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MARCH 24

Did you know the 50th Force Support Squadron is hosting the annual Spring Fling, Once Upon a Time, 10 a.m. — 12 p.m. March 24 in the Schriever Air Force Base Fitness Center? For more information, call 567-3721.

BASE BRIEFS

Spouses are invited to events marked with



THIS WEEK

Mental Health Clinic now accepting new patients

The Schriever Mental Health Clinic now accepts patients. You can schedule an appointment by calling 567-4619.

Building 300 auditorium closure

The Building 300 auditorium will not be available until tomorrow due to equipment installation. To reserve other conference rooms, call multimedia customer service at 567-5090.

Physical Therapist Clinic open

Schriever Air Force Base's physical therapist clinic is open. Clinic hours are 7:30 — 11 a.m. Monday, Wednesday and Friday. In order to be seen by the clinic, you must have a referral from your primary care manager. For more information, contact the Peterson Air Force Base physical therapy clinic at 556-1075.

AAFES changes hours

The Schriever Air Force Base Express will be open 5 a.m. — 10 p.m. every day. The new hours will last for a 60-day trial period, ending April 11.

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Sign up for weekly Schriever announcements, news and more. Visit www.schriever.af.mil and click "Public Affairs" under featured links.



INSIDE

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First Sgt. motivates, inspires 15



Schriever displays readiness during exercise



U.S. Air Force photo by Christopher DeWitt

Airman 1st Class Chloe Dovi and Master Sgt. Joshua Stephenson, first responders with the 50th Security Forces Squadron, respond to an active shooter exercise during Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. Exercises give base personnel an opportunity to practice responding to a crisis and review their actions later in an effort to become more proficient should a real world situation occur.

By Airman 1st Class William Tracy

50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — Emergency personnel responded to a simulated active shooter and explosive ordinance scenario for Opnicus Vista 18-1, a base-wide exercise which ran March 6-8.

Airmen throughout the base demonstrated their ability to respond to these emergency

scenarios, as well as adapt to lockdown procedures for the wing's largest exercise of the year.

The exercise kicked-off with a simulated active shooter scenario. Emergency responders promptly reacted to the situation, securing the area and alerting the base populace to the threat.

"This is the first big exercise we've done this

year," said Capt. Joseph Villalpando, wing exercise program manager with the 50th Space Wing Inspector General's office. "If you look at the news, there's crazy stuff happening all the time. Having our people prepared for any kind of situation is important."

Security forces personnel were able to neu-

See **Exercise** page 12

State of the Base strengthens community bonds

By Halle Thornton

50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — Thirty-seven Colorado Springs community members and leaders attended the annual State of the Base at Schriever Air Force Base, March 7.

The annual event is held the first Wednesday in March and provides Schriever AFB leadership the opportunity to strengthen community ties.

Col. Jennifer Grant, commander of the 50th Space Wing, began the event with a mission brief.

"We are really in a new era in terms of war in space and we have adjusted and adapted our mission to ensure we evolve our space and cyberspace superiority through innovation and collaboration," she said. "Our mission is expanding."

Grant also discussed upcoming changes to the installation, induced by continued mission growth.

Highlights included the opening of the Schriever Event Center in June 2017, and the future Youth Center construction to support Airmen and families.

"We are hopeful our MILCON request for a fitness center expansion will be approved for FY 21," Grant said.

Grant hopes to expand the base in all areas, including personnel.

See **Community** page 10



U.S. Air Force photo by Halle Thornton

Col. Jennifer Grant, commander of the 50th Space Wing, briefs attendees on the Schriever mission, vision and priorities during the annual State of the Base at Schriever Air Force Base, Colorado, March 7, 2018. Attendees spent the morning learning about the installation's progress and future endeavors.

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Editorial content is obtained from the Schriever AFB public website and based on news releases, features, editorials and reports prepared by the DoD and Air Force newsgathering agencies and the Schriever AFB Public Affairs Office.

LEADERSHIP PERSPECTIVES:

50th SW Command Chief

SCHRIEVER AIR FORCE BASE, Colo. — Chief Master Sgt. Jason Tiek enlisted in the Air Force in 1991, and is currently the Command Chief for the 50th Space Wing. He took some time recently to share some of his experience and guidance.

How would you describe your leadership style?

I believe I blend servant leadership and situational leadership styles. I aspire to meet the nine qualities of servant leadership (value diverse opinions, cultivate trust, develop leaders, help with life issues, encourage Airmen, “sell” instead of “tell,” put Airmen first, think long-term and act with humility), which I believe ties into the coaching style of leadership in situational leadership.

What do you feel your strengths and weaknesses are?

I believe my strengths are my passion for taking care of Airmen and my high energy level. I acknowledge a weakness of mine is my high energy. I am an extrovert, and coupled with my energy level, I tend to not be able to sit still and am always “on the go.” I also have a tendency to take on a lot of tasks, which can have an impact on my time management.



Chief Master Sgt. Jason Tiek

What aspects of leadership are the most important to nurture?

I whole-heartedly believe nurturing effective communication (written/verbal/active listening) is key. In today's society, verbal communication seems to be the least preferred form of communication versus using electronic means (or just not commu-

nicating at all). Building a solid foundation for communication through teaching skills of writing/verbal communication/active listening, discussing barriers that can impact or prevent communication and actively utilizing (practicing) communication in our daily routine are ways to enhance this part of leadership.

How do you handle stress or challenges?

First and foremost, I stay calm and try not to overreact when faced with stress or challenges. I understand I am only human and can only do so much. When I am stressed out or facing tough challenges, I find talking with my supervisor, mentors and family helps tremendously. I also lean on my peer network and my hobbies to blow off “steam.”

How do you prepare junior Airmen for leadership roles?

As I said in our commander's call back in January, my focus is to get as many professional development opportunities I can to provide the "tools" necessary for our Airmen to enhance their leadership skills. We team with other Front Range bases and private organizations to get

See **Leadership** page 16





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A row of five Subaru vehicles for sale, each with its price and VIN displayed above it. From left to right: a white '15 Subaru Impreza Hatchback for \$16,488 (VIN# F8265510 - 10597); a dark blue '15 Subaru WRX for \$20,988 (VIN# F9805381 - 183319A); a white '15 Subaru Legacy Limited for \$20,988 (VIN# F3041931 - 10611); a red '13 Subaru Forester Premium for \$18,988 (VIN# DH439989 - 182631A); and a white '16 Subaru Impreza Limited Hatchback for \$21,488 (VIN# GH211817 - 180388A). Each vehicle is shown from a side profile against a plain background.

BASE BRIEFS

Don't forget to check out facebook.com/SchrieverAirForceBase for more events.

Tricare beneficiaries

Tricare beneficiaries: if you had a referral/authorization for service prior to Jan. 1 that dropped off or Health Net (the new Tricare regional contractor) is not seeing, you can visit https://www.mytricare.com/internet/tric/tri/mtc_wbene.nsf to retrieve your authorization. This website will expire June 30.

MetroRides Van Pool provides openings

MetroRides Vanpool is a government subsidized program for all Department of Defense Civil Service employees and active duty military. There is no out of pocket expense for DoD vanpool participants. Contractors may also participate. The route starts at the Safeway shopping center parking lot in Fountain, departing at 6:05 a.m. and arriving at Schriever Air Force Base at 6:30 a.m. The vanpool departs Schriever AFB at 4 p.m. and arrives back at Safeway at 4:30 p.m. Monday-Friday. For more information, contact Steve Cooper at 567-5668.

ON-BASE

Schriever Air Force Base Tech Expo

The Schriever Air Force Base Tech Expo, sponsored by the 22nd Space Operations Squadron, will take place 10 a.m. — 2 p.m. Tuesday at the fitness center. This free and educational event is open to all base personnel. The Tech Expo serves as an open forum for industry partners to showcase their latest mission-centric technologies. For more information, contact 2nd Lt. David Sanchez at 567-3736.

Legal Office to have minimum manning

The 50th Space Wing Legal Office will not be conducting legal assistance or will appointments March 26 — 30 due to minimum manning. Additionally, there will not be an Article 137 briefing March 30. Members will be supported for any deployment-related matters. For more information, call 567-5050.

Schriever choir Orbital Harmony holds auditions

The Schriever Air Force Base choir performance group, Orbital Harmony, will be conduct auditions to fill vacant spots for the spring and summer 2018 performance season. All positions are currently open (soprano, alto, tenor and bass). Any experience level is welcome. Auditions will be conducted by appointment at Building T135, west of the fitness center. Participation in Orbital Harmony can be used towards qualification for the United States Air Force Volunteer Ribbon. For more details or to schedule an audition, contact A. Neal Vickrey at 721-9280.

2018 Green Dot Program implements team recruitment

The Schriever Green Dot team is seeking individuals to implement the 2018 Green Dot program. Individuals should have experience teaching and have a passion for reducing interpersonal violence and suicide. Recruitment is open to Schriever Airmen including civilian employees, reserve and tenant units. For more information, contact Dr. Ken Robinson at 567-2647 or Staff Sgt. Shelby Parry at 567-4880.

Couple's workshop slots available

The Growing Close, Growing Strong couple's workshop is a free event open to all active duty, reserve and civilian employees. Couples will learn how to deepen love, connect and bond by developing a safe haven secure relationship. The workshop will be held 8:30 a.m. — 3 p.m. March 23 at the Peterson Air Force Base Chapel Fellowship Hall. To register or for more information, contact Dr. Ken Robinson at 567-2647.

Webster University offers classes

Webster University is back on Schriever AFB in the First Term Airman Center, Building 210, Room 310. This is available for anyone thinking about attending school, to register,

discuss current programs or any other administration need. Webster offers classes on Peterson Air Force Base in the Education Center and also a large variety of online classes. The spring term starts March 20. For more information, contact Dr. Bill Houth at 574-7562.

Pharmacy OTC medication program

The 21st Medical and Dental Squadron pharmacy has an over-the-counter medication program available to all active duty, dependents and retirees enrolled at Schriever and Peterson Air Force Bases. This does not include personnel who are on flying status, Personnel Reliability Program status, Arming and Use of Force, pregnant, breastfeeding or tasked for deployment. Eligible beneficiaries are able to visit the pharmacy without an appointment and may select up to three OTC medications from a preselected list. Pharmacy hours are 7:30 a.m. — 3:30 p.m. Monday, Wednesday, Friday and 7:30 a.m. — 4:30 p.m. Tuesday and Thursday. For more information, contact Capt. Kyle Smith at 567-4423.

Clinic announces closures

The Schriever Clinic will be closed the following dates/times:

Apr. 12	Noon — 4:30 p.m.	Training day
May 10	Noon — 4:30 p.m.	Training day
May 25	All day	Family day
May 28	All day	Holiday
June 14	Noon — 4:30 p.m.	Training day
July 4	All day	Holiday
July 5	All day	Family day

Note: Walk-in services end at 3:30 p.m. Normal clinic hours are 7:30 a.m. — 4:30 p.m. Monday — Friday. For emergencies, call 911. For appointments, call 524-CARE.

Lactation rooms available

New moms, there are dedicated lactation rooms inside the Restricted Area, Buildings 24, 210, 300, 400 and 730. These rooms provide dedicated space for lactation and will assist with successful breastfeeding while serving at Schriever.

Building 24, Room 1003
Building 210, Room 204
Building 300, Room 210
Building 400, Room 203
Building 730, Room B19A

These rooms are available for the duration of the building's duty day. For any questions or concerns, contact Robert Matthias at 567-3480.

TA mass briefing, one-on-one education counseling available

Tuition assistance briefing followed by education counseling is now offered the last Wednesday of the month in Building 210, Room 310. Mass TA Counseling is held 8:30 — 9:30 a.m. and one-on-one education counseling at 9:30 a.m. Appointments are preferred but walk-ins are welcome. To sign up, call Master Sgt. Janelle Amador at 567-5927 or Vicki Brautigam at 567-5903.

Flight commander's course

The Flight commander's course is used to fill the gap between initial commissioning and Squadron Officer School. This is a two-day course, which focuses on running a flight. It will be offered 7:30 a.m. — 4:30 p.m. March 22-23 in Building 210, Room 310. Some basic knowledge is provided on how to supervise enlisted, commissioned, civilian and contract personnel. For more information, contact Master Sgt. Janelle Amador at 567-5927.

Commercial travel office updates phone number

For all travelers, note that Boersma Travel (Commercial Travel Office) has changed their toll-free phone numbers to the following:

General Travel: 833-445-5559
Group Travel: 833-445-5558
Impacted locations are Schriever Air Force Base, Peterson Air Force Base, Cheyenne Mountain Air Station, Thule Air

Base, 20th Space Control Squadron Detachment 2 at Diego Garcia and 13th Air Support Operations Squadron at Fort Carson. For more information, contact Dan Bermudez at 556-5179.

Logistics planner retraining opportunities

The Air Force Logistics Plans specialty is continually seeking enlisted personnel to retrain as logistics planners (2G0X1). Interested personnel should contact Ed Smith at 567-3082.

OFF-BASE

Society of Military Widows holds meeting

The Society of Military Widows is open to widows of any branch of military service, regardless of the spouse's rank. The Pikes Peak Chapter 15 of the Society of Military Widows meets on the last Wednesday of the month, 10:30 a.m. at The Club at Peterson Air Force Base. Call 597-0492 or 591-9523 for more information.

Military Retirees Activities Office

The Military Retiree Activities office holds its monthly council meeting the second Thursday of each month at 11:30 a.m. in The Club at Peterson Air Force Base, Colorado. The guest speaker for Thursday will be Mike Bobbitt with an overview of the Honor Flight of Southern Colorado. Call 556-7153 for more information.

Run as One event

Join local veterans for the annual Run as One event 11 a.m. April 7 at Red Leg Brewing Company. This is a free 5K race held in honor of Marine veteran Clay Hunt, an original member of Team Rubicon, Mission Continues Fellow and avid sportsman, who took his own life after battling PTSD and depression. All are welcome to participate and registration is free. To sign up, visit donate.TeamRWB.org/RAO. For more information, contact Chad Eckles at 761-8530.

Little Rookies intro free program

Little Rookies' Junior Rookie ice sessions are held at Monument Ice Rinks on Saturday mornings to focus on helping beginners, ages 3-8, find their love for the game of hockey. Teaching basic skills and hockey etiquette, offering equipment and no entry fee, Little Rookies is the best place to get your child started in hockey. The programs are ran by National Hockey League Alumni Al Pendersen (Boston Bruins, Minnesota North Stars, Hartford Whalers). For more information, contact Staff Sgt. Matthew Coleman-Foster at 567-2046.

Cub Scout troops seeks recruits

The local Cub Scout Pack 808 is recruiting ages 7-10. Weekly meetings at the Ellicott Middle School library are Thursdays from 6 — 7 p.m. They are also seeking adult leaders/volunteers to facilitate character development. For more information, contact Capt. Archie Johnson at 850-420-7358.

Fort Carson DLA announces services

Disposition Services Colorado Springs, located in Building 324, 1475 Wickersham Boulevard, Fort Carson, conducts orientations by appointment. The orientations discuss disposition services/processes to include turning in excess property, reutilizing government property, available web-based tools, special handling of property and environmental needs.

- To schedule an orientation training, contact 352-4186.
- For receiving/turning in questions, contact 526-9689.
- Environmental questions, contact 526-0289.
- Reutilization/Transfer/Donation, contact 466-7002.

TAPS looking for service members

The Tragedy Assistance Program will host a survivor seminar and is in need of active duty service members to pair with a child during their journey of grief, helping them gain coping skills in a supportive environment. For more information and how to register, visit the program's website at www.taps.org or call Melissa Hermosillo at 915-780-3344.

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Tech expo coming to Schriever

By Tech. Sgt. Wes Wright
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — The 22nd Space Operations Squadron is hosting a technology expo at the Schriever Air Force Base Fitness Center 10 a.m. — 2 p.m. March 20.

Approximately 30 vendors will be at the event that serves as an open forum for industry partners to showcase their latest mission-centric technologies.

The 22nd SOPS partnered with National Conference Services Incorporated, which organizes the vendors and schedules expos at Front Range installations.

“The purpose is to bring military and industry together to start conversations about potential technology solutions to mission challenges,” said Elizabeth Teune, event manager with NCSI. “The tech expo is a networking and training opportunity that is free and open to all base personnel.”

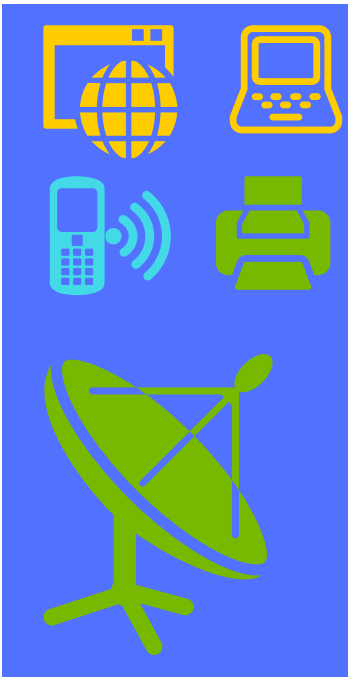
Second Lt. David Sanchez, orbital analyst with the 22nd SOPS is one of the event organizers.

“They (NCSI) take input from us on what types of technologies we’d like to see at the base,” Sanchez said. “They’re excited because they bring tech they feel might help us improve processes, and we’re excited to see them.”

Exhibitors will provide hands-on demonstrations of various technologies that include, but are not limited to: antenna technology, broadband services, data mapping and security, enterprise architecture, fiber optics, network printers, record management, solar power sources, telecom equipment and services, patch panels and wireless communication.

“I strongly encourage people to come out,” Sanchez said. “If you see something you like that you think may help your mission, take a note and bring it to the attention of your leadership. Much of the technology is already approved by the Department of Defense.”

According to Sanchez, being situationally aware of emerging technologies is critical to finding the most efficient means to address emerging challenges.





Technology Expo

MARCH 20

10 a.m. to 2 p.m. at the Schriever Air Force Base Fitness Center

To register, visit: www.federalevents.com/schrieverafb

U.S Air Force graphic by Tech. Sgt. Wes Wright

“Even if there is technology I don’t have a use for now, maybe in a few years I’ll be in a position where I see a problem and think back to the expo and say ‘I know how we can fix this problem,’” he said.

Staying abreast of technology also falls in line with the 50th Space Wing’s mission of evolving space and cyberspace warfighting superiority through integrated and innovative operations.

“We see the word innovative in the wing’s mission and also its first priority (successfully and innovatively executing today’s operations),” Sanchez said. “If you’re not up to date on the latest tools at your disposal, then you may limit your ability to be effectively innovative.”

Teune pointed to networking as another reason for anyone to attend.

“If you’re a transitioning service member, enrolled in information technology college courses, or just interested in technology, then this is an extraordinary opportunity to network with prestigious companies, ask questions to industry professionals and receive expert advice.”

While registration is not necessary for attendance, people can register at www.federalevents.com/schrieverafb and select the pre-register button. Registering will allow individuals to give feedback on the event.

For more information, contact Sanchez at 567-7856.

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SARC departs leaving ‘tall heels to fill’

By Halle Thornton
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — “Click, click, click.”
You heard the sound of her heels coming down the hall before you even saw her.

Paula Krause, Sexual Assault Response Coordinator and program manager with the Schriever Air Force Base Sexual Assault Response and Prevention program, has been at Schriever since May 2010, and officially said farewell to the base March 5.

She began in the Family Advocacy Program, working there just over a year before she transitioned to the SAPR program.

She was excited to switch to the SAPR program because she would be dealing with victims more directly.

“I’m an outgoing person, but at times I also enjoy the one-on-one,” she said. “I love helping victims through that initial crisis and pairing them with strong victim advocates. This job had everything I could ever want.”

Staff Sgt. Carrie Tierney, non-commissioned officer in charge systems technician with Technology Squadron Launch Schriever and victim advocate, has worked with Krause for three years.

“Everyone on base knows who the SARC is,” she said. “She definitely makes everything better and fun. There is never a dull moment when you’re with her.”

Krause left her mark at Schriever, starting the annual

dodgeball tournament for Sexual Assault Prevention Month in 2011.

Since then, other bases to include Vandenberg and Peterson Air Force Bases have adopted the event.

“The outreach and training has always been one of my favorite things about this job,” she said. “Plus, I could plan fun things and get the base involved.”

Staff Sgt. Shawn Tierney, non-commissioned officer in charge of cyber transport with the 1st Space Operations Squadron and victim advocate, began working with Krause six months ago.

“She’s really good at organizing things like base events,” he said. “She’s very uplifting, outgoing and fun 24/7.”

Krause has trained more than 60 victim advocates, including Shawn.

“It’s been amazing to be able to train and work with them,” Krause said.

Shawn wishes Krause good luck in her new position.

“It’ll be tough, but I have no doubt Paula will hold the position well,” he said.

Krause said she will miss working directly with victims and advocates the most.

“Those are the challenges but also the joys of the job,” she said. “Knowing you’ve touched that life, it might be a small way, and you might not know if you’ve touched a life or not but you’ve tried.”

In her new position, Krause will support the Air Force

Space Command’s SARCs and Violence Prevention Integrators.

Krause aims to get people out of their shells and to build rapport with her coworkers on the headquarters staff.

Born and raised in a town of 400 people, while Krause is excited for this new chapter, she will miss the small town feel of Schriever AFB.

Cecilia Smith, sexual assault victim advocate with the SAPR program, and has been working with Krause in her home-away from home since her arrival; happening to run into Krause around base before working with her.

“We had a friendly relationship, and one of the reasons that I accepted the position was because of her personality. She is just a nice person,” she said.

Tech. Sgt. Melinda Woods, training manager with the 50th Force Support Squadron, has worked with Krause for six years.

“I felt a kindred spirit with her because she is full of life,” she said. “She is energetic and so caring. She truly cares about everyone who works with her and even people who don’t know her. She makes people very comfortable.”

Woods will miss Krause’s insight the most.

“She has so much experience, not just with the military but with the civilian side,” she said. “She’s well-travelled, and has helped out beyond anyone I’ve ever met.”

See **Departs** page 7



U.S. Air Force photo illustration by 2nd Lt. Scarlett Rodriguez

Paula Krause, Sexual Assault Response Coordinator and program manager with the Schriever Air Force Base Sexual Assault Response and Prevention program, sits in her office at Schriever AFB, Nov. 15, 2016. Krause has been at Schriever since 2010, beginning her career in the Family Advocacy Program.

Departs

From page 6

Although a new SARC has not been hired, Woods hopes they will run the program just as well as Krause did.

“I hope the person that does come to try and fill her shoes can be understanding and open minded,” she said. “They have some tall heels to fill.”

Devon Thomas, alternate SARC and management analyst with the 50th Plans and Programs, has worked with Krause four years.

“She’s been amazing from the first day I met her,” she said. “She is extremely knowledgeable about her job. I will miss her attitude and humor, the way she dresses and our day-to-day interactions.”

Smith admires Krause for her commitment to the program.

“It has been an exciting adventure working with Paula,” she said. “She really put herself out there to help others in any way she could. If there was an event on or off Schriever, we were there.”

Smith appreciates Krause’s ability to know when to take a step back from the job.

“She would say, ‘okay, let’s get out of here and go have lunch. We need to take a break,’” she said. “Those step-away moments were where some of our best ideas came from, and I’m going to miss that.”

Smith will miss the partnership and their team effort the most.

“I know those relationships are hard to find and I know how lucky I was to have had that,” she said.

“Although I will miss working with Paula, she is right where she is supposed to be and I couldn’t be happier for her. I’m excited to see how far she will go.”

Krause is optimistic the SAPR program will thrive even while she is gone.

“I’m just a phone call away, and part of my new job is to support them,” she said. “Schriever is a community, and the community will help you out if you ask for it.”



U.S. Air Force photos by Halle Thornton



(Top) Col. Jacob Middleton, vice commander of the 50th Space Wing, presents Paula Krause, Sexual Assault Response Coordinator and program manager with the Schriever Air Force Base Sexual Assault Response and Prevention program, the Department of the Air Force award for Meritorious Civilian Service at Schriever Air Force Base, Colorado, March 8, 2018. Krause’s new position will involve her assistance with other Air Force Space Command SARCs and Violence Prevention Integrators.

(Left) A cake displays pictures of Paula Krause, Sexual Assault Response Coordinator and program manager with the Schriever Air Force Base Sexual Assault Response and Prevention program, and her time at Schriever at her farewell celebration at Schriever Air Force Base, Colorado, March 8, 2018. Paula has trained more than 60 victim advocates during her time at Schriever.

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Schriever Airmen spend an evening at Painting with a Twist, part of the 50th Force Support Squadron's Single Airmen Initiative in Colorado Springs, Colorado, Feb. 28, 2018. The SAI's goal is to increase resiliency and allow Airmen the opportunity to experience an activity they might not be able to afford or try on their own.

Schriever Airmen put a twist on painting

By Senior Airman Arielle Vasquez
50th Space Wing Public Affairs

COLORADO SPRINGS, Colo. — More than 10 Airmen from Schriever Air Force Base showed off their creative side at Painting with a Twist in Colorado Springs, Colorado, as part of the 50th Force Support Squadron's Single Airmen Initiative, Feb. 28.

During the free event, Airmen had the opportunity to spend an evening getting to know each other while painting their version of a Colorado sunset.

"The Single Airmen's Initiative program opens the door for Airmen to give a variety of activities a try, without having the burden of paying for them," said Seth Cannello, fitness and sports manager and event organizer with the 50th Force Support Squadron.

First Lt. Ramon Rosario, mission planning cell lead with the 4th Space Operations Squadron, said this was his first time participating in the SAI Painting with a Twist event.

"Painting with my friends and fellow Airmen gave me the opportunity to show my artful prowess, eye for color, love of nature and humility," he said. "The event was more lively and entertaining than I could have expected. SAI

creates unique events to have fun like no other Air Force — sponsored events. I would highly recommend anyone attend these events."

While the event was not a typical SAI outdoor activity, it still presented social opportunities for Airmen in attendance.

"Painting with a Twist is a unique event that Schriever Airmen can participate in while interacting with each other," Cannello said. "The group really seemed to be having a fun time. One of the reasons I like this event is because not everyone hunts, fishes or likes high adrenaline activities. This is a Recharge for Resiliency event with the intention of including all Airmen."

Capt. John Bang, staff instructor with the 50th Operations Support Squadron, who helped coordinate the event, said the most rewarding aspect was to see everybody having a positive experience.

"For some people, they aren't familiar with Schriever members from other squadrons," he said. "This was a great opportunity to create relationships so they can build upon that."

To register, or for more information about upcoming SAI events, contact Cannello at 567-6658.

According to Cannello, the Fitness Center is always looking for new suggestions. Below are tentative dates for SAI trips throughout the year.

March 30 — April 2	Spoonbill fishing trip
April 3 — 6	Bowfishing
April 6 — 8	Turkey hunt trip I
April 13 — 15	Turkey hunt trip II
April 21	Pike fishing
May 5, 6	Hot air balloon ride
May 18	Walleye fishing trip
June 1	Skydive
June 9	Segway tour
June 11	Terror Dactyl ride
July 13, 14, 15	Motorized hang glider
July 25	Bear dance golf
July 27	Paragliding
Aug. 10	Kart racing
Aug. 17	Hang glider
Sept. 7	Dove hunt
Sept. 14	Llama hike
Oct. 1	Sandhill crane hunt
Nov. 14	Pheasant hunt

All-call provides guidance, updates



Col. Jennifer Grant, commander of the 50th Space Wing, conducts an all-call in the Building 300 auditorium at Schriever Air Force Base, Colorado, March 5, 2018. Since taking command in June 2017, Grant has held frequent all-calls to provide guidance and focus to the wing. This all-call gave Airmen an update on various questions asked at previous all-calls, to include forecasted timelines of new infrastructure and improvements to base facilities.



U.S. Air Force photos by Dennis Rogers

Airmen listen as Col. Jennifer Grant, commander of the 50th Space Wing, provides updates on base infrastructure improvements during an all-call in the Building 300 auditorium at Schriever Air Force Base, Colorado, March 5, 2018. All-calls give the installation commander an opportunity to communicate strategic intent, provide updates and answer questions from Airmen.

Community

From page 1

"The perspective of Schriever is changing," she said. "We are not isolated out here and we are expanding our services to keep pace with our mission growth. But, we are realizing base operating services also need to expand."

Col. Traci Kueker-Murphy, commander of the 310th Space Wing, followed Grant with the 310th SW mission

brief, explaining how they support Schriever in many mission areas.

"What I want you to come away with is that we have such a great relationship out here at Schriever," she said. "The relationship we have with the 50th and the community is really what makes us successful."

Kueker-Murphy explained the people who best support the 310th SW mission are members of the Colorado Springs community, and in turn, military members want to stay in the area.

"You as a community are an attractive place for people

(uniformed members) to separate," she said. "We can all work together to make this a perfect partnership."

The event ended with a question and answer session, where community members had the opportunity to ask the base leadership about Schriever and what they could do to strengthen and utilize their relationships.

"There is an appetite I have not witnessed in the Air Force," Grant said. "We need to make sure we are adequately equipped and manned. We are at a historic precipice, and we will ask for what we need to execute the mission."

SAC program children get fit



Children test their flexibility during the Schriever Air Force Base Fitness Center briefing about health and fitness at the Child Development Center at Schriever Air Force Base, Colorado, March 9, 2018. School Age Care program children spent the morning learning about healthy eating and exercise.



U.S. Air Force photos by Halle Thornton

(Top) Rachel Wood, recreation assistant with the 50th Force Support Squadron, speaks with School Age Care program children about health and exercise at the Child Development Center at Schriever Air Force Base, Colorado, March 9, 2018. Children were able to share what their favorite foods were, what sports they liked and what exercise meant to them.

(Right) Emma, 8, listens during a talk about health, flexibility and aerobic fitness at the Child Development Center at Schriever Air Force Base, Colorado, March 9, 2018. A representative from the fitness center spoke with the School Age Care program children about fitness as part of the introduction to the new fitness room in the CDC.



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Staff Sgt. Gregory Spearman, explosive ordnance team leader with the 21st Civil Engineer Squadron, examines a simulated explosive device during an exercise at Schriever Air Force Base, Colorado, March 6, 2018. Spearman's Air Force Specialty Code is one of nearly 40 currently on the Air Force shortfalls requirements list, which means eligible Airmen are more likely to be approved for retraining should they apply for those jobs.

Shortfall list provides career opportunities

By Tech. Sgt. Wes Wright
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — For Airmen looking for new career opportunities in the Air Force, the Shortfalls Requirements List may provide a near surefire way to get a highly-desired job.

Nearly 40 jobs are currently on the list and include everything from pararescue, to explosive ordnance disposal, to chaplain assistant.

“The shortfall list is particularly advantageous for new Airmen to pursue because you don’t have to meet the typical minimum time requirements to retrain,” said Master Sgt. Janelle Amador, career assistance advisor with the 50th Force Support Squadron.

Typically, first term Airmen may not apply to retrain into another specialty until the last year of their contract. First term Airmen, (not already in a shortfall AFSC) have an opportunity to apply for shortfall jobs at their half-way point.

Career Airmen may apply for retraining at any time. Amador said there are several reasons Airmen should consider the shortfall list.

Bonuses:

“The bonuses can be a huge incentive,” Amador said. “The amount of money offered as a signing or reenlistment bonus can help set you up financially for the future or take care of debt.”

The exact amounts of bonuses are broken into zones calculated by the variables in skill level, experience and amount of years for which someone is enlisting or reenlisting.

Jobs like survival, evasion, resistance and escape, pararescue and certain airborne cryptologic language AFSCs, have bonuses approaching \$90,000 for certain zones.

Post-Air Force career:

“There’s nothing wrong with serving your country honorably while also setting yourself up for a post Air Force career,” Amador said. “That’s smart planning. You can make good money on the outside doing many of these jobs.”

According to Amador, air traffic control, medical diagnostic imaging and flight engineer are examples of shortfall jobs that pay well in the civilian sector.

Experience:

“Consider the inflight refueling AFSC,” Amador said. “You get to fly all over the world, receive flight pay and experience cultures you maybe wouldn’t get to otherwise.”

Flight attendant, airborne cryptologic language analyst, and airborne intelligence, surveillance, and reconnaissance operator are other examples of flying opportunities.

Staff Sgt. Gregory Spearman, explosive ordnance team leader with the 21st Civil Engineer Squadron, joined his AFSC for the experience; in his case, the experience of making a difference.

“When I first joined the Air Force, I had no idea what EOD was,” Spearman said. “But through our preliminary course and tech school I learned how important this job is and how you can truly save lives. Throughout

the long hours of training, I understood more and more what I was being trained to do and fell in love.”

While Spearman encourages anyone interested to apply, he offered sage advice.

“You’re going to be tested in many different ways and if you think you are the expert and that you can’t be taught anything new, you’re wrong,” he said. “No matter how long you have been in the military or EOD there is always room for improvement.”

Spearman, stationed at Peterson Air Force Base, Colorado, knows firsthand about being tested as he recently suited up to diffuse a simulated explosive device at Schriever Air Force Base during an exercise.

“Emergency responses can happen anytime, anywhere, so being ready and being current on all of your training is a must,” he said. “Also, being able to work as a team is a must. Stateside or deployed, you’re going to have at least one team member with you and your job is to keep each other safe.”

Amador stressed the importance of understanding the gravity of a career change.

“If you’re considering changing course in your career, I strongly advise you to come see me first so I can guide you through the process,” she said. “It’s important you understand the impact of decisions you make when it comes to your career.”

For more information or to schedule an appointment with Amador, call 567-5927.

To view the current shortfall list, Airmen can log into MyPers and click on the retraining link. For civilians looking to start an exciting Air Force career, Amador suggested they visit their local recruiter to determine all of their options.



U.S. Air Force photo by Dennis Rogers

Staff Sgt. Gregory Spearman, Explosive Ordnance Disposal team leader with the 21st Civil Engineer Squadron, dons a protective suit during a bomb threat scenario during Opinicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. EOD helped secure the area from any threats.



U.S. Air Force photo by Dennis Rogers

James Kuhn, Jerry Quintana and Jon Rinesmith, firefighters with the Schriever Air Force Base Fire Department, tend to an exercise victim during Opinicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. The 50th Space Wing Inspector General's office conducted OV 18-1 to evaluate the wing's first responders' ability to respond to an emergency situation.

Exercise

From page 1

neutralize the active shooter; and discovered a simulated unexploded ordinance, prompting a response from Explosive Ordnance Disposal members with the 21st Civil Engineering Squadron at Peterson Air Force Base.

The Schriever Air Force Base Fire Department and Rocky Mountain Medical personnel worked hand-in-hand to treat the simulated injured.

EOD combined man and technology, dressing one of their own in a protective suit while deploying a special bomb disposal robot to quickly neutralize the threat.

Tech. Sgt. Martin Howard, section chief of wing exercises with the 50th IG, and veteran of past base exercises, praised OV 18-1's unique use of EOD resources.

Base personnel furthered this trend of readiness throughout the exercise's duration.

The 50th IG conducted a deployment line to display the wing's ability to mobilize its members to respond to various incidents March 8.

"We're a military institution, so we need to be able to deploy our people on short notice if anything ever comes up," Villalpando said.

Exercise evaluators commended the base response.

"Everyone who participated was able to meet their objectives," Villalpando said. "Seeing overall coordination with different units was great."

He explained base-wide exercises such as OV 18-1 provide valuable training opportunities and help strengthen bonds between units.

"During our hot wash, fire department and EOD representatives were saying how they were able to communicate very well," Villalpando said. "For units such as Rocky Mountain Medical personnel, their leadership was telling us how helpful it (the exercise) was for them, since normally they don't have enough people to plan out their own exercises."

Martin and Villalpando agreed base-wide exercises help to strengthen the base and its ties to the local community and emergency responders, keeping Schriever Airmen ready for anything in uncertain times.

"We plan accordingly to meet our objectives and we do that by reaching out to the base populace," Martin said. "By reaching out to them, we can help them meet their readiness requirements as well, and they did."

These lessons will be carried on for the next exercise, Opinicus Vista 18-2, tentatively scheduled for June.



U.S. Air Force photo by Dennis Rogers

Security forces Airmen help an exercise victim to safety during Opinicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. The exercise rescued individual was escorted to a secure area.



U.S. Air Force photo by Dennis Rogers

(Top) Airman 1st Class Chloe Dovi, front, response force member and Senior Airman Marlon Delgado, response force leader, both with the 50th Security Forces Squadron, converge on an exercise active shooter during Opinicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. The 50th SFS responders were able to neutralize the threat and secure the area.

(Right) Airman 1st Class Chloe Dovi, response force member with the 50th Security Forces Squadron, stands vigilant after engaging an exercise active shooter during Opinicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. Dovi and other 50th SFS Airman were tested in their response and ability to address a crisis.



Staff Sgt. Ch... and her dog... at Schriever... their ability...



U.S. Air Force photo by Christopher DeWitt

Senior Airman Marlone Delgado, response force leader with the 50th Security Forces Squadron, clears a building during Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. Exercises are conducted regularly to test the base's response. The 50th Space Wing Inspector General's office members evaluated emergency responders and offered feedback following the exercise.



U.S. Air Force photo by Christopher DeWitt

Senior Airman Xavier Marrero, response force leader with the 50th Security Forces Squadron, briefs Staff Sgt. Gregory Spearman, Explosive Ordnance Disposal team leader with the 21st Civil Engineer Squadron, on a suspicious package during Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. EOD personnel tested their ability to identify and neutralize the simulated device.



U.S. Air Force photo by Dennis Rogers

Chelsea Boe, military working dog handler with the 21st Security Forces Squadron, stands by to secure an exercise active shooter location during Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. Military working dog handlers tested during the exercise.



U.S. Air Force photo by Dennis Rogers

Staff Sergeants Rachael Avery, left, contracting specialist, and Michael Staskowiak, center, contracting officer, both with the 50th Contracting Squadron, and Master Sgt. Peter Jason Uson, right, readiness non-commissioned officer with the 50th Force Support Squadron, follow mobility bag inventory instructions during exercise Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 8, 2018. The 50th Space Wing Inspector General's office conducted the deployment phase of the exercise to evaluate the wing's ability to mobilize its members and to respond to various incidents.



U.S. Air Force photo by Dennis Rogers

(Top) Airman 1st Class Chloe Dovi, left, response force member and Senior Airman Marlon Delgado, right, response force leader, both with the 50th Security Forces Squadron, rescue Gregory Stout, center, police officer with the 50th SFS, during Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 6, 2018. Emergency personnel rescued the injured throughout the exercise.

(Left) Staff Sgt. Benjamin Lara, patrolman with the 50th Security Forces Squadron, prepares his weapon for the deployment phase of Opnicus Vista 18-1 at Schriever Air Force Base, Colorado, March 8, 2018. Rapid deployment scenarios are conducted to evaluate the wing's readiness.



U.S. Air Force photo by Dennis Rogers



U.S. Air Force photo by Dennis Rogers



U.S. Air Force photos by Staff Sgt. Matthew Coleman-Foster

Tech. Sgt. Tony Tirado, communications system operator with the 4th Space Operations Squadron, runs wood through a thickness planer at his home in Colorado Springs, Colorado, March 11, 2018. Tirado uses woodworking to maintain his Comprehensive Airman Fitness and mentor fellow Airmen.

Airman shapes hearts, minds with sawdust

By Staff Sgt. Matthew Coleman-Foster

50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. — The Air Force emphasizes the importance of cultivating the four pillars of Comprehensive Airman Fitness; physical, mental, social and spiritual.

Tech. Sgt. Tony Tirado, communications system operator with the 4th Space Operations Squadron, uses woodworking as a way to not only satisfy this, but also to make connections within the local community.

“When life throws me a curveball or I’m struggling with overanalyzing a situation or problem, nothing helps me relax and concentrate better than woodworking,” Tirado said. “From design creation, building, to finishing, every aspect of woodworking serves a purpose for me.”

This has led into the creation of a business and a Facebook page, boasting 216 members and growing.

“I started it (the Facebook page) because when I came here, I was looking for a local woodworking group on Facebook and couldn’t find any,” he said. “So I decided to create one for local woodworkers to ask and offer assistance to one another, borrow tools (a lot of people have borrowed my tools), ask for opinions on their projects, brag about something awesome they made and all things in between.”

These opportunities have led him to paths with members in the Front Range military community as well. Chief Master Sgt. Marty Rush, chief enlisted manager with Air Force Space Command Public Affairs is a prime example.

“Tirado started Colorado Springs Woodworking and from the minute I started posting on the site, Tirado was always providing encouragement and support,” Rush



Tech. Sgt. Tony Tirado, communications system operator with the 4th Space Operations Squadron, places tung oil on an Air Force functional badge carving at his home in Colorado Springs, Colorado, March 11, 2018. Tirado teaches techniques like this to his peers and subordinates in an effort to inspire and improve morale.

said. “He even offers to loan his own tools out to help people with their projects. I was working on a shadow box for my boss who was retiring and needed a biscuit joiner, but wasn’t sure I would use one frequently enough to warrant buying one. Tirado, without even knowing me, offered to let me borrow his.”

According to Rush, Tirado has one of the most giving and supportive attitudes of anyone he has ever met in his Air Force career.

“I’ve never seen Tony in a bad mood,” Rush said. “I’ve never heard him say no. Anytime I’ve reached out for help whether it’s for advice, math calculations (yes, he does that

too), or to borrow a tool, he’s never too busy and he always takes time to help you through a project. There’s a certain level of support and friendship that comes with uniting with folks with like interests on a Facebook group, but Tony Tirado takes that to a whole different level.”

According to Tirado, his woodworking journey started about six years ago with his wife wanting a barnyard style table.

“The table she wanted, to our dismay, ran thousands of dollars and I simply could not accept that,” he said. “After pondering a bit and going over the details of how it looked like it was made, I decided to approach my wife with the idea of me making one instead.

Once Christmas came, I was surprised with my first circular saw and saw horses and that was my motivation to finally give the table a go. Being sober for years at that point, I’ve always struggled to find healthy hobbies that I could stick with. I’d jump from one thing to another to stay busy but nothing really stuck until I started making that table.”

It was at this point he said he found his calling. Having to learn from his mistakes the hard way with woodworking, he soon started to use woodworking as a tool to mentor his subordinates and peers.

“I’d offer to teach and help them build whatever they desired for free so long as they didn’t drink alcohol and enjoyed themselves,” Tirado said. “I quickly learned how ideal of a setting a garage is for learning how a person has truly been.”

“Defensive guards are let down and you can just talk while working together to make something. Through these experiences I’ve learned just how important it is to know your people and to truly care about them. It’s given me invaluable insight into growing into a transformational leader all while creating and reinforcing workplace relationships and not to mention making cool things,” he said.

Although Tirado uses woodworking as a way to maintain his resilience, connect with the community and mentor Airmen, he says his love and pride for the Air Force cannot be overstated.

“I’m a career non-commissioned officer through and through and have been through a gauntlet of challenges,” he said. “My goal is to use my woodworking to show how much each person is appreciated and to grow them as our future leaders. There’s always time to make something and hope that my hands and dedication to woodworking and mentoring will show them just how thankful I am for them and that they truly matter.”

First Sgt. motivates, inspires

By Staff Sgt. Matthew Coleman-Foster

50th Space Wing Public Affairs

SHCRIEVER AIR FORCE BASE, Colo. — The position of first sergeant has a rich history and legacy in the Air Force and has become an indispensable part of Air Force culture.

Although some may see them as just an authoritarian or a disciplinarian, there is much more to being a first sergeant.

The first sergeant position is in place to oversee the morale, welfare and conduct of all the enlisted members in a squadron and is the chief adviser to squadron commander concerning the enlisted force.

According to many Airmen within the 4th Space Operations Squadron, Senior Master Sgt. Justin Halterman, first sergeant with the 4th Space Operations Squadron. They have never met a first sergeant as selfless, driven, or motivated as Halterman.

"I feel a sense of fulfillment when someone trusts me with their bad day and I get to help them to a better tomorrow," said Halterman. "The people in our Air Force are amazing and so committed, I come to work every day and try to make Airmen's tomorrows better."

Tech. Sgt. Antonio Tirado, communication systems operator with the 4th Space Operations Squadron's initiative bolstered the bond between him and Halterman.

"When I found out he took on the task to build the 4th SOPS heritage room bar table, I figured I'd call him and offer my help, thinking it'd be a great opportunity to get to know him better and do what I love, which is woodworking," Tirado said.

They spent many hours working on the project together, in which Tirado says he grew to respect his first sergeant and learned they shared a common interest.

"He exuded a level of confidence, character



U.S. Air Force photo by Christopher DeWitt

Senior Master Sgt. Justin Halterman, first sergeant with the 4th Space Operations Squadron, engages in a discussion with Senior Master Sgt. Patrick Kincaid, chief enlisted manager with the 4th Space Operations Squadron on a morale visit, Sept. 15, 2017. Halterman is known for his enthusiasm and motivation when engaging with Airmen.

and capability that peaked my interest. From that point, unbeknownst to him, I assigned him as my mentor,” he continued.

Tirado says he found himself seeking advice from Halterman and leaving more motivated and confident than he was before.

“Going to him with a simple question always meant leaving with a deeper under-

standing of so many factors that you didn't even know existed," he explained. "He'd sit you down, grab a clean sheet of paper from his printer, write some stuff down, then turn it around to show you visual aides to help you absorb the mind-melting, thought-inducing, life-changing advice that he was about to drop on you."

Even amongst his peers, Halterman is seen as the model senior noncommissioned officer, who is constantly mentoring up and down the chain of command.

"No matter how crazy or one-off a situation he encounters, I have not seen him be stumped to date," said Master Sgt. Carter Bryan, operations flight chief, 4th Space Operations Squadron." In the year I have worked with him, I have definitely learned lessons that I will take with me for the rest of my career in the Air Force and beyond.

Halterman is known to go above and beyond more than most would to help Airmen under his charge according to Senior Airman Eric Heimermann, mobile operator, 4th Space Operations Squadron. Heimermann was going through a hard time when Halterman came to the rescue.

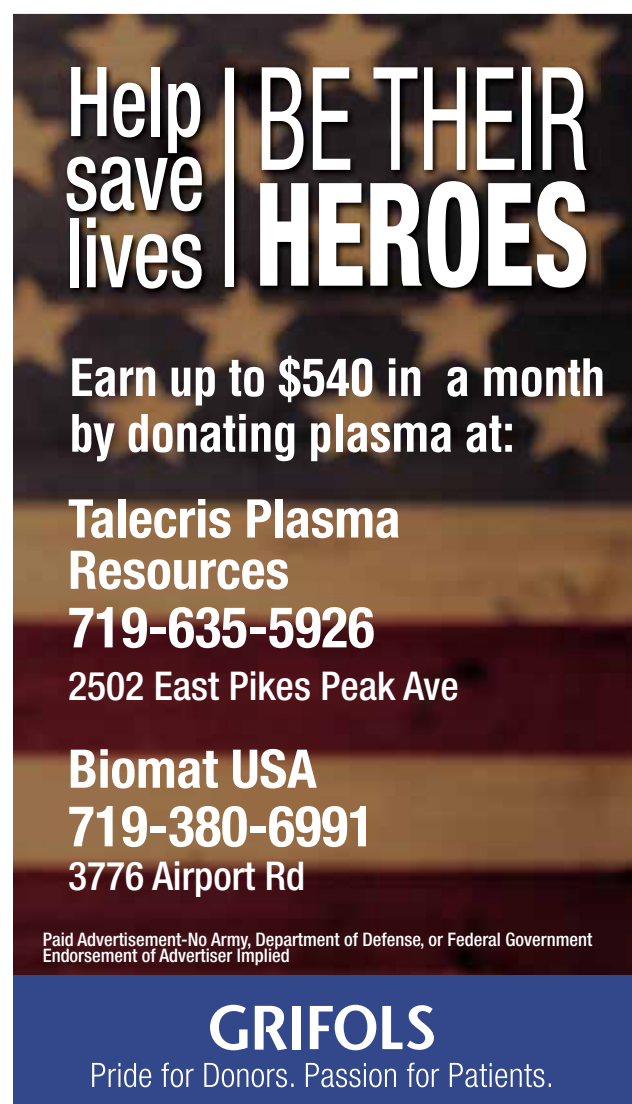
"There was a lot going on with me at that time. Work and home were challenging and I lost someone extremely close to me. Senior Master Sgt. Halterman was with me every step of the way," Heimermann said. "You could tell he was genuine and cared. His actions made a huge impact on me."

Although Halterman has moved on to be the 50th Operations Group first sergeant, he is still impacting those he left at 4th SOPS.

"In the brief time we had together, he was and still is an awesome mentor and I would count him as a friend," said Heimermann. You can see his motivation and beliefs in his actions. He's the type of Airman you want to emulate."

Halterman looks forward to his future of helping Airmen succeed.

"My energy is replenished by having the opportunity to coach Airmen every day," he said. "Each bit of energy spent today is an investment in our team so that we can come to work stronger, happier and overall in a better place tomorrow."



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International Women’s Day recognizes women around AFMS



Tech. Sgt. Christina Pyeatt, independent duty medial technician at Joint Base Elmendorf-Richardson, Alaska, checks in on a patient, February, 2018. Having been in the Air Force for a year and a half, Pyeatt explains how women can bring unique perspectives and approaches to help tackle challenging issues.



Courtesy photos

Maj. Khadidja Harrell, chief global health engagement at U.S. Pacific Command, checks up on a young patient in Haiti, May 2010. Harrell, who is a pediatrician by trade, visited with many patients as part of a medical readiness training exercise after the 2010 Haiti earthquake.

By Shireen Bedi

Air Force Surgeon General Public Affairs

FALLS CHURCH, Va. — International Women’s Day is a time to reflect on the many contributions that women have made worldwide, and to the Air Force Medical Service. Women from around the AFMS are sharing their experiences and talking about importance to their careers as medical Airmen of the women who came before them.

International Women’s Day highlights the necessity and importance of diversity and equality to their position and to the organization as a whole.

“At all levels of the AFMS, we need diversity of experiences and leadership styles,” explained Master Sgt. Melissa Bridges, the Air Force Independent Duty Medical Technician consultant at Fort Sam Houston, Texas. “The Air Force does a good job of recognizing how women add to that diversity since we can bring unique perspectives on care and a dynamic approach to a situation.”

Throughout the AFMS, women bring unique experiences and backgrounds to the table, especially in leadership positions.

“At all levels, the fact that females are at the table allows the AFMS to benefit from the diverse views we can bring,” said Lt. Col. Rebecca Elliott, Squadron Commander at 52nd Medical Operations Squadron at Spangdahlem Air Base, Germany. “As a squadron commander, I can use my experiences and background towards different leadership tactics that could be beneficial for the position.”

AFMS women not only contribute greatly to the success of the organization, but have also contributed the success of other Airmen just beginning their careers.

“When I was just starting out, I looked up to female leadership and would emulate the traits that made them great leaders, especially those who had families and were able to balance it all,” said Lt. Col. Bonnie Stevenson, 49th Medical Operations Squadron commander at Holloman Air Force Base, New Mexico. “I have been fortunate to have successful female mentors and now in my current position, I believe in paying it forward and helping other Airmen succeed.”

Many expressed how important it is for women to have representation in leadership, which has shaped and inspired them.

“It is great that within the AFMS, you are not limited and you know you have the potential to take on more leadership roles,” explained Maj. Sara Jansch, Women’s Health nurse practitioner at Spangdahlem Air Base, Germany. “It is inspiring for me to see my own mentors to become strong female leaders who have become squadron commanders and have lead their clinics.”

For women like Bridges, who is the first female Independent Duty Medical Technician consultant in the Air Force, International Women’s Day serves as a reminder of how far women have come in the Air Force, as well as the continued efforts the AFMS has done to ensure diversity and equality at every level.

“I think it is important to highlight and recognize the contribution of all Airmen, including women,” explained Maj. Khadidja Harrell, Chief Global Health Engagement at U.S. Pacific Command. “I think when young girls have women that look and feel like them doing things like being in the Air Force and practicing medicine, it gives them more motivation and inspiration that they are capable of the same things.”

Leadership

From page 3

programs/professionals here to provide tool-sets, establishing forums for leadership discussions continue mentoring opportunities to meet with Airmen of all ranks to discuss leadership qualities.

What’s some advice that you’ve received that’s stuck with you?

I think one of the best pieces of advice I received was actually very recently.

Over my career I had always been told that I needed to balance my work and my life outside of work. What I found was this was always very difficult and I could never truly find the balancing point. While attending a conference, we had the opportunity to hear Jeff Bezos, CEO of Amazon, speak and one of his main points was “harmonizing” your work with your life. It’s realizing both your life and work can coexist together and one isn’t defaulted to the priority over the other. It’s approaching both as co-equals and realizing that you can have both. I will say you have to invest time, effort and plan-

ning into harmonizing both and there is no one-size fits all approach to doing it. You just need to identify what’s important in both roles and work through how you can accomplish these things without having to sacrifice; it may be as simple as compromising.

What common trait do you think all successful leaders have?

I think all successful leaders have a knack for identifying (or relating to) the vision for their organization and being able to clearly articulate how they (and their Airmen) fit. They possess the needed skills to be able to interact with superi-

ors, peers and subordinates to focus the organization on what needs to be accomplished in support of the mission.

Is there anything else you would like to add about leadership?

Leadership isn’t easy and no one should think it is something that can be genetically passed along or cloned. Leadership is a skill that is taught and must be practiced on a daily basis. Leadership is also not a bunch of success stories; sometimes the best leadership principles are learned from failures, so don’t be afraid to fail or avoid trying something for the sake of failure.



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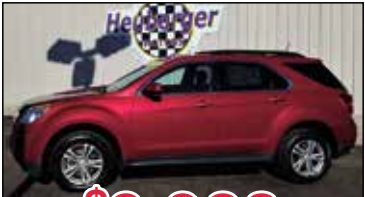
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COMEDY & IMPROV

Bobby Bones Red Hoodie Comedy Tour, stand-up comedy by this radio DJ, comedian, best-selling author, chart-topping recording artist and TV personality. Sat., March 17, 7-9 p.m. \$35.50-\$87. Pikes Peak Center, 190 S. Cascade Ave., 477-2100, verlee@broadmoor-worldarena.com, pikespeakcenter.com.

Comedy Open Mic, open to comedians of all levels of experience. Sign-up begins at 8 p.m., open mic at 8:30 p.m. Tuesdays. Free. The Theater on Pecan, 1367 Pecan St., 377-2147.

Comedy Open Mic, an opportunity to get some stage time, sharing jokes in front of a supportive group. Tuesdays, 7:30 p.m. Free. Playing Field Sports Bar, 3958 N. Academy Blvd., #112, 210-1316, theplayingfieldsports-bar.com.

Stick Horses in Pants Improv Comedy, an improvised comedy show, different each night and “entertaining for all.” First Friday of every month, 8 p.m. and third Friday of every month, 8 p.m.; through April 20. \$7-\$10. Lon Chaney Theatre, 221 E. Kiowa St., 387-9911, info@thestickhorses.com, thestickhorses.com/show-schedule.

CONCERTS

Bach Celebration Concert, presenting a selection of Bach’s music, performed by Jory and Kooper Lane, the Chamber Singers of the Colorado Springs Chorale, and other accomplished musicians. Sun., March 18, 3-4:30 p.m. Donations accepted. First Christian Church, 16 E. Platte Ave., 633-8888, fcc@firstchristiancos.org, firstchristiancos.org/concert-series.html.

David Finckel & Wu Han: The Singing Cello, presenting a collection of work that highlight the cello’s connection to the human voice. This event is co-presented with the Colorado Springs Philharmonic. Mon., March 19, 7:30 p.m. Tickets start at \$24. Ent Center for the Arts, 5225 N. Nevada Ave., 255-3232, tickets@uccspresents.org, uccspresents.org.

Veronika String Quartet: Three Testaments, presenting a program that includes works by Barber, Shostakovich and Beethoven. Sun., March 18, 2-4 p.m. \$10-\$25. CC’s Packard Hall, 5 W. Cache la Poudre St., 671-7374, veronikastringquartet@gmail.com, veronikas-tringquartet.com.

Violin for Vasculitis, a musical “informance” by Vasculitis patient and violinist Allison Lint, raising awareness about this little known disease. She will be accompanied by pianist Lauren Ciborowski and oboist Joyce Hanagan. Fri., March 16, 7-8:30 p.m. \$7-\$10. The Modbo, 17C E. Bijou St., 633-4240, themodbo@gmail.com, themodbo.com.

DANCE

The Dragon and the Pearl, an artistic ballet about the magic of personal transformation. Sat., March 17, 7-9 p.m. and Sun., March 18, 2-4 p.m. \$10/adult, \$5/senior and children. Louisa Performing Arts Center, Colorado Springs School, 21 Broadmoor Ave., 596-1134, karen@thedancecenter.net, thedance-center.net.

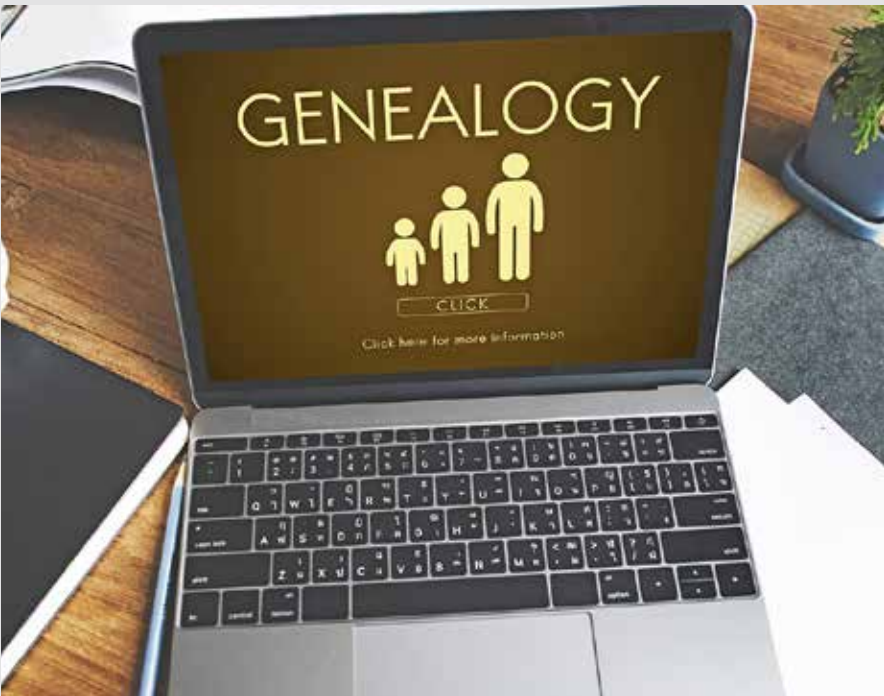
Bernstein Piano Solos, four original choreographed pieces, inspired by Leonard Bernstein’s Anniversaries Piano Solos, and performed by Ormao Dance Company. March 16-17, 7:30 p.m. and Sat., March 17, 4 p.m. \$20-\$25. Ent Center for the Arts, 5225 N. Nevada Ave., 255-3134, uccs.edu/~entcenter.

Live Music Dance and Movement Event, a movement practice sometimes called ecstatic dance, with music by the Live Wave Band. First and third Sunday of every month, noon to 1 p.m. Free. Movement Arts Community Studio, 525 E. Fountain Blvd., #150, 495-8111, skshapiro@live.com, movementartscs.com.

Salsa Dance Latin Nights, dancing to Salsa, Bachata, Merengue, Reggaeton and more, with drink specials all night. Club de Leones, 3077 S. Academy Blvd. Thursdays, 9 p.m. to 2 a.m.; through Dec. 20. Free. 459-0156, dj.djon@live.com.

GET INVOLVED

Care and Share Food Bank for Southern Colorado, is seeking volunteers to sort and pack food boxes to serve families in need in Southern Colorado. Mondays-Saturdays, 1-3:30 p.m. Care and Share Food Bank for Southern Colorado, 2605 Preamble Point, 434-4677, eric@careandshare.org, careand-share.org.



CLUBS & ORGANIZATIONS

Pikes Peak Genealogical Society, a group devoted to researching family history, with workshops, programs and other activities. Second Wednesday of every month, 7 p.m. Penrose Library, 20 N. Cascade Ave., 531-6333 ext. 2252, ppgs.org.

The Colorado Springs Queer Collective, needs volunteers and board members to help plan events, lobby local government and provide support to the LGBTQ community. Ongoing. csqueercollective@gmail.com, csqueer-collective.org.

Colorado Springs Therapeutic Riding Center, is seeking volunteers to work with equine-assisted therapy for children and adults with disabilities. Ongoing. Mark Reyner Stables,

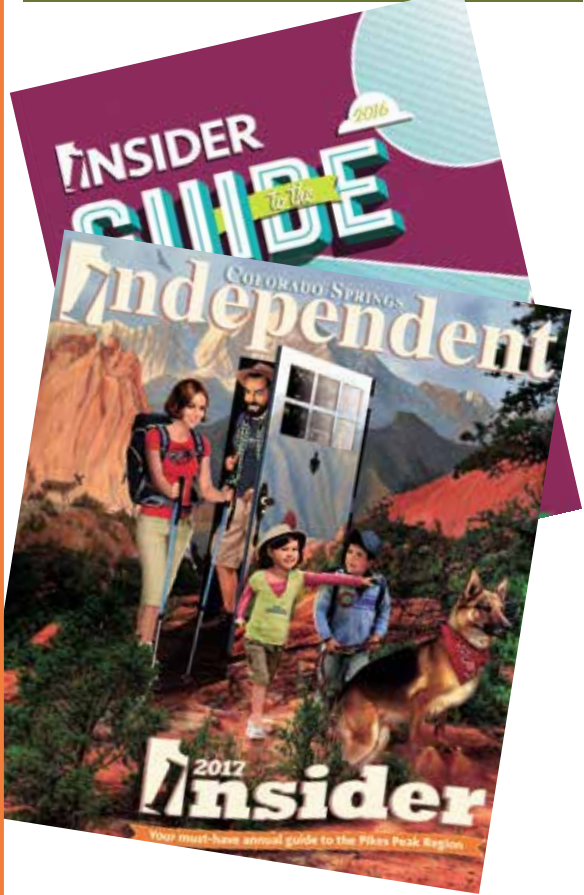
3254 Paseo Road, 641-5213, cstrc.org.

Educational Resource Development Trust, is seeking families to host foreign exchange students for summer and school year programs. All students are proficient in English. 800/321-3738, erdtshare.org.

Foster Care Orientation, learn more about becoming a foster parent and get help starting the process. Lutheran Family Services, 108 E. St. Vrain St., #20. Third Thursday of



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every month, 3-6 p.m. Free. 227-7571, april.allison@lfsrm.org, lfsrm.org.

Gentiva HealthCare Hospice, is seeking volunteers to offer companionship to people with terminal illnesses by sharing your talents as a musician, artist, pet therapist or just by listening. Volunteers must complete training, call for dates. 573-4166, rshardy@odsyhealth.com.

Mueller State Park, is looking for volunteers to guide hikes, maintain trails and present naturalist programs. Ongoing. Mueller State Park, 21045 State Hwy. 67, Divide, 687-2366.

(Pikes) Peak Pet Pantry, is seeking donations of pet food and volunteers to help pick up and distribute food, talking to business sponsors and contacting local veterinary offices. peakpetpantry.org.

Safe Passage, is seeking volunteers to devote four hours per week to help abused children. Ongoing. 636-2460.

Volunteers for Outdoor Colorado, providing various volunteer opportunities in the areas of park restoration, garden planting and trail construction. Full schedule available online. Ongoing. 303/715-1010, voc@voc.org, voc.org.

MUSEUMS & ATTRACTIONS

Colorado Springs Pioneers Museum, 215 S. Tejon St., 385-5990, cspm.org. *Promoting Patriotism: WWI in Colorado Springs*, commemorating the 100th anniversary of U.S. entry into WWI with an extensive collection of WWI-era propaganda posters and artifacts from local residents. Ongoing. *Story of Us*, allowing visitors to explore the history and geography of the area from A-Z, with interactive digital stations, playful displays, dynamic maps and more. Ongoing.

Manitou Springs Heritage Center, 517 Manitou Ave., Manitou Springs, 685-1454, ManitouHeritage@gmail.com, manitouspringsheritagecenter.org. *A Diorama of Pikes Peak Destinations*, an exhibit opening and book signing by author and local historian Eric Swab, signing *Fred Barr – Pikes Peak Entrepreneur*. Fri., March 16, 5:30-8 p.m. Donations accepted.

The Money Museum, 818 N. Cascade Ave., 632-2646, money.org. *Trenches to Treaties: World War I in Remembrance*, featuring coins and more from World War I, including rare military decorations, personal items carried by soldiers in the field, dog tags and more. Through Nov. 1.

Western Museum of Mining and Industry, 225 Northgate Blvd., 488-0880, info@wmmi.org, wmmi.org. *Gold Mining in Colorado*, taking visitors through the story of gold mining in Colorado, from the origins of gold to the story of contemporary gold mining. Through June 9. Normal museum admission prices apply.

RECREATION & OUTDOORS

Gallop in the Garden, a year-round, 5k run for all ages, with five routes through Garden of the Gods Park and Rock Ledge Ranch, ranging in difficulty. Thursdays, 4-6 p.m. Garden of the Gods Visitor & Nature Center, 1805 N. 30th St., 219-0108, gardenofgods.com.

Night Sky Program, a presentation by the Colorado Springs Astronomical Society, followed by an opportunity to gaze closely at the stars. Fri., March 16, 7:30-10 p.m. Florissant Fossil Beds National Monument, 15807 Teller County Road 1, Florissant, 719/748-3253, nps.gov/flfo.

Winter Track Detectives, a guided hike to discover the clues left by the monument’s wildlife, and perhaps see some in person. Sat., March 17, 11 a.m. to 12:30 p.m. Florissant Fossil Beds National Monument, 15807 Teller County Road 1, Florissant, 719/748-3253, nps.gov/flfo.

SPECIAL EVENTS

The Harlem Globetrotters, featuring a star-studded roster with classic Globetrotter ball handling wizardry, basketball artistry and one-of-a-kind family entertainment. Sun., March 18, 3-5 p.m. \$28.25-\$136.50. Broadmoor World Arena, 3185 Venetucci Blvd., 477-2100, verlee@broadmoorworldarena.com, broadmoorworldarena.com.

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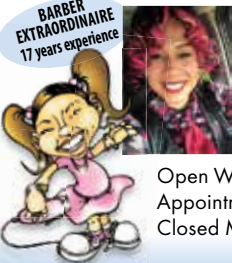
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5705 S. Yoder Road – Yoder - \$279,900

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7854 Pinfeather Drive – Fountain Mesa - \$364,900

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1715 Aldrin Place Park Ridge • \$59,000 Land	4640 Pika Point Chateau at Antelope Ridge • \$134,900 Under Contract	9485 Fence Post Court Mesa Vista • \$179,900 Townhouse/Under Contract
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1352 Sun Valley Lane Crystal Park • \$78,000 Land	18791 Good Life View Eastern Plains • \$153,000 Land	13911 Bandanero Drive 4 Way Ranch • \$419,900 New Construction/Under Contract
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0000 Waterfall Loop Crystal Park • \$83,900 Land	18071 Good Life View Eastern Plains • \$156,000 Land	19510 Good Life View Eastern Plains • \$781,150
5655 Founders Place Crystal Park • \$85,000 Land	19030 Good Life View Eastern Plains • \$156,000 Land	531 Lucky Lady Drive Woodland Park • \$995,000
		230 Crystal Park Road Crystal Park • \$995,000 Under Contract

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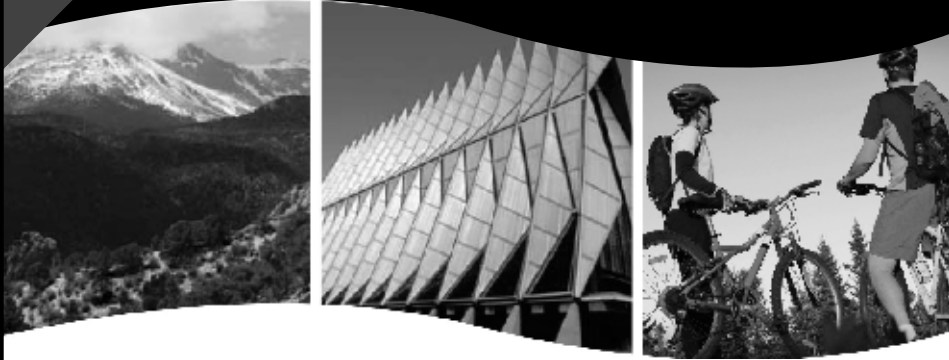
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Public Notice



UNIVERSAL CROSSWORD

By Timothy E. Parker

CSMNG

TIME WILL SMELL

- ACROSS
- DOWN
- 1 Event host

6 Overcharge, slangily

10 A Spice Girl

14 "Just chill!"

15 Runner's distance

16 Whale variety

17 Mensa members?

20 Tot's diversion

21 Plentiful trees

22 Professor's workload

23 Paris 1,000

25 Agitate but good

26 Move like a pachyderm

28 Campaign

32 Put on the telly

34 Ankle bones

35 A staged couple?

38 Dirty politician?

42 Distress signal

43 FYI part

44 Math subgroup

45 Glasses recommender

48 Not good or bad

49 49-Across, ironically

51 Racing horse

53 Dig like a pig

55 "___O'Riley"

56 Hospital section

59 Winter solstice treats?

62 Wind-blown pointer

63 Stock listing

64 They stick food

65 Spitty nudge

66 Hardy woman

67 Prefix with "woven"
- 1 Formerly, if you're 300

2 Office reminder

3 Double-edged broadswords

4 It's assaulted by noise

5 Praise and how

6 Cigar lover

7 Engine and coconut

8 Every bit of

9 Not sell

10 Round dish?

11 Projecting window

12 20 years

13 Skating Brinker

18 H.S. math class

19 Worst kind of arrest

24 Inventor's start

26 Not fail

27 Big baller's ride

29 Wombs

30 Cul-de-___

31 Muhammad with the jabs

33 Battery type

35 Confuse directionwise

36 Gets one's money's worth

37 Sarge's pooch

39 Nearly worthless amount

40 Monetary unit of Afghanistan

41 Watch an opponent walk-off?

45 Plug place

46 Muscle twitches

47 No-no perfume?

49 Stupors X 1,000

50 Money to be returned

52 Desert stickers

53 Invitation inits.

54 Correct errata

55 Parting words

57 Algonquian in Canada

58 Russia, pre-1991

60 Grazed or grubbed

61 They're related

ANSWERS CAN BE FOUND IN THE VETERAN OWNED BUSINESS SECTION

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
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		49	50						51		52			
53						54		55				56	57	58
59							60					61		
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