

## INSIDE Celebrating statehood

The public is invited to celebrate the 50th anniversary of Hawaii's statehood.

See Community Calendar, B-2



## Testing the Pacific Reach

8th Theater Sustainment Command hones watercraft ops in Japanese harbor.

A-4

## Musical medleys

From 80s to retro, from R&B to patriotic tunes, the Soldier Show dances its way to Hawaii, Sept. 3-4, to deliver a sizzling, 90-minute theatrical production.

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## Hui 'E komo mai' gathering

North and South Oahu spouses "welcome" new members in their circle.

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Jack Wiers | U.S. Army Garrison-Hawaii Public Affairs

## Mass casualty drill

SCHOFIELD BARRACKS — Spc. Kevin Ellzey (left) and Sgt. Jared Chumley (right), from the Schofield Barracks Health Center, Medical Company C, administer triage at a mobile decontamination site set up in front of the clinic during the full-scale U.S. Army Garrison-Hawaii Annual Antiterrorism Exercise, Wednesday.

## Motorcycle safety in spotlight

U.S. ARMY GARRISON-HAWAII PUBLIC AFFAIRS  
News Release

WHEELER ARMY AIRFIELD — U.S. Army Garrison-Hawaii launched its inaugural advanced motorcycle training course, here, Monday-Thursday.

The course is part of a pilot program, developed by the garrison's Installation Safety Office, in an effort to reduce the number of motorcycle-related fatalities for Soldiers stationed in Hawaii.

Hawaii's annual motorcycle death toll

has more than doubled during the last 11 years, and ranks 20th nationally in the number of motorcycle accidents per 100,000 riders.

With four months remaining, the state has nearly surpassed last year's total of 29.

"When you consider that 80 percent of Army motorcycle accidents in 2008 and 2009 did not involve other vehicles, one can conclude that a different approach to motorcycle training is needed," said Sammy Houseberg, director of Installation Safety,

"one that improves driving techniques for Soldiers and is conducted under realistic riding conditions.

"Riders need to be prepared for what they would expect to encounter on the H-1 or H-2 freeways during peak driving times," Houseberg added.

Most motorcycle training courses provide classroom instruction concluding in practice rides through small obstacle courses,

SEE RIDERS, A-3

## New barracks complex underway off Lyman

Story and Photo by  
**DINO W. BUCHANAN**  
Corps of Engineers-Honolulu District Public Affairs

SCHOFIELD BARRACKS — In continuing support of the U.S. Army Garrison-Hawaii (USAG-HI), a maile lei untying and ground blessing ceremony for Schofield's new barracks complex was held, here, Tuesday, by the U.S. Army Corps of Engineers (COE)-Honolulu District and Absher Construction Company.

"With the groundbreaking and blessing of this jobsite -- we continue the great long-time partnership between the U.S. Army Garrison-Hawaii and the Honolulu District as we build the best facilities for our Soldiers stationed here and fighting in our overseas contingency operations," said Maj. John Henderson, deputy commander, Honolulu District. "Many of these Soldiers will have just returned from overseas contingency operations."

The new barracks complex is being built on the corner of Lyman and Flagler roads and replaces existing motor pool buildings 2480 through 2488. The construction is the first of several projects to replace the existing motor pools along Lyman Road with new barracks, battalion and/or brigade headquarters, and company operations facilities through fiscal year 2014.

The Rev. Kaleo Patterson of the Pacific



**Hawaiian Blessing.** The Rev. Kaleo Patterson gives a Hawaiian ground blessing for the new barracks complex to be constructed at the intersection of Lyman and Flagler roads on Schofield Barracks. Among the dignitaries attending the ceremony were (right front to back) Command Sgt. Maj. Robert E. Williamson III; Col. Matthew Margotta, garrison commander; Lt. Col. Jay Hammer, garrison executive officer; Jae Chu, project manager, Absher Construction Co.; Greg Helle, executive vice president, Absher Construction; and Maj. John Henderson, deputy commander, Corps of Engineers-Honolulu District.

Justice and Reconciliation Center offered a prayer and blessed the project, the workers and the 'aina (Hawaiian for land) upon which the barracks is being built.

"This is a great day for the Army-Garrison," said Col. Matthew Margotta, commander, USAG-HI. "These new barracks will definitely enhance the lives of our Soldiers."

The complex entails construction of two, five-story barracks for housing 200 Soldiers per barracks, each using what's called "1-

plus-1" enhanced module design room configuration of upgrades. The complex also includes construction of a central utilities plant.

Residential units boast a cooktop, oven, refrigerator and microwave in each module; each floor will have central laundry facilities; and support facilities will have a central charge of quarters (CQ) station, lobby, activity rooms and a mailroom. Site amenities in-

SEE BARRACKS, A-6

## PAIO conference develops strategic goals to sustain USAG-HI

U.S. ARMY GARRISON-HAWAII  
News Release

Most days of the year, the U.S. Army Garrison-Hawaii (USAG-HI) leadership spends its time ensuring that quality services are provided to Soldiers and families.

Last week, however, the leadership team took a two-and-a-half day pause to spend time planning for the future of the garrison and talking about where and how improvements can be made in service delivery.

"Strategic planning is about determining where an organization is going over

the next several years and how it is going to get there," said Eileen Godinez, chief, Plans, Analysis and Integration Office (PAIO). "It is about developing a vision of what the organization should be, mapping out the steps and allocating the resources needed to arrive at that vision."

Additionally, strategic planning at the garrison uses the concept of "sustainability" as a guiding principle in the planning process, Godinez said.

Secretary of the Army Pete Geren stated that "sustainability is a national security imperative in a world of decreasing natural resources and increasing demand.

The Army is building green, buying green and going green in order to ensure that Soldiers have the resources to accomplish their mission in the United States and globally," Geren explained.

Strategic planning from a "sustainable lens" ensures the garrison is considering the impacts on mission, community, environment and the economy when planning for the future, Godinez added. The Army refers to this thinking, she explained, as the "Triple Bottom Line Plus."

During the PAIO conference, garrison leadership focused on four lines of effort in the planning process: security,

readiness, quality of life and optimization of resources.

Teams developed strategic goals in each of the four areas and began formulating objectives that will support the achievement of the goals.

**Security.** The security team addressed the need to create a safe and secure environment.

**Readiness.** The readiness group focused on the garrison's ability to support the Army Force Generation (ARFORGEN) cycle, ensuring that the garrison is

SEE PAIO, A-6

## 8th TSC exercises potential at USAR-J

Forward command post tests its "reach-back" capabilities

Story and photo by  
**SGT. MAJ. TERRY ANDERSON**  
8th Theater Sustainment Command Public Affairs  
CAMP ZAMA, Japan — Maj. Erik Jablonski spent a year-and-a-half in Kirkush, Iraq, near the Iranian border on a Military Transition Team, and living and working conditions were far from ideal for him and his Soldiers.

Jablonski has one word to describe working in his forward tactical operations center in Kirkush, Iraq — crowded.

"It was like a bad scene from the bridge in the old Star Trek TV show," said Jablonski, the 8th Theater Sustainment Command (TSC) supply and services division chief. "Everybody and everything was condensed together into a small space."

Jablonski and about 70 Soldiers from the 8th TSC deployed their forward command post (FCP), here, Aug. 12, to the U.S. Army-Japan/I Corps (Forward)/U.S. Army Garrison-Japan command center to exercise their theater sustainment capabilities.

The command center, here, is a state-of-the-art facility, complete with multiple-secure video feeds, computer terminals with secret and unclassified Internet service, and secure phones. It gives 8th TSC Soldiers the ability to "plug and play," making their deployment from Hawaii

SEE 8TH TSC, A-3



Maj. Erik Jablonski, Supply and Services division chief, 8th Theater Sustainment Command, gathers information during the dayshift at the U.S. Army-Japan Operations Center, Tuesday.



## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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## 83 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 8/20/2009.

Straight Talk

# Graves takes helm as deputy at DES

New deputy gives some “situational awareness” about directorate and self

CHRIS GRAVES

Deputy Director, Directorate of Emergency Services

Aloha! I'm excited to be here, having come to Hawaii from Alaska.

I spent the last few years as the chief of police in Fort Greely, Alaska, and I have more than 30 years in law enforcement experience, with 28 of those working for the Department of the Army (DA).

For some, the makeup of the Directorate of Emergency Services (DES) is a mystery. Here in Hawaii, DES is com-

prised of Fire & Emergency Services, Law Enforcement, Physical Security, Force Protection, and Emergency Management departments.

Now for a little information on my background... In July 1985 I was hired as a GS-4 DA police officer at Fort Ord, Calif. I worked as a patrolman, field training officer, a patrol captain and as a S.W.A.T. commander.

In 1990 I began working as a police officer, assigned to the Narcotics and Gang Task Force, in Compton, Calif.

After leaving the Los Angeles area, I returned to civil service in 1993 and served as the chief of police at Fort



Graves

Hunter Liggett, Calif., for 12 years. I accepted the challenge of converting its police department from a military police operation to one of DA civilian police officers.

I worked at Sierra Army Depot, Calif., as its antiterrorism force protection officer, and as the director of Emergency Services. Also, I worked as the director of Risk Management, managing police, Fire & Emergency Services, Environmental, and Safety divisions, there.

In addition to my positions in Alaska and my current assignment as the deputy director of U.S. Army Garrison-Hawaii's (USAG-HI) DES, I have served on other

federal agency task forces, including with Alcohol, Tobacco and Firearms (ATF) and the U.S. Marshal's Office, with fugitive apprehension and its Strike Task Force.

I have an extensive education in Criminal Justice and a bachelor's degree of Specialized Training in Emergency/ Disaster Preparedness & Response Management.

I believe in a strong organizational structure that is accountable for its actions, and I'm big on community support and supporting a strong Army.

Together with my background and experiences, I look forward to working with the command structure and the local community to help make USAG-HI an even safer place for all to live and enjoy.

## Observance recognizes importance of women's suffrage and successes

COMPILED BY STEPHANIE RUSH

U.S. Army Garrison-Hawaii Public Affairs

**WHEELER ARMY AIRFIELD** – Aug. 26 marks the 89th anniversary of the Women's Suffrage Movement's greatest victory – the ratification of the 19th amendment, Aug. 26, 1920.

The amendment, granting women the right to vote, was the culmination of a political campaign that spanned 72 years and was carried out by tens of thousands of women and men, according to the National Women's History Project.

In 1971, Congress designated Aug. 26 as Women's Equality Day, to honor women continuing to strive towards equality.

Unlike Women's History Month, celebrated each March, Women's Equality Day is specifically about the fight for equal rights.

The Department of Defense has been celebrating observances and history months since 1968. The observances help to enhance cross-cultural awareness among all Soldiers, civilian employees and their families.

**Women's Equality Day Quiz**

Test your knowledge of notable women from past to present. (The answers to the questions can be found at the bottom right of this page. No peeking!)

1) Which mother led a 125-mile march of child workers all the way from the mills of Pennsylvania to President Theodore Roosevelt's vacation home on Long Island?

2) One of the most important Union spies and scouts during the Civil War was a Black woman who had escaped from slavery. Can you name her?

3) She came to the U.S. when she was a teenager to study science and stayed to become “the world's foremost female experimental physicist.”

Her most famous experiment disproved what had been thought to be a fundamental scientific law. Who is this outstanding Asian-American scientist?

4) She took her job as “First Lady” seriously, traveling the country and the world to gather information about the problems and concerns of workers, children, minorities and the poor.

She wrote a daily newspaper column and made frequent radio broadcasts. Who was this active wife of a president?

5) Who was the last reigning monarch of the Hawaiian Islands, deposed when American business and

The 500th Military Intelligence Brigade will host a 5K Fun Run/Walk and 1-Mile Keiki Fun Run/Walk, Aug. 29, 9 a.m., at Stoneman Field, Schofield Barracks, in honor of Women's Equality Day.

In addition to the run, there will be food, drinks, entertainment, games, information booths and a presentation on women's equality.

Run applications are available online at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). Click on “Post Updates,” under the “Post Information” menu on the left.

A free T-shirt will be given out for every registration (while supplies last.) For more information, call 655-4381.

military interests wanted to annex Hawaii to the U.S.?

6) She opened “Hull House” in a rundown Chicago neighborhood, a community center to improve conditions for poor immigrants.

The program of English-language classes, child care, health education and recreational opportunities soon inspired hundreds of other settlement houses throughout the country. What's her name?

7) Daughter and granddaughter of Piute Indian chiefs from Nevada, she lobbied Congress, wrote extensively and traveled across country during the late 1800s, lecturing on the hardships brought upon Native Americans by the U.S. government. Her name?

8) Her 1939 Easter Sunday concert on the steps of the Lincoln Memorial drew a crowd of 75,000. Who was she, and why was she singing there?

9) Clara Barton (1821–1912) is best known for founding the American Red Cross, but she also played a vital role during the Civil War. What did she do?

10) Why is Rachel Carson (1907–1964) considered the mother of the environmental movement?

*(Editor's Note: Get your answers to the Women's Equality Day Quiz in the column to the right.)*

*This quiz is courtesy of the National Women's History Project. Visit [www.nwhp.org](http://www.nwhp.org) for more information.)*



## 5 STEPS in FAITH

# Seeking to understand context of verses, opens up their meaning

CHAPLAIN (CAPT.) NATHAN P. MCLEAN

1st Battalion, 14th Infantry Regiment

When I was first learning about the Bible, I would get discouraged when I came across what I thought were odd phrasings or confusing teachings.

Words like “begot” or “thou” are not part of my daily vocabulary or common vernacular.

I also found the countless lists of genealogy, as well as the long and seemingly unpronounceable names, to be discouraging as I sought to make sense of Scripture.

However, as I have progressed in my study of Scripture, it seems the more I seek to learn the true intent and meaning behind confusing passages, the more the Bible has opened up to me as a Christian.

**Example of a possibly confusing passage.**

One passage that comes to mind is found in Matthew 7:7-11. As Jesus discusses prayer, he makes this comment: “Or which one of you, if his son asks him for bread would give him a stone? Or if he asks for a fish, will give him a serpent?”

So, here is Jesus, who is commonly referred to as the greatest teacher the world has ever known, making a statement that – let's be honest – seems weird.

The thrust of the passage, though, is found in its contextual understanding. That is, the passage wouldn't make sense to people like you and me who live in the modern era and know that if our children need bread or meat we would send them with money to the commissary or supermarket.

In the time of Christ, it wasn't as simple as heading down to the local grocer to purchase bread. Most of the people in those days couldn't afford to have bread made for them. Instead, families would prepare their own bread, and when they made bread,

they would make quite a bit of it.

Bread also wasn't soft or sliced. Instead, it was hard and round and made to travel. In fact, wine or oil was often necessary to have for dipping, to help soften the bread so it could be consumed since it was so hard.

In Scripture days, a common joke played by the men on younger boys was to send a youth to retrieve bread for a gathering. Since bread was so tough and hard and round (and a similar color), it could easily be mistaken for a good-sized rock.

Men would place a rock where the bread should be, and the young boys, unaware, would attempt to pick up the bread, only to discover the bread they were sent to retrieve was actually a rock.

In similar method, eels (from a distance) might easily be mistaken for some species of fish. In Scripture days, eels were understood to be serpents of the sea, and eels to fish carried the same meaning in the Scriptures as rocks to bread. However, bread and fish nourish the body, rocks and eels are inedible.

**The Scripture's meaning.**

When we seek God for help – even for that very thing we deeply need to nourish our life, God will be found dependable.

God, who is good, will not trick his children – a contrast to the Greeks' gods of the day – by sending them down a path towards what once seemed good, but upon discovery, was only a cruel joke. Instead, Jesus taught that it was not so with his father. We should find this encouraging today.

If you have a need, you can pray and ask of God to meet you in your need.

I challenge you to try him today. I believe that you, too, will find God altogether good and dependable – from the smallest request to your deepest need.



McLean

### Answers to Women's Equality Day Quiz

1) The feisty labor organizer, Mary Harris Jones (1830–1930), did just that in 1903. Called “Mother” Jones by everyone, her goal for the march was to bring the evils of child labor to the attention of the president and the national press

2) Harriet Tubman (1820–1913) led more than 300 people in their escape from slavery via the system of safe-houses, known as the Underground Railroad.

3) Chien-Shiung Wu (1912–1997) received both the National Science Medal and the internationally respected Wolf prize for her scientific research. Her most famous experiment showed that conservation of parity could be violated in nature.

4) Eleanor Roosevelt (1884–1962) was America's First Lady for 12 years. Later, she served as U.S. delegate to the United Nations where she was instrumental in securing passage of the Universal Declaration of Human Rights.

5) Queen Liliuokalani (1838–1917) was the monarch. A revolution – encouraged and actively assisted by American interests, backed by a U.S. Navy gunboat – established a provisional government in 1893. Among her lasting legacies, Liliuokalani composed more than 200 songs, including “Aloha Oe.”

6) Jane Addams (1860–1935) opened Hull House. She was one of the first generation of female college graduates at a time when the

world was not yet ready to give educated women positions of responsibility; she found her own way to lead a useful life.

She won the 1931 Nobel Peace Prize for her lifetime dedication to the cause of international peace.

7) Sarah Winnemucca (1844–1891) was later named a chief in her own right. Her autobiography, *Life Among the Piutes: Their Wrongs and Claims*, was one of the first books by a Native American.

8) Marian Anderson (born 1902) had earlier been barred from singing in Washington's Constitution Hall because she was Black. Her open-air concert was a triumph over bigotry for this international star.

9) No provisions had been made for taking care of Union soldiers. Clara Barton (1821–1912) solicited donated supplies and took them directly onto battlegrounds, to get food, bandages and medical supplies to the wounded.

She also helped document the 22,000 men killed or missing in action so their families could be notified.

10) Rachel Carson (1907–1964), a writer and biologist, touched off an international controversy about the environmental effects of pesticides with her 1962 book, *The Silent Spring*, which became a best-seller and the foundation of modern ecological awareness.

# Voices of Ohana



“Yes, I do believe women are treated fairly in society, but I think there is room for improvement.”

Kelly Andrews, DFMWR, Marketing Assistant



“I think women's equality has improved in past years, especially in the political arena.”

Cora Garcia, USAG-HI DRM, Budget Analyst



“Yes, for the most part, although we do have further to go.”

Jaci Gavnik, DFMWR, Business and Nonprofit Liaison



“I think that in some job markets, yes. However, some still have a need for more equality.”

Christina MacMiller, DFMWR, Wheeler Stable Manager



“No, women are not fairly represented in society today. Since the 19th Amendment of 1920, we have achieved many ‘firsts,’ but we still have many obstacles to overcome.”

Christy Roelke, USAG-HI DPW, Operations Analyst



# 523rd Engineers aid movement of combat outposts

Story and Photos by  
**1ST LT. KEITH SCHNELL**  
523rd Engineer Company, 84th Engineer Battalion (CE)  
MOSUL, IRAQ — Merely weeks ago, Iraq experienced one of its most significant changes since its liberation: the implementation of the latest phase of the U.S.-Iraq Status of Forces Agreement.

The agreement, signed in November 2008, obliged American Soldiers to be out of Iraqi cities no later than July 1 of this year. The directive brought hard work and significant changes to the Soldiers of the Mosul-based 523rd Engineer Company, 84th Engineer Battalion.

“The SOFA agreement gave U.S. forces a well-defined timeline for our pull out of Iraq,” said Staff Sgt Robert Steese, operations sergeant, 523rd Eng. Co. “For many of the Soldiers, this is a good thing because they have served multiple tours to Iraq and have played a significant role in ensuring the Iraqis can govern their nation.”

Moving hundreds of Soldiers out of inner-city combat outposts (COPs) was the first challenge, as the 523rd Engineers spent weeks removing U.S. prop-



A Soldier helps move lumber for the construction of a new test fire pit on Contingency Operating Base Marez, Mosul, Iraq.

erty from the COPs scheduled for closure.

At one COP, the 3rd Platoon of the 523rd went so far as to remove the gravel that was paving the motor pool because the post had been built on pri-

vate property. The Soldiers hauled off the gravel for the expansion of a COP located just outside of the city of Mosul.

The “Never Daunted” Soldiers enabled the Iraqi landowner to, in turn,



Soldiers of the 523rd Engineer Company receive their mission brief prior to heading outside of the wire to continue construction operation in northern Iraq.

plant a field of pistachio trees and take one step closer to the return of normalcy.

As COPs throughout northern Iraq continue to close, the problem of overcrowding and housing shortages for Soldiers were becoming a reality. Again, the “Never Daunted” engineers from Hawaii stepped up.

The 523rd and its sister company, the 643rd Eng. Co., worked together to expand bases outside the city of Mosul. Jointly, the two companies constructed

14 buildings and established 1,500 meters of perimeter walls to improve the security and quality of life for the newly relocated Soldiers.

Since these recent changes in the U.S. mission, the 523rd has had to adjust to varying operational tempos and sets of missions.

These Soldiers of the 84th Engineer Battalion are a driving force in helping to ensure the Iraqi people continue toward achieving a self-reliant and prospering nation.



Kayla Overton | U.S. Army Garrison-Hawaii Public Affairs

Military and civilian personnel practice negotiating curves at various speeds during the “Train as You Ride,” Advanced Motorcycle Course offered at Wheeler Army Airfield, Wednesday.

## Riders: Complex moves practiced

CONTINUED FROM A-1

with riders seldom reaching speeds more than 30 mph.

“The new training course goes beyond anything previously offered by the Army,” said William Maxwell, safety specialist and program manager. “Soldiers in this course will receive advanced instruction in speed control, as well as curve, swerve and quick-stop navigation on a realistic driving course at realistic speeds, 35-60 miles per hour.”

The program’s emphasis is to “Train as You Ride,” with Soldiers learning more complex tech-

niques often found lacking in riders involved in accidents.

The Army called in experts from the California Superbike School in Los Angeles to assist in the training. The school has trained more than 100,000 street riders and 15 Superbike champions from the United States, Australia and Europe, and plans to train more than 300 Soldiers in safe motorcycle handling as part of the pilot program.

In order to provide instruction at highway speeds, without the dangers of highway traffic hazards, organizers used the mile-long runways at Wheeler Army Airfield.

## 8th TSC: Hawaii unit oversees logistics from Alaska to Korea

CONTINUED FROM A-1

an almost seamless transition.

“That’s why this facility is super for (the 8th TSC),” Jablonski added. “All the technology, here, makes it very simple for us to see what is going on throughout the theater, as it’s happening. Plus, there is plenty of room for everyone.”

The 8th TSC is the command responsible for logistics sustainment in the Pacific theater, providing support from the factory to the foxhole for warfighters from Alaska to Korea, an area spanning 9,000 miles.

This command post exercise also tests the “reach-back” capability provided by the 8th TSC main command post (MCP), located at Fort Shafter, Hawaii.

The 8th TSC deploys its FCP to give the commander a firsthand look at the situation on the ground, giving him the information he needs to

make accurate, timely decisions.

Maj. Rich Helling, G-3 day shift operations officer, said that deploying into a mature headquarters command center is beneficial for the 8th TSC and provides realistic training, but the FCP has a larger role in the Pacific theater.

“The FCP allows the commander the ability to quickly move into an austere environment, set up operations, and assume a command and control role,” he said.

That larger role, Helling added, means that the 8th TSC can assist victims of a natural disaster, such as a tsunami or an earthquake, from the location of the disaster.

The 8th TSC is one of three theater-level sustainment commands in the Army, and has conducted and participated in several theater security cooperation exercises during the past 18 months.

8th TSC Soldiers will return to Hawaii at the end of August.

# Watercraft operator ensures mission success during Pacific Reach 2009

Story and Photo by  
**SGT. RICARDO BRANCH**

8th Theater Sustainment Command Public Affairs

YOKOHAMA NORTH DOCK, Japan – When 24-year-old Spc. Jason Litton joined the Army three years ago as a watercraft operator with the 331st Transportation Company, Fort Eustis, Va., he had no idea he'd be deployed to far-off places like Japan for military exercise Pacific Reach 2009.

"I'm here in Japan building warping tugs," Litton said. "We're placing them into the water to see how well they run and how quickly we can put them in the water.

"If you ever need to do this in a real-world situation," he continued, "this training helps you figure out how much time you need for the types of problems you run into."

The Chicago native is working alongside 24 Soldiers at the dock, here, to take the Army's prepositioned stock out of storage and put it into operation. Litton said the work they perform is crucial for the Army's mission to keep the Army's watercraft ready for any mission.

"When we are performing our jobs, the whole mission can be based on the work we do," Litton said. "Units need us to get the equipment out of storage and get it operational for the mission to be successful."

During his time at Japan, Litton has helped build small watercraft, which aid in the construction of piers for larger ships to offload equipment. That equipment goes to troops taking part in natural disaster relief, humanitarian or military operations such as Joint Logistics Over the Shore.

"I enjoy my job," he said. "It's exciting and dangerous when you build the tugs in the water because you have to deal with so much, but safety is always at the forefront of everyone's mind."

Some of the things watercraft operators at Pacific Reach deal with on the job include heavy rain, sweltering heat and big waves while they assemble the watercraft. For Litton, the waves are the best part of the job because they challenge the young Soldier.

"Fighting the waves..." Litton said, laughing, "I like it when they are going over the side of the tug and pushing us when we're trying to get the pieces together. It's like a test for us to see if we can still perform in



Spc. Jason Litton, 331st Transportation Company, Fort Eustis, Va., mans the lines while a crane lifts a warping tug off the pier into the water at the Yokohama North Dock, Aug. 9.

tough conditions."

The conditions can serve as a double-edged sword for Litton because the intensity of his work increases with Mother Nature's fury.

"Our job is really labor intensive," he said. "It can be very physical because it takes a lot of strength and stamina at times when you're fighting against the elements, so you have your fun times along with the challenges."

Since joining the Army, Litton has been deployed to many locations such as North Carolina, California, Guatemala and, now, Japan. He looks to make his sergeant rank within the next year.

For anyone wanting to understand what he does in the Army, Litton has one message.

"It's amphibious assault," he said. "You're building piers to offload equipment ready for assault. It's a fun and challenging job for anyone wanting to test themselves."



Chief Warrant Officer Walter Spurling | 35th Combat Sustainment Support Battalion

An Army tug boat moves into Yokohama Harbor, Aug. 10, during military exercise Pacific Reach 2009.

## 8th TSC exercise tests watercraft operational readiness in Japan

**SGT. RICARDO BRANCH**

8th Theater Sustainment Command Public Affairs

YOKOHAMA NORTH DOCK, Japan – Active duty and Army Reserve Soldiers from across the globe are testing the readiness of the Army's prepositioned set four [APS-4) during military exercise Pacific Reach 2009, here, in Tokyo, Japan.

"Pacific Reach is a validation of the issue and turn-in process of the Army's prepositioned set," said Chief Warrant Officer Charles West, U.S. Army-Pacific Command, G-4 Mobility Division Sea Operations Branch.

The exercise, which is underway from Aug. 1-20, takes watercraft from the Japan stock and runs them through procedures to raise their operational level and prepare them for missions in the future.

Units taking part in the exercise came from as far away as Morehead City, N.C.; Fort Eustis, Va.; Tacoma, Wash.; and Fort Shafter, Hawaii.

"What we're doing is improving the time for crews to inventory and get the vessels ready to go out and execute missions," said Lt. Col. Sta-

cy Townsend, commander, 35th Combat Sustainment Support Battalion (CSSB), 8th Theater Sustainment Command. "It's important to validate the timelines, so that – in the event the nation calls on the Pacific to respond to disasters or missions – commanders will know how long it takes to receive equipment."

The Soldiers of the 35th CSSB, based out of Sagami Depot in Tokyo, provided command and control and logistics support to the Soldiers taking part in the exercise.

During the exercise, the Soldiers constructed modular causeway ferries, tested landing craft utility watercrafts, and ran through the steps necessary to check the readiness of all the equipment.

West, who has participated in the last three Pacific Reach exercises, said each year brings more and more improvements over previous operations.

"The best improvement this year is that we have cut down on the time to inventory the equipment for the watercraft," West said. "Last year, getting

the boats operational took days, but we now do it in hours."

The efficiency in inventorying equipment is a result of hand receipts being location specific. If a Soldier needs to inventory an item, he will begin the process in an area versus moving all over the ship for each item. The Landing Craft Utility watercraft alone has more than 10,000 line items.

West said that improvement came about from after-action reports from last year to enhance the current Pacific Reach exercise.

Soldiers working during the exercise have dealt with earthquakes at night, humid days at the dock and harsh weather from tropical storms; yet, despite it all, they still are accomplishing the mission.

"They [Soldiers] are performing phenomenally," Townsend said. "They came from many places all across the U.S. and are working as a team. This exercise is a great training and learning experience and is giving the Soldiers vital skills they can use elsewhere."

# 500th MI linguist earns Best Warrior title at INSCOM, NCR

**2ND LT. JULIANNE BARCIA**  
500th Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS – Sgt. Cole Joines of the 732nd Military Intelligence Battalion beat out 14 competitors from seven direct reporting units to be named the National Capital Region Best Warrior.

Joines had traveled to Fort A.P. Hill, Va., last month, for the 2009 Intelligence and Security Command (INSCOM) and the National Capital Region (NCR) Best Warrior Competition. Once there, his winning streak earned him the title of NCO of the Year for all of INSCOM.

The National Capital Region competition was comprised of four days of grueling events, which gave non-commissioned officers (NCOs) the opportunity to demonstrate their ability to Soldier flawlessly in all areas. The daily challenges included written tests and essays, an Army Physical Fitness Test and board appearance, as well as day and night urban orienteering at nearby Fort Belvoir, Va., weapons qualifications, a team mission exercise requiring land navigation, and an assault on a mock-up town.



Joines

Events were interspersed with Army warrior tasks testing stations, requiring Joines to be fully prepared and completely knowledgeable of the Soldiers Manual of Common Tasks.

Overall, Joines' wins have resulted in several distinctions: NCO of the Quarter for the 732nd MI Bn., NCO of the Year (732nd Bn.), NCO of the Year for the 500th MI Brigade, and NCO of the Year for INSCOM Pacific Region.

Joines, a Chinese-Mandarin linguist, is well-spoken, exceedingly polite and thoroughly knowledgeable at his trade. He is the epitome of the professional Soldier and the pride of the 732nd MI Bn. and the 500th MI Bde., said Maj. Jay Haley, operations officer, 732nd Bn.

Joines remains humble in his demeanor, despite his phenomenal accomplishments. A demonstrated leader, he's held various leadership positions ranging from squad leader to battalion training NCOIC.

Joines is active in diverse extracurricular



Courtesy Photo

Sgt. Cole Joines, 500th Military Intelligence Brigade, checks the head space and timing of his weapon during a mystery event at the Best Warrior Competition.

activities outside of the Army: volunteering at his church and lending a hand at Special Olympics, to name a few.

Hiking and camping in the Koolau mountains, shooting at the Puuloa Gun Club in Ewa Beach, and perfecting his

surfing techniques at White Plains or Rock Piles surfing beaches on Oahu are other leisure activities he enjoys.

What motivates me, he said, is "Jesus Christ, my Lord and Savior; my family; and the opportunity to serve my country to the best of my ability."



The Army has dedicated 2009 as the Year of the Noncommissioned Officer (NCO) in order to recognize the achievements of the NCO Corps.

"Sgt. Joines is mature beyond his years," said Haley. "He is one of those NCOs to whom you can give a task and he'll execute. He takes a task and runs with it – 'fire and forget,' if you will."

Joines heads back to Virginia for the Department of the Army (DA) Best Warrior Competition, in late September. There, he hopes to capture the title of NCO of the Year for DA.

A continent and ocean away, back at Schofield Barracks, Joines very well may have the biggest group of fans and well-wishers cheering him on to this ultimate honor.

## News Briefs

*Send news announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).*

**24 / Monday**  
**Schofield Barracks Road Closure** – The section of Trimble Road near Bowen Park will be closed Aug. 24-31, Monday through Friday, 6:30 a.m.-3 p.m. Traffic will be detoured to Mellichamp Street and Lyman Road.

**26 / Wednesday**  
**Civilian Orientation** – The next Orientation for New Employees (ONE) course is Aug. 26, 8 a.m.-3 p.m., at the Post Conference Room, Building 584.

Priority seating is provided to new employees. Current employees may attend ONE on a space-available basis. Call Lisa Ferriman at 655-5600 or e-mail [lisa.ferriman@us.army.mil](mailto:lisa.ferriman@us.army.mil).

**29 / Saturday**  
**Women's Equality Day 5K**– The 500th Military Intelligence Brigade and U.S. Army-Pacific invite the community to the 2009 Women's Equality Day 5K and 1-Mile Keiki Fun Run/Walk, Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks.

Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to preregistered participants (while supplies last). Download registration forms at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil)

**SEE NEWS BRIEFS, A-6**



# PAIO: Garrisons are source of balance, Wilson says

CONTINUED FROM A-1

prepared to sustain a predictable posture to effectively train and deploy Soldiers.

**Quality of Life.** This team discussed both the infrastructure and services that affect the morale and welfare of Soldiers and families.

**Optimization of Resources.** This team identified the need to ensure our financial, human and natural resources are considered in our decision-making process.

In this time of continuous deployments, the garrison has a responsibility to support the equipping, manning and training of Soldiers and units, said Godinez, and to ensure families are provided the resources and care they need during long separations.

Lt. Gen. Robert Wilson, commander, Installation Management Command, stated, "Garrisons are the Army's home, and, as such, they provide the source of balance that ensures an environment in which Soldiers and families can thrive, a struc-

ture that supports unit readiness in an era of persistent conflict, and a foundation that supports Army transformation."

Planning for the needs of our Army today and into the future is critical for ensuring the garrison is postured to provide a "home" that best meets the needs of the brave men and women who serve our nation, Godinez added.

Given the scope of USAG-HI's operations and the critical requirements needed to fully support Soldiers and families, the garrison leadership

team will continue to develop a strategic plan that postures the organization to remain relevant, flexible and ready to meet the needs of our Army into the future.

Godinez said the work done during the past few days is just the beginning of an ongoing effort to integrate the great work being done across the garrison into a strategic plan that will ensure the Army's home in Hawaii remains a place Soldiers and families are indeed proud to call home.

## News Briefs

From A-5

(Click on "Post Information" under "Post Updates" on the left.) Call 655-4381 for more details.

### 31 / Monday

**Regimental Signal Ball** — All armed forces signal personnel are cordially invited to attend the 2009 Regimental Signal Ball, Sept. 18, at the Hilton Hawaiian Village, Waikiki. Join an evening of camaraderie and tradition. Tickets will be on sale until Aug. 31. Contact Staff Sgt. Gallegos, 307th Integrated Theater Signal Battalion, at 656-2986.

## September

### 1 / Tuesday

**Suicide Awareness Month** — The U.S. Army Garrison-Hawaii, Army Substance Abuse Program (ASAP) is hosting events in support of Suicide Awareness Month.

- The community is invited to participate in the

Suicide Awareness month kickoff event, the "Run for Life," Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. The 2.1 mile run will start at 7 a.m., following an invocation.

- Soldiers are invited to help "Strike out Suicide" during free bowling events, Sept. 14 and 17, at Schofield Barracks Bowling Center. Unit representatives must RSVP for this event.
- Soldiers are invited to a live comedy show with Bernie McGrenahan, Sept. 24, 10 a.m.-1 p.m., at Sgt. Smith Theater, Schofield Barracks.

The show counts towards a Soldiers annual alcohol abuse/suicide prevention/drug abuse training requirement. For more information or to RSVP, call Melissa Parnell, risk reduction coordinator at 655-0996 or e-mail [melissa.parnell@us.army.mil](mailto:melissa.parnell@us.army.mil).

**Veterinary Clinic Closure** — The Schofield Barracks Veterinary Clinic will not be holding a walk-in clinic Sept. 1. Call 433-8531 to schedule a regular appointment for that day.

### 9 / Wednesday

**CIF Closure** — The Central Issue Facility (CIF) will be closed Sept. 9-19 for annual inventory. Only emergency requests will be processed. Call Angel Hernandez, 655-8120/284-7022.

## Barracks: New complex to be constructed by October 2011

CONTINUED FROM A-1

clude a basketball court and picnic/barbecue areas.

Design and construction will meet current antiterrorism force protection requirements with a minimum standoff distance and controlled perimeter, plus they will meet a Leadership in Energy and Environmental Design (LEED) Silver Rating — a total facility energy savings expected to exceed 30 percent.

The construction of the complex's central utilities plant will support the mechanical requirements of both barracks, and parking will be provided as part of site improvements.

Because the project is using a "fast-track" schedule, hazardous material abatement and demolition of five buildings/structures have been completed to date, allowing Absher Construction to begin working on new footings and slab-on-grade.

According to garrison officials, the complex is being built to offset the current deficit of unaccompanied personnel housing and to facilitate the continued growth of the 25th Infantry Division.

The project was awarded by the COE-Honolulu District to Absher Construction Co., Puyallup, Wash., in January 2009, for \$73,164,201. The barracks complex contract completion date is Oct. 6, 2011.

"Since we are a nation at war, we cannot overemphasize the importance of our joint efforts to deliver these essential mission capabilities for our military men and women," Henderson explained.

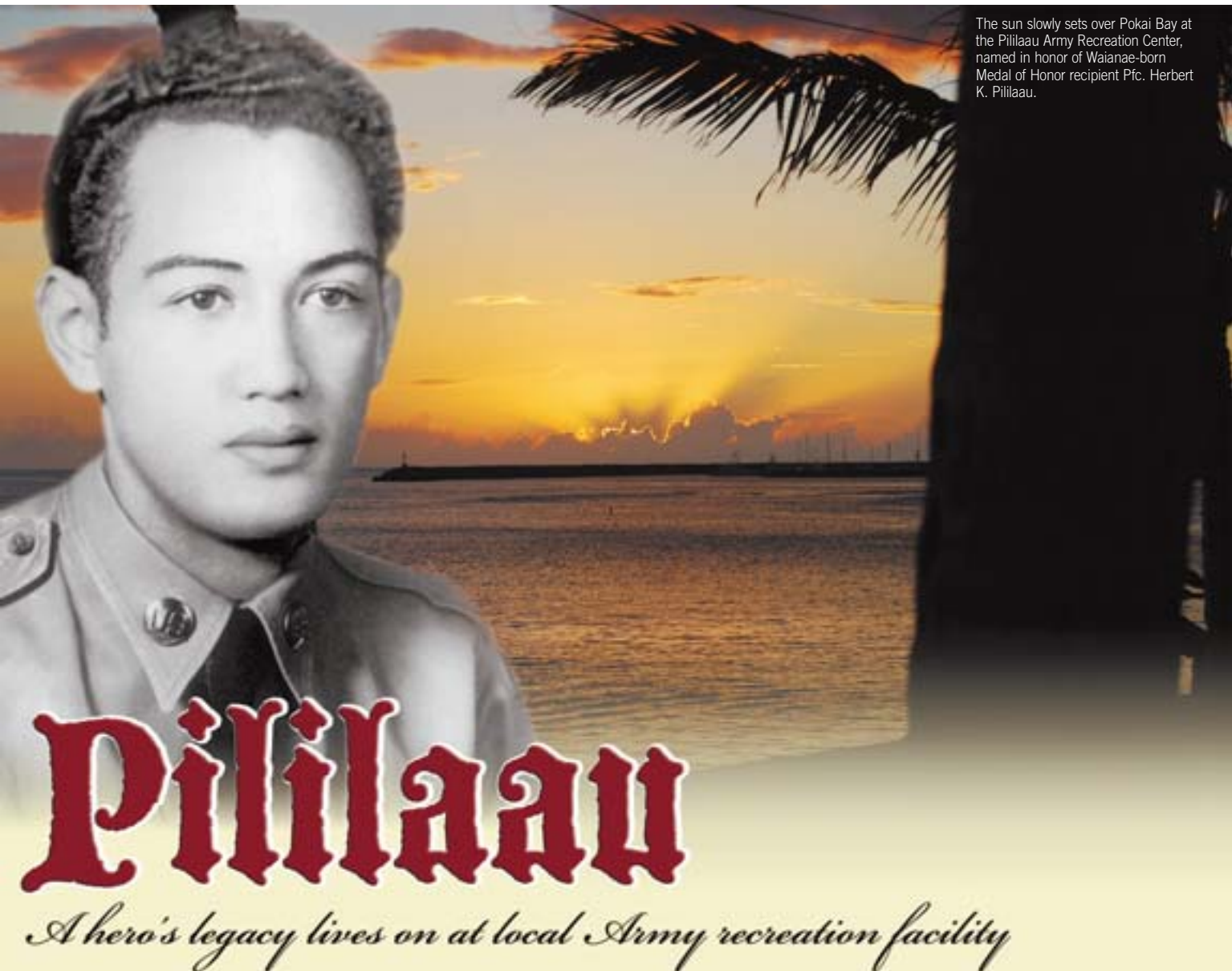
Attending the ceremonies were Col. Matthew Margotta; Lt. Col. Jay Hammer, USAG-HI executive officer; USAG-HI Command Sgt. Maj. Robert E. Williamson III; Greg Helle, executive vice president, Absher Construction Co.; plus contractor representatives, workers and COE project managers.

# HAWAII WEEKLY PAU HANA

[www.garrison.hawaii.army.mil/haw.asp](http://www.garrison.hawaii.army.mil/haw.asp)

“When work is finished!”

FRIDAY, AUGUST 21, 2009



The sun slowly sets over Pokai Bay at the Piilaa Army Recreation Center, named in honor of Waianae-born Medal of Honor recipient Pfc. Herbert K. Piilaa.

## Pililaa

*A hero's legacy lives on at local Army recreation facility*

Part one of a two-part series, explores the life of a Soldier and a place named in his honor

**JACK WIERS**  
Staff Writer

WAIANAE – The gentle waves and pristine white sandy beach, combed by the soft winds and Hawaiian scents of Oahu's sunny Leeward coast, were integral parts of one young Soldier's upbringing.

However, thoughts of Pokai Bay, here, would have been a startling contrast to the reality of the infamous Battle at Heartbreak Ridge taking place in the hills of North Korea.

Pfc. Herbert K. Piilaa must have understood the consequences of his decision that fateful day, Sept. 17, 1951, in Korea.

The Herbert K. Piilaa Army Recreation Center (PARC), in Waianae, now serves as a reminder not only of one Soldier's selfless gallantry, but also of a gentler, old Hawaii, reflecting the community where a Medal of Honor recipient was born and raised.

Piilaa was only a teenager during World War II when the current recreational area locat-

ed alongside Pokai Bay was used as an amphibious vehicle landing and training area.

Described by family and friends as a quiet, young man who studied classical music, his legacy, however, is inextricably linked to the valor demonstrated in North Korea, shortly before his 23rd birthday.

His Medal of Honor citation provides details: "While attempting to hold a key location, Piilaa's 23rd Infantry platoon was nearly overrun by repeated enemy attack, and his unit was ordered to withdraw.

"Volunteering to stay behind and provide cover, the young Piilaa fired his weapons and threw his grenades until his ammunition exhausted. He continued to fight with a trench knife and bare fists until finally sustaining mortal wounds.

"When his position was retaken, more than 40 enemy dead were counted in the area he defended."

The quiet young man with the kind, unassuming face was posthumously recognized by the U.S. Congress with the Medal of Honor, June 18. His parents were presented the citation by President Harry Truman.

The scope of Piilaa's legacy ranges from a

### On The WEB

For more information or for reservations, visit the Web site [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com).

Waianae park to a Makua Military Reservation live-fire training range, to a Naval Strategic Sealift ship, the USNS Piilaa, all bearing his name.

PARC, located 18 miles from Schofield Barracks, is now a popular getaway, featuring 39 beachfront rental cabins, along with meeting facilities for active duty, retirees, Department of Defense and federal employees.

Originally called Waianae Army Recreation Center, the facility was officially renamed Herbert K. Piilaa Army Recreation Center in December 2003.

The importance of PARC, as a Family and Morale, Welfare and Recreation (FMWR) facility is particularly valued.

"There is no resort setting on the island of Oahu that captures the beauty of Hawaii the

way Piilaa Army Recreation Center does," said Shelly Leslie, PARC general manager.

Day trips to PARC offer some of the most pristine beaches in the islands, with a variety of beach and ocean activities fully supported by on-site equipment rentals.

A lounge and café with an expansive lanai, offers dinner service, seven days a week, and a memorable location for enjoying the end of the day.

"The sunsets here are breathtaking," Leslie added.

Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, encourages Soldiers and family members to plan a visit.

"We are making a commitment and a significant investment in money to ensure the Piilaa Army Recreation Center provides a dedicated and special Hawaii experience. We want our Soldiers and family members to embrace this spot, a location that blends Hawaiian and Army values, embodied so well by the life and sacrifice of Pfc. Piilaa," said Margotta.

*(Editor's Note: Part 2 of this series will feature the Piilaa Army Recreation Center luau, lodging and activities that make PARC more than a weekend destination.)*

Lights! Camera! Action!

## U.S. Army Soldier Show ready to take entertainment to troops in Hawaii

Story and Photo by

**TIM HIPPS**

Family and Morale, Welfare and Recreation  
Command Public Affairs

Lights! Camera! Action!

That's the theme of the 2009 U.S. Army Soldier Show scheduled to perform at two venues at U.S. Army Garrison-Hawaii, Sept. 3 and 4.

During this year's show, the audience will have the rare experience of feeling and being in a live television studio, including commercial breaks, said Soldier Show production director Victor Hurtado, who spent much of the past year working on TV productions "Nashville Star" and "America's Got Talent."

The show will open with Kirk Franklin's upbeat "Declaration (This is It!)," co-written by Kenny Loggins and Michael McDonald, which addresses survival of the everyday trials and tribulations through a positive declaration of one's purpose in life.

"It makes use of the tune of Kenny Loggins' 'This is It,'" said Hurtado, "but it has been completely redone in a very inspirational way."

Another scene features the new retro

sounds of Duffy's "Mercy," Dominican Juan Luis Guerra's "La Llave de Mi Corazon," which translates in English to "Key to My Heart," and "I Decided," by Solange Knowles, younger sister of Beyonce.

"It has a little bit of English, a little bit of rap; it's all meringue, so it moves," Hurtado said.

A lot of dance, rap, English R&B, visuals, patriotic tunes, movement, love of country – even a roller skater – will grace the stage of the show during the 90-minute theatrical concert production.

Soldier-performers will wear traditional attire from India during "Jai Ho," a soundtrack piece from "Slumdog Millionaire," the 2008-09 Oscar award-winning best motion picture of the year.

The Soldiers will perform Frankie Smith's 1981 funk song, "Double Dutch Bus," while playing the streets of Philadelphia-acclaimed jump rope game on stage.

There also will be a throw forward to modernized versions of more '80s hits, complete with choreography and costuming reminiscent of the "Solid Gold" television show.



Left to right, Spc. Dawn Florence, Sgt. Sarah Connell, Spc. Julio Petersen, Spc. Carlos Benefield and CW2 Elaine Hudson sing and dance to T-Pain's "Freeze" featuring Chris Brown during rehearsals for the 2009 U.S. Army Soldier Show at Wallace Theater on Fort Belvoir, Va.

For the finale, the troops have combined "The Warrior's Anthem," by Michael Peterson, with the late Robert Humphreys' "Warrior's Creed," and put it to music.

"It's a combination of that and a song called 'Make Them Hear You,'" Hurtado said. "It's a declaration of being heard."

That, "being heard," is the director's goal for the Soldier Show.

Currently on its six-month tour with more than 100 performances on 46 installations, the 2009 U.S. Army Soldier Show "Lights! Camera! Action!" includes stops in Hawaii, Korea and the storied Warner Theatre in Washington.

The show is made possible through

The Soldier Show will be performed in Hawaii, Sept. 3, 7 p.m., at Aliamanu Military Reservation (AMR) Physical Fitness Center, and Sept. 4, 7 p.m., at the Martinez Physical Fitness Center, Schofield Barracks.

Both shows are free and open to the general public. Visitors to AMR or Schofield Barracks will need a valid driver's license, proof of insurance and current car registration to gain access.

For a list of gate hours and directions, visit [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) and click on "Traffic Updates" from the "Post Updates" menu on the left.

Guests are encouraged to show up at least 15 minutes prior to the show's start to find seating.

For more information, call 438-1152 or 655-0112.

the generous support of its main sponsor, I. A.M. STRONG, the Army's Prevention of Sexual Harassment and Sexual Assault Program, and supporting sponsor AT&T.





## 21 / Today

**Family Fun Fridays** – Family Fun Friday is back at the Tropics, Schofield Barracks, today, 6 p.m. with free Papa John's pizza, games and contests the whole family will enjoy. Check out Nintendo Wii, PS3 and Xbox 360 games, or play a game of pool, darts, air hockey, table tennis, beach volleyball and much more. The next Family Fun Friday is scheduled Sept. 4. Call 655-5698.

**AMR Middle School Dance** – Teens are invited to the back-to-school teen social at the Aliamanu Military Reservation community center, today, 7-9:30 p.m. A Child Youth and School Services or military ID is required. Live teen DJs will play the latest tunes, and refreshments will be available. Bring your friends and enjoy dancing to the latest tunes. Call 833-0920.

**Employment Orientation** – Kick-start your job search in Hawaii by attending an employment orientation class, today, 9:30-10:30 a.m., at Army Community Service, Schofield Barracks. Attendees will receive federal, state, private sector and staffing agency employment information. Call 655-1696.

**USA Express** – The all-Soldier band "USA Express" will be performing island-wide throughout August.

The band plays hits from a range of musical genres, including rock, country, R&B, pop and Latin styles. All shows start at 7 p.m.

- Today, at Piilaa Army Recreation Center.
- Aug. 22 at the Tropics, Schofield Barracks.
- Aug. 24, at Tripler Kaiser Auditorium. Call 655-5698.

## 22 / Saturday

**Kaneohe Sandbar Picnic** – Join Outdoor Recreation, Schofield Barracks, for a day of fun in the sun and a picnic at a place where Hawaiian royalty used to play: the Kaneohe Sand Bar, Aug. 22, 7 a.m.-2 p.m.

Hotdogs, hamburgers and refreshments will be provided. Bring your own beach chair. Cost is \$50 per person. Call 655-0143.

## 26 / Wednesday

**Hawaiian Weaving Class** – Create your own masterpiece using coconut palm fronds or lauhalala during a Hawaiian weaving class, Aug. 26, 10 a.m.-noon,



Send announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

## 21 / Today

**Hawaii Statehood Commemoration** – Hawaii celebrates its 50th anniversary of statehood, today. To learn more about Hawaii's road to statehood and the people who have steered the course after we became a state, go to [www.hawaiistatehoodconference.com](http://www.hawaiistatehoodconference.com).

Download the series of radio and video vignettes "50 Voices of Statehood," featuring personal perspectives on statehood and Hawaii's history.

A statehood fireworks display will take place at the Hilton Hawaii Village at 9 p.m.

**Made in Hawaii Festival** – Mark your calendars for the 14th Annual Made in Hawaii Festival, Aug. 21-23, at the Neal S. Blaisdell Exhibition Hall and Arena. The festival will include more than 400 booths featuring food, items and entertainment that can all proudly say they are "Made in Hawaii."

Festival hours are Aug. 21-22, 10 a.m.-9 p.m., and Aug. 23, 10 a.m.-5 p.m. Admission costs \$3 per person; children 6 and under are free. Call 533-1292 or visit [www.madeinhawaii festival.com](http://www.madeinhawaii festival.com).

## 22 / Saturday

**Ukulele Contest Auditions** – Ukulele players of all ages are invited to auditions for the 4th Annual Duke's Ukes Contest, Aug. 22, 10 a.m.-noon, at the Outrigger Waikiki on the Beach Hotel.

Selected amateur ukulele players will take the stage, Oct. 3, to compete for prizes and bragging rights in four age divisions (ages 6-10, 11-15, 16-18 and 19 and older.) Participation is free. Visit [www.DukesWaikiki.com](http://www.DukesWaikiki.com).



Don Robbins | U.S. Army Garrison-Hawaii Public Affairs

# Doing a 'little' hula

WAIANAE — The youngest members of the hula group "Keiki O Mokiau" dance to the song "Lapahoehoe" on the lanai at the Sunset Café at the Piilaa Army Recreation Center (PARC) luau, Friday. The extended family of performers take the audience on a tour of Polynesian culture through hula, Tahitian and Maori style dance ending with a fire-knife dance performance. For more information on PARC, the luau and special events, see next week's *Hawaii Army Weekly*.

at the Arts and Crafts Center, Schofield Barracks. Take a one-day class for just \$15 or enjoy two full days for \$25. Call 655-4202.

# September

## 3 / Thursday

**Soldier Show** – The U.S. Army Soldier Show is scheduled to entertain troops and family members in Hawaii, Sept. 3, 7 p.m., at the Aliamanu Military Reservation (AMR) Fitness Center and Sept. 4, 7 p.m., at the Martinez Fitness Center, Schofield Barracks.

Check out fellow Soldiers in the show titled "Lights! Camera! Action!" Both shows are free and open to the general public. Visitors to AMR or Schofield Barracks will need a valid driver's license, proof of insurance and current car registration to gain access.

For a list of gate hours and directions, visit [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil) and click on "Traffic Updates" from the "Post Updates" menu on the left.

Guests are encouraged to show up at least 15 minutes prior to the show's start to find seating. For more information, call 438-1152 or 655-0112. Call 655-0111/2 or 438-1152.

## 10 / Thursday

**Online Practice Tests** – Learn how to access test-prep resources for ASVAB,

CLEP, SAT, ACT, GED, NCLEX-PN, NCLEX-RN and more, Sept. 10, 2-6 p.m., at Sgt. Yano Library, Schofield Barracks.

Take advantage of selected DANTES practice tests, online books, college, military, high school, and allied health career tools in this free hands-on database session. Call 655-8001.

## 16 / Wednesday

**Operation Rising Star Entry Deadline** – Are you a singer? Let your inner idol shine and enter the Operation Rising Star talent contest for a chance to win \$500 and a chance to win the opportunity to record your very own demo CD.

All entries must be received by Sept. 16 and can be submitted at the Tropics, Schofield Barracks. Call 655-5698.

## 21 / Monday

### Operation Rising Star Competition

– Watch and vote for your favorite performers in the Operation Rising Star competition, Sept. 21, 6 p.m., at the Tropics, Schofield Barracks. The semifinals will take place Sept. 23 and the finals Sept. 24, both shows starting at 6 p.m. Enjoy great food, drink specials and quality entertainment.

The group who makes the most noise for their favorite performers will win \$300 in unit/family readiness group funds. Call 655-5698.

The tours will be conducted by leading Hawaii historian and storyteller Lopaka Kapanui. Children must be at least 12 years old and accompanied by an adult.

Reservations are required. Costs are \$50 (adults) and \$35 (children between the ages of 12-16).

Additional tour dates are Sept. 29, Oct. 24 and Nov. 14. For more information, call Waimea Valley at 638-7766.

**Free "Hangar Talks"** – The Pacific Aviation Museum, Pearl Harbor, presents "Hangar Talk" the third Saturday of each month at the museum theater. The next session is Aug. 29, 1-2 p.m., at the museum theater. Robert Yonover noted inventor and author will present "Air and Sea Survival Technology: Born in Hawaii."

The session is free with paid admission. Museum general admission is \$14, adults; \$7, children. Kamaaina and military admission is \$10 adults; \$5, children.

Call 441-1000 for more information. Visit [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org).

## 30 / Sunday

**Honolulu Mystery Tour** – Discover Honolulu's Chinatown area while searching for world-famous detective Charlie Chan during a 2-mile interactive walking tour, Aug. 30, 1 p.m.

The three-hour tour takes participants past sites of former police stations, coffee shops, gambling houses, movie theaters and the residence of the Number One Son.

The tour starts at Fort Street Mall and includes a 30-minute lunch break. Cost is \$30 per person or \$20 for military with a valid ID. Call 395-0674.

## 31 / Monday

**Schofield Barracks Spouses' Club** – The Schofield Barracks Hui O' Na Wahine invites all enlisted, officer and civilian spouses to a super sign-up event, Aug. 31, 5-8 p.m., at the Nehelani, Schofield Barracks. Enjoy pupus, drinks and shopping while mingling and meeting other members.

The Hui O' Na Wahine club provides opportunities for social, cultural and creative pursuits, and supports service and

# Ongoing

**AFAP Issues** – The Army Family Action Plan (AFAP) program invites community members (Soldiers, retirees, Department of Army civilians, and family members) to identify issues of concern that impact their well-being.

For more information or to submit an issue, contact Michael Briglin, AFAP manager, at [michael.briglin@us.army.mil](mailto:michael.briglin@us.army.mil). Call 655-1696.

**FMWR Happenings** – To find out more information about Family and Morale, Welfare and Recreation (FMWR) activities, programs and facilities, pick up a copy of the *Discovery* magazine available at FMWR facilities throughout U.S. Army Garrison-Hawaii installations. Visit [www.mwrrarmyhawaii.com](http://www.mwrrarmyhawaii.com).

**R&R Workshops** – Family readiness group (FRG) leaders interested in scheduling rest and recuperation (R&R) or reintegration workshops should contact Army Community Service (ACS) Mobilization and Deployment to schedule a workshop "when and where you want it." Call 655-4227.

Also, reintegration workshops such as "Hearts Toward Home" and "Battlemind for Spouses" are available. Call 655-4354 to find the right workshop for your group.

community projects.

Each year the club gives thousands of dollars in scholarships and welfare grants to deserving individuals and groups.

Call Cristina Jean at 888-0907, or [armyjeans@msn.com](mailto:armyjeans@msn.com).

Visit [www.schofieldspousesclub.com](http://www.schofieldspousesclub.com). (For more details about the club, go to page B-3.)

# September

## 1 / Tuesday

### Ask The Commander Program

The next "Ask the Commander" community television taping session is scheduled, Sept. 1, 3-4 p.m., at the Fort Shafter P.X. U.S. Army Garrison-Hawaii (USAG-HI) community members are encouraged to ask their questions on camera during an open one-hour session.

Questions will be answered by Col. Matthew Margotta, commander, USAG-HI (or his staff), and shared with the community through the installation TV2 channel, the *Hawaii Army Weekly* newspaper, and the garrison Web site.

Questions for the commander can also be submitted via e-mail, at any time, to [askthecommander.usaghi@us.army.mil](mailto:askthecommander.usaghi@us.army.mil).

## 2 / Wednesday

### Battleship USS Missouri Ceremony

– In honor of all World War II veterans, the Battleship Missouri Memorial at Pearl Harbor will commemorate the 64th anniversary of the signing of Imperial Japan's formal surrender aboard the USS Missouri (BB-63) with a free, hour-long ceremony, Sept. 2, 8-9 a.m.

Guest speakers will include Congressman Neil Abercrombie and retired Lt. Gen. Wallace C. Gregson Jr., U.S. Assistant Secretary of Defense, Asian and Pacific Security Affairs.

The ceremony will feature additional speakers, patriotic music and a traditional military rifle salute to veterans.

For more information, call 423-2263 and press "7" immediately following the greeting, or visit [www.usmissouri.org](http://www.usmissouri.org).



### Aliamanu Military Reservation (AMR) Chapel 836-4599

Catholic  
Sunday, 8 a.m. – Mass

Gospel  
Sunday, 12:30 p.m.

Protestant  
Sunday, 10 a.m.

### Fort DeRussy Chapel 836-4599

Catholic  
Saturday, 5 p.m. – Mass in Chapel  
Saturday, 6 p.m. – Mass on Beach (May–Aug.)

Protestant  
Sunday, 9 a.m. – Worship

Buddhist  
1st Sunday, 1 p.m.

### Fort Shafter Chapel 836-4599

Protestant  
Sunday, 9 a.m.

### Helemano Military Reservation (HMR) Chapel 653-0703

Contemporary Protestant  
Sunday, 10 a.m. – Worship  
Service & Children's Church

### Main Post Chapel (MPC) 655-9307

Collective Protestant  
Sunday, 9 a.m. – Worship

Catholic  
Sunday, 10:30 a.m. – Mass

Gospel  
Sunday, noon – Worship

### MPC Annex, Building 791

Chalice Circle

Friday, 7 p.m.

Islamic Prayers and Study  
Friday, 1 p.m.

Buddhist  
4th Sunday, 1 p.m.

### Soldiers Chapel

Closed for renovation

### Tripler Army Medical Center Chapel 433-5727

Catholic  
Sunday, 11 a.m. – Mass  
Monday–Friday, noon – Mass  
Saturday, 5 p.m. – Mass

Protestant  
Sunday, 9 a.m. – Worship

### Wheeler Army Airfield Chapel 656-4481

Catholic  
Saturday, 5 p.m. – Mass

Oahu Liturgical Service  
Sunday, 9 a.m. – Worship



Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



### Harry Potter and the Half Blood Prince

(PG)

Friday, 7 p.m.

Sunday, 2 p.m.

Thursday, 7 p.m.

### Ice Age: Dawn of the Dinosaurs

(PG)

Saturday, 4 p.m.



### I Love You Beth Cooper

(PG-13)

Wednesday, 7 p.m.

No shows on Mondays or Tuesdays.



# Oahu North, South spouses’ clubs hosting ‘Super Sign-Ups’

**DON ROBBINS**  
Staff Writer

The Hui O’ Wahine club at Fort Shafter and its sister club, the Hui O’ Na Wahine at Schofield Barracks are looking for new members during two “Super Sign-Up” events, here, Aug. 26 and 31.

Both all-ranks spouses groups, whose names mean “women’s club” in Hawaiian, raise money to benefit Soldiers and their families by funding college scholarships and welfare grants to community organizations.

**Oahu South Club, Hui O’ Wahine**

The Hui O Wahine club at Fort Shafter serves Oahu South communities, to include Fort Shafter, Aliamanu Military Reservation, Tripler Army Medical Center and Fort DeRussy.

“It’s a great way to get plugged into things you might not have known about before,” said Cyndi Gilbert, first vice president, Hui O’ Wahine club.

Gilbert said the south club invites spouses from all branches of the military to join, and it offers funding for continuing education for which spouses can apply.

During the past year, Hui O’ Wahine distributed grants totaling \$20,000. The grants help a multitude of community organizations like the Fort Shafter Elementary School and library, the Fisher

Right — Military spouses sign up to join the Hui O’ Na Wahine during the open house at the Nehelani, Schofield Barracks, last year. The evening was filled with entertainment, pupus and shopping as spouses gathered information on the benefits of the organization.

House, and local Boy Scout troops. Additionally, grants were given to help host a Joint Spouses Conference this year.

Gilbert said the club had more than 100 members last year and anticipates even more.

Members can look forward to monthly luncheons and a smorgasbord of activities such as Bunco, surfing, bowling, game nights and hikes.

Gilbert adds that the club also hosts guest speakers like Miss Hawaii Raecene Woolford, who is scheduled to speak at the first luncheon, Sept. 10.

**Oahu North Club, Hui O’ Na Wahine**

The Hui O’ Na Wahine club at Schofield Barracks serves Oahu South communities, to include Schofield Barracks, Wheeler Army Airfield and Helemano Military Reservation.

Like the Fort Shafter club, the group also provides opportunities for social, cultural and creative pursuits, and it supports service and community projects. “In May 2009, we distributed over



File Photo | U.S. Army Garrison-Hawaii Public Affairs

\$33,000 in scholarship and welfare grants,” said publicity chairwoman Criztina Jean. The distributions have supported and enriched community schools, libraries and the American Red Cross, she explained.

Jeans said the Schofield Barracks-based group is also a great place to socialize and for branching out and getting active in the community.

With more than 300 members last year, Jean hopes the “Super Sign-Up” event will help increase the club’s num-

bers this year.

“We are setting our standards and goals very high, and I believe we are going to surpass them. It will be an awesome event,” Jean added.

In support of their 2009/2010 theme, “The Year of the Volunteer,” club members are working to provide more information about where and how to volunteer in the community.

“A lot of people want to give back, but don’t know how and where,” Jean said. Annual membership for the Hui O’

**Upcoming Super Sign-Up Events**

**North**

•Aug. 31, 5-8 p.m., at the Nehelani, Schofield Barracks. Contact the Hui O’ Na Wahine club, Criztina Jean, at 888-0907 or armyjeans@msn.com. Visit [www.schofieldspousesclub.com](http://www.schofieldspousesclub.com).

**South**

•Aug. 26, 5-8 p.m., Hale Ikena, Fort Shafter. Contact the Hui O’ Wahine club, Cyndi Gilbert, at 744-7911 or cynthiayg@gmail.com. Visit [www.huispirit.com](http://www.huispirit.com).

Na Wahine is \$20 for E-6 and below, and \$25 for others.

Both North and South club membership is open to enlisted, officer and civilian spouses, whether women or men.

The “Super Sign-Up” events (Fort Shafter, Aug. 26, and Schofield Barracks, Aug. 31) will feature local vendors and organizations. Attendees can enjoy pupus, drinks and shopping while mingling and meeting other members.

For those unable to attend the events, membership is open year-round; new members are always welcome.

# AH FH launches SYNERGY Kid’s Club, makes energy conservation fun

New club invites children to learn about conserving energy

**ARMY HAWAII FAMILY HOUSING**  
News Release

SCHOFIELD BARRACKS — Reducing energy consumption is an important Army initiative, one the Army Hawaii Family Housing (AHFH) partnership is committed to supporting. Through energy-efficient home designs, the

use of renewable energy (solar hot water, photovoltaic systems) and energy-efficient appliances, AHFH homes are among the Army’s most energy-efficient, said Ann Wharton, director of communications, AHFH.

To help U.S. Army Garrison-Hawaii (USAG-HI) maximize the opportunity to reduce energy consumption in its residential communities on post, AHFH is launching the SYNERGY Kid’s Club, Aug. 28.

SYNERGY, or Saving Your Nation’s Energy,

The SYNERGY Kid’s Club kickoff is scheduled, Aug. 28, 6:30-8 p.m., at the Porter Community Center, Schofield Barracks. R.S.V.P. to SYNERGY@armyhawaiiifh.com by Aug. 24. Visit [www.armyhawaiiifh.com](http://www.armyhawaiiifh.com) for more information.

offers USAG-HI residents an opportunity to learn about energy conservation at home, work and school. It also introduces members to new and ex-

citing technologies taking place within their USAG-HI communities and throughout the world.

The SYNERGY Kid’s Club will provide children with interactive learning experiences – hands-on activities, cool projects and more.

“It’s a great opportunity to get together with friends and neighbors and learn what impact our families, community and USAG-HI can make in the islands,” said Wharton.

All AHFH children are welcome to join the club and take part in fun activities each quarter.

# Whatever age, whatever sport, wear protective eyewear

CARLLA E. JONES

U.S. Army Center for Health Promotion & Preventive Medicine

More than 40,000 people a year suffer eye injuries while playing sports, according to Prevent Blindness America. However, 90 percent of these injuries can be prevented by using protective eye wear. During this month's observance of Children's Eye Health and Safety Month, medical professionals are reminding that whatever game, whatever age, participants need to protect their eyes.

Eye injuries in sports happen as a result of direct contact with other competitors and from sports equipment such as bats, balls, pucks, rackets, darts and guns (even air guns).

According to the National Society to Prevent Blindness, the leading cause of sports-related eye injuries in 5- to 14-year-olds is baseball; the leading cause of sports-related eye injuries in 15- to 24-year-olds is basketball.

In general, the sports with highest risk for sports-related eye injury for players not using protective equipment are basketball, racquetball, lacrosse, baseball and paintball. Sports that present a medium risk for sports-related eye injuries without the use of protective measures include tennis, football, golf and soccer.

The good news is that almost all eye injuries can be prevented by understanding safety practices and using the proper protective eyewear.

Most protective eyewear for sports has protective requirements specified by the American Society for Testing and Materials (ASTM). Among ASTM published standards are the following:



- ASTM F803, *Eye Protectors for Selected Sports*, which addresses racket sports, women's lacrosse, field hockey, basketball, baseball and soccer;
- ASTM F1776-01, *Eye Protective Devices for Paintball Sports*; and
- ASTM F513-00, *Eye and Face Protective Equipment for Hockey Players*.

Remember, regular glasses do not provide enough protection when playing sports. Safety goggles with lensed polycarbonate protectors should be

used for racquet sports or basketball; batting helmets with polycarbonate face shields should be used for youth baseball; and helmets and face shields used when playing hockey should be approved by the U.S. Amateur Hockey Association.

Protective eyewear is only effective if it's used. Use should become a habit when playing any sport. Wearing protective eyewear will decrease the risk of eye injury and should be used no matter the age of the participants.

- Visit the Tri-service Vision Conservation and Readiness Program Web site at <http://dodvision.com/>.
- Visit Prevent Blindness America at [www.preventblindness.org](http://www.preventblindness.org).
- To view the American Society for Testing and Materials (ASTM) standards, visit [www.astm.org/Standard/index.shtml](http://www.astm.org/Standard/index.shtml).

When purchasing protective eyewear, make sure the eyewear is specifically designed for that sport or other activity. Check the label on the product to verify that the product has been tested, approved and certified.

If an eye injury occurs, an eye-care professional should be consulted right away. Keep the injured person still and calm to avoid worsening the injury.

For chemical injuries, rinse the eye with water (15 minutes) before transporting the person to medical care. Wash hands thoroughly before touching an irritated or injured eye. Never rub an eye that has a speck or other foreign material in it.

Eye injuries are the leading cause of visual impairment after eye disease. Wearing protective eyewear can prevent most eye injuries from occurring, so make vision a health and safety priority by protecting yourself and the ones you love from eye injury with protective eyewear.

*(Editor's Note: Carlla E. Jones is a health systems specialist for the U.S. Army Center for Health Promotion & Preventive Medicine.)*



Send sports announcements to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

## 22 / Saturday

**Hike Waimea Valley** – Join a series of hikes in the Waimea Valley during the month of August. Children must be at least 7 years old and accompanied by an adult, unless otherwise noted.

- Aug. 22, Ala Ki, 2-mile ridge/valley hike.
  - Aug. 29, Kamanui Stream, 6-miles-plus hike with stream crossings. (Youth must be 12 years old.)
- Hikes under 6 miles cost \$5 per person; hikes more than 6 miles cost \$10, plus Waimea Valley admission fee. Groups meet at Waimea Valley at 9 a.m.

Call 638-7766 or visit [www.waimeavalley.net](http://www.waimeavalley.net).

## 23 / Sunday

**Waipahu Cane Haul 5K** – The 1st Annual Waipahu Cane Haul 5K Run/Walk is scheduled Aug. 23, 7 a.m. This event takes runners and walkers on a scenic route throughout Waipahu, ending at the historic Hawaii Plantation Village with a free community festival, 10 a.m.-2 p.m. Registration forms are at [www.canehaulrun.blogspot.com](http://www.canehaulrun.blogspot.com).

## 29 / Saturday

**Women's Equality Day 5K** – The 500th Military Intelligence Brigade and U.S. Army-Pacific invite the community to the 2009 Women's Equality Day 5K and 1-Mile Keiki Fun Run/Walk, Aug. 29, starting at 9 a.m., at Stoneman Field, Schofield Barracks.

Post-race events include information booths, food and music until 1 p.m. Free T-shirts will be provided to prereg-

istered participants (while supplies last). Download registration forms at [www.garrison.hawaii.army.mil/sites/post/post.asp](http://www.garrison.hawaii.army.mil/sites/post/post.asp). Contact Sgt. 1st Class Jerrard Hughes at 655-4381 for more details.

**Duke's Ocean Mile Swim** – Celebrate Duke Kahanamoku's (the "father of International Surfing") birthday during Oceanfest 2009 by participating in a 1-mile swim starting at the Outrigger Waikiki, Aug. 29, 9 a.m. Registration costs \$30 per swimmer. Call Diane Stowell at 955-3534 or visit [www.dukefoundation.org](http://www.dukefoundation.org).

# September

## 1 / Tuesday

**Suicide Awareness "Run for Life"** – The U.S. Army Garrison-Hawaii, Army Substance Abuse Program (ASAP) invites the community to participate in the Suicide Awareness

Month kickoff event "Run for Life," Sept. 1, 6:30-7:45 a.m., at Sills Field, Schofield Barracks. All active duty Soldiers, family members and Department of Defense personnel are invited to join together in a 2.1-mile run starting at 7 a.m. Call 655-1130.

## 6 / Sunday

**Marathon Readiness Series** – Getting ready to run a marathon? Runners are invited take advantage of a series of races designed to prepare athletes for the Honolulu Marathon, Dec. 13.

- Sept. 6, Runner's HI 20K, starting in Kalaeloa (Barbers Point.)
  - Sept. 26, Starn O'Toole Marcus and Fisher 25K, starting in Kailua.
  - Oct. 25, P.F. Chang's 30K, starting at Kapiolani Park.
  - Nov. 8, Saucony Val Nolasco Half Marathon, starting at Kapiolani Park.
- Register for the entire series or separate runs at [www.active.com](http://www.active.com). Visit [www.808racehawaii.com](http://www.808racehawaii.com) for details.



## 21 / Today

**Intramural Flag Football** – The deadline to enter the 2009 Intramural Flag Football League is today, 4 p.m. This program is open to all active duty Soldiers, National Guardsmen, Army reservists and retired military. League play takes place Sept. 7-Nov. 30.

An informational meeting is scheduled, Sept. 2, 1:30 p.m., at Sgt. Yano Library, Schofield Barracks.

Entries must be submitted to the Sports, Fitness and Aquatics Office, Stop 112, Building 556, Kaala Community Activity Center, Schofield Bar-

SEE MWR SPORTS, B-5



# MWR Sports

From B-4

racks, or the Fort Shafter Physical Fitness Center. Fax entries to 655-8012. Call 655-0856 or 438-9572.

## 23 / Sunday

**Stand up Paddleboard Lessons** – Check out the latest craze to hit the surf-crazy islands: paddleboarding. Lessons are scheduled, Aug. 23, 7 a.m.-noon., with Outdoor Recreation. Cost is \$45 per person and includes all equipment and round-trip transportation from Schofield Barracks. Call 655-0143.

# September

## 1 / Tuesday

**Fantasy Football Registration** – Register now for the Fantasy Football League at the Tropics, Schofield Barracks. The deadline to enter is Sept. 1, and players will be drafted Sept. 8, 6 p.m., at the Tropics. Active duty or Blue Star Card league members can enjoy food discounts at the Tropics on game days. Call 655-5698.

## 5 / Saturday

**National Bowling Week** – Bowlers, families and friends can enjoy different bowling specials and participate in a record-breaking event during National Bowling Week, Aug. 29-Sept. 5, at the Schofield Barracks Bowling Center. Customers are invited to participate in the pin action, Sept. 5, as the Bowling Center attempts to break the record for the most consecutive games bowled in a 24-hour period. Visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) or call 655-0573 for more information.

**Adventure Hiking** – Enjoy a day hike to various locations around the island, Sept. 5, starting at 7 a.m. This hike is a level one, beginner-level program suitable for the whole family, through one of several picturesque locations around the island of Oahu. Cost is \$10 and round-trip transportation from Schofield Barracks is included. Bring plenty of water. Call 655-0143.

**7 / Monday**

**Adventure Kayaking** – Come along on a half-day of adventurous kayaking from various beaches around the island of Oahu, Sept. 7, 6-11 a.m. This is a level two activity and requires moderate skills. Cost is \$25 per person and includes equipment and round-trip transportation from Schofield Barracks. Call 655-0143.

# Ongoing

**NFL Sunday Ticket** – Watch your favorite home football team live every weekend with the Tropics, Schofield Barracks NFL Sunday ticket. Don't miss the gridiron action. For more information call 655-5698.

**Bowling Parties** – Having a party or celebrating a special occasion? Wheeler Bowling Center's eight lanes are available for private parties on Saturdays and Sundays for \$120 per hour. A three-hour minimum and \$2 shoe rental apply. For more information call 656-1745.

**100-Mile Run/Walk & 50-Mile Swim Clubs** – Record each mile you run, walk or swim and win incentive prizes. Stop by any Army Physical Fitness Center or swimming pool to pick up a log sheet. For more information call 655-9914.

**Pool Fees** – Monthly passes are available for use at any Army pool. Active duty Soldiers

can use all pools for free. Individual monthly passes are \$12 for family members and retirees, \$10.80 for all Blue Star Card (BSC) holders, and \$18 for Department of Defense and Army and Air Force Exchange Service (AAFES) civilians. Monthly family passes for military families are \$20 and \$18 for BSC holders. All passes are valid from the first day of the month until the last day of the same month, at any pool. For more information call Richardson pool, Schofield Barracks at 655-9698; Tripler Army Medical Center pool at 433-5257; Helemano Military Reservation pool at 653-0716; or Aliamanu Military Reservation pool at 833-0255.

**Golf 'Til You Drop** – Catch this all-you-can-

golf special every Thursday at Nagorski Golf Course, Fort Shafter. Pay one fee and play as many holes as you want. For more information call 438-9587.

**Karate Classes** – Children ages 5 and older can learn Do Shudokan karate at three U.S. Army Garrison-Hawaii physical fitness centers: Aliamanu Military Reservation (AMR), Fort Shafter, Helemano or Schofield's Bennett Youth Center. Classes cost \$35 per month. A family discount is available. Also, adults 18 and older can learn Do Shudokan karate at the AMR Physical Fitness Center, Mondays and Wednesdays, 7-8:30 p.m. Cost is \$40 per month. Call Joseph Bunch at 488-6372 or 265-5476.