ROUGHRIDER

TRCSG "CROSS DECK"

SAILORS FROM TR VISIT THE HORIZON-CLASS DESTROYER FS CHEVALIER PAUL (D621)

ROUGH RIDERS HONOR MLK NOT A VICTIMLESS CRIME

HELPFUL TIPS FOR VISITING BAHRAIN

JANUARY 19, 2018



On the Cover

The Horizon-class destroyer FS Chevalier Paul (D621) steams through the Arabian Gulf. Photo by MC3 Anthony Rivera.

Carrying on "The Dream"

Rough Riders honor Dr. Martin Luther King Jr. while at sea

3

4

Photos of the Week

Highlighted photos from TR's Media Department

Cross Decking

TR Sailors visit FS Chevalier Paul during a "cross deck" event

6

10

Tips for Bahrain

A simple guide to help make the port call to Bahrain more enjoyable

Top 10 Photos from Dubai

Vote which photo from TR's port call to Dubai wins top image through MWR

16

Friday, January 19th THE THEORY OF 0030 GOOD WILL HUNTING SECRET SERVICE EVERYTHING KINGSMAN: THE MARVEL'S THE 0240 FORREST GUMP GOLDEN CIRCLE AVENGERS AVENGERS: AGE OF 0510 A BEAUTIFUL MIND IT ULTRON ANCHORMAN: THE LEGEND 0730 JIGSAW GRAVITY OF RON BURGUNDY ANCHORMAN 2: THE 0910 MARSHALL STRONGER LEGEND CONTINUES THE DARK KNIGHT THE DEPARTED 1110 INTERSTELLAR RISES 1400 HAPPY DEATH DAY THE DARK TOWER BIG DADDY 1540 TOP GUN FLATLINERS DEADPOOL 1700 **BLADE RUNNER 2049** AVATAR GLADIATOR 2000 THE SHAPE OF WATER IT MONEYBALL THE WAR OF THE 2200 LOGAN LUCKY **DOCTOR STRANGE** ROSES

STAFF

COMMANDING OFFICER Capt. Carlos A. Sardiello

EXECUTIVE OFFICER Capt. Fred Goldhammer

COMMAND MASTER CHIEF CMDCM Andrew Frederick

PUBLIC AFFAIRS OFFICER
Lt. Cmdr. Beth Teach

ASST. PUBLIC AFFAIRS OFFICER Lt. j.g. Brittany Stephens

> SENIOR EDITORS MCCS Misty Flynn MCC Jay Pugh

EDITOR
MC1 Michael Russell
MC1 John Hetherington
MC2 Jason Pastrick
MC3 Alex Perlman

ROUGH RIDER CONTRIBUTORS MC2 Jimmi Lee Bruner MC2 Matthew Fairchild MC3 Alex Corona MC3 Andrew Langholf MC3 Victoria Foley MC3 Kyle Peterson MC3 Alex Perlman MC3 Robyn Melvin MC3 Anthony Rivera MC3 Spencer Roberts MCSN Michael Hogan

COMMAND OMBUDSMAN cvn71ombudsman@gmail.com

The Rough Rider is an authorized publication for the crew of USS Theodore Roosevelt (CVN 71).

Contents herein are not necessarily the views of, or endorsed by, the U.S. government, Department of Defense, Department of the Navy or the Commanding Officer of TR.

All items for publication in The Rough Rider must be submitted to the editor no later than three days prior to publication.

Do you have a story you'd like to see in the Rough Rider? Contact the Media Department at J-Dial 5940 or stop by 3-180-0-Q. CHECK US OUT ONLINE about.me/ussTheodoreRoosevelt

@TheRealCVN71



Carrying on

"THE DREAM"

AT HOME AND AT SEA

Story and photos by MC3 Robyn Melvin, USS Theodore Roosevelt Public Affairs

President Theodore Roosevelt said, "There has never been a man in our history who led a life of ease whose name is worth remembering." Sailors aboard the aircraft carrier USS Theodore Roosevelt (CVN 71) came together in a celebration, sponsored by the Multi-Cultural Committee, of the life and legacy of Dr. Martin Luther King Jr., Jan. 15.

"Martin Luther King Jr. started a revolution that undoubtedly changed the world forever," said HT3 Dwayne McAlister, a third-generation civil rights activist and keynote speaker at the event. "He fought for people like my grandfather, who was jailed and beaten by police for protesting. He fought for my grandmother, who only has an 8th grade education because she had to work in the fields picking cotton, and he fought for me so that I had the opportunity to attend a majority white high school and later serve in the same division and department as my white brothers and sisters."

Currently, the U.S. Navy is comprised of know is right approximately 20% African Americans, who serve in all around them. rates and ranks, according to Military One Source. "In this se

"We as Rough Riders are the embodiment of Dr. King's dream," said LNC Na'eem Phillips, master of ceremonies. "Each of us from every corner of the globe work in unison in a world where every difference and distinction tries to separate us. Every day, regardless of





race, color, sex, or creed, we perform with clarity of purpose toward a common goal. That is Dr. King's dream."

Not just celebrating, but remembering King is important because he fought for what was right using nonviolent means, said LSC Gina Robles, assistant chief advisor to the Multi-Cultural Committee. Sailors can learn from his example that no matter their rank, they should not be afraid to stand up for what they know is right as long as they are respecting those around them.

"In this service culture, we are bound together by our mission to support and defend the Constitution," said Capt. Carlos Sardiello, TR's commanding officer. "In that document, it clearly articulates everything that we stand for and what Martin Luther was fighting for. I see embarked Sailors and Marines with a general feeling of pride, respect, acceptance, and formality. It is living proof that the ideals of Martin Luther King continue here aboard the Theodore Roosevelt and in our community."

King said in a speech, "I have gone to the mountain, and I have looked over and I've seen the promised land. I may not get there with you, but I want you to know that we as a people will get to the promised land."

"We are by no means perfect," said McAlister. "But every day we get closer to the promised land, and that gives me hope."







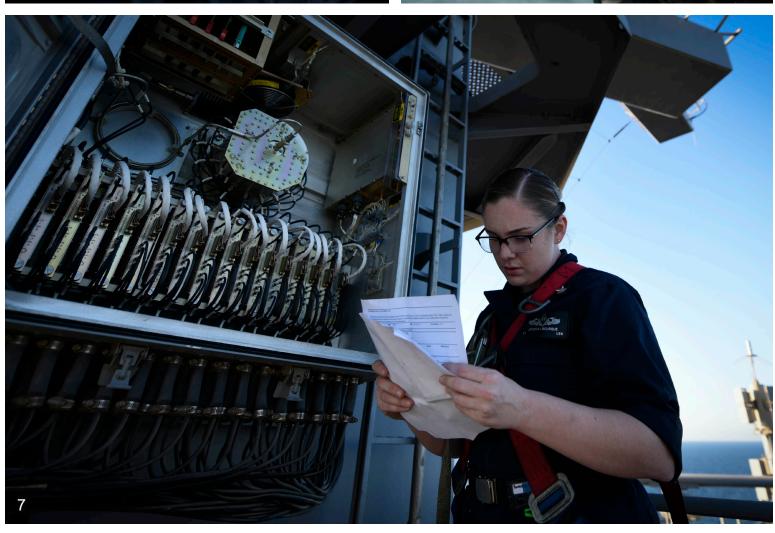
- 1. ABH1 Paul Hall directs an F/A-18F Super Hornet on the flight deck. Photo by MC3 Alex Corona.
- 2. HT2 Rick Hill welds a curtain rack. Photo by MC3 Spencer Roberts.
- 3. ABE1 Mehmet Kavlak, left, and ABE1 Gabrielle Dewitt write an entry into an arresting gear log. Photo by MC3 Spencer Roberts.
- 4. Lance Cpl. Devin Cook sits on an F/A-18C Hornet during a preflight inspection brief on the flight deck. Photo by MCSN Michael Hogan.





- 5. Sailors handle line during a replenishment-at-sea. Photo by MCSN Michael Hogan.
- 6. AWS2 Tomio Seki assists pilots in navigating an MH-60S Sea Hawk during a replenishment-at-sea. Photo by MC3 Anthony Rivera.
- 7. EM2 Jessica Bourque reads a maintenance requirement card for a radar. Photo by MCSN Michael Hogan.





Strengthening Relationships with The French Navy

Story and photos by MC3 Alex Perlman, USS Theodore Roosevelt Public Affairs

wenty four Sailors assigned to the Theodore Roosevelt Carrier Strike Group (TRCSG) participated in a "cross deck" event with personnel assigned to the French Horizon-Class destroyer FS Chevalier Paul (D621), while deployed in the Arabian Gulf, Jan. 13-17.

Cross decking is an exchange which allows sailors from both navies to experience life aboard a foreign vessel, as well as learn from coalition partners operating together.

"We cross deck to foster good working relationships between our allies," said Lt. Michael Kumm, assigned to aircraft carrier USS Theodore Roosevelt (CVN 71). "It gives the Sailors a chance to see something that they've never experienced. It's a good deal to check out another ship and see what it's like to sail with them."

Kumm added that learning about U.S. coalition partners helps build a common understanding of what each Navy's mission is and how it is executed together.

"It shows that we have the ability to work together effectively in a time of war," said Kumm. "It gives us the ability to demonstrate that we're working together and we're operating out here together."

Lt. Cmdr. Scott Sulich, assigned to Carrier Strike Group (CSG) 9, added that the cross deck fostered easier integration between navies, increased understanding of foreign platforms, and demonstrated a multilateral commitment to the fight against violent extremists.

"The French sent their ship to the Arabian Gulf to contribute to maritime security in the region," said

Sulich. "They're a NATO partner and one of our oldest allies. That continued international cooperation is really important because it gives both countries a peace of mind in that we can both count on each other's forces in whatever situation we may need."

Chevalier Paul is currently under command CSG9 for a three weeks period, and they serve the same role as many of the other destroyers in the Theodore Roosevelt Strike Group.

"Their role is to defend the flag ship, which is us, and they are very cognizant of that," said Lt. j.g. Christopher Hallissy, assigned to Destroyer Squadron (DESRON) 23. "Our mission on TR is to launch planes into a combat zone and finish whatever mission calls for us out here. Their mission is to help defend the TR. They are usually only a couple miles away from us at any given time, just like the other ships from CSG9."

While aboard Chevalier Paul, U.S. Sailors toured the ship's bridge, foc'sle, combat systems spaces, state rooms, lounge areas, and food services.

"I felt like my favorite part may have been the meal, but interacting with the sailors there was really great too," said Hallissy. "They were all super welcoming and friendly. The French sailors seemed really fired up. They seemed happy to be here and happy to help in whatever capacity they were needed."

This cross deck event was one of many training opportunities that TRCSG Sailors will experience during the current deployment in the Arabian Gulf, said Sulich.

"In the near future, we're going to continue to expand the opportunity to cross deck Sailors and see what it's like to be on another country's ship," said Sulich. "I just hope they have the event of a lifetime."









CRIME **Victimless**

Story and photos by MC3 Alex Corona, USS Theodore Roosevelt Public Affairs

s Sailors aboard TR prepare for port visits, the topics of sexual health, prostitution, and human trafficking are often addressed. While many Sailors are informed on these topics there is specific information that should be known about the ship's upcoming port visit.

Bahrain is similar to other foreign ports that an aircraft carrier visits. Women, above and below the age of consent, are brought in from different parts of the world to create a rise in the sex trade with visiting Sailors.

"There is no way to look at someone and tell if they are consenting adults and whether or not they have a sexually transmitted disease (STD)," said HMC Marion Cruse. "They can tell you something all they want, but think with your brain and don't trust them."

Cruse said HIV tracking in Bahrain is often underreported because once people test positive for HIV, there is a likely chance of deportation. Most cases of HIV, and other serious STDs, are brought into the country by workers in the sex trade.

"Risking your health for one night or one moment of pleasure just isn't worth it," said Cruse. "Something that you contract from a sex worker could stay with you a lifetime."

activity to go to medical and pick up contraceptives.

"Say whatever you need to if you'd like to speak to me or any of the medical staff in private to get condoms or contraceptives," said Cruse. "If you engage in any sexual activity and show symptoms of an STD please come to medical and get treated."

Cruse wanted Sailors to know that there is no punishment for Sailors who get medical treatment for an STD. However, punishments do exist for those who are caught with prostitutes.

Article 134 of the Uniform Military Code of Justice (UCMJ), subsection 97, specifically covers pandering and prostitution.

"Spelled out, it is illegal no matter where you are as a member of the military," said NCIS Special Agent James McMahon. "Historically there was an acceptance of prostitution in the military, but times have changed and we don't want our Sailors participating in global crime."

McMahon said that Sailors often view prostitution as a 'victimless' crime, but sex trafficking is, more often than not, a form of modern day slavery.

"These women are often recruited at a very young age and forced to work in the sex trade against their will," said McMahon. "Remember this is not just a another friendly face in a dress. These are daughters, sisters, and mothers, forced into the sex trade. Often taken from their homes, forced to become drug dependent, and not free to leave when they choose."

McMahon also wants Sailors to know that hanging around these types of environments brings them around a criminal element.

"The men behind these types of operations aren't just 'pimps,'" said McMahon. "They sell drugs, weapons, Cruse encourage Sailors who plan to engage in sexual deal in robbery, extortion, kidnapping, and various other crimes."

> Sailors need to remember that prostitution is not a victimless crime. These women are victims of human trafficking, and when Sailors surround themselves with a criminal element, they not only endanger themselves but the other shipmates as well.

HIV and Syphilis

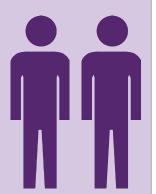
People who contract syphillis, gonorrhea and herpes often also have HIV, or are more likely to get HIV in the future.

Every



days, an active duty Sailor or Marine is diagnosed with HIV or syphilis. Men who have unprotected sex with men are at the highest risk of getting HIV.

1 of 5 diagnosed with HIV are women, with sex workers at an increased risk.

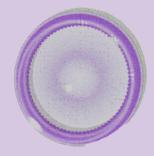


Having sex under the influence of alcohol or drugs lowers inhibitions and results in increased sexual risks.

Chlamydia

May be contracted by uprotected oral sex.

Condoms, used correctly and every time, greatly reduce your risk.



Just pulling out, or asking your partner if they have chlamydia are NOT safe strategies.

Chlamydia is the



most common

bacterial STI in the U.S., the Navy and Marine Corps. Many young people have a silent infection but don't know.



5 to 11% of women aged 15-24 seen in U.S. family planning clinics tested positive in 2011. Young men can also carry silent infections.

If left untreated, may cause permanent damage to a woman's reproductive system.

TIPS FOR B

LIBERTY EXPIRATION

LIBERTY EXPIRES ON USS THEODORE ROOSEVELT OR IN YOUR HOTEL ROOM AT: 0100 JAN 29TH LIBERTY EXPIRES AT:

E-4 AND BELOW: **2200** E-5: 2300

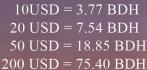
E-6: 2359

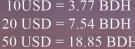
E-7 AND ABOVE: **0100**

CURRENCY EXCHANGE WITH U.S. CONVERSION RATE



CURRENCY: BAHRAINI DINAR, 1 USD = .38 BDH (JAN. 2018)





OFF-LIMIT AREAS

- ANNESCO TAILORING - THAI MASSAGE SALON AND SPA - AL DAR ISLAND

- BOOMERS AT THE PARS HOTEL

- ALL TATTOO PARLORS

- RED LIGHT DISTRICTS **HOUSES OF PROSTITUTION** BUS STO

THEODORE ROOSEVELT - N. NSA BAHRAIN - BAB AL MAN BAB AL MANAMA SOUQ - CI CITY CENTER - NSA BA

**NOTE*:

- LOOK FOR SLG MEMBERS AT EA - SCHEDULES MAY VARY DUE TO FOI - ID REQUIRED TO BOARD AND LEAVE

RETURN TO BASE

- PERSONNEL RETURNING TO THE SH SHIP'S CONTRACTED BUS SERVICE D OTHER APPROVED STO

THINGS TO RE

- LEGAL DRINKING AGE IS 18-20 ON WINE ONLY) WITH SOBER BUDDY - PROSTITUTION IS

- CARRYING KNIVES OR MULTI-T - ALL HANDS WILL MAINTAIN A CONS

CLEAN APPEARANCE AT ALL TIM

SERVICE MEMBERS SHALL **AVOID** AR

- HOMOSEXUALITY IS TEL

O PUBLIC DISPLAYS OF - DRUG STORES, PHARMACIES, AN

AHRAIN

PS SA BAHRAIN IAMA SOUQ TY CENTER HRAIN

CH BUS STOP RCE PROTECTION E BUS, LEAVE AND

IIP MUST UTILIZE EPARTING NSA OR PPS.

WEATHER FORECAST FOR BAHRAIN







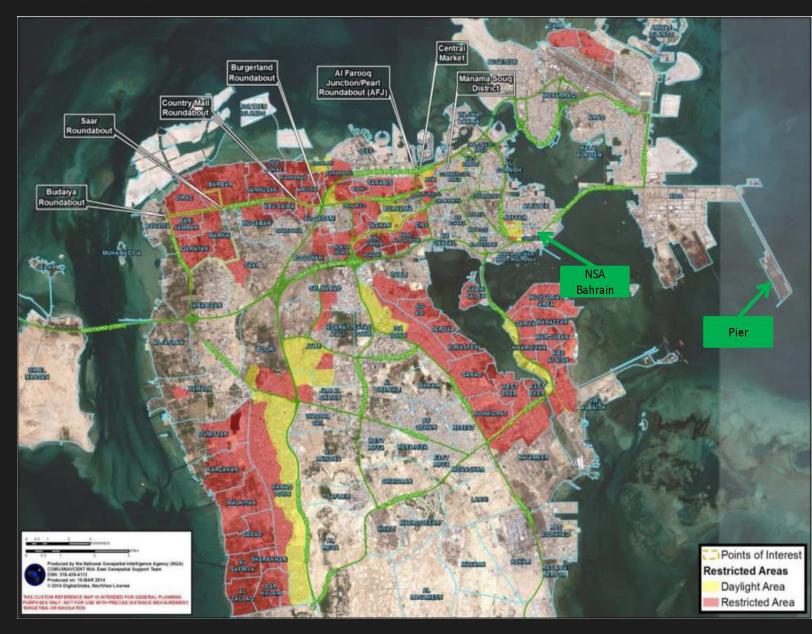




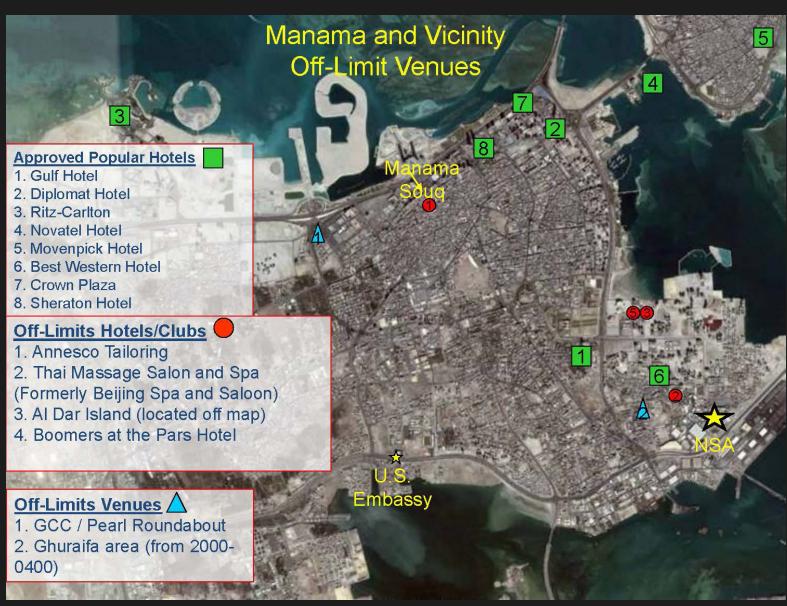


USEFUL MAPS IN MANAMA, BAHRAIN

Restricted Areas Bottom Left
Liberty Bus Routes Top Right
Manama and Vicinity Bottom Right
Off-Limit Venues







NAME ANNOUNCES ALTICATED PROPRES PROP

Story and photos by MCSN Michael Hogan, USS Theodore Roosevelt Public Affairs

he Navy announced a policy and process change Dec. 22, directing commands to immediately take action to align Sailors' end of active obligated service (EAOS) with their duty station tour length in NAVADMIN 307/17. This new alignment affects nearly 1,200 Sailors aboard USS Theodore Roosevelt (CVN 71) and can potentially alter their career decisions.

Effective immediately, the new policy changes and processes are: commanding officer's (CO) extension authority, obligated service (OBLISERV) policy, Career Waypoint (C-WAY) policy, and enlistment extension policy.

"Alignment Open Season" is the time period from the release of the NAVADMIN until May 31, 2018. With commanding officer's approval, this open season allows Sailors to bypass C-WAY in order to extend their enlistment contract to match their prescribed tour. During this time, Sailors requiring a high year tenure waiver to comply with this policy are approved to extend to meet the full prescribed tour length without a waiver.

Also, effective immediately, permanent change of station orders will now require OBLISERV to complete their full prescribed tour. Sailors will now meet the OBLISERV requirements through enlistment extension, reenlistment, or, in some cases, by filing administrative remarks (NAVPERS 1070/613) prior to executing orders.

"There are currently more than 61,000 Sailors whose EAOS is prior to their duty station tour length," said Capt. Vincent Segars, director of Military Community Management. "Having an EAOS prior to their duty station tour length causes Sailors to enter into the C-WAY process in the middle of their tour. This misalignment causes unexpected gaps in manning, creating a demand signal for personnel replacement, which may be unnecessary if the Sailor intends to obligate service. Matching a Sailor's EAOS and duty station tour length helps reduce this

unpredictability and often unexpected gaps in manning."

Sailors who currently have an EAOS prior to completion of their prescribed tour may extend their EAOS to match their current duty station tour length. Sailors are in a "decision window," defined as the length of time from when a Sailor checks on board and completes the initial career development board up to 13 months from the end of their enlistment contract.

"For example, we have some Sailors in Air Department who report aboard and their PRD is a year and a half past their EAOS," said NCC Eduardo Meneses, a command career counselor aboard TR. "So even if they reenlist, they're not going anywhere. They have to remain aboard for an additional year and a half. So anyone whose PRD is longer than their original contract, that's who this is going to affect. Those are the Sailors who are going to have to make that decision."

Once a Sailor's PRD has been moved to their EAOS, with their commanding officer's approval, normal C-WAY functionality will be restored.

"There's a lot of positive things that [Sailors] can get from this," said Meneses. "Staying aboard doesn't mean that you're stuck. It just means that now you have an additional couple of looks toward advancement. You have at least two or three more looks on advancement exams. It also makes you eligible to be considered for the Meritorious Advancement Program, as well as a continued job in the Navy. So if you were thinking, or not sure what to do at your EAOS, there's a bit more time to collect that paycheck, make your decision, and plan for the future."

Sailors not wishing to extend their PRD to their EAOS, will have their duty station tour length adjusted to their EAOS by Navy Personnel Command and their record will be marked "undecided" in C-WAY. Sailors whose records are marked "undecided," who later want to stay in the Navy, will be unable to apply for a C-WAY quota or enter the Career Management System-Interactive Detailing until the "undecided" status has been changed.

Get the most out of

the Media SharePoint

Pictures Ship Photos

Libraries

New York Times Digest

Shared Documents

Site Pages

Stars and Stripes

DV Warfare

CHINFO Clips

Rough Rider Magazine

Lists

Contact List

Calendar

Tasks

Discussions

Team Discussion

All Site Content





Region of the second of the se West of the state Digest

Eimes Digest







CVW-17 PASSES AMCI

GETTING A MOVE 7 NAVAL AVIATION: WATER ON WARFARE 7 THEN AND NOW CONSERVATION



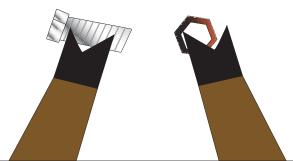




Well I have this clean bolt...



I'm considering using foreign nuts, but they have been known to be rusty.



What if I paid for outsourced nuts?

Paying for nuts is illegal and contributes to material trafficking

Make sure to use protection...



Do you get it TR?

always use proper PPE



the best things in life are free (and available at medical)

protect your bolts and nuts

some rust won't come off



Name: LS2 Kiana Rosebrough
Hometown: San Antonio, Tx.
Favorite thing about the Navy:
Working with a diverse group
of people

Message to the crew: When an opportunity presents itself, take it and trust the process

Favorite food: My wife's

spaghetti

Favorite movie: New Jack City

THIS WEEK IN NAVY HISTORY

Jan. 19, 1840 - During the United States Exploring Expedition, the Boston-class sloop-of-war USS Vincennes, commanded by Lt. Charles Wilkes, became the first U.S. Navy ship to reach Antarctica.

Jan. 20, 1903 - President Theodore Roosevelt issued an executive order placing Midway Islands under the jurisdiction of the Navy due to recurring complaints of Japanese squatters and poachers.

Jan. 21, 1961 - The George Washington-class nuclear-powered ballistic-missile submarine USS George Washington (SSBN 598) completed the first operational voyage as a fleet ballistic missile submarine, staying submerged 66 days.

Jan. 22, 1870 - The gunboat USS Nipsic, commanded by Cmdr. Thomas O. Selfrige, sailed on an expedition to survey the Isthmus of Darien at Panama to determine the best route for a ship canal.

Jan. 23, 1960 - The bathyscaphe Trieste descended on a nine-hour journey, seven miles to the deepest part of the world's oceans, the Mariana Trench's Challenger Deep.

Jan. 24, 1991 - SEAL platoons from the Spruance-class destroyer USS Leftwich (DD 984) and the Oliver Hazard Perry-class frigate USS Nicholas (FFG 47) recaptured the island Jazirat Qurah, the first Kuwaiti territory from Iraqis during Operation Desert Storm.

Jan. 25, 1963 - The first Seabee Technical Assistance Team arrived in Vietnam. By the end of 1964, 14 teams were operating or had completed their six-month tours.

DISTRIBUTION STATEMENT D:

Distribution authorized to DOD components and DOD contractors only; January 2018. Other requests for this document shall be referred to Naval Sea Systems Command (SEA 04RM). Destroy by any method that will prevent disclosure of contents or reconstruction of document.

MIP 1234 Date: January 2018 MRC: 18 KYJL Y Periodicity: R-1

Series:

Location: Private accommodation, not aboard the ship.

Ship System: Reproductive System General Sexual Health System:

SubSystem: STIs

Equipment: Whatever you have.

Man-Hours Man-Hours Man-Hours Rates Rates Rates

ANY 18+Y/O 0.04 W/Whiskey 2.6 (Minimum)

Total Man-Hours:

MAINTENANCE REQUIREMENT DESCRIPTION

1. Perform legal and safe sexual intercourse.

SAFETY PRECAUTIONS

- 1. Any unserviceable component or safety item that fails to function properly must be replaced. If it cannot be replaced, do not proceed with maintenance.
- 2. STIs (Sexually Transmitted Infections) or pregnancy can occur if safety precautions are not followed correctly.
- Partaking in prostitution is punishable under the UCMJ. 3.
- An estimated 75% of prostitutes in Bahrain have some kind of STI. 4.
- 5. Forces afloat comply with articles 92, 120, 128, and 134 of the UCMJ.

TOOLS, PARTS, MATERIALS, TEST EQUIPMENT

MATERIALS

- 1. Protective condom, latex. No NSN. Medical provides.
- 2. Pregnancy control medication. No NSN. Medical provides.

TOOLS

Maintenance person may determine if further tools are required to complete maintenance.

PROCEDURE:

PRELIMINARY

a. Obtain positive consent from partner.

WARNING: Intoxicated personnel cannot provide consent. If partner cannot or will not give consent, do not proceed

with maintenance..

WARNING: If partner only consents in return for payment, do not proceed with maintenance.

1. Apply Appropriate PPE

Note 1: If PPE has been opened, tampered with, or damaged, replace immediately. If you cannot replace, do not proceed with maintenance.