

# ARMY WEEKLY

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## 3-25th Avn. practices noncombatant evacuation

Photos by Capt. Heba Bullock, 25th Combat Aviation Brigade Public Affairs

**DILLINGHAM AIRFIELD —** In the photo, above, Soldiers from the 3rd BCT, 25th ID, play the role of civilians being evacuated via an Army CH-47 Chinook helicopter to a U.S. Navy ship during the NEO.

**STAFF SGT. SEAN EVERETTE**

25th Combat Aviation Brigade Public Affairs  
25th Infantry Division

**WHEELER ARMY AIRFIELD —** Two CH-47 Chinook helicopters from the 3rd Battalion, 25th Aviation Regiment, 25th Combat Aviation Brigade, picked up close to 60 refugees from a muddy field by Dillingham Airfield on the North Shore of Oahu, Sunday, and evacuated them to the safety of a U.S. Navy ship at Pearl Harbor.

The refugees, however, were not as they seemed. They were Soldiers from the 3rd Brigade Combat Team role-playing as civilians, and the evacuation was a planned part of a noncombatant evacuation operation, or NEO, built into Lightning Forge 2015, a huge exercise conducted by the 25th Infantry Division.

“What’s happening today is an opportunity for us to be able to exercise both aviation and ground components in the evacuation of what we call noncombatant personnel,” said Lt. Col. Hunter Marshall, 3-25th Avn. commander. “In

some cases, it could be an embassy or American citizens living abroad in a country that may be torn up by storms, a tsunami or hurricane, or strife within that country.”

There are 49 countries and seven of the world’s largest armies in the Pacific region, and the U.S. has recently shifted its focus to this theater of operations. That makes this NEO and Lightning Forge a crucial piece of Army training.

“The largest population in the world is located in this theater,” said Col. Ken Hawley, 25th CAB commander. “While there is a lot of water, there’s also a lot of land. The likelihood of some kind of humanitarian assistance or disaster relief exercise, or even a noncombatant evacuation, having to evacuate to a Navy ship or a port facility somewhere to get folks out is highly likely.

“Having that capability to execute with our helicopters is one of those key things,” Hawley said. “And this is an opportunity for us to make sure that happens.”

“The 25th Infantry Division has done a great

job with creating a package of personnel, Soldiers, aircrew and aircraft to respond to something like this in a 96-hour period, which is impressive,” said Marshall. “What’s extremely unique about this mission set is that it not only gives us an opportunity to go abroad and to, quite frankly, build relationships with folks, and hopefully, preclude something as horrific as war, but additionally, even here in Hawaii, is the opportunity to provide direct support to civil authorities should we be asked.

“So, should something happen here, a hurricane or tsunami, there’s that opportunity to be able to correlate and apply our training even on Oahu,” Marshall added.

The next step for 3-25th Avn. is even more intense training with 3rd BCT.

“(Lightning Forge) is our last training exercise before 3rd BCT – with our aviation battalion – deploys to the Joint Readiness Training Center at Fort Polk, Louisiana,” said Hawley. “This is really our ‘get ready to go’ for that exercise.”



**JOINT BASE PEARL HARBOR-HICKAM —** Soldiers from the 3rd BCT, 25th ID, play the role of civilians and exit the CH-47 Chinook helicopter on the deck of the ex-USS Tarawa.

## SB outage is on tomorrow

**KAREN A. IWAMOTO**

Staff Writer

**SCHOFIELD BARRACKS —** The second of three major electrical outages is scheduled to take place, here, tomorrow, according to the Directorate of Public Works.

Electricity will be out from 8 a.m. to 6 p.m., but there is a chance that the outage could last longer.

Homes in the Patriot Hamilton and Canby communities will be impacted, and there is a possibility that neighboring communities will also be impacted. Various businesses and organizations will also be closed due to the outage (see complete list below).

The Schofield Barracks Acute Care Clinic will be open during regular hours, from

**See OUTAGE A-7**

### Outage Locations

The following services will be closed Saturday, March 7, due to the scheduled power outage:

#### Army & Air Force Exchange Service

Burger King  
Exchange and Food Court  
Home Center  
Paradise Express  
Popeyes  
Sgt. Smith Theater

#### Directorate of Family and Morale, Welfare and Recreation

Bennett Child Development Center  
Bennett Youth Center  
Health and Fitness Center  
Leisure Travel Service  
Martinez Physical Fitness Center  
Nehelani Conference and Banquet Center  
Outdoor Recreation Complex  
Outdoor Recreation Equipment Storage  
Richardson Pool  
Schofield Barracks Bowling Center  
Sgt. Yano Library  
Tennis Courts Office  
Tropics Recreation Center  
Warren Skills Development Center  
Youth Sports Office

#### Directorate of Plans, Training, Mobilization and Security

Tropic Lightning Museum

#### Island Palm Communities

Canby Community  
Patriot Hamilton Community

#### Logistics and Readiness Center

Bronco Café Dining Facility  
Warrior Inn Dining Facility

## Engineers enhance leadership w/exercise

Story and photo by

**SGT. JON HEINRICH**

8th Theater Sustainment Command Public Affairs

**SCHOFIELD BARRACKS —** Soldiers and staff with 130th Engineer Brigade, 8th Theater Sustainment Command, trained in a command post exercise, or CPX, to simulate mission command of other units in combat scenarios, Feb. 23-27, at Leader’s Field, here.

Army units on Oahu prepare for Pacific Pathways by training for joint operations between units to not only enhance their skills, but to also build rapport with each other.

“The CPX trains the brigade staff how to facilitate mission command by learning how to analyze information, make recommendations and synchronize resources to solve complex problems,” said Col. Blace Albert, commander of the 130th Eng. Bde. “These are important skills for any staff, but especially one in support of U.S. Pacific Command.”

Maj. Glenn MacDonald, brigade operations officer in charge, said the training will allow the staff to better integrate with the 25th Infantry Division if the brigade should be tasked to support the division for Pacific Pathways.

“This CPX allows us to learn how our staff will talk to their staff, what systems they use and test command post of the future interoperability,” MacDonald said. “Also, this exercise forces us to focus on mission command of multiple subordinate battalions.”



**Soldiers and staff from the 130th Eng. Bde., 8th TSC, simulate commanding and controlling other units in a CPX, Feb. 23, at Leader’s Field.**

The exercise is divided into four phases to simulate daily objectives for the brigade staff to control: conducting reconnaissance, removing obstacles, providing a secure environment and restoring an international border.

“This is the first time this group of Soldiers came together to accomplish such complex tasks,” Albert said.

Lt. Col. James Rector, the executive officer of the 130th Eng. Bde., said the training was more tactically focused than past CPXs have been, with the last exercise involving recon-

naissance and the training of Afghan Soldiers.

Albert said this type of training is useful in leader development for unit readiness.

“Challenging exercises like this ... put the spotlight on our true leaders,” Albert said. “From the specialist on the radio to the captain in plans who determines the best way to task organize affairs, these realistic scenarios improve everyone’s presence, intellect and ability to develop and achieve, which are important attributes and competencies of a leader.”

## New USARPAC MCF will be state-of-the-art construction

**Building near Palm Circle, Fort Shafter, will replace World War II-era units**

Story and photo by

**STAFF SGT. KYLE J. RICHARDSON**

U.S. Army-Pacific Public Affairs

**FORT SHAFTER —** The U.S. Army-Pacific Headquarters, housed in 12 temporary wooden buildings dating back to World War II, is being replaced by a new state-of-the-art mission command facility (MCF) now under construction on a bustling construction site a few blocks from Palm Circle Historic District, here.

With the Army’s rebalance to the Pacific, the new \$400 million facility will not only consolidate command and control capabilities for the Army’s theater commander, but also dovetail with the Pentagon’s major effort to standardize network services across all of the Defense Department, known as the Joint Information Environment (JIE).

“The focus has really been shifted to the Pacific, and as a result of that, leadership changes are now in place to meet those requirements,” said Lt. Col. Mollie A. Pearson, product manager for Power Projection Enablers (P2E) at Fort



**Gen. Vincent K. Brooks, USARPAC commander, inspects the location of the Army and Air Force Exchange Service during a walkthrough of the facility, Feb. 12. Brooks was receiving an update on the progress of the MCF.**

Belvoir, Virginia, who recently highlighted the Hawaii modernization project in a recent issue of the Army’s “Signal Magazine.”

The new building will provide an environment conducive for USARPAC to host flag-level and diplomatic visits from 36 partner nations in the Indo-Asia-Pacific region, which stretches

across 16 time zones and represents more than 50 percent of the world’s population.

Twenty-five percent of the U.S. Army is located in the Pacific. Plus, five of the seven U.S. mutual defense agreements are held in the Pacific, along with seven of the world’s 10 largest armies.

“Though there were talks of a loss of forces, the reality is ... this (the new MCF) is a continued expression of the investment that has already been made and is ongoing,” said Gen. Vincent K. Brooks, commander, USARPAC, who recently donned a hard hat and toured the bustling construction site and received progress updates from officials.

Phase one is scheduled for completion this summer. Phase two was approved by Congress in 2014, and the final phase was authorized with the 2015 fiscal year National Defense Authorization Act (NDAA) with funding spread throughout the next few years.

A completion date has not been set.

The MCF will provide improved command and control systems with the Joint Staff and Army Headquarters, said Bob Hurban, USARPAC’s MILCON program manager.

“The planning and design for this facility has

**See MCF A-7**





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Public Affairs Office  
745 Wright Ave., WAAF Building 107, 2nd Floor  
Schofield Barracks, HI 96857-5000  
**Website:**  
www.hawaiiarmyweekly.com  
**Nondelivery or distribution**  
656-3155 or 656-3488

Contributing Commands  
**U.S. Army-Pacific**  
Russell Dodson, 438-2662  
**25th Infantry Division**  
MAJ Shea Asis, 655-6343  
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OSJA

# Motorcycles should be locked, says OSJA

CHRISTY B. ROGERS

Office of the Staff Judge Advocate

Have you ever experienced a stolen vehicle or motorcycle?

Someone experienced a loss, recently, and the Staff Judge Advocate answered this question:

**Q:** My motorcycle was stolen last weekend while parked on post, what now?

**A:** Well, you might be disgruntled about your stolen motorcycle, but your mother is secretly happy you're not driving that annoyingly loud, dangerous, "donor cycle" - as many medical professionals refer to them - down the back roads of this island any longer. Your neighbors are probably thankful, too.

Regardless, you're upset and here's what you need to know.

First, motorcycle theft is common on the island. We're not in Kansas anymore, Toto, and you have to take precautions to prevent, or at least deter, theft.

You might think this is the aloha state and would-be criminals will kindly leave a lei on your handlebars instead of stealing it. Or, you might simply think your bike is safe because it's parked on post,

with or without security gate guards. Don't be fooled. Crime is everywhere, even on post.

So, let's start with what you should have done.

You spent a month's worth of salary on your prized possession, so please leave room in your budget to purchase a lock and chain to secure the bike while parked. Securing your bike with a lock and chain doesn't necessarily prevent theft, but it will deter it. Motorcycle stalls on post almost always offer a device to secure your chain to the ground, but if there isn't one provided, find a parking stall with a light pole or other fixture that can be used to secure your bike.

In addition to the lock and chain, you should also purchase comprehensive insurance coverage. Ask your insurance representative questions to ensure you're covered in the event it's stolen or vandalized.

Unfortunately, your motorcycle is gone, and the criminals didn't even bother leaving a lei where your bike was once parked. You should start by filing a police report with both the Military Police and the Honolulu Police departments. If you have insurance coverage,



Courtesy photo

**Unless the owner properly secures his/her motorcycle with a lock and chain, it is unlikely that the Army will pay a full claim for a motorcycle stolen on an Army post, according to Army regulations, said the OSJA.**

file a claim to begin the process. If you don't have insurance, start panicking.

Gather all the information you have on the motorcycle, for example, bill of sale, registration paperwork, license plate information and any other documentation proving ownership. At this point, the Claims office is available to answer questions and provide any assistance you may need.

Army Regulation 27-20 and Department of the Army pamphlet guidance prevent payment of an on-post theft claim when the claimant is negligent. If you didn't have a lock and chain securing your bike to the ground, the Army

will likely not pay your claim, or may only pay a portion of the amount claimed due to your negligence in not properly securing the bike.

Save yourself panic and unnecessary headache by using a lock and chain to secure your bike, and obtain comprehensive insurance coverage in case it happens to you. Hopefully, it will prevent or deter theft, but if not, at least it will ensure a better chance of recovery with your insurance company or the Army.

Call the Schofield Claims office at (808) 655-9279 with any questions.

(Note: Rogers is chief of Claims at OSJA, U.S. Army Garrison-Hawaii.)

## Everyone must protect social media accounts

CID LOOKOUT

Criminal Investigation Command

QUANTICO, Virginia — In January 2015, the Twitter and YouTube accounts of U.S. Central Command (CENTCOM) were hacked and defaced.

In February 2015, a Twitter account dedicated to military spouses was hacked and defaced, and "Newsweek's" Twitter account was also commandeered.

In each case, alleged, violent extremist groups spewed threats and anti-U.S. rhetoric.

Spreading propaganda is hardly a new tactic. However, hijacking personal, corporate and government social media is a more recent phenomenon and demonstrates a level of technological adaptability and competence.

The greater Army community can take steps to protect itself and its online presence.

"Social networking sites empower people to connect and organize with others based on common interests, background and associations," said Daniel Andrews, director of the Computer Crime Investigative Unit (CCIU). "Indeed, these technologies have impacted modern society and are interwoven in daily activities.

"Unsurprisingly, criminal elements and adversaries also harness the power



of social networking sites to conduct surveillance and otherwise further their causes," he continued. "Our goal is to help users understand online risks and make informed decisions to mitigate those risks, ultimately leading to safer online activities."

As a result of recent world events and a continual effort to protect the force, special agents with the U.S. Army Criminal Investigation Command's CCIU strongly recommend that anyone affiliated with the U.S. military, review their social media accounts to make sure they are using the best security settings to protect their online profiles.

With that in mind, CID provides the following information to help the greater Army community protect itself online and significantly reduce the chance of becoming a victim of cybercrime.

**Recommendations**

- Do not accept friend/follower requests from anyone you do not know. Independently verify identities.
- Securely configure your social net-

working accounts to minimize who can see your information.

- Be cautious when accessing online accounts from public Wi-Fi connections. Someone might have installed software capable of capturing your login credentials and other sensitive information.

- Do not use the same password for all of your accounts.

- Use strong, unique passwords. Consider pass phrases for an additional level of safety.

**Tips to avoid being socially engineered via phishing emails**

- Be suspicious of unsolicited email messages from individuals and companies. If an individual claims to be from a legitimate organization, try to verify the

identity with that organization.

- Do not use contact information provided in the email or on a website connected to the request.

- Do not respond to email solicitations.

- Do not follow links sent in email solicitations.

- Do not provide personal, financial or account (username and password) information to email solicitations.

- Pay attention to the URL of a website in email solicitations. Malicious websites may look identical to a legitimate site, but the URL may use a variation in spelling or a different domain.

- Employ the use of a spam filter.
- Treat all email attachments with caution. Turn off the option to automatically download attachments.

**More Online**

Learn more by reviewing these pdfs:

- www.cid.army.mil/documents/CCIU/2can/SocialNetworkingSafeTyTips.pdf.
- www.cid.army.mil/documents/CCIU/2can/CCPFFacebook.pdf.
- www.cid.army.mil/documents/CCIU/2can/CPFFTwitter.pdf.
- www.cid.army.mil/documents/CCIU/2can/CPF%200020-10(ho

me%20computer%20security).pdf.

- www.cid.army.mil/documents/CCIU/2can/2CAN%200023-07%20(Cyber%20OPSEC).pdf.

For more information on CID or to report a felony-level crime or provide information concerning a crime, contact your local CID Office, the Military Police at 655-7114 or 438-7114, or visit www.cid.army.mil.



## FOOTSTEPS in FAITH

# The key to an adventurous life is taking on challenges

CHAPLAIN (MAJ) JOHN GRAUER

U.S. Army Garrison-Hawaii

Nike says "Just Do It," and The North Face store uses the phrase "Never Stop Exploring."

Adventurous pursuits can have meaning or purpose: to challenge oneself, to raise awareness for our veterans, to ensure protection for our children, to end human slavery or to generate funds for some worthy charity.

All of these areas are worthy human endeavors. In fact, one could say this is what life is truly about.

But adventure, "the experience," does not have to be an adrenaline-filled ocean



Grauer

race across the Pacific or an "on the edge of death" event, like climbing the tallest mountain in the world, Mount Everest.

Understanding that there is something in each of us that responds to challenges means we will recognize what true adventure is.

For a mountain climber, the challenge of a mountain is to go out to meet it, to experience the hardship, the toughness. The difficulty a climber experiences on a mountain is the struggle of life itself. It is continuing upwards in spite of the obstacles in the way.

In other words, life is always an adventure. What we get from this adventure is a sense of accomplishment and the satisfaction of knowing I was challenged.

Life is not easy. In fact, it is the opposite; it is downright hard. And, at times, it kicks us in the pants.

Life just goes out of its way to make

things difficult, to put obstacles in our path. Your stress level is high, energy level is low and every day the effort to maintain balance in life becomes a little harder.

If you have felt this way - and honestly, I don't know anyone who hasn't - it probably comes as no shock when I tell you that it may not get any better tomorrow or the next day, until you come to understand what life is about:

- The struggles you engage in today are making you better.

- Life is about how you deal with the challenges.

- The mind, body and spirit encompass you, and you must exercise each of them.

To live a life of adventure is to struggle for what is truly important. Happiness is not found in the monetary riches we acquire in life. The meaning of our life comes when we meet the challenges of

this world.

George Mallory, explorer and mountaineer, said it best, we must respond to the challenges and go out and meet them. Mallory attempted and failed to climb the mountain he so loved, and yet, he left a legacy of doing something that most people were afraid to attempt, climbing the tallest mountain in the world.

Do you have a mountain to climb? Everyday, well-meaning people climb mountains to ensure life has meaning.

They feed the poor, they help a veteran, they volunteer to provide a safe haven for those who are victims of violence or they serve our nation. They go out and they meet the challenges of life. They "Just Do It" and they "Never Stop Exploring."

Do you want to live a life of adventure? Then challenge yourself and make a difference today.

# Voices of Ohana

In support of Return Borrowed Books Week, this week.

**What was the last book you read and would you recommend it?**

By 311th Signal Command (Theater)



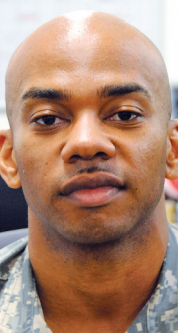
"Mutiny on the Bounty" by Charles Nordhoff and James Norman Hall, and yes, I'd recommend this book."

**Staff Sgt. Kimon G. Babb**  
Senior finance analyst, 311th Signal Command (Theater)



"Blue Hat, Green Hat" by Sandra Boynton was the last book I read. I'd recommend it for any kids 5 and under."

**Amy M. Elgier**  
Security specialist, 311th Signal Command (Theater)



"Green Team! Teenage Mutant Ninja Turtles." My 3-year-old will not sleep unless it is read. I highly recommend it."

**Staff Sgt. Jasmon R. McAllen Jr.**  
Info. systems supervisor, 311th Signal Command (Theater)



"Divergent.' It's a really good book, so, for sure, I'd suggest this to anyone."

**Lt. Col. Kip R. Reitz**  
Chief FM Ops, 311th Signal Command (Theater)



"Down Range to Iraq and Back" by Bridget C. Cantrell and Chuck Dean. I'd definitely recommend this book."

**Staff Sgt. Rodson K. Wint**  
Senior driver, 311th Signal Command (Theater)





Staff Sgt. Thomas G. Collins, 500th Military Intelligence Brigade Public Affairs

**Lt. Col. Heidi Urben, commander, and Command Sgt. Maj. Alex Lashendock, senior enlisted adviser, 205th MI Bn., 500th MI Bde., congratulate Co. C, 205th MI Bn. on winning.**

# 205th MI hosts Black History event

**STAFF SGT. THOMAS G. COLLINS AND CAPT. GEORGE L. GURROLA**  
500th Military Intelligence Brigade

FORT SHAFTER — Soldiers, civilians and families from around U.S. Army-Hawaii area south participated in the first ever African-American/Black History Month Observance Orienteering and Trivia physical training event, here, Feb. 26.

The event honored the sacrifices and contributions African-Americans have made in support of our Army and our nation in a fresh and innovative way.

This year’s nationwide theme is “A Century of Black Life, History and Culture.”

The observance, sponsored by the 205th Military Intelligence Battalion, 500th MI Brigade, placed a unique twist on how individuals celebrate and remember Black History Month.

“Today, we wanted to host a fun and educational event where we could bring out some team competition and esprit de corps in honor of Black History Month for all of the USARHAW area of operations south and the Fort Shafter area,” said Lt. Col. Heidi Urben, commander, 205th MI Bn.,

500th MI Bde. “It was a team-building competition incorporating a little bit of trivia and education for all the teams, and it was a great way to start the morning.”

Teams from various units and organizations, including the 94th Army Air and Missile Defense Command, 500th MI Bde., 8th Theater Sustainment Command, and the U.S. Army-Pacific Information Management section, participated in the event.

The participation and support from units across Oahu truly captured the “One Team” concept.

“It was nice to see involvement from across Fort Shafter, and I think we had about 20 teams of 10 individuals each participating,” said Urben. “It was a real good turnout.”

The event kicked off with comments made by Maj. Nicole Ussery, operations officer, 205th MI Bn, 500th MI Bde., who stressed the importance of Black History Month.

“In 1976,” she said, “Negro History Week became Black History Month and encouraged the public to seize the opportunity to honor the too-often neglected accomplishments of African-

Americans in every area of endeavor throughout our history. Today’s festivities will do just that! The physically and mentally challenging event will celebrate the significant contributions of African-Americans over the course of the past century.”

Chaplain (Capt.) Robert Cargel of 205th MI Bn., gave the invocation, quoting Reverend Martin Luther King Jr.

“Help us to walk together, pray together, sing together, and live together until that day when all God’s children, black, white, red, brown and yellow, will rejoice in one common bond of humanity,” he quoted.

After the invocation, teams raced in various directions negotiating Fort Shafter and heading to one of five stations. At each station, participants answered trivia questions centered on various categories, including entertainment, sports and leisure, science, arts and literature, and history.

Along with gaining a higher knowledge of African-American history, the team with the fastest time and who answered the most trivia questions correctly, won the event.

The team from Company C, 205th MI Bn., was recognized for having the top score.

# 500th MI hosts Strong Bonds marriage retreat in Waikiki

Story and photo by  
**STAFF SGT. THOMAS G. COLLINS**  
500th Military Intelligence Brigade  
Public Affairs

WAIKIKI — Soldiers and family members from the 500th Military Intelligence Brigade gathered at the Hyatt Place Hotel, here, Feb. 20, to take part in the Strong Bonds program marriage retreat sponsored by the 500th MI Bde.

“Strong Bonds is a unit-based, chaplain-led program that helps Soldiers and their families build strong relationships,” said Chaplain (Maj.) Leo Moras of 500th MI Bde. “The program’s mission is to build Soldier readiness by providing skills the Soldier can use to strengthen his or her marriage and other relationships.”

The day began with a group breakfast followed by filling out a Primary Colors Personality tool booklet that allowed couples to discuss the similarities and differences in their personalities.

“This was exciting. The Primary Colors Personality quiz was right on,” said

recently married Pfc. Marc-Anthony Bartolomeo, a New Jersey native, and human intelligence collector, 205th MI Battalion, 500th MI Bde. “After the quiz, we got to discuss the quiz in a group setting, and it brought attention to some things that I can work on to be better in my marriage.”

The Strong Bonds program is designed to allow unit chaplains the freedom to choose what curriculum or materials, like the personality quiz, are used during the retreats.

“Strong Bonds offers training to Soldiers at the unit level,” said Moras. “Each Strong Bonds program is targeted to meet Soldiers where they are in their relationship cycle and is administered through a training process that culminates in an off-site retreat.”

Each relationship is different. Some may need more nurturing than others, and some may just need a few tools to add to their relationships.

“We came on this retreat to enable our marriage and allow it to continue to grow in a positive way,” said 20-

year marriage veteran Sgt. Paul Crayton, a Dallas, Texas, native, and signals intelligence analyst, Company D, 715th MI Bn., 500th MI Bde. “Each phase of life poses new challenges to a marriage.”

One challenge that military members face is time away from their family, whether that is their spouse, children or other family members.

“With increasing demands placed on Army families and Soldiers, including frequent deployments and relocations, intimate relationships are tested and many marriages end in divorce,” said Moras. “Research shows that training in communication, intimacy and conflict management increases marriage satisfaction and reduces rates of family violence.”

Healthy relationships give birth to ready and resilient Soldiers.

“To build resilient Soldiers, we must encourage and reinforce a strong family support structure,” said Col. Patrick J. Wempe, commander 500th MI Bde. “The Strong Bonds program does ex-



**Chaplain (Maj.) Leo Moras of 500th MI Bde. leads a group training session at the 500th MI-sponsored Strong Bonds marriage retreat.**

actly that – investing in the relationships our Soldiers rely on in times of stress or need.”

In addition to building resilient relationships and Soldiers, it is also important to keep those Soldiers in the Army.

“About 30 percent of first-year Sol-

diers drop out of the Army,” said Moras. “It is believed that this dropout rate could be significantly reduced if the Soldier had strong support from family and loved ones.”

Coping with stress and learning ways to overcome that stress is what Strong Bonds is all about.



# Female Army Ranger candidate donates shorn locks

MASTER SGT. ANTHONY ELLIOTT  
Army News Service

HONOLULU — 1st Lt. McKinsey Hulen, special projects officer (G3), Headquarters, Pacific Regional Medical Command, is about to try something that only 43 other female Soldiers in the U.S. Army’s history have tried.

Hulen is attending the U.S. Army Ranger Training and Assessment Course (RTAC), later this month, at Fort Benning, Georgia.

This alone would make for an interesting story, but in preparation for the RTAC, Hulen was required to cut her hair to meet the RTAC standard for all female candidates – that being, no longer than one-quarter inch to one inch in length.

Knowing this standard, Hulen used her haircut this past Saturday as an opportunity to do good for those in need. She donated her hair to the Locks of Love organization, located in



**1st Lt. McKinsey Hulen, special projects officer, Headquarters, PRMC, cut approximately 20 inches of her hair in preparation for RTAC, this month. RTAC standards state that a candidate’s hair can be no more than an inch in length. Only 43 other women in Army history have attempted the RTAC.**

West Palm Beach, Florida.

Locks of Love is a nonprofit organization that uses donated hair to make



Courtesy photos

wigs and hair pieces for financially disadvantaged children who suffer from long-term medical hair loss.

Hulen proudly stated, “I mailed my hair out this morning (Tuesday).”

When asked about how she felt to be able to donate her hair, Hulen said, “I think it’s great that Locks of Love is available to help others. I definitely had some fears when it came to cutting my hair, but knowing that it would be put to good use made the experience easier.

“I think that sometimes women use their hair as a security blanket,” Hulen added, “but having short hair has been very liberating so far.”

In total, Hulen donated hair that measured 20 inches in length.

As for her RTAC training, haircuts are not the only preparations that Hulen has been making. She has been focused on her strength and load bearing conditioning, along with a lot of running, push-ups and pull-up training.

Should Hulen make it through RTAC she will be eligible to attend

the U.S. Army Ranger School in April 2015, during which time she will be carrying in excess of 90 pounds worth of equipment during some phases of Ranger training.

Hulen thinks that it is important that she face new challenges, and she encourages other female Soldiers to push their limits to achieve their goals, too.

“I would tell them to go for it,” Hulen said of female Soldiers considering RTAC and Ranger School. “The quote that I use to inspire me is ‘What would you do if you weren’t afraid.’ ... To me, fear is not an excuse.

“I support all of the women that have gone to RTAC before me, and I hope others will follow,” Hulen added.

Hulen departed for RTAC on Wednesday. She begins her efforts to join the other six female Soldiers who have qualified to attend the U.S. Army Ranger School.

*(Note: Elliott works at Pacific Regional Medical Command, Fort Shafter.)*

# Civilian Expeditionary Workforce offers some opportunities

AMANDA S. RODRIGUEZ  
U.S. Army Installation  
Management Command

SAN ANTONIO — Joining the Civilian Expeditionary Workforce took André Douglas from program manager to deputy commander.

Douglas, a civilian with the U.S. Army Installation Management Command’s resource management directorate, applied to CEW to broaden his experience.

His tour as the deputy garrison commander of Bagram Air Base, Afghanistan, yielded benefits both tangible and intangible.

“Career-wise, it gave me an opportunity to gain 17 months of experience as a deputy commander, making me more competitive for a permanent position CONUS (continental U.S.) or OCONUS (outside continental U.S.),” he said.

As a military retiree, Douglas found himself on familiar ground as he prepared to deploy. After accepting the position in 2013, he attended civilian

pre-deployment training at Camp Atterbury Joint Maneuver Training Center, Indiana. There, he went through mobilization processing, which included medical, dental and financial readiness, as well as safety, security and cultural awareness training.

“For nonveteran civilian employees, the pre-deployment training might seem a little stressful,” said Douglas. “It’s designed to be as realistic as possible, though civilian deployment is a very different experience. For one thing, we don’t carry weapons.”

Douglas stepped off the plane at Bagram into a new and more challenging role. He was promoted to a higher pay grade, and, as the deputy garrison commander of the largest U.S. installation in Afghanistan, he supported a joint-service population of more than 30,000.

“I have never been a garrison commander before, but someone recognized that I had the potential, the right mix of knowledge and experience to do that job. Potential to lead is what it’s



Courtesy photos

**The 2014 Bagram Air Base garrison command team included, from left, Col. Stephanie Gradford, commander; Andre Douglas, deployed civilian and deputy garrison commander; and Command Sgt. Maj. Paul Bianco.**

all about. Half of the staff were IM-COM civilians, but I also had Air Force, Navy and contract employees. Their technical skill was amazing. I brought leadership; they brought knowledge and perspective. I learned so much from them; it was incredible.”

With two children in college and a third to follow, Douglas acknowledged the financial benefits of post differential, hazardous-duty and overtime pay. But he quickly pointed out what he considered the most important reasons to deploy.

## More Details

For additional information about the Civilian Expeditionary Workforce, please visit [www.imcom.army.mil/Organization/G1Personnel/CivilianPersonnel/CivilianExpeditionaryWorkforce.aspx](http://www.imcom.army.mil/Organization/G1Personnel/CivilianPersonnel/CivilianExpeditionaryWorkforce.aspx) or [www.cpms.osd.mil/expeditionary/](http://www.cpms.osd.mil/expeditionary/).



“If you want to deploy, it has to be more than just money. You have to do it because you want to serve – your country, service members, civilians and contractors in combat – and you want to make a difference,” Douglas said.

“They need you, and you’ll see just how much when you arrive. There’s a shortage of DOD civilians there, so people are looking for you, they’re happy to see you and you may find yourself taking on other jobs,” Douglas said, recommending the program.



# Leaders recognize women



# DTMO memo has retired ‘Virtually There’ invoices

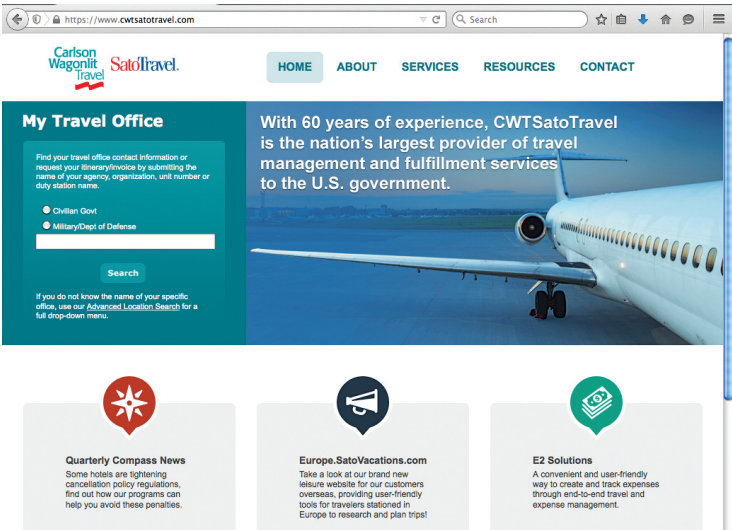
**HOWARD HICKS**  
Defense Travel Management Office

According to the Defense Travel Management Office, the Carlson Wagonlit Travel Sato, or CWTsato, website is not to be used every time someone travels.

The CWTsato Travel invoice that is sent when a ticket is issued is approved by the DTMO to use for the travel claim.

Emails that are sent with invoices will state “Invoice” in the subject line. On the bottom of the pdf file, you will see the ticket and fee number. If you are a traveler and would like to get an invoice copy, you may contact CWT-Sato Travel to add your email address before ticketing or have the traveler forward the email with the invoice.

Since Oct. 21, 2014, Sabre Travel discontinued supporting of “Virtually There,” the program that allowed both travelers and CWTsato to access travel invoices. After that date, travel-



Courtesy image

**DTMO has released guidelines regarding use of the CWTsato website.**

ers no longer were able to request copies of missing invoices through “Virtually There.”

Travelers are encouraged to maintain the original copy of their invoice, issued via email, at time of ticketing.

CWTsato has developed a Web-based process in the event that you lose your invoice. Follow these instructions:

- 1) Go to [www.cwtsatotravel.com](http://www.cwtsatotravel.com).
- 2) Find the “Travel Office Locator” on the left side of the screen.
- 3) Choose “Civilian Govt” or “Military/Dept of Defense.”
- 4) Type your Command/Agency in the text box and click “Search.”
- 5) Select the appropriate office from the list of available links and you will be automatically directed to the Web page for the CWTsato office responsible for handling your travel. You may also click the “Advanced Location Form” link below the Search button of the Travel Office locator.
- 6) Scroll down and click the “Itinerary/Invoice Request” box.
- 7) Provide the required information on the form, to include a government email address, and then click “Submit.”

A copy of the invoice will be emailed to the government email address provided.

Contractually, CWTsato can only email invoices to government email addresses (extensions ending with .gov, .mil, .edu) and to personal email addresses if the invoice involves Yellow Ribbon events.

(*Note: Hicks is the Team Lead, Commercial Travel Division, Program Management Branch, at DTMO.*)

## Points of Contact

For more information, contact Hicks at 4800 Mark Center Dr., Ste. 04J25-01, Alexandria, VA, 22350-9000, or call (571) 372-1218.

Locally, call Randy Davis, chief, Transportation Division, Logistics Readiness Center-Hawaii, at 656-4963.

# Engineer resource menu available to Soldiers, civilians

**STAFF SGT. WESLEY GREER**  
U.S. Army Directorate of Training and Leader Development

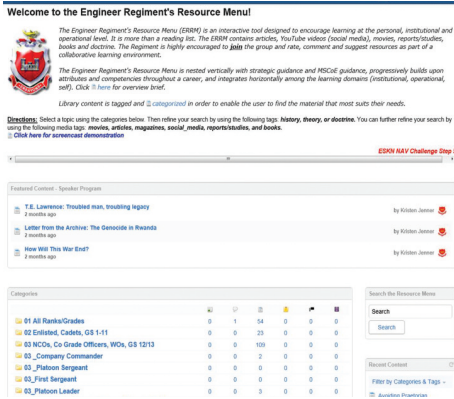
FORT LEONARD WOOD, Missouri — Traditional reading for the U.S. Army Engineer School has progressed from pages to online digits with the introduction of the Engineer Regiment’s Resource Menu.

The ERRM is a digital compilation of self-development materials tailored specifically for the self-development and personal knowledge of Soldiers, noncommissioned officers, officers and the Department of the Army civilian workforce.

Data from engineer NCO and officer courses’ end-of-course surveys indicated that the majority of company grade engineer officers dedicated relatively little time for professional reading. The numbers were slightly less for NCOs.

Rather than assuming the numbers meant engineer NCOs and officers were not dedicated to self-development, the training directorate formed a committee to look deeper into the situation.

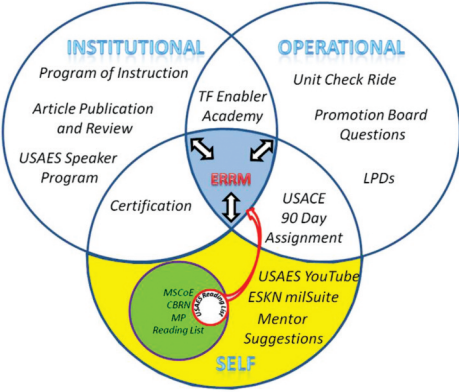
“I came to the realization that maybe reading in the traditional way was not the chief means through which younger Soldiers and the millennial generation learned,” said Col. Jason Smallfield, Engineer Regiment director of training.



**The ERRM is more than a reading list. It’s a one-stop database featuring articles, videos, lectures, and more, which aims to encourage professional self-development. The ERRM offers many ways to access materials.**

An exploratory committee was formed in March of 2014, an initial presentation was fine-tuned and presented to the Regiment’s senior leadership. With approval, ERRM became available in May 2014 to explore and join.

The resource menu, based on guiding principles or organizing thoughts, includes not only books and magazines, but also movies, lectures,



Courtesy images

al books or periodical articles about the particular topic.”

The ERRM provides the opportunity for Engineer professionals, of all grades and career levels, to collaborate with one another, to discuss topics or answer questions.

Additionally, because it is the Engineer Regiment’s, participants have the opportunity to evaluate the suggested resources, suggest better or additional resources to support the organizing principles and to recommend which resources should be deleted.

“In effect, they become the driving force that shapes the ERRM for future engineer Soldiers and civilians,” Smallfield said.

(*Editor’s note: Greer is a training developer with the directorate.*)

## ERRM Online

The ERRM is hosted in the Milbook repository at [www.milsuite.mil/book/groups/usaes-commandant-resource-menu](http://www.milsuite.mil/book/groups/usaes-commandant-resource-menu). It is available to all who have a common access card or a CAC-enabled computer.



# CSM says that gun safety is not an accident

**COMMAND SGT. MAJ. LEEFORD C. CAIN**  
Army News Service

We are Soldiers!

From the moment we step off the bus and report in at the reception station, we are introduced to the Army’s values and strict standards of discipline.

Drill sergeants enforce these standards and capitalize on every opportunity to ensure we’re focused, trained and ready to do what the Army requires, to defend this nation – if, when and where it may be necessary.

Within days after entering basic combat training, we are familiarized with either the M-16 or M-4 weapon system. Here, we learn basic marksmanship fundamentals, to include how to properly handle a weapon, disassemble and reassemble the weapon to zeroing and qualifying with it.

Any sign of complacency or the mishandling



Cain

of the weapon is immediately corrected by the drill sergeant, and I’m sure you all know, it is not a pleasant experience.

This is serious stuff. These noncommissioned officers knew never to relax standards because doing so put Soldiers at risk of injury or death, whether on the battlefield or while conducting training at home station.

With this in mind, I’m dumbfounded when reports hit my desk informing me that a member of our Army family has been killed or injured as a result of a negligent weapon’s discharge or whose buddy is killed because of horseplay with a loaded gun while consuming alcohol.

How does this happen when weapon safety has been drilled into our major muscle memory? From day one, we’re taught to respect them ... to handle them with the utmost care.

From October 2003 to the present, the Army has reported a total of 275 privately owned weapon incidents, 27 of which resulted in Soldier fatality.

Alcohol or illegal substance use were significant factors in 15 of those fatalities, while the

rest were attributed to other types of Soldier indiscipline or complacency.

These findings are hard to understand and accept. Have our Soldiers forgotten their training, or are they simply ignoring the training and skills they learned during basic training?

What does this say about our team? Where is the battle buddy, the leader? Who is going to step up to the plate and accept responsibility for the death or injury of a team member? Sadly, some have been leaders.

The Army values and standards of discipline that makes us indispensable in the civilian job market should be forever etched into our psyche, especially when we’re at home cleaning a 9 mm pistol, in the woods deer hunting with a .308 rifle, or popping off rounds at Uncle Joe’s farmhouse with a .22.

Handling a weapon safely should be second nature to us. We are Soldiers!

We are examples for our families, our friends and the rest of the world. There is no other army in the world that compares to our disciplined force.

Whenever you handle a weapon, on or off duty, it is extremely important to THINK about what you’re doing. THINK!

- Treat every weapon as if it’s loaded.
- Handle every weapon with care.
- Identify the target before you fire.
- Never point the muzzle at anything you don’t intend to shoot.
- Keep the weapon safe and your finger off the trigger until you intend to shoot.

Never handle a weapon if you’re intoxicated or under the influence of any medication that may impair your judgment or motor skills, and always read the owner’s manual.

Learn about your weapon even before you attempt to load and fire it. It’s that important.

We are all members of the Army team. Be the hero our families know we are. We are Soldiers. Do the right thing.

Army Safe is Army Strong. Hooah!

(Note: Cain works at the U. S. Army Combat Readiness Center.)



## MCF: Eco-friendly building may get silver LEED certified

CONTINUED FROM A-1

been under development for several years, and the FY15 NDAA assures us the full capabilities of the facility will be realized,” said Hurban.

The new facility is eco-friendly and will include storm water management (water catchment and storage for irrigation), heat recovery

on chilled water (to preheat hot water) and recycled materials (rocks, trees, sorting waste material). It will also be photovoltaic (PV) solar panel ready, in the Army’s efforts to utilize renewable energy sources.

All these features, and more, are used to help the MCF gain the Leadership in Energy and Environmental Design (LEED) Silver certifica-

tion. LEED is a rating system used in the design, construction, operation and maintenance of green buildings.

Even though the Army is going through a transition, there will be a continued presence in the Indo-Asia Pacific region along with support to the Army’s partner nations and its people, Brooks said.

## Outage: Avoid use, opening the fridge

CONTINUED FROM A-1

7 a.m.-6:30 p.m., officials there said. The pharmacy will also be open during regular hours, from 8 a.m.-12:30 p.m. and from 1:30-4:30 p.m.

While most restaurants, here, will be closed, the commissary will be open during reduced hours, from 9 a.m.-6 p.m., commissary officials confirmed. Those who choose to remain on the installation can pick up ice, ready-made meals (deli sandwiches, rotisserie chicken, etc.), flashlights and candles.

The scheduled outage is part of ongoing efforts to upgrade the Schofield Barracks Castner Substation, which is one of two main electrical substations powering the installation, according to DPW.

The upgrade is necessary because of the Castner Substation’s age; it was installed in 1944.

The third major electrical outage scheduled as part of the work on the Castner Substation is scheduled for June 6.

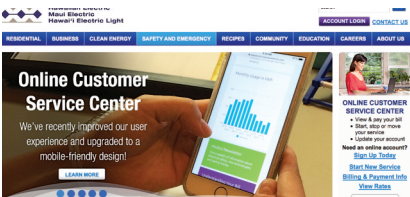
Island Palm Communities has the following tips for residents impacted by the outage:

- Open the refrigerator and freezer only when necessary.
- If there is space, freeze gallon jugs of water to help maintain the freezer’s temperature. Be sure to fill the jugs no more than ¾ full to allow for expansion when freezing.
- Have extra ice on hand and a cooler to keep perishable food cold.
- Foods in the freezer will remain frozen for one day provided the door remains shut.
- Foods in the refrigerator will remain unspoiled for up to six hours. Condiments typically last longer unrefrigerated.

### Resources

Those still experiencing disruption in electrical services after 6 p.m., Saturday, may call DPW at 656-3272.

For more tips, click on the “Safety and Emergency” tab at [www.hawaiianelectric.com](http://www.hawaiianelectric.com).





# With TSP vs. SDP, don’t let the letters confuse you

**KISHA A. TAYLOR**  
Federal Retirement Thrift Investment Board

This year, Military Saves Week was Feb. 23-28, and the theme was “Set a goal. Make a plan. Save automatically!”

Saving money is not always easy, but the federal government offers two programs to make saving easier for military service members: the Thrift Savings Plan (TSP) and the Department of Defense’s (DOD) Savings Deposit Program (SDP).

While these savings programs help you become financially ready, they are entirely different from one another. To avoid confusion, you should familiarize yourself with the differences.


For starters, the TSP is a long-term retirement savings plan that is open to all active service members. It’s a lot like a private sector 401(k) plan. You can elect to contribute 1 to 100 percent of your basic pay to the TSP as soon as you join the military.

The TSP doesn’t replace your military retirement pension, which is available only if you serve

**More Online**

To enroll in TSP, log into <https://mypay.dfas.mil/mypay.aspx> and select the “Traditional TSP and Roth TSP” option.

To learn more about SDP, visit [www.dfas.mil/militarymembers/payentitlements/sdp.html](http://www.dfas.mil/militarymembers/payentitlements/sdp.html).


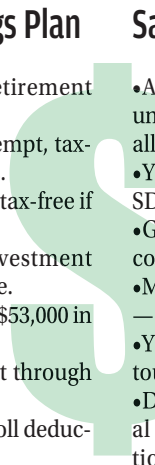


for a minimum of 20 years. Rather, the TSP is an excellent opportunity for you to supplement your retirement income through long-term saving.


The SDP, on the other hand, is a short-term savings program that is only available to service members who are deployed in combat zones or other operations and are receiving Hostile Fire Pay/Imminent Danger Pay (HFP/IDP).

You can only set up an SDP account after you’ve been deployed for 30 consecutive days or for at least one day in three consecutive months. You can build your financial savings by reaping the benefits of SDP’s high returns.

The chart below shows the additional differences between the TSP and the SDP. Use it to help you make the best decisions for your financial objectives.

Thrift Savings Plan	Savings Deposit Program
 <ul style="list-style-type: none"><li>•Long-term retirement savings plan.</li><li>•Accepts tax-exempt, tax-deferred and Roth contributions.</li><li>•With Roth TSP, earnings can be tax-free if certain conditions are met.*</li><li>•Variable returns based on investment choices and market performance.</li><li>•Maximum contribution — up to \$53,000 in 2015 (limit changes each year).</li><li>•You can keep your TSP account through retirement.</li><li>•Contributions are made by payroll deduction only.</li></ul>	 <ul style="list-style-type: none"><li>•Accepts deposits from un-allotted current pay and allowances.</li><li>•You must pay taxes on SDP interest.</li><li>•Guaranteed 10 percent annual return compounded quarterly.</li><li>•Maximum interest-earning contribution — \$10,000 per deployment.</li><li>•You must withdraw your SDP when your tour of duty ends.</li><li>•Deposits can be made by cash, personal check, money order or payroll deduction.</li></ul>

\*Roth earnings are tax-free when you reach age 59½ or have a permanent disability and five years have passed since the year of your first Roth contribution.



# IRS urges taxpayers to use its tools for faster answers

**INTERNAL REVENUE SERVICE**  
News Release

WASHINGTON — The Internal Revenue Service reminds taxpayers that alternatives help them find answers to commonly asked tax questions.

The IRS has several easy-to-use, on-line tools at IRS.gov.

Taxpayers can check the status of their refund or get an answer to their tax questions around the clock.

“We encourage taxpayers to visit IRS.gov as the best place to get quick help and answers to your questions,” said IRS Commissioner John Koskinen.

Here are some frequently asked questions:

**•Where is my refund?**

More than 90 percent of refunds are issued in less than 21 days. IRS representatives will not provide individual refund information before then.

Taxpayers can easily find information about their refund by using the Where’s My Refund? Tool. It’s available on IRS.gov and on the Smart-phone app, IRS2Go.



The Where’s My Refund? Tool provides taxpayers with the most up-to-date information available. Taxpayers must have information from their current, pending tax return to access their refund information, which is updated just once a day, generally overnight, so there’s no need to check more than once a day.

**•What if I didn’t get a W-2?**

Employers are required to send to their employees a Form W-2, Statement of Earnings, by Jan. 31. If form W-2 has not been received, employees should first contact their employer to ensure they have the correct address on file.

After exhausting all options with the employer, employees may contact the IRS, and it will send a letter to the employer.

**•Wondering how the Affordable Care Act (ACA) will affect you?**

This year almost all taxpayers must do something related to new health care reporting requirements. The majority of taxpayers – more than three out of four – will simply need to check

a box to verify they have health insurance coverage.

For the minority of taxpayers who will have to do more, IRS.gov/aca features useful information and tips regarding the premium tax credit, the individual shared responsibility requirement and other tax features of the ACA.

Publication 5201, The Health Care Law and Your Taxes, also provides a snapshot of ACA requirements.

**•Need answers to tax questions?**

Questions about what filing status means, whether to file a tax return or who can be claimed as a dependent can be answered by the Interactive Tax Assistant. It takes you through a series of questions, just like customer service representatives would.

You can also do a keyword search on IRS.gov; use Publication 17, the annual, searchable income tax guide; or the IRS Tax Map, which allows search by topic or keyword for single-point access to tax law information by subject. Taxpayers can even call TeleTax at 1-800-829-4477 for recorded information on a variety of general and business tax topics.

**Schofield Tax Center**

The Tax Center’s hours follow:

- 9:30 a.m.-7 p.m., Monday, Wednesday and Friday;
- 10 a.m.-3 p.m., Tuesday and Thursday;
- 10 a.m.-3 p.m., the first and third Saturday of March.

The Tax Center is located in Trailer (TRL) 1, Grimes Street, across from Hamilton Field.

Call (808) 655-1040 to make an appointment.


**More Online**

View the following for more details:

- IRS Services Guide at [www.irs.gov/pub/irs-pdf/p5136.pdf](http://www.irs.gov/pub/irs-pdf/p5136.pdf).
- Where’s My Refund? Tool at [www.irs.gov/Refunds](http://www.irs.gov/Refunds).
- Interactive Tax Assistant at [www.irs.gov/uac/Interactive-Tax-Assistant-%28ITA%29-1](http://www.irs.gov/uac/Interactive-Tax-Assistant-%28ITA%29-1).

•The Online Payment Agreement Tool at [www.irs.gov/Individuals/Online-Payment-Agreement-Application](http://www.irs.gov/Individuals/Online-Payment-Agreement-Application).

•Help for Taxpayers video at [https://www.youtube.com/watch?v=\\_yAUvqZwSo&feature=youtu.be](https://www.youtube.com/watch?v=_yAUvqZwSo&feature=youtu.be).





# Social Security to expand some field office hours

**SOCIAL SECURITY ADMINISTRATION**  
News Release

As a result of Congress’ approval of the fiscal year 2015 budget, the Social Security agency will expand its hours nationwide and offices will be open to the public for an additional hour on Mondays, Tuesdays, Thursdays and Fridays, effective March 16.

A field office that is usually open from 9 a.m. to 3 p.m. will remain open until 4 p.m.

Offices will continue to close to the public at noon every Wednesday, so employees have time to complete current work and reduce backlogs.

“This expansion of office hours reaffirms our

commitment to providing the people we serve the option of top-notch, face-to-face assistance in field offices, even as we work to expand online services for those who prefer that flexibility,” said Carolyn W. Colvin, Acting Commissioner of Social Security.

“The public expects and deserves world-class customer service, and thanks to approved funding, I am pleased we will continue our tradition of exceptional service.”

In recent years, Social Security reduced pub-

lic office hours due to congressional budget cuts, growing backlogs and staffing losses. The agency began recovery in fiscal year 2014 by replacing some field office staffing losses and providing overtime support to process critical work.

With the commitment of resources in fiscal year 2015, the agency is able to restore some service hours to the public.

Most Social Security business does not require a visit to a local field office. Many services, includ-

**Representatives**

Social Security offers assistance via a toll-free number, 1-800-772-1213. Representatives are available from 7 a.m. to 7 p.m., Monday through Friday.

ing applying for retirement, disability and Medicare benefits, creating a my Social Security account, replacing a Medicare card or reporting a change of address or telephone number are conveniently available anytime at [www.socialsecurity.gov](http://www.socialsecurity.gov).

NEWS Briefs



Send announcements for Soldiers and civilian employees to [news@hawaiiarmyweekly.com](mailto:news@hawaiiarmyweekly.com).

**Today**

**Noise and Convoys** — March 6th, convoys will be returning to Schofield Barracks using Farrington Highway and Kaukonahua Road. Convoys will have no more than 10 vehicles and will be dispersed by half-hour increments. Also, the U.S. Army will be conduct-

ing aerial operations as part of a military training exercise in the vicinity of Schofield Barracks, North Shore and the Kahuku areas through March 6th. Training flights will be primarily conducted during daylight hours and concluding during the evening time.

Note, dates and times are subject to change and are dependent on environmental factors and training completion.

Call the 25th Infantry Division Public Affairs Office at (808) 655-6354 regarding exercises and training. To report concerns related to noise, call the U.S. Army Garrison-Hawaii Noise Concern Line at (808) 656-3487.

**New Carpeting** — The U.S. Army Museum of Hawaii at Fort DeRussy, Bldg. 32, is receiving new carpeting

throughout the 1st level exhibit galleries. The 1st floor exhibit areas are closed through March 6th, but the museum store, multi-purpose room and 2nd level exhibit galleries are open Tuesday through Saturday, 9 a.m.-5 p.m.

**7 / Saturday**

**Castner Outage** — A power outage is scheduled, 8 a.m.-6 p.m., March 7, to support Schofield Barracks’ Castner Substation renovation project. In the event you are still experiencing disruption in electrical services after the outage has been completed and power restored, call 656-3272.

**DFACs** — The Bronco Cafe and Warrior Inn dining facilities will be impacted by base-wide power outages, March 7 and June 6. Only the Sustain-

ment Bistro K-Quad DFAC will open for these dates. Visit [www.garrison.hawaii.army.mil/logistics/services.htm](http://www.garrison.hawaii.army.mil/logistics/services.htm) for DFAC updates.

**10 / Tuesday**

**Tickets Available** — Tickets are now available from unit chaplains for the National Prayer Breakfast, to be held 7:30-9 a.m., March 25, at the Nehelani, Schofield Barracks.

**Change of Responsibility** — The Installation Management Command-Pacific will hold a Change of Responsibility Ceremony, at 10:30 a.m., March 10, at the Hale Ikena, Fort Shafter.

Command Sgt. Maj. Timothy Hockenberry will assume responsibility from Command Sgt. Maj. Phillip Pandy.

**16 / Monday**

**Fort Shafter Outage** — A power outage will impact Fort Shafter from 8 a.m.-2 p.m., March 16th. The following units/organizations will be affected: FS Housing, Radar Hill and Units 105, 107, 109, 111, 117, 115, 119, 121, 125, 127, 129, 131, 432, 434, 436, 438, 446, 448, 450, 452, 447, 451, 453, 433, 435, 437, 439, 474, 476, 478, 480, 456, 458, 460, 462, 488, 490, 492, 493, 495, 497, 499, 459, 461, 463 and 465.

The outage is needed to connect the PV system. Locations are a best estimate. Point of contact is Andrew Nyerges, 687-8317.

**18 / Wednesday**

**HSO** — Bldg. 1004 and the Housing Services Office, Fort Shafter, will be closed from 8 a.m.-2 p.m., March 18th.



Traffic Report lists roadwork, construction and noise advisories from the Army and the Hawaii Department of Transportation (HDOT). Visit [www.garrison.hawaii.army.mil/info/trafficalendar.htm](http://www.garrison.hawaii.army.mil/info/trafficalendar.htm).

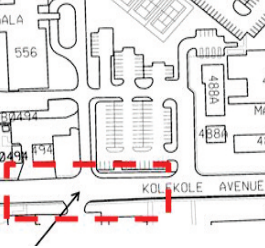
Unless specified, all area codes are 808.

**Today**

**Pearl City** — The east-bound lanes of the H-1 between the Pearlridge/Waimalu exit and the airport exit will be closed until 4 a.m. for pavement re-striping.

**14 / Saturday**

**Kolekole** — Traffic will be restricted at the intersection of Kolekole and Heard avenues (near the old fire station building and the Martinez Gym parking lot) for utility installation from 8 p.m. to 4 a.m. Traffic will be diverted onto Alleshire Avenue.



Courtesy photo

**This map shows the restricted area for the Kolekole utility installation.**

**27 / Friday**

**Stream & Bridge** — There was an extension of the full road closure of Stream Road on Fort Shafter. The road will be closed in both directions, from the intersection of Stream and Loop roads to the intersection of Stream and Kahauiki Stream Bridge.

The primary detour for the Stream Road Closure will be Mokumoa Street. Intermittent, one-hour, full-bridge closures will occur 9 a.m.-5:30 p.m., today, and on the following dates:

- March 27.
- April 3.

**Ongoing**

**ACS Driveways** — Four parking lots at both Army Community Service driveways on Schofield Barracks will be modified through March 9 as contractors install sewer lines. All other parking stalls will remain open.

At least one driveway will be open for business.



## PAU HANA

## Spring

“When work is finished”



## Engaging school time off created for USAG-HI kids

KAREN A. IWAMOTO  
Staff Writer

WHEELER ARMY AIRFIELD — Spring Break is no break for parents on the hunt for activities to occupy their kids' free time.

Fortunately, the Directorate of Family and Morale, Welfare and Recreation (FMWR) has a variety of Spring Break options for Army families.

Children who are registered with Child, Youth & School Services (CYSS) can enroll in a Spring Break day camp and spend their vacation hiking Moanalua Valley, stand-up paddleboarding at Haleiwa Beach Park or catching a movie at a mall, among other things.

For families who may not need a weeklong roster of activities, CYSS also has a schedule of individual events that are taking place during the Spring Break.

These options are especially helpful for working parents because not only do their kids have something to do, there's also the reassurance that their children are under the adult supervision of the CYSS staff, said Suzanne King, FMWR deputy director.

“Also, unbeknownst to (the kids), they're actually learning a lot of skills, as well,” she added. “They're learning to interact with

## EDGE and SKIES

In addition to its Spring Break camps, CYSS's EDGE (Experience, Develop, Grow & Excel) and SKIES (Schools of Knowledge, Inspiration, Exploration & Skills) programs are running their regular schedule during the Spring Break.

Kristine Tabbal, director of the EDGE and SKIES programs, confirmed that while there are no activities geared specifically to Spring Break, there are activities scheduled for that time period.

Call 655-9818 or visit [www.himwr.com/the-edge](http://www.himwr.com/the-edge) and [www.himwr.com/skies](http://www.himwr.com/skies).



their peers, they're learning conflict resolution, they're learning to negotiate and build teams.”

Corrine Burns, CYSS administrator agreed. “We have so many great activities that offer great bonding opportunities for the kids,” she said. “They can build lasting friendships. And they're so engaged in the activities (that) I rarely see any of them just staring at their cell phones.”

## FORT SHAFTER

**Spring Break Camp 2015: Trolling Through Spring Fort Shafter Youth Center (Grades 1-5)**

240 Montgomery Dr., Bldg. 351

Spaces are limited and available on a first-come, first-served basis.

Camp hours are 9 a.m.-4:45 p.m.

Camp fees are based on total family income categories; call 833-5393 to verify your category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**March 16, Mall & Music.** Take an excursion to Pearlridge Shopping Center and watch a movie at the theater.

**March 17, St. Patrick's Day Party.** Make Irish soda bread, listen to traditional Irish music and participate in Irish crafts and games.

**March 18, Spring Fling.** Make spring-related crafts and play carnival games, then watch a screening of “The Lorax” based on the popular Dr. Seuss book.

**March 19, Hickam Beach.** Participate in water and beach activities.

**March 20, Manoa Falls.** Enjoy Hawaii's beauty by hiking up to Manoa Falls.

**Spring Break Camp 2015: “Divergent” Team-Building Challenge Week****Fort Shafter Youth Center (Grades 6-12)**

240 Montgomery Dr., Bldg. 351

Spaces are limited and available on a first-come, first-served basis.

Camp hours are 9 a.m.-4:45 p.m.

Camp fees are based on total family income categories; call 833-5393 to verify your category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**March 16, Get Moving, Get Cooking.** Burn off excess energy by playing volleyball and basketball, then fill up by cooking healthy snacks, such as chicken nuggets and smoothies.

**March 17, KROC Center.** Enjoy a day of water sports, water slides and lounging by the lazy pool.

**March 18, Dave & Busters.** The Dave & Busters staff host a teambuilding activity in which teens navigate through an obstacle course.

**March 19, iTrampoline.** Jump around on more than 1,400 square feet of trampoline in Kapolei.

**March 20, Mall & Movies.** Take a trip to Pearlridge Shopping Center and catch a movie at the theater.



## ALIAMANU MILITARY RESERVATION

**Spring Break Camp 2015: Trolling Through the Spring Aliamanu Military Reservation Youth Center (Grades 1-5)**

154 Kauhini Road, Bldg. 1782

Spaces are limited and available on a first-come, first-served basis.

Camp hours are 9 a.m.-4 p.m.

Camp fees are based on total family income categories; call 833-5393 to verify your category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**March 16, Green Eggs and Ham.** Chow down on a meal of green eggs and ham while listening to a reading of the popular Dr. Seuss book, complete with visual guides.

**March 17, St. Patrick's Day.** The day's activities will focus on all things Irish and green – from making green slime and weaving bracelets similar to those made by the Irish to making clover-stamped shirts and playing Leprechaun themed games.

**March 18, 19 & 20, Moanalua Valley Hike.** Explore Hawaii's natural environment and enjoy a refreshing smoothie afterward. These field trips are divided by age group. While one age group is on the field trip, the other age groups will participate in activities at the center.

**Spring Break Camp 2015: Springtacular Surf & Turf Aliamanu Military Reservation Youth Center (Grades 6-12)**

154 Kauhini Road, Bldg. 1782

Spaces are available on a first serve basis.

Camp hours are 9 a.m.-4 p.m.

Camp fees are based on total family income categories; call 833-5393 to verify category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

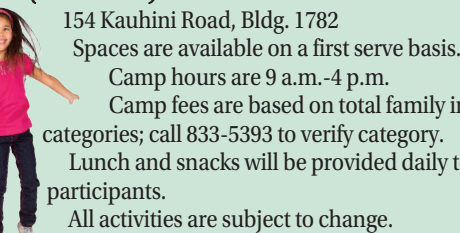
**March 16, Mall, Movie, Chess.** Take a trip to Pearlridge Shopping Center. Enjoy a movie at the theater (kid's choice), and then participate in a chess tournament at the center.

**March 17, Hike Makua & Kahanahaiki.** Take a cultural guided hike at Makua Military Reservation.

**March 18, Polynesian Cultural Center.** Visit the villages of Polynesia and its people; participate in crafts and games, a canoe tour and a screening at the IMAX.

**March 19, Get Moving.** Jump and leap at iTrampoline in Kapolei or get moving with zumba.

**March 20, Luau & Wrap Up.** Enjoy cultural food, make friendship bracelets, play volleyball.

CHILD, YOUTH AND SCHOOL SERVICES  
INDIVIDUAL EVENTS, MARCH 16-21

All activities are subject to change.

**Paint and Take Ceramics:** March 16-21. Wednesday/Thursday from 10 a.m.-4 p.m. & Friday/Saturday from 9 a.m.-4 p.m. Paint your own ceramic eggs. The eggs run at one for \$3 and two for \$5. Other prices vary in prices depending on size. No preregistration required.

**Wear Green, Save Green, Schofield Bowling Center:** March 17, 9 a.m.-10 p.m. Come join the St. Patty's Day celebration. Enjoy food specials and awesome prize giveaways. Plus, all bowlers wearing green will receive one free game of bowling. Call 655-0573.

**St. Patrick's Day, Sgt. Yano Library:** March 17, 2:30-3:45 p.m. Enjoy your Irish. Make a shamrock headband to celebrate St. Patrick's Day. Appropriate for ages 5 and up. Free; no registration required. Call 655-8002.

**Preschool Story Time, Fort Shafter Library:** March 17, 10-10:45 a.m. Children 3-5 years old listen to stories, sing and dance, and make a craft. Call 438-9521.

**Preschool Story Time, Sgt. Yano Library:** March 18, 10-10:45 a.m. Children 3-5 years old listen to stories, sing and dance, and make a craft. Call 655-8002.

**Home Alone Workshop:** March 17, 9 a.m.-noon, Army Community Service, Bldg. 2091, Schofield Barracks. An interactive and fun workshop for parents and children that will provide children ages 10-12 tools to make responsible decisions as they prepare to stay home without parents present. Topics include First Aid, Fire Safety, Stranger Awareness and Internet Safety. A parent must attend this class with their child. Nine year-olds within three months of their 10th birthday are allowed. Call 655-4227.

**Going Outdoors with EFMP:** March 18, 9 a.m.-2 p.m. Meeting at Ho'omaluhia Botanical Gardens, 45-680 Luluku Road, Kaneohe. This catch-and-release program is fun for the whole family. Ho'omaluhia will provide bamboo poles with barbless hooks and you bring the bait (fresh white bread works great). You may also bring your own poles with barbless hooks. Fish commonly seen are tilapia and midas cichlid. It is a 20-minute hike to the fishing area. No casting allowed. Registration is required for each participating family member at [www.himwr.com/acs](http://www.himwr.com/acs); click on “class calendar.” Bring your own lunches and water.

**Celebrate Women's History, Fort Shafter Library:** March 18, 3-4 p.m. Visit the library to hear about Betsy

Ross and the part she played in American history and then make your very own Colonial flag. All supplies will be provided.

See  
CYSS B-4

SCHOFIELD  
BARRACKS**Spring Break Camp 2015: Trolling Through Spring****Schofield Barracks School Age Center (Grades 1-5)**

1885 Lyman Road, Bldg. 1280

Spaces are limited and available on a first-come, first-served basis.

Camp hours are 9 a.m.-4 p.m.

Camp fees are based on total family income categories; call the Parent Central Services at 6558381 to verify your category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**March 16, Schofield Bowling Alley.** Children from first through third grade take a trip to the bowling alley while the rest of the children participate in various activities at the center.

**March 17, “The Boxtrolls” Movie.** Fourth and fifth graders enjoy a screening of this movie adaptation of the popular book.

**March 18, Schofield Bowling Alley.** Fourth and fifth graders take a trip to the bowling alley while the rest of the children participate in various activities at the center.

**March 19, “The Boxtrolls” Movie.** First to third graders will enjoy a screening of this movie adaptation of the popular book.

**March 20, Box Sledding.** No snow needed for children of all ages to hit the grassy slopes of Kakaako Park.

**Spring Break Camp 2015: “Divergent” Team-Building Challenge Week****Schofield Barracks Bennett Youth Center (Grades 6-12)**

2251 McMahon Road, Bldg. 9090

Spaces are limited and available on a first-come, first-served basis.

Camp hours are 9 a.m.-4 p.m.

Camp fees are based on total family income categories; call the Parent Central Services at 655-8381 to verify your category.

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**March 16, “Divergent” & iTrampoline.** Kick off Spring Break with a “Divergent”-themed team choosing ceremony and a screening of the movie, followed by a trip to iTrampoline in Kapolei.

**March 17, Beach Challenge.** Enjoy a day at Haleiwa Beach Park where children can kayak, stand-up paddleboard and participate in relay races.

**March 18, Black Light Laser Tag.** Adventure into the savage, unknown world of the Inca, Aztec and Mayans while using advanced, high quality laser tag equipment to eliminate your foes at Rascal's Family Fun Center.

**March 19, InHouse Cooking & Ropes Course.** Build teamwork and critical thinking skills while learning to cook and participate in a rope course.

**March 20, Movie in Mililani.** Take an excursion to Consolidated Theatres at the Mililani Town Center to watch “Insurgent,” the second installment of the “Divergent” trilogy by Veronica Roth.



## HELEMANO MILITARY RESERVATION

Lunch and snacks will be provided daily to camp participants.

All activities are subject to change.

**\*March 16 & 17, USS Arizona/USS Missouri.** Take a field trip to the USS Arizona and USS Missouri, then participate in various crafts and games.

**March 18, Aquarium Care.** Learn how to care for an aquarium, make a 3-D jellyfish and take a field trip to see a movie at the Mililani Town Center.

**\*March 19 & 20, Sea Life Park.** Learn about marine life at Sea Life Park, build a coconut volcano and play various ocean-themed games.

*\*These field trips are divided by age group. When one age group goes on the field trip, the other will participate in activities at the center.*





Briefs

Today

**AER Early Donation** — Donate to Army Emergency Relief from March 6-May 15. Donation forms are available at SB ACS, Bldg. 2091, or at the Community Readiness Expos held at the Nehelani on Thursdays. Return completed donation forms to ACS. Contact the AER officer at 655-7132.

**Right Arm Night** — Kick back, beginning at 5 p.m., with your “right arm” with drink specials and a pupu buffet at SB Nehelani. Spouses and DOD civilians welcome. Adult event includes Texas Hold’em Tournament. Call 655-4466.

Unit pride competition competes for a \$100 MWR buck prize.

7 / Saturday

**Ladies Golf Clinic** — Make an appointment and a PGA professional will show you that you can play golf. This free clinic is held by appointment only, for 30 minutes. Call 655-4653.

**Hike and Whale Watch** — One of the world’s largest and most majestic creatures is right on our doorstep here in Hawaii, the humpback whale. Join Outdoor Recreation, 8:30 a.m.-12:30 p.m., for a hike and whale watch special nature experience.

ODR will provide transportation and guides; all you need to bring is water, snacks, sunscreen and a good camera or set of binoculars. Fee is only \$20 per person.

Registration required by Friday at noon the day before the program. Call 655-9046.

8 / Sunday

**Pottery Wheel Throwing** — Create a beautiful vase or decorative bowl at the pottery wheel throwing sessions at the SB Arts & Crafts Center, Sundays, from 11 a.m.-3 p.m., and Tuesdays from 5-8 p.m. Call 655-4202.

**Xbox Competition** — Do you have what it takes to withstand the brutal onslaught and relentless taunting of an Xbox gaming competition? SB Tropics Recreation Center presents the March Xbox challenge. Sign-up starts at 5:30 p.m., every Sunday in March. Games begin at 6 p.m. The Xbox NBA 2K15 game will be played in the competition. The 1st place winner receives a \$30 gift card at the finale, March 29; must be 18 or older. Call 655-5698.

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today

**Haunted Plantation** — Hawaii Plantation Village hosts the 45-minute interactive, theatrical thriller “1706.” Performances Friday and Saturday nights include 10 showings per night with 12 spots per showing. Tickets are on sale at www.170six.com or call 783-8381.

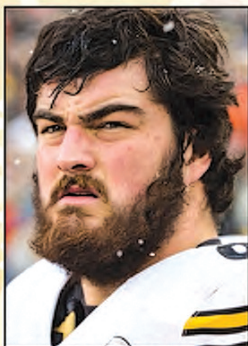
**Earth Day Exhibitors** — USAG-HI and partners will host three Earth Day festivals for Soldiers and families, April 4 (Weyand Field, SB), April 22 (Kalakaua Center, SB) and April 25 (FS Flats). Potential exhibitors and interested parties should call 656-3103, no later than March 6.

**“Ma Rainey’s Black Bottom”** — The Actor’s Group completes the August Wilson 10 play cycle portraying African-American life in each decade of the 20th century with this

STARS ALIGN



Jason “Wee Man” Acuna



David DeCastro



Diana DeGarmo



Dennis Haysbert



Dwayne Allen



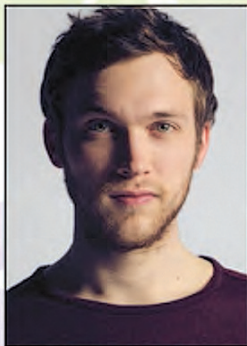
Miss America Kira Kazantsev



Andrew Luck



Chuck Pagano



Phillip Phillips



Ace Young

Courtesy of

**JOINT BASE PEARL HARBOR-HICKAM**—Enjoy a USO Spring Troop visit with a free variety show, 6:30 p.m., Sunday, at Ward Field. Gates open at 5:15 p.m. The variety show will feature a host of popular celebrities and athletes. The show is open to military and DOD ID cardholders and their sponsored guests. Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

9 / Monday

**First Termers Financial Training** — This ACS Financial Resilience Center workshop focuses on basic financial skills to help develop self-reliance and personal responsibility designed to help understand personal finances while learning tools for financial success.

This is a mandatory program of instruction for first-term Soldiers, offered every Monday (except federal holidays), 8:30 a.m.-4:30 p.m., at SB Bldg. 647. Soldiers must bring an end of month LES.

A certificate is awarded to each participant who completes the eight hours of instruction. Call 655-1866.

10 / Tuesday

**Quilting & Sewing Workshops** — Learn how to make quilts. Enjoy quality time with others at the quilting & sewing sessions, Tuesdays, 5-8 p.m., at the SB Arts & Crafts Center. Call 655-4202.

11 / Wednesday

**EDGE Home School Yak Board & Boogie Board** — In partnership with Outdoor Recreation, join this Yak board & boogie board adventure. Meet at SB ODR at 9:30 a.m. each day of this two-day series: March 11th & 25th.

For students grades 1-12. Yak boarding participants must be 10 years and above and proficient swimmers. Cost is \$20. Call 655-9818.

**Teen Manga Club** — SB Sgt. Yano Library Teen Manga Club presents Manga Meet Up. Join during Teen Tech Week and meet local manga artist Audra Furuichi, the author of “Nemu Nemu,” at 3 p.m. She will discuss her artwork and the technology she uses to create her manga. Call 655-8002 to reserve a seat.

Teen Manga Club meets every 2nd and 4th Wednesday of the month from 3-3:45 p.m. to discuss manga collections and share artwork.

**Cooking Club for Teens** — The FS Teen Lounge is looking for teens who enjoy cooking, want to learn new recipes, want to participate in food tours and shows, and want to earn cooking award points towards reward excursions. The cooking club meets every Wednesday, 3-4 p.m. Call the teen manager at 438-6470.

13 / Friday

**FS Right Arm Night** — FS Hale Ikena event begins at 5 p.m. Adult event includes Texas Hold’em Tournament and unit pride competition. Call 655-4466.

14 / Saturday

**Leprechaun 5k Cross Country & Fun Run** — The 5k Cross Country Race is at SB Stoneman Field at 8 a.m. Wear green and/or costumes. It’s for all military ID cardholders; animals not allowed. Registration is open through March 12 at any MWR fitness center.

11 / Wednesday

**Hawaii Red Cross Online Auction** — Bid on hotel stays in Bora Bora, London, Oahu and the neighbor islands, as well as golf and entertainment packages, gas cards and restaurant gift certificates. Visit [biddingfor good.com/hawaiiredcross](http://biddingfor good.com/hawaiiredcross) to view items and bid through March 11.

**WAAF Bike Safety Bonanza** — This is an instructional event at Wili-Wili Park, 4-6 p.m., that teaches your kids the rules of the road and how to keep safe while riding their bike. Each child receives a giveaway provided by the School Liaison Office.

14 / Saturday

**Glow Run** — Bellows Air Force Station MWR is hosting a St. Patrick’s evening fun run and festival, 5:30-9 p.m. Race check-in is at 6 p.m., run at 7 p.m. Glow sticks and LEDs available. No preregistration and not recommended for ages 7 and younger. Call 259-4112.

18 / Wednesday

**IPC FS Offices** — The IPC South Regional Office, Bldg. 1004, 111 7th Street, FS, to include the FS Housing Services Office (HSO), will be closed, 8 a.m.-2 p.m., March 18, due to a scheduled power outage.

depiction of Chicago in the ‘20s, 7:30 p.m., Thursdays-Saturdays; Sundays at 2 p.m., March 6-29.

Tickets for the Brad Powell Theatre production, 650 Iwilei Road, are available online at [www.taghawaii.net](http://www.taghawaii.net) or call 722-6941.

7 / Saturday

**SB Power Outage** — Be prepared for a scheduled power outage, 8 a.m.-6 p.m., March 7, affecting many areas on Schofield Barracks. See related story for further details and affected areas on page A-1.

**Roller Derby Skate-A-Thon** — Skate with Pacific Roller Derby’s all star team, the Hulagans, 9 a.m.-3 p.m., Kaimuki YMCA, 4835 Kilauea Ave., in efforts to raise funds to travel to compete in California in June. Costs \$1 per lap donation. Visit [www.gofundme.com/hulagans](http://www.gofundme.com/hulagans).

**Pacific Aviation Museum** — “Discover Your Future in Aviation” day is 9:30 a.m.-4 p.m., Saturday, March 7. Get information and discounted tickets at [www.PacificAviationMuseum.org](http://www.PacificAviationMuseum.org).

**Butterfly Conservatory** — Pearlridge features hundreds of liv-

ing butterflies, March 7-April 14. Keiki can see the lifecycle of these beautiful creatures from egg to butterfly, first-hand, through a self-guided tour. Admission is \$3 per person; keiki under 8 years of age are free with a paying adult.

Open Mondays through Saturdays from 10 a.m.-8 p.m.; Sundays, 10 a.m. - 6 p.m., Downtown Center Court.

8 / Sunday

**Free USO Variety Show** — Joint Base Pearl Harbor-Hickam will host a USO free variety show at Ward Field at 6:30 p.m., Sunday, March 8. Gates open at 5:15 p.m.

The variety show will feature a host of popular celebrities and athletes and is open to military and DOD ID cardholders and their sponsored guests. Visit [www.greatlife hawaii.com](http://www.greatlife hawaii.com).

10 / Tuesday

**Shafter Housing Services** — Beginning 9 a.m., Tuesdays and Thursdays, March 3-April 30, the Housing Services Office will conduct twice weekly in-processing briefs for newly arrived Soldiers at 111 7th St., Bldg. 1004, FS. Limit of 15 Soldiers per briefing. Contact Pam Hirota at 438-1518.

Recreation  
FRG: Family Readiness Group  
FS: Fort Shafter  
HMR: Helemano Military Reservation  
IPC: Island Palm Communities  
PFC: Physical Fitness Center  
SB: Schofield Barracks

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills  
TAMC: Tripler Army Medical Center  
USAG-HI: U.S. Army Garrison-Hawaii  
USARPAC: U.S. Army-Pacific  
WAAF: Wheeler Army Airfield

Calendar abbreviations  
8th TSC: 8th Theater Sustainment Command  
25th ID: 25th Infantry Division  
ACS: Army Community Service  
AFAP: Army Family Action Plan  
AFTB: Army Family Team Building  
AMR: Aliamanu Military Reservation

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel  
FD: Fort DeRussy Chapel  
HMR: Helemano Chapel  
MPC: Main Post Chapel, Schofield Barracks  
PH: Aloha Jewish Chapel, Pearl Harbor  
SC: Soldiers’ Chapel, Schofield Barracks  
TAMC: Tripler Army Medical Center Chapel  
WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD  
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

•Thursday, 9 a.m. at AMR  
•Saturday, 5 p.m. at TAMC, WAAF  
•Sunday services:  
- 8:30 a.m. at AMR  
-10:30 a.m. at MPC Annex  
-11 a.m. at TAMC  
•Monday-Friday, 11:45 a.m. at Soldiers’ Chapel and 12 p.m., TAMC

Gospel Worship

•Sunday, noon. at MPC  
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex  
•Friday, 2:30 p.m., TAMC  
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

•Friday, 7:30 p.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at Wheeler Annex

Protestant Worship

•Sunday Services  
-9 a.m. at MPC  
-9 a.m., at FD, TAMC chapel  
-10 a.m. at HMR  
-10:30 a.m. at AMR  
-11:30 a.m. at WAAF (Spanish language)  
-11 a.m. at SC (Contemporary)  
**Liturgical (Lutheran/Anglican)**  
•Sunday, 10 a.m. at WAAF

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to [aaes.com](http://aaes.com) under realtime movie listing.



black or white

There’s more to family than what you see.  
**Black or White**  
(PG-13)  
Fri., March 6, 7 p.m.



Project Almanac

(PG-13)  
Sat., March 7, 4 p.m.  
Thurs., March 12, 7 p.m.



Jupiter Ascending

(PG-13)  
Sat., March 7, 7 p.m.  
Sun., March 8, 2 p.m.

No shows on Mondays, Tuesdays or Wednesdays.



# 2015-16 kindergarten registration underway

**SCHOOL LIAISON OFFICE**  
Child, Youth and School Services

SCHOFIELD BARRACKS — The Hawaii Department of Education (HIDOE) is reminding all parents to register their children into the kindergarten program for school year (SY) 2015-16.

The eligibility for admission into kindergarten varies across the United States.

In Hawaii, children who have reached the age of 5 on or before July 31 of the school year may enroll for kindergarten.

**Mandatory enrollment**

Beginning SY 2015-16, kindergarten is now mandatory in the state of Hawaii, unlike previous years where it was voluntary.

On May 1, 2014, Gov. Neil Abercrombie signed Senate Bill 2768 (Act 76), which makes kindergarten mandatory for children who will be at least 5 years of age on or before July 31 of the school year, according to HIDOE.

All Army families are encouraged to register into the program by April 30. By registering early, the schools will be able to anticipate the number of kindergarten classrooms and teachers needed for the coming school year.

Children turning 5 years old on Aug. 1 or later will be eligible for kindergarten the following school year (2016-17).

**Preschool**

If your child is ineligible for kindergarten, there are two potential programs for them: the Armed Services YMCA and the Child, Youth & School (CYS) Services Strong Beginnings Program at the Child Development Program (CDC).

The Schofield Barracks/Wheeler Army Airfield, Marine Corps Base Hawaii, and Joint Base Pearl Harbor-Hickam Armed Services YMCA branches offer “Parent Participation Preschool,” which will ensure that the child will be ready and able to transition into kindergarten.

“Our Parent Participation Preschool Program is a three-phase program that allows children to continuously be challenged,” said Mallisa Shea, branch director, ASYMCA Wheeler Branch. “Each phase is progressive, focusing on the academics, social and emotional transitions that the child will encounter when entering kindergarten.



Photo courtesy of the School Liaison Office

**Sarah, an Army spouse who declined to have her last name published, poses with their son, Tristan, who is registered for kindergarten at Solomon Elementary School.**

**Online Support**

For more information about the kindergarten program, call the School Liaison Office at 655-8326.

To download Student Health Record Form 14, visit [www.himwr.com/hawaii/schools](http://www.himwr.com/hawaii/schools).

“We also provide the parents with the tools and knowledge to help their child succeed. Each phase requires a different amount of parent participation,” she said.

**Strong Beginnings**

U.S. Army Garrison-Hawaii’s CYS Services’ Strong Beginnings prekindergarten program, designed for 4- to 5-year-old children, prepares the students for kindergarten.

“Since attending Strong Beginnings at Bowen CDC, my child has developed the desire to want to learn more,” said Tabitha Vogan, parent of Parker, age 5, who attends the Bowen CDC Strong Beginnings Program. “He gets excited to write his full name, counting and tells me about all the

See REGISTER B-5

Courtesy photo

**Elisabeth M. Polleys, a 12-year-old seventh grader at Moanalua Middle School, poses with her dog, Mirabelle. Elisabeth is a semifinalist for Operation Homefront’s Military Child of the Year Award.**



## Hawaii student nominated

**SGT. JON HEINRICH**  
8th Theater Sustainment Command Public Affairs

FORT SHAFTER — The Military Child of the Year Award is an award presented to a military child who stands out among his or her peers in communities by demonstrating resilience and strength of character and by overcoming the challenges of military life.

Elisabeth M. Polleys, a 12 year-old, seventh grade student at Moanalua Middle School, represented U.S. Army-Hawaii in this year’s competition.

She is the daughter of Maj. Tara McCallum, the chief of operational and internal law for 8th Theater Sustainment Command.

Elisabeth was nominated as a semifinalist in the Army category along with 14 other children from across the Army.

**Pet-friendly**

Elisabeth became a nominee by supporting the Hawaiian Humane Society.

“I love animals,” she said, “and I feel like animals should have a home and should feel loved. I want to help them, but I am too young to volunteer at the Hawaii Humane Society.

“So, instead of volunteering, I raise money

See HONORED B-5





Courtesy photos

**WAIKIKI**—Celebrate Hawaii’s local food at the 2015 WaikiKitchen, 8 a.m.-2 p.m., Sunday, at Kapiolani Park. Vendors include Lanikai Juice, The Curry House, Nani Kore, Takoyaki Yama-chan and more. The WaikiKitchen food festival is part of the Honolulu Rainbow EKIDEN 5K relay race, which was a concept born in Japan more than 90 years ago and unifies teams of runners in a competitive environment. Visit [www.honoluluekiden.com](http://www.honoluluekiden.com) for a full list of events.

# CYSS: Activities abound

CONTINUED FROM B-1

No registration required. Call 438-9521.

**Blue Star Card Program Easter Egg Scavenger Hunt:** March 20, 4-5 p.m., Desiderio Field. Count down another month of deployment complete by joining BSC for its Easter Egg Scavenger Hunt. Everyone will be given a list of riddles and clues that need to be solved to find the Easter eggs. This event is family friendly and parents are welcome to help during the scavenger hunt. Space is limited and registration is required. Call 655-0111 or email [Xylene.c.lennon.naf@mail.mil](mailto:Xylene.c.lennon.naf@mail.mil) to sign up today. Deadline to register is March 12.

**Teen Cosplay Party, Sgt. Yano Library:** March 21, 1-3 p.m. The Teen Manga Club will be throwing a Cosplay Party. Dust off your costume and let your creativity fly. Cosplay is an activity where people dress up as their favorite animated character. The event will include face painting, graffiti boards, poster and costume contests, and games. For teens 12-17 year olds. Register by calling 655-8002.

**Richardson & Aliamanu Military Reservation Pools:** Monday-Friday. Community open swim hours from 1-5 p.m. AMR is Monday-Tuesday and Thursday-Friday at 1-5 p.m.

**Arts & Crafts: Mom & Tots:** Every Thursday from 10-11 a.m. For the cost of \$5, parents and children take on a creative project together. Call 655-4202.



# FCC offers a ‘home away from home’

**RITA C. HALL**  
Family Child Care Program

SCHOFIELD BARRACKS — Many military families are unaware that Army Family Child Care (FCC) exists, and that it is a viable child care option.

FCC providers are certified, licensed military spouses who provide quality child care in their homes and who are available throughout the U.S. Army Garrison-Hawaii community.

**Qualifications**

All providers have undergone extensive background checks, classes and training as part of the thorough Certification Process.

Providers implement “Creative Curriculum” into their weekly lesson plans and receive ongoing training.

The home environment features small group settings (no more than six children), which is designed to appeal to many parents seeking a “cozy” environment that frequently allows siblings in the same home.

These elements provide reasons why the FCC program is the right choice for many families.



Photo courtesy of Child, Youth and School Services

**Child-care provider Mele Nuusila is a certified Family Child Care Home Program caregiver.**

**Helemano experience**

Helemano Military Reservation provider Mele Nuusila was an FCC provider in Washington for four years prior to moving to HMR and opening her home to FCC keiki, here, in 2013.

She earned a Child Development Associate, or CDA , designation in 2012.

Nuusila has a heart for children and loves teaching them, and she exposes them to new ideas and experiences.

“I want to share my day with the children, help them develop and watch them grow,” she said. “I want to provide them with a safe and loving home, and build a bond of trust. I want to make a difference in each child’s life.”

Besides the satisfaction that comes from working with children, Nuusila also shared what she feels are some of the other benefits of being an Army FCC provider.

“I wanted to be home with my own children, earn extra income to help my family, have a portable career, serve my country and grow professionally through all the won-



**Your child's "home away from home"**

derful training that is offered,” Nuusila said.

A typical day in her home includes healthy meals and snacks, circle time, stories, arts and crafts, outdoor play, nap, music, games and special weekly activities – like gardening, the FCC monthly Creative Dance/Movement Class and field trips.

For anyone considering a career as an Army FCC provider, Nuusila offers her opinion.

“Being an FCC provider is a wonderful opportunity for anyone that is patient and loves children,” she said.

“I love my job!” she added.

*(Note: Hall is an FCC program associate for Child, Youth and School Services, which is part of the Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii.)*

## Register: April 30 sign-up deadline looms for this fall

CONTINUED FROM B-3

new things he learned that day. He has also acquired different skills, such as following routines, structure and the ability to freely express his imagination.”

Strong Beginnings is offered at Schofield Barracks, Peterson, Helemano Military Reservation, Fort Shafter and Aliamanu Military

Reservation CDCs.

**Health requirements**

Army families may take their out-of-state physical examination, shot records and tuberculosis (TB) test to the U.S. Army Health Clinic-Schofield Barracks or Tripler Army Medical Center to have them transcribed to Student Health Record Form 14. Other docu-

ments required are the birth certificate and proof of residency (housing papers, utility bill, etc.).

Parents can take the registration items directly to their permanent schools to enroll their children for kindergarten.

*(Note: CYS is part of the Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii.)*

## Honored: Student is a semifinalist

CONTINUED FROM B-3

and donate gifts,” Polleys continued. “I raised \$200 by doing a garage sale and selling Papa John’s coupons. And instead of asking for presents for Christmas and my birthday, I asked for animal toys and food. I feel like I am making a difference.”

“Since Elisabeth was 6 years of age, she recognized the need for homeless and lost animals,” McCallum said. “She independently thought of the idea to request gifts for shelter animals in lieu of birthday gifts.”

McCallum also said that Elisabeth also assisted Operation Homefront Hawaii by dressing up as a scary doll for a haunted house fundraiser and by donating toys for their toy drive.

“At school, Elisabeth tutored kindergarteners as an academic coach and served as a junior police officer,” McCallum said. “Elisabeth is also a cheerleader and plays violin for Moanalua Middle School. She will be running track this spring, and through the Ala Puumalu Community Park, she participates in archery.”

The six categories for the award are Army, Air Force, Navy, Marine Corps, Coast Guard and National Guard. This year’s award will be presented by Operation Homefront, a nonprofit organization with volunteers nationwide who provide emergency and financial assistance to families of service members and wounded warriors.

The award ceremony, which will be held April 16 in Washington D.C., will mark Operation Homefront’s seventh year presenting it.

Although Elisabeth did not reach the final level of competition, she is more concerned with making an impact than winning awards.

“It is an honor to have been chosen as a semifinalist for the Military Child of the Year,” Elisabeth said. “I hope I can encourage others to help their humane societies in their states.”



# Movie is a reminder of tough issues facing veterans

All I did was go to a movie, eat a jumbo tub of popcorn and fall asleep watching TV, but I’m totally exhausted ... not in the fatigued sense of the word, but exhausted as in spent, drained, tapped out from the endless barrage of negative news related to the military.

My Navy husband and I have been lazing around most evenings, staring like zombies into our television until peeling ourselves off the couch and wandering off to bed.

During these marathons of nightly sloth, our metabolisms slow to a crawl, allowing maximum fat storage. Our breathing decreases to a rate symptomatic of clinical coma.

“Hey, Hon, you wanna go to the movies tonight?” my husband called from work to suggest.

Although the outing still involved sloth – and thanks to the theater snack bar, gluttony – we thought leaving the house earned us major points for effort.

We’d wanted to see “American Sniper” ever since its December release, and were even more intrigued by Navy Seal Chris Kyle since the media coverage of the murder trial surrounding his death at the hands of former Marine Eddie Ray Routh.

The movie did not disappoint, but it certainly devastated. Watching the horrific portrayals of what our veterans have endured tapped into our deepest human sense of fear, morality and justice. I was too riveted to cry until the end, when real-life footage of hundreds of people waving American flags, lining Interstate 35 in Central Texas, to watch Chris Kyle’s funeral procession had me blubbing like a baby.

Back at home, we resisted the urge to spend the remains of our evening on the couch, opting instead to channel surf in bed, which ironically lent itself to even more inertia.

Pressing the clicker, I came upon the HBO documentary “Crisis Hotline: Veterans Press 1.”



## THE MEAT & POTATOES OF LIFE

LISA SMITH MOLINARI  
Contributing Writer

“Hey, that just won an Oscar,” my husband piped up from his pillow.

According to the documentary that portrays the stresses on the staff at the VA’s only Crisis Hotline Center, over 22 veterans kill themselves every day, and in 2012 the number of active duty suicides surpassed U.S. combat deaths.

The responders are shown deftly fielding tense calls from veterans who want to hurt themselves or others. Many callers report flashbacks and insomnia. Some have weapons or have ingested pills. Some hold on until police arrive. Others hang up.

Drained from digesting so much popcorn and gut-wrenching reality, my husband snored that night like a hacksaw.



In the morning, we heard the news: “The jury rejected Eddie Ray Routh’s insanity defense, finding him guilty of two counts of murder.”

Two years ago, Routh’s mother, knowing that Chris Kyle worked with struggling veterans, asked if he could help her son who had recently been diagnosed with PTSD. One week later, Routh shot and killed Kyle and friend Chad Littlefield at the rifle range where Kyle often took fellow vets.

It took the jury less than two hours to decide that despite evidence that Routh suffered from mental illness. He did not meet the burden of



Photos by Warner Bros. Pictures

Kyle Gallner and Bradley Cooper star in “American Sniper,” based on the memoir by Navy Seal Chris Kyle. A jury in Texas recently convicted former Marine Eddie Ray Routh of murdering Kyle and Chad Littlefield in 2013. The case highlighted the complexity of issues facing veterans today.

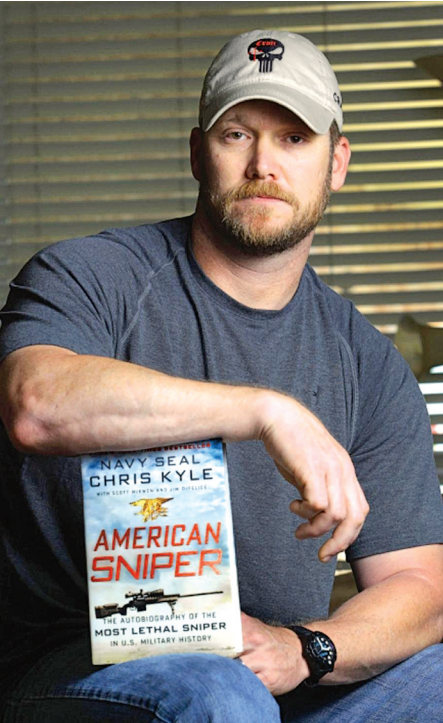
proof for legal insanity.

In the hours that followed the verdict, commentators, reporters and the public debated whether justice had been served. Some recognized the complexity and irony of the case, and wondered whether Chris Kyle, who served his country with distinction as a Navy Seal sniper through four combat tours, would still be helping fellow veterans if Routh hadn’t slipped through cracks in the VA’s system.

Just as I was hoping to take a rest from all this disheartening news about our military veterans, my husband brought home a “Stars and Stripes” article by Travis Tritten. On Feb. 25th, top enlisted leaders told Congress that our military is woefully unprepared for conflict because service members are anxious about their uncertain future. The 24-hour cycle of war-weary news regarding further drastic defense cuts and constant threats to jobs, pay and benefits has taken its toll on morale and readiness.

As I contemplate what tragedies could befall the next generation of veterans, I have realized that we can’t rest on war-weariness. We should get off our lazy duffs and do something to help those who have served tirelessly.

Volunteer. Make a call. Write a letter. Spread the word. Let our elected officials know that the United States military cannot defend this country without adequate support for service members, their families and our veterans.



Courtesy photo

Navy Seal Chris Kyle, “the deadliest marksman in U.S. military history,” authored the best-selling memoir “American Sniper,” which was adapted into a blockbuster film directed by Clint Eastwood and starring Bradley Cooper.