

# HAWAII ARMY WEEKLY

VOL. 38 NO. 26 | JULY 3, 2009

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## INSIDE



### Warrior task

18th MEDCOM completes first training exercise since standing up as a unit.

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### Holiday traffic advisory

Traffic will be severely impacted on Schofield Barracks during the Fourth of July events. Primary roads affected will be Cadet Sheridan and Trimble roads. The commissary parking lot will be closed beginning 7:45 p.m. today-midnight Sunday.

See News Briefs, A-4 & B-1.

### Fourth happenings

Opportunities to celebrate the birth of our nation abound throughout the island.

See B-1 & Community Calendar, B-2.



### 100 years

Schofield Barracks celebrates its centennial with historic walking and bus tours, July 4.

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### This issue

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Deployed Forces

1st Lt. Brandon Phillips | 84th Engineer Battalion (Construction Effects), 18th Engineer Brigade

### Down and dirty

NINEWA PROVINCE, Iraq — Spc. Justin Eskew, a tracked vehicle repairer with Forward Support Company (FSC), 84th Engineer Battalion (Construction Effects), 18th Engineer Brigade, troubleshoots an M870 trailer that had recently been damaged during a mission, here, June 16. The Soldiers of the FSC keep 406 vehicles, generators and engineer equipment ready for the fight.

## Reserve Soldier dies in rollover

9TH MISSION SUPPORT COMMAND  
News Release

The Department of Defense announced, Friday, the death of a Soldier who was supporting Operation Iraqi Freedom.

Spc. Casey L. Hills, 23, of Salem, Ill., died June 24 in Iraq, of injuries sustained during a vehicle rollover.

Hills was assigned to the 100th Battalion, 442nd Infantry Regiment, Pago Pago, American Samoa.

The circumstances surrounding the incident are under investigation.



## 552nd MP Soldier earns Bronze Star with Valor

Story and Photo by  
SPC. JENNIFER PREMIER  
8th Sustainment Brigade (Provisional) Public Affairs

HELEMANO MILITARY RESERVATION — Soldiers from the 728th Military Police Battalion came together, June 23, at the chapel, here, to see one of their own recognized for his heroic efforts in Iraq.

Sgt. Justin Cooper, military police (MP) officer, 552nd MP Company, 728th MP Battalion, was awarded the Bronze Star Medal with Valor after providing lifesaving first aid to another Soldier while stationed in Iraq in 2007.

Cooper's squad from the 552nd MP Co. had just completed inventory of an arms room in the Al Rashidayah local police station, Oct. 16, 2007. As they were leaving the station, the squad was hit by a Ruchmaya Kumulyativnaya Granata (RKG-3) handheld grenade.

Cooper immediately took control of the situation and ordered everyone to evacuate the vehicle. However, Pfc. Michael Brown was badly injured and unable to do so on his own.

Cooper was able to remove Brown from the vehicle, stop the bleeding, and assist in



getting everyone to safety.

"I appreciate the training we get a lot more now," said Cooper. "It's because of that training that I was able to react without thinking about it."

During the ceremony, Maj. Gen. Raymond Mason, commander, 8th Theater Sustain-

ment Command, spoke about the meaning of the national anthem, which ends with "and the home of the brave?" Maj. Gen. Mason highlighted the question mark at the end. "As we stand here today, that question has been answered by Sgt. Cooper," he said. Cooper, however, does not take all the credit for his bravery. Cooper thanked the Soldiers who were also involved in the incident for their assistance, and he thanked his wife.

"I thank God that things turned out the way they did that day," said Cooper. "Brown lost his leg, but several people could have lost their lives."

Though Brown is currently in Washington, D.C., receiving treatment, he and Cooper and their families are still in touch and speak on a weekly basis.

## Army limits re-enlistment options for rest of fiscal year

C. TODD LOPEZ  
Army News Service

WASHINGTON — In an effort to slow the momentum of what has been an exceptionally productive year in recruiting and retention, the Army has limited re-enlistment options during the last three months of fiscal year 2009.

"Due to the Army's great

success in growing the force and meeting and exceeding our retention mission, the Army has been taking steps to slow retention and overproduction for the remainder of the fiscal year," said Sgt. Maj. Dean Drummond, Army senior career counselor, G-1 Army Retention.

"These steps have included reductions in retention bonus-

es, reductions in the number of military occupational specialties eligible for a selective re-enlistment bonus, suspension of the retention mission and most recently, two-year re-enlistments," he explained.

In a Department of the Army (DA) retention policy message released June 25, the Army spelled out changes to re-en-

listment option eligibility. According to the policy message, if Soldiers want to re-enlist between June 27 and Sept. 30, they may be limited to a two-year re-enlistment under the "Regular Army Re-enlistment" option.

By the beginning of fiscal

SEE OPTIONS, A-8

## Privatizing Army lodging will increase quality of life

INSTALLATION MANAGEMENT  
COMMAND PUBLIC AFFAIRS  
News Release

WASHINGTON — The U.S. Army announced, June 12, that it will transfer the first 10 installations under the Army's Privatization of Army Lodging (PAL) program on Aug. 15, 2009.

The transfer is a reinforcement of the U.S. Army's commitment to improving its transient lodging to enhance the quality of life of Soldiers and their families.

Actus Lend Lease will perform the redevelopment of the lodging facilities, and lodging operations will be assumed by the InterContinental Hotels Group (IHG).

"PAL brings world-class lodging practices and private sector investment to support quality of life requirements of our Soldiers, families and civilians as they serve," said Lt. Gen. Robert Wilson, assistant chief of staff for installation management.

Most of Army Lodging employees affected by the transfer will receive offers of employment from IHG. Retained employees will have their Army Lodging employment honored as IHG service time.

Seven of the 10 affected Army Lodging general managers have

SEE QUALITY, A-8

## Zero energy home pilot program earns AHFH national award

Leadership in Energy and Environmental Design program attracts praise

ARMY HAWAII FAMILY HOUSING  
News Release

SCHOFIELD BARRACKS — Army Hawaii Family Housing (AHFH) has again been recognized by a national organization for its progressive approach to sustainable building.

The Association of Defense Communities (ADC) will present AHFH with its 2009 ADC Most Innovative Community Project of the Year Award at a ceremo-

ny in Boston in August.

The award recognizes an active or base redevelopment community that has launched a specific project/initiative of any size that represents a significant innovation or a new approach for dealing with an issue common to other defense communities, and that is a significant advancement to current best practices.

AHFH will be recognized for its work surrounding the LEED (Leadership in Energy and Environmental Design) green building rating system and the development of a Zero Energy Home (ZEH)



Courtesy Photo

Army Hawaii Family Housing is building homes with energy efficiency in mind.

SEE AWARD, A-8

## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

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### Nondelivery or distribution

problems in Army Hawaii Family Housing areas? If so, call 656-3155 or 656-3156.

## 35 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 7/1/2009.



Col. Malcolm Frost (center), commander, 2nd Stryker Brigade Combat Team "Warrior," holds the colors after receiving them from Brig. Gen. Robert Brown, 25th Infantry Division deputy commanding general of support, during a change of command ceremony at Sills Field, Schofield Barracks, June 26. Col. Todd McCaffrey, who relinquished command to Frost, is moving to serve at U.S. Army-Pacific.

# Warriors welcome new leader

Story and Photo by  
**MAJ. AL HING**

2nd Stryker Brigade Combat Team Public Affairs

SCHOFIELD BARRACKS – Flanked by two Stryker vehicles, Col. Malcolm Frost assumed command of the 2nd Stryker Brigade Combat Team "Warrior" from Col. Todd McCaffrey, June 26, at Sills Field, here.

The change of command was presided by Brig. Gen. Robert Brown, deputy commanding general of support, 25th Infantry Division.

"I have been privileged to share in the brigade's accomplishments the past two years," said McCaffrey. "Few commanders can claim to have walked among true heroes. I can now make that claim."

The brigade achieved numerous accomplishments during the past 24 months. Among them, a 15-month deployment in support of Operation Iraqi Freedom (OIF) was instrumental in the reduction of secular violence in the north and west sectors of Baghdad. In the areas from Tarmiyah to Abu Gharib, a 71-percent reduction was seen in violence from the year prior to the brigade's arrival.

The Warrior Brigade's sector was more than 1,300 square miles, which was completely transferred to Iraqi Security Forces control prior to the brigade's return to Hawaii.

In efforts to dismantle enemy networks, the brigade was responsible for the capture

of 671 high-value extremists, and it discovered and destroyed 641 caches of enemy weapons and supplies, which degraded terrorist and criminal activities in North and West Baghdad, and limited their reach into Baghdad.

Simultaneously, the brigade enabled Iraqi networks by assisting in the growth of local governmental agencies, developed and pushed more than 400 essential service projects valued at over \$66 million, and successfully transferred over 13,000 Sons of Iraq to Government of Iraq control.

Electrical improvements drove agricultural improvements with the re-establishment of pump stations to provide water. The brigade also worked in conjunction with the Government of Iraq for its funding of key projects valued at over \$220 million.

"What kept the brigade going and what has made them so successful were the leaders of this unit who care," said Brown. "It starts with the commander and goes all the way down to the junior leaders who take care of the Soldiers every day."

Brown recognized Lisa McCaffrey who led the family readiness group (FRG).

The Warrior FRGs conducted a "Walk to Iraq and Back" – walking more than two-

and-a-half times the distance from Hawaii to Baghdad, raised more than \$50,000 for the Warrior memorial, and raised over \$8,000 for a children's charity, all of which focused on support for warriors.

Additionally, the brigade and FRG sponsored "Camp Warrior" and "GI Jane" days, which involved keeping children and spouses of deployed warriors engaged with the brigade through the FRG teams.

"I now look forward to watching this brigade go to even greater heights," said McCaffrey. "To do that requires new energy and new leadership. I look forward to seeing the next great

chapter in our history penned."

Frost returns to the 25th Infantry Division, having previously commanded 3rd Squadron, 4th Cavalry Regiment, and served as Chief of Exercises in the Division G-3. His wife, Col. Patricia Frost, commanded the division's Special Troops Battalion during the division's OIF 06-07 deployment.

Prior to the change of command ceremony, McCaffrey was awarded the Legion of Merit, and Lisa McCaffrey was awarded the Outstanding Civilian Service Medal – awards recognizing their selfless dedication and service to the Warrior Brigade.

"I look forward to seeing the next great chapter in our history penned."

– Col. Todd McCaffrey  
Outgoing Commander  
2nd Stryker Brigade Combat Team

## Couple thanks Good Samaritans for their help

### LETTER TO THE EDITOR

Hello Editor,

I don't know if you think this is worthy news, but to me it is because I want to "thank" the kind people who helped my husband.

On our way to the (Post Exchange), June 13, my husband fell in the parking lot and couldn't get up by himself. A kind gentleman helped him up and helped him into his car, so he could sit down. (My husband wasn't steady on his feet) and (the kind gentleman) stayed with him until help arrived.

A man with a cell phone called the ambulance. Also, Lori from the food court brought out ice and paper towels to wipe his bleeding face.

All is well now with my husband, and all of his facial, knees, hand bruises are healing.

We want to thank all the people who helped my husband. Our heartfelt Mahalo to all for your help, and may good things come your way.

Much Thanks,  
Retired Capt. George and Evelyn Buckowski



## Spiritual riches come from poor man's experiences with adversity

**CHAPLAIN (MAJ.) MARK PERKINS**  
Aliamano Military Reservation Community

Recently, I was examining some of my talents, and to my surprise, I found them woefully inadequate for an upcoming task.

Similarly, many Soldiers often start out with an assessment, but soon use their own resources to gain an accomplishment. As well, I think our prayers can start like this, especially as expressed in the psalms of David.

Psalms 34 is the psalm David wrote when he faked being insane before an enemy king. What amazes me about this episode is David would not only think to save his own life and his family's, but also use his own resources.

His prayer eventually emerged out of this experience.

Likewise, in counseling with a couple, recently, a lot of "faking" was going on. Lies, betrayal, trust violations, all seemed to prevail. Yet, that poor condition was the launching pad to seeking the Lord, his strength and restoration.

Even King David had troubles, but prayer arose out of those ashes. Do you, too, have troubles today? If so, why not take Psalm 34 and make it a prayer to God?

Our culture is high on wealth but has not much tolerance for troubles or poverty. Could this be because we are so drunk with entertainment, in whatever form, that troubles are either forbidden, forgotten or medicated out of our lives? The recent, sudden death of Michael Jackson is another



Perkins

instance that proves wealth cannot bring the true riches of peace. (However, I am very saddened about Jackson's life and early death, especially since I grew up watching the "Jackson Five" with Michael doing solos.)

Psalms 34 is for all who are alone or destitute, between a rock and a hard place, like David running from King Saul, the King of Israel. ... David ran to an enemy king, King Achish (I Samuel 21). David's rock was King Saul; his hard place was King Achish.

You, too, may be between your own pursuer ... a rock (fears, guilt, confusion) and your Plan D or hard place (new loan, permanent change of station, or PCS move,

a new position). In between those two places, however, where most of us live, why not "taste and see that the Lord is good" because "blessed is the one who trusts in him" (Psalm 34:8).

The rich legacy of God's blessing, strength and hope are not limited by our means, bank accounts or talents., though these all have their place. They're just not powerful enough.

Let us not fix our eyes on wealth or pleasure, which is the sure way to be a "rich man with a poor legacy." Let us see our troubles and inadequacies as springboards to seeking the Lord because his kingdom will never end, and his grace is extended to all.

"This poor man cried, and the Lord heard him, and saved him out of all his troubles" (Psalm 34:6).



# Voices of Ohana

Reflecting upon Independence Day, July 4, what makes you grateful to be an American?



"Daily, I am just grateful to have running water, aspirin and the drug-store."

Janet Howard  
Public Services Librarian



"I am proud to be an American because I can choose to live the American dream, own a home, and work hard for what I have."

Shelleen Sapla  
DES IMO



"I became a naturalized citizen at age 19. In the U.S., you can work hard and make something of yourself."

Sylvia Scully  
DES Assistant Emergency Plans Officer



"The freedom to be able to make choices about what we read or say."

Louise Synder  
Family Member



"Freedom to express our beliefs safely and raise our children in a nation founded on the belief that we all are created equal under God."

Rebecca Williamson  
Family Member

# Iraqi family enjoys fellowship with 25th's 3rd IBCT

OIF

Story and Photo by  
SPC. JAZZ BURNEY

3rd Infantry Brigade Combat Team Public Affairs

CONTINGENCY OPERATING BASE SPEICHER, TIKRIT, Iraq – “Frankly, I don’t know how to describe my feelings right now. It’s overwhelming. It’s as if I am with my very own parents, my own family.”

“That’s what best describes this experience today,” exclaimed Moa’ayead, a local Tikrit family man.

Moa’ayead, his wife and four children visited Soldiers from the 3rd Infantry Brigade Combat Team (IBCT), June 21, here, to receive the brigade’s return of hospitality that the family has shown Soldiers.

On many occasions during the brigade’s deployment in the Salah ad-Din province, the family’s home was a treat to visit after a long day.

“We were out on a mission in Tikrit one day and decided to knock on the family’s door bearing gifts, and they surprisingly opened their door and invited us into their home,” said Sgt. 1st Class Carol Bartell, who frequently visited the family’s home. “Ever since that day, every time we go back to this family, they feed us. They open their arms to us and treat us like we are their family.”

Moa’ayead described his reasons behind finally inviting coalition forces into his home.

“In the past, I have not had relations with coalition forces, but I began to notice a difference in the way that the



Sgt. Preston Haynes (left), tactical security team leader, and Capt. Amy Cordova, 3rd Infantry Brigade Combat Team, legal assistance attorney, enjoy playing a Sony PlayStation 3 video game with the son of a local Tikrit Iraqi.

Soldiers of this brigade were when they would come to me. When I would open my door to them, I saw them as human beings because of the way they behaved and how honest they were to me. This is why I opened my home to them,” said Moa’ayead.

“I have actually seen with my own eyes the way this brigade helps our

people,” he continued. “They help assist the families with their kids, their health issues as well financial donations. I have seen all these things with my own eyes.”

The event gave the Iraqi family a chance to exchange roles for a change.

Instead of the family opening its doors to welcome Soldiers with home

cooking and chai, the family was treated to the brigade’s own servings of chai and a buffet of Iraqi-inspired cuisine inside the headquarters.

“If we spent more time meeting Iraqi families like this, we would not have been fighting as long as we did,” said Col. Walter Piatt, commander, 3rd IBCT, as he and the Moa’ayead family ate to-

gether.

“To me this visit has been more special than any other visit we have had at the brigade. This is more special because this is a local Iraqi family we are being able to impact and give back to,” said Bartell.

Soldiers gave the family a tour of the brigade’s headquarters and let them climb into a Mine Resistant Ambush Protected vehicle to experience a glimpse of what their Soldier friends do every day.

“This is a wonderful example of setting the standard for getting involved with families in Iraq and also gives an opportunity for the families to get to know us,” said Sgt. Jennifer Oneil, combat medic, 3rd IBCT. “This family thinks a lot better of coalition forces because of these types of interactions and actually expects us to come by because we are friends now.”

At the end of the visit, Soldiers gave the family gifts sent from their own families back in the U.S.

Through all the smiles and lively conversations, Moa’ayead pointed out a sentiment that he and his family share.

“I do not want this relationship to end, and I would like to continually come and visit,” he said.

“I wish one day that I would be able to visit the United States and see people like you all there. My family and I are very attached to you. Thank you very much,” said Moa’ayead.

# 45th SB Soldiers train, strengthen ANA leadership

Deployed Forces

Story and Photo by  
**PETTY OFFICER 1ST CLASS  
DANIEL A. BRISTOL**

45th Sustainment Brigade Public Affairs

BAGRAM AIR FIELD, Afghanistan – U.S. Soldiers of Joint Logistics Command trained noncommissioned officers (NCO) and commissioned officers of the Afghan National Army (ANA) June 8–11 on various leadership skills needed to strengthen the ANA.

Maj. Gbenga Kaffo, 45th Sustainment Brigade's (SB) ANA partnership officer in charge, taught convoy leadership techniques and responsibilities to a class of seven ANA officers ranging in rank from second lieutenant to major.

Sgt. Rowel Franco and Sgt. Atticus McLaughlin, who work for the 45th SB's Mission Support Platoon, taught a class of more than 30 ANA NCOs about the responsibilities of being in a leadership position in the Army.

"Noncommissioned officers and commissioned officers have to work together as a team to ensure that the mission is accomplished," said Kaffo.

Kaffo taught the convoy leadership class, June 8–11, and the two sergeants taught the NCO class from June 10–11.



The NCO class is part of a continuing effort to assist the ANA NCOs in strengthening the ANA through improved enlisted leadership.

"The Afghan army, which has only

been in existence for the last eight years, has primarily been led by the officers," said Kaffo. "We (the 45th ANA partnership) are working toward strengthening the ANA leadership to

Maj. Gbenga Kaffo (left), 45th Sustainment Brigade's ANA partnership officer in charge, watches as one of the ANA officers demonstrates proper convoy techniques with the use of toy trucks.

Kaffo is teaching the officers about convoy leadership and responsibilities as part of a continuing effort to strengthen the ANA.

include the NCOs."

At the end of the weeklong training session, the 45th SB and Col. Abdul Qadir, commander of the ANA's Central Movement Agency (CMA), held a graduation ceremony and passed out graduation certificates to all of the students.

"We were not expecting such intense, extensive training," said Qadir. "Now any one of my officers can take control and lead convoys."

The main objective of the training mission was to assist in strengthening the leadership within the Afghan National Army. The officers within the ANA have always performed the leadership roles of every mission.

The 45th SB trained the NCOs of the ANA in hopes that one day they will be strong and knowledgeable

enough to lead the ANA into the future.

Along those same lines, the convoy leadership class was a step closer to the ANA officers taking control of their convoys.

"With this training you have received, you now hold the future of the Afghan National Army in your hands," said Kaffo. "Thank you for the honor of teaching you, and we will be back with more advanced training in the near future."

The CMA is the main hub for shipments of supplies moving within and outside of the country. The ANA soldiers, led by their officers, travel the country's 34 provinces carrying supplies to wherever they are needed.

The recent training, as well as combat lifesaving and radio techniques training, held earlier in the year, will better equip the ANA to survive and return to the CMA safely whenever it is called to transport supplies throughout the country.

"The officers are very excited about this training," said Qadir. "I am very happy that one day they will be able to replace me in my convoy leadership role."

## News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

### 3/Today

**Sick Call Hours** – Effective

July 1, the sick call hours for the Adult Medicine Clinic, Tripler Army Medical Center, have changed and will now be 7-8 a.m.

For more information, call Sgt. 1st Class Stewart 433-5829.

### Holiday Traffic Advisory

– Schofield Barracks motorists may experience traffic delays today-July 4, due to planned activities.

•Cadet Sheridan Road will be

closed, today, 6-10 p.m., and July 4, from 7 a.m.-11 p.m.

•Trimble Road, between Cadet Sheridan and Burr roads, will be closed to traffic, July 4, from 6 a.m.-10 p.m. Kolekole Pass will be closed Saturday, as normal.

### 4/Saturday

**Commissary Closure** – The commissary parking lot will be closed starting at 7:45 p.m., today through midnight, July 4. No

parking or foot traffic is permitted during this time due to possible fireworks hazards.

The commissary will be closed in observance of Independence Day, July 4. The store will reopen July 5.

For more information, call Freda Tuauu at 655-5066.

### Main Exchange Closure

– The Schofield Barracks Main Post Exchange will close early July 4

at 6 p.m. Regular business hours will resume July 5.

**Library Closures** – The Aliamanu Military Reservation (AMR) and Sgt. Yano libraries will both be closed July 3 and 4 in observance of Independence Day. Libraries will reopen the next working day.

For more information, call 833-4851 (AMR Library) or 655-8002 (Sgt. Yano Library).

### 6/Monday

#### Traffic Pattern Changes

– Chamberlain Road, on Fort Shafter (the road that runs parallel to Funston, Wisser and Maccomb roads), is being converted to a two-way street. Effective July 6, parking will no longer be available along the road, which will be striped to accommodate

**SEE NEWS BRIEFS, A-6**

# NCO provides spiritual outlet during training area rotation

Sergeant first class helps engineers maintain focus with religious services

Story and Photo by  
**DAISY C. BUENO**

8th Theater Sustainment Command Public Affairs Office

POHAKULOA TRAINING AREA, Hawaii – Training exercises away from home can be a fast-paced setting with several different scenarios coinciding all at once.

In an effort to alleviate some of the anxieties Soldiers feel, a noncommissioned officer (NCO) from the 82nd Engineer Support Company (ESC) created a way to help his unit.

Sgt. 1st Class Michael Smith, platoon sergeant, 1st Platoon, provided a nondenominational religious service once a week during a rotation to the Pohakuloa Training Area (PTA), several weeks in June.

He said he wanted to provide Soldiers a way to cope with stress, encourage them, and provide counseling, unity and teamwork within the company.

"If a Soldier can't be focused, he's ineffective," said Smith. "These services help keep the Soldiers balanced and morale up. We help each other out."

Smith started the weekly services with prayer, followed by a review of what attendees had discussed during previ-



Sgt. 1st Class Michael Smith, platoon sergeant, 1st Platoon, 82nd Engineer Support Company, conducts a nondenominational religious service during a rotation to the Pohakuloa Training Area.

ous services, which led into the current week's topic. He ended the 30-45-minute service the way he started them – with prayer. The weekly topics ranged from love and purpose to teamwork, obedience, discipline and faith.

"It's great that we have NCOs that are

tactical and technical, but aren't afraid to show Soldiers how to maintain a balance with their physical, spiritual and emotional side," said Capt. Jarrod Sainato, commander, 82nd ESC.

Several events brought Smith to the path of ministry. As a young Soldier, he

drank a lot and experienced a life-threatening incident involving alcohol poisoning – he had to be rushed to the hospital. But it wasn't until he was approached by a Soldier in the barracks, several years ago, that it all fell into place for him.



The Army has dedicated 2009 as the Year of the Noncommissioned Officer (NCO) in order to recognize the achievements of the NCO Corps

Smith was drinking in the barracks when another Soldier asked him why he was drinking so heavily even though he knew he was going to be an NCO soon. Smith said it was at that moment he knew he had to make a change.

He said it was difficult in the beginning. He had to change his surroundings and put himself around others who would be a positive influence.

"It's good that Soldiers see the other side of leaders," said Smith. "I'm human, too, and I want to build bonds with my platoon."

"Sgt. 1st Class Smith provides an outlet besides a team or squad leader for additional counseling and support," said 1st Sgt. Luis Gutierrez, 82nd ESC. "He's a good mentor for our Soldiers."

Smith is a deacon at the Family Empowerment Center in Waipahu, on Oahu. He said he's thankful for the strength to understand and help others.

# Hawaii Sergeant Audie Murphy Club welcomes newest members

Story and Photo by  
**DAISY C. BUENO**

8th Theater Sustainment Command Public Affairs

FORT SHAFTER – U.S. Army-Hawaii (USARHAW) inducted three new members into Sergeant Audie Murphy Club (SAMC) and recognized three Dr. Mary E. Walker award recipients, June 25, at the Hale Ikena, here.

“Sergeant Audie Murphy Club membership and recognition allows like-minded leaders a way to consolidate the efforts of these professionals and give them a network of fellow members to communicate with in support of their Soldiers,” said Command Sgt. Maj. George Duncan, 8th Theater Sustainment Command.

“These NCOs are our future command sergeants major and senior enlisted leaders throughout our Army,” he said.

The Dr. Mary E. Walker award is presented to military spouses who demonstrate dedicated and exceptional volunteerism that improves the quality of life for Soldiers and their families.

The Walker Award is named for the only woman ever to be awarded the Medal of Honor for her dauntless courage and unwavering service during the Civil War.

“She takes her role seriously, and it really pleased my boys and I to hear that she was nominated for this distinguished recognition,” said Lt.



Staff Sgt. Joseph VanDamme (left), 205th Military Intelligence Battalion, and Staff Sgt. Celeste Harris, 45th Sustainment Brigade, 8th Theater Sustainment Command, are inducted into the U.S. Army-Hawaii Sergeant Audie Murphy Club, June 25.

Col Edward Burke, 8th Special Troops Battalion commander. “We are very happy for her and know she represents the many family members supporting our Army.”

The USARHAW SAMC provides volunteer support in order to raise funds for wounded warrior and deployed Soldier programs. They also raise funds in order to provide social events at low cost or free-of-charge to Soldiers.

Audie Murphy was the most highly decorated Soldier in the history of the U.S. He was awarded every decoration for valor the U.S. issues, as well as three from France and one from Belgium.

Although initially rejected for military service by both the Marines and the paratroopers for being too small, Murphy went on to serve with distinction in the 3rd Infantry Division where he

## SAMC inductees

- Staff Sgt. Celeste Harris, 45th Sustainment Brigade, 8th Theater Sustainment Command (TSC)
- Staff Sgt. Marlene Harshman, 732nd Military Intelligence (MI) Battalion; 500th MI Bde.
- Staff Sgt. Joseph VanDamme, 205th MI Bn., 500th MI Bde.

## Dr. Mary E. Walker recipients

- Lisa Baker, Headquarters and Headquarters Command (HHC), 516th Signal Brigade; 311th Signal Command (Theater)
- Martina Burke, HHC, 8th Special Troops Bn., 8th TSC
- Charmaine Giles, Ground Signal Intelligence Company, 732nd MI Bn., 500th MI Bde.

was awarded the Medal of Honor for actions against the German army.

To honor Murphy's legacy the SAMC was started at Fort Hood, Texas, in 1986, and has grown to include chapters at nearly every Army post in the world.

Due to the prestige of the society, the selection process is grueling. Prospective candidates usually must pass three separate boards: at the battalion level, the brigade level and the division level.

## News Briefs

From A-4

two-way traffic. Motorists are advised to make note of the change.

### 8 / Wednesday

**Post Exchange Meeting** – The next Fort Shafter Post Exchange/Market meeting of the Oahu South Community is scheduled July 8, 10-11 a.m., at the Religiogus Activity Center Conference Room, Building 344.

All Fort Shafter community members are invited to attend and provide input. Call 438-6996.

### 11 / Saturday

**Fort Shafter Road Work** – Motorists should be advised that due to construction, traffic will be re-routed in the vicinity of Funston and Wisser roads, Fort Shafter, starting July 11, and will

continue through July 26. Detours will be set up on weekends only.

### 14 / Tuesday

#### Newcomers Brief for Soldiers

The next monthly newcomers briefing for Soldiers will be held July 14, 4-5 p.m., at the Soldier Support Center, Building 750, Schofield Barracks.

**Civilian Orientation** – The next Orientation for New Employees (ONE) course is scheduled July 14, 8-3 p.m., at the Installation Training Center, Building 896. Priority seating is provided to new employees.

Current employees may attend ONE on a space-available basis.

Register by calling Lisa Ferriman at 655-5600 or e-mail [lisa.ferriman@us.army.mil](mailto:lisa.ferriman@us.army.mil)

### 23 / Thursday

**FBI Recruitment** – Learn more about the FBI by attending an FBI career presentation July 23, 10 a.m., at the Soldier Support Center, Building 750, Schofield Barracks.

For information on future monthly

presentations throughout Honolulu, contact Special Agent, Kal Wong at 566-4488/4300.

## Ongoing

**Fort Shafter ACS Closure** – The Fort Shafter Flats Army Community Service (ACS) office will be closed until further notice. ACS services are available at the Tripler Army Medical Center (TAMC) office, Building 127A, Krukowski Road, below the VA Center for Aging.

For Army Emergency Relief (AER) assistance, call 438-4499 or 655-4227 (ACS, Schofield Barracks.)

**FLEP Applications** – The Office of the Judge Advocate General (OTJAG) is now accepting applications for the Army's Funded Legal Education Program (FLEP).

Selected active duty commissioned officers will attend law school beginning the fall of 2010. Interested officers should review Chapter 14, AR 27-1, to determine eligibility.

FLEP is open to commissioned officers in the rank of second lieutenant through

captain. Eligible officers should immediately register for the next offering of the Law School Admission Test.

Applicants must send their request through command channels, to include the officer's branch manager AHRC, with a copy furnished to the OTJAG, ATTN: DAJA-PT (Ms. Yvonne Caron-10th Floor), 1777 North Kent Street, Rosslyn, VA 22209-2194, to be received before Nov. 1, 2009.

Interested officers should contact their local Staff Judge Advocate for more information.

**Interactive Water Safety Tool** – Test your water safety I.Q. with the new U.S. Army Combat Readiness/Safety Center's Web-based Water Safety tool at [https://safety.army.mil/Water Safety](https://safety.army.mil/Water%20Safety).

Players will be presented with four water safety challenges including swimming, jet-ski, life ringtoss and beach hazards.

Challenge your friends, beat the high score and show off your skills.

**Wheeler HECO Gate Closure** – The HECO Gate, which is located near Wheel-

er Middle School and exits onto Kuniia Road, is closed until Aug. 3, when school is back in session.

When open, the outbound gate helps mitigate the morning and afternoon traffic on the installation. Call 656-6751.

**ADPAAS Exercise** – Headquarters, Department of the Army (HQDA) will conduct an exercise in June to test the Army Disaster Personnel Accountability Assessment System in the U.S. Army-Pacific.

All Soldiers, civilians, family members and overseas defense contractors must report their status and whereabouts following any natural/man-made disaster, if directed to do so by the Secretary of Defense.

Go to <https://adpaas.army.mil/> to report your status, or call the Army Information Hotline number at 1-800-833-6622.

**Found Property** – The Provost Marshal Office has recovered personal property items belonging to Soldiers or their family members on both Schofield Barracks and Fort Shafter. The found items include unregistered bicycles. Call 655-8255.

# 18th Medical Command completes first full warrior exercise

Tough, realistic combat simulations prepare Soldiers for the real thing

Story and Photos by  
**STAFF SGT. CRISTA YAZZIE**  
U.S. Army-Pacific Public Affairs

BELLOWS AIR FORCE STATION – A team of Soldiers lift a casualty on a stretcher and run toward a helicopter waiting to fly them out of an urban battle zone to safety.

This is the final scenario of the 18th Medical Command's (MEDCOM) first full warrior task training exercise since the unit's activation in November 2008.

"It was tough, realistic, combat-focused, and we wanted the Soldiers to leave at the end of the day knowing that they had a really good training event," said Command Sgt. Maj. Timothy Shelton, 18th MEDCOM.

"This training was a culminating event to get all our warrior tasks, our yearly training, but since we just stood up in November, it was a seven- to eight-month build up to get here," he said.

Prior to loading the simulated casualty on a Marine CH-53 helicopter, participating Soldiers executed several battle drills in hours spent training at the Marine Corps Training area, here.

The day's training involved a number of scenarios: reacting to an improved explosive Device (IED), detainee operations, reacting to direct fire, first aid, land navigation, proper radio procedures, Internet computer security, and calling in a 9-Line medical evacuation.

"It was a good initial warrior task training as a unit," said Lt. Col. Chadwick Bowers, commander, 18th MEDCOM. "Even though we have several seasoned combat veterans, we also have a lot of young Soldiers and some officers who have not deployed. They had confidence in themselves knowing that they can react and respond, and this gives us the ability to have our Soldiers at a base standard of how to operate."

According to Bowers, as the theater medical command for U.S. Army-Pacific (USARPAC), all the medical units from Alaska, Hawaii and elsewhere in the Pacific area of operation, will even-



Spc. Alexander Champigny, 18th Medical Command (MEDCOM), secures a perimeter as Soldiers prepare to load a simulated casualty on a Marine Corps CH-53 helicopter.

tually fall under the 18th MEDCOM.

"We are the medical battle, so we provide command and control for all assigned and attached to medical units," said Bowers.

Soldiers participating in the event expressed enthusiasm for the training.

"This was very good and very realistic training because we actually got out there with houses and simulations

of IEDs," said Spc. Kawika Bergau,

18th MEDCOM, property book office. Everyone involved expressed satisfaction with the training event.

"All in all, it went really well," said Shelton. "One of the great things about doing a collective task like this is the take-away backbone, so when we do the after-action review, we'll know exactly where we're at to go from here.



Warrant Officer Anthony Jordan (right), 18th MEDCOM, calls in a 9-Line medical evacuation with direction from Master Sgt. Carl Roesch, 18th MEDCOM, during the unit's first field exercise.



A team of Soldiers from the 18th MEDCOM unload a simulated casualty from a Marine CH-53 helicopter during the unit's first training event since standing up in November 2008.

You don't get that until you do an event like this."

Bowers expressed confidence in the unit's ability to meet the USARPAC commander's guidance and intent,

which is, he said, to be battle focused.

"We're focused on our wartime mission with USARPAC. Although we're not fully manned and equipped, yet, the azimuth is charted," said Bowers.

# Options: Bonuses not available until next year

CONTINUED FROM A-1

year 2010, which begins Oct. 1, the Army will rescind the policy memo and reinstate all regular re-enlistment options, Drummond said.

"The total concept of what we are doing, keeping five options available for Soldiers, is not going to change," Drummond said. "What this does is just eliminate the options that they may have been able to receive for the remainder of this year and move them until Oct. 1."

The four re-enlistment options off the table until the end of the fiscal year include the current station stabilization re-enlistment, the Army train-

ing re-enlistment, the overseas assignment re-enlistment, and the CONUS (continental U.S.) station-of-choice re-enlistment.

According to the policy message, there are exceptions to the temporary policy. Soldiers scheduled to return before Oct. 31 from overseas contingency operations such as Operation Iraqi Freedom and Operation Enduring Freedom are exempt and are entitled to all re-enlistment options.

"It does not affect those units," Drummond said. "We have a number of units out there from the brigade combat teams all the way down to battalion and company levels with unit identification codes that are deployed.

Those Soldiers that are out there are eligible to receive all options as if nothing has changed — as long as they are redeploying prior to Oct. 31."

Additional exemptions from the temporary policy include Soldiers in overmanned career fields. They may re-enlist for three or more years in order to meet the retainability requirements for moving into a new career field.

Soldiers in the rank of staff sergeant and above, who have 10 or more years service, are required to re-enlist under the provisions of the indefinite re-enlistment program. Additionally, Soldiers participating in the bonus extension and retraining program, known

as BEAR, can re-enlist in accordance with their program agreement.

The temporary policy has the effect of stopping re-enlistment bonuses for some — as a requirement for those bonuses is a three-year or more re-enlistment. Soldiers hoping to re-enlist and receive such a bonus, if they meet the requirements to receive a re-enlistment bonus, will have to wait until the new fiscal year begins and re-enlist then.

Some Soldiers who want to re-enlist, however, will be forced to re-enlist during the last quarter of fiscal year 2009, because their re-enlistment window — though a full two years long — will end during that period. Those Sol-

diers will have to re-enlist for two years, and then re-enlist again inside the new fiscal year if they want to stay in longer.

"But most of the Soldiers that have waited to the last minute have re-enlisted prior to this message going out," Drummond said. "So it only affects those who have been on the wire."

Drummond said even those Soldiers will still be able to eventually get a re-enlistment bonus.

"If you've done two years and you re-enlist for six years, you are actually in sense adding four more years," Drummond said, "but that's all you'll get a bonus for is four more years, not six."

# Quality: Commercial hotel chain takes over lodging management

CONTINUED FROM A-1

accepted IHG positions.

The 10 Group A installations are Fort Hood, Texas; Fort Leavenworth, Kan.; Fort Myer, Va.; Fort Polk, La.; Fort Riley, Kan.; Fort Rucker, Ala.; Fort Sam Houston, Texas; Fort Shafter/Tripler Army Medical Center, Hawaii; Fort Sill, Okla.; and Yuma Proving Ground, Ariz.

Upon transfer of the lodging rooms, the project will begin correcting commercial code noncompliance issues and overhauling the mechanical, electrical and plumbing systems of the existing inventory. These renovations and the conversion of five hotels to Holiday Inn Express hotels will be complete within the first two years.

The end-state portfolio of hotels will be a mix of well-recognized and well-respected IHG brands such as

Candlewood Suites, Staybridge Suites and Holiday Inn Express hotels, and renovated historic facilities. Enhanced guest services, including complimentary breakfast, pet-friendly rooms and the IHG Priority Club frequent-stay program, will start upon transfer.

Through the PAL program, the Army has engaged the private sector to manage, build, renovate, maintain and operate transient lodging on Army installations. The program is modeled after the Army's successful privatized family housing program, the Residential Communities Initiative (RCI).

At Tripler/Fort Shafter, the next two years will focus on operational and infrastructure improvements to all the facilities conveyed to the private operator. The main Tripler lodging facility will serve as a long-term hotel servicing official travelers. A site for a new hotel and the final end-state of the Tripler/Shafter lodging operation will be finalized after the transition.

# Award: AHFH reduces energy

CONTINUED FROM A-1

pilot program.

"I'm very pleased that our team's commitment to creating sustainable homes for our military families is receiving such important recognition," said Claire Ridding-Johnston, AHFH project director.

"The award is a testament to the successful AHFH partnership. Strong collaboration between (U.S. Army Garrison-Hawaii) under Col. Matthew Margotta's leadership and our Actus leaders is helping us realize our goals to reduce energy consumption," she said.

A LEED for Homes Gold pilot project was launched at Schofield Barracks last year, and work began at Fort Shafter's Simpson-Wisser neighborhood, part of a national pilot program seeking to develop green building standards for neighborhood development that currently do not exist.

In the Aliamanu community, a Zero Energy Homes pilot also got underway last year. The goal was to design and construct a home that will use only the energy it produces.

Photovoltaic and solar hot water systems are the energy sources in many AHFH homes.

Design features that help contribute to reducing energy needs include high efficiency systems like wall insulation, air conditioning, water heating, lighting and even washers and dryers.

Data, including information about the energy use habits of residents in the home, continues to be collected.

ADC is the nation's premier membership organization serving America's defense communities. With 1,200 members nationwide, ADC is the voice for communities with a significant military presence.



## Fourth of July Spectacular schedule of events

SCHOFIELD BARRACKS – The 38th Annual Fourth of July Spectacular, will take place 9 a.m.-9 p.m. at Sills Field, here, and will offer a full day of fun and activities for Soldiers, their families, and the extended Oahu community.

- 8 a.m. Late registration for 5K Fun Run and Children's 1-Mile Fun Run/packet pick-up.
  - 9 a.m. 5K Fun Run.
  - 10 a.m. Schofield Barracks Historic Bus Tours begin at the Kalakaua Community Center and run every 20 minutes between 10 a.m.-3 p.m.
  - 10 a.m. Children's 1-Mile Fun Run.
  - 10 a.m. Hawaii Military Vehicle Preservation Association static display open until 8 p.m. Display includes a 1945 Stuart M5A1 Light Tank.
  - 10 a.m. Pony Rides open until 6:30 p.m.
  - 10 a.m. Midway rides and inflatables open until 8 p.m.
  - 10 a.m. Game Booths open until 7 p.m.
  - 10 a.m. Crafts and New Products Bazaar open until 6 p.m.
  - 10 a.m. Food Booths open until 9 p.m.
  - 10 a.m. Blue Star Card VIP tent open until 4 p.m.
  - 11 a.m. MWR Stage and ESPN Prize Zone open with hourly giveaways until 4 p.m.
  - 4 p.m. Flag Retreat at Main Stage with 43rd Army Band.
  - 4:05 p.m. EMKE, performance by a local youth rock band.
  - 4:45 p.m. Schofield Barracks Centennial Ceremony.
  - 5:30 p.m. Concert by classic rock band KANSAS.
  - 7 p.m. Grand Prize drawing by Tony Group Autoplex for a new Hyundai Accent.
  - 7:10 p.m. 43rd Army Band and "1812 Overture" performance.
  - 7:30 p.m. "The Flags We Follow," narrated by Jayme B. Alexander and Megan Mount.
  - 8 p.m. 43rd Army Band Concert.
  - 8:30 p.m. Fireworks.
- Following the fireworks, a live band will play until approximately 10:30 p.m.

### Prohibited items

- Fireworks, sparklers, glass containers and firearms are not permitted.
- No pets are allowed on the festival grounds.
- No sound or video recording devices are allowed during the concert.
- Grills, canopies and charcoal cooking are allowed in preassigned picnic areas only.

### Traffic and parking

- Gates will be open for public access, July 4, 8 a.m.-midnight. Visitors without a military sticker may enter McNair, Macomb, Lyman or Foote gates. Cars with official handicap stickers may park in front of Fernandez Hall, off Kolekole Avenue. Schofield Barracks motorists may experience traffic delays today-July 4, due to planned activities.
- Cadet Sheridan Road will be closed today, 6-10 p.m., and July 4, from 7 a.m.-11 p.m.
  - Trimble Road, between Cadet Sheridan and Burr roads, will be closed to traffic July 4, from 6 a.m.-10 p.m.
  - Kolekole Pass will be closed Saturday, as normal.

### Closures

The commissary parking lot will be closed starting at 7:45 p.m., today through midnight, July 4. No parking or foot traffic is permitted during this time due to possible firework hazards. The Schofield Barracks Main Post Exchange will close early, July 4, at 6 p.m. Regular business hours will resume July 5.

For more information on the Fourth of July Spectacular, visit [www.mwrarmy.hawaii.com](http://www.mwrarmy.hawaii.com) or call 655-0111/2.

## KANSAS

pays tribute to military with free concert

**KYLE FORD**  
News Editor

SCHOFIELD BARRACKS – From "Bill and Ted's Excellent Adventure" to the "Guitar Hero" video game, the song "Dust in the Wind" has become an iconic part of American culture.

The band that made the song famous, Kansas, is scheduled to perform at the Fourth of July Spectacular, on Sills Field, here, at 5:30 p.m.

"Dust in the Wind" is a song that's become much bigger than Kansas; it's become the soundtrack to people's lives," said Rich Williams, lead guitarist for Kansas. "There are people who don't know who we are but know our songs."

The band, which has performed several United Services Organization (USO) tours, is coming to Hawaii because it was asked.

"We got the offer (to perform), and we really couldn't refuse the chance to support the military on the Fourth of July," said Williams.

He explained that his father was a sergeant in the Army during World War II. His father participated in the Normandy Invasion.

Kansas drummer Phil Ehart's father was a retired Air Force chaplain.

"Respect for the military was a normal thing in our lives," Williams added.

Kansas will also be making a special visit to the Warrior Transition Battalion while here as

guests of the Army in Hawaii.

"We're going to visit with the wounded warriors to show our appreciation and hopefully make their day a little better," Williams said.

Williams wrestled with the right words to express his admiration for service members during the upcoming visit and asked, "What do you say to a Soldier who has sacrificed their well being in order to protect me?"

Above all, Williams said he is grateful for the service of Soldiers and other service members.

"I'm in awe of what they have done ... I just wiggle my fingers and play a guitar," he said, comparing.

He expressed concerns that extensive media coverage has

somehow distanced people from service members.

"Seeing these Soldiers and the amazing people who were wounded (in battle), really brings things back into reality," he said.

"Policemen, firemen and military people all work to protect the community, and it takes a certain kind of person to do that," Williams said, adding that he admires the people who step up to protect and support communities.

Kansas recently produced a DVD called "There's No Place Like Home," which will be available soon.

"This is the best-looking film we've ever done," Williams said.

For more information on Kansas, visit their Web site at [www.kansasband.com](http://www.kansasband.com).

## Keep your family safe around fireworks, on and off post

**U.S. ARMY GARRISON-HAWAII PUBLIC AFFAIRS**  
News Release

Thousands of people are injured nationwide while using consumer fireworks on Independence Day, and more fires are reported nationwide July 4 than any other day of the year, according to the National Fire Protection Association (NFPA).

Half of the reported fires were caused by fireworks. The U.S. Army Garrison-Hawaii (USAG-HI) Installation Safety Office provides the following guidelines for a safe holiday celebration both on and off post.

### On Post

The sale and use of personal consumer fireworks are prohibited on all military bases on Oahu, except for authorized and approved professional displays (per Headquarters, 25th Infantry Division, and U.S. Army Hawaii Regulation 420-1, 12-5).

Fireworks are not allowed on any Army installation.

Even though trained professionals will be setting the fireworks off, it's important for bystanders to be aware of the safety precautions they should take, according to Henry Sonoda, safety specialist, USAG-HI Installation Safety Office.

Sonoda advises celebrators to be aware that even professional displays can be dangerous, and he urges spectators to stay away from the firing point, which will be located at the commissary and Flagview Mall, Schofield Barracks parking lots.

"The parking lots will be closed and cordoned off for your protection and safety," said Sonoda.

Obey security officers as they direct you safely around the firing point, he added, and remember the further you distance yourself, the more risk is reduced.

### Islandwide firework displays

#### Today, July 3

- Hilton Hawaiian Village (Duke Kahanamoku Beach), 7:45 p.m.
- Aloha Tower Marketplace (Downtown Honolulu), 8:45 p.m.

#### Saturday, July 4

- Kailua Beach Park (East Oahu), 8 p.m.
- Maui Beach Park (West Oahu), 8 p.m.
- Maunaloa Bay (Hawaii Kai), 8 p.m.
- Koolina Resort and Marina, 8 p.m.
- Hickam Air Force Base, 8 p.m.
- Ala Moana Beach, 8:30 p.m.
- Wet and Wild Hawaii (West Oahu), 8:30 p.m.
- Schofield Barracks, 8:30 p.m.
- Turtle Bay Resort (North Shore), 9 p.m.
- Pearl Harbor, 9 p.m.

National data shows that bystanders are more often injured by fireworks than professional operators, Sonoda said.

### Off Post

Off post, fireworks are not allowed without a permit from a Satellite City Hall.

Fireworks purchases can only be made at licensed retail sites. On Oahu, fireworks may be sold from June 29 through July 4, 8 p.m. They may be set off, ignited or discharged, July 4, 1-9 p.m.

Sonoda recommends people protect their family and friends by not using fireworks, and instead, attend authorized public fireworks displays conducted by licensed operators.

If celebrators decide to use fireworks at their residence or attend gatherings where fireworks are being set off, Sonoda said, he encourages them and bystanders to not drink.

"Stay sober, especially if you have children that will be around burning fireworks," Sonoda said.

He explained injuries from fireworks demonstrations at homes normally happen to children, typically due to a lack of parental or adult supervision.

When deciding on a location for setting off fireworks, any proposed areas should be safe and clear of any combustibles, glass or small rocks. These items could be propelled and strike someone.

Fireworks can explode in the hand, throw sparks into the face, cast hot fragments onto limbs and ignite clothing.

Sparklers, commonly seen in backyard Independence Day parties, can burn up to 1,800 degrees Fahrenheit.

"Sparklers are the leading cause of fireworks-related injuries, especially in young children," Sonoda said. "Have a water bucket close by so they can be extinguished in it. All cotton or fire-retardant clothing, including shoes, should be worn."

"Sparklers are the leading cause of fireworks-related injuries, especially in young children."

– Henry Sonoda, safety specialist,

U.S. Army Garrison-Hawaii Installation Safety Office

However you decide to celebrate Independence Day, ensure you and your friends and family know how to behave around fireworks demonstrations, professional and at home.

"Be safe," Sonoda said. "Take the family to Schofield Barracks for the Fourth of July event and fireworks."



**Community Needs Assessment Survey** – Soldiers and families in the Army Hawaii community are invited to share their opinion on programs and services provided by the Army Community Service Family Advocacy Program.

Survey participants have a chance to win a \$100 AAFES gift certificate. The Community Needs Assessment survey is being conducted during the next six months. To participate, call Regina Peirce at 655-0596.

**6 / Monday**

**Newborn Care I** – Taking care of a newborn for the first time can be scary. From holding to diapering to bathing, come learn the basics of newborn care to make the early months special for parents and baby.

This two-part consecutive series is scheduled, July 6, 9-11 a.m., Sgt. Yano Library, Schofield Barracks and July 7, 9-11 a.m. Aliamanu Military Reservation community center. Call 655-4227.

**7 / Tuesday**

**Library Summer Reading Program** – The U.S. Army Garrison-Hawaii (USAG-HI) Libraries Summer Reading Program features weekly free entertainment for all ages now through July 17.

- Experience the interactive musical program Do Re Mi, July 7, at Fort Shafter Library; July 8 at Sgt. Yano Library, Schofield Barracks; and July 9 at Aliamanu Military Reservation (AMR) Library.
- See Bungle the Clown, July 14, at Fort Shafter Library; July 15 at Sgt. Yano Library, Schofield Barracks; and July 16 at AMR Library. All programs start at 3 p.m. Call 655-8002.

**Military Spouse 101** – Army Community Service (ACS), Schofield Barracks, is offering a basic introductory course for new Army spouses, July 7 and 8, 9 a.m.-12:30 p.m., at Army ACS, Schofield Barracks.

Military Spouse 101 provides information on military acronyms, basic problem solving, expectations, entitlements, introduction to community resources, family readiness groups and more. Call 655-4227.

**8 / Wednesday**

**BOSS Talent Search** – Better Opportunities for Single Soldiers (BOSS) is hosting a talent search. Soldiers can attend auditions, July 8, 3-5 p.m., at the Tropics Recreation Center, Schofield Barracks, and July 10, 3-5 p.m., at the Kaiser



Courtesy Photo

Naval Station Pearl Harbor's annual Block Party offers free fun and entertainment for the entire family with inflatables, demonstrations, prize giveaways and fireworks. The event is open to military, government civilians, family members and authorized guests.

# Weekend celebrations explode islandwide

Venues across Oahu have you covered, whether you're outdoorsy and like sleeping under the stars, or if you'd rather spend the holiday weekend at the mall, looking for a good deal.

Celebrate our nation's birthday throughout the island all weekend long.

**Aloha Tower Marketplace**

Come to the Aloha Tower Marketplace in downtown Honolulu for the fourth annual pre-Independence Day celebration, July 3 at 5 p.m. The night will end with a stunning fireworks display over Honolulu Harbor at 8:45 p.m.

Enjoy live entertainment on multiple stages, a Red, White and Blue Jeans fashion show, a performance by the Pacific Fleet Band, strolling entertainers, face and hair painting, and more. Admission is free.

Restaurants Don Ho's and Gordon Biersch will offer entertainment and food and drink specials. Call 566-2337 or visit [www.alohatower.com](http://www.alohatower.com).

**Hickam's All-American Beach Blast**

Celebrate the Fourth at Hickam Air Force Base's annual All-American Beach Blast, July 3-4, at Hickam Harbor. The action-packed weekend starts with

camping and movies on the beach, July 3, and continues July 4 with a complete lineup of all-American family fun, including food booths, entertainment, a kiddieland, build-a-boat contest and the exciting sounds of "The Ugli Stick" and "Paradise XS" live in concert.

Overnight camping specials are available for \$30 per campsite. The fireworks spectacular begins at 8:30 p.m. Call 449-5215 or visit [www.hickamservices.com](http://www.hickamservices.com) for more details.

**Pearl Harbor's Block Party**

Laugh, dance and celebrate with friends and family at the Pearl Harbor Block Party, July 4, 2-9:30 p.m., at Naval Station Pearl Harbor, Ward Field. Admission is free and so are many of the scheduled activities.

The day will include an exotic car show, Texas Hold 'Em poker tournament, carnival games, great food and beverages, pony rides, petting zoo, free scuba experience, games and activities, amazing prize giveaways, and much more.

The evening will wrap up with live entertainment featuring local recording artist Willie K and an incredible

fireworks display at 9 p.m. by the world-famous Grucci family.

This event is free and open to active duty, reserve, retired and Department of Defense, family members and sponsored guests.

For safety reasons, barbecues, coolers, animals, tents and outside food and beverages are not permitted. Call 473-0606 or visit [www.greatlifeohawaii.com](http://www.greatlifeohawaii.com).

**Ala Moana Center's Fourth**

There's no place like Ala Moana Center for celebrating the Fourth of July. For the 18th consecutive year, the celebration includes a full weekend of special events, live music and a 20-percent savings pass at more than 60 stores valid July 2-5. The pass can be downloaded and printed from Ala Moana's Web site at [www.alamoanacenter.com](http://www.alamoanacenter.com).

Free concerts at the Center and main stage will feature local artists and prize giveaways through July 5.

The fireworks show will begin July 4, 8:30 pm, and free open seating on Ala Moana Center's parking deck will be available on a first-come, first-served basis. Call 955-9517 for more details.

Auditorium, Tripler Army Medical Center. For more information, call 655-1130.

**Hawaiian Workshop** – The Army Community Service (ACS) Relocation Readiness Program will be offering a new Hawaiian culture workshop for Soldiers and families.

The 10-week workshop, "Umeke Kao" or vessel of knowledge, starts July 8 and meets each Wednesday, 6-8 p.m., at the ACS, Schofield Barracks. Experience traditional Hawaiian practices and activities

and fill your umeke (vessel) with Kao (knowledge) during each session.

Children 6 years and older are welcome to participate; child care is not provided. To registration for this workshop, call 655-4227.

**9 / Thursday**

**Stress Management** – Stressed out? Learn basic information for designing a personalized stress management program, July 9, 1-2:30 p.m., at Aliamanu Military Reservation community center, and 3-

4:30 p.m., at Army Community Service, Schofield Barracks. Call 655-0596.

**Resume Clinic** – Looking for a job? The Sgt. Yano Library, Schofield Barracks, is hosting a hands-on resume clinic, July 9, 10-11 a.m. The clinic will emphasize writing and resume improvements using Microsoft word processing software. Participants will also learn how to access a variety of print and online resources. Please bring an existing resume on a disk. Call 655-8002.

– The first mobile video game tournament in Hawaii will kick off July 4 at the Pearl Harbor Navy Exchange featuring the game "Call of Duty 4." Sixteen game sites will be located islandwide.

Registration costs \$160 for a team of four. Military discounts are available. Register at [www.theone808.com](http://www.theone808.com).

**7 / Tuesday**

**Protestant Women of the Chapel** – The Protestant Women of the Chapel summer session will meet on Tuesdays beginning July 7, 9-11:30 a.m., at the Schofield Barracks Chapel, Annex Room 212. Stop by for food, fun and fellowship.

Free limited child care is available with reservations. For more information, contact Valerie at 753-3584 or [valeriep\\_woc@me.com](mailto:valeriep_woc@me.com).

**Ask The Commander Program**

The next "Ask the Commander" community television taping session is scheduled, July 7, 3 p.m. at Schofield Barracks Main Post Exchange. U.S. Army Garrison-Hawaii (USAG-HI) community members are encouraged to ask their questions on camera during an open one-hour session. Questions will be answered by Col. Matthew Margotta, commander, USAG-HI, and shared with the community through the installation TV2 channel, the Hawaii Army Weekly newspaper, and the garrison Web site.

**11 / Saturday**

**8th Annual Hula Hooloana** – Japan and Hawaii come together in celebration of hula for a unique festival, exhibit and competition commemorating hula's rich culture and vibrant customs.

See performances July 11, 10 a.m.-7 p.m., at Ala Moana Center's Center Stage, and July 12, noon-6:45 p.m., at the Royal Hawaiian Hotel, Coconut Grove. Call 286-2178.

**CPR Training** – The Schofield Barracks American Red Cross Service Center is conducting free child and infant CPR certification courses, July 11, 9 a.m.-1 p.m., or 1-5 p.m., at the Tropics. Enrollment is limited to the first 100 participants. Preregistration is required by e-mail. Send participant(s) name, phone num-

ber, e-mail address and session preference to [blapolice@hawaiiirecross.org](mailto:blapolice@hawaiiirecross.org).

All registrants will receive enrollment confirmation. Call 655-4927.

**School/Sports Physicals** – Tripler Army Medical Center's (TAMC) Pediatrics (newborn-11 years) and Adolescent (12-21 years) clinics have set aside July 11, 9 a.m.-2 p.m., for school entrance and sports participation physicals for patients enrolled at either TAMC clinic.

- Children will be seen on a first-come, first-served basis; no appointments will be taken. Please bring immunization records.

- The clinic will provide physical examination forms, which are accepted by most Hawaii public schools. Check with your school, to find out if your child requires a special form, and bring forms to the clinic on the day of the exam.

For more information, contact the Pediatrics Clinic (433-9728) or the Adolescent Clinic (433-4165).

- School physicals at the Family Practice Clinic at the Schofield Barracks Health Clinic (SBHC) are now conducted during normal business hours. The SBHC Family Practice Clinic will dedicate its normal Saturday hours in July to school physicals.

Call the clinic's appointment system line at 433-9226, between 8 a.m.-4 p.m.

**Waimea Night Tours** – Waimea Valley is offering a night walking tour beginning, July 11, 6:30-8:30 pm. The "Whispering Walls of Waimea" tours are approximately two hours long and will focus on the historical and spiritual side of the valley.

The tours will be conducted by leading Hawaii historian and storyteller Lopaka Kapanui. Children must be at least 12 years old and accompanied by an adult.

Reservations are required. Costs are \$50 (adults) and \$35 (children between the ages of 12-16). Additional tour dates are Aug. 29, Sept. 29, Oct. 24 and Nov. 14. Call Waimea Valley at 638-7766.

**16 / Thursday**

**Waikiki Aquarium Summer Concerts** – The Waikiki Aquarium ocean-

side summer concert series continues with some of the islands' top performers, including Kaumakahiwa Kanakaole, July 16; Maunaloa, July 30; and Willie K, Aug. 13. Concert-goers may bring low-lying beach chairs. Tickets cost \$25 (adults) and \$10 (children). Call the Honolulu Box Office at 550-8457.

## Ongoing

**Summer Shuttle** – The new U.S. Army Garrison-Hawaii Oahu North summer shuttle runs Monday-Friday, 8 a.m.-5 p.m., between Helemano Military Reservation, Mendonca Park, Schofield Barracks, Wheeler Army Airfield and Camp Stover. All Department of Defense members and family are eligible (ID required). Youth riders must be 12 or older to ride alone; under 12 must be accompanied by an adult. The shuttle route schedule can be downloaded at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil); click "Post Updates," then "Post Information."

**Toastmasters Club** – Learn to be a better public speaker by practicing with the Wahiawa Pineapple Country Toastmasters Club.

Toastmaster meetings give members training and practice in impromptu and prepared speaking, effective listening and leadership development. Members learn by speaking to groups and working with others in a supportive environment.

Meetings are held every first and third Thursday of the month, 7-8 p.m., at the Wahiawa Recreation Center. Call Don/Elaine Glover at 622-0169. Visit [www.toastmasters.org](http://www.toastmasters.org).

**MyCAA Financial Assistance** – The Military Spouse Career Advancement Accounts (MyCAA) program is providing \$6,000 for education at any University of Maryland University College program, including business and management, education, financial, health, homeland security, human resources, and more. Spouses of active duty or activated Guard or Reserve service members are eligible. Visit [www.umuc.edu/mycaa/](http://www.umuc.edu/mycaa/).



**Aliamanu (AMR) Chapel 836-4599**

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.
- Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

**Fort DeRussy Chapel 836-4599**

- Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service
- Buddhist 1st Sunday, 1 p.m.

**Fort Shafter Chapel 836-4599**

- Contemporary Protestant Sunday, 9 a.m. – "The Wave" Worship

**Helemano (HMR) Chapel 653-0703**

- Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service 8 Children's Church

**Main Post Chapel 655-9307**

- Catholic Sunday, 9 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School Sunday, noon – Worship Service

**MPC Annex, Building 791**

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**

- Catholic Friday-Saturday, noon – Adoration
- Liturgical Sunday, 9:30 a.m. – Worship

**Tripler AMC Chapel 433-5727**

- Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

**Wheeler Chapel 656-4481**

- Catholic Saturday, 5 p.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.

The Sgt. Smith Theater will be closed July 3 and 4. "Happy Fourth of July."



**Dance Flick**

(PG-13) Sunday, 2 p.m.

**Kung Fu Panda**

(PG) Wednesday, 4 p.m.



**Drag Me to Hell**

(PG-13) Wednesday, 7 p.m.

**Terminator Salvation: The Future Begins**

(PG-13) Thursday, 7 p.m.

No shows on Mondays or Tuesdays



Send announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**3 / Today**

**Visit Weinermobile** – The Oscar Mayer Weinermobile is making an island-wide tour of Oahu and will be rolling into the Schofield Barracks Commissary parking lot, July 3, 1-5 p.m. Stop by for contests, giveaways and fun.

**BayFest Tickets** – Marine Corps Base Hawaii's BayFest is scheduled Aug. 14-16 and will feature the band Filter, Aug. 14, 8:30 p.m., and the Black Eyed Peas, Aug. 15, 8:30 p.m. on the main stage.

Exclusive military rate tickets are available at all Information, Tickets & Tours (I.T.T.) offices, and they are expected to sell out.

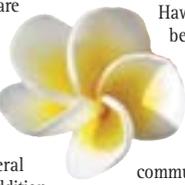
Advance tickets at I.T.T. for Filter are \$20 each, and for Black Eyed Peas, \$25 each. Tickets at the gate will cost \$45 and \$55 per concert. General grounds admission is an additional \$5. Children 5 years and younger can attend the events for free. Gates open at 5 p.m., Aug. 14, and noon, Aug. 15-16. Call the BayFest hotline at 254-7679.

**4 / Saturday**

**Pacific Aviation Museum Remembers the Fallen** – The "Home of the Brave Quilt Project" returns to the Pacific Aviation Museum, Pearl Harbor, July 4, 10 a.m.-2 p.m. Quilters hand sew and present a quilt to the family of every fallen Hawaii Soldier. Visitors are invited to watch the assembly and sign the quilts for Hawaii's families.

Museum general admission is \$14, adults; \$7, children. Kamaaina and military rates available. For more information, call 441-1000. Visit [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org).

**Ultimate Video Gamers Journey**



# Schofield's history to come to life during tours, July 4

JENNIFER DOWNING-LI

Staff Writer

**SCHOFIELD BARRACKS** — This Fourth of July, the U.S. Army in Hawaii and the Hawaiian community at large will celebrate not only our nation's birthday, but 100 years of Army life at Schofield Barracks.

From Schofield Barracks' beginnings as a temporary and isolated tent cantonment for the 5th Cavalry Regiment, to its current modernization, the installation has seen many changes, yet has always remained a constant force within the Pacific.

During the holiday, community members can take a trip back in time to learn the historical significance of the post, the role it played in Army history and its connection to the Hawaiian community during historic bus or self-guided walking tours developed by the Tropic Lightning Museum.

## On The WEB

Visit [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) to download the historical tour podcasts. A variety of different audio formats are available including WMV, MP3, M4V and AIFF.

"The tours are a great way to get an overall picture of how the post's history is still a part of everyday life at Schofield," said Kathleen Ramsden, Tropic Lightning museum technician.

The tours highlight approximately 25 sites, and participants can expect to discover not only the architectural history of many of the buildings, but some little-known facts, as well.

Find out what role the Richardson Pool played in the 1972 Olympics, where the Polo Fields or the Post Bakery were located, or where the author of the book *From Here to Eternity* lived and worked.

For those taking the self-guided tour, Ramsden definitely recommends a stop at the Soldier's Chapel, the Quads and the Fire Station.

The Soldier's Chapel, built in 1913, is a building with compelling architectural history. Oral history relays that the building was pieced together from two separate sanctuaries: the Queen Lili'uokalani's commissioned church and the standard Army chapel.

"The Quads have two of the oldest buildings on post, and the renovated Fire Station was in use until just recently," Ramsden said.

F Quad is home to the only surviving original theater, built by the 3rd



Photos Courtesy of the Tropic Lightning Museum

Two Soldiers stand in the sallyport of the Hawaiian Division Headquarters building located in B Quad. The Hawaiian Division was formed in 1921.

Engineers in 1933. The theater was the largest of its kind, seating 1,400 with decorative elements that are believed to be the work of artists from the Works Progress Administration.

"A mural depicting U.S. Army Soldiers from the Revolutionary War to World War II was discovered under several layers of paint during work on the room just this year," said architectural historian Kenneth Hayes.

At one point in history, Schofield Bar-

racks was the largest Army installation in the United States. With that designation, the post hosted a series of famous performers at Conroy Bowl, including Elvis Presley, Sammy Davis Jr. and Bob Hope.

While it is no longer possible to take a trip to downtown Honolulu on the "Pineapple Express" railroad, participants can see the old route that ran through Schofield, down Foote



The fire station, Building 494, was completed in 1924. Until 2007, it functioned as a fire station for Schofield Barracks and the surrounding areas. After a new state-of-the-art fire station was constructed in 2006, this building was restored to its original appearance.



The Post Chapel is shown as it appeared in 1940. The first chapel in Schofield Barracks was built in 1913 in the "Upper Post" area. A larger "Soldier's Chapel" was built in 1920, using portions of the original. The chapel moved to its current location near D Quad in 1925.

Road, and was used to facilitate Army troop movement in the 1920s and 30s.

In 1909, Schofield did not have a "ready water source," and Soldiers would perform water duty by taking a donkey or buggy to Fort Shafter to bring water back for those at the installation.

While Schofield was not directly involved in the attack on Pearl Harbor, Schofield Soldiers fought back as the Japanese pilots were en route to attack Wheeler Army Airfield.

Over the years, horse stables have been turned into motor pools and golf fairways into residential developments to meet the needs and mission of the Army.

"Just as the Schofield Barracks of today bears little resemblance to the quiet outpost constructed here 100 years ago, the Schofield Bar-

racks of tomorrow will continue to evolve," said Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii.

A ceremony will take place to officially commemorate the listing of Schofield Barracks on the National Register of Historic Places. The ceremony is scheduled July 4, 4:45 p.m., Sills Field.

The free bus tours run from 10 a.m. to 3 p.m. from the Kalakaua Community Center, July 4, and are approximately 40 minutes long.

Self-guided walking tours can be augmented with an audio podcast available for download at the USAG-Hawaii Web site, and a historic guide, timeline and map can be picked up for free at the Tropic Lightning Museum, Building 361, Schofield Barracks.

(Editor's Note: Amy Bugala, Pau Hana editor, contributed to this article.)



The Schofield Barracks post office, shown above, was constructed in 1939 in a Spanish-American style, which was an exception to the art deco trend being used on the post in the late 1930s.



Soldiers gather at the "Boxing Bowl" for a show in 1931. The original building, now known as the Conroy Bowl, was built in 1923, and only the center stage was covered. By 1932 a roof was added. Today the building is mainly used for staging deployments.



The sallyport of a quad building is shown as it appeared in 1941. Soldiers decorated these entrances with care as they were the main entrance to their regimental headquarters.

# Hale Kula Elementary School receives national accreditation

Accreditation provides process for continual school improvements

## SCHOOL LIAISON OFFICE

News Release

SCHOFIELD BARRACKS – After four years of inspections, assessments and improvements, Hale Kula Elementary School, here, recently received a six-year accreditation term from the Accrediting Commission for Schools, Western Association of Schools and Colleges (WASC).

Hale Kula was granted accreditation based on the school being a trustworthy institution of learning and having continuous improvement of its programs and operations to support student learning.

Jan Iwase, principal, Hale Kula said, "The accreditation visit was the final step in a long self-study process, which involved the entire school community."

The visiting committee spent four days at the school, visiting every classroom, interviewing teachers, staff, students and parents.

The team was especially impressed with the support provided to students and families to address issues of transience, as well as deployment, she said.



Aiko Brum | U.S. Army Garrison-Hawaii Public Affairs

Primarily military children preschool through fifth grades attend the nationally accredited Hale Kula Elementary School at Schofield Barracks.

"We saw the WASC accreditation as a way to improve our school. We were showing progress in student achievement ... but wanted a process that would lead to continued

improvements," Iwase continued. "WASC accreditation was a way to validate our strengths as well as our commitment to improve teaching and learning at Hale Kula."

WASC accreditation is an enormous accomplishment for an elementary school, she added.

"Accreditation is required for secondary schools and colleges, but it is

not required for elementary schools. Although we received an accreditation term of six years with a midterm review, we know this is an ongoing process of school improvement."

When school resumes, Aug. 3, parents, students and community members can be assured that an exceptional quality of educational programs and services that are required of an accredited school will be offered at Hale Kula.



Iwase

Only 21 out of 205 elementary schools statewide are accredited, and Hale Kula Elementary School holds the honor of being one of those elementary schools.

David Brown, WASC executive director said, "WASC values accreditation is a process designed to strengthen schools in the delivery of quality educational programs, and we send out our congratulations to Hale Kula Elementary School."

For more information about WASC, visit the Department of Education Web site at <http://doe.k12.hi.us/accreditation.htm> or contact Hale Kula Elementary School at 622-6380.

# Back-to-school backpacks provide a little help for Hawaii's military keiki

Local nonprofit organization helps offset the costs of heading back to school

## OPERATION HOMEFRONT-HAWAII

News Release

Operation Homefront of Hawaii is gearing up to assist military families and their children as they head back to school. The organization is requesting community donations of school supplies to fill more than 300 backpacks that will be distributed July 26, 2-3 p.m., at the Oahu Veterans Center.

"With our poor economy, it is especially challenging this year for our military families on the homefront to cope with their children's school needs while their spouses are deployed," said Eva Laird Smith, chapter president of



Courtesy Photo

Hawaii's keiki get geared up to head back to school at the beginning of August with new supplies from Operation Homefront of Hawaii. the nonprofit organization.

The organization is looking for items such as backpacks, notebooks, notepads, folders, binders,

pens, pencils, crayon, glue sticks, rulers and scissors. Donations may be dropped off at the Navy Exchange (also called the NEX, at the Aloha Desk on the ground floor) and at Lex Brodie's Queen Street and Pearlridge Branch.

Online donations towards school supplies may also be made at [www.operationhomefront.net/hawaii](http://www.operationhomefront.net/hawaii).

Families of enlisted service members in ranks E-6 and below, of all service branches of active duty, activated Reserves and National Guards, are eligible to register to receive a backpack. Online requests can be made now.

In addition to backpacks and school supplies, limited supplies of brand new shoes donated by the New York-based philanthropic organization, K.I.D.S., as well as children's clothes by Gymboree, will be given away, July 26.

This program is sponsored by Airgas CA and



Eligible families can register to receive a brand new back-to-school backpack at [www.operationhomefront.net/hawaii](http://www.operationhomefront.net/hawaii). For more information about this morale program, click on the Web site's "Back-to School Backpack" link.

Airgas Gaspro with additional community assistance from BAE Systems, the Combined Federal Campaign, Friends of Hawaii Charities, Boutiki Gift Shop, and the Pearl Harbor Submarine Officer's Wives Club.

For more information, call Operation Homefront of Hawaii at 469-7427.

# Soldiers treat spiritual illness through spiritual application

Story and Photo by  
**DON ROBBINS**  
Staff Writer

SCHOFIELD BARRACKS — A weekly seminar series offered through the U.S. Army Garrison-Hawaii (USAG-HI) Religious Support Office, here, is helping Soldiers and families through stressful times by introducing them to the concept of holistic healing.

The series, which started meeting during Chapel Family Nights in February, tackles the healing process by caring for the mind, body and spirit.

"Injuries can put a lot of emotional and physical stress on families," said Chaplain (Lt. Col.) Tim Walls, deputy garrison chaplain.

The "Healing as a Solution" seminar is an "out-of-the-box" approach to provide support and counseling for individuals or families dealing with phys-



Staff Sgt. Llewellyn Grant spends a playful moment with daughter Selina and wife Rafi during the holistic healing seminar at the Main Post Chapel, Schofield Barracks, June 24.

ical injuries or behavioral health conditions such as post-traumatic stress disorder, addictions and more, he said.

The series helps build safe places within families where they can learn,

discion medicine specialist, and ordained minister.

Nickens' approach treats behavioral health problems from a spiritual point of view.

For more information, contact the USAG-HI Religious Support Office at 655-6644.

Having written various books explaining the cause of stress-related illnesses, Nickens is able to introduce families to a holistic model of what a stress-related illness is, and how to diagnose and treat it.

"He's treating spiritual illness through spiritual application," Walls said.

Staff Sgt. Llewellyn Grant, along with his wife, Rafi, and 3-and-1/2-year-old daughter, Selina, have been at-

tending the series for the past two months.

Grant explained how Nickens helped him and his family deal with the injuries he sustained during a recent deployment.

"(Dr. Nickens) told me how to view things from a different perspective," he explained.

Grant's wife, Rafi, also praised the help her husband has received during the seminar.

Walls said, "I'd like to see this go Armywide. It's unique, and it's helping people."

The free "Healing as a Solution" series will continue through the summer and meets every Wednesday, from 6:15-7:30 p.m. at the Main Post Chapel Annex, Building 791.

Walls has plans to kick off a new Family Night session in September.

## Community Sports

Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com)

### 5/Sunday

**Hike Oahu** — Join the Hawaiian Trail & Mountain Club for a 14-mile advanced ridge hike in Halawa, July 5. This wonderful old CCC trail begins steeply, but then contours comfortably all the way to the Koolau Summit. Call Darrell Teruya, 227-4572.

Don't miss these hikes, too.

•July 7, a 3-mile novice ridge

hike to the World War II bunkers at sunset. A good flashlight is needed for the return trip. Group meets at 6 p.m. across from Buzz's Steak House in Kailua. Call Sandra Klein, 263-8330.

•July 11, a 5-mile intermediate hike to a small waterfall off the Aiea Loop trail. Call Thea Ferentinos, 375-0384.

A \$2 donation is requested of nonmembers. An adult must accompany children under 18.

Visit [www.htmclub.org](http://www.htmclub.org).

### 11/Saturday

**Hike Waimea Valley** — Join a series of hikes in the Waimea Valley throughout the month of July. Hikes take participants off the beaten path to see a wide va-

riety of native and introduced plants, archaeological sites and spectacular views of the Valley.

Children must be at least 7 years old and accompanied by an adult, unless otherwise noted.

•July 11, 2-mile Ridge/Valley Ala Ki hike.

•July 18, 2-mile Ridge/Valley Kalahee hike.

•July 25, 6-mile Ridge/Stream/Ridge hike. (Youth must be at least 12 years old.)

Hikes under 6 miles cost \$5 per person; hikes more than 6 miles cost \$10, plus Waimea Valley admission fee.

Groups meet at Waimea Valley, 9 a.m. For reservations, call 638-7766. For more information, visit [www.waimeavalley.net](http://www.waimeavalley.net).



### 6/Monday

#### 30 and Over Basketball Tournament

— A 30 and over basketball tournament is scheduled, July 13-17, at Fort Shafter and Helemano Military Reservation (HMR) Physical Fitness centers.

All entries must be received by July 6, 4 p.m. Entries may be sent to the U.S. Army Garrison-Hawaii Sports, Fitness and Aquatics Office. Call

655-0856 or 438-9572.

### 9/Thursday

**BSC Surf Lessons** — Outdoor Recreation is offering surfing lessons at a 10-percent discount for Blue Star Card (BSC) holders, July 9, 9 a.m.-11:30 a.m., or noon-2:30 p.m.

Registrants must be at least 12 years old to participate and youth under 18 must be accompanied by an adult.

Space is limited. Beach location subject to change based on weather/surf conditions. To reserve a board, call 655-0143.

### 11/Saturday

**Summer Ocean Splash** — Don't miss an opportunity to

learn up to four water sports all in one day, July 11, 7 a.m.-2 p.m., with Outdoor Recreation. Schofield Barracks.

Summer Ocean Splash participants will enjoy lessons in stand-up paddle boarding, surfing, kayaking and outrigger canoeing. The course costs \$60 per person. Registration is required and is now accepted by phone. Call 655-0143.

### 18/Saturday

**Three-Point Shootout** — Join the Aliamanu Military Reservation (AMR) Physical Fitness Center's 3-point shootout, July 18. The top three winners will receive prizes. Cost is \$10 to enter. Call 836-0338.