

# **USNS Mercy to visit Hawaii,** prepares for Pacific Partnership

Military Sealift Command hospital ship USNS Mercy (T-AH 19) prepares to leave the pier at Naval Station San Diego as it begins its deployment in support of the humanitarian mission to Southeast Asia, Pacific Partnership 2018.

Photo by Sarah Burford

### Navy Region Hawaii **Public Affairs** and Pacific Partnership Public Affairs

Sailors participating in Pacific Partnership 2018 (PP18) aboard Military Sealift Command hospital ship USNS Mercy (T-AH 19) are planning to arrive at Joint Base Pearl Harbor-Hickam, March 3, while en route for PP18.

The visit will continue through March 5 and see

personnel working sideby-side with local medical professionals to promote PP18, conducting routine maintenance, and loading additional supplies onto the ship.

Our team is excited to welcome more members of the Pacific Partnership mission on board as well as on loading additional mission supplies" said Capt. David Bretz, PP18 mission commander.

will meet up with our partner ship USNS Fall River in Guam and be one step closer to our first mission stops."

During PP18, Mercy and Military Sealift Command expeditionary fast transport USNS Fall River (T-EPF 4), U.S. ships participating in PP18, are conducting visits to different Asia-Pacific nations, increasing the reach and scope of

host nation counterparts to conduct technical expertise exchanges in medical, engineering, and humanitarian assistance and disaster relief.

MERC

Additionally, key leader and community engagement events will allow for direct engagement with local citizens and enhanced relationships with partner nation military and government leadership.

Pacific Partnership,

is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Asia-Pacific.

PP18's objective is to enhance regional coordination in areas such as medical readiness and preparedness for manmade and natural disasters.

Pacific Partnership 2018 consists of more "After this port call, we PP18 participants and now in its 13th iteration, than 500 U.S. military cv&view=grid

personnel stationed worldwide, working sideby-side with host nation counterparts to be better prepared for potential humanitarian aid and disaster response situations.

For more information visit http:// www.navy.mil/image\_search\_results. asp?terms=usns+mercy&page=1 and https:// www.dvidshub.net/ search?q=usns+mer-

Divers team up with DPAA to recover WWII pilot's remains

#### Grady T. Fontana

### Commander, Task Force 73 Public Affairs

A recovery team aboard Military Sealift Command's USNS Salvor (T-ARS 52) completed an excavation, Feb. 25, of multiple aircraft losses shot down in 1944 near Ngerekebesang Island, Republic of Palau.

Although remains potentially associated with the losses were recovered by the team, the identity of those remains will not be released until a complete and thorough analysis can confirm positive identification and the service casualty office conducts next of kin notification.

The project was headed by the Defense POW/ MIA Accounting Agency (DPAA), which deployed an Underwater Recovery Team (URT) comprised of U.S. Army, Navy and Air Force service members and Department of Defense civilians that were embarked aboard the USNS Salvor. DPAA is headquartered at Joint Base Pearl Harbor-Hickam.

"It's very labor intensive work and they've had a large amount of bottom time making this operation successful," said Lt. Cmdr. Tim Emge, 7th Fleet Salvage Öfficer. "The Mobile Diving and Salvage Company 1-6 divers for this job have been pulling more than 12-hour-days for the past two months. The URT



Photo by Air Station Barbers Point Public Affairs

The Military Sealift Command Safeguard-class salvage ship USNS Salvor (T-ARS 52) serves as a support platform for Mobile Diving and Salvage Unit (MDSU) 1, conducting underwater searches in the last known position of two Marine Corps CH-53E Super Stallion helicopters off the North Shore of Oahu in this Jan. 18 photo. MDSU-1 is equipped with side scan sonar and a remotely operated vehicle.

spent weeks excavating a decompression chamber the area using a variety of archeological tools and meticulously inspecting the bottom sediment in their search and recovery of the missing personnel from World War II."

The USNS Salvor is a rescue and salvage ship and was the ideal platform to support the recovery mission.

The biggest advantage the Navy has with us on the Salvor is that we are standing by for them with

on board for divers, and we have heavy-lift capability," said Capt. Mike Flanagan, a civilian mariner and master of USNS Salvor. "It's just a robust ship. With our 40-ton-lift crane we can bring large and heavy objects off the bottom of the ocean."

The Salvor embarked the diving team at Guam and the DPAA personnel at Palau. Once the team was onboard, the Salvor got underway to various

recovery sites until they reached the excavation area where the pilot was recovered.

"We did a four-point moor on top of the aircraft and then it really got busy," Flanagan said. "The aircraft had been untouched for about 74 years. It's been a long time since I've seen a military detachment working this hard for this long, seven days a week.

Excavation was the primary duty of the URT,

but MSC mariners were also at hand assisting. In addition to operating the cranes that moved the lift baskets, some crew members assisted sifting through sand while looking for any evidence. The mariners were trained by the embarked archeologist on how to sift through the sand.

"We helped out moving the ship and shipboard equipment around but we also helped screening some of the sand," said civilian mariner Jean Marien, chief mate of the USNS Salvor. "It's very meticulous process. There was a lot of sand—a never ending supply."

The sifting box was a 4-by-8-feet basket that was about 4-and-a-halffeet high. It took about five hours to sift through each basket. The basket was submerged to the bottom of about 90-feet of water and filled with sediments dispersed over a large area.

"It took multiple dives to fill a sifting basket. Each dive lasted about an hour and the baskets took 5-to-6-hours to fill it up," Marien said. "Sometimes we had two baskets going at the same time."

The recovery operation had the support of the Koror State Government, the Bureau of Cultural and Historical Preservation, the Environmental Quality Protection Board, and other Palauan authorities.

According to DPAA, the recovery team is highly specialized and diverse and consisted of a forensic archeologist, diving officer, master diver, forensic photographer, explosive ordnance disposal technician, and noncommissioned recovery specialists.

The United States remains committed to recovery of missing personnel from World War II as DPAA continues their mission to provide the fullest possible accounting for missing personnel to their families and the nation

# Air Force budget tackles power competition

### Secretary of the Air Force **Public Affairs**

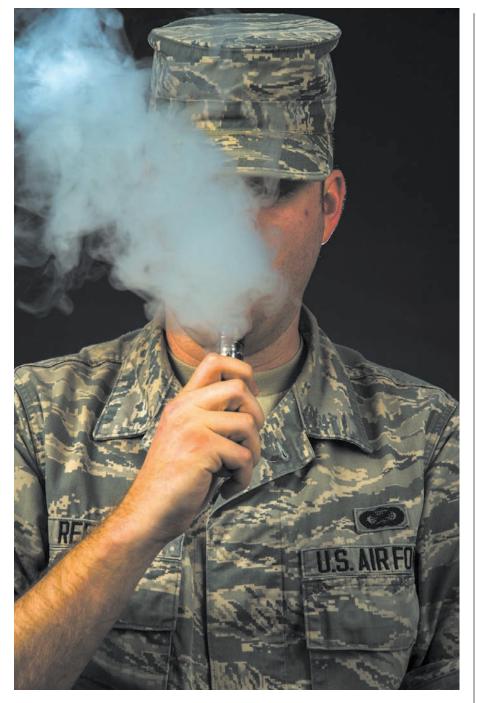
The Air Force budget request of \$156.3 billion for fiscal year 2019 builds on the progress made in 2018 to restore the readiness of the force, increase lethality, and cost-effectively modernize. Secretary of the Air Force Dr. Heather Wilson said the budget request is aligned with the National Defense Strategy, prioritizing long-term competition with China and Russia. "The Air Force needs the right size and mix of capabilities to compete, deter and win in this environment, brought to bear by well-trained, resilient and competent Airmen steeped in the business of joint and com-bined warfare," Wilson said. Air Force Chief of Staff Gen. David Goldfein said the budget also moves the Air Force in the direction of multi-domain operations.

"Future wars will be won by those who observe, orient, decide and act faster than adversaries in an integrated way across domainsland, sea, air, space and cyberspace," Goldfein said. Key areas addressed by this budget include readiness, people, nuclear deterrence, modernization, space and air superiority, multi-domain com-



and technology development.

mand and control, and science taining the efforts laid out cient and flexible budgets. request, visit http://www.saffm. in FY17, FY18 and FY19 For more information about the hq.af.mil/FM-Resources/Bud-Wilson pointed out sus- requires predictable, suffi- Air Force's fiscal 2019 budget get/.



### **Settlement reached over** service members' vehicles

#### Joint Base Pearl **Harbor-Hickam Public** Affairs

The U.S. Department of Justice announced on Feb. 15 that it has reached an agreement with the City and County of Honolulu and its contracted towing company to remedy alleged violations of the Service Members Civil Relief Act (SCRA).

Under the settlement, the city is creating policies and procedures for the auction, sale or disposal of vehicles owned by active duty service members.

They include:

• Providing SCRA compliance training to employees who deal with abandoned-vehicle en-

forcement and policies. Changing motor ve or submit a SCRA rights quired court orders. waiver.

• Implementing an informational brochure for service members regarding the city's abandoned-vehicle laws, long-term storage choices and SCRA waiver.

Honolulu's new procedures will ensure that service members receive notice that their car has been taken into custody by Honolulu, even if they are deployed off island, and requires the city to obtain a court order or a valid SCRA waiver prior to auctioning a car owned by an active-duty service member.

Service members are required to properly dispose of vehicles when they permanently change duty stations.

investigation

Under the agreement, Honolulu must adopt new SCRA-compliant procedures, compensate three service members who complained to military legal assistance attorneys that the city had unlawfully auctioned off their cars while they were at sea aboard Navy ships, and establish a \$150,000 settlement fund to compensate other service members whose SCRA rights may have been violated.

The SCRA protects service members from certain civil proceedings that could affect their legal rights while they are in military service. One of those protections is the requirement that a person holding a lien on the The Justice Depart- property or effects of an active-duty service mem ber obtain a court order prior to enforcing the Īien.

Senior Airman Michael Reeves, 15th Wing Public Affairs broadcaster, poses for a photo to highlight the dangers in vaping.

### Know what you're vaping

#### Story and photo by Tech. Sgt. Heather Redman

### 15th Wing Public Affairs

Over the past decade vaping has grown in popularity as an alternative to cigarettes. However, some military members have experienced adverse health effects that have been linked to vaping substances.

E-cigarettes, battery-operated devices, use a heating element to turn liquid into vapor which is inhaled. The popularity of vaping as an alternative to cigarettes has given rise to the marketing of vape liquids, some containing cannabidiol oils or synthetic ingredients.

"Over the past year, the Department of Defense has observed symptoms consistent with cannabidiol intoxication," said Arletta Eldridge Thompson, 15th Medical Group health promotion coordinator. "Some of the symptoms include tachycardia, hypertension, mydriasis, anxiety, and irritability and loss of consciousness."

Cannabidiol oils or CBD are derived from marijuana plants and have been used for their psychotropic effects.

Products containing CBD and other

marijuana or hemp products can be found both online and in many retail stores. Many marijuana byproducts are classified as a Schedule I Narcotics under the Controlled Substances Act, CBD oil is one such product. Smoking vape oils containing CBD ingredients is a violation of Article 112a of the Uniform Code of Military Justice and is unlawful for military members to use, possess, or transfer such controlled substances.

"The Air Force will not tolerate the illegal or improper use of controlled substances military members," said Capt. Irene Liscano from the 15th Wing legal office. "Moreover ingesting any substance meant to alter an individual's perception, mood, or consciousness can lead to criminal prosecution.'

Since May 2017, 84 military members have been involved in 35 separate incidents where a vape substance was tampered with or contained CBD.

According to the DoD Operation Supplement Safety website, www. opss.org, not all vape oils contain substances or compounds which are considered Schedule I Narcotics. However, DoD employees and military members should still use caution when purchasing or using vape oils.

cle registration to require military service members to provide their Social Security numbers, date of birth, local and permanent mailing addresses, personal and military email addresses and telephone numbers, and emergency contact information.

• Changing the Abandoned Motor Vehicle in or their representatives that they have 60 days service members without

vealed that between 2011 and 2016, Honolulu auctioned 1,440 cars registered to individuals who had identified themselves as service members on city forms during the motor vehicle registration process.

The Department's lawsuit alleges that Honolulu and the towing company violated the Custody notice letter to SCRA by auctioning or inform service members otherwise disposing of cars owned by protected to reclaim their vehicles first obtaining the re- locator.php.

For more information about the Department's SCRA enforcement, visit www.servicemembers.gov.

Servicemembers and their family members who believe that their SCRA rights have been violated should contact their nearest Armed Forces Legal Assistance Program Office. Office locations may be found at legalassistance.law.af.mil/content/

## JBPHH CO Suggestion Program features FAQs

### Joint Base Pearl Harbor-Hickam **Public Affairs**

The Joint Base Pearl Harbor-Hickam Commanding Officer Suggestion Program is designed to provide an easy, efficient and equal opportunity for any member in our JBPHH community to help improve how the base functions.

The purpose of the program is to provide service members, Department of Defense employees, retirees and family members with an opportunity to share ideas with the installation commanding officer.

The JBPHH CO Suggestion Program is for overall ideas and suggestions for the Joint Base and does not deal with Navy-wide or workforce matters (such as workforce reductions or position eliminations), nor is it a vehicle to deal with individual employee grievances or workplace concerns, as those items should be

submitted through the normal channels or chain of command.

"We greatly appreciate your continual feedback. The JBPHH team is always working to improve our base," said 1st Lt. Emily Yaronczyk, chief of Joint Base Commander's Action Group. "Please continue to send comments and concerns to the CO Suggestion/Concerns Box. The Frequently Asked Question and Answer section is now available (online) for your viewing."

For more information about the CO Suggestion Program, visit the website https://www.cnic.navy.mil/regions/ cnrh/installations/jb\_pearl\_harbor\_ hickam/about/co-suggestion-box.html

The program also features a link to frequently asked questions (FAQ) about issues. For more information about FAQs, visit https://www.cnic. navy.mil/regions/cnrh/installations/ jb\_pearl\_harbor\_hickam/about/ co-suggestion-box/faq.html



Submitted by Ensign Makeedra Hayes and David D. Underwood Jr. March is Music in our Schools Month. If you could go back to high school and you had to be in the band, what instrument would you play?



Chief Master Sgt. Samuel Brown PACAF

"I'd play the snare drums. I was inspired by the movie 'Drumline' and how the sound of the snare drums tie the art of sound together. Plus, my father played the drums and still does to this day.



Staff Sgt. Jessica Yeck 324th Intelligence Squadron

"I would play the saxophone. I choose this instrument because when I was younger, my grandfather would always play jazz music for me and the saxophone was my favorite part.



MM3 Millicent Reeves USS O'Kane (DDG 77)

"I would go back and play the drums because it forces you to multitask. You need rhythm, and everyone in the audience and in the band is paying attention to the drums.



CTT3 Caitland Robertson NIOC Hawaii

"I actually played the clarinet in high school band. I wanted to play the flute but I have a dip in my lip that would have made it extremely hard, so I settled for the clarinet.'



Tech. Sgt. Isaac Yi Theater Patient Movement **Requirements** Center

"If I could go back to high school, I would love to play big drums. It is because I think big drums are the base of the music and those support other instruments. Just like we support other people.



Suzanne Tanouye MWR ITT Officer

"I would go back and play the drums because the drums set the tempo. Playing the drums is good for your motor skills, and it forces you to use both sides of your brain."

### Want to see your command featured in Diverse Views? Got opinions to share? Drop us a line at editor@hookelenews.com



**Rear Adm. Brian Fort** Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific



### **Hopper: Innovation, Transformation, Inspiration**

During last month's historic first visit of the voyaging canoe Hokule'a to Joint Base Pearl Harbor-Hickam Master Navigator Nainoa Thompson spoke about his father, Myron "Pinky" Thompson, who was 15 years old at the time of the attack on Oahu, Dec. 7, 1941. As soon as he was able, Pinky Thompson, like a lot of other young men at the time, falsified his age and joined the military to serve his country.

Women in the 1940s did not have as many opportunities to serve in uniform, but the war opened occupations and doors, including for a smart mathematician named Grace Murray Hopper. Grace wanted to join the military, but, like Pinky Thompson, she had an obstacle because of her age. In her case, in her mid-30s, she was deemed too old to enlist.

Feisty and gritty Grace Hopper didn't give up though.

Just as she would do throughout her life, Grace rose to the challenge and found solutions. When her chance came in 1943, she signed up with the U.S.  $\,$ Naval Reserve. That was 75 years ago. She went to work as a wartime problem solver — one of our first pioneers in modern computer programming.

She and her team took a systematic approach to coding: finding effective, accurate and universal ways for humans to communicate with machines and vice

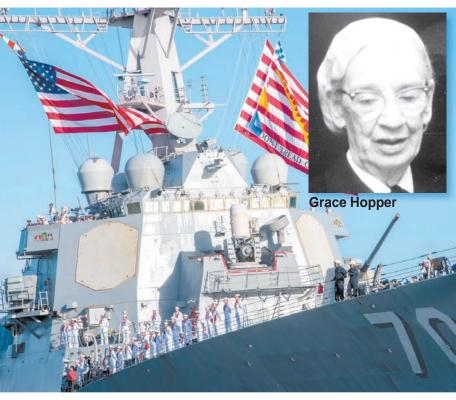


Photo by MC1 Corwin Colbert

The guided-missile destroyer USS Hopper (DDG 70) returned to its homeport Joint Base Pearl Harbor-Hickam after a successful four-month deployment, Feb. 9. While deployed to the western Pacific and Arabian Gulf, Hopper promoted security and stability as well as ballistic missile defense.

for complacency, stale thinking or lanecessary. Hopper is among our ships ziness. And she and her teams always adapting to the emerging security envicarefully assessed their performance to ronment in the Indo-Pacific and ready to look for opportunities to improve prooperate in a growingly complex, transforming world.

pect she would take it all in stride.

As a further testament to Rear Adm. Grace Hopper's legacy, the U.S. Naval Academy is building Hopper Hall, to be named for the computer scientist pioneer. Hopper Hall, located between Nimitz Library and Rickover Hall, will be a modern \$107 million academic facility dedicated to cyber security studies.

The facility is expected to be completed by early 2020, appropriately at the centennial of the ratification of the 19th Amendment to the Constitution giving women the right to vote. According to the Naval Academy this will be the first building at any of the three major service academies to be named after a woman.

By the way, the Naval Academy is also teaching courses along both ends of the exploration spectrum — from futuristic and innovative cyber security, including a major in cyber operations, to ancient celestial navigation as practiced by the Polynesian Voyaging Society aboard Hokule'a.

Putting it all together, USS Hopper returned from her recent deployment just in time to be part of the aloha whistle welcome for the arrival of Hokule'a on Feb. 10. As the voyaging canoe entered Pearl Harbor, she also sailed past memorials including USS Arizona, USS Nevada, USS Utah and the Battleship Missouri - symbols of how our Navy helped transform our world, bringing freedom and democracy to Japan and other nations who are now allies. That transformation gave greater rights and equality to women in the decades that followed, especially in our Navy. During Hokule'a's week at JBPHH in February, women and men of the Polynesian Voyaging Society provided hands-on Science, Technology, Engineering, Art and Mathematics education for 2.000 students and other visitors.

versa.

Think about that the next time you talk to your smartphone, tablet or voice-controlled home speaker.

Earlier in her career, Grace Hopper served as an educator at Vassar, training and transforming minds. Within the Navy she became a programmer with Harvard and Yale, where she transformed the technology of the future. She served throughout her life — in and out of uniform — to transform the concept of a woman's role in society, one based on equality of opportunity.

young women and men to look for innovative ways to serve. She had no time prompt and sustained combat at sea if

cesses and technology. Most recently "Amazing Grace's" namesake, USS Hopper (DDG 70) one of our 10 homeported ships at Joint Base Pearl Harbor-Hickam -- returned to Hawaii after a successful deployment to the western Pacific and Arabian Gulf. Hopper was deployed 12 of the past 18 months.

Team Hopper proved their ability to Grace Hopper mentored and inspired keep the peace through their forward presence — but always ready to conduct

On their deployment Sailors aboard Hopper proved their skills and abilities working with the America Amphibious Ready Group, United States Marines, and the Australian navy. They visited Bahrain, Singapore and Guam, and they built cooperative partnerships.

Hopper's Sailors, of course, relied on state-of-the-art computers. While, today's complex shipboard computer systems would no doubt amaze USS Hopper's "Amazing" namesake, I sus-

Just like Rear Adm. Grace Hopper innovative, transformational and inspirational.

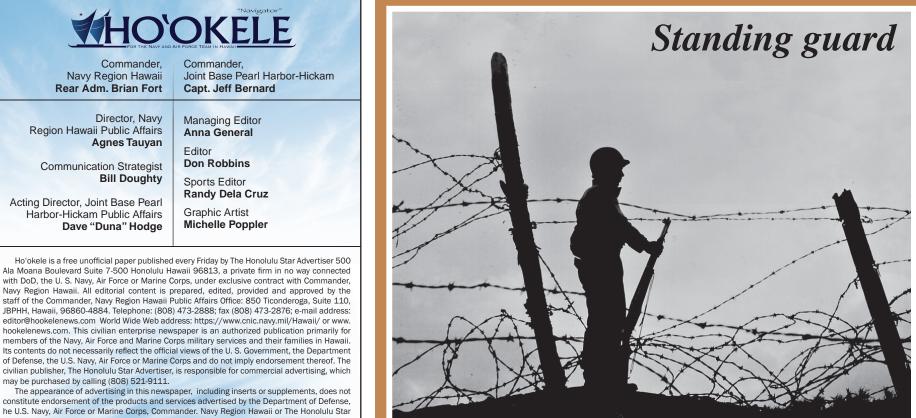


Photo courtesy of the National Archives Pfc. Angelo B. Reina, 391st Infantry Regiment, guards a lonely Oahu beach position in Kahuku in March 1945.

constitute endorsement of the products and services advertised by the Department of Defense, he U.S. Navy, Air Force or Marine Corps, Commander. Navy Region Hawaii or The Honolulu Star Advertiser. Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source. Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu.

# TRICARE transition challenges in the West Region

### **Defense Health Agency**

On Jan. 1, 2018, the Defense Health Agency implemented a number of changes to TRICARE, including a region consolidation and health care policy changes mandated by Congress.

Several customer service issues are now affecting TRICARE beneficiaries in the western U.S. including call center wait times, processing backlogs and a limited provider directory.

DHA is aware of these issues and is monitoring the regional contractor's response to address these challenges.

issues with backlogs, call wait times and the number of provider choices for beneficiaries in the West Region. We are committed to working with Health Net Federal Service to resolve them in a timely manner," said Ken Canestrini, acting direc-

Plan at DHA. "Service members, their families and others enrolled in TRICARE expect the high standard of service we set for our contracting partners."

The West Region's contractor, Health Net Federal Services is addressing the following issues:

**Referral Backlog: HNFS** is experiencing a large backlog processing referrals and authorizations. Medically urgent requests get priority in processing. This backlog was caused by many issues, including duplicate and incomplete submissions from providers.

From now through "DHĂ recognizes the March 18, the DHA is allowing HNFS to waive its usual authorization process for TRICARE Prime referrals in the West Region. This means that if you get a referral from your provider, you can download a referral and authorization waiver letter, then seek TRICARE

tor of TRICARE Health outpatient covered service recommends using a TRI- the backlogged enrollspecialty care.

> Prior authorization is still required for inpatient, applied behavior analysis, laboratory developed test and Extended Health Care Option services.

> West Region beneficiaries referred to a specialty care provider by their primary care manager between now and March 18 should ensure their PCM provides them with a TRI-CARE West Region Referral/Authorization Waiver Approval Letter.

If you have received a referral on or after Jan. 1 from your PCM for specialty care, but have not received an authorization from HNFS, then you should present your referral for specialty care and TRICARE West Region Referral/Authorization Waiver Approval Letter to a TRICARE-authorized provider to get TRICARE-covered specialty care services.

As always, the DHA

CARE network provider to reduce or eliminate copayments and out-of- pocket costs.

working to process all requests within TRICARE standards by extending operating hours and adding additional staff. Simplified TRICARE urgent care guidelines allow most beneficiaries to seek urgent care without a referral or visit limits.

Call Center Wait Times: HNFS is experiencing extremely high call volumes. It is currently working to meet the increased demand by hiring additional temporary staff and cross-training. In the meantime, self-service options are available at www.tricare-west.com.

**Enrollment Backlog:** During the system-wide, three-week enrollment freeze in December 2017, enrollments were received but couldn't be processed. HNFS is now processing

ments in addition to the January enrollments. Beneficiaries enrolled in TRICARE Prime whose Additionally, HNFS is PCM isn't in the HNFS network or who haven't yet been assigned a PCM can see any TRICARE-authorized PCM through March 31, 2018 and point of service charges won't apply.

Beneficiaries enrolled in TRICARE Select can see any network or non-network TRICARE-authorized provider. Out-of-pocket costs will vary based on the provider's network status. Beneficiaries may check their current status on milConnect or register at www. tricare-west.com for additional self-service options.

Expanded Provider Network and Delivery: HNFS is working to improve the completeness and accuracy of the HNFS provider directory. While TRICARE contractors consistently update their information,

the provider directories are dependent upon network providers and facilities to provide accurate information and to update that information whenever there are changes.

The DHA is focused on making sure beneficiaries receive the excellent health care and stellar customer service they deserve. Visit www.tricare. mil/changes to learn more about the changes to TRI-CARE.

Sign up for Military Health System e-mail updates at www.health.mil/ subscriptions.

Connect with the Military Health System on Facebook and Twitter at www.facebook.com/MilitaryHealth and www.twitter.com/militaryhealth.

The Military Health System and the Defense Health Agency administer the worldwide health care plan for 9.4 million eligible beneficiaries of the uniformed services, retirees and their families.

Canadian submarine crew greeted upon arrival at JBPHH

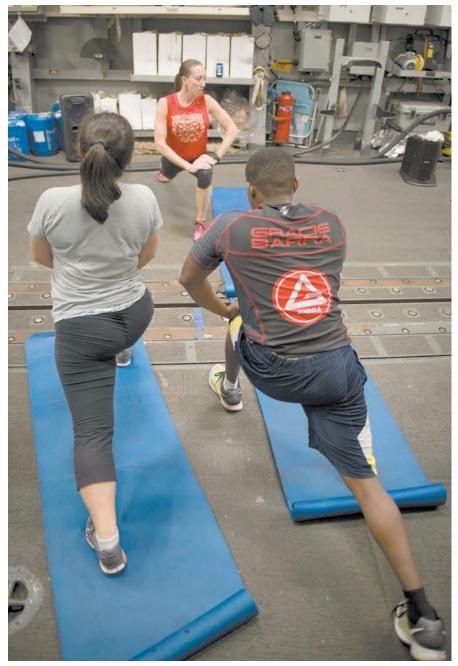


Left, HMCS Chicoutimi SSK 879 of the Canadian navy arrives at Joint Base Pearl Harbor-Hickam. Feb. 27. Right, Capt. Robert Roncska, Submarine Squadron Seven commander, greets the commanding officer of the HMCS Chicoutimi SSK 879 of the Canadian navy.



### Photo by MC3 Jasen Morenogarcia

Boatswain's Mate 2nd Class Mark Deleon signals the Dry Cargo and Ammunition Ship USNS Washington Chambers (T-AKE 11) from the Arleigh Burke-Class guided-missile destroyer USS Michael Murphy (DDG 112) during a replenishment-at-sea in the South China Sea, Feb. 20. Michael Murphy is currently operating in the western Pacific during the Carl Vinson Strike Group.





### Photo by MC1 Cory Asato

Electrician's Mate 1st Class Dante Coppock, assigned to Coastal Riverine Squadron (CRS) 4, loads 7.62 mm ammunition before embarking on an exercise testing at-sea refueling capabilities between a Mark VI patrol craft and the Arleigh Burke-class guided-missile destroyer USS O'Kane (DDG 77), Feb. 21.



#### Photo by MC3 Nicholas Burgains

Tara Redshaw, the fit boss from the aircraft carrier USS Theodore Roosevelt (CVN 71), leads Sailors in a cool-down stretch during a fitness class aboard the Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) in the Arabian Gulf, Feb. 20. Preble is deployed to the U.S. 5th Fleet area of operations in support of maritime security operations to reassure allies and partners and preserve the freedom of navigation and the free flow of commerce in the region.

Sailors assigned to the Arleigh Burke-class guided-missile destroyer USS Halsey (DDG 97) combat a simulated fire during small boat operations in the Gulf of Oman, Feb. 21. Halsey is deployed with the Theodore Roosevelt Carrier Strike Group to the U.S. 5th Fleet area of operations in support of maritime security operations to reassure allies and partners and preserve the freedom of navigation and the free flow of commerce in the region.



Photo by M3 Morgan K. Nall

### Photo by Tech. Sgt. Heather Redman

Airman 1st Class Steven Slover, 535th Airlift Squadron loadmaster, and Capt. Justin Stanley, 535 AS C-17 Globemaster III pilot, put on their aircrew eye and respiratory protection systems at Joint Base Pearl Harbor-Hickam, Feb. 9. Aircrew and maintainers trained in support of the 15th Wing's "Age of Readiness," a wing-wide initiative to maintain professional readiness.

HO'OK

# 1

Above, A family enjoys a game of Jenga.

Photos by Justin Hirai and Veronika McKenney

### FUN AND GAI

### Veronika McKenney

### Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor Hickam Morale, Welfare and Recreation (MWR) offered the residents of Wahiawa Annex a sports and games themed festival at the annex fitness center, Feb. 23.

"Following the success of the Harvest Festival last fall, we decided to continue theming our block parties. With XXIII Olympic Winter Games happening in Pyeongchang this February, we had an easy task and chose to have our own 'wacky' version," said Cat Rost from the MWR special events team.

The gym was decorated with the flags of several nations.

Teams who wanted to compete for their chance to stand on the winner's podium had five disciplines to complete — wacky javelin throw, miniathlon, soccer shoot-out, rings and shot put.

There were nine teams who participated in the competition and the top three with the most points were awarded medals and gift cards.

Those who did not want to compete could still test their skills at several games, including a three-meter knee tremble and a balloon crab walk. In addition, the organizers prepared four mini contests. Cheetos toss in particular proved to be a big hit for children and adults alike.

All attendees could refuel on the food provided by the Historic Hickam Officers' Club. Community partners Military and Family Support Center, Pearl Harbor Navy Exchange and Navy Lodge staffed tables to provide information regarding their services.

Last week's block party was the most recent event presented by MWR at the base in Central Oahu. The next event to be held at Wahiawa Annex is a bench press contest on Thursday, March 8.

For more information on MWR events, go to www.greatlifehawaii.com.



& <u>Leisure</u>

Participants get ready for a challenge at Wahiawa Annex.



At left A youngster "gets a kick" out of soccer. At right, Children and their parents take part in activities such as coloring and drawing.

### Hawaii military family member earns award for innovation

### **Operation Homefront**

Air Force family member Shelby Barber, a 17-year-old senior at James Campbell High School in Ewa Beach, has received the 2018 Military Child of the Year Award for Innovation.

Barber was also selected for the National Academy of Future Physicians and Medical Scientists Award of Excellence. Her innovation reflects her vast potential the health care profession, award officials announced.

Barber is developing a device that combines the features of two current medical devices and aids anyone that suffers from severe allergies. She said that being an allergy patient herself and having a love for anything and everything medical drove her idea.

"Children in elementary schools are my target audience because I want them to feel safe when having to use life-saving equipment, so they can use it on their own



Shelby Barber

they would need to use it in," Barber said. "I think if they are in a situation children need help for

their protection. Making equipment that deals with needles needs to be as user-friendly as possible for the safety of the person getting injected and the distributor." Barber said, "I want to see this project succeed for the better of human health and everyday lives."

Recognized as a leader in the community and in her church, Barber received the Presidential Award and the Young Womanhood Recognition from the Church of Jesus Christ of Latter-Day Saints.

Shelby, the daughter of work with a team from Mark Barber and Elizabeth Barber, has a 4.3 GPA, and she is a member of the National Honor Society. She volunteers for numerous organizations, including Special Olympics, Habitat for Humanity and the March of Dimes.

The Military Child of the Year Award for Innovation was presented by technology and consulting firm Booz Allen Hamilton, according an announcement by Operation Homefront. Shelby Barber will awards.

the firm on her project by drawing on technology and strategic thinking.

The Military Child of the Year Award reflects the positive impact that these special young people have made on their military families, their schools and their communities. The award recipients will travel to Washington, D.C., to be recognized at the April 19 gala, during which senior leaders of each branch of service will present the

### 647th CES back in contention with win over 8th IS

#### Story and photo by **Randy Dela Cruz**

#### Sports Editor, Ho'okele

Facing a must-win situation, Staff Sgt. Elvis Shaw rose up to the challenge to score 38 points and silence the opposition in leading the 647th Civil Engineer Squadron (647 CES) to an impressive 76-58 win over The Young I's (8th Intelligence Squadron) on Feb. 27. The win took place in an Over 30 White Division intramural basketball game at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

In beating The Young I's, the 647 CES not only caught their opponent in the standings with a 3-2 record, but the team also avenged an overtime defeat at the hands of the 8 IS earlier in the season.

Shaw, who admitted that he was feeling a bit under the weather prior to the game, said that he was looking for a little payback in the teams' recent matchup

"This team beat us for our first loss of the year," Shaw said. "I guess I wanted to win more than anything else."

Right from the start, Shaw was on fire as he scored the team's first points of the game on a long trey from the top of the circle.

Shaw went on to splash three more treys in the first half and four more in the second half to finish with a grand total of eight bombs from be-

yond the arc.

While Shaw was going crazy on offense, he wasn't the only one who came to play and deliver clutch shots from the perimeter.

Two other teammates combined to swish six more treys, with Staff Sgt. Corey Doss accounting for four of them, as the 647 CES did their best impression of the Golden St. Warriors in recording 14 treys for the game.

Still, even with the 647 CES on top of their game, The Young I's fought tooth-and-nail to stay within striking distance from their opponent.

After being down by only seven points at halftime, The Young I's faced their first double-digit deficit, when Shaw banged a triple that put the 647 CES up by 10 points at 40-30.

Just when you think that the 647 CES was able to pull away, The Young I's, led by guards Tech. Sgt. Robert Ford and Tech. Sgt. William Yeaman, went on a 7-0 run to pull to within three points at 40-37.

Later in the game, Ford maintained the spread at three by connecting on a trey that made the score 48-45 with 9:42 remaining in the game.

However, over the next 3:42, the 647 CES outscored The Young I's 10 points to two, as Shaw punctuated the run with a three-ball from the corner that made the score 58-47.

In the next minute and a half, the 647 CES put the game away for good, as Doss knocked

down back-to-back treys to give his team a commanding 66-47 lead with only 4:38 remaining on the clock.

"We wanted to get out here to play the game and show them that we weren't the same team they played the last time,' Shaw said. "It's just our competitiveness. We called a timeout and said 'let's go.' We pulled it together and got the win."

Shaw added that the team's ability to move the basketball inside and out was the key that finally turned the game to their favor

"It was penetrating and dishing it out," he said. "We were penetrating the lane and they (The Young I's) were leaving spaces open. Our guards were penetrating and were finding us on the wing."

After starting the season with a 1-2 record, the 647 CES seemed to have lost their way after going undefeated and winning last season's Above 30 Division title.

While Doss's return a week ago has rejuvenated the 647 CES's attack, Shaw said he is still cautious about claiming that the team is now in the driver's seat to repeat.

"I do feel like we are (in the driver's seat), but we've got two guys going on TDY this week," Shaw said. "They'll be gone three weeks, so it's going to be a tough next few weeks for us. We're only going to have five players out there, but I'm pretty comfortable in my guys that we can pull it out."



Staff Sgt. Roy Jackson puts up a shot inside the paint. Jackson finished the game with seven points.

### Tripler announces need for blood donors

### **Armed Services Blood Program**

Making a blood donation to the Armed Services

The ASBP is the official blood collection, manufacturing and transfusion program for the U.S. military. The mission of the ASBP is to provide quality blood products and services for all worldwide customers in both peace and war. ASBP is tasked with the collection, processing, storage and distribution of blood and blood products to ill or injured service members, veterans and their families worldwide. The program manages blood requests from the five major combatant commands by directing available blood supplies when and where needed.

### **Blood drive requirements**

The following are a few basic requirements that must be met in order to donate blood with the ASBP. In gen-



Blood Program (ASBP) can save a life, stressed Tripler Army Medical Center. Program officials are asking for blood donors to stop by Tripler's second floor oceanside blood center in March or anytime they are at the hospital to make a life-saving donation.

### Upcoming blood drives are as follows:

- March 6, 11 a.m. to 3 p.m., Hickam BX, building 1235
- March 12-13, 9:30 a.m. to 1:30 p.m., Fort Shafter 205 MI Battalion building 520.
- March 26, 9 a.m. to 1 p.m., Marine Corps Base Hawaii Kaneohe Bay chapel.

For more information, visit www.militarvblood.dod. mil or call 433-6148 to make a blood donation appointment.

HO'OKELE

eral, donors need to:

www.issuu.com/navvregionhawaii

www.hookelenews.com

- Have not donated blood previously within the last eight weeks.
- Weigh at least 110 pounds.
- Be at least 17 years of age.
- Have been feeling well for at least three days prior to donating.
- Be well hydrated and have eaten something prior to donating.
- Have picture ID and know when/where you have traveled.
- Be able to list the types of medications currently being taken.



# Port Royal keeps streak going with fourth victory

### Story and photo by **Randy Dela Cruz**

### Sports Editor, Ho'okele

USS Port Royal (CG 73) Admirals notched their fourth win in a row with another solid showing in a 41-27 drubbing over USS William P. Lawrence (DDG 110) on Feb. 24 in an Afloat Division intramural basketball game at Joint Base Pearl Harbor-Hickam.

With Information Systems Technician 3rd Class Dre Clark leading the way with a gamehigh 17 points, the Admirals evened out a balanced attack that saw seven players get into the scoring book.

The Admirals continue to set the pace in the Afloat Division with a perfect 4-0 record, while William P. Lawrence fell to 0-2.

Besides getting great distribution on offense, the Admirals tore up the court with a skintight defense that didn't allow a single basket until over seven minutes had passed in the first half.

"Our philosophy on defense is let them come to you," said Admirals head coach Chief Electrician's Mate Jermaine Moore. "Some guards are really talented, but I didn't think that they (William P. Lawrence) had a lot of strong ball handlers on the floor. So defensively, as long as we slide our feet, let it come to you and play a lot of collapse defense, we're going to help each other out."

The team's solid defense allowed Port Royal to take control and get out on a 10-0 run early in the game.

Clark, who has been Port Royal's leading scorer this season, was the biggest thorn for William P. Lawrence. The shooting guard splashed down a long bomb from beyond the arc and added another lay-up to score five of the Admirals' first 10 points.

Later in the first half, Clark would knock down his second trey of the first half to give the makes for a tremendous game."

Admirals their first double-digit lead of the game at 13-3.

After a basket-and-one by Ensign Brandon Green put Port Royal up at 18-5, Clark came back at the buzzer for lay-up that gave the Admirals a controlling 22-11 advantage at halftime.

"I think nines times out of 10, they don't really recognize what's on the floor," said Moore about the team's ability to take over a game. "Once they recognize it, that they have more size, more speed and diversity, it's a whole lot easier to actually make the transition a little bit better.

Perhaps one gray area in the Admirals attack was the team's inability to consistently zero in at the charity stripe, where Port Royal connected on only six of 14 free throws in the first half.

If made, the missed eight free throws would have given the Admirals a 30-11 lead, which would have put William P. Lawrence away by halftime.

"It's going to have to be more conditioning, practice and getting these guys in tight positions," Moore said. "Once they get there, they're going to realize that these numbers are going to count and they're going to need to make those easy buckets when it comes playoff time."

While Port Royal struggled at the charity stripe and saw their offense hit a couple of dry spells, there wasn't anything wrong with the team's inside game, which dominated the box throughout the matchup.

Led by Electronics Technician 2nd Class Jorge A. Gonzalez, coach Moore was able to rotate several players inside the paint to keep everyone fresh and full of energy to keep constant pressure on the boards.

"If we make our game inside and out, it makes our outside game a whole lot easier," Moore said. "If we establish our inside game right away, it definitely



Electronics Technician 2nd Class Jorge A. Gonzalez aims for a shot near the basket.

### HIANG kicks off new season with shutout victory

#### Story and photo by **Randy Dela Cruz**

#### Sports Editor, Ho'okele

Every season, the Hawaii Air National Guard (HIANG) soccer club enters the new year as one of the favorites to win it all, and it's no different this time around.

In the team's season-opening showdown, the HIANG got three goals from three different players, which included a

antees that the team will be long before the two got back in Glen," Chang said. "He's honjust as successful, team captain and veteran soccer player Capt. Glen Hayase said he believes that all the pieces are in place to have another solid season.

"It's the first game, but our team is solid again," Hayase said. "I think a lot of it would have to do with the other teams, but we're always competitive. A lot of it would depend, like every other year, on deployments, TDYs and hopefully, no one gets hurt." For years, Hayase has been one of the main cogs in the HI-ANG's attack, but he has also had a lot of help from his teammates.

sync to collaborate on the first goal of the game.

Hayase recognized that Chang had made a break toward the goal and delivered a perfect pass to his teammate, who proceeded to finish off the play with a score that made it 1-0 in the first half.

"It was just the right place and right time," Chang said. "I was left a little open and I was able to run up to the ball. I had a good 10-yard gap between me and the last defender because they were a bit offset for me. I had a lot of room and tried to place it as well as I could." Chang said that couldn't have happened if it wasn't for the familiarity gained by all those years of playing together with Hayase. "I've got to give credit to

estly the anchor on our team. It's a great advantage to have that connection due to all those years of playing together. We're all guardsman, and we interact well with each other. It's kind of like that local vibe."

The HIANG took the 1-0 lead into halftime, but coming out of the break, it didn't take long before the team extended its lead by one.

Only this time around, the

and into the net for a 2-0 advantage.

"I just felt like I had an opportunity to take a shot at the goal, so I went for it," Weeks said about her booming kick that reached the goal with plenty to spare. "I looked up and it looked like it was a good shot.'

Not to be outdone by his teammates, Hayase got a golden opportunity to add his name to the scoring book and he took full advantage of the

score by a newcomer. They took a 3-0 win over 17th Operational Weather Squadron (17 OWS) on Feb. 24 in a White Division intramural soccer game at Earhart Field, Joint Base Pearl Harbor-Hickam.

Last season, HIANG reached the championship final but fell short of winning the title.

Although, there are no guar-

One of those players, Staff Sgt. Sean Chang, is also back with Hayase, and with the game still fresh, it didn't take

goal was booted in by Capt. Susan Weeks, who unlike Hayase and Chang, is a newcomer to the team.

Standing on the outside at the left wing, Weeks was left open for just a split second, but it was all that she would need. She took the pass and immediately launched a long kick that found its way by the goalkeeper

situation.

Hayase got loose for a breakaway right down the middle of the field before he blasted a shot for the final goal.

"There's plenty of ways to mess up," said Hayase as he recalled the goal. "But those are the ones you dream about. You break open, it's just you and goalie, one bounce...'



Capt. Glen Hayase sails through air after blasting a shot in for a goal.



### Grandma's recipe uses bevy of veggies

### **Defense Commissary Agency**

Here is a recipe for grandma's wilted garlicky salad, which serves eight.

### Ingredients:

- 3 heads of romaine lettuce
- 1 12-16 oz. bag of radishes
- 1 bunch of green onions
- 1 small container of cherry tomatoes
- 2 avocados (must be ripe)
- $\frac{1}{2}$  cup fresh squeezed lemon juice (from 2 lemons)
- ½ cup olive oil
- 3 large garlic cloves (minced)
- ½ tsp. black pepper
- 1/2 tsp salt (use 1/4 tsp if using optional seasoning salt)

**Optional**:

• 1/2 tsp. seasoning salt

### **Directions:**

Wash and dry all produce. Slice the radishes and then cut each slice in half. Cut each avocado in half and then remove the pit. Scoop out the flesh and then cut into chunks. Tear the lettuce into bite sized pieces and slice the bunch of green onions. Half each cherry tomato. Place all the prepared produce in a very large mixing bowl and toss.

In a medium sized bowl, add the lemon juice, oil, garlic and other spices. Whisk well. Pour this dressing over the prepared produce and mix well. Cover the salad and then let it rest in the refrigerator for at least six hours (preferably overnight) in order for the lettuce to wilt and the flavors to blend.

### Tips:

To make this salad a bit heartier, add your favorite can of low sodium beans (kidney, black, chick peas) drained and rinsed.

Just before serving top the salad with a grilled boneless chicken breast.

### Tribute to the Troops set for March 3

### **USO Hawaii**

Tribute to the Troops at the Polynesian Cultural Center will be presented by USO Hawaii on March 3, from 11 a.m. to 5:30 p.m. Park admission will be free to service members and their familv members.

Service members need to present a valid military ID for all guests 11 years and older. No advance booking is necessary for admission to the park entrance.

Valid ID includes active duty,

reserves, retirees and military Travel (ITT.) family members.

Polynesian Cultural Center will remain open to the general public. Non-military guests may attend and can pre-purchase tickets through outlets for military rates via a military sponsor. Non-military guests will be charged regular general admission rate at the door.

Military guests may add on tickets for the luau/show for a fee, which need to be pre-booked through Information, Tickets and

Free parking is available on site. Additional parking will be available at Brigham Young University with shuttles provided to the park.

Polynesian Cultural Center will sell food, beverages, and other retail merchandise during the event.

Updates will be available at www.facebook.com/Hawaii-USO.

For more information, visit https://hawaii.uso.org/.



### Super Garage Sale set for March 3

Super Garage Sale will be held from 8 a.m. to noon March 3 at Richardson Field. The free event is open to the public. For more information, call 473-0792.

Free North Channel Swim Challenge runs through March 31 at all Joint Base Pearl Harbor-Hickam Pools. Patrons can get fit while taking on the challenge of swimming the equivalent distance of the channel from Ireland to Scotland (22 miles) within the month. The first 25 to complete the challenge will receive a prize. For more information, call 473-0394.

After-school special Wednesdays will be held from 3 to 5 p.m. March 7 and every Wednesday at the Hickam Bowling Center. Students K-12 can bowl for \$1.25 per game. Shoe rental is extra. For more information, call 448-9959.

Free Golf demo will be held from 3:30 to 6:30 p.m. March 7 at the Navy-Marine Golf Course driving range. For more information, call 471-0142.

Cookies and Canvas combines art and sweets

from 3:30 to 5:30 p.m. March 7 at the Joint Base Pearl Harbor-Hickam Hickam Arts and Crafts Center. Young patrons can create painted masterpieces while nibbling on treats. The cost of this activity is \$30 and it is open to patrons ages 7 to 14. Advance registration is required. For more information, call 448-9907.

Free bench press contest will test contestants' strength from 7 a.m. to noon March 8 at Wahiawa Annex Fitness Center. Competitors will be judged by their maximum press in relation to their body weight. This event is open to all eligible patrons. For more information, call 653-5542.

Free golf clinic will be held at 9:30 a.m. March 8 at Barbers Point Golf Course. For more information, call 682-1911.

Free spring open house will be held from 11 a.m. to 2 p.m. March 10 at the Joint Base Pearl Harbor-Hickam Arts and Crafts Center. This family-friendly event features demos, make-n-takes and giveaways, plus free hot dogs and sodas. The event is open to all ages. For more information, call 448-9907.



### **MWR COACHES NEEDED**

**NOW** – Morale, Welfare and Recreation is in need of volleyball assistant coaches and head/assistant flag football coaches for youth sports teams. FMI: Brittany Bigham, Youth Sports and Fitness coordinator at 473-0789.

### TAX ASSISTANCE CENTER

**NOW**— The Navy Tax Assistance Center is now open at the Navy College Building, 1260 Pierce St., building 679, Joint Base Pearl Harbor-Hickam. The center is in classroom 11 on the first floor. The Tax Assistance Center will be open Monday, Wednesday, and Friday from 8 a.m. to 1 p.m. Unlike in past years, the tax assistance center will only provide service to service members E1-E6 and their dependents with the ability to electronically file individual tax returns through internet-based software applications.

### PET ADOPTION EVENT

MARCH 3 - Pearl Harbor Navy Exchange (NEX) and Oahu SPCA have teamed up to bring military families a pet adoption event at the NEX Pet Shop at 4888 Bougainville Drive from 11 a.m. to 2 p.m. OSPCA will have a range of pets from kittens and puppies to full grown dogs and cats. The event is open to authorized patrons only. FMI: 423-3287.

### **KOLEKOLE 10K**

MARCH 3 – Army Morale, Welfare and Recreation will hold the third annual Kolekole 10K from 7 a.m. to noon. The course starts on Schofield Barracks and turns around at the lookout on the Navy side of Kolekole Pass. The event is open to Department of Defense ID cardholders, sponsored guests and the general public with valid ID. All ages are welcome. Strollers are permitted but pets are not permitted. Awards will be provided for overall and age group winners. FMI: call 655-5975 or 655-8007 or visit www. HiMWR.com/kolekole10k for registration options.

### WORK, PERSONAL LIFE BALANCE

**MARCH 5** – A class on balancing work and personal life will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii. com/family-support/mfsc-class-schedule or call 474-1999.

# **DOLLAR SERVICE MEMBER**



MARCH 6-7 - The Million Dollar Service Member class will be held from 7:30 a.m. to 3:30 p.m. each day at Military and Family Support Center Pearl Harbor. This two-day class is designed for junior Navy and Air Force personnel to learn about all aspects of budgeting and finances. FMI: www.greatlifehawaii. com/family-support/mfsc-class-schedule or call 474-1999.

### **SELF-ESTEEM IN CHILDREN**

MARCH 6— A class on developing self-esteem in children will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999. FMI: www.greatlifehawaii.com/family-support/ mfsc-class-schedule or call 474-1999.

### **SPONSOR TRAINING**

**MARCH 6** – Sponsor training will be held from 1 to 3 p.m. at Military and Family Support Center Wahiawa. The training is designed to give the new sponsor information to assist incoming personnel and families to ease their transition to a new environment. Spouses are invited to attend. FMI: www.greatlifehawaii.com/ family-support/mfsc-class-schedule or call 474-1999.

### **TECHNOLOGY DAY**

MARCH 7 - The annual Technology Day at Joint Base Pearl Harbor-Hickam will be held from 10:30 a.m. to 2:15 p.m. at the Historic Hickam Officers Club. The free event is an information fair for mission-oriented IT, cybersecurity and communications products and services. The event will include educational cyber sessions. Complimentary refreshments and pupus will be served. Optional preregistration is available at www.fedpage. com. FMI: email dennis@fbcdb.com.

class-schedule or call 474-1999.

### **FITNESS DAYS VOLUNTEERS**

MARCH 7, 13 - Volunteers are needed for two Leeward Fitness Days events. A Campbell Complex fitness/ field day event will be held March 7 at Campbell High School on the football field. In addition, a Kapolei Complex fitness/field day will be held March 13 at Kapolei High school gym or field. FMI: Lisa Hockenberger at Lisa\_Hockenberger/ LEEDO/HIDOE@notes.k12.hi.us or 221-7957.

### **TEENS AND DATING**

**MARCH 7** – A class called "Parents: Your Teens and Dating" will be held from 5 to 7 p.m. at Military and Family Support Center Pearl Harbor. This class is designed to provide participants with information to help guide a teen in building positive dating relationships and keeping the teen safe. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

### **EFMP COFFEE TALK**

**MARCH 8** – An Exceptional Family Member Program (EFMP) coffee talk event will be held from 9 to 10 a.m. at Military and Family Support Center Pearl Harbor. Participants can connect with other EFMP families. FMI: www. greatlifehawaii.com/family-support/mfscclass-schedule or call 474-1999.

mfsc-class-schedule or call 474-1999.

### **POSITIVE PARENTING**

MARCH 8 - A class on positive parenting will be held from 10 a.m. to noon at Military and Family Support Center Hickam. FMI: www.greatlifehawaii.com/ family-support/mfsc-class-schedule or call 474-1999.

### **RECRUITING EVENT**

MARCH 8 - A recruiting event for the CIA will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. CIA representatives will provide information about career opportunities available. People with all types and levels of experience can attend. All positions require U.S. citizenship and relocation to the Washington, D.C. metropolitan area. FMI: www.greatlifehawaii.com/family-support/ mfsc-class-schedule or call 474-1999.

### **SMOOTH MOVE**

MARCH 8 - A "Smooth Move" workshop will be held from 8 to 11:30 a.m. at Military and Family Support Center Pearl Harbor. This workshop features speakers from various departments to give participants a better understanding of the permanent change of station (PCS) process. FMI: www.greatlifehawaii.com/family-support/ mfsc-class-schedule or call 474-1999.

### ST. PADDY'S DAY 5K

**MARCH 16** – The 118th Submarine Officers' Birthday Ball Committee will hold the 10th annual St. Paddy's Day 5K race at the Navy Lodge on Ford Island. Registration begins at 6:30 a.m. and the race starts at 7 a.m. The event is open to all active duty military, retirees, Department of Defense civilians and family members. Registration is required for those ages 12 and older. ID is required for access onto Ford Island. Awards will be provided for the top overall man and woman finishers, best costume and the largest boat participation. Registration can also be done online. FMI: www.cspbirthdayball.wixsite.com/2018.

### **BREAKFAST WITH THE EASTER** BUNNY

### **HEALTHY RELATIONSHIPS 101**

**MARCH 5** – A class on healthy relationships will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii. com/family-support/mfsc-class-schedule or call 474-1999.

### ACING THE INTERVIEW

**MARCH 7** – A class on acing the job interview will be held from 12:30 to 2:30 p.m. at Military and Family Support Center Hickam. FMI: visit the website www. greatlifehawaii.com/family-support/mfsc-

### PROFESSIONAL DEVELOPMENT

**MARCH 8** – A class on mastering people skills for professional development will be held from 1 to 3 p.m. at Military and Family Support Center Pearl Harbor. FMI: www.greatlifehawaii.com/family-support/

MARCH 24 - The annual Breakfast with the Easter Bunny will be held from 8 to 9 a.m. at the Pearl Harbor Navy Exchange food court lanai. The event will include a French toast and ham breakfast, balloon art, crafts, photos with the Easter Bunny and prizes. The cost for children ages 3 and up is \$12, and for adults is \$8. The event is for authorized patrons only. Tickets go on sale in the beginning of March. FMI: 423-3287.



# **MOVIE SHOWTIMES** SHARKEY THEATER

TODAY - MARCH 2

SATURDAY - MARCH 3

SUNDAY - MARCH 4

THURSDAY - MARCH 8

(PG-13)

7:00 PM • Winchester (PG-13)

3:00 PM • Paddington 2 (PG)

1:30 PM • Paddington 2 (PG)

6:30 PM • Forever My Girl (PG)

6:00 PM • The Greatest Showman (PG)

4:00 PM • Jumanji: Welcome to the Jungle

TODAY - MARCH 2 7:00 PM • The Shape of Water (R)

### SATURDAY - MARCH 3

- 2:30 PM Free admission to Captain Underpants: The First Epic Movie (PG)
- 4:40 PM Maze Runner: The Death Cure (PG-13)
- 7:30 PM Winchester: The House That Ghosts Built (PG-13)

### SUNDAY - MARCH 4

2:30 PM • Paddington 2 (PG)

- 4:50 PM The Shape of Water (R)
- 7:20 PM The Post (PG-13)

THURSDAY - MARCH 8

7:00 PM • 12 Strong (R)

### **Captain Underpants: The First Epic Movie**

George Beard and Harold Hutchins are two overly imaginative pranksters who spend hours in a treehouse creating comic books. When their mean principal threatens to separate them into different classes, the mischievous boys accidentally hypnotize him into thinking that he's a ridiculously enthusiastic, incredibly dimwitted superhero named Captain Underpants.

\*Movie schedules are subject to change without notice.