?



Brennah Ladrini Family member

"We love to barbecue and go to the beach. Just spend time with hugs and kisses."



Soraya M. Franklin Vicenza Community Club

"Working in our family garden, growing strawberries and green beans."



Andrea Capuzzo AAFES

"Doing the harvest in my grandfather's vineyard."



Sgt. Edward Smith U.S. Army Garrison Italy Camp Darby

"Leading up to Christmas we exchanged a small present every day."



James Pierce Family member

"Boys' day with my dad. Going to a games center or to the movie theater."



**Tracy Grant** Fire Chief, DES *"My dad was also a firefighter, so our tradition was to go to the fire station for a barbecue."* 



#### Olympic gymnasts tour

**CASERMA EDERLE** — Armed Forces Entertainment brought some of America's Olympic champions to Vicenza. Three of them — Desiree Sanchez, Laurie Hernandez and Jordyn Wieber — visited Caserma Ederle and Villaggio May 22. As part of the tour, the group stopped at the Post Exchange here to sign autographs. From left to right: Sanchez (covered), Hernandez and Wieber sign autographs at the event.

(Photo by Laura Kreider, VMC Public Affairs Office)

### **Maintain awareness during travels throughout Europe**

U.S. Army Europe Commander Lt. Gen. Christopher G. Cavoli

> Acting U.S. Army Africa Commander Brig. Gen. Eugene J. LeBoeuf

> USAG Italy Commander and Publisher **Col. Erik M. Berdy**

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The *Outlook* accepts submissions. Call the editor with questions at DSN 637-8031, comm. 0444-61-8031, or submit

**VICENZA** — As summer vacation is upon us and community members are making travel plans, the Security Office encourages Soldiers and Department of the Army civilians to review Department of State travel advisories for travel warnings before planning any trip.

Request information from the United States Army Garrison Italy Security Office about specific requirements applicable to a myriad of travel locations.

Per Army Regulation 380-67, the Security Office must be informed of any travel outside the borders of Italy before departure and again upon return.

It is important to note that there are some countries that U.S. personnel are not permitted to visit unless authorized by a General Officer.

Family members are recommended to take the same precautions when traveling.

The best practice is to register with the embassy of the country that you plan to visit through the Smart Traveler Enrollment Program (STEP) before departure. During travel, individuals must maintain situational awareness of surroundings

and try not to draw attention.

As a reminder, there are also antiterrorism requirements for traveling, which include registering with the Travel Tracker/ Individual Anti-Terrorism Plan. Service members and government civilians must have current Personnel Recovery-Isolated Personnel Report and AT level 1 training.

For assistance with travel or personal protective measures, please contact the USAG Italy Security Office at DSN 637-8033, or the Garrison Antiterrorism Office at DSN 637-8084/8021.

via email at usarmy.vmc.pao@mail. mil. A submission does not guarantee publication. Submissions may be edited at the discretion of the Public Affairs staff. Fracker/ Service

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www.facebook.com/VMCItaly www.pinterest.com/usagitaly www.flickr.com/photos/usagvicenza



Every Wednesday 1:15-2 p.m. in the Training Classroom (located on the 2nd floor by lab) Come tour the clinic, ask questions about overseas healthcare and get started on the right foot with a positive patient experience.

Children are welcome if childcare cannot be arranged.



# Honoring D-DAY

Paratroopers travel to France to mark 74th anniversary

(Photos by Lt. Col. John Hall,

173rd Airborne Brigade Public Affairs)



Paratroopers from France, Holland, Germany, Romania and the United States jumped into Iron Mike Drop Zone at Sainte-Mère-Église, France, June 3. A crowd was there to watch the commemorative D-Day jump, an airborne operation led by paratroopers from 173rd Airborne Brigade.



A young boy dressed in a Fedora and waving an American flag welcomes paratroopers as they jump into Sainte-Mère-Église, France, for the commemorative D-Day jump.

Below: A German jumpmaster pins German jump wings on Sgt. Emily Clymer, 173rd Abn. Bde. jumpmaster, after she jumped from a German aircraft on the jump.



In 1944, Raymond Wallace parachuted into Sainte-Mère-Église to help liberate Europe. He tells Staff Sgt. Alexander Henninger, 173rd Abn. Bde. public affairs noncommissioned officer, about the fight that followed for the next 30 days to secure the beachhead, where two of three of his airborne brothers were casualties. Wallace talked with Henninger at Normandy American Cemetery earlier in the week and was following up in an interview about his experiences following the commemorative jump on his battleground of the past.





A veteran of D-Day talks with a current 173rd Abn. Bde. paratrooper about what it means to be a Soldier in today's U.S. Army. More than a dozen D-Day veterans returned to the battlegrounds where they served 74 years ago in Normandy, France.

# **Health & Wellness**

# Mental health changes in new moms

#### **By David Hodson**

U.S. Army Health Center-Vicenza

VICENZA—"The strength of our troops relies on the strength and the stability of the families that support them." —Michelle Obama, 2011 summit

For a long time, pregnancy was thought to be a time of clinical well-being.

For some people, though, it may bring about feelings of despair, unhappiness and/or provoke anxiety. Mood and anxiety disorders can occur at any time during pregnancy and up until one year postpartum. Not uncommonly, the struggle with these factors can create a foundation for developing mood and/or anxiety disorders.

Pregnancy causes changes in a woman's natural hormones. During this time, protective hormones increase as the body first adapts to pregnancy, followed by a sudden drop in hormonal levels after delivery. These hormone levels are closely linked to the "feel good" neurotransmitters such as serotonin and dopamine.

These hormone fluctuations are thought to destabilize the "feel good" system, resulting in postpartum blues and/or depression. Knowing the cause of these behavior and mood changes is important, just as knowing the symptoms of postpartum blues and postpartum depression in order to seek help.

Symptoms of postpartum blues are temporary, lasting NO MORE than 2 weeks. This response to hormonal changes in the body occurs in up to 80 percent of all postpartum patients, is not a disorder, and resolves on its own.

Postpartum depression, however, has some different symptoms. Women may

feel overwhelming anxiety, pathological self-doubt and despair, inability to enjoy or interact with the infant, guilt and shame. When a new mother is experiencing these symptoms, waiting to see if it resolves on its own is not the answer.

"Postpartum depression is a crippling mood disorder, historically neglected in health care, leaving mothers to suffer in fear, confusion and silence, which is why I have described it as 'a thief that steals motherhood," said Cheryl Beck, DSNc, CNM, FAAN.

It is important to be honest with your medical care provider. Do not belittle your feelings. Speak up because the feelings do not mean something is "wrong" with you. They are a result of a chemical change, which a medical team can help you to resolve and feel better.

Perinatal mental health is an expanding field that is important to recognize, especially given its impact on the military family. The Soldier cannot be ready and focus on his/her training and mission if the whole family is not ready and doing well at home.

If you or your spouse are having any of the symptoms mentioned above, reach out and get help together as a family. Contact the U.S. Army Health Center-Vicenza at 0444-61-9000.

Also, make sure to check out the health center Facebook page. The events calendar has information about monthly classes. The classes are: Emotional Changes During and After Pregnancy, Nutrition During Pregnancy and Postpartum, Exercise During Pregnancy, Infant Wellness and Immunizations, and Infant Safety.

(Hodson has a doctorate in Educational Leadership and is an Advance Practice Nurse in Adult Psychiatric Mental Health for the Vicenza Multi-D Behavioral Health Clinic. He has more than 40 years of clinical experience.)

#### Food handler's certification now available online

**CASERMA EDERLE** — Holding a barbecue? Bake sale? Making cupcakes for your child's classroom?

Learn how to store and prepare food safely with the FREE Food Handler's Course.

The course is now offered online for your convenience at https:// www.coursesites.com/webapps/Bb-sites-course-creation-BBLEARN/courseHomepage.htmlx?course\_id=\_356499\_1.

Once you have completed the online training, print the certificate and have it on display at your event.



**Retiring with honors** 

**VICENZA** — Brigadier Gen. Eugene J. LeBoeuf, acting commander, U.S. Army Africa, presents the Distinguished Service Medal to outgoing Italian Base Command Sgt. Maj. Antonio Quaglia, during the Italian Base Command change of responsibility ceremony at Caserma Ederle May 31.

(Photo by Paolo Bovo, Training Support Activity Europe)

# Renovation to cause temporary changes for families in Vicenza

**VICENZA** — The Child Development Center and School Age Center programs in Building 703 Villaggio will undergo a flooring renovation project in July.

The project includes classrooms and corridors on the CDC side and in the main lobby.

The restoration will address a critical safety issue that has been a concern in the facility. CYS would like community members to know they have been working diligently with the contractor to ensure that interruptions to business operations are kept at a minimum.

Due to the nature of the renovation, temporary changes to daily business operations and locations of services will take place July 2-13.

The following courses of action will be implemented:

•CDC will only offer full-time child care at Building 398 on Caserma Ederle. Hours of operation will be 5:45 a.m.-6:15 p.m. and remain consistent in the temporary location.

•Kindergarten children will be placed in a classroom in the SAC program. Patrons

have the option to not use services during this timeframe. Billing will be suspended and families will not be required to use vacation credits.

•Building 398: CDC will temporarily cease part day and hourly care in order to accommodate Building 703 programs. Billing will be suspended and families will not be required to use vacation credits.

•Building 703: SAC will use an alternate point of entrance/exit during the renovation. Patrons will enter through the side of the building adjacent to Vicenza Elementary School.

•Upon completion of the lobby and corridors, classrooms in the CDC will reopen as those rooms are completed.

The CDC/SAC staff anticipates that normal business operations will resume July 16 for all programs affected.

Any changes to the aforementioned timeline will be communicated to patrons immediately. For more information or questions, please contact John-Luca Harbeson, Child & Youth Services Coordinator, at DSN 634-6678. (CDC/SAC)



For more information, contact DSN 636-9513, comm. 0444-61-9513.



#### Setting safety standards

**CASERMA EDERLE** — United States Army Garrison Italy Commander Col. Erik M. Berdy presents Headquarters and Headquarters Company, USAG Italy, with the U.S. Army Safety Excellence Streamer June 5 for completing 12 consecutive months without experiencing a Soldier/unit at-fault Class A or B accident and having 100 percent completion of Risk Management Training. Pictured, from left, are Berdy; Capt. Eric P. Ng, HHC Garrison commander; 1st Sgt. Troy A. Bradshaw, HHC Garrison first sergeant; and 1st Lt. Joshua G. Vague, HHC Garrison executive officer.

(Photo by Bud Driskill, USAG Itlaly Safety Director)

# Historic venue gears up for annual music festival

Concert venue is also villa with fountains, gardens that overlooks the lake and is open to visitors

#### **By Cesare Greselin** Contributor

**BRESCIA** — The Vittoriale Amphitheater in Gardone Riviera, on the banks of Lake Garda, is a place where one can enter in the atmosphere of history, culture and music at the same time.

This summer, the amphitheater again plays host to a big calendar of concerts. This year, the festival, *Tenere-A-Mente*, starts off June 23 with the most admired and influential guitarists in the world: Jeff Beck.

While enjoying a concert, visitors can admire the Island of Garda, Mount (Monte) Baldo in the far distance, the point of Sirmione, and the Rocca of Manarba.

The Vittoriale is not just a music venue, however. In addition to the amphitheater, there are gardens, waterways, and the streams *Acquapazza* and *Acquasavia* that meet and form the shape of a violin, as well as a villa.

The villa was built between 1921 and 1938, on the hillsides of Lake Garda by Gabriele D'Annunzio, World War I sol-



The annual music festival at Vittoriale on Lake Garda begins June 23 and runs through the end of July. (*Courtesy photos*)

dier-poet, and architect Giancarlo Maroni. Guests are welcome to visit the museum of "D'Annunzio The Hero" in what was his house, called *La Prioria*. In the house, every room is named, such as the room "*Mascheraio*," where D'Annunzio met with Mussolini before World War II.

Visitors will also see his plane "Ansaldo S.V.A.," which he used to fly from the province of Padova to Vienna Aug. 9, 1918, to drop flyers regarding the liberty of Italy. Approximately 210,000 visitors come to the site each year.

D'Annunzio died March 1, 1938, and a mausoleum with his remains sits on the highest point of the hill in the park.

Other concerts on the 2018 roster are as follows:

June 27, The Dream Syndicate July 4, Ben Howard



July 7, Cigarettes After Sex July 8, Steve Hackett "Genesis Revisited" (yes, he was the guitarist) July 11, Franz Ferdinand

July 13, Italian folk singer Francesco De Gregori

July 18, Pat Metheny

July 21, Vinicio Capossela, and Italian folk singer with a theatrical concert

July 24, Norah Jones

July 25, Marcus Miller

July 30, Anna Calvi

The amazing calendar of concerts concludes with Yan Tiersen on July 31.

Previous concerts at Vittoreale have included such big names as Lou Reed, Pat Metheny, The Lumineers, Joan Baez, Counting Crows, Ron Carter, Patti Smith, Paul Weller of Jam, and King Crimson to name a few.

For more information, visit the website *www.anfiteatrodelvittoriale.it*.

#### NEW -

(Continued from page 1)

Hills also played a key role in enabling the Defense Security Cooperation Agency Humanitarian Assistance Program to efficiently receive, store, maintain and ship critical humanitarian assistance stock to countries in need throughout the world.

"Our battalion has the best mission a logistician can ask for. We not only specialize in all three logistics functions – supply, transportation and maintenance – we also expertly support both strategic and operational missions, and not only is this support to the U.S. Army but also to the joint forces, and our allied and partner nations," Hills said.

The outgoing commander thanked her brigade command team for their faith and confidence in her leadership. Acknowledging the unique makeup of the battalion with a majority of civilian employees and a small percentage of military personnel, Hills thanked the workforce in both English and Italian for their dedication and hard work.

"All 'Victory Battalion' employees, please stand and be recognized with a round of applause for your relentless hard work," she said.

The incoming commander, Agpalza, thanked her predecessor for her hard work, focus and dedication to the battalion's mission



**LEGHORN ARMY DEPOT, Livorno** — June 4 marked the grand reopening of the Leghorn Army Depot Bar, which underwent a two-yearslong renovation project. The contract to run the coffee shop was awarded to Giuseppe and Graziella

#### What's brewing at Darby?

Anselmo, who also run the well-known coffee bar, pastry shop and restaurant *II Pinolo* in San Piero a Grado. Catherine Miller, deputy garrison manager, United States Army Garrison Italy, cut the ribbon with the Anselmos and Col. Renato Vaira, Italian Base Commander, Camp Darby. *(Photo by Chiara Mattirolo, DMC Public Affairs Office)* 

**CAMP DARBY** — Livorno Commissary hosted the annual Healthy Lifestyles Festival June 8. The event featured a free Zumba class, fruit and vegetable food samples and juices, face painting, games, blood pressure checks (pictured), and a case lot sale of seasonal fruits and veggies. "This is a very dear program to us," said Commissary Manager Giuseppe Ricci. "It is important that we support a healthy lifestyle, especially for children. One of our main goals to increase awareness of the importance of a good food program for a heathy lifestyle."

(Photo by Chiara Mattirolo, DMC Public Affairs Office)



ion's mission.

"You have built and developed an outstanding team within the battalion, and I can't thank you enough for that," Agpalza said. The new commander also thanked Honeycutt, who will relinquish command June 19, for his guidance and vision for AFSBn–Africa.



Defense TV is the first official on-demand military channel for the connected generation.

Available for free through your app store with any internetcapable device.





#### Play it again

**CASERMA EDERLE** — The Vicenza High School Choir and Band, combined under the direction of Gary Marvel, VHS music director, finished their school year with a final concert for family, friends and the community. The choir and band performed a variety of pieces during the VHS Spring Concert May 30. Many parents and Vicenza community members gathered at the VHS gymnasium to enjoy the one-hour performance. A music awards banquet was also held on Hoekstra Field June 5.

(Photos by Laura Kreider, VMC Public Affairs Office)

# Parent & Child

# Protecting children's online privacy: Tips, thoughts for keeping safe

#### By Mieke VanderBorght Contributor

**VICENZA** — Maybe you've heard of it: the General Data Protection Regulation (GDPR). It's that new sweeping law about online privacy that just recently took effect in the 28 European Union countries (including, of course, our own host country).

Whether you've read the new policy's every detail or you're looking at this article with your face scrunched up in a "huh?" expression, you've most likely already been affected by it.

You know those emails asking you to accept new privacy policies, or — given that we're living in an EU country — the websites that have started asking you to consent to collecting cookies. That's all part of it.

Yet, if you're like 90 percent of the internet-using public (according to a recent Deloitte survey), you probably clicked away without actually reading the policy. You were probably just concerned about getting to the website or app as quickly as possible. But wait! Especially as a parent, you should really be paying close attention.



that you're so far away from home. But know that by doing that, you're also broadcasting your children's lives — and you're doing it most likely without their consent. So what happens when they grow up?

It's like that classic trick of pulling out an old photo of your child, naked in the bathtub as a baby (or doing something horribly embarrassing), to show the new boyfriend or girlfriend who has just come over to meet the parents. Except forget just potential boyfriends or girlfriends, you're showing it the whole world. And it's searchable. And other people can copy it and use or share it however they like. Oh, and it's permanent. When your children are still young enough for you to be the major keeper of their online lives, take the job seriously. Think carefully about what information you're sharing about them and with whom you're sharing it. It might help to imagine them as adults and ask what they would think about the world knowing this about them. Read the privacy policies carefully so you know how your data is collected and used. Consider alternative options for sharing with family and friends, such as private photo-sharing services. Use pseudonyms or a first initial instead of including your children's names. And think carefully about who really needs to be included in your family and friends circle. Now it's their turn. Okay, your children have grown and they're old enough to do their own damage. They're using apps, they have a smartphone, and they're all over social media. Ideally, you've set them up for success by modeling good, responsible practices when it comes to protecting your and their online privacy.

getting into. Teach them explicitly about safe sharing and about what should never be shared (real names, locations, other personally identifiable information, naked pictures ... and the list goes on). Walk them through reading privacy policies and setting up privacy settings. Remember, they're still young: Check their accounts on a regular basis to make sure they're not offering up inappropriate information.

Finally, know the laws. Currently, the only protection for children's privacy online in the U.S. is called the Children's Online Privacy Protection Act (COPPA). It's somewhat limited, but requires certain companies to obtain parental consent to collect or use data from children under the age of 13.

The new EU GDPR goes much further. In general, all EU citizens will have more control over their data. Specifically for children, it requires that any company that handles the data of EU citizens must explain what kinds of data they collect on children and get parental consent for dealing with data on children under the age of 16. Children and adults in the EU will also have the right to see what data a company has on them, and to correct or delete the information.

We already know some of the consequences of allowing companies to collect information about us. Advertisers target specific ads based on our on- (and sometimes off-) line activities. Search engines return certain results based on our profiles and where we live. Unsecure sharing may leave us vulnerable to identity theft, manipulation and more. What we don't know is what else might be waiting for us in the future when companies know our every like and dislike, including important life moments, preferences, religion, political beliefs and more, not to mention where we are at any given moment. Children are especially vulnerable to all of this. So what are you waiting for? Start reading those privacy policies and take charge of your - and your children's — online presence.

Here's why.

The new law is based and enforceable in the EU, but is important for United States citizens for at least two reasons.

First, the law applies to any company that handles data from EU citizens, even if that company is based outside the EU. So all those big international tech giants must also comply. Second, it's a great opportunity to take a moment and really reflect on just how well you're protecting your family's privacy. Join me as we walk through this together.

*It starts with you.* It's quite likely your children have a digital presence before they're even able to look at a screen. Remember those ultrasound pictures that you posted to your social media account announce to friends and family the arrival of your little bundle of joy? They also clue the tech companies in to your growing family.

As your children grow, you post more pictures, write blogs, tweet, and message away to show off how cute they are, celebrate their successes and milestones, share family vacations, and commiserate with others about the trials and tribulations of parenting (in a foreign country, no less!).

You're sharing your life with your community, which may be especially important and understandable given

In addition, make sure you keep tabs on what are they

For more information, visit the following websites:

• https://www.commonsensemedia.org/privacy-andinternet-safety (great privacy and safety tips for families)

•*https://gdpr-info.eu* (the full GDPR).

(VanderBorght is a Child Development Specialist/Media Educator and Family Advocacy Program Parent-Child Educator and Emergency Placement Coordinator for U.S. Army Garrison Italy.)

# Swift Response strengthens alliance

#### Story and photo by Pfc. Christopher Estrada 126th Public Affairs Operations Center

**OLESZNO k DRAWSKO POMOR-**

**SKIEGO, Poland** — Paratroopers from 173rd Airborne Brigade Combat Team were joined by Italian Armed Forces and Israeli Defense Forces for an airborne insertion and joint forcible-entry exercise as part of Exercise Swift Response, one of the premier military crisis-response training events for multinational airborne forces.

The drop took place across multiple drop zones in northwest Poland near Drawsko Pomorski Training Center, June 8.

The exercise included landing at the drop zone, assembling squads and advancing towards an objective in which paratroopers from 6th Polish Airborne Brigade acted as the opposing force.

The 173rd ABCT's overall goal is to support the Polish 12th Mechanized Division as they move east as part of exercise Saber Strike, a United States Army Europe-led coalition with Eastern European countries in a mass training exercise to enhance partnerships.

Col. James Bartholomees, brigade commander, 173rd ABCT, maintains the belief that large-scale exercises such as these are critical to mission readiness across the continent of Europe.

"There's no question that these exercises strengthen the alliance [Italy, Is-



A paratrooper with 173rd Airborne Brigade Combat Team prepares to land during an airborne insertion exercise at Miroslawiec Airfield, Poland. The exercise is in support of Swift Response 18, a joint U.S. Army/U.S. Air Force exercise designed to train the U.S. Global Response Force, led by the 82nd Airborne Division.

rael and the U.S.]," said Bartholomees. "They build our confidence in our ability to project power across Europe, they help us stay ready as a force, and ultimately build confidence that we have the ability to respond when called."

Bartholomees says he is also thankful for the opportunity for his brigade to work with their allied counterparts in this exercise.

"The 173rd works with our airborne al-

lies across Europe, and we have a number of different partnerships that this exercise enables us to execute," Bartholomees said. "That's what makes this exercise and many of our exercises across 'Strong Europe' so exciting."

Swift Response 18 is expected to run until June 15 this year. Its focus is on training the U.S. Global Response Force, led by the U.S. Army's 82nd Airborne Division.

#### June is **National Safety** Month

Post of photograph of yourself, co-worker or family member wearing a helmet and post on U.S. Army Garrison Italy's Facebook page, #showyourhelmet.

#### Bicycle Safety:

Helmets must be worn by all active-duty service members, Department of Defense civilians and their family members when riding on post. Headphones/ earphones are prohibited while riding.

Bicyclists will ride in the same direction as vehicular traffic when possible.

Bicycles must be maintained in accordance with Italian Law (Codice Della Strada). This law requires bicycles to be equipped with a working head lamp (yellow or white), tail light (red), rear reflector (red) below rear light, pedal reflectors (yellow), wheel reflectors (white) and a bell.

# Foreign area officer leads USARAF security team

**VICENZA** — Lieutenant Col. Joseph versity in Rome, Guido, the North-West-Central Branch Chief of the Security Cooperation Directorate at United States Army Africa Command, spoke with graduate students and security professionals April 27.

The discussion, hosted by the Military Affairs and Counter Terrorism Society and University College London, focused on U.S. military strategy in Africa and the role of USARAF.

Guido drew upon his experiences from previous assignments in Africa such as Ethiopia, Djibouti, Mauritania and Niger. The Army officer has taught at Yale University, guest lectured at Joint Special Operations University and the Defense Institute of Security Cooperation Studies. He is exploring possibilities for future outreach with students, professors and professionals at Oxford University in the United Kingdom, John Cabot Uniand the Marshall Center in Garmisch, Germany. Guido, a former infantry and military intel-

ligence officer, currently serves as a Sub-Saharan Africa Foreign Area Of-

Guido ficer. FAOs are accessed, trained, educated and developed to provide leadership and expertise in diverse organizations in the Army joint, interagency, intergovernmental and multinational environments.

FAOs advise senior leaders as regional experts, offer unique warfighting competencies — cross-cultural capabilities, interpersonal communications, and for-



to mission readiness of the Army in today's dynamic strategic environment. They routinely forward deploy acting in an "economy of force" capacity and are often the only Army or Department of Defense representative in foreign countries, executing national security policies and objectives or serving as key advisers to senior-level commanders, Chiefs of Mission, and other senior civilians.

Guido, along with several other FAOs assigned to USARAF, is required to maintain an in-depth understanding of foreign cultures gained from a regionally focused graduate degree and experience living and working in a specified region, expert knowledge of regional military forces, U.S. foreign policy and regional security cooperation initiatives, expertise in political-military, economic, and social issues relevant to their region, sound

understanding of interagency and nongovernment organization capabilities.

FAOs serve worldwide in critical and sensitive positions requiring extensive regional expertise and experience in positions such as Senior Defense Officials, Defense and Army Attachés and Security Cooperation Officers in U.S. embassies and host nation ministries of defense, political-military advisors to deployed military commanders, and liaison officers to foreign militaries.

Officers are selected to become FAOs through the quarterly selections through the Voluntary Transfer Incentive Program.

For more information in the VTIP selection process, refer to the most recent military personnel message on the U.S. Army Human Resources website, www. hrc.army.mil.

(USARAF)

## High school vice principal selected as superintendent

**SEMBACH, Germany** — Dr. Dell Mc-Mullen, Department of Defense Education Activity Europe Director of Student Excellence, has named Steven L. Sanchez as the DoDEA East District Superintendent.

The selection was made through a competitive process.

Sanchez has 34 years of experience as an educator and 28 years with DODEA. He has been the Community Superintendent in the DODEA Europe South District for the past five years. Sanchez previously served as the Heidelberg District Superintendent, principal of Kuba-

saki and Yakota high schools in Japan, and assistant principal of Vicenza High School here.

In announcing the selection, McMullen cited Sanchez's extensive experience and leadership in DoDEA schools.

"Steve Sanchez brings a wealth of experience to the DoDEA Europe East District," said McMullen. "He is an effective, caring leader and just the right person to lead the district as we continue to implement College and Career Ready Standards with a focus on 21st century teaching and learning."

Sanchez began his career in 1984 teach-

ing Spanish and physical education in Vallejo, California. A native of Loomis, California, Sanchez graduated with Honors from the University of California at

#### Sanchez

Barbara in 1984 with a

Santa

Bachelor of Arts degree in Spanish. As an undergraduate, he studied during



In 1990, he joined DODEA and moved with his family to Italy where he began teaching Spanish and social studies at VHS.

In addition to Spanish, Sanchez is also fluent in Italian. He earned his Master's Degree in Education from Framingham State College of Framingham, Massachusetts, in 1996.

That same year, he entered the Aspiring Leader's Academy in DoDEA, which he completed the following year.

(DoDEA)



The Outlook accepts submissions and wants to hear what readers want in your community newspaper! Email content for consideration: karin.j.martinez.civ@mail.mil: call for deadline Questions about submissions or comments/concerns? Contact the editor at the USAG Italy Public Affairs Office, DSN 637-8031, comm. 0444-61-8031.

**Need** assistance? Reach out. Call the Chaplain Hotline. DSN 637-2273 (CARE), comm. 0444-66-2273

# Are we there yet?

# Jewelry museum bedazzles visitors



#### by Vanya Eftimova Bellinger Contributor

VICENZA — Why do people love their bling so much? Instead of offering a traditional historical presentation, Vicenza's Jewelry Museum asks this question. The answer varies depending upon time and society, as showpieces have assumed

various functions throughout history. Diadems represent power and prestige,

amulets deflect bad luck, and hairpins are neat. Sometimes jewelry could be unexpectedly functional, too. A pair of massive silver bracelets with sharp edges from India doubles as a deadly weapon against unsuspecting enemy.

Opened in 2014, Vicenza's Jewelry Museum is the first of its kind in Italy. Its location, within the walls of the Palladian Basilica downtown, was chosen not only because the Renaissance building is the city's most beloved gem, but also because it has been the premier site of Vicenza goldsmith workshops since the Middle Ages. Because the museum is situated next to modern jewelry shops, visitors today can see preserved remains of ancient ateliers through its transparent floor.

Vicenza boasts a long and proud tradition as one of the Italy's four centers of jewelry trade (the other three are Arezzo in Tuscany, Valenza in Piedmont, and Naples' suburb Torre del Greco). Indeed, between one-fifth and a quarter of the country's gold and jewelry is produced here.

Twice a year, the city hosts one of the most important trade shows in the business, Vicenzaoro, at the local fairgrounds Fiera di Vicenza. Meanwhile, Vicenzaoro

has mushroomed into a global enterprise, with franchises in such luxury-loving destinations as Las Vegas, Dubai, Mumbai and Hong Kong.

The Jewelry Museum is also part of an ambitious strategy to brand

Vicenza as a place that is preserving trade's ancient traditions while embracing the modern global market.

Alba Cappellieri, professor of jewelry design at Polytechnic University in Milan and Italy's foremost expert on the subject, is exhibition curator and director. All information is expertly translated in English, and short educational videos have subtitles. To maintain interest and encourage repeat visitors, Cappellieri promises to change artifacts every two years.

While relatively small (seeing everything takes just about 40 minutes), the exhibition is bedazzling. It offers 400 objects from ancient Etruscan art to fu-

turistic mini sculptures made just for the runway, effectively stunning fashion photographers who think they've seen it all. There are nine rooms to visit - showcasing jewelry design, symbols, functionality, mass production, artistry and future trends. Next to precious diamonds, sapphires, topaz, jade, tourmalines and

rubies, visitors also encounter pieces made of plastic, with rhinestones and zircons, and even items from rubber and burned fabric.

Some of the latter accessories, however, are less high-priced. no

Whatever the layperson might think about their aesthetic value, these objects came from workshops of masters like Karl Lagerfeld, Christian Dior and Gianfranco Ferré.

But as one learns at the end of the exhibition, jewelry's value lies less in gem size or worth than in its power to make people feel special, self-confident and beautiful.

Visit the Museo Del Gioiello Vicenza, in the Palladian Basilica, 44 Piazza Dei Signori. Hours are Tuesday-Friday, 3-7 p.m. and Saturday-Sunday, 11 a.m. to 7 p.m. Tickets are €6 and €4 (reduced). Learn more at the website, http://www. museodelgioiello.it. (Courtesy photos)

# Some tips for welcoming guests into your home

by Karin J. Martinez Outlook Editor

#### VICENZA -

emember when you lived in a town where faraway family and If friends could never get around to coming for a visit? Well, for better or worse, times have changed. You now live in Italy, and visitors almost always come with the territory.

Even if you have a low-stress personality and your guests are low maintenance, hosting people in your home is work. Not unpleasant work, but there is much to do to prepare for houseguests, and many people exhaust themselves getting from one place to another during the visit. Over the years, I have had the opportunity to play host to out-of-town visitors and would like to share a few tips that may help when the time comes for you.

#### Check dates

nce someone tells you he or she would like to visit, take a look at the calendar before flights are booked. A change of dates after booking could incur extra fees. Check deployment and TDY schedules, big projects or deadlines at work, and trip plans. Make sure to tell your future guest(s) if dates are flexible; when they're booking, it may be cheaper to book a flight a day or two before/after the dates agreed upon.



out, it is helpful to arm them with some tools for success, especially if they are not seasoned travelers. If you have them, loan out maps, guide books and Italian language cheat sheet. It might be handy to teach how to read a bus schedule, and it's smart to take at least one trip by train together to show how to read a train schedule, validate a ticket and where to go for help if needed.

The phone conversation is vital so all parties know what the expectations are, and so friends who come here to see you are still friends when they leave.

sure you know what the allergies are, if any, so you won't accidentally make someone ill.

#### Coffee or tea?

re your houseguests coffee or tea drinkers? For coffee or tea drinkers who are used to a cup first thing in the morning, life can get a little uncomfortable without it. This certainly doesn't mean hosts have to run out and purchase a coffee maker. Obtaining a small supply of instant coffee to tide someone over may be all that is needed until you can get your guests to a caffè — which is part of the Italian experience, after all.

and you'll hardly feel a pinch in your wallet.

#### Consider down time

own time is essential during a vacation and vital to recharging oneself for more sightseeing. If possible, sprinkle in some time to sleep in a little or have an early night. Keep in mind the time change, age of guests, and the amount of physical activity you'll be doing.

Because you've had a conversation with your guests, you know where they want to go and probably will create an itinerary — which days you're going where. To help alleviate exhaustion, alternate faraway and nearby places. For example, if you plan a day trip to Bolzano on Monday with a late return that evening, plan a leisurely day visiting the ceramic shops of Nove on Tuesday. Down time also gives everyone time to digest all they've seen — and write a few postcards.

#### Be flexible

friend of mine is usually off and Tunning the day after her visitors arrive. This is a fantastic way to optimize time and fit in as much sightseeing as possible. I have tried this, however, and it hasn't worked as well for me. On two different occasions, I've made next-day, out-of-town plans only for guests to arrive to a "lost luggage" situation. With luggage arriving the next day, we had to revamp our plans. So stay flexible, and consider having a few activities in mind for when something you've planned doesn't work out. Whether it's lost luggage or something is closed that you thought would be open, if you have a few ideas handy, everyone can make a decision and move on without skipping a beat. There are many things to consider when hosting guests. Most important, though: relax and have fun. Many people save money for a lifetime to visit Italy. Revel in the opportunity that you are a conduit for your family and friends to be able to take that trip. Happy hosting!



#### Have a real conversation

It is important to have an oral conver-sation. Texting can leave room for miscommunication, as there are typically many questions from both parties. Get ready to talk it all out — with notepad and pen in hand.

Some things to discuss are: How long are they staying? Who is expected to make travel plans and do the driving? Will they be with you the entire time, or will they be in and out, and you'll drop off/pick up at the train station as they bustle across Italy/Europe? What do they want to see?

If it is the case that guests will be in and

#### Vehicle situation

hat do you drive, and how many people can fit in your car? These questions should be answered before airport pickup. Consider ahead of time whether or not you have enough room in the vehicle to fit everyone and their luggage, or whether help from a friend or a rental vehicle is needed.

#### Allergies

Remind friends about your pets. If potential guests aren't comfortable with pets in the home or have severe allergies to them, other accommodations may be required. It may be that guests need to bring along some extra allergy medication, but if alternate accommodation needs to be arranged, it's best to know early in the planning stages.

Allergies also pertain to food. Make

#### Lighten the load

Products such as shampoo, condi-tioner and shower gel can weigh down a suitcase. It is often helpful to guests if they don't have to bring those items at all. Have such products available, and guests will thank you for the extra space in their suitcase for all of the souvenirs they buy.

#### Stock up

few weeks ahead of time, visit the Commissary or local grocery store to pick up items that tend to go quickly with more people in the house. Items such as toilet paper, laundry soap, toothpaste, bottled water, cereal and coffee are easy to stock without much worry of expiration dates. Get a little bit at a time,

### **News briefs**

#### June = National Safety Month

In observance of National Safety Month, focus on vehicle safety by taking a photo of yourself/your child in a proper safety restraint. Post on the garrison's Facebook page, USAG Italy, #seatbeltselfie. It is both an Italian law and Army policy to wear seatbelts and have proper child restraint both on and off post. Learn more at https:// kindertravelguide.com/eu-car-seatlaws/.

#### **Mosquito spraying**

The U.S. Army Garrison Italy Directorate of Public Works Operations & Maintenance Division will spray for mosquitos with ULV fogger. Spraying will take place June 21, 7-11 p.m., on Caserma Del Din, and June 22, 7-11 p.m., on Caserma Ederle. Only one treatment will be done. In the case of inclement weather, the spray will be postponed until the next day. Community members are asked to not walk on the streets unless absolutely necessary for about an hour after the treatment to give the spray time to dissipate. Anyone with questions should call DSN 634-8236/8237.

#### **Pool closures**

The fitness center pool on Caserma Ederle is closed through June 17 for window maintenance, and the fitness center pool on Caserma Del Din is closed through July 31 for ventilation maintenance.

#### Dining facility closes temporarily

The Curry Dining Facility on Caserma Ederle will be closed through July 5. Meals will be provided at the Del Din DFAC for Soldiers who receive Subsistence in Kind during this closure. For more information, contact DSN 637-8950, comm. 0444-61-8950.

#### **Financial counselor at ACS**

Personal financial counselor services are available at Army Community Service on Caserma Ederle through July 5. Soldiers, family members and Department of the Army civilians may schedule an appointment by calling DSN 634-7942, comm. 348-228-3096. Or email pfc.vicenza.usa@zeiders.com.

#### Airport shuttle bus

The Vicenza Military Community operates a free shuttle bus service to and from the Marco Polo Airport. The intent of the bus service is to transport authorized individuals on permanent change of station orders. Other ID card holders and local national employees may be provided transportation on a space-available basis. Passenger priorities are as follows: PCS; temporary duty; emergency leave; all others (space-A). The full U.S. Army Garrison Italy policy letter maybe found at http:// www.italy.army.mil/policy\_letters.asp. Army, guest speakers, cake cutting, music and more. Join the event at Hoekstra Field on Caserma Ederle.

#### **Transition workshops for Soldiers**

The Vicenza Soldier for Life-Transition Assistance Program offers a variety of workshops for Soldiers. All workshops require a reservation.

The upcoming schedule is as follows: **10 Steps to a Federal Job**, June 25, July 23, Aug. 28 and Sept. 20, 9 a.m.noon

**Boots to Business**, July 26-27, 8:30 a.m.-4:30 p.m.

**Career Technical Training**, Aug. 15-16, 8:30 a.m.-4:30 p.m.

The Career Technical Training workshop is for those considering a technical career. It will provide guidance and assistance in defining career goals, identifying required credentials, locating training opportunities and identifying resources. For more information stop by SFL-TAP, Building 126, on Caserma Ederle.

#### **Reminder from Claims Office**

Have you recently PCS'd or preparing to make a permanent change of station? Doing the right thing at the right time can help ensure any loss or damage to your household goods is covered.

Personnel have 75 days from the date they receive the Household Goods shipment to file a notice of loss and damage, noting an intent to file a claim. Claimants then have nine months from the receipt date of the HHG shipment to file an itemized claim with DPS in order to receive Full Replacement Value for missing or damaged items. Claims filed after nine months but within two years qualify for limited compensation.

Any filing after two years could result in the denial of the entire claim. File notice of loss and damage and claim directly with the Transportation Service Provider (TSP) on Move.mil. Service members aren't the only ones with deadlines: the TSP is required to act on claims within 60 days, either paying, denying or offering a counter-claim.

Anyone with questions or needing more information should stop by the Claims Office in Building 166 on Caserma Ederle, or call DSN 634-8831/32, comm. 0444-61-8831/32.

#### Power outages on Del Din

Residents and employees of Caserma Del Din will be affected by power outages over the next several weeks to allow the Directorate of Public Works to perform maintenance. The schedule is as follows:

#### June 16, 8 a.m.-noon

Bldg. 50: 173rd Brigade Headquarters, Brigade Support Battalion Headquarters, Mission Support Element, 509th Hqs., C6, and U.S. Army Africa Communications Team Bldg. 60: 173rd Brigade Engineering Bn. Company Hqs. Bldg. 70: 173rd Brigade Engineering Bn. Company Hqs. Bldg. 80: 173rd Brigade Engineering Bn. Company Hqs. Bldg. 82: Vehicle Maintenance Shop Bldg. 90: AFSB LRC - Fuel Point POL Bldg. 91: Hazardous Material Storage Bldg. 96: Indoor Firing Range Bldg. 98: Storage Building

Bldg. 14: Parking Garage Bldg. 20: Dining Facility Bldg. 23: Barracks Bldg. 41: Warrior Zone Bldg. 173: 173rd Hqs.

#### June 23, 8-11 a.m.

Bldg. 12: AAFES Shoppette and Concessions

Bldg. 52: 173rd BEB Vehicle Maintenance Shop

Bldg. 56: DPW/509th Bldg.58: Directorate of Emergency Services-Fire station

Bldg. 62: 173rd BEB Vehicle Maintenance Shop

#### June 23, 1-5 p.m.

Bldg. 2: Post Office, Army Substance Abuse Program, Education Center, Library and Army Community Service Bldg. 3: USARAF Bldg. 4: USARAF (Under renovation) Bldg. 8: Parking Garage Bldg. 10: Sigholtz Center Bldg. 24: Barracks Bldg. 43: Former Chapel Bldg. 139: Barracks

#### July 7, 8 a.m.-1 p.m.

All buildings on Caserma Del Din

The U.S. Army Garrison Italy regrets any inconvenience the outages may cause, but the work is necessary and cannot be postponed.

#### ICE system

The Department of Defense Interactive Customer Evaluation (ICE) system is fully functional once again to all customers. It is available to managers and customers on both the .com and .mil networks. Customers may encounter a screen that states the site is not secure or that the site is impersonating ICE.

Be advised that this is not a concern with DISA or ICE, but rather an internet provider issue wherein the system may not initially be recognizing the approved certificates for ICE. Simply click past that screen and it will allow the user the opportunity to provide feedback to ICE.

#### **Music Café**

Join in with other musicians while showing off your musical talent. Just bring your favorite instrument and/ or voice and jam with us. No karaoke. Sound, lights, amps, drums, guitars will be provided. Enjoy light snacks and refreshments while listening to local musicians jam and join in the fun on stage. Free admission; call Soldiers' Theatre for additional information, DSN 634-7281, comm. 0444-71-7281.

### Private music instruction, dance classes at theatre

Piano, guitar, flute or voice lessons are available at the Soldiers' Theatre. Learn a new skill and enjoy the pleasures of making your own music. Now is the perfect time to take a music class, with individual lessons based on your schedule. Contact the theatre for more details, schedule and fees, or to register at DSN 634-7281, comm. 0444-71-7281.

Adult Salsa/Latin dance classes take place every Tuesday and Thursday at 7 p.m. The classes are free, and no preregistration is necessary – just show up. Classes are held in the SKIES Unlimited Dance Studio, Bldg. 308, Caserma Ederle.

# At the movies



#### Won't You Be My Neighbor? (Rated PG-13)

A documentary that explores the life, lessons and legacy of iconic children's television host, Fred Rogers. Rogers' show, "Mister Rogers' Neighborhood," ran on public television for more than 30 years.

June 15	4 p.m.	The Incredibles 2 3D	(PG)
	7 p.m.	Тад	(R)
	10 p.m.	Superfly	(R)

### Warrant Officer Cohort 100th anniversary

All warrant officers, officers, enlisted and Vicenza Military Community (active, retired and family members) are invited to participate in a fun run/walk in celebration of the U.S. Army Warrant Officer Cohort 100th anniversary. The run/walk will take place 6 a.m., July 9, and will include information on the history of warrant officers in the U.S.

June 16, 1-5 p.m.



	10 p.m.	Superfly	(R)	
June 16	3 p.m.	The Incredibles 2	(PG)	
	6 p.m.	Тад	(R)	
June 17	3 p.m.	The Incredibles 2	(PG)	
	6 p.m.	Superfly	(R)	
June 18	11:30 a.m.	A Wrinkle in Time	(PG)	
June 20	7 p.m.	Superfly	(R)	
June 21	7 p.m.	Тад	(R)	
June 22	7 p.m.	Jurassic World: Fallen Kingdom 3D	(PG-13)	
	10 p.m.	Won't You Be My Neighbor?	(PG-13)	
June 23	3 p.m.	Jurassic World: Fallen Kingdom	(PG-13)	
	6 p.m.	The Incredibles 2	(PG)	
June 25	11:30 a.m.	Avengers: Infinity Wars	(PG-13)	
June 27	7 p.m.	Jurassic World: Fallen Kingdom	(PG-13)	
June 28	7 p.m.	Won't You Be My Neighbor?	(PG-13)	
Admission 3D first run: Adult \$8.50/Under 12 \$5.75 3D second run: Adult \$8/Under 12 \$5.50 First run: Adult \$6.50/Under 12, \$3.75; Second run: Adult \$6/Under 12 \$3.50 Schedule is subject to change without notice.				

# Out & About

### **VENETO & NEARBY**

#### Festa di Sant'Antonio/St. Anthony Festival

**June 15-17,** Sasso, Asiago; about 36 miles south of Vicenza. Food booths open at 7:30 p.m.; live music and entertainment at 9 p.m.

#### **Juggling Festival**

**June 15-16,** 6-11 p.m.; **June 17,** 4-11 p.m., Malo, Villa Clementi, Via Cardinal de Lai 61, about 20 miles northwest of Vicenza. Jugglers, magicians, fire and clown shows; arts workshop; live music; food booths. Free entry.

#### Sagra dei Santi Patroni/Patron Saints' Fair

**June 15-17** and **June 22-25**, Gambugliano, Via Antonio Bruttomesso 3. Bounce houses on Saturdays and Sundays from 6 p.m.; food booths featuring a variety of local specialties open at 7 p.m. Live music and dancing start at 9 p.m.

#### Festa Del Bigolo fatto a mano e del Solstizio d'Estate Handmade Bigolo and Summer Solstice Fair

#### **June 1-3,** 11 a.m.-1 a.m., Bassano del Grappa, Parco Santa Caterina. The best Italian food trucks offer a great variety of specialties, beer and wine from all over

Italy. Free entrance.

#### Sagra delle Rane/Frog Festival

**June 15-18** and **June 22-25**, Grossa di Gazzo Padovano, about 12 miles east of Vicenza. Food booths featuring frog risotto, fried frogs, sausage and polenta, gnocchi, horse steaks, homemade desserts and local sweets open at 7 p.m. Live music and dancing at 9 p.m.; carnival rides; fireworks June 25 at 11:45 p.m. Free entrance and parking.

#### *Festa del Melone* Cantaloupe Festival

**June 15-16,** Montagnana (Padova), Piazza Vittorio Emanuele, from 6:30 p.m. Food booths feature the local cantaloupe and many local specialties; local products and craft exhibit and sale; entertainment.

#### Sagra dei Bigoli/Bigolo Fair

**June 16,** Pianezze (Arcugnano), a small town by Fimon Lake. Food booths featuring *bigoli* prepared with a variety of sauces open at 7 p.m. *Bigoli* is a type of pasta similar to spaghetti, realized with soft wheat flour, hard bran grain and eggs. Free event.

#### **Instreet Festival**

**June 16-17,** Via Roma 44, Longare. Street food, cocktails and beer; entertainment for children; graffiti contest. June 16, 3 p.m., volleyball and soccer tournaments; 8 p.m. music with Ieie DJ; 10 p.m. live music; June 17, 4:30 p.m. live music; 5:30 p.m. American vehicles and motorcycles; 6:30 p.m. fashion show; 9:30 p.m. live music. Free event.



#### *Lumen Festival* Light, Music and Food Trucks Festival

**June 20-22**, 7 p.m.-2 a.m.; **June 23**, 5 p.m.-2 a.m.; **June 24**, 11 a.m.-1 p.m., Vicenza, Giardini Salvi. A variety of street food selection including Asian, Mexican, vegan and gluten-free specialties. Draft beer; crafts and vinyl collectibles exhibit and sale; light displays; music. For tickets, visit *https://www.lumenfestival.com/*.

#### Triskell – Festa Internazionale di Musica Celtica Triskell – International Celtic Music Festival

**June 21-July 1,** Trieste; Boschetto del Ferdinandeo; Via Carlo de Marchesetti. Opens at 4 p.m. weekdays and 10:30 a.m. Friday-Sunday. Celtic market and food; natural elements, fire and crystal balls shows with Vassago; Celtic wedding celebrations ( $\in$ 10). Live music every night starts at 9 p.m.; clay workshops; free Scottish and Celtic dancing workshop; archery workshops; body and face painting.

#### Festa delle Fate/Fairy Festival

**June 22-24,** Garda (Verona), Lungomare Regina Adelaide; June 22, 7-11 p.m.; June 23, 3 p.m.-midnight; 10 a.m.-11 p.m.; magic workshops; face-painting; giant soap bubbles shows; board games tournaments; Cosplay; sacred fire ceremony; sacred dances workshops; live Celtic music; Celtic crafts exhibit and sale. Free event.

#### *Notte Bianca/*White Night

**June 29-30,** 5 p.m.–3 a.m., Vicenza, Piazza dei Signori, Piazza Castello, Piazza San Lorenzo, Giardini Salvi, Piazza Matteotti, Pazza delle Erbe; Contrà Pescherie. An evening of shopping and fun downtown Vicenza; stores will be open until 11 p.m. Concerts, street artists and dancing. Free access to all events.

#### Festa della Tagliata/Steak Festival

**June 29-July 4,** 6:30 p.m.-midnight, Sarmego, Grumolo delle Abbadesse, Piazzale della Chiesa, about 10 miles southeast of Vicenza. Food booths featuring the local Sorana sliced steak, bruschetta, beer, and non-alcoholic drinks open at 6:30 p.m.; carnival rides; live music and dancing start at 9 p.m. Fireworks July 4 at 11:30 p.m.

#### *Estate al Parco/*Summer at the Park Free outdoor fitness classes

Through Aug. 31, in Vicenza, Parco Querini, Viale Rodolfi.

*Mondays* **Tai chi:** June-July, 7-8:30 p.m., Palco del Tempietto. Ancient Chinese exercises, described as "meditation in motion," promote serenity through gentle, flowing movements. **Ethnic Dances:** July 4, July 11 and July 17, 8-8:45 p.m., Palco del Tempietto

#### Thursdays

**Taij and Qi gong:** June and July, 9:30-11 a.m., La Radura

Hatha Yoga: June-August, 7-8:30 p.m. Palco del Tempietto. Exercises that include physical postures, purification procedures, poses, breathing and meditation.

**Bioenergy Workout:** June, July 12 and July 18, 7:30-8:30 p.m., La Radura **Aikido:** July, 7:30-8:30 p.m., Porta di

Papa. Aikido is a form of self-defense and martial arts that uses locks, holds,

throws and the opponent's own movements.

#### Fridays

**Jiu jitsu:** June, 7-8:45 at Palco del Tempietto. Jiu jitsu is a Japanese art of unarmed combat and physical training; it develops self-control and self-esteem. *Saturdays* 

Kung Fu: July, 6-7 p.m., La Radura

#### Sundays

**Tai chi:** June-July, 9-10:30 a.m., Palco del Tempietto. Chinese ancient exercises, described as "meditation in motion," promote serenity through gentle, flowing movements.

**Self-defense workshops:** July-August, 10:30 a.m.noon, Palco del Tempietto

#### Feste Marinare

#### Fish Festival

July 13-14, July 27-28; Aug. 10-11, and Aug. 17-18, from 6:30 p.m., Cortellazzo (Jesolo), Sport Center, Via Amba Alagi 47. A variety of fish specialties, music and dancing.

#### Brudstock – Three days of peace, love, and music

**July 20-22,** Vigonovo di Fontanafredda (Pordenone). Live music, motor show with vintage cars, motorcycles, and trucks from the '70s; vintage items exhibit and sale; food booths. Free entrance.

**July 20:** Happy Jack's (Italy); C.S.N. & Y Hommage; Atomic Rooster (UK); Fabio Stevie Ulliana & Off Limits Band (Italy)

**July 21:** Screaming Eagles (Italy); The Shaman's Blues (Italy); Hundred Seventy Split (UK); Tres Hombres (Italy)

July 22: Young bands' contest

#### *Esposizione Giocattoli Storici/Vintage Toys Exhibit* Through June 23, Tuesdays-Sundays, 9 a.m.-7 p.m., Vicenza, Chiericati Palace, Piazza Matteotti 37. More

Vicenza, Chiericati Palace, Piazza Matteotti 37. More than perfectly kept vintage toys on display; among them, some rare hand-painted toys. Entrance fee:  $\notin$ 7, reduced  $\notin$ 5.

#### *Fiaccolata di Solferino* Torchlight walk in Solferino

**June 23.** The Italian Red Cross has invited national Red Cross societies around the world to celebrate the ideals of the Red Cross, and to participate in a 7-kilometer torchlight walk between the towns of Castiglione and Solferino. The event commemorates Henry Dunant's experience of giving care to the wounded in the aftermath of the Battle of Solferino, which took place June 24, 1859. The Vicenza American Red Cross is organizing a bus to the event; registration fee:  $\in$ 5/ person. The bus will leave June 23 at 1 p.m. and return around 1 a.m. June 24. For more information, contact Leilani Piaseky, DSN 637-8916, comm. 0444-61-8916.

#### Juggling Festival, Malo



**Do-in:** June-July, 7-8 p.m., La Radura. Exercises for physical and mental well-being.

**Fit and Motion:** June and July, 7-8 p.m., Porta Papa. Music fitness workouts that include cardiovascular activity, toning and stretching.

#### Tuesdays

**Jazzercise:** June-July, 6:30-7:30 p.m., Palco del Tempietto

**Krav Maga:** July, 7-8 p.m., La Radura. An effective, modern, and dynamic self-defense and fighting system. **Open Air Dance:** through July 24, 7:30–8:30 p.m., Palco del Tempietto. Flamenco; belly dance and modern dance.

**Super Tone 360:** June–July, 7:30- 8:30 p.m., Porta di Papa. Exercises to invigorate your muscles and shape your body.

#### Wednesdays

**Taij and Qi gong:** June and July, 6:30-8 p.m. La Radura; Chinese ancient exercises that integrate physical postures, breathing techniques and meditation. **Yoga:** June-July, 6:45-8 p.m., Palco del Tempietto

#### *La Partita a Scacchi a personaggi viventi* Live Chess Game

**Sept. 7-9,** Marostica, Piazza degli Scacchi, about 18 miles north of Vicenza. Grand opening Sept. 7 at 9 p.m., Sept. 8-9, 9 p.m. This chess match commemorates the historic chess match of 1454. The game is a reenactment of the match that Lord Taddeo Parisio held to determine the marriage of his daughter. Purchase ticket well in advance online at *http://www.marosticascacchi.it/it/partitaascacchi/ticket.html*#1.

#### Sculture di Sabbia/Sand Sculptures Festival

**Through Sept. 9,** Jesolo, Piazza Brescia. This year's theme is "Sand Raptors." International artists take part in this special event as they compete in shaping every kind of artistic figure with fine golden sand. Free entrance.

# **Out & About**



### **TUSCANY**

#### Pizza Festival

**Through June 17,** 5 p.m.-midnight, Prato, Piazza Duomo. Neapolitan and Tuscan chefs display a variety of pizzas cooked in wood-fired ovens. New this year: pizza with pistachios. Pizza-making workshops for children; entertainment and music start at 9 p.m. *http://www.eventiintoscana.it/evento/prato-pizza-festival-piazza-duomo-prato-prato* 

#### Ferie delle Messi/Medieval Harvest Festival

**June 15-17,** San Gimignano (Siena). Highlights of this festival include a historical parade, a tug-of-war race; blessing of the horses of the four town districts and horse race; birds of prey demonstrations and medieval market. Free entrance.

#### La Festa Medicea/Medicean Feast

**Through June 17,** Pista Rossa Seano (Prato), Via Carlo Levi, 7 p.m.-midnight. Live music starts nightly at 9:30 p.m.; medieval market; food booths, live music and shows start at 9:30 p.m. Free entrance.

#### Festa del Pesce/Fish Fair

**June 15-17,** Rosignano Marittimo (Livorno), Caletta di Castiglioncello, Lungomare Cristoforo Colombo. Food booths feature a wide variety of seafood; live music and entertainment.

#### *Sagra della porchetta e della Birra* Roast Pork and Beer Fair

**June 15-17,** in Buti (Pisa), Parco Danielli. Food booths featuring roast pork and many other local specialties open at 8 p.m.; live music and dancing start at 8 p.m.

#### Sagra del Tortello/Tortello Fair

**June 17-23,** Donoratico (Castagneto Carducci, Livorno), Parco delle Sughere. *Tortello* is a local specialty prepared with flour, water, salt and a variety of filling, from potatoes to nutmeg to meat ragu. Food booths open at 7 p.m.; 9 p.m. local crafts exhibit and sale; live music and dancing; bingo. the event, starting at 9:30 p.m., the city's four historic districts compete against each other in a regatta on the River Arno. This tradition dates to medieval times, when similar competitions took place in Pisa to celebrate the Feast of the Assumption. Since 1718, the regatta has become part of the city's patron saints celebrations.

#### *Il Gioco del Ponte/*Bridge Game

**June 30,** 7-11 p.m., Pisa. A historical event held the last Saturday in June each year. The event is divided into two distinct phases: a historical procession along the Arno River and the battle, which takes place on the Ponte di Mezzo and where neighborhood teams belonging to the two rival city factions demonstrate their physical power.

#### Lucca Summer Festival

in Lucca, Piazza Napoleone; June 23, Queens of the Stone Age; June 27, Caparezza; July 1, \$fera €bbasta; July 7, Hollywood Vampires; July 8, Ringo Starr; July 11, Roger Waters; July 12, Gorillaz; July 14, Pezzali and Renga; July 17, Nick Cave and the Bad Seeds; July 18, Lenny Kravitz; July 20, James Taylor; July 22 Gianni Morandi; July 25, King Crimson; July 26, Norah Jones and Marcus Miller.

#### Palio di Siena/Horse Race

The Palio of Siena is one of the most famous horse races in the world. During the annual spectacle, the city is divided into 17 competing districts (Contrade). In the months leading up to the event, 10 districts are se¬lected for each race, and each is assigned a horse that will compete in the Piazza del Campo. There are two races each summer: **July 2 and Aug. 16.** Festivities start three days before each Palio with parades, food booths, blessing of the horses, live music and four race trials.

July 2: 7:30 a.m., Mass of the Fantino in the Chapel of Piazza del Campo; 9 a.m. last rehearsal, known as the Provaccia; early afternoon, around 2:30 p.m., benediction of the horses and of the Fantino in parish churches of competing districts. At 4 p.m., Piazza del Campo closes, and the only entrance is at Via Dupre until 6:30 p.m., when the piazza is completely closed; 5 p.m., historic pageant; 7:20 p.m., the bareback race begins; at the end, Te deum in the Chiesa di Piazza Provenzano. Aug. 16: 4:45 p.m., Carabinieri parade; 4:50 p.m. historic pageant. The race begins at 7 p.m. To get tickets online, visit https://www.paliotours.com/paliotickets-2018/

### **CONCERTS/SPORTS**

Iron Maiden - June 16 Florence; July 9 Milan; July 17 Trieste The Chemical Brothers - June 16 Bologna; June 19 Rome; June 20 Milan **Ozzy Osbourne** – June 17 Florence Marilyn Manson - June 19 Milan Liam Gallagher – June 21 Milan Shakira – June 21 Assago (Milan) Pearl Jam – June 22 Milan; June 24 Padova; June 26 Rome Sons of Apollo – June 24 Milan Steven Wilson - June 25 Verona Queen + Adam Lambert - June 25 Assago (Milan) LP – June 26 Rome; July 17 Padova The Dream Syndicate - June 27 Gardone Riviera (Brescia) Alice in Chains - June 28 Padova; July 10 Milan Billy Idol – June 28 Padova Santana - June 28 Milan; June 29 Padova Ziggy Marley – June 29 Legnano (Milan) Ben Howard – July 4 Gardone Riviera (Brescia) Steve Hackett - July 4 Rome; July 8 Gardone Riviera (Brescia); July 14 Pistoia Simple Minds – July 5 Marostica Anastacia – July 5 Pordenone; July 14 Genoa Jay-Z & Beyoncè – July 6 Milan; July 8 Rome Cigarettes After Sex - July 7 Gardone Riviera (Brescia); July 10 Rome Ringo Starr - July 8 Lucca; July 9 Marostica; July 11 Rome Deep Purple – July 9 Verona James Blunt – July 10 Genoa; July 11 Padova; July 13 Pistoia; July 17 Rome Roger Waters - July 11 Lucca; July 17-18 Assago Joss Stone – July 15 Verona Lenny Kravitz – July 16 Verona; July 17-18 Lucca Nick Cave and The Bad Seeds - July 17 Lucca Kasabian – July 17 Ferrara; July 18 Lignano Sabbiadoro (Udine); July 19 Genoa Pat Metheny - July 18 Gardone Riviera (Brescia); July 20 Rome James Taylor – July 20 Lucca; July 22 (Pompei, Naples); July 23 Terme di Caracalla (Rome) King Crimson - July 22-23 Rome; July 25 Lucca; July 27-28 Venice Scorpions – July 23 Verona Norah Jones - July 24 Gardone Riviera (Brescia); July 26 Lucca (with Marcus Miller) Marcus Miller – July 25 Gardone Riviera (Brescia) King Crimson – July 25 Lucca; July 27-28 Venice Sting – July 28 Rome; July 29 Verona; July 30 Naples Eminem – Sept. 7 Milan Europe - Oct. 2 Bologna U2 - Oct. 11-12; Oct. 15-16 Assago (Milan) David Garrett and his band - Oct. 17 Rome; Oct. 19 Florence; Oct. 20 Assago (Milan) The Musical Box - Oct. 28 Rome; Oct. 30 Florence; Oct. 31 Milan; Nov. 1 Padova Maneskin - Nov. 14 Florence; Nov. 15 Padova; Nov. 17-18 Bologna; Nov. 24 Milan Liam Gallagher – Nov. 15 Conegliano; Nov. 16 Rome Dire Straits Legacy - Nov. 20 Assago (Milan); Nov. 21 Padova; Nov. 23 Brescia; Nov. 24 Florence Elton John – May 29-30, 2019, Verona **ITALIAN ARTISTS** 

#### *Aspettando la Battaglia di Cascina* Waiting for Cascina's Battle

**July 6-8,** 5:30 p.m.-midnight, in Cascina (Pisa). Historical reenaction commemorating the 1364 Battle of Cascina; flag-throwers, historical parades; archery competition; medieval music, games and food.

#### La Luminara

#### The Illumination of Pisa

June 16, from 3:30 p.m., Pisa. The cathedral, Leaning Tower and every building around the Arno River will be decked with more than 70,000 candles. Flickering yellow flames will light up each doorway and window ledge, their reflections floating along the Arno so vibrantly it be¬comes clear why this night is called La Luminara, Italian for the Illumination. Streets by the Arno will be closed to cars, allowing pedestrians to walk along the river, where vendors sell food, sweets and trinkets for children. At 11 p.m., musical fireworks show.

#### Il Palio di San Ranieri/St. Ranieri's Palio

Pisa celebrates its patron saint on June 17. To mark

#### Sagra della Zuppa/Soup Fair

**June 28-30 and July 1,** in Fauglia (Pisa). Food booths open at 7 p.m.; local products and crafts exhibit and sale; live music and dance shows every night at 9 p.m.

#### Man Ray – Wonderful Visions

**Through Oct. 7,** 10 a.m.-7:30 p.m., San Gimignano, Moder Art Gallery, Via Folgore da San Gimignano; 10 a.m.-7:30 p.m. through Sept. 30; 11 a.m.-5:30 p.m., Oct. 1-7. On display are more than 100 photos by Man Ray, one of the most important photographers of the 20th century. His photographic works encompass fashion, portraits and technical experimentation. Entrance fee: €9, reduced €7 for children ages 6-17 and for senior citizens older than 65. Free access for children younger than 6.

Gianni Morandi – July 12 Marostica Francesca Michielin - July 12 Pistoia; July 14 Forte di Marmi; Sept. 2 Treviso Francesco De Gregori - July 13 Gardone Riviera (Brescia); July 25 Florence; Aug. 14 Asiago Gianna Nannini - July 13 Mantova; July 16 Pistoia; Aug. 13 Follonica (Grosseto); Aug. 14 Forte dei Marmi (Lucca) Fabrizio Moro – July 16 Marostica Vinicio Capossela - July 21 Gardone Riviera (Brescia); July 28 Forte dei Marmi (Lucca); July 31 San Gimignano (Siena) Ermal Meta – July 28 Villafranca (Verona) Laura Pausini - Oct. 7 Florence; Oct. 9-10 Padova Claudio Baglioni - Oct. 16 Florence; Nov. 16-17 Padova; Nov. 20-21 Montichiari (Brescia) Luca Carboni - Oct. 18 Padova Mario Biondi - Dec. 13 Florence; Dec. 19 Padova

#### **SPORTING EVENTS**

Ennio Morricone - June 16-17 Rome

Massimo Ranieri - June 23 Verona

FIM Superbike World Championship – July 6-8 Misano Adriatico (Rimini) ACI CSAI Racing Weekend – July 14-15 and Oct. 27-28 Scarperia (Florence)

Tickets are available in Vicenza at Media World, Palladio Shopping Center, or online at www.ticketone.it and www. geticket.it.

See MARKETS for Veneto and Tuscany on page 12.

# **Family & MWR**

#### **ENTERTAINMENT & TRIPS**

#### Family Movie Night

June 17 & 24, 6-8 p.m. The Arena, Caserma Ederle

Every Sunday, the Arena dims the lights, switches on the screens and tunes into the latest family-friendly movies. For \$35, enjoy two hours of bowling for up to six people, one large cheese pizza, six bottled beverages of choice and free shoe rental.

#### Vicenza Writer's Group June 21, noon- 1 p.m. Library, Caserma Ederle

All writers are welcome. The goal of this writing group is to have a safe place of collaboration and inspiration. Whether sharing work, receiving constructive criticism, or getting past writer's block with some brainstorming, this can be your group. Activities include free writing, biweekly writing topics, optional sharing, constructive criticism and informal discussion.

#### Postojna Cave and Predjama Castle, Slovenia June 23, 6 a.m.-10 p.m., \$105/\$63 ODR, Caserma Ederle

The Postojna cave system covers more than 21 kilometers and features amazing formations made from constantly dripping water. For a turn above ground, visit Predjama Castle, an impregnable fortress built out of the mountain itself. This centuriesold castle is full of history and the perfect way to finish off your day. Bring your passport.

#### **BOSS Beach Day**

June 23, 8 a.m.-7 p.m. Del Din Shoppette, 8 a.m. Ederle Shoppette, 8:30 a.m.

Single and geographically separated Soldiers: Enjoy a day at the beach with plenty of sun and fun. BOSS goes to Sottomarina, a beach resort at the southern end of the Venetian Lagoon. It has a wide and welcoming shore that makes it an ideal place for walking, relaxing or playing beach sports. An alternate option is to visit the city to shop. The trip is free; beach chairs and sun umbrellas are available at the beach. Cost is approximately 10-15 euros for one umbrella and two chairs.

#### Stresa and the Island Cruise

*June 30, 6:30 a.m.-9 p.m., \$95/\$65* ODR, Caserma Ederle Snaking through the lakes and mountains of the Piedmont region is the jewel-like Lake Maggiore,. The lake attracted and inspired the likes of Dickens, Hemingway and Churchill. Situated along the shore of Lake Maggiore is Stresa, a town with some of Italy's most elegant 19th century resorts. Take a private cruise to visit the beautiful islands of Isola Madre, Isola Bella and Isola Pescatori on the lake. Spend the day in this beautiful part of Italy and go back in time as you explore each lake island.

outfitted with helmets, headlamps and harnesses. The group will be underground for approximately four hours; long sleeves and pants are recommended, and closed-toe shoes are mandatory. Participants must bring an entire change of clothes.

#### **Darby Trip: Barberino Outlet** June 30, 7 a.m.-7 p.m., \$35 Camp Darby

Find designer names and brands at the Barberino Designer Outlet, located just outside of Florence. Enjoy a day of shopping or milling about the stores. **Sign up by June 22**; minimum number of participants required is 25. Payment must be made at the snack bar in Bldg. 305. Call DSN 633-8220, comm. 050-54-7589, for more information.

### Independence Day Celebration *July 4, 4-11:55 p.m.*

#### Sports Field, Caserma Ederle

Enjoy the annual Independence Day celebration on the 4th of July. This annual event is the only time of the year where the post is open to the outside Italian community. A funfilled day for friends and families. There will be children's rides and activities, fund-raising food booths, American favorite foods, live music, and a fireworks display beginning at 10:30 p.m. Blankets and lawn chairs are allowed in the event area. No pets, backpacks, skateboards, bicycles, scooters, hoverboards or coolers will be allowed. Visit the FMWR website, https://italy.armymwr.com/calendar for detailed information about access and more.

#### **Porec, Croatia Cruise** July 7, 4 a.m.-11 p.m., \$120/\$70/\$50 ODR, Caserma Ederle

Travel with Outdoor Recreation along the coast of Croatia. Leave Vicenza for Porec, hop on a boat, and stop to explore fabulous spots along the way. Enjoy lunch onboard. There will be a stop in a city and a stop to swim and stretch your legs (swimming is not required — you can instead choose to rest and enjoy the sea view).

#### **CLASSES & WORKSHOPS**

**Intro to Framing** June 16, 10 a.m.-2 p.m. Arts & Crafts Center Caserma Éderle, \$40 This class will teach the step-bystep process of framing photos and artwork while giving participants the certification to be able to use the framing studio at their leisure. Learn about matting, glass cutting, measuring and cutting the molding, and overall frame assembly. Walk away with great tips and tricks. Bring a 5"x7" photo or smaller to frame. All other materials will be provided. Space is limited to six participants.

years old after completion of the course. Bring a writing instrument, swimsuit, towel, proof of age, and food and beverages (optional).

#### Interviewing Skills June 19, 9:30-1:30 a.m. ACS, Bldg. 108, Caserma Ederle

Learn effective strategies so you will be prepared to make a great first impression, answer questions effectively and land your next position. Takes place every third Tuesday. Sign up no later than two days before the class by calling DSN 634-6884, comm. 0444-71-6884.

#### Bringing Baby Home June 21, 3:30-5:30 p.m. ACS, Bldg. 108, Caserma Ederle

ACS, *Blag.* 108, *Caserma Ederle* This class is provided by the New Parent Support Program. Second time parents are encouraged to attend, as with every birth you become a new parent and no two children are alike. Learn practical tips about newborn behavior, sleep, SIDS, how to soothe a crying baby and much more. Call to register at DSN 634-7567, comm. 0444-71-7567.

#### Infant Massage Class June 22, 10:30-11:30 a.m.

ACS, Bldg. 108, Caserma Ederle Join the New Parent Support Program for this exciting chance to bond with your infant. Instruction is available to parents of children 5 weeks old to crawling. Learn techniques of infant massage to help baby sleep longer, enhance bonding, improve circulation and more.

#### Romp-N-Stomp Playgroup June 27, 10-11:30 a.m. SKIES Unlimited, Bldg. 308 Caserma Ederle

Every Wednesday (except holidays), Romp-N-Stomp playgroup is a time for learning through play. Parents with children ages birth to three years old are invited to this weekly playgroup. Working parents are encouraged to drop in and spend time with their families during their lunch hour. Call DSN 634-7500, comm. 0444-71-7500.

#### Baby Wearing Wrap-Up June 28, 3:30-4:30 p.m.

ACS, Bldg. 108, Caserma Ederle This class teaches about the practice of baby wearing, so participants and their babies can enjoy the maximum benefits. Benefits include building strong bonds, calming and soothing, and helping baby develop socially. Learn different carrier types including wraps, slings, and buckled or soft-structured; selecting the right carrier; and how to safely position baby in an ergonomically correct position.

### **VENETO MARKETS**

**Abano Terme (Padova):** June 17, 9 a.m.-6 p.m., Piazza Caduti 1 (about 80 vendors)

**Bassano del Grappa (Vicenza):** June 17, 9 a.m.-7 p.m., Piazza Terraglio

**Cittadella (Padova):** June 17, 8 a.m.-6 p.m., downtown squares and streets (about 100 vendors)

**Este (Padova):** June 17, 8 a.m.-7 p.m., Piazza Maggiore and Via Matteotti (about 60 vendors)

**Godega di Sant'Urbano (Treviso):** June 17, 8:30 a.m.-6:30 p.m., Via Roma (about 250 vendors)

**Montagnana (Padova):** June 17, 8 a.m. to sunset, Piazza Maggiore 150 (about 60 vendors)

**Padova:** June 17, 8 a.m.-8 p.m., in Prato della Valle and Via Umberto I (about 180 vendors)

**Soave (Verona):** June 17, 8 a.m.-6 p.m., Piazza Antonio Marogna and Corso Vittorio Emanuele (about 110 vendors)

**Verona:** June 17, 8 a.m.-5:30 p.m., Piazza S. Zeno (about 100 vendors)

**Cerea (Verona):** June 24, 9 a.m.-6 p.m., Via Farfusola 6 (about 150 vendors)

**Dolo (Venice):** June 24, 8 a.m.-7 p.m., in Piazza Cantiere (about 80 vendors)

**Piazzola sul Brenta (Padova):** June 24, 8 a.m.-6 p.m., in Via Camerini (about 700 vendors)

**Spresiano (Treviso):** June 24, 8 a.m.-6 p.m., in Piazza Luciano Rigo (about 100 vendors)

**Treviso:** June 24, 7:30 a.m.-7:30 p.m., Borgo Cavour (about 80 vendors)

**Valeggio sul Mincio (Verona):** June 24, 8 a.m.-7 p.m., Piazza Carlo Alberto and downtown streets (about 120 vendors)

### **TUSCANY MARKETS**

**Pontedera (Pisa):** June 16, 9 a.m.-6 p.m., main squares and streets downtown

**Certaldo (Florence):** June 17, 9 a.m.-7 p.m., Piazza Boccaccio and Via Cavour

**Florence:** June 16-17, 9 a.m.-7 p.m., Fortezza da Basso Gardens, Viale Filippo Strozzi (about 130 vendors)

Lucca: June 16-17, 9 a.m.-7 p.m., Piazza Antelminelli, Piazza S. Giovanni, Piazza San Giusto, Via San Giovanni, Corte Bertolini (about 230 vendors)

**Marina di Grosseto (Grosseto):** June 16-17, 9 a.m.-7 p.m., Via XXIV Maggio and Via Cadorna

**Ponte a Egola (Pisa):** June 17, 8 a.m.-7 p.m., Piazza Garibaldi and Via XXV Aprile

**Quarrata (Pistoia):** June 17, 9 a.m.-6 p.m., Piazza Risorgimento

Siena: June 17, 9 a.m.-6 p.m., Piazza del Mercato

Bientina (Pisa): June 23-24, 8 a.m.-7 p.m., Piazza

#### **Caving the Buso della Rana** *June 30, 10:30 a.m.-6 p.m. \$85 ODR, Caserma Ederle*

Expect to get down and dirty as the group heads underground to explore the dark tunnels of the Veneto's largest cave system, the Buso della Rana. Travel to Monte di Malo, just north of Vicenza, meet up with *Club Alpino Italiano* guides and get

#### **Lifeguard Training Course** *June 18-23, 5:30-11 p.m., \$75 Fitness Center Pool, Caserma Ederle* Become a certified lifeguard. After completion of this oneweek course, participants will be certified in lifeguarding. In addition, participants will obtain skills in CPR for the professional rescuer, AED for adult and children, and first

aid. Participants must be at least 16

#### **FITNESS & SPORTS**

#### **BOSS Morning Bike Rides**

#### June 22 & 29, 6-7:30 a.m. ODR, Caserma Ederle

New and experienced riders are invited to join; no registration is required for weekly morning bike rides. Bring road bicycle, helmet, spare inner tube, and water and snacks as needed. Call for information, DSN 637-2712, comm. 0444-66-2712.

For more events, see the monthly calendar at www.italy.armymwr.mil.

Vittorio Emanuele (about 140 vendors)

**Castiglion Fiorentino (Arezzo):** June 24, 9 a.m.-6 p.m. Piazza Del Municipio

**Cecina (Livorno):** June 24, 8 a.m.-8 p.m., Piazza Guerrazzi and Via Cavour

Florence: June 24, 9 a.m.-6 p.m., Piazza dei Ciompi

**Grosseto:** June 23-24, 9 a.m.-6 p.m., Piazza Stefano de Maria

**Montemurlo (Prato):** June 24, 9 a.m.-6 p.m., Piazza della Costituzione

Montevarchi (Arezzo): June 24, 9 a.m.-7 pm., Via dei Musei and nearby streets (about 100 vendors)

**Prato:** June 23-24, 8 a.m.-7 p.m., Piazza San Francesco

**San Gimignano (Siena):** June 24, 9 a.m.-6 p.m., Piazza delle Erbe

**Viareggio (Lucca):** June 23-24, 9 a.m.–6 p.m., Piazza D'Azeglio