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## INSIDE Engineers welcomed home

# Engineers welcomed home

"I'm glad you're finally home," 4-year-

**SEE HGU, A-6**









Nearly 240 service members take the oath of citizenship during a naturalization ceremony conducted in the al-Faw Palace, Camp Liberty, Iraq, Saturday.

# Watchdog becomes U.S. citizen on Fourth of July

Story and Photos by  
**MAJ. JEFF PARKER**  
8th Military Police Brigade Public Affairs

BAGHDAD — The Latin phrase “E Pluribus Unum” was presented to Congress as the words for the seal for the United States of America, July 4, 1776.

Halfway around the world from its origin, the phrase that means “out of many, one” held significant meaning for 236 service members, at the naturalization ceremony held, here, at the al-Faw Palace, Saturday.

Among those who raised their right hand and recited the oath of citizenship, Spc. Benny Ares, 8th Military Police Watchdog Brigade, Multinational Division-Baghdad, took the final steps towards officially becoming an American.

“This is something I’ve always wanted to do,” said Ares, a Dominican Republic native, who has been a legal resident since coming to America in 1979, at age 10.

Ares said it wasn’t until he became a human resource specialist that he had the most problems.



Ares

“Because of my legal status, I couldn’t receive the security clearance needed,” he explained. “I feel a great sense of pride of what I have accomplished in the past few years, but there was still something missing and that was my citizenship.”

Working in Manhattan as a concierge for 14 years, Ares didn’t follow a presumed path into the military, shortly after high school. It wasn’t until June 2006, that he joined the Pennsylvania Army National Guard. Following a 2007 deployment, he went on active duty, July 2008.

Later this fall, Ares will be returning to Schofield Barracks, Hawaii, along with the rest of the 8th MP Watchdogs, here ... not as he arrived, but as “one.”

“Nothing will make me more proud than to serve in the military and serve my country as a United States citizen,” Ares said.

# Geren: Devoted to Soldiers

CONTINUED FROM A-2

all-volunteer force became apparent soon after beginning this conflict, Geren said. During the past several years, the Army has devoted more and more resources to families.

“Soldiers who are married have expectations for their families, and we’ve been trying to meet those expectations,” he said. “Over the past two years, we’ve doubled the amount of money that goes into family programs - (from) \$700 million to \$1.4 billion.”

In his travels around the Army, Geren said, he has heard a lot of concern about the availability and affordability of quality child care. The Army has stepped up construction and manning of child care centers and is working to reduce the cost for enlisted families.

The service is stressed, Geren acknowledged, but he said Soldiers continue to meet the challenges. Many of them have served three and four deployments, and some are gone as much as they are home. Increasing dwell time — the time Soldiers are at home stations with families — is a priority.

“The Army is growing, and we hope to meet the 1-to-2 goal (of one year deployed followed by two years at home station) by 2011,” the secretary said.

Part of the problem is demand. Some 130,000 U.S. troops are in Iraq, and almost 60,000 service members are in Afghanistan. The current dwell ratio is a bit over 1-to-1.

“This is a work in progress,” Geren said. “We must do more.”

The role of reserve component Soldiers and the support provided to them increased during Geren’s tenure.

“It is clear that the reserves’ role in the war has been crucial,” he said. “We could not do what we have done without the reserves.”

# Military Police check progress of Tarmiyah Iraqi Police station

591st Military Police Company helps Iraqis prepare for grand reopening of modern facility

Story and Photo by  
**SGT. JON SOLES**  
Multinational Division-Baghdad Public Affairs

BAGHDAD — In 2006, an insurgent’s bomb destroyed the Tarmiyah Iraqi Police (IP) Station, leaving a burning pile of rubble.

Today, the station has literally risen from the ashes and is a new source of pride and an improvement for security in this town near Taji, north of Baghdad.

The Soldiers of the 591st Military Police (MP) Company, 93rd MP Battalion, 8th MP Brigade, are helping the IP prepare for the grand reopening of a new, modern building, funded by coalition forces.

Platoon leader of the 591st MP Co., 1st Lt. Brenda Beegle, met with the Tarmiyah IP commander, Col. Tawfiq Ahmad Hamid, here, July 3, to help plan the station’s opening and to check on security two days after the security agreement took effect.

“We are here to find out when the grand opening of this station is and to check on the red alert they received,” said Beegle.

After an insurgent’s vehicle-borne improvised explosive device left the old station in ruins, local council members arranged for the IP to use a small house.

“It greatly benefits them. Before, they couldn’t do their job because they didn’t have enough space,” said Beegle. “This new station shows the public the IP are worth something.”

The floors of the new station are shiny, and the halls are filled with the aroma of fresh paint. The new Tarmiyah IP Station is not only a town showpiece, but has made police work much easier for the IP, according to Hamid.

“Imagine yourself with one rented room, and then you go into a big house with many rooms. Of course there is a difference,” said Hamid.

But the new station, with its spacious rooms and high walls, does not alone make a good IP force, Beegle said.

Standing inside a newly-constructed steel tower, Pfc. Samuel Castaneda, 591st MP Co., kept security watch with his M-249. He said Soldiers still work with IPs to provide security and train for security.

“If we see anything suspicious we let them (IPs) know, ‘Hey you need to do something about that,’” Castaneda said.



Spc. Jovanny Lovato, military policeman, 591st Military Police (MP) Company, 93rd MP Battalion, 8th MP Brigade, pulls security from a guard tower with an Iraqi policeman at the new Tarmiyah Iraqi police station.

Beegle said she is working to involve the local Iraqi media and government officials from Baghdad in the Tarmiyah station’s reopening.

The American MPs have supported the Iraqis throughout the construction of the new IP station, and will continue to support them in training, said Beegle.

# Pacific region veterinary services gains new commander



Leslie Ozawa | Tripler Army Medical Center Public Affairs

## TRIPLER ARMY MEDICAL CENTER News Release

FORT SHAFTER— The Pacific Region Veterinary Command (PRVC) held a change of command ceremony, here, July 1.

Col. Paul Whippo took command from Col. John Poppe during the morning ceremony at Palm Circle, here.

The commander of the U.S. Army Veterinary Command, Col. David Rolfe, who presided over the ceremony, praised Poppe for his leadership of the Pacific region command for the past two years.

“A commander’s role is to create the environment for success, to see the big picture, to prioritize and focus the unit’s efforts and to lessen the natural chaos.

Col. Paul E. Whippo (left), Pacific Regional Veterinary Command’s new commander, returns the guidon to Command Sgt. Maj. Franklin Davis (center), during the change of command ceremony at Fort Shafter, July 1, while outgoing commander, Col. John L. Poppe (right), looks on.

Poppe has done just that, and done it in one of the most complex environments in the (Department of Defense),” Rolfe said.

Rolfe noted that under Poppe’s leadership, PRVC has led the Army’s six regional commands in outpatient visits. PRVC also provided support to the U.S. Pacific Command’s (USPACOM) emergency cyclone relief efforts and stability operations throughout the Pacific.

To help prevent the spread of the deadly avian flu virus, Poppe coordinated international military conferences and table-top exercises with U.S. allies in the region. He also helped integrate a newly established veterinary district in Korea into the Pacific regional command.

Poppe’s new assignment is at Fort Sam Houston, Texas, where he will head the veterinary science department at the Army Medical Department Center and School.

Incoming commander Whippo comes to Hawaii after serving as the com-

mand veterinarian for Army Central Command in Kuwait. Whippo previously served in Hawaii in 1993 as Tripler Army Medical Center’s chief of animal research. He also served in the Pacific region in Guam in 1997.

Originally from Indiana, Whippo was commissioned as an Army veterinarian after graduating from North Carolina State University in Raleigh, N.C. He has served in Europe in Germany, Hungary and the United Kingdom. He deployed to Saudi Arabia for Desert Shield and Desert Storm. He also has served in assignments at Walter Reed Army Medical Center, Fort Hood and Fort Sam Houston.

PRVC’s 300 personnel work on 28 military installations in Hawaii, Japan, Guam and Korea, supporting all of the USPACOM’s operations except Alaska. The veterinary command is responsible for food safety and quality assurance, care of government-owned animals, and animal disease prevention and control.

# Language: Linguists hone skills

CONTINUED FROM A-1

program.”

Though Nuno is the CLPM current administrator, he takes no credit for the award.

“Honestly, I inherited the program from Sgt. 1st Class Janine Wolf, who left active duty to go into the National Guard in South Dakota,” he said. “All the program implementation was in while she was in charge of the CLPM.”

The Army judged the program on a variety of criteria. The unit was validated on command involvement, language council, compliance with regulations, database management, use of language resources, incentive and marked progress in CLPM, AND training and methodology. The unit also received an evaluation on how they do business.

The Army also took into account the accomplishments of the unit, which continues to support Pacific and national missions at all levels.

The 732nd received commendations from U.S. Army-Pacific and the Joint Information Operations Center commanders. Soldiers from the battalion translated for four high-level military VIPs. The unit additionally provided support for course develop-

ment at Goodfellow Air Force Base, Texas, for linguists in the career field.

The primary evaluation of linguists is the Defense Language Proficiency Test (DLPT), which is run and scheduled by the CLPM manager. The DLPT measures the reading and listening ability of a linguist, and the test is designed to gauge a person with no ability (0) to a person with a general professional proficiency (3).

“Ninety-seven percent of our Soldiers test at a (listening) 2 and (reading) 2 level, with 24 percent testing at a 3-3 level,” Kyler said. “The reason for this is that 99 percent of the linguists received training annually, which led to the successes in the battalion.”

The linguists are also stellar Soldiers. According to Nuno, in the past three years, three of the 500th MI Brigade NCOs of the Year and two of the last 500th MI Brigade Soldiers of the Year have been from the 732nd MI Bn.

“The three things that made this program successful were command involvement, Soldier motivation and a good training program,” said Kyler.

“The linguists of the 732nd do their jobs very well and will hopefully do well for next year’s competition,” added Nuno.



# Units announce leadership changes

The Army Hawaii community is invited to attend changes of command ceremonies taking place this summer.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies are generally preceded by an awards ceremony, 15 minutes prior to the change of command.

The following ceremonies will take place at Sills Field, Schofield Barracks, unless otherwise noted.

- July 17, 2 p.m., 8th Special

Troops Battalion (STB); Lt. Col. Edward J. Burke passes command to Lt. Col. Sandra S. Munchow, at Palm Circle, Fort Shafter. Parking is limited. The point of contact is Lt. Joseph A. Macchiarella, 8th STB adjutant at 438-5515.

•July 29, 10 a.m., 8th Theater Sustainment Command (TSC); Maj. Gen. Raymond Mason passes command to Brig. Gen. Michael Terry, at Palm Circle, Fort Shafter.

*(Editor’s Note: Information listed is subject to change due to inclement weather. Times listed are the start times for the changes of command ceremonies.)*

# Soldiers convicted of AWOL, drugs and desertion

The Office of the Staff Judge Advocate publishes the results of the following recent Courts-Martial.

During the past month, three Soldiers were tried, found guilty, and sentenced for various offenses occurring on and off Schofield Barracks.

A specialist from B Company, 209th Aviation Support Battalion, 25th Combat Aviation Brigade, pled guilty to one charge of absent without leave (AWOL) and four specifications of distribution of drugs, and was confined for four years, reduced to the grade of E-1, and discharged from the service with a dishonorable discharge.

A sergeant from 3rd Squadron, 4th Cavalry Regiment (Rear), 3rd Infantry Brigade Combat Team (Rear), pled guilty to one charge of desertion, and was re-

duced to the grade of E-1, confined for four months, and discharged from the service with a bad conduct discharge.

A sergeant from 84th Engineer Battalion (Rear), 130th Eng. Brigade (Rear, Provisional), pled guilty to one charge of AWOL and one charge of missed movement, and was reduced to the grade of E-1, confined for three months, and forfeited \$500 pay per month for six months.

In addition to forfeiture of pay (either adjudged or by operation of law), confinement and a punitive discharge, the Soldier will also have a federal conviction that the Soldier must report when filling out a job application. A federal conviction strips the Soldier of many rights, such as the right to purchase and maintain firearms and the right to vote.

**Q:** Why does the Hawaii Army Weekly publish court-martial findings?

**A:** The Office of the Staff Judge Advocate releases the results of recent courts-martial for publication to inform the community of military justice trends and to deter future misconduct by Soldiers.



# FMWR and Tripler work together to provide wounded warrior programs

DON ROBBINS  
Staff Writer

SCHOFIELD BARRACKS — Wounded warriors are benefiting from a joint effort between Tripler Army Medical Center (TAMC) and the Directorate of Family and Morale, Welfare and Recreation (FMWR) to help them heal as part of the Warrior Transition Wellness Program.

The collaboration offers wounded Soldiers a combination of adventure trips, music therapy, arts and crafts, yoga, spiritual outings with a chaplain, and a psycho-educational component.

When the Warrior Transition Command (WTC) believed the need to provide a program for Soldiers to make a quicker transition to active duty or civilian life, Navy Lt. Cmdr. Angela Steele, licensed clinical psychologist, was chosen to take the lead.

Her job was to develop the newly introduced Warrior Transition Wellness Program and provide

the basic shell and look of the program — a six-week course that introduces Soldiers to a variety of skills, experiences and coping mechanisms.

“We work with the Soldier on multiple levels. We incorporate activities, which look at the whole Soldier. The WTB Wellness Program is the only comprehensive program for Warrior Transition Battalion (WTB) Soldiers at Schofield Barracks,” Steele said.

Among the major players working with the WTB is Conor Joyce, a civilian outdoor recreation (ODR) director.

“My goal is to introduce Soldiers to the activities, culture and the experience of Hawaii,” Joyce explained.

Working with the WTB as part of their wellness program, ODR takes the Soldiers surfing, paddleboarding, biking, hiking, kayaking and SCUBA diving.

Joyce said the skills Soldiers learn could be

used “later in life to minimize stress or find coping mechanisms. It’s a peaceful way to wind down.”

Joyce recalled that one Soldier never swam in a pool or open water before. However, the Soldier learned to stand-up paddleboard using a personal flotation device. Because that person learned the water isn’t such a scary place, the Soldier then decided to take swimming classes.

“They were able to go beyond their personal boundaries,” Joyce said.

Besides the work of ODR, another program helping wounded warriors heal consists of music therapy sessions and Arts and Crafts Center activities.

Soldiers can play or listen to music to relax during the music therapy sessions led by a social worker.

“Music therapy is a great way to heal, mentally and physically,” said Matt Enoch, FMWR

Recreation Center program manager.

Soldiers required to participate in the wellness program are considered “high risk” for destructive behaviors. They are also treated by social workers who are part of the WTB.

Some of the assistance the Soldiers receive include classes on anger management or stress management, she said.

After the six-week wellness program ends, Steele said a two-week break takes place before the program starts up again for a new group of Soldiers. The program will be extended for Soldiers who need further assistance.

Steele said 10 Soldiers are presently involved in the program, but she hopes to expand it to about 20-30 Soldiers.

Currently, the Soldiers participate in all activities together, but the goal is to have several rotations of Soldiers working on different activities simultaneously, she added.



Staff Sgt. Crista Yazzie | U.S. Army-Pacific Public Affairs

## Japanese recognition

HONOLULU — Japanese Armed Forces Gen. Hibako (far right), chief of staff of the Japan Ground Self Defense Force, presents a wreath at the National Memorial Cemetery of the Pacific as Lt. Gen. Benjamin R. Mixon (left), commanding general, U.S. Army-Pacific, and Gene Castanetti (center), director of the National Memorial Cemetery of the Pacific, observe. Approximately 20 Japanese military personnel are attending the U.S.-Japan Senior Leader Seminar to discuss a multitude of issues concerning both the U.S. and Japan.

## News Briefs

*Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.*

### 11 / Saturday

**Fort Shafter Road Work** — Motorists should be advised that due to construction, traffic will be re-routed in the vicinity of Funston and Wisser roads, Fort Shafter, starting July 11, and will continue through July 26. Detours will be set up on weekends only.

### 14 / Tuesday

**Newcomers Brief for Soldiers** — The next monthly newcomers briefing for Soldiers will be held July 14, 4-5 p.m., at the Soldier Support Center, Building 750, Schofield Barracks. The next monthly brief is scheduled Aug. 11.

**Civilian Orientation** — The next Orientation for New Employees (ONE) course is scheduled July 14, 8-3 p.m., at the Installation Training Center, Building 896. Priority seating is provided to new employees.

Current employees may attend ONE on a space-available basis. The next orientation is scheduled Aug. 26.

Register by calling Lisa Ferriman at 655-5600 or e-mail [lisa.ferriman@us.army.mil](mailto:lisa.ferriman@us.army.mil)

### 23 / Thursday

**FBI Recruitment** — Learn more about the FBI by attending an FBI career presentation July 23, 10 a.m., at the Soldier Support Center, Building 750, Schofield Barracks.

For information on future monthly presentations throughout Honolulu, contact Special Agent, Kal Wong at 566-4488/4300.

## August

### 11 / Tuesday

**Fire Warden Training** — Every building requires a Fire Warden. In larger buildings, more than one Fire Warden may be needed. Fire warden training will be held for building representatives Aug.11, Sept. 8, and Oct. 13, at the Schofield Barracks Education Center above the Sgt. Yano Library.

Classes will be held from 10-11:30 a.m. To reserve your seat, contact Battalion Chief Marter at [albert.marter@navy.mil](mailto:albert.marter@navy.mil).

### 17 / Monday

**Motorcycle Training** — U.S. Army Garrison-Hawaii and the California Superbike School will host an advanced motorcycle course for military personnel, Aug. 17-20, at Wheeler Army Air Field. Each “Train as you Ride” session is limited to 36 riders, and will be accepted on a first come basis.

All slots on Aug. 17 are reserved for members of the 25th Combat Aviation Brigade. All slots on Aug.18 are reserved for member of the 2nd Stryker Brigade Combat Team.

Students must sign up using an online tool at <https://air.lmi.org>. Select “Pacific,” “Hawaii,” then “Advanced Motorcycle Course.”

Courses are being scheduled in October and December, dates will be announced.

## Ongoing

**Sick Call Hours** — Effective July 1, the sick call hours for the Adult Medicine Clinic, Tripler Army Medical Center, have changed and will now be 7-8 a.m.

For more information, call Sgt. 1st Class Stewart 433-5829.

SEE NEWS BRIEFS, A-6

# HGU: Garrison university courses enhance careers

CONTINUED FROM A-1

Controller (ATC), who has been working for the garrison since 2007, said she is already registered for two HGU leadership courses beginning at the end of July and is ready to get started.

"I feel the Growing and Enhancing Leaders Programs will continue to prepare me for supervisory and managerial positions within and outside the ATC structure," she said.

Harvey has taken several DA courses and has high expectations from her time investment in HGU.

"I expect to learn how to think from a supervisor's perspective," she said, and stated that her goal is to prepare for promotions and to network with people who may be instrumental in helping her.

Jeffery Kam, the S3 operations officer for USAG-Oahu, is also currently enrolled in the Growing Leaders Program. His day-to-day responsibilities already require a

great deal of managerial skills; yet, he hopes to learn more and expects to build relationships with team members from other garrison directorates.

HGU instructional team leaders Sarah Kalicki-Nakamura and Cindy Sakai, of Honolulu-based company TH!NK, LLC, plan to exceed student expectations and deliver results to the workforce and the garrison.

TH!NK was contracted to build the HGU curriculum from the bottom up, with goals set forth by Margotta and input collected from civilian workforce focus groups.

Kalicki-Nakamura said that unlike a standard four-hour workshop, HGU classes are designed to grow skills over a long period of time and with practice.

"Students can develop knowledge in four hours, but you can't develop a behavior," she said. "It's all about preparing yourself for the next level."

Kalicki-Nakamura and Sakai have been providing training, coaching and team

building programs for companies in a variety of industries for more than 10 years.

Dave Vinton experienced TH!NK's up beat approach and training methods during a leadership class for Oceanic Time Warner Cable employees.

"TH!NK's leadership training classes were the first ones I actually felt were useful and real. They go beyond being a 'group hug-when-will-this-end-lecture' and instead engage and equip people with the needed tools for high performance."

More than 250 students are expected to attend HGU programs this year, and enrollment numbers and course offerings are expected to grow.

Future course offerings include a nine-day Adjunct Instructor Certification Program designed to train new HGU instructors.

Jocelyn Chang-Chuck, chief, WFD, has only one bit of advice for anyone who has not yet registered, "Your attitude determines your altitude. Don't get left behind, and invest in growing yourself today."

<b>Enrollment is open for the following HGU courses</b>	Leaders or Enhancing Leaders Programs closes July 14 and is limited to 25 students per course.
<ul style="list-style-type: none"><li>•Growing Leaders Program: Course begins July 29 and consists of eight, 4-hour consecutive classes.</li><li>•Enhancing Leaders Program: Course begins July 30 and consists of 10, 6-hour consecutive classes.</li><li>•Winning through Customer Service: A course for senior leaders begins July 28. A course for intermediate leaders begins Aug. 12. Eight courses for the USAG-HI civilian workforce will be offered beginning Sept. 8 and 9, Nov. 3 and 4, Feb. 2 and 3.</li><li>•Winning through Customer Service courses consists of four, 4-hour consecutive classes.</li><li>•Registration for the Growing-</li></ul>	<b>Course information</b> Courses are not taught on the weekends. All DA civilian garrison employees in all bands and series are eligible and encouraged to register. Classes, workbooks and materials are free of charge. Upon registration, students must commit to 100-percent attendance for their course of enrollment. Application forms and course catalogs can be requested through your directorate training point of contact, supervisor or by emailing the HGU registrar, at <a href="mailto:stephanie.ponciano@us.army.mil">stephanie.ponciano@us.army.mil</a> .

## News Briefs

From A-5

**Change in Traffic Pattern** – Chamberlain Road, on Fort Shafter (the road that runs parallel to Funston, Wisser and Maccomb Roads) is being converted

to a two-way street. Effective July 6, parking will no longer be available along the road, and it will be striped to accommodate two-way traffic. Motorists are being advised to make note of the change.

**Fort Shafter ACS Closure** – The Fort Shafter Flats Army Community Service (ACS) office will be closed until further notice. ACS services are available at the Tripler Army Medical Center

(TAMC) office, Building 127A, Krukowski Road, below the VA Center for Aging.

For Army Emergency Relief (AER) assistance, call 438-4499 or 655-4227 (ACS, Schofield Barracks.)

**Interactive Water Safety Tool** – Test your water safety IQ with the new U.S. Army Combat Readiness/Safety Center's Web-based Water Safety tool at <https://safety.army.mil/Water>

Safety. Players will be presented with four water safety challenges including swimming, jet-ski, life ringtoss and beach hazards.

Challenge your friends, beat the high score and show off your skills.

**Alcohol Awareness Self Assessments** – Do you know your drinking IQ? A free, online anonymous self-assessment at [www.DrinkingIQ.org](http://www.DrinkingIQ.org), available 24 hours a day, seven days a week.

In addition the Mental Health Self-Assessment Program (MH-SAP) offers self-assessments for post-traumatic stress disorder (PTSD), depression and more. Learn more at [www.mental-healthscreening.org/military](http://www.mental-healthscreening.org/military).



# HAWAII ARMY WEEKLY PAU HANA

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"When work is finished!"

FRIDAY, JULY 10, 2009

(From left to right) Jaydon, Jenesis, Issabel, Jounai, Taith and Samara sing Hawaiian songs and dance using uli uli during the Strong Beginnings Pre-K program at the Child Development Center, Schofield Barracks.



## Strong Beginnings: Pilot program prepares Pre-K children for the classroom

**DON ROBBINS**

Staff Writer

SCHOFIELD BARRACKS — Two U.S. Army Garrison-Hawaii (USAG-HI) Child Development Centers (CDC) have been helping children transition from preschool to kindergarten through an Army pilot program called Strong Beginnings Pre-K.

The program was introduced at Aliamanu Military Reservation (AMR) and Schofield Barracks CDCs in February and has produced a total of 71 graduates.

Debra Blanchard, Child, Youth and School Services (CYS2) coordinator, was excited to implement the program, here.

"It's been extremely successful. We want to increase our numbers, and we want to increase awareness," said Blanchard.

Strong Beginnings Pre-K is an Army initiative designed to prepare children for kindergarten. The program has a greater academic focus covering science, math, language/literacy, social studies and physical fitness, preparing the whole child for school success.

"(The program focus) is academic," said Betty Moreno, train-



Photos Courtesy of Schofield Barracks Child Development Center

Brienne Omalza, left, lead teacher, Child Development Center, Schofield Barracks, documents children's scores as they practice counting.

ing and curriculum specialist at Schofield Barracks CDC, "but it still allows children to have choices and build their attention over time."

Choices include difficult decisions such as when to work and when to play.

"The (children) are interested in the schoolwork, and they often choose to do it during 'choice time.'"

They really enjoy it."

Moreno explains how the children have been fascinated with writing their letters and making lists.

"We have a word wall and the children enjoy putting up new words on it everyday," she said.

The children are assigned roles and are held responsible for small

tasks as a way to help prepare them for the structure of a kindergarten classroom.

The "health inspector" makes sure everyone uses the five steps to wash their hands properly, "a color guard" holds the flag during the pledge of allegiance, or a "botanist" waters and cares for the plants in the classroom.

The Strong Beginnings Pre-K program will soon be available at Army Garrisons worldwide with a standard set of policies and procedures, making it consistent and predictable for all Army families.

Moreno said she's honored to be part of the program and added, "We all wept at the first graduation."

For more information about the Strong Beginnings Pre-K program, contact the Schofield Barracks (655-1819) or Aliamanu Military Reservation (836-7904) CDCs.



## Spouse encourages families to 'get hopping' with Space-A travel

Story and Photo by

**SHAHNAAZ A. MASON**

SCHOFIELD BARRACKS — If you are like many Army spouses here in Hawaii, you have been separated for quite some time from your Soldier.

A trip home or even an adventurous excursion to Australia might be just the thing you need to get through the last few months of separation.

A friend and Army spouse recently shared how she made a trip home and a Disneyland vacation possible for her family by taking advantage of Space-Available or Space-A travel.

Space-A travel is a program that serves active duty, reservists, retired and family members of military personnel. The purpose of your travel and status determines your eligibility and the category for flying.

By all accounts, their trip was a success. The children were able to visit their grandparents and relieve some of the stress they had been feeling since their dad deployed, and for my friend, it was a nice change of pace from counting down the months and days to her husband's return.

Once I heard how easy it was to fly Space-A, I was encouraged to give it a try for the first time last month.

My family needed to travel from Hickam Air Force Base, Hawaii, to



Shahnaaz Mason waits outside an Air Mobility Command passenger terminal with daughter, Jessie, 4 and son Joshua, 8 as they prepare to hop aboard their first Space-A flight last month.

Andrews Air Force Base, Md. On day one, our first attempt fell through, but by day two, we were onboard a C-5 airplane headed to Dover, Del., only an hour away from our desired destination.

Our seats on the plane faced a large aisle. When my daughter, Jesse, 4, and son, Joshua, 8, got tired, they were able to stretch out on the empty seats next to us, but could have also curled up in sleeping bags or blankets on the floor if I had brought them.

Our return flight was a dream, because we were lucky to hop

onboard a DC-8 commercial flight, complete with flight attendants and family-friendly in-flight movies.

We flew from Andrews Air Force Base, Md., to Travis Air Force Base, Calif., and spent the night at the United Service Organizations (USO) at Travis before heading back to Hawaii.

We were treated like royalty at the USO, with access to snacks, movies, books, blankets, iron, washing machines and even showers.

If you were ever leery or downright afraid of attempting to fly Space-A, I encourage you to "get hopping" with

some tips I used to get started.

### Pick a range of days

Determine which days your family can fly. It is a good idea to determine a range of days (2-3) for travel in case you get bumped off a flight or the flight changes.

### Get command sponsorship

If you are traveling without your sponsor or your spouse is deployed, you will need a command sponsor letter, which can be requested from your spouse's commander.

### Register at Web site

Visit [www.takeahop.org](http://www.takeahop.org) and follow the prompts to sign up for a flight. Be certain to have all family member's social security numbers readily available, and passports if you are traveling outside the U.S.

After filling out the online registration, you must be very resourceful and willing to do some legwork to map out your travel.

Lastly, prepare to be flexible — and happy "hopping." It will be an adventure you and your family will remember forever.

*(Editor's Note: Shahnaaz Mason is an Army spouse, mom and freelance writer. Her husband, Lt. Gary Mason II, 8th Theater Sustainment Command, and children, Jessy, 4; Joshua, 8; and Martel, 16, are stationed at Schofield Barracks, Hawaii.*

### Space-A Travel Tips

•Check in when you arrive at the air base.

•Print out your online registration for reference.

•Call Hickam Air Force Base and listen to a recording (449-1854) of which flights will be leaving in the next 2-3 days to determine when to arrive at the terminal.

•Arrive at least one hour before roll call to ensure your chances of getting a seat and to have time to order and pay for in-flight meals (\$4.25 per person, cash only). The boxed meals are huge, so have toddlers share one. You can even request vegetarian meals.

•Wear tennis shoes. Open-toe shoes are not permitted.

•Beware, if you are not present for roll call, you will not be able to board the flight.

•For more information on command sponsorship or Space-A contact the Air Mobility Command passenger terminal on Hickam Air Force Base at 449-6833 or get-started at [www.takeahop.org](http://www.takeahop.org).

Since the printing of this article Mason and her family have taken a second adventure, flying Space-A. She can be contacted at [kics.mason@gmail.com](mailto:kics.mason@gmail.com).





**10 / Today**  
**EFMP Support Groups** – The monthly Autism Support Group and SHARE Support Group, organized through the Exceptional Family Member Program, will not meet during the month of July. The group meetings will resume in August and observe the regular schedule. Call 655-4227.

**13 / Monday**  
**Financial Training** – Learn basic financial skills to help develop self-reliance, personal financial responsibility and planning, July 13, 8:30 a.m.-4 p.m., at Army Community Service, Schofield Barracks. This training is a mandatory eight-hour program of instruction for first term Soldiers. Certificates will be provided to participants who complete the full course. Call 655-4227.

**14 / Tuesday**  
**Library Summer Reading Program** – The U.S. Army Garrison-Hawaii (USAG-HI) Libraries Summer Reading Program features one more week of free entertainment for all ages.  
• See Bungie the Clown, July 14 at Fort Shafter Library; July 15 at Sgt. Yano Library, Schofield Barracks; and July 16 at AMR Library. All programs start at 3 p.m. Call 655-8002.

**Parenting Your Adolescent** – Learn how to deal with the parenting challenges of the “teenage years” during the next Parenting Your Adolescent course, July 14, 9-11 a.m., at Army Community Service, Schofield Barracks, and July 15, 9-11 a.m., Aliamanu Military Reservation Chapel. Parents will learn what normal adolescent behavior is, how to manage teenage risk-taking, and exactly what problems require professional attention. Call 655-0596.

**Online Resume Class** – Learn the basic elements of federal resume writing through a free Army Community Service (ACS) online course, July 14, 10-11 a.m. Basics of private sector resume writing will be offered, July 21, 10-11 a.m. To register, visit [www.acshiemployment.com](http://www.acshiemployment.com), scroll down and click “teleseminars.” Call ACS at 655-4227.

**15 / Wednesday**  
**Home Buying** – Join an informative seminar on home buying, July 15, 9-10:30 a.m., at Army Community Service, Schofield Barracks. Learn the benefits of owning a home,



Send announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**10 / Today**  
**AAFES Photo Contest** – Hawaii – Now through the end of July, Army Air Force Exchange Service (AAFES) customers are invited to submit photos online of their favorite BX/PX, along with a 50-word-or-less description. AAFES will award a \$50 gift card to two winners each week. Photos no larger than 1 MB can be sent to [Patriot-Family@aafes.com](mailto:Patriot-Family@aafes.com) with the words “Where in the World is your Exchange” in the subject line. Visit [www.aafes.com](http://www.aafes.com) for contest details.

**DeCa Certificate Checks** – Commissary patrons who were deployed or away on temporary duty, March 6-July 31, 2009, now have until July 31, 2010, to redeem gift certificates in a military commissary. Units, organizations and other customers who did not deploy or travel on official duty during the period noted must still redeem their commissary gift certificates by July 31, 2009. Visit [www.commissaries.com](http://www.commissaries.com) for more information.

**“Talk, Listen, Connect”** – Tune in to the U.S. Army Garrison-Hawaii Army Cable Network, TV2, to see episodes of the Sesame Street “Talk, Listen, Connect” series. The combined shows run approximately 50 minutes in length and are featured daily at 8 a.m., 10 a.m., 3 p.m. and 5 p.m. Stayed tuned to TV2 this fall for the re-broadcast of the PBS Sesame Workshop special “Coming Home: Military Families Cope with Change,” about families handling the change of redeployment.

**11 / Saturday**  
**8th Annual Hula Hoolauna** – Japan



Don Robbins | Honolulu Advertiser

# Who's the BOSS?

SCHOFIELD BARRACKS — Sgt. Philip Dukett, 1st Battalion, 14th Infantry Regiment, 25th Infantry Division, performs his best dance moves during a talent show audition hosted by the Better Opportunities for Single Soldiers (BOSS), at the Tropics, Wednesday. If selected, Dukett along with a variety of singers, dancers and musicians will perform at a BOSS “Welcome to the Red Carpet” talent show, Aug. 1. The dress-to-impress event is free and begins at 6 p.m.

and the difference between owning and renting. Call 655-4227.

**Hawaiian Workshop** – The Army Community Service (ACS) Relocation Readiness Program is offering a new Hawaiian culture workshop for Soldiers and families. The 10-week workshop, “Umeke Kao” or vessel of knowledge, meets each Wednesday, 6-8 p.m., at the ACS, Schofield Barracks. The next class is scheduled to meet, July 15. Experience traditional Hawaiian practices and activities, and fill your umeke (vessel) with Kao (knowledge) during each session. Children 6 years and older are welcome to participate; child care is not provided. To register for this workshop, call 655-4227.

**16 / Thursday**  
**Poker Tournament** – The next Texas Hold ‘Em tournament takes place, July 16, 6-9:30 p.m., at the Tropics, Schofield Barracks. Card players can test their skills against the “best of the best” poker players on post. All ID card holders 18 and older are welcome. Call 655-5698.

**EFMP Bowling** – Families with special needs individuals are invited to enjoy a bowling event, July 16, 6-8 p.m., at the Schofield Barracks Bowling Center, and July 23, 6-8 p.m., at the Fort Shafter Bowling Center. One family member must be enrolled in

and Hawaii come together in celebration of hula for a unique festival, exhibit and competition commemorating hula’s rich culture and vibrant customs. See performances July 11, 10 a.m.-7 p.m., at Ala Moana Center’s Center Stage, and July 12, noon-6:45 p.m., at the Royal Hawaiian Hotel, Coconut Grove. Call 286-2178.

**CPR Training** – The Schofield Barracks American Red Cross Service Center is conducting free child and infant CPR certification courses, July 11, 9 a.m.-1 p.m., or 1-5 p.m., at the Tropics. Enrollment is limited to the first 100 participants. Preregistration is required by e-mail. Send participant(s) name, phone number, e-mail address and session preference to [blapolice@hawaiiaredcross.org](mailto:blapolice@hawaiiaredcross.org). All registrants will receive enrollment confirmation. Call 655-4927.

**School/Sports Physical Days**– Tripler Army Medical Center’s (TAMC) Pediatrics (newborn-11 years) and Adolescent (12-21 years) clinics have set aside July 11, 9 a.m.-2 p.m., for school entrance and sports participation physicals for patients enrolled at either TAMC clinic. • Children will be seen on a first-come, first-served basis; no appointments will be taken. Please bring immunization records. For more information, contact the Pediatrics Clinic (433-9728) or the Adolescent Clinic (433-4165). • Schofield Barracks Health Clinic (SBHC) will hold a mass school and sports physicals day, July 25. The Family Practice Clinic and Pediatrics Clinic will see children even if they are not enrolled at SBHC. Tricare enrollment forms will be available and families will be able to enroll newcomers in Tricare. Appointments can be made by calling 433-8155.

**Waimea Night Tours** – Waimea Valley is offering a night walking tour beginning, July 11, 6:30-8:30 pm. The “Whispering Walls of Waimea” tours are approximately two hours long and will focus on the historical and spiritual side of the valley.

the Exceptional Family Member Program. Events are free and sign-up is required. Call 655-4227.

**17 / Friday**  
**Waikiki Wiki Wiki Bus** – The Army bus rides again, July 17, 9 p.m.-4 a.m. The bus will pick up riders on Schofield Barracks and Fort Shafter and take them down to party in Waikiki, worry-free. The return pick-up is at the Hale Koa at 3 a.m. Free tickets are available at Information, Ticketing and Registration offices, and riders must have a ticket to board. The bus is also scheduled to run July 31. Call 655-9971/438-1985.

**Family Fun Fridays** – Family Fun Friday is back at the Tropics Recreation Center, July 17, 6 p.m., with free Papa John’s pizza, games and contests the whole family will enjoy. Check out Nintendo Wii, PS3 and Xbox 360 games or play a game of pool, darts, air hockey, table tennis, beach volleyball and much more. Call 655-5698.

**25 / Saturday**  
**Mixed Martial Arts** – Tickets are on sale now for the “Scuffle at Schofield,” July 25, 7 p.m., at the Tropics, Schofield Barracks. Spectators will enjoy a series of live mixed martial arts fights. Tickets are on sale at the Tropics, Fight Stop at the Main Post Exchange, and other select locations. Visit [www.mwr](http://www.mwr)

The tours will be conducted by leading Hawaii historian and storyteller Lopaka Kapanui. Children must be at least 12 years old and accompanied by an adult. Reservations are required. Costs are \$50 (adults) and \$35 (children between the ages of 12-16). Additional tour dates are Aug. 29, Sept. 29, Oct. 24 and Nov. 14. Call Waimea Valley at 638-7766.

**16 / Thursday**  
**Waikiki Aquarium Summer Concerts** – The Waikiki Aquarium ocean-side summer concert series continues with some of the islands’ top performers, including Kaumakaiwa Kanakaole, July 16; Maunaulua, July 30; and Willie K, Aug. 13. Concert-goers may bring low-lying beach chairs. Tickets cost \$25 (adults) and \$10 (children). Call the Honolulu Box Office at 550-8457.

**26 / Sunday**  
**Back-to-School Supplies** – Operation Homefront-Hawaii is collecting donations of school supplies to assist military families and their children as they head back to school. Donations may be dropped off at the Navy Exchange and at Lex Brodie’s Queen Street and Pearlridge Branch. Families of enlisted service members, ranks E-6 and below, of all service branches are eligible to register to receive a backpack. More than 300 backpacks will be distributed, July 26, 2-3 p.m., at the Oahu Veterans Center. For online requests visit [www.operationhomefront.net/hawaii](http://www.operationhomefront.net/hawaii).

**August 1 / Saturday**  
**Yellow Ribbon Program** – Hawaii Pacific University (HPU) and more than 700 schools nationwide are partnering with the Department of Veterans Affairs to help veterans pay for their education through the Post 9/11 GI Bill, “Yellow Ribbon Program,” which goes into effect Aug. 1. Through the program, HPU scholarships will be available for eligible un-

armyhawaii.com. Call 655-5698.

## Ongoing

**BSC Facebook Page** – Stay current on all upcoming Blue Star Card (BSC) special events and activities at the BSC Facebook page. RSVP online to attend events, view event photos and tag your friends with special BSC stickers. Find BSC and be a friend today at [www.facebook.com](http://www.facebook.com); search “Blue Star Card.”

**Community Needs Assessment Survey** – Soldiers and families in the Army Hawaii community are invited to share their opinion on programs and services provided by the Army Community Service Family Advocacy Program. Survey participants have a chance to win a \$100 AAFES gift certificate. The Community Needs Assessment survey is being conducted during the next six months. Call Regina Peirce at 655-0596.

**Family Bowling Fun** – Enter to win weekly prizes and a \$50 grand prize gift card when you bowl one game at the Fort Shafter Bowling Center and one Wii game at the Fort Shafter Library. Open to all military, civilians and their families. Reservations are required. For more information, call the Fort Shafter Bowling Center, 438-6733, or the Fort Shafter Library, 438-9521.

dergraduate students starting Fall 2009 and include a housing allowance, stipend for books, supplies and more. Contact Sherri-Ann Pai, HPU VA coordinator at 356-5222.

## Ongoing

**BayFest Tickets** – Marine Corps Base Hawaii’s BayFest is scheduled Aug. 14-16 and will feature the band Filter, Aug. 14, 8:30 p.m., and the Black Eyed Peas, Aug. 15, 8:30 p.m., on the main stage. Exclusive military rate tickets are available at all Information, Tickets & Tours (I.T.T.) offices, and they are expected to sell out. Advance tickets at I.T.T. for Filter are \$20 each, and for Black Eyed Peas, \$25 each. Tickets at the gate will cost \$45 and \$55 per concert. General grounds admission is an additional \$5. Children 5 years and younger can attend the events for free. Gates open at 5 p.m., Aug. 14, and noon, Aug. 15-16. Call the BayFest hotline at 254-7679.

**Protestant Women of the Chapel** – The Protestant Women of the Chapel summer session will meet every Tuesday in July, 9-11:30 a.m., at the Schofield Barracks Chapel, Annex Room 212. Stop by for food, fun and fellowship. Free limited child care is available with reservations. For more information, contact Valerie at 753-3584 or [valeriep.woc@me.com](mailto:valeriep.woc@me.com).

**Summer Shuttle** – The new U.S. Army Garrison-Hawaii Oahu North summer shuttle runs Monday-Friday, 8 a.m.-5 p.m., between Helemano Military Reservation, Mendonca Park, Schofield Barracks, Wheeler Army Airfield and Camp Stover. All Department of Defense members and family are eligible (ID required). Youth riders must be 12 or older to ride alone; under 12 must be accompanied by an adult. The shuttle route schedule can be downloaded at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil); click “Post Updates,” then “Post Information.”



**Allamanu (AMR) Chapel 836-4599**  
• Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.  
• Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service  
• Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

**Fort DeRussy Chapel 836-4599**  
• Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach  
• Protestant Sunday, 9 a.m. – Worship Service  
• Buddhist 1st Sunday, 1 p.m.

**Fort Shafter Chapel 836-4599**  
• Contemporary Protestant Sunday, 9 a.m. – “The Wave” Worship

**Helemano (HMR) Chapel 653-0703**  
• Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service & Children’s Church

**Main Post Chapel 655-9307**  
• Catholic Sunday, 9 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass  
• Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School  
• Gospel Sunday, 10:30 a.m. – Sunday School Sunday, noon – Worship Service

**MPC Annex, Building 791**  
• Chalice Circle Tuesday, 7 p.m.  
• Islamic Prayers and Study Friday, 1 p.m.  
• Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**  
• Catholic Friday-Saturday, noon – Adoration  
• Liturgical Sunday, 9:30 a.m. – Worship

**Tripler AMC Chapel 433-5727**  
• Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass  
• Protestant Sunday, 9 a.m. – Worship Service

**Wheeler Chapel 656-4481**  
• Catholic Saturday, 5 p.m. – Mass  
• Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



This Week at the  
**MOVIES**  
Sgt. Smith Theater

Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



**Night at the Museum: Battle of the Smithsonian**  
(PG)  
Friday, 7 p.m.  
Thursday, 7 p.m.

**Up**  
(PG)  
Saturday, 4 p.m.  
Sunday, 2 p.m.  
Saturday, 2 p.m.

**Land of the Lost**  
(PG-13)  
Saturday, 7 p.m.  
Wednesday, 7 p.m.

**The Pirates Who Don't Do Anything: Veggie Tales**  
(G)  
Wednesday, 4 p.m.

No shows on Mondays or Tuesdays.





Above — Toni DeJong adds some patriotic flare to Angela Lorek's face at the 65th Engineer Battalion face painting booth.



Spc. Edward Beaupre poses as a "patriotic surfer" with his son Micheal, 2, posing as "man's best friend." Families had fun getting into the spirit of the day by trying out some new personalities at colorful cardboard cutouts supplied by Family and Morale, Welfare and Recreation.

# Fourth festivities focus on fun

Photos by Don Robbins, Honolulu Advertiser



Gloria Freitas, left, and Jaylin Banks, sell punching-bag balloons to raise funds for the Aliamanu Military Reservation youth services program during the Fourth of July events at Sills Field, Saturday.



Under the FMWR tent, protected from the heat of the day, Joann Hirata and Joy Baker sell tickets, 3-D fireworks glasses and T-shirts during the Fourth of July Spectacular.

## Legendary rock band Kansas visits WTB Soldiers and families at Schofield

Story and Photo by  
**JANET CLARK**  
Tripler Army Medical Center Public Affairs

SCHOFIELD BARRACKS — Warrior Transition Battalion (WTB) Soldiers, their family members and family members of deployed Soldiers, waited patiently in line for an opportunity to meet the members of legendary rock band Kansas, Saturday.

As band members took their seats at the Tropics, here, the excitement level rose, and everyone became anxious to get an autograph and thank the band for their support.

Spc. Dennis Smith, WTB, who attended the event with his wife and children, was one of many who expressed their appreciation for the band's visit.

"Every person serves our country one way or another," Smith said. "By



Members of the band Kansas autograph photos and talk with fans during a "meet and greet" at the Tropics, Schofield Barracks, Saturday. Warrior Transition Battalion Soldiers and their family members attended the event and thanked the band for their support.

Kansas being here, they are serving our country by supporting the troops and keeping morale up. This is them doing their part, and we are grateful."

Phil Ehart, drummer and original band member, took the time to speak with each person in line. As he autographed band photos, he spoke about

the chance to meet those who serve our country.

"We've done a lot of work with the troops over the years, and a lot of work with the (United Service Organizations)," said Ehart. "Anytime we get an opportunity to do something for the troops, we'll step up and do it. We appreciate what they do for us, so we are here to show it."

Adding to Ehart's comments was fellow band-mate David Ragsdale.

"We are here to entertain those without whom we could not entertain. If we didn't have the freedom to do what we do, we couldn't do it," Ragsdale said. "This is the American thing to do because we have the freedom to do it."

Pfc. Anthony Vandegrift, recent WTB arrival, felt fortunate to be able to attend the visit with Kansas.

"I obviously didn't expect to be in Hawaii for the Fourth of July, so even under the circumstances, being home is great, but having Kansas here showing their support, makes it even better," Vandegrift said.

Ron Locklar, chief, Community Recreation Division, Family and Morale, Welfare and Recreation, summed up the day's events, to include the evening concert.

He said the Kansas visit and concert for the Soldiers and families shows their desire to give something back. It is a true patriotic celebration.

"People here understand what the Fourth of July means, more than most, and it's just a great opportunity for everyone to come together and celebrate a great thing with great people," Locklar said.



### 11 / Saturday

#### Summer Ocean Splash

Don't miss an opportunity to learn up to four water sports all in one day, July 11, 7 a.m.-2 p.m., with Outdoor Recreation. Schofield Barracks.

Summer Ocean Splash participants will enjoy lessons in stand-up paddleboarding, surfing, kayaking and outrigger canoeing.

The course costs \$60 per person. Registration is required and is now accepted by phone.

Call 655-0143.

### 18 / Saturday

#### Three-Point Shootout

Join the Aliamanu Military Reservation (AMR) Physical Fitness Center's 3-point shootout, July 18. The top three winners will receive prizes.

Cost is \$10 to enter. For more information, call 836-0338.

### 25 / Saturday

#### Tropics Sand Volleyball Series

Bump, set and spike your way to success during a beach volleyball tournament, July 25, at the Tropics, Schofield Barracks. Enjoy food and drink specials, giveaways and awards for top players.

This tournament is all-day, and play will continue until a winner is crowned. Players must be 18 or older.

Cost is \$10 per team to enter, but active duty military can play for free. For more information or to register,

call 438-1152.

## Ongoing

**Paintball** – Check out the paintball facility at Wheeler Army Airfield, just off Lauhala Road next to the baseball fields. The facility features three lighted fields, and they are open for regular, league and youth play, plus private parties and physical training.

Hours of operation are Fridays, 5-9 p.m., and Saturdays and Sundays, 11 a.m.-7 p.m. Rental equipment and instruction is available. You can bring your own paint or buy it there.

Call 343-3929 or visit [www.paintballhawaii.com](http://www.paintballhawaii.com).

**Volunteer Coaches** – Interested in volunteering to be a Youth Sports

coach?

Call 836-1923 for Aliamanu Military Reservation, 438-9336 for Fort Shafter/Tripler, 655-6465 for Schofield, or 655-0883 for Helemano Military Reservation.

**Pool Fees** – Monthly passes are available for use at any Army pool. Active duty Soldiers can use all pools for free. Individual monthly passes are \$12 for family members and retirees, \$10.80 for all Blue Star Card (BSC) holders, and \$18 for Department of Defense and Army and Air Force Exchange Service (AAFES) civilians.

Monthly family passes for military families are \$20 and \$18 for BSC holders. All passes are valid from the first day of the month until the last day of the same month, at any pool. Call Richardson pool, Schofield Barracks,

655-9698; Tripler Army Medical Center pool, 433-5257; Helemano Military Reservation pool, 653-0716; or Aliamanu Military Reservation pool, 833-0255.

**Free Ladies Golf Clinic** – Learn the basics of golfing at a free ladies golf clinic. The clinic is offered the first Saturday of each month at Leilehua Golf Course Driving Range from 2:30-3:30 p.m.

Call 655-4653 to sign up.

**Volleyball & Racquetball** – Learn basic skills and techniques from experienced instructors, Tuesdays and Thursdays, 8:30-10 a.m., at Martinez Physical Fitness Center, Schofield Barracks. Courts will be open for free play across the street from the facility.

Call 655-4804.

*Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com)*

### 11 / Saturday

#### Hike Oahu

Join the Hawaiian Trail & Mountain Club for a 5-mile intermediate hike, July 11. The hike descends to a lovely valley with a small waterfall and pool off the Aiea Loop trail. Expect native flora, mountain apples, and a steep climb back up to the trail. Call Thea Ferentinos, 375-0384.

Save the date for these hikes, too.

- July 25, a 3-mile intermediate ridge hike starting at Friendship Gardens in Kaneohe. Call Dayle Turner, 382-4821.
- Aug. 2, a 6-mile intermediate hike in the Kahana Valley. Call Grant Oka, 674-1459.

A \$2 donation is requested of non-

members. An adult must accompany children under 18.

Visit [www.htmlclub.org](http://www.htmlclub.org).

**Hike Waimea Valley** – Join a series of hikes in the Waimea Valley throughout the month of July. Hikes take participants off the beaten path to see a wide variety of native and introduced plants, archaeological sites and spectacular views of the Valley.

Children must be at least 7 years old and accompanied by an adult, unless otherwise noted.

- July 11, 2-mile Ala Ki hike
- July 18, 2-mile Kalahee hike
- July 25, 6-mile Ridge/Stream/Ridge hike. (Youth must be at least 12 years old.) Hikes under 6 miles cost \$5 per person; hikes more than 6 miles cost \$10, plus Waimea Valley admission fee. Groups meet at Waimea Valley, 9 a.m. For reservations, call 638-7766.

Visit [www.waimeavalley.net](http://www.waimeavalley.net).

### 19 / Sunday

#### Coconut Chase 8K

Catch the co-

conut to win a special prize at the first annual Coconut Chase 8K for the Leukemia and Lymphoma Society, July 19, 6:30 a.m., at Ala Moana Beach Park. Registration costs \$35 per person. Register at [www.active.com](http://www.active.com) by noon, July 13.

### 26 / Sunday

#### Tinman Triathlon

Swim, bike and run your way fit at the Tinman Triathlon, July 26, starting at 5:30 a.m. at Kapiolani Park. The race consists of an 800-meter swim from Queen's Beach Groin to the Waikiki Aquarium and back, a 40K bike ride starting at Kapiolani Park to Hawaii Kai and back, and a 10K run. All entries must be postmarked by July 13. Same day registration is not available.

Call Olga Caldwell at 595-5317.

## August

### 9 / Sunday

#### Mango Days 5K

The 7th Annu-

al Mango Days 5K, is scheduled Aug. 9, 6:30 a.m., at Ala Moana Beach Park, and will benefit the Leukemia & Lymphoma Society. The registration fee is \$35 to run/walk. Late registration is \$40.

This is a stroller-friendly race. Participants can register for an optional breakfast buffet following the run for \$11.

Online registration at [www.active.com](http://www.active.com) closes Aug. 3, noon. Call the Leukemia & Lymphoma Society for more information at 534-1222.

### 16 / Sunday

#### Volksmarch

Join the Menehune Marchers Volkspport Club on a 5 or 10K volksmarch (walk), Aug. 16, starting in Wahiawa at the Botanical Garden parking lot (1402 Glen Avenue, directly across from Wahiawa Elementary School.) Participants can start anytime between 7:30 a.m. and 10 a.m., and finish by 1 p.m.

For more information, call Carol at 626-3575 or visit the club's Web site at

[www.ava.org/clubs/menehunemarchers](http://www.ava.org/clubs/menehunemarchers). The event is free, and IVV credit, if desired, is available for a nominal fee.

## Ongoing

**Honolulu Polo Club** – The Honolulu Polo Club is celebrating the military by offering free admission every Sunday to Soldiers and families now through Oct. 25. Gates open at 1 p.m. and polo begins at 2:30 p.m. Families are welcome to tailgate or picnic field-side. The club is located at Kalaniana'ole Highway in Waimanalo. Call 521-0021.

**Sports Officials Wanted** – Sports officials (paid positions) are needed for the football intramural season scheduled to begin in early September. Games will be played weeknights at Schofield Barracks or Fort Shafter.

Youth games will be played Saturday mornings at Helemano Military Reservation, Schofield or Aliamanu Military Reservation.



# Army team wins Fourth of July softball tournament

Story and Photos by  
**RANDY DELLA CRUZ**  
Contributing Writer

PEARL HARBOR — The U.S. Navy may have had the most teams, but a squad comprised mostly of U.S. Army Soldiers stole the show in the Hawaiian Men's Senior Softball Club's Fourth of July Tournament at Millican Field, here, July 4-5.

During the weekend series, teams from the USS Port Royal (CG 73), USS Reuben James (FFG 57) and USS Russell (DDG 59) all received early exits, while SNAFU, which is a squad of players from Commander Submarine Force Pacific Fleet, made it to the semi-finals, but were ousted by U.S. Marines from Marine Corps Base Hawaii (MCBH), Kaneohe Bay.

With no Navy teams remaining, the finals in the double-elimination tournament came down to the Marines against the Army's entry, nicknamed BTA.

The Marines entered the finals with one loss and faced the Herculean task of having to beat BTA twice in order to claim the tournament crown.

Jumping out to a 5-3 lead after two innings, the Marines forced BTA into a winner-take-all match after holding on to a 14-13 victory.

However, in the championship showdown, it was BTA that took the early lead when it crossed home four times in the first inning.

Staff Sgt. Jason Lavind, 732nd Military Intelligence Battalion, who blasted a two-run homer over the right field fence, provided the big blow in the first.

Lavind said that after tasting defeat for the first time in the tournament, his team wanted to come out strong and put pressure on the Marines right away.

"Losing was a big motivating factor," noted Lavind. "We pretty much beat ourselves in the first game, so we wanted to come out and make a statement."

After the Marines came back to score two runs in the bottom of the first, BTA posted another big inning in the second with three runs to take a 7-2 advantage.

In the inning, BTA hitter Air Force Master Sgt. Donovan Schafer blasted the team's second dinger to drive in two runs.



Sgt. 1st Class Rey Ado, 2nd Stryker Brigade Combat Team, throws a knuckleball from the pitcher's mound during the championship finals at the Hawaiian Men's Senior Softball Club's Fourth of July Tournament at Millican Field, Naval Station Pearl Harbor, Sunday. Ado was a member of the BTA softball team, comprised mostly of Hawaii Army Soldiers. BTA defeated the Marines, 22-5, to win the tournament championship.

Up by five runs after three innings, BTA batters put the pedal to the metal, racking up five runs in the fourth, six

runs in the fifth, and seven runs in the sixth inning to finish the game with 22 runs.



Sgt. 1st Class Rey Ado, 2nd Stryker Brigade Combat Team, tries to avoid being tagged out at third base by Marine Cpl. Greg Fryman during the championship finals at Millican Field, Naval Station Pearl Harbor, Sunday.

Master Sgt. Tim "Woody" Woods of U.S. Army-Pacific (USARPAC) at Fort Shafter aided BTA's cause by slamming a two-run shot over the right field fence in the top of the fifth inning.

"I was tired of going the opposite way," said Woods, who bats from the left side. "So I was looking for a good inside pitch that I could drive."

While BTA was taking care of business in the batter's box, Sgt. 1st Class Rey Ado, 2nd Stryker Brigade Combat Team, was doing his job from the pitcher's mound in holding a potent Marine lineup to just five runs.

Ado's fluttering knuckleball held the Marines scoreless in four of the game's seven innings.

"That's the only pitch I throw," said Ado about his knuckler. "In the first game, they (Marines) were hitting the balls that were coming in short, so I pitched a little high and deeper into the box. That seemed to get them to hit ground balls."

Although the Marines were soundly beaten in the championship game, Marine Cpl. Greg Fryman, who played third base for the Marines, said that he was satisfied with the way his team battled throughout the tournament.

In fighting back from the loser's bracket, the Marines finished off the series by having to play three consecutive games, which eventually took its toll on the players.

"It was a matter of us getting tired and not hitting the way we should," said Fryman about the Marines' lopsided loss. "But we're all happy with the way we played. We won a lot of games and played good softball."

Ado claimed that while it was good to come out on top, getting together with his teammates was more important than the wins.

"It's all about ohana (family)," said Ado. "It's about coming out here with all the guys and just having fun."