

SEE SEWARD, A-7 | Families.

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3155, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

All editorial content of the Hawaii Army Weekly is the responsibility of the U.S. Army, Hawaii Public Affairs Office, Schofield Barracks, Hawaii 96857. Contents of the Hawaii Army Weekly are not necessarily the official views of, or endorsed by, the U.S. Government or the Department of the Army.

The Hawaii Army Weekly is printed by The Honolulu Advertiser, a private firm in no way connected with the U.S. Government, under exclusive written agreement with the U.S. Army, Hawaii.

The Hawaii Army Weekly is published weekly using the offset method of reproduction and has a printed circulation of 15,300.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of the Army, or The Honolulu Advertiser, of the firms, products or services advertised.

HAWAII ARMY WEEKLY

Commander, U.S. Army Garrison

Col. Matthew Margotta
Director, Public Affairs
Dennis C. Drake

Chief, Command Information

Aiko Rose Brum, 656-3155
Aiko.Brum@us.army.mil

Managing Editor

Jeremy S. Buddemeier, 656-3156
editor@hawaiiarmyweekly.com

News Editor

Kyle L. Ford, 656-3150
kyle@hawaiiarmyweekly.com

Layout

Leah Mayo

Web Editor

Stephanie Rush, 656-3153
stephanie@hawaiiarmyweekly.com

Staff Writer

Molly Hayden

Advertising: 525-7439

Classifieds: 521-9111

Editorial Office: 656-3155/3156

Fax: 656-3162

Address:

Public Affairs Office
742 Santos Dumont Ave., WAAF
Building 108, Rm. 304
Schofield Barracks, HI 96857-5000

Web site:

www.garrison.hawaii.army.mil/haw.asp

Nondelivery or distribution

problems in Army Hawaii
Family Housing areas? If so, call
656-3155 or 656-3156.

47 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 7/23/08.

Straight Talk

Communities safer, thanks to revised tactics

LT. COL THOMAS DENZLER

Director, Directorate of Emergency Services

As many readers know, new policing procedures were implemented for the Helemano Military Reservation (HMR) and Aliamano Military Reservation (AMR) housing communities, June 9. The intent of this change was to position law enforcement assets in the best manner to deter, detect and interdict crime. While it is still premature to form any definitive conclusions, statistical analysis of crime rates, comparing equivalent time periods before and after the change, indicate crime rates have remained consistent. This is promising information; crime was expected to increase once the school year ended, much like it did during spring break.

By repositioning law enforcement assets, enhanced traffic enforcement measures were implemented and resulted in an increased number of drivers being cited for driving under the influence (DUI) and speeding. Two data points are worth mentioning: statistics continue to reflect the large majority of our crime is committed by our very own residents, and about 75 percent of all larcenies committed on AMR and HMR involve unsecured property.

In other words, we alone have the best ability to decrease crime-conducive conditions in our housing communities by "policing" our very own family members and by not leaving our property unsecured and in plain view. This collaborative effort, combined with effective policing, will make a difference. In fact, the recent apprehensions of juvenile family members for larceny will likely lead to the subsequent apprehension of other juveniles for larcenies.

Regardless of statistis, your feedback remains important. Residents are encouraged to attend town hall meetings to receive a more detailed overview of crime trends.



Denzler

Additionally, installation and housing community crime rates will be provided on a regular basis in upcoming editions of the *Hawaii Army Weekly*. Lastly, constructive community feedback is always welcome via the Interactive Customer Evaluation (ICE) Web site: <https://ice.disa.mil>.

Two "Top Cops" worth mentioning in this edition are Specialists Jessica Giles and Kayla Lamb of the 558th Military Police Company. These two outstanding law enforcement officers were recently singled out by an AMR resident for their professionalism and thoroughness in conducting random antiterrorism measures. Further, their dedicated efforts at the AMR rear gate led to the detection and apprehension of a juvenile family member in the possession of marijuana.

Other Hot Topics. Reminder, there is a forthcoming change to installation access procedures. Effective Aug. 1, drivers who do not possess a Department of Defense, Department of Veterans Affairs, Department of Education, Tripler, U.S. Army-Hawaii, or

U.S. Army Garrison-Hawaii issued ID card will only be issued a 24-hour temporary access pass from the Lyman, Buckner, and Tripler Vehicle Control Centers (VCCs). This measure is being implemented to expedite installation access and enhance force protection.

Upon issuance of the 24-hour pass, individuals who routinely frequent our installation will be directed to apply for and obtain an installation access picture identification (ID) from the Installation Access Control Office (IACO) at the Leilehua Golf Course. Upon application, the IACO will issue temporary passes of longer duration, if necessary, until the ID is approved. Hours of operation for the IACO are 9 a.m.-3:30 p.m., Monday-Friday.

Effective Sept. 1, access will not be granted to those who routinely access the installations, unless they possess one of the above-mentioned picture IDs. Temporary (24-hour) passes will still be available at the

SEE DES, A-3

Inclusion brings strength to military

DONNA MILES

American Forces Press Service

WASHINGTON — Today's military is stronger and has more credibility among the American people in large part due to a presidential decision 60 years ago to integrate the force, David S.C. Chu, the defense undersecretary for personnel and readiness said.

Chu credits President Harry S. Truman's July 26, 1948, executive order that integrated the military with laying crucial groundwork for success of the all-volunteer force.

Black Soldiers had fought in every U.S. war, including the Revolutionary War, the War of 1812, the Civil War, the Spanish-American War and World Wars I and II, Chu noted during an interview with the American Forces Press Service and the Pentagon Channel. But in most cases, he noted, they served in all-black units with white commanders.

Truman's Executive Order 9981 changed that officially, but, Chu conceded, it didn't take root overnight. Segregated units had to be reconfigured. Tensions had to be overcome.

"It took the better part of a generation and a half to ... really take it from an order from the president to a reality that meant that your race didn't matter," Chu



Photo Courtesy of Tropic Lightning Museum

Soldiers from an integrated unit carry a stretcher in Korea 1950. The 60th Anniversary of the Intergration of the armed forces is July 26. Executive Order 9981, signed by President Harry S. Truman, established the President's Committee on Equality of Treatment and Opportunity in the Armed Services as the basis for integrating the services.

said. But ultimately, Truman's executive order "provided the foundation for the U.S. military to become one of the United States' most racially integrated institutions," he added.

"What Truman really did was use the armed forces to change American society,"

Chu said. "The armed forces pride themselves in being leaders in this."

As the military became a national model in integration, its members put the concept to its first combat test during the Korean

SEE INTEGRATION, A-6

Units announce leadership changes ahead

The Army Hawaii community is invited to attend change of command ceremonies taking place this summer.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies are generally preceded by an awards ceremony, 15 minutes prior to the change of command.

•Today, 10:30 a.m., U.S. Army Corps of Engineers, Honolulu District.

Lt. Col. Charles H. Klinge will relinquish command to Lt. Col. Jon J. Chytka at Fort Shafter's Palm Circle.

Call Joseph Bonfiglio, 438-9862 or 438-8317 for more details.

•Aug. 7, 10 a.m., 500th Military Intelligence Brigade.

Col. Steve R. Grove will relinquish command to Col. Christopher S. Ballard at Schofield Barrack's Sills Field.

(Editor's Note: Information listed is subject to change due to inclement weather. Times listed are the start times for the change of command ceremonies.)

CHAPLAIN (CAPT.) JOHN HILL

307th Integrated Theater Support Battalion Chaplain

The dawning of each new day brings with it new opportunities for change and realizations of realities in our lives. The rising sun brings possibilities for changing these realities a little, if needed, and adding new life to ourselves and others.

Many are dealing with loved ones deployed in harm's way; most are dealing with family separations due to living on the beautiful island of Oahu while loved ones are back on the mainland. Most all of us are dealing with various challenges in life in some form or another.

These last few months have been wrought with changes both personally and professionally. How you deal with these changes helps determine the end result. What do I mean by this?

You can either choose to be positive or negative about your change. One thing I have learned about Army life is to expect and learn to adapt to change. Learning to adapt to change is seeing the change as an opportunity instead of an obstacle.

"How am I supposed to see (insert your challenge) as an opportunity?" By trying your best not to dwell on the circumstance, but rather seek to discover new



"Smoking."

Capt. Jorge Aponte
Schofield Barracks
Acute Care Clinic



"Ice cream."

Lt. Col. Larry Armstrong
B Co., TAMC



"Biting my fingernails."

Natalie Butler
Family Member



"Junk food."

Sgt. Harlen Capen
2-35th Inf. Regt.



"Cursing."

Sgt. Valarie Lockridge
D Troop,
2-6th Cav. Regt.

Voices of Ohana

"What habit would you like to get rid of?"

225th BSB teaches Iraqis medical procedures

Story and Photo by
PFC. LYNDEY DRANSFIELD
2nd Stryker Brigade Combat Team Public Affairs

CAMP TAJI, Iraq — Soldiers from C Company, 225th Brigade Support Battalion, 2nd Stryker Brigade Combat Team, provided a medical class for the doctors and medics of the Iraqi Army (IA), July 12, at the Camp Taji Clinic, northwest of Baghdad.

The purpose of the class was not only to educate the IA soldiers, but also to build and enhance the partnership between the two forces.

“These training (classes) are important because, from a medical perspective, we want to be sure they can provide high quality care.”

Sgt. Lucas Gonzales
C Co., 225th Brigade Support Battalion

“Every Friday we play a game to interact and have fun, and Saturdays we provide a class for them to learn different medical procedures,” said Capt. Jodi Brown, registered nurse assigned to C Co., 225th BSB.

This particular class was instructed by Sgt. Lucas Gonzales, physical therapy specialist with C Co., 225th BSB, who taught the IA medics how to treat an acute ankle sprain.

“We receive various cases like this, and it is helpful to get extra training and learn different ways,” said Iraqi Sgt. Maj. Racab Saleem, an IA pharmacist at the Camp Taji Medical Clinic.



Sgt. Lucas Gonzales, physical therapy specialist, C Company, 225th Brigade Support Battalion, 2nd Stryker Brigade Combat Team, wraps the ankle of Iraqi Army Sgt. Maj. Abere Yasa, nurse from the Camp Taji Medical Clinic, during a practical training exercise on how to treat an acute ankle sprain.

Cardiovascular and physical exams, antibiotic therapy, burns, Electrocardiogram procedures and psychological evaluations are just a few of the other medical classes taught to IA medics.

“These training (classes) are important because, from a medical perspective, we want to be sure they can provide high quality care,” said Gonzales.

“They are very eager to learn, and if they don't know something, they are not afraid to ask,” he said. “I am competent in their ability to take a block of instruction and utilize it to treat their patients properly.”

DES: New registration policy keeps post secure

CONTINUED FROM A-2

VCCs for occasional visitors. Call Fred Makinney at 656-6750 or Master Sgt. Gregory West at 656-6751 for information.

Vehicle Registration Offices. The Directorate of Emergency Services (DES) is exploring a number of options to make the mandatory vehicle registration easier for our Soldiers, civilians and family members. The Leilehua Vehicle Registration Office will relocate to the Soldier Support Center at Building 750 in August, to expedite in-processing procedures. Additionally, the DES anticipates hiring additional personnel in the very near future to augment the Fort Shafter Flats Vehicle Registration Office.

Continue to monitor this paper and TV2 for updates and specific dates. Please note the Installation Access Control Office referenced above will remain at the Leilehua Golf Course. The Directorate of Emergency Services thanks everyone in advance for their cooperation and support as we strive to improve operations for our customers.

Keris Strike builds bridges between U.S., Malaysia

Story and Photos by
PFC. PHIL REGINA
9th Mission Support Command Public Affairs

KUALA LUMPUR, Malaysia — Soldiers from the Army Reserve’s 9th Mission Support Command (MSC) and the Washington Army National Guard took part in the opening ceremony of Operation Keris Strike, a three-week joint military exercise conducted with Malaysian military forces here, July 14.

Keris Strike is a bilateral, brigade level, United Nations-modeled peace support operation in which U.S. military personnel work hand-in-hand with the Malaysian military.

“This is a joint military exercise in which Malaysian and U.S. forces train together as a combined multinational force to enhance the long-standing professional relationship between U.S. and Malaysia, as well as to enhance cohesion between both forces in conducting future stability operations in Asia,” explained Col. Patrick Slowey, 9th MSC deputy commander of readiness, and deputy executive director for the exercise.

Soldiers from the 9th MSC at Fort Shafter Flats, Hawaii; the 411th Engineer Combat Battalion (ECB-Heavy); and the 56th Theater Information Operations Group of the Washington Army National Guard took part in the exercise. Air Force and Navy personnel also provided support.

“The Malaysians have extensive experience in peacekeeping and stability operations,” added Slowey. “They’ve worked in such peacekeeping operations as in Bosnia, Lebanon and the Southern Philippines. For the U.S. military, establishing stability is just as important as combat operations, and the Malaysians have a wealth of knowledge to share with us on the topic.”

“Operation Keris Strike is part of several exercises conceived by Pacific Com-



Royal Malaysian Army soldiers raise their hands in observance of the opening ceremony invocation of Operation Keris Strike 2008.

mand to help foster relations with Asian nations,” said Lt. Col. Tony Diaz, commander, 411th ECB.

“Given the fact that the U.S. military operates within so many theaters of operation, it’s very important that we establish allies around the world,” explained Diaz. “Malaysia also controls the northern side of the straits of Malacca, where a great amount of the world’s trade goes through, and this makes the strategic importance of the region that much more important.”

In addition to stability operations, the Malaysians also have counterinsurgency experience.

“The Malaysians have had to deal with an insurgent movement for forty one years,” explained Slowey. “The experience the Malaysians can share with us on this topic is highly important and gives us a better insight on how to go about our own operations.”

For the U.S. service members involved in the exercise, establishing personal rela-

tionships with the Malaysians is of the utmost importance.

“I’ve never been to Malaysia before, and being a part of this exercise has given me the opportunity to see something new and different, as well as work with a well-trained and professional foreign military,” said Sgt. Audrey Gallagher, administrative noncommissioned officer of the 4960th Multifunctional Training Brigade (MFTB), Fort Shafter Flats. “I feel extremely fortunate to be here. The people are friendly and



Col. Patrick Slowey, 9th Mission Support Command deputy commander of readiness, assumes the title of deputy executive director of Operation Keris Strike 2008, July 14.

very hospitable.

“It’s also great to be exposed to a completely different culture,” added Gallagher. “Being here has allowed me to have a truly unique experience.”

“The cross-cultural exchange between Soldiers and the Malaysians is an invaluable asset for us,” said Slowey. “One thing I hope the Soldiers involved in this exercise take away from here is not just the operational experience, but more importantly, a better appreciation of Malaysia, its people and its culture.”

Hawaii State Senator Kokubun visits PTA

Story and Photo by
CHICPAUL BECERRA
Pohakuloa Training Area Public Affairs

POHAKULOA TRAINING AREA, Hawaii — The Hawaii State Senator of District 2 (Hilo, Puna, and Kau), the Honorable Russell Kokubun, visited Pohakuloa Training Area (PTA), July 16, to gain firsthand knowledge about the Army on the Big Island.

“PTA is such a significant part of the Big Island community, and we drive by PTA on Saddle Road, read about Pohakuloa in the newspapers, and yet you cannot beat coming on-site, meeting the people who work here, and understanding their mission,” Kokubun said. “For me, this is a personal and educational issue.”

Kokubun said he was impressed with the military’s capabilities and expertise. He took the opportunity to meet and interact with Soldiers and Marines on a personal level. He also said he appreciated PTA’s environmental and cultural preservation



The Honorable Russell Kokubun, Hawaii State senator of District 2 (Hilo, Puna, and Kau) and Lt. Col. Warline Richardson, commander, USAG-Pohakuloa, serve lunch to Marines assigned to 3rd Battalion, 3rd Marines, at Forward Operating Base Field Dining Facility, July 16.

and outreach program.

“Not only is (cultural preservation) being done on the military installa-

tion and the surrounding areas, PTA has an (environmental) outreach for young school-age children to inform

them on these disciplines,” he said.

“I think the outreach program provides tremendous learning opportunities for young people, not only to understand the military and its mission, but to learn of other disciplines generated from this Army base,” Kokubun said.

PTA staff, including Lt. Col. Warline Richardson, PTA’s garrison commander, and PTA’s Command Sgt. Maj. James Murray, gave the senator an overview of this Army installation’s garrison, its ranges, and Bradley Army Airfield from PTA’s hilltop, better known as Puu Pohakuloa.

Marine Lt. Col. John Goff, commander, 3rd Battalion, 3rd Marines, and his staff from Marine Corps Base Hawaii, Kaneohe Bay, gave the senator a command briefing too. The unit is currently training at PTA.

Kokubun visited PTA’s Interpretive Garden and viewed rare and unique

SEE SENATOR, A-6

Goats, fire endanger Waikoloa dry forests

Story and Photo by
CHICPAUL BECERRA
Pohakuloa Training Area Public Affairs

POHAKULOA TRAINING AREA, Hawaii — Satisfaction is the end word for this all-volunteer force trying to protect Big Island land against forest fires and feral goats living in the area.

Civilian employees at the Pohakuloa Training Area (PTA), led by Robert Wright, deputy garrison commander, joined forces with members of the Waikoloa Dry Forest Recovery Project Group, to remove invasive weeds. The 24-member group cut fountain grass and other invasive weeds as a preventative measure against wildland fires and placed fences in designated areas to prevent wild goats and other animals from ravaging native vegetation near the Waikoloa Village on the Big Island.

“We have biologists, folks from the conservation department, guys who work at Pohakuloa, and even another person who has a doctorate degree,” said Dave Faucette, land rehabilitation and management coordinator, PTA Integrated Training Area Management. “We really have people from all

SEE FOREST, A-7

Senator: Relationships foster understanding

CONTINUED FROM A-5

Hawaiian plants found at the installation and propagated at PTA's Propagation Facility.

Later, Goff, and several Marines accompanied Kokubun to the field site where the unit's forward operating base is located. Kokubun met and talked to Marines working at fuel and maintenance sites. He even learned how Marines operate a field dining facility, where he took the opportunity to serve lunch and eat with Marines and PTA staff.

Kokubun gave credence to Big Island community and PTA's relationship.

"The community needs to know

more and gain a better understanding about what is going on at PTA," Kokubun said. "We need to develop a relationship between the Big Island community and PTA because I think we need to humanize the military objective here in a way where the community can understand the benefits of what is going on here.

"Although there are not many issues that should concern people," he said. "I think more direct communication and opportunities in sharing and gaining information (about PTA) between the Big Island community and PTA will go a long way in developing a common ground."

Integration: Diversity brings talent together

CONTINUED FROM A-2

War, then in every subsequent conflict leading up to today's war on terror.

The integrated force provides equal opportunity, but also brings strengths that are particularly important in an all-volunteer force, Chu said.

"You've got a broader selection of talent if you recruit everybody or potentially have everyone wanting to join ... your organization," he said. "You have more talent than you would otherwise have."

Today, black service members make up 17 percent of the active duty force, nine percent of active duty officers and just under six percent of general and flag officers, officials reported. In addition, black troops make up more than one-quarter of the top three enlisted ranks.

In addition to providing a broad talent base, diversity ensures that the military looks like the American population it defends, Chu said. That, in turn, helps build pub-

lic confidence and trust in the institution.

"If the whole society is not part of (the military), then you don't have the backing of that whole society," Chu said. "You have a backing of a fraction of that society."

The flip side, he said, is that the public recognizes its diverse military has a difficult job and unifies behind it.

"That moral authority is crucially important to the military's ability to operate," he said.

Chu pointed to broad American support for its highly diverse military, as demonstrated in polls in which the public repeatedly ranks the military as its most trusted institution.

As the military looks to the future, it needs to remember the lessons learned as it integrated the force and continue to embrace diversity, Chu said.

"I think it is important to remember this history to be ready to deal with the new elements of diversity coming forward," he said.

Hawaii native son immortalized for making the ultimate sacrifice

Story and Photo by
SGT. CORRINA STRAND
45th Sustainment Brigade Public Affairs

PEARL HARBOR — Pfc. Herbert K. Pililaa, C Company, 23rd Infantry Regiment, 2nd Infantry Division, a native son of Hawaii, is a true American hero who made the ultimate sacrifice on Sept. 17, 1951, at Korea's "Heart-break Ridge."

His posthumous Medal of Honor for actions on that day is a testament not only of his sacrifice, but also to the sacrifice of his family.

More than 50 years after his death, Pililaa, whose name means "stick together" in Hawaiian, is still honored by his family and friends and the U.S. Navy, which commissioned the USNS Pililaa (T-AKR 304) in 2001.

Pililaa wanted to be a police officer in his hometown of Waianae. However, his dream was cut short while fighting the enemy. He held off several waves of communist forces using machine-gun fire and eventually hand-to-hand combat, until he was overcome and killed.

Pililaa's bravery allowed his platoon to withdraw and take up a new fighting position.

The ship, one of six in the Bob Hope Class, is used for transporting tracked and wheeled vehicles, aircraft and containerized supplies to U.S. forces overseas. The ships are also used to preposition military equipment in strategic locations at sea for rapid delivery.

The Pililaa pulled into Pearl Harbor the morning of July 12 to load vehicles and containers from the 3rd Infantry Brigade Combat Team (3IBCT) and the 45th Sustainment Brigade. From there, the containers will be transported to California for use in this month's Joint Logistics Over the Shore (JLOTS) exercise and next month's National Training Center (NTC) rotation.

After the upload was complete, July 14, 10 members of the Pililaa family got a tour of the ship. The ship's captain, Richard Malloy, as well as Col. Clay Hatcher, commander, 45th Sustainment Brigade, and Lt. Col. Joel Vowell, deputy commander, 3IBCT, welcomed them aboard.

"It's an honor to meet with the Pililaa family because of the honor and sacrifice that his family made," said Malloy. "When a ship is named for someone, their memory lives on. People all over the world ask about Herbert and his sacrifice."



Containers carrying military equipment from the 3rd Infantry Brigade Combat Team and 45th Sustainment Brigade are loaded onto the USNS Pililaa. On July 16, the Pililaa sailed for San Diego to offload the supplies for this month's Joint Logistics Over the Sea (JLOTS) exercise and next month's National Training Center rotation.

"This ship is not just named after Herbert, but after the whole family," continued Malloy.

Herb Pililaa, Herbert's nephew and namesake, remembered his uncle as a music lover who played the ukulele.

"We were shocked when he became a war hero," said Pililaa.

After a tour of the ship and lunch, Malloy presented each family member with a photo taken of the ship as it rounded Diamond Head at dawn, July 12.

The Pililaaus then presented the captain with a framed family portrait and a maille lei.

Forest: PTA conservationists protect rare Hawaiian trees

CONTINUED FROM A-5

walks of life who wanted to contribute and help out.”

One volunteer was eager to get rid of the invasive vegetation.

“I recently retired from the Department of Culture and Natural Conservation Services and wanted to do something to keep me busy,” said Jerry Williams, a project volunteer. “So far, we worked on some fire breaks to reduce potential fire hazards and wildfires. This area has some particularly rare trees, the uhiuhi and the wiliwili that need protection. The trees are surrounded by fountain grass, which is considered a hazard to the trees, and so we are using weed eaters to cut the grass.”

Volunteer labor generates grant money for the group.

“The project has been sponsored by money from NRCS (Natural Resources and Conservation Services) and from the Forest Station,” Faucette said. “What happens is, we sign our names on a roster sheet and give the form to NRCS personnel and calculate how much in-kind service we provide. In return, we receive a grant. The dry forest recovery group



Volunteers from PTA and the Waikoloa Dry Forest Restoration Project take a break after several hours of cutting invasive grass and fencing at a nearby forest of Waikoloa Village on the Big Island.

can use this grant money to put in irrigation and be able to purchase more materials that we can use to do all kinds of things.”

The number of volunteers is sometimes overwhelming.

“We are grateful that Dave (Faucette) came along with some volunteers from Pohakuloa to do some grass clearing,” Beverley Brand, coordinator, Waikoloa Dry Forest Recovery Project, and president, Waikoloa Village

Outdoor Circle, said.

Brand said her group wanted this project to be a community-based project now that it has had legal access to the area for a couple of years.

To learn more about volunteering with the dry forest working group, call Beverly Brand at 883-3362 or 895-4679.

“We plan to put a fence around these trees. Once we’ve got that done, we can quarantine the thirty-five dry forest species, then plant seedlings, and have a greenhouse and water (irrigation),” Brand added. “Part of the recovery project is also to create a trail for people to enjoy the area. We are also hoping helicopters can use the firebreaks for defense in fire-fighting and make it a dual purpose.”

The group sees the project as a long-term, lifelong mission.

“Because we have endangered trees in the area, this might be our last chance of saving these endangered plant species,” Brand said. “We have thirteen trees left and are trying to create an environment

for them so that the seeds will eventually regenerate through the natural process of the blowing wind. We will care for them and water them. Our vision is, maybe in a hundred years, this whole seventy-five acres will be an example of the naturally regenerated environment.”

According to Brand, the project started when someone in the village sold some of the wiliwili trees to a resort hotel.

“When members of the Waikoloa Village Outdoor Circle found out, they thought that was not appropriate,” said Brand. “We went to the village association and told them that we need to do something about this (transfer of native trees from the area). We asked the village board of directors that these trees, the uhiuhi, and the wiliwili with thirteen left in the entire world, should be protected.”

One PTA volunteer agreed.

“These trees are the last in the world, and it is gratifying to know that we are taking steps in preserving these natural resources,” Chris Hardenbrook, geographic information systems analyst, PTA ITAM, said.

Smoking promotes tooth decay, oral cancer

BETHANN CAMERON

U.S. Army Center for Health Promotion and Preventive Medicine

Most people know that smoking can cause heart disease, stroke, lung cancer or other respiratory diseases. But many don't know that smoking causes tooth decay and gum disease.

Drinking beverages like sports drinks or soda and eating sugary, starchy foods are not the only culprits. Smoking affects the whole mouth – teeth and gums. Besides decay, smoking can lead to oral cancer.

Smoking contributes to tooth decay and gum loss. It compromises the flow, amount and function of saliva in the mouth; however, saliva is important for cleaning the lining of the mouth and teeth. The flow of saliva helps to counteract mouth acids that cause decay and protects the teeth from wearing away. The calcium in saliva helps to prevent tooth decay. The calcium remineralizes (hardens) the surfaces of the teeth.

Studies show that smokers tend to have more tooth decay than nonsmokers. Some studies show that children who are raised in households where one or both adults smoke are more likely to develop tooth decay because of mouth breathing and respiratory infections.

Smoking can cause gum disease, which leads to tooth loss. Smoking reduces blood flow to the gums and cuts the supply of vital nutrients. It can also reduce the vitamin C levels needed to maintain healthy gums. It causes receding gums. The gums wear away; the teeth become loose and fall out. The tooth roots are exposed, which also increases the risk of tooth decay. These two



factors – reduced blood flow and vitamin C levels – make attempts to treat gum disease in smokers less likely to succeed.

Smoking also raises the mouth's temperature, damaging and killing important cells and tissues in the mouth. The combination of high mouth temperature and cancer-causing compounds found in cigarettes (and cigars) can cause oral cancer, cancer of the mouth. Smokers are two to 18 times more likely to develop oral cancer than nonsmokers, depending on how heavily they smoke.

Oral cancer strikes more Americans annually than some better-known cancers such as brain, thyroid, stomach, cervical and ovarian cancer. From 1997 to 2006, 110 cases of oral cancer befell Department of De-

fense (DoD) service members ages 20 to 24. For DoD service members over 40, oral cancer ranged from 116 to 122 cases per year.

The overall survival rate for oral cancer is low – nearly half of all oral cancer patients die within five years. More than half of all oral cancer cases are not detected until they reach an advanced stage.

Getting an oral cancer examination at your annual dental visit is a way to screen for the risk of oral cancer. Soldiers must maintain good oral hygiene in the field to prevent tooth decay and gum disease; however, a Soldier's risk of tooth decay increases in the field because rations have a high amount of starch and sugar, which bacteria use to produce acids that cause

Early warning signs of oral cancer

- A swelling, lump or growth in the mouth that does not heal.
- White or red patches inside the mouth that don't go away.
- Loose teeth for no apparent reason.
- Pain when swallowing.
- Persistent sore throat.
- Difficulty swallowing or in opening your mouth.
- A nagging cough or persistent hoarseness.
- Unusual bleeding in your nose or mouth.
- Numbness or tingling in your lips or tongue.



For more information on preventing tooth decay and improving oral health, visit these Web sites:

- CHPPM Oral Fitness Program, <http://chppmwww.apgea.army.mil/dhpw/OralFitnessMain.aspx>
- The American Dental Association, www.ada.org
- The American Cancer Society, <http://www.cancer.org>.

tooth decay.

A person's best defense against tooth decay and oral cancer is to stop smoking and to practice good hygiene by flossing and brushing daily. Perform an oral cancer self-exam every month if you are at risk for oral cancer.

News Briefs

Send news announcements for Soldiers and civilian employees to community@hawaiiarmyweekly.com.

28 / Monday

Office Closure – The Central Issue Facility (CIF), Schofield Barracks, will close July 28–Aug. 8 for a change of Accountable Officer Physical Inventory. Normal operations will resume Aug. 11.

Contact your supply sergeant for turn-ins during this period, or schedule an appointment with the CIF prior to the inventory dates. Call 655-9876 to schedule an appointment.

For emergency services, call Kealii Kahanu, 655-1223, or Angel Hernandez, 655-8120.

29 / Tuesday

Temporary Office Closure

In recognition of the 233rd Army Chaplain Corps Anniversary, all Army chapels and chapel offices on Oahu will be closed July 29 to allow the members of the unit ministry teams and their families to honor the Chaplain Corps with annual joint ministry team training and fellowship.

For emergencies, contact the

SEE NEWS BRIEFS, A-9

News Briefs

From A-8

Installation Operations Center, 655-8763 and ask for the on-call duty chaplain. Contact Chaplain (Maj.) Stroop at 833-6831, or Staff. Sgt. Parker at 655-1450 for details.

Altered Hours — Fort Shafter's Physical Fitness Center will be operating under modified business hours beginning July 29. The gym will be open from 5:30-8 a.m. and 5-9 p.m., weekdays. The modified hours are due to the demolition of the racquetball court and are expected to last five business days. Weekend hours will remain 6 a.m.-6 p.m. For project updates, call 655-9654.

30 / Wednesday
Oahu South Town Hall — The next Oahu South town hall meeting for the Oahu South community will be held at the Aliamanu Military Reservation Chapel, July 30, 6:30 p.m. Call 438-6147 for more information.

31 / Thursday
Workforce Town Hall — Col. Matthew Margotta, commander, U.S. Army Garrison-Hawaii, will hold workforce town hall meetings at Schofield Barracks and Fort Shafter.

- July 31 at Schofield Barracks' Sgt. Smith Theater, 10:30-11:30 a.m. and 1:30-2:30 p.m.
- Aug. 1 at Fort Shafter's Richardson Theatre, 10:30-11:30 a.m. and 1-2 p.m.

All Garrison employees are invited to attend for an update on the latest information on working for the Garrison. Call 655-6131.

Signal Corps Regimental Association — The Hawaii Chapter of the Signal Corps Regimental Association will host a luncheon July 31, 11:30 a.m.-1 p.m., at the Nhelani, Schofield Barracks.

Lt. Gen. Jeffrey Sorensen, Department of the Army chief information officer, will be the guest speaker. Cost is \$20 and includes lunch and a gift drawing.

Welcome: Heroes now focus on healing at WTB

CONTINUED FROM A-1

needed, from broken bones to dental work. The doctors, nurses and civilians were a big help," said Delacruz. "The Warrior Transition Battalion (WTB) is a good thing to have there at BAMC; they gave me my own Purple Heart ceremony and awarded me my Combat Infantry Badge. I got Soldier of the month, too."

When Delacruz recounted his journey from Iraq to Hawaii, he did so with a smile, a positive attitude, and a look in his eyes that seemed beyond his years.

Now back at his parent unit, the 1-21st Inf. Regt., Delacruz is focused on a full recovery and hopefully rejoining his unit in Iraq, he said.

Of the six survivors of the attack, three returned to Hawaii and are now assigned to the Warrior Transition Brigade, the remaining three are in the care of other hospitals, including Spc. Jeremy Ramirez, Hines Veterans Affairs (VA) Hospital, Chicago;



Courtesy Photo

Sgt. Caleb Martin prepares for his ride to Tripler Army Medical Center. Martin was one of 10 in the crew attacked by an improvised explosive device in February.

Pfc. Carlos Hafen-Martinez, Balboa Naval Medical Center, San Diego; and Pfc. Wesley Hixon, Seattle VA Hospital.

(Editors Note: Sgt. Pedro Olvera III, 1st Battalion, 21st Infantry Regiment, contributed reporting.)



Courtesy Photo

Gold Star Spouse Betsy Whisenhunt greets Spc. Paul Gennaro Jr. as he arrives in Honolulu.

Seward: New deputy is no stranger to USARPAC

CONTINUED FROM A-1

to the challenge," Hawaii Sen. Daniel Akaka wrote in a special message read during the ceremony. "We are very fortunate that we have men of your caliber who have dedicated their lives to secure our democratic society."

Seward, a combat veteran of Operations Southern Watch, Joint Endeavor, Enduring Freedom, and Iraqi Freedom, comes to USARPAC from the Missile Defense Command/Army Forces Strategic Command at Peterson Air Force Base, Colo., where he served as deputy commanding general for operations.

No stranger to the USARPAC region, Seward previously served at Fort Shafter as the commander of the 94th Army Air Missile Defense Command. Seward's time in the Pacific also includes previous assignments in

Alaska, the U.S. Pacific Command, and the 25th Infantry Division.

"I look forward to working with our Soldiers and civilians in USARPAC and other services to ensure that our systems, tactics and processes are joint, and that this command continues to provide world-class warfighting capability to our Army and the Pacific Command," said Seward. "Lisa and I also look forward to meeting each of you and making friends with our military and civilian neighbors in the area.

"U.S. Army-Pacific, you have an absolutely outstanding reputation, and I am proud of what you provide to the Pacific theater and our nation," Seward said. "I am proud of our Soldiers and our civilians and families, and I am honored to join your ranks.

"Aloha and e komo mai," said Seward.

Family: Tradition began in 1957

CONTINUED FROM A-1

orphanage on a regular basis. Then, in 1957, the Wolfhounds invited two children from the Holy Family Home to visit Soldiers and their families in Hawaii. Every summer since, Wolfhounds have provided funds to bring children from the orphanage for an experience of a lifetime.

Lt. Col. Raul Gonzales, commander, 2-27th Inf. Regt., 3rd Infantry Brigade Combat Team, underscored the magnitude of the historic event for himself and every Wolfhound Soldier.

"Even though Hugh is no longer with us, I know that he's here in spirit and is proud of his Wolfhound family for continuing what began so many years ago with just a few Soldiers who lived up to the regiment's motto - 'No Fear on Earth,'" said Gonzales. "(They dared) to make the hard, right decision to demonstrate compassion to the children of a war-battered country, and their personal example and commitment to the greater good of humanity still resounds in each and every Wolfhound serving in our ranks today."

One of those Wolfhounds is Capt. Jason Honeycutt and his wife, Aime. The Honeycutts, who are one of several host families, have two daughters: Madelynn, age 6, and Grace, age 3. They are expecting a third.

"I was raised in a Catholic church that sponsored children all over the world, and when I was young, my parents hosted children," said Aime. "I just



Just after their arrival in Honolulu, July 21, children from the Holy Family Home orphanage in Osaka, Japan, greet Soldiers, friends and family members of the 25th Infantry Division, 27th Infantry Regiment (Wolfhounds) with smiling faces.

thought this would be a great opportunity for us to give back and to show our children how important it is to help others."

Aime's husband echoed her sentiment. "When we arrived in Hawaii and I was assigned to the Wolfhounds, I studied the unit's history," he said. "I'm very proud of everything the Wolfhounds have done to include this tradition. And I know that now, when I leave the island, I'll be able to say that we did our part to keep this wonderful tradition alive."

HAWAII WEEKLY PAU HANA

www.garrison.hawaii.army.mil/haw.asp

“When work is finished!”

FRIDAY, JULY 25, 2008

Students and teachers gear up for new

school season

Story and Photos by
MOLLY HAYDEN
Staff Writer

SCHOFIELD BARRACKS — Back to school time is ... well ... back, bringing excitement and anxiety for parents and children alike. First-day jitters, new routines and structured schedules surround students each fall, and this year is no exception.

As parents prepare to send their children back to school, they usually focus on buying the perfect backpack, fashionable clothing and the newest character lunch box. However, the most important thing a parent can do to prepare for the upcoming school year doesn't cost a dime.

Establishing open lines of communication among parents, teachers and students is one of the best ways to ensure a student's educational success. Attending the open house at each school prior to the start of the school year is a good first step. Open house gives parents a chance to meet their child's educator and discuss the upcoming year.

Along with the open house, instituting homework policies, establishing opportunities for parental involvement in classroom activities, and recommending learning activities at home will aid in improving students' performance in the classroom, according to Principal Jan Iwase, Hale Kula Elementary School.

“Communication with the parents is very important,” said Iwase. “The best thing about educating ... military members is you see parents sharing ideas on what works and has worked best for their children.”

Iwase also explained one particularly helpful tool for parent-teacher communication — a weekly folder that is sent home with the students, which contains a plethora of information pertaining to the school and a student's progress.

Principal Aloha Coleman, Leilehua High School, said she is looking forward to another exciting school year and the opportunity to continue to expand the school's programs, including the Advancement Via Individual Determination (AVID) program.

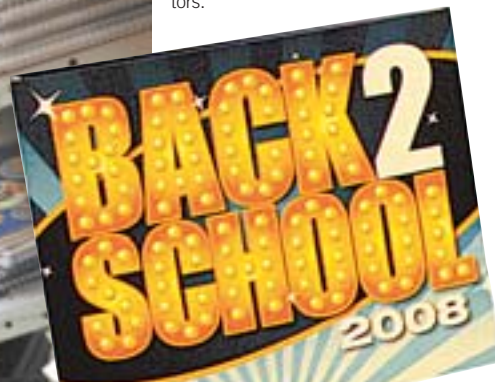
The AVID program prepares fourth through 12th-grade students for four-year college eligibility. It has a proven track record in bringing out the best in students and in closing the achievement gap, according to Coleman.

“The educa-



Lindsey Sumner shops at the post exchange for school supplies to use in her last year at Wheeler Middle School.

Parents and students are gearing up for the upcoming school season by purchasing needed school supplies and communicating with their children's educators.



Student Jacob Nicholson smiles as Edie Hiroe, a career educational assistant, snaps a picture for his student ID card. Students and parents are currently preparing themselves for an exciting new school year on the installations.

tional future of our students has always been our highest priority,” said Coleman. “This program encourages more students to pursue a college education.”

To better support the military ohana, Wheeler Middle School has instituted workshops directed toward military families and families of deployed Soldiers. Other installation-based schools offer support for family mem-

bers of deployed Soldiers through individual counseling and after-school programs.

“We try to support the families of deployed Soldiers as much as possible,” said Cathy Sumner, Parent Community Networking Center at Wheeler Middle School. “Middle school is such an important formative time in (a student's) life. They are growing and making new decisions.

“Our goal

is to help them make the right decisions and live and learn without the stress of deployment,” continued Sumner.

Programs highlighting positive behavior and academic effort are offered at the elementary and middle school levels to reward students on their work ethics, teamwork and desire to become a better community member. Rewards are based on students' class

participation and hard work versus grades.

“It's about citizenship,” said Vice Principle Wayne Koki, Wheeler Middle School, “(and) preparing students for the future.”

Seventh grader Bryonna Douglas agreed. “Each year I learn things I didn't know before,” she said. “I'm looking forward to all new lessons this year.”

School hours and information

Parents are encouraged to pay all dues prior to the first day of school, including bus passes and lunch passes, to ensure students are well prepared for the upcoming school year. All schools on the installation, as well as Leilehua High School, will dismiss students up to two hours early every Wednesday to allow for teacher conferences.

Hale Kula Elementary School

Open House: For new parents and students, today (Friday), 3–4 p.m.

Start Date: Wednesday, July 30.

School Hours: 7:55 a.m.–2:05 p.m., Monday, Tuesday, Thursday and Friday; from 7:55 a.m.–1:15 p.m., Wednesday.

Shafter Elementary School

Open House: Monday, July 28, 8:15–9 a.m.

Start Date: Wednesday, July 30.

School Hours: 7:55 a.m.–2:05 p.m., Monday, Tuesday, Thursday and Friday; from 7:55 a.m.–1:15 p.m., Wednesday.

Solomon Elementary School

Open House: To be announced.

Start Date: Wednesday, July 30.

School Hours: 7:55 a.m.–2:05 p.m., Monday, Tuesday, Thursday and Friday; from 7:55 a.m.–12:45 p.m., Wednesday.

Wheeler Elementary School

Open House: Monday, July 28, 4–6 p.m.

Start Date: Tuesday, July 29.

School Hours: 7:55 a.m.–2:05 p.m., Monday, Tuesday, Thursday and Friday; from 7:55 a.m.–1:15 p.m., Wednesday.

Wheeler Middle School

Open House: Tuesday, July 29, 5–6:30 p.m.

Start Date: Wednesday, July 30, for new students; Thursday, July 31, for returning students.

School Hours: 7:40 a.m.–2:30 p.m., Monday, Tuesday, Thursday and Friday; from 7:40 a.m.–12:15 p.m., Wednesday

Leilehua High School

Open House: Thursday, July 24, 6–8 p.m.

Start Date: Tuesday, July 29, grade 9;

Wednesday, July 30, grades 10–12.

School Hours: 8:30 a.m.–2:30 p.m., Monday, Tuesday, Thursday and Friday; from 8:30 a.m.–12:30, Wednesday.

Army Hawaii Family Housing wins the gold for home construction

Army leads the charge in building sustainable homes

ARMY HAWAII FAMILY HOUSING
News Release

SCHOFIELD BARRACKS — Army Hawaii Family Housing (AHFH) showcased the first U.S. military and Oahu homes to receive gold certification from

the U.S. Green Building Council's Leadership in Energy and Environmental Design (LEED) program at an open house here Tuesday and Wednesday. The four homes feature the latest in sustainable home design and technology.

“The AHFH partnership has taken great strides to build sustainable homes and communities that will positively impact the environment, as well as the peo-

ple who reside in them,” said AHFH Project Director Claire Ridding-Johnston, who heads up the partnership between developer Actus Lend Lease and the U.S. Army. “With these homes, we wanted to show that building a house that met rigorous LEED gold certification standards could be done for an average family home.”

Ridding-Johnston added that many

homes that have met gold standards are often custom, high-end luxury homes.

“I think it's wonderful that a few private homeowners have taken the initiative, but we really want to show developers who are building thousands of homes that it is possible to implement sustainable design and technologies,” she said. “Doing this on a large scale can have a significant impact on the envi-

ronment and homeowners.”

A LEED-certified home is one that is energy efficient, water efficient, uses efficient landscaping and materials, and is healthy. Features include the following:

Energy Efficiency

•Dual-pane windows with a low

SEE AHFH, B-5



25 / Today

Big R: Game Extravaganza — Test your game skills and enjoy a free tournament night with your friends at the Nehelani, Schofield Barracks, Wednesday, July 30, 6-8 p.m.

Free child care is available and complimentary pupus will be served. Favorite games will include Scattegories, Taboo, Uno, Wii Bowling and more.

To reserve child care, or to reserve your space, call 438-0376 or e-mail darlene.j.marshall@us.army.mil by July 25.

Greenware Sale — Receive a discount of 10-50 percent off Greenware shelf items the entire month of July. Paint and take home ceramic vases, lamps, pitchers, bowls and more at the Arts & Crafts Center, Schofield Barracks. Call 655-4202.

26 / Saturday

Keiki Krafts — Indulge in some great Keiki Kraft activities on Saturday, July 26, 1-2:30 p.m., at the Arts and Crafts Center, Schofield Barracks.

This program is designed for children 5-12 years of age. The cost is \$12 per child, with discounts available for siblings. Call 655-4202.

August

1 / Friday

Play in Paradise — Discover Family and Morale, Welfare and Recreation (FMWR) and all of the amazing ways to Play in Paradise, Aug. 1, 4-7 p.m., at the Nehelani, Schofield Barracks.

Find out about programs and activities FMWR offers to make your stay in Hawaii full of play and fun. Program experts will be on hand to answer all of your questions. Learn about new programs, enjoy complimentary pupus, fun children's activities, prize giveaways and more. The grand prize is a free trip for four on the Hawaii Superferry.

Attendees will receive a complementary FMWR PlayPlanner Calendar, which showcases six months of exciting upcoming FMWR events. Call 438-2911.

Library Contest — Go for the gold at the library; it's so easy. Check out any library material, pick the winning sports card (limit one per day) and then enter to win cool prizes. The program runs Aug. 1-25. Winners will be contacted on Aug. 26.

Sports cards are located at all Family and Morale, Welfare and Recreation libraries:



25 / Today

RIMPAC Beach Closures — Rim of Pacific Exercises 2008 will occur through July 29 with about 34 ships, 150 aircraft and 15,000 personnel participating.

Upcoming beach closures include the following:

- Hale Koa, July 25-27.
- Pyramid Rock, July 25-27.
- Bellows, July 27-28.
- Fort Hase, July 28.

Residents, visitors and motorists should be aware there will be more air activity and military movement throughout the island during the exercise. The military will do its best to mitigate aircraft noise.

Essay Contest — The deadline is today for entries in the Elva Resa Publishing and MilitaryFamilyBooks.com writing contest for essays, short stories and poems focusing on stories for children about military life. Entries should be appropriate for children ages 4-10. The contest is open to anyone, but children under 18 must have a parent or guardian's permission.

Grand prize is \$500; additional published entries will receive \$300. Each writer with a winning entry will also receive five copies of the book.

Get complete guidelines at elvaresa.com/anthologycontest.html.

26 / Saturday

Family Song and Dance Musical Performance — The Movement Center's 10th Annual Summer Sensations Musical, "How G. Biv Found The Light," will be performed Friday July 26, 2 and 7 p.m., and July 27, 2 p.m., at the Mamiya Theatre at Chaminade University.

General admission tickets range in price



Leon Devenport | Office of the Lt. Governor

A hui hou hug

HONOLULU — Hawaii Lt. Governor Duke Aiona (center) and Maj. Gen. Robert Lee, adjutant general and director of state civil defense (left), announce plans for a deployment ceremony for nearly 1,700 Hawaii Army National Guard Soldiers at a news conference at the State Capitol, July 17. The ceremony is planned for Aug. 16 at Aloha Stadium.

As part of the ceremony for these citizen Soldiers who are being deployed to Kuwait, Aiona and Lee will lead efforts to set the Guinness World Record for the largest group hug. The current record is 6,623 for 35 seconds and was set in Mexico. The idea for the group hug record was suggested by Ashley Kakazu (right), a 10-year-old Punahou elementary school student.

Fort Shafter (438-9521), Aliamanu (833-4851), and Schofield Barracks (655-8002).

Safety Inspections — Let the Auto Skills Center inspect your gadgets. Beginning Aug. 1, the Auto Skills Center is the answer for safety inspections.

The center has revamped its service to make it quicker for you to drive up, get inspected and drive out. Call Schofield Barracks at 655-9368 or Fort Shafter at 438-9402.

2 / Saturday

Digital Camera Class — The next session in this popular series, Aug. 2, 9:30 a.m.-noon, at Schofield Barrack's Arts and Crafts Center, will cover basics of photo composition and how to get the best shots out of that fancy new digital camera.

Cost is \$20 per person. Call 655-4202 to reserve a seat.

Ongoing

Job Search — Visit, browse and apply for federal jobs in Hawaii at www.nafjobs.com.

FMWR Happenings — To find out more information about FMWR activities, programs and facilities, pick up a copy of the "Discovery" magazine available at the Schofield Barracks Commissary, Fort Shafter Post Exchange, Aliamanu shop-

ette, Tripler mauka entrance, or any FMWR facility.

Visit www.mwrarmyhawaii.com.

Mongolian Barbecue — Select your favorites from a large variety of meats and vegetables, and watch them grilled to your liking at the KoleKole Bar & Grill, Schofield Barracks, every Monday, 5-8 p.m. Cost is 65-cents an ounce. Call 655-4466/0660.

Flat Stanley Project — Pick up your "Flat Stanley," a flattened paper cutout of the title character from Jeff Brown's Flat Stanley books, at any Army library. Take him on an adventure and bring him back to the library by Aug. 11.

Be creative, dress him up and take a photo of his travels. Prizes will be awarded for the furthest traveled and other creative entries. Grand prize for most creative photo is a digital camera.

Visit your local Army library for more information.

Pau Hana Social Hour — Stop by the KoleKole Bar & Grill, Schofield Barracks, after work and enjoy ice-cold beverages. Specials for drinks and food run Monday-Friday, 4:30-5:30 p.m. Call 655-4466/0660.

Lunch Buffet — Have lunch, Monday-Friday, 11 a.m.-1 p.m., or brunch on Sunday, 10 a.m.-1 p.m., at the KoleKole Bar &

Navy Exchange, Pearl Harbor.

Call 421-1568 for more information.

7 / Thursday

Ke Kani O Ke Kai Summer Concert Series — The Waikiki Aquarium will continue its annual oceanside concert featuring some of the island's top performers, restaurant partners and fun for all. The final concert is Aug. 7 featuring Willie K.

Doors open at 5:30 p.m., and concerts begin at 7. Aquarium galleries and exhibits will remain open throughout the evening.

Each concert is \$25 for adults, \$10 for juniors, ages 7-12, and free for children ages 6 and younger.

Due to space limitations, only the first 500 reservations will be accepted. Visit www.waquarium.org or call 440-9015.

14 / Thursday

Welcome Back Celebration — Aliamanu Military Reservation's Chapel will host a welcome back celebration, Aug. 14, 9 a.m., at the chapel.

New members will be welcomed and books passed out for the fall Bible study for married women. Refreshments will be served. Call Katie Hanna, 744-7285.

Ongoing

Transition to Teaching Session — Bryan Miller will hold an informational session providing handouts and answering questions about the Troops to Teachers and Spouses to Teachers programs, the first Tuesday of every month, 11:30 a.m.-1 p.m., in the Education Center, Room 220, Schofield Barracks.

E-mail HawaiiTTT@notes.k12.hi.us or visit www.proudtoserveagain.com.

Volunteers Needed — Help bring separated foster siblings together by becoming a Project Visitation volunteer, six to eight hours a month. Volunteers must receive training and have no criminal convictions, a clean drivers' record, and be at least 18 years of age.

Contact Project Visitation at 521-9531, ext. 228, or e-mail vabramo@ffphawaii.org.

Grill, Schofield Barracks.

The brunch buffet features an omelet station, French toast, Belgian waffles, eggs, assorted pastries and hot lunch entries. Call 655-4466/0660.

Recreation Storage — Don't have enough room for all your toys? Deploying soon and need a safe place to keep your valuables?

A brand new recreation vehicle/boat storage facility is now available for use at the Fort Shafter Auto Skills Center.

The Schofield Barracks Auto Skills Center also offers long-term storage options for vehicles and other personal items.

Cost is \$30 per month. Call Fort Shafter at 438-9402 or Schofield Barracks at 655-9368.

HMR Teen Lounge — The Helemano Military Reservation (HMR) Teen Lounge, located inside the HMR Youth Center, is now open Monday-Friday, 2-6 p.m.

If you are in grades 6-12, the Teen Lounge is the place to go after school. The lounge offers daily activities, including tournaments, sports, video games, crafts, games and volunteer opportunities.

A nutritious snack is offered each day, and the program is free except for the annual Child and Youth Services (CYS) registration fee of \$18. Call 655-0451 or 653-0717.

Free DVD Messages — Family members can record a 30-second video message on DVD to send to their deployed Soldier.

The free service is offered every Saturday, 10 a.m.-2 p.m., TV2 station, Schofield Barracks. To reserve your spot, contact Larry Thomas at 295-0205 or e-mail Larry.Thomas9@us.army.mil.

Beginners Line Dancing — Wear covered shoes and join a group of happy, fun-loving, beginning level line dancers, Thursdays, 6:30-8 p.m., in Ewa Beach.

Cost is \$3 per class. Call Mona Dabis at 351-2614.

Conducting Business on Post — Individuals wishing to conduct a home-based business on Army installations, such as Avon, Tupperware, Longaberger, Creative Memories or any other type of sales activity, must register with the Garrison, Oahu, Commercial Solicitation Control Office, which is open 7 a.m.-3:30 p.m.

No person may enter an Army installation and transact commercial business without a permit. Door-to-door sales are prohibited.

For more information call, Patricia Mowat at 655-8047 (Monday-Wednesday, Building 690, Schofield Barracks) or 438-4232 (Thursday-Friday, Building 344, Fort Shafter).

Volunteer Opportunities — Give back to the community by volunteering; it is a great way to meet new people, receive valuable job experience and support the Army Hawaii family. Opportunities are available on and off post.

Free child care at an hourly rate is provided for up to 20 hours per week for those who volunteer with ACS.

Visit www.mwrarmyhawaii.com.

Cell Phones for Soldiers — Have unused, old cell phones lying around the house? Donate them to Cell Phones for Soldiers, a nonprofit organization that takes old cell phones, resells them for their parts, and takes the profits to purchase calling cards for Soldiers deployed in Iraq and Afghanistan.

Call Sgt. Maj. Lisa Torello, 386-2088 or visit www.cellphonesforsoldiers.com.



Aliamanu (AMR) Chapel 836-4599

- Catholic Sunday, 8:30 a.m. — Mass Sunday, 9:45 a.m. — Religious Edu.
- Gospel Sunday, 11 a.m. — Sunday School (Sept.-June only) Sunday, 12:30 p.m. — Worship service
- Protestant Sundays, 9:45 a.m. — Worship Service Sunday, 11 a.m. — Sunday School (Sept. — June only)

Fort DeRussy Chapel 836-4599

- Catholic Saturday, 5 p.m. — Mass in Chapel (May-Aug.) Saturday, 6 p.m. — Mass on Beach
- Protestant Sunday, 9 a.m. — Worship Service

Fort Shafter Chapel 836-4599

- Contemporary Protestant Sunday, 9 a.m.—"The Wave" Worship

Helemano (HMR) Chapel 653-0703

- Contemporary Protestant Sunday, 9 a.m. — Bible Study Sunday, 10 a.m. — Worship Service & Children's Church

Main Post Chapel 655-9307

- Catholic Sunday, 9 a.m. — CCD & RCIA Sunday, 10:30 a.m. — Mass
- Collective Protestant Sunday, 9 a.m. — Worship Sunday, 10:30 a.m. — Sunday School
- Gospel Sunday, 10:30 a.m. — Sunday School Sunday, noon — Worship Service

MPC Annex, Building 791

- Chalice Circle Tuesday, 7 p.m.
- Islamic Prayers and Study Friday, 1 p.m.
- Buddhist 4th Sunday, 1 p.m.

Soldiers Chapel

- Catholic Friday-Saturday, noon — Adoration
- Liturgical Sunday, 10:30 a.m.— Worship

Tripler AMC Chapel 433-5727

- Catholic Sunday, 11 a.m. — Mass Monday-Friday, 12 p.m. — Mass Saturday, 5 p.m. — Mass
- Protestant Sunday, 9 a.m. — Worship Service

Wheeler Chapel 656-4481

- Catholic Saturday, 5 p.m. — Mass
- Collective Protestant Sunday, 9 a.m. — Worship Sunday, 9 a.m. — Sunday School



The Happening

(R)
Friday, 7 p.m.

Indiana Jones and the Kingdom of the Crystal Skull

(PG-13)
Saturday, 4 p.m.
Thursday, 7 p.m.



You Don't Mess with the Zohan

(PG-13)
Saturday, 7 p.m.
Wednesday, 7 p.m.

Iron Man

(PG-13)
Sunday, 2 p.m.

No shows on Mondays or Tuesdays.

Community collects, sends aloha to deployed Soldiers

Story and Photo by
MOLLY HAYDEN
Staff Writer

SCHOFIELD BARRACKS — More than 15 Soldiers lined up as 300 cases of Girl Scout cookies passed effortlessly between their hands and were stacked outside of the 2nd Stryker Brigade Combat Team (SCBT) building here, July 17. The cases, along with 1,000 donated aloha shirts, are currently on their way to Soldiers in Iraq.

“Our plan is to deliver these items to our Soldiers as soon as possible,” said Rear Detachment Command Sgt. Maj. Errol Snyder, 2nd SBCT, “to bring some aloha spirit to our deployed Soldiers.”

Two outstanding community members coordinated the collection of these donated items. Sascha Franzel started the program “T-shirts for Troops” to spread aloha and support the operations overseas.

“I just decided it was the right thing to do,” said 16-year-old Franzel. “It’s what I can and needed to do to help.”

Word of mouth and numerous appearances on the local news aided Franzel in her efforts to gather 1,000 aloha shirts from community members

For more information on “T-shirts for Troops” or to donate an aloha shirt, contact Sascha Franzel at tshirtsfortroops@aol.com.

For details on “Operation: Girl Scout Cookie,” or to make a donation, call Kristi Cardoso at the Girl Scout Council of Hawaii at 595-8400, ext. 216.

around the state.

“We started with just a few and as the word spread, so did the donations,” said Franzel.

Girl Scouts of Hawaii continued its yearly “Operation: Girl Scout Cookie,” to show support for the troops. As scouts encouraged family and friends to buy the famed cookies, many members of the community purchased extra boxes to send a sweet surprise to deployed Soldiers.

“This is something we do every year,” said Jennifer Frisbee, who facilitated the local chapter of the program. “Each year it grows, and more and more people around the island donate to show their support.”



The number of donated boxes being sent to all branches of military more than doubled this year compared to last year, according to Frisbee. The troops’ appreciation was evident in numerous thank you letters sent to the Girl Scouts of Hawaii.

Both ladies were rewarded for their efforts and presented with certificates of appreciation.

“You bring out the best of what our country has to offer,” said Snyder as he presented the certificates. “We appreciate your efforts.”

Master Sgt. Lynne Kelley of the Air Force’s Defense Information Systems

Left — Maj. Adelaido Godinez, rear det. commander, 2nd SBCT, presents Sascha Franzel with a certificate of appreciation. Franzel gathered 1,000 aloha shirts from the community to send to Soldiers in Iraq.

Agency-Pacific Command (DISA-PAC), was also celebrated for her efforts in bringing the Air Force and Army together in an impromptu recognition ceremony for the community members.

“This shows that our community and military family is growing,” said Maj. Adelaido Godinez, 2SBCT rear detachment commander. “It’s amazing that this many shirts and cookies were donated without any corporate sponsorship, just individuals within the community.”

“This is the epitome of teamwork,” added Air Force Chief Master Sgt. Christopher Vaughan, DISA-PAC. “And it will bring a smile to the face of many Soldiers.”

Expo to showcase FMWR fun Aug. 1

**DIRECTORATE OF FAMILY, MORALE,
WELFARE AND RECREATION**

News Release

SCHOFIELD BARRACKS — Family and Morale, Welfare and Recreation (FMWR) is holding its “Discover FMWR: Play in Paradise Expo” at the Nehelani, Schofield Barracks, Aug. 1, from 4-7 p.m.

The expo will represent all Army FMWR facilities, programs and services that are offered in Hawaii and will introduce patrons to the many ways in which they

can play with FMWR. It will feature free food samplings, children’s activities, storytelling, a hula demonstration, and shave ice provided by Army Hawaii Family Housing.


Program experts will be on hand to answer all of your FMWR questions, and all attendees will receive a free copy of the FMWR PlayPlanner calendar, which showcases six months of exciting FMWR upcoming events. The grand prize for one lucky winner is an outer island trip on the Hawaii SuperFerry.

Participating FMWR Activities

- Army Community Service
- Army Community Theater
- Army Golf
- Arts and Crafts Centers
- Automotive Skills
- Blue Star Card and Army Family Covenant
- Bowling Centers
- Child Development Centers

- Family Child Care
- ITR
- KoleKole Bar & Grill and Nehelani
- Library Services
- Middle School and Teens
- Outdoor Recreation
- Outreach Services
- Parent 2 Parents

- Pililaau Army Recreation Center
- Recreation Activities
- School-Age Services
- SKIES
- Sports and Fitness
- Tropics
- USDA
- Youth Sports
- Youth Education Services



25 / Today

Personal Training Summer Special

— Receive one free personal training session when you purchase a 10-pack of sessions during July and August.

Call Kristy Osborn, 381-5944, or the Health & Fitness Center, Schofield Barracks, 655-8007.

26 / Saturday

Deep Sea Fishing

— Don't miss your chance to catch the big one, July 26. Outdoor Recreation will provide trans-

portation, a cooler with ice, snacks and drinks. Space is available for groups up to six.

Cost is \$130 for a half-day session. Call 655-0143 for more information.

29 / Tuesday

Youth Sports Registration

— Youth born between 1992-2003 can now sign up for flag football or cheerleading through July 29. The cost is \$50 for flag football and \$60 for cheerleading. Cost is \$20 if you participated last year and still have the uniform.

Visit www.mwarmyhawaii.com or call the Sports Director at Aliamanu Military Reservation (836-1923), Schofield Barracks (655-6465) or Helemano Military Reservation (655-0883).

30 / Wednesday

Workout Without Walls

— Trying to get in shape but the same old routine has you unmotivated? Outdoor Recreation

will offer a brand new program, giving you the chance to try a different workout in a new location every week.

The next class is July 30, 9-11 a.m.; classes will be held every Wednesday. Each session costs \$10. Call 655-0143 for more information.

August

10 / Sunday

Military Long Drive Championship

— The Army Leilehua Golf Course will host the Family and Morale, Welfare and Recreation (FMWR) Long Drive Championship, Aug. 10, 8 a.m.

This event is an official Long Drivers of America (LDA) qualifier. For official rules and registration forms, call 655-4653 or visit www.mwrarmyhawaii.com.

Active duty service members from any branch of service, Reserve and National Guard, and retirees and family members

ages 18 years and above with valid military ID cards are eligible to compete.

Locally, prizes will include gift certificates to the pro shop. Also, the top long drive competitor at each of the five geographical zones will win an all-expense paid trip to compete in the military division at the Long Drive Championship in Mesquite, Nev.

The participant who hits the longest qualified drive during the World Long Drive Championship will win \$10,000.

Ongoing

Pool Seasonal Hours

— Effective immediately, the Aliamanu Military Reservation (AMR) and Helemano Military Reservation (HMR) swimming pools will be operating as seasonal pools.

Both pools will be open for business from Memorial Day through Discoverer's Day (Oct. 13), each year, and will be

closed for the remainder of the year.

Richardson Pool on Schofield Barracks and the Tripler Pool will maintain their current hours of operation throughout the year. Call 655-9654 or visit www.mwrarmyhawaii.com for the full schedule.

All Army Sports

— Soldiers interested in applying for Army-level sports competitions must apply with their Army Knowledge Online (AKO) account at <https://armysports.cfsc.army.mil>. Faxed copies are no longer accepted by the Sports Office. Call 655-9914 or 655-0856.

Mom and Baby Yoga

— Get fit with your baby at Mom and Baby Yoga, Wednesdays, 9:45 a.m., at the Heath and Fitness Center, Schofield Barracks. Mats are provided, but moms should bring a small towel or blanket for their babies to lie down on. Call 655-8007 to register.

AHFH: Efficient appliances, materials make Army housing a step above rest

CONTINUED FROM B-1

emissivity coating keeps the heat of the sun’s rays out and lets the light in.

- Energy-efficient compact florescent lights (CFLs) and fluorescent lights are installed throughout the home.
- Kitchen appliances and bathroom exhaust fans carry Energy Star ratings.
- Solar hot water heaters supply most if not all of the hot water a family needs.

Water Efficiency

- Dual flush, high-efficiency toilets.
- High-efficiency faucet and shower fixtures.
- High-efficiency drip irrigation for lawns.

Efficient Landscaping

- Plants and trees around the homes have been specifically chosen because they are native to Hawaii and can tolerate drought conditions.
- A unique feature, the bio-swale, slows down the rainwater and helps it to absorb into the soil.
- Extra parking pad is permeable concrete pavement, which allows water to soak through.

Environmentally Friendly Materials

- Tile floors are made from a linoleum material that is all-natural.
- Countertops are a solid surface with recycled content that are easy to clean and can be recycled.
- Fiber cement siding contains re-



Hamilton resident William Brown gets some help from AHFH maintenance tech Baron Loftin to demonstrate how quickly permeable concrete — one of many LEED for Gold home features — absorbs water.

- cycled material and can be completely recycled.
- The structure and the gypsum wallboard all have a high recycled content.

Indoor Environmental Quality

- Air conditioning ducts are sealed during construction to keep them as clean as possible, and the air filter is more efficient than standard filters that will help maintain quality air.
- Interior paint and caulking have low to no fumes; homes have been flushed with air, to lower any remaining fumes as much

- as possible.
- All wet areas have a special wall board that is water and mold resistant.

“Another initiative important to AHFH is educating our families about our sustainability initiatives,” said Ridding-Johnston. “We do this by educating them about their home and community design, and offer programs that range from curbside recycling to reducing energy consumption. Our desired outcome is to provide an environment that will encourage our families to live greener.”



Send sports announcements to community@hawaiiarmyweekly.com.

25 / Today

Outdoor Excursions for Veterans — Outward Bound, an international nonprofit outdoor education program, will offer fully funded outdoor adventure excursions to all Operation Iraqi Freedom and Operation Enduring Freedom (OIF/OEF) veterans. Anyone who has deployed in support of OIF/OEF combat operations is eligible to apply.

The five-day excursions offer adventure activities in Maine, Texas, Colorado, California and Minnesota. All expedition costs for lodging, equipment, food and instruction are completely funded by a multimillion dollar Sierra Club grant, including the participants’ round-trip transportation between home and the wilderness site.

To sign up for a prescheduled course, call Doug Hayward at 1-866-669-2362, ext. 8387. Visit obvets@outwardbound.org.

Volunteers Needed — Volunteers are needed for the Honolulu Century Ride, Hawaii’s oldest and largest cycling event, scheduled for Sept. 28.

Volunteers are needed in a variety of areas including as aid station captains, food and beverage servers, greeters and event setup.

To sign up, call 735-5756 or e-mail john@hbl.org. Visit the Web site at www.hbl.org.

26 / Saturday

North Shore Swim Series — The 20th Annual Surf ‘n Sea North Shore Swim Series continues with Chun’s to Waimea Bay Swim, a 1.6-mile swim from Chun’s Reef to Waimea Bay, July 26, 9 a.m.

The final swim, the North Shore Challenge, is 2.3 miles from the Pipeline to Waimea Bay and will be held Aug. 9, 9 a.m. Lifeguards will patrol each event. Swims are electronically timed. Individual event times are combined, and series awards are presented to top swimmers in each age category. Visit www.hawaiiswim.com.

27 / Sunday

Mango Days 5K — The 6th Annual Mango Days 5K happens July 27, 6:30 a.m., at Ala Moana Beach Park. Get more details at www.active.com/page/Event_Details.htm?event_id=1587774.

‘Conservation Camp’ interns clean up Makua Valley

KIMBERLY WELCH
Oahu Army Natural Resource Program

MAKUA — In the last morning hours, Friday, in the fern-filled gully of Kahahaiki, the northern most gulch of valley here, strange sounds could be heard echoing off the valley walls.

“Height: 2.15 meters.”

“Basal diameter: 23 centimeters.”

“Vigor: healthy.”

“Where’s plant number 75?”

These were the shouts of 10 dedicated interns and their two leaders from the Hawaii Youth Conservation Corps (HYCC), a summer internship program for youth interested in conservation. The interns were calling off measurements to their teammates, who diligently recorded the information.

The group was assisting staff from the Oahu Army Natural Resource Program (OANRP) in locating and monitoring the endangered *Cyanea superba*, a native Hawaiian lobelia plant resembling a cabbage on a stick.

After one day, HYCC interns, working side-by-side with OANRP staff had monitored more than 75 endangered plants, collected more than 150 fruit from a native nettle tree (mamaki), built steps along steep sections of trail, constructed fence crossings, and removed more than 100 invasive plants from the native forest of Kahana-haiki.

This particular group was now on its fourth day with the OANRP staff, actively engaging in natural resource management. The summer at OANRP has been dubbed “Conservation Camp,” an appropriate reference to the multitude of young



Kayla Overton | U.S. Army Garrison-Hawaii Public Affairs

Oahu Natural Resource Program staff and Hawaii Youth Conservation Corps volunteers pack in step-building material to improve the trails of Kahanahaiki, July 17.

adults learning about careers in conservation through internships with OANRP. From June through August, OANRP staff will have introduced the many aspects of natural resource field work to nearly 40 interns, including 30 one-week interns, two six-week interns, and three three-month interns. This temporary boost in the number of “field technicians” has enabled OANRP staff to accomplish a number of natural resource management tasks in a very short time frame. However, the value of completed work tasks pales in comparison to the long-term benefits of exposing young adults to the important careers in conservation.

Consumers in military communities can drink their water confidently

Water quality reports show water on Oahu’s Army posts is clean and safe

DIRECTORATE OF PUBLIC WORKS
Environmental Division Staff

Every year since 1999, public water suppliers have been required by the Environmental Protection Agency (EPA) to provide Consumer Confidence Reports to their water users. These reports are

essentially annual water quality reports that provide information on the origin of the drinking water, any sources of potential contamination, and the contaminant data for the previous year.

The Directorate of Public Works (DPW), Environmental Division (Army), is pleased to report that no violations occurred for any of the U.S. Army Garrison-Hawaii (USAG-HI), installations including Aliamanu Military Reservation, Fort Shafter, Tripler Army Medical Center, and Schofield Barracks.

The 2007 Consumer Confidence Reports will be sent to installation residences this month. They are also posted on the 25th Infantry Division Web page at: www.25idl.army.mil/dpw/SafeDrinking.html.

Drinking water can come from surface water sources such as rivers, lakes or reservoirs, or ground water sources such as aquifers. The drinking water for USAG-HI installations comes from aquifers, which are natural underground reservoirs. As water passes over the

earth’s surface and percolates into the ground, it may dissolve naturally occurring minerals, radioactive material, and substances resulting from the presence of animal or human activity causing water contamination.

There are five main categories of contaminants including microbial contami-

nants, inorganic contaminants, pesticides and herbicides, organic chemicals, and radioactive elements.

Water sampling for these contaminants occurs throughout the year. Some monitoring occurs more often than others as outlined by the Safe Drinking Water Act.

The EPA sets limits on the amount of a contaminant present in drinking water. A violation occurs when the contaminant level exceeds the highest allowable level.