

# USS THEODORE ROOSEVELT ROUGH RIDER

FEBRUARY 23, 2018



## THE HOLY HELO

PROVIDING SPIRITUAL SUPPORT TO  
DEPLOYED SAILORS AND MARINES

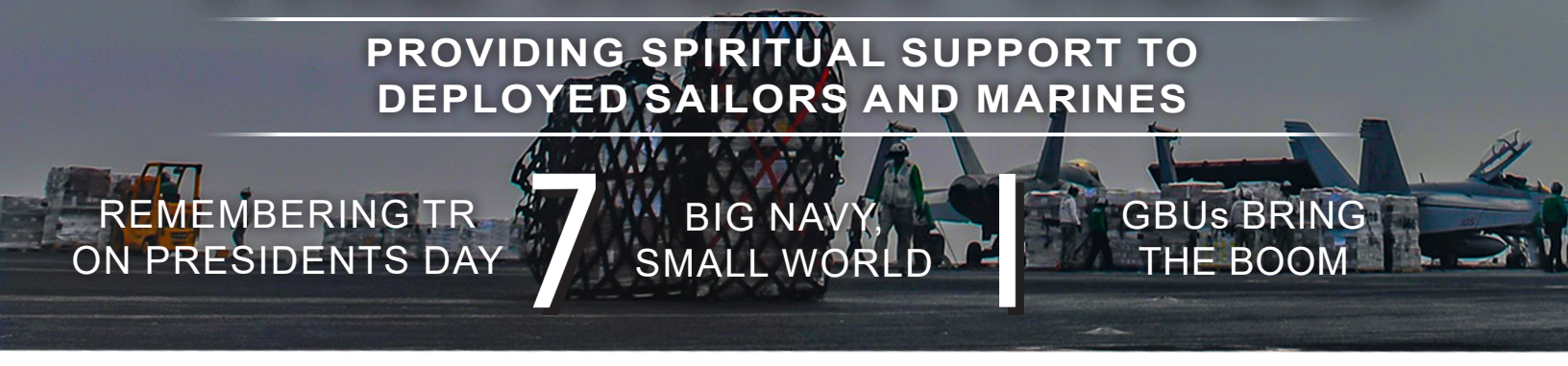
REMEMBERING TR  
ON PRESIDENTS DAY

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BIG NAVY,  
SMALL WORLD

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GBUs BRING  
THE BOOM





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An MH-60S Sea Hawk prepares to land on the flight deck during a replenishment-at-sea. Photo by MC3 Spencer Roberts.

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## Friday, February 23rd

0000	BIG DADDY	AUSTIN POWERS: INTERNATIONAL MAN OF MYSTERY	RATCHET AND CLANK
0140	RUDY	ENTOURAGE	BACK TO THE FUTURE
0330	DELIVER US FROM EVIL	JUSTICE LEAGUE	SISTERS
0530	THE LAZARUS EFFECT	THE GALLOWES	LITTLE RASCALS
0700	BABY DRIVER	THE WALK AMONG THE TOMBSTONES	PITCH PERFECT
0900	THE HITMAN'S BODYGUARD	EDGE OF TOMORROW	PITCH PERFECT 2
1100	BULLY BROADCAST	BULLY BROADCAST	BULLY BROADCAST
1110	AMERICAN ASSASSIN	S.W.A.T.	FLATLINERS
1310	BLACK MASS	HIDDEN FIGURES	STAR TREK
1520	PAIN & GAIN	PIRATES OF THE CARIBBEAN: DEAD MEN TELL NO TALES	STAR TREK: BEYOND
1730	MINORITY REPORT	X-MEN: APOCALYPSE	STRAIGHT OUTTA COMPTON
2000	THE GREATEST SHOWMAN	X-MEN ORIGINS: WOLVERINE	THE SIXTH SENSE
2250	JASON BOURNE	MILLION DOLLAR ARM	THOR: RAGNAROK

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Do you have a story you'd like to see in the Rough Rider? Contact the Media Department at J-Dial 5940 or stop by 3-180-0-Q.

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# REMEMBERING THEODORE ROOSEVELT ON PRESIDENTS DAY

Story by MC3 Andrew Langholf,  
USS Theodore Roosevelt Public Affairs

Sailors and Marines aboard USS Theodore Roosevelt observed Presidents Day, Feb. 19. This holiday gave the crew an opportunity to reflect upon the 26th president of the United States, Theodore Roosevelt.

In 1800, one year after President George Washington's death, America observed its first Presidents Day, celebrating Washington's life and achievements. Now the holiday is observed on the third Monday of February, and recognizes all presidents past and present.

According to the Encyclopedia Britannica website, famous leaders of the United States such as George Washington and the first Secretary of Defense, James Forrestal, inspired aircraft carrier names.

At USS Theodore Roosevelt's conception in 1979, then Secretary of the Navy John Lehman said he was so inspired by Roosevelt's leadership, life, and contribution to his country, he could think of no better namesake.

From an early age, Roosevelt was known to be a frail and sick child. Displaying a never-give-up attitude, he took up rowing, boxing, and hiking to strengthen himself both mentally and physically.

At the age of 23, Roosevelt became the assistant Secretary of the Navy, according to the Encyclopedia Britannica website. He helped shape the landscape of modern naval aviation warfare with a single letter recommending the use of 'flying machines' for naval and military purposes.

Roosevelt led the first U.S. volunteer cavalry unit as colonel of the "Rough Riders." Displaying resourcefulness and tenacity, he recruited and led this diverse group of warriors to be victorious in the Battle of San Juan, and returned home a hero, according to the History Channel website.

"It is important that our Sailors and Marines understand the history and legacy our ship's namesake, Theodore Roosevelt, so they can appreciate and be proud to be called a Rough Rider," said HMCS Michael Tabura, command enlisted surface warfare specialist (ESWS) program coordinator.

With the lessons provided as assistant Secretary of the Navy, colonel of the Rough Riders, and president of the United States, Theodore Roosevelt's legacy continues to live on.

"One of Theodore Roosevelt's famous quotes is, 'Speak softly and carry a big stick. You will go far.' I think this personifies the quiet professionals we are on TR," added Tabura.

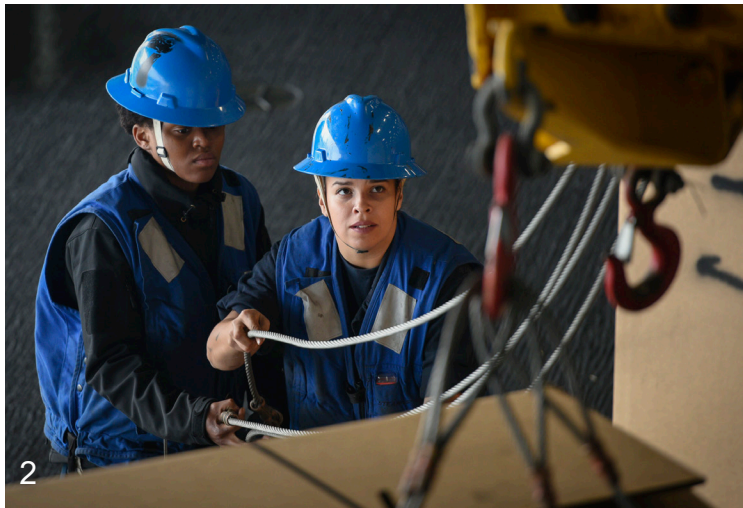




# THIS WEEK IN REVIEW



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1. MA3 Claudia Baluskie rinses AOAN Jacob Mullins' face after completing an oleoresin capsicum (OC) spray security training exercise in the hangar bay. Photo by MCSN Michael Hogan.

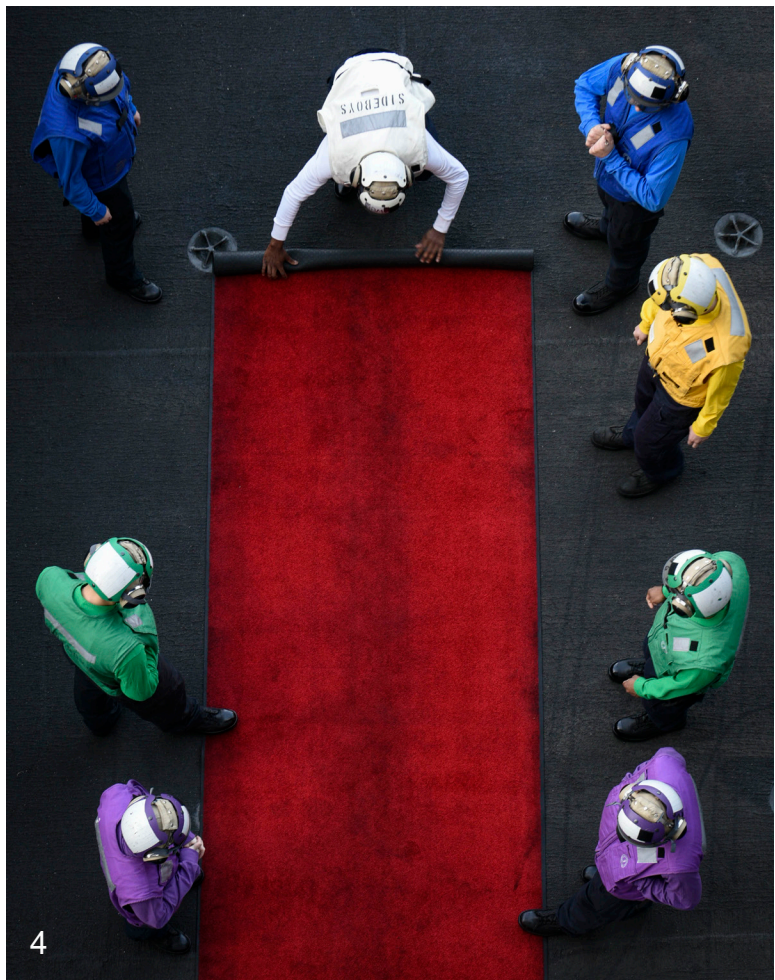
2. SN Lyberria Brown, left, and BM3 Cassandra Liriano position cargo slings in the hangar bay during a replenishment-at-sea with the fleet replenishment oiler USNS Guadalupe (T-AO 200). Photo by MCSN Michael Hogan.

3. Sailors inspect an MH-60S Sea Hawk, assigned to the Indians of Helicopter Sea Combat Squadron (HSC) 6, on the flight deck. Photo by MCSN Michael Hogan.



3





4. Sideboys unroll a red carpet on the flight deck. Photo by MCSN Michael Hogan.

5. ABHAN Brian Rodrigues moves an E-2C Hawkeye, assigned to the Sunkings of Carrier Airborne Early Warning Squadron (VAW) 116, in the hangar bay. Photo by MC3 Alex Perlman.

6. A Sailor inspects an F/A-18E Super Hornet, attached to the Stingers of Strike Fighter Attack Squadron (VFA) 113, on the flight deck. Photo by MC3 Andrew Langholf.





# *Spiritual Reflections* **AT SEA**

Photo story by MC3 Alex Corona,  
USS Theodore Roosevelt Public Affairs

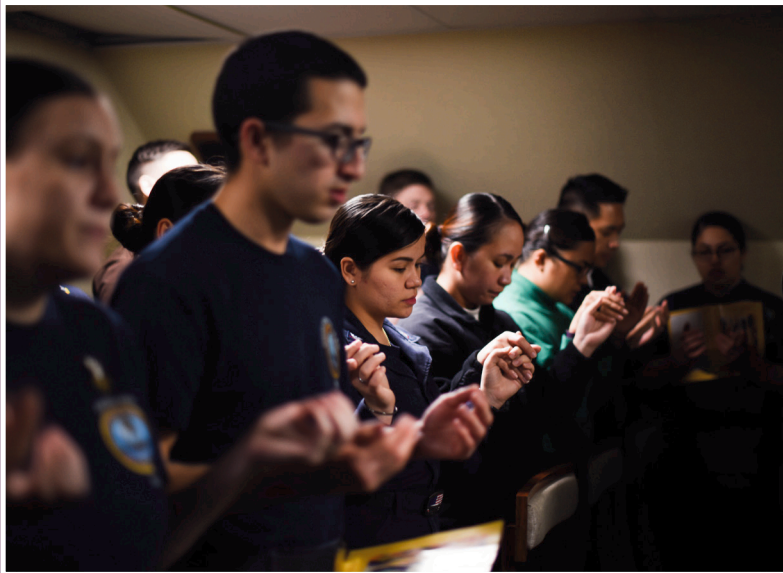
Sailors aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) and Ticonderoga-class guided-missile Cruisers USS Bunker Hill (CG 52) and USS Monterey (CG 61) observed Ash Wednesday, Feb. 14. Ash Wednesday is the first day of Lent and calls for Christians to pray, fast, and practice charitable acts.

“Our job isn’t to make you believe one way or the other,” said Lt. Long Nguyen, chaplain assigned to Theodore Roosevelt. “We are here to help the Sailors, Marines, and civilians through whatever struggle they are going through.”

Nguyen took an MH-60S Sea Hawk, assigned to the Indians of Helicopter Sea Combat Squadron (HSC) 6, from Theodore Roosevelt to Bunker Hill and Monterey.

“How often do you change the oil on your car or perform maintenance on your house?” said Nguyen. “Everything needs maintenance and that includes your spiritual life.”

Nguyen wants Sailors, Marines, and civilians who are currently deployed to feel like they have an outlet or someone to talk to. He encourages all those forward deployed to use the resources available to them and reach out if they feel alone or lost.













*An MH-60S Sea Hawk transports cargo from the dry cargo and ammunition ship USNS Alan Shepard (T-AKE 3) to the aircraft carrier USS Theodore Roosevelt (CVN 71) during a replenishment-at-sea. Photo by MC3 Anthony Rivera.*





# BIG NAVY SMALL WORLD

Story and photo by MC2 Jason Pastrick,  
USS Theodore Roosevelt Public Affairs

The year was 1995 and ABHAN Tom Williford had just boarded the fast combat support ship USS Sacramento (ACE 1) in support of Operation Southern Watch. While there, he met ABH3 Terry Libed. The two Sailors worked side by side, becoming close friends while chocking and chaining aircraft underway.

Like many junior Sailors, the two aviation boatswain's mates carried out their tour, moved on to their next commands, and continued to succeed in their respective careers. Neither of them had any idea that their paths would cross again and they would be serving together as master chiefs aboard USS Theodore Roosevelt (CVN 71) 23 years later.

"We have a good working relationship, but the coolness is that we're both old-school," said Williford. "We both see things the same way. He hasn't changed, I haven't changed. As far as how we lead, and how we lead and empower Sailors – everything has stayed the same and we love it."

Both agree that they never saw themselves staying in the Navy for this long, a common theme among junior Sailors. Williford said he decided to get out 19 times during his first enlistment. After making a few memories and forming some respectable sea stories, he was certain

that the Navy was not for him.

"I didn't even think I'd be in this long," said Libed. "The years go by and you pick up more rank, build more relationships, take on more responsibility, and here we are."

Together again aboard TR, Williford and Libed agreed that the crossing of career paths is actually more common than not, regardless of which community a Sailor belongs to. Libed said he has experienced the reconnection more than 10 times with various Sailors across his career.

"It's great to see that transformation when you might run into that second class petty officer from a few years ago. They may have been a little junior, a little rough around the edges, but now all of a sudden they're the LPO – they're achieving great things. You can honestly say that you had a small hand in their success."

Williford agreed, saying that between social media and events within the rating community, following a shipmate's career is easier than ever.

"When you're caught up in flight ops, that's one thing. When you can sit down and share sea stories, it's another thing. But when you can see somebody that's inspired you to promote or achieve and say, 'I'm glad that guy promoted,' – that's the best part right there," said Williford. "It's the unspoken camaraderie to see someone else achieve that you don't really see in the civilian world since not many people work at the same place for their whole life."

***"We both see things the same way.  
He hasn't changed, I haven't changed.  
As far as how we lead - everything has  
stayed the same and we love it."***

***- ABCM Tom Williford***



The pride and support felt by Williford and Libed is common across the fleet. For some Sailors, the pride comes from seeing their friends reach their full potential. For others, the pride comes from knowing they're able to pass on the same lessons that helped them reach that potential to others.

MMC Casey Sanders recalled his A-School experience, where then-MM1 Andrew Frederick, now TR's command master chief, showed him a new way of thinking that stayed with him for his entire career.

While in A-school, Sanders' program was divided into two sections; common core and a more technical mechanical core. Sanders said he was always a quick learner, but something about mechanical was just difficult to grasp.

"[MM1 Frederick] came in with his thick New York accent and said, 'Bro... just think of it like this...' I tried it and it worked! I ended up graduating second in my class. I went from being the worst Sailor in class, to that close to the top, all thanks to him."

Now serving together aboard TR, Frederick and Sanders are just another testament that Sailors are very likely to run into each other again throughout their careers.

"When you first join, you think, 'I'm only doing four years, nobody is going to change my life, I got everything figured out,'" said Sanders. "Then before you know it, you realize that you remember everything

that these people have told you and you see the impact first-hand."

A common piece of advice in the Navy is, "It is what you make it." Whether Sailors plan on getting out after one enlistment, or their plans change and they find themselves serving more than 20 years, senior Sailors agree that treating people as people is the most important part.

"No matter who you meet in your career, you should always try to treat everyone with respect," said Frederick. "You never know when you're going to work with someone again; it's such a small Navy. You can't get along with everyone, but you also don't want to burn any bridges in your career."

For those Sailors with their sights set on civilian life, senior leadership reminds them just how valuable networking can be.

"The Navy's not for everyone, and some people eventually get out," said Libed. "Staying in touch is important because that builds your network as a civilian, and provides you with more options if you decide to get out."

While not every Sailor will serve together 23 years from now, Libed and Williford show that it is not only possible, but probable. For junior Sailors at the onset of their careers, senior leadership urges all hands to make the most out of their daily relationships. As a civilian or a seasoned Sailor, these bonds will come full circle.



*ABCMs Terry Libed and Thomas Williford pose for a photo in the hangar bay.*



# GBU

## GUIDED BOMB UNIT

### PARTS THAT BRING THE BOOM



#### **Nose Plug**

The nose plug adds stability and weight to the front of the bomb.



#### **Mark 122 Safety Switch**

This switch controls the release of the bomb and blocks frequencies transmitted by the ship from disturbing the bomb.



#### **Fuse Munition Unit 139**

Once the pilot releases the bomb, the fuse sends electrical signals to the bomb and tells it when to detonate.



# THE HAMMER OF INHERENT RESOLVE



## Kit Munitions Unit

A geographical positioning unit in the tail tells the bomb exactly where to detonate.

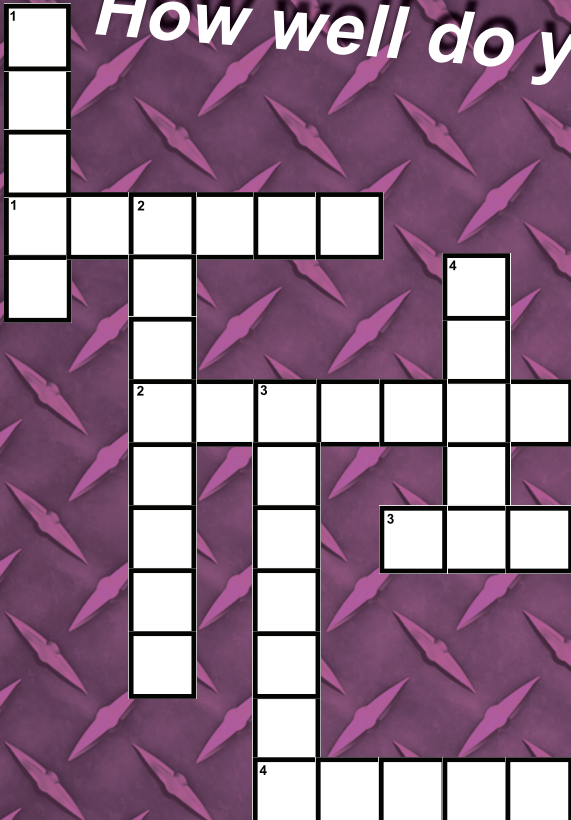


## Transportation

Once complete, the bomb is secured to a munitions handling unit to be moved to the flight deck.



How well do you know...



# EAWS

## Across:

1. Department that wears a white jersey and float coat with a green cross
2. Type of gloves authorized for proper PPE on the flight deck
3. These personnel wear a green jersey and red cranial
4. Source of energy supplied to catapults

## Down:

1. Saving lives is the primary job of this crew
2. Should not be crossed during aircraft launch or recovery
3. Determines the case launch and recovery of all aircraft embarked on the aircraft carrier
4. V-4 division \_\_\_\_\_ aircraft on the flight deck and hangar bay

Answers: Across: 1. Safety 2. Leather 3. LSE 4. Steam  
Down: 1. Crash 2. Foul Line 3. Air Boss 4. Fuels

# BULLY

A THEODORE ROOSEVELT COMIC BY MC2 JIMMI LEE BRUNER





WE ARE

THE



**Name:** HM2 Leonard Harding

**Hometown:** Fresno, California

**Favorite thing about the Navy:**

The ability to see places you'd probably never have seen

**Message to the crew:** We gotta

play to the last whistle on

deployment like the Eagles did in the Super Bowl

**Favorite food:** Ice cream

**Favorite movie:** All of the Star Wars saga

## THIS WEEK IN NAVY HISTORY



Feb. 23, 1919 - The first ship named after an enlisted man, the Clemson-class destroyer USS Osmond Ingram (DD 225), launched.

Feb. 24, 1942 - Task Force 16, commanded by Vice Adm. William F. Halsey Jr., led the Wake Island Raid in an attempt to destroy the Japanese installations on the island.

Feb. 25, 1861 - The sloop-of-war Saratoga of the U.S. African Squadron captured the slaver sloop Express.

Feb. 26, 1944 - Sue Sophia Dauser, Superintendent of the Navy's Nurse Corps, became the first woman in the Navy to receive the rank of captain.

Feb. 27, 1942 - The Battle of Java Sea began, where the 14-ship Allied forces (American, Dutch, British, and Australian) attempted to stop the 28-ship Japanese invasion of the Dutch East Indies colony of Java.

Feb. 28, 1844 - An experimental 14-inch gun exploded aboard the screw steam warship USS Princeton, killing Secretary of State (former Secretary of the Navy) Abel P. Upshur, Secretary of the Navy Thomas W. Gilmer, and five other dignitaries and injuring 20 people.

March 1, 1991 - Following the Iowa-class battleship USS Missouri's (BB 63) bombardment of Faylaka Island during Operation Desert Storm, hundreds of Iraqi soldiers waved white flags and surrendered to the battleship's Remotely Piloted Vehicle (RPV) flying overhead.



**AVOID  
VIRUSES**

**DO NOT  
OPEN**

**UNKNOWN ATTACHMENTS**

**TR**

