









# Military police assist Iraqi police in daily operations

Soldiers transitioning into over-watch duties, ensure local policemen take lead in safety

Story and Photo by  
**SGT. JOSHUA RISNER**  
Multinational Division-Baghdad Public Affairs

TAJI, Iraq — U.S. military policemen (MP) with the 591st MP Company, 93rd MP Battalion, 8th MP Brigade, visited a police station in Saab al-Bour, here, May 15, to assess the station and accompany the Iraqi police (IP) while they handed out flyers.

Recently, the U.S. MP mission has scaled back from a hands-on approach to training IPs. They now provide over-watch, giving support where necessary and ensuring the IPs take the lead, explained Cpl. Wilibaldo Castro, an MP with 591st MP Co.

“We meet with the district commander and see what we can help out with,” the Castro said. “We help with whatever they need, but we make sure they take the lead.”

First, the MPs arrived at Joint Security Station Saab al-Bour and split up into groups to assess different areas of the station, according to Pfc. Dustin Shuler, 591st MP Co.

“We break up and everybody has separate jobs,”



Cpl. Isaac Hutchison (left), 591st Military Police (MP) Company, 93rd MP Battalion, 8th MP Brigade, stays vigilant in the desert heat as Iraqi police (IP) conduct a hasty checkpoint to distribute flyers. The Eugene, Ore., native and his platoon are out to support the IPs in whatever way they can, to include patrols.

said Shuler. “I check the health and welfare of the detainees and check the numbers to make sure they’re accurate.”

The numbers add up and everything seems in order, which is a relief to the MPs, Shuler explained.

“This is a level one IP station, so our work here is pretty easy,” he said. “A level four is the lowest level of readiness, so these guys are on the ball, which makes our job a lot easier. There’s less we have to do.”

With assessments and formalities concluded, the MPs and IPs walk out the gate to conduct a walking joint patrol.

It is Friday, which is a weekly day of rest in the Muslim world, so the streets are relatively devoid of people, said Shuler. After a kilometer or two of walking, they stop and set up a checkpoint.

As vehicles come through, the IPs stop them long enough to hand out fliers and move them along.

“The fliers basically say that the IPs are here to help,” said Shuler. “It also tells the people how to get a hold of the IPs if they should need them.”

“We’re out here for the IPs to maintain a presence in the neighborhood, to show that they are here to help,” said Spc. William Durner, 591st MP Co. “We want to make sure the little kids know they’re safe.”

The mission progressed with no incident, and the joint patrol returned to the Saab al-Bour IP station.

The 591st MPs bade their brothers-in-arms farewell and headed back to Camp Taji, confident that the work they are doing is contributing to a safer future for the Iraqi people.

## 8th Military Police ‘Watchdogs’ keep up family tradition at Camp Liberty

Story and Photo by  
**SGT. CARLOS VALDEZ**  
93rd Military Police (MP) Battalion, 8th MP Brigade

BAGHDAD — The American Heritage Dictionary defines “tradition” as “a mode of thought or behavior followed by a people continuously from generation to generation; a custom or usage.”

Pfc. Steven Allen Heredia, who is a supply specialist assigned to Headquarters and Headquarters Detachment, 93rd Military Police (MP) Battalion, 8th MP “Watchdog” Brigade, defines “tradition” as simply following in his father’s footsteps.

Steven wants to continue the legacy of having a member of the Heredia family in service to the United States.

Spc. Allen Heredia shares this legacy with his son. Allen is an MP assigned to 810th MP Co., Task Force 91 MP, 8th MP Bde.

Both father and son feel strongly about their family’s military history. Five generations of Heredia men have served in the military since the Spanish-American War.

“Joining the military is something that I always wanted to do,” said Steven. “Since I was a child, I have never thought about doing anything else.”

“I still remember the times when my father would advise me about joining the military,” he continued. “My father was never overbearing about my decision to join the Army. He always told me it was my decision to do whatever I wanted to do in life.”

Allen was born in Bronx, New York, and joined the Army Jan. 19, 1977, as an infantryman, so he could stay off the streets of New York.

In the Bronx during the 1970s, gangs, drugs and organized crime were at their peak. Allen was hanging out with the wrong crowd, and he could see that if he continued on that path it would lead him nowhere.

His decision was easy to make, and he knew he had to follow in his predecessor’s footsteps. Allen served six years in the military and received an honorable discharge from the Army in July 1983.

“I regret ever getting out of the Army,” said Allen. “It was one of the best things I have ever done and enjoyed doing. So when terrorists attacked the Twin Towers on Sept. 11, 2001, I felt compelled to do what was right and rejoin the U.S. Army.”

Due to Army age policy, Allen was told he was too old at the time to join the military. He waited four more years and was able to join the Army Reserves, based out of Tampa, Fla., July 18, 2005.

The Heredias both think that being stationed at the same installation in Iraq is one of the best things that could have happened, considering the situation.



Spc. Allen Heredia (left), a military policeman assigned to 810th MP Company, Task Force 91st Military Police, 8th MP “Watchdog” Brigade, and his son Pfc. Steven Heredia, a supply specialist assigned to Headquarters and Headquarters Detachment, 93rd MP Battalion, 8th MP Bde., stand outside Steven’s compound on Camp Liberty.

“I see my son more now than I did back in the states,” said Allen. “(Here) we see each other at least twice a week and speak to each other every other day on the phone.”

When they have time, the father and son enjoy having lunch together, which is something that Allen really enjoys since he can’t remember the last time he sat down with his son to eat lunch back in New York.

They both agree that being stationed together has made things easier for them both. Allen says he doesn’t worry about his son much now because he is able to see him every week.

“I am proud of both my kids; they are the pride of my life,” said Heredia, whose daughter also serves in the Army. “The only thing I would do to change this whole situation would be that I would have loved to work with my son and go on missions together.”

It is never easy to be deployed because of separations from family and friends, but one family says it has been brought back together by a family tradition.



U.S. Air Force Senior Airman Kamaile O. Chan | 1st Combat Camera Squadron

### Dog days

MOSUL, Iraq — Sgt. Joshua Smith, 25th Infantry Division, Canine Section, and his military working dog, Blacky, greet a young Iraqi boy during a cordon and search mission in the Al Siha District of Mosul, Iraq, May 14.



# 25th CAB postures for deployment during training

In part one of a two-part series, the 25th Combat Aviation Brigade preps for deployment to Iraq

**SGT. 1ST CLASS TYRONE C. MARSHALL JR.**  
**SGT. MIKE ALBERTS**  
25th Combat Aviation Brigade Public Affairs

WHEELER ARMY AIRFIELD – In final preparation for its deployment to Iraq later this year, the 25th Combat Aviation Brigade (CAB) conducted its comprehensive Culminating Training Event (CTE) that took place throughout the Hawaiian Islands and at the National Training Center (NTC) at Fort Irwin, Calif., April 25-May 3.

In one scenario, teams of Soldiers and air assets were dispatched to recover a downed aircraft on Oahu. Simultaneously, ground elements conducted convoy, resupply and humanitarian missions on Kauai and the Big Island of Hawaii.

Moments later, and hundreds of miles away in California, attack helicopters engaged enemy targets and collected reconnaissance and surveillance information on enemy encampments.

All of the scenarios occurred during the span of just one hour and represented one of dozens of realistic combat scenarios faced by the 25th CAB during the CTE.

With units spread throughout the Hawaiian Islands and California, communication was critical in keeping the 25th CAB in step. The constant chatter of multiple task force command posts and ongoing operations was the norm in the brigade's bustling tactical operations center.

Soldiers from 2nd Battalion, 25th Avn. Regt., known as Task Force Diamond Head, comprised of various elements of each of the 25th CAB's battalions, as well as select Soldiers from the 2nd Stryker Brigade Combat Team, 25th Infantry Division, deployed to the Pohakuloa Training Area (PTA) and experienced firsthand the difficulties of operating away from home station.

The task force staff tackled the challenge of synchronizing operations with both higher echelon staffs and subordinate units just as they would in combat.

"The major advantage to going to PTA is that it forces us to react and perform with what we have," said Capt. Clayton Carpenter, assistant operations and training officer, 2-25th Avn. Regt.



Photos by Sgt. 1st Class Tyrone C. Marshall Jr. | 25th Combat Aviation Brigade Public Affairs

Soldiers from Headquarters and Headquarters Company, 25th Combat Aviation Brigade's (CAB) Personnel Recovery Team (PRT), "Archangels," recover a downed unmanned aerial vehicle (UAV) during a situational training exercise as part of the CAB's Culminating Training Event, April 30. The UAV and PRT were extracted on a CH-47D Chinook Helicopter from B Co. "Hill Climbers," 3rd Battalion, 25th General Support Aviation Battalion, the 25th CAB's "Hammerhead" Battalion.



"What you pack up and bring with you is what you have to work with, and in that regard, it closely simulates deployment," he said.

"Additionally, PTA is of tremendous value for us because it allows the staff to receive missions, work through their various drills, push (orders and mis-

sions) down to the companies, which, in turn, work through their drills and standard operating procedures, and execute," he continued. "The event was a success and much of that success is due to the hard work of the Task Force 'Diamond Head' Soldiers."

One of those Soldiers was Sgt. Anthony Adams, the medical noncommissioned officer in charge during the CTE for 2-25th Avn. For Adams, a combat veteran, PTA was particularly important because it gave him the opportunity to train Soldiers on combat scenarios that are difficult to simulate in garrison.

"During this training, we duplicate those high stress environments that medics face in combat, from giving (fluid intravenously) in the back of a

moving vehicle to working in the dark or under noise discipline conditions," Adams said. "The idea is to introduce as much stress as possible into the training. ... As a combat medic the chances are good that you will have someone's life in your hands."

"We're constantly improving to be prepared for that reality," he added. "PTA allows us to closely simulate conditions we simply can't do back home."

Key leaders from the 3rd Infantry Division and 2nd Battalion, 159th Aviation Regiment (Regt.), an attack/reconnaissance battalion, joined Soldiers from each of the 25th CAB's battalions throughout the CTE.

Marines from Combat Assault Company, 3rd Marine Regt., also took part, and U.S. Army-Pacific provided observer-controllers (OCs) to assist with training oversight.

The Joint Multinational Readiness Center, from Germany; I-Corps based in Fort Lewis, Wash.; and the Battle Command Training Program, from Fort Leavenworth, Kan.; provided additional OC coverage.

*(Editor's Note: See next week's Hawaii Army Weekly for part two of this series.)*

## COC: Hails and farewells abound

CONTINUED FROM A-2

Richard A. Wilson passes command to Lt. Col. Donald M. Brown.

•June 4, 9 a.m., 1st Bn., 14th Inf. Regt., 2nd SBCT. Lt. Col. Thomas D. Boccardi passes command to Lt. Col. Andrew C. Ulrich.

•June 4, 2 p.m., 225th Brigade Support Bn., 2nd SBCT. Lt. Col. Mark D. Collins passes command to Lt. Col. Jeffrey S. Murray.

•June 5, 10 a.m., 94th Army Air and Missile Defense Command. Brig. Gen. Roger F. Mathews passes command to Col. Jeffrey L. Underhill.

•June 8, 9 a.m., 2nd Squadron, 14th Cavalry Regt., 2nd SBCT. Lt. Col. Thomas

H. Mackey passes command to Lt. Col. James P. Isenhower III.

•June 16, 11 a.m., U.S. Army Garrison-Oahu. Col. Mark C. Boussy passes command to Lt. Col. Richard J. Gledhill at the Palm Circle Gazebo, Fort Shafter. Primary parking will be available at the Hale Ikena.

•June 26, 10 a.m., 205th Military Intelligence Bn. Lt. Col. Leland A. Liebe passes command to Lt. Col. Timothy J. Parker at Palm Circle, Fort Shafter. Parking is limited. The point of contact is 1st Lt. Hope Woods at 438-4341.

*(Editor's Note: Information listed is subject to change due to inclement weather. Times listed are the start times for the changes of command ceremonies.)*

## Footsteps: Difficult situations allow people opportunities to grow spiritually

CONTINUED FROM A-2

life in that place like you would as if it were your dream place, instead of wallowing in misery.

The verses also say to "seek the peace and prosperity of that place" (Jeremiah 29:7). This may mean working for a squad, platoon, company, etc., that you don't want to be in, and yet doing so with excellence.

It may mean living near difficult neighbors and yet being a good neighbor. It is doing your duty above

and beyond with great excellence and striving to make your environment the best it possibly can be.

It means being a good citizen on and off duty and working hard. It also means praying for the people you work with and for. God can change much through prayer.

Last, the passage says, "... for I know the plans I have for you declares the Lord, plans to prosper you and not to harm you, plans to give you a hope and a future, then you will call upon me and pray to me,

and I will listen to you. You will seek me and find me when you seek me with all your heart" (Jeremiah 29:14).

Recognize that God may have you in a faraway or difficult place with difficult people so that you might seek him, learn about him and know him. How do we live in a place we don't want to be?

We recognize God has placed us there, live life there, work so it is a good place, pray for it and seek God there.



# Command sergeant major bids farewell to ‘Warrior Brigade’

Morgan retires after 30 years of service to Army

Story and Photos by  
**MAJ. AL HING**  
2nd Stryker Brigade Combat Team Public Affairs

SCHOFIELD BARRACKS — Warriors gathered on Sills field to welcome a new senior enlisted member to the brigade and wish farewell to the outgoing command sergeant major during a combined change of responsibility and retirement ceremony, May 14.

Command Sgt. Maj. William D. Hain assumed responsibility for the Soldiers of the 2nd Stryker Brigade Combat Team (2nd SBCT), “Warrior” Brigade, from outgoing and retiring Command Sgt. Maj. Karl K. Morgan. Hain previously served three years as the command sergeant major of the 1st Battalion, 27th Infantry Regiment “Wolfhounds.”

“I love everything about being a Soldier,” said Hain. “It is an honor beyond description to be able to continue to do what I love and have impact on the Soldiers and families of the Stryker Brigade Combat Team ‘Warrior’ during these times.”

Col. Todd B. McCaffrey, commander, 2nd SBCT, officiated the event that passed responsibility of, “... one superbly professional (noncommissioned officer) to another.”



Retired Command Sgt. Maj. Karl Morgan (center) and his wife, Joan, receive insights from Lt. Gen. Benjamin Mixon (right), commander, U.S. Army-Pacific, following the change of responsibility and retirement ceremony at Sills Field, May 14.

The ceremony transitioned from a change of responsibility to the retirement of Morgan.

“A ceremony like this can do little justice or compensate for what Command Sgt. Maj. Morgan has provided generations of Soldiers, literally legions of men and women,” said McCaffrey. “I can only offer our profound and sincere

thanks for his service.”

Morgan completes a thirty-year career serving in airborne, air assault, and light infantry units, culminating as the command sergeant major of 2nd SBCT, 25th Infantry Division. For the past five years, Morgan served as a battalion and brigade command sergeant major during two Operation Iraqi Freedom (OIF) deployments in the 2nd Brigade.

During OIF 2, Morgan served as the command sergeant major for the 1st Battalion, 27th Infantry Regiment (Wolfhounds.) After the brigade returned from OIF 2, he was appointed as the Warrior brigade command sergeant major, where he was instrumental in the brigade’s transition from light infantry to the Army’s fifth Stryker brigade.

“For the past four years I have walked in the shadow of giants; I have walked in the presence of heroes. The Soldiers of this brigade are the reason for its success,” said Morgan. “I cannot say enough about the sacrifices endured or hardships overcame ... you have been the joy behind me coming to work each and every day.”

When addressing the significance of the day, Morgan stated it was just another day.

“Soldiers come and Soldiers go, but the Army lasts and will last long after we go.”

## Dive: Team prepares for missions

CONTINUED FROM A-1

encounter during their recertification training exercise, May 11-22, in the coastal waters of Hawaii.

The 30 Soldiers are diving in a multitude of underwater environments, including wrecked ships and reefs, as well as the sea floor to test much of their equipment and hone their skills.

“What we’re doing is qualifying on all of our systems and getting the newest divers accustomed to some of the tools we use on a daily basis to make us more mission capable,” said Staff Sgt. John Geffert, a salvage diver with the 7th Eng. Dive Det.

The 22-year-old from Hopedale, Mass., said they are going to be doing everything from SCU-B A diving and hard-hat-diving, to instructing diving supervisors on how to handle their dive teams.

“We’re going to be out at sea for two weeks,” Geffert said. “We do this training once or twice a year, and it’s important to keep our divers prepared for when we are needed on a mission.”

Pfc. John Hoover, one of the junior Soldiers on the team, will be receiving more advanced training on underwater engineer tasks while out at sea.

“For junior divers like me, we’re doing some tool training [underwater cutting and welding],” Hoover said. “For our more experienced divers, they are going to focus on supervisor training.”

The 24-year-old, Morehead City, N.C., native said he values the training time as an opportunity to further enhance his schoolhouse training.

“Some of the tools we use are a lot more difficult and require a lot more training than we received in school because underwater cutting and welding are areas we only brushed upon in the schoolhouse,” Hoover said.

The exercise provided the divers with more than just a training opportunity. Their time at sea allows them to share experiences and bond with their fellow team members, as well as to talk about what makes them put on a different suit to do their part in the Army.

“Being able to get out of ACUs for a while and put on a dive suit is a nice aspect of the job. I love the water and I love diving,” Hoover said. “Our extra training in other skills outside of diving blends into many areas, so we can become more well-rounded Soldiers. If you are interested in diving, you can leave this field with more than you expected.”

While many of the divers join for different



Capt. John Darrow, commander, 7th Engineer Dive Detachment, prepares to go into the water during test dives, May 11 at Hickam Air Force Base.

reasons, one common thread is shared among them.

“It’s one of the greatest jobs you can have,” Hoover said. “You get all the benefits of the military service, you get all the pride, you get to wear the uniform and, at the same time, get to do things that people pay a lot of money to do.”

Hoover said that being stationed in Hawaii is another bonus.

“I get to dive at some of the greatest dive locations in the world, where people have to receive special permission to dive,” he said. “If anyone has any interest in doing that for the Army, look into diving.”

## Uthlaut: Top general recognizes company commanders’ contributions

CONTINUED FROM A-1

they are today. He then turned his attention toward the awardees.

“These award winners demonstrate the tremendous quality that we are privileged to have throughout our Army,” Casey said. “These are top performers that have led in the most difficult and dangerous missions and brought out the best in the men and women they led.

“They have, without a doubt, demonstrated

the ideals of Gen. Douglas MacArthur. You embody the spirit of service that our country will continue to draw upon in the challenging years ahead,” Casey said.

“The best thing about this award is knowing the achievements of my company are recognized, and the Soldiers know that hard work will be rewarded,” said Uthlaut.

Others also selected for the award credited their nomination to the hard work and dedication of the Soldiers they command.

# Ranger: Deployed teams mark first for Ranger competition

CONTINUED FROM A-1

marksmanship when we need; we had explosive ordnance disposal Soldiers to train us on demolitions; we had medical personnel to train us ... everything that would prepare us for success has been available here."

A rigorous training regimen made the Wolfhound Soldiers ready for the competition at a higher level of professionalism. Team members increased proficiency in their basic infantry tasks and skills.

"Our train-up actually resembled preparing for an expert infantry badge (EIB). We ruck-marched countless miles, worked out four times a day; two days would be weight lifting and running, the other two were a focus on basic infantry skills training — medical, weapons assemble and disassembly," said 1st Lt. Raymond Kuderka, military intelligence officer.

"Basically, if you take an EIB book, we trained on it and became proficient in everything within our abilities," Kuderka added.

The two teams focused on the honor of being selected to represent their fellow comrades who would be still fighting while the team would be competing.

"Personally, I felt very honored to even be considered, because I knew that I would be competing against all other units that were sending only their best Ranger-qualified Soldiers. I would then be competing against the best Rangers in the United States Army, making a mark for the Wolfhounds overseas," said Sgt. David Paul, reconnaissance team leader.

Lt. Col. Raul Gonzalez, the battalion commander, came up with the idea of having two teams compete in the competition and



Capt. Lloyd Wohlschlegel, executive officer, Headquarters and Headquarters Company, 2nd Battalion, 27th Infantry Division, 3rd Infantry Brigade Combat Team, and his teammate 1st Lt. Raymond Kuderka, the battalion's military intelligence officer, work together to balance a foot rope and complete the Tri Tower portion of the Best Ranger Competition during the 2009 event at Fort Benning, Ga., May 9. The two were a part of the first teams to compete in the competition while being in a deployed status in Iraq.

represent the Wolfhounds, according to Sgt. 1st Class Derek Wise, reconnaissance platoon sergeant.

These four Soldiers represented the entire 25th Infantry Division. They showcased the spirit and drive of the Wolfhounds by finishing the competition in the 18th and 20th place out of 48 teams.

# Motorcycle: Survival depends on skill

CONTINUED FROM A-1

Readiness/Safety Center, most motorcycle fatalities occur with Soldiers who are 23-33 years old, in the ranks E4-E6. Additionally, sport bike accidents are the number one killer, and causes usually stem from speeding, lack of control or skill with a motorcycle, or alcohol.

"Every rider must understand that despite the proliferation of air bags, crumple zones and other active safety features that have reduced the annual number of fatal accidents in automobiles, a motorcyclist's ability to survive a situation on the road comes down to skill training, the choices that they make, and the level of protective gear that they are wearing," Maxwell explained.

Locally, Soldiers must attend an Army-approved motorcycle safety course and pass an evaluation on their motorcycle, all

before they are authorized to ride motorcycles. Training and evaluations are provided by the Directorate of Safety, USAG-HI, and they have helped improve motorcycle safety, Maxwell said.

This upcoming Memorial Day weekend is a sacred time for many in the armed services, and the holiday weekend offers some well-deserved "down time" for busy service members and their families to reflect and relax.

To prevent further tragedy from motorcycles, riders must adopt safe riding habits. Riders must know their bike and their surroundings and stay within posted speed limits.

"In combat, a Soldier's battle buddy is frequently the first line of defense when it comes to affecting a Soldier's decision-making process or reaction to a particular situation," said to Brig. Gen. William T. Wolf, U.S. Army Combat Readiness/Safe-

ty Center commanding general. "I am encouraging leaders, Soldiers and family members to be a battle buddy this weekend to help ensure a great start to a fun, safe summer season."

As well, riders must be mentally sharp before they hit the road.

"Mental preparedness plays a vital role," said Al Hydeman, Military Safety Foundation programs managing director during a safety event at the Pentagon, earlier this month. "It gives you the tools you need to make better judgments and respond, rather than react to any situation you might encounter in the real world."

Today, the military is hosting armed services rides for safety, which will start at several military installations on Oahu. The rides will re-emphasize motorcycle safety.

*(Editor's Note: Information was used from U.S. Army Combat Readiness/Safety Center releases.)*

## News Briefs

Send news announcements for Soldiers and civilian employees to [community@hawaii.armyweekly.com](mailto:community@hawaii.armyweekly.com).

### 22 / Today

**Veterinary Clinic Improvements** — To better serve the community the Schofield Barracks Veterinary Clinic is increasing staff and making computer and software upgrades. Customers may experience a delay in services now-July 1 while changes are implemented.

The office will continue to provide regular services during normal duty hours. Business hours are Monday-Friday, 8 a.m.-4 p.m., and 11 a.m.-7 p.m., the third Wednesday of every month. The clinic is closed the last working day of every month.

Call 433-8531/8532 to make a regular appointment for that day

### 26 / Tuesday

**Oahu North Town Hall** — The next Oahu North Town Hall

meeting, for residents of Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation, is May 26, 6:30 p.m., at the Sgt. Smith Theater, Schofield Barracks.

For more information, call Monica Anguay at 655-0497.

## June

### 1 / Monday

**WATTS Field Closure** — A portion of WATTS Field will be closed to conduct sprinkler irrigation system installation June 1-July 1. The softball field and paved jogging track are open, but please use caution while in the area.

**North Spouse Information Meeting** — The next North Spouse Information Meeting (SIM) is June 1, 9 a.m., at the Nehelani, Schofield Barracks.

**Schofield Advisory Council Meeting** — The next Schofield Barracks PX/Commissary/Nehelani Advisory Council Meeting is June 1, 10:15 a.m., at the Nehelani, Schofield Barracks, following the Spouse Information Meeting. For more information, call Monica Anguay at

655-0497.

### 3 / Wednesday

**Oahu South Town Hall** — The next Oahu South Town Hall meeting for the Oahu South community is scheduled, June 3, 6:30 p.m., at Aliamanu Military Reservation Chapel. Contact Rosey Stone, deputy community director, USAG-Oahu, South, at 438-6147.

### 5 / Friday

**NSPS Employee Town Hall** — The civilian workforce should attend one of two National Security Personnel System (NSPS) Employee Town Hall meetings. Jim Duttweiler, U.S. Army Garrison-Hawaii, deputy garrison commander, will discuss the upcoming NSPS pay pool process for this year.

Employees need to attend only one session.

•June 3, 10-11 a.m. or 1:30-2:30 p.m., at Fort Shafter, Building 344.

•June 5, 10-11 a.m. or 1:30-2:30 p.m., at Sgt. Smith Theater, Schofield Barracks.

### 8 / Monday

**Sex Signals Tour** — U.S. Army-Pacific (USARPAC) and the U.S. Army Garrison-Hawaii

Sexual Assault Prevention and Response (SAPR) team present the improvisational show "Sex Signals," June 8-11.

The 75-minute show is a revolutionary concept in sexual assault and harassment training and prevention, and explores mixed messages, gender stereotypes and social pressure in a humorous and interactive way.

Space is limited. Reservations are mandatory by June 1.

•Sgt. Smith Theater, Schofield, June 8 and 9, at 9 a.m., 1 p.m. and 3 p.m.; June 11 at 8 a.m., 10 a.m. and 1 p.m.

•Hale Ikena, Fort Shafter, June 10 at 9 a.m., 1 p.m. and 3 p.m.

Contact Lt. Col. Jacky Westover chief, Morale, Welfare and Recreation, USARPAC, at 438-4173 or [Jacqueline.westover@us.army.mil](mailto:Jacqueline.westover@us.army.mil) or Brenda Huntsinger, Installation Sexual Assault Response coordinator, at 655-1718.

### 9 / Tuesday

**Newcomers Brief for Soldiers** — The next monthly newcomers briefing for Soldiers is scheduled June 9, 4-5 p.m., at the Soldier Support Center, Building 750, Schofield Barracks.



# HAWAII ARMY WEEKLY

# PAU HANA

[www.garrison.hawaii.army.mil/haw.asp](http://www.garrison.hawaii.army.mil/haw.asp)

"When work is finished!"

FRIDAY, MAY 22, 2009



## Honoring the Islands

Fort Shafter Elementary Students Celebrate May Day

Top — Fort Shafter Elementary School's May Day King, Scott Green (top left), 11, and Queen, Brianna Trotter (top right), 12, preside over their court of princes and princesses representing all the Hawaiian islands honoring the Hawaiian culture with a "Na Keiki O Hawaii" production, May 15.

Left — Brenna Toy, 9 performs a hula depicting Haleakala on the island of Maui during Fort Shafter Elementary School's May Day Celebration.

Right — Kai Samuel, 8, performs a hula celebrating Molokai during the event.

Above — Third graders from Fort Shafter Elementary School perform "The Pineapple Express" hula paying tribute to Molokai's contributions to Hawaiian culture during a May Day Celebration at the school, May 15.

Photos by Col. Wayne Shanks, U.S. Army-Pacific Public Affairs

## Army history comes alive at Fort DeRussy during annual event

Story and Photo by  
**BILL MOSSMAN**  
Staff Writer

FORT DERUSSY — Mike Maranto blew in from the Windy City last week and found the perfect spot to chill in Waikiki, at the U.S. Army Museum of Hawaii, site of the 10th Annual Living History Day, May 16.

A fan of museums of all types since his youth, the Chicago native spent the morning floating from tent to tent, enjoying the displays of military memorabilia, restored military vehicles and modern Soldiers in full battle gear.

Suddenly, his attention was drawn to something much cooler than his hometown weather.

"That's an F4U Corsair," he gushed, while stopping to kneel before one of a dozen large-scale, working aircraft models parked on the lawn around the Birds of Paradise Team's tent.

The blue, sleekly designed Corsair, a carrier-capable fighter aircraft that saw service in both World War II and the Korean War, glistened in the approaching midday sun — matching the gleam in its beholder's eyes.

"This is my favorite plane," said Maranto, as he admired the aircraft's intricate details.

Although never having served in the military, Maranto admits that events such as Living History Day, with re-enactors roaming the museum grounds dressed in vintage war uniforms, create



Seven-year-old Nathan Maranto points to his daddy's favorite plane — an F4U Corsair large-scale model aircraft — as his father, Mike, looks on. The Marantos were among the hundreds who took in the sights and sounds of the 10th Annual Living History Day, May 16, at the U.S. Army Museum of Hawaii at Fort DeRussy.

the kind of atmosphere that makes him wonder what it would have been like to be a war veteran.

"There's a sense of nostalgia for me," Maranto explained. "People have a tendency to long for days that were better; I know I do. For example, I grew up loving John Wayne and his war movies. And whenever I watch his movies, my wife teases me by saying that if I grew up during the World War II era, I would have joined the service."

"She's probably right," he added.

Held on Armed Forces Day, Living

History Day is a free event staged each spring at Historic Battery Randolph, Fort DeRussy. There, various local organizations gather to help commemorate and educate the public through exhibits of weapons, equipment and insignia from yesteryear to present-day Hawaii.

Crowds numbering in the hundreds passed through the static and interactive displays, which touted the Army's rich heritage and its many contributions to the community.

At the visitor center, guests enjoyed the distinct sounds of Scottish bagpipes,

performed masterfully by the Celtic Pipes and Drums of Hawaii, on the museum's front lawn.

Visitors were also treated to an event first: two military humvees parked in the grassy area just off of Kalia Road.

Guests snapped photos of Soldiers perched atop the all-terrain, diesel-powered vehicles before poking their heads into the combat-ready war machines for more than a cursory glance.

"Having the humvees here this year makes it all the more exceptional," said Dorian Travers, museum technician. "But

you know what I find just as enjoyable? The interaction between the public and our active duty Soldiers."

Of course, Soldiers weren't the only ones charged with educating the public.

Under the Hawaii Historic Arms Association tent, members Leslie Tam and Russell Kanno fielded questions regarding the group's collection of rifles. The association's display revealed a range of weapons — from the antiquated U.S. Model 1816 Musket with its flintlock-firing and .69-caliber barrel, to the modern day assault rifle, the AK-47.

"We get these old timers who come by and say, 'Hey, that's the thing I used to carry,' and it brings back good memories for them," Tam said, "and then we get active duty Soldiers who come by, and they don't know anything about some of these primitive type of weapons, so it gives them an idea of what weapons existed before they got their M-16s."

"Most of our members try to emphasize the history side rather than the shooting part," Kanno added. "We enjoy and, more importantly, respect the history of firearms and that's what we try to educate the public about (on Living History Day)."

Other organizations supporting the event included the 25th Infantry Division, U.S. Army Corps of Engineers, Pearl Harbor Historic Sites, Hawaii Military Vehicle Preservation Association, Civil War Roundtable, and Ka Pa Lua Hawaii.





## 22 / Today

**Hawaiian Luau at PARC** – Experience old Hawaii at the Sunset Café, Piilaa Army Recreation Center (PARC), today, 6 p.m. Parties of four or more should call to reserve seating at 696-4778. (PARC is open to all active and retired military, members of the Reserve and National Guard, active and retired Department of Defense civilian employees, including Coast Guard, family members and sponsored guests.)

**Children of Eden** – Tickets are available for the Army Community Theatre musical production “Children of Eden,” today and May 23, at the Richardson Theatre, Fort Shafter. Freely based on the story of Genesis, “Children of Eden” is a frank, heartfelt and humorous examination of the age-old conflict between parents and children. Adult ticket prices begin at \$15, and children’s tickets are available for \$12.

Visit [www.armytheatre.com](http://www.armytheatre.com) for more information or to purchase tickets. Call 438-4480.

## 26 / Tuesday

**Poetry Fun** – Poets or poetry enthusiasts are invited to stop by the Sgt. Yano Library, Schofield Barracks, May 26, 5:30-7:30 for poetry fun. Writers are invited to bring their own work or just listen and soak in the ambiance. Poetry Fun is a new, free program that takes place every second and fourth Tuesday of the month. Call 655-8002.

**Stroller Strong** – Soldiers and family members are invited to participate in a healthy and informative group activity, May 26, 8:30-9:30 a.m., at the Tripler Army Medical Center track. Participants can meet new friends, learn new parenting tips, keep abreast of community events and services, all while engaging in a healthy activity.

The stroller strong walking group will feature “guest walkers” from the community such as doctors and program representatives from the Directorate of Family and Morale, Welfare and Recreation. Call 655-4227.

## 27 / Wednesday

**Spouse Appreciation Event** – Family and Morale, Welfare and Recreation (FMWR) will host an Arabian Experience military spouse appreciation event, May 27, 11 a.m.-1 p.m., at the Hale Ikena, Fort Shafter. Spouses can enjoy massages, food and prizes, all in an Arabian



## 22 / Today

**Case Lot Sales** – Commissary case lot sales are scheduled to take place island-wide in May. Stock up and save at these locations: Pearl Harbor, today-May 23, and Barber’s Point (Kalaelo), May 29-30. Check local store information for hours of operation at [www.commissaries.com](http://www.commissaries.com).

**Hale Kula Celebration** – The Hale Kula Elementary School, Schofield Barracks, celebrates “Kanalima Makahiki O Aloha” (50 years of Aloha), May 22, 9 a.m.-noon, with a May Day program outside the Hale Kula Elementary School grounds.

The event will feature a royal court with a prince and princess representing each island. Students from kindergarten to fifth grade will provide entertainment with Hawaiian songs and hula dancing. The event is open to the community. Call Christine Putzulu at 622-6380, ext. 272, for more information.

**Aloha Care Drive** – Operation Homefront-Hawaii in collaboration with the Rotary Club of West Pearl are collecting donations of island goodies to send to deployed Hawaii Soldiers for Fourth of July celebrations.

Donations of Spam, Kona coffee, macadamia nut chocolates, mochi crunch, cuttlefish, University of Hawaii caps, T-shirts and flip flops are being accepted at the Pearl Harbor Navy Exchange and at Lex Brodies locations at Queen Street and Pearlridge, now through June 12.

Monetary donations to assist in the shipping of more than 500 Aloha Care packages are being accepted online at [www.operationhomefront.net/hawaii](http://www.operationhomefront.net/hawaii). To register a service member to receive a



Sgt. Ricardo Branch | 8th Theater Sustainment Command Public Affairs

# Winning words

SCHOFIELD BARRACKS — Lt. Col. Payton Sims, 8th Theater Sustainment Command, along with his wife, Dana, and son Paul, receive a first prize certificate from Wayne Sniffen, Hawaii area manager, Dunham and Smith Agencies, and Eynvinne I. Umemoto. Sims wrote a winning essay for the Quaker True Delights Military Mom essay contest, which ran from February to April. The contest asked participants to describe what makes the military mom in their life special.

atmosphere.

Indulge and enjoy a unique experience while FMWR says, “thanks for being you.” Child care is available.

Registration is required; visit [www.mwrarmy.hawaii.com](http://www.mwrarmy.hawaii.com) to register. Call 655-0111/2.

**EFMP Support Group** – The Army Community Service (ACS) Exceptional Family Member Program (EFMP), SHARE support group will meet, May 27, 5:30-8 p.m., at the Schofield Barracks Main Post Chapel.

The SHARE group (Share Hints, Accomplishment, Resources and Encouragement) is open to all families with an EFMP member and provides an opportunity to share experiences, information and resources. On-site child care is available. Reservations are required, and all children must be registered.

Call ACS EFMP at 655-4791 or 655-1551 for information or child care reservations.

**NPSP Resource Workshop** – The New Parent Support Program (NSPS) is hosting a resource workshop, May 27, 2-4 p.m., at Aliamanu Military Reservation community center, and May 28, 2-4 p.m., at Sgt. Yano Library, Schofield Barracks. Parents can learn more about the Nurturing Parent curriculum, shaken baby syndrome and the community resources that are available for basic newborn care. Call 655-4227.

package, contact Eva Laird Smith at 469-7427 or e-mail [Hawaii@operationhomefront.net](mailto:Hawaii@operationhomefront.net). Packages will be shipped June 13.

## 25 / Monday

**Remembering the Fallen** – The “Home of the Brave Quilt Project” returns to the Pacific Aviation Museum, Pearl Harbor, May 25, 10 a.m.-2 p.m.

The project offers visitors a way of expressing gratitude to the families of Soldiers who have died in Iraq and Afghanistan.

Quilters handsew and present a quilt to the family of every fallen Soldier. Visitors are invited to watch the assembly and sign the quilts for Hawaii’s families.

Museum general admission is \$14, adults; \$7, children. Kamaaina and military admission is \$10 adults; \$5, children. Call 441-1000 for more information. Visit [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org).

**Lantern Floating Ceremony** – The 10th Annual Lantern Floating Ceremony is May 25, 6:30 p.m., at Ala Moana Beach Park. Held each year on Memorial Day, the event brings together nearly 40,000 residents and visitors from various cultural and religious backgrounds, who cast afloat lanterns from the park’s shore at sunset in remembrance of loved ones who have passed, or as a symbolic prayer for a harmonious and peaceful future.

Free event parking is available at the Hawaii Convention Center (HCC) and shuttle from the HCC to Magic Island begins at 4 p.m. Lanterns are free and registry begins at 1 p.m., May 25, on a first-come-first served basis.

Memories or messages for loved ones can be submitted at [www.lanternfloat.hawaii.com](http://www.lanternfloat.hawaii.com).

**FMWR Lantern Floating Trip** – Family and Morale, Welfare and Recreation is offering free round-trip transportation to the Lantern Floating Hawaii ceremony, May 25, at Ala Moana Beach Park. Pick up will be at 10 a.m. from Sgt. Smith Theater, Schofield Barracks, and 11 a.m. from Richardson Theatre, Fort Shafter. Enjoy a relaxing day at the beach and

## 28 / Thursday

**EFMP Bowling Event** – Families with special needs individuals are invited to enjoy a bowling event, May 28, 6-8 p.m., Fort Shafter Bowling Center. One family member must be enrolled in the Exceptional Family Member Program (EFMP). Events are free and sign-up is required. Call 655-1551/4791.

## 29 / Friday

**Waikiki Party Bus** – The Army bus rides again, May 29, 9 p.m.-4 a.m. The bus will pick up riders on Schofield Barracks and Fort Shafter and take them down to party in Waikiki, worry-free.

Free tickets are available at Information, Ticketing and Registration offices, and riders must have a ticket to board the party bus. The bus is also scheduled to run June 12 and 26, and July 17 and 31. Call 655-9971/438-1985.

**Friday Night Scrappers** – Enjoy an evening of scrapbooking fun and friends at the next session of Friday Night Scrappers, May 29, 4-9 p.m., at Schofield Barracks Arts and Crafts. Bring in a scrapbooking project, and we’ll provide the friends. Cost is just \$5; supplies are available for an extra fee. Call 655-4202.

# June

## 1 / Monday

**Fourth of July Picnic Reservations** –

then take in the cultural sites and sounds of the ceremony in the evening. The return trip will pick up at Magic Island at 8:30 p.m. Transportation is free, but registration is required.

Visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com). Call 655-0143.

## 27 / Wednesday

**Bone Marrow Donor Drives** – Help save a life by registering to be a bone marrow donor during one of the upcoming drives, May 26-June 5.

•May 27, drives will be conducted at Tripler Army Medical Center (TAMC), (mountain or oceanside entrances) and at Schofield Barracks Health Clinic, 8 a.m.-3:30 p.m.; and at the Schofield Barracks Main Exchange mall area, 9 a.m.-4:30 p.m.

•June 2, drives will be conducted at the Schofield Barracks Main Exchange mall area and the commissary, 9 a.m.-4:30 p.m.

Each day, thousands of people across America are in need of bone marrow transplants. All it takes is five minutes and a simple mouth swab to register. Anyone in good health between the ages of 18 and 60 are eligible.

For more information, contact TAMC representative Michelle Lele at 433-6699. Visit [www.dodmarrow.com](http://www.dodmarrow.com).

## 31 / Sunday

**World No Tobacco Day** – The U.S. Department of Defense (DoD)/Tricare encourages servicemembers and their families to participate in World No Tobacco Day, May 31.

Soldiers can fill-out e-cards announcing their intention to give up tobacco, May 31, at [www.ucequit2.org](http://www.ucequit2.org).

The DoD encourages enlisted men and women to use the day as the starting point for a lifetime commitment to being tobacco free.

# June

## 5 / Friday

**Pan-Pacific Festival** – The 30th Annual Pan-Pacific Festival sponsored by the

The Recreation Activities office, Schofield Barracks, will begin accepting picnic site reservations for the annual Fourth of July Spectacular starting June 1 at 10 a.m. Cost is \$75 for a 25-foot by 25-foot space. Picnic sites go fast. Call 655-0111/2.

## 4 / Thursday

**Audio and eBooks Database Demo** – Learn how to use the eBook or audio book collections at the Sgt. Yano Library, Schofield Barracks, June 4, anytime between 2-6 p.m. A demonstration of the Tumblebook read-along titles for students will also be available. Call 655-8001.

## 5 / Friday

**Family Fun Fridays** – Family Fun Friday is back at the Tropics Recreation Center, June 5, 6 p.m. with free Papa John’s pizza, games and contests the whole family will enjoy. Check out Nintendo Wii, PS3 and Xbox 360 games or play a game of pool, darts, air hockey, table tennis, beach volleyball and much more. Call 655-5698.

**BOSS Beach Bash Get-A-Way** – Join the Better Opportunities for Single Soldiers (BOSS) group for a full-day of sun and water sport fun, June 5, 9 a.m.-2 p.m., at Piilaa Army Recreation Center. A variety of water sports equipment and beach toys will be available. Round-trip transportation from Schofield Barracks is provided. Space is limited. Call 655-1130 for reservations.

Hawaii Tourism Authority will take place June 5-7 in and around areas of Waikiki. The festival is one of the oldest inter-cultural events promoting relationships between Hawaii and the Pan-Pacific region.

•June 5, 7-10 p.m., enjoy a street festival along Kalakaua Avenue featuring seven stages filled with cultural performances.

•June 6, 7 p.m., enjoy a Hawaiian island concert at the Sunset on the Beach stage, Waikiki.

•June 7, 5 p.m., an eclectic mix of performers, dancers and colorful floats will be featured during a sunset parade along Kalakaua Avenue through the heart of Waikiki ending at Kapiolani Park.

The weekend festival will also feature a Performing Arts Showcase with traditional performances at two locations:

•Royal Hawaiian Center, Royal Grove: June 5, 1-5 p.m.; June 6, 1-7 p.m.; and June 7, noon-3 p.m.

•Ala Moana Center’s Center Stage: June 5, 10 a.m.-9 p.m.; June 6, 4-9 p.m.; and June 7, noon-6 p.m.

## 12 / Friday

**“Elmo Makes Music”** – The Blaisdell Concert Hall presents a musical event for the whole family, Sesame Street Live “Elmo Makes Music,” June 12-21. Tickets can be purchased online at [www.ticketmaster.com](http://www.ticketmaster.com). Ticket prices start at \$12. Visit [www.sesamestreetlive.com](http://www.sesamestreetlive.com) for more information.

**Dental Assistant Training** – The Schofield Barracks American Red Cross Service Center is accepting applications for fall enrollment in the Volunteer Dental Assistant Program (VDAP) now through June 12. VDAP is a volunteer program that provides training and experience in the dental assistant field. Eligible candidates must be military family members, be at least 18 years old and have at least 18 months remaining on island. Students will complete 1,000 classroom and clinical hours. Call 655-4927 or request an application at [becky.lapolice.murphy@schofield.army.mil](mailto:becky.lapolice.murphy@schofield.army.mil).



**Aliamanu (AMR) Chapel**  
**836-4599**

- Catholic Sunday, 8:30 a.m. – Mass Sunday, 9:45 a.m. – Religious Edu.
- Gospel Sunday, 11 a.m. – Sunday School (Sept.-June only) Sunday, 12:30 p.m. – Worship service
- Protestant Sundays, 9:45 a.m. – Worship Service Sunday, 11 a.m. – Sunday School (Sept. – June only)

**Fort DeRussy Chapel**  
**836-4599**

- Catholic Saturday, 5 p.m. – Mass in Chapel (May-Aug.) Saturday, 6 p.m. – Mass on Beach
- Protestant Sunday, 9 a.m. – Worship Service
- Buddhist 1st Sunday, 1 p.m.

**Fort Shafter Chapel**  
**836-4599**

- Contemporary Protestant Sunday, 9 a.m.-“The Wave” Worship

**Helemano (HMR) Chapel**  
**653-0703**

- Contemporary Protestant Sunday, 9 a.m. – Bible Study Sunday, 10 a.m. – Worship Service 8 Children’s Church

**Main Post Chapel 655-9307**

- Catholic Sunday, 9 a.m. – CCD & RCIA Sunday, 10:30 a.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 10:30 a.m. – Sunday School
- Gospel Sunday, 10:30 a.m. – Sunday School
- Protestant Sunday, noon – Worship Service

**MPC Annex, Building 791**

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

**Soldiers Chapel**

- Catholic Friday-Saturday, noon – Adoration
- Liturgical Sunday, 9:30 a.m.- Worship

**Tripler AMC Chapel**  
**433-5727**

- Catholic Sunday, 11 a.m. – Mass Monday-Friday, 12 p.m. – Mass Saturday, 5 p.m. – Mass
- Protestant Sunday, 9 a.m. – Worship Service

**Wheeler Chapel 656-4481**

- Catholic Saturday, 5 p.m. – Mass
- Collective Protestant Sunday, 9 a.m. – Worship Sunday, 9 a.m. – Sunday School



Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



## 17 Again

(PG-13)

Friday, 7 p.m.  
Saturday, 7 p.m.  
Wednesday, 7 p.m.



## Dragonball: Evolution

(PG-13)

Saturday, 4 p.m  
Sunday, 2 p.m.  
Thursday, 7 p.m.

No shows on Mondays or Tuesdays.



# Showcase Night gives ‘young at art’ opportunity to shine

Story and Photo by  
**BILL MOSSMAN**  
Staff Writer

WHEELER ARMY AIRFIELD — Standing outside her classroom following another nerve-wracking yet successful Student Showcase Night at Wheeler Middle School, art instructor Jennifer Wada-Goode finally had a chance to relax.

The moment didn't last very long. Soon after snapping a picture of a couple of friends, the sixth-year teacher at Wheeler took a deep breath and immediately began making mental notes for 2010.

"I'm already looking forward to next year again," admitted Wada-Goode, whose voice revealed more excitement in it than fatigue. "(Showcase Night) has a way of increasing school spirit and uniting everybody — the teachers with the kids, and the kids with other students who they might not have been friends with before.

"It really brings everyone together." The fourth annual event literally brought several hundred people to the school, May 14, and was the culmination of two months worth of careful planning between school administrators, teachers and students.

Featuring car races in D Building, an art exhibit and technology presentation in the library, and a first-time drama presentation, Showcase Night allowed middle school students the opportunity to put their artistic talents on display before peers and parents.



(left to right) Seventh graders Charity Cobb, Faith Cobb and Shannon Butts, look at art displays during the Wheeler Middle School's Student Showcase Night 2009, May 14.

"I get excited when our students take pride in what they do at school," Wada-Goode said.

Or as Principal Brenda Vierra-Chun put it, "We want to promote some of the good things our kids are doing and give them a chance to shine."

Shining moments included performances by members of the school's ukulele and singing enrichment class.

Five ukulele players, led on guitar by

seventh grade English and Social Studies teacher Jared Wells, accompanied by vocalists China Duncanson and Jackie Morton, entertained the crowd with a rendition of the Boys Like Girls' hit, "Thunder."

Capping off the evening was the ever-popular fashion show featuring a bevy of students, teachers and administrators, including Vierra-Chun, primed up in self-styled outfits strutting down the auditorium's ramp

amid raucous applause.

"This is what middle school is all about," Vierra-Chun said. "Our students are such drama kings and queens. This event gives them a chance to channel that (energy) while on stage — and to do it all in an appropriate way."

While many students used the stage as their platform, others showcased their talents at the school's art exhibit, held inside the library.

Student Xstazjha Hicks, 13, designed her own newsletter in computer technology class and in the process discovered she could reveal the things she's most definitely passionate about. They include, but are not limited to, ice cream, fried chicken, cheeseburgers and, yes, mathematics.

"Math's concrete," explained the eighth grader. "I learn it really fast."

Sixth grader Ryan Parker was one of many students who took delight in explaining artwork to others. Among Parker's contributions to the exhibit were a colorful radial design and a monochromatic piece of scratch art, which featured a detailed iguana slowly making tracks through a desert.

The youngster said he based his chalky scratch art on his 1-year-old pet chameleon, Zippy - minus the exotic lizard's three horns, of course.

Parker's father, Maj. Mark Parker, Special Troops Battalion, 25th Infantry Division, said he's proud of the way his son poured his heart into the art projects.

"Looks like he put a lot of time into them, versus just rushing through them," commented the elder Parker. "Obviously, it shows that he enjoys the arts."

Could a career as an artist be in the cards for the youngster?

Ryan simply smiled and shook his head.

"It's more of a hobby for me," he clarified. "I want to be an Army engineer."

# Lantern dedications provide a peaceful remembrance of lost loved ones

**BILL MOSSMAN**  
Staff Writer

SCHOFIELD BARRACKS — The 10th Annual Lantern Floating Hawaii Ceremony will take place May 25 and invites people of all cultures and religious backgrounds to come together to cast afloat more than 2,000 candlelit lanterns as a way of peacefully remembering loved ones who have passed.

"It is the day on which many of us remember those who gave their lives for peace," said Chieko Steele, program officer for event sponsor Na Lei Aloha Foundation.

One Schofield Barracks resident who plans on attending the ceremony is Julie Brown, who's still feeling the loss of a close friend of the family.

Brown, and her 8-year-old daughter, Megan, attended a workshop at Sgt. Yano Library, Saturday, to help make remembrance cards for community participants.

The workshop provided Soldiers and family members with a chance to add personal prayers and dedications to a community lantern that will be included in the ceremony.

"My mom's fiance passed away from cancer a couple of months ago, and I thought this would be a good way for us to remember him," Brown said. "But I'm also intrigued by Hawaii and all of its different cultures, and I thought this would be a nice way to get my kids involved."

For those still wishing to make dedications, individual lanterns will be available to the public

at the park, beginning promptly at 1 p.m. Lanterns are free, although donations are welcome.

"We're told that people will start lining up at the request tent around noon to get their own individual lanterns," said Conor Joyce, recreation specialist and programs manager, Outdoor Recreation.

To make logistics easier, Family and Morale, Welfare and Recreation (FMWR) is offering free round-trip bus service leaving Sgt. Smith Theater, Schofield Barracks, at 10 a.m., and Richardson Theatre, Fort Shafter, 11 a.m. The busses will arrive early enough for those wishing to request lanterns.

"This is the first time FMWR is providing the

bus service," explained Joyce.

Along with the free ride, FMWR plans on setting up several canopies at the park. "Folks can relax under our canopies or on the beach, and talk story until the ceremony begins."

At the conclusion of the ceremony, the busses will depart Magic Island at approximately 8:30 p.m. To reserve your seat, contact Outdoor Recreation at 655-0143.

Event officials are expecting more than 40,000 people to attend this year. Parking in and around the beach park will be scarce.

Free event parking will be offered at the Hawaii Convention Center, and a complimentary shuttle will transport visitors between the center and the beach park starting at 4 p.m.



# Hawaii honors all military & family members throughout May

The Military Affairs Council of the Chamber of Commerce of Hawaii, community members and businesses in Hawaii celebrate the military's presence in the Hawaiian Islands throughout May. All service members and their families are invited to take part in the activities offered during the 24th Annual Hawaii Military Appreciation Month (HMAM).

## Friday, May 22

**"It's a Matter of Honor" Military Celebration** – The members of the Honolulu Arts District Merchant's Association and the Honolulu Culture and Arts District invite service members, retirees, reservists and their families to a special two-day celebration to honor the military, May 22-23, throughout the downtown Chinatown Arts District at Hotel and Bethel streets. Honolulu Mayor Mufi Hannemann welcomes the military to the celebration starting at 11 a.m. All military spouses with valid ID cards will receive free gifts at galleries. Service members can enjoy special lunches at Chinatown

restaurants and bars. Entertainment will follow.

**HMAM Street Festival** – "It's a Matter of Honor" celebration continues with a street festival, May 23, 2-10 p.m. Service members can enjoy music, food and entertainment at a variety of local establishments. All merchants in the Chinatown area will be offering discounts and gifts to active duty military, retirees and spouses with valid ID.

For more information, call 741-4612 or e-mail [mrjoy@hawaii.rr.com](mailto:mrjoy@hawaii.rr.com).

## Saturday, May 23

**Pacific Fleet Band Performances** – The Pearlridge Shopping Mall honors the military this month with several performances of the Pacific Fleet bands at the Pearlridge Mall Uptown Center. Performances are free and open to the public

- Dixie Express performs May 23, 1-2 p.m.
- The Pacific Fleet rock band "Hang Ten" will perform, May 30, 1-2 p.m.





community Sports

Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com)

## 23 / Sunday

**Waimea Valley Hiking Series** – Join a series of hikes in the Waimea Valley throughout the month of May. The hikes will take participants off the beaten path to see a wide variety of native and introduced plants, archaeological sites and spectacular panoramic views of the Valley. Children must be at least 7 years old and accompanied by an adult unless otherwise noted.

- May 23, 2-mile ridge/valley hike, Ala Ki trail.
- May 30, 6-mile ridge/stream hike on the South Ridge Loop trail (youth must be at least 12 years old). Groups meet at Waimea Valley (59-864 Kamehameha Hwy., across from Waimea Bay), 9 a.m. Hikes cost \$5 per person, plus the Waimea Valley admission fee. For reservations call 638-7766. Visit [www.waimeavalley.net](http://www.waimeavalley.net).

## 31 / Sunday

**Hike Oahu** – Join the Hawaiian Trail & Mountain Club on a 5-mile intermediate hike along the Iliahi Ridge, May 31, 8 a.m.-4 p.m. This pleasant loop off the Manana Trail has several ups and downs, which make for a good workout. Call John Hall, 377-5442.

- Save the date for these hikes:
- June 6, 2-mile novice short valley hike in Manoa.
  - June 6, 5-mile intermediate hike ascending out of the-Manoa Valley. A \$2 donation is requested of nonmembers. An adult must accompany children under 18. Visit [www.htmclub.org](http://www.htmclub.org).

## 6 / Saturday

**Soccer Try Outs** – Tryouts for the Kaoi Soccer Club for boys and girls ages 6-18 are scheduled June 6-7 at the Wai-iau District Park, (98-1650 Kaahumanu St., Pearl City). Boys will meet from 10 a.m.-noon, and girls from 1-3 p.m. Teams play every weekend in various locations around Honolulu. No club fees are required. Call 626-2986.

## Sunday, May 24

**Special Service at St. Stephen's** – The St. Stephen's Episcopal Church in Wahiawa will host Chaplain (Maj.) Linda Norlien, 25th Combat Aviation Brigade, for a special Military Appreciation Day service, May 24, 9-10 a.m.

All military members and their families are welcome to attend.

St. Stephen's Episcopal Church is located at 1679 California Avenue, Wahiawa.

## Saturday, June 6

**Honolulu Zoo HMAM Day** – Military families (retired, active duty and reserve military members and their families with ID) will be treated to free admission, lunch and entertainment at the Honolulu Zoo, June 6, 9 a.m.-2 p.m.

Free bus service is being provided from Schofield Barracks, Hickam Air Force Base, Pearl Harbor, and Marine Corps Base Hawaii. This event is sponsored by the USO and the City and County of Honolulu.

## Discounts at Local Theatres

**Manoa Valley Theatre** – Military members receive \$5 off a regular ticket price to see "Duck Hunter Shoots Angel," now through May 31, at the Moana Valley Theatre.

Tickets are available online at [www.manoavalleytheatre.com](http://www.manoavalleytheatre.com). Call 988-6131.

**Diamond Head Theatre** – Active duty military will receive \$5 off tickets in sections A and B for performances of "Dirty Rotten Scoundrels," today-May 31, at Diamond Head Theatre.

For tickets, call 733-0274. Visit [www.diamondheadtheatre.com](http://www.diamondheadtheatre.com).

**Honolulu Theatre for Youth** – The Honolulu Theatre for Youth presents the musical "Goodnight Moon" through May 23. Military members can buy one adult ticket at \$16 and receive a child admission free (an \$8 value).

Tickets are available online at [www.htyweb.org](http://www.htyweb.org). Call 457-4254.



## 27 / Wednesday

**Intramural Volleyball Entry Deadline** – The deadline to enter the 2009 intramural volleyball league is May 27. This program is open to all active duty Soldiers, National Guardsmen, Army reservists and retired military. League play takes place June 8-Aug. 14.

Soldiers interested in applying for Army-level sports must apply with their Army Knowledge Online (AKO) account at <https://armysports.cfsc.army.mil>. Entries must be submitted to

the Sports, Fitness and Aquatics Office, Stop 112, Building 556, Kaala Community Activity Center. Call 655-0856.

## 30 / Saturday

**Stand up Paddleboard Lessons** – Check out the latest craze to hit the surf crazy islands: paddle boarding. Lessons are scheduled, May 30, 9 a.m.-12 p.m., with Outdoor Recreation, Schofield Barracks. Cost is \$40 per person and includes all equipment and round-trip transportation from Schofield Barracks. Call 655-0143.

**Beach Volleyball Tournament** – Teams are invited to bump, set and spike their way to success during a beach volleyball tournament, May 30, 8:30 a.m., at the Tropics, Schofield Bar-

# Ongoing

**Mission Houses Museum** – Mission Houses Museum is offering free admission for active duty, retired and reserve military members and their families with valid military ID during the month of May. Call 531-0481.

**Contemporary Museum Celebration** – The Contemporary Museum is offering free entry for retired, active duty and reserve military members and their families with valid ID. Call 526-1322.

**Honolulu Academy of Arts** – The first Wednesday of every month is free for military members and their families. Regular admission is \$5 for military. Visit [www.honoluluacademy.org](http://www.honoluluacademy.org).

**Manoa Heritage Center** – Manoa Heritage Center offers tours to members of the military for a reduced rate of \$4 each. Reservations are required. Call 988-1287.

racks. Enjoy food and drink specials, giveaways and awards for top players.

This is an all-day tournament. Players must be 18 years old or older to play, cost is \$10 per team to enter, but active duty military can play for free. Call 438-1152.

## 31 / Sunday

**Hawaiian Canoe Paddling** – Learn how to paddle a canoe while hearing a brief history of outrigger canoeing in the Hawaiian culture, May 31, 6 a.m.-12 p.m. Skilled paddlers will accompany each canoe, assisting and supporting guests interested in this activity.

Cost is \$45 per person and includes all equipment and round-trip transportation from Schofield Barracks. Call 655-0143.



# Preventing physical training injuries is leadership responsibility

Effective PT programs ensure true unit readiness

**CAPT. VANCIL MCNUITY**  
U.S. Army Center for Health Promotion and Preventive Medicine

Injuries to the bones, muscles and tendons of the body from physical training (PT) are among the greatest health threats to our Army. Prevention of these injuries must be a priority for any Army leader (officer or enlisted) who professes to “take care of Soldiers.”

The Joint Services Physical Training Injury Prevention Work Group recommends that any successful injury prevention program must have four essential elements: (1) Education of service members, especially leaders; (2) Leadership enforcement of unit injury prevention; (3) Unit injury surveillance reports, and (4) Greater investment of resources in injury prevention research.

Let’s take a closer look at the effect of leadership enforcement on injury prevention.

The value of leader responsibility and accountability cannot be overemphasized. It is well understood that when someone is held accountable, the rate of progress is likely to improve.

The success of any leader’s PT program has, for many years, been the average PT score of the unit. Yet, leaders should assume responsibility and be held accountable for all the outcomes of PT programs conducted in their



Sgt. 1st Class Sheryl L. Lawry | 500th Military Intelligence Brigade

Capt. Shawn Dodge, front left, runs with his Soldiers during morning physical training.

units, not just average PT scores.

Physical fitness scores are only one outcome of PT; injury rates are another equally (if not more) important outcome. Since a significant number of military injuries occur in association with PT, unit injury rates provide another important measure of the success or failure of unit PT.

Leaders should focus on fitness test

pass rates and injury rates as the best composite assessment of PT program effectiveness and modify their PT program, as needed, to reduce injuries, thereby improving readiness.

When measuring unit success on fitness tests, leaders should place more emphasis on the percent of trainees passing the test rather than the highest average unit score.

The custom of achieving the highest unit average fitness test score usually causes leaders to push the least fit trainees to overreach their capability. This has two potentially detrimental effects: a greater risk of injury and diminished physical performance, two cardinal signs of overtraining.

The tradition of achieving the highest unit average fitness test score also

may cause some leaders to dismiss certain unit members as injured and therefore not take them into account when assessing their unit fitness status.

For example, the result looks better if the average unit fitness score does not include the injured individual who could not take the test. If average unit fitness test scores are used at all, the “zero” scores for trainees who cannot take the fitness test, due to an injury, should be included when computing the unit average score. This practice ensures that the fitness test average score more accurately reflects true unit physical readiness by including the effects of injury.

Ideally, leaders should consider both the unit fitness test pass rates and unit injury rates (versus just unit average fitness test scores) when rating officers and noncommissioned officers since physical readiness is a function of both physical performance and injury.

The work group recommends military and civilian leadership enforcement of injury prevention policies and programs at all levels, including accountability down to the unit for injury rates and Army Physical Fitness Test pass rates.

Effective command emphasis on injury prevention includes accountability and must be consistent, lasting and based on evidence-based strategies and common sense to reduce exposure to injury risk during combat, field training exercises, and especially PT.

# Summer safe campaign emphasizes risk management; no one stands alone

**U.S. ARMY COMBAT  
READINESS /SAFETY CENTER**  
News Release

FORT RUCKER, Ala. – The Army reinforces its commitment to protect members of the Army family with the launch of the Safe Summer 2009 campaign.

This year, the annual campaign, which runs from May through September, emphasizes prevention and vigilance during the summer season, a time that the Army typically experiences an in-

crease in off-duty accidental fatalities.

“Every member of our Army family plays an important role in keeping our team safe, especially during high-risk summer activities,” said Brig. Gen. William Wolf, U.S. Army Combat Readiness/Safety Center (USACR) commanding general and director of Army safety.

“The goal of the Safe Summer 2009 campaign is to provide Soldiers, Army civilians and their family members the information they need to manage risk and thereby decrease the chance of

For more information on the 2009 Safe Summer Campaign, visit <https://safety.army.mil> and look for the Safe Summer logo at the bottom of the Web page.

incidents, accidents and injuries.”

To achieve this important goal, the Army Safety Center has created a Safe Summer 2009 Campaign Web site containing posters, articles and

videos relating to nearly 20 summer safety topics.

“The enemy ‘risk’ can be defeated, but it takes teamwork,” said USACR/Safety Center Command Sgt. Maj. Tod Glidewell. “The team effort involves leaders, Soldiers, civilians and family members, both on and off duty, protecting our most precious resource and to ensure ‘no one stands alone’.

“Let’s enjoy the summer, but do it safely,” he said.