

Sappers help clear the way for a new Iraq in Mosul

Story and Photos by
1ST LT. ADAM VOGEL
84th Engineer Battalion (Construction Effects)

MOSUL, Iraq – The time leading up to the June 30 deadline for Coalition Forces to withdraw from Iraqi cities filled Soldiers of the 591st Engineer Company (Sapper), 84th Engineer Battalion (Construction Effects), with uncertainty.

However, in the weeks since, the 591st has seen the progress of Iraqi Army engineers and witnessed the results of hard work in training their Iraqi counterparts.

The 591st, which joined the 84th Eng. Bn. in late December 2008, has worked extensively with the 2nd Iraqi Army Eng. Regiment on perfecting tactics, techniques and procedures for route clearance operations inside Mosul city limits.

After six months of hands-on training with Iraqi engineers, the 591st Sappers are confident in handing over the task of conducting route clearance to their Iraqi counterparts. The Sappers can see that progress has certainly been made.

The 591st transferred control of route clearance operations within Mosul by the June 30 deadline. That historic day, proud Iraqis could be seen dancing, singing and firing their weapons into the air in celebration.

At first, many of the 591st Engineers expressed mixed feelings about the celebration of the departure of Coalition Forces from the city. Not long afterwards, however, the weight of the moment sunk in, and the company recognized the opportunities for both nations.



Spc. Derek Teunissen, 591st Engineer Company (Sapper), teaches an Iraqi army soldier how to operate the interrogation arm on a route clearance vehicle, to prepare him to conduct route clearance operations in the city of Mosul, Iraq.

Spc. James Helmisk, a mechanic for the 591st Engineer Company (Sapper), instructs an Iraqi army engineer who is conducting preventative maintenance checks and services on a route clearance vehicle.

Iraqis displayed the progress they have made and their motivation to take the lead on security within their country.

“Our Soldiers have done an excellent job training our Iraqi Army counterparts, and now we can watch as the Iraqi Security Forces provide security for their people,” said Capt. Doug Armstrong, commander, 591st Sappers.

Since June 30, the role of the 591st has changed in many ways. Iraqi en-



gineers are still clearing the highways inside the city limits, and by all reports, they are very effective. They continue to emphasize their independence and desire to conduct their operations unilaterally.

While the 591st Sappers still conduct route clearance throughout Multinational Division-North, they operate primarily outside city limits, taking on additional missions in support of other units in Mosul.

Varied missions have helped the 591st to stay fresh after patrolling the same streets every day for more than six months.

As the 591st transitions into its new role, the company is thrilled to sit back and witness the success of its Iraqi Army counterparts – soldiers the 591st helped to train, mentor and equip.

“It is good to see the Iraqi Army is taking back their country and conducting their own missions,” said Spc. Hardwick, a team leader in the 591st.

Now, just over a month since the changes in Iraq, little doubt remains that the Iraqi engineers are ready to take point on route clearance operations in Mosul.

Remaining hopeful that the success of Iraq continues, Armstrong is cognizant how fragile gains can be.

“We know that they still have improvements to make, but they are headed in the right direction,” Armstrong said. “We are here to assist them as they further their capacity for security in Mosul and throughout Iraq.”

Though immediate effects of the Iraqis governing and protecting their own country are evident, the battle for local nationals to build a stronger, safer Iraqi nation are continuing.

(Editor's Note: 1st Lt. Adam Vogel is the 1st Platoon leader for the 591st Engineer Company [Sapper].)

USARPAC: Stability key region issue

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percent of the world's disasters have occurred in the last 30 years, said Japan Ground Self Defense Force Gen. Yoshifumi Hibako, chief of staff.

“I firmly believe that discussing the role of ground forces and the issue of international cooperation, as well as the issues that must be addressed in the future, will result in greater trust and contribute to stability in the region,” he said.

Ground forces have great capabilities for operating against natural disasters, said Gen. George Casey Jr., U.S. Army Chief of Staff and PACC VI co-host. Coordinating those forces is a key issue Casey hopes to focus on during the course of the conference.

“When a disaster strikes, it throws people off balance and everybody wants to help, but without proper coordination, it adds to the burden of the disaster,” he explained.

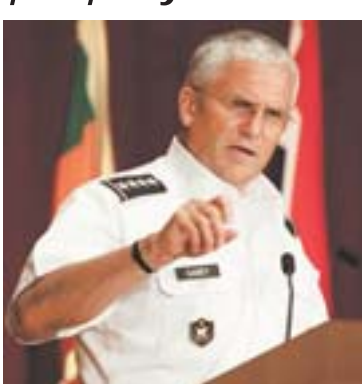
Mixon also stressed the goals of the conferences by emphasizing the sharing of lessons learned from past disasters during the week.

“We will share lessons learned from our experiences in coping with past disasters, we will discuss civil-military and interagency cooperation in disaster relief operations, and we will look at ways to increase multilateral military cooperation. “All of this,” Mixon continued, “is designed to foster collaboration and enhance cooperation through dialogue.”

That dialogue will help the nations come together and build, or continue to build, positive relationships, which will help in the future.

“When you have a crisis, (it) is not the time to begin building relationships. You do that before, and that is what we are doing here,” said Casey.

The delegates from each country are meeting daily to discuss a variety of topics dealing with



Gen. George W. Casey Jr., Chief of Staff of the Army, speaks during the opening ceremony of the 6th Pacific Armies Chiefs Conference in Tokyo, Aug. 24. The conference is designed to foster military-to-military cooperation and develop interpersonal relationships that contribute to regional stability.

this year's theme.

PACC is a biennial, multinational, executive defense forum and fosters military-to-military cooperation, develops interpersonal relationships and contributes to regional dialogue and stability.

PAMS is a multinational military seminar that provides a forum for senior-level officers from the Asia-Pacific's regional ground forces to exchange views and ideas. It is not only a forum to enhance understanding of the subjects studied, but also to provide an opportunity for the future leaders of the region's armies to establish and cultivate a set of strong interpersonal relationships.

PACC VI concluded Thursday, and PAMS XXXIII is ending today.



Sgt. 1st Class Jason Shepherd | U.S. Army-Pacific Public Affairs

Ulchi Freedom Guardian

FORT SHAFTER — Members of the U.S. Army-Pacific Main Command Post ready for a briefing in the Combined Intelligence Operations Center during Exercise Ulchi Freedom Guardian (UFG), Aug. 13. UFG, the world's largest annual computerized command and control exercise, will be conducted by the Republic of Korea and U.S. military the next two weeks.



The Daibutsu, or “Giant Buddha,” looms large above tourists at the Kotokuin Temple, near Kamakura, Japan.

Sustainers relax, enjoy Japanese culture with tours

SGT. MAJ. TERRY ANDERSON
8th Theater Sustainment Command Public Affairs

KAMAKURA, Japan — In the middle of a two-week command post exercise (CPX) at Camp Zama, a group of 8th Theater Sustainment Command (TSC) Soldiers took a break to enjoy the ancient culture of Japan.

The U.S. Army Garrison-Japan Command Chaplain, Col. John Powers, took Soldiers on a tour to the city of Kamakura, which was the capital of Japan in the 12th century.

Highlights of the tour included the Tsurugaoka Hachimangu Shrine and the Kotokuin Temple, home to the 32-foot high Daibutsu, or the “Great Buddha.”

“Seeing the Great Buddha up close was a humbling experience,” said Maj. Hiep Pham, 8th TSC judge advocate general’s office. “Being a Buddhist myself, it was amazing to be able to see this great statue up close.”

Pham was one of more than 20 Soldiers from the 8th TSC who took advantage of the

CPX down time, and he received a real taste of Japanese culture.

“I really learned a lot about Japanese culture during the tour,” said Pham. “It was nice to get away from the exercise for a day and see what Japan has to offer.”

The 8th Special Troops Battalion (STB) organized the tour for Soldiers taking part in the CPX as a way to blow off some steam and to get an up-close look at some of Japan’s ancient history.

“We organized these trips through the Camp Zama Family and Morale, Welfare and Recreation office and through the U.S. Army-Japan command chaplain,” said Maj. Brian Courter, 8th STB operations officer. “It was a good way for the Soldiers to experience Japanese culture in a more organized environment, and to not have to worry about getting lost (or) taking the train.”

8th TSC Soldiers will wrap up their training exercise this weekend and return to Fort Shafter, Hawaii.



An ancient temple commands attention near the Tsurugaoka Hachimangu Shrine, Kamakura, Japan.

8th TSC: MCP reach to Japan is 9K miles

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ward command post (FCP) to Camp Zama, Japan, as well as operate a main command post in Hawaii.

“Sending an FCP to Japan allows us to deploy and take care of a host of sustainment operations,” Ruiz said. “These split-based operations are manned 24/7, and allow us to support the full spectrum of operations.”

The 8th TSC is responsible for sustainment operations throughout the Pacific, covering 11 time zones and more than 9,000 miles. The Soldiers in the main command post here provide the “reach back” capability for the FCP in Japan, allowing them to conduct operations closer to the action.

“This helps the entire unit from the command down to the young Soldier because they get a chance to see the scope of our entire mission and execute our real-world missions,” Weatherford said.

When the exercise hit the halfway mark, leaders and Soldiers conducted a midpoint after-action review (AAR). The AAR was essential because it reinforces what is going well and what can be done to improve upon the hard work already accomplished as the exercise moves forward.

“The summertime usually brings around a lot of new faces in any unit, and we have a lot of new faces working in the main command post. But they are all doing a great job, and I am proud of them all,” Ruiz said. “They continue to improve with each exercise.”

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

29 / Saturday

Women’s Equality Day 5K — The 500th Military Intelligence Brigade, U.S. Army-Pacific, invites the community to the 2009 Women’s Equality Day 5K and 1-Mile Keiki Fun Run/Walk, Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks. Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to preregistered participants. Download registration forms at www.garrison.hawaii.army.mil. Contact Sgt. 1st Class Jerrard Hughes at 655-4381.

31 / Monday

Regimental Signal Ball — Tickets will be on sale until Aug. 31 for all armed forces signal personnel, who are cordially invited to attend the 2009 Regimental Signal Ball, Sept. 18, at the Hilton Hawaiian Village, Waikiki. Join an evening of camaraderie and tradition. Contact Staff Sgt. Gallegos, 307th Integrated Theater Signal Battalion, at 656-2986.

September

1 / Tuesday

Suicide Awareness Month — The U.S. Army Garrison-Hawaii Army Substance

Abuse Program (ASAP) is hosting events in support of Suicide Awareness Month.

•The community is invited to participate in the Suicide Awareness month kickoff event, the “Run for Life,” Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. The 2.1-mile run will start at 7 a.m., following an invocation.

•Soldiers are invited to help “Strike out Suicide” during free bowling events, Sept. 14 and 17, at the Schofield Barracks Bowling Center. Unit representatives must R.S.V.P. for this event.

•Soldiers are invited to a live comedy show with Bernie McGrenahan, Sept. 24, 10 a.m.-1 p.m., at Sgt. Smith Theater, Schofield Barracks.

The show counts towards a Soldier’s annual alcohol abuse/suicide prevention/drug abuse training requirement. For more information call Melissa Parnell, risk reduction coordinator, at 655-0996, or e-mail melissa.parnell@us.army.mil.

Veterinary Clinic Closure

— The Schofield Barracks Veterinary Clinic will not be holding a walk-in clinic Sept. 1.

Call 433-8531 to schedule a regular appointment for that day.

2 / Wednesday

413th CSB Activation Ceremony

— An activation and assumption of command ceremony will be conducted for the 413th Contracting Support Brigade (CSB), Sept. 2, 2 p.m., at Palm Circle, Fort Shafter.

Upon activation, Brig. Gen. Camille M. Nichols, commander, Expeditionary Contracting Command, will present the unit colors to the unit’s first commander, Col. Michael Hoskin. Lt. Gen. Benjamin Mixon, commanding general, U.S. Army-Pacific

(USARPAC), is the keynote speaker for the event. Contact Betsy Weiner, USARPAC, Chief of Media Relations at 438-6350.

8 / Tuesday

Schofield Advisory Council Meeting

— The next Schofield Barracks PX/Commissary/Nehelani Advisory Council Meeting is scheduled, Sept. 8, 10:15 a.m., at the Nehelani, Schofield Barracks.

This quarterly forum of representatives allows the council and patrons to exchange ideas and information. Contact Monica Anguay at 655-0497.

9 / Wednesday

CIF Closure

— The Central Issue Facility (CIF) will be closed Sept. 9-19 for annual inventory. Only emergency requests will be processed. Call Angel Hernandez, 655-8120/284-7022.

10 / Thursday

Change of Command

— Lt. Col. Chadwick A. Bowers, commander, 18th Medical Command (MEDCOM), will relinquish command to Col. Erin P. Edgar, Sept. 10, 10 a.m., at Palm Circle, Fort Shafter. Contact Sgt. 1st Class Rodney Jackson at 438-4361.

PTSD Caregiver Training

— The Tripler Army Medical Center (TAMC) Department of Ministry and Pastoral Care will host a “Behavioral Health and Pastoral Care Training for the Care and Healing of Service Members and Families Suffering from Post-Traumatic Stress Disorder (PTSD)” seminar, Sept. 24, 8 a.m.-1 p.m. at the TAMC Chapel, D Wing, 3rd Floor.

All Oahu pastors and behavioral health care workers are invited to attend. R.S.V.P. by Sept. 10 to rubi.innanen1@us.army.mil.

Saddle Road: Big Isle and PTA benefit

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since we broke ground, and we have 23 miles built in five years,” Gedeon said. “Just in construction costs, the total is about \$120 million.”

County of Hawaii Mayor William Kenoi said each time another section of Saddle Road is completed the Island of Hawaii benefits.

“Saddle Road links east Hawaii to west Hawaii, so people can spend more time with their families,” Kenoi said.

Debra Zedalis, director, Installation Management Command-Pacific, said a new Saddle Road is also a great benefit to the military in Hawaii.

“This is a great improvement, and we’ve had great support from the State of Hawaii. Of course, we get to benefit from that improvement. We’re glad to be partners. This is the spirit of aloha,” she said.

Robert Korpanty, chief, office of special assistant for transportation engineering and infrastructure, spoke on behalf of the Military Surface Deployment and Distribution Command-Transportation Engineering Agency (SDDC-TEA) at the ceremony. He said key partners involved in the project include the Federal Highway Administration, SDDC-TEA, the Department of the Army at multiple levels, U.S. Army Garrison-Hawaii, Pohakuloa Training Area (PTA), and the Hawaii Department of Transportation.

During his keynote speech at the blessing ceremony, Medal of Honor recipient Senator Daniel Inouye said he insisted that a citizen advisory group task force comprised of representatives from all interested parties be set up, so any problems relevant to the construction of a new Saddle Road could be ironed out long before construction began.

“I wanted a task force and to let them decide. I got too many scars from H-3, and I didn’t want any more,” said Inouye, referring to the freeway on Oahu.

Gedeon said a Supplemental Environmental Impact Statement (SEIS) will have to be completed in order to start work on the last 10-mile section on the western end of Saddle Road.

Because the Army purchased additional land for training at PTA in 2006, which could be bisected by the route of the highway proposed in the original environmental impact statement in 1999, the SEIS will evaluate impact of an alternate route, which the Army suggested, that will not affect training.

Twelve additional miles of the road on the east side of the island also remain to be con-



This map shows the final 10 miles of Saddle Road to the west side of Hawaii. The blue line labeled W-3 is the alignment from the Environmental Impact Statement (EIS) in 1999, while the red line, W-7, is the Army’s proposed alignment to avoid having their training area bisected by the road. The current Saddle Road runs northwest to southeast.

Senator Daniel Inouye, Medal of Honor recipient and senior U.S. senator from Hawaii, speaks with Lt. Col. Warline Richardson, commander of the U.S. Army Garrison Pohakuloa Training Area, before the blessing ceremony for the newly completed 6.5 miles of Saddle Road at Mauna Kea State Park, Aug. 18.



structed, eight of which should be completed within the next 18 months.

Gedeon said the authority for spending defense funds on public highways comes under Title 23 of the U.S. Code. The Federal Highway Administration requests funds, while SDDC-TEA authorizes expenditure of funds. The funds are authorized annually as part of the military construction budget.

“Once they are appropriated, we can request them,” Gedeon said.

Inouye said when he originally became a territorial representative for Hawaii 55 years ago, he thought something should be done to link the two sides of the Big Island, but there wasn’t much interest then locally.

He said that once PTA became the most important training area for troops in the

Pacific, and funds were available under the defense access roads program, he saw a chance to not only benefit the troops, but to join the east and west sides of Hawaii.

He assured the audience at the ceremony that as long as he is in the Senate, they will not have to worry about funding for the remaining sections of Saddle Road.

Referring to the Senate Appropriations Committee and its subcommittee on defense appropriations, Inouye said, “I’m going to stick around in the Senate a while longer, and I’m going to be here at the ribbon cutting for the whole thing. I’ll make sure money is not the problem because I’m the chairman of that committee.”

(Editor’s Note: Donna Klapakis is the command affairs officer for the 599th Transportation Group.)



Service members prepare to maneuver a curve on a course designed to build their confidence in turn techniques during the first-ever U.S. Army Garrison-Hawaii sponsored advanced motorcycle safety course at Wheeler Army Airfield, Aug. 18.

Riders: Two more courses scheduled

CONTINUED FROM A-1

servation by having the rider coaches watching every single time they came by and pulling them in, telling them what to work on and having them try it again.”

The course differs from others offered by the Army in that it was conducted on a larger track that simulates realistic road obstacles at actual speeds, said Staff Sgt. Jeremiah Jansen, shift noncommissioned officer in charge, 94th Army Air and Missile Defense Command, who participated in the training.

“There is always a need for more motorcycle awareness,” Jansen said. “The course gave you an opportunity to know the limits of your bike in regards to cornering, which is one of the biggest reasons for accidents on motorcycles.”

Each session included a short safety brief; a vehicle inspection, including maintenance, if it was required; and 45 minutes of goal-oriented riding through the road course. The session finished with opposite training, which required riders to intentionally make errors to emphasize correct riding techniques.

“The idea is that if I raise your ability level, it does not necessarily mean that you always ride faster. It means that whenever you are riding, you will always have a little bit more cushion on your abilities. That is really what we wanted to achieve,” said Maxwell.

Coaches from California Superbikes and USAG-HI Installation Safety were positioned at each corner to pull over riders and make corrections on their riding techniques.

“The course really made you think more about the way you were riding instead of just going out there absentmindedly. After completing it, I definitely feel more confident in my riding,” said Jansen, who has two years of riding experience.

Due to the success of the training, California Superbikes and USAG-HI will team up again for courses scheduled in October and December 2009. Eventually, Maxwell hopes to have the USAG-HI safety team trained to provide the instruction themselves.



Drill: ATX readies responders with scenarios

CONTINUED FROM A-1

soever, because we know we will be working closely in the future.”

According to Bill Laffea, Schofield Barracks force protection chief, the 3-day exercise involved many other organizations on Oahu, including the FBI, the state emergency management services, the military police, the DA police, Federal Fire Department the 71st Chemical Company, 706th Explosive Ordnance Disposal Company and the 500th Military Intelligence Brigade.

Capt. Rosa Thompson, who headed the clinic’s chemical decontamination team, noted that her team was ready to do its job — to soap down and rinse the exercise victims — in 11 minutes.

“This was stellar,” she said. “Everyone came together, and we had some fun. We keep on learning, keep on training, to do the right thing for the public.”



Firefighters from the Oahu Consolidated Federal Fire Department hose down exercise victims who may have possible chemical contamination during the U.S. Army Garrison-Hawaii Annual Antiterrorism Exercise.



PAU HANA

www.garrison.hawaii.army.mil/haw.asp

"When work is finished!"

FRIDAY, AUGUST 28, 2009

Uilani Sherman, center, beats out the rhythm of a Hawaiian chant on a bottle-shaped gourd called an ipu. Sherman is accompanied by other members of the group "Keiki O Makiau" during the luau at Piliiaau Army Recreation Center, Aug. 14.



Pokai Bay Luau

Discover a hidden paradise at PARC

Part two of the series looks at luau, lodging, activities at the "must do" haven

Story and Photos By
DON ROBBINS
Staff Writer

WAIANA E — Nestled in a secluded beach cove is a hidden paradise where families are gathering to catch a colorful sunset, enjoy a luau and experience old Hawaii.

That paradise is Piliiaau Army Recreation Center (PARC) at Pokai Bay, named one of the best beach facilities on the island and the best-kept secret of those stationed or visiting Hawaii.

The Army recreation facility is no secret to Warrant Officer Kevin Clark, 949th Transportation Company, who brought his family to PARC to enjoy the luau, Aug. 14. "We're here with family on vacation," said the Baltimore resident.

"(PARC) is quiet, out of the way and off the beaten path," he added.

Located 35 miles from Waikiki and 18 miles from Schofield Barracks, PARC is a spot to be discovered not only for special events like the luau, but as a weekend destination, as well.

"PARC is a great destination for Soldiers and their families to enjoy a day trip, a weekend or longer stay," said Shelly Leslie, PARC administrator.

The recreation facility offers 39 beach-front cabins, a club facility and cove pavilion area for group outings. Cabins are air conditioned, and feature full kitchens equipped with cooking utensils and tableware, a private sun deck and barbecue grill. Units are carpeted and equipped with cable television and a DVD player.

Day trips to PARC offer some of the most pristine beaches in the islands, with



Guests seated on the lanai at the Sunset Café at Piliiaau Army Recreation Center (PARC) are drawn into the music and dancing during the luau. The bimonthly event attracts military families islandwide.



water activities such as swimming, snorkeling, scuba and kayaking, fully supported by on-site beach equipment rentals.

"The beach is safe, sandy and gentle, great for playing and learning how to swim," added Leslie.

Overlooking the ocean, here, is the Sunset Café's expansive lanai, which is often used for special occasions. The café offers

Left — Niyoka Coronel dances her way into the crowd during the performance. The family friendly luau at PARC provides a relaxed setting, featuring local entertainment and an all-you-can-eat buffet.

dinner service seven days a week, and the popular bimonthly luau in a relaxed setting, perfect for families with small children.

And while it may seem impossible, there are even plans to improve paradise. Soon, PARC will receive interior cabin renovations and upgrades totaling more than \$1.7 million.

Improvements include air condition upgrades, flat screen televisions, new appliances, cabinets, beds and showers.

Exterior improvements are also planned. Clusters of cabins will be painted in different colors representing the various Hawaiian islands ready to greet visitors to the facility.

Leslie anticipates the completion of all cabins by May 1 of next year.

"The goal is to turn (PARC) into an educational destination, so

people appreciate all the islands," Leslie said.

Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, believes the Waianae facility merits greater attention from Soldiers and the Army community in general.

"I encourage our community to look again at Piliiaau, whether it's for a retreat, a weekend getaway, or a day outing as a place to rest and recreate."

The beach is great and you will not see a more beautiful sunset on Oahu," Margotta added.

PARC is open to all active and retired military, members of the Reserve and National Guard, and active and retired Department of Defense civilian employees, including Coast Guard, family members and sponsored guests.

The PARC luau takes place the second and last Friday of each month.

The next luau is today, followed by Sept. 11 and 25. Dinner starts at 6 p.m.

Adults cost \$17.95; children (5-12 years old) \$10.95, 5 and under are free. Parties of four or more should call to reserve seating at 696-4778.



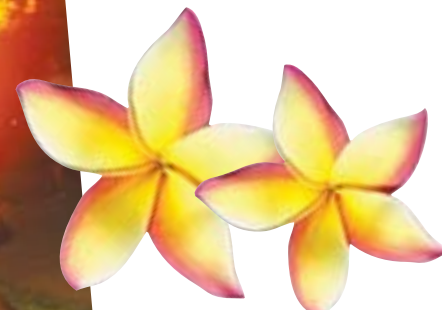
A traditional Hawaiian luau meal including Kalua pork, lomi salmon, poi and rice are served buffet-style during the Piliiaau Army Recreation Center luau.



Dancers from the group "Keiki O Mokiau," an extended family of performers, take the audience on a tour of Polynesian culture through hula, Tahitian and Maori style dance during the luau at Piliiaau Army Recreation Center at Pokai Bay, Aug. 14.



A fire dancer stokes the flames and the excitement of guests during the Piliiaau Army Recreation Center luau, Aug. 14.





September

1 / Tuesday

Stroller Strong – Soldiers and family members are invited to participate in a healthy and informative group activity, “Stroller Strong.” Participants can meet new friends, learn new parenting tips, and keep abreast of community events and services all while engaging in a healthy activity.

The group features “guest walkers” from the community, such as doctors, and program representatives from the Directorate of Family and Morale, Welfare and Recreation.

•Tripler Army Medical Center group meets each Tuesday, 8:30-9:30 a.m., at the track. The next dates scheduled are Sept. 1, 8, 15, 22 and 29.

•Helemano Military Reservation group meets each Wednesday at the community center, 9-10:30 a.m. The next dates scheduled are Sept. 2, 9, 16, 23 and 30. Call 655-4227.

2 / Wednesday

Key Caller Class – Family readiness groups are invited to learn more about creating a phone tree during a Key Caller Class, Sept. 2, 9-10:30 a.m., at Army Community Service, Classroom 2, Schofield Barracks. The class will define the key caller's role and responsibilities, discuss available resources, plus give tips for success. Call Robin Alexander at 655-4354.

3 / Thursday

Soldier Show – The U.S. Army Soldier Show is scheduled to entertain troops and family members in Hawaii, Sept. 3, 7 p.m., at the Aliamanu Military Reservation (AMR) Fitness Center and Sept. 4, 7 p.m., at the Martinez Fitness Center, Schofield Barracks.

Check out fellow Soldiers in the show titled “Lights! Camera! Action!” Both shows are free and open to the general public. Visitors to AMR or Schofield Barracks will need a valid driver's license, proof of insurance and current car registration to gain access.

For a list of gate hours and directions, visit www.garrison.hawaii.army.mil and click on “Traffic Updates” from the “Post Updates” menu on the left.

Guests are encouraged to show up at least 15 minutes prior to the show's start to find seating.

Call 438-1152 or 655-0112.

4 / Friday

Soldier Show VIP Seating – Blue Star Card (BSC) holders are invited to a



Hearty donation

WAIKIKI — Representatives from the Warrior Transition Battalion (WTB) at Schofield Barracks, the Defense Commissary Agency (DeCA), the Dr. Pepper Snapple Group and the American Logistics Association (ALA) hold a check representing a \$4,000 donation to the WTB during the 2009 ALA/DeCA conference and food show banquet, at the Hawaii Prince Hotel, Aug. 21. The funds donated by the Dr. Pepper Snapple Group will be used to purchase healthy snack foods for the WTB Soldiers from the commissary.

From left to right: Sgt. Erwin Saddle, WTB and Purple Heart recipient; Philip E. Sakowitz Jr., director and CEO, DeCA; Spc. Richard Pow, WTB and Purple Heart recipient; Command Sgt. Maj. Victor Garcia, senior enlisted advisor to the director, DeCA; Lt. Col. David Weisberg, commander, WTB; Kevin Tighe, director of group sales, Dr. Pepper Snapple Group; Bob Schneller, national accounts executive, Dr. Pepper Snapple Group; and Pat Nixon, president of the ALA.

special VIP gathering, Sept. 4, 6 p.m., at the Tropics, Schofield Barracks before the U.S. Army Soldier Show's performance of “Lights! Camera! Action!”

BSC holders can enjoy free Papa John's pizza and complimentary VIP seating at the show starting at 7 p.m.

For more information or to register, call 656-3327 or e-mail sarah.chadwick@us.army.mil. Deadline to register is Sept. 2.

Family Fun Fridays – Family Fun Friday is back at the Tropics, Schofield Barracks, Sept. 4, 6 p.m., with free Papa John's pizza, games and contests the whole family can enjoy. Check out Nintendo Wii, PS3 and Xbox 360 games, or play a game of pool, darts, air hockey, table tennis, beach volleyball and much more. Call 655-5698.

10 / Thursday

“Barnum” at Theatre – The newest Army Community Theatre production, “Barnum,” opens Sept. 10, 7:30 p.m., at Richardson Theatre, Fort Shafter. Learn everything you ever wanted to know about the man behind “the greatest show on earth.” Additional performances are scheduled Sept. 11, 12, 18, 19, 25 and 26.

Adult ticket prices begin at \$15, and children's tickets are available for \$12.

Visit www.armytheatre.com for more information or to purchase tickets. Call

438-4480.

BSC “Barnum” Opening Night

Blue Star Card (BSC) holders are invited to the free opening night performance of “Barnum,” Sept. 10, 7:30 p.m., at Richardson Theatre, Fort Shafter. “Barnum” is the award-winning show that traces the career of America's greatest showman, P.T. Barnum and his partnership with James A. Bailey to form “the greatest show on earth.”

BSC holders will enjoy free pupus, transportation, and reserved seating. Spaces are limited. Register by Sept. 4 with the Recreation Activities Office at 655-0112.

Online Practice Tests

Learn how to access test-prep resources for ASVAB, CLEP, SAT, ACT, GED, NCLEX-PN, NCLEX-RN and more, Sept. 10, 2-6 p.m., at Sgt. Yano Library, Schofield Barracks. Take advantage of selected DANTES practice tests, online books, college, military, high school and allied health career tools in this free hands-on database session. Call 655-8001.

14 / Monday

Musical Auditions – Army Community Theatre will hold open auditions for “High School Musical 2,” Sept. 14, 15 and 16, 7:30 p.m., at Richardson Theatre, Fort Shafter. Call 438-4480.

16 / Wednesday

Operation Rising Star Entry Deadline

– Are you a singer? Let your inner idol shine and enter the Operation Rising Star talent contest for a chance to win \$500 and a chance to win the opportunity to record your very own demo CD.

All entries must be received by Sept. 16 and can be submitted at the Tropics, Schofield Barracks. Call 655-5698.

17 / Thursday

Poker Tournament

– The next Texas Hold ‘Em tournament takes place, Sept. 17, 6:30-9:30 p.m., at the Tropics, Schofield Barracks. Card players can test their skills against the best-of-the-best poker players on post. All ID cardholders 18 and older are welcome. Call 655-5698.

21 / Monday

Operation Rising Star Competition

– Watch and vote for your favorite performers in the Operation Rising Star competition, Sept. 21, 6 p.m., at the Tropics, Schofield Barracks.

Semifinals will take place Sept. 23 and the finals Sept. 24; both shows start at 6 p.m. Enjoy great food, drink specials and quality entertainment.

The group who makes the most noise for their favorite performers will win \$300 in unit/family readiness group funds. For more information call 655-5698.

2 / Wednesday

Battleship USS Missouri Ceremony

– In honor of all World War II veterans, the Battleship Missouri Memorial at Pearl Harbor will commemorate the 64th anniversary of the signing of Imperial Japan's formal surrender aboard the USS Missouri (BB-63) with a free, hour-long ceremony, Sept. 2, 8-9 a.m.

The ceremony will feature guest speakers, patriotic music and a traditional military rifle salute to veterans.

For more information, call 423-2263 and press “7” immediately following the greeting, or visit www.ussmissouri.org.

4 / Friday

Case Lot Sales

– Commissary Case Lot sales are scheduled to take place islandwide in September.

Stock up and save at these locations: Pearl Harbor, Sept. 4-5; Barber's Point (Kalaeloa), Sept. 4-5; Schofield Barracks, Sept. 18-19; and Hickam Air Force Base, Sept. 18-20.

Visit www.commissaries.com.

11 / Friday

Freedom Walk

– Operation Homefront-Hawaii and more than 1,500 participants will pay tribute to war veterans, heroes and those we lost on 9/11 at the 2009 Freedom Walk, Sept. 11, 8-11 a.m.,

SEE COMMUNITY CALENDAR, B-3



Aliamanu Military Reservation (AMR) Chapel 836-4599

Catholic
Sunday, 8 a.m. – Mass

Gospel
Sunday, 12:30 p.m.

Protestant
Sunday, 10 a.m.

Fort DeRussy Chapel 836-4599

Catholic
Saturday, 5 p.m. – Mass in Chapel
Saturday, 6 p.m. – Mass on Beach (May–Aug.)

Protestant
Sunday, 9 a.m. – Worship

Buddhist
1st Sunday, 1 p.m.

Fort Shafter Chapel 836-4599

Protestant
Sunday, 9 a.m.

Helemano Military Reservation (HMR) Chapel 653-0703

Contemporary Protestant
Sunday, 10 a.m. – Worship
Service & Children's Church

Main Post Chapel (MPC) 655-9307

Collective Protestant
Sunday, 9 a.m. – Worship

Catholic
Sunday, 10:30 a.m. – Mass

Gospel
Sunday, noon – Worship

MPC Annex, Building 791

Chalice Circle
Friday, 7 p.m.

Islamic Prayers and Study
Friday, 1 p.m.

Buddhist
4th Sunday, 1 p.m.

Soldiers Chapel

Closed for renovation

Tripler Army Medical Center Chapel 433-5727

Catholic
Sunday, 11 a.m. – Mass
Monday–Friday, noon – Mass
Saturday, 5 p.m. – Mass

Protestant
Sunday, 9 a.m. – Worship

Wheeler Army Airfield Chapel 656-4481

Catholic
Saturday, 5 p.m. – Mass

Oahu Liturgical Service
Sunday, 9 a.m. – Worship



Call 624-2585 for movie listings or go to aaefes.com under reeltime movie listing.



G-Force

(PG)

Friday, Aug. 28, 7 p.m.
Saturday, Aug. 29, 4 p.m.

Collector

(R)

Saturday, Aug. 29, 7 p.m.

Ice Age: Dawn of the Dinosaurs

(PG)

Sunday, Aug. 30, 2 p.m.

Harry Potter and the Half Blood Prince

(PG)

Wednesday, Sept. 2, 7 p.m.



Transformers: The Revenge of the Fallen

(PG-13)

Thursday, Sept. 3, 7 p.m.

No shows on Mondays or Tuesdays.



Send announcements to community@hawaiiarmyweekly.com.

28 / Today

IMCOM Survey – Installation Management Command (IMCOM) invites community members to take an anonymous web-based Customer Service Assessment (CSA). The survey asks community members to rate garrison services based on importance and performance.

The data will provide IMCOM with an overview of Army services specific to each garrison.

To take the 20-minute survey, visit www.myarmyvoice.org. The CSA is open through Sept. 18. Contact Ophelia Isreal at Customer Management Services/PAIO, 655-9026.

29 / Saturday

Soldier and Family Appreciation Day

– The Oahu North religious community is hosting a day of appreciation for Soldiers and their families, Aug. 29, 10 a.m.-2 p.m., at the Main Post Chapel, Schofield Barracks. Free food, entertainment, fellowship and bouncy houses for the kids will be available.

Call Chaplain (Lt. Col.) Walls, 655-6650 or 910-257-8049.

Movies at Waikiki Beach – Enjoy a special “Sunset on the Beach” in Waikiki this weekend, featuring the movies “Night at the Museum 2: Battle at the Smithsonian,” Aug. 29, and “Indiana Jones and the Kingdom of the Crystal Skull,” Aug. 30.

Sunset food booths open at 4 p.m., live entertainment starts at 5:30 p.m., and the movies begin at 7:30 p.m.

Waimea Night Tours – Waimea Valley is offering a night walking tour, Aug. 29, 6:30-8:30 p.m. The “Whispering Walls of Waimea” tours are approximately two hours long and will focus on the historical and spiritual side of the valley.

The tours will be conducted by leading Hawaii historian and storyteller Lopaka Kapanui. Children must be at least 12 years old and accompanied by an adult. Reservations are required. Costs are \$50 (adults) and \$35 (children between the ages of 12-16).

Additional tour dates are Sept. 29, Oct. 24 and Nov. 14. Call 638-7766.

Free “Hangar Talks”

– The Pacific Aviation Museum, Pearl Harbor, presents “Hangar Talk” the third Saturday of each month at the museum theater. The next session is, Aug. 29, 1-2 p.m., at the museum theater.

Robert Yonover noted inventor and author will present “Air and Sea Survival Technology: Born in Hawaii.”

The session is free with paid admission. Museum general admission is \$14, adults; \$7, children. Kamaaina and military admission is \$10, adults; \$5, children.

For more information, call 441-1000 or visit www.PacificAviationMuseum.org.

30 / Sunday

Honolulu Mystery Tour – Discover Honolulu's Chinatown area while searching for world-famous detective Charlie Chan during a 2-mile interactive walking tour, Aug. 30, 1 p.m.

The three-hour tour takes participants past sites of former police stations, coffee shops, gambling houses, movie theaters and the residence of the Number One Son. The tour starts at Fort Street Mall and includes a 30-minute lunch break. Cost is \$30 or \$20 for military with a valid ID. Call 395-0674.

31 / Monday

Schofield Barracks Spouses' Club – The Schofield Barracks Hui O' Na Wahine



Apprenticeship program says ‘you’re hired!’

Story and Photo By
DON ROBBINS
Staff Writer

SCHOFIELD BARRACKS — Career-oriented students met at the Teen Center, here, to obtain information about an innovative apprenticeship program offering not only real-life work experience, but paid jobs to local teens, Aug. 10-14.

The Child, Youth and School Services (CYS2) program “Hired!” provides teens ages 15-18 with meaningful, professionally managed career-exploration opportunities within U.S. Army Garrison-Hawaii (USAG-HI) Family and Morale, Welfare and Recreation (FMWR) operations along with paid work experience and training.

Vicky Agbayani, workforce preparation specialist, met with students at Schofield Barracks, Fort Shafter, and Aliamanu and Helemano Military reservations to introduce the “Hired!” candidates to the program and the jobs available.

Leilehua High School student Darius Lindsey, 16, attended a brief looking for an avenue for achieving his goals and possibly to find a job.

“It’s a good program. If you’re looking to become a more mature teenager, you should take a look at it,” said Lindsey. “My goal is to learn about being on my own, to live responsibly, take care of myself and be an adult.”

His mother, Spc. Sheena Smith, told Lindsey about the program in hopes that it would increase his confidence when looking for a job.

Lindsey, who likes basketball and football, said he would like to pursue a career in military intelligence.

“I’m a sports guy,” he said, telling Agbayani that he would like to obtain an apprenticeship in sports or some field working in the outdoors.

High school students accepted into the apprenticeship are placed in 12-week positions within FMWR under the guidance of a dedicated on-site mentor.

Through the program, teen apprentices are also encouraged to participate in college-level workshops through CYS2.

Some of the fields the apprentices can explore are education, marketing, graphic design, library and information science, and sports management.

Positions are offered at the bowling center, in



Darius Lindsey (left) and Kache't Charles read through an informational packet about the “Hired!” program at the Teen Center, Schofield Barracks. The innovative apprenticeship program is offering real-life work experience to teens ages 15-18.

the FMWR marketing office, at the golf course, outdoor recreation and other facilities.

Victoria Maghanoy, 16, is another student who met with Agbayani about the “Hired!” program.

“I want to become a pastry chef and go to a four-year college,” said the Leilehua High School 11th-grader. She hopes to be hired as an apprentice at the Nehelani Banquet and Conference Center at Schofield Barracks.

During the 12-week apprenticeship, Maghanoy wants to learn how to prepare food for parties. Her ultimate goal is to open her own business as a pastry chef.

Maghanoy attended a filming of the Food Network show “Ace of Cakes” at Schofield Barracks, earlier this year, where the cast created a Black Hawk helicopter cake for Soldiers and their families.

“They signed my rolling pin,” Maghanoy said.

“Hired!” and another FMWR-partnered program called “Edge” (Experience, Develop, Grow

The deadline for Term 1 apprenticeship applications for the “Hired!” program is Aug. 31. For more information, call Vicky Agbayani at 655-0445 or e-mail vicky.agbayani@us.army.mil.

and Excel) are under the umbrella of a larger program called “Venturepoint,” Agbayani explained.

The programs assist the garrison by bridging the gap between homeschool, private and public school students, she said.

They also allow all on-base tools to be used, maximizing resources, added Agbayani.

Venturepoint is designed to increase child and youth participation, enhance program experiences for Army families and to support the commitments outlined in the Army Family Covenant — a pledge recognizing the increasing sacrifices that Army families are making and a commitment to provide Soldiers and families a quality of life that is commensurate with their service.



CONTINUED FROM B-2

starting at the Department of the Navy’s ball field at the corner of Valkenburg and Main Street.

Commemorative T-shirts will be provided to all participants (supplies are limited). Register online at www.operationhomefront.net/hawaii; click the Freedom Walk link. E-mail hawaii@operationhomefront.net.

18 / Friday

Volunteers Needed — The Hawaii Museum of Military Vehicles and the Naval Air Museum at Barber’s Point (Kalaeloa) are looking for volunteers to man Vietnam and Desert Storm era displays, Sept. 18-20, during the Hickam Air Force Base airshow featuring the Thunderbird aerobatic team.

Volunteers need to fit into a medium military uniform and be from the following professions; infantry, former armor crew, former UH-1H Huey crewman or pilots. Soldiers or veterans interested in 25th Infantry Division history or from Vietnam and Desert Shield eras may also inquire. Contact Brad Hayes, 682-3982 or brad@nampb.org.

Ongoing

Club Beyond — Middle school and high school youth in grades 6-12 are invited to participate in the Club Beyond youth ministry group. The group meets Wednesdays, 6-7:30 p.m., at the Main Post Chapel, Schofield Barracks, and Tuesdays, 6-7:30 p.m., at the Aliamanu Military Reservation community center. Free dinners are available 30 minutes prior to the meeting. Contact youth minister Kevin Schmidt at 372-1567, or e-mail kschmidt@clubbeyond.org.

“Talk, Listen, Connect” — Tune in to the U.S. Army Garrison-Hawaii Army Cable Network, TV2, to see episodes of the Sesame Street “Talk, Listen, Connect” series. The combined shows run are featured daily at 8 a.m., 10 a.m., 3 p.m. and 5 p.m.

Stayed tuned to TV2 this fall for the PBS Sesame Workshop special “Coming Home: Military Families Cope with Change.”

Food show infuses commissaries with local products, flavors

Story and Photo By
DON ROBBINS
Staff Writer

WAIKIKI – The aroma of savory pork and chicken katsu cooking joined the smells wafting through the Hawaii Prince Hotel, here, during the 12th Annual American Logistics Association (ALA) Hawaii Food Show, Aug. 20.

Eighty-one local companies met one-on-one with key Defense Commissary Agency (DeCA) and military exchange buyers, to market Hawaii-made products representing a significant economic opportunity for those present.

“We (produce) the May’s and Hawaii Gourmet brands,” said Kevin Oguma, sales account executive, Palama Meats, while cooking up the sizzling chicken and pork katsu in skillets. The company also sells items such as teri-burgers and other local delicacies.

May’s brand Hawaiian-style pork and chicken katsu were just one of 158 new items DeCA selected from the show to begin stocking on commissary shelves.

To help make their selections, DeCA buyers, like Vicki Sliwicky, smelled, tasted and touched products grown, produced or distributed in Hawaii during the show, which stretched from morning to early afternoon. She said she was “looking for something unique and in demand.”

The company So Ono Fresh! caught the attention of buyers with a rainbow display of cut fruits and vegetables. Among its offerings were bite-size pieces of carrots, grapes and strawberries.

Hawaii commissaries routinely stock more than 100 varieties of locally grown fruits and vegetables and a total of more than 2,000 local grocery items.

Since the first ALA Hawaii Food Show, DeCA has added more than 1,400 Hawaii items from local manufacturers and vendors to the commissary system. Some of those products are now sold in commissaries worldwide.



Sherry Lindsey, operations/sales representative (left) and Kevin Oguma, account executive, Palama Meats, cook up samples of May's pork katsu during the American Logistics Association Hawaii Food show at the Hawaii Prince Hotel, Aug. 20. Local companies met one-on-one with key Defense Commissary Agency (DeCA) and military exchange buyers for a chance to place their products on commissary shelves.

For the nine new companies selected by DeCA this year, it means more business. For the military families shopping in commissaries, it means more selection.

Companies found out within a few days which products were selected for inclusion in the commissary system and how to improve if they were not chosen.

Some of the products selected this year included the following: sweet bread and taro sweet bread from Gold Coin Food Industries; more varieties of crack seed and candy; gift packs for the holidays of coffees, candy and lip balms from Oils of Aloha; Pink Salt from J.L. Inc. DBA Herb Land; Cur-

ry Sauces from India Café; Natural Fruit Sorbets from Island Way; reusable insulated bags from Tropical Paper Garden; and Italian Ice from La Gelateria.

For some companies, the show represented an expansion of existing product lines and for others it was their first experience selling in the commissary system.

Some 27 companies participated in the food show for the first time, including Chef Elmer's Seafood Sauces, Coffees of Hawaii, India Café, Uncle Louie Sausage Company, and Hawaii Gourmet Cookies.

“We’re a small company. Having our sauces in

the commissary makes us bigger and gives to the military community,” Chef Elmer Guzman said as he served up creamy ahi poke and seafood beignet flavored with his sauces.

Land of Organica owners Janet and Ryan Costello dished out their organic sorbet in flavors such as nutty mango, which is currently sold in pints at commissaries.

“We’re supporting local farmers,” Janet said. “Families appreciate being able to see our product.”

Troy Hatakenaka and Deanne Ho from Jade Foods, said they’ve exhibited at the show for the past three years. The company’s Hawaii-manufactured, Chinese-style preserved fruit products made it into the commissary system on the second try.

Ho said that having its products in the commissaries has helped the business thrive during current economic times.

“We did not have to layoff (employees) during the downturn. In fact, we hired part-timers,” Ho said.

Sharon Zambo-Fan, ALA chairwoman, said the event is part of a great business relationship between the community and military patrons.

“Every company is here under one roof,” Zambo-Fan said.

“There are a lot of new items out there for customers,” said Susan Sturgeon-Campbell, store director, Schofield Barracks commissary.

As a government agency, DeCA tries to produce a better mix of products including ones addressing health and the environment, said Phil Sakowitz Jr., chief executive officer and director, DeCA.

“Local manufacturers here in Hawaii have done very well,” said Sakowitz.

In addition, Deputy Under Secretary of Defense Tommy T. Thomas said the products in commissaries represent many cultural backgrounds and give the military a taste of home.

The ALA is a voluntary, nonprofit organization of manufacturers, their representatives, brokers, distributors, publishers and other companies that sell or provide products and services to the military.



Send sports announcements to
community@hawaiiarmyweekly.com.

29 / Saturday
Women's Equality Day 5K – The 500th Military Intelligence Brigade and U.S. Army-Pacific invite the community to the 2009 Women's Equality Day 5K and 1-Mile Keiki Fun Run/Walk,

Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks.

Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to preregistered participants (while supplies last). Download registration forms at www.garrison.hawaii.army.mil (Click on “Post Information” under “Post Updates” on the left.) Contact Sgt. 1st Class Jerrard Hughes at 655-4381.

30 / Sunday
Hike Oahu – Join the Hawaiian Trail & Mountain Club (HTMC) for a 6-mile intermediate hike in the Waimalu

Valley, Aug. 30. The route takes hikers through an abandoned plantation ditch into a lush valley, and hikers will cross the stream seven times to reach an idyllic lunch spot and swimming hole. Contact Darrell Teruya, 227-4572.

Upcoming hikes include these:

•Sept. 12, 2-mile novice hike in the Kahaluu Valley.

•Sept. 20, 12-mile advanced ridge hike along the Aiea loop trail.

A \$2 donation is requested of non-members. An adult must accompany children under 18.

For more information and a calendar of future hikes, visit www.htmclub.org.

September
1 / Tuesday
Suicide Awareness "Run for Life" – U.S. Army Garrison-Hawaii's Army Substance Abuse Program (ASAP) and Better Opportunities for Single Soldiers program invites the community to participate in the Suicide Awareness Month kickoff event “Run for Life,” Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. All active duty Soldiers, family members and Department of Defense personnel are invited to join to-

gether in the 2.1-mile run starting at 7 a.m. Call 655-1130.

20 / Sunday
Nike 5K for Kids – Join the 10th anniversary of the Nike 5K for Kids, Sept. 20, 7 a.m. at Fort DeRussy Park, Waikiki. All entrants may choose between a 5K (3.1 miles) or 1-mile distance. The \$15 entry fee will be donated to the Oahu school Physical Education program of your choice. Registration closes Sept. 8.

To register in person, visit Sports Authority locations in Kapolei Commons, at Waialea Shopping Center or at Ward Avenue, or register at www.active.com.

TAMC offers beneficiaries various ways to access medical care

Story and Photo By
JANET CLARK
Tripler Army Medical Center Public Affairs

The ability to provide adequate and timely access to medical care is important to both the patient and provider at Tripler Army Medical Center (TAMC) and Schofield Barracks Health Clinic (SBHC).

With that in mind, TAMC wants to remind beneficiaries of the clinic hours, the means to schedule appointments, the appointment line hours of operation, and access to care standards.

Scheduling appointments

To schedule or cancel an appointment with a provider/primary care manager (PCM) at either TAMC or SBHC, patients should call the appointment line at 433-2778, and select option 1. Operating hours are Monday-Friday, 6:30 a.m.-4:30 p.m. If a follow-up appointment is required, the clinic should provide that appointment before the patient departs.

Tricare online is also available for the scheduling of primary care appointments, 24 hours a day, seven days a week. Visit www.tricareonline.mil to register.

Access to care standards

- Emergency care – Go to the nearest emergency room or call 911 if you have a serious medical condition or need immediate attention to relieve suffering.
- Acute/urgent care – For conditions like high fever, sprain, etc., that might develop into an emergency if care is delayed more than 24 hours. The military treatment facility (MTF) must provide an appointment within 24 hours at the MTF. Civilian provider referrals may be provided if a timely appointment is not available.
- Routine care – For chronic or acute illnesses such as colds, allergies, etc.; the MTF must provide



Charmaine Vergara, central appointments clerk, receives patient calls and schedules appointments at Tripler Army Medical Center.

an appointment within seven days.

- Specialty care – For services your PCM cannot provide, such as cardiology, orthopedics, podiatry, etc., within 28 days. Where not possible, a referral to a Tricare civilian network provider will be completed.
- Wellness care – Mammogram, pap smears, physicals, health maintenance, etc., within 28 days.
- Follow-up visits – Access standards do not apply. The provider will determine the standard based on individual patient condition.
- Specialty follow-up visits – Where possible, the appointment will be booked before the patient

departs the specialty clinic.

- Referrals and authorizations – A medical appointment beyond PCM capability will result in a referral to another MTF or Tricare network provider. Tricare Prime access standards apply. Authorization is required for all civilian provider referrals and are issued by the contractor.
- Referral for specialty care – If referred to a Tricare civilian network provider, the provider will submit a referral. The regional contractor will issue and mail an authorization letter. Once the authorization letter is received, contact the Tricare network provider listed on the letter to schedule the appointment.

Referrals to the network may result in beneficiaries being charged a small co-pay, depending on their beneficiary/patient category.

To check the status of a referral, contact the Tricare Service Center and/or regional contractor at 800-449-6408.

Clinic hours at TAMC
Adult Medicine Clinic
Hours: Monday-Friday, 7 a.m.-4 p.m.
Sick Call: Monday-Friday, 7-8 a.m.

Family Medicine Clinic
Hours: Monday-Thursday, 8 a.m.-4 p.m. and evening clinic, 5-7 p.m.
Friday, 8 a.m.-4 p.m.
Sick Call: Monday-Friday, 7:15-7:45 a.m.

Pediatrics/Adolescent Clinic
Hours: Monday-Friday, 9 a.m.-4 p.m. (doors open at 8 a.m.)
Saturday, 10 a.m.-4 p.m. (by appointment only)

Clinic hours at SBHC
Family Medicine Clinic
Hours: Monday-Thursday, 7:30 a.m.-4 p.m. and evening clinic until 5:30 p.m. (by appointment only)
Friday, 7:30 a.m.-4 p.m.
Saturday, 8 a.m.-3:30 p.m. (by appointment only)

Pediatrics/Adolescent Clinic
Hours: Monday-Friday, 8 a.m.-4 p.m. (closed from noon-1 p.m.)
Walk-in hours for immunizations only, 8-11 a.m. and 1-3 p.m.

Acute Care Clinic
Hours: Monday-Sunday, 6 a.m.-9 p.m.



September

1 / Tuesday
Fantasy Football Registration – Register now for the Fantasy Football League at the Tropics, Schofield Barracks. The deadline to enter is Sept. 1, and

players will be drafted, Sept. 8, 6 p.m., at the Tropics.

Active duty or Blue Star Card league members can enjoy food discounts at the Tropics on game days. Call 655-5698.

5 / Saturday
National Bowling Week – Bowlers, families and friends can enjoy different bowling specials and participate in a record-breaking event during National Bowling Week, Aug. 29-Sept. 5, at the Schofield Barracks Bowling Center.

Customers are invited to participate in the pin action, Sept. 5,

as the Bowling Center attempts to break the record for the most consecutive games bowled in a 24-hour period.

Visit www.mwrarmyhawaii.com, or call 655-0573 for more information.

Adventure Hiking – Enjoy a day hike to various locations around the island, Sept. 5, starting at 7 a.m. This hike is a level one, beginner-level program suitable for the whole family, through one of several picturesque locations around the island of Oahu.

Cost is \$10 and round-trip

transportation from Schofield Barracks is included. Bring plenty of water. Call 655-0143.

7 / Monday
Adventure Kayaking – Come along on a half-day of adventurous kayaking from various beaches around the island of Oahu, Sept. 7, 6-11 a.m. This is a level two activity and requires moderate skills. Cost is \$25 and includes equipment and round-trip transportation from Schofield Barracks. Call 655-0143.

9 / Wednesday
Co-Ed Volleyball Tournament – Submit your entries now for the 2009 co-ed volleyball tournament, Sept. 14-19, at the Aliamanu Military Reservation Physical Fitness Center. The deadline to enter is Sept. 9. Call 836-0338.

12 / Saturday
Night Snorkeling – Discover what happens in Hanauma Bay at night with the first night

snorkeling expedition, Sept. 12, 2-11 p.m. Cost is \$20 and includes round-trip transportation from Schofield Barracks. Call 655-0143.

13 / Sunday
Hawaiian Canoe Paddling – Learn an ancient sport that Hawaiians still go crazy for – Hawaiian canoe paddling, Sept. 13, 7 a.m.-noon. Cost is \$45 and includes round-trip transportation from Schofield Barracks. Call 655-0143.